

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 23

JANUARY, 1945

Number 1

The Osteopathic Management of Influenza

LESTER RAUB, D.O.

The following Essay was submitted in April, 1944, for the annual Singleton Essay Prize Contest. It was judged the best of those submitted by contestants in the Des Moines Still College of Osteopathy. It is reprinted here since it constitutes a splendid review on a subject of great interest.—Ed.

Definition

Simple, uncomplicated influenza is a specific, acute, contagious and infectious virus disease with a short incubation period, few or no prodromal symptoms, a sudden onset and a short, febrile, usually non-fatal course. Complications however are frequent and profoundly influence the mortality rate. Man shares with monkeys, mice and ferrets the doubtful distinction of susceptibility to the disease. The history of influenza officially begins with Leichtenstern's record of the European epidemic of 1510 A.D. but its true history undoubtedly goes much farther back. Influenza is endemic everywhere, localized epidemics occur sporadically, and at fairly regular intervals great pandemics sweep the globe starting at several foci simultaneously and spreading rapidly over the world. These pandemics are composed roughly of three waves separated by a few weeks, in each wave the mortality rate increases while the morbidity usually decreases. Such pandemics occurred in 1781, 1832, 1847, 1889, and 1918. In that of 1918 an estimated 500,000 fatalities in the United States and a 20,000,000 world total was the toll exacted by influenza and complications (4, 8, 21).

Etiology

The etiological factor of "flu" is a filtrable virus, first isolated in 1933 by Smith, Andrews and Laidlaw (4). It may appear in several strains (Horsfal's Influenza A virus, Influenza B virus, etc. (8). and to date three have been isolated. Often associated with the virus is *Hemophilus influenzae* (a small, Gram negative, non-motile bacillus), sometimes *Bacterium pneumosintes* (a filter passing organism), and occasionally other secondary invaders such as the pneumococ-

cus, hemolytic streptococcus, *Staphylococcus aureus*, *Streptococcus viridans*, *Staphylococcus albus*, *Micrococcus catarrhalis*, Friedlander's bacillus, meningococcus and others (21.). No racial immunity to the virus exists but individual resistance varies, as evidenced by the fact that from 25% to 75% of people escape the disease during epidemics. After an attack there is a short-lived immunity lasting less than a year. Recovery and subsequent immunity are probably due to the formation in the

body of a specific virus-neutralizing antibody. The increased severity of influenza during pandemics may be due either to a virus strain of greater virulence or to the development of a relatively non-immune population (8.). Transmission is by contact or droplet infection via the respiratory tract, and by fomites such as tableware. Healthy carriers may exist. Exposure to cold and dampness, mental and physical fatigue, irritation of mucous membranes by dry air and sudden changes in tempera-

ture all play parts as predisposing factors to susceptibility (4, 17.).

Pathology

The pathology in influenza varies in direct proportion to the amount of secondary invasion. The virus itself causes a simple catarrhal inflammation of the upper respiratory tract with edema and mononuclear cell infiltration, perhaps with some interstitial pneumonitis and peribronchial exudate. Presence of *Hemophilus influenzae* accentuates all play parts as predisposing factors to susceptibility (4, 17.).

(Continued on Page 3)

Des Moines Still College of Osteopathy

Presents

Graduate Course in Osteopathic Therapeutics

PROGRAM

Monday—January 29

- 9:30—Osteopathic Principles—Dr. Byron E. Laycock
- 10:30 Emergency Treatment of Appendicular Injuries—
Dr. L. A. Deitrick
- 12:00 Faculty Luncheon—Younkers Tea Room
- 1:30 Theory of Osteopathy in Practice—Dr. C. Robert Starks
- 2:30 The Shoulder Girdle—Dr. C. Robert Starks
- 3:30 Differential Diagnosis and Treatment—Low Back
Pathologies—Dr. C. Robert Starks

Tuesday—January 30

- 9:30 Arthritis—Dr. Paul L. Park
- 10:30 Injuries of the Foot and Ankle—Dr. C. Robert Starks
- 1:30 Common Bone Disease—Dr. C. Robert Starks
- 2:30 Care and Management of Fractures—Dr. C. Robert Starks
- 3:30 Technique Demonstration—Dr. John M. Woods

Wednesday—January 31

- 9:30 The Foot—Dr. Byron E. Laycock
- 10:30 The Sciatic Problem—Dr. C. Robert Starks
- 2:30 Postural Abnormalities and Disease—Dr. C. Robert Starks
- 3:30 Discussion—Staff

TUITION \$30.00

Address Correspondence and Reservations to

Dr. M. D. Warner, Dean

Des Moines Still College of Osteopathy
722 Sixth Avenue
Des Moines 9, Iowa

Des Moines Still College Osteopathic Foundation

The following report is the first of a series describing educational progress at the Des Moines Still College of Osteopathy. A monthly article will describe in detail the accomplishments by departments.

Repeatedly we have expressed our appreciation to our friends in the profession, alumni and laity, who have contributed to the Osteopathic Progress Fund of the Des Moines Still College. The response has been far greater than was anticipated at the outset of the campaign. In a whirlwind campaign, funds were solicited for immediate expenditure in order to improve teaching facilities in the college. Those who have visited the college within the past year have seen the actual accomplishments

of their money. Those who have been less fortunate must rely on the written word. By way of summary we repeat the major physical and educational changes in the college.

Hospital

A site for the new clinical teaching hospital has been purchased in the block north of the college. The lot is 117 x 374 feet. Including pledges still outstanding, most being paid on schedule, \$80,344.30 is available in cash for starting the building. Additionally, a G. E. X-ray unit has been purchased and is now in operation at the college clinic. Smaller clinical instruments have been purchased. Including all of the present clinical equipment, hospital site, cash, U. S. Government Bonds, and pledges still outstanding, approximately \$103,000.00 is available toward

the hospital building and equipment.

Library

The library has been revamped, catalogued, equipped and put on a running serviceable basis.

Laboratories

The Anatomy Laboratory has been moved to the fifth floor and has been equipped with a walk-in refrigerator for preservation of cadavers. Each laboratory table is provided with an individual fluorescent light. All other laboratories—Bacteriology and Parasitology, Physiology and Chemistry, Embryology and Histology, and Pathology have been moved to the fourth floor. Suitable equipment for presentation of all laboratory courses has been purchased and utility rooms are provided for each laboratory for storage of this equipment. In connection with each teaching

laboratory is a research laboratory. For use by all departments a photographic dark room has been provided and fully equipped.

The Department of Osteopathic Principles and Technique has been moved to the fifth floor, occupying space formerly devoted to the assembly hall (an assembly hall will be provided on the first floor when the college clinics are moved into the new hospital).

Campaign Cost

Our contributors and other readers will be interested in the fact that campaign cost on the total pledged amount is 3.7%. On the actual amount of cash contributed it is 5.3%.

Details of our original budget, the close adherence to the original budget and the balance sheet as of December 23, 1944, are reported below:

Osteopathic Progress Fund Report

December 23, 1944

TENTATIVE BUDGET FOR 1944-46 (Published June, 1943)

Item	Budgeted	% Budg.	% Expended or Reserved	Expended (or Reserved)
BUILDING				
1. Teaching Clinical Hospital.....	\$150,000.00	59.3	62.8	\$ 90,630.29
				Site\$12,385.99
				Bonds 30,850.00
				Cash 8,165.85
				Due 41,328.45
2. Repairs on College Building	3,000.00	1.2	0.8	
3. Amortization of Debt	10,000.00	3.9	0.0	1,195.88
FACULTY				
Osteopathic Technique	10,000.00	3.9	1.5	2,100.00
Bacteriology, Public Health and Tropical Medicine	10,000.00	3.9	4.0	5,717.76
Physiology	10,000.00	3.9	4.5	6,451.45
CLINICS				
Equipment	10,000.00	3.9	5.9	
Personnel	4,000.00	1.7	0.0	8,560.51
RESEARCH				
Clinical & Experimental Equipment....	15,000.00	6.0	6.9	9,965.00
				(1/4) Photog. 169.24
				(3/10) Trop. Med. 2,450.46
				(1/4) Embry. 1,351.29
				(1/3) Phys. 3,225.72
				(1/3) Path. 1,761.52
				(1/6) Anat. 1,006.77
LABORATORIES	6,000.00	2.4	9.1	13,118.49
ADMINISTRATION AND PUBLIC RELATIONS	20,000.00	7.9	4.1	4,629.17
NOTE				795.93
LIBRARY	5,000.00	2.0	0.4	506.52
				596.33
	\$253,000.00	100.0 %	100.0 %	\$144,267.33

NELSE HANSEN, Treasurer Des Moines Still College Osteopathic Foundation
HUGH CLARK, President Des Moines Still College of Osteopathy

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The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

Editor.....Hugh Clark, Ph.D.

Osteopathy Without Limitation

Living Endowment Fund

The early appearance of the January issue of the Log Book precludes extensive additions to the Living Endowment Fund. It has passed \$15,000.00. The following names, however, should be added:

- Dr. Harry A. Barquist, Des Moines, Iowa
Dr. Glen Deer, Seattle, Washington
Dr. Ervin E. Emory, Huntington, West Virginia
Dr. A. B. Graham, Wheeling, West Virginia
Dr. Don R. Hickey, Bayard, Iowa
Dr. Neil R. Kitchen, Detroit, Michigan
Dr. Paul T. Rutter, St. Helens, Oregon
Dr. Robert E. Sowers, Warren, Ohio

The total membership now stands at 115.

Influenza

(Continued from Page 1)

ates these features with the addition of peribronchiolar and atrial pneumonitis. Further secondary invasion by more virulent organisms may bring on a typical bronchopneumonia, with true lobar consolidation occurring rarely. The virus itself may cause hyperemia of the intestinal tract and hemorrhagic encephalitis, and petechial hemorrhage into various muscles.

The essential picture is intense inflammation of the upper respiratory tract including the paranasal sinuses, direct irritation reducing resistance at all synapses, and direct irritation to the muscles causing inflammation and contracture. Other nerve tissue may be involved with varying degrees of neuritis. An inflammation in the gastrointestinal tract similar to that in the upper respiratory tract may be produced (18, 21.).

Diagnosis

In order of importance, symptoms, physical signs and laboratory tests are diagnostic of influenza.

Roughly influenza may show these degrees of severity: (4.) (1) mild, without complications; (2) severe, without complications; (3) pneumonic. The incubation period of the virus is short (12-72 hours) and the onset may be dramatic in its suddenness, particularly during epidemics. Fatigue develops rapidly, often with a chill which is succeeded by fever ranging from 102 to 106 degree F. and lasting

1-7 days. Severe muscular pain develops, especially in the back and extremities, often accompanied by severe prostration. Severe headache and ocular pain, and rapidly progressive inflammation of the upper respiratory tract, usually follow but may be entirely lacking. Dizziness and anorexia are commonly present, and, in children, nausea and vomiting are not infrequent. Less common symptoms are constipation, oliguria, epistaxis and nervous manifestations of insomnia and mental depression. The symptoms may be chiefly respiratory, nervous or gastrointestinal or any combination of these. With the secondary invasion which is so frequent, especially in epidemics, more severe symptoms may appear (4, 20).

Physical signs are: apathy; flushed face; increased respiratory rate; injected conjunctivae; dry, coated tongue; pharynx redened, if respiratory symptoms are present; spastic muscles in the upper dorsal and cervical regions, sometimes extending to the sacral area; osteopathic lesions, chiefly in the cervical and dorsal regions (5, 9, 12).

In the laboratory findings the blood picture (6), though typical, is not pathognomonic. There is an initial leucocytosis rapidly falling to a leucopenia of 4000-5000 with a slight left shift, a relative lymphocytosis and an absolute monocytosis. Sputum culture usually shows *Hemophilus influenzae*, but other bacteria or none at all may be found. Albuminuria is frequently seen. Complement fixing and precipitating antibodies for a soluble virus antigen have been found but are of no practical value in serologic diagnosis of influenza (8.).

In the differential diagnosis severe colds and mild pneumonia may be confused with flu. Dengue in which the typical rash fails to appear may also give trouble. Simple cases of the flu, and flu during epidemics are easily identified; however, complications and atypical symptoms may obscure the diagnosis.

Osteopathic Principles

The osteopathic principles (9, 10, 14) involved in a consideration in influenza must be understood before the effects of the virus on the body and the rationale underlying osteopathic

care of the disease can be properly appreciated. The body's fight against any acute infection is primarily a sympathetic response in which dry skin, lessened elimination, increased metabolic rate (due to increased thyroid and adrenal function) causing increased heat production (fever), and inhibition of the gastrointestinal tract are present. The peripheral vasoconstrictor action of the stimulated sympathetics prevents sweating, thus decreasing heat loss and increasing the fever. The toxic elaboration of the virus probably irritates the muscles directly, causing inflammation which results in contracture and the muscle pain which is such a characteristic feature of influenza. However this does not entirely explain the degree of contracture in certain muscles, especially those of the spine and neck. Therefore reflex contractures must also be considered. The irritative effect of the virus on the mucous membrane of the upper respiratory tract sends impulses to the cord (T.1-6) over the afferent fibers. This afferent bombardment is

(Continued on Page 4)

Osteopathic Progress Fund Report

BALANCE SHEET

December 23, 1944

TOTAL PLEDGES AND GIFTS \$144,267.33

TOTAL RECEIVED

Property (Alumni Gift) \$ 4,400.00
U. S. Government Bonds 6,333.39
Cash Received 92,205.49

102,938.88

BALANCE RECEIVABLE ON PLEDGES 41,328.45

EXPENDITURES

General 1,195.88
Property 7,985.99
Bonds 24,516.61
Administration and Public Relations 795.93
Library 596.33
Clinics 282.26
X-ray 8,278.25
Photography 676.96
Parasitology 8,168.22
Embryology 5,405.17
Physiology 9,677.17
Pathology 5,284.56
Anatomy 6,040.62
Campaign Cost 4,629.17
Note 506.52

\$ 84,039.64

CASH ON HAND \$ 8,165.85

CURRENT FINANCIAL ASSETS

U. S. Government Bonds \$30,850.00
Balance Receivable on Pledges 41,328.45
Cash 8,165.85

\$80,344.30

Influenza

(Continued from Page 3)

transferred over intercalated neurones in the cord to the efferent fibers of spinal nerves and thus to muscles. These muscles, receiving excessive stimulation, are further contracted. These results are manifested in the segmental musculature of the upper thoracic region. Afferent vagal fibers carry impulses which synapse in the medulla with the neurones of the spinal accessory nerve and in similar fashion contracture of the trapezius, sternomastoid and other cervical muscles results. Depending upon the location of the viscera involved, similar viscerosomatic reflex evidences of muscle spasticity may appear, for example in the lower thoracic area when the small intestine is attacked. It seems logical that the muscle spasticity may produce osteopathic lesions which will result in somatovisceral reflex involvement of the viscera thus increasing the pathology there. Thus the rationale of manipulation to relax the contracted muscles is evident. The rationale of the liquid diet used in the treatment is apparent in the fact that increased sympathetic stimulation has inhibited the gastrointestinal tract, which is therefore incapable of normal digestion. The symptom of headache found in "flu" is due to direct irritation of the endings of Trigeminal fibers in the mucous membrane of the paranasal sinuses. Nausea and vomiting suggest increased parasympathetic stimulation via the vagus to the gastrointestinal tract. This is probably due to an at least partial collapse of the protective sympathetic dominance and since coryzal symptoms of excessive secretion and inflammation are parasympathetic responses they too must be due to a local break in the sympathetonia. These symptoms then must be due to overwhelming toxemia, caused by a concentration of the virus toxins in the gastrointestinal tract and upper respiratory tract respectively, that interferes with the sympathetic response and leaves the parasympathetic system unchecked.

The leucopenia indicates that some toxic elaboration of the virus must inhibit the reticulo endothelial system. If leucocyte formation is below normal it is logical that the anti-body response too is impaired, so some measure that will stimulate the reticulo endothelial system is needed. Splenic stimulation helps do this (20.).

It is undesirable to have the toxins of influenza concentrated in any one region of the body. Lymphatic pump, by facilitating venous and lymphatic drainage, permits a general defense. When the fever is at a level of 101-104 degrees F., indicating that the body is already responding generally, lymphatic pump is unnecessary (10.).

Treatment

General Management: General management of influenza is governed by consideration that it is an acute and contagious disease which shows profound toxemia and great liability to complications. Isolation of the patient insofar as possible is desired (17.). Sterile precautions must be taken in the nursing care: dishes must be handled separately; sputum disposed of by collection in paper napkins and burning; no visitors may be allowed during the acute phase of the disease; theoretically all who enter the room should wear gown, mask, and goggles which should be removed upon leaving (21.). Such a regimen should be imposed as rigidly as is practical. A suggested outline of treatment follows (5, 9, 17, 20.).

1. Bed rest from the onset of the influenza until at least 48 hours after the evening temperature is normal. During the acute stage the use of a bed pan and other measures calculated to confine the patient strictly to his bed are necessary.

2. Elimination is kept open by warm enemas of plain water or, if necessary, of soap suds. The use of oral laxatives and cathartics, which add a further burden of toxicity to the patient's already overloaded system, is contraindicated.

3. Keep the patient warm enough to maintain a slight degree of perspiration during the acute stage. This tends to aid in the general eliminative picture.

4. Fluids are given in quantity, from 3,000 to 5,000 cc. per day for an adult. Hot citrus fruit juices are perhaps best. These may be fortified by the addition of a simple syrup such as Karo to help maintain the patient's strength.

5. A bland diet is instituted after the temperature returns to normal. This diet is gradually supplemented so that within a week after the fever has returned to normal an ordinary diet is consumed. However, it will be wise for the patient to refrain from eating heavy foods for at least another week.

6. Osteopathic treatments are given at least once per day during the acute stage and oftener if the course of the disease is particularly severe. No arbitrary rule is applicable here since each case is different and complications alter treatment.

7. The patient must be cautioned to "take it easy" for a few weeks after recovery, for the effects of the virus may leave him in an extremely weakened condition.

Manipulative Treatment: The osteopathic manipulation employed cannot be of a stereotyped form since, as discussed above, the symptoms and reflex lesion manifestations vary greatly. However, certain essential features may be suggested here. The upper dorsal and cervical musculature will usually be in some degree of contracture or spasm and soft tissue

work aimed at relaxing this area is very important. Gentle but firm inhibitive pressure over the spastic muscles with the patient prone is usually effective for the spinal musculature. Gentle massage of the cervical musculature, both anterior and posterior, along with neck traction is valuable. Correction of the bony lesions which do not yield to the soft tissue relaxation is indicated. General osteopathic manipulation with these purposes in mind is given: (1) relaxation of all contracted muscles thus indirectly decreasing the visceral pathology that caused these reflex manifestations and directly aiding the inflamed muscle by promoting good blood supply and drainage; (2) correction of all bony lesions, which do not yield to soft tissue manipulation, to help establish normal blood supply and nerve relations throughout the body thus increasing the efficiency of the eliminative organs and strengthening the body's defenses against secondary infection. Splenic and liver stimulation consisting of alternate compression and release of bimanual pressure over the respective organs is valuable here. Lymphatic pump helps establish the initial fever by distributing the toxins via increased lymphatic and venous flow but is not indicated once fever of 101-104 degrees F. sets in. Extension of the lumbar area is advocated by many osteopathic physicians to relieve congestion in the viscera and to stimulate elimination by the kidneys (5, 9, 15, 17, 20.).

Prognosis

The usual course of influenza is from 1-7 days with an average of 3 days. Complications are frequent and include bronchopneumonia, otitis media, meningitis, acute glomerulonephritis, lobar pneumonia, acute sinusitis, mastoiditis, lung abscesses, pulmonary fibrosis, peripheral neuritis, myelitis, encephalitis, bacterial endocarditis, psychosis and others (4, 8, 20.). Pregnant women are especially susceptible to influenza and the disease often causes abortion or premature labor (1.). Under osteopathic care however complications are rare or mild in nature (19.). Riley's comparison of osteopathic with allopathic results in the treatment of influenza during the 1918 epidemic may be quoted here (7, 16.).

Percent- Cases Deaths age

Medical			
Care	1000	2.25	0.25%
Osteopathic			
Care	1000	50	5.0%

In conclusion, of the 1918 epidemic Dr. Rogers says, (19.) "As a profession we have demonstrated our ability to handle the disease with fewer complications and a lower death rate than any other school of therapy."

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Note: I am also indebted to Doctors Bachman, Deitrick, and Facto, professors at Still College, for information and ideas used in this paper.

—L. R.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

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Volume 23

FEBRUARY, 1945

Number 2

Dr. Starks Visits the Des Moines College

Dr. C. Robert Starks, A.O.A. President, spent three days at the Des Moines Still College of Osteopathy, lecturing on osteopathic problems and meeting with students. Dr. Starks was pleased with the general air of progress and with the accomplishments made in the Des Moines college. In an address before the students, President Starks reviewed accomplishments of the osteopathic profession, illustrated the role of the A.O.A. in these accomplishments and called for spirited cooperation in acquiring further profession gains. The faculty and student body deeply appreciate the privilege which they enjoyed in Dr. Starks' visit.

Twenty Doctors Attend 3-Day Course

Twenty graduate physicians returned to Des Moines last week for an intensive review of old methods and instruction in new methods in Osteopathic Therapeutics. This group heard lectures by Dr. C. Robert Starks, Dr. Byron E. Laycock, Dr. M. D. Warner, Dr. L. A. Deitrick, Dr. Paul L. Park, and Dr. Paul E. Kimberly on a variety of manipulative and orthopedic procedures. Doctors attending the course were Dr. Ethel L. Becker, Ottumwa, Iowa; Dr. Emil Braunschweig, Des Moines; Dr. Angela McCreary, Omaha; Dr. Charles Hartner, Madison, Nebraska; Dr. John Voss, Albert Lea, Minnesota; Dr. Richard Gordon, Madison, Wisconsin; Dr. Robert Patton, Jackson, Michigan; Dr. Leroy Doyle, Osage, Iowa; Dr. Phil McQuirk, Audubon, Iowa; Dr. E. W. McWilliams, Columbus Junction, Iowa; Dr. Della B. Caldwell, Des Moines; Dr. H. M. Fredericks, Ankeny, Iowa; Dr. John H. Hansel, Ames, Iowa; Dr. M. B. Anderson, Sully, Iowa; Dr. Rex H. Martin, Onawa, Iowa; Dr. Glenn Murphy, Winnipeg, Canada; Dr. George Sutton, Mt. Pleasant, Iowa; Dr. Mary E. Golden, Des Moines; Dr. H. Lachmiller, Clarion, Iowa; Dr. Josephine Kloetzly, Kissimmee, Florida.

Post Graduate Course In Cranial Technique

Two courses in Cranial Technique will be offered at the Des Moines Still College, beginning Monday, April 9th and Monday



Dr. P. G. Kimberly

April 16th. Each course will be run for two weeks ending respectively at noon on Saturday, April 21st and April 28th. Each course will be divided as was the course in October, so that each will consist of a week's lecture demonstration and laboratory work on the anatomy and physiology of the head by **Dr. P. E. Kimberly** followed by a second week of practical training in Cranial Technique by **Drs. W. G. Sutherland, Beryl Arbuckle and R. S. McVicker.**

Each registrant for the two weeks course must take both weeks of training, regardless of previous experience. Any doctor wishing to take the course may elect the course beginning April 9th and ending April 21st, or beginning April 16th and ending April 28th. Since the number for each course is limited, reservations should be made early and each doctor should specify in which course he wishes to be enrolled. The tuition is \$150.00 and, in order to be certain of the enrollment for each class, a matriculation fee of \$50.00 is required. This fee should accompany the application for admission to the course. It may be refunded anytime until April 2nd.

Commencement Program February 23

* * *

Dr. Marcus Bach Will Address Graduates

Graduates in the February 23rd class will have the privilege of hearing Dr. Marcus Bach, Assistant to the Director, School of Religion, University of Iowa. Dr. Bach's special field has been America's Little-Known Religious Groups. He has made a personal study of such groups as the Trappists, the Penitentes, the Hutterites, the Amish, the Doukhobors, and others. **Church Management** says, "He is the friend of those whose way of life he has observed and perhaps the best authority on the contemporary life and belief of the lesser-known religious groups in the United States."

Dr. Bach's experience has been directed in three major lines: Teaching, ("Religious Groups in America," a most popular course at the University of Iowa); Writing, (His play on the Trappist life, "Within These Walls," ran for six weeks in Chicago. He has written for many current publications); Phonograph Recordings, (A large and comprehensive collection of the hymns and liturgies of religious and folk groups has been made. Many of the groups contacted have made recordings for the first time.)

Dr. Bach is nationally recognized for his pioneer work in the field of religious education. He has called his address to the Des Moines college graduates "In Search of Utopia."

Dr. Ira Richardson Dies at Age of 71

Dr. Ira F. Richardson, Des Moines graduate in 1901 and one of the oldest practicing physicians in Fremont, Nebraska, passed away at the Dodge County Hospital after an extended illness. Dr. Richardson was a pioneer osteopathic physician in Nebraska and was a pillar of strength in building the profession in that state. Dr. Richardson was also a graduate of Hahnemann Medical College, though he was strictly a manipulative osteopathic practitioner. Dr. Richardson is survived by his wife.

Seven Graduates— Three With Distinction

The D. O. degree will be granted at the forthcoming commencement exercises to the following: Alfred Bookspan, Stanley S. Conrad, Carl Nagy, Wendell H. Taylor, Hoy E. Eakle, Frederick T. Lowrie and William M. Stoler. **The last three named will be graduated With Distinction because of excellence in scholarship, clinical work, personality, scientific curiosity and prospective service to the profession.**

The commencement program will begin at eight o'clock Friday evening, February 23, at St. John's Lutheran Church. The program will consist of Invocation by Dr. Lewis Jacobsen followed by an address "In Search of Utopia" by Dr. Marcus Bach. Following the address will be a solo by Mr. H. M. Cleveland, presentation of class, conferring of degrees, administration of the Oath, and Recessional.

Immediately after the commencement exercises, the graduates will be welcomed into the Alumni Society by Dr. Earl O. Sargent, President of the Iowa Alumni Society.

Post Graduate Plans

All of the graduates plan internships after their graduation. Wm. L. Stoler and Stanley S. Conrad will serve internships at Art Centre Hospital in Detroit; Frederick T. Lowrie at Doctors Hospital in Los Angeles; Alfred Bookspan will interne in a New York hospital; Wendell H. Taylor at McLaughlin Osteopathic Hospital, Lansing, Michigan, Carl Nagy at Des Moines General Hospital; and Hoy E. Eakle at Doctors Hospital, Columbus, Ohio.

Corporation Meeting

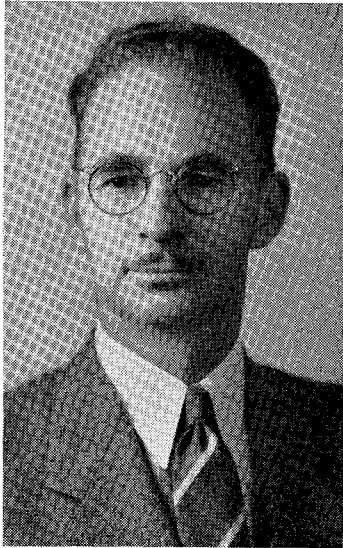
A special meeting of the Des Moines Still College corporation has been called for Monday, February 19, at 8:00 p.m. The meeting will consider revision of the Articles of Incorporation and By-Laws and future plans and policies of the college.

NEW CLASS BEGINS FEBRUARY 26th

The Dean's Letter

Dear Alumnus:

Not long ago, I received a letter from a D.O. stating that his son was graduating from high school at mid-term, and "would



Dr. M. D. Warner

Science Degree, but lacking four hours of Physics) by ignoring other educational accomplishments or equivalents, and requiring further study before admission to the professional course. However, it should be realized that the substitution of other academic accomplishments involves an evaluation of equivalents, a procedure always difficult and dangerous to standards. Furthermore, statutory requirements are fixed and definite.

Therefore, of necessity, pre-osteopathic requirements are just as definite as professional requirements and do not allow for substitution of equivalents. The prescribed pre-osteopathic credit must be completed in full before admission to an osteopathic college.

The prospective student approaches the Doctors for information. He wants to know requirements as well as opportunities. An inability to explain academic requirements will certainly fail to make a favorable impression.

Every osteopathic physician should thoroughly familiarize himself with these requirements so that he can explain them to the prospective student and advise him correctly. He should also realize that professional requirements are more than were academics. Intelligence, personality, and character are even more fundamental.

I solicit the reference of names of prospective students, but I also urge that the referring doctor include definite information, concerning academic standing, age, family status, character, and military service.

OUR NEXT SEMESTER BEGINS ON FEBRUARY TWENTY-SIXTH. There is still time to matriculate students for this class. Eligible students should immediately request their colleges to forward transcripts of credit and should write for matriculation blanks.

Faternally,
M. D. WARNER, Dean.

Medical Education

The following excerpt is taken from the report of the subcommittee on Wartime Health and Education and Labor, United States Senate. Bold face is ours.—Ed.

"Certainly, from the point of view of future needs, there should be no reduction in the present output of trained medical personnel. According to the American Medical Association, curtailment of this output is threatened by current Selective Service policies. Because of the urgent need of the armed forces for young men, the Selective System has deemed it impractical to continue occupational deferment of premedical and pre-dental students. For the same reason, the Army Specialized Training Program for premedical and pre-dental students has been drastically curtailed. The American Medical Association estimates that enrollment of medical students may fall as much as 50 percent beginning in 1945. If this proves to be the case, there would be only 2,500 medical graduates in 1948, about half the usual number and considerably less than the number of physicians who die annually. All expert opinion, however, is not so pessimistic. Medical Colleges has informed the subcommittee that medical-school administrators are not alarmed about the situation, that classes are full for 1944, and that little apprehension is felt concerning the 1945 class. Further study of the facts is apparently necessary.

"If there is actually a threatened shortage, it would seem that there must be in the United States the few thousand persons of the age, caliber, and training needed to raise annual pre-medical and medical school enrollments to the number required for the duration of the war emergency. **It is true that an effort would have to be made to find students. Many war veterans and young men rejected for military service because of physical defects do not know of the great need for doctors or of the opportunities present in the study of medicine. Moreover, certain barriers and prejudices which limit enrollments could be removed. The financial barriers which face many prospective students could be overcome by more adequate scholarship or by loan funds. Some qualified students cannot gain admission to medical schools because of tacit racial or religious discrimination. Lastly, there is a great untapped source of future doctors among the women of the Nation. We are unable to discover any compelling reason for the failure of this country to utilize its woman-power to prevent what is claimed to be a serious future shortage of physicians. Other nations have done so; we have simply never tried.**"

Osteopathic Progress Fund Report

Part II

The January issue of the Log Book carried a comprehensive up-to-date financial report of the Des Moines Still College Osteopathic Foundation. In this report it was pointed out that some \$84,000.00 have been spent, of which approximately \$25,000.00 was used for the purchase of bonds. After deducting expenditures for the X-ray, hospital site, minor items of hospital equipment and campaign cost, approximately \$37,000.00 was spent on improvement of the library and sub-clinical facilities of the college. It is proposed to review these changes by department in this and the subsequent issues of the Log Book.



Pathology Laboratory

Pathology

In the revised floor plan for laboratories, the Pathology Department occupies the west end of the fourth floor. It consists of a room 46 ft. x 18 ft. as a teaching laboratory, a room 7 ft. x 20 ft. as office and research laboratory, a stock room approximately 10 feet square with a micro-technique laboratory adjoining it.

The teaching laboratory contains five tables with mounted lamps for microscopic study and a wall table similarly equipped for demonstration. Total seating capacity is 43. The tables are provided with a cloak and book rack underneath, in order to facilitate work by the students as far as possible. The west wall of

(Continued on Page 4)

I please send an application blank so that the son could register with the next class."

Almost weekly, I receive letters from Osteopathic Physicians urging acceptance of some prospective student "even though he does lack some of the credits required for entrance." "He is a fine young man and will be a credit to our profession." Some letters even state, "I told him I thought that special arrangements could be made and that he could make up the work on the side or at a later time."

We frankly admit at D.M.S.C.O. that we need students—we will even go further than that and plead with the profession to engage in an active and enthusiastic campaign of student recruiting, but we cannot accept students with high school credits only, nor can we "make special arrangements" or "fix it up" for students who lack certain specified entrance credits.

College entrance requirements have been raised gradually since 1939 and are now established in conformity with the standards approved by the Bureau of Professional Education and Colleges of the American Osteopathic Association, as follows:

An official transcript of credit for two years totaling not less than sixty semester hours or its equivalent in quarter hours, in an accredited college or university, including:

Chemistry:

**Inorganic.....8 semester hours
Organic.....4 semester hours
Biology.....8 semester hours
Physics.....8 semester hours
English.....6 semester hours**

It is recognized that the adoption of a definite minimum requirement in specified subjects seems to work an injustice on some individuals (for example: the student with a Bachelor of

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

Editor.....Hugh Clark, Ph.D.

Osteopathy Without Limitation

Living Endowment Fund Continues to Grow

The Living Endowment Fund approaches \$16,000.00 and has 12 new contributors since the last issue. The new contributors are:

- Dr. Clive R. Ayers, Grant, Iowa
- Dr. Alan Becker, Jackson, Michigan
- Dr. Ethel L. Becker, Ottumwa, Iowa
- Dr. Martin Biddison, Nevada, Iowa
- Dr. J. R. Forbes, Swea City, Iowa
- Dr. Robert G. Hatchitt, Des Moines, Iowa
- Dr. W. C. Holloway, Thomasville, Georgia
- Dr. J. Paul Leonard, Detroit, Michigan
- Dr. F. J. Peterson, Alliance, Nebraska
- Dr. R. W. Ritter, Detroit, Michigan
- Dr. R. W. Westfall, Ackley, Iowa
- Dr. Neil M. Woodruff, Crystal, Michigan

The college, of course, deeply appreciates the addition of new members to its roster of contributors, as well as prompt payment by all those who had previous pledges.

We take the liberty of calling to your attention the article in the February FORUM on the Living Endowment Plan of the Des Moines college. We also offer a suggestion that each contributor bolster the list by enrolling a new member for the support of the Living Endowment Program. Those who have already pledged and paid may act as a committee to develop the expansion program of the college. No osteopathic physician, enjoying the privileges of the practice of his profession, should deprive himself of the opportunity of supporting one of the osteopathic colleges.

The expansion program accomplished by the Osteopathic Progress Fund is simply the beginning and every college has been forced to increase its budget. Each must have additional outside support in order to provide the type of osteopathic education which is necessary and which each one wants to give. We have steered our course away from the restraining policy of making ends meet by tuition fees alone. It is simply impossible to provide high standards of osteopathic education on this basis.

We, therefore, earnestly solicit your cooperation in the Living Endowment Program. Each alumnus should contribute \$15.00 per month, or approximately \$175.00 per year, to the Des

Moines college, in order to meet the increasing standards of excellence in education. The matter is urgent and we ask you not to delay longer in your decision to get behind this program.

Michigan

The State of Michigan still leads in this program in the number of subscribers, total pledged and total paid on pledges. There are now 65 subscribers from Michigan, who have pledged a total of \$10,115, and who have paid a total of \$5,125.00

Iowa

The Board of Trustees, of the Iowa Society of Osteopathic Physicians and Surgeons had a discussion of the Living Endowment plan at their meeting January 28 in Des Moines. At the conclusion of the discussion, a motion was passed "that this board endorse in general the plan of Living Endowment, which is designed to underwrite the current expense of our osteopathic colleges."

From Ashby's Column

The following excerpt is taken from Ted Ashby's column in the Des Moines Tribune:

"Staff Sergeant Harvey Inman, Jr., here on emergency furlough necessitated by death of his father, says he had to come here from the south, where he is stationed, to get a sample of real hospitality. He got an osteopathic treatment and the doctor announced he didn't accept money from persons in the service. The doctor (and he by no means is the only one in Des Moines) is Dr. Thomas R. Griffith."

Donation of Splints, Colorimeter to College

With an eye to the development of a Department of Orthopedics in the new clinical hospital, Dr. Ralph P. Westfall, of Boone presented a number of splints for its use. We are grateful to Dr. Westfall for this gift. A number of other doctors have donated materials and equipment as reviewed in the Log Book, and their gifts are genuinely appreciated.

Dr. John S. Anderson presented the college with a Lumetron colorimeter for use in research and laboratories of Clinical Diagnosis. This is a fine instrument and we are deeply indebted to Dr. Anderson.

Dr. A. N. Simpson Passes Away

Dr. A. N. Simpson, Des Moines Still College graduate of 1916, passed away at his home in Indianola, January 20th. Although Dr. Simpson has not practiced osteopathy for several years, he kept in close touch with the profession and his passing is mourned by a host of lay and professional friends.

The Osteopathic Oath

I do hereby affirm my loyalty to the profession I am about to enter.

I will be mindful always of my great responsibility to preserve the health and life of my patients, to retain their confidence and respect both as a physician and a friend who will guard their secrets with scrupulous honor and fidelity, to perform faithfully my professional duties, to employ only those recognized methods of treatment consistent with good judgment and with my skill and ability, keeping in mind always nature's laws and the body's inherent capacity for recovery.

I will be ever vigilant in aiding in the general welfare of the community, sustaining its laws and institutions, not engaging in those practices which will in any way bring shame or discredit upon myself or my profession. I will give no deadly drugs to any, though it be asked of me.

I will endeavor to work in accord with my colleagues in a spirit of progressive cooperation, and never by work or by act cast imputations upon them or their rightful practices.

I will look with respect and esteem upon all those who have taught me my art. To my college I will be loyal and strive always for its best interests and for the interests of the students who will come after me. I will ever be alert to adhere to and develop the principles of osteopathy, as taught by Andrew Taylor Still.

Death Comes to Dr. C. E. Rogers

Dr. C. E. Rogers, of Pocatello, Idaho, passed away on January 10th. Dr. Rogers had an extensive osteopathic practice in this city and has maintained a close relationship to the profession through his many years of practice. Dr. Rogers practiced purely manipulative osteopathy up to the time of his death. Mrs. Rogers points out in a communication of January 23rd that this fine practice is available to an enthusiastic young doctor. There are two other osteopathic physicians in the city. Mrs. Rogers points out that all of the office equipment is available and that she would assist any physician assuming the responsibility for the practice in any way possible.

Dr. J. V. Hodgkin Dies At Home in McCook

Dr. Joy Verne Hodgkin, age 46, succumbed to a heart attack, December 21, 1944, at his home in McCook, Nebraska. Dr. Hodgkin was a graduate of Des Moines Still College in the class of May, 1925. For the past 17 years he has practiced osteopathy in McCook. He is survived by his wife and daughter, Janet Ann.

The Oath of Hippocrates

I swear by Apollo, the Physician, and Aesculapius, and Hygiea and Panacea, and all the gods and all the goddesses—and I make them my judges—that this mine oath and this my written engagement, I will fulfill so far as power and discernment shall be mine.

Him who taught me this art I will esteem even as I do my parents; he shall partake of my livelihood, and, if in want, shall share my goods. I will regard his issue as my brothers and will teach this art without fee or written engagement if they shall wish to learn it.

I will give instruction by precept, by discourse, and in all other ways, to my own sons, to those of him who taught me, to disciples bound by written engagement and sworn according to medical law, and to no other person.

So far as power and discernment shall be mine, I will carry out regimen for the benefit of the sick, and will keep them from harm and wrong. To none will I give a deadly drug, even if solicited, nor offer counsel to such an end; likewise to no woman will I give a destructive suppository; but guiltless and hallowed will I keep my life and mine art. I will cut no one whatever for the stone, but will give way to those who work at this practice.

Into whatsoever houses I shall enter, I will go for the benefit of the sick, holding aloof from all voluntary wrong and corruption, including venereal acts upon the bodies of females and males, whether free or slaves. Whatsoever in my practice or not in my practice I shall see or hear, and amid the lives of men, which ought not to be noised abroad—as to this I will keep silence—holding such things unfitting to be spoken.

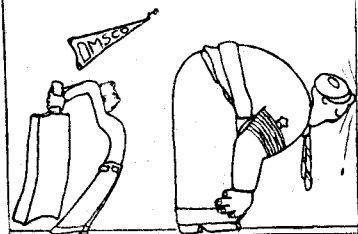
And now if I shall fulfill this oath and break it not, may the fruits of life and art be mine, may I be honored of all men for all time; the opposite, if I shall transgress and be forsown.

Drs. Park and Sargent Named Officers in East Des Moines Club

Installation of officers of the East Des Moines Club recently included two osteopathic members. Dr. Paul Park is President for 1945 and Dr. Earl O. Sargent is Junior Vice President. Dr. Park is a member of the Des Moines Still College Osteopathic Foundation Board of Trustees and a number of civic organizations. Dr. Sargent is 1945 President of the Iowa State Alumni Association of the Des Moines college.

BUY BONDS!

FRATERNITY NOTES



ΦΣΓ

The Delta Chapter of the Phi Sigma Gamma fraternity will have election of officers at the next meeting. Date will be announced.

Our fraternity is happy to announce that three prospective osteopathic students are living at the P. S. G. House at present. All expect to enroll at Still College upon completion of their pre-med work at Drake University. Mr. M. Tate, of Michigan, will be with us next semester. "Welcome Boys." The P.S.G. fraternity house is operating very well. We still have the superior hand over due bills.

Brother Hoy Eakle has been one of the outstanding P.S.G. members. He will graduate February 23, 1945. Congratulations, Hoy, and best of luck to you and your family. Hoy will intern in Ohio.

On February 2nd the fraternity sponsored a fair size mid-winter dance, at which all who attended had an enjoyable evening. We had an excellent crowd, splendid music, hot dogs, chips and a very tasty (mellow) punch. Everyone was singing. Why? So would you if you were happy.

—L. J. S.

ΑΟΓ

The formal admission of Mr. Solomon Leibel into the fraternity took place Sunday, February 4. On that day a dinner was held in his honor and Mr. Leibel was informed of his duties as an osteopathic student; of maintaining high moral and scholastic standards as required by both the college and the fraternity.

We of L.O.G. wish to express our sincerest wishes of good luck to Mr. Milton Miller who has recently become engaged to Miss Rose Schwartzman of Des Moines.

—R. L. D.

ΔΩ

The last meeting of the sorority was held January 14th at the home of Dr. Mary Golden. The meeting was the installation of officers for the new year. The following were installed: **Dr. Rachel Woods, President; Miss Theresa Palmer, Vice President; Miss Trudie Hoffman, Secretary - Treasurer; Mrs. Paul Kimberly, Escort and Guard; and Dr. Velman Marston, Corresponding Secretary.** No definite date has been set for the

February meeting which will be held at Dr. Ruth Paul's.

Dr. and Mrs. W. Ray Hoffman, of Akron, Ohio, are announcing the engagement of their daughter, Trudie, to Lt. Richard P. Carpenter, son of Mrs. Hanrena Carpenter, of Dallas, Texas. Miss Hoffman is a sophomore student at the college and Lt. Carpenter is stationed with the Army Air Corps in Texas.

—G. H.

ΙΤΣ

With the fraternity new year beginning and all the past business issues settled, the slate was cleaned and seem to be the go sign for the upper classmen to put on a Churchill and F. D. R. appeal for the underworked lower classmen to get in the drivers seat of Iota Tau Sigma.

With more fine things said about lower classmen than our pride could measure, we must say a "New Deal" has taken over.

President.....P. R. Reichstadt
Vice President.....John Slater
Secretary.....N. A. Heichelbech
Treasurer.....James Griffith
Historian.....James Barnett
Editor.....R. M. Martin

At the meeting, we resurrected the old rule "a fine for tardiness and non-present members" and asked that it be rigidly enforced.

On Monday evening, February 12, the Senior Banquet will be held at University Church of Christ, 25th and University. There will be a new type of program and we trust that every Iota Tau Sigma member will makes a reservation.

—C. P. C.

Fraternities Honor Seniors

As is customary, the several fraternities honored their graduating brothers with banquets. The Atlas Club held its dinner Monday, February 12, for Fred Lowrie, Stanley Conrad and Carl Nagy. Phi Sigma Gamma honored Hoy Eakle Tuesday, February 13th. Lambda Omicron Gamma honored Alfred Bookspan and William Stoler February 4th. Iota Tau Sigma held its banquet for Wendell Taylor February 12th.

Births

Dr. and Mrs. W. E. Rees, of Cleveland, announce the birth of a son, W. E. Rees II, who arrived on January 18th. Congratulations.

Congratulations also to Dr. and Mrs. Geoffrey Lawrence, of St. Charles, Michigan, who became parents of a daughter, Pamela Lillian, on December 19th.

Dr. and Mrs. W. B. Blackwood became parents of a daughter, Sandra Sue, on January 6, 1945. More congratulations.

Osteopathic Program Fund Report

(Continued from Page 2)

the laboratory is lined with display cases for gross specimens, to which students have access at all times. A large and growing collection of gross specimens is available for student instruction in such a way that microscopic findings may be correlated with abnormalities demonstrated by the gross specimens. The laboratory contains sink, gas, air and vacuum services. It is lighted from above with fluorescent lamps.

Research Laboratory

The research laboratory provides space for microscopic and chemical investigative work with proper lighting, electric and other services for these purposes. It is used as a consultation office by the chairman of the department.

Storeroom

The storeroom is shared with the Department of Embryology and Histology, so that all microscopic slides and equipment are assembled at one central point. Each student is provided with a complete representative set of microscopic slides of pathology tissues and each is assigned his own microscope.

Microtechnique

Preparation of new specimens is not regarded as part of the student work in pathology, but is done by a technician for the purpose. The laboratory contains the usual accessories to do this work, including a Spencer Research rotary microtone, embedding oven, drying oven and materials for paraffin and celloidin sections. A large library of fixed pathological tissues is maintained for enlargement of the teaching and special collections of slides. Those rare pathologies which are not available from our own laboratory of specimens is supplemented by purchasing prepared slides.

Museum

Partially of necessity and partially in anticipation of the growing collection of gross specimens, a museum is provided on the fifth floor for demonstration of teaching specimens. This room is 10 ft. x 30 ft. and is equipped with special display cases for viewing series of related pathologies in different organs of the body and other types of teaching displays, such as charts, photographs and the like.

Summary

The Pathology Department, outlined above, except for autopsy facilities not described, makes an excellent teaching unit for this important phase of the osteopathic curriculum. The department is headed by Dr. O. E. Owen, who is a charter member of the American Osteopathic Board of Pathology. He is assisted by Mr. Ken Martin. Dr. Owen is also director of the Laboratory of Clinical Diagnosis, which does routinely all micro-

Dr. Facto on Ohio Fifth District Program

Dr. Lonnie L. Facto, member of the faculty of Des Moines Still College, and director of



Dr. L. L. Facto

clinics there, was speaker for the Fifth District's October meeting. Dr. Facto chose as his topic "Infantile Paralysis and the Kenny Method of Treatment," which subject has won great interest in its relationship to osteopathy. The first meeting of the year was held at Dayton's Art Institute on October 18.

Dr. Facto is well known as a speaker, and has been associated closely with the manipulative and therapy section of the national convention programs. Vice President of the Academy of Applied Osteopathy, he has been associated with the Des Moines college for 15 years as an instructor.

New Catalogs

The last edition of the completely revised catalog of the Des Moines Still College is just off the press. A copy will be sent on request.

Dr. Becker Opens New Offices in Florida

Dr. Arthur D. Becker, Lake Orion, Michigan, former president of Des Moines Still College of Osteopathy, has announced removal of his offices to St. Petersburg, Florida.

Dr. Becker continues his referred practice in Cardiology and general diagnosis in his new location. Dr. Becker previously carried on a similar practice in Michigan.

His many friends and former colleagues of Des Moines extend to Dr. Becker heartiest good wishes in his new location.

scopic and chemical analyses commonly used in diagnosis. Facilities of this laboratory are used not only by the college clinic, but are also available to practicing physicians.

NOTICE

If and when you change your address, please notify the Log Book promptly.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

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Volume 23

MARCH, 1945

Number 3

Anderson Scholarship For Drake Students

The following article is taken from the Drake **Times-Delphic**, Thursday, March 15.

"DRAKE TO GET \$200.00 SCHOLARSHIP"

"A new \$200.00 Scholarship, known as the John S. Anderson Scholarship for Osteopathic Study, has been set up at Drake University by an osteopathic physician in River Falls, Wisconsin.

"The Scholarship is available for the summer or fall of 1945 and application should be made with Dr. John H. Hutchinson, Chairman of the Scholarship Committee.

"To be eligible, a student must be qualified to complete study here within two years and be an applicant for admission to Still College of Osteopathy in Des Moines.

"Selection among applicants will be made by the President of Still College, a member of the Scholarship Committee of Drake, and the Dean of the college in which the student is registered."

Captain Gurka Visits at College

Captain Joseph Gurka, of the U. S. Army, returned to Des Moines for several days while on leave. Captain Gurka has served with the African, Sicilian, Italian and French invasion forces and has participated in six major campaigns. Captain Gurka received the Soldier's Medal for gallantry in action during the Sicilian campaign.

Dr. Gurka was highly pleased with the alterations at the college accomplished by means of the Osteopathic Progress Fund.

Dr. Emmans Pleased With Changes

Dr. Paul Emmans, Wellman, Iowa, visited the college briefly last week and surveyed changes since his graduation. Dr. Emmans was delighted with the fifth floor alterations creating the Department of Osteopathic Principles and Technique. He is enjoying his practice in Wellman and continues his enthusiasm for the osteopathic profession and the Des Moines college.

Cranial Technique Course

Des Moines Still College of Osteopathy

PROGRAM

Both courses in Cranial Technique will be identical. Each course consists of an initial week of anatomy and physiology of the head and central nervous system, presented by Dr. Paul E. Kimberly, Professor of Anatomy at Des Moines Still College of Osteopathy. The second week is to be devoted to practical instruction in cranial technique under the guidance of Dr. W. G. Sutherland, St. Peter, Minnesota, and his assistants Dr. Beryl E. Arbuckle, of Philadelphia, and Dr. R. S. McVicker, of The Dalles, Oregon.

Thursday and Friday of each week of practical instruction are reserved for presentation of cranial cases.

Registration

Any osteopathic physician is eligible for enrollment in the course. Regardless of previous experience in cranial technique, each registrant is required, however, to enroll for the entire two weeks. Registrations for enrollment must be made and must be completed by the matriculation fee of \$50.00. In order to provide the best instruction possible, each course will be limited in enrollment. Total fee is \$150.00.

Only one more registrant will be allowed in the April 16th class. No more will be allowed in the April 9th class.

A list of those enrolled at present follows:

April 9—

1. Dr. W. A. Newland, Seattle, Washington
2. Dr. C. H. Soden, Philadelphia, Pa.
3. Dr. John W. Early, Rahway, New Jersey
4. Dr. P. N. Lovewell, Northville, Michigan
5. Dr. Victoria Lovewell, Northville, Michigan
6. Dr. J. F. Keating, Bradford, Vermont
7. Dr. Katherine B. Beaumont, Portland, Oregon
8. Dr. S. L. DeLapp, Rosburg, Oregon
9. Dr. James Simons, Grand Rapids, Michigan
10. Dr. L. Verna Simons, Grand Rapids, Michigan
11. Dr. Elsie Whiting Weeks, Boston, Massachusetts
12. Dr. Charles Hartner, Madison, Nebraska
13. Dr. Dale Weidon, Greenville, Michigan
14. Dr. L. E. McOmber, Grand Haven, Michigan
15. Dr. Reginald Platt, Houston, Texas
16. Dr. Cecil Warner, Lowell, Michigan
17. Dr. Clifford Keating, Rumford, Maine
18. Dr. Helen A. Rohweder, Mexico, Missouri
19. Dr. Barbara E. Pleak, Springfield, Illinois
20. Dr. Charles Gnau, Fort Myers, Florida
21. Dr. N. W. Shellenberg, Rockford, Ill.

April 16—

1. Dr. Rebecca C. Lippincott, Moorestown, N. J.
2. Dr. Ruth Jones, Flushing, Long Island
3. Dr. Wm. F. Englehart, St. Louis, Missouri
4. Dr. M. Mary JoDon, Lincoln, Nebraska
5. Dr. Arvilla P. McCall, Evanston, Illinois
6. Dr. Floriene Maurer, Evanston, Illinois
7. Dr. E. M. Keller, Beaver Dam, Wisconsin
8. Dr. J. P. Hull, Newton, Iowa
9. Dr. D. E. Washburn Bay, Toledo, Ohio
10. Dr. T. L. Northrup, Morristown, New Jersey
11. Dr. Marvin Wilson, Madison, Wisconsin
12. Dr. Albertina M. Gross, Joliet, Illinois
13. Dr. Lecta Fay Kinney, Chicago, Illinois
14. Dr. R. H. Downing, Quincy, Illinois
15. Dr. Blanche Allen, Bryn Mawr, Pa.
16. Dr. Winifred McLravy, Grand Rapids, Mich.
17. Dr. Alice Paulsen, Toledo, Ohio
18. Dr. James Keller, Jennings, Louisiana
19. Dr. A. V. Mattern, Green Bay, Wisconsin

Dr. Marcus Bach Addresses Graduates

At the commencement exercises, February 23rd, the graduating class was addressed by Dr. Marcus Bach, Assistant to the Director of the School of Religion at the State University of Iowa. Dr. Bach's topic, "In Search of Utopia," was elucidated by a review of some of the customs of the Little Known Religious Groups, the Icarians and Hutterites. Dr. Bach has made a special study of many such groups in the United States and Canada, including the Trappist Monks, Penitentes, Doukhobors and many others. Dr. Bach's delightful sense of humor and sympathy for the viewpoints of these minority groups has enabled him to obtain access to and, in many cases, make phonographic recordings of their religious services. Dr. Bach presents this material in a course at the State University of Iowa, which has one of the highest enrollments in the university. Each Tuesday and Thursday this work is broadcast from the broadcasting station at the State University to a large and every growing group of listeners.

Internships

All of the class, which Dr. Bach addressed, have taken internships as follows:

Hoy E. Eakle, Doctors Hospital, Columbus, Ohio
Frederick T. Lowrie, Doctors Hospital, Los Angeles, Calif.
William Stoler, Art Center Hospital, Detroit, Michigan
Stanley S. Conrad, Art Centre Hospital, Detroit, Michigan
Carl Nagv, Des Moines General Hospital, Des Moines, Iowa
Wendell H. Taylor, McLaughlin Osteopathic Hospital, Lansing, Michigan
Alfred Bookspan, Lutheran Hospital of Manhattan, New York City

Distinction

Of the group above, Drs. Hoy Eakle, Frederick Lowrie and William Stoler were graduated With Distinction.

Chapman's Reflexes

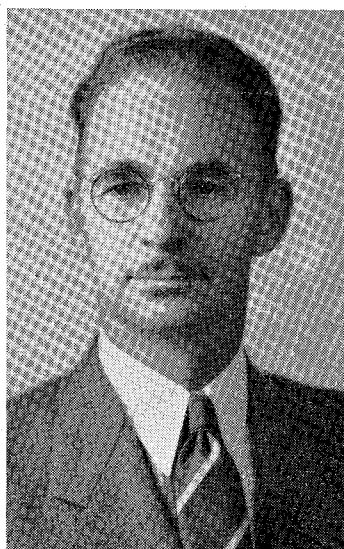
During the past week Dr. Paul E. Kimberly made a flying trip to Chattanooga to study with Dr. Charles Owens the work of Chapman's Reflexes. Dr. Kimberly reports not only a very pleasant but also a very instructive series of sessions with Dr. Owens.

Following the discussion with Dr. Charles Owens and Dr. Ada (Continued on Page 4)

The Dean's Letter

Dear Alumnus:

It was to be expected that the raising of entrance requirements would temporarily curtail osteopathic college enrollments. Under normal conditions this curtailment would have been overcome in two or three years and the colleges would now be operating with full quotas of students. But the manpower demands of the war years have depleted the source of supply until new registrations have become practically nil, and graduations have seriously reduced total student enroll-



Dr. M. D. Warner

ments to approximately twenty-five per cent of normal.

The reduction in osteopathic student bodies bears directly upon the osteopathic profession in a twofold manner. Our professional age is such that we are entering the period of a high professional mortality rate due to death and retirement. Current graduations are scarcely equal in replacements, and our professional growth will necessarily be slowed or stopped for several years.

The Doctor Himself

Secondly the reduction in tuition incomes came at the very time our colleges were launched on a program of progressive improvement, and in spite of successful campaigns for funds, has diverted attention to current financial problems to the extent of impeding the improvement program.

The profession has been awakened somewhat to the actuality of professional dependence upon its educational system insofar as qualitative osteopathic progress is concerned. But this awakening needs to be more than a mere yawn and a return to slumber. It must be a "wide awake, jump out of bed and go to work" proposition and it must be carried over into the quantitative as well as the qualitative aspects of progress. Without this sort of profession-

al interest, work and sacrifice on the part of the whole profession, progress is apt to become a struggle for mere existence. The colleges need both money and students and there is at the present time just one source of supply, the doctor himself.

Successful campaigns for lay funds can be conducted only after the profession has given to the utmost and after that giving has materialized in concrete improvement far beyond present achievements. (Which achievements, by the way, have favorably impressed every alumnus who has visited the college since the reconditioning of the fourth and fifth floors.) **Student numbers can be increased only by definite endeavor of every alumnus to interest young men and women in studying osteopathy.** The college has no means of making direct contacts, but must rely, except occasionally, on inquiries from prospects whose interest has been aroused by the physician himself or by some teacher or vocational guidance counselor who is informed on the opportunities in osteopathic education.

Contact

For the next two years, at least, a majority of entering students will necessarily be ex-service men and women. **Various schemes and proposals have been made for getting information concerning osteopathic education into the hands of Veterans. Most of them have some merit, and are worthy of promotion but the fact still remains that the most productive method is direct doctor-prospect contact.**

D.M.S.C.O. has been formally approved by the office of the Department of Instruction, state of Iowa, and by the Regional office of the Veteran's Administration as a Veteran's Training Facility. The college is in almost constant contact with the local Regional office of the Veteran's Administration. **It has made direct contact with or has mailed catalogues and literature to:**

All Regional Offices of the Veteran's Administration
The State Rehabilitation office
The United States Employment Service
The Veteran's Advisory Service

All separation centers

A list of all discharged veterans of Polk County.

Indications are to date, that inquiries actually stimulated by these endeavors are practically nil. We are receiving inquiries (but not nearly enough) from both service men and ex-service men. The majority of these inquiries indicate that interest in osteopathy was stimulated before entering service or by an alumnus in service himself. There is an apparent lack of effective endeavor on the part of practicing physicians to acquaint ex-service men with osteopathic opportunity.

Source

Statistical information reveals that there are approximately 3,810,000 men in service with high school education or better. Of these, 900,000 have expressed definite or tentative plans for continuation of education after discharge from service and are therefore considered as the potential undergraduate group. From our experience with inquiries from servicemen, only a very few have completed pre-professional requirements. Therefore, even with the large number of men already discharged and being discharged, the prospects for an immediate increase in the student body by enrollment of ex-servicemen is remote. If freshmen enrollments were brought to normal during this year, which is not at all likely, it would be at least four years before the student body would be up to the normal quota. This is all the more reason why student recruiting is a definite must for every alumnus.

The provisions for training of veterans contained in the so called G. I. Bill of Rights should facilitate the approach to prospects and make it attractive to the Veteran, even though it be necessary for him to complete eligibility requirements. The procedure for approval is simple. Every Veteran (honorably discharged after ninety days service) who entered service before his twenty-sixth birthday is eligible for training. Those over twenty-six must prove that enlistment interfered with their education or must confine their training to refresher work in their previous occupation.

Application

The veteran makes application for training on Rehabilitation Form 1950 to any one of the regional offices of the Veteran's Administration. To this form he must attach a certified copy of his discharge or release from active service. The information on the form is checked to determine eligibility and the amount of training time, which is one year plus an additional period equal to the length of service.

(If the veteran has a service connected disability requiring vocational rehabilitation to overcome the handicap, he or she should consult the nearest office of the Veterans Administration as to the possibilities of training under the Vocational Rehabilitation Act, the benefits of which are more liberal.)

The Veteran eligible for benefits under either service act may elect which benefit he or she desires. A certificate of Eligibility and Entitlement is furnished the veteran. He then presents this to the college of his choice (it need not be located in the state of his residence) and is enrolled by the college. Naturally, he must be qualified scholastically for entrance and must maintain conduct and scholarship

according to regularly prescribed standards of the college.

Charles K. Morse, a training supervisor of Professional Occupations, Vocational Rehabilitation and Education service of the Veterans Administration says, "The Servicemen's Readjustment Act of 1944 presents great and unprecedented educational opportunity to these veterans and constitutes a challenge to the training facilities of the United States, particularly the institutions of higher education and more particularly those institutions which offer professional training."

Des Moines College

Your alma mater is an approved training facility of the "more particularly" type to which this challenge is issued. As an alumnus, the challenge is reflected directly to you. It is your duty to the veterans and your obligation to the college to inform him or her of this "great and unprecedented educational opportunity" in studying osteopathy. You are in daily contact with the parents of servicemen and women and with the veterans themselves. With an estimated backlog or "college potential" of 900,000 who have expressed definite intentions to continue their college education after discharge and 2,900,000 servicemen with educational backgrounds of high school graduate level or better, who have not made plans for future education, is there any understandable reason why the osteopathic colleges should not receive their full quotas of students? The answer rests entirely with you.

Faternally yours,

—M. D. WARNER, Dean.

Graduate Ex-Service Men Attend College For College Work

Dr. Fritz Benz, formerly Pharmacist Mate in the U. S. Navy, has received a medical discharge. Dr. Benz returned to the college to discuss plans for refresher work before returning to his practice at Quasqueton, Iowa. Dr. Emil Braunschweig, who was discharged from the service late in January, is now completing plans to continue graduate work in the Des Moines Still College of Osteopathy.

Dr. Benz will take a year's work to complete requirements for license in surgery in Iowa, under the "G.I. Bill of Rights." Dr. Braunschweig plans a none extended course under the terms of the **Veterans Rehabilitation Program.**

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

Editor.....Hugh Clark, Ph.D.

Osteopathy Without Limitation

Living Endowment Fund

The Living Endowment Fund has reached in pledges \$16,063.00. Of this amount \$9,600 has been paid. There are 125 contributors. The average pledge, therefore, is \$129.50. The average amount paid on pledges is approximately \$80.00. The remainder on the unpaid pledges is contracted on a monthly basis.

Purpose

The purposes of the Living Endowment Program, as previously stated, are

- (1) to provide operational expenses for the necessary expanded curriculum,
- (2) provide for increased elevation of standards in the Des Moines Still College,
- (3) balance the budgetary deficit caused by declining student enrollment,
- (4) establish a fund whereby students may obtain more osteopathic education than their dollar will buy,
- (5) set an example of professional contribution for other osteopathic college alumni, as well as interested laymen.

Plans

For many years osteopathic colleges tried to provide an education for its students on a basis of student fees and meager clinical income. Educational experience in all types of higher education has demonstrated the fallacy of this principal. **This is particularly true of medical institutions where the cost of education per student is higher than for non-scientific training.** The average student contribution toward his education, in all types of higher education, is approximately one-third of the total cost. That means that the osteopathic college is called upon to furnish \$2.00 for each dollar contributed by the student. This obligation can be met by (1) clinical and hospital fees, (2) professional contributions, (3) civic, state, or federal tax support (such support is not a probability in the immediate future). We are, therefore, dependent upon the two former sources of additional income. The first is an obligation of the college, the second is an obligation of the profession. The Des Moines Still College of Osteopathy is doing its utmost to increase revenue from its several clinical departments. The college urges the profession to recognize its responsibility in meet-

ing its obligation to osteopathic education.

Education

The osteopathic colleges are called upon frequently to validate claims of excellence of ambitious professional leaders. They are valiantly seeking to maintain standards such as are claimed for them. **The fact that colleges are the ultimate standard of professional competence for osteopathic physicians points clearly to the need for osteopathic institutions.**

If the colleges are to continue expansion of faculty, laboratories and clinical facilities, libraries and physical plants, in addition to financing research programs, they must have the generous upport of their colleagues in the field. Each man should ponder seriously the implication first of declining standards in the educational institutions, which certainly must ensue if expansion funds are not forthcoming, and second, the prestige that will follow continued expansion of the osteopathic curriculum in its various branches.

What actually does this mean in terms of funds? Let us take the Des Moines Still College alumni organization for an example. There are approximately 1,000 active practicing alumni. If each alumnus were to contribute the Living Endowment average thus far (\$129.50), the income of the college would be augmented by more than \$125,000.00. What sacrifice does this mean to the average practicing physician? It means that he is asked to give one osteopathic treatment per week for the college. **(Doctor, is that really a sacrifice?)**

Therefore, every osteopathic physician should plan in his budget a small monthly contribution to the college. \$10.00 per month will mean little out of your personal budget, but in the aggregate, it will mean a tremendous boon to the advancement of osteopathic education. Each alumnus has received a letter of explanation of the Living Endowment Program. Each one has received two letters of solicitations from the alumni organization. Each one knows the tremendous value to the profession of constantly increasing improvements in our colleges. **Each one, therefore, should respond by a pledge of support to the limit of his ability. The list of contributors to date are as follows:**

CALIFORNIA

Walter V. Goodfellow, Los Angeles

COLORADO

Paul R. Isaacson, Denver

GEORGIA

Dr. W. C. Holloway, Thomasville, Georgia

C. A. Means, Marietta

IOWA

Dr. Clive R. Ayers, Grant, Iowa
L. D. Barry, Williams

Dr. Ethel L. Becker, Ottumwa, Iowa
Dr. Martin Biddison, Nevada, Iowa

Harlan Bobenhouse, Earlham
Ralph E. Brooker, Grinnell
Gladys Worth Burke, Council Bluffs

Della B. Caldwell, Des Moines
Fred D. Campbell, Des Moines
Byron L. Cash, Des Moines
W. P. Chandler, Jr., Persia
Lester P. Fagen, Des Moines
Dr. J. R. Forbes, Swea City, Iowa

Beryl Freeman, Des Moines
Howard A. Graney, Des Moines
Dr. Robert G. Hatchitt, Des Moines, Iowa

E. S. Honsinger, Ames
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E. F. Leininger, Des Moines
H. J. Marshall, Des Moines
John Q. A. Mattern, Des Moines
L. A. Nowlin, Davenport
P. L. Park, Des Moines
T. C. Peace, Redfield
Rachel A. Payne, Des Moines
J. P. Schwartz, Des Moines
Earl O. Sargent, Des Moines
C. E. Seastrand, Des Moines
D. E. Sloan, Des Moines
Roy G. Trimble, Montezuma
B. A. Wayland, Cedar Rapids
Dr. R. W. Westfall, Ackley, Iowa
G. A. Whetstone, Wilton Junction
E. J. Winslow, Stockport
Harry E. Wing, Ottumwa
Joseph R. Woloschek, Des Moines

KENTUCKY

Martha D. Beard, Franklin

MICHIGAN

G. Tracy Akens, Detroit
W.C. Andreen, Wyandotte
Chas. C. Auseon, Hillsdale
Hal W. Beals, Jackson
Dr. Alan Becker, Jackson, Michigan

L. D. Benedict, Tonla
Charles Bennett, Detroit
Harold Belf, Detroit
Harold Bowden, Homer
E. F. Brasier, Munising
Wm. F. Costello, Detroit
Joseph C. Cullen, Detroit
Verne H. Dierdorff, River Rouge
Donald J. Evans, Detroit
John W. Eddy, Detroit
Alfred A. Ferris, Highland Park
Scott Fisher, Detroit
Douglas Frantz, Uby
Lionel Gaten, River Rouge
Chas. J. Gorsell, Detroit
Leonard J. Grinnell, Leslie
Marcus S. Gerlach, Detroit
Robert K. Homan, Detroit
C. H. Fedson, Grand Rapids
J. Clark Hovis, Highland Park
L. LeGale Huddle, Ferndale
Leroy Jagnow, Sheridan
Howard A. Johnston, Berkeley
H. B. Juhlin, Greenville
Edward S. Kanter, Detroit
Neil Kitchen, Detroit
W. J. Laird, Ithaca
Geoffrey T. Lawrence, St. Charles
Dr. J. Paul Leonard, Detroit,
C. T. Liebum, Lansing
E. H. Lodish, Detroit
Daniel W. McKinley, Grosse Pointe Woods

D. E. McKeon, Battle Creek
D. W. MacIntyre, Grand Rapids
Chase E. Mathews, Detroit
J. B. Miller, Flint
Louis M. Monger, Grand Rapids
R. L. Morgan, Cadillac
P. N. Munroe, Detroit
P. Ralph Morehouse, Albion
O. G. Neilson, Detroit

R. P. Perdue, Flint
Dr. R. W. Ritter, Detroit, Michigan

E. M. Schaeffer, Battle Creek
A. B. Schiffer, Detroit
E. A. Seelye, Lansing
Harry P. Stimson, Highland Park
David Skidmore, Detroit
LeRoy Skidmore, Detroit
Jas. & Verna Simons, Grand Rapids

W. H. Simmons, Hazel Park
L. P. St. Amant, River Rouge
L. E. Schaeffer, Detroit
C. E. Swartzbaugh, Detroit
Dr. Neil M. Woodruff, Crystal, Michigan

R. M. Woods, Brown City
Russell M. Wright, Highland Park

A. S. Yarrows, Detroit

J. M. Yagoobian, Detroit

MINNESOTA

Robert H. Clark, Northfield

NEBRASKA

Dr. F. J. Peterson, Alliance, Nebraska

NORTH CAROLINA

F. C. Sharp, High Point

NEW HAMPSHIRE

Marion G. Caldwell, Dover

NEW MEXICO

L. C. Boatman
S. W. Meyer, Hot Springs
Edmund L. Thielking, Tucumeari

OKLAHOMA

W. D. Blackwood, Hartshorne

PENNSYLVANIA

Elisha T. Kirk

TEXAS

L. V. Cradit, Amarillo

WASHINGTON

Glen Deer, Seattle
David Heflen, Seattle
D. F. Johnson, Seattle

WISCONSIN

John S. Anderson, River Falls
Charles B. Schultz, Madison

Drs. Chandler, Thielking Visit the College

Dr. William P. Chandler, Persia, Iowa, and Dr. E. L. Thielking, of Tucumcari, New Mexico, were recent visitors at the college. Both reviewed with pleasure and confidence alterations in the college plant and expressed optimism with regard to the effort of the Des Moines college. Needless to add both men are contributors to the Osteopathic Progress Fund and the Living Endowment Fund.

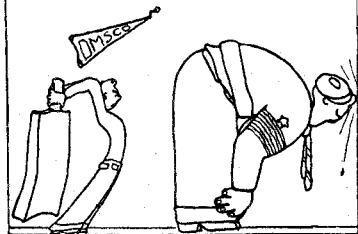
Births

Dr. and Mrs. D. H. Grau, of Muscatine, Iowa, are the parents of a son, William Hall, born February 8, 1945.

Dr. and Mrs. Alan Becker announce the birth of a son, David Alan. He was born March 7th.

BUY BONDS!

FRATERNITY NOTES



O.W.C.C.

The O.W.C.C. has planned an invigorating program for the new semester. New officers are as follows: — Alex Siudara, President; Martha Hatteson, Vice President; Doris Martin, Secretary; Helen Reichstadt, Treasurer. Ann Merrill was appointed Club Historian, with Helen Sherwood as assistant.

The regular business meetings in February were held at the homes of Mrs. P. E. Kimberly and Ann Merrill. Dr. Warner, whom we discovered is very talented along the line of verse, was guest speaker at the meeting held March 6 at the home of Dr. Velma Marston. The next business meeting will be held March 20 at the home of Ronnie Abbott, 945 Eighth St.

Plans are under way for the buncó party to be held at the YMCA Club Room, Tuesday, April 3, 1945 at 8 p.m. An evening of entertainment is in store for all who attend. There will be prizes and refreshments. Get your tickets from any member of the Club.—D.M.

ATLAS CLUB

The Atlas banquet, honoring its graduating members, Carl Nagy, Stanley Conrad and Fred Lowrie, was held at Younkers Tea Room on February 5th. Dr. Fred Campbell officiated as toastmaster and made the evening festive with his repertoire of anecdotes. Alumni present, all of whom spoke briefly, were Doctors Park, Kimberly, Deltrick, Marshall and Barquist. The evening's speaker was Dwight James, legal representative of the Iowa Osteopathic Association. He gave an interesting account of the "behind-the-scenes" legislative work which is no necessary and integral to a progressive profession. His enthusiasm and evident pride in his association with the osteopathic profession was an inspiration to all.

A regular meeting was held March 6th. The new officers are: Noble Skull, Don Mack; Occipital, Ed Yogus; Syloid, Larry Abbott; Pylorus, Francis Ayers; Sacrum, Marion Thompson. Stylus, Lenert Lorentson.

—L. L.

ΦΣΓ

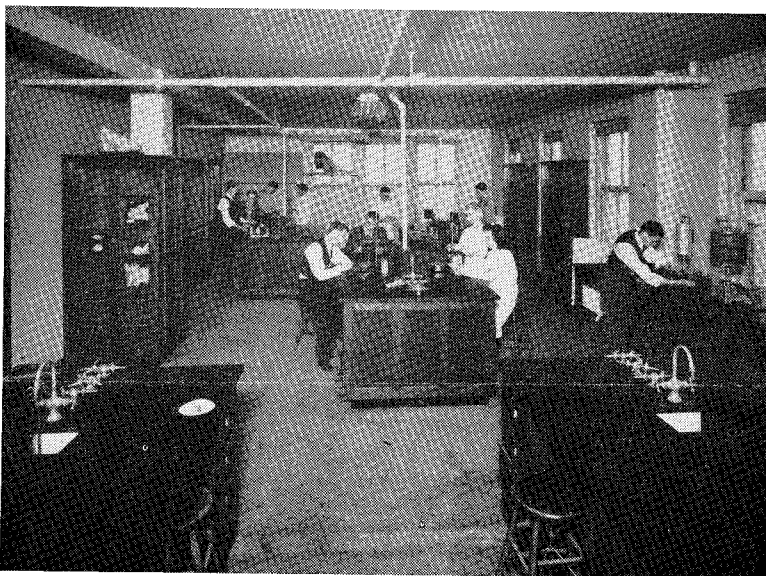
Election of officers was held at the March 5th meeting. The new officers are Archon, Mearl B. Marcy; Sub-Archon, Howard Hatteson; Pronotarius, Gordon Sherwood; Crusophulax, John

OSTEOPATHIC PROGRESS FUND REPORT

Part III

Part I—(January Log Book)—Financial Report to December 23, 1944.

Part II consisted of an illustrated report of the Pathology Department and appeared in the February Log Book.



Physiology Laboratory

Physiology and Pharmacology

The laboratory or Physiology occupies the west end of the fourth floor of the college building. In addition to this teaching laboratory, 46' x 18', two research laboratories are provided, which are respectively 13' x 16' and 13' x 13', and a storeroom. All units of the department are equipped with fluorescent lighting, air, vacuum and gas outlets and outlets for A.C. and D.C. current. The total working space in the laboratory will accommodate 42 students. Display cabinets for models and delicate equipment, as well as for supplies for the laboratory are provided. The laboratory also contains a fume hood for chemical work and kymograph smoking and a specially constructed table and rack for shellacking and drying kymographic records. Adjoining the research laboratory for physiology is a photographic dark room equipped for photomicrography, lantern slide preparation and copying black and white and color plates, and other routine photographic procedures.

Equipment

The laboratory is equipped with all routine devices for instruction on small animals as well as dogs. For experiments on humans a number of pieces of apparatus are available, including a perimeter, Benedict-Roth Metabolism apparatus, sphig-

Snyder; Exetastase, Gustaf Peterson; Phulax, Fred A. Martin.

The new officers have already been inspired by the cooperation and initiative being shown by the fraternity members and alumni.

A business meeting consisting of a discussion led by Dr. M. D. Warner and a luncheon was held on March 19th. At this meeting

mographs, Van Slyke gas analysis apparatus, respirometer, as well as many smaller items of equipment.

Instruction in the department is extremely thorough and is under the direction of Dr. R. Dean Shick, who came to the college from the University of Oklahoma following a year in the Ohio State University Medical School.

Animal House

Animals used in physiology and pharmacology experiments are housed on the sixth floor, constructed with a view to continued expansion of experimental work in these departments.

Visual Education

The department has access to both silent and sound motion picture projectors as well as slide projectors for 2 x 2, 3 x 4 and reflected illustrations. Models of various parts of the body and charts are used in the presentation of this material to their best advantage. An ingenious device, a mechanical demonstrator of the interaction of hormones on the menstrual and pregnancy cycles, is also available for study.

Staff

In addition to Dr. Shick, mentioned above, Dean M. D. Warner and Norbert Heichelbech, formerly of the Louisville College of Pharmacy, assist in the presentation of the work in Physiology and Pharmacology.

The dates were set for the initiation and formal banquet for Pledge Wilmoth J. Mack of Des Moines. Plans for the year's activities were made. The new officers have selected speakers and discussion leaders for the bi-monthly meetings. The fraternity brothers appreciate the time given by alumni and friends.

Freshman Class

The Des Moines Still College of Osteopathy, on February 26, registered three freshmen: Charles Alexander of Des Moines, Harold Pierce of Boston, Mass., and Marvin Tate of Flint, Michigan. The Log Book expresses for the entire college organization a cordial welcome to these new enrollees.

There are in all seven freshmen; nine sophomores; seventeen juniors and ten senior students, totaling forty-six undergraduates. Additionally five graduates are registered with the College (Dr. Carl Waterbury, Fellow in Obstetrics; Dr. Earl O. Sargent, Dr. James Woodmansee, Fellow in General Clinics; Dr. Emil Braunschweig and Dr. Fritz Benz, recently discharged from the armed services.

It is hoped, of course, that enrollment in the College has reached its permanent low point; the figures given above should encourage the reader to study thoughtfully and then act upon the advice of the current Dean's letter.

Current figures supplied by national educational authorities indicate that our enrollment is approximately at the level of other predominantly men's private schools. In the interest of the welfare of the profession every person interested in future manpower of Osteopathy must seriously consider filling the classrooms of osteopathic colleges with students of professional calibre and students with a sincere interest in practicing Osteopathy.

Dr. Harold Heideman

Accompanies Team

To Des Moines

Dr. Harold Heideman, physician for the athletic teams of the Coggon High School, accompanied the girls' basketball team to Des Moines for the State Tournament. Dr. Heideman escorted his team through the Des Moines college and visited with old and new friends at the college.

Chapman's Reflexes

(Continued from Page 1)

Chapman, all copyrighted material, including books, pamphlets and charts, were assigned to Dr. Kimberly.

Consequently future inquiries with regard to literature or other phases of Chapman's Reflexes should be referred to Dr. Kimberly at the Des Moines Still College of Osteopathy.

Several informal social functions have been held in the past few weeks with good attendance. Each meeting has been a credit to the mutual cooperation of the brothers.

—H. F. E.

NOTICE

If and when you change your address, please notify the Log Book promptly.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 23

APRIL, 1945

Number 4

College Receives Books, Instruments from Estate Of Dr. T. B. Larrabee

Mrs. T. B. Larrabee presented the college library with more than 50 books, including Riggs, "Theory of Osteopathy", Still, "Philosophy of Osteopathy", Ashmore, "Osteopathic Mechanics", McConnell, "Practice of Osteopathy", Hazzard, "Practice of Osteopathy" and Laughlin, "Anatomy in a Nut Shell". The entire set constitutes a well rounded, well balanced physician's library, for which the college is most grateful. Many of the osteopathic books are out of print and were not previously in the college library. Mrs. Larrabee also presented a number of instruments for use in the college clinic.

Dr. Larrabee, an alumnus of Des Moines Still College in the class of 1902, passed away October 1st at the age of 73. He had practiced in Webster City, Iowa, more than 30 years and was a pioneer of the profession in Iowa. For more than 10 years he served as Secretary of the State Society and for many years was a member of the Corporate Board of Des Moines Still College of Osteopathy.

College Host to 44 Postgraduates

44 osteopathic physicians, from some 20 states, are now gathered at the college for an intensive course of Craniology and Cranial Technique. The course is conducted by Dr. W. G. Sutherland, Dr. Beryl Arbuckle, Dr. Raleigh McVicker in its practical and clinical phases; and Dr. Paul E. Kimberly, Professor of Anatomy at the college, in its anatomical and physiological phases.

Additional registrants beyond those listed in the March Log Book are Dr. John Fox of Cedar Rapids, Iowa, Dr. Leo Harrison of Cherokee, Iowa, Dr. Kenneth Little of Alton, Illinois, Dr. Glenn A. Baird of Hiawatha, Kansas. The college and faculty regret that it has been necessary to refuse admittance to some applicants, however experience has shown that, in order that all may profit by attendance in the practical phase of the work, the number must be curtailed.

Another course will be held in the not too distant future to accommodate those who were unable to enter at this time.

May Is Named Pay-up Month By Osteopathic Progress Fund

Dr. Deitrick Named Director of Clinics

The Board of Trustees appointed Dr. L. A. Deitrick as Director of Clinics at their regular meeting Thursday, April 19. Dr. Deitrick is a graduate of the Des Moines Still College of Osteopathy in the class of 1941. Following his graduation Dr. Deitrick served an internship at the Des Moines General Hospital and later entered private practice in South Dakota. He left a successful practice to return to the College as Professor of Osteopathic Therapeutics in January, 1944. Simultaneously with his lecture work Prof. Deitrick served as associate clinician with Dr. L. L. Factor, for 14 months. When the X-ray was installed in September, 1944, Dr. Deitrick served as associate director of that department.

Through his thorough attentiveness to the osteopathic concept and lucid presentation of subject matter in Osteopathic Therapeutics, Professor Deitrick has made an enviable reputation with classes of undergraduates. He has been named class adviser to the senior class by the Dean and has served in that capacity for three classes, recently graduated. His enthusiasm and comprehension of osteopathic therapeutics provide a basis for clinical instruction which surpasses, if possible, his reputation as lecturer. His faculty of thorough understanding enables a clear presentation of both pathology and remedy to students engaged in clinical work. His industry and wholehearted cooperation with students and colleagues revive the time-honored precept of education—teaching by example. The college could hope for no more laudable goal that emulation of Director Deitrick's studious habits, industry, understanding of osteopathic concept and methods, cooperation, loyalty and foresight by both students and colleagues.

Clinic Plans

Additional to the appointment of Dr. Deitrick as Director of
(Continued on Page 2)

Watch for Big News in Next Issue

Dr. Sanchez Passes Away April 10

The following article is reprinted from the **Iowa Osteopathic Physician**, for April, 1945:

Dr. Leo B. Sanchez, 45, Des Moines osteopathic physician, died Tuesday, April 10, at Iowa Methodist Hospital, following a two month illness. Dr. Sanchez had practiced in Des Moines for about one year, maintaining offices in the Equitable Building where he was associated with Dr. George W. Marston.

Dr. Sanchez spent most of his life at New Orleans, Louisiana. Following his graduation from Des Moines Still College of Osteopathy he returned to that city to engage in practice. He became director of Clinics for the Higgins Ship Building Corporation in New Orleans, retiring from that position about two years ago because of ill health.

He was a member of the American Osteopathic Association, the Iowa Society of Osteopathic Physicians and Surgeons, the Sixth District Society of Osteopathic Physicians and Surgeons and the Polk County Osteopathic Society.

Surviving are a son, Staff Sgt. William Gibson Sanchez, now in Italy and a brother, Albert F. Sanchez, New Orleans.

Dr. Reames Named Jr. C. of C. President

Dr. Philip W. Reames, 1942 graduate of Des Moines and now physician and surgeon at the Compton (Calif.) Hospital, was unanimously selected as President of the Compton Jr. Chamber of Commerce for the coming year. Although he had been in the group for only a few months, Dr. Reames gained popularity and was elected to the Board of Directors in January. He has been active in the organization, lending a hand in the Sixth War Loan and the recent Red Cross Drives.

Plan to Clean Up Outstanding Pledges

The biggest story of the Osteopathic Progress Fund Campaign and Des Moines Still College improvements will be announced next month. Every doctor who has not yet completed payment of his original pledge to the Osteopathic Progress Fund is asked to make arrangements to pay in full during May. Don't let this opportunity pass.

Each doctor who has part of his pledge still outstanding will receive a statement from Mr. Nelse Hansen, Treasurer of the Des Moines Still College Osteopathic Foundation, on May 1. Please cooperate by remitting the balance of your pledge immediately. Full details will be published in the Log Book for May.

Dr. Meyer Opens New Mexico Hospital

Dr. Sherman Meyer, formerly of Algona, Iowa, opened the Meyer Hospital in Hot Springs, N. M., March 17th. The Hot Springs Herald reports, "Both the hospital property and the two-story building adjoining have been remodeled and redecorated. The operating and X-ray rooms will both be furnished with new up-to-date equipment. Patients' rooms will all be furnished with modern Simmons double, crank-up beds and inner spring mattresses. The building will be heated with a thermostatically controlled oil burning furnace.

The capacity of the new hospital will be ten adult beds, one child's bed and four infant's cribs.

The staff of the Meyer Clinic and Hospital is as follows: S. W. Meyer, D.O., and R. O. McGill, D.O., physicians and surgeons.

Dr. Deitrick Named Director of Clinics

(Continued from Page 1)

Clinics, Dr. M. D. Warner has been appointed Supervisor of Clinics, correlating clinical instruction with other phases of the osteopathic curriculum. Dr. Carl Waterbury was named Director of the obstetrical clinic, a continuation of the post which he now holds.

Plans for development of the clinics announced by Drs. Warner, Deitrick and Waterbury include departmentalization of the clinics and election to the staff of part-time specialists for the several departments. It is the goal in reorganization to establish a staff commanding the respect of practicing physicians of the midwest and subject to their call for diagnostic and therapeutic consultation. It is hoped that this staff will be well organized at such time that the new clinical hospital will be in operation. The clinical organization may then be incorporated in the Teaching Clinical Hospital as a unit which can cooperate with the hospital staff.

Most significant innovation in the revised clinic plan is the creation in conjunction with the Department of Obstetrics and obstetrical clinic of an active pediatrics clinic. This is operated under the combined direction of Drs. Deitrick and Waterbury, with a rotating student service. Similar "services" are planned for other departments of the clinic.

A similar expansion of student service has occurred in the Department of Roentgenology in which students obtain technical and diagnostic training in conjunction with the course in laboratory diagnosis.

College Plans Graduate Work in Technique

Plans are being completed by the Des Moines Still College of Osteopathy for graduate work in three phases of Osteopathic Technique. The courses are being organized by the Departments of Anatomy and Osteopathic Principles and Technique.

Series

The first course will be presented in July and will consist of a review of the Autonomic Nervous system and **Chapman's Reflexes**.

The second will be presented in September and will emphasize **Spinal Technique**.

The third course will follow the second immediately and will develop further the program in **Cranial Technique**.

Birth

Dr. and Mrs. Harry P. Stimson, Highland Park, Michigan, are the parents of a son, Harry Richard, born March 16th.

The Dean's Letter

Dear Alumnus:

In a recent book, "The Road to Serfdom," Friedrich A. Hayek states, "We must create the conditions that make for progress rather than 'planning progress'". Stripped of its context the statement is somewhat misleading. Although the author takes issue with a planned economy I doubt that he intends to denounce all planning. We cannot plan progress but we can plan for progress.

Creation and development require planning and orderly construction. Haphazard construction and disorderly growth are inefficient, wasteful and productive of weak, unstable and hazardous architectural and institutional monstrosities. Planning is essential to the building of bridges, skyscrapers, social institutions and progressive movements. The plans must be sound in principle, accurate in detail and must include full consideration for prevailing conditions both controllable and uncontrollable. Plans and blueprints are estimated needs and projected directions for orderly procedures in systematic and progressive construction. But unless fully and completely materialized, plans are as ephemeral as unborn ideas and as useless as undeveloped blue prints.

Metaphor

History is littered with uncompleted and undeveloped structures that stand in solitude and desolation like those roofless gaunt ghosts of the bursted bubble of the Florida boom, symbols of plans and efforts wasted on principles and conditions as fickle and unsound as the sand on which these palatial projects stand crumbling in their uncompleted magnificence. Or their ruins are as grotesque and haunting as that fantastic pile of rocks and mortar at Mount Ne in the Arkansas twilight known as "Coin" Harvey's pyramid, an uncompleted monument to a false idea.

Let-Down

More tragic are the uncompleted ruins of sound ideas and right principles halted in their development not because of errors in judgment or the impact of adverse conditions but because of dissipated enthusiasm or discontinued endeavor on the part of their proponents. Such it seems to me is the present status of the Osteopathic Progress Fund Campaigns. These campaigns were carefully planned. The need was urgent and the cause valid. Professional enthusiasm ran high and loyal contributors pledged over a million dollars but the total fell far short of the goal. And this goal is but the first in a succession of goals that must be attained if osteopathic progress is to be that which you and I not only desire but must achieve. Progress is not an end that in and of itself may be achieved. It is a moving dynamic endeavor toward an ever receding goal of perfection.

Osteopathic Education

It requires only a minimum of mental effort to realize that osteopathic professional progress is almost entirely predicated on progress in osteopathic education, and one need not be an accountant or a mathematician to understand the financial necessity of our osteopathic colleges. Not only must the Osteopathic Progress Fund Campaigns be revived and prosecuted to a successful conclusion but other campaigns must be planned and executed for sustenance, as well as progress, until the famine created by wartime conditions has subsided. Continued professional support of the colleges is an imperative.

Recently we received an unsolicited letter (and a check) from an alumnus which said, "In view of present limited enrollments and increased costs I realize the acuteness of your financial problems. I am therefore paying my next year's pledge in advance." This doctor had already pledged and paid substantial sums to both the Progress Fund and the Living Endowment Fund. He is a member of the \$500 club.

Doctor! Have you made your contribution or are you one of the 63% of D.M.S.C.O. alumni who is riding the bandwagon of progress on some else's ticket?

Faternally,

M. D. WARNER, Dean.

Volume 1, No. 1— The Aggressor

The Log Book wishes the best of success and offers congratulations to the students of Kansas City College of Osteopathy and Surgery, who have issued a new bulletin "The Aggressor". It is well arranged, carefully prepared and lively. The first issue is six pages and will supplement the College Bulletin in presentation of news about the college.

Dr. Sam Kuramoto Visits College

Dr. Sam Kuramoto, of Webster City, Iowa, returned to the college for a brief visit recently to seek relaxation from his heavy practice and to review alterations at the college. Dr. Kuramoto is highly pleased with the remodeled Department of Osteopathic Principles and Technique created since his graduation in October, 1944.

Others Are Doing It!

The following quotations are taken from the Journal of the Association of American Medical College for March, 1945. They indicate that we are not alone and that the techniques of others are not very different from ours. **Have you contributed, Doctor?**

Long Island College of Medicine

"Contributions through the Development Fund still in progress, comprised the largest single item on the report with a total in gifts secured up to January 1 1945, of \$63,784.05. This fund was used to provide new laboratories for the departments of medicine, anatomy, biochemistry and radiology, for which extensive structural alterations have been made in the Polheums Memorial Building, the Hoagland Laboratory Building and the Polak Laboratory."

"A sum of \$500 was added to the prize award established in 1943 through the gift of \$1,000 in memory of Robert R. Benedict, Jr. The income from the \$1,500 now constituting the gift will be used for a prize to be awarded each year to the member of the graduating class presenting the best thesis or study on a psychiatric problem."

University of Pittsburgh School of Medicine

"The department of surgery has received an anonymous contribution of \$20,000, to be used for teaching and research in the department."

University of Virginia Department of Medicine

"Dr. Stephen H. Watts, former professor of surgery, has added a gift of \$5,000 to an earlier gift of \$15,000 for a Book Fund for the Medical Library. A gift of \$500 has been received from Dr. Francis McGovern of Danville, Virginia, for the purchase of books in the fields of ophthalmology and otolaryngology for the Medical Library."

3 Students Complete Laboratory Training

Miss Estella Farley, in charge of the Clinical Laboratory, and Dr. O. E. Owen, Director of the Laboratory, have completed the training of three visiting students.

Mrs. Mona Allschuler, assistant to Dr. Charles Hartner of Madison, Nebraska; Miss Leora Ball, assistant to Dr. B. A. Storey of Tipton, Iowa; and Dr. Don McDonough of Davenport, Iowa, have made special effort to learn and review laboratory techniques.

Several "graduates" of the laboratory course report a successful use of material learned during the special course. The course is offered on special request and the instruction is of a tutorial, completely practical nature.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

Editor.....Hugh Clark, Ph.D.

Osteopathy Without Limitation

Supply of Students For 1946*

Sources of supply of premedical and medical student for 1946 and the years immediately thereafter which may still be war years were considered by the Executive Council at a meeting held February 10th. At the moment the outlook is still bad. The only relief can come through congressional action. Congress is vitally interested in the health and welfare of the Nation. It is aware of the probable shortage of physicians for the civilian population in the next three or four years. It is not likely that many, if any, medical officers can be released from service for some time to come because of the state of the war and the need for physicians in occupied countries for which medical relief must be provided not only for the armed forces but for civilians. Therefore, the outlook for relief for us here at home is not promising.

But the immediate concern is whence will come the supply of premedical and medical students to provide a continuous flow of physicians to meet all needs, especially of civilians. There is apparently nothing to hope for from Selective Service which must induct all physically accepted men when they reach the age of 18 years. Any student who is matriculated in a medical school and who enters on his studies in medical school before he reaches the age of 18, may be deferred. But, there will be very few of these. At present not more than 10 or 12 are now in medical schools.

Little relief can be expected to come from veterans, except, perhaps, from men in hospitals who will be discharged from service because of physical disability. All other discharged service men, or very few, can be considered for admission to medical school because of the reason for their discharge — which cannot be disclosed by the Army and the Navy without the consent of the veteran.

A.S.T.P. will not have any students to send to medical schools in 1946. The V-12 of the Navy will have only 690 men to send to medical school in 1945, about 8 men per school holding a contract with the Navy.

That leaves for consideration women and 4-F's of whom there are now about 2,000 in medical schools of the United States. Medical schools are reporting that they anticipate that they will have about 50 per cent, certainly not more than 65 per cent,

The Living Endowment — A Necessity

Through the columns of the Log Book, for the past fifteen months, I have outlined, cajoled, wheedled and begged for support of the Living Endowment. 130 alumni have responded. Two nationally distributed journals (Forum and Osteopathic Magazine) have given support to the project. We still have approximately 1000 alumni who have not contributed. To these particularly this appeal is directed.

The Living Endowment Program is a necessity for the Des Moines Still College of Osteopathy for the reason that we must continue growth, balanced expansion and progress. The reasons are set forth again:

1. Osteopathic education has existed for more than 50 years on contributions from students. It is an impossibility to provide the best in education on this basis. We must match each student's dollar with two additional dollars, in order to give him an average education.

2. Clinic income and hospital income can add only a fraction of that which is required.

3. Lay funds for operational expenses are virtually an impossibility. We are forced, therefore, to appeal to alumni.

4. The amount sought is not great from any one person. We estimate \$10.00 a month per alumnus as our goal. That would mean \$10,000.00 per month added income to the college with which

of their normal prewar quota of students.

Because of the interest Congress is taking in health of the Nation, it is possible that it will act to remedy a condition that has a strong bearing on health. It is already rumored that Congress will do something.

It must be understood clearly that medical schools are not viewing the situation from the standpoint of loss of fees but solely from the standpoint of whence will come the needed supply of physicians for civilians. If the accelerated program of instruction continues for the next three years, and it seems likely that it will, there will be a very small graduating class in 1949; perhaps none in 1950. Surely the annual death rate among physicians will overshadow completely the supply of new graduates for replacements. With a continuing increase in population, there is urgent need for studying this whole problem carefully. Should a redistribution of physicians be made? In areas in which the physician-population ratio is low, it may be necessary to devise some method whereby physicians in these areas can be induced to enter practice in an area where the physician-population ratio is high or where there is not any ratio at all because there are not any physicians in that area. There are many such areas now. Many small towns are without a physician, despite the fact that they can support one. There is need for serious thought if this problem is to be solved satisfactorily.

*Editorial from Journal of the Association of American Medical Colleges for March, 1945, reprinted in full.

This Is the Spirit

The following is an excerpt from a letter received this month:

"Being of the opinion that enrollment has hit its low, I'd like to make my 1946 payment to the Living Endowment sometime in May or June of this year, as it might help a little more in '45 instead of '46."

the students could be provided with the best that we can offer.

To what use would this \$10,000.00 per month be placed? It would provide for a program of balanced expansion, including

- (1) Additional basic science instructors.
- (2) Enlargement of the library.
- (3) Increase in the size of the clinic staff (enabling the college to staff a clinical hospital, provide a diagnostic service for physicians in the field, and increase clinic income.)
- (4) Finance a program of research on osteopathic problems in both basic science and clinical phases.
- (5) Provide faculty and facilities for a postgraduate program.

Those are the goals of the program of balanced expansion. Without alumni support, they are impossible of attainment. With alumni support, the Des Moines Still College of Osteopathy can become the foremost osteopathic college.

Doctor, act now. **Send a card or a letter stating the amount of your pledge.**

Additional members of the subscribers to the Living Endowment Program are as follows:

ILLINOIS

Lowell R. Morgan, Alton

IOWA

Harry A. Barquist, Des Moines
Georgia I. Chalfont, Oskaloosa
Don R. Hickey, Bayard
Paul E. Kimberly, Des Moines

OHIO

Robert E. Sowers, Warren

OREGON

Paul T. Rutter

WEST VIRGINIA

Ervin E. Emory, Huntington
A. B. Graham, Wheeling

MICHIGAN

Lloyd Woofenden, Highland Park

Doctors in Services Want Group Practice

A poll conducted by the American Medical Association and reviewed in Science News Letter for December 30, 1944, indicates that doctors under 42 years of age prefer association with colleagues.

"A majority of all physicians answer 'Yes' to the question of whether or not they would like to become 'associated in private practice' with an organized group of physicians," states Dr. Roberts in his own report on the poll which appears in Medical Care, a journal concerned with present and postwar problems in medical-social economics.

"The figure is 54% among the youngest men and 57% in the 25-42 age group. This," Dr. Roberts declares, "makes it clear that many of our doctors in uniform recognize, through practical demonstration, the trends within medicine which make solo practice no longer either the best or the most economical kind of service for the physician or for the patient."

"The returns show that our doctors, young and old, don't want, after the war, 'to pick up where they left off' before it," Dr. Roberts continues, referring to a statement by "one elderly editor of a medical journal" not otherwise identified. "It is clear that a great many of them want something different."

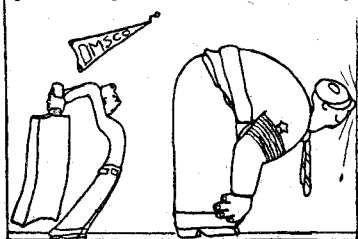
New Eye Models

Two mechanical models of the eye have just been completed by Dr. R. D. Schick, Chairman of the Department of Physiology and Pharmacology. One model shows the mechanical changes in the eyeball under conditions of myopia and hypermetropia, as well as alteration in the shape of lens to accommodate light and distance. The other smaller model demonstrates the action of the ciliary body under conditions of close and distant vision, as well as showing alteration in the shape of the lens. These are on display in the exhibit hall at the college on the fifth floor.

Dr. Alan Becker and Family Visit College

In addition to the large number of graduate students present at the College during the past two weeks, the College was favored by a visit from Dr. Alan Becker of Jackson, Michigan, Mrs. Becker, daughter Margery and son David Alan. It is a genuine pleasure to renew alumni acquaintances and hear the osteopathic news from other parts of the nation—as well as to discuss progress and plans of the college.

FRATERNITY NOTES



ITS

In the month of March, Iota Tau Sigma had the privilege of holding an interesting informal meeting at Dr. C. O. Meyer's office. Dr. Meyer demonstrated technique on Eye Ear, Nose and Throat — the highlight of the evening being an adenoidectomy performed on the spot on Jim Griffith. A few guests from other fraternities were present.

An interesting meeting is being planned for Thursday, April 26, in which Norbert Heichelbech will explain the technique of prescription writing. This will be especially beneficial to those who have not mastered the art. All Juniors and Seniors are welcome and invited. The location and time of the meeting will be posted.

ΦΣΓ

The fraternity was the guest of Dr. Owen and Dr. Mattern for a steak dinner at Wimpy's Steak House on April 12, and the boys really did justice to the wonderful meal. This was followed by a work night at the doctors' offices. We were fortunate to be able to hear Dr. Soden, the advisor of the P. S. G. Chapter at the Philadelphia College, and one of the foremost men in our profession, on correction of osteopathic lesions under anesthesia. Thanks Doctor.

The initiation of Brother Bill Mack and Brother Marvis Tate on April 8 was followed by a very successful banquet at the Windsor Inn. The talks by Dr. Owen, Dr. Clark, Dr. Mattern and Dr. Warner, together with anecdotes from others, made the dinner both informative and amusing. We were glad Brother Mack's parents could attend and we hope they will be at other P. S. G. functions.

We want to thank Dr. Laycock, Dr. Shumaker and Dr. Warner for speaking at our meetings. They added much to our gatherings.

There are doctors in Des Moines, alumni of Phi Sigma Gamma, who are not on our mailing list,* and consequently whom we are unable to invite to our fraternity functions. We would appreciate these doctors writing to the president or, better still, dropping out to the house at 2141 Grand and getting acquainted with the fellows.

—J. R. S.

NOTICE

If and when you change your address, please notify the Log Book promptly.

Osteopathic Progress Fund Report

Part IV

Part I (January) Financial report to December 23, 1944.

Part II (February) An illustrated report of the Pathology Department.

Part III (March) Illustrated report of the Department of Physiology and Pharmacology.



Bacteriology Laboratory

Bacteriology and Public Health

The Department of Bacteriology and Public Health has a well-equipped laboratory for bacteriological and parasitological work and instruction. The laboratory occupies a space 31' x 33' on the south side of the fourth floor college building. A stock room, 9' x 18', and a private office and research laboratory, 9' x 12', adjoin the laboratory on the west side. The entire teaching laboratory is equipped with fluorescent lighting. Student desks, which will accommodate a class of 44 students, are each provided with water faucets and sink, gas, electrical outlets, and ample drawer and cupboard space for equipment. Conveniently located

in the laboratory also are a large electric refrigerator, a glass-enclosed balance table with two sets of balances, a small instrument sterilizer, a centrifuge, a steam pressure sterilizer (autoclave), an incubator, a hot air sterilizing oven, and an Arnold steam sterilizer. A centrally located instructor's demonstration table is equipped with hot and cold water, air, gas, vacuum, and electrical outlets. Ample storage space for laboratory stock equipment is provided under sterilizer and incubator cabinets. Another cabinet offers space for laboratory gowns, coats, books, etc.

Animal House

Across the hall from the laboratory is a photographic dark room, adequately equipped for photomicrography, lantern slide preparation, copying plates, and other routine photographic procedures. An animal room is housed on the sixth floor of the building where small animals are kept for bacteriological, parasitological and immunological tests and experiments.

The department is equipped with all apparatus, materials, and supplies needed for general laboratory instruction and experimentation. Each student is issued, at the beginning of the semester, a microscope, a lamp, microscope slides, glassware, and all other materials, instruments, and equipment which he will need in his work throughout the course. There are several hundred newly-prepared microscope slides of bacterial and parasitic specimens also used for study and identification purposes.

Students are provided also with

numerous pure and mixed cultures of bacteria and parasite species for study and observation. From the patients registered in the college clinic and the Des Moines General Hospital, ample clinical material and specimens are obtained for study.

Visual Education

The department has a large and valuable stock of 2" x 2" slides for teaching purposes, as well as numerous charts and models. Other visual instruction equipment consists of both silent and sound motion picture projectors, slide projectors 2" x 2" and 3" x 4", and an opaque projector for reflected illustration from texts, etc.

The department laboratory and teaching facilities briefly outlined here make an A-1 teaching unit for this important and growing phase of osteopathic education. Heading the department is Professor H. W. Merrill who did graduate work at the University of Idaho and Utah State Agricultural College where he was instructor in medical zoology previous to his coming to Des Moines.

April Osteopathic Magazine Honors Iowa

The April issue of Osteopathic Magazine is largely devoted to Osteopathy in Iowa. Pursuing the policy established some time ago, of recognizing individual states, the editor chose to honor Iowa at this time.

The issue, except for an article on "Changing Patterns in Health Care", by Dr. Robert E. Cole, is written by Iowans about Iowa. The contents include, "A War-time Country Doctor" by Dr. J. R. Forbes of Swea City; "Portrait of a Physician" by Dean Warner of the College; "Osteopathy Challenges Women", by Dr. Mary E. Golden, Professor of Pediatrics at the College and Trustee of the American Osteopathic Association; "The First Fifty Years", a story of the College by Hugh Clark, its president; "A Place in the Sun", a review of the history of the Profession in Iowa by Dr. Ray B. Gilmour; "Land of Opportunity", describing the service of the profession to Iowa and the midwest, by Dr. J. K. Johnson, Jr., President of the State Society of Osteopathic Physicians of Iowa; "What More Can Be Said?" by Dr. J. P. Schwartz, former President and Dean of the College.

The Living Endowment is supported by an unsigned article, and the pacemakers for Osteopathic Progress in Iowa are honored in an article entitled "Pioneers of Iowa".

Needless to say the issue should be displayed by all members of the Iowa Profession and by all alumni of the Des Moines College. It is a genuine tribute to both.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

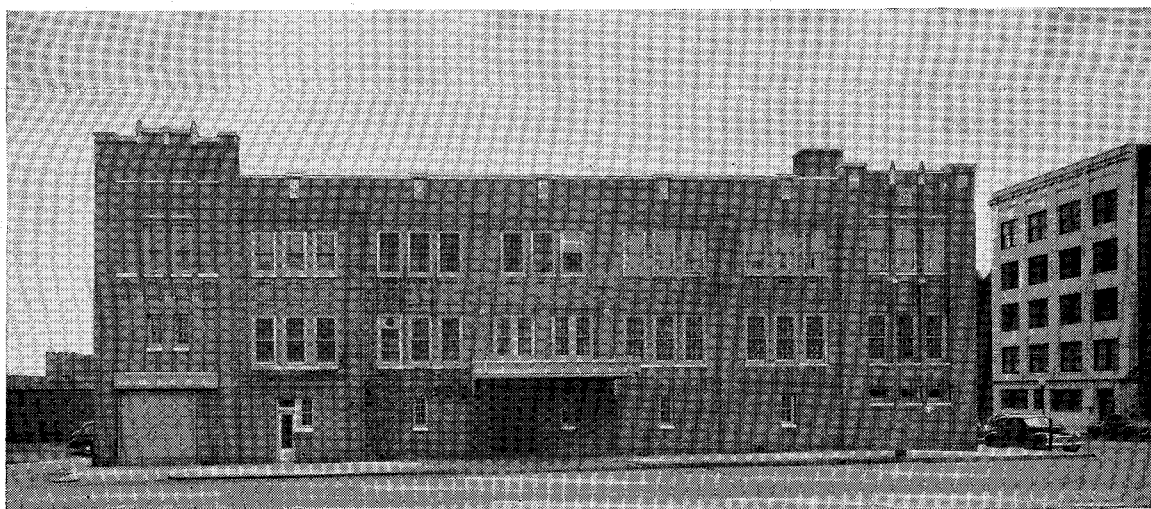
PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 23

MAY, 1945

Number 5

THE CLINICAL HOSPITAL Foundation Purchases Harbach Funeral Home



New Clinical Hospital and College

Now Is Pay-Up Time

The accompanying description of the recent purchase of the Harbach Funeral Home for a new clinical hospital adequately explains why unpaid pledges should be cleaned up at this time. Remodeling costs will be approximately \$45,000.00, equipment costs approximately \$20,000.00. Funds outstanding on Osteopathic Progress Fund pledges are entirely reserved for the purposes mentioned. Not only are these funds reserved for hospital purposes, but also they are badly needed in order to complete the program and place the hospital in operation by early fall.

It is essential that each man pay that portion of his unpaid pledge immediately, in order to give the go-ahead for remodeling. The more rapidly these funds become available to the Foundation, the sooner plans can ahead to completion. Don't wait, doctor, the Foundation has been counting on your pledge in order to bring to fruition the major goal of the Osteopathic Progress Fund. Let us see the long waited teaching clinical hospital in operation by October 1st.

New Pledges

During the Osteopathic Progress Fund Campaign, some 550 men pledged and gave to the support of the campaign. These

funds have written a record of progress for Des Moines Still College such as has not been written for many, many years.

Each man who gave to the campaign in 1943-44 should now duplicate that pledge and swell the total in order to enable the Remodeling Committee and the Equipment Committee to function efficiently.

Do not wait for a pledge card. Send your 1945 check immediately to Mr. Nelse Hansen, 603 E. Locust Street, Des Moines, Iowa. Mr. Hansen is Treasurer of the Des Moines Still College Osteopathic Foundation.

To Hold Commencement June 29

The college will hold its Spring commencement for the year 1945 at St. John's Lutheran Church, 6th and Keo, Friday evening, June 29, at eight o'clock. The commencement speaker will be Dr. H. Richard Rasmussen, Chaplain of University Church at Purdue. Thirteen students will be graduated: Homer Ellis Allshouse, Gail D. Boyd, Carlton P. Christianson, Vernon Dale Clausen, Donald L. Mack, Hyrum W. Merrill, H. Roy Rasmussen, Gordon F. Sherwood, Marion C. Thompson, Edward Yogus, Francis C. Ayers, James Kenneth Martin, and Tobias Shild.

Osteopathic Society Holds Meeting— Elects Officers

On May 12 and 13 the House of Delegates and Board of Trustees of the Iowa Society of Osteopathic Physicians and Surgeons held a business meeting in lieu of the regular State Convention. Officers elected for the year 1945-46 were Dr. G. A. Whetstone, President; Dr. J. R. Forbes, Vice President; Mr. Dwight S. James, Secretary-Treasurer.

Trustees

The new trustees elected at this time were Dr. N. D. Weir of Woodbine, and Dr. Harold D. Meyer of Algona. Completing the panel and filling unexpired terms are Dr. Ray B. Gilmour of Sioux City, Dr. Holcomb Jordan of Davenport, Dr. John Q. A. Mattern of Des Moines, and Dr. Burl D. Elliott of Oskaloosa. Dr. L. A. Nowlin of Davenport was elected to fill the unexpired term of Dr. Saul Klein, created by the latter's death March 1st, on the Legislative Committee. Dr. Ralph Jack of Ogden was elected for a full five-year term. Other members of the Legislative Committee retaining positions in that body were Dr. H. D. Wright of Hampton, Dr. M. E. Green of Storm Lake, and Dr. H. L. Gulden of Ames.

Plan to Remodel in July

Mr. J. J. Newlin, President, and Mr. Nelse Hansen, Treasurer of the Des Moines Still College Osteopathic Foundation, announce the purchase of the Harbach Funeral Home at 725 Sixth Avenue. The building was purchased from Mr. John H. Cownie and title was transferred on May 17, 1945. This is a three-story brick structure located at the southeast corner of Sixth and Center Streets, almost directly across the street from the college. It is 66 feet wide and 110 feet long. There are two entrances—one on the west side (Sixth Avenue) and one on the north side (Center Street). It is a remarkably well kept building, having attractiveness and dignity appropriate to its new purpose. The building is equipped with an elevator and air conditioning unit. The interior of the building is well adapted, with a minimum of remodeling, for hospital purposes.

Interior

The top floor consists of apartments on the west and north sides, which will require little alteration for conversion to hospital bed space. On the south and east sides is a large storage space unbroken by partitions. Any rooms created in this section will be new with the required alteration. The second floor consists of offices on the west and easily adapted for similar purpose in the proposed hospital. The south side consists almost entirely of a gigantic showroom without partitions, which may therefore likewise be converted easily into bed space and utility rooms. Rooms of appropriate size for hospital occupancy are located at the east end. The north side consists of a large chapel, which can be broken up at pleasure for hospital purposes. East of the north entrance is an all tile operating room and a large workroom, which can be modified as desired. The first floor includes a number of items (crematory, crypts and shop), of no use to the hospital. Hence the basement will be gutted en-

(Continued on Page 4)

ARTICLES OF INCORPORATION

of the

*Des Moines Still College
Osteopathic Foundation*

The Des Moines Still College Osteopathic Foundation, organized December 28, 1942, formally conducted the Osteopathic Progress Fund Campaign simultaneously with similar campaigns in other colleges. With these funds considerable remodeling in the college building has been accomplished. Elsewhere in this issue a description of a hospital purchased by the Foundation will be found. Additionally, the Foundation owns two plots of ground having a combined frontage on Sixth Avenue, in Des Moines, of 374 feet.

For these reasons, it was thought that members of the osteopathic profession might be interested in a more complete statement of the organization of the Des Moines Still College Osteopathic Foundation. Therefore, its Articles of Incorporation are printed below.

We, the undersigned, of full age and citizens of the State of Iowa, hereby associate ourselves together as a body corporate under the provisions of Chapter 394, Title XIX, of the 1939 Code of Iowa and Acts amendatory thereof, assuming all the powers, rights, privileges and immunities conferred upon such corporations by the laws of the State of Iowa, and do hereby adopt the following Articles of Incorporation for the government thereof:

ARTICLE I

The name of this corporation shall be "Des Moines Still College Osteopathic Foundation".

ARTICLE II

The principal place of business of this corporation shall be in the City of Des Moines, Polk County, Iowa.

ARTICLE III

The purposes for which this corporation is formed are purely benevolent, charitable and educational, and not for financial gain, and no financial gain shall ever accrue to any member of this corporation, nor any other person or persons, institution or institutions in the conduct of same, but any receipts of this corporation in excess of the expense of purchase, or erection and maintenance of the said institution or institutions provided for herein, shall be applied by the Trustees as they in their judgment may deem wise to the care of charity patients, the equipment and enlargement of the institutions contemplated herein and to carry out the objects and purposes of this corporation as herein provided.

This corporation is organized to acquire or erect, equip, conduct, operate and maintain a hospital or hospitals in the City of Des Moines, Iowa, for the protection and the promotion of the general health in connection with the Des Moines Still College of Osteopathy, an osteopathic educational institution located in said city; to equip, provide for, or assist in the maintenance or expansion of any department of the said Des Moines Still College of Osteopathy; to conduct a training school for nurses, issuing to such persons diplomas upon graduation; to maintain a department or departments to give and furnish instruction and training to the students of the said Des Moines Still College of Osteopathy and graduates of any approved osteopathic college; to maintain a library and a library building, a gymnasium or gymnasiums, recreation courts, parking facilities, a clinic building or buildings, a research department or building to carry on constructive research into the cause, treatment and prevention of disease and in osteopathic principles, practice and procedure with special attention being directed to the disease of cancer, diabetes, poliomyelitis, glandular deficiencies, and to obstetrics and surgery; to use corporate funds in giving graduate or undergraduate scholarships in educational institutions, or in making loans, without profit, to worthy and qualified students, selected by its Trustees, upon such terms and conditions as the Trustees may require or specify; to take, solicit and receive funds for one or more of the purposes of its creation; to take by gift, purchase, devise or bequest real and personal property for purposes appropriate to its creation; to take gifts, devises or bequests of property or funds in trust for any one or more of the objects of its creation or specific purposes coming within such general objects and apply and administer such property or funds in harmony with the terms of such gift, devise or bequest; and to acquire or erect, and to equip, conduct and maintain such other institutions germane to or as may be necessary or desirable to carry out any of the purposes aforesaid.

The foregoing shall be construed both as objects, purposes and powers, but no recitation, expression, declaration or specification of special powers or purposes enumerated herein shall be held to be exclusive, and it is hereby expressly declared that all other lawful objects, purposes and powers not inconsistent herewith are included herein.

ARTICLE IV

For the purpose of carrying out its objects and purposes and those incidental thereto, this corporation shall have all the rights, powers, privileges and immunities granted to it by the laws of the State of Iowa, including the right to buy, sell, convey, lease and mortgage real and personal property and securities of all kinds, and borrow money and secure the same by mortgage or other lien upon its property, real or personal.

ARTICLE V

The members of this corporation shall consist of the persons whose names are subscribed hereto as incorporators and such other persons as from time to time may hereafter become members in the manner provided by its By-Laws.

Any member who shall fail to comply with the requirements of the By-Laws or the rules and regulations made pursuant thereto shall, if the members by majority vote so determine, forfeit his membership in this corporation.

The voting power of all members shall be equal. Each member shall be entitled to one vote on any and all questions coming before the members. Every member of the corporation entitled to vote at any meeting of the members, may be represented and vote by proxy in writing. A certificate of membership shall be issued to each member. No membership or certificate of membership shall be transferable, and no assignee or transferee thereof, whether by operation of law or otherwise, shall be entitled to membership in this corporation. Any person ceasing to be a member, whether voluntarily or by expulsion or by death, shall forfeit all rights and privileges of membership in this corporation.

ARTICLE VI

The corporate period of this corporation shall begin on the date these Articles of Incorporation are filed for record with the County Recorder of Polk County, Iowa, and endure for fifty years unless sooner dissolved by three-fourths vote of the members thereof, or by Act of the General Assembly of the State of Iowa, or by operation of law.

ARTICLE VII

The business of this corporation shall be conducted by a Board of Trustees of not less than Three nor more than Nine members, elected from its membership at the annual meeting of its members, of which one shall be the President of the said Des Moines Still College of Osteopathy, and at least two of which shall be osteopathic physicians licensed under the laws of the State of Iowa; and shall hold office for one year and until their successors are elected and have qualified.

The number of members of the Board of Trustees shall be fixed, within the limits herein provided, by the members of this corporation at each annual meeting of the members or a special meeting called for that purpose; and until so fixed or changed, the Board of Trustees shall consist of Five members.

Immediately upon the election of the members of the Board of Trustees, said Trustees shall proceed to elect the following officers of this corporation: a president, who shall be a member of said Board of Trustees; a secretary, who shall be a member of said Board of Trustees; and a treasurer, who may or may not be a member of this corporation.

The Board of Trustees shall have the power to appoint and employ such persons and employees as may be necessary and required to carry on the business and purposes of this corporation and to fix the amount of their salary or compensation.

The Board of Trustees shall meet in the months of June and December of each year; and in special meetings at other times on the call of the President or of any two members of this corporation.

Any vacancy in the membership of the Board of Trustees shall be filled by the remaining Trustees until the next annual meeting of the members of this corporation.

ARTICLE VIII

The annual meeting of the members of this corporation shall be held in Des Moines, Iowa, on the first Monday in June of each year, beginning in June, 1943; and special meetings may be held from time to time upon call of the President or of two members. At special meetings no business shall be transacted except such as was specified in the notice of the call therefor; and notice of all special meetings shall be given in writing by mailing same to each member at his last known address at least fifteen days prior to the day of meeting, unless all members shall by writing entered upon the records of the proceedings of this corporation, duly signed by them, consent to the holding of a special meeting.

Until the first election, to be held on the first Monday in June, 1943, the following persons shall constitute the members of the Board of Trustees of this corporation, viz.:

Mr. Jay J. Newlin of Grimes, Iowa;
Mr. Nelse Hansen of Des Moines, Iowa;
*Dr. J. P. Schwartz of Des Moines, Iowa;
Dr. Paul L. Park of Des Moines, Iowa;
Dr. Ruth M. Paul of Des Moines, Iowa.

(Continued on Page 3)

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

Editor.....Hugh Clark, Ph.D.

Osteopathy Without Limitation

Living Endowment

In October, 1944, a program, designating the Living Endowment Fund, was inaugurated. This fund has experienced good, though not overwhelming, success. The Living Endowment Fund is used for operational expenses of the college. This is essential, just as the fund for the teaching clinical hospital are essential. If you have not already made a pledge to this fund—to keep the college operating—do so at once. The average contribution is \$12.50 per month. 100 new contributors would boost the monthly income of the college \$1,250.00. That would be a great help. Will you not enclose your first month's check in the next mail?

Let there be no question about the actual need of your support in this endeavor. The college is experiencing very difficult times. The principal pre-war source of income (students) is reduced more than 75 percent. In order to retain a faculty, your immediate help is necessary. No mention is made any longer of progress or expansion. If we can maintain ourselves at a level which we now have attained and save the faculty which we now have, a great job will have been done. Doctor, I ask you to do your part.

We greatly appreciate the pledge of Dr. Edythe M. Varner, of Warren, Ohio, whose name is added to the list of Living Endowment contributors.

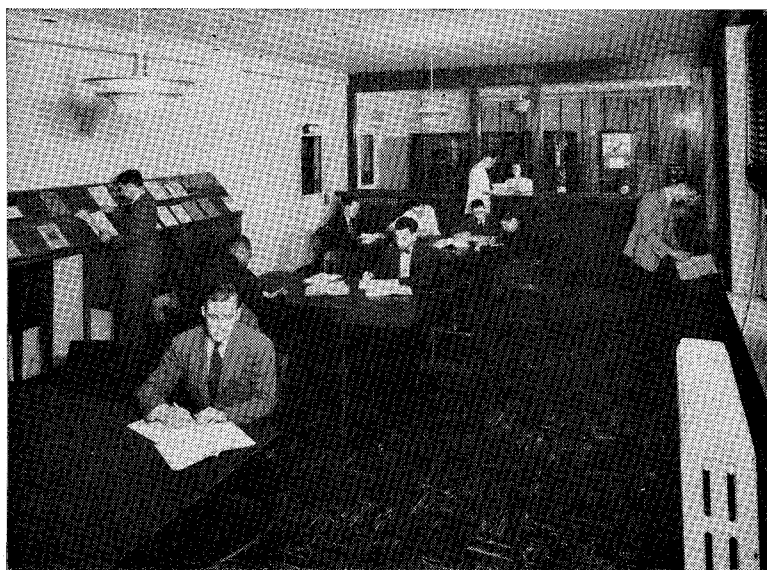
The situation previously urgent is rapidly becoming critical.

Alumni Visit the College

The college was favored during the last several weeks by visits from a number of alumni—some paying Living Endowment pledges and all of them paying compliments. Among the group were Dr. Max Bergau of Hawaii, Dr. R. W. Jack of Ogden, Iowa; Dr. Saul Siegel of Gettysburg, S. D.; Dr. Robert Gustafson of Chariton, Iowa; Dr. Norman Weir of Woodbine, Iowa. Dr. Keays returned proudly displaying his lovely daughter. Dr. G. A. Whetstine of Wilton Junction, spent several days reviewing basic anatomy, in preparation for graduate work in which he will be engaged during the summer.

NOTICE

If and when you change your address, please notify the Log Book promptly.



Library

Foundation Articles

ARTICLE IX

The officers of this corporation shall perform the customary and usual duties exercised by such officers and shall also have such powers, perform such duties, and receive such compensation as may be prescribed and fixed by the By-Laws of this corporation or by resolution of the Board of Trustees from time to time.

The officers of this corporation shall be elected by the Board of Trustees on the first Monday in June, of each year, beginning in June, 1943, and have qualified, the following persons shall be its officers, viz.:

President, Mr. Jay J. Newlin of Grimes, Iowa;
Secretary, Dr. Ruth M. Paul of Des Moines, Iowa, and
Treasurer, Mr. Nelse Hansen of Des Moines, Iowa.

ARTICLE X

This corporation may make and alter at pleasure By-Laws not in conflict with these Articles of Incorporation.

ARTICLE XI

The private property of the members of this corporation shall not be liable for the debts of this corporation.

ARTICLE XII

Any member of the corporation failing to attend three regular meetings of its members in succession shall automatically be dropped from membership in this corporation, unless otherwise declared by the Board of Trustees.

ARTICLE XIII

All deeds, mortgages, contracts and instruments in writing that shall be made by the corporation shall be signed in the name of the corporation by the President and Treasurer, and may bear the impress of the seal of the corporation.

Releases of mortgages and other liens and contracts held by the corporation and satisfactions thereof shall likewise be made, executed and acknowledged by the President and Treasurer, except marginal book or record releases may be executed by either the President or Treasurer.

ARTICLE XIV

This corporation may change its name or amend its Articles of Incorporation as provided by the provisions of the law under which it is organized; except that no amendment or change shall be made to or in Articles XI and XIV of these Articles of Incorporation.

Witness our hands this 28th day of December, 1942.

(Signed) J. J. Newlin
Nelse C. Hansen
John P. Schwartz
Dwight S. James
Robert O. Fagen
John Q. A. Mattern
Mary E. Golden
P. L. Park
Beryl Freeman
O. Edwin Owen

D. E. Sloan
F. D. Campbell
Ruth M. Paul
H. A. Barquist
Paul E. Kimberly
Earl O. Sargent, Jr.
Edward F. Leininger
Rachel H. Woods
Lonnie L. Facto

Incorporators.

*Replaced May 3, 1944, by Dr. Hugh Clark as President of Des Moines Still College of Osteopathy.

Osteopathic Progress Fund Report

Part V

Part I (January) Financial report to December 23, 1944.

Part II (February) An illustrated report of the Pathology Department.

Part III (March) Illustrated report of the Department of Physiology and Pharmacology.

Part IV (April) Illustrated report of Bacteriology and Public Health.

LIBRARY

One of the projects of the Osteopathic Progress Fund was the remodeling, relocation, re-equipping of the library. The library is now located on the third floor at the east end. It consists of a stock room 15x18 and a reading room 31x18, separated by a plate glass partition. The floor is covered with linoleum tile and the walls are finished in a restful pale green. It is lighted by indirect lighting and protection from sun glare is provided by venetian blinds.

There are approximately 2,000 volumes in the library, including bound periodicals. Of these, some 500 have been published since 1936 and are distributed to both the clinical courses and basic science courses. The library has received a number of gifts during the past two years, which add materially to its worth. In addition to the bound volumes, approximately 60 current periodicals are received. The Iowa State Medical Library regularly loans more than 20 journals to the college library.

The librarian, Miss Ruth Mann, is maintained on a part-time basis, during the period of decreased enrollment.

Dr. Saul Klein Passed Away March 1

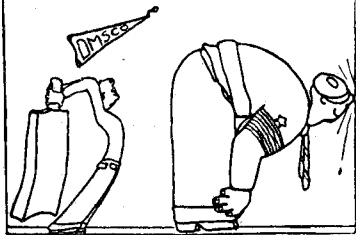
Dr. S. H. Klein died at Clear Lake, Iowa, Thursday morning, March 1, of coronary thrombosis. He had been associated with the Chappell Clinic at Clear Lake for over a year, having engaged in practice in Des Moines for a number of years previously.

Dr. Klein had been an active member of the Iowa Society of Osteopathic Physicians and Surgeons during his entire professional career. At the time of his death he was Chairman of the Legal and Legislative Committee of the Society, in which he had served for many years.

Dr. Klein was a member of the Central Church of Christ in Des Moines and of the Moose, Elks and Masonic orders. At one time he was Exalted Ruler of the Elks. He is survived by his wife, Stella.

In Dr. Klein's passing, the Osteopathic Profession in Iowa has lost a valuable aide, and the College has lost a loyal alumnus.

FRATERNITY NOTES



O. W. C. C.

The O. W. C. C. will hold a banquet for the graduating members on May 22, 1945, at 7 p. m. at Younkers Tea Room. President Alex Siudara will present diplomas to the following:

Laura Allshouse
Norma Boyd
Norma Christianson
DeLoris Mack
Ann Merrill
Helen Sherwood

The bunco party held at the Y. M. C. A. in April was a success due largely to the committee which included Martha Hatteson, Helen Sherwood, Ronnie Abbott, and Laura Allshouse. Helen Sherwood again, as usual, far exceeded all other members in the sale of tickets.

The Club is purchasing a trans-illuminator and a strip film attachment for a picture machine, which will be donated to Still College.

The next regular business meeting will be held at the home of Joyce Griffith, Cottage Grove and 29th, on June 5 at 8 P. M. A bowling party has been planned for the evening's entertainment.

ΦΣΓ

The P. S. G.'s had one of Dr. Campbell's fine talks at their last bi-monthly gatherings. Doc Campbell can always be counted on to be interesting. Thanks from the fraternity, Doctor.

Now that the brown-out has been lifted, we shall soon have our neon sign again working at 2141 Grand, and we want to repeat our invitation for any alumni of Phi Sigma Gamma, practicing in Des Moines, to drop out and get acquainted.

Plans are underway for our Spring formal in the first part of June. We expect our past president, Jim Crane, whom some of you will remember, back for a visit about that time to help us honor the graduating class and give them a fitting send-off into the profession.

J. R. S.

Birth

Recently a baby boy, Byron Everett, weighing 6 lbs. 8 ozs., was born to Dr. and Mrs. Byron E. Laycock. Congratulations.

BUY BONDS!

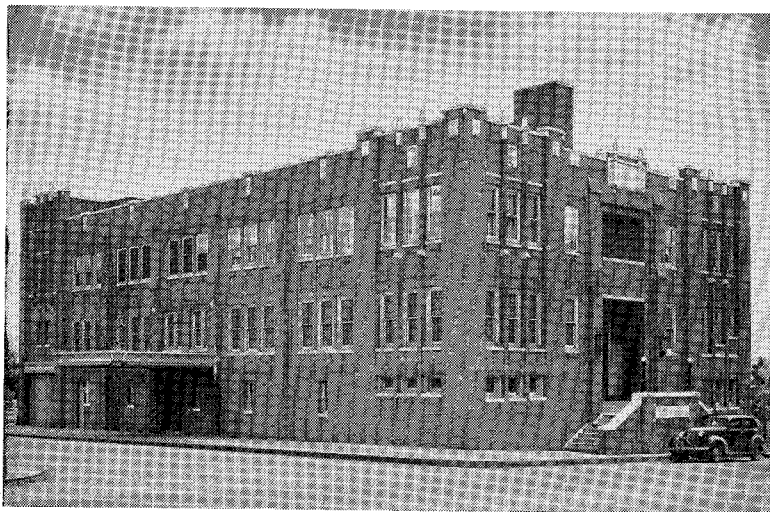
Hospital

(Continued from Page 1)
tirely and reconverted according to plans stated below.

Remodeling Plans

Final plans for remodeling are not completed, but are in the hands of a committee consisting of Dr. E. F. Leininger, Dr. Paul Park and Mr. Nelse Hansen. Plans are being drawn by Mr. Roland "Tip" Harrison, of the firm of Wetherell & Harrison, a well known midwest architect. At the risk of later modification, preliminary plans are stated broadly as follows:

First Floor. This floor will house the X-ray department, pathology laboratory, emergency room, waiting room, offices, examination room, kitchen and dining room. The first floor is slightly below sidewalk level and would, therefore, be easily accessible to ambulatory as well as stretcher borne emergency cases.



The New Hospital

It will provide a means of separation of the main hospital traffic from the actually hospitalized patients.

Second Floor. The second floor will be entirely devoted to bed space and necessary utilities. Tentative plans call for a maximum number of semiprivate rooms.

Third Floor. The east end of the third floor will be devoted to an operating and obstetrical suite consisting of two operating rooms and a delivery room and necessary storage, sterilizing and scrub-up facilities. Adjoining this to the west a nursery with a capacity for 20 is planned. The remaining space on the top floor is available for hospital beds and utilities. Space is available for a maximum of approximately 70 adult beds and 20 bassinets, in addition to the other services described.

Utilities. Since the building is 66 feet wide, a possibility of providing utilities in the center with a hall on each side is apparent. A new scheme, designated the "Parallel Service Plan," has been proposed by Markus & Nocka (Architectural Record, August, 1942), whereby the services, in-

cluding elevator, are set central to the hospital rooms, with a single corridor between. This provides for greater utilization of space, less waste in corridor space, a wider and more serviceable corridor and an insulation of the hospital rooms against corridor noises. This latter plan is seriously being considered by the architect and remodeling committee.

Equipment. The equipment of the new hospital is in the hands of a committee for that purpose, headed by Dr. Howard A. Graney, assisted by Dr. Mary E. Golden and Dr. Harry J. Marshall. It will be recalled that, during the Progress Fund Campaign, some donors pledged equipment. Dr. James Dunham pledged equipment for Eye, Ear, Nose and Throat Department; Dr. W. D. Blackwood pledged additional equipment to that already donated for a Department of Urology; Dr. John S. Anderson has given a Lumetron Colori-

opathic Progress Fund Campaign to the profession). Developments of the appeal to the laity for funds to expand osteopathy in Des Moines will be regularly released by Dr. Golden.

Future Plans

The hospital, long sorely needed as a clinical teaching unit for the college curriculum, will provide training in several departments for Des Moines Still College students as well as internes. The hospital will provide training not only for routine hospital procedures, but also special work in Departments of Surgery, Obstetrics, X-ray, Laboratory Diagnosis, Pediatrics, Orthopedics, Otolaryngology, Ophthalmology, Posture, Gynecology, Proctology, Venereal Diseases and other phases of Public Health. The Des Moines Still College clinic, housed in the college building for the past 47 years, has achieved an enviable record in obstetrics and treatment of diseases generally. Approximately 9,500 babies have been delivered, during which a maternal mortality rate has been maintained through all the years consistently lower than that for the State of Iowa during 1943. The latter is the more impressive when it is realized that most of the deliveries are in the home and that many of these are made under difficult conditions of sanitation, lighting and inconvenience. The general clinics have examined approximately 115,000 patients and have given some 17,000 special laboratory examinations in connection with the clinical examinations. This service to the public health of Des Moines, conservatively estimated, has made a saving to Des Moines taxpayers of \$2,327,107.00.

Since the college is located in Des Moines, many of its graduates have remained in this city, so that at present more than a third of the physicians of Des Moines are osteopathic. A safe estimate of the people under osteopathic care is, therefore, about 60,000.

Greater Service

The new hospital will provide for an expansion of the previous services—obstetrical and general clinic—and additionally will provide an accessible diagnostic clinic for downtown Des Moines. It will provide a consulting service for some 400 doctors within a radius of 200 miles. It will create an osteopathic training center for physicians in the osteopathic profession. It will enable the osteopathic profession to embark upon a program of investigations in disease and treatment. It will provide additional hospital beds for the osteopathic profession in Des Moines and adjacent territory. It will necessitate the increase in size of the clinical faculty of the college, as well as acting to attract basic science men interested in clinical phases of science.

The announcement of this hospital opens up a great new vista of growth and development of osteopathy in the midwest and of osteopathic education on a national scale.

Public Campaign. It is proposed to run a Public Campaign in connection with the remodeling and equipping of the clinical hospital. Dr. Mary E. Golden is Chairman of this Public Campaign Committee (it was also Dr. Golden who made such a tremendous success of the Oste-

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 23

JUNE, 1945

Number 6

PLANS FOR CLINICAL HOSPITAL MOVE FORWARD

Important Changes in College Corporation

At its annual meeting, June 14, the corporation of the Des Moines Still College of Osteopathy held a long and arduous session, whose chief business was amendment of the Articles of Incorporation and By-Laws. The Amended Articles of Incorporations and new By-Laws are reprinted in full, as filed, effective June 19, 1945. (See pages 2 and 3.)

Changes

Article I. The name of the corporation is changed to "Des Moines Still College of Osteopathy and Surgery".

Article IV. Life of the corporation is extended 50 years beyond the date of adoption of the amendments.

Article V. There shall be two classes of members, active and honorary. Active members become honorary automatically by failure to attend two consecutive annual meetings. Active members only are entitled to vote at annual or special meetings, and the vote may not be cast by proxy, orally or in writing.

Article VI. The number of trustees shall be not less than seven and not more than thirteen, elected for terms of three years, with the exception of two trustees. There shall be on the Board of Trustees one member who shall represent the Iowa Society of Osteopathic Physicians and Surgeons. He is elected from a panel of five submitted by the Iowa Society, and elected by the corporation. His term is one year, and he may be reelected. The corporation nominates a panel of five and submits this panel to the National Alumni Association. The National Alumni Association then elects one of the panel for a period of one year. He also may be reelected.

The trustees elect a chairman, secretary and treasurer, who serve the same functions in the corporation. They are empowered to conduct all affairs of the college or other enterprise of the corporation and employ such persons as may be needed to administer their policies.

No significant changes were made in the articles which were omitted above.

Trustees elected at the meeting are: J. Roy Capps, Arthur Kenworthy and N. Harold West,

(Continued on Page 4)

New Class Enrolls August 6th

College Receives Variety of Gifts

The College wishes to express appreciation for the numerous gifts which have come to it in recent weeks. Appreciation is due not alone for the value of the gifts, but also for the expression of interest in the growth and expansion of the College by both individuals and organized groups.

Library

Dr. Rachel Hodges Woods of Des Moines presented the library with a valuable encyclopedic set—**DISEASES OF CHILDREN** by Pfaundler and Schlossman, edited by Peterman. The set is a

(Continued on Page 4)

\$40,000 in Outstanding Pledges Needed

Survey of the status of the Osteopathic Progress Fund shows approximately \$40,000 in unpaid pledges. Since announcement of the purchase of the hospital, all pledges have received requests from Treasurer Nelse Hansen to complete payment. **The response has been most encouraging.**

By a strange coincidence, the amount of outstanding funds pledged to the Foundation in good faith is approximately the amount needed for remodeling of the Harbach building. The LOG BOOK therefore urges that each unpaid pledge be completed at once in order that there shall be no delay in starting this work.

It is the goal of the Foundation to open the Hospital in October. To meet this goal the Foundation requires your best cooperation. If your pledge has not been discharged, remit a check at once, in full payment.

Excavation of Adjacent Lot Scheduled Soon

Following purchase of the Harbach building, across the street from the College, the Des Moines Still College Osteopathic Foundation has purchased the lot adjoining the building to the South. Long an eye-sore, it is the plan of the Foundation to begin excavation immediately. The lot will provide parking facilities for the completed hospital. Clearance of the lot is essential in order to provide for lighting and ventilation of the South portion of the hospital.

Remodeling

The remodeling committee, consisting of Dr. E. F. Leininger, Dr. Paul Park and Mr. Nelse Hansen, have arrived at a tentative floor plan. The plan provides for approximately 70 adult beds and 20 bassinets on the second and third floors. Also included in these floors are internes and nurses quarters, surgical suite and obstetrical suite.

The first floor will be devoted

(Continued on Page 4)

CRANIAL TECHNIQUE

Advanced Course and Beginners Course

Beginner's Courses October 1-13; 8-20

The Beginner's Course consists of two weeks instruction the first of which is an intensive study of cranial anatomy and physiology. It is presented by Dr. Paul E. Kimberly of the Department of Anatomy of the College. The second week consists of practical instruction in the diagnosis and treatment of cranial lesions, with clinical demonstrations.

Students meet during the first week in one group for the lecture series on Anatomy and Physiology. During the second week they are divided into small groups under the direction of an instructor. The instructors rotate service from group to group. All instruction is supervised by Dr. W. G. Sutherland. His assistants are Dr. Beryl Arbuckle, Dr. Raleigh S. McVicker and Dr. Howard A. Lippincott.

Tuition for the course is \$150.00.

Advanced Course — October 1-8
The third in a series of courses

in Cranial Technique will be offered October 1 to October 20. The demand for further study in this field has been so great that an advanced course will be instituted at this time. **The advanced course is open only to those who have previously studied the work at the Des Moines College. The number of registrants is limited to 24.** The course will consist of morning and afternoon sessions devoted to diagnosis and treatment of lesions with a revised and improved system of instruction.

Dr. Howard A. Lippincott has been added to the corps of instructors. In addition to Dr. Lippincott, Dr. W. G. Sutherland, Dr. Beryl Arbuckle, Dr. Raleigh S. McVicker will be engaged in presentation of the applied aspect of the course. Students will work in small groups, with one instructor for each. In the evening of each day, a seminar will be held to discuss problems which have arisen. **Dr. Paul E. Kimberly will participate in the seminars. Tuition is \$150.00.**

Note: Registration in each course is limited to 24.

Application for registration must be accompanied by a deposit of \$50.00, refundable any time before September 24.

College Offers Course in Chapman's Reflexes

During the week of July 30-August 4, a course in Chapman's Reflexes will be presented by Dr. Paul E. Kimberly of the Department of Anatomy and Dr. Beryl Arbuckle of Philadelphia. Tuition for the week's instruction is \$100.00.

The course will consist each morning of lectures on Anatomy and Physiology of the Autonomic Nervous System, Endocrine System and Lymphatic System. Each afternoon (and Saturday morning) will be devoted to practical instruction in the use of Chapman's Reflexes in Diagnosis and Therapeutics.

Application for admission to the course should be filed at once. Registration will be limited to twenty-four.

AMENDED ARTICLES OF INCORPORATION

of the

DES MOINES STILL COLLEGE OF OSTEOPATHY AND SURGERY

KNOW ALL MEN BY THESE PRESENTS:

That S. L. Taylor, C. W. Johnson, D. W. Roberts, Henry Mack and D. S. Jackman, being persons of full age and citizens of the State of Iowa, have associated themselves together for the purpose of forming a Corporation, not for pecuniary profit, under the laws of the State of Iowa, with all powers, rights, privileges and immunities now or hereafter conferred upon such corporation by the laws of the State of Iowa; and to that end do hereby adopt the following Articles of Incorporation:

ARTICLE I.

The name of this corporation shall be "Des Moines Still College of Osteopathy and Surgery," and its principal place of business shall be in the city of Des Moines, Iowa.

ARTICLE II.

The corporation shall have the power and the right, and its purpose and object is, to establish, maintain, operate and conduct in the city of Des Moines, Iowa, a college for instruction, education and research in the science of osteopathic medicine, including all recognized branches of the science and art of healing, and of surgery, and also colleges of graduate instruction. The corporation may also establish, operate, conduct and maintain in Polk County, Iowa, or elsewhere, a hospital or hospitals for the cure and treatment of persons diseased or injured; and in that connection may establish, conduct, operate and maintain a school or schools for the instruction, education and training of nurses.

ARTICLE III.

The corporation may confer the degree of Doctor of Osteopathy, and such other degrees usually conferred by such institutions and appropriate to its course or courses of instruction.

ARTICLE IV.

The corporation shall have and possess all the powers, rights and privileges now or hereafter conferred by the laws of the State of Iowa upon corporations not for pecuniary profit, and shall endure for a period of fifty years, from the date of adoption of these amended Articles of Incorporation, unless sooner dissolved by a three-fourths vote of all the active members thereof, or by an act of the General Assembly of the State of Iowa, or by operation of law. In the event of dissolution of the corporation, either voluntary or involuntary, its Board of Trustees and the Executive Committee of the American Osteopathic Association shall mutually determine the mode of disposition of its assets, in such manner as to promote the best interests of the Osteopathic Profession through an educational program, research program or such other means as may be mutually devised; provided, however, that such assets shall be distributed only to corporations or trusts organized and operated exclusively for scientific, educational, or charitable purposes, no part of the net earnings or income of which inures to the benefit of any private shareholder or individual, and no substantial part of the activities of which is carrying on propaganda, or otherwise attempting, to influence legislation.

ARTICLE V.

The members of such corporation shall consist of the incorporators and such other persons as the active members may associate with them and by a majority vote, elect as members. Membership shall be of two types, active and honorary. Active members shall become honorary members by failure to attend two consecutive annual meetings in person, and such honorary members may be reinstated as active members by two-thirds vote of the active members at the next succeeding annual meeting. Active members shall be entitled to vote at all meetings of members and such vote may not be cast by proxy, orally or in writing. Honorary members shall have the privilege of attending the meetings of members, but are not entitled to vote in person or by proxy at such meetings. Active members may, from time to time, adopt by-laws not inconsistent with these Articles of Incorporation and may repeal, alter and amend the same at pleasure. A majority of active members of the corporation present shall constitute a quorum for the transaction of any business.

ARTICLE VI.

The affairs of the corporation shall be managed and conducted by a Board of Trustees consisting of not less than seven and not more than thirteen members of the corporation. The trustees shall be elected at the annual meeting of the members and shall hold office for three years and until their successors are elected and enter upon the performance of their duties, excepting that there shall be one member of the Board of Trustees elected from a group of five nominated by the Iowa Society of Osteopathic Physicians and Surgeons, who shall serve for a period of one year, and that one member shall be elected by the National Alumni Association of the Des Moines Still College of Osteopathy and Surgery from a group of five nominated by the Corporation of the Des Moines Still College of Osteopathy and Surgery, who also shall hold office for one year. At the annual meeting of June, 1945, therefore, there shall be elected three members to hold office for a period of three years, three members to hold office for a period of two years and the remainder of the Board of Trustees shall be elected to hold office for a period of one year. Vacancies in the Board of Trustees, created by death or resignation, may be filled by the remaining trustees. The Board of Trustees shall hold its regular and all special meetings in the City of Des Moines, Iowa, unless otherwise unanimously agreed in writing.

The Board of Trustees shall elect a Chairman and a Secretary from their number and these officers shall also be Chairman and Secretary of the Corporation. The Board of Trustees shall meet three times each year—in January, May and September, and at such other times as may be deemed advisable, upon the call of the Chairman or any two members of the Board of Trustees. The Board of Trustees shall have the power to employ such persons as they deem advisable, and elect a Treasurer, who need not be a member of the corporation or the Board of Trustees, and prescribe and fix the salaries and duties of all such persons in the employ of the Des Moines Still College of Osteopathy and Surgery or other enterprise of the corporation.

ARTICLE VII.

The annual meeting of the corporation shall be held in Des Moines, Iowa, on the first Thursday after the second Wednesday in June of each year. Special meetings may be held from time to time at the call of the Chairman of the corporation or any 3 active members of the corporation. At special meetings no business shall be transacted except as may be specified in the notice of the call therefor. Notice of all special meetings shall be given in writing by mailing the same to each member at his last known post-office address at least ten days prior to the date of the meeting, unless the active members shall by writing enter upon the records of the proceedings of the corporation, duly signed by them, their consent to the holding of a special meeting.

ARTICLE VIII.

Any fund or property received by the corporation by gift, donation, bequest, or devise, shall be held and used by the corporation subject to such restrictions and limitations upon its use as may be imposed in the gift, donation, bequest, or devise thereof.

ARTICLE IX.

The incorporators and members shall not be personally liable for any indebtedness of the corporation, and their property shall be exempt from any liability for any of the debts of the corporation.

ARTICLE X.

These Amended Articles of Incorporation may be altered or amended at any annual or special meeting called for that purpose by a majority vote of the active members present; provided, however, that Article VIII shall not be amended to alter the limitations imposed upon the use of said fund, and Article IX shall not be amended or changed to subject members to liability.

BY-LAWS

of the

DES MOINES STILL COLLEGE OF OSTEOPATHY AND SURGERY

1. **BOARD OF TRUSTEES.** The Board of Trustees may cause to be executed any and all contracts of every kind and character for and on behalf of the corporation and may designate by resolution the person or persons to execute such contracts for and on behalf of the corporation and authorize, supervise and direct the expenditure, investment and disbursement of all funds received

by, for or on behalf of the corporation. The Board of Trustees shall cause to be kept a permanent record of all of their proceedings, resolutions and business transactions.

2. **CHAIRMAN.** It shall be the duty of the Chairman of the Corporation to preside at all meetings of the Corporation and
(Continued on Page 3)

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

Editor.....Hugh Clark, Ph.D.

Osteopathy Without Limitation

Living Endowment Off to Fine Start

Beginning the fiscal year, 1945-46, alumni have been asked to renew contributions toward the Living Endowment Program. Results to date show that 22 contributors have resubscribed and 25 new contributors have enrolled in the ranks of Osteopathic Progress.

New Contributors

Ward C. Bryant, Greenfield, Mass.
Adda S. Liffing, Mansfield, Ohio
L. V. Long, Detroit Lakes, Minn.
Harold D. Meyer, Algona, Iowa
C. R. Reynolds, Fairfield, Iowa
M. R. Runions, Sioux City, Iowa
Mark J. Sluss, Lenox, Iowa
Harry E. Wing, Ottumwa, Iowa
E. C. Herzog, Brainerd, Minn.
William A. Lewis, Austin, Texas
C. W. Odell, South Bend, Indiana
C. H. Stull, Geneva, Ohio
J. N. Gill, Chattanooga, Tenn.
Gerald A. Dierdorff, Medford, Oregon
Victor J. Sperling, Amelia, Ohio
Edythe M. Varner, Warren, Ohio
Wm. C. Rankin, Cadiz, Ohio
Bertha E. Sawyer, Ashland, Oregon
Carrie Freeman, Bell, Calif.
W. P. Chandler, Persia, Iowa
Richard F. Snyder, Detroit, Mich.
Walter B. Goff, Dunbar, W. Va.
J. R. McNeerney, West Des Moines, Iowa

A. E. Borchardt, Lidgerwood, N. D.
Kenneth Moore, Detroit, Mich.
O. R. Meredith, Nampa, Idaho
Harry E. Woodward, Akron, Ohio
Max D. Warner, Des Moines

Renewal Contributors

Howard A. Graney, Des Moines
J. P. Hull, Newton, Iowa
F. J. Petersen, Alliance, Nebraska
Charles D. Schultz, Madison, Wis.
W. D. Blackwood, Hartshorne, Oklahoma
Martin Biddison, Nevada, Iowa
Ervin E. Emory, Huntington, W. Va.
J. B. Miller, Flint, Mich.
L. R. Morgan, Alton, Illinois
C. C. Auseon, Hillsdale, Mich.
A. B. Graham, Wheeling, W. Va.
Paul T. Rutter, St. Helens, Oregon
H. J. Marshall, Des Moines
Elisha T. Kirk, Media, Penn.
C. E. Seastrand, Des Moines
D. W. MacIntyre, Grand Rapids, Mich.
Harold Belf, Detroit, Mich.
Hal Beals, Brooklyn, Mich.
H. B. Juhlin, Greenville, Mich.
D. F. Johnson, Seattle, Wash.
Lloyd Woofenden, Highland Park, Mich.
Sherman W. Meyer, Hot Springs, N. M.
John W. Eddy, Detroit, Michigan
Joseph C. Cullen, Ferndale, Mich.
Total pledges since June 1 are

47. Total cash received on these pledges is \$2,495.00. The unpaid portion of the pledges is being reduced by monthly installments.

Last Year's Record

Since its inception in October, 1944, until June 1, 1945, the Living Endowment amassed in cash \$10,913. Total pledges were in excess of \$16,000 and were being paid regularly on a monthly basis.

New Plan

Many pledges made prior to June, 1945, have been interrupted in order to make the pledge period coincide with the fiscal year of the College. Previous contributors have been asked to repledge for the period 1945-46. Many have done so. Some have misunderstood. It should be pointed out that the new pledge replaces the 1945 pledge, and is not added to it. The unpaid portion of the 1945 pledge is forgiven, and each man who pledged in 1945 is asked to resubscribe to the program for the fiscal year, 1945-46.

The goal for 1945-46 is set at \$27,000. It is imperative that this goal be attained. Any part of the goal not received must mean sacrifice of some phase of the academic program for the next year. The program has been cautiously planned and cannot stand restriction. It is urgent that each alumnus assume his share of advancement of the College. Please return your pledge and check at once to the College.

The Dean's Letter

Another semester at D.M.S.C.O. is concluded by the graduation of ten students on Friday, June twenty-ninth. This also completes my first school year as Dean of the College. In the first article that I wrote for the Log Book, October, 1944, I enumerated various possibilities, the fulfillment of which would make D.M.S.C.O.S. "outstanding not only in osteopathic education but in educational circles generally." In the past year some of these possibilities have been transformed into probabilities that are actually on the way to fulfillment.

Hospital

The purchase of a building for the New Clinical Hospital is an achievement that should be considered fortuitous in these times. With remodeling and equipping D.M.S.C.O.S. will have taken a long step forward in the direction of improved facilities and increased income for clinical training. Organization, departmentalization and enlargement of the clinical faculty and staff is a possibility that will rapidly become a reality under the stimulus of adequate facilities and the demands of increasing clinical clientele and larger student enrollments.

Basic Science

Improvement in the Departments of Basic Sciences during the past year have been somewhat curtailed because of the low student enrollment which has not only reduced tuition income to a seriously low figure but has

made contemplated additions relatively expensive and temporarily futile. On the other hand, fortunately and wisely, great improvement had been made in these departments previous to the beginning of the present school year through the complete remodeling and reequipping of every basic science laboratory and the employment of competent instructors. The most important accomplishment this year in improving basic science departments is the rearrangement of courses in sequence and hourly requirements to emphasize laboratory experience according to the trends in modern education. A number of specimens and models have been prepared and added to departmental museums.

Living Endowment

President Clark deserves much credit and your personal commendation for stimulating alumni-college relationship through the organization of the Living Endowment Fund Program for Balanced Expansion. Although the original goal was not reached, largely because of travel restrictions and the discontinuation of conventions, results were very encouraging both from the standpoints of financial receipts and expressions of spontaneous good will and desire on the part of the alumni to participate in support of the college.

The cash income from pledges to the Living Endowment Fund together with tuitions from post graduate course in cranial and manipulative technic were largely responsible for maintaining college income at a nearly adequate working level in spite of drastic reductions in tuition income. The courses in Cranial Technic under Dr. W. G. Sutherland and his associates have proved exceeding popular with practicing physicians. Every cranial class has been filled to

overflowing and many applications for these courses had to be rejected as the nature of the instruction necessarily limits the enrollment in each class. This is merely a beginning but is clear indication of planned programs for mutually beneficial relationships between college and profession.

Indications are that student enrollments will not increase during the coming year; in fact there may be further decline. It is important that the college not only maintain its present status in its planned program of expansion and improvement but that it continue to effectuate unfulfilled plans for that day when post war conditions will permit normal student quotas. It is imperative that professional support be continued indefinitely not only to maintain the college through this period of emergency but to keep osteopathic education abreast of constantly advancing standards.

Emphasis on this point is no way lessens the full appreciation on the part of the college administration for all past contributions in services and funds to both the Progress and Living Endowment Campaigns. It merely indicates administrative awareness of the vital nature of such support. Those who have given will continue to do so for they too are cognizant of the critical nature and continued need of professional support. They too have pride in professional achievement as manifested in progressive educational progress.

TO YOU, THE COLLEGE ALUMNI WHO HAVE NOT YET BOUGHT YOUR TICKETS FOR THIS PARADE OF PROFESSIONAL PROGRESS, MAY I REITERATE, — IT IS YOUR COLLEGE TOO, DOCTOR! THE BOX OFFICE IS NEVER CLOSED.

—M. D. WARNER, Dean.

BY-LAWS

(Continued from Page 2)

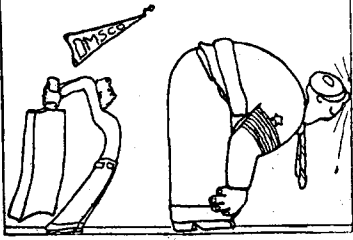
of the Board of Trustees, and perform such other duties and functions as directed by the members of the Corporation or Board of Trustees.

3. SECRETARY. It shall be the duty of the Secretary of the Corporation to keep a record of all meetings of the Corporation and of the Board of Trustees, and such other duties as directed by the Board of Trustees.

4. TREASURER. It shall be the duty of the Treasurer of the Corporation to act as custodian of the funds of the corporation, to collect, deposit, disburse and invest said funds as directed by the Board of Trustees. He shall have charge of the accounts and records of the Corporation, and all papers not under the charge of any other officer. He shall give bond for \$5,000.00 for the faithful performance of his duties, the fee for said bond to be paid from the funds of the Corporation. He shall receive all monies from the clinics; he shall purchase all supplies for the college and provide for janitor service, coal, water, gas, electricity, laundry and repairs. He shall execute the contracts with all students and collect money in payment thereof. He shall collect the Living Endowment or other endowment funds for the college and invest same at the direction of the Board of Trustees. He shall submit to the Board of Trustees at the end of each month a report of all money received and disbursed, and shall present an auditor's report to the Chairman before each annual meeting of the Corporation.

5. GENERAL. All papers and books pertaining to the corporation in custody of any officer of the corporation shall be kept in the safe at the office of the corporation. There shall be an audit of all the records and books of the corporation at least once a year or at such times as the Board of Trustees may direct.

FRATERNITY NOTES



ATLAS CLUB

The regular meeting was held at the home of Ken Martin. Election of officers was held, and tentative plans were made for the Senior Banquet. The following officers were elected: Noble Skull—Ken Martin, Occipital—Francis Ayers, Pylorus—Lennert Lorentson, Stylus—George Moylan, Styloid—Larry Abbott.

The Atlas Senior Banquet was held at Younkers Tea Room Monday evening, June 18. The main speaker was Dr. E. F. Leininger. Dr. Paul Park will preside as toastmaster. The graduating members are Don Mack, Marion Thompson and Ed Yogus.

—L. L.

ΦΣΓ

Another big time was had by all at an annual spring formal on June 15. We were glad to have one of our prominent alumnus, Dr. James Crane, and his wife present to help us add to the departing seniors memories of their Alma Mater. The four seniors, Homer Allshouse, Gail Boyd, Vernon Clausen and Gordon Sherwood, were also given a fitting send-off at a banquet held in their honor at the Windsor Inn on Sunday, June 17.

Dr. Kimberly was the guest speaker at our last work night of the semester. His talk on case histories was interesting to all who heard him.

The fraternity wants to extend congratulations to Vernon Clausen on his forthcoming marriage.

—J. R. S.

ITΣ

In honor of the graduating members of Iota Tau Sigma, H. W. Merrill, R. R. Rasmusson and C. P. Christianson, the fraternity held its senior banquet at the Kirkwood Hotel Friday, June 15, 1945. The affair was aggrandized by the presence of many members of the fraternity alumni who helped send off the "grads" in fine style. Floral decorations, in addition to the beauty of the banquet hall, lent exclusiveness and distinction to the occasion.

The highlight of the evening occurred when the seniors were asked by John Slater, Master of Ceremonies, to speak a few minutes on their aims, hopes and ambitions, and then were "put on the spot" by being required to speak impromptu on a subject they discovered under their plates. (Oh what an elaborate rhetorical address from H. Royce

Rasmusson on "The effects of after dinner speeches on digestion from the neurological point of view".) Dr. Merrill's remarks were premeditated with an erudition that bespeaks the high quality of his academic acumen. To offer variety, Dr. Christianson made a few remarks regarding the relationship between rearing children and alopecia. It was evident, from his discussion, that he has the tact and judgment of a man many years his senior.

Dr. Sloan, our Worthy Supreme Deputy, to conclude the affair, gave us a philosophical view on what is expected of a young doctor in his community.

—N. H.

College Receive Gifts

(Continued from Page 1)
Lippincott publication.

Dr. Donald J. Evans, Detroit, presented the College with the Appleton-Century encyclopedia—"The Practitioner's Library of Medicine and Surgery". It will provide a valuable reference aid in a variety of departments of instruction.

Dr. M. D. Warner, Dean, presented to the College a large number of recent publications in the fields of Chemistry, Pharmacology, Diagnosis and General Practice. Dr. Warner's thoughtfulness has added materially to the value of the Library.

Clinics

The Osteopathic Women's College Club, composed of student wives, presented the College with a check for forty dollars to be expended on clinical equipment. The College has purchased a Twin Transilluminator.

Hospital

The Phi Sigma Gamma fraternity pledged furnishings for a room in the new teaching clinical hospital, to be memorialized by a suitable plaque.

The Senior Class presented a check at the Senior Banquet for \$65.00. They specified that the funds should be used to purchase equipment.

Osteopathic Technique

Dr. Margaret Spence Bates of Marengo, Iowa, presented a Macklin table to the department of Osteopathic Principles and Technique, with the cooperation of **Dr. J. W. Macklin of Des Moines**. It is a valuable adjunct to the teaching facilities of the department.

College Corp. Changes

(Continued from Page 1)

all of Des Moines, whose terms will expire June, 1948; Dr. Howard A. Graney, Dr. Mary E. Golden and Dr. Dewitte V. Goods, term expiring, 1947; and Dr. Robert B. Bachman, term expiring 1946, the representatives of the Iowa Society and the National Alumni Association.

The By-Laws were modified principally in modernization to conform to current practices. The duties and position of the Board of Trustees were defined.

Death Comes to Alice Potter Bauer

The Log Book deeply regrets the delay in reporting to the profession the death of one of its outstanding alumni. Dr. Alice Bauer passed away more than a year ago at her home in Columbus, Ohio.

Dr. Bauer was graduated from the Des Moines Still College of Osteopathy in June 1918. Thereupon she returned to her home at Delaware, Ohio, to establish a most successful practice. As time passed she became increasingly more respected by her colleagues and gave special attention to Diagnosis and Pediatrics. After 25 years of continuous practice, Dr. Bauer retired and took up residence in Columbus.

During her studentship at the College, Dr. Bauer was active in many social and academic affairs. She was a splendid student and at one time was Secretary of the College Clinic. Enthusiastic about the future of Osteopathic Education, Dr. Bauer at one time offered considered financial support to the expanding program of the College. The College deeply regrets the passing of a fine citizen, a loyal alumna and an ardent enthusiast of Osteopathy.

Dr. T. P. McWilliams Begins Practice at Guthrie Center

Dr. Thomas P. McWilliams, son of Dr. and Mrs. E. W. McWilliams of Columbus Junction, has opened office for the general practice of osteopathy at Guthrie Center.

Dr. McWilliams graduated from Des Moines Still College of Osteopathy in December, 1943, and during the past year has been an interne at Des Moines General Hospital.

—Iowa Osteo. Phys. & Surgeons.

Plans Move Foreword

(Continued from Page 1)
to outpatient department, X-ray, Pathology, Emergency room, casting room, kitchen, dining room and other services, including hospital offices.

It is intended that actual remodeling according to finished plans may be completed by October.

Birth

Congratulations to Dr. and Mrs. J. E. Prior of Chillicothe, Mo., on the birth of a son, David Arthur. He was born June 10, and weighed 8 lbs., 6 oz.

ASSISTANT WANTED

In established practice of twenty years duration at Madison, Ind. Because of failing health I feel compelled to either secure an assistant or sell my practice. Write me at Seymour, Ind., R.R. No. 4. I will answer any inquiry you care to make as to my office equipment and nature of my practice. Dr. S. W. Winn.

Many Alumni Visit the College

Dr. Earl Small, 1944 graduate of the Des Moines College returned to his Alma Mater for a brief visit, after completing internship in the Portland (Me.) Osteopathic Hospital. Dr. Small was pleased about physical changes and the spirit of educational progress in Osteopathy continuing.

Dr. W. C. "Tiny" Andreen, spending several days in Des Moines, has visited the College many times. Dr. Andreen examined the Harbach building and seemed pleased with its potentialities as a teaching hospital.

Dr. and Mrs. Clark Hovis, also of Detroit, visited briefly at the College, renewing old acquaintances.

Dr. Jean LeRoque (now Captain LeRoque) returned for a visit while on furlough. He looked grand, but is anxious, of course, to get back into the osteopathic harness.

Dr. Harold Taggart of Flint, Mich., paid us a welcome periodic visit. Marvis Tate, freshman at the College is Dr. Taggart's cousin.

Dr. H. R. Rasmusson to Address Graduates

The Reverend H. R. Rasmusson, Minister and Director of the University Presbyterian Church, Purdue University, will address the graduates of June, 1945, at the commencement program. He has entitled his address, "Noblesse Oblige." The program will consist additionally of the invocation by the Reverend Lewis Jacobsen, pastor of the First Baptist Church of Des Moines. The class will be presented for the conferring of degrees by Dr. Mary E. Golden, Dean of Women at the college. Ten graduates will receive degrees. They are Homer Ellis Allshouse, Gail D. Boyd, Carlton P. Christianson, Vernon Dale Clausen, Donald L. Mack, Hyrum W. Merrill, H. Roy Rasmusson, Gordon F. Sherwood, Marion C. Thompson and Edward Yogus. Additionally, three men, who will complete their work in December, will participate in the present program. These men are Francis C. Ayers, James Kenneth Martin and Tobias Shild. One of each group has been selected by the Dean and Academic Committee for Graduation With Distinction. These men are H. W. Merrill and James Kenneth Martin. Graduation With Distinction is granted for excellence in scholastic attainments, clinical aptitude, devotion and application of osteopathic concepts and professional bearing and for extra-curricular scientific curiosity. The policy of Graduation With Distinction was instituted in 1943.

NOTICE

If and when you change your address, please notify the Log Book promptly.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 23

JULY, 1945

Number 7

NEW CLINICAL HOSPITAL NEEDS SUPPORT

College Trustees Add Jordan, Elect Officers

Dr. Holcomb Jordan, Davenport, was added to the College Board of Trustees on June 29, as a representative of the Iowa Society of Osteopathic Physicians and Surgeons. Dr. Jordan is also trustee of the Iowa Society.

The trustees elected Mr. Arthur Kenworthy, Chairman; Dr. DeWitte Goode, Secretary; and Dr. Mary E. Golden, Treasurer. Additional members of the Board are: Mr. J. Roy Capps, Mr. N. Harold West, Dr. Howard Graney and Dr. Robert E. Bachman.

The Board of Trustees meets monthly, or oftener on special call, and have started on a program of development and expansion of the College on a long range basis. Their specific plans and accomplishments will be relayed through these columns to the profession.

Dr. Schick Resigns Physiology Position

Dr. R. Dean Schick, Professor of Physiology, has resigned his position effective at the end of the past semester. Dr. Schick will begin his new duties as Instructor in the Department of Zoology and Entomology at Iowa State College, July 25.

Dr. Schick has presented his work at the Des Moines Still College of Osteopathy and Surgery most effectively since joining the staff July 1, 1944. Additionally he has contributed to the field of visual education by the creation of two mechanical models of the eye (see Log Book, April) and the demonstrator of hormone interrelationships which the college has had since 1941. Dr. Schick has provided pictorial displays in the exhibit hall on the fifth floor on a number of occasions.

Dr. Schick has led the trend in the use of motion pictures for classroom instruction, using both silent and sound pictures, as they were available. He served as Chairman of the Visual Education Committee of the faculty and was otherwise active in the academic affairs of the College.

The LOG BOOK wishes to express for the entire College organization best wishes for continued success in his future position.

Dr. Henry Hale Joins Staff in Physiology

Dr. Henry Bixby Hale will assume his duties as Professor of Physiology on August 6, replacing Dr. R. Dean Schick, who has accepted a position at Iowa State College, Ames, Iowa.

Training

Dr. Hale attended the Estherville Junior College and received his baccalaureate degree in Science at Iowa State College in 1936. He was granted the degree Master of Science from the same institution in 1939. Dr. Hale continued graduate work at the University of Cincinnati in the Department of Zoology. He



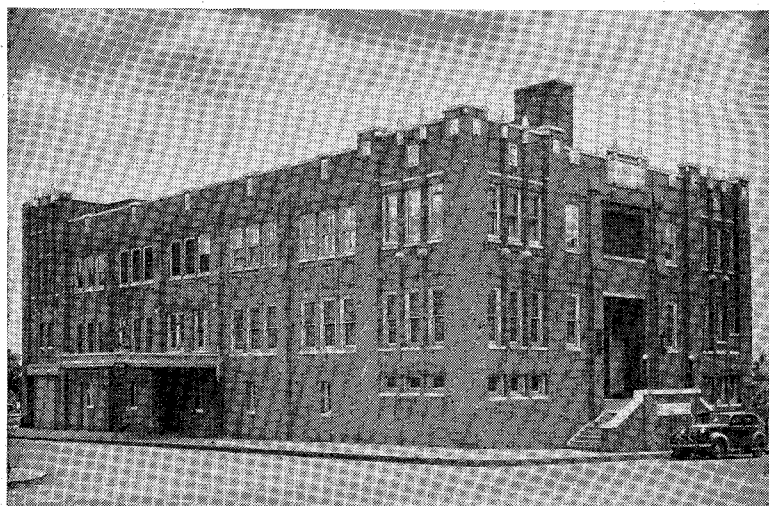
received his Ph.D. from the University of Cincinnati in 1944. For the past year he has served as Instructor in Zoology at Stephens College, Columbia, Missouri.

Prior to completing his graduate work at Ames, Dr. Hale was for three years instructor at the Keokuk Senior High School. During the summers of 1935 and 1936, he has been Director of the Iowa American Red Cross Life Saving Service at Okoboji. During his studentship at the University of Cincinnati, Dr. Hale served as Graduate Assistant in the Department of Zoology each year.

Publications

Dr. Hale's investigations have pertained principally to the
(Continued on Page 2)

Pay Up Unpaid Pledges New Contributions Needed



Clear Lot in Preparation for Remodeling

The New Clinical Hospital is a step nearer completion. The Lot immediately south of the Harbach building has been brought to street level, enabling workmen to cut windows in the south side of the building. THE FIRST STEP IN REMODELING HAS BEEN ACCOMPLISHED.

Floor Plans

Floor plans for the new structure are ready, providing for 68 beds and 22 bassinets. Additional space is devoted to major and minor surgery, a labor room and delivery room and a business office on the second floor. Ward beds and private beds are also planned for the third floor, which will house the internes' quarters and the nurses' quarters.

The first floor will be devoted to the X-ray department, the clinical laboratory, autopsy room, kitchen, dining room, storage facilities and outpatient department. The much talked of NEW CLINICAL HOSPITAL approaches reality. It is hoped that the hospital may be remodeled and equipped, ready for operation by October 15.

Funds Needed

Each contributor to the Osteopathic Progress Fund is asked

to duplicate his contribution. Those practitioners who did not contribute to the Progress Fund are asked to make a generous contribution now. Total cost of the purchase, remodeling and equipment of the building is estimated at \$125,000.00. Of this amount we have (or have spent thus far) 48,000.00. We need therefore, \$78,000.00 to complete the job. In order to meet this goal, it will be necessary that every Progress Fund contributor duplicate his pledge, that every one who has not previously contributed do so at once.

Equipment

As all practitioners realize, it is necessary to order at once for items which will be needed in October. This means cold, hard cash. Doctor, it's too late to delay. Send in your check at once.

500 Club and 1000 Club

There are 110 members of the 500 Club—doctors who have contributed \$500.00 or more to the Osteopathic Progress Fund. There are 15 members of the 1000 Club. Let's increase the membership in the 1000 Club to 100, by duplication of the original \$500.00 contribution at this time.

2000 Club

No contributor yet has contributed \$2000.00. Duplication of the pledges of the 15 1000 Club
(Continued on Page 4)

NEXT CLASS ENROLLS AUGUST 6

Dr. M. D. Warner Resigns as College Dean

With the close of the last semester on June 29, the College lost the most valuable services of a veteran in osteopathic education, when Dr. Maxwell D. Warner left the College. Dr. Warner cited as principal reason for leaving poor health. He has established his office for private practice in Rudoso, New Mexico.

Dr. Warner, keenly cognizant of the problems of the osteopathic colleges, had given six years to education in Osteopathy. Prior to his coming to Des Moines, Dr. Warner was Dean at the Kirksville College of Osteopathy and Surgery. He was a Kirksville graduate, and for many years thereafter served communities in Michigan in private practice. Before returning to Kirksville in 1938, Dr. Warner pursued graduate work at the University of Michigan, of which he was a graduate in 1917.

Service

During his Deanship at Des Moines, Dr. Warner served as professor in Pharmacology and Biochemistry. He was a prolific writer, and had many articles published in the LOG BOOK, FORUM and OSTEOPATHIC MAGAZINE. His comprehension of the position and complexities of osteopathic education, as well as the aims of the Des Moines College, and his indefatigable efforts to accomplish uncompromisingly the best for the profession, merged to chart a straight course of advancement of the Des Moines College.

Respect

The respect by his students and by his teaching and administrative colleagues at Des Moines was equalled by the esteem accorded him by coworkers in the other osteopathic colleges. The American Association of Osteopathic Colleges leaned heavily on the judgment of Dr. Warner in many academic matters. He was a regular contributor to their programs, and at the last meeting of this group, the administrators of all other colleges expressed their high regard for him in a resolution of appreciation for his work in the association.

Dr. Warner's decision to enter private practice at this time is an unequivocally hard blow to osteopathic education and the Des Moines College. May success and improved health follow him in his new venture.

NOTICE

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The Ellender Bill

The Journal of The Association of Medical College editorializes as follows:

A hearing was held on the Ellender Bill May 1, 1945. The War Department, the Navy Department and Selective Service voiced strong opposition to the bill. The Surgeons General of the Army, the Navy and the Public Health Service approved of the bill. Seventy-seven medical schools wired their approval of the bill. Only one school expressed opposition to the bill. At the time of this writing, it is very doubtful that the bill will pass. It is still before the Senate Military Affairs Committee. That committee has met several times since the hearing on the bill but because of lack of a quorum was unable to transact any business, therefore the Ellender Bill was not considered further. The author of the bill, Senator Ellender, does not feel that the situation is a hopeless one.

On May 31, four representatives of a subcommittee of the Committee on Postwar Medical Services were given the opportunity to discuss the reason for the introduction of the Ellender Bill, namely, the impending shortage of medical students in 1946, with the President of the United States, Mr. Harry S. Truman. The personnel of this subcommittee was: Dr. Harvey Stone, vice chairman of the Procurement and Assignment Service, Dr. Evarts Graham, professor of surgery, Washington University, Dr. Victor Johnson, secretary, Council on Medical Education and Hospitals, American Medical Association and Dr. Fred C. Zapffe, secretary, Association of American Medical Colleges.

The President listened very attentively to the story the committee had to tell about the supply of medical students in 1946, asked some questions, and finally requested that he be given a summary of what had been said so that he could study the matter at his leisure. This summary was prepared immediately and is now in the hands of the President. Every effort was made by the committee to impress the President with the fact that interest in the matter is centered entirely in a desire to supply the needed number of physicians to conserve the health of the Nation, to supply the Armed Forces, the Veterans Administration and all other agencies needing medical personnel such as, for instance, the military governments in the liberated countries of Europe. Medical schools do not have any vested interest in the problem. They want to give service, do what they can to ensure an adequate supply of well educated medical personnel. Medical schools have been under a severe strain for several years. The accelerated course, a badly depleted teach-

ing personnel and many other factors are actually an invitation to a period of rest—say of one academic year—during which time some badly needed faculty members may have been released from service and be ready to take on their teaching duties and give some relief to the men who have worked hard and faithfully during the emergency. But the great need for physicians supercedes everything else. Medical schools will carry on as they have if they can get students. Right now it seems that that wish is wholly "wishful thinking."

Cranial Technique

Three courses in cranial technique will be offered at the Des Moines Still College of Osteopathy and Surgery, beginning October 1. The courses are:

1. **Advanced course:** open to physicians who have previously taken the course as offered at the Des Moines College. It is offered October 1 to 6.
2. **Beginners course:** open to any physician interested in cranial technique, whether he has had previous training or not. October 1 to 13.
3. **Beginners course:** repetition of above, from October 8 to 20.

The advanced course is devoted entirely to technique and clinical demonstrations, with seminars in the evening conducted by the staff, including Dr. Paul E. Kimberly.

Beginners' Course

The beginners' courses consist of one week's instruction in cranial anatomy and physiology and a second week of technique and clinical demonstration. The week's instruction in anatomy and physiology by Dr. Kimberly is prerequisite to further study at the Des Moines College in this field.

Staff

The staff consists of Dr. W. G. Sutherland, St. Peter, Minnesota; Dr. Beryl Arbuckle, Philadelphia; Dr. Howard Lippincott, Moorestown, New Jersey; Dr. Raleigh S. McVicker, The Dalles, Oregon; and Dr. Paul E. Kimberly, Des Moines.

Tuition for each course listed above is \$150.00. Registrants are asked to arrange for hotel reservations at an early date. A matriculation fee of \$50.00 is requested at the time of application in order to guarantee the applicant a place in the course. Enrollment in each course is limited to 24. Registrants to date are:

Beginners' Course—Oct. 1 to 13
Carl E. Andlauer, Dayton, Ohio
Victoria A. Nash, Toledo, Ohio
R. Evelyn Alvord, Lexington, Ky.
Opal B. Littler, Urbana, Ill.
Uda Belle Garrison, Kirksville, Mo.
Harold I. Magoun, Denver, Colo.
Edith Salmon, San Francisco, Calif.
Charles E. Kalb, Springfield, Ill.
H. R. Myers, Lowell, Michigan

C. E. Pollock, Champaign, Ill.
Harriet G. Anundsen, Monroe, Wis.

John H. Fox, Cedar Rapids, Iowa
H. V. Glenn, Stuttgart, Ark.
Geo. V. Harris, Fayetteville, Ark.
Pearl Thompson, Milwaukee, Wis.
Claude B. Root, Greenville, Mich.
Sevilla Mullet, Bryan, Ohio
B. M. Sparling, Toronto, Ontario
Beginners' Course—Oct. 8 to 20
Grace R. McMains, Baltimore, Md.

H. Edward Davis, Lewisburg, Pa.
Leo R. Channell, Leavenworth, Kans.

Anna B. Slocum, Des Moines, Iowa (1st week)

W. A. Newland, Seattle, Wash.
Geo. P. O'Leary, Portage, Wis.

Advanced Course—Oct. 1 to 8
Leo C. Harrison, Cherokee, Iowa

Arthur E. Borchardt, Lidgerwood, N. D.

Edward V. Chance, St. Helens, Oregon

Ruth Jones, Flushing, L. I., N. Y.

Nellie J. Kramer, Pella, Iowa
Anna B. Slocum, Des Moines, Iowa

G. A. Baird, Hiawatha, Kans.
Richard B. Gordon, Madison, Wis.

J. J. Henderson, Toledo, Iowa
J. Gordon Zink, Canton, Pa.
H. V. Hoover, Tacoma, Wash.

Clark New President Of A. A. O. C.

Dr. Hugh Clark, President of the Des Moines Still College of Osteopathy and Surgery, as a representative of that College was elected president of the American Association of Osteopathic Colleges. Dr. J. S. Denslow of Kirksville was reelected Secretary, and Mr. Morris Thompson was elected Vice President.

During the meeting Dr. M. D. Warner, in absentia, presented a paper on transfer of students between osteopathic colleges, and Dr. Clark presented a paper on alumni organization in relation to osteopathic colleges.

Dr. Henry Hale

(Continued from Page 1)
female endocrine system. His doctoral thesis was entitled "Functional and morphological alterations of the reproductive system of the female rat following prepuberal treatment with estrogens." Other work includes "Ovarian tumors in adult rats following prepuberal administration of estrogens," and "Inhibition of estrogenic effects on the reproductive system of the male rat by testosterone injections." Dr. Hale proposes to continue this avenue of research at the Des Moines Still College of Osteopathy and Surgery.

He is a member of Sigma Xi, honorary Science Society and of the American Association for the Advancement of Science.

The LOG BOOK extends to Dr. Hale a most cordial welcome into the field of osteopathic education and wishes him the best of success in his new association.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

Editor.....Hugh Clark, Ph.D.

Osteopathy Without Limitation

Living Endowment Fund Doubles In Month

The Living Endowment Fund has reached a total for the year 1945-46 of \$8,789.74. Of this amount, \$4,512.00 has been received in cash. This is an excellent start on the 1945-46 goal, but we still have \$13,000.00 to go.

To date there have been 42 new contributors to the Living Endowment Fund, and 42 renewal contributors, making a total of 84. We are anxious, of course, to enlist the support of the entire alumni body in this effort. If you have not made your contribution for 1945-46, DO SO AT ONCE. Let's show in August again a doubled total.

Purpose

The Living Endowment Fund is not to be confused with the Osteopathic Progress Fund or the Hospital Fund, both in the hands of the Des Moines Still College Osteopathic Foundation. The Living Endowment Fund is used for current operational expenses of the College — faculty salaries, teaching equipment, library subscriptions and the like.

If we are to add faculty in the clinical years of instruction and in the basic sciences as well, it is necessary that we build a reserve for this purpose. The modern osteopathic college is in competition not only with the sister colleges of osteopathy but also with medical colleges as well. We must therefore continue to grow. Growth is essential in FACULTY, LIBRARY, LABORATORY AND CLINICAL EQUIPMENT, RESEARCH and PUBLIC RELATIONS. The college cannot progress in all these lines without the aid of the profession. Financial support is not only necessary, it is urgent.

Progress

Through the assistance of the profession, the college has attained a basic science faculty of which it can be and is justly proud. The teaching equipment is of the finest, unexcelled by any institution in the middle west. The library has grown, now containing some 2500 bound volumes and subscriptions to 60 current periodicals. The clinic is moving toward departmentalization and greater diversity of cases. The X-ray department has been added as an integral part of the Clinic. A pediatric clinic has been established in conjunction with the obstetrical clinic. A urology clinic has been developed and offers training in diag-

nostic procedures, in this specialty. Instruction is given in the venereal clinic. Externship for senior students has been in force in cooperation with the Des Moines General Hospital for more than three years. In short, the training of the 1945 student shows a remarkable improvement over that of the 1940 or 1935 student.

Goal

Let us not create the impression, however, that our system of instruction is perfect. Advances not only are possible, but are urgent. We have used the expression previously of **Balanced Expansion**. It is necessary that we grow equally in all departments. Currently the greatest need is in the Hospital and Clinics. The story of the hospital is told on page one. Read it and give generously in order to make this a reality. We do need your help.

Hospital

The hospital will mean for the College a number of great benefits. IT WILL MEAN FOR THE PROFESSION EVEN GREATER BENEFITS:

1. Graduate instruction in the specialties at a reasonable cost, sponsored by the faculty of an approved College of Osteopathy.
2. A diagnostic center for osteopathic physicians of the middle west.
3. A source of pride for the profession—a greater significance for all past diplomas of the Des Moines Still College of Osteopathy.
4. A constant and perpetuating source of better public relations for osteopathy and the Des Moines College.
5. A mark for the public to match in the campaign for funds which will be made in the very near future.

DOCTOR, LET'S BUILD THIS HOSPITAL AND FINISH A FINE OSTEOPATHIC PROJECT.

The subscribers are listed below, according to state.

CALIFORNIA

Carrie Freeman, Bell, Calif.

IDAHO

O. R. Meredith, Nampa, Idaho

ILLINOIS

Catherine L. Gallivan, Chicago

L. R. Morgan, Alton, Illinois

INDIANA

C. W. Odel, South Bend, Indiana

IOWA

Martin Biddison, Nevada, Iowa

Ralph E. Brooker, Grinnell

Byron L. Cash, Des Moines

W. P. Chandler, Persia, Iowa

Howard A. Graney, Des Moines

J. P. Hull, Newton, Iowa

H. J. Marshall, Des Moines

John Q. A. Mattern, Des Moines

H. D. Meyer, Algona

Harold D. Meyer, Algona, Iowa

J. R. McNeerney, West Des Moines, Iowa

C. R. Reynolds, Sioux City, Ia.

C. R. Reynolds, Fairfield, Iowa

M. R. Runions, Sioux City, Iowa

C. E. Seastrand, Des Moines

J. P. Schwartz, Des Moines

D. E. Sloan, Des Moines

Mark J. Sluss, Lenox, Iowa

H. A. Somers, Hawarden
I. N. Thompson, Oskaloosa
Max D. Warner, Des Moines
H. B. Willard, Manchester
Harry E. Wing, Ottumwa, Iowa
Joseph R. Woloschek, Des Moines
E. J. Winslow, Stockport
Rachel Woods, Des Moines

MASSACHUSETTS

Joseph A. Guerrero, Lawrence
Ward C. Bryant, Greenfield, Mass.

MICHIGAN

C. C. Auseon, Hillsdale, Mich.
Hal Beals, Brooklyn, Mich.
Alan R. Becker, Jackson, Mich.
Chas. A. Bennett, Detroit, Mich.
Harold Belf, Detroit, Mich.
Joseph C. Cullen, Ferndale, Mich.
Verne H. Dierdorff, River Rouge, Mich.

John W. Eddy, Detroit, Michigan
S. F. Elias, Detroit
E. Deane Elsea, Detroit
Alfred G. Ferris, Grand Rapids
H. B. Juhlin, Greenville, Mich.
D. W. MacIntyre, Grand Rapids, Mich.

J. B. Miller, Flint, Mich.
Kenneth Moore, Detroit, Mich.
Loyal W. Peterson
L. P. St. Amant, River Rouge, Mich.

A. B. Schiffer, Detroit
Verna Simons
Richard F. Snyder, Detroit, Mich.
C. E. Swartzbaugh, Detroit, Mich.
Harold L. Taggart, Flint
Neil M. Woodruff, Crystal, Mich.
Lloyd Woofenden, Highland Park, Mich.

MINNESOTA

E. C. Herzog, Brainerd, Minn.
L. V. Long, Detroit Lakes, Minn.

NEBRASKA

Angela McCreary, Omaha
F. J. Petersen, Alliance, Nebraska

NORTH DAKOTA

A. E. Borchardt, Lidgerwood, N. D.

NEW MEXICO

Sherman W. Meyer, Hot Springs, N. M.

OHIO

Adda S. Liffing, Mansfield, Ohio
Wm. C. Rankin, Cadiz, Ohio
Victor J. Sperling, Amelia, Ohio
C. H. Stull, Geneva, Ohio
Ethythe M. Varner, Warren, Ohio
Harry E. Woodward, Akron, Ohio

OKLAHOMA

W. D. Blackwood, Hartshorne, Oklahoma
Geo. F. Ganger, Rush Springs

OREGON

Gerald A. Dierdorff, Medford, Oregon
Bertha Rocine, Portland
Paul T. Rutter, St. Helens, Oregon
Bertha E. Sawyer, Ashland, Oregon

PENNSYLVANIA

Elisha T. Kirk, Media, Penn.
O. O. Wentling, Erie

SOUTH DAKOTA

G. C. Redfield, Rapid City
Saul Siegel, Gettysburg
F. E. Burckholder, Sioux Falls
James H. Cheney, Sioux Falls

TENNESSEE

J. N. Gill, Chattanooga, Tenn.

TEXAS

Crews' Hospital & Clinic, Gonzales (T.D.-W.L.)
William A. Lewis, Austin, Texas

Marquis Childs Expresses Fear of Doctor Shortage

The following article consists of pertinent excerpts from Marquis Childs column for June 25, as presented in the Des Moines Tribune.

"DOCTOR SHORTAGE"

"The National Research Council and the American Council on Education recently surveyed the whole field and presented some startling conclusions. Take medicine and health, for example.

"Even if enrollments, admissions and graduations are maintained at present levels, there will be a shortage of some 19,000 doctors available for civilians as compared to the prewar period. Even before the war, there were areas woefully lacking in properly trained doctors.

* * *

"We sometimes seem to think that medical care is a luxury. If you look at the number of young men rejected by selective service—about four out of every ten—you get a different idea. The nation's health is the source of the nation's strength, and we neglect it at our peril.

"SCHOOLS CLOSING"

"Dr. Morris Fishbein and Dr. Victor Johnson of the American Medical association have made repeated trips to Washington to try to persuade military authorities that some corrective steps were necessary.

"Because of the selective service policy of refusing deferment to premedical students the AMA fears that many medical schools—the smaller and lesser known ones, especially—may have to close down.

If their entering classes are cut in half this fall, then they simply can't afford the doubled cost of educating our future doctors.

"Because of the shortsighted refusal of selective service in 1943 to defer any more premedical students, only about 10 per cent of freshmen medical classes in 1946 will be filled by students in the Navy program and none in the Army program. Maj. Gen. Lewis Hershey, head of selective service, says that the medical schools can get students out of civilian life.

"VETERAN STUDENTS"

"But a careful study by the heads of those schools indicates not more than 50 per cent of entering classes this fall will come from civilian sources, and (Continued on Page 4)

WASHINGTON

C. David Heffen, Renton
D. F. Johnson, Seattle, Wash.

WEST VIRGINIA

Ervin E. Emory, Huntington, W. Va.

Walter B. Goff, Dunbar, W. Va.
A. B. Graham, Wheeling, W. Va.

WISCONSIN

John S. Anderson, River Falls
Charles D. Schultz, Madison, Wis.

Doctor Shortage

(Continued from Page 3)
certainly it will be impossible to get 90 per cent of their students from this source next year. Hershey has said that returning veterans will provide hundreds and even thousands of new medical students.

"A checkup shows, however, that in eight large universities ordinarily supplying 800 to 900 freshman medical students annually, just 42 veterans have enrolled in premedical studies; and of this number, only 28 were considered probably acceptable as future physicians.

"Secretary of Navy James Forrestal, replying to the plea of medical educators and scientists, said it would be discrimination if premedical students were deferred.

"It would mean that families with enough money to finance a costly medical education would have their sons deferred, while those who couldn't afford it would not have this opportunity.

* * *

"This is hardly an answer, since the military departments are now paying for the medical education of thousands of young men in uniform. These are men deferred because they were already in medical schools.

"PROGRAM

"Moreover, the Council of Education has a program. It proposes the selection of 8,000 high school graduates for deferment this year on the basis of their aptitude in science, their predilection for medicine, emotional stability, and so on. Deans of medicine schools would play a major role in this screening process.

"We talk about first-class care for returning veterans. That may mean up to 15,000 doctors. Here in congress and in the state legislatures are many bills calling for medical clinics at cost, and for health insurance. That means more and more doctors."

Clinical Discussion

Group in Central Iowa

A clinical discussion group was formed at the offices of Dr. R. C. Rogers, Hubbard, Iowa, on Friday, May 25, comprising a number of osteopathic physicians located in Grundy, Hamilton, Hardin, Marshall and Story Counties. The group will hold meetings on the second Friday of each month at the office of its respective members. The July meeting was held at the office of Dr. Paul E. Emmans, Wellsburg, a 1944 graduate of the Des Moines Still College of Osteopathy and Surgery.

This policy of group study is one that may well be emulated by groups throughout the country. A similar study group has been meeting at the Des Moines Still College of Osteopathy and Surgery in cranial technique, under the guidance of Dr. P. E. Kimberly.



OSTEOPATHIC PROGRESS FUND REPORT Part VIII

Part I. (January) Financial report to December 23, 1944.

Part II. (February) An illustrated report of the Pathology Department.

Part III. (March) An illustrated report of the Department of Physiology and Pharmacology.

Part IV. (April) An illustrated report of the Department of Bacteriology and Public Health.

Part V. (May) An illustrated report of the Library.

Part VI. (May) An illustrated report of the new clinical hospital.

Part VII. (June) Statement of hospital remodeling plans and need for funds.



Embryology Laboratory

Embryology and Histology

The embryology-histology laboratory is located on the fourth floor of the College building. The laboratory has a capacity of 42 students. Student accommodations consist of 5 tables equipped with lamps for microscopic study, and other items as stated below. The room is equipped for dark-room projection, with fixed screen, and departmental adjuncts include a 2" x 2" projector, a Balopticon for reflection of

opaque objects, a microprojector, a silent motion picture projector and a sound motion picture projector. The department has a small, but growing collection of slides for projection.

A photographic series of 12-day mouse sections are mounted on the wall making it advantageous for group study. Additionally serial sections of the 34 hour chick and 48 hour chick are available in moveable frames. A large number of embryological

charts and other display materials are present in the visual education division of the department. Gross specimens include various fetal abnormalities as well as a series of normal fetuses, prepared and mounted in various ways. A few models of the chick facilitate both learning and instruction in this department. The department shares with the department of physiology a mechanical demonstrator of hormone interrelationships in the female.

Class Equipment

For routine class use, each student is furnished a microscope and a set of slides for histology or embryology. Special slides are available in addition to the sets with which the students are provided.

Microtechnique

Adjoining the laboratory, and shared with the department of Pathology, is a stock and service room for storage of materials used in teaching in the two department. A subdivision of the service room is the microtechnique laboratory for the preparation of histological, embryological and pathology slides. It is equipped with a Spencer rotary microtome, paraffin and drying oven, gas, vacuum, compressed air and the usual supplies and apparatus of such a laboratory.

Hospital Needs Support

(Continued from Page 1)
members will create a new and select contributors' organization. YOU can be the first member.

Memorialization

Thus far a number of associated groups have stated an interest in memorialization of their efforts in the hospital construction by plaques. Rooms, departments, equipment and service will be memorialized by suitable plaques, commemorating the contribution in any way that is desired. Earmarking contributions is encouraged. In the event of duplication, an alternative will, of course, be offered.

Auxiliaries

Auxiliary organizations — city, county, state — have an excellent opportunity to demonstrate interest in this project in a most productive way. Furnishings and equipment for Departments of Pediatrics, Obstetrics, Gynecology, Osteopathic Manipulation, Waiting Room, Offices or other phases of the institution offer excellent opportunities for group efforts. Let us know when you have decided on such a project.

Both the Polk County and Iowa State Auxiliaries have to date made contributions. An X-ray view box and a 2" x 2" slide projector have been donated. New projects are contemplated by both; as the hospital nears completion more avenues of aid become apparent.

Contributions

Mail all contributions to the Hospital Fund to Mr. Nelse Hansen, Treasurer, Des Moines Still College Osteopathic Foundation, 603 E. Locust St., Des Moines, Iowa.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

Volume 23

AUGUST, 1945

Number 8

CLINICAL HOSPITAL PLANS COMPLETE

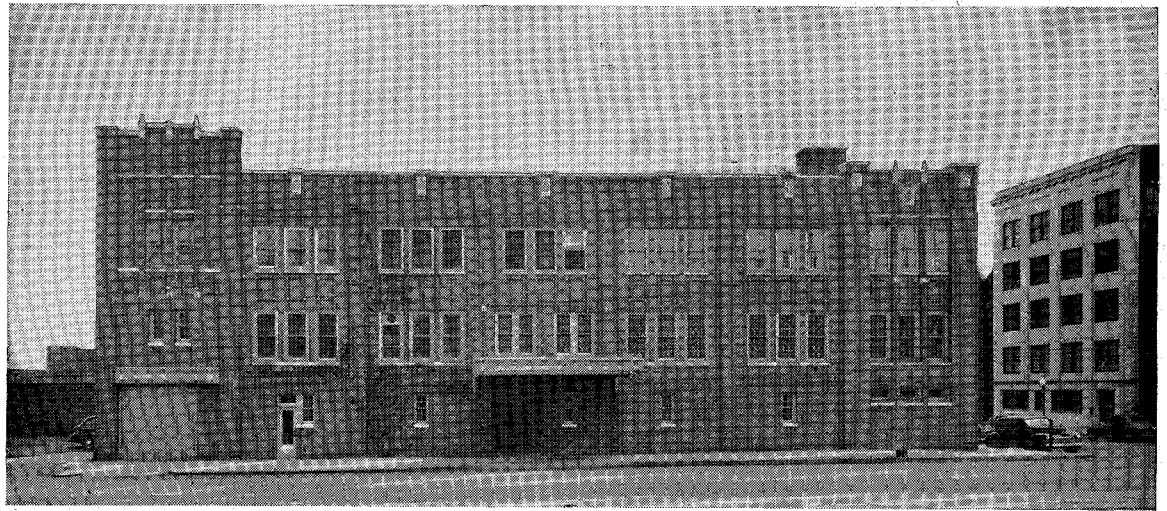
Dr. O. E. Owen Re-elected as Dean

Dr. O. E. Owen, who for several years served as Dean of the College but who resigned in 1944 because of the establishment of a private practice, has once again been elected Dean of Still College. Dr. Owen still maintains his individual practice but has consented to take over the extra responsibilities of Dean.

His efficiency and accomplishments as a physician, as an instructor, and as dean are well known to most of our readers, and we are looking forward to a pleasant association with him once again.

Training

Dr. Owen received his B.S.



New Clinical Hospital and College

Student Enrollment "Looking Up"

The war has played havoc with the student enrollment at D.M.S.C.O.S. the past several semesters. But now with cessation of hostilities and the return of peace, the College eagerly anticipates the return of former undergraduates and the enrollment of new future osteopathic physicians.

This anticipation may well be justified, for already the student enrollment situation is "looking up" this semester as D.M.S.C.O.S. welcomes six new students and one sophomore war veteran who has returned to the ranks.

All are students of very high quality and come to us with an excellent background of college training.

Mrs. Dorothy Vernon Mullin, a physio-therapy technician of Des Moines, attended Cherokee Junior College, Cherokee, Iowa, for 1 year and Drake University for 2 years before entering Still College as a Freshman this semester.

Thomas H. Levi of Jackson, Michigan, spent 4 years at Indiana University. Prior to his entrance into Still College, he served as a lieutenant in the infantry of the U. S. Army in the South Pacific.

Menas Georgopoulos of Detroit, Michigan, comes to us with a B. S. degree in pharmacy from the Detroit Institute of Technology from which he graduated May 21, 1943.

Richard John Sherman of Des Moines has studied 2 years at the State University of Iowa.

Charles Alexander, also of Des Moines, has 3 years training at the State University of Iowa.

Richard L. Pascoe, another Des Moines man, spent 2 years at the University of Iowa.

A Sophomore student, Kenneth A. Elliott of Columbus, Ohio, is also a former student of Ohio State University and has recently been released from service in the U. S. Army Medical Corps.

First impressions of these new enrollees have been favorable and D.M.S.C.O.S. extends a hearty welcome to each student and an invitation to them to participate in all school activities for the advancement of themselves, of the College and of the profession which they have chosen.

Recent Grad Receives Ohio License

Word has recently been received here that Dr. Hoy E. Eakle, February, 1945, graduate of D.M.S.C.O.S., was granted a license to practice osteopathic medicine and surgery in Ohio after successfully passing the Ohio State Medical Board given June 18-25. The information received stated that 47 certificates were granted to practice osteopathic medicine and surgery.

Dr. Robert E. Luby, another Still College graduate residing in Columbus, Ohio, was also among the 47.

Remodeling Now Under Way

Final plans for the remodeling of the **New Clinical Hospital** have been finished. The completed plans have been drawn in such a manner that partitions and rooms already present will be used without any major changes. They provide for 65 adult beds, 12 pediatric beds and 20 bassinets. There will be a major and minor surgery room, as well as one delivery room and one labor room, which may be used for delivery when necessary.

Bids have been received and reviewed and the contract has been let. The total cost of the remodeling will be approximately \$50,000.00, with an approximate \$30,000.00 additional for equipment.

The Harbach Company will vacate the building by September 1 and remodeling began August 17.

Contributions

There is at present about \$35,000.00 in outstanding pledges. This money is needed immediately to meet the expenses of remodeling. If you have pledged your support to the **Osteopathic Progress Fund**, now is the time to make your contribution. If you have already contributed, we urge you to increase or duplicate your contribution.

(Continued on Page 3)



Dr. O. E. Owen, Dean

degree from Penn College at Oskaloosa, Iowa, in 1929 and his M.S. degree from the University of Missouri in the Department of Zoology, 1931. He served as acting head of the Department of Biology at Berea College for one year following his graduation from the University of Missouri. He is a 1937 graduate of Still College. During his study at Still, he also served on the teaching staff in the Department of Pathology, and following his graduation he was retained on the faculty as Professor of Pathology.

Dr. Owen studied one summer at the University of Michigan under Professor Weller in the Department of Pathology. In 1940 he was chosen as assistant dean of the Des Moines Still College and became dean in 1942

(Continued on Page 3)

Clark Out as President In Surprise Action By Trustees

Des Moines Still College lost an energetic and dynamic leader August 1, when the Board of Trustees failed to reelect Dr. Hugh Clark as president of the College. No successor has been appointed.

Dr. Clark has been associated with the College since 1939 when he became professor of physiology, histology, and embryology.

Service

Until taking over the administrative work of the College nearly a year and a half ago, Dr. Clark, in addition to his carrying a full time teaching load, served on numerous faculty committees and worked untiringly for the betterment and progress of the school.

In 1943 he became editor of the **Log Book**. Through its columns he has contributed many beneficial thoughts and constructive ideas. This paper, under his editorship, has played a vital role in the progress made during the last two years in the Osteopathic Progress Fund Campaign.

In February, 1944, Dr. Clark was appointed assistant to the president and in May of the same year, was elected president of the College.

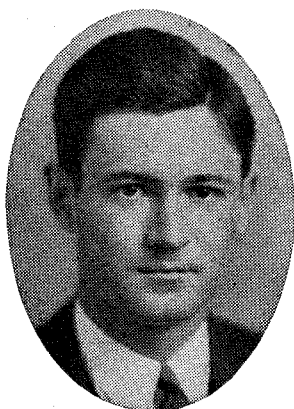
Accomplishments

When Dr. Clark assumed the responsibilities of this office, he did it with an eagerness to aid in the program of educational progress, with a deep-rooted interest in the osteopathic profession and its development, and with a pledge to work unceasingly for the College and its development. Fulfillment of this pledge cannot be questioned. Dr. Clark was keenly cognizant of the problems and possibilities of the osteopathic colleges and of the profession as a whole. He had a deep interest in the welfare of the students. Under his guidance the College laboratories have been remodelled, re-equipped and reorganized; clinic facilities have been greatly increased; the College curriculum has been revamped and expanded; and the library has seen much improvement, with the addition of numerous periodical publications. Through his work, many new volumes have been purchased or obtained as gifts from generous contributors to the library.

Dr. Clark kept in close touch with the alumni organization. He was the originator and sponsor of the Living Endowment Fund Program, the merits of which have spoken for themselves.

The esteem with which he was held by organizations outside the school, as well as by his students and co-workers, was manifested when Dr. Clark was recently elected president of the American Association of Osteopathic Colleges.

The faculty, alumni, and stu-



Dr. Clark

dent body of the D.M.S.C.O.S. sincerely regret Dr. Clark's leaving and extend best wishes for his successful future.

Meyer, McNerney Join Faculty

Dr. C. O. Meyer of Des Moines and Dr. J. R. McNerney, West Des Moines, osteopathic physicians and surgeons, comprise two valuable additions to the faculty of Des Moines Still College of Osteopathy and Surgery. Both doctors assumed their duties at the beginning of this semester, August 6.

Dr. Meyer heads the Department of Osteopathic Practice and acts as instructor of osteopathic therapeutics. He began his work as a registered pharmacist in 1925 in Des Moines and Chicago and in 1926 received his B. S. degree in chemistry and pharmacy from the Des Moines University. Several years later he entered D.M.S.C.O.S. where he was active in student affairs. He received his D. O. degree from this institution in 1933 and has since taken a year of post-graduate study at Still College, a course in proctology at the Norwood Clinic in Texas, a three months course at the Denver Polyclinic and served a one year internship at Madison Street Hospital in Seattle, Washington. He obtained his major surgery license in 1943.

Dr. Meyer is a member of Sigma Sigma Phi, national osteopathic honor fraternity, and the Des Moines Shrine Club. He comes to Still College excellently prepared, both by training and experience, for his new position and has been designated by those who know him as one of the most widely read members of our profession, having always a keen interest in new material and the advancement of osteopathic medicine.

McNerney

Dr. McNerney, a native of Iowa, is a graduate of Dowling of Des Moines and received his D. O. degree from Still College in 1937, following which he interned at the Des Moines General Hospital for one year. After this time, Dr. McNerney practiced in Ledyard, Iowa for two years before returning to Des Moines for his postgraduate work

at Still College in 1940-41. He received his major surgery license in 1941 and went to West Des Moines to practice.

Dr. McNerney has been especially active in public and in local and state association affairs. He is president of the Polk County Osteopathic Association and membership chairman of the state association. He is a member of the Board of Trustees of the Wilden Hospital and of the Executive Board of the Dowling Alumni Association. He is also affiliated with the Knights of Columbus and the West Des Moines Lions Club.

While at school, Dr. McNerney was an exceptionally good student and has carried over into his practice this same success. He is a member of Sigma Sigma Phi and received the annual award of this fraternity for outstanding service to the school.

He comes to our school from the field as an ardent student of the science and as a successful practitioner. As such he brings to the classroom first-hand practical experience which he imparts to his students. As instructor of applied anatomy, he will bring together for the senior students the loose threads of their knowledge of anatomy and help them apply the knowledge in a practical way as they enter the profession as practicing physicians.

Students, faculty and alumni of the Des Moines College extend a cordial welcome to these doctors and take pride in the new associations.

Forward

At this issue of the **Log Book** goes to press, we are all celebrating V-J DAY with thankful hearts. This note will come to the reading of many of you who gathered in thoughtful silence at the fifth floor assembly hall on December 7, 1941, to hear the President's radio message when war was declared. Since September, 1941, the college has operated on a continuous war emergency schedule, presenting the standard four-year course of nine-months each, in three years actual time, so that newly trained osteopathic physicians and surgeons could be released to meet the health problems of the nation. How soon we will return to a standard schedule, depends upon educational trends the country over.

During these war years the **Log Book** has recorded month by month, the activities of the College to its many friends and alumni. We open the fall semester with bright anticipation. We are not unmindful of the generous support given the institution during the past few years, which has made possible the many improvements in the physical equipment of the college, the most significant of these projects being the CLINICAL HOSPITAL which will open this fall. The next issue of the

LOG BOOK will carry detailed information in this regard.

As Dean of the College at this most significant period in the expansion of the institution, it is my pleasure to report that the future has never been brighter, the opportunities greater, for the growth of a truly great enterprise in osteopathic education.

—O. EDWIN OWEN, D.O.
Dean, Des Moines Still
College of Osteopathy &
Surgery.

Opportunity Open for Energetic Doctor

A letter from Mrs. Marjorie Burns, daughter of the late Dr. Frank D. Harrison, has revealed that a good opportunity awaits some doctor interested in a Michigan practice. Mrs. Burns' letter states, in part:

"Dr. Harrison's office located at 314 N. Michigan Avenue, Saginaw, Michigan, is for rent and his equipment is for sale. The office is on the ground floor and completely private. It is an excellent location, on a bus line, with adequate parking space and at the edge of the business district. It is 1½ blocks from the Saginaw Osteopathic Hospital. In addition to the office, there is an apartment upstairs now being redecorated which will be held available for a time to any physician wishing to take advantage of this opportunity. Saginaw is a thriving city with well established industries having large payrolls, and offers fine possibilities."

Anyone interested in this office or equipment should contact Mrs. Burns at 314 N. Michigan Avenue, Saginaw, Michigan.

Births

Dr. and Mrs. John Q. A. Matern of Des Moines announce the birth of a daughter, Suzanne Patricia, born June 26, 1945, and weighing 6 lbs. 2½ oz.

Dr. and Mrs. Ronald Woods of Des Moines are the parents of a daughter, Janet Kay who was born June 29. Weight, 7 lbs. 4 oz.

A daughter, Elaine Diann, was born July 20 to Dr. and Mrs. Earl Sargent of Des Moines. Her weight was 7 lbs. 4½ oz.

Judith, daughter of Dr. and Mrs. Norman Kurzer of Des Moines, was born August 3. She weighed 7 lbs. 3 oz.

Congratulations to the parents!

Dr. Kurzer Opens Office in Des Moines

Dr. Norman H. Kurzer, a graduate of Still College, recently returned to Des Moines where he has opened an office in Urbandale.

Dr. Kurzer has been receiving interne training and doing post-graduate work in New York City since his graduation in June of 1942.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Acting Editor
H. W. MERRILL, M.S., D.O.

Osteopathy Without Limitation

Policy

When Dr. Clark left our school, the **Log Book** was left without an editor. Since it is a vital link in the chain of college operations, the **Log Book** must be published but who would do the job?

The present, so-called acting editor happened along just as the search for an editor began and the axe fell on him.

He deemed it a privilege to be even considered for such a responsible task, but humbly acknowledges the fact that the path which led him to a study of the sciences never led him to a knowledge of journalism. So any attempt at publishing a **Log Book** is mostly an experiment except for the advice of the former **Log Book** editor and other members of the school staff, to whom he is grateful for their assistance.

He has agreed to carry on until a qualified editor can be found. In the meantime, he will welcome any suggestions or criticisms and will appreciate your cooperation.

The **Log Book** is the official mouthpiece of the Des Moines Still College of Osteopathy and Surgery. Its primary purpose is to bring to the readers news and needs of the school, its students, faculty, executive board, alumni and items of general interest to the profession.

In order to fulfill this purpose, we must have an inexhaustible supply of material. Articles and items of student, faculty, and alumni authorship are invited. Don't wait until you are asked to prepare an article or news item, but write one upon some specific subject—act upon your own initiative. Let's all do our part to help make the **Log Book** and the Des Moines Still College the best in the profession!

WAR

"This is a war not for conquest, popularity, or power. It is an aggressive campaign for love, truth, and humanity. We love every man, woman and child of our race; so much so that we have enlisted and placed our lives in front of the enemy for their good."—Dr. Still's AUTOBIOGRAPHY.

MESSAGE FROM BOARD OF TRUSTEES

The Board of Trustees of the College is at the present time in the process of securing a president to head your faculty and College. Many applicants have been interviewed, but no formal action has been taken and will not be taken until we feel the desirable man has been found for this very important work.

Much has been accomplished the past few years at the College and we shall continue the progress.

We have on the College Board three very capable and enthusiastic lay members. These men have given to the physicians, who are members, added determination to bring osteopathic education at D.M.S.C.O.S. to a new high level.

Only two members of the faculty are board members; therefore, the trustees are free to act in all matters pertaining to administration. It is our hope that by such action, your College and Clinical Hospital will be better able to serve the profession.

The Board will welcome suggestions and criticism at any time, as it has only the future welfare and improvement of osteopathic education as its goal.

Cranial Technique Classes Nearly Full

Even at this early date the registrations for the classes in cranial technique, scheduled for October 1 at the Des Moines Still College of Osteopathy and Surgery, have nearly reached the maximum of 24 permitted in each group. The cranial technique faculty have suggested some changes in the arrangement of the classes. The present schedule of courses is:

1. **Beginners Course:** Two weeks, October 1 through October 13.

This course is designed for the physicians who are entering the field of cranial technique for the first time. The first week is spent on the anatomy and physiology of the skull and central nervous system. The second week covers the philosophy of cranial motion, the diagnosis and correction of cranial lesions. At least three evenings of this second week are reserved for meeting of the group to practice technique under the supervision of the staff.

2. **Intermediate Course:** Two weeks, October 8 through October 20.

The physicians making up this group have had the work previously from Dr. Sutherland. The week of anatomy and physiology is the same as in the beginning class. Because of the student's previous exposure to cranial technique, the second week will go a little deeper into the fields of diagnosis and treatment.

3. **Advanced Course:** One week (day and night) October 1 through noon October 6.

The prerequisite for this course is to have previously attended a class in the

anatomy and physiology of the skull. This course is being offered to fulfill the demands made by those who have attended previous classes at the Des Moines College. The daily sessions will be designed to make these physicians more efficient in the diagnosis and treatment of cranial lesions. The evening sessions will be in the form of seminars which will include ample coverage of the problems of the group, including any anatomy reviews that are necessary or are requested.

Faculty

The faculty for cranial technique consists of Dr. W. G. Sutherland, St. Peter, Minnesota; Dr. Beryl Arbuckle, Philadelphia; Dr. Howard Lippincott, Moorestown, New Jersey; Dr. Raleigh S. McVicker, The Dalles, Oregon; and Dr. Paul E. Kimberly, Des Moines.

Tuition and Registration

Tuition for each course listed above is \$150.00. Registrants are asked to arrange for hotel reservations at an early date. A matriculation fee of \$50.00 is requested at the time of application in order to guarantee the applicant a place in the course. Enrollment in each course is limited to 24.

—P E. K.

Hospital

(Continued from Page 1)

Let's have more members in the 500 and 1000 dollar clubs. Doctor, do your part now to enable us to have this new institution in operation in 90 days. Mail your contributions today in care of Hospital Fund to Mr. Nelse Hansen, Treasurer, Des Moines Still College Osteopathic Foundation, 603 East Locust Street, Des Moines, Iowa.

Living Endowment Continues Progress

The Living Endowment Fund of the Des Moines Still College of Osteopathy and Surgery continues to show steady progress. The following doctors have made contributions since the last **Log Book** was published:

Dr. Daniel W. McKinley, Highland Park, Michigan
Dr. W. A. Newland, Seattle Washington
Dr. Einer Petersen, Tacoma, Washington
Dr. John C. Halley, New Martinsville, W. Va.
Dr. R. P. Perdue, Flint, Michigan
Dr. Anton Kani, Detroit, Michigan
Dr. L. C. Boatman, Santa Fe, New Mexico
Dr. W. V. Goodfellow, Los Angeles, California
Dr. Richard B. Gordon, Madison, Wisconsin

The Living Endowment Program of the College was begun at a Michigan Alumni Association meeting less than a year ago and has since included alumni from nearly every state.

These contributions now, more than at the time the program was begun, are necessary in order to maintain a standard of academic excellence. To do this it is necessary that the osteopathic colleges match the tuition funds of the students by at least an equal amount. We have been, and are yet, experiencing critical times in our osteopathic educational institutions.

YOUR ALMA MATER NEEDS YOUR SUPPORT NOW. When you offer your support, **YOUR PROFESSION WILL PROFIT BY GREATER PRESTIGE AND BETTER RIGHTS OF PRACTICE. OUR PROFESSION PROGRESSES AS OUR TRAINING INSTITUTIONS GROW AND EXPAND. DOCTOR,** if you have not already contributed to the fund, do so today — if you have contributed, **INCREASE** your contribution this month!

Owen

(Continued from Page 1)
when Dr. J. P. Schwartz was elected to the presidency.

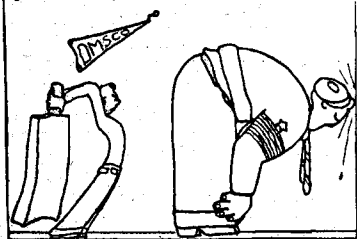
Dr. Owen is a good friend of the students and has given his time willingly and energetically to the college activities. He is an active member of local and state associations and is at present vice chairman of the American Osteopathic Board of Pathology.

The **Log Book** wishes to extend, for the entire college organization, a warm and hearty welcome and best wishes to Dean Owen for his continued success.

NOTICE

If and when you change your address, please notify the **Log Book** promptly.

FRATERNITY NOTES



ΨΣΑ

The affairs of the semester were brought to a close in a pleasing way last June when members of Psi Sigma Alpha were guests of the local alumni at a banquet held in Younkers Tea Room. Dr. Roger Anderson was in charge of arrangements for the dinner, honoring our four graduating members, H. E. Allshouse, H. W. Merrill, G. F. Sherwood and Edward Yogus.

Two new members have recently been initiated into Psi Sigma Alpha, Gamma Chapter—Al Kolman and Arlene Peace.

Mrs. Peace has the distinction of being the first woman to hold membership in Gamma Chapter of the society since its inception.

ATLAS CLUB

Another semester ended and with it the traditional Atlas Club Senior Banquet honoring its graduating members—Ed Yogus, Marion Thompson and Donald Mack. With Dr. Fred Campbell as toastmaster and Dr. Leininger as speaker, we felt that these brothers received a pleasant and well-deserved send off.

Now with the new semester under way, we are looking forward to many educational and entertaining meetings. Work nights are to be revived with co-operation promised by the alumni group.

ITS

Welcome, new students! Iota Tau Sigma Fraternity bids you welcome to our school and to the profession of osteopathy. We are aware of the meticulous care and foresight you have shown in your choice of osteopathy as your life's endeavor and can assure you that happiness, success, and satisfaction which the field of osteopathy—the foremost healing art—brings to its practitioners. Again we welcome you to osteopathy.

The regular meeting of our fraternity was held the week of August 12. Plans for the ensuing semester include many intellectual, informative, and practical meetings at the offices of fraternal alumni in the city of Des Moines. In addition, social functions for your enjoyment are in the offing.

"When you fully comprehend and travel by the laws of reason, confusion will be a stranger in all your combats with disease."
—RESEARCH AND PRACTICE.

O.W.C.C.

The O.W.C.C. held election of officers at a business meeting on Tuesday evening, August 14, at the home of Mrs. Leonard Siudara. Officers for the next six months' period are as follows:

President, Martha Hattesen; Vice-President, Ronnie Abbott; Secretary, Helen Reichstadt; Treasurer, Gloria Levi; Sergeant-at-Arms, Barbara Barnett.

The Club extends a hearty invitation to the wives of Still College students to join its activities. The next meeting will be held Sept. 4, 1945, at 8 p.m. at the home of Barbara Barnett, 3924 Urbandale.

Three D. M. Physicians Purchase Hospital

Three Des Moines physicians, all alumni of D.M.S.C.O.S., have recently purchased a 30 bed hospital at Manning, Iowa.

Drs. Roger Anderson, Carl Waterbury, and L. A. Deitrick report the purchase and inform us that they will begin the operation of the hospital by September 1.

The institution is to be known as the Manning General Hospital and Clinic. The building was originally constructed for a hospital, is modern throughout and fully equipped for service. It is a two-story structure of reinforced concrete with basement and attic. In addition to the private and ward rooms, service rooms, diet kitchen, laundry, treating rooms, office and waiting rooms, etc., the hospital includes a modern, equipped surgery room, X-ray suite, a fracture room, an automatic elevator, and nurses' quarters.

Leave College Faculty

Dr. Deitrick came to the College in January, 1944, as an instructor. He has been an enthusiastic and energetic worker, both as a classroom instructor and as a member of the clinic staff, having served as Clinic Director since April of this year.

Dr. Carl Waterbury has served as Director of the Obstetrical Clinic and as a classroom instructor at the College since October of 1944. Because of their comprehension of the principles of osteopathy, their industry, and their whole-hearted cooperation with students and colleagues of the College, Drs. Deitrick and Waterbury have been valuable assets to our school. Their services as members of the faculty will be missed.

Dr. Roger Anderson has recently been associated with the Des Moines General Hospital in the Minor Surgery Department besides carrying on a private practice in Des Moines.

These doctors are energetic, ambitious, and successful practitioners of the profession, and there is no doubt but that suc-

Majority, June 1945, Graduates Serving Internships

According to the latest information received by the College, the following June, 1945, graduates are now serving internships:

Homer E. Allshouse — Doctors' Hospital, Los Angeles, Cal.
Gail D. Boyd — Des Moines General Hospital
C. P. Christianson — Des Moines General Hospital
Vernon D. Clausung — Madison Street Hospital, Seattle, Washington

Donald Mack — Riverside Hospital Detroit, Michigan
Gordon F. Sherwood — Doctors' Hospital, Columbus, Ohio
Edward Yogus — Detroit Osteopathic Hospital, Detroit, Michigan

H. Roy Rasmusson is at the Virginia Ann Clinic, Hot Springs, New Mexico and Marion C. Thompson has a private practice in Aberdeen, South Dakota. H. W. Merrill, after taking over the practice of Dr. J. R. Forbes of Swea City, Iowa, during July, has returned as a staff member of the College faculty. Homer Allshouse also spent the month of July at Wilton Junction, Iowa, where he assumed the responsibilities of Dr. Whetstone's practice for that time.

Profession Loses

Dr. Frank D. Harrison

Dr. Frank D. Harrison of Saginaw, Michigan, died July 19 at the age of 87 years. Dr. Harrison entered Still College at the age of 41. After his graduation in 1913, he went into practice at Belding, Michigan. In 1930 he moved his office to Saginaw.

Dr. Harrison was 62 years old when he began his practice at Saginaw, but he built for himself an excellent practice in his special field of non-surgical treatment of hernia, piles, fistula and varicose veins.

In the communities where he practiced he was loved and respected, both as a man and as a physician.

HELP YOUR PROFESSION
HELP YOU BY CONTRIBUTING
NOW TO THE OSTEOPATHIC
PROGRESS FUND.

"An osteopath should be a clear-headed, conscientious, truth-loving man, and never speak until he knows he has found and can demonstrate the truth he claims to know."—PHILOSOPHY OF OSTEOPATHY.

cess will follow their newest enterprise.

The Log Book takes this opportunity to express for the school and their friends good luck and best wishes to the three doctors in their new endeavor.

Cranial Anatomy in The Pacific Northwest

Dr. Paul E. Kimberly, Professor of Anatomy at the College, fulfilled an invitation to meet with the cranial technicians in the Pacific Northwest.

Unfortunately (???) the only accommodations available were at Paradise Inn at Mt. Rainier National Park. When the meeting opened at 9 a.m. Monday, July 9, there were 25 doctors to attend the lectures given by Dr. Kimberly. Classes were held each day and some evenings until noon, July 14.

Many of the doctors brought their families, who enjoyed a pleasant week, even though the physicians were having to work. The enthusiasm for cranial technique in the states of Washington and Oregon is high, as evidenced by the fact that 90% of those who have taken the work from Dr. Sutherland attended the meeting at Paradise Inn.

Dr. and Mrs. Kimberly report an enjoyable trip, a lot of pleasant scenery, and most excellent hospitality in their first trip to the West Coast.

Veteran Physician Dies

Dr. Alexander Clifford Brown, 70 year old Council Bluffs physician, passed away Thursday, December 7, 1944, after several months illness. He had been at Council Bluffs for 40 years.

Dr. Brown was a booster of the profession and had given much effort in fighting for organized osteopathy in the early days of the profession.

D. M. Alumnus Aids Profession With Pen

A Des Moines alumnus, Dr. J. R. Forbes of Swea City, finds time amid the laborious duties of a country physician, to aid his profession with the pen.

His article entitled, "A Wartime Country Doctor," which appeared in the April issue of **Osteopathic Magazine**, received noteworthy recognition when **Digest and Review** requested Dr. Forbes' permission to publish the article.

The editors of **Digest and Review**, a magazine of national circulation, designated Dr. Forbes' article the month's leading story in **Osteopathic Magazine**.

Dr. Forbes graduated from Still College in 1935 and has since been an Iowa practitioner. Besides having established a small hospital, he has an extensive and successful rural practice and is active in state association affairs. At present he is vice president of the Iowa Society of Osteopathic Physicians and Surgeons and also serves on several committees of the Society.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

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Volume 23

SEPTEMBER, 1945

Number 9

Vets in School

Six members of the present student body were formerly in military service. Two of the group are just beginning their work in osteopathy; three are upper classmen; and one is taking advantage of the G.I. Bill which provides for continuation of education.

Thomas H. Levi, of Jackson, Michigan, a new student, was 2nd Lieutenant in the Infantry, serving on Guadalcanal and other places in the Pacific Theater. He was in service from June, 1942, until January, 1945. Prior to the time of entering service, he attended Indiana University.

Menas Georgopoulos, Detroit, Michigan, also a new student, served as an apprentice seaman from June until August, 1944. He has his B.S. degree in pharmacy from the Detroit Institute of Technology and has been managing a drug store for two years.

Kenneth A. Elliott, Columbus, Ohio, a sophomore student, served as pharmacist mate on P-T boats in the Pacific Theater. His period of service totals 40 months, from February, 1942, to June, 1945. Elliott was enrolled here before the time of his enlistment. His pre-medical training was taken at Ohio State University.

Norbert Heichelbech, Louisville, Kentucky, was what he terms "a civilian in service." For three and a half years (1940-1943), he served as an instructor in pharmacology for the Army in the Kentucky area and at the same time conducted experimental pharmacological work. He has his B.S. and Ph.C. degrees from the Louisville College of Pharmacy. Heichelbech is a sophomore.

Gustaf Peterson, Iron Mountain, Michigan, held the rank of sergeant in the Chemical Warfare Branch of the Medical Corps and was stationed at an air field station hospital at Dyersburg, Tennessee. His period of service was from March, 1942, to February, 1944. Before entering military service he had completed one semester here; he re-entered school in October, 1944. He has his B. A. degree from Gustavus Adolphus College, St. Peter, Minnesota.

Dr. Fred Benz, Quasqueton, Iowa, a member of the 1930 graduating class of Still College, has returned to take post-

(Continued on Page 3)

New Endowment Subscribers

New subscribers to the Living Endowment Fund of the Des Moines Still College of Osteopathy and Surgery are continuing to give support to their school. The following doctors have made contributions since the last **Log Book** was published:

Dr. J. Lane Kendall, Glendale, California

Dr. Mildred T. Badger, Montezuma, Iowa

Dr. Georgia I. Chalfont, Oskaloosa, Iowa

Dr. Geneva Erskine Leader, Topeka, Kansas

Dr. L. D. Benedict, Ionia, Michigan

Dr. Joseph F. Rader, Massillon, Ohio

DOCTORS WHO HAVE NOT CONTRIBUTED TO THIS FUND ARE URGED TO DO SO IMMEDIATELY — AND IF YOU HAVE CONTRIBUTED, INCREASE YOUR CONTRIBUTIONS NOW. THE VICTORY HAS BEEN WON, BUT WE ARE YET, AND WILL CONTINUE FOR SOME TIME, TO EXPERIENCE CRITICAL TIMES IN OUR OSTEOPATHIC EDUCATIONAL INSTITUTIONS. Your school needs your support now.

TO DATE THERE HAVE BEEN 190 PLEDGES MADE TO THIS FUND. OF THAT NUMBER 6 HAVE NOT AS YET PAID OR ARE PAYING ON THEIR PLEDGES.

There are some 3,000 living alumni from our school. This means that approximately only 6 per cent of the living alumni of the school are supporting the Living Endowment Fund. Your school needs YOUR support, doctor.

OUR PROFESSION PROGRESSES AS OUR TRAINING INSTITUTIONS PROGRESS. Support your Alma Mater now so that it can and will support you in the future.



DR. P. E. KIMBERLY
Heads Cranial Faculty

Big Demand for Cranial Technique

More and more members of the osteopathic profession are rapidly becoming interested in cranial technique as an addition to their osteopathic manipulative armamentarium. The evidence of this is the large number of registrants in the cranial classes sponsored by Des Moines Still College of Osteopathy and Surgery and the many inquiries that are being received pertaining to the work. Many members of this group are appearing in increasing numbers at district and state meetings. The deluge of requests has reached a number which we are unable to fill because of the conflict of dates.

The cranial technique faculty of the College has been expanded by one for the current meeting, and plans are underway for even more additions for future groups.

The division of the October classes into three groups has greatly facilitated registration. We are anticipating also that this arrangement will facilitate the teaching of cranial technique as well. The group for strictly beginners has been filled for several weeks and the overflow is being taken in the intermediate class. The advanced group, which is limited to 24 and consists of those having taken the week of

anatomy, has but one vacancy left. We still have room for an additional 10 matriculants in the intermediate class October 8 to 20.

Upon examination of the following list of registrants, note particularly that the osteopathic profession is coming to these classes from the corners of the United States, from the states bordering the Atlantic on the east and the Pacific on the west, and extending from Arkansas into the borders of Canada.

Those registered for the Beginners Class October 1st to 13th are:

Dr. Harriet Anundsen, Monroe, Wisconsin

Dr. J. R. Bancroft, Hebron, Nebraska

Dr. Ethel Boyd, Spencer, Iowa

Dr. M. Biddison, Nevada, Iowa

Dr. Leo R. Channell, Leavenworth, Kansas

Dr. J. C. Cullen, Ferndale, Michigan

Dr. J. Marvin Farrar, Miami, Florida

Dr. H. V. Glenn, Stuttgart, Arkansas

Dr. Geo. V. Harris, Fayetteville, Arkansas

Dr. Gladys Evelyn Hale, Onida, So. Dak.

Dr. Opal B. Littler, Urbana, Illinois

Dr. Harold I. Magoun, Denver, Colorado

Dr. E. P. Malone, Miami, Oklahoma

Dr. H. R. Meyers, Lowell, Michigan

Dr. Martha D. Nielsen, Billings, Montana

Dr. John E. Nutt, Wayne, Michigan

Dr. D. D. Olsen, Hot Springs, Arkansas

Dr. C. E. Pollock, Mansfield, Ohio

Dr. Edith Salmon, San Francisco, Calif.

Dr. Dean E. Sperry, Peoria, Illinois

Dr. Victoria A. Nash, Toledo, Ohio

Dr. Philamena Wiewell, Wells, Minnesota

(Continued on Page 2)

NOTICE

See pages two and three of this issue for the complete floor plans of the new clinical hospital.

Cranial Technique

(Continued from Page 1)

Dr. Pearl Thompson, Milwaukee, Wisconsin

The intermediate class October 8 to 20 will contain the following, plus any new matriculants received before October 1:

Dr. Carl E. Andlauer, Dayton, Ohio

Dr. Edw. Barnett, Clinton, Missouri

Dr. Alan R. Becker, Jackson, Michigan

Dr. Grace E. Clunis, Glen Ellyn, Illinois

Dr. H. Edward Davis, Lewisburg, Penn.

Dr. Uda Belle Garrison, Kirksville, Missouri

Dr. Charles E. Kalb, Springfield, Illinois

Dr. Sevilla H. Mullet, Bryan, Ohio

Dr. Claude B. Root, Greenville, Michigan

Dr. C. B. Spohr, Missoula, Montana

Dr. Theo. Thompson, York, Penn.

Dr. Grace McMains, Baltimore, Maryland

Dr. Hubert A. Achen, Dubuque, Iowa

Those registered in the advanced class, October 1 to 6, are:

Dr. G. A. Baird, Hiawatha, Kansas

Dr. Arthur E. Borchardt, Lidgerwood, No. Dak.

Dr. Edward V. Chance, St. Helens, Oregon

Dr. Beryl Freeman, Des Moines, Iowa

Dr. John H. Fox, Cedar Rapids, Iowa

Dr. Richard B. Gordon, Madison, Wisconsin

Dr. Charles Hartner, Norfolk, Nebraska

Dr. Leo C. Harrison, Cherokee, Iowa

Dr. Nettie M. Harris, Atlanta, Georgia

Dr. J. J. Henderson, Toledo, Iowa

Dr. H. V. Hoover, Tacoma, Washington

Dr. Ruth Jones, Flushling, L. I.

Dr. M. Mary Jo Don, Lincoln, Nebraska

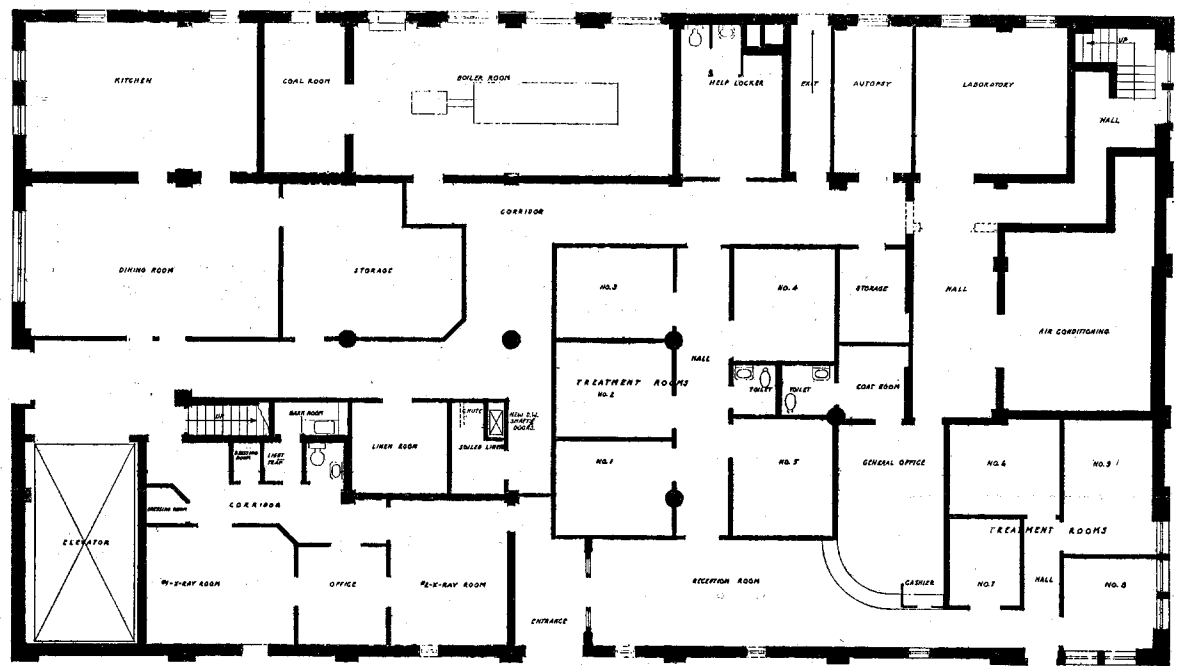
Dr. Nellie D. Kramer, Pella, Iowa

Dr. L. R. Morgan, Alton, Illinois

Dr. W. A. Newland, Seattle, Washington

Dr. Geo. P. O'Leary, Portage, Wisconsin

HOSPITAL FLOOR PLANS



FIRST FLOOR PLAN

Foundation Conducts Assembly

Mr. Nelse Hansen, Treasurer of the Des Moines Still College of Osteopathic Foundation, and Dr. E. F. Leininger were speakers at an assembly for students and faculty, at the College August 31.

Mr. Hansen gave a detailed explanation of the aims, future plans, and present and past activities of the Foundation. He expressed a hope for the whole-hearted support of not only the college students, but all members of our profession for the new clinical hospital and Still College. Present plans, according to Mr. Hansen, are to staff and equip the new hospital to make it one of the best in Iowa.

Dr. Leininger, chairman of the hospital remodeling committee, displayed and discussed the complete floor plans for the hospital and afterwards answered questions from the audience relative to the hospital.

The college personnel wish to thank these two men for giving them a more complete under-

standing, a greater enthusiasm and stronger faith in our school and osteopathic profession. The Foundation is assured of the full support and cooperation of the Still College student body to make this school the best teaching institution in the profession and the new hospital one of which we can be proud.

Recent Visitors
At the College

The following doctors have stopped at the school this month to visit and look over the new improvements of the institution. All voiced approval of the changes in the plant and were especially pleased with the new hospital progress.

The students, faculty and trustees of the school welcome alumni and other members of the profession and extend an invitation to them at any time to visit the school.

Dr. M. J. Hydeman, DMSCO 1931, Bismarck, No. Dak.

Dr. Donald J. Evans, DMSCO 1937, Detroit, Mich.

Dr. Lloyd T. Jackson, DMSCO 1940, Ramona, So. Dak.

Dr. Harold F. Heidman, DMSCO 1938, Coggan, Iowa

Dr. Paul H. Green, DMSCO 1942, Harrisonville, Mo.

Dr. W. D. Blackwood, DMSCO 1933, Comanche, Texas

Dr. J. P. Devine, DMSCO 1933, Dublin, Texas

Dr. Geo. W. Marston, DMSCO 1939, Clear Lake, Iowa

Dr. H. E. Reuber, A.S.O. 1918, Sikeston, Mo.

Dr. Alice Paulsen, Le Mars, Iowa

Dr. Anna Slocum, Des Moines, Iowa

Dr. Robert E. Sowers, Warren, Ohio

Dr. Verna Simons, Grand Rapids, Michigan

Dr. Dale M. Weldon, Greenville, Michigan

Dr. J. Gordon Zink, Canton, Penn.

—P. E. KIMBERLY, D.O.

Hospital Remodeling
Well Underway

Since the announcement last month of the beginning of the actual remodeling work on the new hospital building, much has been accomplished. Work is now well underway on the building and the contractors report that it will be complete in about 60 days (90 days from the time remodeling began). The building is already taking on the appearance of a hospital. Upon examining the floor plans (shown in this issue of the Log Book) and recalling the neat external appearance of the building, one can better visualize the modern clinical hospital of which the school and profession will soon boast.

The remodeling and equipping of such a hospital does and will require thousands of dollars. There are, at present, many thousands of dollars in outstanding pledges. The cost of remodeling and equipment will be approximately \$80,000.00. The Foundation has gone ahead with the work in spite of the fact that there are yet many pledges that have not been fulfilled. **DOCTORS, KEEP FAITH WITH THE FOUNDATION AND WITH YOUR PROFESSION BY FULFILLING YOUR OBLIGATION TO THEM. THIS MONEY IS URGENTLY NEEDED NOW.** Mail your contribution today in care of the Hospital Fund to Mr. Nelse Hansen, Treasurer, Des Moines Still College Osteopathic Foundation, 603 East Locust Street, Des Moines, Iowa.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Acting Editor
H. W. MERRILL, M.S., D.O.

Assistant
H. B. HALE, M.S., Ph.D.

Osteopathy Without Limitation

Merrill Director
Of Laboratories



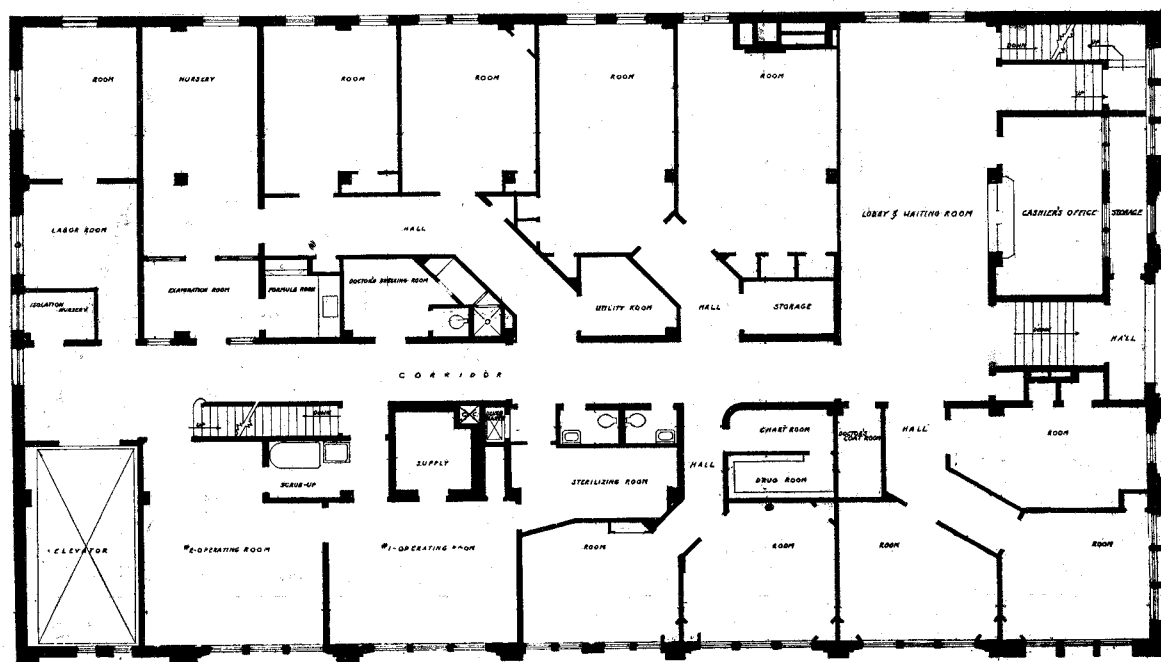
DR. H. W. MERRILL

With the opening of the present term, Dr. H. W. Merrill took over the duties of Director of Laboratories of the school and clinic. In this capacity, he handles purchasing and acts as coordinator for the laboratory courses. The purpose of this is to bring about an elimination of overlapping and duplications which might occur in such courses as physiology, biochemistry, and laboratory diagnosis. In addition, Dr. Merrill is to supervise the work carried on in Clinical Pathology Laboratories; laboratory reports for clinic patients are all to receive his O.K. before being released.

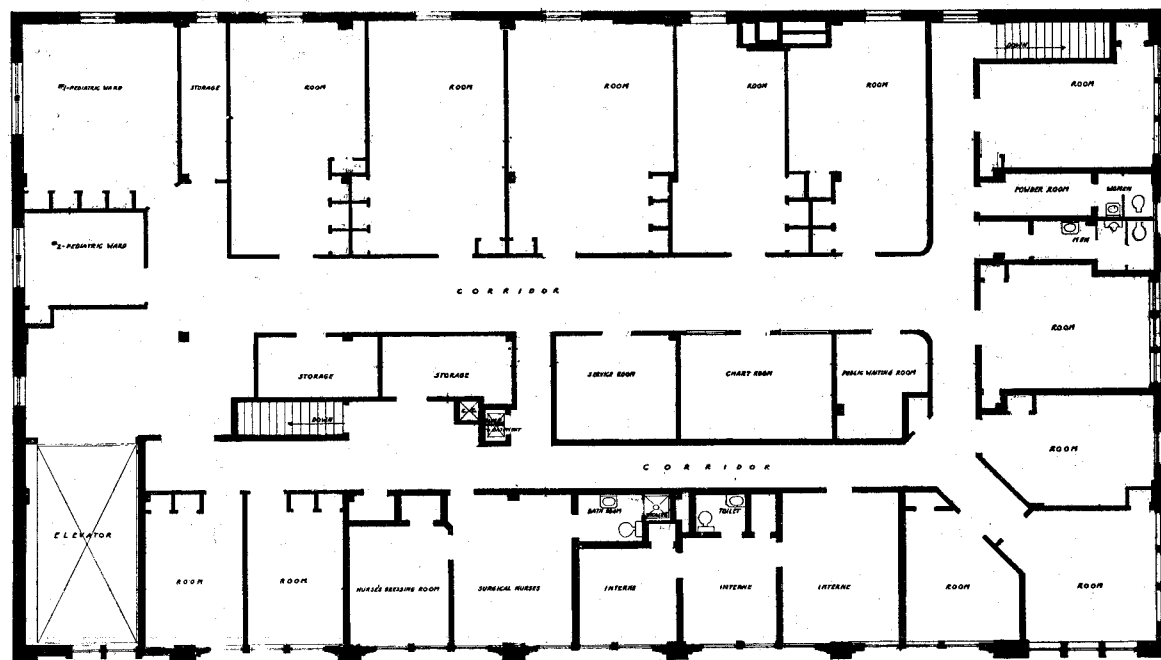
Dr. Merrill joined the faculty in March, 1943. He received his D.O. degree here in June of this year. He is a member of Psi Sigma Alpha, National Osteopathic Scholastic Honor Society. A graduate of Utah State Agriculture College, he holds both the B.S. and M.S. degree; his major work was in the fields of Physiology, Parasitology and Public Health.

Two years ago the course in Parasitology and Tropical Diseases was introduced into the curriculum by Dr. Merrill. In October, 1944, he presented a paper on Malaria at the Michigan

(Continued on Page 4)



SECOND FLOOR PLAN



THIRD FLOOR PLAN

New Additions To Library

A complete set of "The Disease of Children," published by the J. S. Lippincott Co., was recently presented to the Des Moines Still College library by Dr. Rachel Woods of Des Moines. These volumes are the work of Dr. Pfaundler, Professor of Children's Diseases and Director of the Children's Clinic at the University of Munich, and his associate, Dr. Schlossmann, Professor of Children's Diseases and Director of the Children's Clinic at the Medical Academy in Dusseldorf.

"The Diseases of Children" is a valuable and timely addition to the pediatrics section of the

library, for it includes material on pathology, nutrition, metabolism, deficiency diseases, the digestive, genito-urinary, circulatory, respiratory, nervous and motor systems, rheumatic fever, syphilis, tuberculosis, infectious diseases, diseases of the blood, and a section on the endocrine glands.

Another recent addition to the library is a set of medical encyclopedias published by the D. Appleton-Century Co. This set, "The Practitioners Library of Medicine and Surgery," consists of twelve volumes and a supplementary index. These books were formerly a part of the personal library of Dr. D. J. Evans, a D.M.S.C.O.S. alumnus now living in Detroit, Michigan.

—J. R. M.

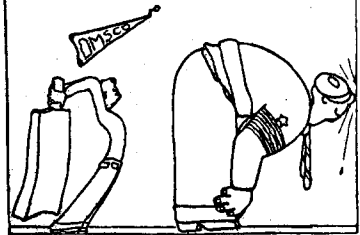
Death Takes Dr. Atzen

Death claimed another Still College alumnus August 22, when Dr. Charles B. Atzen, a retired Omaha, Nebraska, physician, succumbed after a several months illness.

Dr. Atzen, a 1903 graduate of the college, was a past president of the American Osteopathic Association. He was awarded the Distinguished Service Certificate for outstanding legislative activities and professional counsel and was an honorary life member of the American Osteopathic Association. He was a loyal defendant of the osteopathic profession and its principles.

BUY VICTORY BONDS!

FRATERNITY NOTES



ΨΣΑ

Psi Sigma Alpha wishes to express its appreciation to Dr. Howard Graney for his enlightening talk on "Spinal Anaesthesia," presented Thursday evening, September 6, at Lowry's Cafe.

This term P.S.A. is looking forward to a series of dinner meetings and work meetings at which responsible members of the profession will participate, in order to better equip members of this society for their future as osteopathic physicians.

—A. S. K.

ITΣ

On Tuesday evening, August 28, Dr. Clayton O. Meyer was host to the new freshmen and to members of Iota Tau Sigma, at his office in the Liberty Building. Dr. Meyer presented a very interesting and stimulating discussion on the physical examination of the patient.

Our next meeting will be held at the office of Dr. Raymond Kale in the Kresge Building during the week of September 17.

ΦΣΓ

Delta Chapter of Phi Sigma Gamma opened the new fall semester with a Hard Times Party at the house. Dr. and Mrs. Hale were made acquainted with the members at this time. Sweet Iowa corn was on the menu and an enjoyable evening was had by all.

The first in a series of speakers on our semi-monthly study program was Dr. Hale, whose subject was, "Endocrines in Adolescence," a field in which he has done much research.

The newly elected officers for this term are: M. Morey, re-elected Archon; L. Siudara, elected Sub Archon; M. Tate, elected Treasurer; W. Mack, elected Secretary; K. Elliott, elected Pledgemaster; W. Huls, elected House Manager.

Members are redecorating the kitchen and dining room for the opening of the table in the very near future.

Phi Sigma Gamma wishes success to the new hospital and thank those alumni who contributed so generously to it.

Help Your Profession Help You by Contributing Now to the Osteopathic Progress Fund.

O.M.W.C.

The Osteopathic Women's College Club extends a welcome to all of the new students' wives and invites them to become members of the group. Our meetings usually are on the first and third Tuesday of the month, except for special events. We have a full schedule arranged for this semester including a picnic, a tea, and the senior banquet.

Our next meeting will be on Tuesday, September 18, at the home of the hostess, Doris Martin, 1336 Twenty-eight St. Helen Reichstadt will be co-hostess. This will be Guest Night; each member has been asked to bring a friend or two. We are happy to announce that Dr. Paul Kimberly will be our speaker.

On Sunday, September 30, at noon, the club is making plans for a weiner roast at Beaverdale Park. Let's have a full attendance that day. The committee in charge will be grateful, namely Mesdames Martin, Siudara and Hattesen.

—H. R.

ATLAS CLUB

On August 30 the members of the Atlas Club and their guests, the new students, were treated to a "swell" hamburger roast at the home of Dr. Barquist. Members of the alumni present included Drs. Campbell and Kimberly. Later beautiful, colored motion pictures, taken mostly in the West, were shown to the group by Dr. and Mrs. Campbell. Our appreciation is extended to the alumni present for a very enjoyable evening.

Labor Day the Atlas Club and their guests got together for a picnic at Union Park. Although rain threatened and Brother Ayers was called away to an "O.B.", the group ate well and had a good time. Thanks are in order for the Atlas wives who prepared all the food including "that good old southern fried chicken."

The active membership of the Atlas Club takes great pleasure in announcing the new pledges: Richard Pascoe, M. E. Georgopolos, Thomas Levi and Richard Sherman. Congratulations boys, and welcome!

Craft Named Coroner

A recent issue of THE FORUM reveals that Dr. A. D. Craft, of Osceola, Iowa, has been named coroner of Clarke County by the Board of Supervisors. Dr. Craft replaces an M.D. who resigned from this position.

NOTICE

If and when you change your address, please notify the Log Book promptly.

Restoration of Muscle Functioning In Paralysis

A report by Dr. Herman Kabat of the U. S. Public Health Service, states that patients crippled by paralysis, rheumatoid arthritis and injury or infection were benefited when subcutaneous injections of neostigmine (prostigmine) were given one or twice daily. The report is based on the findings among fifty-three patients. Conditions for which this treatment was used were: muscle spasm, contracture, joint weakness, pain and muscle weakness persisting for a long period after sprains or fractures or after chronic infections, hemiplegia, Bell's palsy, facial paralysis, spastic type of cerebral palsy, and rheumatoid arthritis and bursitis. Dr. Kabat reported relief from pain, improvement in range of motion, and increase in strength and endurance. The response is very prompt. Within twenty-four hours after the beginning of treatment, a man with one side paralyzed for seventeen years was able to move his arm freely. The treatment has been tried on polio patients and found to produce relaxation of muscle spasm, relief from pain, increase in strength and improvement in muscular coordination.

It is of interest to note that at a recent meeting of the Polk County Osteopathic Association, Dr. J. K. Johnson of Jefferson, Iowa, presented an illustrated lecture dealing with injection surgery, a technique which has much in common with that mentioned above.

VETS

(Continued from Page 1)
graduate work in surgery after four years' service as chief pharmacist on a destroyer. He was in the first convoy to Mermansk in 1940, served in both the Atlantic and Pacific fleets, and took part in seven battles carried out in the Southwest Pacific (Guam, Leyte, Guadalcanal, and others). For his service he has received seven Silver Stars and two Bronze, the Purple Heart for shrapnel wounds, and a commendation for meritorious action in caring for the wounded on his own ship and another during a period of day and night bombing which lasted for two weeks.

—H. B. H.

Birth

Dr. and Mrs. W. Gordon Douglas, of Miami, Florida, announce the arrival of a son, Wellington Gordon Douglas II, born June 23, 1945. Congratulations and many good wishes to the Douglas family.

Help Your Profession Help You by Contributing Now to the Osteopathic Progress Fund.

MERRILL

(Continued from Page 3)

War Service Conference held at Detroit. This paper was published in the May and June issues of THE BULLETIN, official publication of the Michigan Association of Osteopathic Physicians and Surgeons, Inc. In the article it was pointed out that such a huge mass of detailed information has been developed concerning malaria that the term "malariology" has been applied to it. Much of this necessarily lies outside the compass of the general practitioner. Malaria has been estimated to be the direct or indirect cause of over one-half the entire mortality of the human race. At the present time the main endemic of foci of malaria in the United States are limited to the southeastern portion. Some indication of the magnitude of the problem is gained by the statement that 75 per cent of the malaria among troops in the continental United States at the present time is of foreign origin. The article includes discussion of the etiology and life cycle of the malarial organism, geographic distribution and incidence, pathology and symptomatology, and prophylaxis and therapy.

—H. B. H.

Halladay Returns to States

Word has just been received from Dr. H. V. Halladay of his return from Puerto Rico. His present address is Box 4275, Stockyard Station, Fort Worth, Texas. "Virg" will be pleased to hear from his many old friends.

Jap 10 Commandments For Long Life

An old Log Book, dated 22 years ago, carried the following article. Just how successful has this formula been? There seem to be more factors involved than are listed here to favor longevity.

1. Spend as much time as possible out of doors.
 2. Eat meat only once a day.
 3. Take a hot bath every day.
 4. Wear thick woolen underwear.
 5. Sleep at least 6 hours and never more than 7½. Keep windows open and room dark.
 6. Dedicate one day of week to absolute leisure.
 7. Avoid excessive brain work and everything that arouses anger.
 8. Widows and widowers should remarry.
 9. Work in moderation.
 10. Speak as little as possible.
- Note: Evidently said Japs didn't reckon with the atomic bomb.

Do not say all that you know, but always know what you say.
—Claudis.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

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Volume 23

OCTOBER, 1945

Number 10

CRANIAL CLASS WELL ATTENDED

During the past two weeks the "regulars" here at Des Moines Still College have been seeing a number of new faces going up to the fifth floor. These are the members of the classes in cranial technique which began on October 1. A total of 61 doctors from 21 different states attended. The beginners class contained 23 members, while the intermediate and advanced classes had 17 and 21 members respectively. The beginners and intermediate courses lasted for two weeks; the advanced course was of only one week's duration.

The cranial technique faculty was composed of the following members: Dr. Paul E. Kimberly, Des Moines, Iowa; Dr. Howard A. Lippencott, Moorestown, N. J.; Dr. Beryl Arbuckle, Philadelphia, Pa.; Dr. Raleigh S. McVicker, The Dalles, Oregon; Dr. Kenneth E. Little, Alton, Ill; and Dr. Roscoe G. Miller, Des Moines, Iowa.

On Wednesday, October 3, the students and faculty attended a dinner held at 6:30 p. m. at the Hotel Commodore. Following the dinner, Dr. Paul E. Kimberly acting as master of ceremonies, introduced members of the cranial technique class. Dean O. Edwin Owen of the College welcomed the class to Des Moines and to Still College. Mr. Arthur Kenworthy, Mr. Harold West, and Dr. Howard A. Graney, members of the Board of Trustees of the College, gave brief talks. High spots of the evening were the thoughts presented by Mrs. Ada M. Sutherland and Dr. Della B. Caldwell. Mrs. Sutherland gave a vivid account of her husband's research which led to the birth of "Cranial Technique". She told of the days just following their marriage when she discovered that her husband seemed to have a "Secret idea" and how this "secret" gradually came out and became an overwhelming interest. Through the course of many years both she and her husband served as the "guinea pigs" in the study of cranial technique. Dr. Della B. Caldwell's inspiring talk was concerned with the progress of osteopathy and its future.

Notice

The staff of the Manning General Hospital, Manning, Iowa, announce the official opening of the hospital on Sunday, October 28, 1945.

College Dream Approaches Materialization

Unpaid Pledges

Total \$30,884.87

For years our college has dreamed of a hospital in connection with its clinic. This dream is fast becoming a reality.

July, 1945, saw the first step in this direction, when the Des Moines Still College Osteopathic Foundation purchased the Harbach Building across the street from Still College. The second step was taken September 1, when the contractor moved in and started the remodeling, which will amount to approximately \$49,000. Each day since this time we gaze across the street and mentally formulate plans for the grand opening.

These steps toward the realization of a dream have produced much excitement, optimism, and enthusiasm among the student body at Still College. Seldom a day passes but we see small groups going into the building to inspect the progress.

The Foundation reports that the third floor is now ready for wiring, plumbing, and plastering and the second floor is fast reaching that stage. An additional four weeks will be required to make the first floor changes, but all materials have been purchased and are on hand.

Student observers say it will be the finest hospital in the profession, and we are sure it will surprise our readers also. The building lends itself remarkably well to conversion into a beautiful structure.

Staffing

Several "feelers" have been launched to obtain some of our profession's most capable men to head this institution. We hope to be able to announce some of the new additions within the next 60 days, or as soon as they may be obtained.

\$30,884.87 Unpaid Pledges

The Foundation sounds one disheartening chord—\$30,884.87 in pledges have not been paid. **This is the sum needed to complete construction and equip our clinical hospital!** If the pledges do not materialize, construction may be halted. If they do, our opening date will be somewhere around the first of the year.

If you have an outstanding pledge, forward it immediately to Mr. Nelse Hansen, Treasurer, Des Moines Still College Osteopathic Foundation, 603 East Locust Street, Des Moines, Iowa.



South Side of Clinical Hospital Looking West Across Sixth Avenue at College Building

D.M.S.C.O.S. Academic Calendar For 1945—1946

1. Graduation—December 7, 1945.
2. Registration for Spring Semester—January 4, 1946.
3. Classes begin—January 7, 1946.
4. Graduation—May 10, 1946.
5. Registration for Summer Semester—May 13, 1946.
6. Classes begin—May 14, 1946.
7. Vacation for A.O.A. Convention—June 28, 1946 to July 22, 1946.
8. Graduation—October 4, 1946.
9. Registration for Fall Semester—October 14, 1946.
10. Classes begin—October 15, 1946.

Doctor Sargent Heads O. B. Clinic

At the beginning of this semester, Dr. Earl O. Sargent of Des Moines joined Still College faculty as Director of the Obstetrical Clinic. He is working in coopera-



Dr. Earl O. Sargent

tion with Dr. H. A. Barquist who heads the College Obstetrics Department.

Dr. Sargent graduated from Still College in May, 1938. In 1942-43 he served as an assistant in the Obstetrical Clinic and comes to us as an experienced physician, well qualified in this particular field.

Osteopathic Service

Dr. Sargent has served his profession untiringly and is always willing to lend a helping hand where needed. He is president of the Iowa Des Moines Still College of Osteopathy and Surgery Alumni Association; vice president and program chairman of the Polk County Osteopathic Association, and immediate past vice president of the Sixth District Osteopathic Association of Iowa. He is a member of the Des Moines Still College Osteopathic Foundation and of the Public Relations Committee of the National Alumni Association.

Civic Club Membership

He is further helping his profession as an energetic leader of several civic clubs in Des Moines, serving at present as junior vice president of the East Des Moines Club and as a member of the Des Moines Junior Chamber of Commerce. He is also a past chairman of the Public Health Committee of that organization.

The College personnel are enjoying Dr. Sargent's fellowship and benefiting by his leadership in the Obstetrical Clinic.

NOTICE

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District Meetings Held By State Society

The Iowa Society of Osteopathic Physicians and Surgeons recently held its annual six district meetings:

First District, Cedar Rapids at Hotel Roosevelt, October 12, 1945.

Second District, Council Bluffs at Hotel Chieftain, October 8.

Third District, Ottumwa at Hotel Ottumwa, October 7.

Fourth District, Mason City at Hotel Hanford, October 10.

Fifth District, Cherokee at Hotel Lewis, October 9.

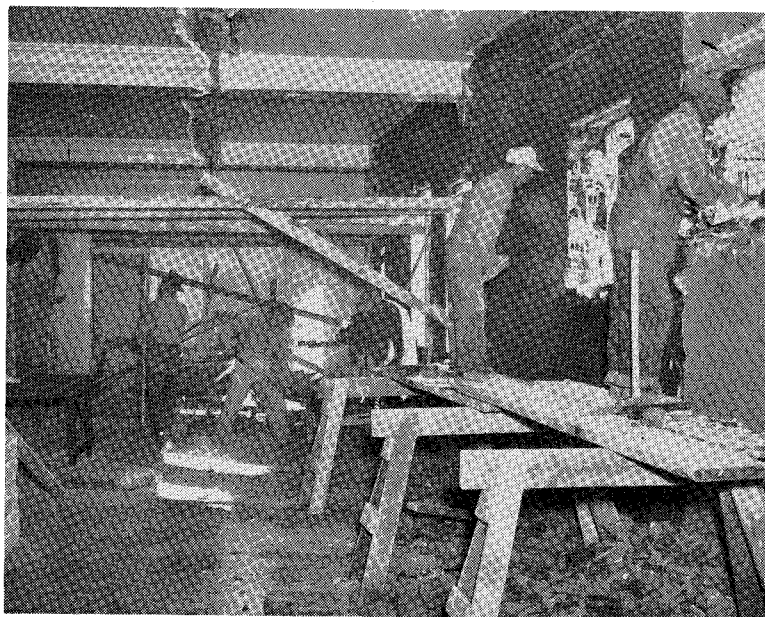
Sixth District, Marshalltown at Hotel Tallcorn, October 11.

Starks, Aitchison, Whetstone on Program

Dr. Robert Starks, president of the American Osteopathic Association; Mr. Lee R. Aitchison, head of the Hospital Division of the Mutual Benefit Health and Accident Association of Omaha, Nebraska; and Dr. G. A. Whetstone, president of the state society, travelled the circuit and appeared on each program.

Dr. Starks spoke on the subject of the A.O.A. problems and activities, at which time he cited the 'refusal of the Veterans' Administration to make osteopathic care available to servicemen; as evidence of medical neglect and prejudiced disregard of veterans' welfare by the agency.' Dr. Starks declared that "... thousands of ex-servicemen and women have sought osteopathic care as private individuals after the Veterans' Administration had refused to provide it." He further declared that, "It has been estimated by Veterans' Administration officials that 10 per cent of all men in the armed forces are going to be discharged with some degree of disability. Many of these will have structural injuries which have altered or thrown out of balance the mechanics of the body. . . . Readjustment of body mechanics is a unique skill of osteopathic physicians. . . . Yet osteopathic care is not provided for veterans. Osteopathic physicians are not permitted to practice in hospitals maintained by the Veterans' Administration, although osteopathic physicians receive as broad training in the scientific healing arts in college as physicians of any other school of practice. . . . A study has recently been completed of 500 specific cases among service and ex-servicemen and women who have sought osteopathic care as private citizens. These included generals, admirals, colonels, commanders, seamen, and privates. In each of these cases osteopathic care was given either without charge or paid for by the veterans personally. Only neglect or prejudiced disregard of the veterans' welfare could be responsible for such a condition." Dr. Starks concluded by saying that, "In the proposed reorganization of the Veterans' Administration, it is hoped provision for this type of care will be made."

(Continued on page 3)



Remodelling Progresses on Second Floor of Clinical Hospital

Dr. Clark Accepts U. of I. Appointment

Dr. Hugh D. Clark, former president of D.M.S.C.O.S., has recently accepted a position in the Zoology Department at the University of Iowa at Iowa City. Dr. Clark assumed his new duties at the beginning of the fall semester. He has taken over the instruction of comparative vertebrate anatomy and will also devote part of his time to research work. Friends from D.M.S.C.O.S. and the profession extend best wishes to the Clarks for their continued success.

Visitors at the College

Since the September Log Book went to press, the following out of city doctors have visited our institution:

Dr. George C. Keays, D.M.S.-C.O. 1941, Gravity, Iowa.

Dr. Kenneth M. Dirlam, D.M.S.-C.O. 1940, Massena, Iowa.

Dr. L. C. Boatman, D.M.S.C.O. 1933, Santa Fe, New Mexico.

Dr. F. J. McAllister, D.M.S.-C.O. 1934, Denver, Colorado.

Dr. R. M. Wright, D.M.S.C.O. 1929, Highland Park, Michigan.

Dr. Wm. E. Waldo, A.S.O. 1910, Seattle, Washington.

Dr. M. P. Ollom, D.M.S.C.O. 1930, New Braunfels, Texas.

Capt. Jean LeRoque, D.M.S.C.O. 1940, Los Angeles, Calif.

Dr. Andrew G. Ripley, D.M.S.-C.O. 1931, Boone, Iowa.

Dr. R. M. Woods, D.M.S.C.O. 1941, Brown City, Michigan.

We are pleased to have our alumni and profession visit the college and we invite as many as can, to do so as often as they can.

Your School, Our School, Living Endowment Fund

Hearts beat faster; eyes gleam brighter; steps are livelier as the new hospital nears completion.

College personnel have brighter hopes for larger enrollments at Still College during coming semesters. Yes! We are on the road to becoming the best osteopathic college in the Midwest—even America, if you please. Thanks to the faithful Living Endowment Fund Subscribers, but it is imperative that our list of subscribers keep growing. Why?

The Living Endowment Fund is used for current operational expenses of the College—faculty, salaries, library subscriptions, teaching equipment, etc.

The modern osteopathic college must compete with sister colleges of osteopathy as well as with medical colleges. To do this it must continue to grow, to make the changes which will keep it modern and provide up-to-the minute instruction for its students.

The Living Endowment Fund will establish the reserve which is so badly needed to keep our college growing. Readers of the Log Book have been informed of the numerous changes which have taken place in our school, and alumni visitors have been elated with the improvements made at the college the last three years.

The start we have made is worthy of a hearty cheer. Let's better our record in the future! New subscribers to whom we are grateful are:

Dr. F. A. Parisi, Yarmouth, Me.
Dr. Elisha T. Kirk, Media, Pa.
Miss Elizabeth G. Woodward, Akron, Ohio.

Blessed is the man, who having nothing to say, abstains from wordy evidence of the fact.

—George Elliott.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Acting Editor
H. W. MERRILL, M.S., D.O.

Assistant
H. B. HALE, M.S., Ph.D.

Osteopathy Without Limitation

Eyes Need Protection from Ultraviolet

Welders and their helpers, skiers, flyers and sunbathers may need more eye protection from ultraviolet light than has previously been supposed, it appears from studies reported by Dr. Ernest Wolf, of the Harvard Biological Laboratories.

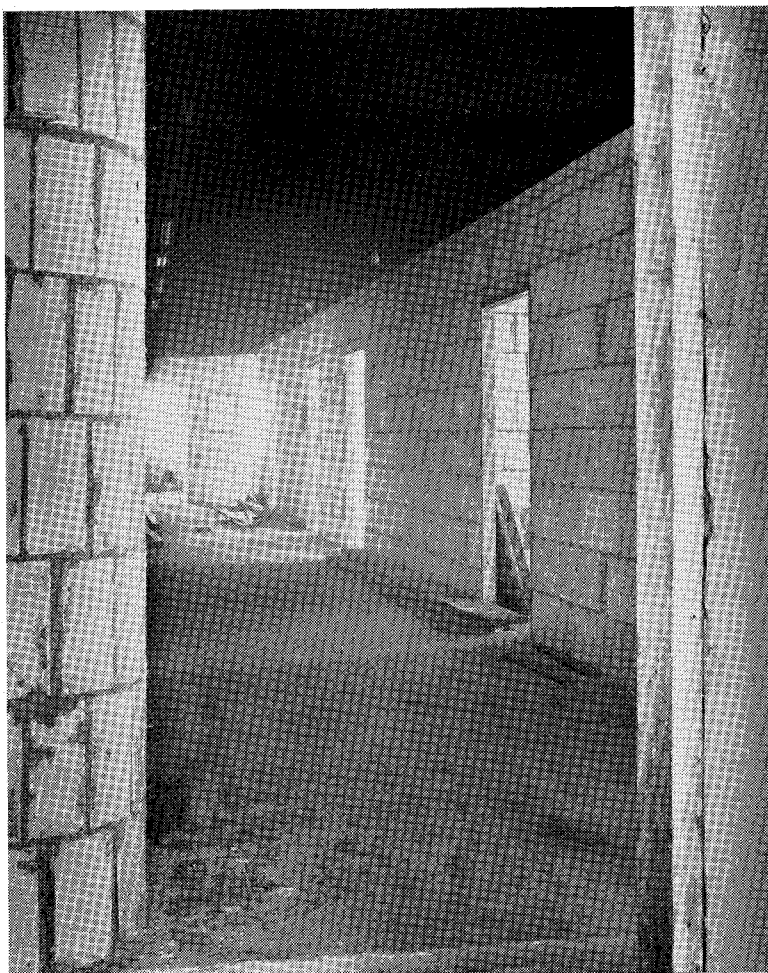
Ultraviolet light is invisible and consists of light waves shorter than those of visible light. The waves of ultraviolet light are all shorter than 400 millimicrons, but scientists have heretofore thought that ultraviolet between about 300 and 400 millimicrons in length did not harm the eyes. Dr. Wolf's studies show that ultraviolet ranging in wavelength from 300 to 365 millimicrons can damage visual function even though the eyes themselves show no injury.

His studies were made with baby chicks, since their eyes are very similar to human eyes and since the chicks will keep their eyes wide open during exposure. The chicks were first exposed to ultraviolet light for an hour. The lights were then switched off and the chicks left in complete darkness for an hour. If their eyes were unaffected, this would have been more than enough time for their visual functions to have returned to normal. Tests showed that due to ultraviolet injuries, the eyes of injured chicks were not normal for three days. Chicks exposed to ultraviolet lamps with protective glass filters that cut out the ultraviolet light at about 365 millimicrons and below showed no loss of visual function. Lamps shielded with less efficient glass filters caused visual impairment in varying degrees depending on the wavelength transmitted.

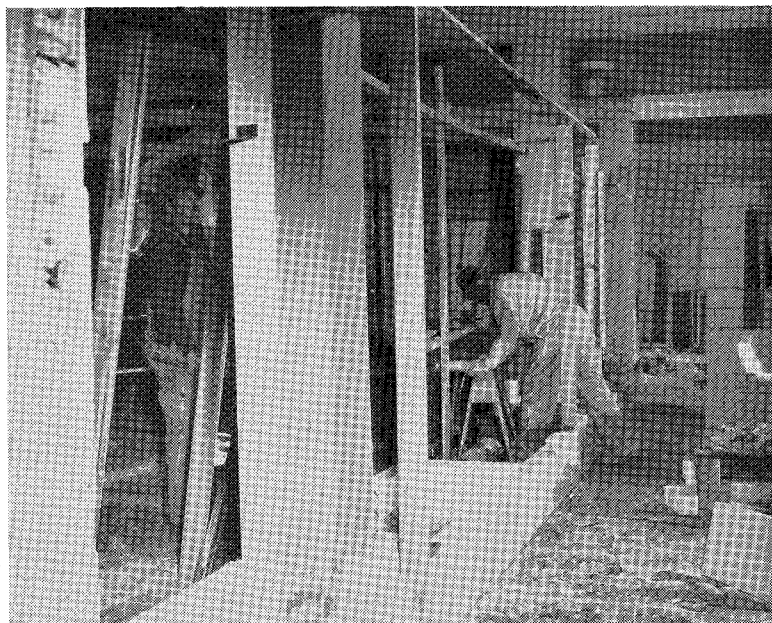
—Science Service, Washington, D. C.

June Graduate Accepts Internship

Word has recently been received here that Dr. H. Roye Rasmusson, a June 1945 graduate of D.M.S.C. O.S., has accepted an internship at Doctors' Hospital of Los Angeles, California, beginning November 1, 1945. Dr. Rasmusson has been practicing at the Meyer Clinic and Hospital of Hot Springs, New Mexico, for the past three and one-half months since his graduation.



Third Floor Nears Completion



Walls Go Up On Second Floor

KIMBERLY NAMED DIRECTOR of CLINICS

Dr. Paul E. Kimberly has recently been appointed Director of Clinics. He will assume his new duties beginning November 1.

Dr. Kimberly has already formulated plans for the reorganization of the clinics. The next issue of the Log Book will carry complete details of this revamping.

District Meetings

(Continued from page 2)

America's Hospitals Play Vital Role

Dr. Whetstine spoke briefly concerning hospitals and hospitalization. Said he, "America's hospitals are destined to play an increasingly greater part in maintaining the health of the people by rendering preventive health service rather than acting primarily as a repository for the seriously ill and dying."

"There are now some 270 osteopathic hospitals in the United States, and the number is steadily increasing," Whetstine stated. "Even before the war these hospitals were taxed nearly to capacity and since 1942 their facilities have been heavily overburdened. This same situation obtains in virtually all other similar establishments."

"Up to quite recently people went to hospitals only when critically ill, or perhaps when death appeared imminent. They looked upon the hospital with dread."

"Today, more and more people see in the hospital an agency for the maintenance as well as the repair of health. They are willing to go there in the early stages of illness or even for general health examinations to help ward off possible illness."

"A good part of this willingness to patronize hospitals is due to various health insurance plans which enable those so insured to take advantage of the facilities."

"Unfortunately, the combination of increased war-born demands on hospitals and the shortage of physicians, internes, and nurses makes it impossible for these establishments to play a more significant part in preventive health service. But the indications are clear that with our return to the era of peace, the hospital will serve on a steadily increasing scale as an agency for preserving the national health."

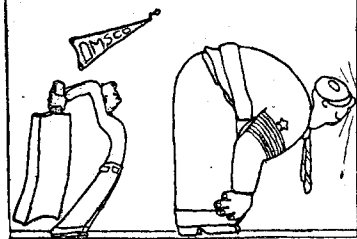
Dr. Whetstine concluded by calling attention to the fact that some 60,000 student nurses enter training in hospitals each year and stated they will provide a highly important reservoir of skilled, technical assistants in this post-war era when the care of disabled war veterans will add to the burdens on our health establishments.

Insurance for Medical Care and Hospitalization

Mr. Lee R. Aitchison spoke on his insurance company's program designed to combat socialized medicine. He explained fully his company's policy, which is available for general medical care and hospitalization. Mr. Aitchison will welcome inquiries from doctors on the subject and will supply them with detailed information. Address all inquiries to Mr. Lee R. Aitchison, head of the Hospital Division, Mutual Benefit Health and Accident Association, Omaha, Nebraska.

BUY VICTORY BONDS!

FRATERNITY NOTES



ΨΣΑ

Following our policy of educational and lecture meetings, members of Psi Sigma Alpha met with Dr. Earl Sargent at his neat and well-constructed offices. Dr. Sargent enlightened us on how to equip an office and how to keep records. He showed us the various types of instruments, equipment and pharmacological substances needed in office routine. We wish to thank Mrs. Sargent for the excellent lunch that she prepared. We hope that the meeting was of special interest to our pledges, Robert Sedar and Norbert Heichelbech, who attended their first work meeting.—A.S.K.

ΙΤΣ

Iota Tau Sigma held a very interesting meeting both socially and professionally at the home of John W. Slater, vice-president. Norbert Heichelbech presented a resume of new and non-official remedies. It was especially appreciated by those not having a pharmaceutical background. Refreshments were served at the close of the evening.

It might be of interest to note that on September 19, the wife of James Barnett of Beta Chapter presented him with identical twin girls, both of whom are doing very well as we go to press.—J.W.S.

ATLAS CLUB

The Atlas Club was privileged to hear a very informative and interesting talk on "The Treatment of Common Emergencies" by Dr. E. F. Leininger. The entire Atlas group assembled at the home of Brother Ayers. A very favorable response was given to the words of Dr. Leininger.

On Monday evening, September 24, the membership gathered at the King Ying Low restaurant for a steak dinner and informal "get together."

The Atlas Club pledges were invited to view the activities of a typical Saturday morning at the Des Moines General Hospital. On October 6, the boys paid a visit to the hospital. They afterward expressed pride in the accomplishments of this fine osteopathic institution and experienced an added measure of incentive to advance the principles of osteopathy.

Visiting Atlas alumni included a recent graduate, Dr. Stan Conrad, now interning at the Art Centre, Hospital in Detroit, Michigan.

ΦΣΓ

On September 26, the Phi Sigma Gamma fraternity had as guest speaker, Dr. W. J. Huls of Davenport, Iowa. Dr. Huls spoke on the therapeutic value of osteopathic technique. He gave an interesting account of a returned serviceman who had been aided greatly by osteopathic treatment after Army medical treatment had not helped. His parting words were, "Boys, you have a marvelous opportunity with your osteopathic technique; don't waste it." We were glad to have guests with us that evening and invite all who wish to come to attend the next meeting. Judge Ralph Powers is expected to talk to us soon.

A regular business meeting took place on the first of the month and plans are being drawn up to change the location of our organization. We anticipate the return to our pre-war numbers and wish to have accommodations for the new students.

A number of our alumni are in the halls again and we see them as they attend the classes in cranial technique. A few are staying with us at the Chapter House. This gives us an opportunity to meet some of our alumni in practice.—W.M.

ΑΟΓ

Three events have taken place on the Lambda Omicron Gamma calendar so far this season. First was a dinner at Babe's Supper Club attended by the members, their wives and fiancées. The second event was a general business meeting and election of officers. The new officers are: Milton Miller, president; Harry B. Elmetts, secretary; and Louis Picker, treasurer. The most recent incident of the fraternity was the newly-installed "monthly dinner" held this past week at Caesar's Orchard Inn.

The fraternity wishes to congratulate Brother Louis Picker and his wife upon their recent marriage and to hope for them the best of luck. Congratulations are also due Dr. William Stoler upon his approaching marriage.

Correction

In the last issue of **The Log Book** it was reported that only one of the six former service men now enrolled here was receiving G.I. support. The statement should have read that four are receiving it. In addition, Dr. Fred Benz was reported to have received seven Silver Stars while in service. This statement should have read that he had participated in seven major battles and had received one Silver and two Bronze Stars. Dr. Benz is now completing a year of post-graduate study in surgery. It may not be known generally that G.I. support covers a year of post-graduate study.

O.W.C.C.

The Osteopathic Women's College Club wishes to express our sincere appreciation to Dr. Paul E. Kimberly for his most interesting address at our "Guest Night" at the home of Doris Martin on September 8.

On October 9, the members met at the home of the hostess, Mrs. H. W. Merrill. The program for the evening was exchange of recipes and household hints. The hostess served a most delicious luncheon with co-hostess Mrs. C. P. Christianson assisting.

Plans are well on their way for our Founders' Day Tea, commemorating the 9th anniversary of the O. W. C. C., which will be held at the home of Helen Reichstadt, October 21, from 3 to 5 P. M. All students, faculty members and their wives, and osteopathic physicians of Des Moines and their wives are invited. Invitations are in the mail.

Committee members for the Tea are as follows:

Reception Line: Mesdames Howard E. Hattesen, Larry W. Abbott, Thomas Levi.

Table Hostesses: Mesdames Paul E. Kimberly and H. W. Merrill.

Dining Room Hostesses: Mesdames Paul Reichstadt, Leonard J. Siudara, and Kenneth Elliott.

Plans for the Fund Raising Party have been cancelled and in place we will meet on November 6, at the home of the hostess, Alex Siudara, 724 26th St., and after the general meeting, will sew O.B. leggings for the O.B. Department of the College. The outing flannel and patterns will be furnished us and all you need to bring is your "thimbles and nimble fingers". Let's give a helping hand, girls! —A.S.

Doctors' Cars
See Hard Service

Doctors use their automobiles more than any other occupational group with the exception of the traveling salesmen. Against the national average of 8,139 miles annually, the doctor piles up 12,932 miles a year, averaging 947 round trips, of which 842 are for business or other necessity purposes. The car has widened his range of service, increased his number of calls, and permitted more patients to reach his office during a working day.

Births

Dr. and Mrs. Vernon H. Stoner of Denver, Colorado, announce the birth of a daughter, Lynne Adaire, born August 27, 1945.

Mr. and Mrs. James Barnett announce the arrival of identical twin girls, Elizabeth Jean, 6 lbs. 4oz., and Virginia Jane, 5 lbs. 10 oz., born September 19, 1945. The father is a senior student at D.M.-S.C.O.S. The Barnetts have one other child, Jimmy.

Opportunity Awaits
D. O. at Fenton

Opportunity awaits a young energetic D.O. who is interested in a general small town or rural practice. The city of Fenton, Iowa, is in search of such a physician.

Fenton is a farm city located in the rich agricultural region of northern Iowa. The city has just recently been left without a physician, when the former doctor moved west because of his wife's health. Anyone interested in this opportunity should contact the Fenton Commercial Club, or Dr. J. R. Forbes of Swea City, Iowa.

Owen Attends State
and National Meetings

As this issue of **Log Book** goes to press, Dean O. E. Owen is attending Chicago meetings of the associated osteopathic colleges. Upon his return trip to the city, he plans to stop over in Ohio to attend the Ohio Society meetings.

Two English boys, being friends of Darwin, thought one day to play a joke on him. They caught a butterfly, a grasshopper, a beetle and a centipede, and out of these creatures they made a strange composite insect. They took the centipede's body, the butterfly's wings, the grasshopper's legs and the beetle's head and they glued them together carefully. Then, with their new bug in a box, they knocked at Darwin's door.

"We caught this bug in a field," they said. "Can you tell us what kind of a bug it is, sir?"

Darwin looked at the bug and then he looked at the boys. He smiled slightly. "Did it hum when you caught it?" he asked.

"Yes," they answered, nudging on another.

"Then," said Darwin, "it is a humbug."

—Daisy Leiter: Quoted in Heart Throbs.

(Joe Mitchell Chapple, Inc.)

Knowledge and wisdom, far from being one,

Have oft times no connection.

Knowledge dwells

In heads replete with thoughts of other men;

Wisdom in minds attentive to their own.

Knowledge—a rude, unprofitable mass.

The mere materials with which Wisdom builds,

Till smoothed, and squared, and fitted to its place—

Does but encumber whom it seems to enrich.

Knowledge is proud that he has learned so much;

Wisdom is humble that he knows no more.

Never lend books—no one ever returns them. The only books I have in my library are those people have lent me.

—Anatole France.

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THE LOG BOOK

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PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

Volume 23

NOVEMBER, 1945

Number 11

Trustees Announce New College President

Foundation and Living Endowment Need Support

Full support from the alumni is needed to continue the "forward march" of the progress on the new clinical hospital and the College.

Hospital

Work is progressing rapidly on the new hospital, but money is needed to continue this work and to carry it to completion. There are to date approximately \$30,000.00 in outstanding pledges. **Doctor, sit down now and send in your contribution.** Don't put it off another day. This money is needed now and your support is again solicited.

**HELP YOUR PROFESSION
HELP YOU BY CONTRIBUTING
NOW TO THE OSTEOPATHIC
PROGRESS FUND.**

Living Endowment

The following are names of contributors to the Living Endowment Fund since the October issue of the **Log Book**:

Dr. Jacqueline V. Masters, Detroit, Michigan
Dr. Charlesanna Cole, Philadelphia, Pennsylvania
Dr. Myron N. Bos, Keota, Iowa
Dr. D. H. Stone, Knoxville, Iowa
Mrs. N. E. Parisi, Yarmouth, Maine
Dr. W. J. Laird, Ithaca, Michigan
Dr. W. R. McLaughlin, Parkersburg, West Virginia

Your school needs your support now. As you support your school, your profession will profit by greater prestige and better rights of practice. The progress of our profession is determined largely by the type and quality of our training institutions. Mail or bring in your contribution today. If you have already contributed, now is the time to increase that contribution.



Three alumni officers chat with President Peters at Ohio meeting. From left to right: Dr. C. C. Auseon, President Edwin Peters, Dr. Frank Spencer and Dr. Russell Wright.

Ohio Alumni Hosts to President of College

Lieutenant Commander Edwin Peters, U.S.N., the new President of Des Moines Still College of Osteopathy and Surgery, made his initial appearance before the profession at a special alumni meeting held in Columbus, Ohio, on October 15. Although he will not be released from service until early in December, he was able to make this appearance before the Ohio group at the time of the fall refresher course sponsored by the Ohio State Society. President Peters was introduced to the group by Dr. O. E. Owen, Dean of the College.

President Peters and Dean Owen outlined the current and future expansion program laid out for the college. It was announced that construction is nearing completion on the new clinical hospital, which will be a

92-bed institution and opened for service soon after the first of the year. A program for graduate and undergraduate training in the hospital was announced.

The meeting was attended by twenty-four D.M.S.C.O.S. alumni practicing in Ohio. Dr. John Schott, of Columbus, had charge of the arrangements for the meeting. All of the national officers of the D.M.S.C.O.S. Alumni Association were at the meeting. These were Dr. Russell M. Wright, Detroit, Michigan, President; Dr. Frank R. Spencer, Columbus, Vice President; Dr. C. C. Auseon, Hillsdale, Michigan, Secretary-Treasurer. Each of the national officers spoke in behalf of the College and offered every assistance to our new President.

All present at the meeting expressed their enthusiasm and pledged their support to the dynamic expansion program of the College.

The Board of Trustees of Des Moines Still College of Osteopathy and Surgery has officially announced the election of Lieutenant Commander Edwin F. Peters of the U. S. Navy to the presidency of Still College.

President Peters will take over the reins of leadership at the College immediately after his release from Naval Service. He expects this release before January 1.

Dr. Peters, a native of Missouri, is 40 years of age. He is married and has one son.

Education

In 1940, Dr. Peters received his Ph.D. degree from New York University; the M. A. degree from the University of Missouri, 1933; and the A. B. and B. S. degrees from Drury College, 1927. From 1934 to the time of his entering the Navy, Dr. Peters was with William Woods College, Fulton, Missouri, having previously spent 7 years in secondary education prior to his entering the college field. As a part of his doctorate training, Dr. Peters carried on extensive case study work at Bellevue Hospital in psychiatry.

Publications and Activities

Professional and scientific magazines have carried several articles, contributed by Dr. Peters, in the field of psychology and vocational guidance.

While at William Woods College, Dr. Peters directed the annual Vocational Guidance Conferences, which attracted the attention of professional men and women throughout the country. He was active in various educational, fraternal, and civic organizations.

Government Service

After this country entered World War II, Dr. Peters helped to activate the Fourth Missouri Infantry and served as commanding officer of Company "C", later being advanced to major, under which title he commanded the First Battalion of the Forty-Eighth Regiment.

(Continued on Page 2)

NEXT CLASS ENROLLS JANUARY 4

President Peters

(Continued from Page 1)

He graduated from the First Service Command, Army Tactical School at Sturbridge, Massachusetts, in the fall of 1942. In the spring of 1943, he was commissioned a lieutenant, and in the fall of 1945 he became a lieutenant commander. He is now serving as Executive Officer of the U. S. Naval Disciplinary Barracks Command, Camp Peary, Virginia.

Leadership and Personality

Dr. Peters' varied experiences in college work and his rapid advancement in the U. S. Navy are good recommendations of his ability as a leader. His work has offered him an excellent opportunity to develop an understanding of his fellow associates and their problems. He is especially interested in the problems of the osteopathic college and the returning veteran and will prove himself an estimable asset to our College.

Those of our profession who have met Dr. Peters declare him to have a dynamic personality which radiates enthusiasm for every task he undertakes.

Before the open door of Still College is the welcome mat for Dr. Peters, and students, friends, and alumni are eager to meet him.

Peters and Owen Attend Educational Meeting in Chicago

On October 13 and 14 the American Association of Osteopathic Colleges and the Osteopathic Progress Fund Committee of the American Osteopathic Association met in a joint meeting to lay plans for the 1946 program of osteopathic educational advance.

The Des Moines College was represented by Lieutenant Commander Edwin Peters, the new President of the institution, and Dr. O. Edwin Owen, Dean. The problem of securing funds for the further development and expansion of the six osteopathic colleges was extensively discussed. Basic plans and procedures were established. A complete story concerning the meeting may be found on Page 237 of the November issue of The Forum of Osteopathy.

Births

Congratulations to Dr. and Mrs. Roger Anderson, Manning, Iowa, who recently became parents of a son, David, born November 10, 1945, and weighing 8 lbs. 15 oz.

Dr. and Mrs. Clive Ayers, of Grant, Iowa, announce the birth of a son, Dwight James, born August 21, 1945. Congratulations to the Ayers!

Kimberly Reorganizes College Clinic

Dr. Paul E. Kimberly, Professor of Anatomy, has moved into the clinical field as director of clinics at the College. During the two weeks of his jurisdiction, there have been a number of changes instituted which are already evident in the more smoothly working machinery in that department. Dr. Kimberly has contacted and received the support of 30 physicians, either in or near Des Moines. These men constitute the beginning staff of the clinic.

The organization plans include an opportunity for doctors interested in specialties to acquire additional experience in their desired fields and will be of tremendous value to students because of their association with the practicing physicians. The general clinic examinations are carried out by a staff of internists who work on a rotating basis. These men spend one afternoon a month examining new patients. They return two days later to review, before the entire clinic class, the case histories in order to point out their methods of arranging a diagnosis and their reasons for the treatment outlined. The students have received this method with acclaim and enthusiasm.

Each patient, who entered the clinic, received a complete physical examination, including a routine blood and urine analysis. Examinations in the specialty departments, including special laboratory examinations, are ordered by the internist and carried out in the same manner that is followed in a referring practice.

Case Records Changed

The system of case records is being altered to comply with the requirements of the American Association of Osteopathic Hospitals and Clinics. This will serve two purposes: (1) to give us case histories that are complete for preparation of statistics and (2) to give us records which may be interchanged with the new clinical hospital.

New diagnostic equipment and examining facilities are being planned for and added as rapidly as funds will permit. The aim of the clinical department is to develop a type of work which will be of incalculable value to the student body and to be a service to the osteopathic profession by giving them a diagnostic facility in an osteopathic institution, which has not previously been available to them in this area.

Dr. Kimberly earnestly solicits any aid or recommendations which may be tendered by the osteopathic profession. It is our aim to keep you posted through this paper with the progress which is being made in this, as well as in other departments of the school.

Buy Victory Bonds

Doctors Pay Visit to College

Since the October **Log Book** was published, the following out-of-the-county doctors have paid our college a visit:

Dr. M. B. Landis, DMSCO 1942, of Superior, Wisconsin

Dr. Ivan E. Penquite, DMSCO 1937, of Tulsa, Oklahoma

Dr. D. H. Stone, DMSCO 1929, of Knoxville, Iowa

Dr. C. H. Hyink, DMSCO 1939, of Montrose, Colorado

Dr. William Sterling Peirce, SSS 1901, of Lima, Ohio

Dr. Walter V. Goodfellow, SSS 1905, of Hollywood, California

Dr. John Nicholas Gill, DMSCO 1931, of Chattanooga, Tennessee

Dr. D. R. Steninger, Cedar Rapids, Iowa

Dr. Earl G. Small, DMSCO 1944, of Waterloo, Iowa

Again we wish to say that we are pleased to have our alumni and profession visit the institution and invite as many as can to do so whenever they can.

Dr. Goodfellow Visits Institution

Dr. Walter V. Goodfellow (S.S.S. 1905 and L.A. 1909), of Hollywood, California, recently visited the college hospital and friends in Des Moines. Dr. Goodfellow stopped over in Des Moines for several days on his return from the East. Visiting the osteopathic members and institution while here, he voiced approval and satisfaction with the many changes and improvements that have taken place in the past two years.

The Polk County Osteopathic Association took advantage of Dr. Goodfellow's visit and generosity by selecting him as their guest speaker at a recent monthly dinner meeting of the group held at Younkers Tea Room. Dr. Goodfellow gave an interesting and informative talk on Sinusitis following a brief resume of osteopathic education to date.

The **Log Book** extends much thanks to Dr. Goodfellow for his visit to our college and extends to him an invitation to visit us often.

Dean Owen Announces Senior Dinner

Dean O. Edwin Owen has announced that the Board of Trustees and members of the faculty and their wives will entertain the graduating seniors and their wives at the traditional Senior Dinner to be held on the evening of December 7 in Younkers Tea Room. Table decorations will be appropriate to the Christmas season and diplomas will be presented following the dinner.

The graduating seniors are

Kenneth Martin, of Melvindale, Michigan, who is graduating with distinction; Tobias Shild, of Brooklyn, New York; and Francis C. Ayers, of Waterloo, Indiana. While it is a little early to announce just where each will go, it is known that each of these men plans to interne.

Osteopathic Xmas Seals Now Available

Osteopathic Christmas seals for 1945 have just been issued by the Osteopathic Student Loan Fund Committee of the American Osteopathic Association.

Proceeds from the sale of the seals are used to help worthy students complete their education in approved colleges preparing osteopathic physicians and surgeons. The seals are available to the public and to osteopathic physicians in sheets of 100 for \$1.00. They may be purchased through our school or from the Osteopathic Student Loan Fund Committee of the American Osteopathic Association, 139 North Clark Street, Chicago 2, Illinois. This year's seals have a red background with a large silver star and a Santa Claus, complete with sleigh and reindeer in silver, dashing downward toward a black and white Christmas landscape. The seals will make an attractive decoration to any Christmas package.

Osteopathic students and doctors are urged to support the sale of these seals.

Kimberly Speaks In Louisiana

Dr. Paul E. Kimberly, Director of Clinics, Des Moines Still College of Osteopathy and Surgery, was one of three guest speakers at the annual meeting of the Louisiana State Society held in New Orleans, October 26 and 27.

Dr. Kimberly lectured on the anatomy and physiology of the autonomic nervous system, laying particular emphasis on the application to manipulative therapy. He reports that only 60 percent of the osteopathic physicians of Louisiana are members of the State Society, but that the membership at the annual meeting was 100 percent and the membership in the A.O.A. was 100 percent of the Society membership. This speaks well for a small, hard-working unit.

The guest speaker roster included also Dr. C. C. Rahm of Hammond, Louisiana, who spoke on shoulder injuries, and Dr. Phil Russell of Forth Worth, Texas, past president and present trustee of the A. O. A. Dr. Russell's speech dealt with low back injuries.

NOTICE

If and when you change your address, please notify the Log Book promptly.

The Log Book

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DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

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H. W. MERRILL, M.S., D.O.

Assistant
H. B. HALE, M.S., Ph.D.

Osteopathy Without Limitation

Let Us Be Thankful

As one writer has said, "Much of Thanksgiving celebration in America has come to be largely feasting on turkey and plum pudding or other forerunners of upset digestion and physical and mental incapacity for effective service to God and fellowmen."

But this year especially, let us be thankful that there is a day known to Americans as Thanksgiving. Let us be thankful that here, in our land of America, there are such things as turkey and plum pudding with which to upset our digestion; that ours is a land of plenty in spite of shortages of nylons and sugar.

Let us be thankful that on this, our Thanksgiving of 1945, the dove of peace (in a sense of the word) is hovering over the world, and boys who have spent two or three Thanksgiving Days in fox-holes will this year fill the empty chair around the family table.

Let us be thankful. Yes, but much more than that. Let us GIVE THANKS—THANKS TO GOD from whom all blessings flow. And let us remember, in so doing, that all our thanks becomes but a hollow mockery unless we are willing to do all within our power in cooperation with all other peace-loving peoples against a recurrence of wars. This Thanksgiving it is well for us to examine ourselves to determine what we have done or neglected to do that may have contributed toward the recent world catastrophe. We are not entirely free from blame.

Let us be thankful that the ideals of our forefathers were the love of fellowmen, and belief in cooperation, unity, and freedom. If we uphold these ideals, we will endeavor to cooperate with all men in every cause available to us for the promotion of world peace with justice and charity for all.

There are those in our midst who are not only willing to produce to their utmost capacity the necessary goods for human well being, but are also willing to share with their fellows, both far and near, the use of these goods. These individuals do not protest against such restrictions as may be necessary to insure, in so far as this is possible, a just and charitable distribution of supplies and resources which may be needed for the healthful living of all.

For these individuals let us

give thanks to God and pray that we also may become as they and that through our efforts the world will emerge from the "Dark Ages" of the past few years and become a dwelling place where all men might live in freedom, in equality and in plenty.

Let us be thankful that we have a Des Moines Still College of Osteopathy and Surgery; that this college is one of the best institutions of the profession; that it has surpassed high expectations; and that soon the new clinical hospital will stand as a worthy symbol of the cooperation, steadfastness, and support of those members of the profession who love their fellowmen and give freely of all material resources that the ideals of our forefathers may permeate the world and establish liberty and justice around the globe and that **healthy bodies with healthy minds** will rule the world of the future.

Board Members Attend Michigan Meeting

Two members of the Des Moines Still College Board of Trustees, Dr. H. A. Graney and Mr. N. Harold West, attended the Michigan State meeting and a special alumni meeting October 30 at Grand Rapids, Michigan.

More than 150 alumni attended the Michigan meeting, at which Dr. Graney outlined the projected plans for the new clinical hospital. He also discussed the future college curriculum for regular and post-graduate students and presented a biography of our new college president.

Mr. West explained the principles upon which the Board of Trustees operates and brought out the fact that the lay members of the Board were not only staunch supporters, but energetic workers in behalf of the college and the new hospital.

The Michigan alumni, a very gracious and friendly group, pledged their full support to our College and the Board of Trustees. Through their president, Dr. Russell M. Wright and Dr. Donald J. Evans. Dr. Graney and Mr. West met many Still College friends. They later visited Dr. Wright's clinic, Detroit Osteopathic Art Centre and Riverside Hospitals.

The Board of Trustees is deeply appreciative of the faithful cooperation of the Michigan group, through their yearly Living Endowment contributions and the excellent manner in which they are developing the profession of osteopathy.

We can well be proud of our Michigan alumni. It was a privilege to have had an opportunity to meet such a group.

N. Harold West,
Lay Member, Board of Trustees

Buy Victory Bonds

Osteopathy As a Career Attracts Veterans

The foremost problem facing osteopathic colleges at this time is that of building up the student enrollment to pre-war levels. As men return to civilian life from the Armed Forces, we have found that they are extremely eager to investigate the possibilities of osteopathy as a career. Both the American Osteopathic Association and the individual colleges are contacting these men with appropriate literature at the separation centers. During



Dr. Edwin Owen

the past two months the college has had heavy correspondence with veterans who are interested in entering school. Many of them want to discuss the problem with their home town osteopathic physician after they have come to the college in person to inspect the institution and learn of the professional opportunities in osteopathy. It behooves each doctor in active practice to be well informed on osteopathic educational procedure as related to veterans.

Entrance Qualifications

The first problem is that of entrance requirements. To be eligible for entrance at Des Moines Still College of Osteopathy and Surgery, a student must present an official transcript showing the satisfactory completion of 60 semester hours of collegiate work including the following specified subjects:

Chemistry:	
Inorganic	8 semester hrs.
Organic	4 semester hrs.
Biology	8 semester hrs.
Physics	8 semester hrs.
English	6 semester hrs.

This work must be completed prior to matriculation as an osteopathic student. It is sometimes possible to make up a few hours of credit at Drake University immediately prior to entrance. This, however, is not always possible.

Two Returning Groups

Of the men returning from service we find there are two groups — those who have completed part of the entrance re-

quirements and those who are high school graduates only and ready to begin pre-osteopathic work. We are finding liberal arts colleges and universities very cooperative in arranging schedules for the completion of specific subjects so that the men may enter the osteopathic course as soon as possible.

Basic Mechanism of Veterans Program

Osteopathic physicians who have the opportunity of counseling prospective students should understand the basic mechanism of the veterans' education program. For example, a veteran who is entitled to four years of college work shall receive forty-eight months as follows: To secure pre-osteopathic entrance requirements, he must attend a liberal arts college or university for eighteen months (two years of nine months each). By attending summer sessions, no time need be lost.

To complete the standard osteopathic course of four years of nine months each will require thirty-six months. Therefore, a veteran entitled to four years of education, under the G. I. Bill of Rights, will be obliged to pay for only the last six months of training.

In addition to the Veterans' Administration paying for the entire cost of education, the man receives \$50.00 per month subsistence if single, or \$75.00 per month if married.

With this basic information at the disposal of every osteopathic physician in the profession, we can have each of our osteopathic colleges back to pre-war enrollment levels within two or three years time. For the immediate present, we can accept only those men who already hold proper entrance requirements, but we must launch each man making inquiry, upon the proper pre-osteopathic, educational program.

Doctors Serve as Recruiters

The problem of student recruiting for our colleges still rests with the profession as the most tangible contact. Those of you who practice in college towns have a unique opportunity to contact men taking science courses, and to direct them toward the opportunities of our profession.

We will be glad to send catalogs to any of you desiring them. Where possible, we will send speakers out from the College to present scientific talks before interested groups.

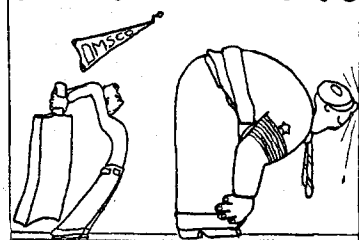
As I stated in the Dean's Letter appearing in the August **Log Book**, the future of osteopathic education has never been brighter. The Des Moines College is moving forward on a substantial program of expansion. It is our aim to present a well-rounded and balanced program for the training of osteopathic physicians and surgeons second to none.

Canadian Students

Canadian students desiring to

(Continued on Page 4)

FRATERNITY NOTES



AOΓ

Calvaria Chapter of Lambda Omicron Gamma met for one general business meeting since the last edition of the **Log Book**. We also had a fraternity dinner at Babe's in accordance with the plan of having at least one dinner per month in which the members "get together".

The fraternity wishes to congratulate Brother Tobias Shild upon his approaching graduation December 7, 1945. "Toby," who is one of the best known members of the College, is planning to interne. May we express our wishes for his success.

ΦΣΓ

The W. C. Harbach estate was purchased on November 10 by the Phi Sigma Gamma fraternity. It is a beautiful brick structure located at 3205 West Grand Avenue.

We are looking forward to many friendly evenings around the large fireplace. The rustic paneled ceilings of the first floor rooms will add much to the fraternal atmosphere. The large oak paneled dining room will form a perfect background for banquets prepared in our modern, well-equipped kitchen. The entire third floor is devoted to a ballroom which will see many happy social functions for Still College students in years to come.

The boys in the house have spent many long hours to achieve this end. A few of our alumni have made contributions — the three in Des Moines, Drs. O. Edwin Owen, Emil Braunschweig and John Q. A. Mattern, setting the pace with their contributions of \$100.00 each.

Plans are now underway for a house warming and formal dance. At this time we want to invite our alumni to come out and see us at 3205 West Grand when they come to Des Moines for the homecoming in connection with the opening of the new hospital.

Any alumni of Phi Sigma Gamma who would like to follow the generosity of our Des Moines alumni may send their contributions to Dr. O Edwin Owen, 806 Southern Surety Building, Des Moines, Iowa.

—J. R. S.

The Lassies of Still

The Lassies of Still,
Whether or nil,
Decided to form their own club.
So on October the last
As the goblins rode past
We met at Tess' home for the job.

'Mid jesting and fun
We got the work done
Planning the why and the wherefore
We chose Dotty D.
Our first chairman to be
And then Arlene Peace to assist her.

Our seance complete
Then came the treat
In typical Hallowe'en style.
Where next will we reign?
Why, at Trudy's domain
Where we'll listen and learn for a while.

The programs are fine,
The speakers are "tops,"
We're planning a wonderful year.
To make things complete
We hope that you'll meet
With us for gain and good cheer.

O.W.C.C.

A senior banquet will be held at Younkers Tea Room on Wednesday, November 28, at 7 p.m. At this traditional affair we will honor our graduating member, Doris Martin, who has been an active member and has served the club faithfully these past three years. Dr. H. A. Graney will be guest speaker for the evening. Vice President Ronnie Abbott will preside as chairman and President Martha Hattesen will confer the diploma.

The Osteopathic Women's Auxiliary has again extended an invitation to the O.W.C.C. members for their annual Christmas party which will be held on Tuesday, December 4, at the home of Dr. and Mrs. J. P. Schwartz, 4242 Woodlawn Drive. An enjoyable evening is in store for us as in past years.

Make your reservations promptly, girls as these two occasions are the highlights of this semester's program.

—A. S.

ATLAS CLUB

Recent Atlas Club activities included acceptance of an invitation from Dr. P. L. Park to meet in his office. The membership was shown the fine facilities of our host, after which he graciously addressed the group and answered their questions on a variety of topics pertaining to practice. Our thanks go out to Dr. Park for a very entertaining evening.

Plans have been made to hold the semi-annual senior banquet

of the Atlas Club on Wednesday, November 21, at Younkers Tea Room. Ken Martin and Francis Ayers are the graduating Atlas men who will be honored. A representative Atlas alumni group is expected to attend.

Initiation ceremonies were held Monday, November 5, for the following who were inducted: Richard Pascoe, M. E. Georgopolus, Thomas Levi and Richard Sherman. Congratulations are in order for these new members.

Relationships of Lymphocytes, Cancer

Lymphocytes have been considered in many studies on cancer, but the general view has been that the lymphocyte is a factor in immunity. Margaret A. Kelsall, of the Roscoe B. Jackson Memorial Laboratory, Bar Harbor, Maine, in the November 2nd issue of *SCIENCE*, argues in the reverse manner, i. e., that the lymphocyte may be a factor in the initiation of tumor growth. Her case is founded on many points of evidence, all of which indicate a corresponding increase in the number of lymphocytes within a tissue or throughout the body as a whole where there is an increase in growth and incidence of tumors. She also has evidence to indicate that anything that tends to decrease the number of lymphocytes lowers the incidence of tumors.

Metastases of mammary carcinoma occur most frequently in lymph nodes; lymphocytes are present in metastases to the liver, in neoplastic foci developed from burst lymphatics and between the elastic connective tissue and the epithelium containing neoplastic cells in Paget's disease of the nipple. Lymphocytes are found in fluids and tissues which are known to contain a mammary tumor inciter; these are milk, blood, spleen, thymus, lactating mammary tissue and breast tumors.

Lymphocytes are found at neoplastic foci induced by irritation due to chemicals, physical factors, radiation, and possibly parasites and viruses. Sex hormones, which are known to be a factor in the production of tumors, may stimulate growth of lymphoblastic tissue when there is a condition of unbalance. Lymphocytosis occurs in some stages of syphilis; it may be that this is a factor leading to greater incidence of carcinoma of the lip in syphilitics.

There is also a correlation between a decrease in the number of lymphocytes and decreased incidence and growth of tumors. Chronic inanition decreases both the blood lymphocytes and tumor growth. Cancer is less frequent among people having progressive tuberculosis, a condition accompanied by lymphopenia. Primi-

Veterans Continued

(Continued from Page 3)

take the osteopathic course, should write the College for specific information regarding procedure. For example, if a man is unable to secure certain specified subjects, required for entrance, in a Canadian institution, he will be permitted to take the work in an American college or university.

—O. EDWIN OWEN, D.O.
Dean

DDT

The two Swiss chemists who started DDT on its present spectacular career as an insecticide, Dr. Paul Auger and Dr. Paul Muller, at a press conference in New York City predicted that DDT can send malaria mosquitoes, typhus lice and other disease-carrying insects to join the dodo and the dinosaur in the limbo of extinct species, thereby ending these particular plagues for all time.

DDT is a hundred times more effective than arsenical poisons. It can be applied by any method now in use for other insecticides. It works well dissolved in kerosene or dispersed in inert powdered materials such as talc, thus it can be used as a spray or as a crop-dusting medium. Paints containing DDT are now being manufactured, and rooms painted with such paints become death-traps for flies, mosquitoes and other domestic pests; in walking over the painted surface they will pick up enough on their feet to kill them. If the paint becomes coated with dirt or grease the poison will not be picked up by the insects; paints that tend to scale or crumble a little serve to keep fresh surfaces exposed and are therefore better. DDT has good lasting qualities.

—Science Service.

tive societies are less well nourished and have a lower incidence of cancer. X-rays decrease the number of circulating lymphocytes and induce fatty involution of the lymph nodes.

Most lymphocytes have larger nucleoli and nuclei in proportion to the amount of cytoplasm than most cells and contain more nucleic acid. Evidence has been shown that a disturbance of the nucleo-proteins forms the basis for an "intracellular cause of neoplasia." The lymphocyte may have a part in modifying nucleo-proteins and may be the source of the greater amount of thymonucleic acid found in carcinomas. Abnormal growth may be related to quantitative chemical changes initiated by lymphocytes. It is known that lymphoid tissues undergo involution with age.

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Volume 23

DECEMBER, 1945

Number 12

New President Is Honored at Dinner

The Des Moines Still College Foundation and Board of Trustees sponsored an informal dinner Friday evening, December 14, at Younkers Tea Room in honor of the new College President, Dr. Edwin F. Peters.

The dinner assumed the semblance of a state convention as Iowa doctors, their wives, and special guests gathered to pay homage to Dr. Peters and heard him declare, in behalf of Still College:

"We will do everything possible to sell osteopathy to every person in the country." Dr. Peters' remarks and brief enumeration of future plans for Still College were well received by those present, all of whom were impressed by his winning personality to the point that optimism for the future increased considerably. He was introduced by Dr. H. G. Harmon of Drake University, a close friend and associate of Dr. Peters in his educational work in Missouri.

Other speakers of the evening were: Dr. C. Robert Starks of Denver, Colorado, President of the American Osteopathic Association; Dr. Russell Wright, Detroit, President of the Des Moines Still College Alumni Association; Dr. G. A. Whetstone, Wilton Junction, Iowa, President of Iowa Osteopathic Association; and Dr. J. P. Schwartz of Des Moines.

Mr. Nelse Hansen, Treasurer of the Still College Foundation, presented the financial report of the Foundation as of December 10, 1945. (This report appears in this issue).

Mr. Arthur Kenworthy, Chairman of the Board of Trustees, proved a capable toastmaster of the evening.

For this successful beginning of an osteopathic expansion program, much commendation is due the committee members, Drs. Mary E. Golden, Rachel Woods, and Joe McNerney.

One hundred seventy-six attended the dinner.

Highlights from Dinner Speeches

PRES. EDWIN F. PETERS: "I want to meet every osteopathic physician in the state of Iowa. Drop in at the College and give me any suggestions you may have."

DR. H. G. HARMON (speaking of Dr. Peters): He is a wise administrator, a splendid coun-

(Continued on Page 2)



Season's Greetings

from

BOARD OF TRUSTEES

MR. ARTHUR G. KENWORTHY, Chairman

DR. DEWITT V. GOODE, Secretary

DR. MARY E. GOLDEN, Treasurer

DR. ROBERT B. BACHMAN

MR. J. R. CAPPS

DR. HOWARD A. GRANEY

DR. HOLCOMB JORDAN

DR. E. F. LEININGER

MR. N. HAROLD WEST



FACULTY

President Edwin F. Peters, A.B., B.S., M.S., Ph.D.

H. A. Barquist, D.O.

J. Q. A. Mattern, D.O.

Emil Braunschweig, B.S., D.O.

J. R. McNerney, D.O.

F. D. Campbell, D.O.

H. W. Merrill, B.S., M.S., D.O.

Byron L. Cash, D.O.

C. O. Meyer, B.S., D.O.

A. W. Dennis, D.O.

Paul O'Shana, D.O.

Estella K. Farley, B.A., M.A.

O. E. Owen, B.S., M.S., D.O.

T. B. Farmer, D.O.

P. L. Park, D.O.

Beryl Freeman, A.B., M.S., D.O.

T. C. Peace, B.A., D.O.

E. H. Glantz, B.A., D.O.

Ralph L. Powers, L.L.B.

H. B. Hale, B.S., M.S., Ph.D.

K. B. Riggle, D.O.

J. P. Hull, D.O.

E. O. Sargent, D.O.

E. S. Honsinger, D.O.

D. E. Sloan, D.O.

E. S. Iosbaker, D.O.

Anna L. Slocum, D.O.

P. E. Kimberly, D.O.

Verne J. Wilson, D.O.

Byron E. Laycock, D.O.

J. R. Woodmansee, D.O.

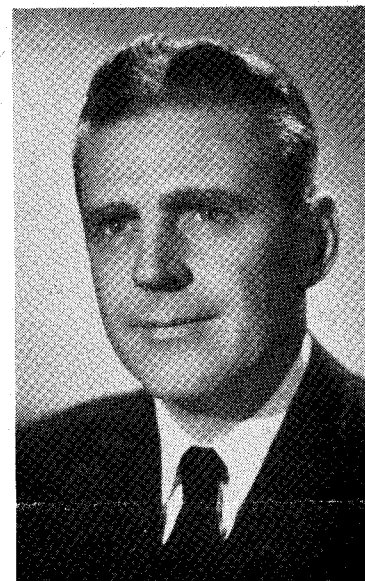
R. K. Woods, D.O.

H. J. Marshall, D.O.

President's Greetings

At this season of the year, with the re-uniting of families, the returning of sons and daughters, fathers and husbands, who have been in the four corners of the world the past several years, one's thoughts naturally center around family reunions and the future planning for members of the family. Truly, this is a season of rejoicing.

As your new President of the Des Moines Still College of Osteopathy and Surgery, I wish to express my appreciation for the opportunity of being affiliated with an institution which is so



Dr. Edwin F. Peters

rich in tradition and an institution which has contributed so materially to the advancement of Osteopathy as has the Des Moines Still College of Osteopathy and Surgery. Your Alma Mater, like all other progressive educational institutions, is constantly striving to enlarge its plant, increase its facilities and to improve its offering to the students.

In recent months our college has made great strides due to the interest and financial assistance of the profession. With the opening of the new clinical hospital in the very near future, your college will be able to offer the finest of hospital training for its students. The new clinical hospital is only a beginning of

(Continued on Page 4)

Dinner Speeches

(Continued from Page 1)

seller, and a good friend.

DR. J. P. SCHWARTZ (undoubtedly expressing the opinion of many present): "Tonight is the realization of a dream and ambition that I have had for a good many years. . . . these things have met their culmination with the election of Lt. Commander Peters to the presidency of the College. We can all be very proud of Still College in the years to come."

DR. RUSSELL M. WRIGHT: "Osteopathy is tonight where we have wanted it for many years. . . . The alumni of Still College are very much interested in the work of the College and want post-graduate courses. We are looking forward to the day that our institution shall be the outstanding institution for therapy on this continent. . . . To do this will take 4 simple rules: (1) Know exactly what we want to do. (2) Want to do it hard enough. (3) Expect to be able to do that thing. (4) Be willing to make any sacrifice that is necessary to do it."

DR. G.A. WHETSTINE: "I assure you that the State Association is going to be behind the College. We want you to feel free to call on us at any time. . . . We are going to do everything possible for the College."

DR. C. ROBERT SPARKS: ". . . The A. O. A. has set up as the first phase of its program the raising of funds to finance our colleges. . . . You have to put something into your profession and your school beyond your own selfish interest. Sell yourself on the fact that you are contributing to a final goal of alleviating the suffering of humanity, extending your life into the realm of giving something great to humanity. Our duty is to alleviate suffering humanity and our enemy is disease. Every time we expand a college or build a hospital, we are fulfilling our destiny as an individual and as a profession. . . . It is almost a disgrace that we as a profession will accumulate the dividends which our schools have produced and not put anything back into them. Cut off the source of supply in any profession and you automatically cut off the profession. . . . We are in a critical time of osteopathy. We have passed the low period and are on the up-grade. We have made great advances during the war with the population and our services to the country, but we must put our heads together and keep our eyes on the ideal expanded here tonight. . . . We can do the job with leadership and friends. The way it can be done is for you as individuals and the state association to get behind your school. . . . That way we can serve humanity and alleviate suffering in this world."

Happy New Year

Owen, Golden Attend Chicago Meetings

Dr. O. E. Owen, Dean, and Dr. Mary E. Golden, a member of the Board of Trustees of D.M.S. C.O.S., recently returned from Chicago where they attended association meetings. Dr. Owen attended the mid-year meetings of the American Association of



Dr. Golden

Osteopathic Colleges, while Dr. Golden attended meetings held by the Trustees of the American Osteopathic Association.

These two bodies met later in a joint meeting to discuss problems and progress of osteopathy, particularly as they relate to our educational institutions. Plans were formulated and discussed for the continued progress and expansion of our schools.

It was brought out plainly at these meetings that our profession will grow and gain in power and prestige only as rapidly and as surely as our educational institutions. Our profession is built and rests upon the colleges as its foundation and is, therefore, no stronger nor resistant to forces than its foundation.

The future is bright for our profession through our training institutions. These institutions have improved remarkably during the past few years, in spite of the adversities which the war has forced upon them. With our united support morally, professionally, and financially, we shall all reap the benefits which accompany a strong educational support to our chosen profession.

Our school is doubly fortunate that we have a member of our College Board of Trustees who is also a member of the Board of Trustees of the American Osteopathic Association. We have such a combination in Dr. Mary E. Golden, who has held numerous important offices in local, state, and national association affairs for many years. She is well versed in professional problems and procedures. She brings the knowledge and enthusiasm back to our institution and is a valuable person in helping to guide and plan the progress of our school.

Buy Victory Bonds

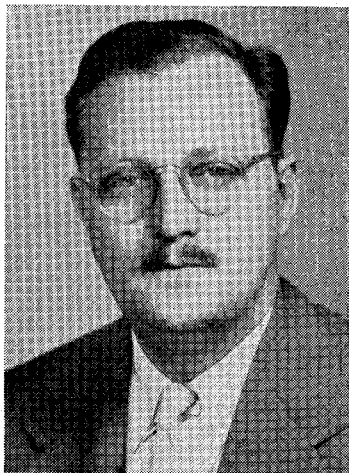
Pursuit for the Reason

So many things have happened in the past year that the continuity of this series of articles has been not only broken, but the pieces lost. There has been certainly ceaseless change of order, but none too orderly ceaseless change. This has been true not only in my own life, yours, Still College, but in the whole world.

We are entering a new era in which interest reverts from the stupendous back to the infinite power of the atom. It is time for a re-valuation, time to both grease our axles and tighten our brakes. Things have happened in the past few years that will not happen again and many that should never occur again. Things will happen in the next few years that will condition the destiny of man, of medicine, of yourself, and, I'm sorry to say, myself. Reviewing our own atomic structure is ever essential if we are to keep our heads against the wind and our feet squarely on the ground.

After every war there is a rise in pressure; economically, socially, professionally. If we are to progress under a greater head of steam, our polarity and control must be proportionately between. We will all feel this pressure and what we do under this increased stress will depend upon our honesty with ourselves, our philosophy, our objective.

It is both good and bad that



Dr. Bryon E. Laycock

we did not get commissions. It is fortunate and unfortunate that we were needed more at home. It is excellent that we have contacted such a mass of people and it is depressing that the force of the clock prevented us from doing more. It is a shame that therapeutics becomes thinner as the mass increases. Larger practices have helped us professionally and have hurt us physically. Seeing too many patients a day has hurt us professionally and helped us financially. Osteopathy suffers as we give one patient a pat or two on the sacro-iliac joint and run into the next room to another patient. Our future as a physician and as a profession

depends on our skill in the application of the principles of osteopathy and the dexterity of our manual technique. It does not seem a loss of time to think of these items. Occasionally it is well to think about not only what we are making of our lives, but what our lives are making of us, and to make sure of what we are wanting, for we may get it.

For the last four years it has been easier to start practice but there has been a trend for graduating physicians to refrain from so doing in favor of spending more time on their education by interning thus making them more capable. This increased ability will be needed in the future. Ten years ago it was difficult to begin a practice compared with the last few years. Fewer mistakes were possible due to professional competition, yet many shunned internships and post-graduate study and barged out into practice anyway to avoid further consumption of time. Mistakes were more costly and more frequent. Learning "the hard way" was hard on the patient too.

This fact, of course, applies to all schools of practice. In the future greater accuracy in diagnosis, greater efficiency in treatment, more regard for the patient, his point of view and his pocket-book will be necessary.

The last four years have been the practitioners' halcyon days. We see in all schools of practice the lacy and independence that these years produced. Disregard for professional ethics and economic ethics has been rampant. This needs to be changed and will be.

There will be a physician shortage for the next twenty years but the shortage will not be so acute that we will not have to keep our eyes on the ball and our minds on the game.

Three to four times the number of all osteopathic physicians, of physicians are now returning to practice. They will get many of their old patients back in inverse proportion to the amount of teaching that we have done to our patients on the advantage of osteopathic care over ordinary medical care. Hence the patient that received nothing but ordinary medicine from us will now go back to his medicine man.

The medical, or should I say the allopathic, physician has finally learned that there is, as Lord Kelvin said, "A better way," a more physiological method of treatment, a rational method of dosage and utilization of a vegetative principle. Consequently we can expect a far greater interest in the future in body mechanics, manipulative therapy, physiotherapy, psycho-somatic and reflex arc relationships. The general trend in ordinary medicine is not only down our alley, but up the street ahead of us, so we are going to have to make tracks.

We are going to have to think
(Continued on Page 3)

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Acting Editor
H. W. MERRILL, M.S., D.O.

Assistant
H. B. HALE, M.S., Ph.D.

Osteopathy Without Limitation

Season's Thoughts

This year, as we extend to our readers our wishes for a happy, prosperous, New Year, we do it with hearts made joyful by the cessation of war. We do it with a deep regret that all peoples of the world are not so fortunate as we; with a hope that 1946 will bring shelter, food, freedom, and joy to all humanity.

As 1945 draws to a close, it is with vindicating pride that we pause on the threshold of 1946 to reflect upon the alterations, additions, progress which this year has brought to our school.

With the same pride we extend a note of appreciation and gratitude for the splendid support which has come to Des Moines Still College of Osteopathy and Surgery from the profession.

The generosity of the profession has enabled our school to make substantial progress toward the realization of what heretofore has been merely a dream.

We appreciate not only the financial assistance but the moral support and loyalty of our alumni as well.

As the new year dawns, we resolve a cooperation with our loyal constituents, a devoting of our energy toward a constant, expanding progress of our school as an educational institution and a greater recognition by the public for the service of our profession to humanity.

Schultz Has Associate

Word has recently been received that Dr. E. L. Platte, formerly of DeKalb, Missouri, is now an associate of Dr. Charles D. Schultz at his offices in Madison and Sun Prairie, Wisconsin.

Chapman's Reflexes

The committee handling the teaching program of Chapman's Reflexes are offering for sale the book, "An Endocrine Interpretation of Chapman's Reflexes," by Dr. Charles Owen at the original price of \$10.00. These books have been held in reserve for physicians taking the course. The release of this material is due to the uncertainty of the teaching program.

Requests for this book should be sent to Dr. Paul E. Kimberly, 722 Sixth ave., Des Moines, Iowa, and accompanied by \$10.00.

Treasurer's Report, Des Moines Still College Foundation

CASH
Transactions Schedule
Period Ending December 10, 1945
Receipts to Date

Pledges—Cash	\$101,888.44
Loan	8,000.00
Mortgage	\$40,000.00
Paid to take up original contract.....	29,107.17
Interest	10,892.83
Rents	1,051.65
Donations	2,834.17
50.00	
Bond Premium on Sale of Bonds.....	648.75

Total Cash Receipts.....\$125,365.84

EXPENDITURES

General Expense	\$ 3,612.08
Acquisition Expense	3,236.19
Equipment	39,986.97
Real Estate and Expense.....	17,248.48
	\$ 64,083.72

New Hospital and Grounds

Harbach Property and Estimates.....	\$38,657.14
Adjoining Lot	6,325.00
	44,982.14

Total Expenditures.....\$112,565.86

SUMMARY

Receipts—Cash	\$125,365.84
Expenditures	112,565.86

Balance Depository Banks.....\$12,799.98

*Note: Cash from sale of Bonds in transit in the amount of\$5,835.60

Bonds

Bonds Received as pledges.....	\$ 6,175.00
Bonds Purchased on hand October 31, 1945.....	3,500.00

Total Bonds

Less: Bonds converted to cash by donor.....	\$ 487.50
Bonds converted to cash*.....	6,100.00
	6,587.50

Bonds on hand.....\$ 3,087.50

COST TO DATE OF NEW HOSPITAL

Cost of Building:	
Purchase down payment.....	\$20,000.00
Monthly payments on building.....	892.83
Monthly interest payments on principal	714.27
Taxes	795.92
Legal expense	50.00
Architect's fees.....	1,250.00
Plumbing repairs.....	27.32
Stoker repairs	59.77
Remodeling estimates paid.....	14,619.64
Recording fees	30.26
Abstract expense	40.00
Stamps and deeds.....	6.75
Fuel to heat building during remodeling	136.84
Electricity	32.18
Water and sewer	1.36
	\$ 38,657.14

Cost Adjoining Lot:

Purchase price.....	\$ 3,555.00
Excavating	2,770.00
	6,325.00

Total.....\$ 44,982.14

SUMMARY

Cost of Harbach Property.....	\$50,000.00
Down Payment.....	20,000.00
Unpaid Balance date of purchase.....	\$30,000.00
Monthly Payments on Principal.....	892.83
Amount owing November 30, 1945.....	\$29,107.17
Amount of mortgage.....	\$40,000.00
Amount paid to transfer mortgages.....	29,107.17
Amount deposited in Capitol City Bank.....	\$10,892.83

Pursuit for the Reason

(Continued from Page 2)

osteopathically, act osteopathically, treat Osteopathically and manipulatively and teach our patients that Osteopathy is what is on the treating table and is

not acquired by just printing it on the door.

Frankly, it seems that the day of a left-handed bit of muscle rubbing and a right-handed prescription is about over. Competition will see to that. Now we can get back to the original

atomic power upon which this profession has grown and as a practitioner I am glad of it, aren't you?

In future issues we hope to consider more points from a physiological and osteopathic point of view, as we were doing some time ago.

—B. E. L.

Looney Replaces Robinson

Mr. Cecil C. Looney of Creston, Iowa, has been elected secretary of Still College to replace Mrs. K. M. Robinson, who tendered her resignation as of December 7. He assumed his new duties December 10.

Mr. Looney, a 1939 graduate of the Capital City Commercial College, was employed as bookkeeper for the L. H. Kurtz Hardware Company, Des Moines, from the time of his graduation until 1942. At that time he entered the U. S. Army as a supply sergeant and served 18 months in the European theater of war, later being promoted to the rank of first sergeant. He was released from service in October of this year.

K. M. Robinson

Mrs. Robinson, a native of Des Moines and graduate of the Capital City Commercial College, came to Still College in 1922 as a stenographer. Later upon the resignation of Mrs. Sara L. Schwartz, Mrs. Robinson became registrar of the College and secretary to the Board of Trustees.

During her 23 years of service



Mrs. K. M. Robinson

to the College, Mrs. Robinson has been a faithful, dependable, efficient employee who has given willingly of her time and efforts for the betterment of our school.

More than 1,000 diplomas issued to graduating doctors since 1922 bear that familiar signature, "K. M. Robinson."

A loyal booster of the College and osteopathy, she has remained on her job through the profitable years as well as those of "low-ebb." She has witnessed innumerable physical, curricular, and administrative changes in Still College since its first location on Locust street, but has adapted herself well to each change, never decreasing the

(Continued on Page 4)



Season's Greetings

from the
Fraternal Groups

AOF

ITS

ΔΩ

ΦΣΓ

ΨΣΑ

O.M.C.U.

ATLAS CLUB



Books of Interest

HIDDEN HUNGER is the title of a new book by Icie G. Macy and Harold H. Williams. The book is concerned with malnutrition resulting from diets which may satisfy hunger in the usual sense, but which are lacking in one or more of the specific nutrients required for optimum health and performance. The authors are particularly well qualified to deal with the field covered. Without sacrifice of scientific accuracy, the discussion is presented in language that the general reader can understand and profit from accordingly. The scientist will also find the book a source of much valuable information. The book is published by The Jaques Cattell Press, Lancaster, Pa., and sells for \$3.00.

The American Association for the Advancement of Science has recently announced a new book on Cancer. There are five general subdivisions: I. The Virus Approach, II. Carcinogenesis, III. Enzymes, IV. Diet, and V. Chemotherapy. The volume comprises 333 quarto pages of text. There were 42 contributors. A more complete description of the contents is to be presented in a descriptive circular which will be sent widely to those whose interests lie in the cancer field.

The Lassie Doctors

This is a story by Iggie. To those who have never been exposed, let me clarify this personage, if such he may be called. Iggie is a mouse and an educated one at that. Now Iggie isn't a common field mouse, although a descendant of such, for he carries a title of ace newspaper reporter with a history of one previous post. This position of which we speak was an editor of a scandal sheet. We realize this is not a good recommendation for this paper; however, we have a written promise from his owner that this type of writing is all a thing of the past, so we shall give him a chance.

This is what Iggie told me:

"On last November the thirteenth, 1945, at the home of one Trudie Hoffman Carpenter, there was a meeting, and an exclusive one it was. Two requirements were held by each participant. First, they all had to be women; second, they were either students at Still, or honorary members, or associate members from there. This was the second meeting of the Lassie Doctors.

The meeting included the reading of what they termed a constitution, this being presented by the chairman, Miss Dorothy Diener. It brought much discussion from the group, but alas, a poor mouse's comprehension could not be stretched to cover it. Just as long as the members understood what constitutes a quorum, etc. etc., I don't think any of the rest of us care.

One thing that did interest me, however, was the plan for a Christmas party for the school, which we all know was a great success. You might like to know that the project was carried out by Miss Diener with the aid of representatives of the Frats. Don't you think another assembly in the near future would be fun?

At the last of the meeting we had the planning of the Christmas dinner for the group. Mrs. Carpenter was to make the arrangements and ask Dr. Mary Golden, Dean of Women, as a guest.

The meeting adjourned and there was a luncheon. That was the part I enjoyed. I'd go into detail, but my owner says no.

I probably should end my story here, but I must tell you about my adventure on December 2. I, on that day, like all others, was considering my stomach when I realized the Lassie Doctors were meeting for their dinner at Younkers Tea Room. What nicer meeting could I choose to attend? The group had a wonderful time together, purely social, and they were so pleased at having Dr. Mary with them.

Now, Dear Friend, I must dash, for I must prepare for Christmas with my country cousin. So Merry Christmas and a Happy and Prosperous New Year to everyone.

That is what Iggie told me

and as I have nothing further to add except to repeat his greetings, we'll sign off until next year when the meetings meet and Iggie squeaks.

Michigan Alumni Elect Officers

At a recent meeting, the Michigan alumni of the Des Moines Still College elected the following officers for the coming year:
Dr. R. P. Perdue, President
Dr. J. B. Miller, Vice President
Dr. J. H. Leslie, Secretary-Treasurer

Births

Dr. and Mrs. Francis C. Ayers are pleased to announce the birth of a son, Jeffry Maynard Ayers, on December 6, 1945. The new arrival weighed 8 pounds and 2 ounces. Dr. Ayers is one of the December graduates of D.M.S.C. O.S.

A new daughter, Virginia Sue, was born November 19, 1945, to Dr. and Mrs. Robert Fagen. Her birth weight was 6 lbs. 13 ozs.

Dr. and Mrs. James Crane announce the arrival of a baby daughter, Cheryl Dee, weighing 9 lbs. 2 3/4 ozs., born November 29, 1945.

Visitors

The following alumni visited the College during the past month:

Dr. Richard Snyder, DMSCO 1944, Detroit, Michigan
Dr. Wm. D. Blackwood, DMSCO 1933, Heartshorne, Okla.
Dr. T. H. Hoard, Jr., KCOS 1938, Celina, Texas
Dr. George C. Boston, DMSCO 1938, Davenport, Iowa
Dr. Thomas P. McWilliams, DMSCO 1943, Guthrie Center, Iowa
Dr. Carl Waterbury, DMSCO 1943, Manning, Iowa

We are pleased again to have the alumni and members of the profession visit the College and invite them to do so whenever they can.

Senior Assembly

The traditional assembly, in honor of the departing Seniors, was held at 10 o'clock, Tuesday, December 4. The faculty and student body met on the third floor for an hour of fun. Dr. Kimberly acted as Master of Ceremonies. Dean Owen presented special certificates for extra clinic work to the three graduating seniors. Ken Martin received certificates for special work in General Clinic, Clinical Pathology, and Obstetrical Clinic. Tobias Shild and F. C. Ayers received certificates in Clinical Pathology.

In the front of the room stood a brightly lighted Christmas tree

Robinson

(Continued from Page 3)

efficiency of her work; always remaining meticulous both in work and dress.

She could well be termed an up-to-date "ready reference" for information concerning school records or the activities and whereabouts of alumni members.

Our school will miss Mrs. Robinson. Her name will be linked with Still College for years to come. To our farewell to her at this time we would like to add these words: "Well done! Thank you for all you have done for us and our school."

To Mr. Looney we bid a cheerful welcome. With our best wishes for his success, goes our pledge of full cooperation with him in his new position.

President's Greetings

(Continued from Page 1)

the future developments of this great institution.

At the Board Meeting Monday night, 17th of December, an authorization was given for the architectural drawing of a proposed new building, which will house a library and medical museum, auditorium and physiotherapy department. It is the desire and ambition of the administration of Des Moines Still College of Osteopathy and Surgery to continue its program of expansion so that the students who enter the walls of this historic institution shall receive the finest type of instruction and training.

As your new President, it is my sincere wish and desire in the months to come to meet each of you personally and I extend to all former students and graduates a most cordial invitation to visit your Alma Mater whenever possible.

May this season bring to you and yours happiness, success and prosperity.

Edwin F. Peters,
President.

surrounded by a pile of gifts and sacks of red and green popcorn balls. The gifts (all of a humorous nature) were distributed very quickly when Dr. Kimberly began throwing them to the audience. Bill Mack, Sophomore, furnished some fine music, playing several numbers on his marimba. Bob Sedar, Junior, and Marvis Tate, Freshmen played several numbers on piano and guitar. A male quartet was formed rather hurriedly to sing Christmas carols, and Dr. Campbell was forced (?) to give a speech. The program closed with the singing of Christmas carols by the entire assemblage.

The program was sponsored and arranged by the women students of the College.

NOTICE

If and when you change your address, please notify the Log Book promptly.

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