**New Post Graduate Program**

**Pathology Department Acquires Tissue Library**

Six months ago, in order to have tissue always available for student study in pathology, it was decided to secure a tissue library of wet specimens at the college.

The library has been slowly taking form. Biopsy specimens from the routine hospital examinations have added a number, and Dr. George Miller, pathologist at Lakeview Hospital, Milwaukee, has contributed several needed tissues.

Our local Congressman, Hon. Paul Cunningham, kindly consented to approach the Armed Services and the Institute of Health.

Both these were willing to help in the effort. The Armed Services asked that someone be sent to Washington, D. C., to pick out the needed tissues. The Institute of Health has already sent in a dozen of the specimens asked for and will send others as they are obtained.

It is hoped in this manner to obtain a rather complete collection of tissues which will include the rarer as well as the more common diseases.

AAO Bldg. To Be Exhibited In Cuba

The American Osteopathic Association building at 212 East Ohio street, Chicago, Illinois, is one of the five buildings designed by two Evanston, Illinois, architects selected by the American Institute of Architects to be entered in an international competition at Havana, Cuba, in December.

The architects are Lawrence B. Perkins and Philip Will, Jr., partners in the firm of Perkins and Will, Chicago Architects-Engineers.

Under the auspices of the State Department, the U. S. exhibit will be shown at architectural congresses in many foreign countries following the Havana competition.

Any of you who have not contributed to the Central Office Building Fund may do so by sending your contribution directly to Miss Rose Mary Moser, American Osteopathic Association, 212 East Ohio Street, Chicago 11, Illinois.

**Purpose Of Program**

The purpose of the Post Graduate Program of Osteopathic Education of the Des Moines Still College of Osteopathy and Surgery is to provide the general practitioner who lives within commuting distance of the college, an osteopathic education which will serve the following distinctive purposes:

1. To enable a graduate of an osteopathic college approved by the Bureau of Professional Education and Colleges of the American Osteopathic Association an opportunity to secure all or part of the requirements for an Osteopathic Surgery License as cited in Sec. 150.5, Chapter 120, 1946 Code of Iowa.

2. To provide an opportunity for the members of the osteopathic profession to further his knowledge and training in the general practice of Osteopathic Medicine.

**Date for the Inauguration of the Program:** The Post Graduate Program of the Des Moines Still College of Osteopathy and Surgery shall commence with the registration of the Spring Semester of the College (February 1, inc., 1950) and shall thereafter coincide with the regular academic calendar of the College.

**Type of Instruction:** The instruction of the Post Graduate program shall be in two divisions: namely a) Basic Science, and b) Clinical. All students who desire to complete the program of instruction to qualify for the privilege of writing the Iowa State Osteopathic Surgical Board will be required to earn six semester hours of credit in the department of Anatomy, Division of Basic Science. Other Basic Science subjects may be used as electives for the above requirement. All clinical subject is the Post Graduate Program of the College will be both didactic and clinical in nature.

**Admission Requirements:** The program of Post Graduate Education at the Des Moines Still College of Osteopathy and Surgery is available to all physicians who have received the degree of Doctor of Osteopathy and are in good standing with their local and state Osteopathic Association and the American Osteopathic Association. Applicants must present transcripts of credits from all previous colleges attended. (Transcripts must be sent directly to the Dean of the Des Moines Still College of Osteopathy and Surgery from the Registrar of each college.)

**Hours of the Program:** Instruction in the post graduate program of the Des Moines Still College of Osteopathy and Surgery shall be conducted either in the late afternoon or at night. A two semester hour course shall meet for two clock hours once a week for one week. A three semester hour course shall meet for three clock hours once a week.

**Credit Hours Earned:** The maximum number of semester hours which a post graduate student may earn during any semester is nine semester hours. During any academic year, a student may earn one semester of credit. The maximum credit which a student may earn through this program would be sixty semester hours.

**Methods of Instruction:** The methods of instruction shall be all approved and acceptable methods employed in graduate education. Extensive outside reading will be a required part of each course.

**Cost Per Semester Hour of Credit:** The cost per semester hour of credit shall be $25.00. A three semester hour course would cost a student $75.00. The maximum of nine semester hours would cost a student $225.00.

**The Required Courses:** The following are the required courses as established by the Iowa Osteopathic Surgical Board for the year’s post graduate study prior to the examination for a surgical license in the State of Iowa:

- Gross Anatomy 3 Sem. Hrs.
- Nervous Anatomy 3 Sem. Hrs.
- Surgery 6 Sem. Hrs.
- Roentgenology 2 Sem. Hrs.
- Pathology 2 Sem. Hrs.
- Pharmacology 2 Sem. Hrs.

Any course offered by the College in the program of Post Graduate Education may be selected as an elective course to complete the requirements for the year of post graduate study. The minimum number of students for Class Instruction: A class will be offered when a minimum number of eight (8) students is enrolled.

**Student Council Holds Convocation**

The first in this school year’s series of convocations sponsored by the Student Council was held on Wednesday, December 21, at 11 A. M.

The program was one of great interest to all and was under the guidance of the National Conference of Christians and Jews. Dr. Paul F. Muss, director of the Tri-cities area of the National Conference of Christians and Jews, introduced the three members of the panel and acted as moderator for the group. The members of the panel were Rabbi Aaron Weingart, Reverend Alvin L. Morris and Father John Gall.

The National Conference of Christians and Jews is a voluntary organization of all creeds who are striving towards a better world through understanding and fellowship. The people who put their energies into this work receive no monetary compensation but feel they are well rewarded if, through their endeavors, any degree of racial prejudice, or religious prejudice is lessened.

The group discussion was entered into by many students and those who had time permitted the panel to have had much longer. It is the belief of the Student Council that convocations of this nature are of great interest to the college as a whole and will try to bring more of them in the future.

**Triplets**

Dr. Leon S. Jones, who graduated from the D.M.S.C.O.S. Class of 1949, and is now practicing in the city of Des Moines, has the unique honor of being the father of triplets delivered since the opening of the Still Osteopathic Hospital. Three young daughters were born to Mrs. Thomas L. Hickman of Des Moines, Iowa, on December 16th. Mother and three daughters are getting along beautifully.

**Schedule for the Spring Semester**

**Gross Anatomy—Monday evenings, 7:00-10:00 P. M. 3 Sem. Hours Credit.**

**Metabolic Diseases—Wednesday evenings, 7:30-10:00 P. M. 3 Sem. Hours Credit.**

Principles of Dynamic Psychology—Friday evenings, 7:00-10:00 P. M. 3 Sem. Hours Credit.
Atomic Energy

W. L. Tenenbaum, D.O., Director of the Department of Radiology, Metropolitan Hospital, has announced that the Department of Clinical Radiology of the Philadelphia Osteopathic Hospital, has returned from Oak Ridge, Tennessee to Oklahoma City, where he underwent an intensive course of instruction in the use of atomic energy in medicine, given by the U.S. Government.

Dr. Tenenbaum had an article in "Harofeh"—June 1949, from which we wish to quote two short paragraphs:

"It is the hope of the Atomic Energy Commission that the isolation of isotopes will be the answer to the cure and exact diagnosis of cancer."

"In my opinion, all the modern research on 'How the Living Body Works,' is proving the basic principles of osteopathic medicine, and disproving the principle of orthodox medicine. Therefore, it is reasonable to state that the practice of medicine will be completely different in the next twenty years as a result of atomic energy and its far reaching effects."

—West Virginia Osteopathic Hospital Notes

South Bend Hospital To Expand

Architects plans for an addition to the South Bend Osteopathic Hospital have been approved by the hospital board of trustees, according to an announcement by Dr. Albert F. Kull, administrator.

"The first year's operation of the new hospital proves the necessity for additional facilities to aid the community health needs," he said. This addition, the exterior of which will be built of brick and glass, will provide an additional nursing room on the second floor and a larger waiting room and added space on the exterior of the building.

Funds for the $15,500 improvements will be raised by friends of this institution through its Hospital Guild. The first contribution to the fund was by bequest in the will of Mrs. Mary E. Brownley, recently probated at Buchanan, Michigan.

Dr. Melnick, Author of Article

Dr. Arthur Melnick, osteopathic pediatrician and instructor in pediatrics with the Philadelphia College of Osteopathy, is the author of an article "You Can't Force a Child to Eat But—", which appears in the September 1949 issue of "Real Living." Dr. Melnick states an interesting clue to the understanding of some of the problems involved in these subsequent articles.

Alumnus

Dr. Gordon L. Elliott, Class of 1947, and now practicing at 1600 Bloor Street, West, Toronto, Ontario, has been named Secretary-Treasurer of the Canadian Osteopathic Association. Congratulations to you, Dr. Elliott.

Death

Mrs. J. P. Schwartz, wife of Dr. J. P. Schwartz, President and Chief-of-Staff of Des Moines General Hospital and Public Treasurer of D.M.S.C.O.S., passed away Sunday afternoon, January 1, 1950, from a heart attack.

Mrs. Schwartz was one of Des Moines most prominent women. She was a member of the Des Moines Women's Club, The Osteopathic Auxiliary and the Auxiliary for the Honor Flight.

Funeral services were conducted at St. Augustine Catholic Church, Wednesday morning, January 3, 1950.

Des Moines Still College of Osteopathy and Surgery extends to Dr. Schwartz and family its sympathy in their hour of bereavement.

Hospital Notes

Some interesting developments should be forthcoming from the opening of this medical team, from a diagnostic standpoint. Epileptic patients will be seen by a team of three physicians, two of whom are specialists in the field of atomic energy, neurological and cranial examinations, and the third one is a specialist in obstetrics and gynecology. In order to ensure the utmost care, the team have been thoroughly equipped for atomic research, the most advanced in the state.

The team will consist of Dr. J. F. McAllister from the abdominal standpoint, Dr. Ralph McRae, D.O., from the diagnostic standpoint, and Dr. Paul Kimberly from the state mental institutions, which is one of the most advanced and extensive diagnostic units in the state.
Praise from Higher-Up

Honorable G. Mennen Williams, governor of the State of Michigan, addressed the College of Osteopathic Surgeons and it especially groups at their convention in Detroit, October 9, 1948.

We wish to quote from his speech—

"Your profession deserves the congratulations and gratitude of the people of Michigan."

He declared that "every branch of the healing arts must be encouraged and should be given full play," and further, that "co-operation on the part of the state with the osteopathic profession is well merited because your program has done so much for the state of Michigan."

"In connection with the state's mental health program, for commitment of the mentally ill, it was my privilege this year to sign a bill whereby the osteopathic physicians now participate in examination and certification of mental cases to the Probate Court for commitment to State institutions. This is as it should be."

"There are 1,500,000 people who depend solely on osteopathic physicians for their health care. I know of rural areas where the only physician people know is an osteopathic physician.

These people look to their osteopathic physician to take care of their family needs with complete health care."

"I am interested to know that there are 25 osteopathic general hospitals throughout Michigan, built and developed by your profession, service institutions, without one dollar of taxpayers' money. It is significant too, that six of your hospitals are located in rural areas where there is need of hospitalization. For this you are to be congratulated."

Dean's Letter

The New Year brings with it a new phase in the development of education in osteopathy at Still.

The official introduction of the post-graduate course of study which you have read in this issue of the Log Book contains much meat for the progressive doctor in practice within reasonable geographical radius of the college.

The presentation of an adequate training program in any field of education involves intense consideration to a number of aspects:

1. Undergraduate curriculum.
2. Graduate course of study properly diversified to meet requirements of state laws and specialties.
3. Selection of highly trained faculty.
4. Selection of well qualified students.
5. Maintenance of library.
7. Adequate endowment and income.

Each of the points above can be elaborated extensively and all can be summarized in point 7. Every column of the Log Book could be filled constantly with progressive reports on each of the points above.

But no amount of written description could serve as well as a personal visit on the part of every alumnus and his friends.

The program of post graduate education presented on these pages is the result of long and careful planning, and it gives great pleasure to us to have the opportunity to begin this phase of osteopathic education.
Election of officers for 1950 was held the last meeting in December. Tom Willoughby was elected president, William Royer, secretary-treasurer, and James Morse, reporter.

Plans were made to continue the open work nights showing new obstetric films and other interesting medical films. The dates for these programs will be announced later.

The fraternity looks back upon a most successful year of good fellowship and social activity. Our Christmas Party was extremely well attended with more than three hundred couples present. The success of this party is due to the fine efforts of organization and plain manual work of many of the fellows, the spark plugs being: Brother Harrison, decorations; Bro. Paukask, entertainment; and Bro. Belanger for over-all coordination. The skit, in spite of technical difficulties with the microphone was appreciated by all and demonstrated histrionic talent remarkable for people who in daily life are so tied up in their work, namely, the art of learning the healing art. The girls in the skit were wonderful. Null said. These parties are effective tonics and we plan to have a lot more of them, and soon.

The New Year was ushered in with a party at the Chapter House in true New Year's Eve fashion, anyway it only happens once a year.

The Harrison Narcotic Agent who was to speak at our Education Nite was unable to do but assures us he will "give us the dope" soon. Everyone at college is urged to attend our Education Nights and Saturday Night Open House parties. We are always pleased when our alumni drop in on us. We urge them to visit the college and see the wonderful improvements which are taking place and return to their practices with renewed pride in their Alma Mater and Fraternity.

Late Flash. We are having a party at the house on the twenty-eighth of January to celebrate the tag end of a most grueling semester. Everyone needs this party.

**ATLAS CLUB**

On Saturday, December 10, the Club held its ANNUAL CHRISTMAS DANCE. Holiday cheer was the setting for the elaborate affair held in the Parkview Club.

The guests were welcomed to the evening of entertainment by Noble Skull Yarrington and his charming wife Christine. Kay Killinger and her orchestra took over with a supply of lively modern dance rhythm which kept the happy crowd continually on the floor.

During the intermission Santa Claus (Vel Munson) came down from the North Pole with his sack full of gifts—one for every lady present. He also had a gift of gleeful entertainment furnished by Joe Baker, Jim McKeever, Harley Petersburg, Dud Chapman, Pete Jerdon.

These boys must be congratulated on their splendid performance which kept the crowd in an uproar during the entire presentation.

The Club wishes to extend thanks to all of the members and committees for the splendid work and cooperation which made this evening one to be long remembered by all who attended.

On the night of New Year's eve the Atlas Club held its first party in their new party lounge. It was an informal occasion where everyone talked, danced or played cards. No special entertainment was presented and everyone just enjoyed a quiet evening.

On Wednesday evening, January 4th, a special meeting was conducted for the initiation of the new Atlas Pledge Club. A fine group of selected candidates took the pledge oath. Steward Wolfenden was elected president of the group, Owen Sayers vice president and Zane Peity secretary and treasurer. Other pledges are Dud Chapman, Charles Welch, Albert Olsen, Chester Owens, Joseph Kapp, Ray Taylor and Ralph Blackwell. These pledges will be promoted to active membership after the required pledge term is completed.

Hearty congratulations are extended to Bill Robbins and his wife who are the parents of a new baby born at Stil Hospital. The baby was named William Warren and weighed seven and one-half pounds at birth. Mother and child are both home now and doing nicely.

**Psi Sigma Alpha Observes 25th Anniversary**

A dinner marking the twenty-fifth anniversary of Psi Sigma Alpha, National Osteopathic Scholastic Honor Society was held at the Travelers Hotel, December 16, 1949, in honor of Dr. A. C. Hardy, co-chairman of the department of eye, ear, nose and throat of the Kirksville College of Osteopathy and Surgery and sponsor of the organization for a quarter of a century. Dr. Hardy was presented and called upon to address the group.

As a token of appreciation, the members of Psi Sigma Alpha presented Dr. Hardy with a leather bound book containing the telegrams, each in a plastic envelope.

**Some Definitions**

A statistician is a man who draws a mathematically precise line from an unwarranted assumption to a foregone conclusion.

A consultant is a man who knows less about your business than you do and gets paid more for telling you how to run it than you could possibly make of it even if you ran it right instead of the way he told you.

Entered as Second-Class Matter
At Des Moines, Iowa.
Des Moines Still College Expands Faculty

Osteopathic Hospital Included In $20 Million Project

Dr. Juni and Dr. DeNise began their teaching duties at the college on February 6, 1950.

Ohio State University and his degree of Doctor of Osteopathy from the Philadelphia College of Osteopathy. He is a member of the College of Internists of the American Osteopathic Association, the Pennsylvania Osteopathic Association, and the American Osteopathic Association.

Dr. Richard P. DeNise, for the past six years a member of the faculty of Philadelphia College of Osteopathy, joined the faculty of the Des Moines Still College of Osteopathy and Surgery on January 10, 1950. Dr. DeNise will be a member of the department of osteopathic medicine.

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Manipulation is not a new art. It can be traced back into antiquity. Since 1874 we have been engaged constantly in this work. Sporadic efforts are made by enterprising reporters, but there are few who dare speak, (Continued on page '4)

It would be folly for me to re-
late the early life of Dr. Still. It is in 1892, at the age of 68, that the founding of the first school of osteopathy, the first class meeting on the 4th of October of that year. Usually we think of a man at the age of 68 being ready to retire, but that was not true of this man. His mind and body were as active as ever. He was ready to give his discovery to the world and to train others to carry on his school of osteopathy. He was ready to open the doors of his training establishment, because we know that the more education a person has, the better he is equipped to face all problems. With the advancement of medical science, it is likewise important that the general public shall learn to not stigmatize but accept an improved mental patient, who will be complete in his own social environment.

To the average member of a state legislature, bills pertaining to mental health are usually appropriation bills. They are totally unrelated to his voting concerns. In other words, the type of bill he can say he saved his constituents money by voting no, or he influenced the public large. It is critically important that the general public shall be informed and as unprejudiced as possible.

It is just as vital for the public to understand the etiology and prevention of mental illness, as for the public to understand the etiology and prevention of tuberculosis or diphtheria. It is equally important that the general public shall learn to not stigmatize but accept an improved mental patient, who will be complete in his own social environment.

Mental Health Is Your Business

Ralph Irv. McRae, B.A., D.O.
Chairman
Division of Neuropsychiatry

Part III. The Basic Problem of State Mental Health Care

It is becoming increasingly clear that mental health is a community responsibility, and that segregation, exclusion and stigma is for the long run emotionally deviant do not repre-
sent solutions which are ade-
quately in keeping with a stand point of the patient or ulti-
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lation of mental institutions shall be destroyed either by complete reorganization or by the more gradual process of building rela-
tionships between; our mental hospitals; the community where the illness begins, and where re-
results are expected and where 

The Veterans Administration has been given this type of service. The problem at the state level is one of public education, legislative reorganization, and in-

Although people in general are by instinct and training, unwill-
ing to be realistic about mental health, ever growing number of intelligent people who realize its vital significance, what is on the way have may have been touched by its impact, and others are willing, even eager, to know what can be done to improve the situation. For these the Mental 

Hygiene Society should be avail-
able. Upon these laymen we must depend for the energy of reform. They are the taxpayers, the voters, and from them must come the demand for intelligent legislation, both for mental health care. To them too we shall look for help to carry the education to the public at large. It is critically important that the general public shall be informed and as unprejudiced as possible.

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The Log Book

Dean’s Letter

The previous issue of the Log Book has presented a program of post graduate education which will enable osteopathic physicians within one reasonable radius of Des Moines to:

1. Secure part or all of the requirements for an osteopathic surgeon’s license in Iowa.
2. Obtain further knowledge and training in the practice of osteopathic medicine.
3. Earn graduate college credit toward an advanced degree at Still College.

This educational plan has been endorsed by the Directors of Professional Education of the A.O.A.

The program was formally launched on February 1 with the offering of three courses:

2. Metabolic Diseases.

Each course of instruction meets for 36 semester hours credit in the short space of two years at a maximum load of nine hours credit per semester.

The offerings for the Fall semester of 1950 will be announced in the Log Book in the near future.

Class Rolls

Gross Anatomy, Carrie Gillaspy, A.B., M.S., Instructor.
Bothenhouse, Harlan H., D.O., Earlham, Iowa.
Hudson, Marvin L., D.O., Clermont, Iowa.
Jones, Leon, D.O., Des Moines, Iowa.
Luka, Leo, D.O., Des Moines, Iowa.
Martin, Robert M., D.O., Pella, Iowa.
Park, Paul, D.O., Des Moines, Iowa.
Peace, Arline E., D.O., Redfield, Iowa.

Pence, Tyrus C., D.O., Redfield, Iowa.
Petit, Robert L., D.O., Des Moines, Iowa.
Wilson, Bryce, D.O., Des Moines, Iowa.

Metabolic Diseases, Stuart F. Harkness, D.O., Instructor.
Bothenhouse, Harlan H., D.O., Earlham, Iowa.
Luka, Leo, D.O., Des Moines, Iowa.
Martin, Robert M., D.O., Pella, Iowa.
Peace, Arline E., D.O., Redfield, Iowa.
Peace, Tyrus C., D.O., Redfield, Iowa.
Petit, Robert L., D.O., Des Moines, Iowa.
Toriello, Dan D., D.O., Des Moines, Iowa.
Wilson, Bryce, D.O., Des Moines, Iowa.

Bothenhouse, Harlan H., D.O., Earlham, Iowa.
Luka, Leo, D.O., Des Moines, Iowa.
Martin, Robert M., D.O., Pella, Iowa.
Peace, Arline E., D.O., Redfield, Iowa.
Peace, Tyrus C., D.O., Redfield, Iowa.
Petit, Robert L., D.O., Des Moines, Iowa.
Voss, John W., D.O., Albert Lea, Minnesota.
Wilson, Bryce, D.O., Des Moines, Iowa.

The Heart In Senility

Stuart F. Harkness, D.O.
Associate Professor
Department of Osteopathic Medical Education

The practitioner is often confronted with the patient in the advancing years of life with moderate severity of various disease for which there may be none of usual etiologic factors presenting themselves in the history. This is the patient who presents rather advanced arteriosclerosis of a physiological nature, rather than that of any specific background. As a result of arteriosclerosis and narrowing of the coronary arteries, the nutrition to the myocardium is impaired. There is usually some degree of senile emphysema pulmonary arteriosclerotic and kypsis tending to embarrass the circulation in the lesser circuit and with subsequent elevation of pressure within the pulmonary artery, the right ventricle and auricle are strained.

Incumbent upon the narrowing of the anterio-posterior diameter of the chest, lack of exercise and loss of muscle tone, the attachments of the diaphragm become lax so that it assumes a position permanently more closely to that normally found at the end of inspiration. The milking action of this important structure is lost, venous return diminishes, and the pulmonary bed, further adding to the burden of the right heart and a vicious cycle is established.

It now becomes a race between heart, liver, and kidney to see which one can sustain its vital function and present the largest burden to the remaining. Ultimately, providing some severe infection does not supervene, one or the other will fail, facilitating the demise of the patient.

Conclusion

A very simple correlation has been presented of the cardiovascular problem confronting the patient of advancing years. It is no means rare to see patients presenting at least some of the features alluded to. And, it is only by understanding the interrelated pathologies, that the physician is able to fulfill his responsibility to these patients.
THE LOG BOOK

Atlas Club
January 16, 1950, Atlas Club held its regular meeting at the new Atlas Manor. At this time we had the pleasure of installing Dr. Minnick as an honorary member in the club. We are proud to welcome Dr. Minnick and feel that he will be great credit to the organization.

This same evening we held our regular semi-annual election of officers. A fine group of candidates were voted upon to serve as leaders of the club for the next term.

The rest of the evening was filled by Dr. Crany who gave a very interesting lecture and discussion on the "Acute Abdomen." Most interesting and useful knowledge was gained and we wish to thank Dr. Crany for his contributions to the club.

On the evening of February 6, the official installation of new officers took place. Noble Skull Yarrington retired from office by appointing Bob Johnson as worthy Noble Skull who with the assistance of Worthy Sacrum Bill Walters and Worthy Radius Paul Walter conducted the ceremony for the installation of the new officers, who are as follows:


The Club is proud of its selection of new officers and looks forward to a successful semester. High standards have been set for this coming semester by the many successes and accomplishments of the last term. Noble Skull Yarrington and his cabinet are to be congratulated on the fine work that was rendered the club during their term of office.

Contract has been made with Dr. Dale Pearson who is president of the A.O.A., and also an important member of the Atlas Club.

Dr. Pearson will be in Des Moines during the first part of February and has agreed to meet with and lecture to the club. All Alumni and Active Members are invited.

ΦΣΓ

The first meeting of the spring semester was held at the Chapter House, February 6, 1950. At this time officers for this next semester were elected and are Robert Harrison, President; Charles Fortino, Vice President; E. Lee Gomell, Secretary; James Haffender, Treasurer and Executive Administrator; Ted Kane, Sergeant-at-Arms; William Johansen, Pledge Master.

The fraternity extends congratulations to its new officers and pledges its utmost cooperation.

William Belanger has again graciously accepted the chairmanship of the all important social committee. Brother Belanger did an exceptional job last semester and you can be sure there will be outstanding social events during the coming months.

During the past semester the fraternity has presented outstanding speakers for the regular educational nights. This program will continue during this next semester and will be highlighted by alumni members of Phi Sigma Gamma who are now members of the faculty of the college. Members, pledges, and friends are urged to attend these educational nights as they have proved valuable in the past and will no doubt do the same in the future.

AOΦ

Our last meeting was held on Jan. 31st. The attendance was good and the members worked up a good appetite for the delicious sandwiches which followed. Social plans were discussed for the semester.

Two of the members who were hospitalized for "Poundstoneomics" are back sitting on pillows.

The end of the semester was welcomed by the members who participated in the week-end dance. The inter session vacation was enjoyed by all.

Courses being resumed, we welcome back our externs.

Our initiation of new members will be held on Sunday, Feb. 19, to be followed by dinner dancing in honor of our new brethren.

O. W. C. C.

New officers for semester ending June, 1950: President, Betty Hesser; Vice President, Christine Harrington; Secretary, Madeline Blackwell; Treasurer, Charlotte Abrahamson.

Born—son to Iva and Dale Dodson.

A. C. C. semi-monthly meetings will henceforth be held alternately at Atlas fraternity house, 6th and Arlington, and P. S. G. house, Grand avenue.

Mental Health—

(Continued from page 2)

1. By becoming active in your local Mental Hygiene Society.
2. By visiting all the mental institutions in your state to see what conditions are.
3. By being active in legislative contacts when mental health bills are pending.
4. By being the leaders in your community for coordinating all services and efforts to safeguard the mental health of your city or county.
5. By making it your professional obligation to become as familiar with this area of medicine as you are with the field of infectious diseases. You will see more patients in your practice this year who are acutely ill with emotional dysfunctions, than you will of those acutely ill from infectious etiology!

Important Notice

The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

Entered as Second-Class Matter At Des Moines, Iowa.
**D.O.'s Included In Atomic Program**

Still College Faculty Member Is Co-Author

Carrie C. Gillaspy, chairman of the Department of Anatomy, Embryology, and Histology at the Des Moines Still College of Osteopathy and Surgery is a co-author of an article entitled "Stimulation of Anterior Limbic Region in Dogs," which appeared in the April, 1948, issue of the Journal of Neurophysiology.

Other authors are George Clark and K. L. Chow of the Department of Anatomy, Chicago Medical School, Chicago, Ill., and D. A. Klotz, of Yerkes Laboratories of Primate Biology, Orange Park, Fla.

Mist Gillaspy, who is an accepted candidate for her Ph.D. degree from Chicago University, received her A.B. degree from Orange Park, Fla.

The Homemaker

A unique honor and distinction came to Mr. and Mrs. John Toews last month by receiving an expense trip to New York City as a reward for the winning letter submitted by Mrs. Toews to the Betty Crocker program.

The broadcast in which Mr. and Mrs. Toews appeared on the Better Crocker program was on a national hookup on February 22nd.

The letter submitted by Mrs. Toews explained the hurdles that they have overcome so that John could realize his life ambition—of being an osteopathic physician.

D.M.S.C.O.S. was mentioned many times on the broadcast and Mr. and Mrs. Toews feel that their trip to New York was one of the highlights of their lives.

O. & O. L. College Will Hold Fall Meeting

A national meeting of the Osteopathic College of Ophthalmology and Otorhinolaryngology will be held October 30 through November 3 at the Ambassador Hotel, Los Angeles, Calif., according to Dr. Clyde F. Gillett, program chairman.

**Death Comes to Distinguished Alumnus**

Dr. John E. Rogers, class of 1924, of Oshkosh, Wisconsin, passed away Saturday night, February 25 at 11:00 p.m. at his home.

Dr. Rogers was Past President of the American Osteopathic Association, served for many years as a college inspector, was instrumental in the reorganization of the osteopathic colleges and for the past several years has served as Secretary of the National Board of Osteopathic Examiners.

Not only was Dr. Rogers interested in college work, but he was active in the affairs of Northwestern University of Evanston, Illinois, having served as trustee for that great university.

Dr. Rogers’ son, Richard, is practicing in Blackwell, Oklahoma.

His administration faculty, and friends of D.M.S.C.O.S. extend to the family their sympathy in the passing of Dr. Rogers.

**Inspection**

On February 20th and 21st, Dr. Robert Thomas of Huntington, West Virginia, Dr. C. Robert Hasler of Denver, Colorado, and Mr. L. W. Mills, who is Director of Education of the American Osteopathic Association, made a formal inspection of D.M.S.C.O.S.

The American Osteopathic Association is one of the few professional associations which annually inspect their schools. It is always a pleasure to have members of the profession visit D.M.S.C.O.S. and especially is it a pleasure to have members of the official family of the profession inspect the school. Their criticisms and recommendations are invaluable in the building of a type of institution that is desired by all.

**Osteopathic College Representatives to Receive Training**

Hold Fall Meeting

Dr. Howard A. Wicks, A.B. University of Iowa, M.A. Colorado State College of Education, D.O. Kirksville College of Osteopathy and Surgery Class of January, 1950, has joined the faculty of D.M.S.C.O.S. as an instructor in the division of Clinical Osteopathy.

Dr. Wicks began his duties with the College March 1st.

**Dr. Stuart F. Harkness, Chairman of the Department of Internal Medicine at D.M.S.C.O.S. is the program chairman for the Eastern Study Conference of Osteopathic Internists which will be held at the Hotel Warwick, Philadelphia, Pennsylvania, on March 24, 25 and 26.**

Dr. Harkness will also head a panel discussion on the "Medical Approach in Management on Thromboembolic Disease in the Surgical Patient."

Dr. Leonard Grumbach, Chairman of the Department of Physiology at D.M.S.C.O.S. will present a formal paper at this conference on "The Neurophysiological Basis for an Osteopathic Interpretation of Etiology in Internal Disease."

Dr. Ralph E. Everal of Detroit, Michigan, Dr. Ralph L. Fischer of Philadelphia, Pennsylvania and Dr. Frederick Long of Philadelphia, Pennsylvania will be the successful lectureists of the program.

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William Smeltzer, Junior A class, was the lucky winner of an RCA Victor television set at the Des Moines Auto Show on March 3. The “story behind the story” is that Jim Haffenden purchased Bill’s ticket, insisted on staying in spite of the large crowd, and dropped the stub in the box for him. Thanks to that persistence, Bill’s generosity, and aerial steeplejacks Simmons and McLain, fellow PSG members are now enjoying TV at their house.

**Visitor**

Dr. J. R. Forbes, Director of the Division of Public and Professional Welfare of the A.O.A., spent Thursday, March 2nd, at his old Alma Mater visiting with friends and recalling happy experiences of the days when he was not only a student in the school but also the time he spent as a member of the faculty.

Dr. Forbes had spent the day previous in Ames, Iowa, making arrangements for an extended series of weekly broadcasts over the new television station of Iowa State College, WOI-TV.

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Mental Health Is Your Business

Ralph L. McRae, B.A., B.S.C., D.O.
Chairman
Division of Neuropsychiatry

Part I. The Psychotherapeutic Approach

As physicians, you who are in general or specialty practice have noted the oubi- tized pattern of approach which to you is realistic, pragmatic, logical and practical. This approach is basically analytical at the physical and physiological levels. It relies on generalizations, judgments, practical common sense and effective surgery, med- ications or other physical treat- ment, results in known changes in the patient. This can be grasped and by definite effort definite effects achieved.

The patient is treated as an aggregate of organs and systems which are evaluated separately and the results of the poly- nosis and treatment are depart- mentalized for greater efficiency based on this evaluation of the individual in the aggregate. This is a proven procedure for the treat- ment of organic problems.

From time to time in handling a psychiatric patient it is as an integrated personality that common sense values make it im- portant to do so, but as a rule this aspect of a patient hinders procedure, intrudes on routine, and is a general source of prob- lems. In general practice this ele- ment of the patient is considered a great time consumer and there is a general trend to so organize the office that services are im- personal, collections are imper- sonal, and the patient is treated for what is "really wrong" with his body, efficiently, rapidly, and again impersonally.

In large institutions the patient becomes a number and his treat- ment chart resembles a college curriculum with courses all let- tered. This is the trend in modern clinical methods of handling sick people, and it is not surprising that the whole field of psychiatry is somewhat difficult for the general clinician or special- ialist in general medicine to evaluate.

In psychotherapy the approach is presence, dia- logue, op- site. Here we have no choice but to look at the patient as a total- ity. Here the personality is of great importance. As McAdoo- ed out, it is a great deal more than the sum of patient's func- tions. And this is the element strictly added; it is in- herent in and identified with these same organs and systems which have been a particular problem. There is no mind without a body, no emotions without a physical background. At each moment a social environment of other total organsism inter- acts on its personality. This holistic approach, although it is analytical, and attempts to be based on judgment, clinical ex- perience, and scientific proced- ures, is at a different level of the

patient's organization and has many qualities distinctly different from any other or no clinical approach. We do recognize the es- sential importance of the somatic; that is, the physical presence, in the patient's medical history, his physical status, and his phys- iological capacity, as the gen- eral practitioner or specialist, but from a somewhat different view- point. We use these data in their proper and reciprocal rela- tionships to the psyche and their effect on the personality.

We find that the psychotherapeutic approach soon involves us in the personal matters of the pa- tient. We find we are taking the time to listen to all the things the patient couldn't or wasn't permitted to tell, or to which others didn't properly react as he desperately needed and hoped they would when he tried to tell them. Even when the neurotic patient tries to talk about his pain or symptoms, hoping we will understand that it isn't really his organs he is concerned about, we are not really surprised when we find nothing wrong with his organs. In fact, he is often startled when we do, because we have added emotional value to these findings or is indifferent to them so far along with treatment is concerned.

This brings us to an important factor in differentiating the psychotherapeutic approach to the medical path. Due to the nature of the forces which produce all emotional disturbance, whether they be neurotic or psychic, it is characteristic of these pa- tients to express their problem in a symbolic manner. They find it easier to express themselves in emotional terms. Frequently, through the voluntary presentation of their problem.

"Why," you ask, "Why inHeart's name don't they say what they mean?" The reason is quite simple and extremely important. The emotional dis- ruption due to emotional toxicity has incapacitated the digestion at the unconscious level. He either doesn't know what is wrong, or can't face what is wrong, and his symptoms are simply secondary expressions of conflicts not admissible to con- ciousness. He literally can't tell you what is wrong except through his symptoms, which are all he knows and, once he has talked about, even to his own conscious self.

This situation makes the clin- ician's main approach should be an approach unfeasa- ble and unwise to confer with the patient. To tell these pa- tients "there is nothing wrong, there is nothing wrong."

We will continue this dis- cussion in our next issue and try to visualize and realize the need for enlarging our educational resources for the training of the students in their basic science years.

The remodeling of the clinical building, from month to month and within the last week eight of the clinical staff doctors have moved into their new offices as well as have twenty-four of the clinical students. As rapidly as the remodel- ing can be completed more clinical students will be trans- ferred from the college building to the new clinical building. This need for additional students will greatly improve the educational program being offered.

The greatest factor retarding the completion of the Clinic building is the lack of necessary funds. If only the members of the administrative family of more than three years members have not made their remittance or have not remitted the necessary funds. If only the members who so far have not made their remittance to the Annual Scholarship Fund campaign could visualize and realize the need for the completion of the new Clinical building on the north, trusting that some unforeseen angels of generosity would open their hearts and contribute enough money so that the building could be remodeled and used as a Clinical building.

We sincerely urge all alumni to visit the campus of your alma mater and note the progress which has been made in spite of financial need.

NOTICE

Please notify the LOG BOOK promptly when your address changes. This is most essential in order that our mailing list be kept up-to- date.

THE LOG BOOK

The President Chats

Dreams Do Come True—For more than three years members of the administrative family of the College and members of the Board of Trustees of D.M.S.C. O.S. have been dreaming of a Clinical building for the College which would accommodate the vast number of people who want clinical services from the College. The possibility of having such a clinic seemed most remote and doubtful. Frequently, the clouds of disappointment a bright ray of hope would be visible.

Last September 1st, the Board of Trustees decided the most of one of these faint rays of hope and purchased the Joseph Apartment building, adjacent to the college building on the north, trusting that some unforeseen angels of generosity would open their hearts and contribute enough money so that the building could be remodeled and used as a Clinical building.

Possibility of having such a clinic clinical building for the College of the administrative family of more than three years members has been made in spite of financial difficulties. This has been made possible through the generosity of many physicians than they are now capable of performing. Schools could graduate more competent and thoroughly trained students. As rapidly as the remodeling of the clinical building continues, more remod- eling and numbered by depart- ment units. Many institutions has the training of the students in their diagnostic capacities or other physical treat- ments. This is the trend in mod- ern clinical methods of handling sick people. At each moment a social environment of other total organsism inter- acts on its personality. The personality is of great importance. As McAdoo- ed out, it is a great deal more than the sum of patient's function- al capacity. And this is the element strictly added; it is inherent in and identified with these same organs and systems which have been a particular problem. There is no mind without a body, no emotions without a physical background. At each moment a social environment of other total organsism interacts on its personality. This holistic approach, although it is analytical, and attempts to be based on judgment, clinical ex- perience, and scientific proced- ures, is at a different level of the

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This situation makes the clin- ician's main approach should be an approach unfeasa- ble and unwise to confer with the patient. To tell these pa- tients "there is nothing wrong, there is nothing wrong."

The amount of each scholar- ship is $400.00 and it may be re-newed for the sophomore year in osteopathic medicine provided the student has maintained the re- quired standards. The purpose of the scholarships is to bring outstanding young men in to the osteopathic pro- fession and who need assistance in completing their education, to increase public interest in the profession, and to train more young doctors for the betterment of public health.

The requirements for receiving a scholarship include citizenship in the United States or Canada; completion of adequate prepro- fessional training; high scholastic standing; aptitude for the oste-opathic profession; good moral character and high personality rating; and need for assistance.

The administration of the scholarships is by an Awards Committee consisting of Drs. D. D. Waltzley, President of the Auxiliary to the American Osteo- pathic Association; Dr. Perc- ence W. Mills, Director of the Office of Education of the Ameri- can Osteopathic Association; Dr. W. C. Eldrett, Dean of the Chi- cago College of Osteopathy, and a member of the American Asso- ciation of Osteopathic Colleges; and Mrs. Eugene J. Casey, chair- man of the Scholarship Commit- tee of the Auxiliary.

The five winner awards are as follows:

Clarence L. Booher, Odessa, Texas; James N. Osterberg, Mus- kegon, Mich.; Charles An- thony Marks, Shaker Heights, Ohio; Peter Marcquez, Albuquerque, N. M.; and Richard Carl Diach, Cleveland, Ohio.

These five were chosen from a total of fifty-two applicants from fifteen states and Canada. The large number of applications for the first award presages a most successful future for this important activity of the national auxiliary.

OSTEOPATHY WITHOUT
LIMITATION
The Relationship of Gall-Bladder Disease to Heart Disease

Stuart F. Harkness, D.O.
Chairman, Department of Osteopathic Medicine

It has been pointed out by many observers in the past that not only is heart disease simulated by gall-bladder disease, accompanied by gall-bladder disease but that there may be an actual etiological relationship between the two.

Cardiovascular and gastrointestinal systems are closely related anatomically and physiologically. Both systems are innervated by the sympathetic and parasympathetic nervous systems and hence are subject to reflexes in either of these systems.

It is the purpose of this discussion to suggest three possible mechanisms and possibilities of which in their entirety have been substantiated clinically or experimentally.

The first mechanism would, logically, be that of reflex effect. Herein could be applied the common knowledge that many of the arrhythmias, particularly extrasystoles, are the result of disease in the gall-bladder passages. This undoubtedly results from the production of focci of increased irritability within the ventricle. While in the vast majority of instances, these extrasystoles are of a very benign nature, their annoyance to the patient is often very great. Their disappearance after correcting faulty biliary function is common experience.

Another reflex manifestation on the heart could well be on the coronary vessels resulting in so-called coronary spasm with original symptoms. Wakefield quoting Riesman reports two cases in which apical systolic murmurs occurred during attacks of gall-stone colic. The heart was also dilated during the attacks. No effort is made to explain the dilation during the attack but in itself could be productive of the apical systolic murmur. The dilation it would seem, may be explained on the basis of vagal effect.

The second and most interesting relationship is that of the disturbed cholesterol metabolism common to coronary and general arterio-sclerosis and is being rather generally accepted today. If this disturbance of biochemistry can produce changes in these arteries is it not possible that the coronary vessels are similarly affected? If this be accepted then we have another mechanism, although indirect, whereby the heart is secondarily affected by gallbladder disease.

The third mechanism to be discussed is that effect which biliary disease may have on the heart by its effect on hepatic and pancreatic function. If the disease is sufficiently severe and of sufficient duration its effect on the function of these two organs may be well known. The metabolic and biochemical changes can be responsible for changes in the myocardium directly, or indirectly by changes in the coronary arterial system and pulmonary bed.

Three possible relationships between gall-bladder disease and heart disease have been discussed. Admittedly many points are controversial but are observed frequently in daily practice. The metabolic and biochemical changes can be responsible for changes in the myocardium directly, or indirectly by changes in the coronary arterial system and pulmonary bed.

Iowa Governor's Messenger In Still College Hospital

Douglas Miller, 88-year-old messenger for Iowa Governor W. S. Beardsley is reported to be in good condition after undergoing an abdominal operation, January 11 at Still College hospital, Des Moines, Iowa. Miller served under seven governors and personally knew 17 of the 80 governors in the 104-year history of Iowa. Authorities say he has been an institution around the statehouse and was widely known in early Iowa political circles.

The Log Book

The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

Dean's Letter

Although the deadline of March 1st for filing applications for admission to the Freshman Class next September and an increased number of applications for application forms seem to be made in every increasing numbers.

There are over 200 acceptable applications on file at the present time, and from these the class of 70 Freshmen will be selected.

A great part of this flood of applicants is due to the wholesome respect for the osteopathic concept which has been developing in osteopathic schools. The osteopathic system of medicine in turn has developed standards of admission and of education which are easily on a par with accepted standards of preprofessional and professional education.

In his annual bulletin entitled, "Application to the Professional Schools and Colleges for The Term 1949," William S. Guthrie, Dean of the College of Liberal Arts and Sciences of Ohio State University, states: "There are six colleges of osteopathy. They report 2,188 applications for 504 places in their freshman classes, or a ratio of four applications for each place in the classes. Pre-osteopathic students have become a group with their own identity today in the colleges. And it is increasingly difficult for an applicant rejected by a regular medical school to succeed in gaining a place in an osteopathic school as an alternate choice.

Today there exist on many college campuses, the preosteopathic clubs or fraternities which are entirely separate from and increasingly competitive to the well-established premedical clubs. Such clubs are becoming so well known, indeed, that they often attract premedical students at their monthly, or regular meetings.

Many premedical students have chosen medicine in the belief that it represents the acme of medical science. Through curiosity, if for no other reason, these young men visit the pre-osteopathic club and learn for the first time—and often too late—of the vastly broader principles of osteopathic medicine.

It is easily possible that the preosteopathic clubs may become the centers from which most of the students in osteopathy may come. This thought, however, should never dominate the ad-

missions committees and influence them unduly in their selection of students.

...Guthrie are profound and point the way to a great future for the profession, a future which is now visible and inevitably upon us.

Osteopathy Without Limitation

To Heart Disease

S. S. Indianer.
The month of February was a big month for the Delta Chapter of Phi Sigma Gamma, and the activities included both social and educational programs.

On Sunday, February 19, the fraternity initiated 13 pledges. The new actives are fraternity initiated 13 pledges.

The new actives are fraternity initiated 13 pledges.

The Delta Omega sorority held a dinner at Sammie and Mae's Restaurant in Feb., honoring Pat Spurgeon, Sally Sutton, and Sue Fisher. They were presented with lovely corsages preceding the delicious dinner.

On February 25, the annual Hobo Convention was held at the fraternity house. This annual affair was well attended by all "fraternal bums" and by a character who considered himself (only one like it in Iowa) should make him win the first prize. Walt Hoffman and his committee were responsible for making this Hobo Convention a success.

The Osteopaths Students Club had its first meeting of the year on March 2, 1950. The retiring president, Dr. R. E. Sloan, turned the meeting over to the incumbent, James Martin. The other officers elected were: George Jackson, Vice President; Edgar Kornhauser, Secretary; Richard Crone, Treasurer.

The highlight of the evening was Dr. Peters' interesting and enlightening lecture on current events and trends concerning osteopathic medicine in Washington.

On Friday evening, February 24th, the Iota Tau Sigma fraternity held a work night at the Y. W. C. A. for members and guests. The outstanding feature was the presentation of an obstetrical film. Refreshments rounded out the evening and a good turnout was had, despite adverse weather conditions.

One of the outstanding events of the year was a fraternity dinner held at the East Des Moines Club on Thursday evening, March 2nd. The dinner was given in honor of Dr. R. E. Sloan in appreciation for his service and counsel to the fraternity for the past five years. A gift was presented, followed by an entertainment program.

D.O. On National Basic Science Committee

Dr. L. C. Boatman, Santa Fe, president of the New Mexico State Board of Basic Science Examiners, was appointed to two committees of the American Association of Basic Science Examiners. The appointments came during the annual meeting of the association in Chicago on February 6.

One appointment is on the Program Committee for the 1951 convention which will also be held in Chicago. The other is on the association's Statistical Review committee.

Dr. Boatman has been a member of the New Mexico Basic Science Board for many years and represented that body at the national convention of the American Association of Basic Science Examiners.

Progress

Of the 565 freshmen students entering osteopathic colleges in 1948, 89% of them, or 443, had three or more years of college work.
College Growth Honored by Student Body

D.O.'s Help Organize
Iowa Safety Congress

William S. Beardsley, Governor of the State of Iowa, recently invited the Iowa Society of Osteopathic Physicians and Surgeons to send a representative to participate in the organization of the Iowa Safety Congress. The meeting was held in the State Capitol at Des Moines on February 8, 1950.

Dr. H. L. Gulden, president of the Iowa Society, appointed six members of the organization to serve as delegates to the Congress and to sit in all of the divisions except those on Highway and Fire Safety.

The important part in which the osteopathic physicians of Iowa have been asked to play in this undertaking speaks well for the esteem in which they are held by the public and for their importance to the health and welfare of the citizens of the Hawkeye state.

D.O.'s Lead In
Red Cross Drive

Team No. 32, the team of the Osteopathic profession under the captaincy of Dr. John Q. A. Majernik, reported over the top at the first meeting of the Red Cross Campaign Drive for Polk County (Des Moines). Three teams reported over the top at this meeting. They were the Osteopathic team with a percentage of 125%; the Schools team with a percentage of 123%; and the Oil & Gas Stations team with a percentage of 102%.

This is the second time this year that an Osteopathic team has gone over the top on the first day of reporting in a community wide campaign. The other time was in the Community Chest Drive.

Dr. Golden Featured In
Des Moines Newspaper

Dr. Mary Golden, osteopathic physician of Des Moines, Iowa, was the subject of a feature story appearing in the Feb. 3 issue of the Beaverdale News, Des Moines, Iowa.

A sketch of Dr. Golden's life, the article told of her gardening and traveling hobbies and her determination to be a doctor. She is a graduate of Des Moines Still College of Osteopathy and was on that school's faculty for 30 years, acting as Dean of Women for five years. At the present time, she is treasurer of the Board of Trustees at Still college, member of the College Corporate Board, the College Board, and the Trustee's Board of Operations Committee.

Dr. Golden has been third vice-president and a member of the Board of Trustees of the American Osteopathic Association, at which time she served as national chairman of both the Research and Distinguished Service Committees. She is past president of both the Iowa State Osteopathic Association and the Osteopathic Women's National Association. Certified by the American Osteopathic Board of Pediatrics, Dr. Golden is also a fellow of the American College of Osteopathic Pediatricians.

Dayton Hospital
Receives General Motors Gift

A check for $105,000 from General Motors Corporations in Dayton, Ohio, was given to Grandview Osteopathic Hospital recently for the hospital's building fund.

Presentation of the check was made by B. A. Brown, general manager of the Moraine Products Division of General Motors. The gift was a joint contribution of Moraine Products, Delco, Aero-products, Inland Manufacturing, and Frigidaire, all General Motors divisions in Dayton.

The gift stipulates that a 60 bed hospital be committed in 1950. Permission has been received from the Dayton city commission for a $450,000 fund drive for Grandview. Robert Carey, president of the hospital's board of trustees, has announced that the campaign will be held from May 15 to June 30. Glen Massman, executive secretary of the National Foreman's club, is chairman of the fund campaign.

Grandview hospital serves a 60 mile area surrounding Dayton which includes the Ohio cities of Middletown, Troy, Piqua, Sidney, Springfield, Xenia, and Lebanon, and Richmond, Indiana.

Wednesday morning, March 29th, at the regular student assembly Victory J. Hessey, President of the student body presented President Peters with two bronze plaques with the inscription "Des Moines Still College of Osteopathy and Surgery—founded 1898" to be placed on each side of the entrance to the college building.

This generous gift from the student body to the college is not only deeply appreciated for its intrinsic value but for the spirit of student participation in the growth of the college.

Following convocation, Mr. Hessey and Mr. Charles Parker who is supervisor of sanitation and custodial duties of the college placed the plaque on the college building.

New Faculty Appointment

Dr. Howard E. Dresser, graduate of the class of '37, who for the past four years has been taking postgraduate study and serving as a resident in the Department of Urology in the Philadelphia College of Osteopathy accepted a faculty appointment in his old Alma Mater on April 10, 1950.

During World War II Dr. Dresser served as a commissioned Warrant Officer in the Hospital Corps aboard the hospital ship, Refuge.

Ciba Company Donates New Slides

Mr. Howard Belden and Mr. Dean Warrior of the Ciba Pharmaceutical Company of Summit, New Jersey, presented to D.M.S. C.O.S. on March 22, a set of 150 Kodachrome slides of anatomy and pathology. The valuable gift by the representatives of the Ciba Company was made as the result of a request from Dr. Clayton O. Meyer of this city. The collection will greatly enhance the teaching program of the college.

I firmly believe that if the whole materia medica could be sunk to the bottom of the sea, it would be all the better for mankind and all the worse for the fishes.—O. W. Holmes
The President Chats

Mental Health Is Your Business

Ralph L. McRae, B.A., B.Sc., D.O.
Chairman
Division of Neuropsychiatry

Part II. The Psychotherapeutic Approach

In Part I we discussed the symbolic nature of the symptoms of the emotionally disturbed patient and referred to them as arising from the unconscious aspects of his personality. Let us for practical purposes define the unconscious as the functions and experiences which are not directly available to consciousness. We might say that consciousness is the surface of the contents of this reservoir. Now what comes to the surface from within is determined by the specific gravity of the subconscious contents in relation to the pressure exerted by what we know as conscience. This results in the surface or consciousness becoming somewhat like a semipermeable membrane, through which things can flow and others cannot.

Now this reservoir we know as the unconscious consists largely of material lurking in reason or activity. It is a very busy area of our nature. This emotional material includes the switchboard for all psychological functions. In it are built the things dreams are made of, the residue of unconscious, instinctively motivated behavior patterns.

Among these various functions of the unconscious is the constant adjustment necessary to balance the emotional budget. Emotional values like other basic values must be in psychological balance. Frustration, starvation, or excess by the outside, an easy outflow—all may disturb the emotional balance. When it is necessary to make some artificial adjustment or to attain greater satisfactions in emotional values, the subconscious becomes the unconscious. It can take material which is too heavily charged, and not admit it consciously—like a semipermeable membrane—until it is necessary to balance the unconscious, we always must keep in mind the necessity of removing the symptoms without adequate adjustment necessary to balance the unconscious.

Out of this therapeutic approach come several important patterns which must be watched for during the therapy. As we have indicated, the patient must feel that his therapist understands exactly how he feels. The therapist must be willing to help. By providing an interpretative experience, the therapist helps the patient to understand himself and the interpretation of his own personal experience. In one sense this is therapy. If the therapist accepts the interpretation, it will be the turning point of real therapy.

In his Washington News Letter Dr. C. D. Swope, Chairman of the American Osteopathic Association, makes the following comments:

"In the recording of our peregrinations among the executive departments, all have found that the reaffirmation of Federal AOA tax exemption as a scientific and educational organization (at a time when similar organizations were being divested of that status); the signal recognition of the University of Cincinnati on the AOA's Diamond Jubilee; a reversal of the 27-year-old decision of the General Accounting Office that the AOA is not to exceed the expectations of all. For the past week to be able to study first-hand the symbols of universal scientific evaluation; fourth, discharge of civic responsibility; and fifth, eternal vigilance."

Washington News Letter

Dr. Ralph L. McRae, B.A., B.Sc., D.O.
Chairman, Division of Neuropsychiatry

Our continued progress depends on the soundness of all of these departments you have found. We have found that the reaffirmation of Federal AOA tax exemption as a scientific and educational organization (at a time when similar organizations were being divested of that status); the signal recognition of the University of Cincinnati on the AOA's Diamond Jubilee; a reversal of the 27-year-old decision of the General Accounting Office that the AOA is not to exceed the expectations of all. For the past week to be able to study first-hand the symbols of universal scientific evaluation; fourth, discharge of civic responsibility; and fifth, eternal vigilance.
From the many applications on file the membership for the class of 1950 is being selected. It is indicated that three-fourths of this class will be college graduates, and that the remainder will have completed at least six months of professional years at the time of admission.

Since only 70 Freshmen will be selected, it is evident that many more qualified applicants will be rejected by the admissions committee. It is indeed regrettable that ample facilities do not exist to accommodate more of the many fine young men and women who must be turned away.

The present policy of the administration is the preservation and improvement of teaching facilities. Students who have completed 3 years in college are encouraged to continue to the degree and to apply for admission to the Freshman class of 1951.

College graduates may further prepare by studying for an advanced degree, and to develop in the field of research, preparing themselves for an adequate scientific professional life.

The administration of the College is prepared to receive applications to the Freshman class of 1951. It requests that all students who seek admission write to the committee requesting admission forms, stating their current status in college and the name of the college.

Generally speaking, the pre-osteopathic student should apply after the close of his Sophomore year. If he expects his degree his application should be filed at the close of his Junior year.

Mr. Gibson C. Holliday Announces Candidacy

Gibson C. Holliday, Chairman of the Board of Trustees of the Des Moines Still College of Osteopathy and Surgery, last week announced his candidacy on the democratic ticket for Congress-man of the fifth Iowa district. He was a strong contender last year for the appointment as federal judge in the Southern Iowa district.

Mr. Holliday is a graduate of Drake University Law School, 1930, and for the past twenty years has been practicing his profession in the city of Des Moines. He has always been very active in civic and community affairs, and in addition to his many professional obligations he is Chairman of the Polk County Board of Social Welfare, an Elder in University Christian Church, and a member of the Athletic Committee for Drake University.

Mr. Holliday is married and has four children.

Faculty Member Presents Paper

Carrie C. Gillaspv, chairman of the Department of Anatomy at Des Moines Still College of Osteopathy and Surgery, presented an illustrated demonstration on "An Anatomical Description of a Specimen of Extreme Scoliosis with Associated Variations" to the sixty-third annual session of the American Association of Anatomists held at Tulane University, New Orleans, Louisiana, April 4, 5 and 6.

The summary of the paper is as follows: "This study describes a male specimen, 24 years old, with extreme scoliosis. The chief indication is at the level of thoracic 12, lumbar 1 and 2. Here a high degree of resorption and deformation has taken place. At the point between T 12 and L 3 where the irregular vestiges are found, the vertebral column is sharply bent forward and to the right.

Of the other vertebrae, the atlas and axis show the greatest deviations. The atlas is asymmetrical and divided into separate halves. The body of the atlas is fused with the body of the axis.

The costal articulating facets of the thoracic transverse processes are on the upper instead of their anterior surfaces, while those of the ribs face inferiorly. These modifications are probably due to the changes in functional stress after the primary bending of the vertebral column. In addition, there were adaptive deformities noted in other parts of the skeleton as well as changes in muscles and viscera. In some parts of the body there were additional muscles while in others there were muscles absent.

Vicera of interest is an accessory spine, two lobed primitive type thymus gland, changes of the hyoid bone and a probe patent foramen ovale".

The demonstration was augmented by an admirable photographic achievement. Much credit is due Mr. O. J. Van Renterghem, instructor of Anatomy, for his meritorious photography, particularly that dealing with the osteopathic phase of the work, since this type of camera elucidation is considered with the most exacting of the photographic sciences. All photographs were taken with a Kodak Precision Enlarger, which had been converted into a camera with a Kodak Supermatic No. 2, f 4.5 lens, Panatomic X and Super XX Panchronic films, 24x34½, were employed, the artificial lighting being provided by two No. 2 Photoflood lamps.

There were forty, five by seven inch highly glossed prints in the demonstration. These were superimposed upon Bristol-board to accurately laid out areas under which were placed anatomical descriptions of the bones.

Several freshmen students, namely Ralph Blackwell, Robert Stahlinan, Victor Bovee, Thomas Young, and Raymond Taylor contributed much of their time and talent toward the organization and layout of the display. They were aided immeasurably by the artistic abilities of sophomore William Chu, whose poster making was exceptionally attractive.

D. O. Member
Iowa Commission On
Children and Youth

Dr. H. A. Barquist, Des Moines, Chairman of the Committee on Maternal and Child Health of the Iowa Society of Osteopathic Physicians and Surgeons, represented the profession at the first annual meeting of the Iowa Commission on Children and Youth which was held on November 9, 1949.

Purposes of the commission are to make plans and recommendations for legislation and aid for the betterment of children and youth for health, education, aid to crippled children, and all other affairs concerning youth. It will have representatives at the Mid-Century White House Conference on Children and Youth.

In January, 1950, Dr. Barquist was appointed to the important health committee of this organization, a distinct recognition of the importance of the osteopathic profession to child health in Iowa.

Harrsurg Hospital To Be Enlarged

A new wing is being added to the Osteopathic Hospital, Front and Muncheh streets, Harrisburg, Pa., according to Harvey M. Bogar, chairman of the building committee. Ground breaking ceremonies were held recently.

The new addition will be completed by October 1, 1950, and will provide 50 beds.
The Beta Chapter of Delta Omega sponsored the Phalange Hop on April 1st at the P.S.G. house. It has been many years since the sorority has given a dance. We wish to thank Dr. E. R. Minnich for acting as our Master of Ceremonies and the members of the P.S.G. fraternity for the use of their house.

Prizes were given under the discreet judgment of Mesdames Peters, Minnich, and Wickens to Mr. and Mrs. Joe Baker for their unusual socks; Mrs. Jack Little for the ladies’ most original socks; to Steve Evanoff for the most original man’s socks. Mrs. Kenneth Fry and Jack Hissey received the prizes for the greatest pes planus. Door prizes were awarded to the following: Jim McKeever, Henry Probst and Roy Massin.

We also wish to express our gratitude to all who attended the party, making it the fine success it was.

O. S. C.

The Osteopathic Students Club held its last meeting on March 30. Plans were discussed for a picnic and a dance to be held this spring.

The highlight of the evening was the interesting talk given by Dr. Fred D. Campbell, who later presented an informative demonstration of technique.

The Log Book

On Saturday, March 18th, a party was held in the Atlas Manor for the members, pledges, and their wives and dates. The large turnout helped to make this party one of the most enjoyable of the year. Appetites were well satisfied by the refreshments which were served buffet style. The evening was filled with cards, dancing, singing, and conversation. Dr. Richard Denise was our guest-of-honor for the evening.

At the last regular meeting the following pledges were formally initiated into the Atlas Club: Marshall Lowry, Paul Rutter, Victor Wise, Stewart Woofenden, Dud Chapman, Zane Petty, Raymond Taylor, Ralph Blackwell, Albert Olson, Owen Sayer, Earle Reynolds, Chester Owens, and Joseph Kapp.

In this group the Atlas Club has again secured a group of top notch men who will be an asset to the Club and the Osteopathic Profession.

ITΣ

Iowa Tau Sigma held an informal meeting at Dr. D. E. Sloan’s offices on March 30th. The fraternity was happy to see so many freshmen interested in our work nights. Highlight of the evening was a discussion of the practice of obstetrics by Dr. E. F. Leininger. He pointed out many of the problems of management of the O.B. patient and the changes that have taken place in the practice of obstetrics since the early 30’s. The discussion was followed by refreshments presided over by John Chapman. Dr. Sloan brewed the coffee, and judging from the number of seconds, he must have some hidden talent along that line.

At our regular business meeting on March 25 plans were completed for our annual dance and picnic. The dance will be held on Saturday, May 6, at the Parkview Clubhouse on Polk Boulevard. The program committee promises that this dance will be even better than that of last year.

Plans are being completed for our traditional Mother’s Day picnic on Sunday, May 14, at Birdland Park.

On March 24, Lou Katz’ wife, Anita, gave birth to a future LOG, who weighed in at 6 lbs., ½ oz.

Our genial president, Ed Kornhauser, announced his engagement to Miss Lillian Sherman of Des Moines.

The members of the fraternity extend their cordial invitation to the entire faculty, student body, and alumni to attend our annual Spring Dance and picnic.

ΩΜ.Σ.Χ.

Guest speaker at the March 7th meeting of the Wives Club was Mrs. R. B. Bachman, who, while demurring that she was not a public speaker, certainly proved herself to be a fine one. Her delightful book review style of the story of a doctor’s wife was a biographical sketch of her own life as the wife of Dr. Bachman.

At the March 21st meeting the members of our club had the privilege of listening to Dr. B. E. Laycock. His inimitable style and ready wit provided a truly memorable evening.

Our current project is to provide drapes for the large front window in the new clinic’s waiting room. The club purchased the material, and Mrs. R. C. Fagen is graciously taking care of actual production.

Mary Ellen Dunbar was the recipient of a lovely sugar and creamer as a prize for her version of a place card to be used by the Auxiliary at their luncheon on May 15th.

Halle and B. B. Baker are the proud parents of a baby girl, Judith Kay, born at Still College Hospital on March 23rd. Congratulations!

ΩΓ

On March 25 an outstanding social event, the Arts Ball, was held at the chapter house and was presented by this year’s pledge class. It was a costume affair, providing an opportunity for those who attended to have a good time with the worries connected with approaching state boards temporarily forgotten in the gay atmosphere of Figalio.

At the March business meeting six more freshmen were accepted as pledges. They are: Loyal McCormick, Jack Little, Charles Miller, Michael Mcloyd, Walter Herman, and John Latini. The year’s pledge group totals 27 at present.

Now that this semester is more than half over, plans are being made for the summer social and educational programs. Along with these there will be a remodeling program at the fraternity house which will need the support of every member. This program is now being planned and by fall there will be many changes made at the house.

Calvin: “Where did you get that girl—buck teeth, cross-eyed, bow-legged, stringy-haired??!”

Kenneth: “You needn’t whisper. She’s deaf, too”.

Important Notice

The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

Entered as
Second-Class Matter
At Des Moines, Iowa.
55 SENIORS TO GRADUATE IN JUNE

Wives of Graduating Seniors Honored

The annual Wives Club banquet honoring the wives of the graduating seniors was held at Tony’s Venetian Room Sunday, May 7. This banquet has been a traditional affair. Mrs. Gordon Dunbar, the newly elected president of the club, served as “toastmistress.” The banquet got underway with a toast to the departing members of the club by Gloria Welch. The toast was answered by Lee Moylan, a senior wife. New officers were then presented and installed by Betty Hessey.

Mr. “Gib” Holliday, a prominent Des Moines lawyer, and steward of the club, officiated as “toastmistress.” Mr. Holliday has been the Polk County auxiliary convention chairman, and was acclaimed for the practice of medicine in Iowa. Mr. Holliday has also been selected the West Virginia Governor of the Iowa Society of Osteopathic Physicians and Surgeons, and is chairman of the auxiliary in Des Moines, May 15-16.

Dr. Stuart F. Harkness, Chairman of the Department of Internal Medicine at D.M.S.C.O.S., was appointed by Gov. William B. Beardsley to take part in a training program sponsored by the atomic energy commission last March, will speak on the “Biological Effects of Radiation.”

Dr. E. H. McKenna, assistant executive secretary of the A.O. A., will speak on “Compulsory Medicine” before the Iowa Auxiliary. Other speakers include Dr. Edwin F. Peters, Dr. Byron E. Laycock, Dr. Henry J. Ketman, and Dr. Paul E. Kimberly, all of this college.

The theme for the Wives Club annual banquet is “An Educated Man is a Useful Man.” President Peters spoke a few words of congratulations to the graduating students.

Diplomats granting the award of PHH, “Pushed Husband Through,” were then presented to Jo Gaudio, Norma Beker, Ruby Jean Talbot, Joan Toews, Dorothy Jacobson, Ardelth Johnson, Anita Kals, Dorothy Farrah, Bernice Burns, Betty Chapman, Ellen Fontenova, Lee Kirkland, Mary Ellen Dunbar, Violet Lewis, Lee Moylan, Rosemary Robbins, and Edith Walter by Christine Yarrington, newly elected president.

Honored guests at this occasion were Mr. and Mrs. G. C. Holliday, Dr. and Mrs. Edwin Peters, and Dr. and Mrs. Paul Kimberly. Mrs. Kimberly has been the Polk County auxiliary advisor and sponsor of the club for the past year.

V. A. Approves Examinations by Osteopathic Physicians

D.M.S.C.O.S. is in receipt of a letter from the Veterans Administration which states as follows: “The Veterans Administration will accept examinations conducted by a physician duly licensed for the practice of medicine by a state, territory of the United States, or the District of Columbia, or by a duly licensed osteopathic physician who is a graduate of a recognized and approved college of osteopathy and who is listed in the current directory of the American Osteopathic Association. Such examinations may be made by a physician or osteopath who is not related to the applicant by blood or marriage, associated with him in business, or peculiarly interested in the issuance of the insurance.”

Iowa Society Convention Emphasizes Atomic Medicine

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Famous Broadway Star Under Osteopathic Care

Mary Martin, famous star of the Broadway hit, “South Pacific,” publicly applauds her osteopathic physician and gives him full credit for her record of not having missed a single performance during the first year of the show’s run.

In an interview with Don Ross of the New York Herald-Tribune, Miss Martin stated that she receives osteopathic treatment twice weekly.

D.M.S.C.O.S. Student’s Mother Receives Award

Mrs. James C. Dunbar, mother of senior Russell E. Dunbar, has been selected the West Virginia Mother of 1950 by the West Virginia Mothers Committee of the Golden Rule Foundation.

Although she is past 70, Mrs. Dunbar is still active as a registered nurse and midwife. To date she has delivered 1,204 babies. She is the widow of a doctor and the mother of ten children, seven of whom are living, three being doctors.

In 1949 Mrs. Dunbar was selected as the “outstanding citizen of the community” by the local post of the American Legion. She resides in Gauley Bridge, W. Va.

New Drapes Given To The Clinic

The Wives Club of D.M.S.C.O.S. has again shown its vital interest in the new Out-patient Clinic by generously making it possible for 50 new drapes to be placed in the Clinic waiting room. Mrs. Elsie Kent, mother-in-law of Dr. Robert C. Fagan of our faculty, made the drapes for the Wives Club.

Our deepest appreciation and many thanks from the Board of Trustees, the students and the patients to the Wives Club and Mrs. Kent for this generous contribution.

D.M.S.C.O.S. Graduate Is Chief of Staff

Dr. Carl B. Gephart, graduate of the class of 1926, has been reinstalled as the new chief of staff at Grandview Hospital, Dayton, Ohio. Congratulations to Dr. Gephart!
The Log Book

The President Chats

Every institution of higher education has a definite purpose for its very existence, otherwise it has no right to exist as a college. The purpose of a college, which might be termed in a general way the philosophy of education of this college but serve as the guiding star of the graduates after they enter practice.

The aims of the Des Moines Still College of Osteopathy and Surgery are in terms of the qualities of personality it develops in its students, in terms of the contribution made to the health of the community of which it is a part and to the needs of society in general wherever its graduates may practice.

1. The College aims therefore, to educate its students:
   A. To the true principles of osteopathic medicine.
   B. To the placing of service to the welfare of society before self.
   C. To have a fundamental appreciation for the value of research, and to become motivated to the scientific approach of the art of medicine.
   D. To achieve such preparation as will make for efficiency and progressive improvement in their chosen professions.

2. The College also seeks faculty members:
   A. Who are making worthy contributions to the field of science.
   B. Who fully appreciate the value of human experience.
   C. Who will cooperate in developing the school of osteopathic medicine.

The curriculum of the osteopathic colleges today is designed to help the students to achieve (1) rational scientific habits of reasoning and reflection, (2) a true appreciation of those past "VALUES" which have so significantly contributed to our civilization, (3) the acceptance of the principles of therapeutic sciences, (3) a awakening the forces of society, with a sensitive insight as to how to conduct one's own personal relations to society, and (4) a true feeling of responsibility to those who suffer physically and mentally.

The aims of the College and the objectives of the curriculum are so interrelated that osteopathic education has not only achieved new heights in the academic hierarchy, it has provided a program of education which truly makes an osteopathic physician a physician plus.

Ralph I. McRae, B.A., D.O.
Chairman
Division of Neuropsychiatry

Part III. The Psychotherapeutic Approach

As we have indicated in Part I, the subject of psychotherapy is fundamentally diametrically opposite in principle to that of general medicine. When the patient has given us all of the information he wants us to know, he fully realizes that a long improvement and then, after a short time as his condition improves worse, he come in with a little dismay and expects his therapist to treat him, to assume full responsibility for his problems, and do like other doctors to take care of the situation for the patient. This is a turning point in real psychotherapy. If we do not begin to give advice, try to explain the problem to the patient at this point, several difficulties usually arise. First, the patient discovers to his dismay that the therapist does not really fully understand how he feels. He takes the therapist's measure and finds him wanting. Why? Simply because what he has been able to tell us up to now is only the facts of his life problem. The real feelings attached to it, the effect on his whole approach to life, all these are hidden. We simply do not know enough at this stage to make a valid judgment in the patient's own terms. Our own ideologies, based on facts, not the patient's dynamic feelings, are the only basis we have for judgment. The patient soon discovers that what we are and determines what he can and cannot tell us further. The patient therefore becomes defensive. We can't tell our patient why we have not been able to tell him about his difficulties because he knows how we feel about it. He resents our expressed interest. It is now that we have the patient say six months after the beginning of therapy, "I wanted you to tell me that long time ago but what you did or said one day made me feel I'm damned if I'll tell you that ever!" When therapy has passed this stage and we have handled this problem by placing this responsibility upon the patient's shoulders, the tedious and somewhat prolonged process of exploring the unconscious, reflecting the process of integrating insight for the patient, begins.

When the patient has a sufficient feeling of confidence and knows we understand, he begins to project his problem into the patient's situation and the patient's problems, as we say, his difficulties upon the therapist in a dynamic process of relieving his conflict. The patient then becomes the actor, representing many people in the person's life. The patient should know that he is an osteopathic physician, thus a physician plus.

Mental Health Is Your Business

Dean's Letter

During the current semester a voluntary innovation in instruction has been sanctioned and implemented by the college administration. Course of weekly lectures and demonstrations in office procedure and management has been proposed by the Osteopathic Women's College Club.

The course, which has now been satisfactorily, is designed solely for the purpose of acquainting the wives of future osteopathic physicians. The course is made up of the social, business, and semi-professional aspects of office procedure which is of utmost importance in the successful practice of a doctor. No college credit or other formal recognition is given for attendance.

A study of the titles of the lectures given reveals true to a careful, reprocessing of material.

LABORATORY TECHNIQUE I

April 12th
Hemoglobin, sed. rate, venipuncture, serology. Demonstrations.

Mary Doris Carpenter
Instructor in Clinical Pathology

STERILIZATION

April 19th
Cold sterilization, autoclaving, cutting instruments, sterile packs.
Margaret Zinn
Supt. of Nurses, Still Osteopathic Hospital.

BOOKKEEPING

April 26th
Cash receipts, records, forms, Blue Cross, income tax, etc.
Arnold Johnson
Ass't Hospital Administrator.

LABORATORY TECHNIQUE II

May 3rd
Urinalysis, blood pressure, pulse, respiration, temperature, etc.

Helen Bomeneg
Medical Tech., Still Osteopathic Hospital.

JURISPRUDENCE

May 10th
Birth and death records, narcotic and opium laws, suits, contagious disease reports.

Ralph L. Powers
Ass't. Medical Jurisprudence.

FIRST AID

May 17th
Treating until the doctor comes, shock, hemorrhage, etc.

Dr. Harry Elmers
Ass't. Prof. Osteopathic Medicine.

OFFICE CONDUCT

May 24th
Dressing, manners, diplomacy, telephone technique, draping patients for examinations.

Alike P. Nuzum
Hospital Administrator, Des Moines General Hospital.

The wives are to be reprimanded for building such a comprehensive program for themselves. Registration for the course numbered 54. It is a pleasure, indeed, to feel that so many students, students, and instructors eager to join together for the promotion of the cause—greater success to Osteopathic Medicine.
The Log Book

Attention, Readers

Next month the Log Book will have a new editor—Richard DeBard. Among the many to graduate will be the editors who served you during the past two years.

We hope that as student editors we have been able to capture for our readers events of interest both at school and in the field at large. Our job has been heightened by the many letters of kindly advice by practicing alumni. The college administrators and Dr. Peters and Dr. Shumaker showed a constant readiness to aid us in securing material of interest to student and practitioner.

So long as D.M.S.C.O.S. alumni continue to show an active interest in the affairs of their alma mater: so long will the Log Book continue to mirror the progress of their school in the osteopathic profession.

Dr. S. F. Harkness Participates In Atomic Medicine Program

On Monday, March 27, 1950, Dr. Stuart F. Harkness, Chairman of the Department of Internal Medicine, D.M.S.C.O.S., along with appointed faculty members of the Chicago College of Osteopathy, the Kirkville College of Osteopathy and Surgery and the Kansas City College of Osteopathy and Surgery, were members of a class of D.O.'s and M.D.'s to attend a week's instruction in Atomic Medicine, held at Argonne Laboratories, Chicago, Illinois.

It is the responsibility of those so fortunate to receive the instruction in Chicago to thoroughly train their colleagues in their respective states in this most important phase of medicine.

Dr. Harkness started his school of instruction for the faculty members of D.M.S.C.O.S. April 26th and will continue the regular period of instruction every two weeks until the general subject has been completely covered.

Help Your Profession Help You by Contributing Now to the Osteopathic Progress Fund.

Anatomy Department News

During the recent convention of the Iowa Society of Osteopathic Physicians and Surgeons, held in Des Moines on May 15 and 16, many physicians visited the anatomy department, saw its demonstrations and displays, and voiced many constructive opinions. Because of the sincere interest shown, it is with a deep sense of appreciation that the anatomy department of Still College extends its gratitude to the osteopathic physicians and surgeons for their interest in the department and its accomplishments.

Many neuro models and drawings of the principal pathways were displayed. These models and drawings were made possible through the work and efforts of the class in neuro anatomy. The students conceived the ideas of how the models should be constructed, and then proceeded to develop their ideas. We are proud of their accomplishments.

A recent method for the preservation of neurological specimens was displayed. The method consists of embedding materials used for instruction, display, and preservation in plastic. It is hoped that by this process many valuable specimens can be preserved indefinitely without deterioration, making possible the use of specimens in classroom instruction for a longer period of time.

Several important and interesting variations were displayed in gross anatomy. One of the most interesting variations was a fully developed bilateral cervical ribs in a female specimen. According to Toldt this occurs in about 1.16 percent of cases. This condition is of clinical importance since there is compression distributed to the nerves, especially the ulnar, and blood vessels of the arm, forearm, and hand. It is interesting to note that in the same specimen, the ascending colon retained its mesentery, an incomplete rotation of the cecum resulted in the position of the cecum being superior to the transpyloric line immediately inferior to the liver. A pelvic-type appendix was attached to the cecum high in the lumbar body wall by the appendicular mesentery.

In a male specimen, renal ectopia was observed. According to the latest journals, this occurs from 1:500 to 1:1500 in autopsies. However, its clinical incidence is much greater. The left kidney was rotated counter clockwise and was attached with the right kidney in the region of lumbar 2 and 3. From this position the presumed right ureter, after emerging by two pelvi from the inferior position of the renal mass, crossed the middle, intimately joined with the posterior body wall obliquely, anterior to lumbar 3 and 4, entering the bladder normally. The left ureter originated in the superior portion of the renal mass and followed along the greater left curvature of the enlarged kidney and united with the bladder in the usual relationship.

In a male specimen, on the left side of the body, there was bifurcation of a ureter near the upper end. In this case there were two separate renal pelvises which did not communicate. There was but one opening into the bladder on the affected side. This is one of the most common abnormalities of the ureters, the incidence being approximately 3 to 1.4 percent.

Renal agenesis with associated retro-urethral fistula, an extreme condition occurring about one in 10,000 cases, was also demonstrated. This variation was presented last year (April, 1949) at the American Association for Anatomists at Philadelphia and this year (April 3, 4, 5) a demonstration of extreme scoliosis of the same specimen was presented at the American Association for Anatomists at New Orleans, La.

Variations are emphasized in the anatomy laboratory because they are of clinical importance inasmuch as any anomaly to some degree alters the normal body economy and thereby invites trouble; therefore, as variations arise in our laboratory, they are preserved and put on display in the anatomy museum for future observation and use.

The members of the anatomy department hope to begin the study of the development of the fascia of the anterior abdominal wall. We have at hand a goodly number of embryos and foetuses but not enough to complete the problem. However, it is felt that if the cooperation and interest of the physicians in the field aids us in the future as it has in the past we shall be able to complete the problem without too much difficulty arising from the lack of material.

Construction Begun On New Hospital

Construction began early this month on a new osteopathic hospital in Longmont, Colo. Located on Ninth avenue between Kimbark and Main streets, the hospital will be called the Longs Peak Osteopathic hospital.

Hygienic pumice block is being used in the two-story structure and a modernistic design followed throughout.

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology Laboratory Diagnosis
Cardio-Respiratory Obstetrics and Gynecology
Dermatology and Syphilology Orthopedics
Ear, Eyes, Nose and Throat Pathology
Gastro-Enterology Pediatrics
Internal Medicine Podiatry

Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:

DR. F. J. McALLISTER, Chief-of-Staff
MR. DAVE C. CLARK, Hospital Administrator

STILL COLLEGE OSTEOPATHIC HOSPITAL
725 Sixth Avenue Des Moines, Iowa
April proved a memorable month for Psi Sigma Alpha. Initiation exercises were held for our 12 new members. This was no ordinary occasion. Acting as hosts were local alumni members, each a specialist in his own field of endeavor. Dr. Fagen, Dr. Graney, Dr. Kimberly, Dr. Waterbury and Dr. Wicks performed the opening ritual. Dr. Owen addressed the group on the goals of Psi Sigma Alpha. Those initiated into the organization were Richard DeBard, Lowell Barnes, Dale Dodson, William Elston, George Jackson, Edgar Kornhauser, Paul Panakos, Allan Schmidt, Charles Updegraff, Robert Wirt, Harry Wursli, and Edward Zarnoski.

Following the initiation, keys were awarded past presidents Sidney Gelman and Simon Indianer. The society wishes to express its gratitude to Dr. Kimberly for the use of his home and for his untiring work in organizing this affair.

Our second April gathering was a dinner meeting held in the college dining room. Dr. Cash spoke to the group on the application of radiation therapy to minor surgical procedures.

May activities were opened with a group gathering at the hospital dining room. Guest of the evening was Dr. Leininger who spoke on the etiology, diagnosis, medical and surgical management of peptic ulcers. A general discussion followed the meeting.

Within a short time fourteen members of the Delta Chapter will become alumni members of the Phi Sigma Gamma Fraternity. On June 9, 1950, the following seniors will complete their professional training here at Still College: Henry B. Finck, John E. Ankeny, Jr., Victor L. Brunw, James B. Dockman, John Sanson, Harry F. Talbot, Jr., Russell E. Dunbar, Eugene M. Lewis, Julius S. Niesiedzuki, Clayton P. Page, Harold L. Fontenova, Ralph A. Gaudio, Joseph L. LaManna and Loren C. Herman.

The fraternity congratulates these Doctors and wishes them success. On May 11th a Senior Banquet was given by the fraternity for these graduating seniors, at the fraternity house.

Brothers Bill Elston and Keith Howland have been elected to represent the Delta Chapter at the annual business meeting of the Grand Council on July 10th and 11th. This meeting will be held at the Stevens Hotel in Chicago during the A.O.A. Convention.

On May 2nd, Dr. H. G. Shade visited the fraternity house and reminisced on the times he had while at college. The fraternity house welcomes and is honored to have any alumni member visit the house whenever he is in town.

More and more the P.S.G. House is becoming a center for certain campus activities. Other organizations have used on various occasions the facilities of the house for their social events or business meetings. The fraternity members welcome the opportunity to be able to open the house to these groups.

Soon our house will attain a new look. Plans have been made to remodel parts of the house and some work has already begun. By this fall many things will be changed and there will be expanded facilities for more of the incoming freshmen to live at the Chapter House.

The "Wind Up" Party will be given at the fraternity house June 10th, so save this date and come out and relax after final exams week.

On May 5th Iota Tau Sigma held formal initiation of three pledges: Andrew N. DaShiel, Shirley Ahlers and Martin Caldwell at Dr. E. Sloan’s office. In the meeting that followed arrangements for the ITS senior banquet were made. Martin Caldwell was appointed chairman of the banquet committee.

Dr. Sloan, our Supreme Deputy, is leaving for Philadelphia for a postgraduate course in Internal Medicine and Electrocardiography. He will be there for two weeks and expects to return by May 21st. Good luck on your trip, Doctor.

In June, John Chapman, William Maylan, Stanley Reuter, Thomas Willoughby and J. G. Savarese will graduate and start their respective internships. The members of Iota Tau Sigma wish them success in their profession.

The annual LOG Dance was held on Saturday, May 6th, and was very well attended. The affair was enjoyed immensely by the faculty, student body, alumni and friends. The entertainment committee did a wonderful job of planning a well balanced and coordinated program. The floor show drew many rounds of applause.

On the following Sunday, May 14th, the fraternity held its traditional Mother’s Day picnic. The crowd which attended the picnic had a wonderful day of relaxation—athletics, dancing, and dining in picnic style.

Many thanks to the members and friends of LOG who worked so hard to make the dance and picnic such successes.

Square and Compass

The Square and Compass Club of D.M.S.C.O.S. held its monthly meeting on the evening of May 3rd at the school. Dr. F. J. McAllister was guest speaker and presented a Technicolor sound film on the activities of River Oaks Manor and its treatment of alcoholism; then explained some of the results obtained by this method of treatment.

Plans were discussed for the formation of degree teams from the club and concrete realization of this aim is on its way. The team is to visit various lodges and confer work when organization is perfected. Plans are also under way for the annual Square and Compass picnic to be held in September for members, their wives and families, and invited guests.

After the meeting coffee and donuts were served.

Former Faculty

Member Announces “New Product”

The College received a clever birth announcement from Dr. H. W. Merrill, member of the class of ’45 and for three years a member of the faculty and registrar of D.M.S.C.O.S. The “new product” is a boy, born at the Portland Osteopathic Hospital on April 21, 1950.

Congratulations to the Merrill’s.

Important Notice

The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

Entered as Second-Class Matter At Des Moines, Iowa.
Pays Tribute to Dr. Andrew T. Still

In the A.O.A. Journal of January, 1950, there is a book review of The Science and Art of Joint Manipulation, by James Mennell, M.A., M.D., B.C. The Log Book belief is that Mr. Cato is right in stating that the Journal is of special interest. The Note is of special interest: The Journal for May, 1935, in an editorial by the late Ray G. Hulburt, quoted a part of a letter from Dr. Mennell to a well-known osteopathic physician in the U. S., which letter ran in part as follows (Dr. Mennell had written an earlier book on manipulation):

"The last paragraph but one you mention one of my illustrations, and add that "this is the only place where apparent credit is given to osteopathy." This is true, and I am sorry to say deliberate, in spite of the fact that I knew quite well of the great man who first conceived the possibility of applying manipulative treatment to the joints of the spine."

Foundation Approves Ottawa Sanatorium

Ottawa Arthritis Sanatorium and Diagnostic Clinic recently was inspected and approved for diagnosis and treatment of arthritis and rheumatic diseases by the Arthritis and Rheumatism Foundation, according to Dr. E. C. Andrews, director of the Ottawa Arthritis Sanatorium.

The Foundation is a national organization recently created to spur relief and successful treatment to the more than 7,500,000 United States arthritis victims through a program of education, research and treatment. Its headquarters are in Chicago.

A primary objective of the Foundation is maintenance of a program to disseminate both professional and public information among agencies which provide care and treatment for arthritis patients, said Floyd B. Odum, national chairman of the Foundation.

In its second annual campaign to raise funds to carry out this program is now underway, Mr. Odum announced.

Include Osteopathic Medicine In Survey

A survey of the osteopathic profession is now underway and is being conducted by the Brookings Institution, Washington, D.C. Every known osteopathic physician in all osteopathic hospitals will be contacted for data concerning the patient service being rendered. The purpose of the survey is to secure information concerning availability of medical services in the nation and the type of service being given.

Other professions being surveyed in a similar manner include the medical and dental. Previous surveys of like nature have omitted the osteopathic profession and have been of doubtful value. The decision of the Brookings Institution to include our profession is a tribute to the importance of osteopathic medicine to the health of the nation.

The Institution is an independent concern of established reputation and reliability. The importance of the osteopathic profession's participation in this survey cannot be overemphasized.

Industrial Contribution To Ohio Progress Fund

Republic Steel Corporation, through its general offices in Cleveland, Ohio, recently contributed $5,000 to the Ohio campaign of the Osteopathic Progress Fund. The increasing incidence of this type of contribution is highly appreciated.

Recent Graduate Opens New Clinic

Dr. Meine E. Georgeon, graduate of D.M.S.O.S., class of 1948, has notified the Log Book of the opening of the Georgeon Clinic on May 29th. The Clinic is located at 19641 West Seven Mile Road, Detroit, Michigan.

Granted Certification

Dr. Ivan E. Penquite, Class of 1937, has recently become certified in the specialty of Obstetrics and Gynecology. Dr. Penquite is practicing in Sapulpa, Oklahoma. His office is located at 202 Claydon Building.

Honorary Degree To Morris Thompson, K. C. O. S. President

Des Moines, la., June 9, 1950—The Annual Commencement of Des Moines Still College of Osteopathy and Surgery was held at St. John's Lutheran Church for 55 senior students. Dr. Chester D. Swope, Chairman of the Department of Public Relations of the American Osteopathic Association, presided.

"Our Opportunities." The degree of Doctor of Science was conferred on Morris Thompson, President of the Kirkville College of Osteopathy, and Gaster of the Journal of Osteopathy and a past-president of the American Association of Osteopathic Colleges.

Dr. John B. Shumaker, Dean of D.M.S.O.S., presented the graduating class and President Edwin F. Peters conferred the degrees.


Awards Presented at College Convocation

At an all-student convocation on June 2nd special certificates were issued to deserving graduating seniors and honor awards given to certain outstanding students. Dr. J. F. Letfouge, President of the National Alumni Association of D.M.S.O.S., welcomed the graduating seniors and stressed the responsibility of the graduates to support their College and the profession.

Jack H. Woodrow, past-president of Psi Sigma Alpha Honor Society, presented the following awards: Senior Scholastic Award, Simon S. Indianer; Sophomore Scholastic Award, Henry B. Finke; Freshman Scholastic Award, Robert K. Wilkerson.

Dean Shumaker presented the special certificates for outstanding service as follows: Orthopedic Surgery, Ralph Gaudio; Proctology, Harry Talbot; Jr., Julius S. Niesioiabiski, Clayton F. Page, Stanley H. Reuter, Wm. D. Robbins, John S. Sanirny, Harry F. Talbot, Jr., John D. Toews, Paul P. Walter, Jack H. Woodrow and Steven Yacko.


Don't forget to see your A.O.A. headquarters at 212 E. Ohio Street while attending the Annual Convention.
Some Effects of Atmospheric Electricity Upon Health

By E. V. Enzmann, Ph.D.
Department of Anatomy

Recent investigation tends to show that the electrical conductivity due to ionization of the atmospheric air produces a deep influence upon bodily comfort. The effects of ionization can be separated from the other variables such as temperature, barometric pressure, moisture content of the air, wind velocity, etc. The number of positive and negative electric charges in the atmosphere depends on the presence of charged particles or ions. It has been shown that the number of positive ions generally surpasses that of the negative ones in the air, so that the atmosphere carries a positive potential with respect to the surface of the earth. The concentration of ions in the air increases with elevation and becomes very great in the Heaviside layer.

The charged particles floating in the air originate from ions which have lost one electron; in time each charged particle gathers around itself a cluster of free or molecularly bound charged units forming an electrostatic attraction. These charged units form the so-called "Langvive ions"—are produced when electrons attach themselves to particles of dust or to water droplets.

The speed of the various ions (mobility) depends on their size as well as upon the ion concentration. Negative ions are on the whole more mobile than positive ones which explains why the latter accumulate in air.

Koller lists the following sources of ions in the air:
- photoelectric effect
- ultraviolet radiation
- cosmic rays
- splashing of water (ocean waves)
- radioactive substances in the soil.

In some localities the effect of these sources may be more than half of all the atmospheric ionization according to Langevin. Radiactive substances which are very widespread all over the world ionize the air contained in the pores of the soil; this air is sucked out of the earth during periods of low barometric pressure and is carried aloft. The negative ions, being much faster than the positive ones, are quickly absorbed on dust particles and are carried back to the earth by gravity, leaving an excess of positive ones.

So far only occasional observations have been made on the effect of the conductivity of the air upon bodily reactions. Such scattered observations indicate that high concentrations of ions in the air may be responsible for headaches, increased blood pressure, increased oxygen consumption. Inhalation of negative ions generally produces exhilaration, lowered blood pressure, more regular and quieter breathing; in patients suffering from rheumatism there is an increase in pain in the joints with increased body temperature, followed by a marked improvement.

Dessauer, Work reports from the Institute of Physical Chemistry, Frankfurt.

Lancaster Hospital Activity Shows Gain

Services of the Osteopathic Hospital, Lancaster, Pa., showed a marked gain in 1949, according to an annual report presented to the board of directors by Walter R. Markley, hospital manager.

Admissions to the hospital during 1949 totalled 2,220, which is an increase of 188 over the 1948 figure. There were 4,321 x-ray treatments given in 1949, compared to 3,860 for 1948. Every other department showed an increase of 100 or more, with the exception of maternity, where 348 births were listed. This number is identical to the 1945 figure, Mr. Markley said.

Important Coming Dates
July 4—Holiday
Sept. 6-9—Registration for fall semester.

The President Chats Somie Effects of Atmospheric Electricity
Growth is a prerequisite for Service, and at this particular time of the year, when colleges and universities are graduating large classes of men and women, and those of us who are so fortunate as to be enrolled in the category of pedagogicalricanes, it is an unqualified admission that the satisfaction in a job completed.

Graduation from college does not guarantee that the recipient of the degree has acquired the wide knowledge that he will need to make the best use of his opportunities. The atmosphere of a true college is the production of students with the necessary tools and techniques for an education. It is the expectation of the college that each graduate will have been so stimulated that he will have arrived at a true understanding of himself.

Commencement means that the graduates have acquired the advantages which they may become educated. "Whatever a man learns he must learn for himself."

As our fine class of fifty-five graduates representing 18 states and Canada leave the walls of Dr. C. O. L. College, let them realize that their continued growth professionally is essential for the service they are expected to give to their patients.

Commencement requires not only maturity of judgment and the perfection of the necessary skills of practice, but also demands an appreciation, attitude and a desire to place service above self.

In order for our young graduates to continue to grow it is imperative that they be able to accomplish three skills: 1) to make a science of diagnosis, to be able to make self-adjustments; and 3) to maintain self-discipline.

Your college proudly graduates you, your profession welcomes you and society needs you, your profession will need you to the fullest extent of your career. "Whatever a man learns he must learn for himself."

Larned Clinical Group Opens In New Building

Open house was held recently in the new Larned Clinical Group building at 816-818 Broadway, Larned, Kansas, announced Dr. V. R. Case, clinical member and owner of the building.

An addition to the present building is being planned which will be utilized for a dining room. Each room of the sanatorium will have an outside exposure as does the present clinic building.

The clinic building is used for group practice and is equipped for practice and to afford a complete diagnostic service together with treatment in the general field and the various specialties.

If every Osteopathic Physician would daily remember his Oath as a Physician, he would have the light so shine that the world will know that he is an Osteopathic Physician, thus a PHYSICIAN PLUS.

ANNOUNCEMENT

The Division of Psychiatry Has Established the Following Services for Your Use

1. Psychiatric Diagnostic Service on an Out-Patient or Hospital In-Patient Basis.
2. Counseling and Psychotherapy for Patients, including:
   - Adolescent Problems
   - Psychoneurotic Cases
   - Marital Problems
   - Ambulant Psychotic Cases
3. Electroshock Therapy

All private consultations and treatments by arrangement are available.

Fees available on request.

"Everybody's on a scholarship." This statement is taken from the Student Handbook of Stanford University for 1950. The statement is literally true—true for every college and university in the country today as it is for Stanford.

Last year the operating cost for that great university was $8,000,000 dollars, which was almost three times the cost of ten years ago.

What keeps it running? The endowment can't be spent. Only the income from it can be used. Does the tuition do it? No. For every other dollar had to be raised. Each and every student of the 8,000 enrollment paid only half the cost of his education. What does keep it running, then? The generosity of the alumni and friends. Ever hear of a student who kept the balance sheet in the black.

The cost of operating your Still College of Osteopathy is even more expensive to income from tuition. This is due to the fact that the cost of instruction and maintenance of laboratories is higher. Science and professional schools are always more expensive to operate.

In Still College ‘everybody’s on a scholarship,” an even more generous scholarship than Stanford’s. Are you, as an alumnus, contributing your share toward the support of a scholarship for a worthy student? Are you helping to make new friends who will assist a student to obtain the finest professional education that can be offered?

Lend your support to the maintenance of your students in your alma mater and keep “everybody on a scholarship.”

Dean's Letter
ad editus...

Since October 1947 Dr. Indianer and Mort Levin have very capably guided administrative problems of the Log Book. Comparision with editions of several years ago reveals the progress made.

Upon their graduation and with this issue a new staff takes over—having as our purpose:

1. To inform the alumni of school plans and progress.
2. To present scientifically informative material by the faculty, alumni, and students.
3. To review significant literature as space permits.
4. To discuss problems of interest to osteopathic medicine.

Your cooperation and constructive criticism is earnestly desired. Articles and items of student, faculty, and alumni authorship are invited.

Let us hear from you—it will be appreciated.

Student Wives Club Activities for the Past Year

The members of the Student Wives Club (S.W.C.) of Des Moines Still College of Osteopathy & Surgery are very proud of their activities and accomplishments during the past 1949 and 1950 school term. Perhaps the members of the profession, and particularly the auxiliaries, will be interested in knowing of the eagerness and zest these young men are showing in preparing themselves to be better doctors' wives and in promoting the common cause—greater success to the Osteopathic profession.

Since the beginning of the year the club has sponsored recreation activities for the Des Moines Children's Home. This Home is filled with children between the ages of five and fourteen, whose parents are unable to care for them or where the homes are broken and there is no one to give the child proper attention. Most of the children do have a definite psychological problem and they need attention the parents in the Home are unable to give them. Each Friday night a group of the girls go to the Home and sponsor group entertainment. The present plans are to continue this through the year and make this an annual part of the club tradition.

In December of 1949 Still College Hospital announced the birth of their first triplet. The members of the club soon learned the circumstances of the mother and father of the three baby girls did not enable them to provide the things the children needed. A "Triplet Drive" was started and before a month had ended the children were adequately taken care of for as long as to come. Through donations of the club and with the help of many of the business organizations of Des Moines, the children were presented with complete layettes, cribs, toys and a two years' supply of food and milk. At the present time the club also has an $85.00 trust fund for the children. The members of the club are now attending a seven weeks' course, prepared by the college and taught by the instructors. This course was requested by the members of the club and its purpose is acquainting the future osteopathic physicians with many of the social, business and semi-professional problems and which are so important in the successful practice of a doctor.

All of these things are extra activities. In addition the club has sponsored the tea for the new freshman wives and the club school dance. During the next two months the girls will sponsor the banquet for the graduating senior girls and wind up the year with the traditional picnic.

We are looking forward to an even busier and more eventful year beginning in September of 1950.

Dr. M. P. Moon
Reports On Public Health Conference

Dr. Moon, Chairman of the Department of Public Health and Bacteriology at D.M.S.C.O.S., and member of the organizing committee for establishment of a Middle States Public Health Conference, stated as follows: On May 3rd the Iowa Public Health Association held its annual meetings at the Hotel Savery in Des Moines. A few of the papers on subjects of public health importance in Iowa were:

1. The Rabies Control Program in Iowa.
2. The Pollution of Our Surface Waters.
3. The Public Health Outlook on Heart Disease.
4. The Importance of County Health Departments.
5. The Present Hospital Construction Program.

During the 1949 annual state convention a committee from the state association was appointed and given the responsibility of calling a Middle States Group together as a nucleus for establishing a Middle States Public Health Branch of the American Public Health Association. Commissioner was made with the Commissioners of Health, their staff, and with the officers of the respective State Public Health Associations (12 states). The proposal was favorably received and approved. The suggestions offered a policy program was formulated. This was submitted to the national organization and approved for an organizational meeting.

This meeting, the Middle States public health conference, was held immediately following the 1950 convention of the Iowa State Public Health Association. The guests included several State Commissioners of Health, Directors and members of the various divisions in the respective State Boards of Health, the Presidents of various State Public Health Associations, and Regional Medical Directors of the United States Public Health Service.

Space does not permit the inclusion of the program, but the panels of the various sections contained 5-6 members representing as many states. This permits very different viewpoints in topic discussions for the overall purpose of public health problems which are of particular importance to this district. Therefore more concrete information pertaining to public health problems in this district can be obtained than is possible in the meetings of the national organization.

Out of this plan it is hoped that the people in general will become better informed of public health problems and become more active in the support of progressive public health programs. Membership is available to the Auxiliary, Local and Regional Associations, the State Public Health Association, and the Middle States Public Health Association.

Ft. Worth Hospital
Opened In February

Mid-February was the date of the opening of the new $100,000 Osteopathic Hospital at Fort Worth, Texas, according to Dr. Phil R. Russell, member of the board supervising construction. The 25-bed hospital promises to be the most modern in Fort Worth, completely air-conditioned and containing the best equipment, Dr. Russell stated.

Turn in your news by the fifth of each month for publication!
On Friday, May 19th, Psi Sigma Alpha had an election of officers. Those elected were: Clinton Nutt, president; William Elston, vice-president; George Jackson, secretary-treasurer, and Allan Schmidt, reporter. Dr. H. A. Graney concluded the evening with a very interesting discussion of intestinal obstruction.

The Society wishes to extend congratulations to Ted Kane, Joseph Herman, James Morse, Harry Simmons, and Don Welch on becoming eligible for pledgehip in the organization as a result of being in the upper 20% of their class scholastically, during their first two years at Still College.

June 1, 1950, at Younkers Tea Room marked the date and location of the Senior Banquet. Those honored were Ted Cato, John Chapman, James Dockum, Sidney Gelman, Simon Indianer, Joseph LaManna, William Mullan, and Jack Woodrow. Paul Panakos capably performed as Toastmaster. Dr. Peters was the after-dinner speaker, with an informative and novel subject of the history of degrees, the significance of the colors on the caps, tassels and the felt bands on the gowns. Dr. Fagen, our advisor, wished the graduating seniors the best in their chosen professions.

The banquet was attended by 46 people; alumni present were Drs. Dolyak, Petersen, Fagen, Kimberly, Wicks, Golden, and Adams. John Chapman did an excellent job of arranging the event.

Square and Compass

The Square and Compass Club of Des Moines Still College of Osteopathy and Surgery held its monthly meeting on the evening of May 3rd at the school. Dr. F. J. McAllister was guest speaker and presented a technicolor sound film on the activities of River Oaks Manor and its treatment of alcoholism, then explained some of the results obtained by this method of treatment. Eighteen members were present and greatly enjoyed the lecture and movie.

Plans were discussed for the formation of degree teams from the club and concrete realization of this aim is on its way. The team is to visit various lodges and confer work when organization is perfected. Plans are also under way for the annual Square and Compass picnic to be held in September for members, their wives and families, and invited guests.

After the meeting coffee and donuts were served.

The Beta Chapter of Delta Omega held dinner May 26th at Younkers Tea Room in honor of the senior members. The members of the sorority who are graduating this year are Drs. Myrtle Miller, Trudy Carpenter, Josephine Di Marco, and Adeline McCormick. Other guests at the dinner included Dr. Mary Golden, Dr. Rachel Woods, Dr. Genevieve Stoddard, Mrs. Edwin F. Peters, Mrs. Paul Kimberly and Mrs. Byron Cash.

We are sorry to lose the senior girls, but are happy for them in the attainment of their degrees.

Atlantis Club

The last month has been an extremely busy time for the Atlantis Club. During this period the club conducted an election of officers and a successful banquet, held a highly successful dance, and elected new officers.

The Senior Banquet was held at the East Des Moines Club. In addition to the six graduating seniors and fifteen Atlas men the following alumni were present: Dr. Paul Park, Dr. Campbell, Dr. Robert Fagen, Dr. H. J. Keiman and Dr. E. R. Minnick. Dr. Campbell gave the feature address for the evening on the application of manipulative osteopathy. The following seniors were presented with their Atlantis keys: Robert Johnson, Paul Walter, Ted Cato, Wilbur Kielbaugh, Arthur Jacobson and William Robbins. In this group Atlas loses a very fine group of men as evidenced by the fact that four past presidents are included.

The Atlantis square dance was a new innovation and the crowd absolutely loved it. The first Senior Banquet, held a highly successful dance, and elected new officers.


Riverside Hospital

Honored

It always gives the college administration and the faculty a thrill to see former students making great progress in their community. Among the members of the graduating class of 1942, was C. W. (Bill) Ball, who went forth to seek his way in the osteopathic profession. Bill returned to his native state and home community, Blackwell, Oklahoma. Here he set up practice with his father.

Dr. C. D. Ball, also an alumnus of Des Moines Still College. Dr. Bill's desire in entering practice was to become a good general practitioner. In a matter of a few short months, he became conscious of an extreme need for an osteopathic surgeon in their community. With the blessing of his father, he migrated to Amarillo, Texas for surgical training with old family friend. In less than three years Bill had returned to Blackwell to practice his chosen profession and to add to his general work that of major surgery.

On November 19, 1945, The Riverside Osteopathic Hospital was opened under the management of Drs. Ball and Ball. The building which had previously been constructed as a hospital and was redecorated and established as an osteopathic unit in their city.

The Riverside Osteopathic Hospital in Blackwell, Oklahoma, recently celebrated its fourth birthday. This was accomplished by two days of open house for the general public and one doctor's day held November 21, 1949. The open house program was supplemented by a brochure and historical sketch of the hospital presented to each visitor. The local newspaper supported this anniversary celebration very well in that the Thursday, November 17 edition of the Blackwell Daily Journal-Telegram gave six full pages to congratulatory advertising and articles describing the facilities of the Riverside Osteopathic Hospital.

Entered as Second-Class Matter At Des Moines, Iowa.
VA Deadline For Training Announced

The Veterans Administration recently announced July 25, 1951, as the deadline for veterans to begin a course of training and education under the G. I. Bill. Any veteran who begins his course before the deadline date may continue until he has finished his studies.

The ruling provides that veterans must begin their course by the 1951 date or four years after their date of discharge, whichever is later. The course must be completed by July 25, 1956. Veterans who enlisted under the Selective Service and are not bound by the Armed Forces Voluntary Recruitment Act are not bound by either deadline.

New Pharmacist At Hospital

Mr. E. J. Ware, graduate pharmacist, has taken charge of the Still College Hospital Pharmacy, assuming his duties on June 12th. He is a graduate of Drake University College of Pharmacy.

Pharmacist Eugene M. Lewis is now at the post office at Des Moines, Iowa, under the act of August 14th, 1912.

Faculty Member Represents College

Dr. Francis C. Collen, of the Department of Physical Health, attended the July meeting of the Western Branch of the Canadian Public Health Association, which was held at Vancouver, B. C.

Important Notice

The LOG BOOK mailing list must include the ZONE NUMBERS, in its addresses. PLEASE USE ONLY ONE NUMBER IN ON CHANGE OF ADDRESS OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

Hobby of College Graduate Is Featured

The “big picture” hobby of Dr. R. William Westfall of Boone, Iowa, and a D.M.S.C.O.S. graduate of 1943, was recently featured in the Des Moines Tribune. The doctor specializes in huge photographic murals, some of which can be seen in the directors’ room of the First National Bank in Boone and as a backdrop in a Marshalltown, Iowa, tearoom. More of his pictures, especially enlargements of children, appear in the homes of friends and neighbors. Beauty is added to them by Mrs. Westfall, who is an artist and colors the enlargements with oils.

At present Dr. Westfall is working out the mathematical details necessary in producing one of his murals, a single scene made up by connecting eight-foot sections. And the newest angle of the hobby to attract the doctor is the production of transparent murals which are lighted from behind.

A Letter of Interest

Following is a letter to all professional representatives of the company concerned which is self-explanatory in context: “Recent publicity based on an erroneous interpretation of a communication between Smith, Kline & French Laboratories and the Pennsylvania Osteopathic Association has left an impression in regard to the osteopathic profession which we are anxious to correct.

In line with our policy—in effect for the past few years—of having you call on all osteopathic physicians who were interested in using our products, you will be interested to know that we are supporting your efforts in the late spring with direct mail advertising to this group.

Our past policy was based on a pre-war survey which showed that only 13% of all osteopathic physicians in the United States were practicing in States which permitted them to prescribe drugs. A recent postwar survey has now indicated a reversal of policy because 90% of the osteopathic physicians now reside in States in which they are permitted by law to prescribe drugs.”

Cardiovascular-Renal Syndrome Was the Topic

The 54th Annual National Convention of the American Osteopathic Association was held at the Hotel Stevens, Chicago, Illinois, from July 10-14, 1950. President Bishop J. Ralph Magee, president of the Council of Bishops of the Methodist Episcopal Church of the United States, gave the Invocation. The Presidential Address was by Dr. H. Dale Peck, president of the American Osteopathic Association.

On Tuesday, July 11th, Dr. Stuart F. Harkness, chairman of the Department of Osteopathic Medicine at D.M.S.C.O.S., served as chairman of Afternoon Session A which had as its topic the Cardiovascular-Renal Syndrome. Dr. Richard DeNise spoke on “The Osteopathic Internist’s Viewpoint of Present Day Management of Hypertensive Vascular Disease,” and Dr. Harold E. Dresser had as his subject “Urological Pathologies Associated with Hypertension.” These doctors ably represented the high quality of instruction at the College.

The annual “Andrew Taylor Still Address” is always of great interest to those attending the convention. This year it was given by Dr. Edward T. Abbott of Los Angeles, California.

Also of interest was the discussion pertaining to the medical aspects of atomic fission. A moving picture was supplied by the Naval Medical Research Institute.

The Alumni dinner and meeting for this College was held on July 12th. Dr. Jean F. LeRoque is president of the Alumni Association of D.M.S.C.O.S.

On Friday, July 14th, the installation of Officers was held and the address of the incoming president was given by Dr. Vincent P. Carroll, Laguna Beach, California.

Students were given a vacation during the time of the Convention and many took advantage of the opportunity to journey to Chicago during that period.

Movie Star’s Father To C. O. P. S. Post

Dr. Theodore T. Flynn, father of film star Errol Flynn, has recently joined the faculty of the College of Osteopathic Physicians and Surgeons, Los Angeles.

Dr. Flynn is an internationally known authority on zoology and embryology. He was awarded a Rockefeller Foundation fellowship in 1931, when he headed the biology department of the University of Tasmania.

Hospital Joins Blood Bank Association

Acceptance of Grandview hospital in Dayton, Ohio, as an institutional member of the American Association of Blood Banks is reported by Administrator Joseph Back.

According to the charter signed by Dr. T. H. Selden of Mayo Clinic, president of the association, the membership was granted “by virtue of conformance with requirements set forth by the American Association of Blood Banks and in recognition of support rendered the principles and purposes enumerated therein.”

The association was founded in 1947 in order to promote the exchange of ideas and materials among blood banks in the United States. Members of the association are pledged to set up uniform standards and to cooperate in time of disaster.

Most of the large blood banks in the country and outstanding leaders in blood research are members of the association. Grandview is the first osteopathic hospital in the nation to be accepted for institutional membership.

Charles T. Heusch is the Laboratory Chief.

State Ranking In Osteopathic Mention

The top five states in order for mention of osteopathic medicine are: California, Missouri, Pennsylvania, Texas and Iowa. Oklahoma, Michigan, Maine, Florida and New Jersey follow the top five.

Turn in your news by the fifth of each month for publication!
Mental Health Is Your Business

The Psychotherapeutic Armamentarium

Ralph I. McRae, B.A., D.O.
Chairman, Division of Psychiatry

THE LOG BOOK

The rapid gains in medical procedures afforded by the antibiotics run a parallel course with the gradual recognition of the therapeutic limitations and the use of psychotherapy in the treatment of psychoneuroses. The development of convulsive therapy in the modern period began in the early 1900's with Salkow's work on insulin, shock therapy improved greatly disturbed psychotics. This was followed by the use of convulsant medications including metrazol, triazol, amytal, chloral hydrate and more recently carbon dioxide inhalation.

It was not until 1938 that Cerletti and Bini began using electrical current to induce convulsions in psychotic patients. This modality had many psychological advantages and it is now used by trained personnel. This convulsive treatment, before achieving the full convulsive effect required for clinical improvement, due to untoward reactions.

In sharp contrast, due to these problems, electro-shock therapy under modern methods of treatment has no primary mortality rate, and in our experience no fractures or dislocations. The personnel administering the treatment consists of the physician, a nurse, and three assistants who can be quickly trained. The procedure is rapidly followed by a full response, which is quickly and painlessly induced. The entire procedure requires not longer than ten minutes and trained personnel supervision is required only for fifteen to twenty minutes.

Following this we routinely prescribe antidepressants. This treatment is the only must for antidepressants. The patient can resume normal activities without limitations. The problem is much more complex and other factors are involved. However, this correlation with adrenal function is one of little known, but is the possible explanation of the effects of electro-shock therapy.

A strictly physiological approach has been offered and disproven, but not proven or disproven, that the results are not due to the alteration of the electrical currents in the nervous system. We know more about neurophysiology than the nervous system. Until we know more about neurophysiology and the emotional and somewhat plausible guesses.

Clinical Value

The essential central effect of electro-shock therapy is to minimize emotional and psychological disorders.

Contraindications

Formerly there was a long list of contraindications for the use of electro-shock. Due to the improvement in technique and increase knowledge of the effects of the treatment, this list has been greatly reduced. At the present time the list includes known cardiac problems, acute respiratory difficulties, severe hypertension with a history of previous cerebral injury or other organic disease or any irreversible pathological conditions which would be expected.

The Patient's Reaction

In the great majority of well selected cases, no memory of the treatment. There is often a retrograde amnesia for a few minutes before the treatment or for entering the office. As treatment progresses near of memory increases in unpredictable areas. There is usually a turning point in each case where there is definite improvement. At this time the patient is ready to return home. If not, the patient will be hospitalized in a general hospital and given electro-shock treatment there. However, no patient can be admitted to a general hospital for electro-shock treatment who is too disturbed to be at home. Not only is the patient too disturbed, but he is too disturbed to be at home. The patient may be hospitalized in the treatment.

The amnesia clears up spontaneously following the completion of treatment. In younger patients, it is rapid, in older patients it is slower and may cause some confusion which requires special care for the patient in a private room.
There was a gratifying response to our request for comments and constructive criticism last month. All letters are being personally answered. Is there anything you would like to know about your school, doctor? Let us hear from you.

Also, to those who are preparing to enter with the Freshman Class of September 1951, if you have a problem which you think the LOG BOOK could help you with, please feel free to write to the editors.

It has been brought to our attention that some physicians feel they would contribute to their school, but on a more personal basis. If you wish, send a check in care of the LOG BOOK and we will see that it goes in the right channels. In addition, we will notify you of how your gift is used, or you may of course specify its purpose, and your name will be published. Yes, there are many demands on your time but helping your school will help you! Contributions from interested lay persons are always welcome.

Support Your School!

Scholarships to Aid Missionary Students

A small meeting, but one which may well prove to be of historic importance, was held at the college on Monday night, May 22nd, to consider the possibility of forming a Medical Missionary Association in Des Moines.

President Peters took the chair and the invitation was given by the Rev. Father Gaul of St. Ambrose Cathedral.

Representatives were present from many different churches including the Baptist, Lutheran, Presbyterian, Christian, and Congregational, as well as a representative from Drake University.

John Rolles presented the following proposals for discussion:

1. That six scholarships of $500 each be established for the use of students entering Still College for training in the medical missionary field.
2. That the meeting go on record as agreeing to plan and work toward the realization of the proposal discussed at this time.

The motion was seconded by a former missionary in Liberia, and the meeting adjourned at the time.

Dr. Robert B. Bachman moved that the meeting go on record as agreeing to plan and work toward the realization of the proposal discussed at this time.

Since this meeting was held a letter was received from a medical missionary in Des Moines, saying that he would like to come to this country for medical missionary training. The letter was read and carefully considered at the monthly meeting of the Medical Missionary Club, and the meeting voted unanimously to give the first missionary scholarship to this student.

A further important decision has been made by the Puget Sound Medical Missionary Association to enter the college under this scheme.

The Edinburgh (Scotland) Medical Mission which helps train students of many denominations and countries to serve in missions, would like to have medical missionary students. This would work with and through the missionary societies, relieving them of the heavy burden which is Albert Schweitzer says, "calls upon us as men, not as members of any particular nation or religious body."
Soon the Phi Sigma Gamma Fraternity will hold open house at the Chapter House, 3205 Grand Avenue. The purpose of this affair is to celebrate the completion of a redecorating program. A few of the more industrious fraternity members spent many arduous hours painting walls, sanding floors and scraping varnish.

The entrance way and study has been painted coral and white, and new lighting fixtures have been installed. The living room has been painted forest green, chartreuse, and chalk white. The floor has been sanded and new rugs have been added. Also new drapes and lamps have been purchased. Those of the fraternity who are under the direction of President Robert Harrison.

The fraternity will again this year to put their new and stepped-up plans for the coming school year into effect. The influx of new members will definitely make this organization the largest one present at the college.

Plans for the establishment of a Glee Club have been completed. Miss Betty Birch, laboratory medical technician at Still Hospital, who has attained her B.S. in music has been appointed Glee Club director by our president, James A. Martin. This will get underway the first weeks of school. All you singers get in touch with Ginny!

Congratulations to Phil Di Salvo and his bride, Mildred, on their recent marriage in New York City!

Plans for social activities for the year, plus the procuring of prominent speakers for our meeting nights will be made known.

Congratulations to Harvey Sivert who was married on June 11 to the former Eva Pomerantz of Des Moines. Also, congratulations to Sarah and Sidney Adler on the birth of their daughter, Risa Deborah on June 23 at Still College hospital. "Father and daughter are doing well!"

Those of the fraternity who are present this summer are planning a picnic at Lake Ahaquabi on Sunday, July 23.

Fraternity meetings are being held as usual during the summer months.

Help Your Profession Help You by Contributing Now to the Osteopathic Progress Fund.

The officers and members of the Osteopathic Students' organization are anxiously awaiting the beginning of the Fall term in September to put their new and stepped-up plans for the coming school year into effect. The influx of new members will definitely make this organization the largest one present at the college.

The annual meeting of the Corporate Board of the Des Moines Still College of Osteopathy and Surgery was held on Thursday evening, June 29, 1950, at the Des Moines Club. After a dinner arranged through the generosity of Mr. W. I. Sargent, chairman of the Finance Committee of the Board of Trustees of the College, chairman Gibson C. Holliday called the meeting to order. Twenty-five members of the Corporate Board answered roll call.

At this meeting the Corporate Board elected Dr. George Sutton, of Mount Pleasant, Iowa, to the Board of Trustees of the College, replacing Dr. Ralph Jack of Ogden, Iowa. Dr. Jack has served as the representative of the Iowa Association of Osteopathic Physicians and Surgeons for the past three years, and during this period of service has missed only two monthly Board meetings.

The Corporate Board selected the following five physicians who will be referred to the National Alumni Association for the representative to the Board: Dr. Byron L. Cash, the present representative of the National Alumni Association to the Board of Trustees. Dr. O. Edwin Owen, Dr. Della B. Caldwell, Dr. Edward F. Leininger, and Dr. Hazen L. Gulden.

Mr. Winfield W. Scott, executive vice-president of the Valley Bank and Trust Company of this city and a member of the Finance Committee of the College, gave a review of the Auditor's Annual Report for the past fiscal year. This report was followed by the President's Annual Report to the Corporate Board.

The Corporate Board recorded the following additions to the college plant and facilities to be used in whatever way is deemed feasible and we welcome the opportunity to demonstrate the progressive policy of this institution.

ELECTRO-SHOCK THERAPY

(Continued from page 2)

Conclusion

The use of electro-shock therapy has now become the convulsive modality of choice in most mental institutions, clinics and in private psychiatric practice. Refinement of technic has reduced the original hazards and greatly widened the scope of application and effectiveness.

In out-patient service it is free from the stigma of institutional care and offers an inexpensive rapid therapy for those who are not sufficiently disturbed to be institutionalized.

We shall continue in this series to discuss other modalities of the psychotherapeutic armamentarium.
Post Graduate Education Program

Fall Semester — 1950

Des Moines Still College of Osteopathy announces its Second Session of Postgraduate Education. The following program will be offered:

PHYSIOLOGY: 3 semester hours credit

Leonard Grumbach, A.B., M.A., Ph.D.
A review of basic physiological principles with special reference to pathological physiological states of the body.

Mondays, 7-10 P.M.
First Class, Mon., Sept. 11
Registration Fee — $75.00

GROSS ANATOMY: 3 semester hours credit

Carrie Gillaspy, A.B., M.S.
A systematic study including head, neck, thorax and upper extremity, emphasizing surgical and clinical aspects.

Wednesdays, 7-10 P.M.
First Class, Wed., Sept. 13
Registration Fee — $75.00

PSYCHOSOMATIC PROBLEMS: 3 semester hours credit

Ralph I. McRae, A.B., D.O.
A course designed to assist the general practitioner in an understanding, evaluation, and treatment of psychosomatic problems, with a review of basic dynamics and therapeutic procedures.

Fridays, 7-10 P.M.
First Class, Fri., Sept. 8
Registration Fee $75.00

Any or all courses may be taken for a total of 3, 6, or 9 semester hours credit.

A course will be offered only if the class membership numbers 8 or more.

Graduates of other college of Osteopathy are required to submit transcripts of credit to be eligible for registration and must be in good standing with their local and state association and the A.O.A.

Registration must be completed on or before the first class meeting. Application may be made through the Office of the Dean.

John B. Shumaker, Ph.D., Dean

Dr. Sutherland to Conduct Cranial Course; Atomic Medicine Offered Also

The space problem at D.M.S.C.O.S., which resulted in the discontinuance of the Cranial Refresher Course program in 1948, has been solved. Dr. William G. Sutherland and his associate faculty have been invited to return to Des Moines to present a two weeks introductory course in the cranial concept November 6th through November 18th.

Circumstances of which all people are acutely aware, have necessitated a raise in tuition to $300.00 for the two weeks work. The usual deposit of 50 per cent of this fee ($150.00) is required for matriculation in this course.

The improvement in teaching techniques through presentations at regional courses during the past two years indicates that this program will be the finest yet presented in this institution. The osteopathic physician interested in manipulative procedures, particularly in the application of the osteopathic concept to his practice, will find this course adhering rigidly to the teachings of Dr. Andrew Taylor Still. The current programs are designed in order to make possible the immediate use of this material in the private office. The tremendous asset which is derived from attending these courses cannot be adequately described in words.

If further details or application forms are needed, direct such requests to Dean John B. Shumaker, 722 E. 6th Ave., Des Moines 9, Iowa. The accompanying application form in this issue should be returned immediately.

ATOMIC PROGRAM

Des Moines Still College of Osteopathy and Surgery will offer a two (2) day, 16 hours of instruction, course in Atomic Medicine on Monday and Tuesday, Sept. 4 and 5. Registration fee is $10.00. Class enrollment limited to 70 doctors. Make your reservation with Dr. John B. Shumaker, Dean, prior to August 28th.

New Appointments

Mr. Lawrence F. Staples, M.S., University of New Hampshire, has been appointed an assistant in the Department of Physiology for the ensuing year. Mr. Staples at the present time is teaching at the University of New Hampshire and will assume his new responsibilities at D.M.S.C.O.S. on September 1.

Mr. Wendell R. Fuller, B.S. in Education, Drake University and graduate work at University of Iowa and University of Florida, will assume his duties as Registrar at the college on September 1. Mr. Fuller is a Captain in Air Force Reserves and since his separation from the Service in 1945 has been Training Officer for the Veterans Administration in the State of Iowa.

Mr. E. George Engelmann, formerly of the John S. Oden Firm of Certified Public Accountants, will join the administrative staff of the college on September 1 as Purchasing Agent and Director of Central Supplies. Mr. Engelmann is a life-long resident of Des Moines.

Registration Program

Tuesday, Sept. 5—Freshman Day program

Wednesday, Sept. 6—
9:00 A.M.—Freshman registration
1:30 P.M.—Junior registration
9-12 A.M.—Sophomore registration
9-12 A.M.—Freshman physical exams

Saturday, Sept. 9—
9:00 A.M.—Senior registration
9-12 A.M.—Freshman physical exams

To Speak in Canada

Dr. Paul E. Kimberly will speak at the Fourth International Convention of the Canadian Osteopathic Association, to be held at the General Brock Hotel, Niagara Falls, Ontario, on October 18, 20 and 21, 1950.

Curiosity is one of the permanent and certain characteristics of a vigorous intellect.
At the time of this writing it is apparent that the clouds of war are rapidly gathering upon the horizon of an international conflict. The two distinct ideologies of life are in a struggle, but in spite of the conflict it seems, it is imperative that education must not suffer but must forge ahead. The salvation of the world can only be found through education in all of its areas.

In the words of Dr. George F. Zook, President of the American Council on Education, on July 25, 1940, "it is wise for our country and universities today: never to have so many well-qualified young men knocked at the doors of this particular therapeutic science for admission; never to have the demands for osteopathic Physicians been so grand and never have the problems of interest rigid requirements and specifications, both from a state and national level, been greater than they are today.

The future of Des Moines Still College of Osteopathy and Surgery is brighter today, even in view of the many problems, than it has been any time since the writer became affiliated with the College. This College, Dr. Zook and his associates have continued to expand—expand not only in quality of work done in all fields, but also in the physical plant and increase its contribution to the health and welfare of this community, the state, and the nation.

Osteopathic Medicine, through the Colleges, must be ever cognizant of its responsibilities to society. To be satisfied with present recognition and achievement will not suffice. We must continue to expand our services.

Draft Classification

1-A—eligible
2-A — occupational deferment group
3-A—married men with dependents
4-A—veterans under 28 years of age

Congratulations

Our heartiest congratulations to Dr. and Mrs. Sol Leibel of Youngstown, Ohio, on the birth of their daughter, Sandra Mae, on June 8, 1950. Dr. Leibel is a graduate of 1947.

The Psychotherapeutic Armament: II Hypnosis

The use of hypnosis in psychotherapy is probably not as prevalent or as miraculous in its effects as is generally believed. It is the general belief that therapists practice around this modality and have outstanding results with it. At the same time, there are problems that therapists who use it, and in between are many who make use of hypnosis from time to time in selected cases.

What is Hypnosis?—Although we are a long way from knowing enough about the function of the central nervous system to demonstrate the problem technically, it is clear that hypnosis is a condition in which an inhibitory function of the central nervous system of the many vertebrates. The "putting to sleep" is accomplished by placing its head under its wing and whirling it around; the reaction is to its undulating rhythm; the behaviour of the mouse when being "played with" by a cat; all suggest the basic pattern of some phase of the hypnagogic process with disorientation, anesthesia or paralysis.

Hypnosis is mystical, metaphysical, or in any way, abnormal phenomenon in and of itself.

In man the phenomenon of trance (a state of conscious disorientation without serious physiological regression) has been recorded as a behavior characteristic since the dawn of history. The oriental world has long made use of the mechanism for religious purposes, and in the history of occidental men, are many examples of this state in relation to transcendental experiences.

As a psychopathological phenomenon, the trance phenomenon is an important issue in the European scene and was seen in many mystic and psychotic cases. The idea of producing a trance for any of many purposes has, of course, been common in folk lore and became a therapeutic tool in the last century. At the turn of the century a great conflict over the true nature of hypnosis occurred in a section devoted to those who designated the phenomenon as a product of psychological suggestion.

This rather self-limiting definition resulted in the whole field being pushed out of scientific therapy. To-day, the definition was, of course, greatly increased by the rise of the organ- istic medical philosophy and psychoanalysis. This has conspired to eclipse the rise of hypnosis as a therapeutic tool. The lack of understanding that hypnosis regained its true place in the psychotherapeutic armamentarium. This resulted

from the fact that hypnosis is peculiarly useful in the treatment of traumatic amnesia and other conversion hysterical symptoms. It is also an aid in the treatment of the casualties of war. Today, therefore, we find a host of books being written on this subject, and an increase in its use in various fields of healing, for several purposes.

Its Uses: In psychiatry hypnosis is used in many dynamical manners. First, there is the use of simple elimination of symptoms by direct suggestion under hypnosis. This is useful in treat- ing certain functional problems of children and in removing the variety of symptoms of conversion hysteria, such as hysterical blindness, deafness, aphonia, motor paralysis and amnesia.

Second, hypnosis may be used to recover information from unconscious levels of thought and for- getting experiences. Third, it may be used in many dynamically stimulating ways to reproduce symptoms, analyze dreams, produce conflict, and to produce many other active therapeutic effects. This is in conjunction with general analytic psychotherapy.

It is of practical interest to note that the ability of the nervous system to achieve a true hypnotic state declines in most people with age. It is also, like other biological character- istics, widely variable among individuals as to degree and quality. The great majority of young children are capable of reaching fairly deep levels of hypnosis.

As we go up the age scale there is a progressive decrease in the number of people who can be safely hypnotized. The more the patient can be taught, the more the hypnotist can do, since the hypnotist has the power to induce hypnosis and control the amount of hypnosis that is produced.

This basic problem that has prevented the widespread use of hypnosis and has discouraged the use of the method for any other general personality disorder is in conjunction with the assignment of the patient to permit his con- tinue to expand—expand not only in quality of work done in all fields, but also in the physical plant and increase its contribution to the health and welfare of this community, the state, and the nation.

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The use of hypnosis in psychotherapy is probably not as prevalent or as miraculous in its effects as is generally believed. It is the general belief that therapists practice around this modality and have outstanding results with it. At the same time, there are problems that therapists who use it, and in between are many who make use of hypnosis from time to time in selected cases.

What is Hypnosis?—Although we are a long way from knowing enough about the function of the central nervous system to demonstrate the problem technically, it is clear that hypnosis is a condition in which an inhibitory function of the central nervous system of the many vertebrates. The "putting to sleep" is accomplished by placing its head under its wing and whirling it around; the reaction is to its undulating rhythm; the behaviour of the mouse when being "played with" by a cat; all suggest the basic pattern of some phase of the hypnagogic process with disorientation, anesthesia or paralysis.

Hypnosis is mystical, metaphysical, or in any way, abnormal phenomenon in and of itself.

In man the phenomenon of trance (a state of conscious disorientation without serious physiological regression) has been recorded as a behavior characteristic since the dawn of history. The oriental world has long made use of the mechanism for religious purposes, and in the history of occidental men, are many examples of this state in relation to transcendental experiences.

As a psychopathological phenomenon, the trance phenomenon is an important issue in the European scene and was seen in many mystic and psychotic cases. The idea of producing a trance for any of many purposes has, of course, been common in folk lore and became a therapeutic tool in the last century. At the turn of the century a great conflict over the true nature of hypnosis occurred in a section devoted to those who designated the phenomenon as a product of psychological suggestion.

This rather self-limiting definition resulted in the whole field being pushed out of scientific therapy. To-day, the definition was, of course, greatly increased by the rise of the organ- istic medical philosophy and psychoanalysis. This has conspired to eclipse the rise of hypnosis as a therapeutic tool. The lack of understanding that hypnosis regained its true place in the psychotherapeutic armamentarium. This resulted
Support Your School!

Dean’s Letter

It is indeed a pleasure to present our Freshman class to our Alumni and countless friends of D.M.S.C.O.S.

While the class is considered to be complete at this time, the roster presented below is still subject to minor revision prior to registration day on Sept. 6, 1950.

These young men and women have been brought together from many walks of life to grasp the opportunity to realize their ambition—to serve humanity in the capacity of an Osteopathic Physician.

All members of the class have completed at least three years of pre-osteopathic training in an approved liberal arts college or university. Two members of the class have earned the degree Master of Science, and 59% of the class are college graduates.

FRESHMAN ROSTER FOR FALL 1950-51

Grebe, Kurt H. (B.S.)
Mackinaw City, Michigan

Green, Mrs. Jane W. (B.S.)
Columbus, Ohio

Gustafson, Robert W.
Des Moines, Iowa

Hackett, Win. D. (B.A.)
Plymouth, Nebraska

Herman, Miss Ruth
Miami, Iowa

Himeleberger, Corydon G. (A.B.)
Ann Arbor, Michigan

Hinz, Ralph E. (A.B., M.S.)
Detroit, Michigan

Hollabaugh, Russell E.
Ravenna, Ohio

Hufford, Ronald (B.S.)
Des Moines, Iowa

Hughes, Charles G.
Des Moines, Iowa

Inmanne, Alphonse J. (A.B.)
Staten Island, N.Y.

Jajeh, Shihadeh F. (B.S.)
Des Moines, Iowa

Jolliff, Carl R. (B.A.)
Iowa City, Iowa

Junkermann, Richard U.
Columbus, Ohio

Kalman, Richard L. (B.S.)
Detroit, Michigan

King, Frank W.
Des Moines, Iowa

Kronisch, David H. (A.B.)
Detroit, Michigan

Lemeshow, Seymour (A.B.)
Brooklyn, N.Y.

Lloyd, Jack D. (B.S.)
Hollywood, California

Maxwell, Joseph S. (B.A.)
Detroit, Michigan

Nadaud, John J.
Niles, Ohio

Nelson, Ernest
Nevada, Iowa

Northling, Robert E.
Silver Creek, N.Y.

Nuzent, Thomas E.
Detroit, Michigan

Nunley, John P.
Owensboro, Kentucky

Osaki, Henry I. (B.A.)
Kapas, Kauai, T. H.

Oshiro, George T. (B.S.)
Honolulu, Hawaii

Phillips, Irwin Z. (B.A.)
Des Moines, Iowa

Polacek, Harold N.
Fitch, Michigan

Polat, Thomas V.
Greenville, Penn.

Pomey, F. B., Jr. (B.A.)
Los Angeles, California

Pounds, F. Sims Jr. (B.S.)
Barnesboro, Penn.

Pudliner, John H. (B.S.)
Omaha, Nebraska

Robinson, William
Detroit, Michigan

Rothman, David (B.S.)
Pennsylvania

Rosen, Herbert (B.S.)
Brox, N. Y.

Roulston, George S.
Cheyenne, Wyoming

Smick, Robert J. (A.B.)
Decatur, Illinois

Snow, Milton E. (B.S., M.S.)
Des Moines, Iowa

Steinheffer, Henry W. (B.S.)
St. Marys, Ohio

Swartz, James L. (B.S.)
Sligo, Penn.

Tahan, James A. (B.S.)
Utica, New York

Tarlov, Herbert D. (B.A.)
Elizabeth, New Jersey

Taylor, John D.
Ames, Iowa

Treaster, Lowell L.
Des Moines, Iowa

Vawter, William E. (A.A.)
Santa Monica, California

Winiarski, Henry C. (A.B.)
Hartford, Conn.

Wiznak, Michael P. (B.S.)
Detroit, Michigan

Ze Brank, James D.
Detroit, Michigan

BEG PARDON—
In the last issue of The Log Book the name of Miss Ginny Nath was misspelled. Our apologies to Ginny.
On July 7 Iota Tau Sigma fraternity visited Dr. Howard Dolyak, 1949 graduate, who opened a practice in Stewart, Iowa. Dr. Dolyak gave many helpful suggestions on opening and maintaining a practice in a small town. Following a tour of his offices everyone enjoyed a wonderful chicken dinner prepared by Mrs. Dolyak.

Frequently a small town practice doesn’t sound attractive to an eager graduate doctor. The absence of associates and hospital facilities makes the graduate hesitate starting out alone. However Dr. Dolyak is enjoying a large practice, even by city standards, and he feels he made a wise choice.

Iota Tau Sigma wishes to extend congratulations to the incoming Freshmen on their acceptance at Still College.

Dr. Paul E. Kimberly was made the national president of Psi Sigma Alpha, the national Osteopathic honorary scholastic society, at the meeting of its Grand Council in Chicago on July 10, 1950. At the same meeting Dr. H. W. Wielka was assigned the editorship of The Skull, the annual publication covering the activities of the four chapters of the honorary organization. This marks the first year that two national offices of Psi Sigma Alpha have been held at the same time by members of the faculty of D.M.S.C.O.S.

Best wishes to our president, Ed Kornhauser, who married the former Lillian Sherman of Des Moines.

We hope that all enjoyed their vacations, and we are looking forward to our first business meeting in September.

Bone, Joint, and Nervous System Manifestations of Leukemia

Stuart F. Harkness, D.O., Chairman, Department of Osteopathic Medicine

Pain, limitation of motion and other symptoms which suggest arthritis or osteomyelitis may occur in acute or chronic leukemia. There may be, however, no symptoms referable to this system although Wintrobe, quoting Craver, cites sternal tenderness as a very important finding (75%) in myelocytic leukemia and less frequently in the lymphocytic form.

Chloroma is the name given to green tumors found in association with leukemia, usually the acute form. These tumors are particularly prone to invade the periosteum and ligamentous structures of the skull, paranasal sinuses, orbits, spine, ribs and sacrum. The consequent neurological involvement is much more striking than is the bony involvement itself.

Leukemic proliferation in the juxta-articular portions of bone may give rise to signs of arthritis. Forkner cites numerous examples of arthritis of the “acute recurrent type,” often responding to salicylate therapy, in leukemia particularly of the acute lymphatic type. Korkner, quoting Cooke, points out that rheumatoid pains in the extremities and joints are often prominent symptoms of acute leukemia in children and have not been sufficiently emphasized. It is important to differentiate leukemia with joint pain from Still’s disease in children and Felty’s Syndrome in adults. In the former, involvement of the joints with generalized lymph-node and splenic enlargement occurring in adults 45 years or over, the joint manifestations are accompanied by leucopenia and relative lymphocytosis.

Dehiscence and absorption of bone leading to pathological fractures or dislocation and osteomyelitis of the maxilla and mandible are not uncommon clinical manifestations of leukemia.

The clinical and pathological manifestations of leukemia are of many sorts and may be found in any part of the nervous system or its meninges. Systematic studies have shown that pathological changes in the nervous system are common and that clinical manifestations of neurologic disorders in leukemia are by no means rare.

In addition to the neurological manifestations, leukemic chloroma, already alluded to, there may be hemorrhage into the cerebral nervous system, diffuse perivascular infiltration and nodular tumor-like growths, involvement of cranial nerves, herpes zoster, subacute combined degeneration of the cord and peripheral neuritis. The clinical findings may be those of hemiplegia, paraplegia, convulsions, paralysis of cranial or spinal nerves, peripheral neuritis, etc. The pathological changes are due to hemorrhagic tendencies of the blood in leukemia, toxemia, direct invasion and destruction, and as pointed out by Forkner, vitamin B deficiency, since the high metabolic rate in leukemia increases the demand for this substance.

Summary

It has been pointed out that disturbances of the bones, joints and nervous system may be the earliest sign of leukemia and at least are indicative, when leukemia is known to exist, of progressive invasive pathology.

Bibliography


The Log Book

The Official Publication
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

722 Sixth Avenue
DES MOINES 9, IOWA
College Anticipates Convention Visitors

PSG Completes House Redecoration

Members of Phi Sigma Gamma fraternity have demonstrated that the way to achievement is by working together for a common purpose. The completely newly decorated "frat" house at 3205 Grand Avenue is indeed a testimonial to brotherhood at its best. Beginning last winter with the germ of an idea the eighty members of PSG saw complete fruition of their plans by late August.

The Fireside

It is best, perhaps, to begin the story at its inception last winter. At that time it was deemed desirable to formulate a program for refurbishing the house. Prior to this, however, a new oil burner and electric dishwasher had been installed leaving a treasury which would be much depleted by the expenses of such a program. This problem was resolved when members began giving blood at the Veteran's Hospital and turning the money over to the fraternity. This was done on a purely voluntary basis, the end result being a total of over eight hundred dollars for the house fund. This amount, coupled with a house improvement reserve, swelled the total to the amount needed for the program. President Bob Harrison then appointed committees ranging from "color schemes" to floor sanders. Actual work got under way in June with a high percentage of attendance by members and interesting discoveries of their hitherto unsuspected skills.

The large living room, library and entrance way were the first rooms to be tackled by the ambitious crews. The painters delighted in

(Turn To Last Page)

Symposiums to Be Conducted

By Members of the Faculty

The Twenty-third Annual Clinical Assembly of the American College of Osteopathic Surgeons and Participating Organizations will be held in Des Moines on Oct. 16th. The participating organizations include the American Society of Osteopathic Anesthesiologists, Radiology, American Osteopathic Hospital Association.

The formal opening of the Convention is the evening of Oct. 15th, in the ball room of the Savery Hotel, Convention headquarters. The Honorable William S. Beardsley, Governor of Iowa, will welcome the visitors, and Dr. J. Gordon Hatfield will respond. The annual Treneury Lecture, a memorial to Dr. Floyd J. Treneury, pioneer osteopathic radiologist, is to be given by Dr. Charles J. Karibo of Detroit immediately following the opening ceremonies.

The surgeon's program is under the chairmanship of Dr. Howard A. Graney. The surgical clinics will be given the mornings of Oct. 16, 17, and 18 at Des Moines College Hospital, Des Moines General Hospital, and Wilden Osteopathic Hospital. Also, on those same dates, symposiums on the basic sciences will be presented at the College. Faculty members taking part include Carrie Gillaspie, M.S., chairman of the Department of Anatomy, E. V. Emmann, Ph.D., Leonard Grumbach, Ph.D., chairman of the Department of Physiology, M. P. Moon, Ph.D., chairman of the Department of Public Health, F. C. Colleen, Ph.D., and A. L. Wicken, chairman of the Department of Pathology.

On Oct. 17th Dr. Grumbach will speak on "The Physiology of Pain" and on the 18th he will speak on "Conduction Block in Relation to Axonal Physiology. Professor Gillaspie has the "Central Nervous System-Anesthesiology Clinical Application," as her topic on Oct. 17th. One of the participants in the Oct. 16th discussion of "Administration in the Small Hospital" is Mr. Dave C. Clark, Still College Hospital administrator.

It is hoped that the convention visitors will take advantage of their stay in Des Moines by honoring the College with a visit.

Xmas Seal Plans Far Advanced

Plans for the sale of the 1950 Osteopathic Christmas seals are well along their way to completion. The 1950 stamp is being designed by Fred L. Packer, commercial artist of the New York Mirror. Mr. Packer has been cited by the Red Cross, the American Cancer Society, the Cerebral Palsy Foundation, and the United States Government for his drawings and poster designs.

Proceeds from the sale of the seals will be divided in a similar manner to last year, ninety percent going to osteopathic research and ten percent to the Student Loan Fund.

Faculty Members at Internists Meeting

The Tenth Annual Conference of the American College of Osteopathic Internists is to be held in Kansas City, Mo., Oct. 23rd to 26th. Dr. Stuart F. Harkness, chairman of the Department of Osteopathic Medicine at the College, is program chairman. Dr. Richard DeNise will speak on "The Management of Lower Nephron Nephrosis," and Dr. Ralph L. McEwan, head of the Division of Psychiatry has "Psychodynamics of Motor Dysfunction" as his topic.

Campus Visitors

Dr. E. W. Myers of Forks, Washington, class of '05, was a visitor at his Alma Mater on August 21st. Dr. H. J. Ballard of Clair, Michigan visited the school on Sept. 2nd. Dr. and Mrs. L. A. Lydic of Dayton, Ohio were visitors on August 26th. Dr. Lydic graduated with the class of 1923. All of our visiting physicians expressed their surprise and satisfaction with the tremendous advances made at the College over the years.
Mental Health Is Your Business

The Psychotherapeutic Armamentarium

III. NARCOSYNTHESIS

Ralph I. McRae, B.A., D.O.
Chairman, Mental Health Division of Psychiatry

During the second World War there was a widespread increase in the use of Sodium Pentothal and Sodium Amytal intravenously in the treatment of acute war neuroses. The use of rapidly acting intravenous central nervous sedation to facilitate psychotherapy has achieved rather popular acceptance and become clothed in somewhat bizarre connotations as "truth" methods and other terms when extended over into police, espionage and similar popularized publicity. Several therapists have developed this method to a rather fine and involved degree and the literature suggests that this use of the barbiturates in breaking through the patient's consciousness is a simple road into the unconsciousness.

It can be laid down as a general rule—that there is no single direct road into the unconscious. Devious indeed are the defense patterns of the barrier and in the neurotic these defenses are acutely alert.

There are, however, several important uses of intravenous barbiturates. Therefore, briefly:

1. To increase the susceptibility of the patient to suggestive therapy. This is particularly useful in treating recently acquired hysterical conversation symptoms.

2. As an adjunct to assist inducing hypnosis.

3. To assist in the differentiating between a neurotic and psychotic patient. This consists in inducing a mild lost contact dissociated state in which psychotic behavior often is elicited or develops spontaneously.

4. To assist a patient to break through an area of resistance to recall, or to reorient psychotherapy by several technical methods and in the acquired unconsciousness the therapist is permitted to proceed.

5. To quiet a patient who is acutely and transiently disturbed.

6. To reduce anxiety, depression, and the awareness of a patient prior to electro-shock therapy.

The great advantage, particularly of Sodium Pentothal, is the ease with which the level of narcosis and its rapid elimination as a sedative agent from the blood stream. This makes the achievement of dos levels of unconsciousness quickly and yet in a relatively short time be able to be remembered comfortably, with little residual effect.

Sodium Amytal is widely used in institutional therapy as its effects are somewhat more sustained, but it also is slower in being eliminated. The dosage is from 2 c.c. to 10 c.c. of 2.5% or 5% solution given slowly. The patient may be permitted to go down into a deep coma for varying periods of time and then be awakened while remaining conscious. The sedative medication may be combined with a stimulant medication to activate and express while the patient is released under sedation. This combined sedation-stimulant technique is, of course, not limited to the intravenous approach.

Several problems arise in narco-synthesis therapy which must be considered. First, the patient's attitude to the defense mechanisms control over his defense mechanisms and it is not unusual to have the threat of losing control of these defenses.

Second, the patient may be highly suggestible and will often produce highly artificial material in response to the implied suggestions of the therapist. This makes it important to eventually check all data obtained under narcosis against conscious and the patient's information of other times.

Third, the technique tends to rapidly precipitate a greater loss of control over his defenses, making the patient and places a crucial test upon the therapist of his counter-transference attitude to the patient. Fourth, many patients after getting used to the method tend to become dependent on it; and it is not unusual to have the patient's personality which tends to rapidly precipitate a crisis situation.

It has many valuable and valid points of application in conscientious use. It is, however, complicated by several limitations, dangers and complications which arise from the strictly human equation involved. Results are usually both unpredictable and often shaded by various phases of the patient's personality which must be carefully evaluated. It is therefore not a therapeutic tool to be used indiscriminately or experimentally in a spirit of over-confidence.

Dean's Letter

The College opens a new year with a total enrollment of 299 students. On the whole, perhaps the most important event of the year was the fact that the first year in the College in order to improve the operations of the college for student instruction. A few of the major changes which have been made on the second floor of the college are the revamping of the college offices, which includes a Board of Trustees and Conference room, new quarters for the Registrar and the enlarging of the auditorium which was moved to the fourth floor. The Biology laboratory has been doubled in size, a new Biology Research laboratory has been added, as well as additional office space for the department. The finishing touches to the new Biology building and the College Bookshop were also made during the summer months, and while normally the summer months are months of vacation the past summer has been one of much activity at D.M.S.C.O.S.

The faculty and student body are anxiously awaiting visits of many doctors who will come to Des Moines the middle of October to participate in the American College of Osteopathic Surgeons, and participating organizations will convene at D.M.S.C.O.S. on this busy convention all doctors and friends who have an opportunity will visit the College.

The Fall semester of the school year will see the second semester of postgraduate education offered to the practicing physicians who are in competition with the college. The following courses are being offered:

- Physiology 3 semester hours credit (2 semester hours credit); Gross Anatomy (3 semester hours credit).
- In November the College will present a Cranial Course under the direction of Dr. William Sutherland and his associates. The course this fall is an introductory course in the cranial concept. Space at the college last year made the offering of cranial courses impossible but with the additional space made possible by the new Clinic Building, we are happy to offer to College students a 4-week instruction to the members of the profession.

Throughout the year the college will offer a series of two-day symposiums on various disciplines and we feel that this program will mean much to the busy physician. All in all, D.M.S.C.O.S. has a busy year ahead.

Policy Change on Health Examinations

The Girls Scouts of America announced on September 7th that the newly licensed Doctor of Osteopathy would be accepted for physical examinations for membership and certain other activities. These changes are in the hopes of students to become Osteopathic physicians and to attend Still College.

Hospital Bed Cost

According to present reports, private hospitals spend $16,000 per bed to build their institutions while federal hospitals cost from $20,000 to $31,000 per bed.
The Log Book

College Statistical Report

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Turn in your news by the 5th of each month for publication!

Iowa Society Sponsors Booth at Fairs

The Iowa Society of Osteopathic Physicians and Surgeons, through its department of public relations, recently had constructed a portable booth for use at fairs and expositions. The booth was first used at the Green County fair and was then taken to the Iowa State Fair.

The hit of the display was an electronic sphygmograph by means of which visitors at the booth are enabled to hear their own hearts beat. No diagnosis is made and no comment is given on the heart sounds.

Dr. Cash Elected

Dr. Byron L. Cash, class of '17, was elected as the representative of the Alumni Association to the Board of Trustees of the National Alumni Association on the College Board of Trustees.

Diagnostic Clinic

Still College Osteopathic Hospital

Department of:

- Anesthesiology
- Cardio-Respiratory
- Dermatology and Syphilology
- Ear, Eyes, Nose and Throat
- Gastro-Enterology
- Internal Medicine
- Laboratory Diagnosis
- Obstetrics and Gynecology
- Orthopedics
- Pathology
- Pediatrics
- Podiatry
- Proctology
- Psychiatry
- Structural Diagnosis
- Surgery
- Urology
- X-Ray

Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:

DR. F. J. McALLISTER, Chief-of-Staff

or

MR. DAVE C. CLARK, Hospital Administrator

Still College Osteopathic Hospital

725 Sixth Avenue

Des Moines, Iowa
FRATERNITY NOTES

The Phi Sigma Gamma fraternity looks forward with a great deal of anticipation to this coming fall semester. At the regular business meeting held August 8, 1950, the election of officers was held and the new officers for this next semester are: Thomas Reed, President; Harry Brom, Vice President; E. Lee Gomoll, re-elected Secretary; James Haffenden, re-elected Treasurer; and Executive Administrator; and Earl Gay, Sergeant-at-Arms.

The chapter house at 3205 Grand Avenue is now in excellent condition and very attractive due to the efforts of the fraternity members during the summer months. A complete remodeling program has been completed, as mentioned elsewhere in this issue.

ATLAS CLUB

The new school year started off with a bang, with a Stag Party for the new freshmen just following registration. Thanks go to Dud Chapman, Zane Petty and Marshall Lowry for making the Frosh send-off a huge success.

The National Convention in Chicago was well represented this year with the presence of Jerry Fellman, Jim Lott, Bob Deford, Ed Felmlee and Don Welch. The boys attended the Executive Council Breakfast and meeting, and took an active part in one or two of the affairs of the Grand Chapter. Following this, they attended the Atlas Alumni Banquet, where the Annual reports were given and the plans for the new Chapter House were presented. The Model of the House was also presented in the exhibition hall to the many Doctors in the field where it was very well accepted and money-raising plans got off to a good start. Incidentally, to you Doctors who were cornered by our House Promoter, Ed Felmlee, he is still talking and hasn't run down yet.

An initial meeting with the Alumni House Committee was held during August, and at present plans are almost completed to organize the Alumni of the Des Moines area for backing our building plans.

A letter will be coming during the month of September which will bring all of the Alumni up to date concerning the building plans.

The Club’s Annual summer picnic was held during July and congratulations go to Russ Böysel, Andy Martin, Ralph Braught and Gene Herzog for making possible to the members, wives and kids, a most enjoyable day. We were honored by the presence of Dr. Carl Nagy, his wife and her sister at the picnic also.

Dr. Carroll to Be Des Moines Visitor

Dr. Vincent P. Carroll, president of the American Osteopathic Association, will attend the convention of the American College of Osteopathic Surgeons in Des Moines, October 15th to the 19th.

WANTED

Our College library will appreciate files of old Osteopathic or Medical periodicals (except the Journal of the American Osteopathic Association) or books. Now is a good time to clear your attic and help a good cause.

PSG Redecoration

their living room ceiling of chartreuse, their walls of chalk-white and forest green and their library and entrance way in vivid corn. The brick fireplace became white and the dining room walls above the wood paneling were made chartreuse. New fluorescent fixtures were installed in the dining room and library, and modern goose-necked wall lamps gave the living room that “1960 home look” that our native electricians had in mind. The floors were completely sanded and refinished with a clear varnish, and the dining-room floor was covered with asphalt tile which was carried into the kitchen hallway. We were then ready for the furniture. Dark green shag rugs supplied our floor covering and all new plastic leather sectionals, sofas and chairs made for the “easy living” look. The sectionals are chartreuse, the sofas a dark green and the chairs are white, coral, and rust. Modern table lamps were placed at strategic spots around the room. The patterned drapes in bright colors were made and hung by two of the members wives. Dining room chairs and tables were completely renovated to tie in with the new color scheme. Finally, potted plants and painted tile ash trays were added to give that finished look.

All of the foregoing might seem to be sufficient to appease the zealous workers, but they went on to create two new rooms on the third floor, paint the white trim on the front of the house and enlarge and redecorate the recreation area in the basement, including an asphalt tile floor.

There are now thirty students living in the house, one-half of them new freshmen. As in the past, we will follow our policy of making the house available to all school groups for any of their activities, and we are happy that we are now able to offer increased service to the school because of our improved facilities. The students wives club will continue to meet at the house, and they will be glad to know we have purchased fifty steel folding chairs for occasions such as theirs.

By reason of the success of our ambitious venture, other improvements are in the idea stage but will not be elaborated on here. It would be impossible to mention the names of all the persons who made our ideas materialize, but I am sure they feel justly rewarded for their work.

PAUL W. PANAKOS, Reporter.

ATTENTION

The Division of Psychiatry Has Established the Following Services for Your Use

1. Psychiatric Diagnostic Service on an Out-Patient or Hospital In-Patient Basis.

2. Counseling and Psychotherapy for Patients, including:
   - Adolescent Problems
   - Psychoneurotic Cases
   - Marital Problems
   - Ambulant Psychotic Cases

3. Electroshock Therapy

All private consultations and treatments by arranged appointment. Fees available on request.

Entered as Second-Class Matter
At Des Moines, Iowa.
Nineteen Seniors Receive Diplomas

"Atlas Plans To Build"

Members and Alumni of the Atlas Club are at last beginning to feel the joys of enthusiasm at the prospects of finally owning their own fraternity house. Although the actual possession of a home is still quite a distant thing, plans for obtaining one have progressed so rapidly and encouragingly that the one-time embryo of a dream may soon precipitate to reality.

All started with what at first sounded like a preposterous idea proposed by one of the enthusiastic actives. "Why not build a house ourselves?" The thought of a handful of inexperienced, studious young men attempting to erect a frat house was at first quite humorous. After taking stock of themselves and carefully computing all the possibilities of such a move, the actives said, "Why not?" Among its fifty-five enthusiastic members, the Atlas Club has at least two master-carpenters, three electricians, four or five ex-draftsmen, several men who have built their own homes, and many, many men who not only are willing to donate a good many hours of their free time but know which end of a saw, hammer and paintbrush, etc., is the end that does the business.

With the birth of the original idea, a committee was formed to investigate all of the possibilities, and gradually a scale model of the proposed home took shape. With the model in hand and the encouraging word of the active members, five men went to the National Convention in Chicago to see how the members in the field liked their plan. There were met with many questions and much enthusiasm; and on their return it was definitely decided upon to start the wheels in motion.

The finances and the last say in the purchasing and legal end of the plan will be directly controlled by the Alumni House Committee, composed for the most part of alumni from the Des Moines area. Dr. Howard A. Graaney, Dr. Bruce T. Farmer, Dr. Paul L. Park, and Dr. Frederic J. McAllister are the members of the Committee now acting on the business at hand, but in the near future additional members may take part from the states of Michigan and Ohio.

As everyone knows, the most expensive part of building a house is the actual labor involved. To be more exact, for every dollar of material there is between two and five dollars for labor. With everything but the plumbing labor being furnished by the Club members, the necessary cost of construction of this kind is cut two-thirds.

In order to finance a large scale building project like this, the Club has decided against asking for donations from its Alumni, and also against purchasing a loan of a commercial nature. Instead, loans are to be obtained from the Alumni directly, and to be paid back at a pre-arranged rate of interest. To insure all investors against loss, (1) funds, handling, purchasing, etc., will all be handled by the Alumni House Committee, (2) all materials will be on hand and all contracts "let" before any actual construction will begin, (3) if the contracts cannot be met, or if materials cannot be purchased, or in any way the building plans cannot be carried out, all money will be returned to the original investors.

Much has been done, much is being done, and much more will be done, all of which will be publicized in forthcoming Log issues. Any additional information concerning the Atlas House Building Project may be obtained upon request, from the Alumni House Committee or from the Chapter itself.

Dr. Juni To Speak

Dr. Raymond B. Juni will speak on "Laryngeal Disease and Its Relation to the Nose and Sinuses" during the 1950 meeting of the Osteopathic College of Ophthalmology and Otalaryngology. Nov. 1 to 3 at Los Angeles, Calif.

1951 Convention

Plans Take Shape

Plans for the 1951 convention of the American Osteopathic Association are well advanced even at this early date. It is to be held in Milwaukee, Wisconsin, next July 16 to 20.

Honored At College Convocation

On October 7th Des Moines, Oct. 7, 1950—

At a college convocation this morning nineteen seniors received their signed diplomas as Doctors of Osteopathy. Although they had participated in graduation exercises held on June 9th, being members of the Senior B class at that time, their complete requirements for the degree were met this month. Dean John B. Shumaker presented the diplomas and Dr. Byron E. Laycock, Chairman of the Department of Principles and Practice of Osteopathy and Director of Clinics, awarded the special certificates.

The graduating seniors were:

- Joseph B. Baker
- James F Conley
- Howard T. Craun
- William F. Baker
- Joseph A. Daley
- Josephine J. Di Marea
- Ray C. Caughey
- Murray Goldstein
- Marvin T. Gordon
- H. Dean Hail
- William S. Hughes
- Adeline L. McCormick
- Clinton D. Nutt
- Edward H. Smith
- William C. Person
- Nicholas C. Seoic
- Edward H. Smith
- Thomas M. Willoughby
- Clinton D. Nutt

With Distinction. Special certificates for service in various departments were awarded as follows:

- Nicholas C. Seccia, Surgery (X-ray)
- Howard T. Craun, Osteopathic Medicine (Pediatrics)
- Thomas M. Willoughby, Anesthesiology
- Joseph B. Baker, Principles and Practice (Cranial)
- James F. Conley, Principles and Practice (Cranial)
- Murray Goldstein, Principles and Practice (Cranial)
- B. Doane Hakes, Principles and Practice (Cranial)
- William C. Person, Principles and Practice (Cranial)
- Edward L. Smith, Principles and Practice (Cranial)
- Thomas M. Willoughby, Principles and Practice (Cranial)
- Joseph B. Baker, Clinics
- James F. Conley, Clinics
- Murray Goldstein, Clinics
- Thomas M. Willoughby, Clinics
- B. Doane Hakes, Clinics
- Clinton D. Nutt, Clinics
- Adeline L. McCormick, Clinics
- Edward L. Smith, Clinics
- Thomas M. Willoughby, Obstetrics and Gynecology
- Murray Goldstein received the President's Senior Scholastic Award. The Sophomore award was presented to William L. Chu, and the Freshman award went to Albert R. Olson.

M. D. Columnist

Supports Osteopathy

In a syndicated health column distributed throughout the United States on September 9, 1950, William Brady, M.D., stated that he believed all D.O.'s who are legally licensed to practice should be accepted to membership in all medical organizations. He pointed out that osteopathic graduates took the same type of state board examinations in the same subjects to get a license to practice as did other graduates of other schools of medicine.

In conclusion Dr. Brady said, "...we are still pretty narrow and quaint in our attitude with respect to osteopathy. We are sorely in need of modernization."

Pictures Wanted

The Des Moines Still College Alumnae Association desires to complete the roster of class pictures and the following ones are missing:

- 1900 1909 1922 1939
- 1901 1910 1923 1940
- 1902 1911 1924 1941
- 1903 1912 1925 1942
- 1904 1913 1927 1943
- 1905 1914 1929 1944
- 1906 1915 1932 1949
- 1907 1916 1934 1950
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- 1932 1941 1959 1975
- 1933 1942 1960 1976
- 1934 1943 1961 1977
- 1935 1944 1962 1978
- 1936 1945 1963 1979
- 1937 1946 1964 1980
- 1939 1948 1966 1982
- 1940 1949 1967 1983
- 1941 1950 1968 1984

If you have a picture of one of these classes and would donate it to the school, the Alumnae Association will see that it is framed and hung. Send to the school, 722 Sixth Avenue or to Dr. Jean F. LeRogue, 3305 S. W. 9th Street, Des Moines, Iowa.

Note On England

The London College of Osteopathic Practitioners for Medicine, only applicants with an M.D. degree. The college is under the management of the British Osteopathic Association.
THE LOG BOOK

The President Chats
Des Moines Still College of Osteopathy and Surgery
was again included in the memorandum.

The following students comprise the first class which will spend four and one-half months at the hospital and then return to the college for their last semester: Sidney Adler, William Elson, Gordon Howland, John Hutchins, Edgar Rennoe, Edward Reuter, Chester Skrocki, William Stowell, and Harry Wurst.

Mr. William S. Konold, Administrator of the hospital, has been appointed Dean of the school on a permanent basis.

Dr. Frank R. Spencer, Chairman of the Training program and Dr. James O. Watson, Director of Education for the externs.

Doctors Hospital is providing twenty faculty members for the externs, and nine affiliate staff members who will have a significant part to play in the training program of the externs. The hospital, formulated for the externs at Doctors Hospital, is most thorough and complete and should be of direct and significant benefit to the college.

The College is extremely proud of the affiliation with Doctors Hospital. This affiliation demonstrates the continued growth of D.M.S.C.O.S.

New Officers
For Ohio Alumni

The new officers for D. M. S. Alumni Association under the State Alumni elected last May during the Ohio State Osteopathic Association convention are: Dr. Charles L. Naylor, President; Dr. R. T. Van Ness, Vice President; Dr. Mary E. Williams, Secretary.

Ohio is one of the fine states of the Osteopathic Profession, and the college knows that the Alumni in the operation under the capable leadership of the above officers will accomplish much during the ensuing year.

Premature Infant
Is Doing Fine

Sheryl Bronson, baby daughter of Mrs. Evelyn Bronson, was born two months premature at Still Hospital. She weighed one pound, fourteen ounces at birth and spent her first seven weeks in an incubator. She now weighs over seven pounds and is on a normal diet.

Mental Health Is Your Business

The Psychoneurotic Armament
IV. PSYCHOMETRIC TESTING

Ralph L. McRae, B.A., D.O.
Chairman, Division of Psychiatry

The field of psychology has for many years been a rich and varied territory in school psychology and clinical psychology. These have been direct, specific tests of individual functions such as aptitude tests and occupational ability tests, which have been structured to test a specific ability, usually under rigid rules and conditions. Such tests are analytical in function and only partial in their area of evaluation.

As dynamic psychiatry has developed, and synthesized to assist and institutional psychologists have evolved tests which were broader in scope and design to evaluate the various components of the personality as an integrated totality. Such tests were designed to discover the structural regulations and to the extent that such restrictions are eliminated, to evaluate the various components of the personality over a distribution of structure.

The Rorschach Test

The Rorschach test is a ten-card test which depicts ten symmetrical ink blots, known as the Rorschach Blots. It is used primarily as an interview or a projective technique which is designed to assist the examiner in discovering the personality of the subject. The test is told to study each card in turn and tell us what he "sees." As the imagination of the subject begins to project his personality onto the ink blot, the subject begins to select parts of the blot as being part of something in reality. What he selects, the emotional values inherent in his selection, and the pattern of his response to the entire ten cards, clearly reveals the functions of his personality in an almost pure form. Through internationally standardized scoring regulations, the responses the subject does make are coded, analyzed, and compared to normal standards.

The Szondi Test

This test consists of a box of five hundred and fifty cards on each of which is printed a question or statement which the psychiatrist can learn to administer and score in a short time. It is a battery of tests designed to measure adult intelligence but useful in testing school age children as well.

It consists of five performance tests, and six verbal tests which cover a wide range of mental activity. From it may be derived a relative intelligence quotient (I.Q.) and an efficiency quotient (E.Q.). It is also useful in measuring the degree of organic deterioration when it is a factor in disturbing intelligence. It is essential in administering this, as it is in giving the standard instructions closely so the results will be accurate. It should be administered by the administrator or his personnel any more than necessary.

These are some of the most important of the laboratory technics for the study of the psycho-neurotic armamentarium. There are available, a wide variety of special tests designed for special problems, easily comparable to the volume of laboratory procedures in the biochemical clinical laboratory. So richly copious is this field, it is becoming necessary to delegate to the psychometric specialists the task of mastering this field. Many cities have available commercial psychological laboratories which are used by the medical profession, and the professions, just as a commercial clinical laboratory is utilized. If it is not available, the psychological departments of colleges may have an outlying clinic providing such services.

The tests described are among those used in clinical psychotherapy. They are used as a unit of battery or on a flexible selective basis for different patients. They constitute an important and useful component of our armamentarium.

Osteopathic Rating

Osteopathy has been designated by the Department of Labor in a memorandum to the Department of Defense as a critical occupation. Later the Department of Defense issued a memorandum and statement of policy calling for special duty for members of civil components of the armed forces possessing critical occupational skills. Among these, together with those of its practitioners and students, was again included in the memorandum.
The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Editor
RICHARD M. DE BARD
Associate Editor
PHILIP A. DI SALVO

Support Your School!

Osteopathy In The Missionary Field

At the summer convocation, proposals were brought forward by John Rolles for the establishment of a Medical Missionary Association. (The proposals appeared in the June issue of the Log Book.)

The proposals were accepted unanimously by the student body.

Dr. Peters gave a very encouraging report on the negotiation between the A.O.A. and the Methodist Board of Foreign Missions.

One of the proposals accepted was that "A student committee be appointed, have a representative from each denomination or religious body, to keep the various churches and societies fully informed of the intentions and progress of this medical association."

It is desired that each of the four classes organize a representative for the purpose of organizing this committee.

The date of this meeting will be announced by the next issue of the Log.

Christmas Seals Will Be Out Soon

The annual Osteopathic Christmas Seal campaign will get away to an early start this year. The design has been approved and is now in the hands of the engraver. Printing will be completed the latter part of October and distribution of the seals will commence about November first.

All are urged to support the campaign as generously as possible and to bend every effort to interest lay friends in extending the sale of seals. As was the case last year, proceeds of the 1950 sale of stamps will go largely to further osteopathic research.

Iowa Broadcast

Radio Station KCIM, Carroll, La., is now broadcasting osteopathic radio programs each week. The programs are supplied on electrical transcriptions by the Iowa Society of Osteopathic Physicians and Surgeons and are recorded from scripts prepared by the Division of Public and Professional Relations of the A.O.A. The program is heard each Sunday morning at 8:15.

Mr. Frank Miles, newly elected president of the Association of Osteopathic Publications, has an interesting article in the current issue of the A.O.P. Bulletin. The Log Book takes pleasure in reprinting this article by such an ardent booster of osteopathic medicine.

Because osteopathy is the greatest of the professions dedicated to alleviating human suffering, we who write of it and its practitioners have a marvelous field for our talents.

To have the privilege and honor of preparing material for a magazine, newspaper or a bulletin which presents facts and features on osteopathy is truly a rich blessing. Indeed, it is a sacred responsibility.

Most of our publications are excellent, but there are none which could not be improved, since no human mind is infallible. A consecrated editor will, therefore, never think that anything he or she does, irrespective of how good it might be, is perfect.

The Association of Osteopathic Publications is young. It has progressed creditably, but what it has accomplished to date is virtually nothing compared to what it could and should do. What the Association does, the strength it can lend to osteopathy nationally and on a state level, depends almost entirely on what the members produce in the way of reader interest. The better we, as editors can make our publications, the more pride the profession will be generated in the doctors who receive our messages. The more we can help the doctors in their earnest efforts to improve themselves, the better we shall serve our God and country and humanity.

An editor of a publication should seek to keep in constant touch with everyone from whom he might obtain news for the pages of the publication. He should welcome suggestions and criticism. An editor or anyone else who closes his mind to advice isn’t fit for his job. Of course, some ideas from others may hurt and some may be valueless, but one can profit in some ways from virtually everything one reads or hears.

Editors in the Association of Osteopathic Publications fall into two distinct groups so far as training and background are concerned. In one class are laymen who are journalists by profession; in the other are osteopathic physicians who are doctors by profession.

Normally, a journalist knows no more about osteopathy than an osteopathic physician knows about publication and vice versa. But in the turn of things, we find journalists seeking to write intelligently of osteopathy and osteopathic physicians to write of their profession like journalists.

An editor in either group has a tremendous job to do. It is hard for a journalist to write of osteopathy with true osteoesthetic flavor. It is equally hard for an osteopathic physician to write of his profession journalistically.

However, journalists and osteopathic physicians are basically earnestly interested in producing the best possible publication which reflects journalistic excellence and the true osteopathic approach to subjects, he will have gone far.

The first meeting of the O.W.C.C. was held on September 19, as a social affair. Dr. Peters, as guest of honor, welcomed the freshman wives with a heart-warming speech that inspired everyone present. We also enjoyed the presence of Mesdames Meyer, Bachman, and Nagy. We appreciate the interest and cooperation our club receives from the doctors’ wives individually and from the auxiliary as a unit.

The second meeting was held on October 3rd with the regular business procedure in order. To facilitate acquaintance with new and old members, a number system was devised whereby girls with matching numbers sat together during refreshment time. Having our annual club picture taken by Feller Studio representatives was the highlight of the evening.

Officers of the present semester are:
President—Christine Harrington
Vice Pres.—Iva Dobson
Secretary—Angela Latini
Treasurer—Pat Foster
Historian—Helen Larson
Reporter—Madeline Blackwell
Corresponding Secretary—Marie Tessa
Sunshine Committee—Eve Feldman

Important Notice

The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE use YOUR ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

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DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology Laboratory Diagnosis
Cardio-Respiratory Psychiatry
Dermatology and Syphilology Structural Diagnosis
Ear, Eyes, Nose and Throat Surgery
Gastro-Enterology Urology
Internal Medicine X-Ray

Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call—

DR. F. J. McALLISTER, Chief-of-Staff
or
MR. DAVE C. CLARK, Hospital Administrator

STILL COLLEGE OSTEOPATHIC HOSPITAL
725 Sixth Avenue
Des Moines, Iowa

O.W.C.C.
On Sunday, September 24, 1950 at the Phi Sigma Gamma Chapter House, 12 more pledges were made active as freshmen.

**ATLAS CLUB**

Another gala square dance was held Sept. 28th by the Atlas Club for the entertainment of the whole school, hospital and faculty. The promotion of the entire fraternity has plans for other such educational nights during the coming year. It is expected to hold the dates and speaker.

**Dean’s Letter**

The first meeting for the coming year is to be held on October 12th. A large turnout is expected for many of the freshmen will be out to swell the membership. Election of officers will be conducted at this time and a speaker is planned.

**IOTA TAU SIGMA**

Iota Tau Sigma held a meeting at the YMCA in September. Many freshmen and their wives attended to hear a talk by Dr. Byron Laycock, Director of Clinics at the College. A movie, "Men of Medicine" was shown and later in the evening refreshments were served.

On October 4th a meeting was held at Dr. Sloan’s offices, and nine sophomores were initiated. The following men have taken the first degree of the initiation:

- Paul H. Ribbentrop
- High F. Baker
- Richard B. Ballinger
- Regis A. Benton
- Wm. R. Gonda
- Thomas J. Moylan
- Wm. J. Nichols
- Leonard C. Nyström
- Aldo Pignari

**Log Jookat**

The Official Publication

DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY.

722 Sixth Avenue

DES MOINES 9, IOWA

Entered as Second-Class Matter

At Des Moines, Iowa.
Memorial Scholarship Fund Is Announced

Des Moines Still College of Osteopathy and Surgery

Offers A Symposium on
Disorder of the Musculo-Skeletal System
November 24-25, 1950

Friday, November 24
9:00-10:00 A.M. Structure and Function of Connective Tissue—E. V. Enzmann, Ph.D.
10:00-11:00 Pituitary-Adrenal Relationships—Leonard Grumbach, Ph.D.
11:00-12:00 Uses and Misuses of ACTH—John Glynn, M.D., Technical Director of Laboratories, Armour & Co.
1:00-2:00 P.M. Questions and Answers—John Glynn, M.D.
2:00-2:30 Metabolism of Calcium and Phosphate in Bone—R. P. DeNise, D.O.
2:30-3:00 Metabolic Disorders of Bone—S. F. Harkness, D.O.
3:30-4:00 Physiology of Joint Motion—Leonard Grumbach, Ph.D.
4:00-5:00 The Osteopathic Concept in Certain Arthritides—P. E. Kimberly, D.O.
7:30-8:00 P.M. Diseases and Disorders of Muscle Function—Carl Nagy, D.O.
8:30-9:30 Classification of Rheumatic Diseases—H. J. Ketman, D.O.

Saturday, November 25
8:00-9:00 A.M. Rheumatic Fever—S. F. Harkness, D.O.
9:00-10:00 Rheumatoid Arthritis—R. P. DeNise, D.O.
10:00-10:30 Degenerative Diseases of Joints—B. E. Laycock, D.O.
10:30-11:30 Non-Articular Rheumatism—H. Wicks, D.O.
11:30-12:00 X-ray Therapy in the Rheumatic Diseases—H. J. Ketman, D.O.
1:00-2:00 P.M. The Collagen Diseases—A. L. Wickens, D.O.
2:00-3:00 Gout—Carl Nagy, D.O.
3:00-4:00 Arthritis of Known Microbial Origin; the Prevention and Treatment of Deformities in the Arthritis—R. O. Fagen, D.O.
4:00-5:00 Summary and Discussion

Registration Fee—$3.00

Dr. H. H. Kesten Establishes Fund
In Memory of His Brother

The following letter was recently received at the College from Dr. H. H. Kesten, graduate of ’33, which is self-explanatory:

“Dear Dr. Peters: Relative to our conversation during the College of Surgeons Convention, and in conformity with your suggestion, I offer the following program:

The Scholarship Fund to be named

“Doctor Louis Kesten Memorial Fund”

This scholarship fund is to consist of one hundred dollars per year and conferred upon a student of the Junior class at the end of his Junior year. The sum of one hundred dollars given to him is to be based 75% on Scholarship and 25% on Leadership and his interest in his chosen profession.

The specifications I wish adhered to shall be that the prize be conferred upon the person who with the greatest dedication to the osteopathic profession, this color, or creed; that the recipient also shall be known as not being a member of any subversive organizations, and further, that his reputation be of such nature that he be known as a person practicing tolerance.

The judges shall consist of a committee of four, that is, a member of the Phi Sigma Gamma Fraternity, the Psi Sigma Alpha Society, and the President and Dean of the College, respectively.

This offer is to extend for ten years starting immediately. I will enclose a check in the amount of five hundred dollars for the first five years, five hundred dollars five years from now and also make provisions in my will to see that this fund is guaranteed for twenty years.

In event of my death, I wish the name of the Fund to be changed to The Doctors Kesten Memorial Fund.

I will appreciate any suggestions or recommendations. Sincerely yours, H. H. Kesten, D.O.

Dr. Owen To Leave

Dr. O. Edwin Owen, class of ’37, and until recently associated with the Wilden Osteopathic Hospital of this city, has accepted a teaching position in the Department of Pathology at the Philadelphia College of Osteopathy.

Dr. Owen received his baccalaureate degree from Central College at Pella, Iowa, his Master’s degree from the University of Missouri; he taught at Berea College, Berea, Kentucky, before pursuing the professional course of Osteopathy at this college.

Dr. Owen is a certified pathologist and for several years was secretary of the American College of Osteopathic Pathologists. Two years ago he was elected Coroner of Polk County, Des Moines, Iowa.

Dr. and Mrs. Owen and their two children will soon depart for the Doctor’s new position in Philadelphia. Des Moines regrets losing this outstanding Physician and teacher but congratulates the Philadelphia College of Osteopathy on his appointment.

Will You Help?

Our EENT department is in need of an audiometer, which would further the service to patients and help instruct student doctors. Your generosity in any way, Doctor, would be deeply appreciated.

Recent Graduate Starts Practice

Dr. Joseph A. Daley, graduate of October 1950, is now associated with Drs. Jordan & Jordan at Davenport, Iowa.

Attention Rotarians

A new directory (OVGRI) is being compiled. On a penny post card please send your name, address, and offices you have held in Rotary. Please do this at once, and send to:

Welden R. Loerke, D.O.
Secretary-Treasurer OVGRI
115 North Marion Street
Ottumwa, Iowa.

Christmas Seals Out In November

The Osteopathic Christmas Seals for 1950 are being distributed this month. As last year, the proceeds from the sale of seals this year will be divided with 90% going toward furthering osteopathic research and 10% to the Student Loan Fund.
Faculty News

Dr. Stuart F. Harkness, Chairman of the Department of Internal Medicine, spent a month in private practice during the past few weeks in addition to his regular college duties.

Dr. Ralph L. McRae, Chairman of the Division of Psychiatry, and Dr. Richard DeNise of the Department of Psychiatry, returned in time to serve as program chairman for the 1950 convention of the American College of Osteopathic Internists, which was held at the Hotel Savery, Davenport, Iowa, October 15-19 inclusive.

The idea of treating emotionally disturbed people in groups has grown rapidly in the past decade. There has always been a kind of therapy in groups, but a group has upon its members. We all find ourselves doing things with groups that we could not do alone. Man is preeminently a social creature, and when an individual becomes a part of a new social pattern, significant qualities are stimulated to function effectively.

Misery has always loved company and in group psychotherapy we find ourselves discovering a tendency. It is also a characteristic of people to appreciate the fold belonging to them, and the other people when they are quite blind to their own. In group therapy it is possible to better understand ourselves after they have learned to understand a similar problem in another member of the group. Conversely, members of a group gain immensely from any improvement of another member. There is a sense of having helped, and a resultant rise in self-esteem, or ego strength. One characteristic of the active part in the discussion, his burden becomes shared. Spontaneous insight is often gained just in the telling, for the group consciousness expands and strengthens awareness, after one identifies to the group as an accepted member.

It is therefore not because it is less expensive or because it is possible to treat a person in a given time that makes group psychotherapy so useful, but because the group process is intuitive and dynamic mechanism in and of itself. Many people who could not benefit from private therapy can find help in a group, and improve faster in group therapy, under a combination of private and group treatment, than private therapy can alone.

Group therapy is also a useful technique because it is a highly flexible method. It can be adapted to the cultural, social, or intellectual level of any group. It involves a rich variation of method in several ways.

Rules of procedure vary from absolute rigid laws to highly unusual and spontaneous procedure. The degree of patient participation varies from passive auditor to active leader. In time, the patient becomes the group leader, the therapist remaining in the background. The equipment may range from simple chairs in a circle to complete stage props, with equipment, etc., as utilized in psychodrama. The actual program of the meeting may vary from didactic lecturing to a completely spontaneous verbalization of the patients' foibles, defects and problems of self. Therefore, group psychotherapy has been used in prisons, schools, reformatories, factories, the armed services and in private clinical practice. The basic principle of group therapy may be illustrated by the methods of Alcoholics Anonymous, Recovery, Inc., and other group movements which have a directed, but partially normalizing motivation and reducing emotional conflict.

Many ask, how can a person tell his troubles out in public like that? In the first place, it is not quite out in public, but in a group which has gathered for that purpose. Then there is always the member who can come forward and help an audience. This gets the ball rolling and those who listen identify to the speaker and even laugh at his foibles, defects and problems of self. "I feel like she does. From what she has told us I can understand her; I can understand mine that way, too."

A tape recording may be made at the conclusion of the meeting, which may be played back to the group. It is amazing how much insight is gained by both audience and speaker when the same material is impersonally reproduced on the play back.

From the formal opening of the convention such a success. From the formal opening of the convention at 7:30, October 15th, with the dignitaries and able address of Dr. Orel F. Martin, Secretary-Treasurer, to the final address given Thursday morning by Dr. Robert J. McRae, there was a masterful presentation of the subject matter and there was always a social life. This was the case.

Scholarship Awards

Mr. Jacob Nah, Sophomore student, has recently received a letter from the Methodist Foreign Mission Board stating that the Crusade Scholarship Committee has approved scholarships for both Jacob and his wife, Nancy, who is studying nutrition. Jacob’s scholarship was approved for a period of three years and his wife for one year. He receives $1,000 and tuition; Nancy receives $900.

The President's Chats

The American College of Osteopathic Surgeons and its participating organizations; namely, the American Osteopathic Association, American Osteopathic College of Radiology, American Osteopathic Academy of Ophthalmology, American Osteopathic Anesthesiologists and many others will be held November 19-21 inclusive.

While the Hotel Savery was headquarters for the convention, D. M. S. C. O. S., Still Osteopathic Hospital, Des Moines General Hospital and Widen Osteopathic Hospital were hosts to many hundreds of those in attendance.

Dr. J. Gordon Hatfield of Los Angeles, California, Past-President of the American College of Osteopathic Surgeons, Dr. Orel F. Martin, Secretary-Treasurer, all members of the Executive Committee, and Governors were very complimentary with their words of praise regarding the plans presented by the Hotel Savery help make this convention such a success.

Following surgical clinics in the osteopathic hospitals, each morning from 8:00 to 10:00, the college basic science faculty presented a symposium on the subject of the day, which was the study theme for the day of the convention. The afternoons were devoted to professional programs on the same subject as presented in the morning symposiums. The closing ceremony on Sunday evening, October 15th, was held at the Grand Ballroom of the Hotel Savery, Davenport, Iowa, with the dignitaries and able address of the President.

Dayton Hospital Method Featured

The article “98 Beds and A Board” which appeared in the July, 1950, issue of Hospital Management magazine concerned methods of operating the hospital's office routine devised by Mr. Joseph J. Back, administrator of Grandview Osteopathic Hospital, Dayton, Ohio.

This article relates in detail the book and record cards, as well as, a feature of the new method is its simplicity and small space requirements. The article is illustrated with photos taken at the hospital.

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This article relates in detail the book and record cards, as well as, a feature of the new method is its simplicity and small space requirements. The article is illustrated with photos taken at the hospital.

The American College of Osteopathic Surgeons and its participating organizations; namely, the American Osteopathic Association, American Osteopathic College of Radiology, American Osteopathic Academy of Ophthalmology, American Osteopathic Anesthesiologists and many others will be held November 19-21 inclusive.

While the Hotel Savery was headquarters for the convention, D. M. S. C. O. S., Still Osteopathic Hospital, Des Moines General Hospital and Widen Osteopathic Hospital were hosts to many hundreds of those in attendance.

Dr. J. Gordon Hatfield of Los Angeles, California, Past-President of the American College of Osteopathic Surgeons, Dr. Orel F. Martin, Secretary-Treasurer, all members of the Executive Committee, and Governors were very complimentary with their words of praise regarding the plans presented by the Hotel Savery help make this convention such a success.

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A mother of an 18 year old boy writes: “My boy will graduate from high school next June. Will you please write him and tell him something about Osteopathy as a career, and how he can become ready to enter your school?” The boy may or may not be interested. In this instance he himself must do two things: First, he must seek out an osteopathic physician in his city, become acquainted with him, and learn from him some of the professional activities in which he engages. From the physician he can learn something of the osteopathic school of medicine, the laws of practice in his state and surrounding states; the osteopathic hospital and the hospital to which he may have access; the specialty colleges, and many other points of interest.

The osteopathic physician need not wait for the boy in many instances. Having access to countless homes he has ample opportunity to demonstrate his system of practice before the younger members of the family.

These are opportunities which should be seized on every occasion by the osteopathic physician.

Second. The 18 year old boy should write to the Dean of one of the six osteopathic colleges for full information concerning the preparation required prior to admission. Such information and more of a general character is prepare for admission to the 4 year calendar course leading to the degree Doctor of Osteopathy.

Square & Compass

The Square & Compass Club of D. M. S. C. O. S. held its first meeting of the semester on October 10th. An election of officers was held and the results were: President—Robert Eggert; Vice President—Herb Perryman; Sec’y. & Treas.—Albert Armstrong.

The club had the privilege of hearing Dr. Byron Cash, radiologist at Des Moines General Hospital, speak on bone tumors. Refreshments were served following the speech.

The following new members are welcomed into the club: Ed Levine, Clifford Clay, and Ed Kadletz.

THE LOG BOOK

THE LOG BOOK

The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

Editor
RICHARD M. DE BARD

Associate Editor
PHILIP A. DI SALVO

Support Your School!

Dean’s Letter

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CRANIAL COURSE ROSTER

Following is a roster of the Doctors in attendance at the course in Fundamentals of Cranial Osteopathy, given from November 6th through November 18th at D.M.S.C.O.S.:

STUDENTS

D. E. Washburn
Toledo, Ohio
M. C. Browning
Memphis, Missouri
Lewis E. Carr
Coldwater, Michigan
Richard H. De Witt
Parkersburg, W. Va.
Earl F. Frisbie
Park Ridge, Ill.
Christian L. Henkel
Massena, Iowa
Samuel H. Hitch
Lubbock, Texas
William Kelly
Kirkville, Missouri
Nellie Kramer
Pella, Iowa
E. N. McIntosh
Richmond, Michigan
Janet McGregor
Crockett, Minnesota
F. A. Martin
Creston, Iowa
Rolland Miller
Waterloo, Iowa
Grover Glen Murphy
Winnipeg, Manitoba, Canada
Vernia E. Phillips
Lincoln, Illinois
Earl A. Purzer
Scottsbluff, Nebraska
C. W. Reinhart
Monroe, Michigan
D. E. Snyder
Bulldoe, New Mexico
Glenn W. Sprinker
Kansas City, Missouri
B. Regina Townsh
Shawnee, Kansas
Howard Wicks
Des Moines, Iowa

FACULTY

Dr. William G. Sutherland
St. Peter, Minnesota

ASSOCIATES

R. E. Becker
Dallas, Texas
C. L. Handy
Providence, R. I.
P. E. Kimberly
Des Moines, Iowa
H. A. Lippini
Moorestown, N. J.
R. S. McVicker
The Dalles, Oregon
A. L. Slocum
Des Moines, Iowa

ASSISTANTS

Paul Brose
Holyoke, Mass.
Beryl Freeman
Des Moines, Iowa
Ruth Gotsch
Watsonville, Calif.
Faye Kimberly
Des Moines, Iowa
George Laughlin
Kirkville, Mo.
Alvera Miller
Oakland, Calif.
Alice Paulsen
Le Mars, Iowa
Rachel Woods
Des Moines, Iowa

RETURNS TO DUTY

Mr. Dave C. Clark, who has served as administrator for the Still Osteopathic Hospital since its opening, left Saturday, November 4th for Fort Jay, Governor’s Island, New York, having been recalled for service in the Army. Mr. Clark spent four years in the Army during World War II and holds a commission as Captain in the Medical Service Corps.

Mr. Arnold Johnson, who has been Assistant Administrator of the Hospital, for the past three years, will assume the responsibilities as Administrator during Mr. Clark’s absence, and Mr. George Engellman, who joined the college staff in September of this year, will assume Mr. Johnson’s duties as Assistant Hospital Administrator.

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology
Cardio-Respiratory
Dermatology and Syphilology
Ear, Eyes, Nose and Throat
Gastro-Enterology
Internal Medicine

Laboratory Diagnosis
Obstetrics and Gynecology
Orthopedics
Pathology
Pediatrics
Podiatry

Proctology
Psychiatry
Structural Diagnosis
Surgery
Urology
X-Ray

Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:

DR. F. J. McAllister, Chief-of-Staff
or
MR. ARNOLD JOHNSON, Hospital Administrator

STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue
Des Moines, Iowa
Activity in the Phi Sigma Gamma fraternity continues on its merry way.

The annual Halloween Party exceeded all others for sheer fun. The house walls are still singing with the laughter that greeted Jim Haffen's costume. Little do they know it was Jim's Sunday suit. (Editor's Note: See Charley Fortino, Jim.)

Sunday, November 5th, a pot-luck buffet was held at the chapter house. On November 18th the Harvest Ball was held. Those who attended—and the house was packed—reaped a bountiful harvest of fun, gayety, and good cheer.

The annual Christmas semi-formal dance is to be held at the Parkview Club. Music will be furnished by Don Hoy and his orchestra with entertainment by members of the fraternity.

The departure of 1950 and entrance of 1951 will be celebrated at the annual New Year's Eve party to be held as usual at the chapter house. Keep this in mind for a good time!

O. S. C.

The first meeting of the Osteopathic Students Club for the fall semester was opened by our past president, Jim Martin, on October 11th.

After a brief talk prompting the freshman students on the charter and functions of the Students Club, nominations for officers were held. The new officers are:

Waldo Frankenstein—President
Stan Nelson—Vice President
Bob Gabriel—Secretary
Jack Hatchett—Treasurer

Discussions followed regarding the Glee Club and an intramural basketball plan.

The highlight of the evening was a very informative speech by Dr. Peters. The facts of osteopathy and mobilization were extremely interesting.

Newman Club

A group of students representing all classes in the school met on Thursday, October 26th for the purpose of organizing a Newman Club. Membership is open to all Catholic students, faculty, and hospital staff members. Meetings are to be held the first Thursday of every month and there will be a special Mass and Communion each month.

Father Weiss, a member of Dowling High School faculty, was appointed chaplain and he explained some of the procedures of other clubs. A temporary chairman was appointed during the election of officers with the following results:

President—Philip Di Salvo
Vice President—William H. Johannsen
Secretary—Victor J. Bovee, Jr.
Treasurer—Patricia Spurgeon

O. M. C. C.

Mrs. Clayton Meyer highlighted the regular meeting on November 7th with a speech about her working doctor's wife. She certainly is a charming example of the points stressed in her talk.

To help raise money for the Club, Christmas cards are being sold—plus a bake sale at City Market on November 11th. The club members are baking and donating cakes, pies, candy, rolls and bread.

A.D.T.

On October 9th Dr. Arthur Wickens, Chairman of the Department of Pathology, talked to Lambda Omicron Gamma on "Specific Corrective Techniques in Osteopathic Lesions". Refreshments were served afterwards.

Sincere thanks to P. S. G. fraternity for their hospitality in offering the use of their house for a social gathering held on Saturday evening, November 11th.

Student Council

The following officers were elected for the year 1950-51:

President—Harry Simmons
Vice Pres.—Ralph Blackwell
Secretary—Corydon Hmelberger
Treasurer—Robert Stuhlmans

The business up to date has been concerned with the new parking lot and the lockers occupied by the juniors. Committees have been selected to investigate these problems.

Doctor Forbes To Practice In Arizona

Dr. J. R. Forbes, director of the Division of Public and Professional Welfare, has resigned his position on the A.O.A. staff and will enter practice in Phoenix, Arizona, on November 1st. Dr. Forbes joined the central office staff in March, 1948.

He will be associated as a staff member of the Copper State clinic in Phoenix.

Externe Reflects Honor On College

On August 13th a Senior student left Des Moines for externale duties at Fort Francis E. Warren Army Hospital, Cheyenne, Wyoming. This is the first case in which an osteopathic student has been assigned to active duty with an Army Hospital.

Each month the school administration receives a comprehensive report on the excellent record of this student. On November 15th these externale duties ended and our student has returned to Still College to resume studies.

Congratulations, Senior student Robert J. Hindman.

College Improvements

On Friday, November 3rd, workmen completed the construction and decorating of the new clinical pathology laboratory in the clinical building. This beautiful and well equipped laboratory, which will comprise part of the outpatient clinic of the college, will serve as the central pathology laboratory for the doctors' laboratory for the clinical building. Work is nearing completion on the new physiology research laboratory on the third floor of the new building. A ramp has been constructed from the research lab to the physiology lab on the fourth floor of the college building, and the physiology lab has been enlarged by incorporating the area which was formerly devoted to physiology research. The new research laboratory provides Dr. Grumbach and his assistants with modern and adequate facilities for their research projects.

Since the last issue of the LOG BOOK workmen have been rushing completion of the heating system which will combine the new buildings to the present heating facilities of the college building. This necessitated removal of the old boiler of the clinic building and the installation of a new system of heat control. With the central heating plant for the college building and the clinical building much efficiency in operation as well as cost of fuel will be realized in the years to come.
Present 1951 Graduate Education Program

POST GRADUATE EDUCATION PROGRAM

February 1 to June 8, 1951

Des Moines Still College of Osteopathy and Surgery announces its Third Session of Postgraduate Study with the following offerings:

Obstetrics: 3 semester hours credit

Robert B. Bachman, D.O., FACOOGS

A review of presentations, positions and mechanisms of labor; pathology of pregnancy, labor and puerperium. Laboratory, mnemonics and demonstrations.

Mondays: 7:00—10:00 P. M. First class—February 5, 1951

Tuition: $75.00

Neuroanatomy: 3 semester hours credit

Carrie Gillaspy, A.B., M.S.

Study of Gross sections of the central nervous system in two planes; special dissections, moving pictures, portraying developmental and clinical material.

Wednesdays: 7:00—10:00 P. M. First class—February 7, 1951

Tuition: $75.00

Anesthesiology: 2 semester hours credit

W. H. Giant, B.A., D.O.

A course in clinical anesthesiology covering administration procedures, premedication, resuscitations, oxygen therapy and transfusions.

Fridays: 7:00—9:00 P. M. First class—February 2, 1951

Tuition: $50.00

Any or all courses may be taken for credit.

Registants for all courses must present transcripts of credit showing graduation from an approved osteopathic college. (Graduates of D.M.S.C.O.S. excepted).

Tuition must be paid in advance of registration.

Registration shall be completed on or before February 1, 1951, through the office of the Registrar.

John B. Shumaker, Ph.D., Dean.

A Future D.O.

Mr. and Mrs. Thomas J. Moylan are the proud parents of a baby boy, born on October 19th at Still Hospital. Tom is a Sophomore student; his brother Bill is a recent graduate.

1951 Internists Convention Here

Des Moines has been selected as the convention city for the American College of Osteopathic Internists for 1951. Dates of the convention will be October 29th to November 1st inclusive. Dr. G. A. White, 33 graduate, is the program chairman, and Dr. Stuart F. Harkness, Chairman of the Department of Internal Medicine of D.M.S.C.O.S. will serve as general convention chairman.

The Third Session of Postgraduate Study is being offered by D.M.S.C.O.S. from February 1 to June 8, 1951. Subjects include Obstetrics, Neuroanatomy, and Anesthesiology. Inscribers, credit hours, and tuition are as shown in the box on this page. It is suggested that your reservation be made early for this outstanding program.

Osteopathic Victory

The osteopathic profession won a legal victory in Missouri on November 29th, when a decision favoring the osteopaths and their therapeutic practitioners in the Audrain County hospital case was handed down by Circuit Judge Samuel Blodgett. Trial of the case resulted from a petition filed by the Audrain hospital board to determine the legality of a 1949 rule of the board, excluding doctors of osteopathy from practicing in the hospital, a tax-supported county institution. The Missouri State Medical Association, co-defendants, in their answer to the petition, requested that the court define the scope, limit and extent of the practice of osteopathy under the statutes of Missouri.

At the trial, which occurred in May and June, 1950, the court granted a trial on the facts of the issues raised by the petition and answered. Osteopathic physicians called to the witness stand, were graduates of the American School of Osteopathy between the years of 1897 and 1950. They also presented documentary evidence concerning instruction at the American School in the use of drugs and operative surgery.

Judge Blair in his decision gave a finding of fact that the American School of Osteopathy at Kirksville, Missouri (and its successors) at all times during and since 1897 has given a course of instruction to its graduates that included, in addition to manipulation, teaching and practicing in the fields of operative surgery with instruments, osteotics, and the use of drugs as supportive or therapeutic agents.

Among other conclusions contained in the ruling were:

1. “Osteopathy is a school of medicine and surgery.”
2. “Osteopathic physicians and surgeons are practitioners of a school of medicine and are practitioners or their profession.”

Turn in your news by the fifth of each month for publication!
Mental Health Is Your Business

The Psychotherapeutic Armautiltration

VI. Play Therapy

Ralph L. McRae, B.A., D.O.
Chairman, Division of Psychiatry

In the diagnosis and treatment of psychiatric problems in children the approach must of necessity be at a different level. Management of this process of exploration requires different techniques because the child’s mind and emotional structure is as vastly different from that of the adult in nature and quality as its physiology and general anatomy is different.

The entire personality pattern is different not only in degree of capacity, but in texture, motivation, and degree. Many parents often insist in the management of a medical or surgical problem that the treatment requires different techniques because the child’s mind and emotional structure is as vastly different from that of the adult in nature and quality as its physiology and general anatomy is different.

One of their developments has been that of Play Therapy. The technic is relatively simple in its mechanical use but highly adaptable for the age level, intelligence and emotional interest of the child and activity is observed. Restraint is usually limited to preserving the authority of the therapist, but otherwise the child is permitted to act as if he were “little man” or “young lady”, as if the child were endowed with all the capacities of an adult, but on a smaller scale.

Clinical psychiatry and psychology were thus among the first departures in recognizing the true qualities of childhood and develop a different methodology for the care of the child and that of the child. It was not long after the establishment of general clinical psychotherapy that the treatment of children, and their parents, became a center of great interest among many workers who specialized in this field.

One may recognize that the play of young children is often nothing more than the overt expression of their inner repressed feelings and motivations, as well as their reenactment of experiences about which they have been forced to repress. When children are permitted to act out their emotional tensions, such as fear, anxiety or rage, can constitute the unconscious motivation for the child’s misbehavior. When such experiences come to light, the emotional charge may be eliminated, or a diagnosis of the basic disturbance in the parents, or psychiatric care may be considered.

As can be seen, much that comes out in therapy is an indication of the anxiety of the parents, and so as a general rule one may only expect good therapeutic results when the parent or parents will cooperate. Play therapy is not a substitute for psychotherapy as the problem may require.

Under some restricted circumstances the therapy of the child is limited to assisting him to adapt as best he can and helping him overcome his disturbing or pathological methods of adaptation. Therapy under these circumstances is usually short term.

Play therapy is also well adapted to the group method and the majority of therapists work with groups of patients. By means of both a diagnosis and treatment of the child in a social environment and is richly productive of growth.

Therapists in this field need not necessarily be a highly trained psychiatrist, but anyone who has had training in psychology and sociology and has been trained in the use of play therapy as a therapeutic tool to reorganize ideas, values, and attitudes, as well as to change and adapt the emotional responses of the child by observation and interpretation of the restrictions and rules, which inhibit such expression around the home.

The President Chats

At this season of the year the minds of the Christian world think of that glorious song of old:

“Peace on the earth, good will to men.”

From Heaven’s all gracious king

This world in solemn stillness lay

To hear the angels sing.

Today we see the clouds of war gathering most rapidly upon the international horizon which would draw the world into the greatest conflict in history. Shall we pause a moment to reflect upon the Prayer for Christmas published in the Prayer Book for the Armed Forces which received such wide distribution during World War II.

“Father in Heaven, whose mercy we praise in the yearly remembrance of the birth of thy beloved Son, Jesus Christ our Lord and Saviour, whose name we have Redeemed, His presence may shed abroad, in our hearts and in our homes, the light of heavenly peace. Make us known unto all men, by Thy Word and Spirit, the gospel of His incarnation, whereon clearly revealed Thy love for the world. And help us so to celebrate this day in humble gratitude, in unselfish love and cheerful service, that our keeping of Christmas may be a blessing to our souls, and to our fellow men, a memorial of Christ, and a thanksgiving unto Thee for Thine unspeakable gift of the Savior. Amen.”

Dean’s Letter

Another year is drawing to a close,—a year which has meant more than any other for the profession of Osteopathy.

Over the span of hundreds of years, Osteopathy appears as a mere youngster,—one who has learned much by virtue of all that has gone before and the vast knowledge accumulated by countless predecessors; one who yet possesses the knowledge accumulated by countless predecessors; one who yet possesses the knowledge accumulated by countless predecessors; one who yet possesses the will and desire to stand alone and walk with confidence.

The pattern for future success has been carefully designed and cut by the Bureau of Professional Education of the American Osteopathic Association. It is represented in the six colleges of osteopathic medicine in our country.

The Osteopathic concept of Dr. Andrew Taylor Still is generously and intricately woven throughout the educational pattern of the profession. The design holds much for the future, but only if it is kept intact and properly preserved.

What would be a better expression of best wishes for the New Year and a Merry Christmas than an appropriate expression of your choice this month of December?

A Merry Christmas to everyone there is, to those who are hoping and expecting to see the youngster, Osteopathy, properly nurtured, grow to ever successful maturity in the years and years to come.
Dr. O. G. Weed Dies

Dr. O. G. Weed, 26 Country Club Place, St. Joseph, Mo., died at 10:00 P. M., October 21st, at the General Osteopathic Hospital, St. Joseph, at the age of 68 years. He had given up his office on September 1, 1950.

Dr. Weed was graduated from Still College in 1905. He did postgraduate work at the Kansas City General Hospital in 1907 and in 1910 was graduated from the Los Angeles College of Osteopathic Physicians and Surgeons. He had practised in St. Joseph since 1911.

The doctor was a life member and past president of the Buchanan County Osteopathic Association; a life member of the Missouri Association of Osteopathic Physicians and Surgeons; a member of the American Osteopathic Association; charter member, life member, and Fellow of the American College of Osteopathic Surgeons; a member of the A. F. & A. M. Blue Lodge, Scottish Rite, Shrine, Order of Eastern Star, and Wyeth Park Christian Church.

Definitions

From the new Gould Medical Dictionary:

**Osteopathy**... "A school of healing which teaches that the body is a vital mechanical organism whose structural and functional integrity are coordinate and interdependent, the preservation of either constituting disease."

**Disease**... "A disturbance in function or structure of any organ or part of the body."

Dr. Peters Speaks

Dr. Edwin F. Peters, president of D.M.S.C.O.S., a World War II naval officer and now an active naval reservist, talked to the annual Iowa Sailors and Marines Dogwatch gathering at the Legionnaire Club in Des Moines recently.

We Extend Our Deepest Sympathy

Miss Vida Kay Harrison, 14-year-old daughter of Dr. and Mrs. Leo Cecil Harrison of Cherokee, Iowa, passed away on November 16th at her home.

Vida Kay, who was crippled all of her life, will leave a monument so that other children may live a fuller life than was hers, for through the many friends of Dr. and Mrs. Harrison a fund is being created for the care of crippled children.

To Dr. and Mrs. Harrison we extend our sympathy in their bereavement.

Season's Greetings

To pause and look back over the year 1950 gives occasion for amazement and pride in the progress of our College and Osteopathic Medicine. Our appreciation goes to the profession for the splendid support generously given during this period.

At the dawn of a new year we express to all our readers a wish for a Happy and Prosperous Year of 1951.

—The Editors.

Texas Example

There are 42 osteopathic hospitals in the state of Texas, according to a report submitted recently by Dr. Milton V. Gafney, president of the Texas Osteopathic Hospital Association. They have a bed capacity of approximately 1,000 and represent an investment of more than $4,500,000.

Dr. Gafney pointed out that ten years ago there were but four such hospitals in Texas!
Newman Club Notes

The first monthly meeting of the Newman Club was held on Saturday, Nov. 2, with thirty-five in attendance including members of the faculty and Dr. Peters, Dr. Shimaker and Dr. Schwartz.

Father Weiss gave the first of a series of lectures on Medical Ethics. Much interest was displayed in his lecture as shown by the many questions that followed.

The meeting was concluded with the serving of refreshments.

A special communion Mass was celebrated by Fr. Weiss for members of Newman Club, at Dowling Chapel, on the Sunday following the meeting night.

All Still College students are cordially invited to attend these series of lectures on Medical Ethics.

O. S. C.

December 14th marked the day that the third Osteopathic Students Club meeting was held. The attendance was better than the previous meeting, but there was always room for many more participants; members and non-members.

Anyone witnessing the last meeting will remember the educational speech by Dr. Laycock. His speech was for Osteopathy: "The Art of Manipulative Therapy."

Our organization is not strictly academic, indicated by the plans drawn up in our last meeting for a dance or social affair in the near future. With this pleasant thought in mind we wish you a Merry Christmas and a Happy New Year.

ΦΣΓ

Sunday, December 3, marked another Pot Luck Dinner held at the Phi Sigma Gamma House. Typically invigorating Iowa weather did not hinder the fine Sunday afternoon social.

The Annual Semi-formal Christmas Dance at the spacious Parkview Community Club on December 18 was indeed a gala pre-holiday affair. The unique decorations combined with the music of Don Hoy and his orchestra provided an excellent party environment and the ultimate of dance tempo. The establishment of par-excellent Christmas spirit between the students body and Saint Nick was the theme of the humorous skit originated and presented by the members of the Fraternity.

Now that this year is nearly over, the fraternity looks back over the past year with a great deal of pride and satisfaction. A fine redecorating program at the house has been completed and a fine social educational program has been enjoyed by members and friends.

The chapter looks forward to the new year with a great deal of expectation and many plans for an outstanding fraternity program.

The officers and members of the Phi Sigma Gamma Fraternity extend wishes for a most Merry Christmas and Happy New Year to the Board of Directors, staff, student body, and alumni of the school.

Reprint from "Bulletin of the New Jersey Association of Osteopathic Physicians and Surgeons"—November, 1950. Author: David S. Archer, M.D.

In my state, osteopaths are licensed to practice medicine and surgery. Uncle Sam also allows them to treat veterans, at the same fees physicians get. Yet, for the armed forces, these same osteopaths fail to meet Government standards. The physician is taken, the osteo passed over.

When can we expect osteopaths to share medicine's military responsibilities? If they are good enough to care for civilians, why not for soldiers? Correction of this situation would help relieve the military doctor shortage.

Physician Dies

It is with great regret that the College has learned of the death of Dr. Joseph Warren Rinabarger, graduate of 1911, who practiced in Keosauqua, Iowa, more than 40 years. He died on October 15. Born near Keosauqua, the Doctor spent two years in the personal division of the Navy Department in Washington. He was a former mayor of Keosauqua, graduated from the Des Moines Business College and this College. Dr. Rinabarger enjoyed great respect and deep affection. His life is an example to our younger physicians.

The Doctor Draft

The President's Proclamation of October 6th does not require the registration of doctors of osteopathy. It authorizes the Director of Selective Service to fix the date for the special registration of certain persons who are subject to registration under the Law. This would permit the Director to fix a date and require the special registration of D.O.'s. Until a special registration of D.O.'s is ordered, they will continue deferrable under the procedure ordinarily followed by Selective Service.

Have They Learned?

During World War II the osteopathic profession had numerous members apply for commission in the medical corps of the Army and Navy. The Surgeon General, without exception, turned them down, in spite of the fact that Congress had provided for the commissioning of osteopathic physicians in the medical corps of the Army and Navy.

Notice

If and when you change your address, please notify the LOG BOOK promptly.

Entered as Second-Class Matter At Des Moines, Iowa.