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THE LOG BOOK

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PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

Volume 28

JANUARY, 1950

Number 1

New Post Graduate Program Launched

Pathology Department Acquires Tissue Library

Six months ago, in order to have tissue always available for student study in pathology, it was decided to create a tissue library of wet specimens at the college.

The library has been slowly taking form. Biopsy specimens from the routine hospital examinations have added a number, and Dr. George Miller, pathologist at Lakeview Hospital, Milwaukee, has contributed several needed tissues.

Our local Congressman, Hon. Paul Cunningham, kindly consented to approach the Armed Services and the Institute of Health.

Both these were willing to help in the effort. The Armed Services asked that someone be sent to Washington, D. C., to pick out the needed tissues. The Institute of Health has already sent in a dozen of the specimens asked for and will send others as they are obtained.

It is hoped in this manner to obtain a rather complete library of tissues which will include the rarer as well as the more common diseases.

AOA Bldg. To Be Exhibited In Cuba

The American Osteopathic Association building at 212 East Ohio street, Chicago, Illinois, is one of the five buildings designed by two Evanston, Illinois, architects selected by the American Institute of Architects to be entered in an international competition at Havana, Cuba, in December.

The architects are Lawrence B. Perkins and Philip Will, Jr., partners in the firm of Perkins and Will, Chicago Architects-Engineers.

Under the auspices of the State Department, the U. S. exhibit will be shown at architectural congresses in many foreign countries following the Havana competition.

Those of you who have not contributed to the Central Office Building Fund may do so by sending your contribution directly to Miss Rose Mary Moser, American Osteopathic Association, 212 East Ohio Street, Chicago 11, Illinois.

The Des Moines Still College of Osteopathy and Surgery will inaugurate a program in Post Graduate Education the second semester of the present school year which should be of intense interest to the osteopathic physician who lives within commuting distance of the college.

Purpose Of Program

The purpose of the Post Graduate Program of Osteopathic Education of the Des Moines Still College of Osteopathy and Surgery is to provide the general practitioner who lives within commuting distance of the college, an organized program of osteopathic education which will serve the following distinctive purposes:

1. To enable a graduate of an osteopathic college approved by the Bureau of Professional Education and Colleges of the American Osteopathic Association an opportunity to secure all or part of the requirements for an Osteopathic Surgery License as cited in Sec. 150.5, Chapter 150, 1946 Code of Iowa.

2. To provide an opportunity for the general practitioner of the osteopathic profession to further his knowledge and training in the general practice of Osteopathic Medicine.

Date for the Inauguration of the Program: The Post Graduate Program of the Des Moines Still College of Osteopathy and Surgery shall commence with the registration of the Spring Semester of the College (February 1-3, inc., 1950) and shall thereafter coincide with the regular academic calendar of the College.

Type of Instruction: The instruction of the Post Graduate program shall be in two divisions: namely a) Basic Science, and b) Clinical. All students who desire to complete the program of instruction to qualify for the privilege of writing the Iowa State Osteopathic Surgical Board will be required to earn six semester hours of credit in the department of Anatomy, Division of Basic Science. Other Basic Science subjects may be used as electives for the above requirement. All clinical subjects in the Post Graduate Program of the College will be both didactic and clinical in nature.

Admission Requirements: The program of Post Graduate Education at the Des Moines Still College of Osteopathy and Surgery is available to all physicians who have received the degree of Doctor of Osteopathy and are in good standing with their local and state Osteopathic Association and the American Osteopathic Association. Applicants must present transcripts of credits

from all previous colleges attended. (Transcripts must be sent directly to the Dean of the Des Moines Still College of Osteopathy and Surgery from the Registrar of each college.)

Hours of the Program: Instruction in the post graduate program of the Des Moines Still College of Osteopathy and Surgery shall be conducted either in the late afternoon or at night. A two semester hour course shall meet for two clock hours once a week for eighteen weeks. A three semester hour course shall meet for three clock hours once a week for eighteen weeks.

Credit Hours Earned: The maximum number of semester hours which a post graduate student may earn during any one semester is nine semester hours. During one academic school year, a student may earn one semester of credit. The maximum credit which a student may earn through this program would be sixty semester hours.

Methods of Instruction: The methods of instruction shall be all approved and acceptable methods employed in graduate education. Extensive outside reading will be a required part of each course offered.

Cost Per Semester Hour of Credit: The cost per semester hour of credit shall be \$25.00. A three semester hour course would cost a student \$75.00. The maximum of nine semester hours would cost a student \$225.00.

The Required Courses: The following are the required courses as established by the Iowa Osteopathic Surgical Board for the year's post graduate study prior to the examination for a surgical license in the State of Iowa:

Gross Anatomy	3 Sem. Hrs.
Neuro Anatomy	3 Sem. Hrs.
Surgery	6 Sem. Hrs.
Roentgenology	2 Sem. Hrs.
Pathology	3 Sem. Hrs.
Anesthesiology	2 Sem. Hrs.

Any course offered by the College in the program of Post Graduate Education may be selected as an elective course to complete the requirements for the year of post graduate study.

Minimum Number of Students for Class Instruction: A class will be offered when a minimum number of eight (8) students is enrolled.

Student Council Holds Convocation

The first in this school year's series of convocations sponsored by the Student Council was held on Wednesday, December 21, at 11 A. M.

The program was one of great interest to all and was under the guidance of the National Conference of Christians and Jews. The Reverend Isaac C. Metcalf, who is director of the Tri-cities area of the National Conference of Christians and Jews, introduced the three members of the panel and acted as moderator for the group. The members of the panel were Rabbi Irving A. Weingart, Reverend Alvin L. Morris and Father John Gall.

The National Conference of Christians and Jews is a voluntary organization of all creeds who are striving towards a better world through understanding. The people who put their energies into this work receive no monetary compensation but feel they are well rewarded if, through their endeavors, any degree of racial prejudice, or religious hate is lessened.

The group discussion was entered into by many students and had time permitted the panel would have lasted much longer.

It is the belief of the Student Council that convocations of this nature are of great interest to the college as a whole and will try to bring more of them in the future.

Triplets

Dr. Leon S. Jones, who graduated from D.M.S.C.O.S. June 11, 1949, and is now practicing in the city of Des Moines has the unique honor of delivering the first set of triplets delivered since the opening of the Still Osteopathic Hospital. Three young daughters were born to Mrs. Thomas L. Hickman of Des Moines, Iowa, on December 16th. Mother and three daughters are getting along beautifully.

Schedule for the Spring Semester
Gross Anatomy—Monday evenings, 7:00-10:00 P. M. 3 Sem. Hours Credit.

Metabolic Diseases—Wednesday evenings, 7:00-10:00 P. M. 3 Sem. Hours Credit.

Principles of Dynamic Psychiatry—Friday evenings, 7:00-10:00 P. M. 3 Sem. Hours Credit.

Mental Health Is Your Business

Ralph I. McRae, B.A., B.Sc., D.O.

Chairman

Division of Neuropsychiatry

II. Needed Basic Reforms in the Public Institutional Care of Mental Patients.

Progress in any civilization can only well up from the masses. In view of the general public feeling toward mental illness and mental institutions, it is not surprising that our state mental institutions and the treatment of the institutionalized patients are so inadequate. The political organizations which determine the status of this phase of public health care cannot be expected to rise in wisdom above the level of its constituents when the money of those constituents is involved. But evidence is accumulating to show that reform of this whole problem can save money, not to mention saving useful lives, and the reduction of the stench of poverty and senility from the system, and its stigma on the people, both in and outside its walls.

The fundamental dilemma of the situation arises from the basic, almost medieval attitude that a mental patient who is in need of institutionalization is incurable, dangerous and closed to the process of treatment or learning. It is all a matter of the patient being "put away" at as little expense and further trouble as possible—and as far away from other people as can be arranged. This attitude dominates the public mind, the legislature and is inherent in the laws regulating the administration of these institutions.

It is a formula. There is a court decision, the sheriff takes the patient "away" and the patient can be forgotten. Everyone can relax, except the patient and the institution which perforce must find another bed. Regardless of what could be done for the patient therapeutically, he is incarcerated, not for treatment but just to be "put away."

Such a system is, of course, self terminating in its own folly. We are beginning to frighten ourselves with a strange array of statistics which purport to prove that the increased volume of mental patients, if projected forward would ultimately include more people in, than out, of such institutions. This kind of thinking is of value only in that it points out a paradox to be understood and solved. It must be evident that if we continue to put patients into state institutions without adequate treatment, such institutions will be bursting with patients—from the simple effect of more intake than outgo. We can't build big enough institutions to hold everyone for the rest of his life who has a mental disturbance.

As long as we approach the problem from that viewpoint we, of course, are going to be busy trying to build bigger buildings rather than trying to treat

sick patients. This has been the trend in legislatures' thinking up to the present time. Any valid reforms of the system must keep this basic attitude in mind, for superficial efforts to break up the pattern will end only in half or little success. What then are the needs? What specific basic changes are in order?

First we must have screening and active treatment centers in all large metropolitan areas to which mental patients can be brought for examination and early treatment, under the supervision of a staff of experts, who are more available in such areas. We must provide out-patient psychiatric clinics in counties to make early treatment available, and back to whom institutional patients may be returned for follow-up care and assistance.

We must make it possible for research to be done in state institutions and incorporate in the program of such institutions the full armamentarium of the psychiatric field. There is a wealth of basic scientific data to be obtained from an intensive study of this great mass of patients. Here lies a great opportunity for the furthering of our knowledge in a field which is altogether too obscure.

We must open our state mental institutions for general and specialist training of all types of students who are entering the general healing practice, as well as psychologists, psychometrists, psychiatric social workers, etc. We must provide a sufficiently equipped and active program of service at all levels to attract men of ability and training.

Our legislatures are beginning to appropriate money to expand the personnel of these institutions. They then complain that there is no one to take the new jobs. This is not a matter of salary, so much as a matter of poor administrative principles. Good men in this, as in any other field, are not going into a job which has no opportunity for real creative work under suitable conditions. Wherever a timely valid program, which is properly equipped and financed, with a research approach, is available, there will be adequate personnel. These are some of the goals to be worked toward. They are dreams, yet progress is being made—in some areas. We will discuss some of the problems involved in these in subsequent articles.

Alumnus

Dr. Gordon L. Elliott, Class of 1947, and now practicing at 1609 Bloor Street, West, Toronto, Ontario, Canada, was recently elected Secretary-Treasurer of the Canadian Osteopathic Association. Congratulations to you, Dr. Elliott.

Atomic Energy

W. L. Tanenbaum, D.O., Director of the Department of Radiology, Metropolitan Hospital, Philadelphia, and associate in the Department of Clinical Radiology of the Philadelphia Osteopathic Hospital, has returned from Oak Ridge, the home of the atomic bomb, where he underwent an intensive course of instruction in the use of atomic energy in medicine, given by the U. S. Government.

Dr. Tanenbaum had an article in "Harofeh"—June 1949, from which we wish to quote two short paragraphs:

"It is the hope of the Atomic Energy Commission that radioisotopes will be the answer to the cure and exact diagnosis of cancer."

"In my opinion, all the modern research on 'How the Living Body Works,' is proving the basic principles of osteopathic medicine, while it is disproving the principle of orthodox medicine. Therefore, it is reasonable to state that the practice of medicine will be completely different in the next twenty years as a result of atomic energy and its far reaching effects."

—West Virginia Osteopathic.

South Bend Hospital To Expand

Architects plans for an addition to the South Bend Osteopathic Hospital have been approved by the hospital board of trustees, according to an announcement by Dr. Albert F. Kull, administrator.

"The first year's operation of the new hospital proves the necessity for additional facilities to serve the community health needs," he said. This addition, the exterior of which will be built of brick and glass, will provide an additional nurses' work room on the second floor and a larger waiting room and added office space on the ground elevation. Funds for the \$15,500 improvements will be raised by friends of this institution through its Hospital Guild. The first contribution to the fund was by bequest in the will of Mrs. Mary E. Reynolds, recently probated at Buchanan, Michigan.

Dr. Melnick Author of Article

Dr. Arthur Melnick, osteopathic pediatrician and instructor in pediatrics of the Philadelphia College of Osteopathy, is the author of an article "You Can Force a Child to Eat But—" which appears in the September 1949 issue of "Baby Post." Dr. Melnick states an interesting clue to children's eating habits when he avers, "Children's tastes, like adults, vary from time to time and their natural desires should be observed. You can't make a child eat!!!"

Hospital Notes

Some interesting developments should be forthcoming from the formation of a new epileptic team, from a diagnostic standpoint. Epileptic patients will be seen by a team of three physicians and receive psychiatric examinations, neurological and cranial examinations, and the third classification in which a great deal of work has been accomplished and several papers published—the abdominal surgery of epilepsy.

The team will consist of **Dr. F. J. McAllister** from the abdominal standpoint, **Dr. Ralph McCrae** of the department of psychiatry and **Dr. Paul Kimberly** of the department of craniology and neurology.

Particularly in the last year the hospital has become a center for the diagnosis and possible prognosis for epileptics. The staff feels that by the formation of this team all possible angles of the diagnostic triad will be covered and it will offer the referring physician a much better concept.

Previously all epileptics referred to the hospital have been examined by both the surgical department and the neuro-cranial department but with the addition of the psychiatric interpretation we believe that the efficiency and diagnostic acumen of the procedures will be greatly increased.

The department of surgery has correlated many of the findings of that particular surgical interpretation of epilepsy and has another paper ready for release. Although only about one in five has the abdominal lesions that produce this particular type of epilepsy, the result percentages are standing up very well and where the patient does gain relief the results are sometimes quite outstanding.

Referring physicians having patients for epileptic estimation are asked to notify the hospital well in advance of the expected arrival of their patient so that bed space may be provided and the activities of the new team can thereby be accentuated.

Death

Mrs. J. P. Schwartz, wife of Dr. J. P. Schwartz, President and Chief-of-Staff of Des Moines General Hospital and Past President of D.M.S.C.O.S., passed away on Sunday afternoon, January 1, 1950, from a heart attack.

Mrs. Schwartz was one of Des Moines' most prominent women. She was most active in the Des Moines Women's Club, the Osteopathic Auxiliary and the affairs of her church.

Funeral services were conducted at St. Augustine Catholic Church, Wednesday morning, January 4, 1950, at 9:00.

Des Moines Still College of Osteopathy and Surgery extends to Dr. Schwartz and family its sympathy in their hour of bereavement.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Editor
SIMON S. INDIANER

Associate Editor
MORT LEVIN

Osteopathy Without Limitation

The President Chats

Your Faculty. A faculty member in any institution of higher education has many responsibilities which are unknown to those who are engaged in pursuits of livelihood other than teaching. The faculty of all institutions are called upon to perform many services. Some are worthwhile and justified, others are not justified. A faculty is evaluated individually and collectively. They are evaluated by their students, their fellow colleagues, the administration of the particular institution of which the individual is a faculty member, the community in which the institution is located, the alumni of the college, the state in which the school is located and in the case of a professional school, a faculty member is evaluated by the profession.

It is imperative that a faculty member becomes integrated into the total life of the institution. In order for this integration to become most effective, the institution must contribute greatly, so that the professional interest of the faculty be not only placed on the individual's specialty, but on the total coordinated program of the college.

D.M.S.C.O.S., like every progressive institution of higher education, is sensitive to its obligations in aiding its faculty members to become well integrated with all departments of the college as well as becoming thoroughly integrated with the basic concepts of the Osteopathic School of Medicine. This is indeed a continuous program and one that will continue to show development. Some of the avenues at present employed such as, permitting a teacher to audit a course each semester in a department other than the department of which the individual is a member; by regularly scheduled departmental meetings and discussions, by convocations, faculty meetings and forums, and by a program of institutional and professional history.

In addition to the formal responsibilities of a faculty member in his classroom or his research laboratory, the alert faculty member of any college today is also a public relations ambassador, and thus more and more is becoming involved in community projects and activities. Colleges and faculty members must respect their commun-

ity and this respect is best evidenced by their service to the community.

D. M. S. C. O. S. is constantly striving to increase in numbers and to improve in quality its faculty. Today, the administration is proud and justly so, of the men and women who comprise the college faculty. Their every thought and interest is to prepare the students in becoming not just doctors but DOCTORS. DOCTORS who are PHYSICIANS PLUS. The faculty of D.M.S.C.O.S. fully realize that all areas of human development are important for one to become a PHYSICIAN PLUS. The Religious, the Psychological, the Sociological, the Economic must all be incorporated in the final profile of a true physician.

Hawaii Sees Osteopathic Diamond Jubilee

Freshman and sophomore students of the University of Hawaii, Honolulu, recently competed in an essay contest on the science of osteopathy. A tuitional scholarship will be awarded to the writer of the best essay. Essays were due December 1, but winners have not been announced.

The contest was conducted in observance of the diamond jubilee of the founding of osteopathy by the late Dr. Andrew Taylor Still.

Mrs. George Burroughs Torrey, of Kalihi, presented to Dr. Frank O. Gladding, osteopathic physician of Honolulu, a photograph of an original oil painting of Dr. Still. The original picture was painted by Mrs. Torrey's late husband.

Drs. Josephine and Isabelle Morelock, of Honolulu, represented Hawaii at several osteopathic conventions in observance of the diamond jubilee.

Praise from Higher Up

Honorable G. Mennen Williams, governor of the State of Michigan addressed the College of Osteopathic Surgeons and its specialty groups at their convention in Detroit, October 9, 1949.

We wish to quote from his speech—

"Your profession deserves the congratulations and gratitude of the people of Michigan."

He declared that "every branch of the healing arts must be encouraged and should be given full play," and further, that "co-operation on the part of the state with the osteopathic profession is well merited because your program has done so much for the state of Michigan."

"In connection with the state's mental health program, for commitment of the mentally ill, it was my privilege this year to sign a bill whereby the osteopathic physicians now participate in examination and certification of mental cases to the Probate Court for commitment to State institutions. This is as it should be.

"There are 1,500,000 people who depend solely on osteopathic physicians for their health care. I know of rural areas where the only physician the people know is an osteopathic physician.

These people look to their osteopathic physician to take care of their family needs with complete health care.

"I am interested to know that there are 25 osteopathic general hospitals throughout Michigan, built and developed by your profession, service institutions, without one dollar of taxpayers' money. It is significant too, that six of your hospitals are located in rural areas where there is need of hospitalization. For this you are to be congratulated.

Dean's Letter

The New Year brings with it a new phase in the development of education in osteopathy at Still.

The official introduction of the post-graduate course of study which you have read in this issue of the Log Book contains much meat for the progressive doctor in practice within reasonable geographical radius of the college.

The presentation of an adequate training program in any field of education involves intense consideration to a number of aspects:

1. Undergraduate curriculum.
2. Graduate course of study properly diversified to meet requirements of state laws and specialties.
3. Selection of highly trained faculty.
4. Selection of well qualified students.
5. Maintenance of library.
6. Maintenance of buildings, laboratories and their equipment.
7. Adequate endowment and income.

Each of the points above can be elaborated extensively and all can be summarized in point 7. Every column of the Log Book could be filled constantly with progress reports on each of the points above.

But no amount of written description could serve as well as a personal visit on the part of every alumnus and his friends.

The program of post graduate education presented on these pages is the result of long and careful planning, and it gives great pleasure to us to have the opportunity to begin this phase of osteopathic education.

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology
Cardio-Respiratory
Dermatology and Syphilology
Ear, Eyes, Nose and Throat
Gastro-Enterology
Internal Medicine

Laboratory Diagnosis
Obstetrics and Gynecology
Orthopedics
Pathology
Pediatrics
Podiatry

Proctology
Psychiatry
Structural Diagnosis
Surgery
Urology
X-Ray

Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

DR. F. J. McALLISTER, *Chief-of-Staff*

or

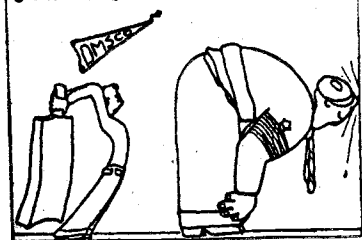
MR. DAVE C. CLARK, *Hospital Administrator*

STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa

FRATERNITY NOTES



ITS

Election of officers for 1950 was held the last meeting in December. **Tom Willoughby** was elected president, **Tom Wolf**, vice president, **B. B. Baker**, secretary-treasurer, and **James Morse**, reporter.

Plans were made to continue the open work nights showing new obstetric films and other interesting medical films. The dates for these programs will be announced later.

QΣΓ

The fraternity looks back upon a most successful year of good fellowship and social activity. Our Christmas Party was extremely well attended with more than three hundred couples present. The success of this party is due to the fine efforts of organization and plain manual work of many of the fellows, the spark plugs being: **Brother Harrison**, decorations; **Br. Panakos**, entertainment; and **Br. Belanger** for over-all coordination. The skit, in spite of technical difficulties with the microphone was appreciated by all and demonstrated histrionic talent remarkable for people who in daily life are so tied up in their work, namely, the art of learning the healing art. The girls in the skit were wonderful. Nuff said. These parties are effective tonics and we plan to have a lot more of them, and soon.

The New Year was ushered in with a party at the Chapter

House in true New Year's Eve fashion, anyway it only happens once a year.

The Harrison Narcotic Agent who was to speak at our Education Nite was unable to do so but assures us he will "give us the dope" soon. Everyone at college is urged to attend our Education Nights and Saturday Night Open House parties. We are always pleased when our alumni drop in on us. We urge them to visit the college and see the wonderful improvements which are taking place and return to their practices with renewed pride in their Alma Mater and Fraternity.

Late Flash. We are having a party at the house on the twenty-eighth of January to celebrate the tag end of a most gruelling semester. Everyone needs this party.

ATLAS CLUB

On Saturday, December 10, the Club held its ANNUAL CHRISTMAS DANCE. Holiday cheer was the setting for the elaborate affair held in the Parkview Club.

The guests were welcomed to the evening of entertainment by **Noble Skull Yarrington** and his charming wife **Christine**. **Kay Killinger** and his orchestra took over with a supply of lovely modern dance rhythm which kept the happy crowd continually on the floor.

During the intermission Santa Claus (**Vel Munson**) came down from the North Pole with his sack full of gifts—one for every lady present. He also had a gift of gleeful entertainment furnished by **Joe Baker**, **Jim McKeever**, **Harley Petersburg**, **Dud Chapman**, **Pete Jordsen**.

These boys must be congratulated on their splendid performance which kept the crowd in an uproar during the entire presentation.

The Club wishes to extend thanks to all of the members and committees for the splendid work and cooperation which made this

evening one to be long remembered by all who attended.

On the night of New Year's eve the Atlas Club held its first party in their new party lounge. It was an informal occasion where everyone talked, danced or played cards. No special entertainment was presented and everyone just enjoyed a quiet evening.

On Wednesday evening, January 4th, a special meeting was conducted for the initiation of the new Atlas Pledge Club. A fine group of selected candidates took the pledge oath. **Steward Wolferden** was elected president of the group, **Owen Sayers** vice president and **Zane Petty** secretary and treasurer. Other pledges are **Dud Chapman**, **Charles Welcher**, **Albert Olsen**, **Chester Owens**, **Joseph Kapp**, **Ray Taylor** and **Ralph Blackwell**. These pledges will be promoted to active membership after the required pledge term is completed.

Hearty congratulations are extended to **Bill Robbins** and his wife who are the parents of a new baby born at Still Hospital. The baby was named **William Warren** and weighed seven and one-half pounds at birth. Mother and child are both home now and doing nicely.

Psi Sigma Alpha Observes 25th Anniversary

A dinner marking the twenty-fifth anniversary of Psi Sigma Alpha, National Osteopathic Scholastic Honor Society was held at the Travelers Hotel, December 16, 1949, in honor of Dr. A. C. Hardy, co-chairman of the department of eye, ear, nose and throat of the Kirksville College of Osteopathy and Surgery and sponsor of the organization for a quarter of a century. Dr. Hardy sponsor of the Alpha Chapter founded in Kirksville, was present at the initial meeting, December 5, 1924, and has attended all dinner meetings since that time. On December 16, 1924, the first dinner meeting was held

at the Travelers Hotel and this year the group returned to the Travelers to celebrate their twenty-fifth year.

Mr. Howard Wicks, President of Psi Sigma Alpha, and a senior at the KCOS was toastmaster. Mr. Wicks read excerpts from the minutes of the past twenty-five years mentioning several in attendance and showing the growth of Psi Sigma Alpha.

Dr. John W. Hayes of East Liverpool, Ohio, National Executive Secretary-Treasurer of P. S. A., spoke to the group and paid tribute to the untiring efforts and ability of Dr. Hardy.

Dr. Fred J. Cohen, of Honolulu, Hawaii, founder of the organization was unable to attend the celebration but the guests listened to a wire-recorded greeting from Dr. Cohen. Dr. Earl Laughlin Jr., first National President of the Organization and close friend of Dr. Hardy, was present and called upon to address the group.

Dr. Hardy received more than 100 telegrams in the past week, congratulating him on his fine spirit of leadership and wishing him and Psi Sigma Alpha well.

As a token of appreciation, the members of Psi Sigma Alpha presented Dr. Hardy with a leather bound book containing the telegrams, each in a plastic envelope.

Some Definitions

A **statistician** is a man who draws a mathematically precise line from an unwarranted assumption to a foregone conclusion.

A **consultant** is a man who knows less about your business than you do and gets paid more for telling you how to run it than you could possibly make of it even if you ran it right instead of the way he told you.

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FEBRUARY, 1950

Number 2

Des Moines Still College Expands Faculty

Graduation

Des Moines Still College of Osteopathy and Surgery adds three more fine young men to its roll of Alumni. Three young men who will certainly fulfill all of the hopes of their Alma Mater and the desires of the osteopathic profession. On Saturday morning, January 21st, in the Masonic Temple on Sixth Avenue, a special convocation was held for the express purpose of conferring the Degree of Doctor of Osteopathy upon **Walter Mill**, of Sikeston, Missouri, son of Dr. and Mrs. Melvin C. Mill; **John B. Farnham**, of Webster City, Iowa, son of Mr. and Mrs. J. A. Farnham; and **William Frank Baker**, of Paxton, Illinois, son of Mrs. Edith Baker.

Each of these fine young physicians will immediately enter their intern training period. Dr. Mill will intern in the Rocky Mountain Osteopathic Hospital, Denver, Colorado; Dr. Farnham at the Wilden Osteopathic Hospital in Des Moines; and Dr. Baker will serve his period of internship at the Still Osteopathic Hospital, in Des Moines.

Each of these young physicians are also Veterans of World War II; Dr. Mill having served in the Army; Dr. Baker in the Army Air Force; and Dr. Farnham served in the United States Marine Corps.

Dr. Frederic J. Weertz, Pastor of St. John's Lutheran Church gave a most inspiring address on the subject, "Life's Responsibilities."

Dean Shumaker presented the students for the degrees and President Peters administered the osteopathic oath and conferred the degrees.

Convocation

The American Osteopathic Association's president, **Dr. H. Dale Pearson**, addressed the faculty and student body of the D.M. S.C.O.S. at an all school convocation in the Masonic Hall on February 6th. The topic of his talk was the organization of the A.O.A. Following the convocation Dr. Pearson was taken on a tour of the college buildings and hospital by Dr. Peters.

Des Moines Still College feels honored in being visited by so distinguished a member of the osteopathic profession and will long remember his vital message and sparkling wit.

D. M. S. C. O. S. Approved by Indiana

On Monday, December 5, 1949, the Board of Medical Registration and Examination of the State of Indiana made an official inspection of the Des Moines Still College of Osteopathy and Surgery. The following letter, which is most gratifying, was received on January 20, 1950:

Edwin F. Peters, Ph.D., President
Des Moines Still College of Osteopathy and Surgery
Des Moines, Iowa

Dear Doctor Peters:

The Board of Medical Registration and Examination of Indiana in executive session on January 10, 1950, adopted the following resolution:

"RESOLVED, that the Des Moines Still College of Osteopathy and Surgery is, as of January 10, 1950, approved as a teaching institution by the Board of Medical Registration and Examination of Indiana, and that graduates of said School following this date, and who meet all other requirements of this Board, shall be eligible for examination and licensure by the Board of Medical Registration and Examination of Indiana."

Yours very truly,

Board of Medical Registration
and Examination of Indiana
Executive Secretary

Osteopathic Hospital Included In \$20 Million Project

Long Beach, Calif., is the scene of a campaign to secure a three-story hospital project which would not only serve the ordinary needs of the community but, in time of emergency, could take care of several thousand civilians for an indefinite period of time.

A local citizens committee representing Seaside Memorial Community, and the Osteopathic Hospitals of Long Beach, all of which are in need of new plants, showed a scale model of the proposed buildings to government officials and members of Congress in an attempt to secure Federal support for the project.

The model shows a 9-story superstructure with three underground levels. The lower levels are to be atom bomb-proof, earthquake-proof, shielded against atomic radiation, self-sufficient unto itself.

New photos of the model, which bore the word "OSTEOPATHIC" prominently on the top were circulated on wire-photo service and appeared on the front pages of papers all over the country.

Toledo Hospital Acquires "New Look"

A complete expansion and modernization program was recently completed by East Side Hospital, Toledo, Ohio, according to Dr. Bernard Abel, staff physician and member of the hospital board of trustees.

The latest in modern equipment has been installed; bed capacity has been increased to 50 beds; and the hospital has undergone a general redecoration. An outstanding feature is that an Open Staff for physicians and surgeons has been set up making it possible for the hospital to service residents of all parts of Toledo.

Research

The Journal of Neurophysiology, 1949, 12:459-463, carries a research article on "Stimulation of Anterior Limbic Regions in Dogs," by Clark, Chow, Gillaspay and Klotz. **Professor Carrie C. Gillaspay**, co-investigator in the research study, is Chairman of the Department of Anatomy at DMSCOS and for the past two years has presented research papers before the American Anatomical Association.

Within the past year many prominent men in the field of basic science and osteopathic medicine have joined the Des Moines Still College faculty. Most recent of these additions to our teaching staff are Dr. Raymond Juni and Dr. Richard DeNise.

Dr. Raymond B. Juni of Philadelphia, Pennsylvania, has been appointed Assistant Professor of Surgery and Chairman of the Division of Ophthalmology and Otorhinolaryngology of the Des Moines Still College of Osteopathy and Surgery. Dr. Juni is a graduate of the Philadelphia College of Osteopathy, class of 1938. For the past ten years Dr. Juni has been a member of the staff of the Philadelphia College of Osteopathy and for the past five years has served in the capacity of Associate Surgeon in the department of E. E. N. T. and Associate Bronchoscopist.

Dr. Juni is a member of the College of Ophthalmology and Otorhinolaryngology of the American Osteopathic Association, the Pennsylvania Osteopathic Association and the American Osteopathic Association.

Dr. Richard P. DeNise, for the past six years a member of the faculty of Philadelphia College of Osteopathy, joined the faculty of the Des Moines Still College of Osteopathy and Surgery on January 10, 1950. Dr. DeNise will be a member of the department of osteopathic medicine.

Dr. DeNise took his pre-osteopathic education at Ohio State University and his degree of Doctor of Osteopathy from the Philadelphia College of Osteopathy. He then interned at the Osteopathic Hospital of Philadelphia. He is a member of the College of Internists of the American Osteopathic Association, the American Osteopathic Association, Pennsylvania Osteopathic Association, and Phi Sigma Gamma.

Dr. DeNise is married and has two daughters, ages five and one year.

Dr. Juni and Dr. DeNise began their teaching duties at the college on February 6, 1950.

SCIENCE

"Osteopathy is a science that analyzes man and finds that he partakes of Divine intelligence. It acquaints itself with all his attributes."—Dr. Still's AUTOBIOGRAPHY.

The President Chats

Manipulation is not a new art. It can be traced back into antiquity. Since 1874 we have had a system of healing known as osteopathy, but as we turn the pages of history we find that about 400 B. C. the Greek physician, Hypocrites, who left many writings, made many references on fractures, joints, and instruments of reduction.

As we read the pages of medical history, we find a great number of medical writers such as John Abernathy, P.L.A. Nicod, John Burns, R. P. Player, Thomas Brown, John Allen, and scores of others, writing on the subject of the spinal region. It is with this in mind that we can point with pride to the history of our profession today and instead of saying that we are affiliated with a new profession, we can say, and truthfully, that we are affiliated with the oldest of all of the healing professions.

However, it took Dr. Andrew T. Still to formulate the laws of nature into a system of healing, which is known as osteopathy. To our founder then we shall forever pay tribute. From an early life and modest beginning, from the time of his birth in a log cabin in West Virginia in 1828, the Father of our profession passed through trials and tribulations of livelihood before he reached the height of acclaim which will cause his name to live forever.

It would be folly for me to relate the early life of Dr. Still. It was in 1892, at the age of 64 that he founded the first school of osteopathy, the first class meeting on the 4th of October of that year. Usually we think of a man at the age of 64 being ready to retire, but that was not true of the founder of our profession. He was ready to give his discovery to the world and to train others to carry on his school of practice. There were only nine or ten outside of the immediate family in the first class. They started with the intention of being assistants, because the Doctor could not handle his practice alone. From that early beginning to the present time, there have been 38 schools of osteopathy founded. Today we have 6. Many of these early schools combined and others became dis-established, but the six schools we have in this country today shall never die, but shall grow and grow and grow until they shall become institutions with educational standards and educational recognition equal to that of any university in this country.

And from the first osteopathic hospital, completed in the year 1906, namely, The Hospital of the American School of Osteopathy, known as the A.S.O. Hospital, until today, according to the latest directory of the American Osteopathic Association, we have 66 registered osteopathic hospitals approved for the training of interns, 28 hospitals approved for the training of residents in one or more of the specialties, and 101 registered osteopathic hospitals in this country. Needless to say, that is growth of a profes-

sion of which every member is proud and we shall have more hospitals tomorrow than we have today to take care of the demands which are being made upon this profession.

We cannot meet as a group, representing the osteopathic profession, without paying heed to some of the philosophy of our founder. There are many of the wise sayings of the Great Old Doctor that I like. For instance, when he stated that "Osteopathy walks hand in hand with nothing but Nature's laws—therefore it marks the significant progress in the history of scientific research." Another one of his statements that I think is so applicable to every physician—one which every physician should keep uppermost in his mind and one that every osteopathic physician must truly believe is that "Let your light so shine before men that the world will know that you are an osteopathic physician."

True osteopathic physicians have no timidity in the use of osteopathic treatment. Then he tells us that all causes combined will never shake the stone on which osteopathy is founded. Osteopathy, since its very beginning has made a great contribution to suffering mankind. Osteopathy has an enviable record as a healing art, but the job has only started. It is, therefore, necessary that we realize the importance of a unified program today in our profession. It is important that we put forth a united force in osteopathic education. We must develop our schools to the point that never can there be any question as to the type of education that an osteopathic physician possesses.

Your School of Tomorrow must be an educational institution that will rank second to none. Your School of Tomorrow must be able to face all problems. With the increasing of educational standards, with the enlargement of the curriculum, we must not lose sight of the original tenet of osteopathy. While it is necessary for us to offer training for our students in the pharmaceutical sciences, it is likewise important—more important than ever before—that we should lay distinct emphasis upon manipulative therapy, because if our institutions are to be unique and justify their existence, we must be different. We can be different, we can be most successful by laying emphasis on manipulative therapy. It is foolish for us to be one thing and try to do another. The unpardonable sin is to know right and not to do it. We must live with ourselves.

It is not necessary for me to say, or to enumerate, to you that without the colleges, the profession will not prosper. Without the colleges prospering, the profession cannot grow. The mortality of the members of the profession will exceed the output of the schools—and if this be the case, how long can osteopathy, as a profession, exist? We all know that it is the plan of our brothers of other schools of therapy to organize and to devise plans and means to recuperate some of the patients they lost

during the war. They thought they were acting wisely by preventing the osteopathic physician being commissioned in our Armed Forces. The osteopathic physicians stayed at home—not all of them—many of them, and those who did, showed to the world that they could do everything that their brothers of other schools could do, and more.

It is not enough to be an ordinary physician. Every osteopathic physician must be a Physician Plus. Our schools must continue to train men and women who will be Physicians Plus, that they know everything that the brothers of other schools of therapy know—and more—and that it is not necessary for them to wait for a patient to get well, they work over the patient getting the patient well.

Your profession—my adopted profession, is growing with the years. We must not be satisfied with our past laurels. It is imperative that we look to the future and next year is our most crucial period. We need your contribution at your school, regardless of what that school is. Contribute and contribute heavily, so that osteopathy will forever meet the many tests which will confront it in the years to come. And in the words of Oliver Wendell Holmes, who said, "The lawyers are the cleverest men, the ministers are the most learned, and the doctors are the most sensible." So let's all be sensible and do our part in helping our respective colleges put over their present Expansion Program by contributing heavily of our earthly possessions.

God and the Doctor we alike adore,
But only when in danger, not before;
The danger o'er, both are alike required,
God is forgotten, and the doctor slighted.

Mental Health Is Your Business

Ralph Irv. McRae, B.A., D.O.

Chairman

Division of Neuropsychiatry

Part III. The Basic Problem of State Mental Health Care

It is becoming increasingly clear that mental health is a community responsibility, and that segregation, exclusion and stigmatization of the mental and emotional deviant do not represent solutions which are adequate or desirable from the standpoint of the patient or ultimate welfare of the community.

Many believe that appropriations, buildings and maintenance are the only requirements for caring for the mental patient. It is becoming clear that the psychiatric function of society must be community centered with the hospital being used as an adjunct.

It is important that the isolation of mental institutions shall be destroyed either by complete reorganization or by the more gradual process of building relationships between; our mental

hospitals; the community where the illness begins, and where recovery must be achieved; and the areas where the most psychiatry is being practiced.

The Veterans Administration has pioneered in this type of service. The problem at the state level is one of public education, legislative reorientation, and institutional reorganization.

Although people in general are by instinct and training, unwilling to be realistic about mental health, there is an ever growing number of intelligent people who realize its vital significance, whose families may have been touched by its inroads, and who are willing, even eager, to know what can be done to improve the situation. For these the **Mental Hygiene Society** should be available. Upon these laymen we must depend for the energy of reform. They are the taxpayers, the voters, and from them must come the demand for intelligent legislative spending for mental health care. To them too we shall look for help to carry the educational movement to the public at large. It is critically important that the general public shall be as informed and as unprejudiced as possible.

It is just as vital for the public to understand the etiology and preventions of mental illness, as for the public to understand the etiology and prevention of tuberculosis or diphtheria. It is equally important that the general public shall learn to not stigmatize but accept an improved mental patient so that he may complete his recovery in his own social environment.

To the average member of a state legislature, bills pertaining to mental health are usually appropriation bills. They are totally unrelated to his voting constituents, except that it is the type of bill he can say he saved his constituents money by voting no. It is a type of bill in which there is no clear cut issue, no critical judgment is called for or given. In a legislative year it usually can only have negative value to either party. This situation makes radical reorganization of state mental health programs virtually impossible at the legislative level.

It also constitutes a very dark cloud of frustration upon the officials in charge of the administration of state law in the field of mental health care. It prevents progress from inside. It undermines ambition, enthusiasm and creative progress at the level the average layman always expects to find it, when a member of his family is institutionalized.

When such laymen on finding apathy, disinterest and bad general conditions, complain, they are often faced with the depressing answer, "There isn't anything anybody can do about it," or even surreptitiously advised to not get excited about reforms, for someone will get into trouble. The press has not found it a favorite topic for reform movements. Sporadic efforts are made by enterprising reporters, but there are few who dare speak,

(Continued on page 4)

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Editor

SIMON S. INDIANER

Associate Editor

MORT LEVIN

Osteopathy Without Limitation

Dean's Letter

The previous issue of the Log Book has presented a program of post graduate education which will enable osteopathic physicians within reasonable radius of Des Moines to:

1. Secure part or all of the requirements for an osteopathic surgeon's license in Iowa.
2. Obtain further knowledge and training in the practice of osteopathic medicine.
3. Earn graduate college credit toward an advanced degree at Still College.

This educational plan has been endorsed by the Bureau of Professional Education of the A.O.A.

The program was formally launched on February 1 with the offering of three courses.

1. Gross Anatomy (required for license in surgery in Iowa).
2. Metabolic Diseases.
3. Principles of Dynamic Psychiatry.

Each course of instruction meets one evening each week for a semester of 18 weeks. Each class session meets for three hours from 7:00 p. m. to 10:00 p. m.

The response to the first session in Postgraduate Education is most inspiring. The effective radius is about 175 miles.

As time passes, more subjects will be introduced into the curriculum. It is expected that a student may find it possible to earn 36 semester hours credit in the short space of two years at a maximum load of nine hours credit per semester.

The offerings for the Fall semester of 1950 will be announced in the Log Book in the near future.

Class Rolls

Gross Anatomy, Carrie Gillaspay, A.B., M.S., Instructor.
Bobenhouse, Harlan H., D.O., Earlham, Iowa.
Hodson, Marvin L., D.O., Clemmons, Iowa.
Jones, Leon, D.O., Des Moines, Iowa.
Luebbers, E. J., D.O., West Des Moines, Iowa.
Luka, Leo, D.O., Des Moines, Iowa.
Martin, Robert M., D.O., Pella, Iowa.
Park, Paul, D.O., Des Moines, Iowa.
Peace, Arline E., D.O., Redfield, Iowa.

Peace, Tyrus C., D.O., Redfield, Iowa.
Petit, Robert L., D.O., Des Moines, Iowa.
Reynolds, Clarence R., D.O., Fairfield, Iowa.
Wilson, Bryce, D.O., Des Moines, Iowa.

Metabolic Diseases, Stuart F. Harkness, D.O., Instructor.
Bobenhouse, Harlan H., D.O., Earlham, Iowa.
Luka, Leo, D.O., Des Moines, Iowa.
Martin, Robert M., D.O., Pella, Iowa.
O'Shana, R. Paul, D.O., Carlisle, Iowa.
Peace, Arline E., D.O., Redfield, Iowa.
Peace, Tyrus C., D.O., Redfield, Iowa.
Petit, Robert L., D.O., Des Moines, Iowa.
Reynolds, Clarence R., D.O., Fairfield, Iowa.
Toriello, Dan D., D.O., Des Moines, Iowa.
Wilson, Bryce, D.O., Des Moines, Iowa.

Principles of Dynamic Psychiatry, Ralph I. McRae, A.B., D.O., Instructor.
Anderson, Malcolm R., D.O., Sully, Iowa.
Bobenhouse, Harlan H., D.O., Earlham, Iowa.
Kramer, Harm H., D.O., Pella, Iowa.
Luka, Leo, D.O., Des Moines, Iowa.
Martin, Robert M., D.O., Pella, Iowa.
Meyer, C. O., D.O., Des Moines, Iowa.
Peace, Arline E., D.O., Redfield, Iowa.
Peace, Tyrus C., D.O., Redfield, Iowa.
Petit, Robert L., D.O., Des Moines, Iowa.
Reynolds, Clarence R., D.O., Fairfield, Iowa.
Voss, John W., D.O., Albert Lea, Minnesota.
Wilson, Bryce, D.O., Des Moines, Iowa.

The Heart In Senility

Stuart F. Harkness, D.O.

Associate Professor
Department of Osteopathic
Medicine

The practitioner is often confronted with the patient in the advancing years of life with moderate to severe degrees of cardiac disease for which there may be none of usual etiologic factors presenting themselves in the history.

This is the patient who presents rather advanced arteriosclerosis of a physiological nature, rather than that of any specific background. As a result of arteriosclerosis and narrowing of the coronary arteries, the nutrition to the myocardium is impaired. There is usually some degree of senile emphysema pulmonary arteriolar sclerosis and kyphosis tending to embarrass the circulation in the lesser circuit and with subsequent elevation of pressure within the pulmonary artery, the right ventricle and auricle are strained.

Incumbent upon the narrowing of the antero-posterior diameter of the chest, lack of exercise and loss of muscle tone, the attachments of the diaphragm become lax so that it assumes a position (permanently) more closely to that normally found at the end of inspiration. The milking action of this important structure is lost, venous return diminishes with consequent congestion and venous stasis of all structures below. For a considerable period of time the liver, with its enormous capacity as a reservoir, will compensate for most of this. Hepatostosis ultimately results in anoxia of the parenchyma and faulty liver function. While this is taking place there is mucosal congestion in the digestive tube with resultant faulty digestion and absorption. The patient is no longer very active, his appe-

tite is poor and he succumbs to poor dietary habits being deficient in protein, vitamins, and minerals. All this nutritional unbalance resulting from poor liver function, faulty dietary and digestive function further insults the already embarrassed myocardium.

The descended diaphragm, lack of exercise and poor muscular tone results in most of the abdominal viscera assuming a pelvic location. Stasis occurs in the splanchnic bed further hindering normal intestinal and renal function. There is soon accumulation of fluid in the subcutaneous tissues, partly on the basis of increased hydrostatic pressure, and probably more important because of hypoproteinemia resulting from the poor nutritional status.

All of these changes mentioned increase the peripheral resistance against which the left ventricle, in its malnourished state, must work; it begins to fail further increasing the pressure within the pulmonary bed, further adding to the burden of the right heart and a vicious cycle is established.

It now becomes a race between heart, liver, and kidney to see which one can sustain its vital function the longest. Ultimately, providing some severe infection does not supervene, one or the other will fail, facilitating the demise of the patient.

Conclusion

A very simple correlation has been presented of the cardiovascular problem confronting the patient of advancing years. It is no means rare to see patients presenting at least some of the features alluded to. And, it is only by understanding the inter-related pathologies, that the physician is able to fulfill his responsibility to these patients.

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

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Ear, Eyes, Nose and Throat
Gastro-Enterology
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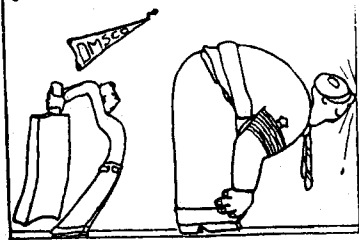
DR. F. J. McALLISTER, *Chief-of-Staff*

or

MR. DAVE C. CLARK, *Hospital Administrator*

STILL COLLEGE OSTEOPATHIC HOSPITAL
725 Sixth Avenue
Des Moines, Iowa

FRATERNITY NOTES



ATLAS CLUB

January 16, 1950, Atlas Club held its regular meeting at the new Atlas Manor. At this time we had the pleasure of installing **Dr. Minnick** as an honorary member in the club. We are proud to welcome Dr. Minnick and feel that he will be great credit to the organization.

This same evening we held our regular semi-annual election of officers. A fine group of candidates were voted upon to serve as leaders of the club for the next term.

The rest of the evening was filled by **Dr. Graney** who gave a very interesting lecture and discussion on the "Acute Abdomen." Most interesting and useful knowledge was gained and we wish to thank Dr. Graney for his contributions to the Club.

On the evening of February 6, the official installation of new officers took place. **Noble Skull Yarrington** retired from office by appointing **Bob Johnson** as worthy Noble Skull who with the assistance of **Worthy Sacrum Bill Walters** and **Worthy Radius Paul Walter** conducted the ceremony for the installation of the new officers, who are as follows:

Noble Skull—**Tim Lott**.
Occipital—**Paul Jackson**.
Sacrum—**Eugene Herzog**.
Stylus—**John Vorrhees**.
Styloid—**Don Welch**.
Pylorus—**Fergus Mayer**.
Receptaculum—**Ronnie Grow**.

The Club is proud of its selection of new officers and looks forward to a successful semester. High standards have been set for

this coming semester by the many successes and accomplishments of the last term. **Noble Skull Yarrington** and his cabinet are to be congratulated on the fine work that was rendered the club during their term of office.

Contract has been made with **Dr. Dale Pearson** who is president of the A.O.A., and also an important member of the Atlas Club.

Dr. Pearson will be in Des Moines during the first part of February and has agreed to meet with and lecture to the club. All Alumni and Active Members are invited.



The first meeting of the spring semester was held at the Chapter House, February 6, 1950. At this time officers for this next semester were elected and are **Robert Harrison**, President; **Charles Fortino**, Vice President; **E. Lee Gomell**, Secretary; **James Haffender**, Treasurer and Executive Administrator; **Ted Kane**, Sergeant-at-Arms; **William Johansen**, Pledge Master.

The fraternity extends congratulations to its new officers and pledges its utmost cooperation.

William Belanger has again graciously accepted the chairmanship of the all important social committee. Brother Belanger did an exceptional job last semester and you can be sure there will be outstanding social events during the coming months.

During the past semester the fraternity has presented outstanding speakers for the regular educational nights. This program will continue during this next semester and will be highlighted by alumni members of Phi Sigma Gamma who are now members of the faculty of the college. Members, pledges, and friends are urged to attend these educational nights as they have proved valuable in the past and will no doubt do the same in the future.

AOF

Our last meeting was held on Jan. 31st. The attendance was good and the members worked up a good appetite for the delicious sandwiches which followed. Social plans were discussed for the semester.

Two of the members who were hospitalized for "Poundstonectomies" are back sitting on pillows.

The end of the semester was welcomed by the members who participated in the week-end dance. The inter session vacation was enjoyed by all.

Courses being resumed, we welcome back our externs.

Our initiation of new members will be held on Sunday, Feb. 19, to be followed by dinner dancing in honor of our new brethren.

O. W. C. C.

New officers for semester ending June, 1950: President, **Betty Hessey**; Vice President, **Christine Yarrington**; Secretary, **Madeline Blackwell**; Treasurer, **Charlene Abrahamson**.

Born—son to Iva and Dale Dodson.

O. W. C. C. semi-monthly meetings will henceforth be held alternately at Atlas fraternity house, 6th and Arlington, and P. S. G. house, Grand avenue.

ITS

A meeting was held in January at **Dr. Sloan's** office and **Martin Caldwell** and **Shirley Allers** were formally pledged. Following this business meeting movies were shown at Dr. Sloan's home.

A tired doctor got his wife to answer the phone by the bed, say he was out and give advice which he whispered to her.

"Thank you very much, Mrs. Simpson," said the voice, "But I should like to ask one thing. Is that man who seems to be in bed with you fully qualified?"

—The Right Hand.

Mental Health—

(Continued from page 2)

or listen, for many reasons.

This rather complex circle of vitiating circumstances is not the "fault" of any single group but can only be the result of ignorance and superstitious fear in the hearts of all save the long suffering institutional men and their patients in over loaded wards.

It is of essential social importance that you as physicians shall not share in the same prejudice and eye shutting attitude, but shall act effectively in your community to do your important part:

1. By becoming active in your local Mental Hygiene Society.
2. By visiting all the mental institutions in your state to see what conditions are.
3. By being active in legislative contacts when mental health bills are pending.
4. By being the leaders in your community for coordinating all services and efforts to safeguard the mental health of your city or county.
5. By making it your professional obligation to become as familiar with this area of medicine as you are with the field of infectious diseases. You will see more patients in your practice this year who are acutely ill with emotional dysfunctions, than you will of those acutely ill from infectious etiology!

Important Notice

The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

The Log Book

The Official Publication
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

722 Sixth Avenue
DES MOINES 9, IOWA

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At Des Moines, Iowa.

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PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

Volume 28

MARCH, 1950

Number 3

D. O.'s Included In Atomic Program

Still College Faculty Member Is Co-Author

Carrie C. Gillaspy, chairman of the Department of Anatomy, Embryology, and Histology at the Des Moines Still College of Osteopathy and Surgery is a co-author of an article entitled "Stimulation of Anterior Limbic Region in Dogs," which appeared in the April, 1949, issue of the Journal of Neurophysiology.

Other authors are George Clark and K. L. Chow of the Department of Anatomy, Chicago Medical School, Chicago, Ill., and D. A. Klotz, of Yerkes Laboratories of Primate Biology, Orange Park, Fla.

Miss Gillaspy, who is an accepted candidate for her Ph.D. degree from Chicago University, received her A.B. degree from Iowa State Teachers College and was awarded an M.S. degree from Oklahoma University.

The Homemaker

A unique honor and distinction came to Mr. and Mrs. John Toews last month by receiving an all expense trip to New York City as a reward for the winning letter submitted by Mrs. Toews to the Betty Crocker program.

The broadcast in which Mr. and Mrs. Toews appeared on the Better Crocker program was on a national hookup on February 22nd.

The letter submitted by Mrs. Toews explained the hurdles that they have overcome so that John could realize his life ambition—that of being an osteopathic physician.

D.M.S.C.O.S. was mentioned many times on the broadcast and Mr. and Mrs. Toews feel that their trip to New York was one of the highlights of their lives.

O. & O. L. College Will Hold Fall Meeting

A national meeting of the Osteopathic College of Ophthalmology and Otorhinolaryngology will be held October 30 through November 3 at the Ambassador Hotel, Los Angeles, Calif., according to Dr. Clyde F. Gillett, program chairman.

Death Comes to Distinguished Alumnus

Dr. John E. Rogers, class of 1924, of Oshkosh, Wisconsin, passed away Saturday night, February 25 at 11:00 p. m. at his home.

Dr. Rogers was Past President of the American Osteopathic Association, served for many years as a college inspector, was instrumental in the reorganization of the osteopathic colleges and for the past several years has served as Secretary of the National Board of Osteopathic Examiners.

Not only was Dr. Rogers interested in his chosen profession but he was active in the affairs of Northwestern University of Evanston, Illinois, having served as trustee for that great university.

Dr. Rogers' son, Richard, is practicing in Blackwell, Oklahoma.

The administration, faculty, and friends of D.M.S.C.O.S. extend to the family their sympathy in the passing of Dr. Rogers.

Inspection

On February 20th and 21st, Dr. Robert Thomas of Huntington, West Virginia, Dr. C. Robert Starks of Denver, Colorado, and Mr. L. W. Mills, who is Director of Education of the American Osteopathic Association made a formal inspection of D.M.S.C.O.S.

The American Osteopathic Association is one of the few professions which annually inspect their schools. It is always a pleasure to have members of the profession visit D.M.S.C.O.S. and especially is it a pleasure to have members of the official family of the profession inspect the school. Their criticisms and recommendations are invaluable in the building of a type of an institution that is desired by all.

Faculty Appointment

Dr. Howard A. Wicks, A.B. University of Iowa, M.A. Colorado State College of Education, D.O. Kirksville College of Osteopathy and Surgery Class of January, 1950, has joined the faculty of D.M.S.C.O.S. as an instructor in the division of Cranial Osteopathy.

Dr. Wicks began his duties with the College March 1st.

D.M.S.C.O.S. Represented At Internists' Study Conference

Dr. Stuart F. Harkness, Chairman of the Department of Internal Medicine at D.M.S.C.O.S. is the program chairman for the Eastern Study Conference of Osteopathic Internists which will be held at the Hotel Warwick, Philadelphia, Pennsylvania, on March 24, 25 and 26.

Dr. Harkness will also head a panel discussion on the "Medical Approach in Management on Thromboembolic Distase in the Surgical Patient".

Dr. Leonard Grumbach, Chairman of the Department of Physiology at D.M.S.C.O.S. will present a formal paper at this conference on "The Neurophysiological Basis for an Osteopathic Interpretation of Etiology in Internal Disease". Dr. Grumbach's paper will be discussed by Dr. Ralph E. Everal of Detroit, Michigan, Dr. Ralph L. Fischer of Philadelphia, Pennsylvania and Dr. Frederick Long of Philadelphia, Pennsylvania.

Wins Television Set

William Smeltzer, Junior A class, was the lucky winner of an RCA Victor television set at the Des Moines Auto Show on March 3.

The "story behind the story" is that Jim Haffenden purchased Bill's ticket, insisted on staying in spite of the large crowd, and dropped the stub in the box for him. Thanks to that insistence, Bill's generosity, and aerial steeplejacks Simmons and McLain, fellow PSG members are now enjoying TV at their house.

Visitor

Dr. J. R. Forbes, Director of the Division of Public and Professional Welfare of the A.O.A., spent Thursday, March 2nd, at his old Alma Mater visiting with friends and recalling happy experiences of the days when he was not only a student in the school but also the time he spent as a member of the faculty.

Dr. Forbes had spent the day previous in Ames, Iowa, making arrangements for an extended series of weekly broadcasts over the new television station of Iowa State College, WOI-TV.

Osteopathic College Representatives to Receive Training

Washington News Letter—The Health Resources Division of the National Security Resources Board and the Division of Biology and Medicine of the Atomic Energy Commission have announced the inclusion of the osteopathic colleges in a series of one-week teacher training courses in the medical aspects of atomic warfare sponsored by the AEC.

Last week NSRB sent a special communication to the State Governors in the form of a Civil Defense Advisory Bulletin dated February 3, 1950, NSRB Doc. 121/3, requesting the Governors to nominate candidates for the teacher training courses which will be held at the following seven universities beginning on or about March 27, 1950: University of Rochester; John Hopkins University School of Medicine, Baltimore; Western Reserve University School of Medicine, Cleveland; University of Alabama School of Medicine, Birmingham; Argonne National Laboratory, Chicago; University of Utah School of Medicine, Salt Lake City; University of California, Los Angeles.

Enclosed is excerpt from the above mentioned Bulletin which lists the osteopathic colleges at category 2 of the five categories of eligibility. The qualifications of each nominee will be passed on in Washington by the NSRB.

On February 10, 1950, NSRB formally acknowledged the A.O.A. request in part as follows: "We could not comply with your request to include a representative from each State osteopathic association, but you will be glad to know that we have suggested to the Governors that a qualified teacher from each of the osteopathic medical schools be selected to take the primary course. Our chief emphasis is one the training of medical school personnel because we believe that the medical school represents an ideal place for dissemination of information, on atomic warfare, to both graduate physicians and medical students. The same principle would obtain in the case of osteopathic medical schools."

"The physician does not make the cure. He merely prepares and clears the way for Nature, who is the real healer."

—ISSAC JUDAUS.

The President Chats

Dreams Do Come True—For more than three years members of the administrative family of the College and members of the Board of Trustees of D.M.S.C.O.S. have been dreaming of a Clinical building for the College which would adequately accommodate the vast number of people who want clinical services from the College. At times the possibility of having such a clinic seemed most remote and doubtful. Frequently, through the clouds of disappointment a bright ray of hope would be visible.

Last September 1st, the Board of Trustees made the most of one of these faint rays of hope and purchased the Joseph Apartment building, adjacent to the college building on the north, trusting that some unforeseen angels of generosity would open their hearts and contribute enough money so that the building could be remodeled and used as a Clinical building.

Not only was the building needed for adequate care of the patients who were demanding osteopathic clinical services but it was needed also so that a well-rounded program of clinical instruction could be provided for the upper classmen. Then also it was needed to relieve the congestion of the college building, thus providing more facilities for the training of the students in their basic science years.

The remodeling of the clinical building has progressed from month to month and within the last week eight of the clinical staff doctors have moved into their new offices as well as have twenty-four of the clinical students. As rapidly as the remodeling can be completed more clinical students will be transferred from the college building to the new clinical building. This new addition to the College will greatly improve the educational program being offered.

The greatest factor retarding the completion of the new Clinical building is the lack of necessary funds. If only the members of the Osteopathic Profession who so far have not made their contributions to the Osteopathic Progress Fund campaign could visualize and realize the need for enlarging our educational facilities, the problem of the college administrators would not be so difficult, the burden would not be so heavy, and our schools could graduate more competent and thoroughly trained physicians than they are now able to do.

We sincerely urge all alumni to visit their old Alma Mater and note the progress which has been made in spite of financial need.

NOTICE

Please notify the LOG BOOK promptly when your address changes. This is most essential in order that our mailing list be kept up-to-date.

Mental Health Is Your Business

Ralph I. McRae, B.A., B.Sc., D.O.
Chairman
Division of Neuropsychiatry

Part I. The Psychotherapeutic Approach

As physicians, you who are in general or specialty practice have a well trained and deeply organized pattern of approach which to you is realistic, pragmatic, logical and effective. This approach is basically analytical at the physical and physiological level. Scientific values, sound judgments, practical common sense and effective surgery, medications or other physical treatment, results in known changes in the patient. This can be grasped and by definite effort definite effects achieved.

The patient is treated as an aggregate of organs and systems which are evaluated separately and treated specifically. Diagnosis and treatment are departmentalized for greater efficiency based on this evaluation of the patient. This is good, clinically proven procedure for the treatment of organic problems.

From time to time in handling a case the patient is recognized as an integrated personality when common sense values make it important to do so, but as a rule this aspect of a patient hinders procedure, intrudes on routine, and is a general source of trouble. In general practice this element of the patient is considered a great time consumer and there is a general trend to so organize the office that services are impersonal, collections are impersonal, and the patient is treated for what is "really wrong" with his body, efficiently, rapidly, and again impersonally.

In large institutions the patient becomes a number and his treatment chart resembles a college curriculum with courses all lettered and numbered by departments. This is the trend in modern clinical methods of handling sick people. It is therefore not surprising that the whole field of psychiatry is somewhat difficult for the general clinician or specialist in general medicine to evaluate.

In psychotherapy the approach is in essence diametrically opposite. Here we have no choice but to look at the patient as a totality. Here the personality is of importance. As Noyes has pointed out, it is a great deal more than the sum of patient's functioning parts. Nor is this added element strictly added; it is inherent in and identified with these same organs and systems which have been clinically emphasized. There is no mind without a body, no emotions without a glandular system, no personality without a social environment of other total organisms interacting as personalities. This holistic approach, although it is analytical, and attempts to be based on judgment, clinical experience, and scientific procedures, is at a different level of the

patient's organization and has many qualities distinctly different from the general clinical approach. We do recognize the essential importance of the somatic; that is, we are just as interested in the patient's medical history, his physical status, and his physiological capacity, as the general practitioner or specialist, but from a somewhat different viewpoint. We use these data in their important reciprocal relationships to the psyche and their effect on the personality.

We find that the psychotherapeutic approach soon involves us in the personal matters of the patient. We find we are taking the time to listen to all the things the patient couldn't or wasn't permitted to tell, or to which others didn't properly react as he so desperately needed and hoped they would when he did try to tell them. Even when the neurotic patient tries to talk about his bodily symptoms, he is hoping we will understand that it isn't really his organs he is talking about. He isn't really surprised when we find nothing wrong with his organs. In fact, he is often startled when we do, and either attaches too much emotional value to these findings or is indifferent to them so far as cooperating with treatment is concerned.

This brings us to an important factor in differentiating the psychotherapeutic approach to the disturbed patient. Due to the nature of the forces which produce all emotional disturbance, whether they be neurotic or psychotic, it is characteristic of these patients to express their problem in a symbolic manner. They never speak directly, especially in the voluntary presentation of their problem.

"Why," you ask, "Why in Heaven's name don't they say what they mean?" The reason is quite simple and extremely important. The emotionally disturbed patient has emotional indigestion at the **unconscious** level. He either doesn't know what is wrong or can't face what is wrong, and his symptoms are simply secondary expressions of conflicts not admissible to consciousness. He literally can't tell you what is wrong except through his symptoms, which are all he knows about, or can bear to talk about, even to his own conscious self.

This situation makes the clinical "common sense" approach unfeasible and often traumatic to the patient. To tell these patients "there is nothing wrong, go home and forget it" begs the question. To surgically operate these patients for somatic symbolic complaints is not only criminal procedure but forces the patient to accept his symbol as reality; thus fixing it more or less permanently, and distorting his sense of reality further. To tell these patients to stop worrying, take a barbiturate chronically, or to go to some practical

thing to solve their problem is equally frustrating and confusing. Advice, sympathy, admonitions, religious fervor and any other direct approach to their problem is usually fallacious or disturbing because it is based on the false premise that they literally mean just what their language is saying, whether expressed verbally, through behavior, or at the somatic level.

We will continue this discussion in our next issue and try to give a general idea of how the psychotherapeutic approach operates.

Auxiliary Scholarship Winners Announced

The five winners of the first annual scholarship contest sponsored by the Auxiliary to the American Osteopathic Association were announced January 16th.

The amount of each scholarship is \$400.00 and it may be renewed for the sophomore year in osteopathic colleges provided the student has maintained the required standards. The purpose of the scholarships is to bring outstanding young men and women in to the osteopathic profession and who need assistance in completing their education, to increase public interest in the profession, and to train more young doctors for the betterment of public health.

The requirements for receiving a scholarship include citizenship in the United States or Canada; completion of adequate preprofessional training; high scholastic standing; aptitude for the osteopathic profession; good moral character and high personality rating; and need for assistance.

The administration of the scholarships is by an Awards Committee consisting of Mrs. D. D. Waitley, President of the Auxiliary to the American Osteopathic Association; Mr. Lawrence W. Mills, Director of the Office of Education of the American Osteopathic Association; Dr. W. C. Eldrett, Dean of the Chicago College of Osteopathy, and a member of the American Association of Osteopathic Colleges; and Mrs. Eugene J. Casey, chairman of the Scholarship Committee of the Auxiliary.

The 1950 award winners are as follows:

Clarence L. Booher, Odessa, Texas; James N. Osterberg, Muskegon, Michigan; Charles Anthony Marks, Shaker Heights, Ohio; Peter Marquez, Albuquerque, New Mexico; and Richard Carl Disch, Cleveland, Ohio.

These five were chosen from a total of fifty-two applicants from fifteen states and Canada. The large number of applications for the first award presages a most successful future for this important activity of the national auxiliary.

OSTEOPATHY WITHOUT LIMITATION

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Editor
SIMON S. INDIANER

Associate Editors
MORT LEVIN
RICHARD M. DE BARD

Osteopathy Without Limitation

Dean's Letter

Although the deadline of March 1st for filing applications for admission to the Freshman Class next September has passed, requests for application forms seem to be made in every increasing numbers.

There are over 200 acceptable applications on file at the present time, and from these the class of 70 Freshmen will be selected.

A great part of this flood of applicants is due to the wholesome respect for the osteopathic concept which has been developing in the preprofessional schools. The osteopathic system of medicine in turn has developed standards of admission and of education which are easily on a par with accepted standards of preprofessional and professional education.

In his annual bulletin entitled, "Application to the Professional Schools and Colleges for the Fall Term 1949," William S. Guthrie, Dean of the College of Liberal Arts and Sciences of Ohio State University, states, "There are six colleges of osteopathy. They report 2,188 applications for 504 places in their freshman classes, a ratio of four applications for each place in the classes. Pre-osteopathy students have become a group with their own identity today in the colleges. And it is increasingly difficult for an applicant rejected by a regular medical school to succeed in gaining a place in an osteopathy school as an alternate choice."

Today there exist on many college campuses, the preosteopathic clubs or fraternities which are entirely separate from and increasingly competitive to the well established premedical clubs. Such clubs are becoming so well known, indeed, that they often attract premedical students at their monthly, or regular meetings.

Many premedical students have chosen medicine in the belief that it represents the acme of medical science. Through curiosity, if for no other reason, these young men visit the pre-osteopathic club and learn for the first time—and often too late—of the vastly broader principles of osteopathic medicine.

It is easily possible that the preosteopathic clubs may become the centers from which most of the students in osteopathy may come. This thought, however, should never dominate the ad-

missions committees and influence them unduly in their selection of students.

The observations of Dean Guthrie are profound and point the way to a great future for the profession, a future which is now visible and inevitably upon us.

The Relationship of Gall-Bladder Disease To Heart Disease

Stuart F. Harkness, D.O.
Chairman, Department of Osteopathic Medicine

It has been pointed out by many observers in the past that not only is heart disease simulated by gall-bladder disease, accompanied by gall-bladder disease but that there may be an actual etiological relationship between the two.

Cardiovascular and gastrointestinal systems are closely related anatomically and physiologically. Both systems are enervated by the sympathetic and parasympathetic nervous systems and hence are subject to reflexes in either of these systems.

It is the purpose of this discussion to suggest three possible mechanisms and effects none of which in their entirety have been substantiated clinically or experimentally.

The first mechanism would, logically, be that of reflex effect. Herein could be applied the common knowledge that many of the arrhythmias, particularly extrasystoles, are the result of disease in the biliary passages. This undoubtedly results from the production of foci of increased irritability within the ventricle. While in the vast majority of instances, these extrasystoles are of a very benign nature, their annoyance to the patient is often very great. Their disappearance after correcting faulty biliary function is common experience.

Another reflex manifestation on the heart could well be on the coronary vessels resulting in so-called coronary spasm with anginal symptoms. Wakefield quoting Riesman reports two cases in whom apical systolic murmurs occurred during attacks of gallstone colic. The heart was also dilated during the attacks. No effort is made to explain the dilation during the attack but it in itself could be productive of the apical systolic murmur. The dilation it would seem, may be explained on the basis of vagal effect.

The second and most interesting relationship is that of the disturbed cholesterol metabolism common to biliary and generalized arterio-sclerosis and is being rather generally accepted today. If this disturbance of biochemistry can produce changes in these arteries is it not possible that the coronary vessels are similarly affected? If this be accepted then we have another mechanism, although indirect, whereby the heart is secondarily affected by gallbladder disease.

The third mechanism to be discussed is that effect which biliary disease may have on the heart by its effect on hepatic and pancreatic function. If the disease is sufficiently severe and of sufficient duration its effect on the function of these two organs is well known. The resultant metabolic and biochemical changes can be responsible for changes in the myocardium directly, or indirectly by changes in the coronary arterial system and pulmonary bed.

Conclusions

Three possible relationships between gall-bladder disease and heart disease have been discussed. Admittedly many points are controversial but are observed frequently in daily practice; it, therefore, remains for future investigation to substantiate or repudiate the validity of these postulates.

Osteopathy

Medicine has suffered fatalities By treating symptoms instead of disease.

That is until Old Andrew Still Found a way to cure the ill.

He felt the body as a whole, Where every part must play a role, Had the power to cure its ills Without engulfing "sugary pills."

The vertebral column and sacral mass, Through which visceral and somatic nerves must pass, May be perverted by a lesion. (Beyond the allopath's "encapsulated" vision.)

And through this disturbed articular motion May reflexly arise a functional commotion. By osteopathic care and proper manipulation We may restore the disordered articulation.

And so in the Era of Osteopathy No suppression of symptoms—but true recovery!

—S. S. Indianer.

Iowa Governor's Messenger In Still College Hospital

Douglas Miller, 88-year-old messenger for Iowa Governor W. S. Beardsley is reported to be in good condition after undergoing an abdominal operation, January 11 at Still College hospital, Des Moines, Iowa.

Miller served under seven governors and personally knew 17 of the 30 governors in the 104-year history of Iowa. Authorities say he has been an institution around the statehouse and was widely known in early Iowa political circles.

DIAGNOSTIC CLINIC

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Orthopedics
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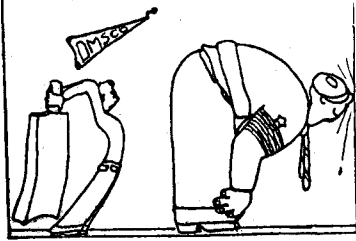
DR. F. J. McALLISTER, Chief-of-Staff

or

MR. DAVE C. CLARK, Hospital Administrator

STILL COLLEGE OSTEOPATHIC HOSPITAL
725 Sixth Avenue Des Moines, Iowa

FRATERNITY NOTES



ΦΣΓ

The month of February was a big month for the Delta Chapter of Phi Sigma Gamma, and the activities included both social and educational programs.

On Sunday, February 19, the fraternity initiated 13 pledges. The new actives are **Robert Boaz, Robert Larson, Earl Gay, Allyn Conway, Victor Bovee, Jr., Herbert Perryman, Harry Brom, Brian Doherty, George Kemp, Robert Eggert, Harold Irvin, William Arvant, and Joseph Sage.**

On February 20, **Dr. Richard P. DeNise** was the guest speaker for our regular monthly forum meeting. Dr. DeNise discussed physical diagnosis and emphasized how important it is to become as proficient as possible in this subject. Everyone who attended is grateful to Dr. DeNise for coming out and leading in this discussion.

On February 25, the annual Hobo Convention was held at the fraternity house. This annual affair was well attended by all "fraternal bums" and by a character who insisted his cigar (only one like it in Iowa) should make him win the first prize. Walt Hoffman and his committee were responsible for making this Hobo Convention a success.

At the last meeting of the fraternity seven freshmen were accepted as pledges and are: **Arnold Miller, Lewis Thorne, Milton Dakovich, Donald Fern, Richard Cronk, James Martin, and Bill McLain.**

Those Frenchified signs at school advertise a dance to be held at the PSG mansion on "le

mars vingt-cinq." This promises to be an outstanding event, especially due to the Pigalle motif.

AOΓ

On Sunday, February 19, the fraternity had its initiation dinner at which time the following new members were honored: **Edward Levine, Milton Marmorstein, Gerald Nash, Donald Rosman and Arthur Simon.** The members, their wives, and their girl friends thoroughly enjoyed the dinner and the dancing which followed.

Dr. Braunschweig, the obstetrical resident at the Still College Hospital, was the guest speaker at our meeting on Feb. 28. His topic, "Our Relationship As Externes and Internes to the Hospital Staff," was very enlightening and well received.

ATLAS CLUB

The Atlas Club was singularly honored when one of its distinguished alumni, **Dr. Dale Pearson**, President of the American Osteopathic Association, gave an informal talk to the members, pledges and alumni on Monday, February 7. Dr. Pearson commented on the progress osteopathic medicine has made in gaining recognition in Washington during the past decade. He also discussed the policy taken by the American Osteopathic Association on socialized medicine and the reasons for choosing this policy. Dr. Pearson took justifiable pride in describing the advancement made by our profession in the period following the war and in the scholastic advancement made by our colleges.

During his talk Dr. Pearson elaborated on the fine training and value gained from belonging to and participating in the activities of an organization such as the Atlas Club.

Among the guests present were **Dr. and Mrs. E. F. Peters.** Mrs. Peters attended the Wives' Club meeting held at the Atlas House in conjunction with the talk given

by Dr. Pearson. Also present at the meeting were **Dr. R. B. Bachman** and **Dr. P. E. Kimberly**, of the college faculty.

Plans for a group picture have been completed and each member will receive a copy of the composite picture.

ΔΩ

The Delta Omega sorority held a dinner at Sammie and Mae's Restaurant in Feb., honoring **Pat Spurgeon, Sally Sutton, and Sue Fisher.** They were presented with lovely corsages preceding the delicious dinner.

At an impressive candlelight service Sue Fisher was initiated into the sorority as an active member. President **Elena Parisi** presented the new member with the sorority pin.

The pledge ceremony was performed for the two freshmen girls, Sally Sutton and Pat Spurgeon. **Pat Cottrille** instructed them in their duties and presented them with their pledge pins. A business meeting followed, during which Sue Fisher was elected secretary, and plans for the sorority dance were discussed.

Start making your plans to attend this event on Saturday night, April 1. This is the first Delta Omega dance in two years, and it will be a good one!

O. S. C.

The Osteopaths Students Club had its first meeting of the year on March 2, 1950. The retiring president, **Philip Di Salvo**, turned the meeting over to the incumbent, **James Martin.** The other officers elected were:

George Jackson, Vice President.

Edgar Kornhauser, Secretary.
Richard Cronk, Treasurer.

The highlight of the evening was **Dr. Peters'** interesting and enlightening lecture on current events and trends concerning osteopathic medicine in Washington.

ITΣ

On Friday evening, February 24th, the Iota Tau Sigma fraternity held a work night at the Y. W. C. A. for members and guests. The outstanding feature was the presentation of an obstetrical film. Refreshments rounded out the evening and a good turnout was had, despite adverse weather conditions.

One of the outstanding events of the year was a fraternity dinner held at the East Des Moines Club on Thursday evening, March 2nd. The dinner was given in honor of **Dr. R. E. Sloan** in appreciation for his service and counsel to the fraternity for the past five years. A gift was presented, followed by an entertainment program.

D.O. On National Basic Science Committee

Dr. L. C. Boatman, Santa Fe, president of the New Mexico State Board of Basic Science Examiners, was appointed to two committees of the American Association of Basic Science Examiners. The appointments came during the annual meeting of the association in Chicago on February 6.

One appointment is on the Program Committee for the 1951 convention which will also be held in Chicago. The other is on the association's Statistical Review committee.

Dr. Boatman has been a member of the New Mexico Basic Science Board for many years and represented that body at the national convention of the American Association of Basic Science Examiners.

Progress

Of the 505 freshmen students entering osteopathic colleges in 1949, 88% of them, or 443, had three or more years of college work.

The Log Book

The Official Publication
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

722 Sixth Avenue
DES MOINES 9, IOWA

Entered as
Second-Class Matter
At Des Moines, Iowa.

College Growth Honored by Student Body

D.O.'s Help Organize Iowa Safety Congress

William S. Beardsley, Governor of the State of Iowa, recently invited the Iowa Society of Osteopathic Physicians and Surgeons to send a representative to participate in the organization of the Iowa Safety Congress. The meeting was held in the State Capitol at Des Moines on February 8, 1950.

Dr. H. L. Gulden, president of the Iowa Society, appointed Miss Margaret Buck, executive assistant of the society, to attend as the osteopathic representative.

As a result of this conference various organizations in the state were asked to name delegates to attend the first annual meeting of the Iowa Safety Congress on March 29 and 30 in Des Moines.

The Congress will be made up of sections as follows: Highway, Industrial, Fire, Farm, Home, School, Aeronautical, and Recreational. Dr. H. L. Gulden, president of the Iowa Society, has appointed six members of the organization to serve as six delegates to the Congress and to sit in all of the divisions except those on Highway and Fire safety.

The important part in which the osteopathic physicians of Iowa have been asked to play in this undertaking speaks well for the esteem in which they are held by the state officials and their importance to the health and welfare of the citizens of the Hawkeye state.

D.O.'s Lead In Red Cross Drive

Team No. 32, the team of the Osteopathic profession under the captaincy of **Dr. John Q. A. Matern** reported over the top at the first meeting of the Red Cross Campaign Drive for Polk County (Des Moines). Three teams reported over the top at this meeting. They were the Osteopathic team with a percentage of 125%; the Schools team with a percentage of 123%; and the Oil & Gas Stations team with a percentage of 102%.

This is the second time this year that an Osteopathic team has gone over the top on the first day of reporting in a community wide campaign. The other time was in the Community Chest Drive.

DEDICATED TO SERVICE



Mr. Victory J. Hessey, (left) and Mr. John Widerberg, (right) look on while Mr. Charles Parker places a plaque on the college entrance.

Dr. Golden Featured In Des Moines Newspaper

Dr. Mary Golden, osteopathic physician of Des Moines, Iowa, was the subject of a feature story appearing in the Feb. 3 issue of the **Beaverdale News**, Des Moines, Iowa.

A sketch of Dr. Golden's life, the article told of her gardening and traveling hobbies and her determination to be a doctor. She is a graduate of Des Moines Still College of Osteopathy and was on that school's faculty for 30 years, acting as Dean of Women for five years. At the present time, she is treasurer of the Board of Trustees at Still college, member of the College Corporate Board, the College Board, and the Trustee's Board of Operations Committees.

Dr. Golden has been third vice-president and a member of the Board of Trustees of the American Osteopathic Association, at which time she served as national chairman of both the Research and Distinguished Service Committees. She is past president of both the Iowa State Osteopathic Association and the Osteopathic Women's National Association. Certified by the American Osteopathic Board of Pediatrics, Dr. Golden is also a fellow of the American College of Osteopathic Pediatricians.

Dayton Hospital Receives General Motors Gift

A check for \$105,000 from General Motors Corporation in Dayton, Ohio, was given to Grandview Osteopathic Hospital recently for the hospital's building fund.

Presentation of the check was made by B. A. Brown, general manager of the Moraine Products Division of General Motors. The gift was a joint contribution of Moraine Products, Delco, Aero-products, Inland Manufacturing, and Frigidaire, all General Motors divisions in Dayton.

The gift stipulates that a 60 bed addition to the present 90 bed hospital be committed in 1950. Permission has been received from the Dayton city commission for a \$450,000 fund drive for Grandview. Robert Casey, president of the hospital's board of trustees, has announced that the campaign will be held from May 15 to June 30. Glen Massman, executive secretary of the National Foreman's club, is chairman of the fund campaign.

Grandview hospital serves a 60 mile area surrounding Dayton which includes the Ohio cities of Middletown, Troy, Piqua, Sidney, Springfield, Xenia, and Lebanon, and Richmond, Indiana.

Wednesday morning, March 29th, at the regular student assembly **Victory J. Hessey**, President of the student body presented **President Peters** with two bronze plaques with the inscription "Des Moines Still College of Osteopathy and Surgery—founded 1898" to be placed on each side of the entrance to the college building.

This generous gift from the student body to the college is not only deeply appreciated for its intrinsic value but for the spirit of student participation in the growth of the college.

Following convocation, Mr. Hessey, Mr. John Widerberg who is the contractor supervising the remodeling of the clinical building, and Mr. Charles Parker who is supervisor of sanitation and custodial duties of the college placed the plaque on the college building.

New Faculty Appointment

Dr. Harold E. Dresser, graduate of the class of '37, who for the past four years has been taking postgraduate study and serving as a resident in the Department of Urology in the Philadelphia College of Osteopathy accepted a faculty appointment in his old Alma Mater on April 10, 1950.

During World War II Dr. Dresser served as a commissioned Warrant Officer in the Hospital Corps aboard the hospital ship, Refuge.

Ciba Company Donates New Slides

Mr. Howard Bilden and **Mr. Dean Warrior** of the Ciba Pharmaceutical Company of Summit, New Jersey, presented to D.M.S. C.O.S. on March 22, a set of 150 Kodachrome slides of anatomy and pathology. This valuable gift by the representatives of the Ciba Company was made as the result of a request from **Dr. Clayton O. Meyer** of this city. The collection will greatly enhance the teaching program of the college.

I firmly believe that if the whole materia medica could be sunk to the bottom of the sea, it would be all the better for mankind and all the worse for the fishes.—O. W. Holmes

The President Chats

It was a great satisfaction this past week to be able to study first-hand the splendid organization which has been perfected in the State of Ohio by **Dr. Ralph S. Licklider**, State Chairman of the O.P.F. drive and **Mr. William S. Konold** of the central office of the Ohio Osteopathic Association.

On Sunday, March 19th, there was a state workers' meeting at the Neil House in Columbus regarding the problems of the colleges. There were addresses by **Mr. Lewis Chapman**, Director of the Osteopathic Progress Fund, American Osteopathic Association; **Mr. Morris Thompson**, President of the Kirksville College of Osteopathy and Surgery; **Dr. McBain**, President of the Chicago College of Osteopathy; and the writer. These state workers and divisional chairmen manifested much interest in the campaign which was to be launched during the month of April. Throughout that month representatives of the various colleges will visit in the state, attending the scheduled meetings and carry the latest information on the past, present, and future of our schools.

It was the writer's pleasure to speak to the representative Divisional Academy Meeting of the profession in Ohio at Akron on Sunday, April 2nd, the Cleveland Academy on Monday, April 3rd, and the Toledo Academy on Wednesday, April 5th. The large attendance of physicians and their wives, the enthusiasm of all present, and the driving force behind organized osteopathy in the State of Ohio certainly assures us that the State of Ohio will not only reach their quota but will far exceed the expectations of all.

Members of the profession of the State of Ohio are to be highly commended for the fine spirit they demonstrate in professional affairs.

Flint Hospital Increases Services

Operations of the Osteopathic Hospital in Flint, Michigan, increased 14 per cent during 1949, **Dr. R. P. Perdue**, president of the hospital board announced recently.

During 1950, the hospital expects to add 53 beds to bring the total to 100, Dr. Perdue said. The annual report for 1949 showed the hospital had 3,296 bed patients, 575 births, 562 major operations, 838 minor operations and 665 osteopathic medical patients.

The Flint hospital offers five internships with residencies in surgery, X-ray and internal medicine. An educational program headed by **Dr. E. E. Congdon** has been attended regularly by doctors throughout the area, Dr. Perdue stated.

OSTEOPATHY WITHOUT LIMITATION

Mental Health Is Your Business

Ralph I. McRae, B.A., B.Sc., D.O.
Chairman
Division of Neuropsychiatry

Part II. The Psychotherapeutic Approach

In Part I we discussed the symbolic nature of the symptoms of the emotionally disturbed patient and referred to them as arising from the unconscious area of the personality. Let us for practical purposes define the unconscious as the reservoir of all experiences which are not directly available to consciousness. We might say that consciousness is the surface of the contents of this reservoir. Now what comes to the surface from within is determined by the specific gravity of the subconscious contents in relation to the pressure exerted by what we know as conscience. This results in the surface or consciousness becoming somewhat like a semipermeable membrane through which some things can flow and others cannot.

Now this reservoir we know as the unconscious is not inert, or lacking in reason or activity. It is a very busy area of our nature. Its neutral mechanisms includes the switchboard for all physiological function. In it are built the things dreams are made of, and out of it arise many unconsciously motivated behavior patterns.

Among these various functions of the unconscious is the constant adjustment necessary to balance the emotional budget. Emotional values like other basic values must be in psychological balance. Frustration, starvation, or excessive supply without an equal outflow—all may disturb the emotional balance. When it is necessary to make some artificial adjustment to drain off excess, or attain greater satisfactions in emotional values, the subconscious is extremely resourceful. It can take material which is too heavily charged, and not admissible to consciousness, and transform it into a symbolic expression, into a form acceptable to conscience and under its symbolic disguise it comes into consciousness by exploding into neurotic behavior or overflowing into somatic dysfunction.

Now the fascinating thing about these symbols of emotional conflict we know as neurotic or psychotic symptoms, is that the symbolic language is to be interpreted accurately only by knowing the basic semantic values of that patient, based on his own personal interpretation of his life experiences. This is important because the patient must feel we know what his language values are, before he is confident that we do understand him. This confidence is critically essential in therapy.

Now as we have said, consciousness is the surface of the unconscious and much behavior contains a good deal of evidence suggesting the real nature of the patient's problem. Clinicians with broad experience and a gen-

eral understanding of human values, who work in any field of therapy, come to recognize the meaning of some neurotic behavior. It is only natural that we would again think: here is the place to speak frankly. We know what is wrong so why not tell the patient. Again, the common sense approach is either ineffective or disastrous. Why? Because these symptoms have passed the semipermeable membrane on certain terms agreeable to the conscience of the patient. To unmask these symbolic permissible symptoms without adequate lowering of the conscience pressure or preparing the unconscious by relaxing the emotional charge there, can only result in a traumatic situation in which the patient can choose between denial of such a thing being possible, withdrawal from therapy, or an exacerbation of symptoms due to increased anxiety tension at the conscious "membrane".

Thus you see we are dealing with highly dynamic forces which which must be handled as judiciously as in the case of any organic pressure problem. In relieving a prostatic obstruction we do not drain all the urine off at one time, and without the patient understanding something about it. All excessive accumulations of dynamic force must be handled judiciously. Thus the psychotherapeutic approach is again like but also different from the orthodox pattern of treatment. Here we do not struggle and hope by our efforts alone to produce changes in people. We do use effort, a great deal of it, but usually in just the opposite direction, suppressing our natural urge to "help" prematurely. Patience, passivity, and indirect manipulation play a large role in psychotherapy. As we use various methods to delve into the unconscious, we always must keep in mind the necessity of respecting the defense mechanisms of the patient until he is able to relinquish them.

Out of this therapeutic approach come several important patterns which must be watched carefully during the therapy. As we have indicated, the patient must feel that his therapist understands exactly how he feels. When this is achieved we have rapport. By providing an interested, but neutral and permissive atmosphere, the patient begins, tentatively or in a rapid rush of thoughts to unfold the real problem of his life. Symptoms decrease due to the release of pressure but this gain is temporary, for true understanding has not been achieved. As symptoms recur, the patient returns dismayed and yet hopeful. At this point he places all of the responsibility for further progress on his therapist. In effect he says, "I've told you everything, now it is up to you. I've come for help and so let's have it. That's the way the other doctors do when they treat me. You're a psychiatrist, you know everything about me, so fix me!" This

is the turning point of real therapy. If the therapist accepts this responsibility and in true doctor-patient style tells the patient what he thinks, gives advice and in general "treats" the patient, several interesting difficulties arise which we will discuss in the concluding third part of this series.

Washington News Letter

In his Washington News Letter Dr. C. D. Swope, Chairman of Public relations for the AOA, makes the following comments:

"In the recording of our peregrinations among the executive departments you have found related the reaffirmance of Federal AOA tax exemption as a scientific and educational organization (at a time when similar organizations were being divested of that status); the signal recognition of our 75th anniversary by the Post Office Department manifested by special postage cancellation dies in honor of the occasion of our Diamond Jubilee; a reversal of the 27-year-old decision of the General Accounting Office which now results in recognition of the osteopathic profession as civilian physicians for the care of military personnel; reversal of a VA ruling of a quarter of a century which now permits execution of National Service Life Insurance physical examinations by Doctors of Osteopathy; VA cooperation with the AOA for the negotiation of State agreements for veterans hometown care by osteopathic physicians; continued AOA membership on the Healing Arts Educational Advisory Committee of Selective Service; cooperation of the National Security Resources Board for civil defense purposes; and AOA representation for planning for a Midcentury Conference on Children and Youth.

"On the legislative front will be found a chronological revelation of our progressive status under the terms of the bill for Medical Education Aid from the time of our AOA conferences with the Federal Security Agency last January through the legislative stages of approval of osteopathic inclusion by the Senate Committee, the Senate, and the House Committee, to the House calendar (where it is now pending).

"Our program at the Federal level has necessitated calling on the State officers for specific action involving polio programs, child health committees, civil defense committees, and State Guard activities at the Federal-State level.

"We are a relatively small group with an immense cause. Our continued progress depends on five contingencies: first, cohesive action; second, increased unanimous financial support of our training institutions; third, increased research programs susceptible of universal scientific evaluation; fourth, discharge of civic responsibility; and fifth, eternal vigilance."

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Editor
SIMON S. INDIANER

Associate Editor
RICHARD M. DE BARD

Osteopathy Without Limitation

Dean's Letter

From the many applications on file the membership for the class of 1950 is being selected. It is indicated that three-fourths of this class will be college graduates, and that the remainder will have completed at least three preprofessional years at the time of admission.

Since only 70 Freshmen will be selected, it follows that many more qualified applicants will be rejected by the admissions committee. It is indeed regrettable that ample facilities do not exist to accommodate more of the many fine young men and women who must be turned away.

The present policy of the administration is the preservation and improvement of teaching facilities for a relatively small number of outstanding students. When facilities can be properly increased, larger classes will be instructed.

Applicants to the new class who are unsuccessful in their efforts to gain admission are advised to give thought to the continuance of their preprofessional education. Students who have completed 3 years in college are encouraged to continue to the degree and to apply for admission to the Freshman class of 1951. College graduates can further prepare by studying for an advanced degree, and to develop in the field of research, thus preparing themselves for an adequate scientific professional life.

The admissions committee of Still College is prepared to receive applications to the Freshman class of 1951. It requests that all students who seek admission write to the committee requesting admission forms, stating their current status in college and the name of the college.

Generally speaking, the pre-osteopathic student should apply after the close of his Sophomore year. If he expects his degree his application should be filed at the close of his Junior year.

Mr. Gibson C. Holliday Announces Candidacy

Gibson C. Holliday, Chairman of the Board of Trustees of the Des Moines Still College of Osteopathy and Surgery, last week announced his candidacy on the democratic ticket for Congressman of the fifth Iowa district. He was a strong contender last year for the appointment as federal

judge in the Southern Iowa district.

Mr. Holliday is a graduate of Drake University Law School, 1930, and for the past twenty years has been practicing his profession in the city of Des Moines. He has always been very active in civic and community affairs, and in addition to his many professional obligations he is Chairman of the Polk County Board of Social Welfare, an Elder in University Christian Church, and a member of the Athletic Committee for Drake University.

Mr. Holliday is married and has four children.

Faculty Member Presents Paper

Carrie C. Gillaspy, chairman of the Department of Anatomy at Des Moines Still College of Osteopathy and Surgery, presented an illustrated demonstration on "An Anatomical Description of a Specimen of Extreme Scoliosis with Associated Variations" to the sixty-third annual session of the American Association of Anatomists held at Tulane University, New Orleans, Louisiana, April 4, 5 and 6.

The summary of the paper is as follows: "This study describes a male specimen, 24 years old, with extreme scoliosis. The chief deflection is at the level of thoracic 12, lumbar 1 and 2. Here a high degree of resorption and deformation has taken place. At the point between T 12 and L 3 where the irregular vestiges are found, the vertebral column is sharply bent forward and to the right.

Of the other vertebrae, the atlas and axis show the greatest deviations. The atlas is asymmetrical and divided into separate halves. The body of the

atlas is fused with the body of the axis.

The costal articulating facets of the thoracic transverse processes are on the upper instead of their anterior surfaces, while those of the ribs face inferiorly. These modifications are probably due to the changes in functional stress after the primary bending of the vertebral column. In addition, there were adaptive deformities noted in other parts of the skeleton as well as changes in muscles and viscera. In some parts of the body there were additional muscles while in others there were certain muscles absent. Viscera of interest is an accessory spleen, two-lobed primitive type thymus gland, changes of the hyoid bone and a probe patent foramen ovale".

The demonstration was augmented by an admirable photographic achievement. Much credit is due Mr. O. J. Van Renterghem, instructor of Anatomy, for his meritorious photography, particularly that dealing with the osteological phase of the work, since this type of camera elucidation is considered with the most exacting of the photographic sciences. All photographs were taken with a Kodak Precision Enlarger, which had been converted into a camera with a Kodak Supermatic No. 2, f 4.5 lens. Panatomic X and Super XX Panchromatic films, 2 1/4 x 3 1/4, were employed, the artificial lighting being provided by two No. 2 Photoflood lamps.

There were forty, five by seven inch highly glossed prints in the demonstration. These were superimposed upon Bristol-board into accurately laid out areas under which were placed anatomical descriptions of the bones.

Several freshmen students, namely Ralph Blackwell, Robert Stahlman, Victor Bovee, Thomas Young, and Raymond Taylor contributed much of their time

and talent toward the organization and layout of the display. They were aided immeasurably by the artistic abilities of sophomore William Chu, whose poster making was exceptionally attractive.

D. O. Member Iowa Commission On Children and Youth

Dr. H. A. Barquist, Des Moines, Chairman of the Committee on Maternal and Child Health of the Iowa Society of Osteopathic Physicians and Surgeons, represented the profession at the first annual meeting of the Iowa Commission on Children and Youth which was held on November 9, 1949.

Purposes of the commission are to make plans and recommendations for legislation and aid for the betterment of children and youth for health, education, aid to crippled children, dependent children, and all other affairs concerning youth. It will have representatives at the Mid-Century White House Conference on Children and Youth.

In January, 1950, Dr. Barquist was appointed to the important health committee of this organization, a distinct recognition of the importance of the osteopathic profession to child health in Iowa.

Harrisburg Hospital To Be Enlarged

A new wing is being added to the Osteopathic Hospital, Front and Muench streets, Harrisburg, Pa., according to Harvey M. Bogar, chairman of the building committee. Ground breaking ceremonies were held recently.

The new addition will be completed by October 1, 1950, and will provide 50 beds.

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology
Cardio-Respiratory
Dermatology and Syphilology
Ear, Eyes, Nose and Throat
Gastro-Enterology
Internal Medicine

Laboratory Diagnosis
Obstetrics and Gynecology
Orthopedics
Pathology
Pediatrics
Podiatry

Proctology
Psychiatry
Structural Diagnosis
Surgery
Urology
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Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

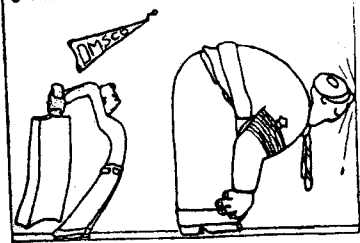
DR. F. J. McALLISTER, Chief-of-Staff

or

MR. DAVE C. CLARK, Hospital Administrator

STILL COLLEGE OSTEOPATHIC HOSPITAL
725 Sixth Avenue
Des Moines, Iowa

FRATERNITY NOTES



The Beta Chapter of Delta Omega sponsored the Phalange Hop on April 1st at the P.S.G. house. It has been many years since the sorority has given a dance. We wish to thank **Dr. E. R. Minnick** for acting as our Master of Ceremonies and the members of the P.S.G. fraternity for the use of their house.

Prizes were given under the discreet judgment of Mesdames **Peters, Minnick, and Wickens** to **Mr. and Mrs. Joe Baker** for their unusual socks; **Mrs. Jack Little** for the ladies' most original socks; to **Steve Evanoff** for the most original man's socks. **Mrs. Kenneth Fry** and **Jack Hessey** received the prizes for the greatest pes planus. Door prizes were awarded to the following: **Jim McKeever, Henry Probst** and **Roy Massin**.

We also wish to express our gratitude to all who attended the party, making it the fine success it was.

O. S. C.

The Osteopathic Students Club held its last meeting on March 30. Plans were discussed for a picnic and a dance to be held this spring.

The highlight of the evening was the interesting talk given by **Dr. Fred D. Campbell**, who later presented an informative demonstration of technique.

ATLAS CLUB

On Saturday, March 18th, a party was held in the Atlas Manor for the members, pledges, and their wives and dates. The large turnout helped to make this party one of the most enjoyable of the year. Appetites were well satisfied by the refreshments which were served buffet style. The evening was filled with cards, dancing, singing, and conversation. **Dr. Richard Denise** was our guest-of-honor for the evening.

At the last regular meeting the following pledges were formally initiated into the Atlas Club: **Marshall Lowry, Paul Rutter, Victor Wise, Stewart Woofenden, Dud Chapman, Zane Petty, Raymond Taylor, Ralph Blackwell, Albert Olson, Owen Sayer, Earle Reynolds, Chester Owens,** and **Joseph Kapp**.

In this group the Atlas Club has again secured a group of top notch men who will be an asset to the Club and the Osteopathic Profession.

ITS

Iowa Tau Sigma held an informal meeting at **Dr. D. E. Sloan's** offices on March 30th. The fraternity was happy to see so many freshmen interested in our work nights. Highlight of the evening was a discussion of the practice of obstetrics by **Dr. E. F. Leininger**. He pointed out many of the problems of management of the O.B. patient, and the changes that have taken place in the practice of obstetrics since the early '30s. The discussion was followed by refreshments presided over by **John Chapman**. **Dr. Sloan** brewed the coffee, and judging from the number of seconds, he must have some hidden talent along that line.

AOF

At our regular business meeting on March 25 plans were completed for our annual dance and picnic. The dance will be held on Saturday, May 6, at the Parkview Clubhouse on Polk Boulevard. The program committee promises that this dance will be even better than that of last year.

Plans are being completed for our traditional Mother's Day picnic on Sunday, May 14, at Birdland Park.

On March 24, **Lou Katz'** wife, **Anita**, gave birth to a future male **LOG**, who weighed in at 6 lbs., ½-oz.

Our genial president, **Ed Kornhauser**, announced his engagement to Miss **Lillian Sherman** of Des Moines.

The members of the fraternity extend their cordial invitation to the entire faculty, student body, and alumni to attend our annual Spring Dance and picnic.

O.M.C.C.

Guest speaker at the March 7th meeting of the Wives Club was **Mrs. R. B. Bachman** who, while demurring that she was not a public speaker, certainly proved herself to be a fine one. Her delightful book review style of the story of a doctor's wife was a biographical sketch of her own life as the wife of **Dr. Bachman**.

At the March 21st meeting the members of our club had the privilege of listening to **Dr. B. E. Laycock**. His inimitable style and ready wit provided a truly memorable evening!

Our current project is to provide drapes for the large front window in the new clinic's waiting room. The club purchased the material, and **Mrs. R. C. Fagen** is graciously taking care of actual production.

Mary Ellen Dunbar was the recipient of a lovely sugar and creamer as a prize for her ver-

sion of a place card to be used by the Auxiliary at their luncheon on May 15th.

Hallie and B. B. Baker are the proud parents of a baby girl, **Judith Kay**, born at Still College Hospital on March 23rd. Congratulations!



On March 25 an outstanding social event, the Arts Ball, was held at the chapter house and was presented by this year's pledge class. It was a costume affair, providing an opportunity for those who attended to have a good time with the worries connected with approaching state boards temporarily forgotten in the gay atmosphere of Pigalle.

At the March business meeting six more freshmen were accepted as pledges. They are: **Loyal McCormick, Jack Little, Charles Miller, Michael McLoyd, Walter Herman,** and **John Latini**. The year's pledge group totals 27 at present.

Now that this semester is more than half over, plans are being made for the summer social and educational programs. Along with these there will be a remodeling program at the fraternity house which will need the support of every member. This program is now being planned and by Fall there will be many changes made at the house.

Calvin: "Where did you get that girl—buck teeth, cross-eyed, bow-legged, stringy-haired???"

Kenneth: "You needn't whisper. She's deaf, too".

Important Notice

The **LOG BOOK** Mailing List must include the **ZONE NUMBERS**, in its addresses. **PLEASE** send your **ZONE NUMBER** IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE **LOG BOOK**.

The Log Book

The Official Publication
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

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Volume 28

MAY, 1950

Number 5

55 SENIORS TO GRADUATE IN JUNE

Wives of Graduating Seniors Honored

The annual Wives Club banquet honoring the wives of the graduating seniors was held at Tony's Venetian Room Sunday, May 7. This banquet has been a traditional affair. **Iva Dodson**, the newly elected vice president officiated as "toastmistress". The banquet got underway with a toast to the departing members of the club by **Gloria Welch**. The toast was answered by **Lee Moylan**, a senior wife. New officers were then presented and installed by **Betty Hessey**.

Mr. "Gib" Holliday, a prominent Des Moines lawyer and chairman of the board of trustees of Still College gave the address. His inspiring talk was built on the theme "An Educated Man is A Useful Man". **President Peters** spoke a few words of congratulation to the graduating students.

Diplomas granting the award of PHT, "Pushed Husband Through", were then presented to **Jo Gaudio**, **Norma Baker**, **Ruby Jean Talbot**, **Joan Toews**, **Dorothy Jacobson**, **Ardith Johnson**, **Anita Katz**, **Dorothy Farnham**, **Bernice Burns**, **Betty Chapman**, **Ellen Fontenova**, **Lee Kirkland**, **Mary Ellen Dunbar**, **Violet Lewis**, **Lee Moylan**, **Rosemary Robbins**, and **Edith Walter** by **Christine Yarrington**, newly elected president.

Honored guests at this occasion were **Mr. and Mrs. G. C. Holliday**, **Dr. and Mrs. Edwin Peters** and **Dr. and Mrs. Paul Kimberly**. **Mrs. Kimberly** has been the Polk County auxiliary advisor and sponsor of the club for the past year.

Famous Broadway Star Under Osteopathic Care

Mary Martin, famous star of the Broadway hit, "South Pacific," publicly applauds her osteopathic physician and gives him full credit for her record of not having missed a single performance during the first year of the show's run.

In an interview with **Don Ross** of the New York Herald-Tribune, **Miss Martin** stated that she receives osteopathic treatment twice weekly.

Iowa Society Convention Emphasizes Atomic Medicine

Atomic radiation and compulsory medicine will be among subjects discussed at the state convention of the Iowa Society of Osteopathic Physicians and Surgeons and its auxiliary at Des Moines, May 15-16.

Dr. Stuart F. Harkness, Chairman of the Department of Internal Medicine at D.M.S.C.O.S., who was appointed by **Gov. William S. Beardsley** to take part in a training program sponsored by the atomic energy commission last March, will speak on the "Biological Effects of Radiation."

Dr. E. H. McKenna, assistant executive secretary of the A.O. A., will speak on "Compulsory Medicine" before the Iowa Auxiliary. Other speakers include **Dr. Edwin F. Peters**, **Dr. Byron E. Laycock**, **Dr. Henry J. Ketman** and **Dr. Paul E. Kimberly**, all of this college.

Mrs. K. M. Dirlam is chairman of the auxiliary convention. **Mrs. R. C. Rogers** of Blackwell, Okla., formerly of Hubbard, Iowa, is auxiliary president.

All students at D.M.S.C.O.S. have been cordially invited to attend.

V. A. Approves Examinations by Osteopathic Physicians

D.M.S.C.O.S. is in receipt of a letter from the Veterans Administration which states as follows: "The Veterans Administration will accept examinations conducted by a physician duly licensed for the practice of medicine by a state, territory of the United States, or the District of Columbia, or by a duly licensed osteopathic physician who is a graduate of a recognized and approved college of osteopathy and who is listed in the current directory of the American Osteopathic Association. Such examinations may be made by a physician or osteopath who is not related to the applicant by blood or marriage, associated with him in business, or pecuniarily interested in the issuance of the insurance."

The regulation permitting examinations by osteopathic physicians will become effective May 5, 1950."

Largest Class in Recent Years Emphasizes Progress at D.M.S.C.O.S.

Graduation Day—the time of attainment of that all important degree, Doctor of Osteopathy, will honor 55 senior students on June 9th. In this group 36 are members of the Senior A class and 19 are members of the Senior B class. All will participate in graduation exercises at that time; however the group of 19 will complete their requirements in October, and they will remain at the College until then.

The members of the Senior A class are: **John E. Ankeny, Jr.**, **Victor L. Brown**, **Gertrude Carpenter**, **Conrad E. Burns**, **Ertle T. Cato**, **John E. Chapman**, **James M. Dockum**, **Russell E. Dunbar**, **Henry B. Finck**, **Herman Fishman**, **Harry L. Fontenova**, **Ralph A. Gaudio**, **Sidney M. Gelman**, **Loren C. Hermann**, **Simon S. Indianer**, **Arthur H. Jacobson**, **Robert W. Johnson**, **Aaron L. Katz**, **Wilbur H. Kiehlbaugh**, **Robert L. Kirkland**, **Joseph L. LaManna**, **Mortimer B. Levin**, **Eugene M. Lewis**, **Charles G. Martin**, **Myrtle Louise Miller**, **Wm. A. Moylan**, **Julius S. Niesiobedzki**, **Clayton P. Page**, **Stanley H. Reuter**, **Wm. D. Robbins**, **John Sanson**, **Harry F. Talbot, Jr.**, **John D. Toews**, **Paul P. Walter**, **Jack H. Woodrow**, and **Steven Yackso**.

Members of the Senior B class are: **Joseph B. Baker**, **James F. Conley**, **Howard Ted Craun**, **Joseph A. Daley**, **Harry C. Dennis**, **Josephine J. DiMarco**, **Murray Goldstein**, **Marvin T. Gordon**, **Henry D. Hakes**, **William S. Hughes**, **Adeline L. McCormick**, **Clinton D. Nutt**, **Herbert F. Parisi**, **Nunzio E. Parisi**, **William C. Person**, **Julian C. Savarese**, **Nicholas C. Scaccia**, **Edward H. Smith**, and **Thomas M. Willoughby**.

A survey showed that 50 of this group plan to commence at least one year's internship upon graduation and 5 will enter general practice.

These outstanding young men have received the finest of education in osteopathic medicine. They are thoroughly competent to administer all recognized and valuable modes of treatment for the maintenance of the health of their patients.

The Board of Trustees, administrative staff, faculty, student body, and their friends wish every success to these graduates.

"The physician does not make the cure. He merely prepares and clears the way for Nature, who is the real healer."

—ISSAC JUDAEUS.

D.M.S.C.O.S. Student's Mother Receives Award

Mrs. James C. Dunbar, mother of senior **Russell E. Dunbar**, has been selected the West Virginia Mother of 1950 by the West Virginia Mothers Committee of the Golden Rule Foundation.

Although she is past 70, **Mrs. Dunbar** is still active as a registered nurse and midwife. To date she has delivered 1,204 babies. She is the widow of a doctor and the mother of ten children, seven of whom are living, three being doctors.

In 1949 **Mrs. Dunbar** was selected as the "outstanding citizen of the community" by the local post of the American Legion. She resides in Gauley Bridge, W. Va.

New Drapes Given To The Clinic

The Wives Club of D.M.S.C.O.S. has again shown its vital interest in the new Out-patient Clinic by generously making it possible for some lovely drapes to be placed in the Clinic waiting room. **Mrs. Elsie Kent**, mother-in-law of **Dr. Robert O. Fagen** of our faculty, made the drapes for the Wives Club.

Our deepest appreciation and many thanks from the Board of Trustees, the students and the patients to the Wives Club and **Mrs. Kent** for this generous contribution.

D.M.S.C.O.S. Graduate Is Chief of Staff

Dr. Carl B. Gephart, graduate of the class of 1926, has been installed as the new chief of staff at Grandview Hospital, Dayton, Ohio. Congratulations to **Dr. Gephart!**

The President Chats

Every institution of higher education has a definite purpose for its very existence, otherwise it has no right to be accepted by society as a college. The purpose of a college, which might be termed as the AIMS OF THE COLLEGE, should be familiar not only to the students enrolled in the college, but to the college's alumni and to all of society.

The Des Moines Still College of Osteopathy and Surgery has certain adopted AIMS which not only contribute to the philosophy of education of this college but serve as the guiding star of the graduates after they enter practice.

The aims of the Des Moines Still College of Osteopathy and Surgery are in terms of the qualities of personality it develops in its students, in terms of the contribution made to the health of the community of which it is a part and to the health of society in general wherever its graduates may practice.

1. The College aims therefore, to educate its students:
 - A. To the true principles of osteopathic medicine.
 - B. To the placing of service to the welfare of society before self.
 - C. To have a fundamental appreciation for the values of true science and to become motivated to the scientific approach of research.
 - D. To achieve such preparation as will make for efficiency and progressive improvement in their chosen profession.
2. The College also seeks faculty members:
 - A. Who are making worthy contributions to the field of science.
 - B. Who fully appreciate the various areas of human experience.
 - C. Who will cooperate in developing the school of osteopathic medicine.

The curriculum of the osteopathic colleges today is designed to help the students to achieve (1) rational scientific habits of reasoning and reflection, (2) a true appreciation of those past "VALUES" which have so significantly contributed to our civilization through the media of therapeutic sciences, (3) awakening the forces of society, with a sensitive insight as to how to conduct one's own personal relations to society, and (4) a true feeling of responsibility to those who are suffering physically and mentally.

The aims of the College and the objectives of the curriculum are so intercorrelated that osteopathic education has not only achieved new heights in the academic universe but has provided a program of education which truly makes an osteopathic physician a **physician plus**.

Mental Health Is Your Business

Ralph I. McRae, B.A., D.O.
Chairman
Division of Neuropsychiatry

Part III. The Psychotherapeutic Approach

As we have indicated in Part I and II on this subject, psychotherapy is fundamentally diametrically opposite in principle to that of general medical procedure in treatment. After the patient has given us all of the information he wants us to know, he quite naturally gets some improvement and then, after a short time as his condition becomes worse, he come in with a little dismay and expects his therapist to treat him, to assume full responsibility for his problem and do like other doctors do, take care of the situation for the patient. This is a turning point in real psychotherapy. If we do begin to give advice, try to explain the problem to the patient at this point, several difficulties usually arise. First, the patient discovers to his dismay that the therapist does not really fully understand how he feels. He takes the therapist's measure and finds him wanting. Why? Simply because what he has been able to tell us up to now is only the **facts** of his life problem. The real feelings attached to these experiences, their dynamic effect on his whole approach to life, all these are hidden. We simply don't know enough at this stage to make a valid judgment in the patient's own terms. Our own ideologies, based on facts, not the patient's dynamic feelings, are the only basis we have for judgment. The patient soon discovers what our own values are and determines what he can and cannot tell us further. The patient therefore becomes defensive. He can't tell us this or that because he knows how we feel about it. He resents our failure and it is not unusual to have the patient say six months after the beginning of therapy, "I wanted to tell you that a long time ago but what you did or said one day made me feel 'I'm darned if I'll tell you that ever!'" When therapy has passed this stage and we have handled this problem by placing this responsibility for progress back on the patient's shoulders, the tedious and somewhat prolonged process of exploring the unconscious, relieving tension areas, and integrating insight for the patient, begins.

When the patient has a sufficient feeling of confidence and knows we understand, he begins to project his problem into the therapeutic situation. He projects, as we say, his difficulties upon the therapist in a dynamic process of relieving his conflict. In this situation the therapist becomes the actor, representing many people in the person's life. Thus we have the phenomenon known as the transference. This process takes place more or less unconsciously on the patient's

part. All he understands is that he has changing and strong feelings for or against the therapist from time to time during treatment.

One of the most interesting and often difficult problems in therapy is to induce the patient to recognize the true nature of these feeling and understand himself. It must of course be emphasized that at no time must the therapist react to these projected feelings as if he were their true object. This again would only confuse the patient, fix the situation due to the same fallacy of interpreting a symbolic activity literally. Through this process we strive to help the patient find an adjustment which is available to him in view of the best he can achieve in his environmental situation and his constitutional capacities, both physically and psychologically.

SUMMARY: In this series of three articles we have tried to present some of the differentiating factors between the general medical approach and the psychotherapeutic approach in treatment. Reasons have been presented to explain why the general clinical approach is unsuitable in the therapy of the neurotic and the psychotic patient. A simplified psychodynamic structural relationship has been developed to elucidate the nature of symbolic symptoms and the nature of the transference in psychotherapy.

CONCLUSION: It is critically important for the general and specialty clinicians to have a sufficient understandings of the psychotherapeutic approach to strip the existing sense of strangeness and mystery from his thinking on this subject. It is equally important that all physicians shall cease making blind mistakes in their approach to these patients with the result that the patient becomes more confused, frightened or maimed by surgical or verbal mismanagement. To you fall the task of gaining the confidence of these people, recognizing their problem and helping many who are not too deeply involved. The patient's physician is psychiatry's first line of action. If we can achieve an understanding contact at that level the casualty frequency can be reduced and we can integrate our services in the handling of this area of practice.

EDITOR'S NOTES With this issue Dr. Ralph I. McRae concludes "The Psychotherapeutic Approach". This paper has received very favorable comment and we are grateful to Dr. McRae for his contribution.

If every Osteopathic Physician would daily remember his Oath as a Physician, he will then let his light so shine that the world will know that he is an Osteopathic Physician, thus a PHYSICIAN PLUS.

Dean's Letter

During the current semester a voluntary innovation in instruction has been sanctioned and implemented by the college administration. A course of weekly lectures and demonstrations in office procedure and management has been devised and proposed by the Osteopathic Women's College Club.

The course, which has now been completed, is designed solely for the purpose of acquainting the wives of future osteopathic physicians with many of the social, business, and semi-professional aspects of office procedure which are so important in the successful practice of a doctor. No college credit or other formal recognition is given for attendance.

A study of the titles of the lectures given below reveals the careful selection of material.

LABORATORY TECHNIQUE I

I. April 12th

Hemoglobin, sed. rate, venipuncture, serology. Demonstrations.

Mary Doris Carpenter
Instructor in Clinical Pathology.

STERILIZATION

II. April 19th

Cold sterilization, autoclaving, cutting instruments, sterile packs.

Margaret Zinn
Supt. of Nurses, Still Osteopathic Hospital.

BOOKKEEPING

III. April 26th

Office costs, records, forms, Blue Cross, income tax, etc.

Arnold Johnson
Ass't. Hospital Administrator.

LABORATORY TECHNIQUE II

IV. May 3rd

Urinalysis, blood pressure, pulse, respiration, temperature, etc.

Helen Bomengen
Medical Tech., Still Osteopathic Hospital.

JURISPRUDENCE

V. May 10th

Birth and death records, narcotic laws, law suits, contagious disease reports.

Ralph L. Powers
Ass't. Prof. Medical Jurisprudence.

FIRST AID

VI. May 17th

Treating until the doctor comes, shock, hemorrhage, etc.

Dr. Harry Elmets
Ass't. Prof. Osteopathic Medicine.

OFFICE CONDUCT

VII. May 24th

Dressing, manners, diplomacy, telephone technique, draping patients for examinations, etc.

Alix P. Nuzum
Hospital Administrator, Des Moines General Hospital.

The wives are to be commended for building such a comprehensive program for themselves. Registration for the course numbered 54. It is a pleasure, indeed, to feel that so many students, student wives, and instructors are eager to join together for the promotion of the cause—greater success to Osteopathic Medicine.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Editor

SIMON S. INDIANER

Associate Editor

RICHARD M. DE BARD

Osteopathy Without Limitation

Attention, Readers

Next month the LOG BOOK will have a new editor—Richard DeBard. Among the many to graduate will be the editors who served you during the past two years.

We hope that as student editors we have been able to capture for our readers events of interest both at school and in the field at large. Our job has been lightened by the many letters of kindly advice by practicing alumni. The college administrators—Dr. Peters and Dr. Shumaker—have shown a constant readiness to aid us in securing material of interest to student and practitioner.

So long as D.M.S.C.O.S. alumni continue to show an active interest in the affairs of their alma mater; so long will the LOG BOOK continue to mirror the progress of their school in the osteopathic profession.

Simon Indianer
Mort Levin

Dr. S. F. Harkness Participates In Atomic Medicine Program

On Monday, March 27, 1950, Dr. Stuart F. Harkness, Chairman of the Department of Internal Medicine at D. M. S. C. O.S., along with appointed faculty members of the Chicago College of Osteopathy, the Kirksville College of Osteopathy and Surgery and the Kansas City College of Osteopathy and Surgery, were members of a class of D.O.'s and M.D.'s to attend a week's instruction in Atomic Medicine, held at the Argonne Laboratories, Chicago, Illinois.

It is the responsibility of those so fortunate to receive the instruction in Chicago to thoroughly train their colleagues in their respective states in this most important phase of medicine.

Dr. Harkness started his school of instruction for the faculty members of D.M.S.C.O.S. April 25th and will continue the regular periods of instruction every two weeks until the general subject has been completely covered.

**Help Your Profession Help
You by Contributing Now
to the Osteopathic Progress
Fund.**

Anatomy Department News

During the recent convention of the Iowa Society of Osteopathic Physicians and Surgeons, held in Des Moines on May 15 and 16, many physicians visited the anatomy department, saw its demonstrations and displays, and voiced many constructive opinions. Because of the sincere interest shown, it is with a deep sense of appreciation that the anatomy department of Still College extends its gratitude to the osteopathic physicians and surgeons for their interest in the department and its accomplishments.

Many neuro models and drawings of the principal pathways were displayed. These models and drawings were made possible through the work and efforts of the class in neuro-anatomy. The students conceived the ideas of how the models should be constructed, and then proceeded to develop their ideas. We are proud of their accomplishments.

A recent method for the preservation of neurological specimens was displayed. The method consists of embedding materials used for instruction, display, and preservation in plastic. It is hoped that by this process many valuable specimens can be preserved indefinitely without deterioration, making possible the use of specimens in classroom instruction for a longer period of time.

Several important and interesting variations were displayed in gross anatomy. One of the most interesting variations was fully developed bilateral cervical ribs in a female specimen. According to Toldt this occurs in about 1.16 percent of cases. This condition is of clinical importance since there is compression distributed to the nerves, especi-

ally the ulnar, and blood vessels of the arm, forearm, and hand. It is interesting to note that in the same specimen, the ascending colon retained its mesentery, and an incomplete rotation of the intestine resulted in the position of the cecum being superior to the transpyloric line immediately inferior to the liver. A pelvic-type appendix was attached to the cecum high in the lumbar region and fused to the posterior body wall by the appendicular mesentery.

In a male specimen, renal ectopia was observed. According to the latest journals, this occurs from 1:500 to 1:1500 in autopsies. However, its clinical incidence is much greater. The left kidney was rotated counter clockwise and was fused with the right kidney, in the region of lumbar 2 and 3. From this position the (presumed) right ureter, after emerging by two pelvi from the inferior position of the renal mass, crossed the middle, intimately joined with the posterior body wall obliquely, anterior to lumbar 3 and 4, entering the bladder normally. The left ureter originated in the superior portion of the renal mass and followed along the greater left curvature of the enlarged kidney and united with the bladder in the usual relationship.

In a male specimen, on the left side of the body, there was bifurcation of a ureter near the upper end. In this case there were two separate renal pelvis which did not communicate. There was but one opening into the bladder on the affected side. This is one of the most common abnormalities of the ureters, the incidence being approximately .3 to 1.4 percent.

Renal agenesis with associated

retro-urethral fistula, an extreme condition occurring about one in 10,000 cases, was also demonstrated. This variation was presented last year (April, 1949) at the American Association for Anatomists at Philadelphia and this year (April 3, 4, 5) a demonstration of extreme scoliosis of the same specimen was presented at the American Association for Anatomists at New Orleans, La.

Variations are emphasized in the anatomy laboratory because they are of clinical importance inasmuch as any anomaly to some degree alters the normal body economy and thereby invites trouble; therefore, as variations arise in our laboratory, they are preserved and put on display in the anatomy museum for future observation and use.

The members of the anatomy department hope to begin the study of the development of the fascia of the anterior abdominal wall. We have at hand a goodly number of embryos and fetuses but not enough to complete the problem. However, it is felt that if the cooperation and interest of the physicians in the field aids us in the future as it has in the past we shall be able to complete the problem without too much difficulty arising from the lack of material.

Construction Begun On New Hospital

Construction began early this month on a new osteopathic hospital in Longmont, Colo. Located on Ninth avenue between Kimbark and Main streets, the hospital will be called the Longs Peak Osteopathic hospital.

Hygienic pumic block is being used in the two-story structure and a modernistic design followed throughout.

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology
Cardio-Respiratory
Dermatology and Syphilology
Ear, Eyes, Nose and Throat
Gastro-Enterology
Internal Medicine

Laboratory Diagnosis
Obstetrics and Gynecology
Orthopedics
Pathology
Pediatrics
Podiatry

Proctology
Psychiatry
Structural Diagnosis
Surgery
Urology
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Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

DR. F. J. McALLISTER, Chief-of-Staff

or

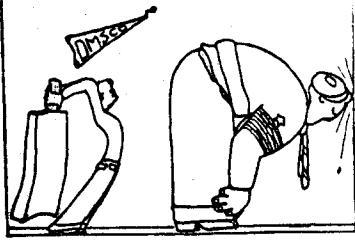
MR. DAVE C. CLARK, Hospital Administrator

STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa

FRATERNITY NOTES



ΨΣΑ

April proved a memorable month for Psi Sigma Alpha. Initiation exercises were held for our 12 new members. This was no ordinary occasion. Acting as hosts were local alumni members, each a specialist in his own field of endeavor. **Dr. Fagen, Dr. Graney, Dr. Kimberly, Dr. Waterbury** and **Dr. Wicks** performed the opening ritual. **Dr. Owen** addressed the group on the goals of Psi Sigma Alpha. Those initiated into the organization were **Richard DeBard, Lowell Barnes, Dale Dodson, William Elston, George Jackson, Edgar Kornhauser, Paul Panakos, Allan Schmidt, Charles Updegraff, Robert Wirt, Harry Wurst, and Edward Zarnoski.**

Following the initiation, keys were awarded past presidents **Sidney Gelman** and **Simon Indianer**. The society wishes to express its gratitude to **Dr. Kimberly** for the use of his home and for his untiring work in organizing this affair.

Our second April gathering was a dinner meeting held in the college dining room. **Dr. Cash** spoke to the group on the application of radiation therapy to minor surgical procedures.

May activities were opened with a group gathering at the hospital dining room. Guest of the evening was **Dr. Leininger** who spoke on the etiology, diagnosis, medical and surgical management of peptic ulcers. A general discussion followed the meeting.

ΦΣΓ

Within a short time fourteen members of the Delta Chapter will become alumni members of the Phi Sigma Gamma Fraternity. On June 9, 1950, the following seniors will complete their professional training here at Still College: **Henry B. Finck, John E. Ankeny, Jr., Victor L. Brown, James M. Dockum, John Sanson, Harry F. Talbot, Jr., Russell E. Dunbar, Eugene M. Lewis, Julius S. Niesiobedzki, Clayton P. Page, Harry L. Fontenova, Ralph A. Gaudio, Joseph L. LaManna and Loren C. Hermann.**

The fraternity congratulates these Doctors and wishes them success. On May 11th a Senior Banquet was given by the fraternity for these graduating seniors, at the fraternity house.

Brothers **Bill Elston** and **Keigh Howland** have been elected to represent the Delta Chapter at the annual business meeting of the Grand Council on July 10th and 11th. This meeting will be held at the Stevens Hotel in Chicago during the A. O. A. Convention.

On May 2nd, **Dr. H. G. Shade** visited the fraternity house and reminisced on the times he had while at college. The fraternity welcomes and is honored to have any alumni member visit the house whenever he is in town.

More and more the P. S. G. House is becoming a center for certain campus activities. Other organizations have used on various occasions the facilities of the house for their social events or business meetings. The fraternity members welcome the opportunity to be able to open the house to these groups.

Soon our house will attain a new look. Plans have been made to remodel parts of the house and some work has already begun. By this fall many things will be changed and there will be expanded facilities for more of the incoming freshmen to live at the Chapter House.

The "Wind Up" Party will be given at the fraternity house June 10th, so save this date and come out and relax after final exams week.

ITS

On May 5th Iota Tau Sigma held formal initiation of three pledges: **Andrew N. DaShiell, Shirley Ahlers** and **Martin Caldwell** at **Dr. D. E. Sloan's** office. In the meeting that followed arrangements for the ITS senior banquet were made. **Martin Caldwell** was appointed chairman of the banquet committee.

Dr. Sloan, our Supreme Deputy, is leaving for Philadelphia for a postgraduate course in Internal Medicine and Electrocardiography. He will be there for two weeks and expects to return by May 21st. Good luck on your trip, Doctor.

In June, **John Chapman, William Moylan, Stanley Reuter, Thomas Willoughby** and **J. C. Savarese** will graduate and start their respective internships. The members of Iota Tau Sigma wish them success in their profession.

AOF

The annual LOG Dance was held on Saturday, May 6th, and was very well attended. The affair was enjoyed immensely by the faculty, student body, alumni and friends. The entertainment committee did a wonderful job of planning a well balanced and coordinated program. The floor show drew many rounds of applause.

On the following Sunday, May 14th, the fraternity held its traditional Mother's Day picnic. The crowd which attended the picnic had a wonderful day of relaxation—athletics, dancing, and dining in picnic style.

Many thanks to the members and friends of LOG who worked so hard to make the dance and picnic such successes.

Square and Compass

The Square and Compass Club of D.M.S.C.O.S. held its monthly meeting on the evening of May 3rd at the school. **Dr. F. J. McAllister** was guest speaker and presented a Technicolor sound film on the activities of River Oaks Manor and its treatment of alcoholism; then explained some of the results obtained by this method of treatment. Eighteen members were present and greatly enjoyed the lecture and movie.

Plans were discussed for the formation of degree teams from the club and concrete realization of this aim is on its way. The team is to visit various lodges and confer work when organization is perfected. Plans are also under way for the annual Square and Compass picnic to be held in September for members, their wives and families, and invited guests.

After the meeting coffee and donuts were served.

Former Faculty Member Announces "New Product"

The College received a clever birth announcement from **Dr. H. W. Merrill**, member of the class of '45 and for three years a member of the faculty and registrar of D.M.S.C.O.S. The "new product" is a boy, born at the Portland Osteopathic Hospital on April 21, 1950.

Congratulations to the Merrills!

Important Notice

The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

The Log Book

The Official Publication
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

722 Sixth Avenue
DES MOINES 9, IOWA

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Volume 28

JUNE, 1950

Number 6

DR. C. D. SWOPE ADDRESSES GRADUATES

Pays Tribute to Dr. Andrew T. Still

In the A.O.A. Journal of January, 1950, there is a book review of *The Science and Art of Joint Manipulation*, by **James Mennell, M.A., M.D., B.C.** The Log Book believes that the Editor's Note is of special interest: The Journal for May, 1935, in an editorial by the late **Ray G. Hulburt**, quoted a part of a letter from Dr. Mennell to a well-known osteopathic physician in the U. S., which letter ran in part as follows (Dr. Mennell had written an earlier book on manipulation):

"In the last paragraph but one you mention one of my illustrations, and add that 'this is the only place where apparent credit is carried to osteopathy.' This is true, and I am sorry to say deliberate, in spite of the fact that I knew quite well of the truth of your statement that every figure and every page is a corroboration of the teaching of Dr. Andrew Taylor Still. . .

In my own mind, and in my own heart, I pay loyal tribute to the great man who first conceived the possibility of applying manipulative treatment to the joints of the spine."

Foundation Approves Ottawa Sanatorium

Ottawa Arthritis Sanatorium and Diagnostic Clinic recently was inspected and approved for diagnosis and treatment of arthritis and rheumatic diseases by the Arthritic and Rheumatism Foundation, according to **Dr. E. C. Andrews**, director of the Ottawa Arthritis Sanatorium.

The Foundation is a national organization recently created to spur relief and successful treatment to the more than 7,500,000 United States arthritis victims through a program of education, service and research. Its headquarters are in Chicago.

A primary objective of the Foundation is maintenance of a program to disseminate both professional and public information among agencies which provide care and treatment for arthritis patients, said **Floyd B. Odium**, national chairman of the Foundation.

The second annual campaign to raise funds to carry out this program is now underway, Mr. Odium announced.

Include Osteopathic Medicine In Survey

A survey of the osteopathic profession is now underway and is being conducted by the Brookings Institution, Washington, D. C. Every known osteopathic physician and all osteopathic hospitals will be contacted for data concerning the patient service being rendered. The purpose of the survey is to secure information concerning availability of medical services in the nation and the type of service being given.

Other professions being surveyed in a similar manner include the medical and dental. Previous surveys of like nature have omitted the osteopathic profession and have been of doubtful value. The decision of the Brookings Institution to include our profession is a tribute to the importance of osteopathic medicine to the health of the nation.

The Institution is an independent concern of established reputation and reliability. The importance of the osteopathic profession's participation in this survey cannot be overemphasized.

Industrial Contribution To Ohio Progress Fund

Republic Steel Corporation, through its general offices in Cleveland, Ohio, recently contributed \$5,000 to the Ohio campaign of the Osteopathic Progress Fund. The increasing incidence of this type contribution is highly appreciated.

Recent Graduate Opens New Clinic

Dr. Meñas E. Georgeson, graduate of D.M.S.C.O.S. class of 1948, has notified the Log Book of the opening of the Georgeson Clinic on May 29th. The Clinic is located at 19641 West Seven Mile Road, Detroit, Michigan.

Granted Certification

Dr. Ivan E. Penquite, Class of 1937, has recently become certified in the specialty of Obstetrics and Gynecology. Dr. Penquite is practicing in Sapulpa, Oklahoma. His office is located at 202 Clayton Building.

Honorary Degree To Morris Thompson, K. C. O. S. President

Des Moines, Ia., June 9, 1950—The Annual Commencement of Des Moines Still College of Osteopathy and Surgery was held at St. John's Lutheran Church for 55 senior students. **Dr. Chester D. Swope**, Chairman of the Department of Public Relations of the American Osteopathic Association, gave the principal address on "Our Opportunities." The degree of Doctor of Science was conferred on **Morris Thompson**, president of the Kirksville College of Osteopathy and Surgery. He is executive editor of the Journal of Osteopathy and a past-president of the American Association of Osteopathic Colleges.

Dr. John B. Shumaker, Dean of D.M.S.C.O.S., presented the graduating class and **President Edwin F. Peters** conferred the degrees.

Those graduating with distinction include **James M. Dockum**, **Simon S. Indianer**, **Murray Goldstein**, **Clinton D. Nutt**, and **J. Charles Savarese**. Honors for the Highest Scholastic Award went to **Simon S. Indianer** (Editor's Note: Si is the former editor of the LOG BOOK.)

The members of the Senior A class are: **John E. Ankeny, Jr.**, **Victor L. Brown**, **Gertrude Carpenter**, **Conrad E. Burns**, **Ertie T. Cato**, **John E. Chapman**, **James M. Dockum**, **Russell E. Dunbar**, **Henry B. Finck**, **Herman Fishman**, **Harry L. Fontenova**, **Ralph A. Gaudio**, **Sidney M. Gelman**, **Loren C. Hermann**, **Simon S. Indianer**, **Arthur H. Jacobson**, **Robert W. Johnson**, **Aaron L. Katz**, **Wilbur H. Kiehlbaugh**, **Robert L. Kirkland**, **Joseph L. LaManna**, **Mortimer B. Levin**, **Eugene M. Lewis**, **Charles G. Martin**, **Myrtle Louise Miller**, **Wm. A. Moyland**, **Julius S. Niesiodedzki**, **Clayton P. Page**, **Stanley H. Reuter**, **Wm. D. Robbins**, **John Sanson**, **Harry F. Talbot, Jr.**, **John D. Toews**, **Paul P. Walter**, **Jack H. Woodrow** and **Steven Yackso**.

Members of the Senior B class are: **Joseph B. Baker**, **James F. Conley**, **Howard Ted Craun**, **Joseph A. Daley**, **Harry C. Dennis**, **Josephine J. DiMarco**, **Murray Goldstein**, **Marvin T. Gordon**, **Henry D. Hakes**, **William S. Hughes**, **Adeline L. McCormick**, **Clinton D. Nutt**, **Herbert F. Parisi**, **Nunzio E. Parisi**, **William C. Person**, **Julian C. Savarese**, **Nicholas C. Scaccia**, **Edward H. Smith**, and **Thomas M. Willoughby**.

Don't forget to see your A.O.A. headquarters at 212 E. Ohio Street while attending the Annual Convention.

Awards Presented at College Convocation

At an all-student convocation on June 2nd special certificates were issued to deserving graduating seniors and honor awards given to certain outstanding students. **Dr. J. F. LeRoque**, President of the National Alumni Association of D.M.S.C.O.S., welcomed the graduating seniors and stressed the responsibility of the graduates to support their College and the profession.

Jack H. Woodrow, past-president of Psi Sigma Alpha Honor Society, presented the following awards: Senior Scholastic Award, **Simon Indianer**; Sophomore Scholastic Award, **Harry Simmons**; Sophomore Scholastic Award (tardy), **Lowell Barnes**; Freshman Scholastic Award, **Robert Kirk**.

Dean Shumaker presented the special certificates for outstanding service as follows: Orthopedic Surgery, **Ralph Gaudio**; Proctology, **Harry Talbot, Jr.**; **Julius Niesiodedzki**; Clinics, **John Ankeny, Jr.**, **John Chapman**, **Russell Dunbar**, **William Moylan**, **Jack Woodrow**, **Ted Cato**, **Wilbur Kiehlbaugh**, and **Eugene Lewis**; Principles and Practice of Osteopathy, **Clayton Page**, **James Dockum**; Obstetrics and Gynecology, **Ted Cato**, **John Ankeny, Jr.**; Osteopathic Medicine, **John Chapman**, **Jack Woodrow**, **Stanley Reuter**; Roentgenology, **Robert Kirkland**, **William Moylan**; Technique (Cranial Division), **John Ankeny, Jr.**, **Victor Brown**, **Ted Cato**, **Russell Dunbar**, **Herman Fishman**, **Robert Johnson**, **Aaron Katz**, **Wilbur Kiehlbaugh**, **Joseph LaManna**, **Eugene Lewis**, **Myrtle Miller**, **Clayton Page**, **William Robbins**, **Harry Talbot, Jr.**, **John Toews**, and **Paul Walter**; Dept. of Surgery (Anesthesiology), **Russell Dunbar**; Pediatrics, **E. Ted Cato** and **John E. Chapman**.

The President Chats

Growth is a prerequisite for Service and, at this particular time of the year when colleges and universities are graduating large classes of men and women, those of us who are so fortunate as to be enrolled in the category of pedagogues feel a sense of satisfaction in a job completed.

Graduation from college does not guarantee that the recipient of the degree is educated, even though a most satisfactory scholarship was attained.

Our colleges at their best are only mere aids and conveniences for providing students with the necessary tools and techniques for an education. It is the expectation of the college that each graduate will have been so stimulated that he will have arrived at a thorough understanding of himself.

Commencement means that the graduates have acquired the tools with which they may become educated. "Whatever a man learns he must learn for himself."

As our fine class of fifty-five graduates representing 18 states and Canada leave the walls of D.M.S.C.O.S. to enter their chosen profession of Osteopathic Medicine, let them fully realize that their continued growth professionally is essential for the service they are expected to give to their patients.

Continued growth requires not only maturity of judgment and the perfection of the necessary skills of practice, but also demands an unprejudiced attitude and a desire to place service above self.

In order for our young graduates to continue to grow it is imperative that they be able to accomplish three skills: 1) to make a self-appraisal; 2) to be able to make self-adjustments; and 3) to maintain self-discipline.

Your college proudly graduates you, your profession welcomes you and society needs you as a physician. May you be mindful always of your great responsibility to your patients, to your community and to your profession. Graduates of 1950—WE SALUTE YOU.

Larned Clinical Group Opens In New Building

Open house was held recently in the new Larned Clinical Group building at 816-818 Broadway, Larned, Kansas, announced Dr. V. R. Cade, clinical member and owner of the building.

An addition to the present building is being planned which will be used as a sanatorium. Each room of the sanatorium will have an outside exposure as does the present clinic building.

The clinical group was organized for group practice and to afford a complete diagnostic service together with treatment in the general field and the various specialties.

Some Effects of Atmospheric Electricity Upon Health

By E. V. Enzmann, Ph.D.
Department of Anatomy

Recent investigation tends to show that the electrical conductivity due to ionization of the air exerts a deep influence upon bodily comfort. The effects of ionization can be separated from those produced by other variables such as temperature, barometric pressure, moisture content of the air, wind velocity, etc.

The electric conduction of the atmosphere depends on the presence of charged particles or ions. It has been shown that the number of positive ions generally surpasses that of the negative ones in the air, so that the atmosphere carries a positive potential with respect to the surface of the earth. The concentration of ions in the air increases with elevation and becomes very great in the Heavieside layer.

The charged particles floating in the air originate from atoms which have lost one electron; in time each charged particle gathers around itself a cluster of molecules and holds them by electrostatic attraction. These charged units form the so called "light ions". Larger ions—the so-called "Langevin ions"—are produced when electrons attach themselves to particles of dust or to water droplets.

The speed of the various ions (mobility) depends on their size as well as upon the charge on them. Negative ions are on the whole more mobile than positive ones which explains why the latter accumulate in air.

Koller lists the following sources of ions in the air:

photoelectric effect, ultraviolet radiation, cosmic rays, splashing of water (ocean waves), radioactive substances in the soil. The last of these sources accounts for more than half of all the atmospheric ionization according to measurements made by Hess. Radioactive substances which are very widespread all over the world ionize the air contained in the pores of the soil. This air is sucked out of the earth during periods of low barometric pressure and is carried aloft. The negative ions, being much faster than the positive ones, are quickly absorbed on dust and are carried back to the earth by gravity, leaving an excess of positive ones.

So far only occasional observations have been made on the effects of the conductivity of the air upon bodily reactions. Such scattered observations indicate that high concentrations of ions in the air may be responsible for mountain sickness and may affect blood pressure, respiration, arthritis and other conditions.

Recently Dessauer has designed a method for producing non-toxic ions of MgO in high concentrations and has carried out a great number of experiments, letting patients inhale air charged with either positive or

negative ions. His findings may be summarized as follows:

Positive ions cause fatigue, dizziness, headaches, nausea, ringing of the ears, increased blood pressure and increased oxygen consumption.

Inhalation of negative ions generally produces exhilaration, lowered blood pressure, more regular and quieter breathing; in patients suffering from rheumatism there is an increase in pain in the joints with increased body temperature, followed by a marked improvement.

L. K. Koller, 1932, Journal of the Franklin Inst., 214.

Hess, Electrical Conductivity of the Atmosphere, cf. Koller.

Dessauer, Work reports from the Institute fuer.

Physikalische Grundlagen der Medizin, Frankfurt.

Lancaster Hospital Activity Shows Gain

Services of the Osteopathic Hospital, Lancaster, Pa., showed a marked gain in 1949, according to an annual report presented to the board of directors by Walter R. Markley, hospital manager.

Admissions to the hospital during 1949 totalled 2,220, which is an increase of 188 over the 1948 figure. There were 4,321 x-ray treatments given in 1949, compared to 3,860 for 1948. Every other department showed an increase of 100 or more, with the exception of maternity, where 348 births were listed. This number is identical to the 1948 figure, Mr. Markley said.

Important Coming Dates

July 4—Holiday.
July 10-15 inc.—Vacation for A.O.A. Convention.
Aug. 19—Summer session closes.
Sept. 6-9—Registration for fall semester.

Dean's Letter

"Everybody's on a scholarship." This statement is taken from the Student Handbook of Stanford University for 1950. The statement is literally true—as true for every college and university in the country today as it is for Stanford.

Last year the operating cost for that great university was 8,000,000 dollars, which was almost three times the cost of ten years ago.

What keeps it running? The endowment? No. The endowment can't be spent. Only the income from it can be used. **Does the tuition do it?** No. For every dollar paid in tuition another dollar had to be raised. Each and every student of the 8,000 enrollment paid only half the cost of his education. **What does keep it running, then?** The generosity of the alumni and friends of the University keeps the balance sheet in the black.

The cost of operating your Still College of Osteopathy is even greater in proportion to income from tuition. This is due to the fact that the cost of instruction and maintenance of laboratories is higher. Science and professional schools are always more expensive to operate.

In Still College "everybody's on a scholarship," an even more generous scholarship than Stanford's. Are you, as an alumnus, contributing your share toward the support of a scholarship for a worthy student? Are you helping to make new friends who will assist a student to obtain the finest professional education that can be offered?

Lend your support to the maintenance of our students in your alma mater and keep "everybody on a scholarship."

If every Osteopathic Physician would daily remember his Oath as a Physician, he will then let his light so shine that the world will know that he is an Osteopathic Physician, thus a **PHYSICIAN PLUS.**

ANNOUNCEMENT

The Division of Psychiatry Has Established the Following Services for Your Use

1. Psychiatric Diagnostic Service on an Out-Patient or Hospital In-Patient Basis.
2. Counseling and Psychotherapy for Patients, including:
 - Adolescent Problems
 - Psychoneurotic Cases
 - Marital Problems
 - Ambulant Psychotic Cases
3. Electroshock Therapy

All private consultations and treatments by arranged appointment.
Fees available on request.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Editor

RICHARD M. DE BARD

Associate Editor

PHILIP A. DI SALVO

Support Your School!

ad editus...

Since October 1947 **Si Indianer** and **Mort Levin** have very capably guided administrative problems of the Log Book. Comparison with editions of several years ago reveals the progress made.

Upon their graduation and with this issue a new staff takes over—having as our purpose:

1. To inform the alumni of school plans and progress.
2. To present scientifically informative material by the faculty, alumni, and students.
3. To review significant literature as space permits.
4. To discuss problems of interest to osteopathic medicine.

Your cooperation and constructive criticism is earnestly desired. Articles and items of student, faculty, and alumni authorship are invited.

Let us hear from you—it will be appreciated.

Student Wives Club Activities for the Past Year

The members of the Student Wives Club of Des Moines Still College of Osteopathy and Surgery are very proud of their activities and accomplishments during the past 1949 and 1950 school term. Perhaps the members of the profession, and particularly the auxiliary, will be interested in knowing of the eagerness and zest these young men are showing in preparing themselves to be better doctors' wives and in promoting the common cause—greater success to the Osteopathic profession.

Since the beginning of the year the club has sponsored recreation activities for the Des Moines Children's Home. This Home is filled with children between the ages of five and fourteen, whose parents are unable to care for them or where the homes are broken and there is no one to give the child proper attention. Most of the children do have a definite psychological problem

and they need attention the matrons in the Home are unable to give them. Each Friday night a group of the girls go to the Home and sponsor group entertainment. The present plans are to continue this through the years and make this an annual part of the club tradition.

In December of 1949 Still College Hospital announced the birth of their first triplets. The members of the club soon learned the circumstances of the mother and father of the three baby girls did not enable them to provide the things the children needed. A "Triplet Drive" was started and before a month had ended the children were adequately taken care of for years to come. Through donations of the club and with the help of many of the business organizations of Des Moines, the children were presented with complete layettes, cribs, toys and a two years' supply of food and milk. At the present time the club also has and \$85.00 trust fund for the children.

The members of the club are now attending a seven weeks' course, prepared by the college and taught by the college instructors. This course was requested by the members of the club and its purpose is acquainting the wives of future osteopathic physicians with many of the social, business and semi-professional aspects of office procedure which are so important in the successful practice of a doctor.

All of these things are extra activities. In addition the club has sponsored the tea for the new freshman wives and the annual school dance. During the next two months the girls will sponsor the banquet for the graduating senior girls and wind up the year with the traditional picnic.

We are looking forward to an even busier and more eventful year beginning in September of 1950.

Dr. M. P. Moon Reports On Public Health Conference

Dr. Moon, Chairman of the Department of Public Health and Bacteriology at D.M.S.C.O.S. and member of the original committee for establishment of a Middle States Public Health Conference states as follows: On May 3rd the Iowa Public Health Association held its annual meetings at the Hotel Savery in Des Moines. A few of the papers on subjects of public health importance in Iowa were:

1. The Rabies Control Program in Iowa.
2. The Pollution of Our Surface Waters.
3. The Public Health Outlook on Heart Disease.
4. The Importance of County Health Departments.
5. The Present Hospital Construction Program.

During the 1949 annual state convention a committee from the state association was appointed and given the responsibility of calling a Middle States Group together as a nucleus for establishing a Middle States Public Health Branch of the American Public Health Association. Contact was made with the Commissioners of Health, their staff, and with the officers of the respective State Public Health Associations (12 states). The proposal was favorably received and from the many suggestions offered a policy program was formulated. This was submitted to the national organization and approval received for an organizational meeting.

This meeting, the Middle States public Health Conference, was held immediately following the 1950 convention of the Iowa State Public Health Association. The guests included several State Commissioners of Health, Directors and members of the

various divisions in the respective State Boards of Health, the Presidents of various State Public Health Associations, and Regional Medical Directors of the United States Public Health Service.

Space does not permit the inclusion of the program, but the panels of the various sections contained 5-6 members representing as many states. This permits many different viewpoints in topic discussions for the overall purpose of public health problems which are of particular importance to this district. Therefore more concrete information pertaining to public health problems in this district can be obtained than is possible in the meetings of the national organization.

Out of this plan it is hoped that the people in general will become better informed of public health problems and become more active in the support of progressive public health programs. Membership is available in the American Public Health Association, the State Public Health Association, and the Middle States Public Health Association.

Ft. Worth Hospital Opened In February

Mid-February was the date of the opening of the new \$100,000 Osteopathic Hospital at Fort Worth, Texas, according to Dr. Phil R. Russell, member of the board supervising construction.

The 25-bed hospital promises to be the most modern in Fort Worth, completely air-conditioned and containing the best equipment, Dr. Russell stated.

Turn in your news by the fifth of each month for publication!

DIAGNOSTIC CLINIC

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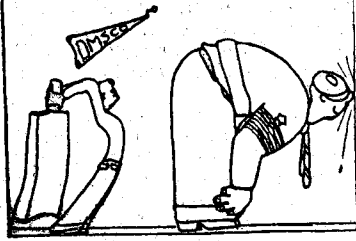
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Help Your Profession Help
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FRATERNITY NOTES



ΨΣΑ

On Friday, May 19th, Psi Sigma Alpha had an election of officers. Those elected were: **Clin-ton Nutt**, president; **William El-ston**, vice-president; **George Jackson**, sec'y - treasurer; and **Allan Schmidt**, reporter. **Dr. H. A. Graney** concluded the evening with a very interesting discussion of intestinal obstruction.

The Society wishes to extend congratulations to **Ted Kane**, **Joseph Herman**, **James Morse**, **Harry Simmons**, and **Don Welch** on becoming eligible for pledge-ship in the organization as a result of being in the upper 20% of their class scholastically, during their first two years at Still College.

June 1, 1950, at Younkers Tea Room marked the date and location of the Senior Banquet. Those honored were **Ted Cato**, **John Chapman**, **James Dockum**, **Sidney Gelman**, **Simon Indianer**, **Joseph LaManna**, **William Moy-lan**, and **Jack Woodrow**. **Paul Panakos** capably performed as Toastmaster. **Dr. Peters** was the after-dinner speaker, with an informative and novel subject of the history of degrees, the significance of the colors on the caps, tassels and the felt bands on the gowns. **Dr. Fagen**, our advisor, wished the graduating members much success. **Dr. Kimberly** reminded members of their obligation to the Grand Council and invited all to the meeting at the National Convention.

The banquet was attended by

46 people; alumni present were **Drs. Dolyak, Petersen, Fagen, Kimberly, Wicks, Gulden**, and **Adams**. **John Chapman** did an excellent job of arranging the event.

Square and Compass

The Square and Compass Club of Des Moines Still College of Osteopathy and Surgery held its monthly meeting on the evening of May 3rd at the school. **Dr. F. J. McAllister** was guest speaker and presented a technicolor sound film on the activities of River Oaks Manor and its treatment of alcoholism, then explained some of the results obtained by this method of treatment. Eighteen members were present and greatly enjoyed the lecture and movie.

Plans were discussed for the formation of degree teams from the club and concrete realization of this aim is on its way. The team is to visit various lodges and confer work when organization is perfected. Plans are also under way for the annual Square and Compass picnic to be held in September for members, their wives and families, and invited guests.

After the meeting coffee and donuts were served.

ΔΩ

The Beta Chapter of Delta Omega held a dinner May 26th at Younkers Tea Room in honor of the senior members. The members of the sorority who are graduating this year are **Drs. Myrtle Miller, Trudy Carpenter, Josephine Di Marco**, and **Ade-line McCormick**. Other guests at the dinner included **Dr. Mary Golden**, **Dr. Rachel Woods**, **Dr. Genevieve Stoddard**, **Mrs. Edwin F. Peters**, **Mrs. Paul Kim-berly** and **Mrs. Byron Cash**.

We are sorry to lose the senior girls, but are happy for them in the attainment of their degrees.

Atlas Club

The last month has been an extremely busy time for the Atlas Club. During this period the Club sponsored its annual Senior Banquet, held a highly successful dance, and elected new officers.

The Senior Banquet was held at the East Des Moines Club. In addition to the six graduating seniors and fifty Atlas men the following alumni were present: **Dr. Paul Park**, **Dr. Campbell**, **Dr. Robert Fagen**, **Dr. H. J. Ket-man** and **Dr. E. R. Minnick**. **Dr. Campbell** gave the feature address for the evening on the application of manipulative osteopathy. The following seniors were presented with their Atlas keys: **Robert Johnson**, **Paul Wal-ter**, **Ted Cato**, **Wilbur Kieh-lbaugh**, **Arthur Jacobson** and **William Robbins**. In this group Atlas loses a very fine group of men as evidenced by the fact that four past presidents are included.

The Atlas square dance was a new innovation and the crowd enjoyed learning the intricacies of square dancing, and the floor show.

The following were elected to office for the coming semester:

Noble Skull—**Don Welch**.
Occipital—**Zane Petty**.
Sacrum—**Ralph Blackwell**.
Styloid—**Jim Lott**.
Pylorus—**Earle Reynolds**.
Stylus—**Peter Georgeson**.

AOT

On May 27th the graduating seniors were honored by a dinner at Younkers. Our guests were **President Peters**, **Dean Shumaker**, **Dr. Elmets** and their wives.

Keys were presented to **Sid Gelman**, **Conrad Burns**, **Lou Katz**, **Herman Fishman**, **Mort Levin**, **Si Indianer** and **Murray Goldstein**, and to faculty advisor **Dr. Elmets**. **Sid Gelman** was also presented with a miniature gavel.

Our best wishes for success to the recent graduates.

Riverside Hospital Honored

It always gives the college administration and the faculty a thrill to see former students making great progress in their community. Among the members of the graduating class of 1942, was **C. W. (Bill) Ball** who went forth to seek his way in the osteopathic profession. Bill returned to his native state and home community, Blackwell, Oklahoma. Here he set up practice with his father, **Dr. C. D. Ball**, also an alumnus of Des Moines Still College. **Dr. Bill's** desire in entering practice was to become a good general practitioner. In a matter of a few short months, he became conscious of the extreme need for an osteopathic surgeon in their community. With the blessing of his father, he migrated to Amarillo, Texas for surgical training with old family friend. In less than three years Bill had returned to Blackwell to practice his chosen profession and to add to his general work that of major surgery. On November 19, 1945, The Riverside Osteopathic Hospital was opened under the management of **Drs. Ball and Ball**. The building had previously been constructed as a hospital and was redecorated and established as an osteopathic unit in their city.

The Riverside Osteopathic Hospital in Blackwell, Oklahoma, recently celebrated its fourth birthday. This was accompanied by two days of open house for the general public and one doctor's day held November 21, 1949. The open house program was supplemented by a brochure and historical sketch of the hospital presented to each visitor. The local newspaper supported this anniversary celebration very well in that the Thursday, November 17 edition of the Blackwell Daily Journal-Tribune gave six full pages to congratulatory advertising and articles describing the facilities of the Riverside Osteopathic Hospital.

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Second-Class Matter
At Des Moines, Iowa.

The Log Book

The Official Publication
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

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Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

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Volume 28

JULY, 1950

Number 7

FACULTY MEMBERS ON CONVENTION PROGRAM

VA Deadline For Training Announced

The Veterans Administration recently announced July 25, 1951, as the deadline for most veterans to begin a course of training and education under the G. I. Bill. Any veteran who begins his course before the deadline date may continue until he has finished his studies.

The ruling provides that veterans must begin their course by the 1951 date or four years after their date of discharge, whichever date is later. The course must be completed by July 25, 1956. Veterans who enlisted under the Armed Forces Voluntary Recruitment Act are not bound by either deadline.

New Pharmacist At Hospital

Mr. E. J. Ware, graduate pharmacist, has taken charge of the Still College Hospital Pharmacy, assuming his duties on June 12th. He is a graduate of Drake University College of Pharmacy.

Pharmacist Eugene M. Lewis is now Dr. Lewis and has begun his internship at Still College Hospital. Richard M. DeBard has taken over the duties of Dr. Charles G. Martin in the pharmacy.

The pharmacy serves practicing physicians and the College Clinic as well as the hospital.

Faculty Member Represents College

Dr. Francis C. Colien, of the Department of Public Health, attended the July meeting of the Western Branch of the Canadian Public Health Association, which was held at Vancouver, B. C.

Important Notice

The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

Hobby of College Graduate Is Featured

The "big picture" hobby of Dr. R. William Westfall of Boone, Iowa, and a D.M.S.C.O.S. graduate of 1943, was recently featured in the Des Moines Tribune. The doctor specializes in huge photographic murals, some of which can be seen in the directors' room of the Citizens' Bank in Boone and as a bandstand backdrop in a Marshalltown, Iowa, tearoom. More of his pictures, especially enlarged ones of children, appear in the homes of friends and neighbors. Beauty is added to them by Mrs. Westfall, who is an artist and colors the enlargements with oils.

At present Dr. Westfall is working out the mathematical details necessary in producing one continuous 40-foot mural, a single scene made up by connecting 8-foot sections. And the newest angle of the hobby to attract the doctor is the production of transparent murals which are lighted from behind.

A Letter of Interest

Following is a letter to all professional representatives of the company concerned which is self-explanatory in context: "Recent publicity based on an erroneous interpretation of a communication between Smith, Kline & French Laboratories and the Pennsylvania Osteopathic Association has left an impression in regard to the osteopathic profession which we are anxious to correct.

In line with our policy—in effect for the past few years—of having you call on all osteopathic physicians who were interested in using our products, you will be interested to know that we are supporting your efforts in the late Spring with direct mail advertising to this group.

Our past policy was based on a pre-war survey which showed that only 13% of all osteopathic physicians in the country resided in States which permitted them to prescribe drugs. A recent postwar survey has now indicated a reversal of policy because 90% of the osteopathic physicians now reside in States in which they are permitted by law to prescribe drugs."

Cardiovascular-Renal Syndrome Was the Topic

The 54th Annual National Convention of the American Osteopathic Association was held at the Hotel Stevens, Chicago, Illinois, from July 10-14, 1950. Bishop J. Ralph Magee, president of the Council of Bishops of the Methodist Episcopal Church of the United States, gave the Invocation. The Presidential Address was by Dr. H. Dale Pearson, president of the American Osteopathic Association.

On Tuesday, July 11th, Dr. Stuart F. Harkness, chairman of the Department of Osteopathic Medicine at D.M.S.C.O.S., served as

chairman of Afternoon Session A which had as its topic the Cardiovascular-Renal Syndrome. Dr. Richard DeNise spoke on "The Osteopathic Internist's Viewpoint of Present Day Management of Hypertensive Vascular Disease," and Dr. Harold E. Dresser had as his subject "Urological Pathologies Associated with Hypertension." These doctors ably represented the high quality of instruction at the College.

The annual "Andrew Taylor Still Memorial Address" is always of great interest to those attending the convention. This year it was given by Dr. Edward T. Abbott of Los Angeles, California.

Also of interest was the discussion pertaining to the medical aspects of atomic fission. A moving picture was supplied by the Naval Medical Research Institute.

The Alumni dinner and meeting for this College was held on July 12th. Dr. Jean F. LeRoque is president of the Alumni Association of D.M.S.C.O.S.

On Friday, July 14th, the Installation of Officers was held and the address of the incoming president was given by Dr. Vincent P. Carroll, Laguna Beach, California.

Students were given a vacation during the time of the Convention and many took advantage of the opportunity to journey to Chicago during that period.

Movie Star's Father To C. O. P. S. Post

Dr. Theodore T. Flynn, father of film star Errol Flynn, has recently joined the faculty of the College of Osteopathic Physicians and Surgeons, Los Angeles.

Dr. Flynn is an internationally known authority on zoology and embryology. He was awarded a Rockefeller Foundation fellowship in 1931, when he headed the biology department of the University of Tasmania.

Hospital Joins Blood Bank Association

Acceptance of Grandview hospital in Dayton, Ohio, as an institutional member of the American Association of Blood Banks is reported by Administrator Joseph Back.

According to the charter signed by Dr. T. H. Seldon of Mayo Clinic, president of the association, the membership was granted "By virtue of conformance with requirements set forth by the American Association of Blood Banks and in recognition of support rendered the principles and purposes enumerated therein."

The association was founded in 1947 in order to promote the exchange of ideas and materials among blood banks in the United States. Members of the association are pledged to set up uniform standards and to cooperate in time of disaster.

Most of the large bloodbanks in the country and outstanding leaders in blood research are members of the association. Grandview is the first osteopathic hospital in the nation to be accepted for institutional membership.

Charles T. Heusch is the Laboratory Chief.

State Ranking In Osteopathic Mention

The top five states in order for mention of osteopathic medicine are: California, Missouri, Pennsylvania, Texas and Iowa. Oklahoma, Michigan, Maine, Florida and New Jersey follow the top five.

Turn in your news by the fifth of each month for publication!

Mental Health Is Your Business

The Psychotherapeutic Armamentarium

Ralph I. McRae, B.A., D.O.
Chairman, Division of Psychiatry

THE CLINICAL USE OF ELECTRO-SHOCK THERAPY

The rapid gains in medical procedures afforded by the antibiotics run a parallel to the great gain made in psychiatry through the modality of convulsive therapy.

As in the development of the antibiotics there has been a transition and a progressive increase of the number of modalities used in convulsive therapies with the gradual recognition of the therapeutic limitations and values of each modality. The development of convulsive therapy in the modern period began in the early 1930's with Sakel who found that insulin shock therapy improved acutely disturbed psychotics. This was followed by the use of a number of convulsant medications including metrazol, triazol, ammonium chloride, coramine, and more recently carbon dioxide inhalation.

It was not until 1938 that Cerletti and Bini began using electrical current to induce convulsions in psychotic patients. This modality had many practical advantages and its use therefore soon became much more general in mental institutions, out-patient clinics, and private psychiatric offices.

Insulin therapy was complicated by several disadvantages of both clinical and practical importance. There was some mortality, and not an inconsiderable frequency of fracture. The procedure required a highly trained and rather numerous staff, as well as prolonged close attendance and care of the patient. The procedures required the larger part of a day for each treatment. It was also necessary at times to interrupt treatment, before achieving the full convulsive effect required for clinical improvement, due to untoward reactions.

In sharp contrast, due to these problems, electro-shock therapy under modern methods of treatment has no primary mortality record of significance and in our experience no fractures or dislocations. The personnel administering the treatment consists of the physician, a nurse, and three assistants who can be quickly trained. The procedure is rarely interrupted short of the full response, which is quickly and painlessly induced. The entire procedure requires not longer than ten minutes and trained personnel supervision is required only for from fifteen to twenty minutes following the treatment.

Following this we routinely normalize all skeletal and somatic tissues by osteopathic manipulative treatment. The patient can resume limited duties and activities one to two hours

later as a rule. The clinical results have been such that it is the modality of first choice, and in selected cases there is no need to use the more dangerous pharmacological modalities.

Rationale of Shock Therapy

The rationale of shock therapy still remains empirical. It is not known precisely why it is clinically effective in a rather wide range of syndromes in the psychiatric field. There has been a rich volume of research on many phases of the problem, but as yet conclusive findings have not been established. It is probable that the explanation is both psychological and physiological and attempts to approach it from either extreme have resulted in many overlapping theories, as would be expected.

It is common knowledge that functional changes in the nervous system can be inducing by startling stimulation. For example, the simple startle which aborts a sneeze or hiccough, the sharp slap which initiates breathing in a newborn babe, or the cold shower for normalizing an overactive or somnambulant alcoholic. Many primitive and older civilizations have practiced a wide range of technics designed to shock the mentally disturbed patient "back to his senses." These included a variety of pain-inducing methods, whirling until the patient was unconscious, sudden dropping through a trap door, rapid repeated immersion in iced water, etc.

It is well known among members of the staff of mental institutions that injuries and acute infectious illnesses often are accompanied by a remission of mental symptoms. All of these have some basic thing in common, some physiological pattern which, if it can be determined, will greatly simplify our treatment and possibly clarify the etiology of the large group of so-called functional disorders in the psychotic area.

In this regard it is of specific interest that recent research has disclosed that electro-shock therapy results in some of the alterations of blood serum and blood cell count which are similar to changes produced by the use of adrenocorticotrophic hormone (ACTH) or adrenal cortical steroids, in patients who have adrenal deficiency. When we correlate this with Cannon's well established concept of the adrenal response to environmental stress, which is the common factor in all of the primitive and modern shock treatments, we can at least tentatively theorize that mental recovery is in some way related to adrenal stimulation and that many functional, emotional and mental disorders may arise from adrenal dysfunction. From what little we know of neurophysiology and endocrinology it is probable that the problem is much more complex and that other factors are involved. However, this correla-

tion with adrenal function is one central focus we have to date as to the possible explanation of the effects of electro-shock therapy.

A strictly physiological approach has been offered and is appealing, but not proven or disproven, that the results arise out of the alteration of the electrical tension state of the neuron complex in the brain. Until we know more about neurophysiology this approach remains an empirical and somewhat plausible guess.

Clinical Value

The essential central effect of electro-shock therapy is to normalize emotional extremes. For this reason its most striking clinical effect is in those patients who suffer from severe depression and feelings of worthlessness and futility. These patients are usually those in middle life we diagnose as involutional depression. The depressive phase of manic depression is next in frequency of clinical improvement. The depression of certain neurotic patients also benefits from this therapy, but pure depression in the psychoneuroses is not common.

Agitation and extremes of elation and excitement also respond. We find results therefore in agitated depression of the involutional group, the excitement of mania, and of schizophrenia. The treatment of mania usually requires more frequent electro-shock treatment and the schizophrenic offers the poorest prognosis under shock treatment due to the involvement of other areas than purely emotional dysfunction.

Institutional or Out-Patient Therapy

The various convulsive therapies began in mental institutions and there are those who feel that all shock therapy should be given in mental institutions prepared to handle any type of behavior problem.

Nevertheless there has developed widespread out-patient and private office application of electro-shock therapy. This is logical when we recognize its area of greatest usefulness—the treatment of the involutional depression patient. These people are often easily handled during the period of their comparatively rapid recovery in their homes between treatments. This saves the family and the patient the expense, trouble and stigma inherent in institutionalization. These patients, however, must not be left alone at home during the course of treatment. They will need companionship, reassurance, simple supervision and assistance. If the patient's home is too far from the out-patient office or if there is not one at home to be with them they may be hospitalized in a general hospital and given electro-shock treatment there. **However, no patient can be admitted to a general hospital for electro-shock treatment who is too disturbed to be cared for easily at home.** Exception is sometimes made, if the family agrees to twenty-four hour special nursing care for the patient in a private room. This is usually more expensive than placing the patient

in a mental sanatorium, which is by far the best arrangement when the patient is uncooperative or too disturbed to be at home.

For this and other reasons, out-patient and private office electro-shock therapy is restricted to the care of the involutional psychoses, the depression of the psychoneuroses and certain ambulant schizophrenic patients. Acutely disturbed schizophrenics, or highly agitated suicidal involutional groups, are by necessity handled in mental sanatoria. Virtually all manic-depressives must be institutionalized and most depressed maniac-depressives also.

Contraindications

Formerly there was a long list of contraindications for the use of electro-shock. Due to the improvement in technic and increase knowledge of the effects of the treatment, this list has been greatly reduced. At the present time the list includes marked osteoporosis, decompensating heart disease, acute respiratory difficulties, severe hypertension with a history of previous cerebral vascular accident, or other stigmata suggestive of this possibility. Senility, arteriosclerosis, pregnancy, and well compensated heart lesions are not necessarily contraindications for electro-shock but may require slight modification of technic.

There is no conclusive histological evidence that the modern refinements in electro-shock current produces physical injury to the central nervous system, or any irreversible pathological mental changes. The benefit is gained by this treatment far outweighs any negative features it may have when its use is indicated.

It is simple. It is free from serious danger in the hands of trained personnel. It is not to be used by untrained poorly oriented personnel on an indiscriminate basis.

The Patient's Reaction

In the great majority of well selected cases there is no memory of the treatment. There is often a retrograde amnesia for a few minutes before the treatment or for entering the office. As treatment progresses defect of memory increases in unpredictable areas. There is usually a turning point in each case when there is definite improvement. At this time the patient wants to quit treatment. It is very important that treatment not be stopped at this point. We generally insist on from thirty to fifty percent (30% to 50%) more treatment after this point is reached to insure stability of the gain.

The amnesia clears up spontaneously following the completion of treatment. In younger patients this clears rapidly. In older patients it is slower and causes some confusion which requires reassurance and cheerful assistance. Memory is often impaired for normal activities carried out during the course of treatment—this is a source of some social embarrassment unless expected and understood.

(Continued on Page 4)

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Editor
RICHARD M. DE BARD

Associate Editor
PHILIP A. DI SALVO

Support Your School!

ad editus...

There was a gratifying response to our request for comments and constructive criticism last month. All letters are being personally answered. Is there anything you would like to know about your school, doctor? Let us hear from you.

Also, to those who are preparing to enter with the Freshman Class of September 1950: if you have a problem which you think the LOG BOOK could help you with please feel free to write the editors.

It has been brought to our attention that some physicians feel they would like to contribute to their school, but on a more personal basis. If you wish, send a check in care of the LOG BOOK and we will see that it goes in the right channels. In addition, we will notify you of how your gift is used, or you may of course specify its purpose, and your name will be published. Yes, there are many demands on you but helping your school will help you! Contributions from interested lay persons are always welcome.

Scholarships to Aid Missionary Students

A small meeting, but one which may well prove to be of historic importance, was held at the college on Monday night, May 22nd, to consider the possibility of forming a Medical Missionary Association in Des Moines.

President Peters took the chair and the invocation was given by the Rev. Father Gaul of St. Ambrose Cathedral.

Representatives were present from many different churches including the Baptist, Lutheran, Presbyterian, Christian and Congregational, as well as a representative from Drake University.

John Rolles presented the following proposals for discussion:

1. That six scholarships of 500 dollars each be established for the use of students entering Still College for training with the assured intention of offering service under a reputable missionary society. Such students to be approved before entering by a competent and representative committee.
- 2.. That a working fund be es-

tablished for the maintenance of such missionaries as are appointed by reputable societies. The fund to cover salary, equipment, local field assistance (national nurses and doctors), traveling dispensaries, local fixed dispensaries and other necessary adjuncts to make rural medical missionary work effective.

3. That churches and other religious organizations in Des Moines and throughout the state be invited to share in this project.
4. That a Board of Control be set up consisting in the initial stages of:

The President of the College.
The Academic Dean of the College.
Two members of the Faculty.

At least two members of the student body.
A member from each contributing body. (The number of representatives depending on the nature of the contribution.)

Two members of the profession.
A Lawyer.

5. That as soon as the necessary organization has been approved and set in action the movement be publicly inaugurated at a service or rally to be held in one of the larger churches or public halls in the city.

During the discussion which followed a moving note was struck by Jacob Nah of Liberia, one of the Freshman A students, who told how he had come out from a family of witch-doctors in order to qualify himself to serve his suffering fellow tribesmen.

The keenest interest was shown in the scheme to help train and equip men for this

desperately needed service in rural areas of many lands, and a further meeting was planned for the purpose of forming a board or committee as outlined above.

Dr. Robert B. Bachman moved that the meeting go on record as agreeing to plan and work toward the realization of the proposals discussed at this time. The motion was seconded by Robert Belanger, and was adopted unanimously.

Since this meeting was held a letter was received from a senior minister of the Church of South India, an Indian colleague of John Rolles, saying that his son would like to come to this country for medical missionary training. The son is at present an undergraduate at Madras University studying for his Bachelor of Science degree as a pre-medical requirement. The letter was read and carefully considered at the monthly church meeting of Ankeny Congregational Church, and the meeting voted unanimously to give the first scholarship so that this student may come to the college to equip himself for rural medical missionary work among his own people.

A further important decision has been made by the P. S. G. Fraternity to the effect that free board and room will be made available at the Fraternity House for the first missionary student to enter the college under this scheme.

Like the Edinburgh (Scotland) Medical Mission which helps train students of many denominations and countries to serve each in his own mission, this association would work with and through the missionary societies, thus relieving them of part of their heavy burden which as Albert Schweitzer says, "calls upon us as men, not as members of any particular nation or religious body."

Dean's Letter

The Admissions Committee of the college is now receiving applications for admission to the Freshman Class of September, 1951.

Young men and women who feel that they will qualify for admission in June, 1951, are requested to file their applications on or before March 1st.

Upon request, the office of the Dean will provide the application form together with a vocational interest test. These forms should be completed and returned with the application fee.

Transcripts of credits must be sent directly to the Admissions Committee from the registrars of all preprofessional schools attended by the student.

In due time, when all necessary material is available to the committee and is of sufficient merit, the applicant will be asked to come to Des Moines for an interview. Before the actual interview occurs he is requested to take carefully selected tests which are psychological in nature.

The tests and interview consume the better part of one day. At the close of the interview the applicant is notified of the decision of the committee by mail. If he has been accepted he will be requested to pay the acceptance fee within a stipulated time. All notifications of acceptance are contingent upon the continued satisfactory moral and scholastic conduct of the applicant to the day of registration.

To whom would you like
to have the Log Book sent?
Send us the name and address!

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology
Cardio-Respiratory
Dermatology and Syphilology
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Gastro-Enterology
Internal Medicine

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Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

DR. F. J. McALLISTER, Chief-of-Staff

or

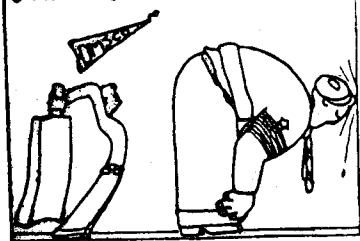
MR. DAVE C. CLARK, Hospital Administrator

STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa

FRATERNITY NOTES



ΦΣΓ

Soon the Phi Sigma Gamma Fraternity will hold open house at the Chapter House, 3205 Grand Avenue. The purpose of this affair is to celebrate the completion of a redecorating program. A few of the more industrious fraternity members spent many arduous hours painting walls, sanding floors and scraping varnish.

The entrance way and study has been painted coral and white, and new lighting fixtures have been installed. The living room has been painted forest green, chartreuse, and chalk white. The floor has been sanded and new furniture and lamps have been purchased. Also new drapes and rugs have been added.

The dining room has been repainted and dark green tile has been laid on the floor. Fluorescent fixtures have replaced the ancient copper fixtures.

Numerous other small jobs have been done to improve the appearance of the house. Later on in the summer there will be improvements made in the recreation room and on the upper floors. This program has been under the direction of President **Robert Harrison**.

The fraternity will again this fall play host to various organizations who will use the Chapter house for their functions or meetings. The fraternity will also provide accommodations for a dozen or more new freshmen who will be given the opportunity to live at the house.

O. S. C.

The officers and members of the Osteopathic Students Club are anxiously awaiting the beginning of the Fall term in September to put their new and stepped-up plans for the coming school year into effect. The influx of new members will definitely make this organization the largest one present at the college.

Plans for the establishment of a Glee Club have been completed. Miss **Ginny Rath**, laboratory medical technician at Still Hospital, who has attained her B.S. in music has been appointed Glee Club director by our president, James A. Martin. This will get underway the first weeks of school. All you singers get in touch with Ginny!

Congratulations to **Phil Di Salvo** and his bride, **Mildred**, on their recent marriage in New York City!

Plans for social activities for the year, plus the procuring of prominent speakers for our meeting nights will be made known.

AOF

Congratulations to **Harvey Silvert** who was married on June 11 to the former **Eva Pomerantz** of Des Moines. Also, congratulations to **Sarah and Sidney Adler** on the birth of their daughter, **Risa Deborah** on June 23 at Still College hospital. "Father and daughter are doing well".

Those of the fraternity who are present this summer are planning a picnic at Lake Ahquabi on Sunday, July 23.

Fraternity meetings are being held as usual during the summer months.

Help Your Profession Help You by Contributing Now to the Osteopathic Progress Fund.

The President Chats

The annual meeting of the Corporate Board of the Des Moines Still College of Osteopathy and Surgery was held on Thursday evening, June 29, 1950, at the Des Moines Club. After a dinner arranged through the generosity of **Mr. W. I. Sargent**, chairman of the Finance Committee of the Board of Trustees of the College, chairman **Gibson C. Holliday** called the meeting to order. Twenty-five members of the Corporate Board answered roll call.

At this meeting the Corporate Board elected **Dr. George Sutton**, of Mount Pleasant, Iowa, to the Board of Trustees of the College, replacing **Dr. Ralph Jack** of Ogden, Iowa. Dr. Jack has served as the representative of the Iowa Association of Osteopathic Physicians and Surgeons for the past three years, and during this period of service has missed only two monthly Board meetings.

The Corporate Board selected the following five physicians who will be referred to the National Alumni Association for the representative to the Board: **Dr. Byron L. Cash**, the present representative of the National Alumni Association to the Board of Trustees, **Dr. O. Edwin Owen**, **Dr. Della B. Caldwell**, **Dr. Edward F. Leininger**, and **Dr. Hazen L. Gulden**.

Mr. Winfield W. Scott, executive vice-president of the Valley Bank and Trust Company of this city and a member of the Finance Committee of the College, gave a review of the Auditor's Report for the past fiscal year. This report was followed by the President's Annual Report to the Corporate Board.

The past school year has been a most successful school year. Not only has it seen its largest student body in many years, but innumerable additions have been made to the college plant and many new faculty members added to the teaching staff.

Dr. Larry Boatman of Santa

Fe, New Mexico, a member of the Corporate Board, traveled the greatest distance for the Board meeting. This is Dr. Boatman's fourth consecutive year of attendance at the Corporate Board meeting.

The College is now preparing for the opening of the fall term of school, and for the Convention which will be held in Des Moines this fall from October 15th through the 19th, 1950, as well as in the three Osteopathic Hospitals and the College. On these dates the American College of Osteopathic Surgeons, the American Osteopathic Academy of Orthopedics, the American College of Radiologists, the American Society of Osteopathic Anesthesiologists and the American Osteopathic Hospital Association will assemble in our city for their respective annual conventions. While the headquarters will be in the Hotel Savery the three Osteopathic Hospitals, and especially the College, can expect large numbers of visitors.

The College has offered its facilities to be used in whatever way is deemed feasible and we welcome the opportunity to demonstrate the progressive policy of this institution.

ELECTRO-SHOCK THERAPY

(Continued from page 2)

Conclusion

The use of electro-shock therapy has now become the convulsive modality of choice in most mental institutions, clinics and in private psychiatric practice. Refinement of technic has reduced the original hazards and greatly widened the scope of application and effectiveness.

In out-patient service it is free from the stigma of institutional care and affords a less expensive rapid therapy for those who are not sufficiently disturbed to be institutionalized.

We shall continue in this series to discuss other modalities of the psychotherapeutic armamentarium.

Entered as
Second-Class Matter
At Des Moines, Iowa.

The Log Book

The Official Publication
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

722 Sixth Avenue
DES MOINES 9, IOWA

POST GRADUATE PROGRAM ANNOUNCED

Post Graduate Education Program

Fall Semester — 1950

Des Moines Still College of Osteopathy announces its Second Session of Postgraduate Education. The following program will be offered:

PHYSIOLOGY: 3 semester hours credit

Leonard Grumbach, A.B., M.A., Ph.D.

A review of basic physiological principles with special reference to pathological physiological states of the body.

Mondays, 7-10 P.M. First Class, Mon., Sept. 11

Registration Fee — \$75.00

GROSS ANATOMY: 3 semester hours credit

Carrie Gillaspy, A.B., M.S.

A systematic study including head, neck, thorax and upper extremity, emphasizing surgical and clinical aspects.

Wednesdays, 7-10 P.M. First Class, Wed., Sept. 13

Registration Fee — \$75.00

PSYCHOSOMATIC PROBLEMS: 3 semester hours credit

Ralph I. McRae, A.B., D.O.

A course designed to assist the general practitioner in an understanding, evaluation, and treatment of psychosomatic problems, with a review of basic dynamics and therapeutic procedures.

Fridays, 7-10 P. M. First Class, Fri., Sept. 8

Registration Fee \$75.00

Any or all courses may be taken for a total of 3, 6, or 9 semester hours credit.

A course will be offered only if the class membership numbers 8 or more.

Graduates of other college of Osteopathy are required to submit transcripts of credit to be eligible for registration and must be in good standing with their local and state association and the A.O.A.

Registration must be completed on or before the first class meeting. Application may be made through the Office of the Dean.

JOHN B. SHUMAKER, Ph.D., Dean

Dr. Sutherland to Conduct Cranial Course; Atomic Medicine Offered Also

The space problem at D.M.S.C.O.S., which resulted in the discontinuance of the Cranial Refresher Course program in 1948, has been solved. **Dr. William G. Sutherland** and his associate faculty have been invited to return to Des Moines to present a two weeks introductory course in the cranial concept November 6th through November 18th.

Circumstances of which all people are acutely aware, have necessitated a raise in tuition to \$300.00 for the two weeks work. The usual deposit of 50 per cent of this fee (\$150.00) is required for matriculation in this course.

The improvement in teaching techniques through presentations at regional courses during the past two years indicates that this program will be the finest yet presented in this institution. The osteopathic physician interested in manipulative procedures, particularly in the application of the osteopathic concept to his practice, will find this course adhering rigidly to the teachings of **Dr. Andrew Taylor Still**. The current programs are designed in order to make possible the immediate use of this material in the private office. The tremendous asset which is derived from attending these programs cannot be adequately described in words.

If further details or application forms are needed, direct such requests to **Dean John B. Shumaker, 722 - 6th Avenue, Des Moines 9, Iowa**. The accompanying application form in this issue should be returned immediately.

ATOMIC PROGRAM

Des Moines Still College of Osteopathy and Surgery will offer a two (2) day, 16 hours of instruction, course in Atomic Medicine on Monday and Tuesday, Sept. 4 and 5. Registration fee is \$10.00. Class enrollment limited to 70 doctors. Make your reservation with **Dr. John B. Shumaker, Dean**, prior to August 28th.

To Speak in Canada

Dr. Paul E. Kimberly will speak at the Fourth International Convention of the Canadian Osteopathic Association. It is to be held at the General Brock Hotel, Niagara Falls, Ontario, on October 19, 20 and 21, 1950.

Curiosity is one of the permanent and certain characteristics of a vigorous intellect.

New Appointments To College Staff

Mr. Lawrence F. Staples, M.S. University of New Hampshire, has been appointed an assistant in the Department of Physiology for the ensuing year. Mr. Staples at the present time is teaching at the University of New Hampshire and will assume his new responsibilities at D.M.S.C.O.S. on September 1.

Mr. Wendell R. Fuller, B.S. in Education, Drake University and graduate work at University of Iowa and University of Florida, will assume his duties as Registrar at the college on September 1. Mr. Fuller is a Captain in Air Force Reserves and since his separation from the Service in 1945 has been Training Officer for the Veterans Administration in the State of Iowa.

Mr. E. George Engelmann, formerly of the John S. Oden Firm of Certified Public Accountants, will join the administrative staff of the college on September 1 as Purchasing Agent and Director of Central Supplies. Mr. Engelmann is a life-long resident of Des Moines.

Registration Program

Tuesday, Sept. 5—Freshman Day program

Wednesday, Sept. 6—
9:00 A.M.—Freshman registration

1:30 P.M.—Junior registration

Thursday, Sept. 7—
9:00 A.M.—Sophomore registration

9-12 A.M.—Freshman physical exams

Friday, Sept. 8—
9:00 A.M.—Senior registration

9-12 A.M.—Freshman physical exams

Saturday, Sept. 9—
10:00 A.M.—General convocation

Monday, Sept. 11—
8:00 A.M.—Classes begin

The President Chats

At the time of this writing it is apparent that the clouds of war are rapidly gathering upon the horizon of an international conflict. The two distinct ideologies of life are in a struggle, but in spite of the conflicts of man, it is imperative that education must not suffer but must forge ahead. The future salvation of the world can only be found through education in all of its areas.

In the words of **Dr. George F. Zook**, President of the American Council on Education on July 25, 1950, "It is wise for our colleges and universities to maintain their full program and to urge their prospective and former students to continue their college education. In so doing they will be preparing themselves to render greater service in whatever need may develop."

The Osteopathic Profession and its schools are fully in accord with the statement of this great American educator. The Osteopathic Profession, even in view of world conditions, will continue to support its colleges.

Never before in the history of osteopathic education has the profession received the recognition which it has today; never have so many well-qualified young men knocked at the doors of this particular therapeutic science for admission; never have the demands for Osteopathic Physicians been so great and never have the problems of meeting rigid requirements and specifications, both from a state and a national level, been greater than they are today.

The future of Des Moines Still College of Osteopathy and Surgery is brighter today, even in view of the many problems, than it has been any time since the writer became affiliated with the College. This College must continue to expand—expand not only in quality of work done in the classrooms, but expand its physical plant and increase its contribution to the health and welfare of this community, the state and the nation.

Osteopathic Medicine, through the Colleges, must be ever cognizant of its responsibilities to society. To be satisfied with present recognition and achievement will not suffice. We must continue to expand our services.

Draft Classification

- 1-A—eligible
- 2-A—occupational deferment group
- 3-A—married men with dependents
- 4-A—veterans under 26
- 5-A—veterans past 26

Congratulations

Our heartiest congratulations to **Dr. and Mrs. Sol Leibel** of Youngstown, Ohio, on the birth of their daughter, Sandra Mae, on June 8, 1950. Dr. Leibel is a graduate of 1947.

Mental Health Is Your Business

The Psychotherapeutic Armamentarium II HYPNOSIS

Ralph I. McRae, B.A., D.O.
Chairman, Division of Psychiatry

The use of hypnosis in psychotherapy is probably not as prevalent or as miraculous in its effects as is generally believed. There are therapists who build a practice around this modality and have outstanding results with it. At the other extreme are a great number of therapists who never use it, and in between are many who make use of hypnosis from time to time in selected cases.

What is Hypnosis?—Although we are a long way from knowing enough about the function of the central nervous system to demonstrate the problem technically, it is clear that hypnosis is a neuro-physiological mechanism which is an inherent function of the central nervous system of the many vertebrates. The "putting the chicken to sleep" by placing its head under its wing and whirling it around; the reaction of the prey of a snake to its undulating rhythm; the behaviour of the mouse when being "played with" by a cat; all suggest the basic pattern of some phase of the hypnotic process with disorientation, anesthesia or paralysis. It is certainly not a strange, mystical, metaphysical, or in any way, abnormal phenomenon in and of itself.

In man the phenomenon of trance (a state of conscious disorientation without serious physiological regression) has been recorded as a behavior characteristic since the dawn of history. The oriental world has long made use of the mechanism for religious purposes, and in the history of occidental religion are many examples of this state in relation to transcendental experiences.

As a psychopathological phenomenon, the trance became a problem in the European scene and was seen in many hysteric and psychotic cases. The idea of inducing a trance for any of many purposes has, of course, been common in folk lore and became a therapeutic modality in the last century. At the turn of the century a great conflict over the true nature of hypnosis ended in a hollow victory for those who designated the phenomenon as a product of psychological suggestion.

This rather self-limiting definition resulted in the whole field being pushed out of scientific therapeutic circles. This discredence was, of course, greatly increased by the rise of the organicist medical philosophy and practice. Thus, circumstances conspired to eclipse the rise of hypnosis as a therapeutic tool. It was not until two world wars that hypnosis regained its true place in the psychotherapeutic armamentarium. This resulted

from the fact that hypnosis is peculiarly useful in the treatment of traumatic amnesia and other conversion hysterical symptoms commonly seen in psychological casualties of war. Today, therefore, we find a host of books being published on this subject, and an increase in its use in various fields of healing, for several purposes.

Its Uses: In psychiatry hypnosis is used on several levels of therapy. First, there is the level of simple elimination of symptoms by direct suggestion under hypnosis. This is useful in treating certain functional problems of children and in removing the variety of symptoms of conversion hysteria, such as hysterical blindness, deafness, aphonia, motor paralysis and anesthetics. Second, hypnosis may be used to recover information from unconscious levels of thought and forgotten experiences. Third, it may be used to break through resistance to help the patient understand his problem. Fourth, it may be used in many dynamically stimulating ways to reproduce symptoms, analyze dreams, set up artificial examples of conflict, and to produce many other active therapeutic effects. This is in conjunction with general analytic psychotherapy.

It is of practical interest to note that the ability of the nervous system to achieve a true hypnotic trance decreases in most people with age. It is also, like other biological characteristics, widely variable among individuals as to degree and quality. The great majority of young children are capable of reaching fairly deep levels of hypnosis. As we go up the age scale there is a progressive decrease in the number of people who can be easily hypnotized.

It is this basic problem that has prevented the widespread use of hypnosis and has discouraged busy therapists from working with it extensively. It is theoretically probable that all people could be hypnotized under certain individual circumstances, but older people are very resistant to most of the usual methods of induction. Susceptibility to hypnosis is not correlated with degrees of intelligence or any other general personality quality.

Methods of Induction: The induction of hypnosis for therapeutic purposes is largely a matter of ingenuity, psychological positiveness and the utilization of any acceptable object upon which the patient concentrates his visual and conscious attention. As the patient fixes his attention on the object, acceptable and appropriate suggestions are slowly and monotonously repeated to assist the patient to permit his conscious awareness to disassociate from normal orientation. There is simply an inhibition of the function of objective awareness. This is achieved by degrees of

disassociation which are clinically divided into four levels of hypnosis. These are evaluated by objective standards. The first stage is achieved when anesthesia can be induced; the second, when motor paralysis is achieved; the third, when amnesia and response to post-hypnotic suggestion is demonstrated; and fourth, when active somnambulism is possible without the subject coming out of the trance.

It is of clinical, as well as physiological, significance that anesthesia is possible in relatively light stages of trance. This results clinically in the use of hypnosis for anesthesia in dentistry, obstetrics and emergency surgery in war theatres. It is, of course, clear that this is a natural defense mechanism of all animals with highly developed central nervous systems for meeting the effect of unavoidable physical danger. It is a mechanism which operates on the battle field, in auto accidents, and wherever traumatic injury is sustained without the sensation of pain at the time of injury. It is an instinctive technique for avoiding overwhelming shock at the time of injury.

Dangers: It is not wise to use hypnosis as a game, for public demonstrations or in any recreational manner. It permits access in varying degrees to the unconscious, to control of the autonomic and somatic nervous systems for both normal and abnormal function. It is a two edged sword which can be a very effective tool or a very injurious agent. It is not in itself dangerous, but the uninformed may seriously disturb the subject by careless misuse of his power, or by overzealous activity where "angels fear to tread."

Conclusion: Hypnosis is a technique which takes advantage of, and activates, a basic instinctual neurophysiological mechanism. It is a useful instrument in psychotherapy in trained hands and under certain circumstances. Its usefulness is limited by the time and energy required to induce the trance in resistant subjects. It is to be hoped that its usefulness will be greatly expanded when adequate research reveals better methods of inducing the trance in a wider range of age groups.

The Book Shop

For the past two years this college has operated its own bookstore, but in recent weeks it has been moved from its hidden position on the first floor of the college to new quarters facing Sixth Avenue.

All current medical books can be supplied to physicians, regardless of their location, and **Mrs. Williams**, Manager of the College Book Shop, is most anxious to serve you with your needs for medical books.

Send your order to:

Mrs. Lucille Williams, Mgr.
The Book Shop
722 Sixth Avenue
Des Moines 9, Iowa

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Editor

RICHARD M. DE BARD

Associate Editor

PHILIP A. DI SALVO

Support Your School!

Dean's Letter

It is indeed a pleasure to present our Freshman class to our Alumni and countless friends of D.M.S.C.O.S.

While the class is considered to be complete at this time, the roster presented below is still subject to minor revision prior to registration day on Sept. 6, 1950.

These young men and women have been brought together from many walks of life to grasp the opportunity to realize their ambition—to serve humanity in the capacity of an Osteopathic Physician.

All members of the class have completed at least three years of pre-osteopathic training in an approved liberal arts college or university. Two members of the class have earned the degree Master of Science, and 59% of the class are college graduates.

FRESHMAN ROSTER FOR FALL 1950-51

Adams, Richard W. (A.B.)
Chesaning, Michigan
Ainslie, Ernest E. (B.S.)
West Lafayette, Indiana
Angell, Edgar O. (B.A.)
Balaclava, Jamaica, B. W. I.
Archer, Dee J. (B.A.)
Hollywood, California
Armstrong, Claire E. (B. Comm. Sc., B.A.)
Des Moines, Iowa
Barnes, Forrest H.
Des Moines, Iowa
Brown, John E. (B.A.)
Birmingham, Michigan
Brown, Russell J.
Des Moines, Iowa
Cannane, Raymond J.
Youngstown, Ohio
Clay, Clifford A. (B.S.)
Griswold, Iowa
Crommet, Wm. E. (B.S.)
Clear Lake, Wisconsin
Cummings, Dwain W. (B.S.)
Waterloo, Iowa
Dawson, Floyd K.
Dexter, Iowa
DeYoung, John E.
Des Moines, Iowa
Egly, James R.
Mason City, Nebraska
Eske, Louis H. Jr.
Des Moines, Iowa
Fell, Roy E.
Des Moines, Iowa
Fetchik, William (B.S.)
Willow Run, Michigan
Frankenstein, Waldo E. (B.S.)
Royal Oak, Michigan
Gabriel, Speros A. (B.S.)
Chicago, Illinois
Gillaspy, Joseph
Des Moines, Iowa

Grebe, Kurt H. (B.S.)
Mackinaw City, Michigan
Green, Mrs. Jane W. (B.S.)
Columbus, Ohio
Gustafson, Robert W.
Des Moines, Iowa
Hackett, Wm. D. (B.A.)
Plymouth, Nebraska
Herman, Miss Ruth
Muscatine, Iowa
Himelberger, Corydon G. (A.B.)
Ann Arbor, Michigan
Hinz, Ralph E. (A.B., M.S.)
Detroit, Michigan
Hollabough, Russell E.
Ravenna, Ohio
Hufford, Ronald B. (B.S.)
Des Moines, Iowa
Hughs, Charles G.
Des Moines, Iowa
Innacone, Alphonse J. (B.S.)
Staten Island, N. Y.
Jajeh, Shihadeh F. (B.S.)
Ranrallah, Palestine
Jolliff, Carl R. (B.A.)
Iowa City, Iowa
Junkermann, Richard U.
Columbus, Ohio
Kalman, Richard I. (B.S.)
Detroit, Michigan
King, Frank W.
Des Moines, Iowa
Kronisch, David H. (A.B.)
Maplewood, N. J.
Lemeshow, Seymour (A.B.)
Brooklyn, N. Y.
Lemkay, Miss Mary Hean
Detroit, Michigan
Lloyd, Stacy S. (B.A.)
South Vienna, Ohio
Matsui, George H. (B.S.)
Honolulu, Hawaii
Maxwell, Joseph S. (B.A.)
Detroit, Michigan
Nadaud, John J.
Niles, Ohio
Nelson, Ernest
Nevada, Iowa
Nerthling, Robert E.
Silver Creek, N. Y.
Nugent, Thomas E.
Detroit, Michigan
Nunley, John P.
Owensboro, Kentucky
Osaki, Henry I. (B.A.)
Kapaa, Kauai, T. H.
Oshiro, George T. (B.S.)
Honolulu, Hawaii

Phillips, Irwin Z. (B.A.)
Des Moines, Iowa
Polance, Harold N.
Flint, Michigan
Polatty, Thomas V.
Greenville, Penn.
Pomeroy, Ira L. Jr. (B.A.)
Los Angeles, California
Pounds, F. Sims Jr. (B.A.)
Ellsworth, Iowa
Pudliner, John H. (B.S.)
Barnesboro, Penn.
Rerucha, Victor J.
Omaha, Nebraska
Robinson, William
Detroit, Michigan
Rothman, David (B.S.)
Pennsylvania
Rosen, Herbert (B.S.)
Bronx, N. Y.
Roulston, George S.
Cheyenne, Wyoming
Schulman, Sam L. (B.S.)
Detroit, Michigan
Schwartz, John P. (B.A.)
Des Moines, Iowa
Shillinglaw, Richard G. (B.S.)
Sioux City, Iowa
Smick, Robert J. (A.B.)
Decatur, Illinois
Snow, Milton, R. (B.S., M.S.)
Des Moines, Iowa
Steinecker, Henry W. (B.S.)
St. Marys, Ohio
Swartz, James L. (B.S.)
Sligo, Penn.
Tahan, James A. (A.B.)
Utica, New York
Tarlow, Herbert D. (B.A.)
Elizabeth, New Jersey
Tilden, John D.
Ames, Iowa
Troester, Lowell L.
Des Moines, Iowa
Vawter, William E. (A.A.)
Santa Monica, California
Winiarski, Henry C. (A.B.)
Hartford, Conn.
Wiznak, Michael P. (B.S.)
Detroit, Michigan
Ze Branek, James D.
Detroit, Michigan

BEG PARDON—

In the last issue of The Log Book the name of **Miss Ginny Nath** was misspelled. Our apologies to Ginny.

Dr. Golden Addresses Business Groups

Dr. Mary E. Golden, graduate of 1912, past president of the Women's division of the Des Moines Chamber of Commerce, has recently given several lectures before business and professional groups in Des Moines. Speaking on "Women Through the Ages," Dr. Golden appeared before the business and professional department of the Home Culture Club. She also talked to the Des Moines Technical Parent-Teachers Association.

A recent newspaper article in the Norwalk, Ia., Citizen described Dr. Golden's hobby of gardening.

Medical Reserve Officers Sought

The Army, Navy and Air Force are all calling for Reserves to volunteer for active duty in their medical corps. As for the results, there is optimism in no quarter, and officials have intimated that involuntary inductions loom as a decided possibility. With all three branches seriously short of medical officers, the White House and the Pentagon are the spots to watch for policy pronouncements of vital importance to practitioners and to hospitals.

Serves on Board

Dr. W. S. Edmund of Red Oak, Ia., graduate of 1929, recently won election to the Board of Directors of the Red Oak Chamber of Commerce. Dr. Edmund is a member of the Iowa State Board of Osteopathic Examiners.

It is a great kindness to trust people with a secret. They feel so important while telling it.

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology	Laboratory Diagnosis	Proctology
Cardio-Respiratory	Obstetrics and Gynecology	Psychiatry
Dermatology and Syphilology	Orthopedics	Structural Diagnosis
Ear, Eyes, Nose and Throat	Pathology	Surgery
Gastro-Enterology	Pediatrics	Urology
Internal Medicine	Podiatry	X-Ray

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Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

DR. F. J. McALLISTER, Chief-of-Staff

or

MR. DAVE C. CLARK, Hospital Administrator

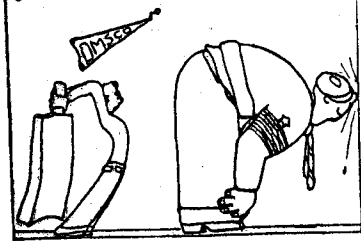
STILL COLLEGE OSTEOPATHIC HOSPITAL
725 Sixth Avenue
Des Moines, Iowa

FRATERNITY NOTES

AOF

Best wishes to our president, **Ed Kornhauser**, who married the former Lillian Sherman of Des Moines.

We hope that all enjoyed their vacations, and we are looking forward to our first business meeting in September.



ITS

On July 7 Iota Tau Sigma fraternity visited **Dr. Howard Dolyak**, 1949 graduate, who opened a practice in Stewart, Iowa.

Dr. Dolyak gave many helpful suggestions on opening and maintaining a practice in a small town. Following a tour of his offices everyone enjoyed a wonderful chicken dinner prepared by Mrs. Dolyak.

Frequently a small town practice doesn't sound attractive to an eager graduate doctor. The absence of associates and hospital facilities makes the graduate hesitate starting out alone. However Dr. Dolyak is enjoying a large practice, even by city standards, and he feels he made a wise choice.

Iota Tau Sigma wishes to extend congratulations to the incoming Freshmen on their acceptance at Still College.

ΨΣΑ

Dr. Paul E. Kimberly was made the national president of Psi Sigma Alpha, the national Osteopathic honorary scholastic society, at the meeting of its Grand Council in Chicago on July 10, 1950. At the same meeting **Dr. Howard Wicks** was assigned the editorship of *The Skull*, the annual publication covering the activities of the four chapters of the honorary organization. This marks the first year that two national offices of Psi Sigma Alpha have been held at the same time by members of the faculty of D.M.S.C.O.S.

Bone, Joint, and Nervous System Manifestations of Leukemia

Stuart F. Harkness, D.O.
Chairman, Department of
Osteopathic Medicine

Pain, limitation of motion and other symptoms which suggest arthritis or osteomyelitis may occur in acute or chronic leukemia. There may be, however, no symptoms referable to this system although Wintrobe,¹ quoting Craver, cites sternal tenderness as a very important finding (75%) in myelocytic leukemia and less frequently in the lymphocytic form.

Chloroma is the name given to green tumors found in association with leukemia, usually the acute form. These tumors are particularly prone to invade the periosteum and ligamentous structures of the skull, paranasal sinuses, orbits, spine, ribs and sacrum. The consequent neurological involvement is much more striking than is the bony involvement itself.

Leukemic proliferation in the juxta-articular portions of bone may give rise to signs of arthritis. Forkner,² cites numerous examples of arthritis of the "acute recurrent type," often responding to salicylate therapy, in leukemia particularly of the acute lymphatic type. Korkner, quoting Cooke, points out that rheumatoid pains in the extremities and joints are often prominent symptoms of acute leukemia in children and have not been sufficiently emphasized. It is important to differentiate leukemia

with joint pain from Still's disease in children and Felty's Syndrome in adults. In the former, there is fusiform enlargements of the joints with generalized lymph-node and splenic enlargement, while in Felty's Syndrome, occurring in adults 45 years or over, the joint manifestations are accompanied by leucopenia and relative lymphocytosis.

Destruction and absorption of bone leading to pathological fractures or dislocation and osteomyelitis of the maxilla and mandible are not uncommon clinical manifestations of leukemia.

The clinical and pathological manifestations of leukemia are of many sorts and may be found in any part of the nervous system or its meninges. Systematic studies have shown that pathologic changes in the nervous system are common and that clinical manifestations of neurologic disorders in leukemia are by no means rare.

In addition to the neurological manifestations of chloroma, already alluded to, there may be hemorrhage into the cerebral nervous system, diffuse perivascular infiltration and nodular

tumor-like growths, involvement of cranial nerves, herpes zoster, subacute combined degeneration of the cord, and peripheral neuritis. The clinical findings may be those of hemiplegia, paraplegia, convulsions, paralysis of cranial or spinal nerves, peripheral neuritis, etc. The pathologic changes are due to hemorrhagic tendencies of the blood in leukemia, toxemia, direct invasion and destruction, and as pointed out by Forkner², vitamin B deficiency, since the high metabolic rate in leukemia increases the demand for this substance.

Summary

It has been pointed out that disturbances of the bones, joints and nervous system may be the earliest sign of leukemia and at least are indicative, when leukemia is known to exist, of progressive invasive pathology.

Bibliography

¹ Wintrobe, M. M.: *Clinical Hematology*, p. 683, Lea & Febiger, Philadelphia, Pennsylvania, 1946.

² Forkner, Claude E.: *Leukemia and Allied Disorders*, p. 60, The MacMillan Co., New York, N. Y., 1938.

Application Form

FOR INTRODUCTORY COURSE IN CRANIAL OSTEOPATHY

Des Moines, Iowa, November 6-18, 1950

Name

Street Address

City..... State.....

Graduate of..... Year.....

Previous Courses in Cranial Concept?

At..... Date.....

At..... Date.....

Matriculation fee of \$150.00 should accompany this application. Please make check to Des Moines Still College of Osteopathy & Surgery and forward with this application to **Dean John B. Shumaker**, 722 Sixth Ave., Des Moines 9, Iowa.

The Log Book

The Official Publication
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

722 Sixth Avenue
DES MOINES 9, IOWA

Entered as
Second-Class Matter
At Des Moines, Iowa.

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PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

Volume 28

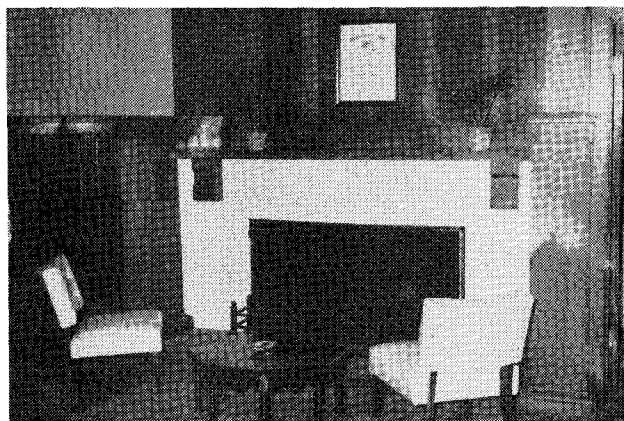
SEPTEMBER, 1950

Number 9

College Anticipates Convention Visitors

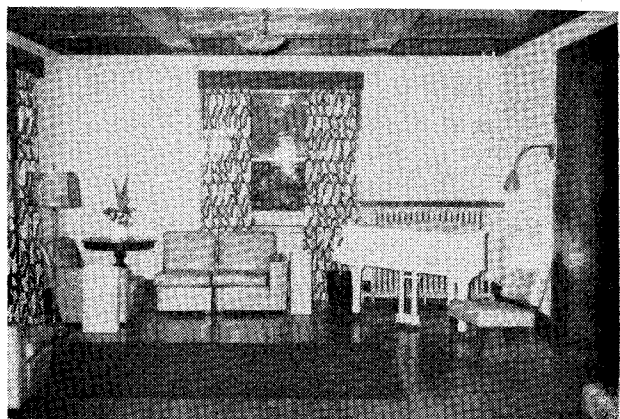
PSG Completes House Redecoration

Members of Phi Sigma Gamma fraternity have demonstrated that the way to achievement is by working together for a common purpose. The completely newly decorated "frat" house at 3205 Grand Avenue is indeed a testimonial to brotherhood at its best. Beginning last winter with the germ of an idea the eighty members of PSG saw complete fruition of their plans by late August.



The Fireside

It is best, perhaps, to begin the story at its inception last winter. At that time it was deemed desirable to formulate a program for refurbishing the house. Prior to this, however, a new oil burner and electric dishwasher had been installed leaving a treasury which would be much depleted by the expenses of such a program. This problem was resolved when members began giving blood at the Veteran's Hospital and turning the money over to the fraternity. This was done on a purely voluntary basis, the end result being a total of over eight hundred dollars for the house fund. This amount, coupled with a



Living Room (south end).

house improvement reserve, swelled the total to the amount needed for the program. President **Bob Harrison** then appointed committees ranging from "color schemers" to floor sanders. Actual work got under way in June with a high percentage of attendance by members and interesting discoveries of their hitherto unsuspected skills.

The large living room, library and entrance way were the first rooms to be tackled by the ambitious crews. The painters delighted in (Turn To Last Page)

Symposiums to Be Conducted

By Members of the Faculty

The Twenty-third Annual Clinical Assembly of the American College of Osteopathic Surgeons and Participating Organizations will be held in Des Moines on Oct. 15th to 19th. The participating organizations include the American Society of Osteopathic Anesthesiologists, American Osteopathic College of Radiology, American Osteopathic Academy of Orthopedics, and the American Osteopathic Hospital Association.

The formal opening of the Convention is the evening of Oct. 15th, in the ball room of the Savery Hotel, Convention headquarters. The Honorable **William S. Beardsley**, Governor of Iowa, will welcome the visitors, and **Dr. J. Gordon Hatfield** will respond. The annual Trenery Lecture, a memorial to **Dr. Floyd J. Trenary**, pioneer osteopathic radiologist, is to be given by **Dr. Charles J. Karibo** of Detroit immediately following the opening ceremonies.

The surgeons' program is under the chairmanship of **Dr. Howard A. Graney**. The surgical clinics will be given the mornings of Oct. 16, 17, and 18 at Des Moines Still College Hospital, Des Moines General Hospital, and Wilden Osteopathic Hospital. Also, on those same dates, symposiums on the basic sciences will be presented at the College. Faculty members taking part include **Carrie Gillaspay**, M.S., chairman of the Department of Anatomy, **E. V. Enzmann**, Ph.D., **Leonard Grumbach**, Ph.D., chairman of the Department of Physiology, **M. P. Moon**, Ph.D., chairman of the Department of Public Health, **F. C. Colien**, Ph.D., and **A. L. Wickens**, chairman of the Department of Pathology.

On Oct. 17th Dr. Grumbach will speak on "The Physiology of Pain" and on the 18th he will speak on "Conduction Block in Relation to Axonal Physiology. Professor Gillaspay has the "Central Nervous System-Anesthesiology Clinical Application," as her topic on Oct. 17th. One of the participants in the Oct. 16th discussion of "Administration in the Small Hospital" is **Mr. Dave C. Clark**, Still College Hospital administrator.

It is hoped that the convention visitors will take advantage of their stay in Des Moines by honoring the College with a visit.

Two million years from now the scientists can start a row by claiming that the creatures of that period descended from Man.

Xmas Seal Plans Far Advanced

Plans for the sale of the 1950 Osteopathic Christmas seals are well along their way to completion. The 1950 stamp is being designed by **Fred L. Packer**, commercial artist of the New York Mirror. Mr. Packer has been cited by the Red Cross, the American Cancer Society, the Cerebral Palsy Foundation, and the United States Government for his drawings and poster designs.

Proceeds from the sale of the seals will be divided in a similar manner to last year, ninety percent going to osteopathic research and ten percent to the Student Loan Fund.

Faculty Members at Internists Meeting

The Tenth Annual Conference of the American College of Osteopathic Internists is to be held in Kansas City, Mo., Oct. 23rd to 26th. **Dr. Stuart F. Harkness**, chairman of the Department of Osteopathic Medicine at the College, is program chairman. **Dr. Richard DeNise** will speak on "The Management of Lower Nephron Nephrosis," and **Dr. Ralph I. McRae**, head of the Division of Psychiatry has "Psychodynamics of Motor Dysfunction" as his topic.

Campus Visitors

Dr. E. W. Myers of Forks, Washington, class of '05, was a visitor at his Alma Mater on August 21st. **Dr. H. J. Ballard** of Clair, Michigan visited the school on Sept. 2nd. **Dr. and Mrs. L. A. Lydic** of Dayton, Ohio were visitors on August 26th. Dr. Lydic graduated with the class of 1923.

All of our visiting physicians expressed their surprise and satisfaction with the tremendous advances made at the College over the years.

The President Chats

At the time of writing this column students are registering for the 1950-51 school year. Last month's LOG BOOK carried the names and home addresses of the entering freshmen.

During the summer numerous changes have been made at the college in order to improve the operations of the college for student instruction. A few of the major changes which have been made on the second floor of the college are the revamping of the college offices, which includes a Board of Trustees and Conference room, new quarters for the Registrar and the enlarging of the Accounting department. On the fourth floor the Bacteriology laboratory has been doubled in size, a new Bacteriology Research laboratory has been installed as well as additional office space for the department. The finishing touches to the new College Clinic and the College Bookshop were also made during the summer months, and while normally the summer months are considered as months of vacation the past summer has been one of much activity at D.M.S.C.O.S.

The faculty and student body are anxiously awaiting the visits of many doctors who will come to Des Moines the middle of October to attend the convention of the American College of Osteopathic Surgeons, and participating organizations. We trust that during this busy convention all doctors and friends who have an opportunity will visit the College.

The Fall semester of the school year will see the second semester of postgraduate education offered to the practicing physicians who are in commuting distance of the college. The following courses are being offered:

Physiology 3 semester hours credit; Gross Anatomy (3 semester hours credit); and Psychosomatic Problems (3 semester hours credit).

In November the College will present a Cranial Course under the direction of **Dr. William Sutherland** and his associates. The course this year will be an introductory course in the cranial concept. Space at the college last year made the offering of cranial courses impossible but with the additional space made possible by the new Clinic Building, we are happy to again offer this worthwhile instruction to the members of the profession.

Throughout the year the college will offer a series of two-day symposiums on various diseases and we feel that this program will mean much to the busy physician.

All in all, D.M.S.C.O.S. has a busy year ahead.

Hospital Bed Cost

According to present reports, private hospitals spend \$16,000 per bed to build their institutions while federal hospitals cost from \$20,000 to \$51,000 per bed.

Mental Health Is Your Business

The Psychotherapeutic Armamentarium

III. NARCOSYNTHESIS

Ralph I. McRae, B.A., D.O.

Chairman, Mental Health Division
Division of Psychiatry

During the second World War there was a widespread increase in the use of Sodium Pentothal and Sodium Amytal intravenously in the treatment of acute war neuroses. The use of rapidly acting intravenous central nervous sedation to facilitate psychotherapy has achieved rather popular acceptance and become clothed in somewhat bizarre connotations as "truth serum" and other terms when extended over into police, espionage and similar popularized publicity. Several therapists have developed this method to a rather fine and involved degree and the literature suggests that this use of the barbiturates in breaking through the patient's consciousness is a simple road into the unconsciousness.

It can be laid down as a general rule—that there is no simple direct road into the unconscious. Devious indeed are the defense patterns of the barrier and in the unstable, neurotic these defenses are acutely alert.

There are, however, several important uses of intravenous barbiturates. These are briefly:

1. To increase the susceptibility of the patient to suggestive therapy. This is particularly useful in treating recently acquired hysterical conversation symptoms.
2. As an adjunct to assist in inducing hypnosis.
3. To assist in the differentiating between a neurotic and psychotic patient. This consists in inducing a mild borderline disoriented state in which psychotic behavior often is illicit or develops spontaneously.
4. To assist a patient to break through an area of resistance to recall, or to reorient psychotherapy by several technical methods.
5. To quiet a patient who is acutely and transiently disturbed.
6. To reduce the anxiety and awareness of a patient prior to electro-shock therapy.

The great advantage, particularly of Sodium Pentothal, is the ease of obtaining controlled levels of narcosis and its rapid elimination as a sedative agent from the blood stream. The patient then can achieve deep levels of unconsciousness quietly and yet in a relatively short time be able to leave an out-patient office comfortably, with little residual effect.

Sodium Amytal is widely used in institutional therapy as its effects are somewhat more sus-

tained, but it also is slower in being eliminated. The dosage is from 2 c.c. to 10 c.c. of 2.5% or 5% solution given slowly with the patient counting backward from one hundred until the desired level of unconsciousness is reached.

There are several modifications of this method. The patient may be carried at a certain, or a fluctuating level, of consciousness—by slow continuous drip, or the patient may be permitted to go down into a deep coma for varying periods of time and then interviewed while regaining consciousness. The sedative medication may be combined with a stimulating medication to activate speech and expression while the patient is released under sedation. This combined sedation-stimulant technic is, of course, not limited to the intravenous approach.

Several problems arise in narcosynthesis therapy which must be considered. First, the patient still retains some degree of control over his defense mechanisms and it is not unusual to have the threat of losing consciousness and the fear of losing control so increase the resistance that no valid information is forthcoming. Second, the patient may be highly suggestible and will often produce highly artificial material in response to the implied suggestions of the therapist. This makes it important to eventually check all data obtained under narcosis against conscious memory or other sources of information at a later time. Third, the technic tends to rapidly precipitate a poorly controlled transference in the patient and places a crucial test upon the therapist of his counter-transference attitude to the patient. Fourth, many patients after getting used to the feel of this type of sedation will tend to become dependent on it;—may refuse to talk if they don't have it, and in other ways place the narcosis in a primary position in therapy. This then becomes a fundamental block to real progress.

For these reasons, the use of narcosynthesis is only utilized in selected cases for special purposes and for relatively short intervals of therapy.

Hypnosis and narcosis do not achieve the same physiological or psychological results. Both have peculiar advantages and disadvantages. In using narcosis as an aid in hypnosis—the skill of the therapist must be as great as without it, but the resistance of the patient may be reduced. It may be increased. Of course once the hypnosis is achieved—further use of narcosis for future inductions should be unnecessary.

Conclusion:

The use of intravenous rapidly acting barbiturates is a valuable but two-edged sword in the psychotherapeutic armamentarium. It has many valuable and valid

points of application in conscientious, well-trained hands, but is complicated by several limitations, dangers and complications which arise from the strictly human equation involved. Results are usually both unpredictable and often shaded by various phases of the patient's personality which must be carefully evaluated. It is therefore not a therapeutic tool to be used indiscriminantly or experimentally in a spirit of overconfidence.

Dean's Letter

The College opens a new year with a total enrollment of 299 students. On only two previous occasions in its history has this number been exceeded.

This large group of future Osteopathic physicians is in training at a critical time in the history of the nation—a time when we appear to be launched on the second phase of World War II.

Today, the Osteopathic physician enjoys greater recognition to which he is justly entitled by virtue of the fullness of the scope of training now existing in the Osteopathic system of medicine.

Whether he practices as a civilian physician or whether he is called into the armed services he can feel that he is well trained to do his part in any emergency.

The students in training are well aware of the need for doctors in the war which has begun. The faculty and administration are standing by prepared to adjust the training program to the increased cadence of war and great and ever growing need for doctors.

The selection of candidates for training will continue at its present high level, and the quality of instruction will continue to be excellent.

The third largest enrollment in the history of the school is in itself mute evidence of the desire of students to become Osteopathic physicians and to attend Still College.

Policy Change on Health Examinations

The Girl Scouts of America announced on September 1st that the signature of a duly licensed Doctor of Osteopathy would be accepted for physical examinations for membership and certain other Girl Scout activities. Heretofore this organization has accepted only the signatures of M.D.'s on such certificates and reports.

The statement recommended by the health and safety committee and acted upon by the Girl Scout executive committee reads in part: "Therefore, in those states (in which osteopathic physicians are licensed to practice), a certificate of physical examination may be accepted when signed by a duly licensed Doctor of Medicine or a duly licensed Doctor of Osteopathy."

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Editor

RICHARD M. DE BARD

Associate Editor

PHILIP A. DI SALVO

Support Your School!

Cranial Course To Be Conducted Nov. 6th-Nov. 18th

At the only course in Cranial Osteopathy to be conducted this year in the Middle West twenty-four physicians will have an opportunity to receive instructions in the fundamentals of this work, starting November 6th, at the Des Moines Still College of Osteopathy and Surgery. Although announced in the August Log Book as a course in the Fundamentals of Cranial Osteopathy, some physicians having had previous cranial work are already sending in their application fees to take advantage of this opportunity to increase the effectiveness of their manipulative technics. The work of the two weeks course is arranged primarily for beginning students and those wishing to repeat their basic instruction.

Dr. Chester L. Handy of Providence, Dr. Howard A. Lippincott of Moorestown, N. J., Dr. Rollin E. Becker of Dallas, Dr. Reginald Platt of Houston, and Dr. Raleigh S. McVicker of The Dalles, Oregon, are seasoned instructors on the faculty roster. Dr. Anna L. Slocum of Des Moines, who has done intensive work with Dr. Sutherland on new technic during the past year will add further distinction to the faculty. Another member of Dr. Sutherland's first class in Des Moines and an active cranial instructor since, Dr. Paul E. Kimberly of the Still College staff will be available during the entire course to refresh the students in the intricacies of the central nervous system. To assure personal attention and ample constructive criticism to those who come for their cranial training, each instructor will have a teaching assistant. This will provide a ratio of one instructor and his assistant to each four students enrolled.

Enrollment in this course is definitely limited to assure each student a maximum of attention. Those who have wisely decided to begin their training in Cranial Osteopathy now are urged to make their reservations at once with John B. Shumaker, Ph.D., Dean, Des Moines Still College of Osteopathy and Surgery. Tuition for the two weeks is \$300; one-half (\$150) is payable with the application, the balance at time of registration. Memberships in both the state association and the American Osteopathic Association are requisite.

COLLEGE STATISTICAL REPORT

	Freshmen	Sophomore	Junior B	Junior A	Seniors	Seniors Graduating October 1950	Total Full-time	Special Students	Total
Students	70	68	47	34	55	19	293	6	299
G. I.s.....	43	48	34	23	34	9	191	0	191
Married	38	44	34	25	43	12	196	3	199
Single	32	24	13	9	12	7	97	3	100
States represented.....	17	14	17	12	25	7	32	3	32
Foreign countries.....	2	1	5	0	2	1	8	2	9
Women	3	2	1	1	1	2	10	0	10
No. of Colleges.....	42	34	37	24	44	12	126	6	129
Baccalaureate Degrees..	50	28	19	10	16	4	127	0	127
Master's Degrees	2	—	—	—	1	—	3	0	3

Wendell R. Fuller, Registrar, has compiled information about the students of our college which is of interest to students and alumni.

The student body this year represents the third largest enrollment since the founding of our school in 1898. From 32 states and 9 foreign countries (Africa, British West Indies, Canada, China, England, Hawaii, India, Italy and Switzerland) come 299 students. Students attending under the G. I. Bill total 191. Married students total 199. Women students, 10 in number, are represented in all classes. Two of these women students will graduate October 17, 1950.

It is interesting to note that members of the student body have received their pre-osteopathic training in 126 different colleges and universities and that 127 students have received their Baccalaureate Degrees and 3 students have received Master's Degrees.

Twenty-seven members of the senior class are presently serving their externship in the Still College Hospital (11), Des Moines General Hospital (3), Wilden Osteopathic Hospital (2), Doctors Hospital, Columbus, Ohio

(9), Still-Hildreth Osteopathic Sanatorium, Macon, Missouri (1), and Francis E. Warren Air Base Hospital, Cheyenne, Wyoming (1). On February 1, 1951, 28 members of the senior class will start their externship and those externing now will return to class room study here.

Graduation day for the following members of the senior class will be October 17, 1950: Joseph B. Baker, James F. Conley, Howard Ted Craun, Joseph A. Daley, Harry G. Dennis, Josephine J. Di Marco, Murray Goldstein, Marvin T. Gordon, Henry D. Hakes, William S. Hughes, Adeline L. McCormick, Clinton D. Nutt, Herbert F. Parisi, Nunzio E. Parisi, William C. Person, Nicholas C. Scaccia, Julian C. Savarese, Edward H. Smith and Thomas M. Willoughby.

Information in the Registrar's Office also shows 132 future osteopathic physicians are listed on the enrollment cards.

Turn in your news by the
fifth of each month for publication!

Iowa Society Sponsors Booth at Fairs

The Iowa Society of Osteopathic Physicians and Surgeons, through its department of public relations, recently had constructed a portable booth for use at fairs and expositions. The booth was first used at the Green County fair and was then taken to the Iowa State Fair.

The hit of the display was an electronic stethoscope by means of which visitors at the booth are enabled to hear their own hearts beat. No diagnosis is made and no comment is given on the heart sounds.

Dr. Cash Elected

Dr. Byron L. Cash, class of '17, was elected as the representative of the Alumni Association to the Board of Trustees in the national election conducted during the summer months. This is Dr. Cash's third year as a representative of the National Alumni Association on the College Board of Trustees.

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology	Laboratory Diagnosis	Proctology
Cardio-Respiratory	Obstetrics and Gynecology	Psychiatry
Dermatology and Syphilology	Orthopedics	Structural Diagnosis
Ear, Eyes, Nose and Throat	Pathology	Surgery
Gastro-Enterology	Pediatrics	Urology
Internal Medicine	Podiatry	X-Ray

Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

DR. F. J. McALLISTER, Chief-of-Staff

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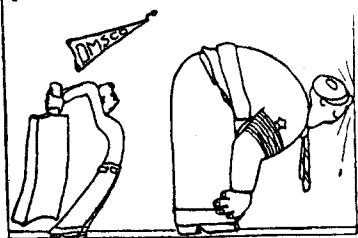
MR. DAVE C. CLARK, Hospital Administrator

STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa

FRATERNITY NOTES



ΦΣΓ

The Phi Sigma Gamma fraternity looks forward with a great deal of anticipation to this coming fall semester. At the regular business meeting held August 8, 1950, the election of officers was held and the new officers for this next semester are: **Thomas Reed**, President; **Harry Brom**, Vice President; **E. Lee Gomoll**, reelected Secretary; **James Haffenden**, reelected Treasurer and Executive Administrator; and **Earl Gay**, Sergeant-at-Arms.

The chapter house at 3205 Grand Avenue is now in excellent condition and very attractive due to the efforts of the fraternity members during the summer months. A complete remodeling program has been completed, as mentioned elsewhere in this issue.

ATLAS CLUB

The new school year started off with a bang, with a Stag Party for the new freshmen just following registration. Thanks go to **Dud Chapman**, **Zane Petty** and **Marshall Lowry** for making the Frosh send-off a huge success.

The National Convention in Chicago was well represented this year with the presence of **Jerry Fellman**, **Jim Lott**, **Bob DeFord**, **Ed Felmlee** and **Don Welch**. The boys attended the Executive Council Breakfast and meeting, and took an active part in one or two of the affairs of the Grand Chapter. Following this, they at-

tended the Atlas Alumni Banquet, where the Annual reports were given and the plans for the new Chapter House were presented. The Model of the House was also presented in the exhibition hall to the many Doctors in the field where it was very well accepted and money-raising plans got off to a good start. Incidentally, to you Doctors who were cornered by our House Promoter, **Ed Felmlee**, he is still talking and hasn't run down yet.

An initial meeting with the Alumni House Committee was held during August, and at present plans are almost completed to organize the Alumni of the Des Moines area for backing our building plans.

A letter will be coming during the month of September which will bring all of the Alumni up to date concerning the building plans.

The Club's Annual summer picnic was held during July and congratulations go to **Russ Boysel**, **Andy Martin**, **Ralph Braught** and **Gene Herzog** for making possible to the members, wives and kids, a most enjoyable day. We were honored by the presence of **Dr. Carl Nagy**, his wife and her sister at the picnic also.

Dr. Carroll to Be
Des Moines Visitor

Dr. Vincent P. Carroll, president of the American Osteopathic Association, will attend the convention of the American College of Osteopathic Surgeons in Des Moines, October 15th to the 19th.

Wanted

Our College library will appreciate files of old Osteopathic or Medical periodicals (except the Journal of the American Osteopathic Association) or books. Now is a good time to clear your attic and help a good cause.

PSG Redecoration—

their living room ceiling of chartreuse, their walls of chalk-white and forest green and their library and entrance way in vivid coral. The brick fireplace became white and the dining room walls above the wood paneling were made chartreuse. New fluorescent fixtures were installed in the dining room and library, and modern goose-necked wall lamps gave the living room that "1960 home look" that our native electricians had in mind. The floors were completely sanded and re-finished with a clear varnish, and the dining-room floor was covered with asphalt tile which was carried into the kitchen hallway. We were then ready for the furniture. Dark green shag rugs supplied our floor covering and all new plastic leather sectionals, sofas and chairs made for the "easy living" look. The sectionals are chartreuse, the sofas a dark green and the chairs are white, coral, and rust. Modern table lamps were placed at strategic spots around the room. The patterned drapes in bright colors were made and hung by two of the members wives. Dining room chairs and tables were completely renovated to tie in with the new color scheme. Finally, potted plants and painted tile ash trays were added to give that finished look.

All of the foregoing might seem to be sufficient to appease the zealous workers, but they went on to create two new rooms on the third floor paint the white trim on the front of the house and enlarge and redecorate the recreation area in the basement, including an all-asphalt tile floor.

There are now thirty students living in the house, one-half of them new freshmen. As in the past, we will follow our policy of making the house available to all school groups for any of their activities, and we are happy that we are now able to offer increased service to the school because of our improved facilities. The students wives club will continue to meet at the house, and they will be glad to know we have purchased fifty steel folding chairs for occasions such as theirs.

By reason of the success of our ambitious venture, other improvements are in the idea stage but will not be elaborated on here. It would be impossible to mention the names of all the persons who made our ideas materialize, but I am sure they feel justly rewarded for their work.

PAUL W. PANAKOS, Reporter.

ATTENTION

The Division of Psychiatry Has Established
the Following Services for Your Use

1. Psychiatric Diagnostic Service on an Out-Patient or Hospital In-Patient Basis.
2. Counseling and Psychotherapy for Patients, including:
 - Adolescent Problems
 - Psychoneurotic Cases
 - Marital Problems
 - Ambulant Psychotic Cases
3. Electroshock Therapy

All private consultations and treatments by arranged appointment.
Fees available on request.

The Log Book

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Volume 28

OCTOBER, 1950

Number 10

Nineteen Seniors Receive Diplomas

"Atlas Plans To Build"

Members and Alumni of the Atlas Club are at last beginning to feel the joys of enthusiasm at the prospects of finally owning their own fraternity house. Although the actual possession of a home is still quite a distant thing, plans for obtaining one have progressed so rapidly and encouragingly that the one-time embryo of a dream may soon precipitate to reality.

It all started with what at first sounded like a preposterous idea proposed by one of the enthusiastic actives. "Why not build a house ourselves?" The thought of a handful of inexperienced, studious young men attempting to erect a frat house was at first quite humorous, but after taking stock of themselves and carefully computing all the possibilities of such a move, the actives said, "Why not?" Among its fifty-five enthusiastic members, the Atlas Club has at least two master-carpenters, three electricians, four or five ex-draftsmen, several men who have built their own homes, and many, many men who not only are willing to donate a good many hours of their free time but know which end of a saw, hammer and paintbrush, etc., is the end that does the business. With the birth of the original idea, a committee was formed to investigate all of the possibilities, and gradually a scale model of the proposed home took shape. With the model in hand and the encouraging word of the active members, five men went to the National Convention in Chicago to see how the members in the field liked the plan. They were met with many questions and much enthusiasm; and on their return it was definitely decided upon to start the wheels in motion.

The finances and the last say in the purchasing and legal end of the plan will be directly controlled by the Alumni House Committee, composed for the most part of alumni from the Des Moines area. **Dr. Howard A. Graney, Dr. Bruce T. Farmer, Dr. Paul L. Park, and Dr. Frederic J. McAllister** are the members of the Committee now acting on the business at hand, but in the near future additional members may take part from the states of Michigan and Ohio.

As everyone knows, the most expensive part of building a house is the actual labor involved. To be more exact, for every dollar of material there is between two and five dollars for labor. With everything but the plumbing labor being furnished by the Club members, the necessary cost of construction of this kind is cut two-thirds.

In order to finance a large scale building project like this, the Club has decided against asking for donations from its Alumni, and also against purchasing a loan of a commercial nature. Instead, loans are to be obtained from the Alumni directly, and to be paid back at a pre-arranged rate of interest. To insure all investors against loss, (1) funds, handling, purchasing, etc., will all be handled by the Alumni House Committee, (2) all materials will be on hand and all contracts "let" before any actual construction will begin, (3) if the contracts cannot be met, or if materials cannot be purchased, or in any way the building plans cannot be carried out, all money will be returned to the original investors.

Much has been done, much is being done, and much more will be done, all of which will be publicized in forthcoming Log issues. Any additional information concerning the Atlas House Building Project may be obtained upon request, from the Alumni House Committee or from the Chapter itself.

Dr. Juni To Speak

Dr. Raymond B. Juni will speak on "Laryngeal Disease and Its Relation to the Nose and Sinuses" during the 1950 meeting of the Osteopathic College of Ophthalmology and Otorhinolaryngology, Nov. 1 to 3 at Los Angeles, Calif.

1951 Convention Plans Take Shape

Plans for the 1951 convention of the American Osteopathic Association are well advanced even at this early date. It is to be held in Milwaukee, Wisconsin, next July 16 to 20.

Honored At College Convocation On October 7th Des Moines, Oct. 7, 1950—

At a college convocation this morning nineteen seniors received their signed diplomas as Doctors of Osteopathy. Although they had participated in graduation exercises held on June 9th, being members of the Senior B class at that time, their complete requirements for the degree were met this month. **Dean John B. Shumaker** presented the diplomas and **Dr. Byron E. Laycock**, Chairman of the Department of Principles and Practice of Osteopathy and Director of Clinics, awarded the special certificates.

The graduating seniors were:

Joseph B. Baker
James F. Conley
Howard T. Craun
Joseph A. Daley
Josephine J. Di Marco
Harry C. Dennis
Murray Goldstein
Marvin T. Gordon
H. Doane Hakes
William S. Hughes
Adeline L. McCormick
Clinton D. Nutt
Herbert F. Parisi
Nunzio E. Parisi
William C. Person
J. Charles Savarese
Nicholas C. Scaccia
Edward H. Smith
Thomas M. Willoughby

Clinton D. Nutt was graduated With Distinction. Special certificates for service in various departments were awarded as follows:

Nicholas C. Scaccia, Surgery (X-ray)

Howard T. Craun, Osteopathic Medicine (Pediatrics)

Thomas M. Willoughby, Anesthesiology

Joseph B. Baker, Principles and Practice (Cranial)

James F. Conley, Principles and Practice (Cranial)

Murray Goldstein, Principles and Practice (Cranial)

H. Doane Hakes, Principles and Practice (Cranial)

William C. Person, Principles and Practice (Cranial)

Edward H. Smith, Principles and Practice (Cranial)

Thomas M. Willoughby, Principles and Practice

Joseph B. Baker, Clinics

James F. Conley, Clinics

Murray Goldstein, Clinics

Thomas M. Willoughby, Clinics

H. Doane Hakes, Clinics

Clinton D. Nutt, Clinics

Adeline L. McCormick, Clinics

Thomas M. Willoughby, Obstetrics and Gynecology

Murray Goldstein received the Psi Sigma Alpha Senior Scholastic Award. The Sophomore award was presented to **William L. Chu**, and the Freshman award went to **Albert R. Olson**.

M. D. Columnist Supports Osteopathy

In a syndicated health column distributed throughout the United States on September 9, 1950, **William Brady, M.D.**, stated that he believed all D.O.'s who are legally licensed to practice should be accepted to membership in all medical organizations. He pointed out that osteopathic graduates took the same type of state board examinations in the same subjects to get a license to practice as did other graduates of other schools of medicine.

In conclusion **Dr. Brady** said, "... we are still pretty narrow and quaint in our attitude with respect to osteopathy. We are sorely in need of modernization."

Pictures Wanted

The Des Moines Still College Alumnae Association desires to complete the roster of class pictures and the following ones are missing:

1899	1909	1922	1939
1900	1910	1923	1940
1901	1911	1924	1941
1902	1912	1925	1943
1904	1916	1927	1945
1905	1917	1928	1948
1906	1918	1932	1949
1907	1919	1934	
1908	1921	1935	

If you have a picture of one of these classes and would donate it to the school, the Alumnae Association will see that it is framed and hung. Send to the school, 722 Sixth Avenue or to **Dr. Jean F. LeRoque**, 3305 S. W. 9th Street, Des Moines, Iowa.

Note On England

The London College of Osteopathy accepts for matriculation only applicants with an M.D. degree. The college is under the management of the British Osteopathic Association.

The President Chats

Des Moines Still College of Osteopathy and Surgery takes pleasure in announcing the expansion of the extern training program which the senior students receive as part of their professional course at the college.

Doctors Hospital of Columbus, Ohio, with its 165 beds, has become an affiliate teaching institution of the college. Plans for this affiliation were instituted in July, 1949, and the first class of students reporting to Doctors Hospital for their training program arrived on September 6, 1950.

The following students comprise the first class which will spend four and one-half months at the hospital and then return to the college for their last semester: **Sidney Adler, William Elston, Gordon Howland, John Hutchins, Edgar Rennoe, Edward Reuter, Chester Skrocki, William Smeltzer and Harry Wurster.**

Mr. William S. Konold, Administrator of the hospital, has been appointed Dean of the students on the extern program. **Dr. Frank R. Spencer**, Chairman of the Training program and **Dr. James O. Watson** is Chairman of Education for the externs.

Doctors Hospital is providing ten faculty members for the externs and nine affiliate staff members who will have a significant part to play in the training program of the externs. The program, as formulated for the externs at Doctors Hospital, is most thorough and complete and should be considered almost as a model in extern training.

The College is extremely proud of the affiliation with Doctors Hospital. This affiliation demonstrates the continued growth of D.M.S.C.O.S.

New Officers For Ohio Alumni

The new officers for D. M. S. Alumni Association for the State of Ohio elected last May during the Ohio State Osteopathic Association convention are:

Dr. Charles L. Naylor, President.

Dr. R. T. Van Ness, Vice President.

Dr. Mary E. Williams, Secretary.

Ohio is one of the fine states of the Osteopathic Profession, and the college knows that the Alumni Association under the capable leadership of the above officers will accomplish much during the ensuing year.

Premature Infant Is Doing Fine

Sheryl Bronson, baby daughter of **Mrs. Evelyn Bronson**, was born two months prematurely at Still Hospital. She weighed one pound, fifteen ounces at birth and spent her first seven weeks in an incubator. She now weighs over seven pounds and is on a normal diet.

Mental Health Is Your Business

The Psychotherapeutic Armamentarium

IV. PSYCHOMETRIC TESTING

Ralph I. McRae, B.A., D.O.
Chairman, Division of Psychiatry

The field of psychology has for many years been developing a rich variety of tests to measure various human capacities, to establish statistical norms, and evaluate variations of ability from such norms. These have been direct, specific tests of individual functions such as aptitude tests and occupational ability tests, which have been structured to test a specific ability, usually under rigid rules and time limits. Such tests are analytical in function and only partial in their area of evaluation.

As dynamic psychiatry has developed, clinical psychologists and institutional psychiatrists have evolved tests which were broader in scope and designated to evaluate the various components of the personality as an integrated totality. Such tests vary in the degree of their structural regulations and to the extent that such restrictions are eliminated, are classified on a gradient from structured to non-structured in type. It is not surprising, therefore, that in clinical psychiatry we find the most unstructured tests, the most useful in evaluating the function of the total personality.

The Rorschach Test

The most extreme in this regard is the ten-card test which depicts ten symmetrical ink blots, known as the Rorschach Test. Here we have material which has little content suggestive of reality, but which presents form, shading, and color. The subject taking the test is told to study each card in turn and tell us what he "sees." As the imaginative faculty begins to function, the subject begins to select parts of the ink blot as being like something in reality. What he selects, the emotional values inherent in his selection, and the pattern of his response to the entire ten cards, clearly reveals the functions of his personality in an almost pure form. Through internationally standardized scoring regulations, the responses the subject does make are coded, analyzed and synthesized to supply us with a summarized statement. This includes an evaluation of the subject's general intelligence, emotional stability, degree and character of pathology, and often the prognosis.

As can be seen, what happens in this test is that the subject projects his personality onto the ink blot. It is this peculiar quality which is achieved by eliminating the restriction rules, thus permitting the patient to express his own personality freely. Tests which are capable of eliciting personality projections are known as **projective techniques**.

The Szondi Test

Another projective technique which is more structured yet achieves a wide range of personality evaluation is a test also developed by a European institutional psychiatrist, Dr. Szondi of Hungary. In this test, the patient is shown six sets of eight photographs, forty-eight in all, out of which he selects from each set in turn, the two he likes the most, the two he likes the least. These photographs are portraits of patients in institutions, who are extreme examples of eight major types of psychopathology.

As the subject taking the test selects or rejects the four of the eight classes each of six times, he unconsciously reveals the qualities in his own personality which are the most disturbed. The test is repeated at least six, and preferably ten times, and measures the range of fluctuation of these qualities. This in turn reveals the manner of adaptation and psycho-dynamics of the subject.

It, like the Rorschach test, has the advantage of being easy to administer, but is time consuming to score and to evaluate results.

Only those who have had specific training and clinical experience can use these tests effectively. Courses in such techniques are often available in psychology departments of colleges and universities, and are often open to qualified professional people.

The Minnesota Multiphasic Personality Inventory (M.M.P.I.)

This test consists of a box of five hundred and fifty cards on each of which is printed a question or statement. The patient is instructed to read each card and decide if it is true or false.

The cards are then sorted under "true" or "false" and a cushion is provided for cards to be placed in a "cannot say" category. The subject can be left alone. There is little supervision necessary and it is easily tabulated and scored.

It reveals deviations in personality over a distribution of nine clinical factors and has three validating checks incorporated into it. It is a practical, simple test which is useful as a preliminary quick method of personality evaluation. It is only relatively accurate and although it is widely used, it is not accepted as a valid diagnostic tool by itself. It does, however, serve as a simple method of clinical evaluation and is usually valid on a positive basis. That is, when it does indicate pathology it is reasonably valid, but a "normal" score may not be accurate. The social psychopath and certain types of schizophrenic patients may hand in a normal record and not reveal the extent of their deviation, while other tests will reveal it.

The Wechsler Bellevue Scale

Intelligence testing has been

widely publicized and several misconceptions have been popularized in regard to it.

The very nature of intelligence makes it difficult to measure. The rich range of individual talents, abilities, and qualities, make all methods of measurement quite relative. However, basic native intelligence can be roughly circumscribed and objectively evaluated by rather simple tests which measure basic abilities. The Wechsler-Bellevue Adult Scale is a useful, practical instrument, which any physician could learn to administer and score in a short time. It is a battery of tests designed to measure adult intelligence but is useful in testing school age children as well.

It consists of five performance tests, and six verbal tests which cover a wide range of mental activity. From it may be derived a relative intelligence quotient (I.Q.) and an efficiency quotient (E.Q.). It is also useful in measuring the degree of organic deterioration when that is a factor in disturbing intelligence. It is essential in administering this, as in all other tests, to follow the standard instructions closely so that the results will be accurate, and not colored by the administrator or his personality any more than necessary.

These are some of the most important of the laboratory techniques used in the psychotherapeutic armamentarium. There are available, a wide variety of special tests designed for special problems, easily comparable to the volume of laboratory procedures in the biochemical clinical laboratory. So richly copious is this field, it is becoming necessary to delegate to the psychometric specialists the task of mastering this field. Many cities have available commercial psychometric laboratories which are used by schools, industry, and the professions, just as a commercial clinical laboratory is utilized. Where this is not available, the psychology departments of colleges may have an outpatient clinic providing such services.

The tests described are among those used in clinical psychotherapy. They are used as a united battery, or on a flexible selective basis for different patients. They constitute an important and very useful component of our armamentarium.

Osteopathic Rating

Osteopathy has been designated by the Department of Labor in a memorandum to the Department of Defense as a critical occupation. Later the Department of Defense issued a memorandum and statement of policy on delay in call to active duty for members of civilian components of the armed forces possessing critical occupational skills. Osteopathy, together with its practitioners and students, was again included in the memorandum.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Editor

RICHARD M. DE BARD

Associate Editor

PHILIP A. DI SALVO

Support Your School!

Osteopathy In The Missionary Field

At the summer convocation, proposals were brought forward by **John Rolles** for the establishment of a Medical Missionary Association. (The proposals appeared in the June issue of the Log Book.)

The proposals were accepted unanimously by the student body.

Dr. Peters gave a very encouraging report on the negotiation between the A.O.A. and the Methodist Board of Foreign Missions.

One of the proposals accepted was that "A student committee be appointed, have a representative from each denomination or religious body, to keep the various churches and societies fully informed of the intentions and progress of this medical association."

It is desired that each of the four classes provide a representative for the purpose of organizing this committee.

The date of this meeting will be announced by the next issue of the Log.

Christmas Seals Will Be Out Soon

The annual Osteopathic Christmas Seal campaign will get away to an early start this year. The design has been approved and is now in the hands of the engraver. Printing will be completed the latter part of October and distribution of the seals will commence about November first.

All are urged to support the campaign as generously as possible and to bend every effort to interest lay friends in extending the sale of seals. As was the case last year, proceeds of the 1950 sale of stamps will go largely to further osteopathic research.

Iowa Broadcast

Radio Station KCIM, Carroll, Ia., is now broadcasting osteopathic radio programs each week. The programs are supplied on electrical transcriptions by the Iowa Society of Osteopathic Physicians and Surgeons and are recorded from scripts prepared from the Division of Public and Professional Welfare of the A. O. A. The program is heard each Sunday morning at 8:15.

Mr. Frank Miles, newly elected president of the Association of Osteopathic Publications, has an interesting article in the current issue of the A. O. P. Bulletin. The Log Book takes pleasure in reprinting this article by such an ardent booster of osteopathic medicine.

Because osteopathy is the greatest of the professions dedicated to alleviating human suffering, we who write of it and its practitioners have a marvelous field for our talents. To have the privilege and honor of preparing material for a magazine, newspaper, or a bulletin which presents facts and features on osteopathy is truly a rich blessing. Indeed, it is a sacred responsibility.

Most of our publications are excellent, but there are none which could not be improved, since no human mind is infallible. A consecrated editor will, therefore, never think that anything he or she does, irrespective of how good it might be, is perfect.

The Association of Osteopathic Publications is young. It has progressed creditably, but what it has accomplished to date is virtually nothing compared to what it could and should do. What the Association does, the strength it can lend to osteopathy nationally and on a state level, depends almost entirely on what the members produce in the way of reader interest. The better we as editors can make our publications, the more pride in the profession will be generated in the doctors who receive our messages. The more we can help the doctors in their earnest efforts to improve themselves, the better we shall serve our God and country and humanity.

An editor of a publication

should seek to keep in constant touch with everyone from whom he might obtain news for the pages of that publication. He should welcome suggestions and criticism. An editor or anyone else who closes his mind to advice isn't fit for his job. Of course, some ideas from others may hurt and some may be valueless, but one may profit in some ways from virtually everything he reads or hears.

Editors in the Association of Osteopathic Publications fall into two distinct groups so far as training and background are concerned. In one class are laymen who are journalists by profession; in the other are osteopathic physicians who are doctors by profession.

Normally, a journalist knows no more about osteopathy than an osteopathic physician knows about journalism, and vice versa. But in the turn of things, we find journalists seeking to write intelligently of osteopathy and osteopathic physicians to write of their profession like journalists.

An editor in either group has a tremendous job to do. It is hard for a journalist to write of osteopathy with true osteopathic flavor. It is equally hard for an osteopathic physician to write of his profession journalistically.

However, journalists and osteopathic physicians are basically smart. If they were not, they could not be members of their respective professions. A journalist can, therefore, eventually acquire the osteopathic touch; an osteopathic physician can eventually acquire the journalistic technic. Once an editor acquires the art of producing an osteopathic publication which reflects journalistic excellence and the true osteopathic approach to subjects, he will have gone far.

O.W.C.C.

The first meeting of the O.W.-C.C. was held on September 19, as a social affair. **Dr. Peters**, as guest of honor, welcomed the Freshmen wives with a heart-warming speech that inspired everyone present. We also enjoyed the presence of Mesdames **Meyer, Bachman, and Nagy**. We appreciate the interest and cooperation our club receives from the doctors' wives individually and from the auxiliary as a unit.

The second meeting was held on October 3rd with the regular business procedure in order. To facilitate acquaintance with new and old members, a number system was devised whereby girls with matching numbers sat together during refreshment time. Having our annual club picture taken by Feiler Studio representatives was the highlight of the evening.

Officers of the present semester are:

President—**Christine Yarrington**
Vice Pres.—**Iva Dodson**
Secretary—**Angela Latini**
Treasurer—**Pat Foster**
Historian—**Helen Larson**
Reporter—**Madeline Blackwell**
Corresponding Secretary—**Marie Tessa**
Sunshine Committee—**Eve Felmlee**

Important Notice

The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology
Cardio-Respiratory
Dermatology and Syphilology
Ear, Eyes, Nose and Throat
Gastro-Enterology
Internal Medicine

Laboratory Diagnosis
Obstetrics and Gynecology
Orthopedics
Pathology
Pediatrics
Podiatry

Proctology
Psychiatry
Structural Diagnosis
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Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

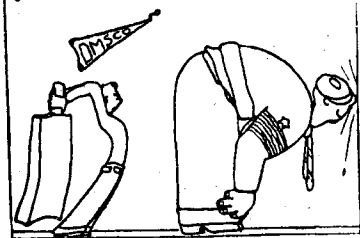
DR. F. J. McALLISTER, Chief-of-Staff

or

MR. DAVE C. CLARK, Hospital Administrator

STILL COLLEGE OSTEOPATHIC HOSPITAL
725 Sixth Avenue
Des Moines, Iowa

FRATERNITY NOTES



ΦΣΓ

On Sunday, September 24, 1950 at the Phi Sigma Gamma Chapter House, 12 more pledges were made active during initiation ceremonies. New actives are **Loyal L. McCormick, H. Jack Little, Walter E. Herman, Donald E. Fern, C. Howard Miller, Kenneth C. Taylor, Robert D. Belanger, Milton J. Dakovich, Arnold S. Miller, William W. McLain, James A. Martin, Richard T. Cronk, and Lewis E. Thorne.** The fraternity congratulates and welcomes these new members.

Recently the House library was swelled by a gift from **Dr. O. Edwin Owen** consisting of a fine set of medical and surgical volumes. The fraternity expresses its gratitude to Dr. Owen and also to the many other alumni who have contributed to the progress of the house.

Work has been completed in the new recreation and meeting room at the fraternity house. This large area has already been the site for open and closed fraternity parties, fraternity meetings, educational nights, and meetings of the Students Wives Club. The room has been painted black and has been named the Coal Bin. This room boasts a juke box, soft drinks machine, and plenty of tables and chairs, and is open for private parties and organization meetings. The P.S.G. Coal Bin may be reserved for any time by any group, by contacting the House manager.

"What to expect during your next 4½ years", was the topic of discussion at a recent smoker at the fraternity house. Members of

the freshman class were invited and a panel of experts lead the discussion. A question period was followed by refreshments and informal chatting. The fraternity has plans for other such educational nights during the coming year. Watch for dates and speakers.

ATLAS CLUB

Another gala square dance was held Sept. 29th by the Atlas Club for the entertainment of the whole school, hospital and associated personnel. Gay colored skirts, peasant blouses, low heels, blue jeans and plaid shirts presented a merry and boisterous "do-si-do" atmosphere. The get-together was held to offer the freshmen and their wives an opportunity to not only meet each other but the rest of the student body, faculty, and their wives. Thanks to **Ralph Braught** and his crew for a wonderful time.

Marshall Lowry, representing the Club and equipped with facts and figures concerning our proposed building project, was sent to the Michigan Convention of the Atlas Alumni in Michigan, to discuss same. The interest, zest, and accommodation shown by the Michigan group is most gratifying and sincerely appreciated.

A banquet was held Oct. 5th, attended by the active House Committee, the Alumni House Committee and several alumni from the Des Moines area for the express purpose of discussing building plans. A similar meeting will be held for the Xiphoid alumni during the ensuing Surgeon's Convention this month.

O. S. C.

The first meeting for the coming year is to be held on October 12th. A large turnout is expected for many of the freshmen will be out to swell the membership.

Election of officers will be conducted at this time and a speaker is planned for the program.

ITS

Iota Tau Sigma held a meeting at the YMCA in September. Many freshmen and their wives attended to hear a talk by **Dr. Byron Laycock**, Director of Clinics at the College. A movie, "Men of Medicine" was shown and later in the evening refreshments were served.

On October 4th a meeting was held at **Dr. Sloan's** offices, and nine sophomores were initiated. The following men have taken the first degree of the initiation:

**Paul H. Ribbentrop
High F. Baker
Richard B. Ballinger
Regis A. Benton
Wm. R. Gonda
Thomas J. Moylan
Wm. J. Nichols
Leonard C. Nystrom
Aldo Pignari**

AOF

L. O. G. fraternity held its first meeting of the semester on Thursday night, September 14th. An election of officers was held and the results were:

President—**William J. Lurie.**
Vice President—**Gilbert J. Striks.**
Secretary—**Martin Fleischer.**
Treasurer—**Hirschel Martin.**

Congratulations to **Dr. and Mrs. Sidney M. Gelman** on the birth of their son, David Joel, on Friday, September 8th! The fraternity also extends its best wishes to **Sidney Adler** who is externing at Doctors Hospital in Columbus, Ohio.

Dean's Letter

Teaching the Osteopathic Concept

The efforts of the administration and faculty in indoctrination of the students at Still College are extremely well expressed by the organization of Past Presidents of the American Osteopathic Association. This organization, known as the Gavel Club,

and consisting of twenty-eight members, endorsed the following statement at their annual meeting in Chicago in July, 1950:

"Our colleges, in addition to the problems of teaching confronting all educational institutions, have the specific and predominantly important task of inculcating their students with the conviction that osteopathy is a science, art, and philosophy of life.

Experience has taught us that to best accomplish this it is essential that, in addition to the regular principles and practice classes, the teaching in all classes of the basic sciences and other subjects be correlated throughout the whole course with osteopathic principles and practice.

We, the past presidents of the A.O.A. commend the efforts which our colleges have made to this end, and would urge that added effort be made to imbue the teaching in all the subjects with the osteopathic concept."

The basic science and clinical divisions of instruction have a marked tendency to remain sharply distinct from each other. Instructors in the basic sciences must be constantly aware of the application of their teaching to principles and practice of osteopathic medicine, and most constantly suggest the application of the basic principles to clinical studies which come in later years.

Similarly, clinical instruction must constantly include reference to basic or fundamental principles which underlie clinical study. Instructors in the clinical years must constantly refresh and increase their knowledge of the basic sciences.

The College is profoundly interested in maintaining a faculty who are constantly alerting their students to the liaison which exists among the many subjects of the curriculum. Only by practicing the art of integration can the osteopathic concept be properly taught.

Entered as
Second-Class Matter
At Des Moines, Iowa.

The Log Book

The Official Publication
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

722 Sixth Avenue
DES MOINES 9, IOWA

Memorial Scholarship Fund Is Announced

Des Moines Still College of Osteopathy and Surgery

Offers A Symposium on

Disorder of the Musculo-Skeletal System

November 24-25, 1950

Friday, November 24

- 9:00-10:00 A. M. Structure and Function of Connective Tissue—E. V. Enzmann, Ph.D.
10:00-11:00 Pituitary-Adrenal Relationships—Leonard Grumbach, Ph.D.
11:00-12:00 Uses and Misuses of ACTH—John Glynn, M.D., Technical Director of Laboratories, Armour & Co.
1:00- 2:00 P. M. Questions and Answers—John Glynn, M.D.
2:00- 2:30 Metabolism of Calcium and Phosphate in Bone—R. P. DeNise, D.O.
2:30- 3:00 Metabolic Disorders of Bone—S. F. Harkness, D.O.
3:30- 4:00 Physiology of Joint Motion—Leonard Grumbach, Ph.D.
4:00- 5:00 The Osteopathic Concept in Certain Arthritides—P. E. Kimberly, D.O.
7:30- 8:00 P. M. Diseases and Disorders of Muscle Function—Carl Nagy, D.O.
8:30- 9:30 Classification of Rheumatic Diseases—H. J. Ketman, D.O.

Saturday, November 25

- 8:00- 9:00 A. M. Rheumatic Fever—S. F. Harkness, D.O.
9:00-10:00 Rheumatoid Arthritis—R. P. DeNise, D.O.
10:00-10:30 Degenerative Diseases of Joints—B. E. Laycock, D.O.
10:30-11:30 Non-Articular Rheumatism—H. Wicks, D.O.
11:30-12:00 X-ray Therapy in the Rheumatic Diseases—H. J. Ketman, D.O.
1:00- 2:00 P. M. The Collagen Diseases—A. L. Wickens, D.O.
2:00- 3:00 Gout—Carl Nagy, D.O.
3:00- 4:00 Arthritis of Known Microbial Origin; the Prevention and Treatment of Deformities in the Arthritic—R. O. Fagen, D.O.
4:00- 5:00 Summary and Discussion.

Registration Fee—\$25.00

Dr. H. H. Kesten Establishes Fund In Memory of His Brother

The following letter was recently received at the College from **Dr. H. H. Kesten**, graduate of '33, which is self-explanatory:

"Dear Dr. Peters: Relative to our conversation during the College of Surgeons Convention, and in conformity with your suggestion, I offer the following program:

The Scholarship Fund
to be named

"**Doctor Louis Kesten Memorial Fund**"

This scholarship fund is to consist of one hundred dollars per year and conferred upon a student of the Junior class at the end of his Junior year. The sum of one hundred dollars given to him is to be based 75% on Scholarship, and 25% on Leadership and his interest in his chosen profession.

The specifications I wish adhered to shall be that the prize be conferred upon the person without discrimination as to race, color, or creed; that the recipient also shall be known as not being a member of any subversive organizations, and further, that his reputation be of such nature that he be known as a person practicing tolerance.

The judges shall consist of a committee of four, that is, a member of the Phi Sigma Gamma Fraternity, the Psi Sigma Alpha Society, and the President and Dean of the College, respectively.

This offer is to extend for ten years, starting immediately. I will enclose a check in the amount of five hundred dollars for the first five years, five hundred dollars five years from now and also make provisions in my will to see that this fund is guaranteed for the next twenty years.

In event of my death, I wish the name of the Fund be changed to The Doctors Kesten Memorial Fund.

I will appreciate any suggestions or recommendations. Fraternally yours, H. H. Kesten, D.O.

The Board of Trustees and the College are deeply appreciative of the above scholarship established by Dr. H. H. Kesten in memory of his brother, **Dr. Louis Kesten**, who graduated from this College, class of January 1934.

This award will mean much to the recipient and certainly indicates the interest of Dr. Kesten for his Alma Mater. We thank you publicly, Dr. Kesten, for this fine scholarship which you have established in memory of your brother.

Dr. Owen To Leave

Dr. O. Edwin Owen, class of '37, and until recently associated with the Wilden Osteopathic Hospital of this city, has accepted a teaching position in the Department of Pathology at the Philadelphia College of Osteopathy.

Dr. Owen received his baccalaureate degree from Central College at Pella, Iowa; his Master's degree from the University of Missouri; he taught at Berea College, Berea, Kentucky, before pursuing the professional course of Osteopathy at this college. Since graduation from D. M. S. C. O. S. he has served the college as Chairman of the Department of Pathology, Dean of the College, and Director of the Pathology Laboratory of Still Osteopathic Hospital.

Dr. Owen is a certified pathologist and for several years was secretary of the American College of Osteopathic Pathologists. Two years ago he was elected Coroner of Polk County, Des Moines, Iowa.

Dr. and Mrs. Owen and their two children will soon depart for the Doctor's new position in Philadelphia. Des Moines regrets losing this outstanding physician and teacher but congratulates the Philadelphia College of Osteopathy on his appointment.

Will You Help?

Our EENT department is in need of an audiometer, which would further the service to patients and help instruct student doctors. Your generosity in any way, Doctor, would be deeply appreciated.

Recent Graduate Starts Practice

Dr. Joseph A. Daley, graduate of October 1950, is now associated with **Drs. Jordan & Jordan** at Davenport, Iowa.

Attention Rotarians

A new directory (OVGRI) is being compiled. On a penny post card please send your name, address, and offices you have held in Rotary. Please do this at once, and send to:

Welden R. Loerke, D.O.
Secretary-Treasurer OVGRI
115 North Marion Street
Ottumwa, Iowa.

Christmas Seals Out In November

The Osteopathic Christmas Seals for 1950 are being distributed this month. As last year, the proceeds from the sale of seals this year will be divided with 90% going toward furthering osteopathic research and 10% to the Student Loan Fund.

Faculty News

Faculty members of D. M. S. C. O. S. has been busily engaged during the past few weeks in additions to their regular college duties:

Dr. Stuart F. Harkness, Chairman of the Department of Internal Medicine, spent a month in New York City in post-graduate work, returning in time to serve as program chairman for the 1950 convention of the American College of Osteopathic Internists at their convention in Kansas City, Mo., Oct. 23-26th.

Dr. Ralph I. McRae, Chairman of the Division of Psychiatry, and **Dr. Richard DeNise** of the Department of Internal Medicine, appeared on the program of the American College of Osteopathic Internists at Kansas City. Dr. McRae took his senior class in Clinical Psychiatry to Still-Hildreth Osteopathic Sanatorium in Macon, Mo., on November 11th.

Dr. R. B. Juni of the Department of Surgery, presented a paper before the Osteopathic College of Ophthalmology and Otorhinolaryngology in Los Angeles at their annual convention November 1-3rd.

Dr. Paul E. Kimberly, Associate Professor in the Department of Internal Medicine, was the speaker at the Canadian Osteopathic Association convention held at Niagara Falls, Ontario, October 19-21st.

Dr. Byron E. Laycock, Chairman of the Department of Osteopathic Principles and Technique, spent the week of October 22nd speaking daily at the Iowa District conventions.

Dr. R. B. Bachman, Chairman of the Department of Obstetrics and Gynecology, has recently been on the program of the Nebraska Osteopathic convention and the Tennessee Osteopathic convention.

Professor Carrie Gillaspay, Chairman of the Department of Anatomy, presented a demonstration on "Cyclops with Auricular Processes" at the program of the Regional Anatomists meeting which was held at Marquette University, Milwaukee, Wisconsin, on November 4th.

Dean John B. Shumaker gave a talk on requirements for admission to Still College to Pi Omicron Mu, preosteopathic fraternity at Drake University, on November 15th.

Dayton Hospital Method Featured

The article "98 Beds and A Board" which appeared in the July, 1950, issue of Hospital Management magazine concerned methods of improving hospital office routine devised by **Mr. Joseph J. Back**, administrator of Grandview Osteopathic Hospital, Dayton, Ohio.

This article relates in detail the book and record keeping system of Grandview. A feature of the new method is its simplicity and small space requirements. The article is illustrated with photos taken at the hospital.

Mental Health Is Your Business

The Psychotherapeutic Armamentarium

V. GROUP PSYCHOTHERAPY

Ralph I. McRae, B.A., D.O.

Chairman, Division of Psychiatry

The idea of treating emotionally disturbed patients in groups has grown rapidly in the past decade. There has always been a kind of alchemy in the influence a group has upon its members. We all find ourselves doing things with groups that we could not or would not do alone. Man is preeminently a social creature, and when an individual becomes a part of a new social pattern, significant qualities are stimulated to function effectively.

Misery has always loved company and in group psychotherapy we find a valuable use for this tendency. It is also a characteristic of people to appreciate the foibles, defects and problems of other people when they are quite blind to their own. In group therapy it is possible for patients to better understand themselves after they have learned to understand a similar problem in another member of the group. Conversely members of a group gain immensely from any improvement of another member. There arises a sense of having helped, and a resultant rise in self-esteem, or ego strength. Once a patient begins to take active part in the discussion, his burden becomes shared. Spontaneous insight is often gained just in the telling, for the group consciousness expands and strengthens awareness; after one identifies to the group as an accepted member.

It is therefore not because it is less expensive or because it is possible to treat more people in a given time that makes group psychotherapy so useful, but because the group process is a unique and dynamic mechanism in and of itself. Many people who could not benefit from private therapy can find help and improve faster in group therapy, or under a combination of private and group treatment, than has been found possible under private therapy alone.

Group therapy is also a useful technic because it is a highly flexible method. It can be adapted to the cultural, social, or intellectual level of any group. It includes a rich variation of method in several ways.

Rules of procedure vary from absolute rigid laws to highly informal spontaneous procedure. The degree of patient participation varies from passive auditor to full participation, even to a patient becoming the group leader, the therapist remaining in the background. The necessary equipment may range from simple chairs in a circle to complete stage props, sound equipment, etc., as utilized in psychodrama. The actual program of

the meeting may vary from didactic lecturing to a completely spontaneous verbalization of the patients among themselves. Therefore, group psychotherapy has been used in prisons, schools, reformatories, factories, the armed services and in private clinical practice. The basic principles of group therapy are well exemplified by the methods of Alcoholics Anonymous, Recovery, Inc., and other group movements where effort is directed toward normalizing motivation and reducing emotional conflict.

Many ask, how can a person tell his troubles out in public like that? In the first place, it is not quite out in public, but in a group which has gathered for that purpose. Then there is always the member who can talk about himself, and who needs an audience. This gets the ball rolling and those who listen identify to the speaker and eventually can at least say to themselves, "I feel like she does. From what she has told us I can understand her problem. Maybe I can understand mine that way, too."

A tape recording may be made at the meeting and this may be played back to the group. It is amazing how much insight is gained by both auditors and speaker when the same material is impersonally reproduced on the play back.

As a part of the policy of the Division of Psychiatry of providing an expanding service to the profession and the community, a regularly scheduled group psychotherapy class will be established in the near future at the College Clinic. A nominal fee will be collected to cover the expense of equipment and insure a sense of responsible participation among the patients. Further details will be announced.

Scholarship Awards

Mr. Jacob Nah, Sophomore student, has recently received a letter from the Methodist Foreign Mission Board stating that the Crusade Scholarship Committee has approved scholarships for both Jacob and his wife, Nancy, who is studying nutrition. Jacob's scholarship was approved for a period of three years and his wife for one year. He receives \$1,000 and tuition; Nancy receives \$900.

Course Offered

A post-graduate course in Obstetrics and Gynecology will be given at the Kansas City College of Osteopathy and Surgery from February 12-17 inclusive. Further information regarding this course can be obtained by writing to **C. H. Morgan, D.O.**, Director Division Graduate Education, Kansas City College of Osteopathy and Surgery.

The President Chats

The American College of Osteopathic Surgeons and its participating organizations; namely, American Osteopathic Hospital Association, American Osteopathic College of Radiology, American Osteopathic Academy of Orthopedics, and the American Society of Osteopathic Anesthesiologists met for their twenty-third annual clinical assembly in the city of Des Moines, October 15-19 inclusive, with headquarters at the Hotel Savery. More than 700 registrations were made at the convention, which was the largest convention in the history of this body.

While the Hotel Savery was headquarters for the convention, D. M. S. C. O. S., Still Osteopathic Hospital, Des Moines General Hospital and Wolden Osteopathic Hospital were hosts to many hundreds of those in attendance.

Dr. J. Gordon Hatfield of Los Angeles, California, Past-President of the American College of Osteopathic Surgeons; **Dr. Orel F. Martin**, Secretary-Treasurer; all members of the Executive Committee; and the Board of Governors were very complimentary with their words of praise regarding the efforts manifested by all who helped make this convention such a success.

Following surgical clinics in the three osteopathic hospitals each morning from 8:00 to 10:00, the college basic science faculty presented a symposium on the general subject which was the study theme for the day of the convention. The afternoons were devoted to professional programs on the same subject as presented in the morning symposiums.

From the formal opening of the convention at 7:30, October 15th, with the dignified and able address by the Honorable **William S. Beardsley**, Governor of Iowa, to the final address given Thursday morning by **Dr. Robert J. Morhardt**, every lecture was a masterful presentation of the subject matter and there was always capacity attendance.

Social life played an important part in the convention. The Gastronomic Gambols of Wednesday evening, October 18th, with its unmatched entertainment and dancing to Ralph Zarnow and his orchestra, was a social evening which will long be remembered.

D.M.S.C.O.S. is always happy to cooperate with any of the specialty colleges that desire to make Des Moines their convention city and with plans now being formulated for the 1951 convention of the American College of Osteopathic Internists to be held next October, we look forward with pleasure to be able to make a contribution to the convention life of the Osteopathic Profession.

Congratulations!

A son was born to **Dr. and Mrs. W. D. Blackwood** of Comanche, Texas, on October 7, 1950. Dr. Blackwood is a '33 graduate.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Editor

RICHARD M. DE BARD

Associate Editor

PHILIP A. DI SALVO

Support Your School!

Dean's Letter

A mother of an 18 year old boy writes: "My boy will graduate from high school next June. Will you please write him and tell him something about Osteopathy as a career, and how he can become ready to enter your school?"

The boy may or may not be interested. In this instance he himself must do two things: **First**, he must seek out an osteopathic physician in his city, become acquainted with him, and learn from him some of the professional activities in which he engages. From the physician he can learn something of the Osteopathic school of medicine; the laws of practice in his state and surrounding states; the osteopathic hospital and other hospitals to which he may have access; the specialty colleges, and many other points of interest.

The osteopathic physician need not wait for the boy in many instances. Having access to countless homes he has ample opportunity to demonstrate his system of practice before the younger members of the family.

These are opportunities which should be seized on every occasion by the osteopathic physician.

Second. The 18 year old boy should write to the Dean of one of the six osteopathic colleges for full information concerning the preparation required prior to admission. Such information and more of a general character is also available at the Office of Education of the American Osteopathic Association in Chicago.

If the high school senior does not know whether his interests lie in this direction, he may determine this fact with reasonable accuracy by writing the Strong Vocational Interest Test. The test is available for the asking from the office of the Dean or the Registrar as well as the Office of Education of the A.O.A. without cost.

The test is self-administered at home and directions are easy to follow. While it is customary to score the student only in interest in Osteopathy, the test may be scored for interest in more than 40 different occupations. For general scoring a small fee may be charged to cover the actual cost.

If the score for Osteopathy is sufficiently high the student may proceed with confidence in the matter of enrolling in an approved college or university for the purpose of preparing scholas-

tically in 3 years of preosteopathic study.

Professional training is fully as important as the professional training which follows it. Upon admission to the college or university the high school graduate is usually assigned a counselor who is prepared to outline his course of study.

This association with a counselor proves to be most satisfactory inasmuch as he is prepared to outline the required course of study and to recommend elective courses which are so important in educational balance of the professional man.

Other details of cost of living, tuition, application blanks are available at the office of the Dean of the Osteopathic College. The application may be filed immediately after the close of the first year and any time thereafter.

The high school senior, with 3 years of college before him, must first decide that Osteopathy has an appeal for him. Once this is determined he then proceeds to prepare for admission to the 4 calendar year course leading to the degree Doctor of Osteopathy.

Square & Compass

The Square & Compass Club of D. M. S. C. O. S. held its first meeting of the semester on October 10th. An election of officers was held and the results were:

President—**Robert Eggert**
Vice President—**Herb Perryman**

Sec'y. & Treas.—**Albert Armstrong**

The club had the privilege of hearing **Dr. Byron Cash**, radiologist at Des Moines General Hospital, speak on bone tumors. Refreshments were served following the speech.

The following new members are welcomed into the club: **Ed Levine, Clifford Clay, and Ed Kadletz.**

Cranial Course Roster

Following is a roster of the Doctors in attendance at the course in Fundamentals of Cranial Osteopathy, given from November 6th through November 18th at D.M.S.C.O.S.:

STUDENTS

D. E. Washburn Bay
Toledo, Ohio
M. C. Browning
Memphis, Missouri
Lewis E. Carr
Coldwater, Michigan
Richard H. De Witt
Parkersburg, W. Va.
Earl F. Frisbie
Park Ridge, Ill.
Christian L. Henkel
Massena, Iowa
Samuel H. Hitch
Lubbock, Texas
William Kelly
Kirkville, Missouri
Nellie Kramer
Pella, Iowa
E. N. McIntosh
Richmond, Michigan
Janet McGregor
Crookston, Minnesota
F. A. Martin
Creston, Iowa
Roland Miller
Waterloo, Iowa
Grover Glen Murphy
Winnipeg, Manitoba, Canada
Vernia E. Phillips
Lincoln, Illinois
Earl A. Purtzer
Scottsbluff, Nebraska
C. W. Reinhart
Monroe, Michigan
D. E. Snyder
Ruidoso, New Mexico
Glenn W. Springer
Kansas City, Missouri
B. Regina Thiemann
Shawnee, Kansas
Howard Wicks
Des Moines, Iowa

FACULTY

Dr. William G. Sutherland
St. Peter, Minnesota

Associates

R. E. Becker
Dallas, Texas
C. L. Handy
Providence, R. I.
P. E. Kimberley
Des Moines, Iowa
H. A. Lippincott
Moorestown, N. J.
R. S. McVicker
The Dalles, Oregon
A. L. Slocum
Des Moines, Iowa

Assistants

Paul Brose
Holyoke, Mass.
Beryle Freeman
Des Moines, Iowa
Ruth Gotsch
Watsonville, Calif.
Faye Kimberley
Des Moines, Iowa
George Laughlin
Kirkville, Mo.
Alvera Miller
Oakland, Calif.
Alice Paulsen
Le Mars, Iowa
Rachel Woods
Des Moines, Iowa

Returns To Duty

Mr. Dave C. Clark, who has served as Administrator for the Still Osteopathic Hospital since its opening, left Saturday, November 4th for Fort Jay, Governor's Island, New York, having been recalled for service in the Army. Mr. Clark spent four years in the Army during World War II and holds a commission as Captain in the Medical Service Corps.

Mr. Arnold Johnson, who has been Assistant Administrator of the Hospital for the past three years, will assume the responsibilities as Administrator during Mr. Clark's absence, and **Mr. George Engelmann**, who joined the college staff in September of this year, will assume Mr. Johnson's duties as Assistant Hospital Administrator.

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology
Cardio-Respiratory
Dermatology and Syphilology
Ear, Eyes, Nose and Throat
Gastro-Enterology
Internal Medicine

Laboratory Diagnosis
Obstetrics and Gynecology
Orthopedics
Pathology
Pediatrics
Podiatry

Proctology
Psychiatry
Structural Diagnosis
Surgery
Urology
X-Ray

Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

DR. F. J. McALLISTER, Chief-of-Staff

OR

MR. ARNOLD JOHNSON, Hospital Administrator

STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa

ΦΣΓ

Activity in the Phi Sigma Gamma fraternity continues on its merry way.

The annual Halloween Party exceeded all others for sheer fun. The house walls are still singing with the laughter that greeted Jim Haffenden's costume. Little do they know it was Jim's Sunday suit. (Editor's Note: See **Charley Fortino**, Jim.)

On Sunday, November 5th, a pot-luck buffet was held at the chapter house. On November 18th the Harvest Ball was held. Those who attended—and the house was packed—reaped a bountiful harvest of fun, gayety, and sore feet.

The annual Christmas semi-formal dance is to be held at the Parkview Club. Music will be furnished by Don Hoy and his orchestra with entertainment by members of the fraternity.

The departure of 1950 and entrance of 1951 will be celebrated at the annual New Years Eve party to be held as usual at the chapter house. Keep this in mind for a good time!

O. S. C.

The first meeting of the Osteopathic Students Club for the fall semester was opened by our past president, **Jim Martin**, on October 11th.

After a brief talk prompting the Freshman students on the charter and functions of the Students Club, nominations for officers were held. The new officers are:

Waldo Frankenstein — President.

Stan Nelson—Vice President.

Bob Gabriel—Secretary.

Jack Hatchitt—Treasurer.

Discussions followed regarding the Glee Club and an intramural basketball plan.

The highlight of the evening was a very informative speech by **Dr. Peters**. The facts of osteopathy and mobilization were extremely interesting.

Newman Club

A group of students representing all classes in the school met on Thursday, October 26th for the purpose of organizing a Newman Club. Membership is open to all Catholic students, faculty, and hospital staff members. Meetings are to be held the first Thursday of every month and there will be a special Mass and Communion each month.

Father Weiss, a member of Dowling High School faculty, was appointed chaplain and he explained some of the procedures of other clubs. A temporary chairman was appointed during the election of officers with the following results:

President—**Philip Di Salvo**
Vice President—**William H. Johannsen**

Secretary—**Victor J. Bovee, Jr.**
Treasurer—**Patricia Spurgeon**

O.M.C.C.

Mrs. Clayton Meyer highlighted the regular meeting on November 7th with a speech about a working doctor's wife. She certainly is a charming example of the points stressed in her talk.

To help raise money for the Club, Christmas cards are being sold—plus a bake sale at City Market on November 11th. The club members are baking and donating cakes, pies, candy, rolls and bread.

AOT

On October 9th **Dr. Arthur Wickens**, Chairman of the Department of Pathology, talked to Lambda Omicron Gamma on "Specific Corrective Techniques in Osteopathic Lesions". Refreshments were served afterwards.

Sincere thanks to P. S. G. fraternity for their hospitality in offering the use of their house for a social gathering held on Saturday evening, November 11th.

Student Council

The following officers were elected for the year 1950-51:

President—**Harry Simmons**

Vice Pres.—**Ralph Blackwell**

Secretary—**Corydon Himelberger**

Treasurer—**Robert Stuhlman**

The business up to date has been concerned with the new parking lot and the lockers occupied by the juniors. Committees have been selected to investigate these problems.

Doctor Forbes To Practice In Arizona

Dr. J. R. Forbes, director of the Division of Public and Professional Welfare, has resigned his position on the A.O.A. staff and will enter practice in Phoenix, Arizona, on November 1st. Dr. Forbes joined the central office staff in March, 1948.

He will be associated as a staff member of the Copper State clinic in Phoenix.

Externe Reflects Honor On College

On August 13th a Senior student left Des Moines for externe duties at Fort Francis E. Warren Army Hospital, Cheyenne, Wyoming. This is the first case in which an osteopathic student has been assigned to active duty with an Army Hospital.

Each month the school administration receives a comprehensive report on the excellent record of this student. On November 15th these externe duties ended and our student has returned to Still College to resume studies.

Congratulations, Senior student **Robert J. Hindman**.

College Improvements

On Friday, November 3rd, workmen completed the construction and decorating of the new clinical pathology laboratory in the clinical building. This beautiful and well equipped laboratory becomes an integral part of the outpatient clinic of the college; adjacent to the clinical path lab is the doctors' laboratory for blood chemistries. This laboratory will add materially to the already efficient service being given the patients of the clinic.

Work is nearing completion on the new physiology research laboratory on the third floor of the new building. A ramp has been constructed from the research lab to the physiology lab on the fourth floor of the college building and the physiology lab has been enlarged by incorporating the area which was formerly devoted to physiology research. The new research laboratory provides **Dr. Grumbach** and his assistants with modern and adequate facilities for their research projects.

Since the last issue of the LOG BOOK workmen have been rushing completion of the heating system which will combine the new building to the present heating facilities of the college building. This necessitated removal of the old boiler of the clinic building and the installation of a new system of heat control. With the central heating plant for the college building and the clinical building much efficiency in operation as well as cost of fuel will be realized in the years to come.

Important Notice

The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

The Log Book

The Official Publication
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

722 Sixth Avenue
DES MOINES 9, IOWA

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At Des Moines, Iowa.

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Log Book

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

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Volume 28

DECEMBER, 1950

Number 12

Present 1951 Graduate Education Program

POST GRADUATE EDUCATION PROGRAM

February 1 to June 8, 1951

Des Moines Still College of Osteopathy and Surgery announces its Third Session of Postgraduate Study with the following offerings:

Obstetrics: 3 semester hours credit

Robert B. Bachman, D.O., FACOOGS

A review of presentations, positions and mechanisms of labor; pathology of pregnancy, labor and puerperium. Laboratory manikin demonstrations.

Mondays: 7:00—10:00 P. M. First class—February 5, 1951
Tuition: \$75.00

Neuroanatomy: 3 semester hours credit

Carrie Gillaspy, A.B., M.S.

Study of Gross sections of the central nervous system in two planes; special dissections, moving pictures, portraying developmental and clinical material.

Wednesdays: 7:00—10:00 First class—February 7, 1951
Tuition: \$75.00

Anesthesiology: 2 semester hours credit

W. H. Glantz, B.A., D.O.

A course in clinical anesthesiology covering administration procedures, premedication, resuscitations, oxygen therapy and transfusions.

Fridays: 7:00—9:00 P. M. First class—February 2, 1951
Tuition: \$50.00

Registrants for all courses must present transcripts of credit showing graduation from an approved osteopathic college, (graduates of D.M.S.C.O.S. excepted).

Any or all courses may be taken for credit. Credit cannot be allowed if attendance in any course falls below 80%.

Registration shall be completed on or before February 1, 1951, through the office of the Registrar.

John B. Shumaker, Ph.D., Dean.

The Third Session of Postgraduate Study is being offered by D.M.S.C.O.S. from February 1 to June 8, 1951. Subjects include Obstetrics, Neuroanatomy, and Anesthesiology. Instructors, credit hours, and tuition are as shown in the box on this page. It is suggested that your reservation be made early for this outstanding program.

Osteopathic Victory

The osteopathic profession won a legal victory in Missouri on Nov. 29, when a decision favoring the defendant osteopathic physicians in the Audrain County hospital case was handed down by Circuit Judge Samuel Blair.

Trial of the case resulted from a petition filed by the Audrain hospital board to determine the legality of a 1940 rule of the board, excluding doctors of osteopathy from practicing in the hospital, a tax-supported county institution. The Missouri State Medical association, co-defendants, in their answer to the petition, requested that the court define the scope, limit and extent of the practice of osteopathy under the statutes of Missouri.

At the trial, which occurred in May and June, 1950, the court granted a trial on the facts of the issues raised by the petition and answers. Osteopathic physicians called to the witness stand, were graduates of the American School of Osteopathy between the years of 1897 and 1950. They also presented documentary evidence concerning instruction at the American School in the use of drugs and operative surgery.

Judge Blair in his decision made a finding of fact that the American School of Osteopathy at Kirksville, Missouri (and its successors) at all times during and since 1897 has given a course of instruction to its graduates that included, in addition to manipulation, teaching and practicing in the fields of operative surgery with instruments, obstetrics, and the use of drugs as supportive or therapeutic agents.

Among other conclusions contained in the ruling were:

1. "Osteopathy is a school of medicine and surgery.
2. "Osteopathic physicians and surgeons are practitioners of a school of medicine and are 'physicians' within the meaning of the Missouri statutes regulating their practice rights and duties.

3. "Duly licensed osteopathic physicians in Missouri have the right to use in their practice in treating diseases of the human body, drugs (or medical preparations) and to perform operative surgery with instruments.

4. "An osteopathic physician in Missouri in prescribing drugs (or medical preparations) or performing surgery with instruments, in the treatment of diseases of the human body, is not engaged in the practice of medicine or surgery with the meaning of the Medical Practice Act (Section 9988, R. S. No. 1939).

5. "The 1940 rule of the (hospital's) board of trustees excluding osteopathic physicians from practicing their profession in the Audrain County hospital is unreasonable, discriminatory and void." (Among the 1940 rulings was a requirement that an applicant for membership on the medical staff must possess membership in the Audrain County Medical society and the Missouri State Medical association.)

6. "Osteopathic physicians and surgeons have the right to treat their patients in the Audrain County hospital, subject to reasonable rules and regulations promulgated by the board of trustees, but such rules and regulations shall not discriminate against licensed osteopathic physicians or their school of medicine.

7. "The Legislature, in referring to osteopathy as a system, method, or science of treating diseases of the human body as taught at the American School did not intend to make the teaching and practicing of the subjects taught and practiced touching the treatment of diseases of the human body as static or fixed, but dynamic and prospective and intended that the profession could make, normal progress and growth, so that new and improved methods could be added when found superior to the old and that the old could be discarded when found to be inferior."

The board of trustees of the Audrain County hospital and the Missouri State Medical association have the right to file an appeal.

Dr. H. L. Urban Dies

Dr. H. L. Urban passed away October 26, 1950, after a lingering illness and was buried in Iowa City. He was a graduate of A.S.O. in January, '07.

A Future D.O.

Mr. and Mrs. Thomas J. Moylan are the proud parents of a baby boy, born on October 19th at Still Hospital. Tom is a Sophomore student; his brother Bill is a recent graduate.

Turn in your news by the fifth of each month for publication!

1951 Internists Convention Here

Des Moines has been selected as the convention city for the American College of Osteopathic Internists for 1951. Dates of the convention will be October 29th to November 1st inclusive. Dr. G. A. Whetstone of Wilton Junction, Iowa, '33 graduate, is the program chairman, and Dr. Stuart F. Harkness, Chairman of the Department of Internal Medicine of D.M.S.C.O.S. will serve as general convention chairman.

Triplets At Still

Ginny Nath and Marge Wolfman, laboratory technicians at Still College Hospital, performed their first section and found . . . triplets! Guinea pigs, of course.

This is considered quite unusual due to the high mortality rate.

Dr. G. G. Stoddard Opens Office

Dr. Genevieve G. Stoddard, former instructor in the Department of Obstetrics and Gynecology at the College, has opened her office in the Equitable Building, Des Moines, Iowa.

Correction

The November Log Book stated that Mr. Jacob Nah is receiving \$1,000 and tuition on a scholarship. We should have stated that he is receiving only the \$1,000.

Notice To Students

The Academy of Applied Osteopathy will award cash prizes of \$100.00 for first prize, \$75.00 for second prize and \$50.00 for third prize for the three best papers of not more than 2500 words submitted by any Junior or Senior student of Osteopathy on the following subject: "The Role of the Osteopathic Lesion in Functional and Organic Adrenal Disorders."

The first prize paper is offered for publication to the Journal of the American Osteopathic Association and the three best papers are published in the current Academy Year Book.

Rules of the Contest

1. Any Senior or Junior student in any recognized Osteopathic College may enter the contest.
2. Papers must be not more than 2500 words, typewritten, double spaced and on one side of the paper only.
3. Three judges will make the awards giving major consideration to clarity of statement and logical application of osteopathic principles.
4. Winners in this Contest may elect to receive a credit in the amount of the prize, plus 50% of their winnings to be applied to any Graduate Instruction Course given by the Academy of Applied Osteopathy within five years from the close of the Contest.
5. Three copies must be submitted to the Chairman of the Publication Committee, Dr. Thomas L. Northup, Altamount Court Apts., Morristown, N. J., before April 1, 1951.

There is a double purpose behind this Contest—first, it focuses the attention of the student bodies on basic principles of osteopathy and second, the publication of the winning papers gives evidence to the profession at large that students are being given sound basic training in our Colleges.

Mental Health Is Your Business

The Psychotherapeutic Armamentarium

VI. Play Therapy

Ralph I. McKae, B.A., D.O.
Chairman, Division of Psychiatry

In the diagnosis and treatment of psychiatric problems in children the approach must of necessity be at a different level. Management of the process of therapy requires different technics because the child's mind and emotional structure is as vastly different from that of the adult in nature and quality as its physiology and general anatomy is different.

The entire personality pattern is different not only in degree of capacity, but in texture, motivation, and frame of reference. Too often this is forgotten in the management of a medical or surgical problem and the child is handled as a "little man" or "young lady", as if the child were endowed with all the capacities of an adult, but on a smaller scale.

Clinical psychiatry and psychology were thus among the first disciplines to recognize the true qualities of childhood and develop a different methodology for the care of the pre-school and early school child. It was not long after the establishment of general clinical psychotherapy that the treatment of disturbed children became a center of great interest among many workers who specialized in this field.

One of their developments has been that of Play Therapy. The technic is relatively simple in its mechanics. Play equipment is provided for the age level, intelligence and emotional interest of the child and activity is observed. Restraint is usually limited to preserving the authority of the therapist, but otherwise the child is permitted to express any feeling of hostility, jealousy, rage, etc., as the process of the activity releases such feelings.

Most parents recognize that the play of young children is often nothing more than the overt expression of their inner repressed feelings and motivations, as well as their reenactment of experiences about which they have been impressed. Many parents have often been startled to recognize in their children's play the revelation of the child's true attitude to themselves, and to many events in the home they did not realize the child had even noticed.

In play therapy we take advantage of this natural function to learn what is actually going on in the child and also as a therapeutic tool to reorganize ideas, values, and attitudes, as well as drain off accumulated emotional tension, by removing many of the restrictions and rules, which inhibit such expression around the home.

In as much as the chief area of disturbance is usually in the drama of the home, the equipment used is often simple toys which represent the usual furniture equipment, and personnel of the home. Thus there are dolls for "mother" "father" and siblings, animals, and the usual furniture including bathroom equipment, and if possible a complete playhouse with rooms identified to those in the child's home.

As therapy progresses and the child feels his increasing freedom of self expression, material is acted out which literally reveals the experiences the child has been subject to in the home, school, church, and play which have been heretofore repressed. Such repressed material when traumatic, or charged with great emotional tension, such as fear, anxiety or rage, can constitute the unconscious motivation for the child's misbehavior. When such experiences come to light, the emotional charge may be eliminated, the misconception explained, or a diagnosis of the basic disturbance in the parents, or domestic pattern arrived at.

In as much as well meaning parents find it necessary to discipline and frustrate the drives of their children, it is not surprising that all children reveal deep seated hostility, resentment, or rage against their parents. When this comes out in play it may be quite dramatic and brutal in character and yet reflect vividly and almost to a perfect degree the true emotional value the parent imparted to the child in administering otherwise reasonable discipline.

As can be seen, much that comes out in child therapy is an indictment of the parents, and so as a general rule, we usually can only expect good therapeutic results when the parent or parents will accept counseling or personal psychotherapy as the problem may require.

Under some restricted circumstances the therapy of the child is limited to assisting him to adapt as best he can and helping him overcome his disturbing or pathological methods of adaptation. Therapy under these circumstances is usually stormy.

Play therapy is also well adapted to the group method and the majority of therapists work with groups of children. This permits both a diagnosis and treatment of the child in a social environment and is richly productive of good results.

Therapists in this field need not necessarily be a highly trained psychiatrist. Many women who have taught school, and are willing to study the basic principles of child psychology are doing splendid work in this field in various parts of the country. There is much need for the development of this field on a semi-professional level to provide treatment for a vastly increasing volume of delinquent, defective and disturbed children.

The President Chats

At this season of the year the minds of the Christian world thinks of that glorious song of old:

"Peace on the earth, good will to men
From Heaven's all gracious king
The world in solemn stillness lay
To hear the angels sing."

Today we see the clouds of war gathering most rapidly upon the international horizon which would draw the world into the worst war in man's history. Shall we pause a moment to reflect upon the Prayer for Christmas published in the Prayer Book for the Armed Forces which received such wide distribution during World War II.

"Father in Heaven, whose mercy we praise in the yearly remembrance of the birth of thy beloved Son, Jesus Christ our Lord; grant that as we welcome our Redeemer, His presence may shed abroad, in our hearts and in our homes, the light of heavenly peace and joy. Make known unto all men, by Thy Word and Spirit, the gospel of His incarnation, whereby Thou has clearly revealed Thy love for the world. And help us so to celebrate this day in humility and gratitude, in unselfish love and cheerful service, that our keeping of Christmas may be a blessing to our souls, a benefit to our fellow men, a memorial of Christ, and a thanksgiving unto Thee for Thine unspeakable gift of the Savior. Amen."

Dean's Letter

Another year is drawing to a close,—a year which has meant more than any other for the profession of Osteopathy.

Over the span of hundreds of years, Osteopathy appears as a mere youngster,—one who has learned much by virtue of all that has gone before and the vast knowledge accumulated by countless predecessors; one who yet has much to learn and who possesses the will and desire to stand alone and walk with confidence.

The pattern for future success has been carefully designed and cut by the Bureau of Professional Education of the American Osteopathic Association, and is represented in the six colleges of osteopathic medicine in our country.

The Osteopathic concept of Dr. Andrew Taylor Still is generously and intricately woven thruout the educational pattern of the profession. The design holds much for the future, but only if it is kept intact and properly preserved.

What would be a better expression of best wishes for the New Year and a Merry Christmas than an appropriate gift to the school of your choice this month of December?

A Merry Christmas to everyone, and here is hoping and expecting to see the youngster, Osteopathy, properly nurtured, grow to ever successful maturity in the year and years to come.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Editor

RICHARD M. DE BARD

Associate Editor

PHILIP A. DI SALVO

Support Your School!

Dr. O. G. Weed Dies

Dr. O. G. Weed, 26 Country Club Place, St. Joseph, Mo., died at 10:00 P. M., October 21st, at the General Osteopathic Hospital, St. Joseph, at the age of 63 years. He had given up his office on September 1, 1950.

Dr. Weed was graduated from Still College in 1905. He did post-graduate work at the Kansas City General Hospital in 1907 and in 1910 was graduated from the Los Angeles College of Osteopathic Physicians and Surgeons. He had practised in St. Joseph since 1911.

The doctor was a life member and past president of the Buchanan County Osteopathic Association; a life member of the Missouri Association of Osteopathic Physicians and Surgeons; a member of the American Osteopathic Association; charter member, life member, and Fellow of the American College of Osteopathic Surgeons; a member of the A. F. & A. M. Blue Lodge, Scottish Rite, Shrine, Order of Eastern Star, and Wyeth Park Christian Church.

Definitions

From the new Gould Medical Dictionary:

Osteopathy . . . "A school of healing which teaches that the body is a vital mechanical organism whose structural and functional integrity are coordinate and interdependent, the perversion of either constituting disease. . . ."

Disease . . . "A disturbance in function or structure of any organ or part of the body."

To whom would you like
to have the Log Book sent?
Send us the name and address!

Texas Example

There are 42 osteopathic hospitals in the state of Texas, according to a report submitted recently by **Dr. Milton V. Gafney**, president of the Texas Osteopathic Hospital Association. They have a bed capacity of approximately 1,000 and represent an investment of more than \$4,500,000.

Dr. Gafney pointed out that ten years ago there were but four such hospitals in Texas!

Radio Programs

WOI—Ames

11:15-11:30 A. M. Every Monday

KSO—Des Moines

8:30-8:45 A. M. Every Sunday

KBIZ—Ottumwa

6:15-6:30 P. M. Every Saturday

KCIM—Carroll

8:15-8:30 A. M. Every Sunday

Dr. Peters Speaks

Dr. Edwin F. Peters, president of D.M.S.C.O.S., a World War II naval officer and now an active naval reservist, talked to the annual Iowa Sailors and Marines Dogwatch gathering at the Legionnaire club in Des Moines recently.

Club Is Congratulated

The newly-formed Newman Club is in receipt of a letter of best wishes from **Dr. Angela M. McCreary**, DMS '14, from Omaha, Nebraska. Thank you for your kind interest in your Alma Mater, Dr. McCreary.

We Extend Our Deepest Sympathy

Miss Vida Kay Harrison, 14-year-old daughter of Dr. and Mrs. **Leo Cecil Harrison** of Cherokee, Iowa, passed away on November 16th at her home.

Vida Kay, who was a cripple all of her life, will leave a monument so that other children may live a fuller life than was hers, for through the many friends of Dr. and Mrs. Harrison a fund is being created for the care of crippled children.

To Dr. and Mrs. Harrison we extend our sympathy in their bereavement.



Season's Greetings

To pause and look back over the year 1950 gives occasion for amazement and pride in the progress of our College and Osteopathic Medicine. Our appreciation goes to the profession for the splendid support generously given during this period.

At the dawn of a new year we express to all our readers a wish for a Happy and Prosperous Year of 1951.

—THE EDITORS.



DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

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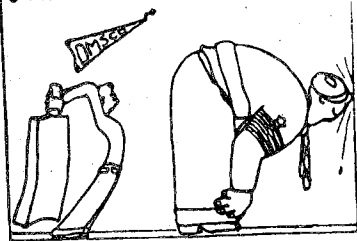
MR. ARNOLD JOHNSON, Hospital Administrator

STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa

FRATERNITY NOTES



ATLAS CLUB

At the last two Atlas Club meetings interesting and helpful work nites were held. On November 20, **Dr. Paul Park** of Wilden Hospital spoke on Fraternism and Fraternal Organizations, and on December 7 **Dr. Byron E. Laycock** gave a demonstration of diagnosis and treatment of Sacro-iliac lesions. We want to thank both **Dr. Park** and **Dr. Laycock** for meeting with the Club and for their time. We would also like to take this opportunity to invite any interested freshmen to attend our work nites.

The Annual Atlas Christmas Dance was held again this year at the Parkview Club. The dance was well attended and everyone thoroughly enjoyed the floor show. Congratulations are in order to all those who helped make this annual Christmas dance a success.

O.M.C.C.

The last meeting in November was a very special one for we had not one but two guest speakers. The wives of **Dr. Harkness** and **Dr. Poundstone** portrayed the role a doctor's wife follows in urban and in rural areas respectively. These talks were not only entertaining but educational as well. The club members gained valuable pointers they can practice now as student wives and later as doctors' wives.

Newman Club Notes

The first monthly meeting of the Newman Club was held on Thursday, Nov. 2, with thirty-five in attendance including members of the faculty and **Dr. Peters**, **Dr. Shumaker** and **Dr. Schwartz**.

Father Weiss gave the first of a series of lectures on Medical Ethics. Much interest was displayed in his lecture as shown by the many questions that followed.

The meeting was concluded with the serving of refreshments.

A special communion Mass was celebrated by **Fr. Weiss** for members of Newman Club, at Dowling Chapel, on the Sunday following the meeting night.

All Still College students are cordially invited to attend these series of lectures on Medical Ethics.

O. S. C.

December 14th marked the day that the third Osteopathic Students Club meeting was held. The attendance was better than the previous meeting, but there is always room for many more participants; members and non-members.

Anyone witnessing the last meeting will remember the educational speech by **Dr. Laycock**. His speech was for Osteopathy: "The Art of Manipulative Therapy."

Our organization is not strictly academic, indicated by the plans drawn up in our last meeting for a dance or social affair in the near future. With this pleasant thought in mind we wish you a Merry Christmas and a Happy New Year.



Sunday, December 3, marked another Pot Luck Dinner held at the Phi Sigma Gamma House. Typically invigorating Iowa weather did not hinder the fine Sunday afternoon social.

The Annual Semi-formal Christmas Dance at the spacious Parkview Community Club on December 16 was indeed a gala pre-holiday affair. The unique decorations combined with the music of Don Hoy and His orchestra provided an excellent party environment and the ultimate of dance tempo. The establishment of par-excellent Christmas spirit between the student body and Saint Nick was the theme of the humorous skit originated and presented by the members of the Fraternity.

Now that this year is nearly over, the fraternity looks back over the past year with a great deal of pride and satisfaction.

A fine redecorating program at the house has been completed and a fine social educational program has been enjoyed by members and friends.

The chapter looks forward to the new year with a great deal of expectation and many plans for an outstanding fraternity program.

The officers and members of the Phi Sigma Gamma Fraternity extend wishes for a most Merry Christmas and Happy New Year to the Board of Directors, staff, student body, and alumni of the school.

Reprint from "Bulletin of the New Jersey Association of Osteopathic Physicians and Surgeons"—November, 1950. Author: David S. Ascher, M.D.

In my state, osteopaths are licensed to practice medicine and surgery. Uncle Sam also allows them to treat veterans, at the same fees physicians get. Yet, for the armed forces, these same osteopaths fail to meet Government standards. The physician is taken, the osteo passed over.

When can we expect osteopaths to share medicine's military responsibilities? If they are good enough to care for civilians, why not for soldiers? Correction of this situation would help relieve the military doctor shortage.

Physician Dies

It is with great regret that the College has learned of the death of **Dr. Joseph Warren Rinabarger**, graduate of 1911, who practiced in Keosauqua, Iowa, more than 40 years. He died on October 15.

Born near Keosauqua, the Doctor spent two years in the personnel division of the Navy Department in Washington. He was a former mayor of Keosauqua, graduated from the Des Moines Business College and this College.

Dr. Rinabarger enjoyed great respect and deep affection. His life is an example to our younger physicians.

The Doctor Draft

The President's Proclamation of October 6th does not require the registration of doctors of osteopathy. It authorizes the Director of Selective Service to fix the date or dates for the special registration of certain persons who are subject to registration under the Law. This would permit the Director to fix a date and require the special registration of D.O.'s.

Until a special registration of D.O.'s is ordered, they will continue deferrable under the procedure ordinarily followed by Selective Service.

Have They Learned?

During World War II the osteopathic profession had numerous members apply for commission in the medical corps of the Army and Navy. The Surgeon General, without exception, turned them down, in spite of the fact that Congress had provided for the commissioning of osteopathic physicians in the medical corps of the Army and Navy.

Notice

If and when you change your address, please notify the LOG BOOK promptly.

The Log Book

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DES MOINES STILL COLLEGE
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