Senior A’s

Having passed the qualifying examinations your reporter has contacted the following Seniors as to where they may be found in the near great future.

Clyde Hyink will return to his garden spot, Colorado, and take the board.
Edward Jeranson will much northward to take the Minnesota board.

George W. (Peter) Marston will encompass Iowa, Illinois, and Oregon and take their respective boards.

Velma Gehman will take the board in Iowa.
Harvey Bridenstine is going to take the Iowa and Missouri boards.

William Costello will take the Iowa board and then travel eastward to Ohio and West Virginia.

Eugene Robinson will take the Iowa, Michigan and Missouri boards.

Alvy Yarrows—Colorado and Michigan boards.

Ernest Light will take the Iowa board.

Thomas Griffith will take the Iowa and Florida boards.

A fine assembly program has been planned by these “soon to graduate” for Friday, January 13th. On the following Friday, January 20 they will receive their “much coveted” degrees.

Your reporter wishes them Godspeed.

Mrs. Walker

Still College was deeply grieved by the sudden death of Patti Handley Walker, wife of Glen E. Walker, a member of the class of May, 1946. Mrs. Walker’s brief illness and death, which occurred January 2, resulted from a brain tumor.

Mrs. Walker was the president of the Women’s Osteopathic College Club. Her very capable execution of this office, her interest in the organization, and her devotion to its members are outstanding characteristics. Her loss is felt by her many friends.

Services were held locally at Des Moines and later at Wichita, Kansas.

WINS PRIZE

Dr. R. B. Bachman won a $25 district prize and a cup in city-wide competition for unique and outstanding Christmas decoration and lighting of his home at 4416 Ingersoll, Des Moines.

Our Department of Surgery

Only a few of the many millions in our country appreciate the intimate relation between Surgery and Osteopathy. The majority think of Surgery as the pinnacle in the medical profession. We, as Osteopathic Physicians, would be content to know that this was fully understood by this vast majority, for we are of the opinion that Surgery is widely divergent from Internal Medication, in fact it is largely mechanical. Drugs, as therapeutic aids, play a very minor role in the Surgeon’s plan for the recovery and well-being of his patient. This very fact ties the science of Surgery and that of Osteopathy so closely that each fully realizes the dependence on the other. The competent Osteopathic Surgeon has everything that the competent Medical Surgeon has. In addition the Osteopath has his science which has been proven in all osteopathic institutions and many medical hospitals as being a necessary adjunct to Surgery if better results are desired. Dr. George A. Still proved the value of Osteopathy in Surgery many years ago and the practices of our present day Osteopathic Surgeons bear out his earlier findings.

Our college is fortunate in having at its disposal a fine modern Osteopathic Hospital under the expert guiding hand of Dr. J. P. Schwartz. Many of the staff of the hospital are also members of the faculty of the college and are therefore able to offer the students authoritative information on the osteopathic hospitalization of all types of institutional cases.

Dr. J. P. Schwartz occupies the chair of Surgery at the college and is assisted in the dividing of this subject by Dr. H. A. Graney, Dr. B. L. Cash, Dr. J. L. Schwartz and Dr. H. V. Halladay.

The course in Surgery at the college consists of 255 hours of didactic work covering Orthopedic, Minor and Major Surgery. In addition to the college lectures attendance at surgical clinics at the hospital totals 144 hours with the opportunity of increasing this time if the student is ambitious.

During this period of training the student is privileged to see operations of the most delicate and difficult type and also operations of the most minor role in the surgeon’s plan for the recovery and well-being of the patient. This very fact ties the science of Surgery and that of Osteopathy so closely that each fully realizes the dependence on the other. The competent Osteopathic Surgeon has everything that the competent Medical Surgeon has. In addition the Osteopath has his science which has been proven in all osteopathic institutions and many medical hospitals as being a necessary adjunct to Surgery if better results are desired. Dr. George A. Still proved the value of Osteopathy in Surgery many years ago and the practices of our present day Osteopathic Surgeons bear out his earlier findings.

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During this period of training the student is privileged to see operations of the most delicate and difficult type and also quantities of the more common minor surgical operations for which the staff of the Des Moines General Hospital is widely known.

Students at the Des Moines Still College of Osteopathy appreciate the opportunity of seeing and being a part of the hospitalization of all types of institutional cases. They then went on to Punxsutawney, Kentucky where Dr. Alan Becker is located and then up to Ponchatoula, Louisiana for a Christmas visit with Dr. Rollin Becker and family.

A most pleasant trip is reported by the incident that during the Michigan portion of the journey Dr. Becker was confined to the house for a few days with an attack of acute bronchitis.

Dr. and Mrs. Harry Marshall and family en route from Des Moines to Mexico City and thence to Apoca. The Doctor reports a very enjoyable vacation.

Highlights of the trip seemed to be, swimming on Christmas day, a new trick with quartered limes.

(Continued on Page 3)
The first of January has come and gone and as promised I'm listing below the events of the last semester. As I mentioned in my last report, the Phi Sigma is waiting for orders and this office is open for business. The office is at the ready to accept any orders that may be placed.

**Honor Roll**

The following organizations have appointed their representatives and have paid the small annual fee:

- Alpha Tau Sigma
- Sigma Phi
- Lambda Omicron Gamma
- Phi Sigma Gauna
- Xi Sigma

**Half-Honor Roll**

Delta Omega (No local representative).

Psil Sigma Alpha (No local representative).

**Dishonor Roll**

The following have not appointed a local representative, and have not paid their fees:

- Acacia Club
- Lota Sigma Tau
- H. V. Halladay, Exe. Sec.

**The Calvarious Chapter**

Lambda Omicron Gamma extends its heart-felt sympathy to Dr. H. V. Halladay who at the time of this writing, is laid up with an acute hemorrhage of the Virge; have a speedy recovery. Installation of officers took place at our last meeting. This is the third time in our history that we have deep gratitude that we watch the growth of our formerly formal organization. Cerebrum Al Yarrows will be with us only two more weeks, then graduation and AI will set our course unknown and be working our boots hell do it.

Tuesday, January 10th, sees Frater Feldman tackling the Iowa Basic Science Board. Watch that chemistry, Paul, and be sure of your Pyranose rings.

Frater Greathouse and Pledge Anfield attended a dinner of the Milw. County Ostoephal Association over the holidays. Max waxed eloquently for 15 minutes praising D. M. S. C. O. and we are sure that nothing he said was exaggerated. Nine days to finals—back to work.

- E. Kanter Pons

**Psil Sigma**

Psil Sigma Alpha approaches the close of the semester with a feeling of sorrow at the results achieved during the fall under the leadership of past President Neil Kitchen.

Seven new men were initiated and thirteen pledges are waiting for entrance into the organization. Our annual banquet in honor of E. E. Light was held January 10th in the Florentine Room of the Hotel Savery and R. J. Forbes, a charter member and county coroner at Ft. Dodge, acted as toastmaster. Dr. O. E. Owens, president of the Grand Council gave a short talk and Dr. A. D. Becker gave the senior address.

We were pleased to have as guests four representatives from Beta Chapter of the Kansas City College as well as our local field representative. The new semester is looking off with the following new officers: P. E. Kimberly, president, E. O. Hanson, vice president, A. E. Miller, secretary, and R. D. McKay, treasurer. G. A. Walker, corresponding secretary and A. A. Ferris, reporter, taken all around its symphonies to Glenn Walker on the recent death of Mrs. Walker.

In accordance to the last statement we were informed that our graduating member E. E. Light has acquired an internship in the hospital at Garden City, Kansas.

A. A. Ferris

**The Christmas party held at La Vonne Overton's home for the children was very much of a success. The girls seemed to enjoy the party as much as the boys. After the dinner was served the big event of the evening took place. Santa Claus came and distributed gifts to the attended the occasion with his version of "The Three Bears" (Good work Max) and after having pictures taken all around the children were taken home.**

The Delta Omega sorority wishes to offer congratulations to Dr. Neil Kitchen, we expect in about twenty years hence. How about it Neil?

What with finals and holidays the activities of the sorority have not started to function very actively as yet.

**ATLAS CLUB**

We were glad to see all the boys back from their vacation, without mishap—evidently the Holiday must have done them lots of good, as they are all by fine, fit, and energetic, especially Brother Bridgeistine and his "Brigadiers," who, from all reports, must have left plenty of steam.

The Atlass Club will have the annual banquet in the Room of the hotel Saturday night for the graduating Seniors — William Costello, Harvey Bridgeistine and Tommy Griffith. We are sure they will see them; they have been fine Brothers and we extend to them our best wishes on their venture into the field.

Finals are just around the corner and lots of midnight oil is burning. We anticipate a post-festive finale Thursday night (We'll have plenty to forget!) The newly elected officers for the coming semester are:

- I. Iverson, Noble Skull; T. Hewetson, Occipital; J. Warr, Sacrum; H. Johnston, Pyloris; J. Clapperton, Stylius; E. Johnson, Recessum, and R. Drews, Styloid.

During the past month visitors included: Brothers Carey and Stillman from Axis chapter; Brother Ballard from Mastold chapter, and Brothers Forbes and Getman, former alumni of this chapter.

We are always happy to be visited by members in the field and by brothers from other chapters.

J. S. C.

At our last regular meeting we had election of officers for the coming year. Tony Sloan is our new president, taking over the duties of Brother Sib Barnes, other officers are Scott Fisher, vice president; Ely Blackwood, treasurer, and Charles Gray, corresponding secretary.

The Xmas vacation saw the return of the Phi Sigs and several new faces. "Ferdinand II" Sporck to Ohio and points east, came back claiming a "Safe and Sane" New Years.

Barnes to—well something mysterious and sinister about a several day absence from Des Moines.

Blackwood says "Just in Des Moines and home to see the folks." Tony Sloan was busy playing Santa Claus to his family, "Its the truth fellows." Scotty Fisher—Time divided between Eagle Grove and Des Moines in his own words "With my gal, every day seems like Xmas."

Ken Woolscroft—"Home to see Cozie."

Bob Lindquist—Attending Tomatoes, at the Des Moines General.

Joebaker — The old Santa Claus gag. In the near future Joebaker will receive his second degrees.

Before graduation a Senior Banquet will be held.

F. P.

**Births**

To Mr. and Mrs. Neil R. Kitchen, a six pound baby girl, Coelene Kitchen, on December 29th.

To Mr. and Mrs. J. Frank Schneider, an eight and three-quarter pound boy, Mowberry Nuth Schneider on December 28th.

Neil and Frank are of the Senior "B" class.

To Dr. and Mrs. W. R. McLaughlin of West Virginia, a six pound baby girl, Sandra Lee McLaughlin, on December 10th.
**Osteopathic Therapeutics**

**Headache**

Headache is a symptom and it occurs as a part of the problem in many widely varying conditions. Headache, however, prevents itself and is symptomatic of disease and involvement, and is the cause of so much distress and disability that it seems wise to include a few suggestions concerning its treatment.

Accurate diagnosis of the etiological factors in a given case is a necessary prerequisite to the prescription of proper and suitable treatment. A brief and somewhat general consideration of some of the more common causes will be of value.

Headache presents as a symptom in intracranial diseases, as in brain tumors, acute or chronic, and in cerebral abscess.

Headache presents as a symptom in many acute infectious diseases, as in typhoid fever, influenza and small pox. Headache presents as a symptom in ocular involvement, as in glaucoma, eye strain due to refractive errors and in muscular imbalance.

Headache may occur as a reflex disturbance due to disease and involvements of viscera supplied by the vagus nerve. This type of headache is commonly known as the congestive type.

One of the more common causes of headache is chronic toxemia, possibly due to poor elimination. It may be due to focal of chronic infection. Chronic toxemia is a part of chronic infectious diseases such as pulmonary tuberculosis and syphilis. Chronic toxemia may be due to fatigue toxins as a result of excessive work, worry and care and is often associated with poor nutrition.

Headache may be an associated symptom in blood disease as in anemia, primary or secondary. It is frequently seen in cardio-vascular diseases in such conditions as hypertension and in aortic regurgitation.

It is obvious that it is not within the possibilities of these brief articles to exhaust the possible causes of headache. Enough has been given to indicate the necessity of a careful diagnostic survey in each case.

Osteopathic treatment meets the problem, or a considerable part of the problem, in many cases of headache. A critical study of these lesions and the association of headache and disease in most cases. These lesions may act either as causal factors or as maintaining factors. Lesions may be found in the neck and upper dorsal area disturbing the motor control of head circulation, either intracranial or extracranial. Lesions may be found anywhere in the spine or pelvic area, directly or indirectly associated with headache. These lesions must be carefully evaluated and corrected. Contraction, or contracture, of the occipito-frontal bones on the opposite sides and the Temporo-mandibular articulations must be normalized. Anterior cervical tissues, both supra and infra-hyoideus, should be carefully relaxed. The clavicles should be raised and carefully placed, and both the occipital and sternal ends. Treatment free and normalize filaments of the fifth nerve at points of entrance in the temporal and mastoid muscles is of great value in neuralgic type of headache.

In many cases due to chronic toxemia there may be found indurated masses in posterior cervical muscles where they are inserted in the occipital bone. These indurated masses produce pain in the scalp due to involvement of the occipital nerves passing through them. Steady pressure applied to these indurations and deep manipulation of them, within the reasonable tolerance of the patient, produce absorption and relieve the associated headache.

In headaches occurring as sequelae of sinus disease, it is of great value to thoroughly spring the sinuses. The operation should be done by applying firm pressure between the forehead and the root of the nose, between the two parietal bones, between the maxillar process of one side and the frontal bone in the corresponding opposite plane. In this connection, it seems well established that indirect lesions of the cranial structures act as maintaining causes of head pains.

Additional treatment may consist of surgery, rest, properly diet, and fluids. Increased fluid intake, specific antisyphilitic treatment and many other methods as may be indicated in the individual case.

It is only possible, in the space available here, to outline rather fully the various methods of maintaining and treatment of headache. It is hoped that these suggestions will prove of value to the reader.

**Faculty on Xmas Vacation**

(Continued From Page One)

You have that news now.

Those present were: her brother's and nephew's family of Des Moines, Dr. Golden's sister, Mrs. L. Fuller and family of Illinois, and Dr. Wright and his wife and Dr. K. M. Robinson and "Sandy" moved to Duluth, Minn., to visit her sister and brother-in-law, Dr. and Mrs. A. B. Stuart.

**Appreciation**

A lot of invisible effort is put forth in the monthly publication of the Log Book.

The individual who has been responsible for this greatly detailed piece of work, is now confined to his room in the Des Moines General Hospital. I say "to his room" since they haven't successfully kept him to his bed.

Thru long hours of work on actual lists, Dr. (Virge) Halladay lowered his resistance to such an extent that he succumbed to Herpes Frontalis. In spite of his intense pain he still continues his work to complete the alumni list.

Perhaps most of us have never really realized what Dr. (Virge) really does. We certainly owe him a rousing enthusiastic vote of appreciation and thanks.

H.S.
Assemblies

With Gene LaRoque at the head of the Committee from the Student Council for the arrangement of programs we have enjoyed a rapid fire of interesting and instructive offerings.

October 14

Dr. D. W. Morehouse, president of Drake University, was the guest speaker and spoke on the "Understanding of Science." This subject might frighten the average listener but using the telescope as an analogy Dr. Morehouse brought out some comparisons that were clearly applied. He expanded on the need for more light, greater resolving power, increasing magnification and the elimination of chromatic aberration by putting these technical astronomical terms into our profession. They mean more knowledge, couldn't Mr. Morrison of our influence and the elimination of false leads or influences. This was only an outline of a careful method and he realized that one of the younger students failed to see the entire operation.

November 4

Dr. Arthur Wheelock, refractionist of note, inventor of diagnostic optical instruments and consultant in our clinic appeared Friday with an excellent surgical film. The fine thing about the film was that it was given in our own language fact adding considerably to its interest. The film in color, showed the new technic for the extraction of a cataract combination method and was so realistic that one of the younger students failed to see the entire operation. The pause during the removal of the crystal, was brief and immediately followed a hint by Dr. Wheelock that this might be a million. The hint was not intended as a suggestion but must have been taken in that light. Dr. Wheelock prefaced the film with explanatory remarks and provided the entire student body with printed information about the case. As this case often comes to the osteopathic physician for treatment and it is well to be informed about the most modern methods of relief by surgery in the more advanced types. We will welcome a return visit from Dr. Wheelock.

November 18

The "Stillonian" staff was introduced to the student body. Dr. Hirschmans xylophone student, Miss Sheila Taylor contributed several unique and outstanding selections.

December 9

Dr. Paul Park appeared with a talk on "Appreciation of Osteopathy" as a stimulus for student support at the Clinic Benefit dance sponsored by Sigma Sigma Phi.

Dr. Halladay gave a brief and instructive dissertation on student recruiting.

December 16

The assembly hall vibrated with the "bubbling over" enthusiasm of the student body and drifted through the hands of Dr. Miss Sheila Taylor, popular xylophone rendered several beautiful numbers.

Rosa Perlomen of Des Moines sang two selections in her own incomparable way.

Max Greenhouse, Senior, presented a skit and did a dandy too.

The assembly was climaxd with Dr. Becker expanding Xmas greetings and Virge leading us with the old Xmas favorite "Jingle Bells."

Wedding

Mr. and Mrs. Lee T. Hollen, 114 Lawraven Ave., Dayton, Ohio announce the marriage of their daughter, Dorothy, May 30, to Mr. Philip Sheets of Washington, N. Greenhouse.

The wedding, a simple ring ceremony took place at the home of the bride at 7:45 p.m., December 21.

The bride was attired in a gown of coral crepe, fashioned along Princess lines and carried an18-inch white carnations and baby breath. She was attended by Miss Jan Ann Van Winkle, while Mr. George H. Morrison, best man, acted as best man.

A reception, at the Hollen home was held immediately following the ceremony for the young couple and was attended by the immediate families.

Both Mr. and Mrs. Sheets are students at D. M. S. C. O.

R. R.

Polk County Osteopathic Association

The January meeting of the Polk County Osteopathic Association was held Wednesday evening, January 11th, at the Des Moines General Hospital. A splendid buffet dinner was served in the dining room to forty people.

The group inspected the new General Electric 220 K. V. P. X-ray therapy unit which has just been installed at a cost of ten thousand dollars.

Doctor Cash presented a paper on the subject: "The use of Deep X-ray Therapy in the Treatment of Cancer explained the merits of the new equipment in contrast to older methods and pointed out the more rapid which can be obtained.

The meeting proved to be one of the most valuable thus far on the year's program of scientific papers. The Association wishes to thank the hospital staff not only for the dinner provided, but for the opportunity of becoming familiar with the very latest methods in the treatment of cancer.

O. E. Owen, D. O., Sec.

Figuratively Speaking

"A look is worth a thousand words." Denver policemen often quoted. How remarkably apropos is this axiom to the Sign language of the Deaf and Dumb. This past summer one of my patients, Miss O. B. Clinics was a deaf mute. With the purpose of facilitating her delivery and also dispensing with the writing, I began to put into her means of communicaton.

Between my patient and her husband, who was similarly afflicted, they initiated me into a new and eloquent language. From a composite photograph depicting the positions of the fingers in each letter of the alphabet I finally mastered all twenty-eight letters. Fastened on the windshield of my car was a similar photograph from which I practiced while driving between the lines of traffic. For a while, both hands were taught to spell against that time when, sheathless, I expected to be called upon to give aid, one of them might be busy.

Thus I conversed with my patient on prenatal check ups, spelling out each word, painstakenly and clearly, when and with greater ease. Till finally with a few extension and flexion combinations of the fingers I could say quite a handful.

False labor pains brought me out to their quiet abode late one afternoon. In an attempt to learn some of their abbreviations that I knew existed I asked the husband if they had any short cuts. He scratched his head puzzled, then fumbling led me by the arm to the kitchen, lifted the lid from a large pan and laughed. He understood it couldn't stand it wasn't short cuts I smelled, but instead, a Pot Roast. I finally learned the gesture sign just as he understood it, or what does that mean."

This proved to be the Rosette Stone for me. Whenever they used an unfamiliar sign I would use this, my key sign, and they would spell out the meaning. It was a revelation this was, the simplicity, the imaginative appeal and the humorous accuracy of this silent language new to me already familiar to them.

It was like visualizing for the first time in the dissecting laboratory all the nerves, blood vessels and muscles that "Virge" taught us in class.

From here on I made rapid progress. I learned this type of language was common to mother-in-law frictions, for signs dealing with the female organs, mothers, wives and inlaws, were signified by placing the fingers in relation to the CHIN. I also learned that the hand was indicated by approximating index fingers; three fingers on the pulse signified a doctor; two fingers on the pulse meant a nurse; tracing the esophagus with thumb and index finger apart meant hunger; point to the wrist (watch) and holding up the corresponding number of fingers indicated the hour; placing fingers on bottom of the head indicated illness; clinched fists, ground together—as Dr. Becker demonstrated, meant coffee, etc., etc, etc.

At the delivery all went well, the crew consisting of Edgerton, Berg, Mr. Richard and Miss Clinics were unusually silent, succumbing to gesticulation, deserting articulate language.

As the delivery the new father was seen apparently pinching his chin and brushing something away from his mouth. Having in mind that to the deaf and dumb it meant "It's a girl—phooey."

Thanks to Dr. Ed. Leininger for a most interesting summer in obstetrics.

M. N. Greenhouse.
Dr. Carl McConnell

There are times when words really fail. Words can gain an idea to find that can convey the feeling when the full realization comes that a dear friend, combining the finest qualities of character and integrity and marked as our ideal in osteopathy, has passed on. I knew him years ago and have known and appreciated him better as the years advanced. There has not been a week in nearly twenty-five years of teaching, that I have not had use for some of the fine things from the brain of Carl McConnell.

A group of his friends express the sentiment of all of us and I am sure that each of us would consider it a privilege to sign with those below. We quote.

"Carl P. McConnell, the man, is gone. The coast sent us this sad news. Our friend and colleague of many years, after a long, increasingly difficult struggle to regain health, at the end surrounded by palm trees and the warmth of desert sun and sands, has yielded, and it is done.

But, the Carl McConnell personality, modest, unobtrusive, quiet devotion to all whom engaged in grandcement, student, truth seeker, scientist, nature devotee, second only to his profession, Andrew Taylor Still himself, in illuminating and proving the fundamentals of Osteopathy, by research, writing, and practice, physician, and lover of men, lives and will continue to live and influence his fellow men through all time.

The blow is a hard one, and because the Continent stretches its width between, as his friends gather to cherish a memory which shall always live. Some of us knew him, when as an almost blind youth, he entered an institution for the blind and in a short time became a patient and student, and on graduating—right restored—he remained as a teacher and gave to hundreds of students the impetus and courage which still moves them.

All of us have valued his friendship, and have gloried in the high place, as scientist and researcher, he attained, and have marvelled at the character and volume of the enduring work he accomplished in a short life time.

All who are going the road he marked so well now see more clearly the need for alertness and individuality in meeting the problems of the present generation. Judge Ralphe Powders is that familiar with the benefits of osteopathy and its many opportunities and offered congratulations to the class for the good judgment they had used in selecting Osteopathy for their life's work.

Dr. J. P. Schwartz, Dean of the College, presented the class and Dr. Arthur D. Becker, President, conferred the degrees and awarded the diplomas. The invocation was pronounced by Dr. Lester Fagen and Mr. H. M. Cleveland and Sincerely yours.


On To Dallas

Two thirds of the year has passed leaving us only one third in which to complete our plans for the coming conception at Dallas. The four months left in which to make arrangements is not too much time. At this end of the line we have meetings to schedule, banquets to select, programs to plan and we must take some time off to see Dallas and vicinity. We are looking forward to our invasion of the South with pleasurable anticipation. Having been there a few times we know where fried chicken can be secured at a very reasonable price and you can eat all you want. We are anxious to see if Rabbit Williams still sings the trains at the Union station. We want to take a trip around the circle of fine permanente that Dallas offers in her gardens, museums, etc. And of course we will eat once or twice at the Original and have some enchiladas, tacos y tortillas. But—

The main reason for our annual trek to the convention is to add to the friendships of those we met. Sorry, but all of us are a year older and not that makes any difference but we cherish the old friendships and we enjoy the personal, if critical, comment of these old friends. We want to meet some that we have not had the pleasure of seeing before and we must know where to find the social progress of our profession during the past year. We are a part of all this and we want to continue a part of it as long as we can.
THE LOG BOOK

The Senior Banquet of the Fraternity, honoring William Costello and Clyde Hyink was held Thursday, January 19th, at the Pastime Club. Short talks were given by Drs. Leinenker, Marshall, Rose, and Keyser.

Tuesday, February 14th will see the initiation of several new men into active membership, namely: John Hagy, Irving Walters, Dennis Wideman, Arnold Bowden, and Jack Miller.

Now that the new semester is well under way, finals over and the pressure off for the time being, several activities that have been planned will be started.

Squads for tournaments in the offing, and we are hoping for a full six or eight team league with some close competition for the plaque now held by the Atlas Club. More definite information will be given out in the near future. The boys are organzing and training.

E. S. I.

ATLAS CLUB

A new semester means new classes which call for new books and the like and we're sure that we have all resolved to put more time on our books and study more diligently for the next semester. So has it been for many, many years. We haven't adjusted ourselves to our new routine yet, but hope to get down to business before long.

Three brothers have been graduated and have left the ranks to take up their places in the field. We are sorry to lose Brother Griffith, who is entering at Miami, Florida; your junior, another Old Timer in Dallas, who is now attending at St. Joseph, Missouri, and Brother Costello, who has taken the Iowa and Michigan State boards, and expects to intern. Sigma Sigma Phi is again sponsoring a bowling team and the boys are here on campus and in the offing, and the boys are here on campus and in the offing, and the boys are here on campus and in the offing, and the boys are here on campus.

The Atlas Club entertained the new men at a Snoker on the first of February. We had some good food and drinks and told by Drs. Woods, Halladay and Forbes.

Recent visitors at the house included Dr. J. Robert Forbes of Fort Dodge, and Dr. Paul O'Shana, of Carlisle, Iowa.

Why Brother Berger has that contented look?

Why Brother Worster is so myrrh it is late?

Why Brother Bunge has that "hang down" look?

How Brothers Hewetson and Iverson find all "those places"?

Why Pledge Gogner has suddenly become a confirmed Babtist?

Why Brother Callahan shivers at the sound of a siren?

Tell the head of education is to do the thing that ought to be done, when it ought to be done, whether you like it or not. "Huxley.

J. S. C.

ΦΣΓ

Upon the opening of the new semester, the Fraternity cordially welcomes the new men and women of the College into Osteopathic work. Dr. J. M. Woods and his family at a Sunday dinner, February 5th. Stories of fishing trips were the main topic of discussion.

The date for initiation of pledges has been set for the week-end of February 21st. A certain "nose and throat specialist" claims to have killed countless numbers of little germs with his little "water fountain" and if he can just keep the girls away as well as the germs, oh what a boy he'll be.

There is a rumor going on that Al Ferris got his new Chevrolet with two Kia Tan Cigar wrappers and twenty-five words telling why he enjoyed the smoke—but I can't see why he should go through all that trouble for a Chevrolet.

"Gird yourself with the armor of Osteopathy, for it's laws are as infallible as the laws of Nature." J. M. Y.

ΠΣΑ

The last semi-monthly banquet of Psi Sigma Alpha was held Jan. 23 at the East Des Moines Club. The speaker for the evening was Prof. Galloway of the Des Moines College of Pharmacy, we heard practically all of the students interested in going to the vitamins and the results of late research. All of us hope to have Prof. Galloway back in the near future with some interesting facts in regards to vitamins and minerals.

The Delta Omega extends friendly congratulations to all new students, to those who have returned after being absent, welcome back, and to those graduated class before wishes for your success.

L. C. O.

ΔΣΓ

The last month has been one of Social clubs. President Early in January we held a Senior Banquet Honoring Ed. Jeranson at the opening of the new semester. A smoker was held for all new men of the school, which made us all realize that we have lived in College premises in a short two years, since that time only two active members remained in the chapter. The future smoke and Wise Graduates present which is very encouraging to us, and shows the cooperation of the active chapter.

Dr. Cash talked to us on "The Status of the Osteopathic Physicians of the U. S. who have proved to be quite interesting.

Under the capable guidance of President Sloan the fraternity has been slated for many interesting events for the coming semester.

Brother Barnes article in the January Osteopathic magazine on Bacteria—"Man's Enemy and Friend" has been the subject of very favorable comment from all readers, and Beta is proud to have recognized "Sib" as a man of Beta wishing us welcome to this time as new students and transfers to D. M. S. O. We hope they will enjoy immensely their stay here.

S. F.

ΑΘΩ

Initiation of pledges Ansfield, Peinsteins, Freedman and Bateman took place at our Crainal Vault on January 24. Proceedings went off as planned and our sincerest congratulations to them and the pledges of other fraternity we have taken the long waited step.

With the new term well under way, most of us are back to our books and already longing for the good old summer time. Our best wishes and ever present to our Psi Beta club. We hope you are well there and we know Al hopes it is true, especially the feminine section.

R. Weiser R. B. Count is well on the way, up, now reading at least three and one half million. If it keeps up he soon will have to pass his house housing business to someone else.

Friday, February 3 a very interesting talk was heard by the boys from Rabbi Monroe Leven in Socialized Medicine. Pros and cons were discussed by the M. D.'s in the meeting and a heated debate was narrowly avoided. However, a brilliant address and educational to all.

E. K.

N. O. I. C.

On February 3 we mailed ten letters to ten fraternity and sorority related with instructions for them to report, on or before a stated date, certain information necessary for this office to complete its work for the Dallas Convention. Just to show you what can be done by an old timer in Dallas we have a letter in this mornings mail from Dr. James L. Holloway of the Atlas Club with all the information we asked for. Soooo-oo the Atlas Club is the first under the wire and wins the gold plated theoretical plaque for promptness and cooperation. The standing of the remaining members of N. O. I. C. is hereby placed under the wire.

Out in the open at work—

Alpha Tau Sigma

Axis Club

Delta Sigma Theta

Lambda Omicron Gamma

Phi Sigma Gamma

Psi Sigma Alpha

Sigma Sigma Phi

Theta Psi

Half out of the Dog House—

Acracia Club

Still in the Dog House—

Acacia Club

They were sure that by the next announcement that all of these will be under the wire except possibly the Acacia Club and to date we have not had one reply from five appeals to their president, Dr. A. G. Reed of Tulsa, Okla.

H. V. N.
Osteopathic Therapeutics

(Number 6 in Series)
Region of Head and Neck (Continued)

THYROID

The thyroid gland may become abnormal in several ways. Congestion with slight enlargement of the thyroid is common in girls at puberty. Inflammation (thyroiditis) may rarely occur as a complication in acute infectious diseases. Tumor of the thyroid may occur in any gland. The disease may be benign (carcinoma) and more frequent in women than men. Malignant change, when it occurs, is usually found in the adenomatous type and after the age of forty.

One of the more common disturbances or diseases of the thyroid gland is enlargement, called goitre. Goitres may be classified into two groups, simple and toxic. The simple goitres include parathyroids, colloid, cystic, fibrous, vascular, and a simple adenomatous type. The toxic goitres consist chiefly of two varieties, the toxic adenomatous goitre and the exophthalmic goitre (Graves’ eye disease or Basedow’s disease). The toxic adenomatous type develops gradually and insidiously as a secondary change in the simple adenomatous goitre. It appears in the late thirties or early forties as a rule (Adenomatous goitres do not always become toxic).

The exophthalmic goitre may be acute, subacute or chronic and occurs more commonly in women than in men. Simple toxic goitres are characterized by more or less marked symptoms of hyperthyroidism, as exophthalmos, tachycardia, tremor, loss of weight, hyperactivity of the small muscles, and flow of constipation. Chronic changes seem to stimulate the thyroid gland.

Hyperthyroidism (Insufficiency) occurs in three chief forms: cretinism, myxedema of adults, and post-operative myxedema (struma-ovata). Cretinism becomes apparent at the age of six months to two years. The diagnosis is comparatively easy owing to lack of development and characteristic appearance. Myxedema of adults (Gull’s Disease) is more common in women than men and may show a familial tendency. Common symptoms are: increase in weight, tremor, dry, rough skin, hair dry and harsh; features become coarse and the voice low; B. P. low; and basal metabolic rate minus 20 to 40.

While our present knowledge of the thyroid gland is still far from what is complete, it is quite apparent that there is a close interrelation between these two organs. The pituitary gland seems to occupy the most important controlling and regulatory position, affecting to a more or less marked degree all of the other endocrine glands, as well as having various general effects as stimulation of the water balance and fat metabolism.

There is a very close relation between the thyroid, the pituitary gland and the nervous system. According to Pottinger (Symptoms of Visceral Disease; 1938: pp 414) the thyroid and pituitary gland are involved in gonadotropic activities, blood sugar, growth, energy, calcium, metabolism and blood pressure.

The chief function of the thyroid is to increase oxidative processes.

The nerve supply to the thyroid appears to be by a sympathetic and sympathetic. The para sympathetic is from the vagus nerve of the superior cervical ganglion and the fibers from the superior cervical ganglion. Afferent branches from the optic nerve of the brain are the only known sensory nerves to the thyroid gland. The effect of the innervation is not well understood. In the case of the thyroid gland, the glands are nourished from the upper 4 or 5 dorsal segments of the cord by way of the cervical ganglia and is both vasomotor and secretory.

Osteopathy early established a favorable reputation in the treatment of goitre and thyroid dysfunctions. The blood supply of the various endocrine glands is controlled and their secretory activities are nerve controlled and their secretory activities are nerve controlled and their secretory activities are nerve controlled.

The discovery of lesions of the spinal column and of the upper dorsal and spinal lesions and their evaluation and correction is most important. Particular attention should be given to lesion of the third dorsal vertebra and to upper cervical group lesions. Lesions of the clavicles and their relations are very important and they should be located and corrected and the clavicles thoroughly raised and freed. It is sure indeed to find a toxic effect on the thyroid by an upper well defined third dorsal lesion.

When a dorsal and cervical area may also require, but the pituitary gland by way of the superior cervical ganglion and the sympathetic nerve clavicle. Lower dorsal lesions should be detected and corrected because of the close association of the thyroid gland with this nerve supply.

The prognosis of most cases of simple goitre is good under osteopathic treatment. Cystic goitres and fibrous goitres may require surgical treatment if pressure symptoms are extreme. Intothoracic goitres may become surgical. Exophthalmic goitres (Graves’ Disease) respond well to osteopathic treatment, if treated before they are too far advanced. Many brilliant results have been obtained in these cases. Most such cases require several months treatment. It is in the toxic adenomatous type of goitre that surgery has been used with envious repuation and in many cases the treatment is the treatment of choice. Most cases of myxedema require thyroid extraction and correction of myxedema. The malignant disease of the thyroid is best treated by deep X-ray therapy.

A. D. B. D. O.

Assemblies

Senior Class Day, Jan. 13.

The final assembly of each semester is looked forward to with considerable interest being devoted to the graduating class. Dr. Halladay being confined to sick leave and Dr. Yarrows as M. C. and called the number offered by the finalists. Dick McNeill opened with a number on the piano that called for much but time must go on. The A. I. B. instrumentalists appeared next and were loudly chesured. Then the class stepped out with the old high school standbys that we all enjoy. Harvey Briden and the certinials of the events of the past four years into a three minute review hitting the high places and occasionally dropping a class member into one of the low places. Of the original fourteen, six remained but four have been picked up along the way. The slight lost along the road were not a total loss for four of these are pursuing other classes in the college.

Benjo Jeranson then came forward with the Will. The wit who composed this classic put a load on it and alo the majority of the attributes were not transmissible they certainly were applicable. After ‘leaves’ by all the class the author ended with “Jeranson—leaves the school, just leaves.”

Bill Costello as Prophet was not to be outdone by any of the above and tho small isi far from discouraging numbers. It nearly replaces the number graduating. Michigan leads with Iowa, Colorado, Minnesota and Ohio following. Remember Alumni, we need more than replacement and we wish more for this fine class but for the good of osteopathy lets have them farger. In the check of the matriculants we find two returned after having been out for some time and to make us all happier we find five transferring from other colleges.

This list of additions to the roll since the last assembly makes us feel much better. The actual displaced of our graduates, the return of old students and the transfers will probably show a slight increase over the number of the past semester. Michigan is out in front with new students and we are glad that the two rivals for this honor—Iowa and Ohio—will have to square their shoulders and take the A. I. B. step forward before the last of September.
THE LOG BOOK

Polk County Osteopathic Association

The Polk County Osteopathic Association held the February dinner meeting at the Hotel Kirkwood on Friday evening the tenth at six-thirty. A short business session was held and several important issues were brought before the business session. First, the report of the Des Moines Still College Alumni was presented and created a very lively discussion following the announcement of the plans for the next event. The second item to be discussed was the creation of a new committee to augment the college staff. Further announcement will be made in the near future.

Second, the Legislative Committee of the Iowa Society presented a very vital report of its recent activities in regard to measures coming before the current session of the forty-eighth Iowa Assembly. K. C. O. S. as guest of District meetings will bring out interruption to the conventions, as a means of more effective use of the time.

J. S. Denslow will present and discuss "Anatomically impossible," was that it might be a brain tumor. "Anatomically impossible," was that it might be a brain tumor. The nurse handed me a hospital gown that I am sure must have been designed for a 5 year old girl. My only consolation was that within an hour I would have my own necessities to worry about. "Anatomically impossible," was that it might be a brain tumor. I dressed and went down to the hospital, and during the entire time the pain increased and swelling closed my right eye. I dressed and went down to the hospital, and during the entire time the pain increased and swelling closed my right eye. The physician said, "You will have to make up your mind to plan the Log Book whiled away, some of the dragging dullness of the membership about March 1st. Please give them your personal attention.

Circuit Meetings

The annual Three-Circuit of District meetings will bring President Hook, and Dr. J. S. Denslow of K. C. O. S. as guest speakers to the following districts participating in the plan:

First District, Washington, February 16th; Second District, Davenport, February 16th (Hotel Black Hawk); Fourth District, Waterloo, February 16th, (Hotel Rock Island). Dr. Hook presents a message of encouragement and Dr. J. S. Denslow will present and discuss "Anatomically impossible," was that it might be a brain tumor. The nurse handed me a hospital gown that I am sure must have been designed for a 5 year old girl. My only consolation was that within an hour I would have my own necessities to worry about. "Anatomically impossible," was that it might be a brain tumor. I dressed and went down to the hospital, and during the entire time the pain increased and swelling closed my right eye. I dressed and went down to the hospital, and during the entire time the pain increased and swelling closed my right eye. The physician said, "You will have to make up your mind to plan the Log Book whiled away, some of the dragging dullness of the membership about March 1st. Please give them your personal attention.

South Dakota

The next examination will take place March 15-16. All applications should be sent to C. Rebekka Stroman, secretary, 521 South 13th Street, Sioux Falls, S. D., before March 1.

J. S. DENSLOW

In Memorium—Dr. U. S. Parish, Still College '03, died suddenly from a heart attack, January 25, 1939. All who knew this loyal and devoted member of the State and National Osteopathic Association, and who knew him with affection, will deeply miss him. Dr. Parish has been a continuous member of the State and National Osteopathic Association for the past ten years. Dr. W. R. Parish, past president of Wisconsin Association, is a son of the deceased.

Board of Trustees

The Board of Trustees, in a special session January 8, accepted the resignation of Dr. W. C. Chappell, and designated Dr. Rolla Hook of Logan as president for the remainder of the current fiscal year. By virtue of his long service on the legislative committee, and his service this year on the Executive committee, Dr. Hook is intimately familiar with the major problems confronting the profession in Iowa at this time. He has cooperated with responsibilities during the past five years have required at his expense, many hundreds of miles of driving. Probably the practice of no member of the profession in Iowa demands more of his time than is the case with Dr. Hook. Previous to his advancement, he had this year developed a Four-State Special Committee for their annual conventions next May. Your 1939 Iowa convention will be too good for anyone to miss. It will be a meeting to discuss the next issue of Log Book. We predict that the Society is due for a new record of efficiency under the leadership of Dr. Hook. All of which goes to prove the contention that if you have a work which can be done, give it to a busy man. Who, then can be too busy to help At that same meeting the Trustees of the Committee from the Board should prepare amendments to the By-laws providing for District committees, as a means of more effective management of the activities and business of the Society, without interfering with the convention program. These and other amendments will be in the hands of the membership about March 1st. Please give them your personal attention.

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Alumni News

Our national Alumni association under the leadership of Dr. H. E. Clybourne of Columbus, Ohio has undertaken the real job of getting you graduates organized and informed. Another important feature of this program is the annual banquet and reunion this year held at Des Moines, the leaders of the college. As usual there will be no charge. Our board and faculty, augmented by two nationally known leaders in specialistic fields, invite you as our guests for this week.

Dr. R. R. Norwood of Mineral Wells, Texas, nationally known for his research and practice in the field of Rectal Diseases will lecture and demonstrate for the week. Many of you have wanted this course and this is one of the few chances you will have to hear and see a physician who knows. Dr. Norwood is an Alumnus of our college having graduated in 1903. His private hospital in Mineral Wells is recognized as an outstanding institution and his standing in the profession is evidenced by the high offices he has held in his specialty group. You will want to hear every one of Dr. Norwood’s lectures.

Dr. H. E. Clybourne of Columbus, Ohio, nationally known in the field of foot research and technic, Dr. Clybourne is also a graduate of our college and the national president of our Alumni Association. He not only plans to have you the latest in foot care but will conduct a special meeting of our Alumni in the interest of the college.

OUR POST GRADUATE FACULTY

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<th>Faculty Name</th>
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Des Moines Still College of Osteopathy

Presents a Full Week of POST GRADUATE REVIEW AND CLINIC

May 29 to June 3 Inclusive

Make your plans now to attend this concentrated review and clinic. As usual there will be no charge. Our board and faculty, augmented by two nationally known leaders in specialistic fields, invite you as our guests for this week.

On To Dallas

We have very little time to remind you of the coming national convention at Dallas. We do have on our desk, letters and other items that plainly indicate that Dallas is getting ready and everyone is getting excited. The convention is at work for your comfort, entertainment and instruction. The program is completely planned and will be filled with all those things that you want to hear. The arrangements are such that we encourage you to attend in comfort even if the temperature does ascend beyond your ideals, for the housing is in reliable and conditioned hotels. The last part of June is ideal in Dallas for the city has burst into full bloom and will offer you many forms of beauty and other entertainment for the eye and ear.

Many reservations have already been made and while there is plenty of space left if you are at all choosy it is best to make this contact for your accommodations before another month has passed. In less than three months we will be there. That is not a long waiting period and Time has that habit of marching on with a quickened step.

Basketball

The past week has been one of considerable activity with the state girls basketball tourney on tap. Four of our Senior girls have been in attendance in the capacity of trainer and physicians when the need and opportunity offered. Louise Michael, Rebecca Richardson, Edythe Gates and Gertrude Ganfield have been on the job for the four days of the meet. The week of March 13th will see the boys go into action and several of the Seniors will be at the Drake field house in constant attendance. The Drake Relays are not far away and thru these events Still College students make actual contacts with some of the largest athletic events in the country.

A Fine Gift

Des Moines Still College of Osteopathy has received $30.00 from the Iowa State Osteopathic Auxiliary to be used in providing hospitalization, when necessary in clinic confinement cases, and when the clinic case is not able to finance same. This is a most constructive activity and the Auxiliary is to be highly complimented in this fine gesture. Thanks.
The first banquet of the month was held at the East Des Moines club, February 15. Dr. B. Ruth, Orthopedic surgeon was guest speaker for the evening, he gave us a very interesting talk on "Fractures and Dislocations of the upper extremity." A profitable evening was spent by all members and pledges. We were happy to have the following as guests for the banquet: Drs. Becker, Cash, Pagen, Graney, Leininger and Owen.

Psi Sigma Alpha had charge of the assembly program Friday, February 24 and presented Rev. Dawson, a minister in the city, who spoke on "The Ideals of Democracy," he gave us many new ideas and we also learned a few things about the Scotch and it wasn't scotch and soda.

Then came the storm and what a storm! "The new Des Moines history" and consequently the second banquet of the month was postponed. Dr. Facto was to be guest speaker at the event and all of us had been planning on a very enjoyable evening. We hope to have Dr. Facto with us in the near future.

March the 4th marked the opening of the Annual Bowling Tournament sponsored by Sigma Sigma Phi. The first opposition were the Alumni and we had thought that those in practice would be out of condition but were we taken in! Catching those OB's certainly gives a wicked throwing arm. What about Dr. Leininger.

But we did discover a mighty bowler among us, he turned in a collassal score of 29. What have we got to worry about with Jesus on our team. The evening was a success and a lot of fun. Don't forget bowling on Friday.

The second monthly meeting of Psi Sigma Alpha was held at the Phi Sigma Gamma house and among other things we were reminded of the annual Interfraternity Council banquet to be held March 15. Try to be there.

Max Bergau and Don Brail have been pledged to the Atlas Club. The pledges did their first road work last month, and seemed to enjoy it.

Last month, Doctor Owen spoke on "Adiposity" which was very interesting and interested to all his audience. We hope to have the privilege of hearing him again in the future, on our Practical Work programs.

We were quite surprised to see our bowling team turn out in their socks and outfits at their public appearance. We are expecting to get "more timber," since the outfits should help. What say-keglers?

We have received a short report from the Social committee and they inform us that many interesting things are in store for the Club.

Many of us have been working at our utmost, to get the first edition of the Atlas Bulletin ready for publication. It should be of great interest to all of you. You select.

See Ivy's new pajamas! Hear Bram and McGill at the piano.

With Bergers face when a certain girls name is mentioned:

See Wett racing to answer "that's it".

Talk to Drews about his latest, "Below the diaphragm with Dr. J. M. Y."

We like Jackson's Casanova's excuse for piano lessons at the Pub but we do believe there are other things more attractive than just the music.

Taylor's smooth temperament is no doubt due to his connection with the Chamberlain laboratory—or is it?

Clean white shirts have replaced sweatshirts and sweaters and smoothly shaven faces, are indicative of one thing—pictures for the Stollonian. The ordeal seems to have been too much, for most of us are hesitant to view the results.

NOW, NOW, NOW.

On Saturday, February 25, Phi Sigma Gamma held its informal initiation of pledges. The formal initiation was held on Sunday, during which time Howard W. Morey, Robert M. Woods, X. Hall, James N. Fox, and G. Howard Wirt were taken into the organization. A banquet followed the proceeding, at which Dr. O. E. Owen was the principal speaker. Brother John Edgerton, pledgegmaster, was in charge of the initiation.

May 27th is the date set for Brother Millard's marriage to Miss Charlene Henson of Des Moines. Judging from all the planning, it is going to be a very elaborate affair, and everyone is looking forward to it—especially the Bowler line.

On Sunday, March 5th, the fraternity entertained Dr. Kilgore at its noon luncheon. Following discussions were heard until late in the afternoon.

We have been unaware of the fact that an Indian is in our midst. He calls himself "Chief Buff." We'll be hearing more about him.

The noise in the dormitory doesn't seem to bother Brother Parria anymore. I wonder why?

With the semester thinning away, there seems to rest upon the faces of the Seniors a pale, expressionless look. Can it be the approaching of the crucial hour?

During the last month the club entertained one of its alumni, Dr. Zyzelewski, who is at the present time practicing in that Golden State of opportunity—California.

"Man should study and use the drugs compounded in his own body."—A. T. Still.

THE LOG BOOK

The forced vacation a couple of weeks ago, due to the heavy snow, was a God send to many students who were stricken or convalescing from the recent flu epidemic. Judging from all the planning, it is going to be a very elaborate affair, and everyone is looking forward to it—especially the Bowler line.

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THE LOG BOOK

Now, that the six weeks examina-
tions are over and a "bit" of relaxation is in order; the fra-
terities are concentrating on bowling. Two rounds have been played and for now just as many more are to be played which will determine both team champion and individual champion. For Jack Rob-
erson has been very consistent and is well on his way to win honor in first round, scoring 196. Jack Miller had the high honor of 206 in the night. We are hoping during the duration of this fine tournament will stir up enough interest in each and every one of us to go out and root for our favorite team. Sigma Sigma Phi is proud to announce new additional members: Irving Walters, Jack Miller, Harold Bowden, and John Haga.

E. S. I.

NO. I.C.

We are in a little better humor than last month but not per-
fectly happy yet. Give twelve people something to do by a cer-
tain time and the call for them will have it done but the law of averages rules that two other things will have been cleaned up. This month show considerable progress but every organization at this time should have some-
thing very definite and the pre-
liminary plans completely made. Read down this list. Clip the information that you are interested in and file it for your fu-
ture use. We are reporting according to alphabetical listing.

Alpha Tau Sigma—O.K. Banquet and Reunion Tuesday, June 27 at 6:30 p.m. at the Palm Garden of Adolphus Hotel. Special en-
tertainment. Tickets $3.25.

Atlas Club—O.K. Banquet and Reunion Tuesday, June 27 at 6:30 p.m. at the Palm Garden of Adolphus Hotel. Special en-
tertainment. Tickets $3.25.

Delta Omegna—Will meet and will have the usual banquet and busi-
ness meeting. The place is not definite until decided upon yet as the first choice did not conform exactly with the ideas of the convention committee.

Iota Tau Sigma—O.K. Banquet and Reunion Tuesday, June 27 at 7 p.m. Parlor A, Adolphus Hotel. Tickets, $2.50.

Lambda Omicron Gamma—Have their official meeting in April in New York City. Together with the usual banquet for an informal dinner. Not definitely set yet.

Phi Sigma Gamma—Repealed of has not been in getting any information from the local representative L. K. Wilson. L. J. Grinnell writes that they have plans by the first of the month.

Psi Sigma Alpha—O.K. Banquet and Reunion Tuesday, June 27 at 7 p.m. in Parlor of the Adolphus Hotel. Tickets, $1.75.

Sigma Sigma Phi—O.K. Banquet and Reunion Tuesday, June 27 at 6 p.m. in Parlor of the Adolphus Hotel. Tickets, $2.25.

Theta Psi—O.K. Banquet and Reunion Wednesday, June 28 at 7 p.m. in Parlor 1 Mezzanine, Baker Hotel. Tickets, $2.50.


Notice that eight out of twelve have been filled. Two have done something but not finished and two have done nothing. Six prompt letters could have made the charge would do their part.

H. V. Halladay, Exsec. Secy.

N. O. I. C.

A New Trustee

At the meeting of the board of trustees February third the resignation of Dr. Glenn E. Fisher was accepted and his place filled by Dr. Howard Grady of the faculty and hospital staff. Dr. Fisher in his letter of resignation made it very plain that he wanted to still retain his membership on the corporate board and we are very glad to keep him in the family.

Dr. Grady graduated from the college in 1933. He spent one year as an intern in the Des Moines General Hospital and another year taking post work in Surgery. For the past four years he has been chief of Dr. J. P. Schwartz who divides the surgical lectures with him at the college. We welcome Dr. Grady to the responsibilities of the more detailed management of college affairs.

Dr. J. W. CLARK—of Delphos, Ohio was recently appointed Health Commis-
sioner of the city. The newspaper clippings state that his selection was by unanimous approval. We also approve.
Osteopathic Therapeutics

Number 1 in Series
Region of the Thorax

ACUTE BRONCHITIS

Acute bronchitis, or more accurately, Tracheo-bronchitis, is a very common condition and occurs as part and parcel of many common colds by direct extension. Bronchitis is usually contagious and may occur in more or less localized epidemic form. It is more common with the colder months of the year, in the fall, and again in the late winter and spring. Lack of adequate humidity in artificially heated rooms is an important predisposing factor. Osteopathic lesions of the thorax, more particularly the upper thoracic vertebrae and associated ribs also act as predisposing causes by impairing the normal intercostal and diaphragmatic muscles of the thoracic cage. Osteopathic diagnosis and treatment consists in finding lesions, evaluating lesions, and then normalizing the lesions and associated lesion pathology. For the cough, particular attention should be given to normalization and proper support and the muscle action of the intercostal and diaphragmatic muscle groups. Osteopathic treatment of cough consists in finding lesions, evaluating lesions, and then normalizing the lesions and associated lesion pathology. For the cough, particular attention should be given to normalization and proper support and the muscle action of the intercostal and diaphragmatic muscle groups.

Acute tracheo-bronchitis occurs as an associated condition in typhoid fever, in measles, in the ordinary pulmonary form of influenza, as part of labor pneumonia, broncho-pneumonia, and streptococcus, staphlococcus, and the micrococci in the ears and bronchi of the common organisms found. The infection is usually a mixed infection with the pneumococcus, meningococcus, staphylococcus, and the micrococci. Various signs of the upper respiratory tract. Such lesions impair normal muscle tone and function properly to stabilize the chemical balance of the air and blood. The infection is usually a mixed infection with the pneumococcus, meningococcus, staphylococcus, and the micrococci. Various signs are present, such as a marked lesion, a marked infection, and marked congestion of the areas. Distinctive lesions are present, such as a marked lesion, a marked infection, and marked congestion of the areas. Distinctive lesions are present, such as a marked lesion, a marked infection, and marked congestion of the areas. Distinctive lesions are present, such as a marked lesion, a marked infection, and marked congestion of the areas.

Acute bronchitis is an acute condition of the bronchi of the lungs with an infection and obstruction of the airways leading to coughing, wheezing, and difficulty breathing. Acute bronchitis is an acute condition of the bronchi of the lungs with an infection and obstruction of the airways leading to coughing, wheezing, and difficulty breathing. Acute bronchitis is an acute condition of the bronchi of the lungs with an infection and obstruction of the airways leading to coughing, wheezing, and difficulty breathing. Acute bronchitis is an acute condition of the bronchi of the lungs with an infection and obstruction of the airways leading to coughing, wheezing, and difficulty breathing.
May I thank you one and all for the hearty reception, received at the various districts meetings last month, and for your splendid cooperation, this kind of cooperation goes a long way to help us make this a stronger organization and to terminate a successful year.

"Publicity"

During the year 1938, public health radio programs prepared under and approved by the Committee on Public and Professional Welfare were used by regional divisional-district and local societies in 449 broadcasts (mostly fifteen minutes each) over 85 radio stations in 71 cities in 27 states. This activity is being most ably handled by Chairman Ladd of the Public Relations Committee. This form of public education by radio is becoming more and more an innovation, and all the proper stations plan Public Relations and Public Health. It was a great privilege to broadcast health talks from Mount Hope, R. F. Rock Island and W. M. T., Waterloo in connection with the district meetings and I wish to urge that the local committees continue these contacts, now that they are established. This is a great source of Publicity and education for osteopathic profession.

"Legislation"

Your legislative committee has been very active during this session of the legislature, and has been meeting twice a month, overcoming adverse and discriminatory phases, of numerous bills, which would have been most destructive to the professional welfare. Dr. Klein, with the able assistance of Attorney James, have been in trying their efforts, spending every hour from their practice day and night whenever the occasion demanded, making the proper contacts and securing aid to amend our needs.

I want to thank the members here for the most pleasant manner in which they have been treating me, and may be the call for the legislative quota—it has been indeed gratifying to your Executive and Legislative Committee to see the cooperation of the legislative committee. The legislative committee will have a great report to make at the State Convention.

"Constitution and By Laws"

Within a few days you will receive the revised copy of Constitution and By-Laws with the new amendment. Please read them over and over and digest the contents, and have them well in mind the coming business meeting of the convention.

"Health Insurance"

The public mind today has been

There would be one State group, and instead of it being a voluntary pre-payment scheme supported entirely by private contributions, it would be a compulsory pre-payment plan supported by contributions from employers, employees, and the State.

In the meantime, there are things to be done.

In localities in your territory where there are enough of you to feasibly do it, you ought to arrange a get-together to consider offering a partial professional and hospital care to the low income persons in the locality giving choice of direct care by the osteopathic members of your local society. There is no use trying to crash private (as distinct from group) medical schemes inspired and controlled by the medics. All employee organizations in your territory are interested in this group.

They are all ripe for the suggestion of group medical care. The time is ripe when the M. D.'s if the organized osteopathic profession in their localities does not come forward and wisely arise to take this they will cooperate. San Francisco, has adopted a health service plan for its employees. The plan provides for choice of osteopathic physicians by the employee and it gives all osteopathic physicians the right to participate. Consider whether such a plan ought not to be adopted in selected parts of your territory, particularly in one of your affiliated societies. Physicians and Surgeons, Inc., will advise you in all these things, BUT THE INITIATION RIGHTS WITH YOU.

We have recently learned through the Insurance Companies that do recognize D. O.'s in your area as to these services, will be gladly by, Executive Committee.

"State Convention"

Mark your calendars now for May 11th and 12th for State Convention. We have just completed our tentative program of events, and I want to give you the names of speakers. These speakers making a circuit of meetings from Danville, Ill., to Minneapolis, N. Dak., to Salt Lake, Utah, to Des Moines, Ia., and to Milwaukee, Wis., will be glad to see you in all these, but the INITIATION RIGHTS WITH YOU.

We have recently learned through the Insurance Companies that do recognize D. O.'s in several of these areas as to these services, will be glad by the Executive Committee.

"Osteopathic Association"

The March meeting of the Polk County Osteopathic Association was held at Hotel Kirkwood on Friday the tenth. After the dinner, Dr. Farmer conducted a brief business meeting which was adjourned in favor of the very constructive papers presented by Doctors Woods and Graney.

Doctor John Woods discussed the subject of group medical care from the standpoint of etiology, classification, diagnosis and treatment.

Doctor Howard Graney presented a practical consideration of the problems arising in the lower excretory tract, laying chief emphasis on strictures.

Following the paper, both of which were very well presented, the meeting was turned into an open forum on the general subject of the future in the handling of kidney pathology.

The April meeting will be held in Des Moines with the gail and recreation attorney, Dr. Paul Parks.

O. E. Owen, D. O., Secy.
Forty-first Anniversary
POST GRADUATE REVIEW and CLINIC WEEK

All graduate members of the Osteopathic Profession are invited to join with us in six days of study and clinical demonstration.

May 29 to June 3rd inclusive
Classes begin at 8:00 a.m. each day

No Tuition Charge
Certificate of Attendance

DES MOINES STILL COLLEGE OF OSTEOPATHY

<table>
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<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<tr>
<td>8 A.M.</td>
<td>Dr. R. B. Bachman</td>
<td>Obstetrics</td>
<td>Dr. E. F. Leininger</td>
<td>Gynecology</td>
<td>Dr. E. F. Leininger</td>
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<tr>
<td>9 A.M.</td>
<td>Dr. A. D. Becker</td>
<td>Cardiology Examination</td>
<td>Dr. A. D. Becker</td>
<td>Cardiology Classification</td>
<td>Dr. L. L. Facto</td>
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<td>10 A.M.</td>
<td>Dr. M. E. Golden</td>
<td>Nutrition</td>
<td>Dr. J. M. Woods</td>
<td>Nephritis</td>
<td>Dr. H. V. Halladay</td>
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<td>11 A.M.</td>
<td>Dr. J. P. Schwartz</td>
<td>Surgical Diagnosis</td>
<td>Dr. H. A. Graney</td>
<td>Urinary Obstruction</td>
<td>Dr. H. A. Graney</td>
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<td>2 P.M.</td>
<td>Dr. H. E. Clybourne</td>
<td>Foot Problems</td>
<td>Dr. H. J. Marshall</td>
<td>Differential Diagnosis Throat</td>
<td>Dr. B. L. Cash</td>
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<td>3 to 5 P.M.</td>
<td>Dr. L. L. Facto</td>
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<td>Dr. R. B. Bachman</td>
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<td>Dr. H. J. Marshall</td>
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Dr. R. R. Norwood will conduct his presentations in Proctology in 1st floor Amphitheatre

Program subject to change as necessity may indicate

Banquet Thursday evening at 7:00 P.M.
Wisconsin Visitors

The latter part of the month was a busy time for us, as the strong diet of Osteopathy. Drs. Rogers and Hellman of Wisconsin came to see us with a double goal in view, the collection of funds and the study of the inspired faculty and student body that hope for others of the same type.

Dr. J. P. Rogers is a busy man, but those who are busy have time to do things. Having made his inspection of the college, Dr. Rogers and the faculty enthusiastically accepted the role as Chairman of the Endowment Committee of the Alumni and met with the Alumni of Des Moines at an informal dinner Saturday, March 25. His plans and ideas are logical and the entire assembly of our graduates felt inspired by his remarks.

Dr. George Hellman of Ripon, Wisc., filled us all with a glow of pride when he said that he was confident with the improvements at the college since his graduation eight years ago. He added that he wished that every graduate and alumnus would make the trip that he did to prove that the college is advancing rapidly and with the exception of some minor matters has a most completely equipped plant for osteopathic education. We must add in passing that Dr. Hellman appeared at two assemblies during the past month made a trip thru the building and expressed satisfaction that the facilities will be ideal for the education of a physician.

Drs. Campbell, Halladay, J. P. Schwarz and Howard Lamb of Denver also talked at the dinner and added to the enthusiasm of the Alumni group.

To the delight of the entire student body, a special assembly was called Monday, March 27 so that all could hear the three visits.

Dr. Lamb, who had remained in the city for a conference with Dr. J. P. Schwartz, talked on the subject of Osteopathic Surgeons. Being president of this association he spoke with authority and clearly expressed his views. With the vision of our therapeutic plan.

We congratulate Dr. Lamb on the progress he has made personally and in being instrumental in raising the standards of our osteopathic surgeons of whom we are very proud.

Dr. Hellman, president of the Wisconsin Alumni again brought out the many improvements in the school during his visit. He assured the assembly that they should be very proud of their association with such an institution.

Drs. Rogers also paid tribute to the advancements made by the college and stressed the point that college and patients must work together. Several practitioners first, letting the specialists develop the skills and added experience. He closed with the firm statement that hope for others of the same type.

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Dr. J. P. ROGERS—of Des Moines, Ia., candidate for re-election on the school board received the unanimous vote of the population. His services must be some kind of a record.

Interfraternity Dinner

We may not be unique but we do have certain standards, but that certainly is not duplicated in many other colleges. Our local Interfraternity Council is sponsoring a fine Interfraternity Dinner every April and May. This year we are pleased to announce the arrival of Mary Ann, who was born on May 24, weight 7 lbs.

Alumni

The work of the National and several of the State Associations has been continued during the last few weeks and the meetings are being held and talks are planned and we know that when Michigan starts to do things, it can be duplicated at St. Paul. No official report is in from Ohio but we are expecting a report from the national office shortly and we will have some important news by that time. Iowa plans a luncheon during the state convention and another during the week of post graduate review which follows the regular college semester. Dr. Halladay will meet with the Texas Alumni at a luncheon April 8 and when he goes to the state meeting in Griffin, Ga., in May will also have lunch with several of our Alumni. Wisconsin is planning an Alumni luncheon during the state association convention also.

Roy Mount will be chairman in Ill., P. F. Benein In Okla., J. J. Grinnell in Texas, Anton Kani in Nebraska, A. L. Quest in Kansas, George Hellman in Minn., O. Larsell in Colorado, Dr. D. and W. R. McLaughlin in Va. Alumni in these states will be given the opportunity to do the program for more students and increased prestige for osteopathy.

Alumni Note!!

If you have any of the old catalogs of the college that you wish to place in the library please send them to us. We are short some of the early ones due to a fire in the old building several years ago. Other old records will also be welcomed. We have collected a number of old letters and clippings that these add considerably to the developing records of the early history of our college.

Dr. G. J. HOWLAND—of Decorah, Ia., candidate for re-election on the school board received the unanimous vote of the population. His services must be some kind of a record.
Osteopathic Therapeutics

(Number 8 in Series)

REGION OF THE THORAX

ASTHMA

True bronchial asthma is a fairly common disease, characterized by dyspnea of an expiratory type and occurs at all ages from early child polyp to advanced age. It is caused by sensitization to a foreign protein in about fifty percent of all cases. In early childhood, the foreign protein is usually an ingested character as egg albumin or oats or wheat. In adult age, the foreign protein is commonly of the inspiratory variety as plant pollens, house-dust, and animal excretions. This group is often seasonal and of the hay fever type. Asthma typifies the beginning in people past middle life is often due to sensitization to a bacterial protein.

Since sensitization to a foreign protein accounts for only about half of the cases, we know that about fifty percent of asthma cases must be accounted for upon some other hypothesis. Pathology in the nose and pharynx, such as deflections of the septum, nasal polypi, acute and chronic infection of the tonsils act as causative factors in many cases. Most important contributing causative factors are lesions of the upper dorsal and cervical areas. It is rare to find an asthma case where there is not a lesion of the third dorsal vertebra and the associated ribs. Lesion of the third rib on the right is apparent of outstanding importance in many cases. These spinal and rib lesions are matters of consideration and importance in cases where there is also a definite protein sensitization.

In asthma there is a narrowing of the lumen of the bronchial tubes due to spasmodic contractions of the bronchial musculature or due to a combination of both. There is a secretion of thick tenacious mucus, with the secretion of thick tenacious mucus, or both factors in pathology may be acting in any given case. In cases with bronchitis the sputum contains Curschman's spirals and Charcot Leyden crystals. Eosinophiles are found in the sputum and are also found increased in the blood, usually five to ten percent, but sometimes as high as twenty five to forty percent. The sputum may become muco-purulent or purulent.

The asthmatic attack is of a spasmodic character and may last a few hours or several days or even weeks. The chest is distended, as in full inspiration and the accessory muscles of respiration are labored. The attack is attended by hyper-resonance and auscultation discloses wheezing and sibilant rales. There are many cases where in asthma that it is difficult to determine if there are even cases there may be cyanosis and evidence of weak heart action.

Treatment during the attack is directed mainly toward securing relaxation. The worked right side of the chest makes corrective treatment difficult. Deep steady pressure on the second to fourth dorsal close to the spine often relieves the vertebrae is of value in many cases. Strong steady traction on the chest in the anterior axillary fold and pulling strongly toward the patient's head for several minutes will give prompt and complete relief in most cases. It may be necessary in stubborn cases to give two or even three treatments. The use of adrenalin may precipitate asthma in persons in whom asthma is present. Selenium in cases of asthma of this type may be used in as large doses as will give temporary relief.

For permanent relief, osteopathic corrective treatment between attacks has yielded many successes. The lesions at the third dorsal and of the associated ribs should be normalized as rapidly as possible and maintained in this condition. Pleurisy, lung lesions of the upper dorsal area should be freed. Lesions of the cervico-dorsal junction and of the upper cervical area should be carefully and completely corrected.

Pathology in the nose and throat show and receive surgical attention if indicated. When these factors in protein sensitization can be determined and defined, attempts at root of the problem have met with some degree of success. Many cases are multiple sensitives. Where ingested proteins are avoided your use, pollen sensitization can often obtain relief or avoid performance of the change of location or of climate.

A. D. B. D. O.

Board and Faculty

The regular meetings of the board and faculty have been held throughout the year but have been determined to the routine necessary in the conduct of the business of the college and the problems of teaching. At the meeting held on March 17 and the major theme were a report on the progress of the Year Book. The collection of material has advanced according to plans and the presses will soon be turning out pages that will furnish many of you with a permanent record of the year. The major theme was discussed and some items that were rather hasty and accessory to plans were left until the final issue was ready.

Assemblies

It is necessary at times to take an assembly period for the purpose of discussing those factors that are of common interest to the entire student body. This assembly period was held on March 17 and the major theme was a report on the progress of the Year Book. The collection of material has advanced according to plans and the presses will soon be turning out pages that will furnish many of you with a permanent record of the year. The major theme was discussed and some items that were rather hasty and accessory to plans were left until the final issue was ready.

Mrs. Frank Dunlop

Some were surprised and others merely lifted a knowing eyebrow when it was reported that Lilly McClure was an old married woman with a family. Our only fears for her future is that she is not likely to be shot of as a dignified matron but always as Lilly with that characteristic smile that is always a delight to meet even in the first class.

George Bunge

Our hearts were saddened with the welcome news of the accident which resulted in the injury of Howard W. Braun and Donald Brall, and in the death of George Bunge. George will be remembered by his fraternity brothers at the Theta Club as one of the most co-operative and affable men they have had for some time, by the faculty as a steady conscientious student, and by the student body as a good citizen and worth while friend.

Many fellows attending school away from home want to forget the home folks, not so with George Bunge whose thoughts were ever with Mrs. Bunge, her daughter and the members of his immediate family.

So death climes our Easter Holiday, at a time when we have been refreshed with the confidence of spiritual resurrection, and though we join in the popular song "Goodbye Bunge family, we are always with the memory of that great promise: "Though ye die, yet shall ye live."
THE LOG BOOK

I. S. O. P.

It is just a few days short of four weeks since the annual convention at Hotel Savery, May 11th and 12th. This is the time to prepare your patients, informing them of your coming. Look this program over now, be there, partake and be filled, with that morsel of substance which gives to make better osteopathic physicians.

PROGRAM

41st Annual Convention
THE IOWA SOCIETY OF OSTEOPATHIC PHYSICIANS AND SURGEONS, Inc.
HOTEL SAVERY
Des Moines
THURSDAY AND FRIDAY
May 11th and 12th, 1939

9:00 Invocation — Rev. Stoddard Lane, Congregational Church.
Address of Welcome — Mayor Mark L. Conkling, Response-Pres. Dr. Rolls Hook, Logan, la.
10:00 Dr. C. C. Reid, Denver Polyclinic and Post-graduate college, Subject — Personalities in Practice (Continued).
11:30 Business Session.
12:30 Luncheon.
1:30 Dr. A. E. Allen, Minneapolis, Minn., President of American Osteopathic Association, Subject — Professional Affairs.
2:15 Dr. Wallace M. Pearson, Kirkville College of Osteopathy and Surgery, Subject — Osteopathic Problems relative to Nervous Physiology and the Vegetative Nervous System.
3:15 Dr. C. C. Reid, Subjeet—Sinuses in General Practice.
4:15 Dr. J. Donald Sheets, Detroit Osteopathic Hospital Subject — Diagnosis and Treatment of Prostatic Hypertrophy.
6:30 Banquet—Address Governor, George A. Wilson, Des Moines, la. Entertainment — C. W. Schmidt, Agency, 121 Fleming Bldg., Des Moines, la.
May 12th
9:00, Dr. Wallace M. Pearson, Kirkville College of Osteopathy and Surgery, Subject — The Use of the X-Ray in Understanding Osteopathic Principles.
9:45 Dr. J. Donald Sheets, Detroit Osteopathic Hospital Subject — Diagnosis and Treatment of Duodenal and Gastric Ulcer.
10:45 Fred E. Rankin, Omaha, Neb., World Insurance Special Representative (Nebraska Osteopathic Hospital Association). Subject — The Osteopathic Physician and Hospital Ins.
11:30 Business Session.
12:30 Dr. C. C. Reid, Subject—Personalities in Practice (Continued).
2:00 Dr. Donald Sheets, Subject — Diagnosis of Genito-Urinary Pathology (Illustrated).
3:30 Dr. Wallace M. Pearson, Subject — Demonstrating Technique.

IOWA OSTEOPATHIC WOMEN'S AUXILIARY
Officers — Mrs. B. C. Elliott, President; Mrs. Rolls Hook, Vice President; Mrs. W. L. Tindal, Second Vice President; Mrs. H. L. Jennings, Secretary-Treasurer.

CONVENTION PROGRAM
Thursday, May 11, 1939

9:00 Tenders Tea Room
12:00 Noon Program Chairman — Mrs. B. L. Cash, Des Moines.
Welcome — Mrs. J. F. Schwartz, President, Des Moines Auxiliary, Response — Mrs. M. G. Tinchler, Fort Madison.
“In an Insane World” — Rabbi E. S. Friedland.
“Physicians and Hospital Ins.” — Dr. C. C. Reid.
12:30 Lunch.
“Prostatic and Sinuses in General Practice” — Dr. Wallace M. Pearson.
“Problems relative to Neurospathies” — Dr. Rolla Hook.
“Subject — Demonstrating Technique” — Dr. J. Donald Sheets.

CONVENTION PROGRAM
Friday, May 12, 1939

10:00 A. M. Breakfast — Walnut Woods State Park.
Des Moines Auxiliary Entertaining Members of State Auxiliary.

Polk County Osteopathic Association

The annual meeting of the Polk County Osteopathic Association will be held on Friday evening, with the dinner at the East Des Moines Club and the lecture and business session at the office of Doctors Park and Farmer in the Teachout Building.

Missouri Board

“The Missouri Board will conduct their regular examination May 24, 25 and 26, 1939, at both the Missouri City College of Osteopathy and Surgery and the Kirkville College of Osteopathy and Surgery. Blanks must be in the office of the Secretary or on the kitchen table, May 21st.

Texas and Return

Space is limited but we must have a quick trip to Texas. Having some important business to conclude relative to the N. O. I. C. we took our fourteen hour flight to the major object of getting this done. Left on Thursday p. m. and arrived in Dallas at 4:15 p. m. after having stayed all night at Dr. J. W. Halladay at Afton, Okla. And in passing must say that the last of the hot weather in the U. S. We nearly froze to death there. At Dallas found everyone was over at Ft. Worth at the 100 degree for a few minutes in the 31 miles there. McNally had already arranged some work for us so contacted him and fired everything. Get the business of the Council finished and certainly enjoyed the reunion of the stay talking with old friends and finding out about what we may expect in June. Enjoyed a lunching with financiers and others from the Alumni of the college and talked with Benlen about the Alumni group in Oklahoma. Spoke over the program early in the p. m. of Saturday and on the radio at 3:15. Enjoyed a banquet with the association in the evening and bed early as an early start was necessary. Made a stop at Drumright to visit Mrs. J. W. Halladay and her husband and found Howard delivering the second of two babies born in his hospital Sunday. To Augusta to gab with the Questa and on home Monday.

Texas is ready for you and you will not be disappointed with any feature of the program. The record was broken on attendance at the state convention this year even with the nation in so close. Real enthusiasm is being shown by everyone in the state. We have heard so many rumors about this fight and its result that it is a pleasure and privilege to quote an authority on the outcome and what may be expected in the future.

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For the past several weeks we have all been waiting for news from Texas. Just what bearing this may have on other states is hard to predict but it certainly is up to us to watch carefully and make arrangements in other states similar to the Kansas situation. We have a fine letter from Dr. Wallace of the hospital in Wichita and he, in turn, will without fail, brief us of any developments.

"Replying to yours of recent date, will say that we failed to get our osteopathic bill out of the calendar committee, so it was not given any consideration by the legislature. We all felt confident it would have been passed had we been able to get it to a vote, but the situation was so hot that many of the legislators appeared to prefer to have it remain on the calendar and the committee take the responsibility rather than wanting the opportunity to vote on the issue.

“Everyone is continuing to practice as they have been doing for the past twenty-five years under the present law, as we feel that it is a thing to do and if the legislature failed to give us a hearing. So far no arrests have been made and if such occurs it is probably an other case will be carried to the Supreme Court. A case is pending in the Federal Court regarding narcotics which will probably be determined before very long. The Supreme Court decision made last June evidently did not contemplate taking narcotics away from us as the Court said we could not use drugs as remedial agents, leaving the inference that we could use palliative drugs.

“The campaign for legislative action has been of great value to the profession from an educational standpoint as it presented the opportunity to give a great deal of information to the public regarding osteopathy and the educational standards which we asked the legislature to set up.”

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“The Missouri Board of Osteopathic Examiners will conduct their regular examination May 24, 25 and 26, 1939, at both the Missouri City College of Osteopathy and Surgery and the Kirkville College of Osteopathy and Surgery.

For the past several weeks we have all been waiting for news from Texas. Just what bearing this may have on other states is hard to predict but it certainly is up to us to watch carefully and make arrangements in other states similar to the Kansas situation. We have a fine letter from Dr. Wallace of the hospital in Wichita and he, in turn, will without fail, brief us of any developments.

“Replying to yours of recent date, will say that we failed to get our osteopathic bill out of the calendar committee, so it was not given any consideration by the legislature. We all felt confident it would have been passed had we been able to get it to a vote, but the situation was so hot that many of the legislators appeared to prefer to have it remain on the calendar and the committee take the responsibility rather than wanting the opportunity to vote on the issue.

“Everyone is continuing to practice as they have been doing for the past twenty-five years under the present law, as we feel that it is a thing to do and if the legislature failed to give us a hearing. So far no arrests have been made and if such occurs it is probably an other case will be carried to the Supreme Court. A case is pending in the Federal Court regarding narcotics which will probably be determined before very long. The Supreme Court decision made last June evidently did not contemplate taking narcotics away from us as the Court said we could not use drugs as remedial agents, leaving the inference that we could use palliative drugs.

“The campaign for legislative action has been of great value to the profession from an educational standpoint as it presented the opportunity to give a great deal of information to the public regarding osteopathy and the educational standards which we asked the legislature to set up.”

There will be some very important business to come before the group. As the year's activities of the organization comes to a close, it is the desire of the Executive Committee to express their appreciation to the various members of the association for the splendid work they have accomplished not only in committee work but by attendance at the regular monthly meetings.

O. D. Owen, D. O., Seely.
Our Graduates

The next three weeks will see the finish in one way of a fine class of 36. All have passed their Qualifying Exams with honor and nearly all completed part of one or more state boards. A few have Basic Science Boards to their credit. We doubt if any class has graduated from the college with a better foundation for the future. They heard the warning and heeded it and their only fault will be that they are just a little too proud of their scholastic record. Look out for that fall and come down to earth.

The week of the 15th will see this group being entertained with farewell banquets and other social affairs that mark the end of four years of college attendance. May 19th is set aside this year for the class as their Class Day. The assembly will provide for them an outlet for most of their pent up emotions and the college will award them the certificates of honor in the various departments in which they have served extra curricular time.

On May 25th the college entertains the class at a banquet and the evening of May 26th will grant to each a well deserved diploma indicating a satisfactory completion of four years of intensive osteopathy. As to their future we may be permitted to peek at some information gathered recently.

L. Augenstein, Ohio Board; A. S. Barnes, Colorado and Iowa Board; Internship at Lamb Hospital, Denver, Colo.; Leigh Bear, Iowa and Illinois Board; K. Blanding, Michigan Board; (Continued on Page Four)

Alumni Assembly

Occasionally we are present at an event that leaves with us the thought, "Why haven't we done this before?" The inspiration behind all present brought that thought to many and probably the reason for this was that with the fine work of the several organized states in Alumni work we felt the need for a closer contact in the college. This contact was certainly felt Friday, May 5th.

The Iowa State Alumni under the leadership of Dr. Paul Park had planned this meeting but with the departure of Dr. Pack and Dr. Fred Campbell for the Alumni meeting in Milwaukee the program was turned over to Dr. Halladay as Emcee. Dick McGill opened the assembly with a fine rendition of "Begin the Beguine and all the audience called for more the old post of Time kept us close to a schedule.

Dr. Halladay probed the program with appropriate remarks showing the necessity for a closer relationship between the Alumni, the Student body and the College Board in securing for the college the additional students and funds needed to increase our output.

Dr. Arthur D. Becker, speaking for the college, covered the subject of the future of osteopathy and the college. He stressed the need for more of our profession and assured those present that places were waiting for them and for many others.

Dr. Farmer, Vice-President of the state Alumni association read a message from Dr. Park and added an announcement of (Continued on Page Four)

N. O. I. C.

SORORITIES AND FRATS 
FINAL NOTICE

Six weeks from the date of this publication you will be in Dallas, Texas enjoying the convention and with a ticket in your pocket for your Sorority or Fraternity Reunion and Banquet. Run down the list below and put the date, time and place in your book or clip the notice and keep it for future reference. These belong to one of the Honorary Fraternities note that they are having their reunions on Monday night and will be thru in plenty of time to attend the President's Ball that evening.

Your social organization meets Tuesday night. Here is good news. We have just figured the average cost this year against the charges last year and you will save about two bits per ticket. In other words, the Dallas convention is going to cost you less than some in the past and since we have been down there making an investigation we will assure you plenty of entertainment and a fine program. That gives you three reasons for attending. We will be at the end of the registration line to greet you and have dusted off our Southern dialect and our best smile for the occasion. We 'Goins' be there.

ACACIA CLUB—Tuesday, June 27, 7:00 p. m. Parlor 3 Hotel Baker.
ALPHA TAU SIGMA—Tuesday, June 27, 7:00 p. m. Parlor 2 Hotel Baker.
ATLAS CLUB—Tuesday, June 27, 7:00 p. m. Palm Garden, Hotel Adolphus.
(Continued on Page Four)

O. W. C. C.

The O. W. C. C. will soon conclude a most enjoyable and profitable year, full of interesting lectures and good times.

Among the speakers the club enjoyed were; Mrs. J. P. Schwartz, who spoke on her trip to Alaska; Dr. Halladay on New Mexico; Dr. Bergau on Hawaii; also interesting to the club was a cosmetic lecture by Mrs. Wilkinson of the Luzier Co., and a most informative talk on the Osteopathic Care of Children by Dr. Rachel Woods. May the club again thank all of these speakers, and also thank the Gordons, Dr. Halladay, the J. P. Schwartz and the Beckers for opening their homes to the club for meetings.

Another of our most enjoyable meetings was a tour through the lovely Week's home.

One of the high spots of the social year was the joint Christmas party of the O. W. C. C. and the Osteo. Auxiliary. Each member brought an inexpensive toy, all of which were later donated to poor children.

The O. W. C. C. also started another "tradition in the form of a party for the faculty wives." This affair is to be an annual one in the future.

The club will conclude its year's activity by a "husband and wives" picnic at the Beckers', and on May 15 by the semi-annual banquet for graduating wives, at the Grace Ransom Tea Room.

The only dark spot of the year was the death of our beloved former president, Patti Walker, but the club carried on as we knew she would want us to.

J. Boysko, Sec.
THE LOG BOOK

At the last three regular meetings of the Iota Tau Sigma much has been accomplished. A new method of pledge payments has been worked out, which we think will prove very satisfactory. The representatives to the national convention at Dallas, Texas selected, party committee appointed, and many other items that need not be mentioned. Everything is now organized as it should be so that next fall we will be able to start at full strength. Much credit should go to our President, Tony Sloan for the good work he has been doing in getting things tidied up in good shape. We wish to thank Charles Gray for the use of his room for most of our meetings this year, as well as Sib Barnes who secured the beautiful chapel of Dahlstroms funeral home for the initiation of Ercell Cell." 

Probably two of the best organizers and leaders in the field of Osteopathy will be lost from our fraternity in the near future. Mr. and Mrs. Frank Dunlop known to us as "Dickie" Dunlop, the two and one-half year old son of Mrs. Frank Dunlop was introduced to a very charming little friend, Miss Rebecca Richardson, Junior student at the college.

The boys of the Phi Sigma Gamma Fraternity royally entered the college on the Twenty-Third, March at a dinner and party given at the fraternity house.

The Sorority joined the festivities March 23 to enjoy the second annual Interfraternity Council banquet, given this year at the Hyperion Club. Howie, and Bud made up the remainder of the Atlas team, Howie, and Bud made up the Atlas team, among them were in the form of keys presented to a very charming little friend, Miss Rebecca Richardson, Junior student at the college.

The Phi Sigma Gamma annual spring dance was held Saturday, April 29th. We give a vote of thanks to Chairman Charles X. Hall and his co-workers for the splendid party. The band was a first-class outfit and engaged by green foliage and spring blossoms. About fifty couples made up the group, and guests enjoyed the music of Walter Wickshire and his orchestra.

Guests present were Dr. and Mrs. Howard A. Grapey, Dr. and Mrs. Edward Leininger, Dr. and Mrs. Byron L. Cash, Drs. John and Rachel Woods, Dr. and Mrs. S. Klein, Dr. O. E. Owen and guest Miss Ann Soter, Mr. and Mrs. Neal Kitchen and members of other fraternities and sororities.

April 23rd Paul Kimberly and fiancée Miss Blanche were guests for Sunday dinner.

We are also proud to say that the Phi Siggs won the school bowling championship for 1939, and suspects look very good for 1940.

The remainder of the term will probably find me more busy with banquets, picnics and last minute cramming.

We wish the graduating seniors the best of luck and plenty of it.

G. H. W.

With this issue of the Log Book Sigma Sigma Phi concludes in many ways one of its most successful years in its existence.

The fraternity beginning on Monday March 13th with the annual pledge activities for this semester in a fitting fashion. We are expecting a large turnout of activities as well as pledges and alumni members.

Thursday, May 11th, the banquet was held honoring our graduating seniors. Not only will the largest classes ever to enter the fraternity house, but the largest classes ever to enter the Phi Sigma Gamma annual spring dance was held Saturday, April 29th. We give a vote of thanks to Chairman Charles X. Hall and his co-workers for the splendid party. The band was a first-class outfit and engaged by green foliage and spring blossoms. About fifty couples made up the group, and guests enjoyed the music of Walter Wickshire and his orchestra.

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G. H. W.
REGION OF THE THORAX
PLEURISY

Inflammation of the pleura is a common involvement. It is usually secondary to disease of the lungs. More rarely it occurs by extension from disease of the ribs, vertebra, mediastinal lymph glands, or sometimes from the abdominal viscera. In occasional instances it may be primary.

Pleurisy is the result of an infection, the most common organism the tuberculous bacillus. The pneumococcus and the streptococcus are relatively common causative organisms in pleurisy, complicating the pneumonia. Staphylococcus, typhoid bacillus, and pseudomonas may be present. Pleurisy occurring in otherwise apparently healthy people may be tuberculous. Pleurisy following chill and exposure or chest trauma, with the exception of perforating wounds, is usually tuberculous. A very high percentage of patients who have developed new backs of pleurisy will later give clinical evidence of pulmonary tuberculosis. It is a safe rule to consider idiopathic pleurisy as tuberculous in origin until it is proven otherwise.

Pleurisy may be classified as fibrinous or dry pleurisy; sero-fibrinous or pleurisy with effusion; empyema or purulent pleurisy, and hemorrhagic. It may also be designated as localized, encapsulated, or diffuse, unilateral or bilateral, apical, interlobar or diaphragmatic depending upon its extent and location.

Acute dry pleurisy (fibrinous or pleural) is characterized by sharp pain, usually in the side of the chest, dyspnea and frequently there is a dry cough. There may be fever, usually slight in degree. The important diagnostic finding is the friction rub which is easily heard in typical cases and which is evident also upon palpation. The pain is aggravated by the cough and by respiratory movement. In apical pleurisy the pain is not marked and is described as sticking pains. In diaphragmatic pleurisy the pain may be abdominal and simulate biliary, gastric or renal colic. In the

THE LOG BOOK
The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY

President: Arthur D. Becker
Faculty Adviser: H. V. Halladay
Editor: E. Harwood
Osteopathic Therapeutics

(Number 9 In Series)

Alumni Activities

A seed is planted in the center of a concrete block. There is no natural or logical reason for it to grow and bear fruit. A seed is planted in a fertile environment with reasonable care; it rewards us with rich returns. A seed was planted last Summer by our national president, Dr. H. E. Clybourne, and we had the great dream idea into a living work organization that is filled with visible and why fruitful returns. The Alumni of Still College are at work and will continue to produce. They have the best of reasons for the efforts they are making. This college has for over forty years graduated osteopathic physicians of this type. Forty years have developed a clinic that is invariable In teaching osteopathy may be slow to realize this but there is a very great advantage in this prestige. With the need for greater numbers of graduates from the Alumni of Still College our college have set for themselves a goal that will add to the number in school and will result in the college of funds for research and additional activities of great benefit in the education of osteopathic physicians. The medical college has the organization of about two thirds of the Alumni into state groups. Others will follow and we want Alumnus of this college to have the opportunity to become a part of this commendable work initiated by Dr. George Heilman and officers. We want the enthusiasm already evident in those states to be continued to be extended to those that have only a few of our graduates. You who are not already a part of this program do not need to wait. Write to the national president, Dr. H. E. Clybourne of Columbus, Ohio and find out how to work. The college is strong as its individual units and every graduate of this college has a duty to the college that needs to be fulfilled.

The Iowa group under the direction of Dr. Paul Park has completed part of its years program. Much is to be done yet but with the meetings planned and the work outlined results will come, for the Iowa group is growing in the class in September. In addition to his duties in the state of Iowa Dr. Park accompanied by Dr. William Brown, the State Student Recruiting Councilor, drove to Milwaukee to aid in the organization of the Alumni in Wisconsin. Dr. Park’s report which follows will make you stop and think.

“After a very enjoyable drive to Milwaukee Dr. Campbell and I drove to Milwaukee to meet with the Wisconsin Alumni assembled at the Pfister Hotel for a luncheon May 4. Eighteen very enthusiastic Alumni of Still College were present and the meeting lasted until about 2 p.m. extending into the business program. Dr. George Heilman

presided and introduced the speakers. Dr. John E. Rogers, the National Endowment Councilor, and past president of the A. O. A., explained the endowment plan for president and vice president. The Alumni why Still College and the profession needs this program completed. The ideal location and the advantages of the facilities built up during the forty one years of its life means as much to any college. Osteopathy can not flourish where there is the quantity of patients anxious for osteopathic treatment. Dr. Paul Park and Dr. Doyle Richardson of Austin, Minn., expressed the belief that something was a true inspiration to carry on and Dr. Campbell and myself feel amply repaid for the trip to Milwaukee.”

On May 6 Dr. Park and Dr. Campbell met with the Alumni in St. Paul under the leadership of Dr. Doyle Richardson of Austin, Minn., who also drove to Milwaukee to aid in the formation of Alumni. Dr. Park and Dr. Richardson, who have represented the Alumni in Wisconsin, met with the Alumni in St. Paul for this meeting also and reports 27 attended a luncheon at the Lowrey Hotel. This was more than was expected for the notices were not mailed quite as early as they should have been and this group showed plainly that they were attending something that filled a long felt want. Following talks by Drs. Park, Richardson and many of the Alumni expressed their appreciation of the meeting and pledged their support of the Alumni Council. It is expected to increase the number of osteopathic physicians in Minnesota. The heavy downpour of rain did not dampen the spirits of any physicians in Minnesota. The Alumni of Still College are at work and will soon have the completed list of officers and further announcements on the organization of our sister state to the north.

Dr. Doyle Richardson of Austin, Minn., was received state president and we will soon have the completed list of officers and further announcements on the organization of our sister state to the north.

Ohio is planning an Alumni luncheon May 16 and Georgia will have one May 13. Michigan reports an Alumni meeting last Fall and it proved to be so popular and enjoyable that other states have fallen into line realizing not only the accomplishment of a purpose but the pleasure of an hour of good fellowship with fellow graduates of our college.

The Log Book
The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY

President: Arthur D. Becker
Faculty Adviser: H. V. Halladay
Editor: E. Harwood
Osteopathic Therapeutics

(Number 9 In Series)
**THE LOG BOOK**

This column carried last month a complete program of the meeting to be held in Des Moines, May 11 and 12. Since the Log Book goes to press too early for details of this meeting and too late for any additional advice from your officers we can only say that those of you who will attend the meeting will be given full reports of the work of the various committees throughout the year. The report of the Legislative Committee, which was to appear will be better understood as given at the official meeting. This is also true of other detailed reports. Our next issue will report for those so unfortunate as to not be able to attend.

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**Applications for Membership**

J. R. Forbes  Port Dodge
Marvin Green  Storm Lake

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**Polk County Osteopathic Association**

The Polk County Osteopathic Association will hold the last meeting of the term of office of the President, Kirkwood on the evening of May Nineteenth.

The speaker of the evening will be announced in the very near future.

One of the main features of the business meeting will be the election of officers for the coming year. There will also be some other very important items of business to be brought before the group.

As the year's activities near a close, it is the desire of the Executive Committee to thank all of those who have served on committees for various purposes toward making the events of the year a success. We have had a good attendance at all of the meetings, with whole-hearted cooperation of all. The open forum discussions which have followed many of the meetings have been of great interest and benefit, we may have more like them.

We will look forward toward an even more interesting and profitable year to come.

O. E. Owen, D. O., Sec.

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**Our Graduates**

(Continued from Page 1)

John Boysko, Missouri Board; Charles, Creighton, Michigan and Maine Board; Charles, Edgerton, Nebraska and Minnesota Board; Paul Feldman, Oklahoma Board; Gorham, Flaherty, North and Tennessee Board; Laurence Ford, Iowa and Illinois Board; Robert Freeman, Iowa and Nebraska Board; Max Greenhouse, Missouri and Iowa Board; Joe Gurka, Maine and Massachusetts Board; John Hagen, Illinois and So. Dakota Board. Internship at Midney Hospital, Lexington, Nebr.; G. Hopner, Colorado and Wyoming Board; the Ontario Board; Phil Sheets, Denver, Colo.; H. Huston, Iowa and Minnesota Board; Erwin Ivenson, Nebraska and South Dakota Board. Internship at Ankon Kani Hospital; Neil Kitchen, Michigan and Kentucky Board; Internship Detroit Osteopathic Hospital; Bohdan Kogut, Michigan Board; Don Leigh, Maine Board; R. W. Long, Florissant, Mo. Board; C. E. Mathewson, Michigan Board. Internship Detroit Osteopathic Hospital; Louise Michael, Ohio and West Virginia Board; Robert Morgan, Wisconsin Board; P. N. Munroe, Michigan and West Virginia Board; E. H. Mullin, Texas Board. Internship at Cozert Hospital, Houston, Texas; R. W. Ritter, Michigan and Florida Board; J. F. Riley, Texas Board. Internship at McCallister Hospital, Houston, Texas; J. F. N. Schneider, Complete Internship at Texas Board; H. Sporck, West Virginia and Pennsylvania Board; Irving H. Walters, Michigan and West Virginia Board.

**Alumni Assembly**

(Continued from Page 1)

The meeting to be held May 12 during the Iowa State Association Assembly meeting and another May 30 during the Review and Post Graduate Week. May we add our congratulations to the many who have served on committees for various purposes toward making the events of the year a success. We have had a good attendance at all of the meetings, with whole-hearted cooperation of all. The open forum discussions which have followed many of the meetings have been of great interest and benefit, we may have more like them.

We will look forward toward an even more interesting and profitable year to come.

O. E. Owen, D. O., Sec.

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**Drake Relays**

Each year the last week in April attracts about two thousand athletes and the city of Des Moines for the purpose of exhibiting their prowess in the field of track sports. As in the past, Still College lent its seniors out to the Relays to offer what aid was necessary in the care of this fine assembled host of athletic personnel.

This year due to the fine condition of the contestants and the perfect weather in the Southwest, so the boys, most of the time, sat out on the bleachers and acquired a sun burn that plainly told the story. Augustine, Barnes, Emory, Hutchen, Kitchen, Munroe and Sheets report a very enjoyable work-out with some valuable contacts made for osteopathy. It is quite evident from some of the reports that we still have some colleges and universities over the country that do not know the value of Osteopathy or any other method of caring for the injuries of athletes. We thank Pitch Johnson of Drake for his cooperation.

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**N. O. I. C.**

(Continued from Page 1)

**AXIS CLUB—Tuesday, June 27, 7:00 p.m. Parlor G, Hotel Adolphus.**

**DELTA OMEGA—Tuesday, June 27, 7:00 p.m. Parlor D, Hotel Adolphus.**

**IOTA TAU SIGMA—Tuesday, June 27, 7:00 p.m. Parlor A, Hotel Adolphus.**

**PHI SIGMA GAMMA—Tuesday, June 27, 7:00 p.m. Parlor E, Hotel Adolphus.**

**PSI SIGMA ALPH—Monday, June 26, 7:00 p.m. Parlor F, Hotel Adolphus.**

**SIGMA SIGMA PHI—Friday, June 30, 7:00 p.m. Parlor A, Hotel Adolphus.**

**THETA PSI—Tuesday, June 27, 7:00 p.m. Parlor 1, Hotel Adolphus.**

**N. O. I. C.**

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To Mr. and Mrs. W. E. Hinds of Hinton, April 11 a son, William Ernest.

To Dr. and Mrs. S. L. Michelman of Bonesteel, S. Dak., a son, April 26.

To Mr. and Mrs. Bob Bennington, April 19 a daughter, Maria Lynn.

To Mr. and Mrs. Harold Stanford, April 26 a daughter, Marilyn Rose.

To Dr. and Mrs. J. R. Royer of Woodward, Ia., a son, John Thomas, April 12.

To Dr. and Mrs. F. L. Buch- acker of Marseilles, III., a daughter, Roberta Elaize, April 30.

To Dr. and Mrs. G. K. Nel- house of Salt Lake City, Utah, a daughter, Shellah Ann, April 30.

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**A. O. A. CONVENTION -- DALLAS -- JUNE 26 30**
Graduation

The final ceremony necessary in the making of an osteopathic physician is the one that requires only five seconds to change a man from student to Alumnus. The members of this class will remember Friday, May 26 at 8:48 p.m. as the day and hour.

Dr. Arthur E. Allen, president of the American Osteopathic Association, delivered the address of Dr. Bachman. He reminded them of the opportunities offered and assured the future with the promise that they would return either with a new member for the Freshman class or a certified promise of an early matriculant. Our faculty worked hard all the year and have just been complimented highly by the visiting P. G. Class.

The Junior class furnished appropriate music for the occasion. An informal reception was held immediately after the recessional for the many relatives and friends.

This class has been highly connected. The group present indicated the satisfaction of all with the efficient administrative methods of the Trustees and officers.

The audit report this year was very encouraging. The college year closed in a satisfactory manner showing a wholesome and sound financial condition.

Our leaders are optimistic for they know that the Alumni are at work and there is that greater feeling of pride throughout the profession that will add to our strength in the next and following classes. Dr. Becker is in charge of the many improvements in the facilities and faculty and ended with a report of the P. G. Course just finished and complimented so highly by those attending. We are sorry that is impossible for us to repeat his remarks in full but we want add that his entire talk radiated an enthusiasm not found in years past.

With the opening of nominations for the offices of the president, secretary, treasurer and board of trustees, Dr. Lovegrove rose and made the motion that the entire official family be re-elected.

(Continued on Page Three)

THE LOG BOOK

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 17 June 15, 1939 Number 6

Graduation

We have closed a good college year. Our student body did not decline in numbers although our increase was nothing to brag about. Our students left with the promise that they would return either with a new member for the Freshman class or a certified promise of an early matriculant. Our faculty worked hard all the year and have just been complimented highly by the visiting P. G. Class. Our president has originated with our leaders.

Still College is proud to picture between the two men who have most to do with the regulation of the policies of the college and the conduct of its classes and clinics. Neither of these leaders need to be introduced to you.

The Senior Banquet

Over eighty gathered at Younger Hall, to honor the graduating class at its final banquet sponsored by the college. The class of thirty five was augmented by many relatives and the faculty and the room was filled with a contented crowd. The meal was enjoyed by all and the decorations were tasteful.

Dr. Arthur D. Becker, president of the college, introduced Dr. J. P. Schwartz, Dean, who urged the class to cooperate in all things, keep out of a rut and give the entire official family a good time.

Our president graduated from this college in 1903. Since that time he has had perhaps the broadest osteopathic education of any man in the profession. From the beginning of his graduate activities he has been an integral part of every movement for the betterment of the science of osteopathy. Early in his career he served on state osteopathic boards, followed thru the offices of state association activity and assumed the obligations of national committee work. For many years he has been known as an authoritative teacher and writer and is in demand as a consultant. He has filled with honor every office offered by the profession having been president of the American Osteopathic Association in 1931. Since then he has been elected repeatedly to the board of trustees of the college. He is devoted to the advantage of his specialty and deeply interested in the success of the college. His clear and concise manner of presentation of his subjects keeps the interest of the student to that extent that our graduates are in demand as instructors in osteopathic institutions over the country. As a member of the Board of Trustees of both the college and the hospital he understands the problems of each and brings the two institutions together in close association. He is in demand as a speaker at all professional meetings and his advice is sought in legislative and other legal matters having to do with the welfare of the profession. Knowing the answer is his hobby and at his home you will find the reason in the form of the most complete private medical and osteopathic library in the state.

Our leaders

Arthur D. Becker
B. S., D. O., A. S.

John P. Schwartz
D. O., F. A. C. S.

Work melts before him. Our bulletin will depart in the fire but he makes use of all. He is a recognized authority on Surgery and Diagnosis and views his work from an osteopathic standpoint. Young in years but old in experience, for the last twenty years have seen him taking only a few short vacations. He is devoted to the advancement of his specialty and deeply interested in the success of the college.

(Continued on Page Three)
N. O. I. C.

This is our last message this year. Attention all members of the organizations that make up our National Interfraternity Council!!!!

At the end of the line of registration at Dallas you will be greeted by our girls and ladies who will take your money for a ticket to your Reunion and Banquet, Tuesday night. This affair is not part of the convention. There is not much time to figure on attendance unless you complete this registration at the time you sign with the A. O. A. and the Local Committee. Those who expect to drop in nonchalantly at five minutes before the meal is served, may find themselves without even a napkin.

Plans are complete at this writing for the accommodation of ten luncheons and banquets under the Council plan. The local men and women who have been working on this for months have everything ready and have worked hard to make your meal and other features the best. I am leaving early for the convention. Registration will begin Saturday, June 24th and we hope to see each of you there. Make your plans to be with your organization Tuesday night, June 27 or Monday night with Sigma Sigma Phi or Phi Sigma Alpha.

Senior Class Day

May 19

All of the pent-up something- or-others came out at the assembly dedicated to the Senior Class of May, 1939. With Max Greenhouse at pedestal in the role of Emcee, the contribution of the class moved rapidly and left no doubt in the minds of the students and visitors where the order of the day and the stage and halls presented a varying picture, the characters depicting all classes and stages of existence, even being taken from some of the more popular ones of the comic strips.

The usual features of History, Will and Prophecy were clever and offered the usual opportunity of embarrassment to those members of the Class of 1939. Dr. Becker stepped lively from one role to another and in the office of Class President, presided over college with a file cabinet for the clinic records. This was received by Dr. Becker and is truly a fine gift. The same comment holds true for the Freshman Osteology Keys which were awarded by Dr. Halladay to Anderson, MacAdams, Raditsky, Rosenbach, Delaurier, Holly and Woods. These were made of 55 or over on the final in osteology.

The assembly closed with a rousing song by the Senior Class with some aid from the audience and all departed with tags and various souvenirs collected by the class from generous merchants in the city. It was a great day.

Our Local Organizations

With the advent of the vacation period our fraternities and sororities have closed an especially active year of excellent work. All have successfully carried out their plans for the year and have elected officers and made arrangements for their opening shots to be fired early in the month of September. The few students who remain for clinical credit during the summer months will be glad to see the returning students.

Our P. G. Course

We are afraid that too many superlatives will creep into this message from the opening shot until the last lecture of the week we heard nothing but compliments on the work given and full appreciation of the fellowship. When a course attracts 136 graduate osteopathic physicians from 17 states and they remain the first two days but only gave some excellent work on the foot and in orthopedics but was instrumental in having one of the best Alumni meetings we have had. Over fifty of our graduates attended a luncheon served at one of the spaceous laboratories. A separate item will complete the report of this meeting.

Dr. R. R. Norwood of Mineral Wells, Texas, and Dr. H. E. Clybourne of Columbus, Ohio, both alumni of the college were the guest speakers and were the features of the attractions. Dr. Clybourne could remain only the first two days but only gave some excellent work on the foot and in orthopedics. Those attending the course were greeted by a couple of young Phi or Psi Sigma Alpha.

Plans to be with your organization on June 24th and we hope to see each of you there. Make your plans to be there. We have worked hard to make your meal and other features the best. I am leaving early for the convention. Registration will begin Saturday, June 24th and we hope to see each of you there. Make your plans to be with your organization Tuesday night, June 27 or Monday night with Sigma Sigma Phi or Phi Sigma Alpha.

In order to do justice to the high standard of instruction which we have received, the attending osteopathic atmosphere which has pervaded the class-rooms.

4. "THEREFORE BE IT RESOLVED: That we devote ourselves to the recruiting of new students for Des Moines Still College of Osteopathy.

5. "BE IT FURTHER RESOLVED: That a copy of these resolutions be placed in the log book and be mailed to the Executive Secretary, and that a copy be filed in the college office.

(Signed)

James E. Gray
T. A. Kaper
Hazel A. Clark

Dr. Eddie Baird as secretary and treasurer later presented the college with a gift of money to be used to extend the usefulness of the college library.

The college officials are very happy to be able to offer each year to the profession a complete week of review. We try to bring to you the latest in the several subjects that are of the most importance to you in your field. The program is not designed for undergraduates. It is condensed and new and in addition we try to bring you some special features that we know many of our profession are deeply interested in. The fact that we have included each year is certainly indicative of the high type of work offered. We, as officials of the college, feel deeply indebted to the faculty. We enjoyed the week with you and we hope to have you and many others back next year for another review.

MR. AND MRS. DON SLOAN announce the arrival of James Emerson, Friday, May 12.
The Log Book
The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY

President... Arthur D. Becker
Faculty Adviser... H. V. Halladay
Editor... E. Harwood

Osteopathic Therapeutics

REGION OF THE THORAX

PLEURISY (Continued)

Sero-borubidulent pleurisy may be acute in onset with pain, cough, chilliness, nausea, frequent vomiting, and increased pulse rate. In other cases the disease develops slowly and without pain or other marked symptoms. Large pleural effusion is usually found even in these more insidious types. Loss of appetite, sense of fatigue and slight depression are the only symptoms. The leukocyte count is usually within normal limits in serous pleurisy.

Idiopathic pleurisy is usually of tubercular origin. The exudate may be pale yellow and clear or it may be cloudy, mucoid or purulent. The specificity is usually 1:200 or over and the fluid coagulable on standing.

The exudate may be small in amount and encapsulated, when it may be difficult to discover. If the effusion is of considerable size, it is readily detected by physical examination. Inspection shows limited movement of the lung and retraction of the chest wall. The fluid level in the pleural cavity is easily seen. Palpation shows loss of vocal resonance and dullness of percussion over the area of fluid. A peculiar tactile fremitus and vibration are felt on the side of the fluid. Inspection shows limitation of movement and percussion shows loss of vocal resonance.

If after ten days or two weeks of conservative treatment the amount of fluid is not measurable in liters, then streptococci have produced symptoms such as cough, dyspnea, cyanosis, or other unfavorable symptoms, paracentesis should be done immediately.

When a part of the exudate may serve as an effective stimulus for the absorption of the remaining portion. As a matter of choice paracentesis may be done without waiting. For technique of paracentesis, see page 50.

Empyema or purulent pleurisy is usually associated with an infection of the pleural cavity which may be chronic or acute. It may originate in lobar pneumonia, as a complication of tuberculosis, or from a pneumonic process in the adjacent lung. In streptococcal infections of the pleural cavity, the pleura may be involved in the disease process.

In many cases apyrexia may prolong the disease. In these cases the patient may go through the phases of pleurisy and abscess and the exudate may become purulent. The pus may contain streptococci, pneumococci, tubercle bacilli and occasionally other organisms. When the pus is discovered, it should be aspirated and cultured. The symptoms usually indicate a more serious involvement. Evidence of pyrexia, shortness of breath, and cough are present. The leukocyte count is high (18,000 to 50,000). Exploratory puncture is warranted as a means of diagnosis to determine the character of the exudate and thus to control further spread of the infection.

The treatment of empyema is surgical and should be carried out promptly. The pus should be evacuated and free drainage secured.

Here again in these cases of empyema, every effort should be made to avoid any complications in the lungs and pleural cavity and nursing care are of major importance.

A. D. B. D. O.

Corporate Board

(Continued from Page 1) elected for the ensuing year. This was seconded and passed without a dissenting vote. Dr. Loveland was unanimously re-elected to another term of office. Drs. Owen and Leining were elected to the corporate board and the business of the year was apparently completed.

Dr. Caldwell feeling the urge to express her sentiments added complimentary remarks in behalf of the graduates of this college, that others could feel the same high degree of pride in being a member of this corporate board and a graduate of Still's College.

Dr. J. P. Schwartz took the opportunity to express the feelings of the college and its pupils, especially those who are practicing in the future and pride in the progress of the past four years under the able leadership of our president, Dr. Arthur D. Becker. He expressed the hopes that what we established could continue to advance the interests of the college by maintaining the same efficiency and leadership for many years to come.

There was indeed a meeting that left those present with a warmth of heart and an inspiration for the future. It is regrettable that so few can attend and be a more intimate part of this extremely important part of the development and growth of our profession.

A short meeting of the board of trustees of the college immediately followed that of the corporate board.

Dr. J. P. Schwartz was re-elected Dean of the college and Dr. O. E. Owen was elected to assist Dr. Schwartz in the discharge of the duties of this office.

We are now ready to meet you in Dallas.

Graduation

(Continued from Page 1) praised for its academic standing and its interest to the more practical part in the college clinic. As evidence of the confidence that many of our osteopathic hospitals have in the graduates of this college we are pleased to report that more than one third of the class start immediately after graduation.

At Dallas

We will not be able to reach all of you with this issue of the Log Book as we have left for Dallas when this arrives. Those of you who are not yet started should be reminded again that there are two items of interest to you that you must not neglect.

The Booth

The college, following its custom for several years, will have a booth at the Dallas Convention. Mrs. K. M. Robinson will direct the booth and answer questions and to furnish you with tickets to the banquet. Every member of the profession is invited to come and help give any change in your address and also any new names to be added to our Log Book roll or list of prospective students.

The Banquet

Wednesday evening—Baker Hotel—Room No. 1—7:00 P.M.—Please be on hand for this event, which is to be followed down as one to make it no other. An excellent program has been prepared for you and it consists of an exciting hour of entertainment. Do you want to see a dancer that was a hit at the Casa Manana last year? Of course, you want to hear the fine reports that will be given at this meeting. Bring your wife.

To Georgia

After a lapse of several years we finally got into the S. E. instead of the S. W. and what a wonderful trip it was. The trip had to be made on the train but the boreness of this was amply compensated for by the wonderful time we had. The train fare was made more than covered by the souvenirs purchased in the gift shops. We ate well and had a wonderful time. The trip was just what we needed to get into the lighter weight clothing and to hear first hand the many stories of osteopathic success from some of our former students. We salute the South and hope we got by with them half as well as they did with us.

H. V. H.
The 41st annual convention of the Iowa Society of Osteopathic Physician & Surgery, Inc., was one of the best attended conventions ever held in the history of the profession. It was most gratifying to us to see the good fellowship and harmony that prevailed through the entire convention.

I wish to thank all those who were instrumental in helping to make this convention such a tremendous success.

The following is the official family and committees appointed to date. A complete list will be printed at some future time.

President, Hook, Rolla, Logan.
Vice President, Jordan, Holcomb, Davenport.
Secretary, State Treasurer, Gordon, F. A. Marshalltown.

DEPARTMENT PUBLIC AFFAIRS

DEPARTMENT OF PROFESSIONAL AFFAIRS

LEGISLATIVE
D. E. Hannan, Perry, Ia., (44); S. H. Klein, Des Moines, Ia., (43) Chairman; R. P. Westfall, Boone, Ia., (42); N. A. Cunningham, Colfax, Ia., (41) Secretary; J. P. Schwartz, Des Moines, Ia., (40).

It is a very few days until we can again rub shoulders at Dallas. We all need that vacation once a year to refresh our minds, of the new things taking place in the profession, to contact old friends, classmates and colleagues.

I urge the entire profession of Iowa to attend this convention if at all possible.

ALUMNI NEWS

The following officers were elected to serve for the coming year:
President, Dr. O. Edwin Owen; Vice-President, Dr. Earl Sargent; Secretary, Dr. Ruth Paul; Treasurer, Dr. Robert Fagen.

May the incoming year be one of continued activity for the mutual advancement of every osteopathic physician in Des Moines and Polk County.

Ruth Paul, D. O., Secy.

Polf County Osteopathic Association

The Polk County Osteopathic Association held the last meeting of the year on the evening of May 19th at the Hotel Kirkwood.

The meeting consisted of important committee reports, correlating the work of the organization during the past year, along with the discussion of plans to be carried out when the general conventions again next fall.

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THE YEAR BOOK

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THE LOG BOOK

The Merry Month of May furnished two important luncheon dates for our graduates. Both funds were well received and each contributed a great deal to the expansion of our major Alumni idea. We want you in the field to take advantage of every opportunity to get together and talk over the adventures of the college. Luncheons and dinners will do it better than any other method. Our annual banquet at the national convention has been in vogue for many years and this year is changed to an evening dinner. These affairs are bound to bring together a congenial group and one that can accomplish much good for the college and the profession. Do this Thursday when you meet even in the smaller groups and make it a habit.

On May 12 during the annual Iowa state convention the officers of the state Alumni association called a meeting of all those attending the convention. This followed closely the Alumni conventions held at Milwaukkee and St. Paul and with the Iowa officials in charge the program moved swiftly and was enthusiastically received. Nearly fifty two attended and as a compliment to the excellent services of the officers, they were reelected for another year.

We want to compliment the official Alumni group here in the state of Iowa. Dr. Paul Park who has assumed the leadership in this movement has given freely of his time and funds to put over a program of really great constructive possibilities. Dr. Bruce Farmer has also been of great assistance in the organization of the state group. Dr. Ruth Paul is the efficient secretary and treasurer. Dr. Rachel Woods is very much interested in this new life and energy that is being put to excellent use in many of our states and we are anxious to see it continue to gain in strength.

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W. C. Holloway of Thomasville, Ga., will assume the leadership in that state and Hall Hall of Badaladdi, Ind., will act in the same capacity in his state. Give these voluntary presidents your support when a meeting is called and do your part towards increasing our numbers.

The Senior Banquet

(Continued From Page One)
THE DALLAS CONVENTION

ST. LOUIS NEXT

The fact that we predicted last October that the next convention would go to St. Louis had nothing to do with the final decision of the board of trustees of the A.O.A. We simply felt that it would be the logical place to go next and we are glad to start now to make plans to attend the 44th annual meeting of the profession. St. Louis had better begin now to make a few changes in his climate or date the meeting at a time when fairly cool weather will prevail. Dallas has tempered the wind to the shorn lamb and given us weather that many did not anticipate. Some of you who stayed away for climatic reasons were sweating in heat at a higher degree than those of us here at the convention.

Just rambling around we ran into Walter Bailey. He makes a statement here below for your consideration. We predict one of our largest conventions in this city. In about 50 words Walter has covered the items that in the future will attract the conventions in St. Louis. He states:

"St. Louis should attract a large group of members and exhibitors in 1940. Geographic location, The Hub of the Nation, will help. We have trained and organized association workers in the local committee. Adequate facilities, comfortable housing and pleasant public relations should assure a successful convention and the advancement of Osteopathy."

Walter E. Bailey

We are headed away from Dallas and the South. We have enjoyed a fine convention and have the list of exhibitors and the program of speakers. We have been kept busy and we are sure of some of you who stayed away for climate, that we will surprise some of you used that weather has been fine and we are sorry some of you used that weather has been fine and we are sorely some of you used that as an excuse to stay away from Dallas. You have missed something.

The exhibitors did not favor us with quality this year. Those who have attended have expressed themselves in different ways. Some have kicked because of the splitting of the crowds between the two hotels. That brings up the matter of facilities, and we covered that last year in the Log Book in the October issue. We still think that the city asking for and securing a convention should have the proper facilities for the convention. The A.O.A. is getting too big to be housed in one hotel of average size. That needs real serious thought.

We are sure that Des Moines has enjoyed the convention. Our booklet with Mrs. Robinson on the job, has been the meeting place of many of our graduates that have not attended a convention for some time. She has picked up a number of good prospective names and has contacted some of the Alumni and have been hiding. Each convention brings a few out of hiding and we are always glad to get these names.

The D.M.S.C.O. Reunion and Banquet was attended by 62 graduates and their wives. Dr. H. E. Clybourne took charge of the program of speakers and it clicked through on schedule. The reports from the officers of the Alumni association were encouraging, and we wish that every one of our graduates could have been there to hear about the vast amount of work that has been done and is yet to be done in the next year. We are glad that Dr. Clybourne has assumed the leadership for another year. Dr. Paul Leonard of Detroit will be secretary of the national organization and the other officers are to be retained. Many good suggestions came from the floor. There were not planned reports, but spontaneous and enthusiastic talks inspired by the reports given previously. We predict this is a sign that the members are thinking of the policies of the D.M.S.C.O. Alumni Association. We know that each of you want to be a part of the action. If you are not doing something, get in touch with any of the officers and give us the opportunity. Des Moines had the second largest Alumni banquet. Four other colleges had planned banquets and it is quite natural with the large number of Alumni of Kirksville that they should have the greatest number. Des Moines Alumni responded beyond our original prediction of the number. We are starting now to get you together next year, and so save that one night for your college.

Entertainment

Every one has had a good time. We have been kept busy with the scientific program and the entertainment features. Monday night the ball room was filled and the orchestra and entertainers excellent. No one will ever forget the two little negroes and their act. It was big time stuff and should be featured in many centers of entertainment.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.
Another member of our faculty in charge of a department is Dr. Harry J. Marshall. To list his activities would take too much space for since his early association with osteopathy he has assumed many responsibilities. These have mainly been offices having to do with his specialty of ear, nose and throat, but he has served on the state board of examiners and is now a member of the board of trustees of the college and also treasurer.

In addition to his lectures and clinical supervision of cases at the college, Dr. Marshall is a busy member of the staff of the Des Moines General Hospital and one of the licensed surgeons. The minor surgical clinic at the hospital has grown almost beyond the capacity of the institution due to the efficiency of this work in the hands of experts like Dr. Marshall and others of the staff. Such experience as this is invaluable in planning a practical course of lectures and demonstrations for students. New methods must be tried. The better ones accepted and constant attention is given to the results before authoritative instruction can be given. Dr. Marshall is methodical and conservative and, as such, is a valuable member of the staff of both institutions.

H. J. Marshall,
D. O., F. I., S. O.

E. F. Leininger, D. O.

The department of Obstetrics continues to cause this member of the staff to lose too much sleep. With the care of nearly four hundred cases a year and the responsibility of the clinical laboratory in Gynecology the matter of regular lectures in the two subjects is a mere small item. Dr. Leininger has no hours that he may call his own for his work requires attention the full twenty four per day.

Following his graduation from the college in 1923 he extended his studies as an intern at the Des Moines General Hospital and specialized in the care and treatment of Obstetrical and Gynecological cases. His success in this type of work led to his being elected the faculty as full time member of the staff. His statistics covering the cases in the department for the past year will soon be available and always show the superiority of osteopathic treatment and care in this specialty. Students at Still College enjoy the privilege of quantity in this clinic that is not found in many medical institutions.

John M. Woods, D. O.

Beginning in September 38 Dr. Woods assumed full responsiblity on the faculty taking over part of the clinical examination schedule in the afternoon and continuing with his regular class schedule in the mornings. This was filling a much needed place in the clinical staff. Dr. Woods has been with the college since his graduation in 1923 and except for one semester's absence for illness has been a most reliable and popular teacher. His experience in the field plus his keen detailed knowledge of the scientific clinic subjects has fitted him especially for the role of contact physician between the patient and the student.

Dr. Woods is interested in all student affairs and extends his influence into county and state organizations also. He has served on all of these offices and recently held the chair of president of the Iowa state association.

Mary E. Golden, D. O.

Men are not the only successful members of our profession. Dr. Golden, head of the department of Pediatrics, not only is an instructor in the college and conducts a large practice but has been, since graduation, a member of the O.W.N.A. and for the past year Third Vice President of the A.O.A.

Her activities since her graduation from our college prove that there is a distinct place in the profession for women. Not only is she busy with the usual affairs of organized Osteopathy from district to national groups, but she finds time to associate herself with many local clubs. It is not unusual for her to appear several times each month speaking before civic or educational gatherings on the subject of health or like topics.

O. E. Owen,
B. S., M. A, D. O.

The subjects of Pathology and the Basic Sciences need a teacher well grounded in all sciences yet with a clear realization of the osteopathic application. Dr. Owen fills this requirement for his osteopathic college and university training and teaching of science gave him a background essential in the successful interpretation of these subjects. To be able to actually see the story told by a microscope is only half of the duty of an instructor. He must also be able to separate these finding into units that may be understood by the novice so that the field is not a confusion of stains but an interesting story of the minute changes that mark the beginning of disease in the body.

Dr. Owen takes pardonable pride not only in the excellence of his class and laboratory courses but also in the accumulation of a fine museum of Pathology which is of great value in demonstrating the gross changes that are found in diseased tissue.

For the past two years he has been almighty with the evaluation of credits and with the schedule of classes acting as an unofficial aid to the Dean. This year the need for a permanent office of this type have elected him to the position of Assistant to the Dean and recently the Corporate Board elected him to membership in that body. Added responsibility means crowding more closely the many useful things he does and thru it all we see the sincere interest and devotion in raising the standard of the teaching and practice of our science.
Osteopathic Therapeutics

REGION OF THE THORAX

The first heart problem to be discussed in this series of articles is the Acute symptom's have subsided, and the patient may resume activity too quickly, that produced them.

Attention should be called to a common error in care for acute toxemia cases. This error consists in allowing patients to resume activity too quickly following acute toxems, without allowing adequate time for repair of vital tissues and organs involved in pathological processes. The heart, bone marrow, the spleen and the lymphatic tissues, affording protection to the entire body cavity, enhancing the function of the heart, lung, heart-sounds may be blurred or less distinct, the rate is increased more than the temperature would be expected, the辽宁 blowing murmur may be heard at the apex and the patient may complain of substernal discomfort. An irregular pulse may give evidence that the cardiac conduction apparatus is disturbed. Such arrhythmias may vary from premature systoles to complete heart block and are usually transient, frequently disappearing as the toxemia is overcome. Appreciation on the part of the physician of the probable involvement is a most important element in the diagnosis.

One very important factor in treatment is that of combating toxemia. To this end increased fluid intake, sponge baths, enemas and good ventilation are of great value. Osteopathic treatment is of primary and outstanding value. The upper dorsal spine (first to eighth dorsal vertebrae) and the ribs should be carefully examined for lesions and all lesions should be maintained in normalization by gentle but insistent leverage.

The treatment of the ribs should consist of gentle but insistent leverages which give ample opportunity for freeing the intercostal tissues, affording mobilization of the entire spine, enhancing the function of the heart, promoting more efficient respiration, and thus improving the general circulation of blood and lymph.

Osteopathic treatment to normalize the entire cervical spine are indicated, which normalization should include the cervico-dorsal junction area. Vasmotor or intestinal reflex lesions, reflex medulla is maintained as a result of such treatment. It is to be remembered that the cardiovascular, respiratory centers and heat regulating centers have their location in the brain stem. Spinal treatment of the cervical spine and upper thorax, as indicated during the acute disease, serves a further value in that it affects the heart. The point of the ribs, heart sounds may be distorted. Such arrhythmias may be present, that is necessary for the presentation of the science to the clientele we expect in the field. Our patients expect to be taught as well as to be kept informed of the latest developments in osteopathic practice and Of course we students need clinical material to get the training.

A C. D. B., D. O.

Any School?

Training is a part of the education of every physician. I want to know that the opportunity is there for my student to become acquainted with hospital methods and the routine in more common usage. I do expect my student to graduate from a school that can be a part of the college that will prepare him to practice osteopathy as a trained physician.

A. D. B., D. O.
THE LOG BOOK

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(Dr. Rolla Hook gave an ex-cellent address at the... to the family.

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Iowa, by sending them informa-

Guidance in 'all colleges, both

Vocational Guidance Committee

Ft. Madison, Iowa, chairman of

send a student to an Os'teopathic


to delegate him or herself to

professional service, we must

free choice of physician.***

In closing I wish to thank all

committeeem, and women, for

their splendid cooperation and

affiliation during these few short

months, that I have served you, and

you continue to do the good service to my successor in

the coming year.

Rolla Hook, Pres.

Applications for Membership

H. A. Crawford, Dyererville

Vacations

The popular time for a week

or two or relaxation this year

must needs be after the Dallas

dition for the majority of the

faculty and others interested

of the profession. The surest way to keep

teach men and women already in

practice. The surest way to keep

activity necessary to our exist-

existance.***

ary. Dr. J. P. Schwartz takes time

Sunday, June 25. Dr. Bailey, the

death of Dr. Homer Bailey on

the Annual Convention of the A.O.A.

Our colleges are priceless pos-

there. No professional group

practice had its birth in the os-

our duty to them has not been

sessions of our profession, but

our duty to them has not been

fully conceived. The Osteopathic

practice had its birth in the os-

of its subsequent development

there. No professional group

can possibly develop without

strong institutional support for

women for practice, for re-

search, for teaching, and to

teach men and women already in

practice. The present way a pro-

fession from evolving is to

crippl'e its colleges by forcing

or applying pressure on them

to a precarious existance.

It is logical, that to increase

enrollment, to improve and

value our institutions, the ef-

fort should come within the pro-

fession first rather than appeal

from the outside to foreign and

unfriendly sources. ***

The Osteopathic School of

Practice is the tangible out-

growth of the idea of one man—

its founder Dr. Andrew Taylor

Still—that is the discovery of

the lesion and its correction. Dr.

J. P. Schwartz said: "Our

therapeutic house is just large

enough for Osteopathy and when

other methods are brought in

it must much Osteopathy moves

out."***

Vacations

The entire assembled conven-

tion will have a chance to learn of

the death of Dr. Homer Bailey on

Sunday, June 25. Dr. Bailey, the

father of Dr. E. B. Bailey of St.

Louis, has been one of our stron-

est pioneers in the ad-

vancement of Osteopathy. He

was a graduate of the later class of

a family of many osteopathic

physicians. Our sincere sympathy

is extended to the family.

Dr. Homer E. Bailey Dies

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NOTICE

Reciprocity has been opened

for a limited time in Texas with

the states of Iowa and Missouri.

If you are unable to attend and

send complete qualifications to

Dr. R. H. Peterson, Wichita

Falls, Texas.

DALLAS

(Continued from Page 1)

The usual complaint was heard

here as at other recent conven-

tions. Too much going on and

desperately crowded schedules

and we regretted that.

The big dinner and ball Thurs-

day night was a complete success.

The Program

Wednesday night seems to have

been given over to Alumni dinners,

and we have reported that.

The big dinner and ball Thurs-

day night was a complete success.
Looking Around

The college building about this time of year begins to look like the flowers in the spring. New paint and cleaning through brings light into corners that have been a little dull due to the smudge deposited during the Winter months. Charlie and Ole Man have worn out several orders of sponges and other cleaning tools and needs in chasing dirt out of sight.

New laboratory supplies and equipment will soon be in place and in about two weeks from the time you read this the place will hum with the activity of a beginning school year.

Prospects look much better than last year. There is no doubt but that we will have a fine large class register September 5th. For the past month the office has been busy with letters to new students who have waited until almost the last minute to ask the final questions.

The Clinic has been exceptionally busy all Summer and these records will be available for our next issue. We compliment the few who stayed over to extend their clinical knowledge. They have had a busy Summer with very little time for vacation purposes.

The hospital has also been running at top speed all thru the vacation season and has already scheduled an unusually large number of tonsil cases for the month to date. Fair Week means overtime for the entire hospital staff as many of the Fair visitors take advantage of their presence in Des Moines to have minor surgical work done.

We have learned from years of experience that if a vacation is in order that it cannot be taken in Des Moines. The farther away the better. There is always something to be done around the college or hospital.

The Year Book

After two unavoidable delays in the making up of the Year Book it is in your hands now. Considering that it is the product of a staff that filtered down to three workers in the end and the majority having had no previous major experience on year books we think it is exceptionally well done. There will be objections to the photographs and the (Continued on Page Three)

13—Count 'Em

By H. V. H.

When I planned my Summer tour, which included the convention at Dallas, the primary objective was the collection of a few Cacti. I imposed on Cacti, making them the excuse to get away for a couple of weeks into a hot dry climate that bakes part of the meanness out of me each Summer. The extent of my explorations for Cacti would take up too much space and has little to do with Osteopathy, but from out of dust and sand there emerged a feature of my Summer tour that has left a deeper impression on me than the cacti. The sharpness of their spines cannot compare with the keenness of many osteopathic brains that I encountered on this trip. The surprising thing is that this was not planned, it grew with the trip and I wish all of you could have gone with me, because the experience I had from visiting osteopathic hospitals this Summer I am going to list these in the order of the visit and make a brief comment about each. The major fault with me is that I do not stay in one place long enough to get the proper perspective of a place. In reality this is good sense for it leaves me with an unfilled ambition to go back and get the rest of the story. The following is true of each of the following except one. (Continued on Page Four)

Vacations

Dr. John and Rachel Woods enjoyed a two weeks trip into the Northwest visiting Seattle, Victoria, Vancouver and Lake Louise.

Dr. O. E. Owen drove West taking in Colorado and on up into Yellowstone Park. With plenty of camera equipment in color and black and white Dr. Owen should return with a good coat of tan and plenty of pictures to prove he left town.

Dr. Mary Golden took time off before the convention to see some rare spots in Mississippi, Louisiana and Texas. Natchez, New Orleans, and Corpus Christi seem to be her favorites.

Dr. E. F. Leininger drove West and made his first stop at the Rodeo at Cheyenne, Wyo. Ed got some fine pictures in color and enjoyed the big show. On N. W. he made Yellowstone and the Tetons and brought back both movies and stills of that great scenic country.

Mrs. K. M. Robinson drove North into her favorite Minnesota and Southern Canada territory. She will come back with tales of the beauty of the woods and lakes and the tasty food found only in this vacationland.

Dr. H. J. Marshall is spending week ends at Clear Lake but will make a trip later in the season and probably go out after big game again in the late Fall.

Dr. Shumaker is doing some research work this Summer in Minnesota but will sandwich in considerable fishing.

NEXT CLASS—SEPTEMBER 5
Local Chapters

Still College boasts of active chapters of the majority of our council membership. When we designated them as "active" that is exactly what we mean. These local chapters have banded together to form their own local interfraternity council which regulates certain activities of the group. Last year much was accomplished and this year we will expect more to be done. Below we will list the local chapters of our membership, together with their president and secretary. These organizations will be here ready to go to work the day that school opens. September 5th you will find them ready to help the freshmen and other new students with any of the problems that new students may find unsolved. Introductions, directions straighten out, streets named, friends located, rooms secured to help with baggage and all of those little things that go to make a new student feel glad they came and not sorry. The spirit of the college itself is reflected in our active fraternities and sorority. We are ready.

ATLAS CLUB
Dale Widmer, Noble Skull. James Clapperton, Stylus.

DELTA OMEGA
Georgeanna Harris, President. Rebecca Richardson, Secretary.

IOTA TAU SIGMA
Don Sloan, President. Charles Grey, Secretary.

LAMBDA OMICRON GAMMA
Martin Friedenberg, President. Edward Kanter, Secretary.

PHI SIGMA GAMMA
Edward Reese, President. George Wirt, Secretary.

PSI SIGMA ALPHA
Robert McKay, President. Harold Bahlmg, Secretary.

SIGMA SIGMA PHI
Ereece Inbaker, President. Dan Toriello, Secretary.

Byron L. Cash, D. O.

The operation of an X-Ray machine and the interpretation of its findings is not a job for a novice. In Dr. Cash we have a man of vast experience over a period of years and covering not only the usual type of X-Radical but the use of its many variations. Having taken special courses in Chicago, at the University of Michigan and in California, Dr. Cash is qualified to judge and grade the work of others and is familiar with the newest equipment in Roentgenology and Physio-Therapy. The installation of the new high voltage machine at the hospital has enlarged the work of the department in both photography and therapy and enables Dr. Cash and his assistants to more accurately diagnose and treat the cases that come under his jurisdiction.

He is in demand as a speaker and consultant and takes an active interest in the professional groups of the state and national organization. His laboratory advice and judgements are highly praised by the student body, his lectures to the college being supplemented by many interesting films taken from his extensive library.
Osteopathic Therapeutics
(Number 12 in Series)

Region of the Thorax

The Heart (Continued)

Rheumatic heart disease provides a problem of great importance to both physicians and patients. It is a common disease and has its beginning chiefly between the ages of twenty and thirty. The results of rheumatic heart disease may be in evidence for varying periods of years. It is, by a wide margin, the most common heart involvement of children and young adults and constitutes approximately fifteen per cent of all heart diseases.

The cause of rheumatic heart disease is without doubt due to an infection by one or several varieties of the streptococcus group. But in recent years there is increasing appreciation of the fact that the heart muscle and the pericardium are involved in most cases to a measurable degree.

The endocardial inflammatory reaction affects chiefly the mitral valve. The aortic valve is also involved in many cases. The endocardium covering the chordae tendineae and the valve bases is sooner or later involved, and produces serious changes as time goes on. The myocardial pathology consists for the most part of the formation of Aschoff bodies at the time of the acute attack, treatment is not persistent, permanent scars are the rule, and the heart muscle is the being of rare occurrence. The pericardial inflammation results in the formation of adhesions and may be limited or extensive. The term “carditis” or “pericarditis” gives a more graphic description of rheumatic heart disease than does the more common designation, endocarditis.

It will only be possible in this necessarily abbreviated description to outline symptoms in a somewhat general way. One outstanding characteristic of rheumatic infections is the tendency to recur. The heart damage, as a rule, results from a repetition of attacks of rheumatic infection. Severe and even fatal damage may result from the initial attack. The time lag between the time of the acute attack and the acute attack of rheumatic heart disease varies widely, and the immediately preceding article in the July Log Book on “Cardiac symptoms in acute toxemia” should be of interest in the time of the acute attack” apply equally well here and will not require repetition.

It is to be remembered that rheumatic infections in young children may occur without any evident joint involvement or with very slight joint involvement. The so-called “growing-pains” of childhood are, without doubt, manifestations of rheumatic infection. Rheumatic heart disease may develop without any other symptom of rheumatic infection. In many cases, the evidence of the heart involvement is discovered weeks or months or even years later, with the typical symptoms of rheumatic disease. Especially are acute and chronic valvular disease. Attacks of heart failure of increasing severity are common in this type of condition, and occur over a period of years. Many of these cases have their final attack, heart failure between the ages of thirty and fifty, yet may find organic murmurs and other evidences of heart involvement. The chief following conditions, in patients who have never had any actual attack of cardiac failure.

Osteopathic treatment has much to offer in this type of heart disease, both at the time of the acute attack, and in later developments. At the time of the acute attack, treatment is logically directed to the problem of the primary disease. Correction of the primary disease is of primary importance regardless of the eventual course of the disease. Such attacks must be thoroughly mobilized. The upper thorax is an ostéopathic measure of primary importance. Such an attack involves an important prophylactic measure and tends to protect heart tissues from damage. This treatment also serves to minimize damage in those cases where heart pathology does occur. The entire spinal column should be carefully examined for osteopathic lesions, and such lesions, when found, should be carefully diagnosed and normalization maintained.

It will be remembered that the sympathetic preganglionic innervation of the heart is from the thoracic segments. These fibres run to the cervical ganglia. The post ganglionic innervation is by way of the cervical cord, or directly from the superior, middle and inferior cervical ganglia. The osteopathic cardiac center is in the sympathetic chain, the associated ribs, particularly the ribs on the left side. The parasympathetic innervation of the heart is by way of the vagus, which nerve arises in the medulla.

These anatomical considerations are also of primary importance in the treatment of heart-failure attacks and for the relief of such symptoms as may occur in chronic rheumatic heart involvement. Normalization of cervical and upper thoracic lesions adds to the patient’s resourcefulness in the establishment of compensatory mechanisms essential in these cases. The value of treatment is evidenced in many cases by the relief of symptomatic distress. The dyspnea, cough, pain, and gravity edema. Osteopathic treatment has made large contribution to the therapy of rheumatic heart disease.

Removal of foci of infection, such as infected tonsils, devitalized teeth, and other foci, is indicated. Building up general resistance and doing away with dietary deficiencies are valuable measures.

The consideration of acute and subacute bacterial endocarditis (malignant types) has been omitted in this discussion.

A. D. B., D. O.

Hugh D. Clark, Ph. D.

Dr. Clark comes to us this year from the University of Michigan having been teaching assistant and research assistant in the departments of Anatomy and Biology. His record in science is a very enviable one and he will fill a long felt void in the subjects now classified largely as the Biological Sciences. With the coming rearrangement of the schedule due to the additional pre-osteopathic requirements the subjects under the direction of Dr. Clark will have to be presented in a different manner than in the past. We feel fortunate in securing Dr. Clark for this important schedule.

Faculty Assistants

It is not the policy of the college to assign undergraduates to regular faculty work unless they are of the usual age and have had special preparation for the work and are constantly supervised by the head of the department. Realizing the need for trained instructors for the future we are glad to be able to use the talents of two young men who have already proven themselves.

Paul Kimberly

has been assisting in the department of Anatomy for the past two years and continues in that role this year. Coming from a family osteopathically inclined and with his mother a practicing osteopathic physician it is no surprise to find him in the more strict osteopathic plan.

Charles Stull

of Westerville, Ohio received his degrees from Otterbein College in science. He will assist in the department of bacteriology and is spending the summer taking a special course in the subject.

The Year Book

(Continued from Page 1)

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I. S. O. P. S.

We are again assuming the editorial wing and the pen, and we do not like to do it. The report of the outgoing President is an open book to all. We have a majority of full of fine things that you should know about the daily doings of our organization, and we do not like to be the ones to tell it.

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Freshmen

Late in the Summer we had occasion to write to most of our Alumni about the prospects of the class entering this college. The correspondence and the steady flow of matriculation blanks was more encouraging than for any year. Our first day of August we had more already matriculated than the total of the class entering a year ago so we were certain of a gain this Fall. We did not anticipate that the figures would run quite as high as they have.

The majority of you know that Still College has never had a large student body. Our classes seldom have numbered over fifty. We do not want them too large for we firmly believe that the classes of about fifty certainly get more individual attention and have a greater opportunity throughout the course. With the added requirement of the class entering this freshman class took a decided slump and it was of considerable concern to the trustees of the college. The matter was taken into hands by the Alumni of the college and we now see the results of their efforts. They have in each entering class.

This class has come to us with full and complete credits the majority of them having more than necessary for entrance into the college. They are here for work and with the inspiration of success we will guarantee that they will get the opportunity. We as a college are truly grateful to the profession for this visible evidence of your confidence. The class is not complete at this writing but statistics of the matriculated class coming from each state are not available. This will be worked out and a report made in our next issue.

If the Alumni and friends of this college can, with effect expended this last year, add this fine class to the strength of the osteopathic profession we know that a little more effort and that effort spread to a higher percentage of the profession will work miracles for our colleges and will certainly assure the osteopathic profession of the growth it so well deserves. We again thank our Alumni and friends and assure you of our continued efforts to maintain and increase the efficiency in teaching that we have already established.

Eye, Ear, Nose and Throat

For the past thirty years or more the osteopathic profession has been gradually proving its worth in the field of specialistic practice. At the annual meeting of the profession we find several groups convening under the title of their specialty and providing a full program of scientific lectures and reports. One of these has advanced far, not only with its organization but in obtained results by expert care including osteopathic treatment. We, of course, refer to the Eye, Ear, Nose and Throat society of osteopathic physicians.

This department at Still College reflects the integrity of the man in charge, Dr. H. J. Marshall. For many years Dr. Marshall has been closely applying his talents in developing every phase of the diagnosis and treatment of this class of diseases. As a member of the surgical staff of the Des Moines General Hospital he is largely responsible for the management and care of the many clinical cases of this type. At the college Dr. Marshall lectures and conducts clinics throughout the year. Many of these cases are taken to the hospital where his surgical skill is demonstrated before the Senior class in this subject. The quantity and variety of cases that come to the college clinic assures the student of contact with practically every type of case classified in this department.

We asked Dr. Marshall to make a statement relative to his specialty and we quote him.

OSTEOPATHIC TREATMENT IN EYE, EAR, NOSE AND THROAT DISEASES

Because of the opportunity of examining large numbers of clinic patients at Des Moines Still College, Des Moines General Hospital and the Taylor Clinic, it has given me a chance to observe the results of Osteopathic treatments in Eye, Ear, Nose and Throat diseases. I also have many patients who have been referred to me from the doctors in the field. It has been my experience that the students in the College and the doctors in the field who have treated their patients Osteopathically have a much smaller percentage of Mastoid cases requiring operative interference. Those patients who have been treated Osteopathically early for colds, seldom develop sinus involvement, and those who have had Osteopathy early in sinus involvement seldom need surgical work done on the sinuses. If there is a place where Osteopathic treatments serve as a prophylaxis, it is preventing Otitis Media, due to bad head colds. Theatrical people and public speakers seek the services of an Osteopathic physician at the first sign of a cold. The student in the College and the doctor in the field who have treated their patients Osteopathically have a much smaller percentage of Mastoid cases requiring operative interference.

The introductory assembly this Fall varied from the usual plan in that the college had the opportunity of hearing Miss Nedra McCall of the A.I.B. Dr. Becker took advantage of the first meeting of the college group to express his appreciation of the interest shown by the members of the A.I.B. to the college. The meeting was a great success and the attendance was good and the program with Dr. Abbot of Los Angeles alternated on the program with Dr. Halladay in the afternoons and evenings and assisted in the surgical clinics in the mornings. The generosity of a local medical physician granted the use of a very fine hospital and several surgical cases were successfully cared for. Colorado is to be congratulated on the excellent spirit of cooperation and the superior work being done by the members of its association. Dewey Springs is reported to be an ideal place not only for a convention but also for complete rest and recreation. Maybe you would like to hear Dr. Halladay tell the Antlers story, which assures you has nothing to do with osteopathy.
The program of the Council for the year is laid out and the first letters have gone forward. Replies have been received from four appointing their Local Representatives and from the same number but not exactly the same ones enclosing their annual dues. Since this appointees are not due until the first of October we feel that the Council is a little ahead of schedule in everything except dues. These we are sure will be taken care of by the first of the month. We have yet to hear from two organizations on the matter of their material and cuts for Baird's Manual. Unless this is in very soon we are sorry but these two will be left out of the listing in this very important book.

Contacts will soon be made with the several chapters of our group according to instructions given at the annual meeting in Dallas. Dr. Gordon is pounding away at the membership for in the vicinity of Des Moines at $1.00 per year. Several have already accepted this offer. The Association heartily welcomes these new members. If anyone wishing to become an Associate Member will inform the Secretary, a program card will be mailed to you each month.

The same offer has been extended to Senior students at Hill College. Very interesting and worthwhile programs have been arranged for the year. Plan to take advantage of this privilege.

The speaker of the evening was Dr. Verne J. Wilson, who very ably presented "The Diagnosis of Mastoiditis as It Affects the General Practitioner." An open forum followed.

The meeting will be a joint one with the Polk County Osteopathic Women's Auxiliary and will be held on Saturday afternoon. The place will be announced at a later date. This will be a Founder's Day Meeting with the Auxiliary plans to sponsor as an annual affair. Dr. A. D. Becker will be the speaker. All members are invited to date for one of the most important event of the year.

Ruth Paul, D.D., Sec.

Polk County

The Polk County Osteopathic Association held its first dinner meeting of the year on September 3, in the Hotel Kirkwood with President C. Edwin Owen presiding.

The membership was well represented at this meeting. The Association is offering Associate Memberships to Osteopathic Physicians outside Polk County but within the vicinity of Des Moines at $1.00 per year. Several have already accepted this offer. The Association heartily welcomes these new members. If anyone wishing to become an Associate Member will inform the Secretary a program card will be mailed to you each month.

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Ruth Paul, D.D., Sec.

EDWARD D. REESE—of the Senior class and Miss Margaret Bailey were married September 9 at Meadville, Mo. Congratulations and best wishes.

THE LOG BOOK

FRATERNITY NOTES

N.O.I.C.

The program of the Council for the year is laid out and the first letters have gone forward. Replies have been received from four appointing their Local Representatives and from the same number but not exactly the same ones enclosing their annual dues. Since this appointees are not due until the first of October we feel that the Council is a little ahead of schedule in everything except dues. These we are sure will be taken care of by the first of the month. We have yet to hear from two organizations on the matter of their material and cuts for Baird's Manual. Unless this is in very soon we are sorry but these two will be left out of the listing in this very important book.

Contacts will soon be made with the several chapters of our group according to instructions given at the annual meeting in Dallas. Dr. Gordon is pounding away at the membership for in the vicinity of Des Moines at $1.00 per year. Several have already accepted this offer. The Association heartily welcomes these new members. If anyone wishing to become an Associate Member will inform the Secretary, a program card will be mailed to you each month.

The same offer has been extended to Senior students at Hill College. Very interesting and worthwhile programs have been arranged for the year. Plan to take advantage of this privilege.

The speaker of the evening was Dr. Verne J. Wilson, who very ably presented "The Diagnosis of Mastoiditis as It Affects the General Practitioner." An open forum followed.

The meeting will be a joint one with the Polk County Osteopathic Women's Auxiliary and will be held on Saturday afternoon. The place will be announced at a later date. This will be a Founder's Day Meeting with the Auxiliary plans to sponsor as an annual affair. Dr. A. D. Becker will be the speaker. All members are invited to date for one of the most important event of the year.

Ruth Paul, D.D., Sec.

EDWARD D. REESE—of the Senior class and Miss Margaret Bailey were married September 9 at Meadville, Mo. Congratulations and best wishes.
**THE LOG BOOK**

**The Log Book**
The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

Editor --...mourn his
passing and will miss his, ex-
pert opinion and kindly advice.

---

Among a number of conditions
in which there is pain in the
pectoral area and radiates down
characteristically in the left
shoulder, the neck or the
location of the pain is the fact
that it is induced by effort or
excitement. It may occur
night associated with terrifying
dreams: The pain is of short
duration in most cases, lasting
a few seconds to a few minutes
and usually arrests any activity.
Anginal attacks may occur over
a period of years and may be
frequent or widely spaced. Coronary occlusion may occur as a
serious complication.

The diagnosis of angina pec-
toris is made after the careful
weighing of many factors. Fam-
history and past history are of
importance. Physical
examination may reveal evi-
dence of cardiovascular disease,
and the presence of the lesion
active. Wassermann or Kahn tests
should be done in every case. Electrocardiographic
tracings give valuable information
in many cases.

Treatment in angina pectoris
obviously must take into
consideration the causative and
associated pathology, if discover-
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Thorough and searching normal-
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Even where the causative factors are
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olic treatment.

The use of nitrates in many
cases gives prompt relief. The
effects are transitory and have
intermittent value. Their use as
palliative measures is well ad-
vised in many cases.

**A Scholarship**

Dr. C. I. Gordon

Due to the request of Dr. C.
I. Gordon for a year's leave
from Des Moines, a number
of changes have been made in the
schedule. Dr. Gordon is doing
some postgraduate work in
England, and will return following the
completion of his research.

**The May 1938 Class**

June 11 was almost a class
reunion for the May '38 bunch
in Des Moines. It is a date
which will be remembered by
Clive Ayers and Miss Viola
Sargent and two others who
were married at the First Methodist Church in Des
Moines and attended by as many
friends and relatives could be
in the city. Other news Items
leaked out at this event.

Ed The'llking was married
May 28th which accounts for the
absent mark against him at the
P. G. course.

Bob Irwin has located near
Austin and has moved his family
there.

Beverly Stender will shortly
move to Washington State and
will practice while her husband
attends school there.

Local members of the class
who can easily hold a class
meeting almost anytime are,
Garth Anderson, Ruth Paul, Earl
Sargent and Anna Siocum.

**Eye, Ear, Nose and Throat**

(Continued from Page 1)

The heart is not to be
overlooked, but in some
instances the primary lesion was the bent or deviated nasal septum with
the irritation was a badly bent septum. Lesions were found
in the cervical and upper thoraic regions.

It was that the correction of the osteopathic lesions
would relieve the nervous symptoms and that the condition of the
septum could be taken care of after the patient had been
under osteopathic treatment especially to the area indicated
primarily by the presence of the lesions. The final report
shows that in a very short time the case responded to the osteopathic
treatment, the lesions were corrected, and remained normal and the
pain and soreness disappeared completely.

Our comment on this case is that osteopathy recognizes
not only mechanical lesions of the spine and other articula-
tions of the body but also takes into consideration lesions
of the body, not only mechanical lesions of the spine and other articulations of the body but also takes into consideration lesions
of the digestive system as well as traumatic.

**Trustees and Faculty**

The first official meeting of the
Trustees was held Septem-
ber 11 and followed by the reg-
ular meeting. The usual
routine of reports was made.

**Dr. Harry M. Ireland**

of Denver, Colo., a gradu-
ate of Still College and a
former member of the faculty,
died August 2. His many
friends, not only in Colorado but
over the profession, mourn his
passing and will miss his
expert opinion and kindly advice.

**THE LOG BOOK**

**Osteopathic Therapeutics**

(Number 13 in Series)

**REGION OF THE THORAX**

The Heart (Continued)

Angina pectoris.—Among a number of cardiac problems
with pain as the presenting
symptom, angina, pectoris or
"breast pain" is the most fre-
cent. It may be differentiated, if possible, from
similar conditions. Pain is not
a prominent symptom in most
cases of cardiovascular disease. Among a number of conditions
in which pain may be a prom-
inent symptom the most
typical of these are cases which
include: aortitis (leucitc or
atheromatous), aortic aneurysm
(usually involving the arch of
the aorta), acute peri-
carditis, coronary occlusion,
advanced valvular disease and
nerve circulatory asthma. To
be carefully distinguished from
cardiovascular disease are those
conditions in which there is pain
in the thoracic wall due to in-
tercostal neuralgia associated
rib lesions or with spinal
disease, as arthritis, poit's
Disease, spinal cord tumor or severe
spinal trauma.

Angina pectoris is usually the
result of disease of the coronary
arteries. The attack may be
due to a venous congestion
(functional), or to well defined
organic disease as the result of
vascular syphils or atheroma-
tous disease. Angina is far
more common in patients over
50 years of age (usually over
60) although many exceptions
occur.

Pain in angina pectoris is
characteristically in the left
pectoral area and radiates down
the inner side of the left upper
arm. It may be mild but is fre-
cently agonizing and associated
with a feeling as if the chest
were being squeezed tightly
and further associated with fear
of impending danger or marked
apprehension. The pain may be
atypical in location and found
in the shoulder, the neck or the
abdomen. Attacks of angina
may occur without pain (angina
sine dolores). Diagnosis is
diagnostic and is characterized
by the character and location
of the pain is the fact that it is induced by effort or
excitement. It may occur
night associated with terrifying
dreams: The pain is of short
duration in most cases, lasting
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THE LOG BOOK
Hospital Ruling
Under recent date the office of the Attorney General, the State of Iowa issued a ruling on the use of Municipal and County Hospitals, wherein the facilities are available for the legal scope of practice of any physician licensed by the State of Iowa.

Highway Courtesy
In a recent bulletin, issued August 15, to State Highway Patrolmen, Chief C. A. Keen indicated that each department should extend every reasonable courtesy, permitted under the law, to doctors on calls of emergency. A full size drawing of your O.A.O. emblem accompanied the articles so that all Iowa Patrolmen can now identify the places for which Iowa Statutes prohibit the use of such devices on the windshield. Chief Keen suggests that it be placed in the upper right corner of your rear window. Such location would facilitate identification of the rear, but for prompt identification from the front, you may also want to mount your metal emblem on or nearby your radiator.

Within two weeks after that bulletin was issued, President Hook tells how he would not have been delayed if he received notification that his O.A.O. emblem had been mounted. Your official emblem for mounting on the rear window came with your current annual O.A.O. membership card. The metal emblem or the decaluminian emblem are available for members at Central Office. Identification of your automobile is an essential part of your cooperation with the State Highway Safety and Patrol.

Veterans Resolution
The Sixth District of the Iowa Department of the American Legion unanimously approved a resolution presented by Senator George Molnes. Senator Paul's resolution seeks to make competent osteopathic services available to disabled veterans. While there is nothing in the federal act which prohibits this important part of their care, yet the administration of this act may result in depriving all cases of such relief.

Public Health
During a recent conference with the Iowa State Department of Health, a group of members of that Department, Copies of that plan, together with department bulletins, and information about state programs are distributed, such as Small Pox, Diptheria, Scarlet Fever, Syphilis, are being prepared for distribution through the executive office of your society.

Quotations
Your Board of Trustees decided in a recent meeting that it was eminently necessary to change the current Quota to a "Five-Dollar-A-Month" voluntary quota. Those attending the meeting at Hotel Savoy on September 3rd will be glad to enlighten you. Local and District meetings will help you understand why the record now covers the width of the nation's quota for the year's quota. This is your Society. This is your profession. It will command public respect for the plan in the way we SUPPORT it.

Applications for Membership
G. H. Reigleth, Danville.
T. S. Ochlan, Bradgate.
W. J. Morrison, West Bend.
Leigh Whitney, Ottumwa.
Respectfully submitted,
F. A. GORDON, D.O.,
Seyx-Treas.

Football
With the opening of the Athletic Clinic there was the usual rush for first placements on the Still College squad of true physicians. Still College is favored in this since each of the four high schools and the Catholic College use their Seniors to take care of the boys from the beginning of the season until school closes in the Spring. Fourteen of the class are at work and in about a month this group will be shifted and another bunch will go in. In this way, working through the year, you can take care of every graduate, putting him thru actual contact experience with a team. Our Seniors get down into the locker rooms and hear and feel, smell and see what goes on behind the scenes of a football game. The fall football is Wirt, Fisher and Blackwood at Roosevelt H. Renier, Kimberly and Pease at North H. Scholl, Jackson and Calvert at East H. Walker, Sanford and Woodruft at Lincoln H. Esser and Ferris at Dowling College. The fall call has not come in yet but as in the past we will be working with the Freshman team at Drake and one or two professional teams in the city. Still College students in every department make actual clinical experience. Not one tenth of the class but every member has the opportunity to do this work. Other types of work as a part of his or her training.

DR. C. W. HAMMOND, JR.
Bartlett, Okla., was last heard from somewhere in the war zone of Europe taking some special work in Surgery. We hope that Bill has been able to get back home safely.

13—Count 'Em
(Concluded from Aug. Issue)
LAMB HOSPITAL
Denver, Colorado
Coming in on Colfax the first of our osteopathic institutions to see is Howard Lamb's place. Just off of Colfax yet on a main obli-

ROCKY MOUNTAIN
OSTEOPATHIC HOSPITAL
Denver, Colorado
Just down a few blocks you will find another osteopathic hos-

DENVER POLYCLINIC
Denver, Colorado
Stop at 1500 Ogden and see what Charlie Reed has done to a

DENVER POLYCLINIC
Denver, Colorado
1550 Lincoln has long been a precious spot for osteopathy. R. R. Daniels and his corps of workers, continue to make it a service station that is recognized throughout the city. Many large endowment have been in these facilities and the future looks promising. For those of you who are not able to attend, I have just checked this down-town institution and all for the benefitment of all concerned. New lab-

OLORIARY equipment and enlarged quarters have been added to the minute in a modern tone of modern. Was sorry to miss Dr. Daniels but I was too early.
The Log Book

Published Monthly by The Des Moines Still College of Osteopathy

Volume 17 Number 10

October 15, 1939

OBSTETRICAL DEPARTMENT

Annual Report, September, 1938 to September, 1939.

With a total of nearly 400 cases a year in the Obstetrical Department it is always interesting to look back over the past twelve months and see just how the figures stack. Some items should be of special interest for in comparison they are much better than those collected thru medical sources. Here at Still College we do not take advantage of selected cases for if comparison were made on the basis of favorable cases we would not be fair to all patients or if proper clothing. Even with the slight handicap of some certainly unfavorable conditions our records stand out, proving the efficacy of osteopathic methods and the efficiency of the workers in this department.

This department is under the direction of Dr. E. F. Leininger and his assistants, each case being completely recorded and checked at regular intervals. These records are on file and cases delivered as far back as 40 years ago are totaled each year for the total of statistics that prove our superiority in this type of practice.

3,000 Pounds

The clinic this year delivered 372 babies totaling 3,000 pounds weight. The variation in size which was from 3 to 13 pounds proved the usual average of about 7 3/4 per baby. Over the years the boys have the lead in numbers but this year the girls made up a little of that difference exceeding the boys by 11. If you will keep that figure of 375 in mind we will run down a few items for you and you can do some arithmetic in percentages if you wish.

Thirteen of these cases were premature. This is low. We explain this by claiming that osteopathic treatment practiced insures full term babies. With a related item in mind we find only 5 abortions which should not be taken from the 375 but added to it.

The high percentage of Anterior Occiput is shown with 340 cases in that position compared with 35 anterior occiput next with 8. Six cases required the use of forceps, only one version was necessary and two Caesarians complete the list of types.

Another item of considerable interest is that out of the coming list only two suffered from Eclampsia, both surviving and giving no after effects. We think this is a record of which the profession should be very proud. May we call your attention again to the fact that many of these cases are not of the selected type. Our clinic takes them just as they come and yet shows an excellent record.

Deformities are not often found and yet under the circumstances it would not be alarming to find a higher percentage. Slight deformities of the limbs and spine predominated but only 5 cases were listed during the past year.

Seven pair of twins were brought into the world thru the clinic this past year. This is a little high. The department is still looking for that case of sextuplets that we think are entitled to with the exalted rate of over 40 years. September, 1938 was the best month. Forty-four cases were delivered and the boys divided honors with the girls there being 22 of each. This gave the girls their best month of the year. The lowest number of girls born in June and numbering only 9. This month, June 1939, totaled the fewest cases for any month there being only 20. March, 1939 was a favorite month for the boys. Out of 39 cases that month 24 were boys and 15 girls. The boys do not like to be born in either August or December according to this report for only 9 arrived during these months that tied for fewest number of boys born.

The best three consecutive months were January, February and March, 1938. A total of 106 cases were taken care of there bringing down other months of February, January and March exceeded the case-per-day record.

The statistics accumulated in this department are not the major factor in value. This whole story means that students at Still College have an opportunity not enjoyed by students of every college of therapy. We know of some medical schools that do (Continued on Page Three)

Our Mailing List

Few of you realize the vast amount of work necessary to keep up a satisfactory mailing list of our graduates and friends. This past year we spent many hours trying to perfect this list and we are still working nearly every day making corrections in it. The Log Book comes to you under a special permit and is not the kind of mail that will be forwarded to you when you change your address. If you have moved without sending us notice of your change we will send you back that costs us two cents for the Information. This is not always immediate and may not be sent for two or three months after you have made the change. In the meanwhile you wonder why you are not getting the Log Book and if some member of the faculty is present at your school convention you ask why. The answer is for you to please remember that you must send us your change in address in advance of the mailing of the Log Book or you will not get it. We are anxious to keep this list accurate and complete. Several of our Alumni have been lost for months, not due to neglect but to your failure to remind us of your new location.

Dr. Facto to Enter Practice

Dr. L. L. Facto, after ten years of association with Des Moines Still College of Osteopathy in the capacity of teacher and clinician, has moved to Bartlesville, Okla., and plans to enter the practice of Osteopathy.

Dr. Facto has earned an enviable reputation as an instructor and is well known in the osteopathic fraternity because of his activity in the technic section of the A. O. A. The sincere best wishes of the entire faculty go with Dr. Facto and his family in their new associations.

Dr. John M. Woods of the faculty made a hurried trip to Stevens Point, Wisconsin to appear on their state program October 5th. His subject for the afternoon was ‘Therapeutic Planning’ and in the evening he discussed ‘Osteopathic Armamentarium.’ Dr. Woods reports a fine trip thru a country that is at this time of year highly colored, and delightfully cold. But the ability of Jack Frost and it was with difficulty that he drove past spots that offered excellent hunting and fishing.

Over fifty members of the state association were present and related enthusiasm and prosperity. Plenty of good food, accommodations and the state secretary will help you select the best of the offerings. Dr. Woods do not have the information on Alumni members here and the state secretary will help you select the best of the offerings. Thirteen of these cases were premature. This is low. We explain this by claiming that osteopathic treatment practiced insures full term babies. With a related item in mind we find only 5 abortions which should not be taken from the 375 but added to it.

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THE LOG BOOK

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We are glad to report that the Council and its membership is on the dot in... is the last chance for the one year college requirement.

Every member of the Council has paid its dues up to the meeting next Summer in St. Louis. This gives us the necessary cash with which to carry out the directions given at the meeting held in Dallas. Each member has appointed its local representative and there will be a meeting of these officials at St. Louis Saturday evening October 14th. It will define the working of this group and will enable us to get the little details ahead of other business.

We had a chili supper at Jack Lilly's cabin a couple of weeks ago and at this time we had a report of the A. O. A. convention at Dallas. This was a full and very interesting report of the of the Grand Chapter and Council as well as the various other chapters. Every detail was given to show that all are doing very well.

We regret very much the death of Brother Sloan's father and our sincere sympathy to him.

Our smoker for the new freshmen was held at the Cabin club on October 3rd. We were very happy to host to the new students of the class. Each one receiving a button and a card bearing his name was given out a list of suggestions to officials numbering 88 from our A. O. A. offices on down thru the list to the subordinates. We have some favorable responses already.

We anticipate a big convention next summer. We must be ready for all the entertainments and all of these things have to be planned a few months ahead. We thank you for your cooperation and assure you all that when you come to the St. Louis Convention we will have an excellent meeting and we will be on the program ready and waiting for your appearance.

H. V. Halladay, Exc. Secy.

ATLAS CLUB

The first open house of the school year was held Saturday, September 30th. There was a good turn-out and everyone reported a good time.

Among the visitors we had this month was Dick McGill. Dick has dropped out for this year and is going to be back next fall. Working as pianist in Hal Leonard's band will keep him busy. His tender bobbies of yesteryear are as sweet as ever.

Dr. Gorey, a Kirksville alumnus, has been at the cause a few days while taking his basic science examinations. According to Brother Hager, the osteopaths in the next year are being harder to develop that professional look, and the seniors are beginning to wonder what is going to happen to the pledge who is asked in the qualifying exams.

October 25th, marked the initiation of two new Fraters, David Friedman and Louis Radetsky, into the realms of our fraternal life. At a dinner in their honor, Mr. Friedman was admired by an exceptional quartette made up of Kanter, Katzman, and Radetsky. David Friedman also sang, 'Naughty! Naughty!' We were honored by a visit from two of our alumns, Dr. Alvin Yarro, now interning in the Laub Hospital, and Dr. Maxwell Greenhouse, who reported on the...}

What with keeping the noses of our three new freshmen girls to the grindstone and having lots of fun the Delta Omega actives have been very busy.

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Osteopathic Therapeutics

(REGION OF THE THORAX
Pulmonary Tuberculosis)

In this discussion of Pulmonary Tuberculosis, I am planning to limit the consideration to one particular type of involvement—namely, Chronic Ucerative Pulmonary Tuberculosis. It is not within the scope of these brief and condensed sketches concerning osteopathic therapeutics to even attempt a complete general discussion of this most important disease. For etiology and various etiological factors, for prophylaxis, for etiological diagnosis, for pathogenesis, for methods of physical examination, for differential diagnosis, for outlines of symptoms and complications, and for prophylactic measures, the reader is referred to standard texts on Practice.

It is my best judgment that it is desirable to present briefly here the symptoms of onset as they occur in many cases. Fifty per cent of cases of the adult type of Chronic Ucerative Pulmonary Tuberculosis start in the bronchitis and cough as the presenting symptoms. The cough may be either a dry cough or a productive cough. It is to be noted that if fifty per cent begin with bronchitis and cough as symptoms, it is quite possible that fifty per cent do not have cough and bronchitis as early symptoms. Many cases are diagnosed as neurasthenia, and with their mild secondary anemia, slight loss of weight and strength, indigestion, and with fatigability as outstanding symptom, they do present a typical picture of neurasthenia. Many cases are diagnosed as dyspepsia and treated for dyspepsia, and go from doctor to doctor, with the result that many of these patients are lost who should have been utilized for more logical treatment. Suspected cases of tuberculosis may be selected from the temperature chart made to determine the possibility of an afternoon rise in temperature with an associated sub-normal temperature. Still other cases may begin with attacks of pleurisy—either pleural pleurisy or pleurisy with effusion. Occasionally we find a case in which hemoptysis is a first symptom and the hemoptysis may be either slight or free.

In considering any plan of treatment for this type of pulmonary tuberculosis, it is well to recognize that the human race as such is highly resistant to the organism. Many investigators require tuberculosis in infancy or early childhood, develop a degree of pathologic condition and become capable of re-infection without manifest symptoms, and in which the condition is only disclosed by the autopsy following death from causes unrelated to tuberculosis. Other cases may even have re-infection—either endogenous or exogenous and develop a fairly marked degree of pathologic condition and become completely arrested and healed cases entirely without symptoms and with no manifestation at the time. Reinfection cases are usually of a more serious type than with the primary infection. The advantage in early diagnosis and in the early institution of proper treatment and care. More than eighty per cent of cases of tuberculosis do well under treatment. Late, advanced cases present a much more difficult problem and many of them do not do well even under the best of care.

The three great wheel-horses in treatment are rest, fresh air, and food. They cannot be replaced by excellence in other measures. Rest means absolute rest in bed for all cases showing any evidence of an active process; for anywhere from six to eight weeks for mild early cases to that many months or more for advanced cases, the common error is in not persisting in the rest treatment over a sufficiently extended period of time. The patient should be as lightly clothed as is consistent with comfort. In moderate weather he should be outdoors at least one-half the time. If possible, if indoors, ventilation must be adequate—drafts and the like are to be avoided. Young patients apparently do better in cold air than do older patients. The patient’s clothing should be the third important item in treatment. The diet should be nourishing, varied, and appetizing. It should be so varied that the patient can enjoy and digest. It is a sad mistake to try to stuff patients with more food than they can care for to advantage and to risk the possibility of a digestive upset. The patient’s state of nutrition in vital tissues and in organic minerals. Food should be daintily served and uneaten portions of food should be discarded. Avoided and the dosage of treatment must be within the patient’s tolerance, which is distinctly limited. Any one of these factors may be administered with a minimum—one might almost say an irreducible minimum—of physical disturbance. The objective of treatment is to secure careful, easy and effective articulation of vertebral articular facets and of rib heads. No heavy leverages are warranted and over-long treatment is to be avoided. Should treatment be essential because of the afternoon temperature range, the manner of administration of treatment, and possibly the location of the process, is, in my judgment, is Deep, persistent and effective articulation of spinal areas can be accomplished without unfavorable reactions. I have treated numbers of patients who were not making satisfactory progress with the three great primary factors—rest, fresh air, and good food—who promptly responded favorably to the administration of osteopathic treatment as outlined here. Other treatment is symptomatic and varies with each case.

Artificial pneumothorax, formerly a resort, is now advocated and used as early treatment in many cases. It is good treatment and its use is recommended to be warmly recommended. It should be done promptly in all cases where any marked activity is shown in the pulmonary processes and in the patients. Advanced cases and rapidly advancing cases may require the aid of artificial pneumothorax, resection of the phrenic nerve, and may even require thoracoplasty.

Heliotherapy, old tuberculosis, and the like, have to place the treatment of pulmonary tuberculosis with any degree of activity in the pathological lesion. They all act in a similar manner and tend to stimulate the pathological lesion. Consequently, I have come to the conclusion that when such treatment is indicated and serves to increase the formation of fibrous tissue, more show should be made of this therapeutic procedure. Artificial pneumothorax, and the like, have been the subject of much controversy by many of these visible marks of service. I see age in some who do not see it. I see a mind that is keen; a mind that knows by the methods by which it has transpired, what it has, the possibilities, and what must be planned for the future. There is no death before the youth. The youthful mind that is acutely aware of all things that bear on his most vital interest, his profession. I see only one way to keep this youth from slipping away. You must continue your education. You must know what is written and you must make direct contact with your friends and neighbors in our profession. The solution may be easy.

Those who are doing things and who are building, improving and preserving for the future are affiliated with our national organization. We look to our leaders with youthful ideas to keep our science for future generations, for our own betterment and to record our history as the days and years pass. Youth thrives on work, congenial fellowship and ideals, under which foundations must be built. Old Age creeps on those who hide from the responsibility of meeting the present and planning for the future.

The Osteopathic Association is your foundation of youth. You do not have to travel hundreds of miles to seek it. You are yet to build up a soul of your own for its benefits. Keep young longer by making this contract today. Accused knowledge and renewed friendships will bring youth and the pride of being an active unit of our profession.

H. V. Halladay
OBSTETRICAL DEPARTMENT
(Continued from Page 1)

not have the quantity and variety of cases that come to us here in Des Moines. Still College is dedicated to education and training of men and women who are prepared for the practice of osteopathic medicine and surgery. A small group of Seniors handled 86 cases during June, July, and August, one of these students being credited with attendance at 52 of the cases.

President
Jones

Deep in the archives we found the book we were looking for. It was the original registration and grade book of the Southern School of Osteopathy at Frankfort, Frankfort, Ky. Pruning the page we found something, Frank F. Jones entered the college as a student in November 1903 and graduated in January 1904.

Freshmen Figures

Along with Dr. Frank F. Jones record we found a number of records that were of interest also. Regina Wade and R. R. Norwood were in that same class and in this book we also find Dr. Percy H. Woodall, M. D., who studied and taught at the college.

This Southern School of Osteopathy, founded by George Nason was a good school or we would not be able to turn to its records and find men and women prominent in our profession today as students and graduates of this institution. Still College absorbed the Southern School in 1905 and we are proud to have the graduates of the Southern School affiliated with us as Alumni.

Born

Dr. and Mrs. Harold K. Morgan of Buena Vista, Colo., announced the birth of twins to Kent Morgan, September 17, weight 6-14. Dr. and Mrs. C. G. Johnson of Elin, Iowa announce the arrival of Ronald Lee Johnson September 23, weight 8.

To Kansas

Dr. Halladay, having to make a quick date in Wichita, Kansas, New York, and the rest of the round trip into South Missouri. A cousin, Dr. Otto Shade, who studied at Still College near Lamar, Mo., and Virg had not seen him for several years and this southernly excursion offered the chance for Dr. Halladay to visit with viewing on the list instead of technical talks. He reports Dr. Shade and his sister Miss Mary Shade are living in Wichita, Kan., enjoying the quiet retirement of country life. Dr. Shade does not believe his time is well spent organizing feature of his existence. It seems that even tho he has tried to conceal his identity as a physician are essential for the practice of osteopathy and surgery as entrance requirement for the next class. These credits have all been passed on by a quality of cases offered in this department the student has the opportunity of making these observations personally and not having to depend on theory, handbooks, or diagrams. This clinical department is one of the reasons why Still College students are graduated as practiced physicians.

The Jordan Scholarship

Des Moines Still College of Osteopathy acknowledges with sincere thanks a One Hundred Dollar Scholarship presented by Dr. Holcomb Jordan of Davenport, Iowa.

This was a very fine gesture on the part of Dr. Jordan and we appreciate the spirit prompting the gift. The Scholarship was awarded to a young man entering the September, 1939 Class and meeting the necessary qualifications.

THE JORDAN SCHOLARSHIP

The Des Moines Osteopathic Auxiliary and Polk County Osteopathic Auxiliary held their joint meeting at Canfield’s Party Room, 849 1/2 W. 32nd St., Saturday, July 23, to pay tribute to the Founder of Osteopathy, Dr. Andrew Taylor Still.

Dr. O. E. Owen, Polk County President, introduced Mrs. B. L. Cash, local President of the Auxiliary, who presented Mrs. Arthur Biecker with a check for $250.00 for the purpose of making it possible for Mrs. Biecker to become President of the organization. Mrs. Becker accepted the check as a national project by the Osteopathic Auxiliaries of Kansas, 1939.

Thus the first Saturday in October will be set aside each year as “Founder’s Day” and will be considered as an appropriate day for the alumni and friends of the college to meet and to help further the work of the college in any way possible.

From Joplin, Mo.

We are glad to receive the first copy of a Bulletin being published by the Joplin Auxiliary of the General Hospital. Our own Dr. W. E. Heinlin is the surgeon and from the list of professional cards and the price list on the back page we feel sure that he is getting the support of our profession in the new city and immediate neighborhood. The Bulletin is filled with interesting items about the work being done at the Institution.
Our Standing

During the past year considerable has been written of the future of our osteopathic colleges. Perhaps we use that expression too much and should say, "the future of our osteopathic profession." It certainly is true that before any one inclined to practice osteopathy can do so that they must graduate from one of our recognized colleges and so the idea is the same as that of the profession doing something. The interpretation may be different but to us it looks to be the same. Getting back to the first statement, we have not how much more has to be written before the profession will become fully awake to the present situation. Recent figures published by the Forum and the A. O. A. Journal are factual reports from the colleges and can be given some that by every member of the osteopathic profession.

Our college this year shows a small increase in each class and of course an increase in the total enrollment. We are making this statement with an element of pride that is free of any bragadocio. We feel that we are entitled to a degree of pride in this record. We at the college have worked hard to impress our Alumni with the greater interest in student recruiting and we have had a response that has been satisfactory for the present. We have not been hiding our anxiety in this matter for the Log Book goes to approximately four thousand graduates of other schools. We hope that the things we have written have inspired Alumni of other colleges for this report recently published shows that even more enthusiasm is needed and that is what we started out to say.

Our standing this year at the top. We want to stay at the top and we want the other colleges to approach a little closer to our goals. We would not care if someone passed us just so we do not start in the other direction. We want a reasonable number of increase in students in our next class matriculating the last of January. We want more than 43 to enter our college next Fall. We need them for all the reasons that we have given you in past articles.

The people of this country need more osteopathic physicians. Our mail frequently brings requests for an osteopathic physician in some town that is twenty-five or more miles from the nearest member of our profession. The profession may not see it now but with this decrease, plainly evident over a period of a few years, it most certainly means a drop in number among the graduates. We cannot afford that either.

We are assuming that you have read this far and this last paragraph is all that is necessary anyway. It is up to each of us to do just a little bit more than we have done in order to fill in the losses we have suffered thus far in preliminary requirements. The adjustment will not take place in the natural course of events but will have to be worked on by each member of the profession doing something to interest more young people in the study of osteopathy. It is a serious matter of self-protection and perpetuation. Next year when this report comes out we want to see every college of osteopathy show an increase in student enrollment. This shrinkage must stop right now.

Dr. C. N. Clark

The college enjoyed a short visit November 2 with Dr. C. N. Clark of the Central Office. Arrangements were made for him to meet with each class in the college and explain more fully the services given by the association. Still College has a student body that subscribes 100 percent to the A. O. A. program and we are always glad to have one of the officers of our association meet with us and bring good reports such as Dr. Clark had to offer this year.

In the evening the Atlas Club enjoyed hearing Dr. Clark on a very practical subject that is not always fully covered in the regular class work. His early departure to catch a train brought out many protestations and we have a promise of a return date with more time to spare.

Freshman Reception

The customary reception to new students was held this Fall at the Hoyt-Sherman Place and was as usual a very enjoyable affair. Members of the faculty and Alumni greeted the incoming guests and initiated the new students into the customs of the Hoyt Sherman. Phil Reams Band furnished entertainment for the dancing and those who preferred cards were provided with facilities for Bridge.

The Freshmen were lined up during the first number following the intermission and presented with miniature skeletons with the help of which they might be of value in their study of Osteology.

The evening was thoroughly enjoyed by all present and ideal weather added to the pleasure of the evening.

Qualifying Exams

It is really not necessary to mention that the Seniors are doing double duty this month. They are spending so much time explaining to new students how much they have to do that they are in danger of not getting anything done. They do not only have to keep up their work in the regular classes but also are preparing for the official examinations that definitely put them on one side of the fence or the other. There is no question in our mind about the value of these examinations.

They have proved of value since their initiation two years ago and the anticipation is the most distressing factor related. Dec. 8th will bring gala day for all of us and perhaps more so for this troubled class. We hope that each one will have good cause for celebrating along with the rest of us.

Dr. Don Wicke, '38

We recently received the letter promised us over one year ago when Don left for England to serve an internship. Don waited until he arrived safely in the U. S. and expressed himself in no uncertain terms about his pleasure at being home again. This is not a criticism of either the practice of osteopathy or the people in England but he feels that under the present circumstances that he would and does prefer to have his feet on American soil. Don expects soon to enter practice and will advise us of his new address at an early date.
THE LOG BOOK

There is little to write at this time. The membership has been sent the letter that goes out for "Still," and some might think that we were getting support from the treasury of Iowa. -H. V. H.

The last meeting of the Gamma Chapter was held in the form of a banquet at the East M. Club. We had the privilege and pleasure of hearing Dr. Robert Bachman who brought us this informative messages on the principles of practice.

The banquet was also held in honor of our new group of initiates. It was a gala day and with the publicity should create deepened interest among the profession.

The chief topic of discussion was the future of Osteopathy, what it held in store for its prospective students, and to outline a method, L. O. G., which may interest prospective students. Each member pledged himself to try and interest some friend.

During the business of the evening a complete outline of state laws compiled by Brother David Friedman was given, and proved enlightening, due to the fact that many changes have taken place thru the house.

At our Social Meeting we were fortunate in securing Dr. Hooker, who is a prominent and well-known Optometrist in the city, as our guest speaker. Dr. Hooker has made a special study of the abnormalities of vision and their relation to osteopathic lesions. Dr. Hooker has also made a special study of school children's eyes and demonstrated the value of osteopathy in treating defects in children's eyes.

THE FRATERNITY NOTES

N. O. I. C.

The job of getting the house in tip top shape is still in progress. The house now sports a new fire proof roof. The floors have been refinished and the second floor papered and painted. We are also looking forward to having the house painted next spring.

December 8, has been set aside as Homecoming for the alumni of the college. All was unoticed in the field are invited to come. Phi Sigma Gamma extends their invitation to everyone to be in Des Moines on that date and make this homecoming one to be remembered and looked forward to in years to come.

We are looking forward to seeing old brothers and meeting new ones in the field. -T. R. K.

The highlight of the past month was the homecoming of Dr. Paul Parker, a former member of the class of '87, who returned to visit his old alma mater. He was complimentary to find Collin Moore, Norman Edwards and Whittmer, R. Terry Larson, Ern-est Moore, and Ferguson will receive their first award for variety.

The boys are making their Christmas Party plans are in full swing. With the 2 dates for Thanksgiving holidays and are counting the days until Christmas. At the same time the Seniors are spending all the time they can find studying for the Qualifying Exams to be held the last week in December.

Christmas Party plans are in the air also. With two days to eat turkey before Christmas we want to make Christmas and New Year's for variety.

There is little to write at this time. The membership has been sent the letter that goes out for "Still," and some might think that we were getting support from the treasury of Iowa. -H. V. H.

The confusion arising from the different ragglings and wragglings has not been solved and it is likely that alto the membership sticks together in the majority of subjects that it will be split on this one.

A. M. A. Journal

Several letters have come in relative to the article appearing under "Tonics and Sedatives," copied from the October Log Book. These letters prove to me that Osteopathy is still holding its own even to the point of being chaser out in the country to other colleges administered under rather unfavorable circumstances. And yet, they come back for more. Seriously, this, to me, is a rather popular subject.

The job of getting the house in tip top shape is still in progress. The house now sports a new fire proof roof. The floors have been refinished and the second floor papered and painted. We are also looking forward to having the house painted next spring.

We are looking forward to seeing old brothers and meeting new ones in the field. -T. R. K.
Associated Colleges

Sponsor Textbook On
Osteopathic Manipulative Therapy

At the annual meeting of representatives of the Associated Colleges of Osteopathy held in Dallas during the A. O. A. convention, one of the problems was the growing need for an up-to-date textbook on osteopathic manipulative therapy. Discussion resulted in adoption of a resolution to sponsor the publication of such a textbook. The Committee on Publication was appointed, with Dr. P. T. Collinge, Dean of the College of Osteopathic Physicians and Surgeons as Chairman; Dr. J. L. Jones of the Kansas City College of Osteopathy and Surgery as second member, and Dr. C. B. Rowlingson, Editor of Clinical Osteopathy, as editor of the proposed textbook. Rowlingson has been named as members of the Editorial Board: Dr. Ralph Lindberg, Chicago College of Osteopathy; Dr. John Wood, Des Moines Still College of Osteopathy; Dr. J. L. Jones, Kansas City College of Osteopathy and Surgery; Dr. J. S. Denovan, Kirkville College of Osteopathy and Surgery; Mr. Russell C. Erb, Philadelphia College of Osteopathy; Dr. Harold E. Litton, College of Osteopathic Physicians and Surgeons. It was anticipated that the two years work required for preparation of material and publication. An appropriation was made to cover the expected expenses.

The plan is to select from files of osteopathic publications the best articles on each aspect of osteopathic therapy; to edit, illustrate and correlate them so that the result will be a standard textbook to be used in each of the Associated Colleges and sold to graduates in the field.

It is realized that many D. O.'s have developed their own techniques for various purposes—techniques which are highly successful, and which others would be glad to adopt in their practice. All members of the profession who have such techniques are invited to send written detailed descriptions of them to Dr. C. B. Rowlingson, 799 Kensington Road, Los Angeles, California. Illustrations (either sketches or photographs) are valuable helps. Every technique to appear in the book will be duly credited to its source. The plan is to make the book representative of the best of our profession, and all suggestions toward this end will be welcomed.

DR. J. P. SCHWARTZ—attended the Los Angeles meeting of the American College of Osteopathic Surgeons held October 1 to 6. He reports a fine meeting and many interesting operations along with an excellent program.

“I Don't Care”

The only person I ever heard of who said that as a basis for success was Eva Tanguay. This theme song was applied to Miss Tanguay’s entire daily program for news items of that day proved that she cared about a great many things. Her success as an “I don’t care” singer, was an “I do care” out of character.

We have some in our profession who seem to be living by Eva Tanguay’s slogan. I have occasion to write to many of our graduates and graduates of other colleges, and I get replies from as low as ten percent. I feel that I am doing well. I know that letters and important messages in printed form are often too thick with the waste basket after the first few lines are read. And yet, we are not, as far as my knowledge goes, ten percent of our number. I think it must be the smug indifference sired by local success. Osteopathic physicians shouldies show in their failure to reply.

No one can live and hold fast to the “I don’t care” theme. No one can advance and follow its precepts. No one can expect to command respect and confidence by assuming that attitude. The dependence that we see around us can be measured by that individual interest in the welfare of every person in his community. The brief successes that we often see are cut short by an excess of selfishness that kills a sincere interest in those upon whom we must depend.

Those who really care and who are sincerely interested in being a part of a successful profession are the ones who will support the groundwork for the common good. No osteopathic physician can truthfully say that he or she does not care about what happens. They say that they do not care what the A. O. A. does or does not do. Each of us knows the value of concentrated effort, and preparation for the future. Each of us knows how we are as an individual and yet we often fail to align ourselves with our own people until that time comes when it is too late.

Preparedness is a word that is being used frequently. It is a major policy of our association and the service is there to help you when, as an individual, you need the earnest cooperation and talent of those who are thinking seriously about your problems.

“I don’t care” is never a logical excuse for leadership in the A. O. A. You do care and if you hesitate a moment and figure the intensity of your “care” you will date your failure and of your neglect in signing that application blank.

—H. V. Halladay.
I.S.O.P.S.

The last week of last month completed the Circuit District meetings, and reports they were a great success, in program, and were well attended, all report enjoying the sessions program.

I was indeed sorry that I was unable to attend and participate in the Circuit Program, I am glad to report the good health of Mrs. Hook, who was so seriously ill those last three weeks is now improving and we believe that she will make a complete recovery. Mrs. Hook is fine.

Each District, had business meeting adopting a New Constitution and By-Laws, which conform to the State and National Constitution and By-Laws, some but with few changes; this will make for better functioning of the organization, and closer cooperation of the Districts with the State Organization.

The officers were elected:

1st District: Met in Iowa City, Ia., October 25th—Dr. C. K. Riker, of Maquoketa, Ia., President; Dr. I. J. MacKain of Ottumwa, Ia., Secretary; Wisconsin, Winiton Junction, Ia., re-elected Suty. & Treas.

2nd District: Met at Linnouxx, Ia., October 27th—Dr. D. W. Weir, Woodbine, Ia., re-elected President; Dr. Bernice D. Conly, Council Bluffs, Ia., re-elected Secretary & Secretary. & Treas.

3rd District: Met at Ottumwa, Ia., October 26th—Dr. I. S. Lodwick of Ottumwa, Ia., President; Dr. J. W. Rimarcher, Koosanqua, Ia., re-elected Secretary. & Treasurer.

4th District: Met in Charles City, Ia., October 24th—Dr. James R. Schaffer, Mason City, Ia., President; Dr. W. F. Doore, Granton, Ia., Secretary & Treasurer.

5th District: Met at Sioux City, Ia., October 5th—Dr. B. W. Jones, President; Dr. C. C. Gretch, Sioux City, Secretary & Treasurer.

6th District: Met in Newton, Ia., October 29th—President; Secretary & Treasurer.

It has indeed been gratifying to see the appreciable response made to the call made in September and October for Legal and Legislative assistance, your Attorney, and Legislative Chairman have been very busy, for the past two months, the demands of your profession; but these things cannot be accomplished unless, you help your danger need your support, and to those that have not done their bit toward this legal and legislative quota, I throw down your demands now to your Secretary at once.

Support Organized Osteopathy

—Rolla Hook, Pres.

Applications for Membership
Beryl Freeman—Des Moines.
Alice Paulsen—Le Mars.
Belle H. Oney—Ottumwa.

Polk County

Alumni Reports

We had hoped to have reports from several state associations that have met in recent weeks giving us the information relative to Alumni activities during this convention. The reports not all arrived at the time of going to press but we do have a fine report from Michigan. About 100 of our alumni met at a luncheon and heard Dr. Arthur D. Becker, our president, tell about the plans for our Fall meeting. He made a request to the alumni for help in the next meeting and the report was very encouraging.

The regular November meeting of the Polk County Osteopathic Physicians, was held at 6:30 P. M., November 11th, at the Kirkwood Hotel. Attorney Paul James, President, of the Kirkwood Club, was the guest speaker. His topic was "Civic Responsibility," a timely subject to which we physicians should devote our energies.

Senior students, please remember that you are more than welcome to our meetings, and we expect that the Absolute Membership is available to you at $1.00.


Osteopathic Women's College Club

The year's first meeting of the Osteopathic Women's College Club was held at the home of Dr. and Mrs. Becker, October 4.

Nine new members were present, bringing the active roll to more than forty. Following formal introductions by Margaret Stant of the club, the president laid tentative plans for the season's activities were discussed. The Birdland Shelter House, a combination of the classes, a social event was held October 17. Husbands are "invited."

Future regular meetings of the club are to be held at the P. S. G. House, 2141 Grand. The membership wishes to publicly express their appreciation to the Phi Sigma Gamma for the use of their reception room and kitchen in this capacity. Membership of the club has grown to the point where it is no longer practicable to hold the regular meetings at the homes of the members, and the central location of the new meeting place will be a real convenience.

Active membership of the club consists of wives and sisters of osteopathic physicians, and includes wives of the faculty of the college. The club was organized late in September and October, 1939, under the guidance of Mr. J. B. Boswell, the charter members. It has become an important factor in maintaining the morale and good fellowship of the student body. Wives of new students are urged to join the group.

Traffic Congestion

Our fine highways are wonderful and offer too many opportunities for the motorist. Seargent Jaquersen was reasonable in his request. We will be glad to hear him again.

—Dr. H. V. Halladay—

 answered many of the questions asked by the ambitious amateur photographer by demonstrating types of small cameras. He advised that anyone contemplating the purchase of a so-called "amateur" camera should first take one that was offered unless they had some knowledge of what the camera could do. Seventy-five percent of the pictures you can take is better with a very ordinary camera. It is the difficult twenty-five percent that interests so many fans now and these can be taken by the amateur if the equipment is designed for that purpose.

Dr. A. G. Hildreth—

of the Still-Hildreth Sanatorium, Kansas City, Mo., but with the student body at a special assembly October 18th. It was indeed a real privilege and pleasure to have our true pioneers. Dr. Hildreth in spite of his forty-five years of service to osteopathy is as alert and as enthusiastic as in the beginning of his career. His talk was an inspiration that will never be forgotten by his student body. We sincerely hope that he will be passing thru Des Moines again very soon.

The Salvation Army Band—

under the leadership of Brigadier Otway gave us a most delightful surprise on Monday, October 23rd. The appearance of over twenty perfectly trained musicians forming a real brass band dispelled any ideas of the ordinary conception of Salvation Army musical groups. This fine band of thirty-two or more musicians compelled the students of the Salvation Army in nearly every group to stop what they were doing and to listen attentively for a return date that we may hear more of the excellent music offered by this band.

Drake University—

talent led by Bill Lee and managed by Mr. Gabrielien took too little of our time November 3rd. A varied program was offered consisting of instrumental solos and ensemble. The time passed all to quickly and we are looking forward to a return engagement next semester.

Our Assemblies—

are being planned thru a committee from the Student Council cooperating with Dr. Halladay. We are glad to see the Student Council in place and hope the interest in it will not subside. Increased laboratory schedules interfere with rehearsals but we have the talent and need this organization as much as any other feature of our period of relaxation.
The Des Moines Still College family extends the Season's Greetings and wishes for you and those whose happiness is yours, a full measure of Christmas Joy and Success for the New Year.

Osteopathically Yours,

Arthur D. Becker
Robert B. Bachman
Byron L. Cash
Hugh Clark
Albert W. Dennis
Mary E. Golden
Howard A. Graney
Virg Halladay
Del F. Johnson
Paul E. Kimberly
Edward F. Leininger
Harry J. Marshall
Paul Maloney
O. Edwin Owen
Ralph Powers
Katherine M. Robinson
Charles Stull
Joseph L. Schwartz
John P. Schwartz
John B. Shumaker
John M. Woods

Our Homecoming Jubilee ἐπίτιχεως
(The Greeks have a word for it)
On the 16th of October an idea was born. That meeting, called to decide the details of the annual entertainment of the Polk Co. Association by the college, was suddenly turned into something entirely different. It is hard to say exactly who was the first to break thru the stereotyped "lunch and talks" program, but Dr. O. E. Owen is to be credited with making the first suggestion to include more than the usual listing of invited guests. From this first break the idea skyrocketed until no part of the World was left out and most of the other planets were expected to send representatives. Six meetings followed before the final date of December 8 arrived but these six meetings were attended 100 per cent and the results were rated with identical figures.

Starting with the college and the Polk County group the ensemble finally included seven other organized bodies. Starting with one speaker for an evening program, consisting of local talent, it grew to 14 speakers starting in the morning, continuing thru the afternoon and concluded in the evening. Original expectations of an attendance of 75 rose to our final count of 406 at the banquet in the evening. Now you see what can be done by a sincere enthusiastic group of Alumni and students of Still College.

Space does not permit more than a resume of the day. We could talk and will talk about it for months or until a similar event next year replaces it in our memory. At the moment (Continued on Page 2)

The Next Class

We have so little time to do things that are necessary that we are thinking of asking the President to increase the number of hours in the day. We know you are busy too, but we must remind you that in a few short weeks we will be graduating a class and enrolling another. It is extremely important that you realize the one very special item about this new class. This is the last class that will be able to enter the study of Osteopathy with only one year of pre-osteopathic college work. Some of you will not give this the attention it demands and will be asking us next Fall to matriculate a student who cannot be taken. Each member of the class entering September, 1940 must have two full years of college credits. We are asking you to make a few plans right now to a make a few plans for the Christmas Season that is upon us.

There will be many young men and women at home during the Holidays who are attending college. You may not know it but a very high percentage of these students are just going to school without any very definite program for the future. Some of them would be glad to talk to you for a little while about some very definite plans and of course these would be to transfer to our college and begin the study of Osteopathy. You already have the facts about the shortage of osteopathic physicians in every community. The fact that you are successful should be a very definite favorable item in convincing one of these fine boys or girls. These young men and women are interested in education and we need many more educated physicians.

Our profession is growing slowly but its growth is not rapid enough to meet the demands. Any state secretary can tell you

(Continued on Page Four)
I think the most important item relating to the Council right now is the consideration of affiliation with the A. O. A. Since the beginning of the Convention Committee, our work has grown to the point where a very definite line can be drawn through the services we have given and are now in the process of giving. The object of this is that we are anxious to have taken over by those higher up. I refer of course, to the planning and execution of the registration and reunions of our members at the annual conventions. This we have believed for some time to belong specifically to the function of the Local Convention Committee. It looks like we will be able to retire from this responsibility after the coming convention in St. Louis and it will be a day of real rejoicing when this can be done.

The Council will have plenty to do without this duty which has devolved upon us. We have our standards to maintain. We have our expansion into the country to consider. We have our public relations in fraternity publications to do. We need a fraternity director. We need improvements along several lines. I am sure after this year we devote more time to some of these things that will naturally increase our usefulness and add to our prestige.

May I extend to all of you my sincere wishes for a very Happy Christmas and New Year.

H. V. Halladay, Exe. Ssye.

Dr. H. C. Wallace

The profession by this time knows of the death of Dr. H. C. Wallace of Wichita, Kansas. There is little that we can add to what has been said. We know him personally for many years. He was a recognized leader in many affairs related intimately with our profession. Kansas depended largely on him for guidance and no one can completely fill the void left by his passing. Our sincere sympathy is extended to those who worked with him in the institution he helped to build.

Dr. AND MRS. J. B. BALDI

of Milwaukee, Wisc., announce the arrival of John Garry, November 15.

THE LOG BOOK

N. O. I. C.

...the printed word but not our thoughts. They will go on in exultation of the Homecoming Jubilee, December 8, 1939.

Dr. Jones and Gordon were to be on the radio at 2:15 so Dr. Becker filled in the slight change in schedule with an interesting clinical case with the patient present. Following the broadcast, which was another success. Dr. Barnard spared nothing to make the music perfect and the singing clicking as a well-rehearsed national meeting.

Dr. Halladay then brought Dr. A. T. Still, our founder, to the screen in the first movie viewing, for many present, of the Old Doctor demonstrating philosophy and talking to some of his students. Dr. S. S. Still and many others in movies of historical value were shown including the dislocations of an old timer who years ago made each of our colleges. Many of you in remembrance Dr. Eliza Whitman whom we have not seen for several years.

Many of the old slides of the early days of Osteopathy were next shown including pictures of the Old Doctor, Drs. S. S. Ella George Still, and an X-ray picture related to some of their activities. Announcements and music by the orchestra closed the program.

Our Homecoming Jubilee (Continued from Page 1)

We (The Committee) doubt if any program can be devised that will approach the perfection of the one some of you missed December 8. We hope you heard at least some from one who did attend and we will trust them to tell you. Not only was every Homecoming as planned but each worked in and maintained the continuity as smooth as any national radio hour.

Dr. Halladay was in charge of the morning program under the direction of Dr. O. E. Owen, starting with the usual long delay. However, the audience was overjoyed in the Now or Never program. A. C. R. Barnard, president of the Alumni Association, Dr. June Sands, president of the Alumni Association, and the Four Horseman, a quartet of note added to the enjoyment of the evening and dancers of the evening, the secret tee took up our cup of pleasure to the brim. The slight extension over the scheduled time was not noticed. Mindeers met and conferred for one hour before the program was to be. Another item of entertainment that qualified for the evening was the Barnard sparred nothing to make the music perfect and the single number. This was another success. The clock ticked as usual and every measure of the time was met and every order was fulfilled with us to enjoy our celebration.

Telegrams of good wishes and congratulations were received from Dr. Arthur Allen, past president of the A. O. A., Dr. R. C. McLaughan, executive secretary of the A. O. A. and Dr. E. Clybourne, president of the National Alumni Association.

This banquet was indeed a most unfortunate that Old Man Time cannot be stopped occasionally. The dance was the culmination of a day that must have been several hours short of the standard. We need more than one day for an affair such as this. There is too much to be done in working out our friendships, conferences and other items of importance to look over the figures. Over 150 came to Des Moines from Iowa, Michigan, Ohio, Illinois, Minnesota, Indiana, Oklahoma, and Missouri. Several were graduates of other schools and we were doubly glad to have them with us to enjoy our celebration.

Space limits the printed word but not our thoughts. They will go on in exultation of the Homecoming Jubilee, December 8, 1939.
**Osteopathic Therapeutics**

(Number 16 in Series)

**REGIONAL THERAPEUTICS**

Bronchopneumonia Cont'd.

Treatment:

The local resistance, the functional capacity and the recuperative powers of pulmonary tissues are secured and maintained by normalization of innervation. The vaso-motor tone and trophism of tissues are dependent upon this same factor.

Osteopathic spinal and rib lesions in the associated lesion pathalogy impair the integrity of the nerve supply and prevent utilization of inherent powers and resources. The sympathetic nerve supply of the bronchi and the lungs is by way of the vagi, the tenth pair of cranial nerves. The sympathetic nerve supply has its preganglionic origin in the upper six dorsal segments of the spinal cord and is supplied by innervation in the way of the upper dorsal ganglia of the ganglionic cord. The specific lesion areas, that of chief interest in the bronchial pneumonia are found in the upper dorsal region of the spine and lumbar areas to the support of these vertebral articulations.

**Assemblies**

**Security**

We are about to end the year 1939. The memories we will carry with us this year will be most pleasant ones.

Our college year ending last May was a successful one. The convention in Dallas was thoroughly enjoyed. Fall was another vacation added to the many thrills in many ways. We started off this Fall with an increase in every class. We had many exciting activities and we have just had the privilege of being a small part of one of the greatest cooperative endeavors ever before us. We now look forward to Christmas and New Years with childish anticipation of more joy.

All of these things have certainly satisfied our needs as the seasons progressed but unless we check back over the past months and find more than this the whole year's work has not been lived a very selfish existence.

Let's go back to the major pleasures of the year.

The college had a successful year. Powers and resources are organized. A group started off this Fall with an increase in enrollment for the same reason. If our method of work had been identical the end result would not be as shown on the books. This concentration of effort has added to the strength and security of our institution and we derive the pleasure in reviewing an accomplishment as the result of group cooperation.

The same thing may be said of the fruit of the efforts of many.

Our own contribution in time, strength and substance is a meager price to pay for the good we do for the whole and the pleasure and other profits we in turn derive personally.

Our security as a profession depends on the support we give to united action. Exercising a keen watchful eye over all phases of osteopathic progress is an organization of our own making. We must preserve our own strength and security when we affiliate with the American Osteopathic Association. We exhibit a weakness when we remain on the outside. Any licensed practicing osteopathic physician is eligible for membership in our association and if you are not already signed up for 1940 your most logical move toward united security would be to have this privilege presented to you by this membership.

H. V. Halladay
The Spirit of Christmas is the spirit of service. It is a celebration of the advent into the world of one who did more to impress what he and why for others who ever trod its sands. So demonstrated to the world a spirit of selflessness. His ethics were the ones the world had never known, but it was not so much this, as the fact that he lived his teachings, that has left its imprint in the sands of time.

He was about his father's business; he went about doing good; he sought opportunities to heal the sick, and help the poor and needy.

He was the great physician.

The Spirit of Christmas is the spirit of the real physician all the year, for he has opportunities which most others see but once or twice a year, yet at this Christmas time let us set closer to our ideals, and thus mankind to the utmost. The man or woman who accepts life's opportunities as our obligations is living the life of service.

We need the real physician, those that have qualified themselves, physically, mentally, and ethically, to represent the admiration or the respect and the confidence of those both in the profession and those out of it. For the profession, Physically, for health radiates health; Mentally, to be well grounded in the principles of the profession; Ethically, by looking for, and recognizing the good in all mankind.

The Christmas time seems to suggest to us that we were passing this way, but once, and life about us would be so much more what it should be if all could realize that they have had the one opportunity to say or do a given thing. What has the Osteopathic profession done for us? Does not the profession count the fact that he is worth more to the world than if he had not become an Osteopathic Physician? Is there any one in the community, excepting possibly the clergyman, who has more of the respect of that community that you have. And from a monetary viewpoint, is not the average Osteopathic Physician doing at least twice as well for himself and his dependents as he was or could reasonably have expected before becoming an Osteopath? Then do we owe Osteopathy something, and how are we paying our obligations?

Are we going to measure up to the opportunities and possibilities that are before us?

The Osteopathic profession have been down the stream of time, with apparent ease, letting the old bark drift as it will, but as a profession, we, with apparent ease, must grasp the helm, and steer it into the clear.

There is much to be done in the coming year in the Osteopathic field of endeavor, and each of you owe certain obligations to your profession, and now is the time to take those obligations.

First take care of your membership in District, State and National organizations.

Where is that old Christmas spirit? The Iowa Society of Osteopathic Physicians & Surgeons sales for all this year in responsibilities for the coming events demand that we have the interest and cooperation of the profession for this new year.

You have all had some spending money for Christmas presents. Make yourself a present, pay those dues, and get the Legal and Aggregate quotas taken care of before the new year.

In the near future all those paying quotas will receive a letter from the Legal and Legislative Committee giving a comprehensive report of the activities of this committee and what has been accomplished. They have been very busy and there is still work to do.

Fundamentally the matter of membership is the most important, for all our other undertakings will be much more easily performed, if we can maintain an active membership of the society, and the interest and cooperation natural resulting therefrom.

Applications for Membership

L. L. Therbege, Marathon; Robert Herrick, Clinton; Paul O. French, Cedar Rapids; Sara Miller, Sibley; Richard Bahnsen, Granville.

Polk County Osteopathic Association

Previously the December Polk County meeting has been one at which the members of the Polk County Osteopathic Association have been guests of Still College. From this tradition arose the suggestion of our President, Dr. O. E. Owen, which gave rise to the "Hospitalizing Jubilee," the Polk County abandoned their December meeting to cooperate with the school, the Ia. D. M. S. O. Alumni Association, Student Organizations, and Osteopathic Auxiliaries to make December 8th, an outstanding day in the history of Still College. Our compliments and congratulations to all who made this possible.

For a bigger and better Homecoming next year, and extending the Season's Greetings to all for a Joyous Christmas and a Happy New Year, Polk County Osteopathic Ass'n. Ruth M. Paul, D. O., Sec'y.

The Next Class

(Continued from Page 1) of October issue we need to make a special effort to fill.

With very little effort you can list a series of talking points that are not based on theory but bold facts that talk for themselves.

You have an unusual opportunity during the next two weeks to do a great deal for your college and your school and do not let this opportunity pass without a little extra effort on your part.