Dr. McCole's Book

Those of us who have been waiting for the McCole book on the Osteopathic Lesion at last have our curiosity satisfied. We think that you will be more than satisfied with it and even go so far as to say that every student of Osteopathy, undergraduate or graduate, should have a copy of it handy at all times.

Dr. McCole has spent twenty years collecting this information and it is a job well done. As editor and author of much of the book, he does not make any radical claims but the subject is presented in a most dignified manner and is just as convincing as you want it to be. No one can doubt the place in the science and is just as convincing as you want it to be. No one can doubt the place in the science of therapeutics that the Lesion is entitled to occupy.

We doff our hat to George Malcolm McCole of Great Falls, Montana, and wish him many more years of Osteopathic service along this line.

Seniors

Time marches on and in a few days the college will ring out the old class of January, 1936 and ring in the new one to graduate in 1940. Few in number but all excellent students and new members for our profession that we will be proud of. Let us introduce them:

John Henry Conaway, with pre-med and credit from Iowa U. will take the Iowa board.

Fredrick Hecker, Phi Sigma Gamma, Psi Sigma Alpha, has been an assistant in the OB department and has specialized in that type of practice. Will remain for special work at the college.

Edward LaChance, Vice President of Class, returned to school last year after having been out a short time. Is undecided about a location.

Robert Lingenfelter, Sigma Sigma Phi, will intern at Waldo Sanitarium in Seattle, Washington, and take the board there.

Arthur Montgomery, Phi Sigma Gamma, Sigma Sigma Phi, has been an assistant in the OB department. Expects to take the Oklahoma State Board.

Carl Scheffold, Atlas Club, Sigma Sigma Phi. Has filled important offices in both organizations and an officer of the class. Expects to locate in Oklahoma.

Verne Wilson, Sigma Sigma Phi. Pre-med at Drake. President of the class. Expects to remain in Iowa. Received the Sigma Sigma Phi award in 1933.

...Introducing...

Dr. R. B. Bachman
Professor of Obstetrics and Gynecology

Dr. L. L. Facto
Professor of Technic, Physical Diagnosis and Practice, Sup't. of the General Clinic.

Since Dr. Bachman's graduation from Still College in 1916 he has established an enviable record at the institution. His continuous service with increasing responsibilities has made it necessary for him to add to his staff of assistants. Specified rest periods are not on the schedule of a busy obstetrician. During Dr. Bachman's years of service to the college he has increased the work of the clinic from less than one hundred per year to the record established in 1935 of over 400 cases.

Dr. Bachman is a member of the Board of Trustees of the college, being treasurer, and as a member of the faculty, teaches three classes. A large part of his practice is confined at the hospital, where he is also a member of the staff.

Dr. Facto is a busy member of the staff of teachers of the college. His mornings are spent in the class room and his afternoons in the extensive general clinic of the college. He has attended clinics in this country and spent one year with the Osteopathic Clinic in London, England.

The matter of examination and treatment of approximately three thousand cases a year is no easy task and yet Dr. Facto sees those cases, sorts them out and directs them to the specialty departments, if necessary, and superintends the treatment of the majority.

His hobbies are outdoor sports of all kinds and he is especially interested in the early ball games among teams picked from the student body.

Here These Men In New York At The National Meeting In July

William Jones, Atlas Club, returned last year after several years absence. "Casey" expects to take the Ohio board and practice in his home state.

Michael Sasa Fillipo has been specializing in OB and has established quite a record in the department. He plans to return to his home state of Wisconsin.

We congratulate this class and extend to them every good wish for the future. With the demand for Osteopaths all over the country and in foreign lands, their success is assured.

Take A Deep Breath

A word of kindly greeting to our many friends in this first month of the new year 1936. It should be a great year. May its promises, its service, its demands find us more resourceful, its challenges stimulate our courage and its successes leave us with a wholesome sense of humility.

We in Des Moines Still College of Osteopathy are rather profoundly impressed with the importance of our work. Our efforts are directed toward a well defined goal. Ours is the responsibility of building an Osteopathic Institution where properly qualified young men and women may learn those things that will help them to become real physicians. It is a soul searching and worth while task. We feel that we are most fortunate in the fact that we have an all compelling opportunity.

We are making satisfactory progress in our program of development. Standards of scholastic excellence are being advanced. The clinic, as a teaching unit, constantly taxes our best efforts to care for the great number of patients who seek our service. Improvements in the building and added facilities in equipment serve as a cause for happiness and pride in our progress. The enthusiasm of the student body is stirring.

Yes, we feel that 1936 should be a great year.

Arthur D. Becker, D. O.

"Infanticipating"

It might be interesting to you in the field to know that 101 OB cases are booked for future delivery at the date of going to press. Here is what the Seniors expect:

<table>
<thead>
<tr>
<th>Month</th>
<th>Number of OB Cases</th>
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<tbody>
<tr>
<td>January</td>
<td>27</td>
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<td>February</td>
<td>27</td>
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<td>March</td>
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<td>April</td>
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<td>May</td>
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<td>June</td>
<td>4</td>
</tr>
<tr>
<td>July</td>
<td>2</td>
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In New York...

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Arthur D. Becker, D. O.

"Infanticipating"
December 13

Following music by the orchestra, Dr. Halladay showed the new film depicting scenes in California and hospital. With the addition of about two hundred feet of recent shots this brings the color picture up-to-date and well worth twenty minutes of your time. Announcements and music closed the session.

December 20

Preliminary to dismissal for the Christmas vacation period, the orchestra was followed by Arthur D. Becker spoke to the student body. Dr. Schwartz, in the capacity of Dean of the College, reminded the student body of the successful efforts of the Trustees to improve the institution each year. He brought out the matter of improvements in the building and equipment and additions to the faculty, all of which are strengthened the course in many ways.

Dr. Arthur D. Becker, President of the College, gave the student body management for the future, stressing the need for more and better trained members of our profession and for the advantages of our own college.

The orchestra under the leadership of Dr. Halladay, furnished appropriate music featuring the old favorite “Jingle Bells” and the Christmas assembly broke up with the singing of “Merry Christmas” to all.

January 10

The usual opening number by the orchestra and the usual introduction of Mr. George Hamilton of Des Moines.

Many of you in the field will have already heard the announcement of the call of Dr. Hamilton as representative of the College of Commerce of the city of I Mohnes, as he attended seven of our meetings.

Mr. Hamilton was furnished the old favorite “Jingle Bells” and the Christmas assembly broke up with the singing of "Merry Christmas" to all.

The New Class

At this early date it is not possible to anticipate the number that will be with us in January as we have several who are expected to begin in February. Correspondence to date has been more hopeful than at the same time last year. This naturally puts the optimistic student and we feel certain that the class will exceed the number who entered last year. If this is true the school record will be broken, for the class of last year was the largest entering at that time since the good old days.
Senior Calendar

Three important dates for the graduating class are nearly upon us. Friday, January 17, the commencement and dinner will be held at the town's leading grocery chain at a very low cost. The Senior Banquet given by the trustees for the class will be held at Younkers the evening of the same day. The final meeting between faculty and graduating class will be the commencement program at the college auditorium the evening of Friday, January 24th.

Eat Your Spinach

(E. P. Malone, D. O., Mami, Oklahoma.)

During the last few years a great deal has been said and written on the subject of diet. Doctors, dentists and many others are telling us what to eat and what not to eat. If they could agree it might seem that the secret of health, happiness and long life had at last been discovered, and that the famed fountain of youth is in reality a diet list instead of a shower bath.

In the midst of all this ado along comes a poet and adds to the general confusion with the following:

Methuselah ate what he found on his plate
And never, as people do now,
Did he note the amount of the calorie count;
He ate it because it was chow.

If a man can live for over one hundred years, if this statement is true, I will eat my words to the last syllable.

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Hearing Osteopathy

I wish you could take a walk with me thru the English children morning or afternoon. I know you would hesitate at the door of a lecture room and listen. I cannot be sure of the reaction in your case but in mine there is a feeling of pride. I am sure that you can hear a discourse given in a tone of confidence with the gradations of the voice of the speaker indicating a thorough knowledge of the subject. Not the tiring monotone of the reader of an essay but enthusiastic vocal blasts from an authoritative source.

You would be interested in hearing how Osteopathy is applied in the subjects that for the moment seem unrelated. You would or should be deeply interested in hearing from the several members of the faculty the interpretation of the Osteopathic concept applied to those subjects that are basic in Osteopathic practice and in our own teachings. True, you must see technic, but you must also hear of the underlying principles of this subject for a complete understanding of what is being attempted. The ears must be tuned to the theories of Osteopathic practice and its knowledge stored for use later on in the demonstration of this practice in the method of treatment.

Between classes, at the frat house and going down the street after school the arguments are often heated, which is certain evidence that those taking part in the discussion have been hearing Osteopathy.

Are you willing to listen? We will wager that some of you in the field would be glad to again have these lectures offered to you and the second hearing would in many cases be more attentive than the first.

Students in any college now need to keep themselves in the attentive mood. Knowledge can never be taken from you, it can never be blown away nor burned. You who are graduating have been hearing about Osteopathy for four years and at the present writing you are probably a little bored, but you will be back and will want to hear more.

And may we ask you to let us hear from you. —E. H.

Dr. J. J. Dunng of London, England, sent us some interesting information from a very authentic source, relative to the situation there.

THE LOG BOOK

The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY

President --- Arthur D. Becker
Facuity Advisor, H. V. Halladay
Editor --- E. Harwood

Osteopathy Without Limitation

Board and Faculty

The regular meeting of the Board was held January 6th, at which time new and enlarged quarters. The re-arrangement of the office of the board has made an ideal board room.

Matters in regard to the graduation of the January class and the general welfare of the students and applications occupied the entire attention of the members.

In his remarks to the faculty, which met immediately following the Board, Dr. Becker stressed the importance of the ruling recently made by the Board in regard to final examinations.

Professor Owen spoke to the group on the subject of Evolution, offering an outline of the subject that was well received by the audience. The speaker did not attempt to set any definite dates limiting the accepted eras of development, however, but he adjusted the audience that Evolution is a fact and not a theory.

Dr. Q. W. Wilson To Speak

Dr. Q. W. Wilson of Wichita, Kansas, will be the guest of the Polk County Osteopathic Society on February 14th, at which time he will discuss endocrine problems that confront the physician. He states that the authority on the endocrine system, will devote the afternoon to problems relating to the child. This will include hereditary conditions and the treatment relating to the mother and the child. The evening will be devoted entirely to the adult problems with value information relating the various endocrine of the adult system. During both programs Dr. Wilson will present interesting slides illustrating many cases and various phases of the diseases.

Any one attending the program is invited to bring cases for consultation and clinic observation which will constitute part of the program both afternoon and evening. Those attending will thus receive a valuable practical program demonstrating various cases.

The Polk County Society at this time is issuing a state-wide invitation to all doctors and their families to attend this meeting at the Chamberlain Hotel which will start at two thirty in the afternoon. A program is being arranged and another delightful dinner is planned between the programs.

Further notice and detailed arrangements will appear in the Des Moines papers at a later date.—(R.B.K.)

Mike San Filippo—of the Senior class is confined at his home in Milwaukee with pneumonia. The latest report is that he will be back in school in a few days.

Dayton Honors Students

Several students from the college who were spending their vacation in Dayton, Ohio, were among the honored guests at a luncheon given by the profession of that city, Monday, December 28th.

Drs. Louis, Dilatush and Mr. Woods entertained the group, recalling their association with the Old Doctor.

The several students report an excellent meeting and have expressed their appreciation of being privileged to meet with the profession. This is not true of many cases and various programs Dr. Wilson will present during the course given in a tone of confidence with the gradations of the voice of the speaker indicating a thorough knowledge of the subject. Not the tiring monotone of the reader of an essay but enthusiastic vocal blasts from an authoritative source.

You would be interested in hearing how Osteopathy is applied in the subjects that for the moment seem unrelated. You would or should be deeply interested in hearing from the several members of the faculty the interpretation of the Osteopathic concept applied to those subjects that are basic in Osteopathic practice and in our own teachings. True, you must see technic, but you must also hear of the underlying principles of this subject for a complete understanding of what is being attempted. The ears must be tuned to the theories of Osteopathic practice and its knowledge stored for use later on in the demonstration of this practice in the method of treatment.

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New York News

Demonstrating the early and broad interest taken by Osteopathic physicians in the Eleventh Annual Convention of the American Osteopathic Association, which will be held in the Waldorf-Astoria, New York City, next July, is the fact that registrations have already been received and official notice has also been given of the coming of a delegation from England. It is peculiarly interesting that many applications have been already received by the hotel from those who this early are giving thought to their Convention budget. Room charges submitted by the Waldorf-Astoria and forwarded to Inquirers have been regarded as reasonable.

It has been recommended that the delegates and their friends stay at the Waldorf during the Convention, as it will be the official headquarters and the center of all activities. Those who wish lower-priced accommodations may request that they can be comfortably and satisfactorily accommodated in any one of several hotels in the immediate vicinity of the Waldorf. Indeed as New York is regarded as a city of great hotels, accommodations can be found which will meet the purse, the needs and the inclinations of any Convention visitor.

The immediate vicinity of the Waldorf is the Barclay, 111 East 48th Street.

The Biltmore, Madison Avenue & 42nd Street.

The Chatham, Vanderbilt Avenue & 38th Street.

The Commodore, Lexington Avenue & 48th Street.

The Roosevelt, Madison Avenue & 46th Street.

The Shelton, Livingston Avenue & 49th Street.

Tatham House, Y.W.C.A. (for women only), 158 East 38th Street.

Extended informa...

In relation to these and other hotels can be obtained by addressing the Chairman of the Committee on Hotels and Reservations, Dr. Daisy Fletcher, Hotel Lincoln, Eighth Avenue & 44th Street. Service is offered in this manner and will be gladly given by those in New York City who already are laboring unceasingly to assure a record success in next July's Convention. Troublesome questions will arise in the minds of those who plan to attend, or hope to attend, the Convention. There should be no hesitation in making those questions known. The Convention Committee, I am sure, will try to answer them to the very best of their ability.

Helen M. Dunning, D. O., Chairman, Public Relations Committee.

Dr. Howard Cook—of Rapid City, South Dakota, dropped in to say "hello," January 6th.

Dr. Stanley Evans—of London, Ontario, announces the birth of a son, Evan C., on December 5, 1935.
Senior Graduation

The final step in the making of doctors is the ceremony known as commencement. This event for the class of January, 1936, took place Friday evening, January 24th at the college auditorium. Altho an extremely disagreeable night tried to discourage the many friends of the class, the auditorium was well filled and those present enjoyed the following program:

Procesional March

Invocation . . . Dr. L. P. Fagen

Dr. D. W. Morehouse Song . . . Mr. Herbert Gould

Presentation of Class . . .

Dean J. P. Schwartz, D. O.

Confering of Degrees . . .

Pres. Arthur D. Becker, D. O.

Recessional March

Rev. Lenore Mudge Stull

Dr. Morehouse, president of Drake University, gave a most profound address, "Science and Man" which stirred the audience to the realization that we are indeed living in an age of science and those things in life that have a true scientific basis are well worth while.

Mr. Herbert Gould, Dean of the medical department of Drake University, sang "Light" and "The Blind Plowman", displaying both his excellent voice and dramatic talent.

Following the program the graduates met their friends in the reception room, where all were congratulated and given good wishes and hopes for many years of successful practice.

Freshman Assembly

The second assembly of the term is for the purpose of introducing the members of the new class. This occurred February 7.

The class is not extremely large but is unique. Membership from down south is very noticeable. One member from Georgia, one from Texas, and one from California has made our class one that boasts of a warmer winter season. His hobbies are home movies and all of the National Parks and Monuments in the Southwest.

Dr. Halladay was born in Missouri but claims for climatic reasons that he is a native of Dr. Halladay has been shunted around from pillar to post and during his twelve years service as an instructor in the college has taught nearly every subject. At present he is majoring in Pathology but dips into his old first love of Anatomy each day.

Dr. Woods gives the college his mornings which are well filled with lecture work, but in the afternoons you will find him in his office down town where he conducts a general practice. He is an excellent speaker and punctuates his remarks with bits of wit that will go over your head unless you watch closely. You will enjoy hearing him at the New York convention where he will be a member of the team sent from Des Moines Still College.

Dr. Halladay is also well known for the active part he takes in fraternity affairs. At present he is Grand President of Sigma Sigma Phi, member of the Grand Council of the Atlas Club, and Secretary of the Interfraternity Council. At the New York convention he will be in charge of registration of all recognized osteopathic social and honorary organizations.

Looking Ahead

Some one has said, "We have no way to judge the future but by the past." January 29, 1936, marked the thirty-third anniversary of the College of Osteopathy and the writer of this article graduated as an Osteopathic physician. . . . I took considerable pride in that occasion. It occurred right here in Des Moines, Iowa, in the very same institution with which I now have the honor to be associated. It was then known as the S. S. Still College of Osteopathy. I am even more proud today of these years of affiliation with the Osteopathic profession and with Osteopathic institutions and organizations.

I have seen the osteopathic profession develop from small beginnings into the strong, virile and worthwhile profession it is today, respected by the public and recognized by the law making bodies of our land. In these years Osteopathy has contributed largely to the welfare and happiness of millions of our fellow men. It has called to its ranks many highly trained individuals with high ideals of humanitarian service. It has occupied a large niche in the onward march of human progress.

The future holds even greater opportunities. We need only vision and more compact organization to reach new heights of accomplishments. To realize our potential possibilities we must continue to grow in numbers and to even further improve in the quality and character of our work.

What can Des Moines Still College of Osteopathy do to forward osteopathic progress? Our program of development is directed primarily toward capitalizing our resources in our large and comprehensive clinic. The best way to learn is by doing. Our clinic resources far exceed our capacity. We have man power to care for them. The ambulant clinic, the acute disease clinic, the obstetrical clinic, as well as the clinics in the various specialized fields are all making demands beyond our physical capacity to answer. We need to double our student enrollment in order that we may capitalize our resources in this one field of osteopathy. We plan that 1938 shall mark the time when we shall move definitely forward toward this constructive contribution to osteopathic progress.

We solicit your cooperation.

Arthur D. Becker, D. O.
The Log Book

Eraternity Noises

ATLAS CLUB
(Leigh Beamer)

With the beginning of a new semester we find the boys still busy holding post-mortems over the annual banquet.

The semi-annual Senior Banquet was held January 17 at the Savery Hotel. Two members were lost by graduation, To Cari Schofield and Casey Jones we wish the best of success and hope to hear from them frequently.

Dr. F. E. Hecker was a recent visitor at the House and attended the semi-annual banquet.

We take great pleasure in announcing the pledge of Milton Mauhe of Marietta, Georgia. We hope he enjoys the Iowa climate.

We were pleased to have E. L. Hansen of Sheridan, Wyoming as a guest of the Xiphoid Chapter.

New officers of the Xiphoid Chapter for this semester are: DeWitt V. Goode, noble skull; Don Broder: Harold Stimson, pylorus; Leigh Beamer, stylos; Harvey Bridenstein, sacrum; and Robert Dawe, repectaculum.

Pledge Barry recently spent a few days at his home in Wahoo, Nebraska.

Pledge Hays's trip to Chicago still remains a mystery. She must be generous since her entire team is still undefeated to date and has high hopes of retaining the trophy for the third consecutive year.

Brother Schiff was very busy scoping Iowa coal during this Arctic winter.

WIGITS: Pledges 'seem to have gotten their act together this last emergency. Used to be that Gene carried a spare set of cheaters for heavy going but they failed to show up in this last emergency.

Gover had a letter the other day, via dog team and sled, from Northern Michigan, asking if the violets were out down there as yet. Seems as though the folks up that-a-way heard it was only 15 below here in Iowa and that the violets had barely waved their heads. Pohl and Happel are in favor of Ohio rejoining the United States, but know that this electoral page has started. They figure that the politicians will generate enough hot air to keep every state student warm.

Time for the scribe to start running—never did like this job anyway.

Phi Sigma Gamma
(J. J. Herrin)

Dr. F. E. Hecker, graduating medical student of Delta Chi, was the guest of honor at a dinner held January 30, at O'Malley's Tea Room. Walter Irvin acted as toastmaster, introducing Dr. J. R. Shaffer and several chapter members who made short talks. Dr. C. W. Johnson, honorary member of Delta Chi, was a very inspiring talk on "Idealism", applicable to those in school and out. We will miss Dr. Hecker's active membership, interest, and participation in chapter activities. As President of the chapter he set an example for actives and pledges alike in his enthusiasm for the advancement of Phi Sigma Gamma. At the close of the banquet Dr. Hecker sang two solos and made a deep impression on all.

The basketball tournament this year, we believe that it has been enjoyed by enough of the student body to assure its continuance.

SIGMA SIGMA PHI

The basketball tournament has progressed to the half way mark and at the present time the Atlas Club is leading, followed by the Phi Sigma Gamma, and then the Psi Sigma Alpha. The Psi Sigmas have won all of their games, while the Phi Sigmas have lost two to the Atlas and won two from the Psi Sigmas. We are looking forward to having our basketball game up to the present time.

Sigma Sigma Phi is the title of the story in the February issue of Cosmopolitan that most of you have read. If not, go to your local office where others may have the opportunity. Rex Beach has presented the story so it cannot do anything but make a deep impression on any reader. We thank Rex Beach and the Cosmopolitan.
Osteopathic After Limitation

Feeling Osteopathic

Very few possessors of the five senses fully appreciate them. It is only thru the loss of one or more that the rare emphatically brought to our attention. The slight dimming of one will send us to our doctor or a specialist for advice which may be late. We little realize the use these sensations have been in developing our education and those of us who possess them. If a complement cannot know the extra effort some must make with one or more of ours. So, if we lose or begin to lose. We realize, if we stop to think, that a student should be able to see. He must real, use the microscope and many various us in gathering the essential knowledge for his vocation. He also must be able to hear the words of his instructor, to listen thru the stethoscope and use his ears in many ways in diagnosis. We will work thru.

Osteopathic must train this sense to greater acuteness than almost any other class. We must know their position and work there. We work thru the "feel" of some particular object. To bring a student to the full realization of the importance of their sense education must be instituted early.

In the second year of the course the student begins to palpate the more prominent bony processes. In order to develop into an expert diagnostician from this stand point he must be able to feel and appreciate the movement of joints. It is therefore necessary for each to be able to locate certain landmarks used as indicators in determining the extent of movement. This leads to a diagnosis of the lesion and a classification of it also. We feel things that cannot be seen. We many times have to feel thru clothing and in order to get to deep bony prominences are often compelled to feel thru thick superficial tissues. Many ligaments must be felt also.

Muscules have a certain feel to them when normal and again a very different feel when abnormal. This is brought out in the training in technic and in the care of athletes in the Junior year. It is a difficult idea to convey and cannot be learned by any other sense except that of touch. We must also get the feel of organs. We must know their position and density normally and then when we recognize thru the sense of touch a different movement, it indicates that something is wrong.

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President ----- Arthur D. Becker
Faculty Advisor, H. V. Halladay
Editor----------------- E. Harwood

Osteopathic Without Limitation

Feeling Osteopathic

The entire registered attendance at the American Osteopathic Convention in New York next month will be approximately two thousand five hundred, thus breaking all records, will be guests of the Osteopathic profession of New York or the United States military academy at West Point. The finest boat on the river, the twentynumber of the Hudson River Day Line, has been placed under charter for that occasion. The boat is 240 feet in length and 60 feet in width. It is of 1721 tonnage, and is licensed to carry twenty-seven hundred passengers, thus making the comfort of all. The boat has four decks, one of which will be reserved for music and dancing.

Work we hear about the "feel" class. Every day in our college initial knowledge for his vocation. He also must be able to hear the words of his instructor, to listen thru the stethoscope and use his ears in many ways in diagnosis. We will work thru.

Osteopathic must train this sense to greater acuteness than almost any other class. We must know their position and work there. We work thru the "feel" of some particular object. To bring a student to the full realization of the importance of their sense education must be instituted early.

In the second year of the course the student begins to palpate the more prominent bony processes. In order to develop into an expert diagnostician from this stand point he must be able to feel and appreciate the movement of joints. It is therefore necessary for each to be able to locate certain landmarks used as indicators in determining the extent of movement. This leads to a diagnosis of the lesion and a classification of it also. We feel things that cannot be seen. We many times have to feel thru clothing and in order to get to deep bony prominences are often compelled to feel thru thick superficial tissues. Many ligaments must be felt also.

Muscules have a certain feel to them when normal and again a very different feel when abnormal. This is brought out in the training in technic and in the care of athletes in the Junior year. It is a difficult idea to convey and cannot be learned by any other sense except that of touch. We must also get the feel of organs. We must know their position and density normally and then when we recognize thru the sense of touch a different movement, it indicates that something is wrong.

The Log Book
The Log Book
The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY
President ----- Arthur D. Becker
Faculty Advisor, H. V. Halladay
Editor----------------- E. Harwood

Osteopathic Without Limitation

Feeling Osteopathic
Senior Banquet

Each term the trustees of the college entertain the graduating class at a banquet degnerated, with music in the background and sweet cinnamon rolls in the foreground, makes a convenient, comfortable and pleasing setting for such an affair. With the exception of the president of the class, the group attended in toto, this president remaining at home with threatened flu. The faculty and wives filled the remaining places at the long table. Comfortable and pleasing setting for such an affair. With the exception of the president of the class, the group attended in toto, this president remaining at home with threatened flu. The faculty and wives filled the remaining places at the long table.

On Foot

Dr. John H. Styles of Kansas City and former member of the osteopathic College faculty, called upon us with a visit January 21st. Dr. Styles explained the principles of foot technique in a very clear and concise manner and contributed greatly towards clarifying the complexities of the foot mechanism. We sincerely hope that Dr. Styles will make frequent visits to Des Moines and that he will not be too busy to come up and see us again some time.

Mark Twain Said...

"Everybody talks about the weather, but no one does anything about it," and that has been the situation in Des Moines for over a month. We suppose you have read the papers or maybe you have been having some of the jokes about the storehouse of Old Man Winter. So far, even with an acute coal shortage in the city, we have been able to use the fireplaces, and the first class is not always started on the bell, the lecture work soon gets under way and the day progresses as usual.

The boys out on OB and acute cases have had some harrowing experiences and since many of these cases are among the needy class in the city, they have lived thru scenes that will be retold many times thru their years of practice.

At present we are all in favor of moving the college to some city nearer the Gulf. But when Spring comes (if it ever does) we will change our minds—for Spring in Des Moines is sometimes altogether different.

... Flash!...

The coal shortage finally has us by the neck. We will be compelled to run on a partial schedule for a few days until more roads are cleared so the miners can get to work and the coal can be taken out. . . . Dr. J. E. Rogers, the official inspector for the A.O.A. will be with us this week, accompanied by Dr. Hauca. The visit was all we could have and the lecture work soon gets under way and the day progresses as usual.

Dr. H. V. Halladay is driving a new Buick coupe but with the snow two feet deep in Des Moines he is not making any new speed records.

Dr. Paul V. Wynn of Altoona, Iowa, was entertained the bridge department and others entitled to membership will make early remittance of dues. Dues in the Auxiliary are fifty cents a year and should be forwarded to Mrs. F. A. Gordon, Marshalltown, Iowa. . . .

A convenient remittance card for Auxiliary dues was recently sent out by the Auxiliary Treasurer and it is hoped all wives and others entitled to membership will send in their dues promptly. Members of the organization entitled to membership will send in their dues promptly.

It was only upon sending out the last formal letter to the Iowa membership within the past month that we learned of the death of Mrs. J. S. Baughman of Burlington. Dr. Baughman, in his 75th year, was one of the oldest practitioners in Iowa and his passing has been felt by many who have known him.

Dr. Baughman, who was in the practice of medicine for many years, was a member of the Iowa Medical Society and of the American Medical Association. He was a man of great ability and had a wide acquaintance.

Dr. Arthur D. Becker, of the Department of Public Health and Education, was in attendance at the meeting of the American Osteopathic Association held in Detroit, Michigan, and talked to the Detroit City Association on the subject "Osteopathy in the Detroit City Ambulance." A sumptuous dinner was served in Detroit's beautiful hotel, the Book-Cadillac, where later in the evening the meeting was held.

In spite of a stormy evening and the fact that the date of meeting was changed to suit my convenience, more than fifty physicians were in attendance.

I heard splendid reports of progress regarding the Detroit Osteopathic Hospital. More than one hundred and thirty osteopathic physicians patronized the hospital and this is a fine indication. Osteopathy in Detroit is making real progress and a rise in revenue is anticipated.

The boys, who have been working so hard on the radio, were given a chance to work on a project of their own. They were to set up a store and sell neckties. The project was a success and the boys were able to raise enough money to buy a new radio for the club.

Dr. W. L. Robinson, of Des Moines, announces that he has opened an OB case that was delivered at the Savoy Hotel. The Register carried an eight inch single column item and a two-column photo.

Dr. R. P. Ogden of Des Moines, was listed in both the Omaha Bee and the Des Moines Register for his heroism in fighting the elements. He successfully brought a case of appendicitis from a snowbound farm home with the help of a sled to the main road, where an ambulance was waiting.

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Dr. W. C. Brenholz, R. P. Perdue and E. J. Cunningham will address the group in and around Flint, Mich., for the next year.

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Drs. Rogers and Blauch

February 12th and 13th, the days planned for our annual inspection dawned, but not warm and bright. Threatened with a coal shortage the boiler at the college developed a fistula in its maze of pipes and necessitated a shut-down of the plant for one day. Plans were hastily changed for the 13th but enjoyed by all.

The faculty relished the opportunity of an informal lunch with Drs. Rogers and Blauch held at the Ft. Des Moines Hotel. Good humor prevailed at the opportunity of an informal lunch with Drs. Rogers and Blauch held at the Ft. Des Moines Hotel. Good humor prevailed at the opportunity of an informal lunch with Drs. Rogers and Blauch held at the Ft. Des Moines Hotel. Good humor prevailed at the opportunity of an informal lunch with Drs. Rogers and Blauch held at the Ft. Des Moines Hotel. Good humor prevailed at the opportunity of an informal lunch with Drs. Rogers and Blauch held at the Ft. Des Moines Hotel. Good humor prevailed at the opportunity of an informal lunch with Drs. Rogers and Blauch held at the Ft. Des Moines Hotel.

We were glad indeed to have

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Atlas Bulletins to A.O.A.

For the past several years Dr. Halladay, acting for the Executive Council of the Atlas Club, has been collecting copies of the Atlas Bulletin. Thru contributions from many in the field a complete set was finally assembled, bound and sent to the A.O.A. Dr. R. C. McLaughan, secretary of the association, has acknowledged the set with many thanks from the association and the assurance that this file as the property of the Atlas Club will take its place among the archives of the association.

The Atlas Club being the oldest of the osteopathic organizations contributed largely to association work and was naturally active in the beginning of osteopathic organization. Its Bulletin at one time approached the official organ of the association in size and circulation. As the association grew and developed the Atlas club dropped the publication of a bulletin carrying technical articles, freeing its writers for a greater service to the profession as a whole.

The set is made up into six finely bound books that would grace any osteopathic library.

Post Graduate Week, June 15 to 20

* * *

A week of practical lectures and clinic presentations in Osteopathy, Surgery, Diagnosis, Proctology, Eye, Ear, Nose and Throat, Obstetrics, and Gynecology.

No Charge to Attending Physicians

Open only to Osteopathic Physicians and Surgeons. Begin to plan now for a week of real interest and value. The Faculty of the College and the Hospital Staff wish in this way to show their appreciation to the profession for many courtesies. More detailed announcements later.

Des Moines Still College of Osteopathy

... Introducing ...

Dr. J. P. Schwartz

Dr. H. J. Marshall

Dr. Quintis W. Wilson

Speaks in Des Moines

Dr. Quintis W. Wilson of Wichita, Kansas, brought to the Polk County Society on February 14, a program on Endocrinology of outstanding merit. Speaking to the assembled group both in the afternoon and evening, he discussed the endocrine system in relation to the child as well as the adult.

Well qualified by his years of study and research into the field of Endocrinology, Dr. Wilson presented facts of advanced scientific findings known only to the osteopathic physician thru X-Ray work done by Dr. Wilson. The initial work has covered a period of years that place it in the field of scientific facts as demonstrated by slides taken during, before and after treatment, to show actual results.

The program was of special interest because of the original information presented by Dr. Wilson in what proved to be one of the most well rounded programs ever presented before a Polk County Osteopathic group. Dealing with problems that baffled the average physician he very clearly illustrated the dynamic possibilities of Osteopathy as a superior science in the treatment of specific and varied Endocrine disturbances.

The physician of tomorrow must be keenly awake to the possibilities of hereditary conditions that effect the adult members of the family that they may no longer be transmitted thru on-coming generations. Endocrine conditions can also be reversed.

(Continued on Page 3)

Program Progress

The group representing Des Moines Still College of Osteopathy on the National Convention Program at New York City next July is hard at work and making good progress. Their subject for discussion is one of general interest, namely, "The Various Menstrual Disturbances." Dr. Lonnie Facto, Dr. John Woods, Dr. Robert Backman and Dr. Becker will discuss etiology, pathology, diagnosis and therapeutics in the symposium.

The exhibit material for the scientific exhibit is in process of preparation. We are not only willing but intensely interested and happy in doing all within our capacity to help make this the best osteopathic convention to date.
March 29. The annual basketball game between the two chapters will be played at this time. We are expecting to have Brothers Ford and Beamer, and Pledge Hazy, recently visited us, come for this event. The parking and dancing were enjoyed by all.

Several of the Detroit boys are planning a visit to their homes in the near future. Brother Goode still continues to make his week-end trips to Bloomfield. What’s the big attraction, Goode?

The Chapter was recently honored by Dr. J. P. Schwartz, when he gave his talk, “Abnormalities of the Spine.” Several alumni and members of the faculty also enjoyed his lecture.

Dr. Porter on receiving an appointment for internship in the Detroit Osteopathic Hospital.

Congratulations to Bro. Wyman on his pledge Sigma Phi.

We are glad to see Dr. Halladay back in school after his recent illness.

PHI SIGMA GAMMA

Delta Chapter is pleased to welcome into full membership Arley Edgerton, Donald Leigh, Gordon Fischer, Clifford Millard, and Bart Sendt. They have the distinction of being the first four pledges to accept the invitation to join the chapter. Congratulations to all of them.

The day’s activities were concluded with a seven o’clock dinner in honor of our new members. Guests were, Dr. J. R. Shaffer and Dr. S. H. Dooley, who are representatives of the chapter. They gave brief talks on fraternalism, its value and meaning.

On a recent accident in front of the house, the electric wires were knocked down. Several of our members, donning the white coat, went out and directed traffic for nearly an hour until the tangle was again straightened out. The next evening Phi Sigma Gamma received a request from a News Flash over radio station WHO for its service in times of need. Those who were mentioned on the broadcast were Leigh, Millard, Edgerton and Corey. Thank youbrothers.

Sigma Sigma Phi has pledged brothers Howland and Braunenschleg. Congratulations, fellows.

Dr. F. E. Hecker, ’36, underwent an appendectomy at the St. Alphonsus General Hospital, March 28. The operation was successful and we are glad that you are improving.

Dr. John E. Rogers, Vice-president of the A.O.A., Examiner of the Associated Colleges, and an alumnus of Delta Chapter, visited us February 13. After inspecting the house, Dr. Rogers congratulated the Chapter on its progress and ability to maintain its home and membership during the depression days. He also explained the new ideas of the newly created National Board of Examiners, of which he is a member. We envy your visit, Doctor Rogers, and will expect you again next year.

March 15 at the regular Friday morning assembly. Psi Sigma Alpha announced to the student body its Freshman Essay Contest. Awards to be given to the best freshman essay entitled, “Why I Choose Osteopathic As A Career.”

We wish to extend our hopes for a rapid recovery to Dr. Hecker, who has recently undergone an operation for acute appendicitis.

ASSEMBLIES

February 14

The faculty and student body had looked forward for some time to this planned meeting with Dr. E. D. Schmiel, but Dr. E. D. Schmiel had to be brought to Boston under the leadership of Mark and the assistance of the boys of the Club. Altogether it was highly enjoyable for the members to look forward to the frat assemblies that are to come.

We hear that the girls will do a black-face stunt when their time comes.
Looking At Ourselves

Those who practice osteopathy become impressed with its many advantages as a powerful and safe medical practice. Longfellow more closely we study into basic osteopathic principles and the better we understand them, the deeper develops its awareness of the scope of applicability of these principles in practice. We begin to recognize that we are in an exciting and challenging profession. Those fortunate individuals who have been granted an opportunity to serve in a meaningful way.

What are we doing to improve our ability to serve? Are we reviewing our osteopathic literature to be abreast of various available osteopathic meetings? Are we doing any special study and research in our own field?

Being richly endowed in opportunities, what are we putting back into our profession? Are you willing to ask when invited to do so by the program chairman? Are we writing our cases and experiences so that others may benefit? Do we belong to the local, state and national organizations, and pay our dues promptly? Are we sending students to osteopathic colleges, thus assuring the growth and development of the osteopathic profession? Are we publicizing osteopathy by the judicious use of high class osteopathic literature?

Sometimes I think it does no harm to take stock of ourselves and see how the books balance. One must not just cover up all the time. We must keep putting something back. Are we takers only or are we also contributors?

Dr. Quintus W. Wilson

(Continued from Page 1) nized by a more complete history of the case and is children by use o’ the X-ray of the wrists, which when properly in- terpreted, according to Dr. Wil- son, means that the fractured ulna caput is indicative of the modern physician.

Dr. Wilson is to be highly complimented on his advance thought along lines that are so truly Osteopathic.—(R. K.)

What Price Experience

“Listen, my children, and you shall hear
Of the midnight ride of Paul Revere.”

When Longfellow wrote those words the daring ride of Paul Revere was the epitome of courage. Would that we had a Longfellow in Des Moines Still College of Osteopathy to immortalize some of the midnight rides of the obstetrical department are called upon to make. Our rides may not be as dramatic as Paul Revere’s, but who will deny that a small amount of courage and fortitude are necessary to get out of a warm bed in the wee small hours of the morning and ride in charging blizzards to deliver a baby under circumstances far removed from the conveniences of a hospital.

For example let me cite the experience of a group of students who fared forth one night during the coldest winter Des Moines has seen for 117 years. It was on a frigid, below zero night in early February when the telephones in the students’ homes rang with the dire mes-

The snow was deep and a high wind was blowing. It to drift deeper and deeper across the exposed side streets over which we had to travel. Finally the group reached the right street and turned into it, but before they had progressed more than a few feet a gust of unimagined drifts stretched before them in the road. A car could never traverse that street, so the students only alternately laboring and, laden with kits, started to wade through the drifts. The wind whipped around them; exposed ears and faces and the deep snow made progress arduous and slow. After an age of time and an interminable distance—really about half a mile—drifts they reached their destination.

Fortunately the house was warm, and as soon as they thawed out sufficiently to move, the equipment was set up and the delivery made. When all was cleared the weary crew started the long trek back to their cars. The night’s ordeal was not yet complete, however. One of the cars managed to kick its chain and refuse to move until patient and strenuous effort was expended in shoveling a path. The return trip was accomplished successfully and the students ar- rived at home in time to snatch a few short hours of sleep before the inexorable alarm rang, calling them to an eight o’clock class.

E. Harwood

New York Convention—Diagnostic Clinic

Dr. Stanley G. Bannen of Louisville, Ky., has accepted ap- pointment as Director of the Diagnostic Clinic which will be made a feature of the Forty-fifth Annual Convention of the Amer- ican Osteopathic Association, to be held in the Waldorf-Astoria Hotel, New York City, beginning Monday, July 20th. This will be a repetition of the Clinic which was featured for the first time at last year’s Convention in Cleveland, and which was receiv- ed with great enthusiasm by the physicians in attendance. So suc- cessful was that event that careful thought is being given to the plan to make it an annual feature of future conven- tions.

Close co-operation has been assured to Dr. Bannen by Dr. Roland S. Coryell, Chairman of Clinics, and Dr. W. T. Kraus, Chairman of Facilities. To make certain the best execu- tion of the plan to be directed the staffs of the Clinics have been called to the attention of the in- dividual Osteopathic physician who may now or when Conven- tions may benefit? Do we belong to organizations and pay our dues the local, state and national or- ganizations and pay our dues?

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Dr. Alan R. Becker.
THE LOG BOOK

I.O.A. Bulletin

The Spring Circuit may be in progress by the time of publication of this Log Book. The Log Book may appear on the program.

-The Business Philosopher

Dr. Becker Discusses the Heart

A year ago Dr. Arthur D. Becker, president of Des Moines College of Osteopathy, discussed and classified heart disease as a clinical basis. It has continued of value to every member of the society who heard this splendid paper.

Dr. Becker was again guest speaker of the Polk County program, continuing the discussion of heart conditions. Data of General Cardiac Examination and the relation to the osteopathic physician and his findings was ably presented by the speaker, who has spent years studying and teaching of this important phase of human anatomy, physiology and pathologic

Valuable information gained by practical experience and scientific research covering the cardiovascular system was made early, as the committee had no trouble in securing the services of Dr. D. E. Hannan, D. O., Sec'y. Dr. Hannan has been much interested in this subject. He has made early, as the committee had no trouble in securing the services of Dr. D. E. Hannan, D. O., Sec'y. Dr. Hannan has been much interested in this subject. He has written many fine articles on it, and a new edition of his book on cardiology is now in press.

Thurday Noon Meetings

The regular Thursday Noon Luncheon group is continuin the discussion of endocrine study as started this year. Linking with the valuable work as presented by Dr. Washington, neurology, and physiology of the endocrine system. A modern and well formulated idea of the interrelation of the system was stressed and an advance in knowledge to that which will eventually become a fact. The relation between the nervous system and the endocrine system has an inherent quality which is based on the intelligence of the cell, and can be treated as a structural unit.

(R. K.)

Illinois State Meeting

Plans are practically complete for what is expected to be one of the largest state meetings in the history of the Illinois Association. Attendance is being made early, as the committee feels that many in adjacent states will want to attend. A glance at the program will convince the reader that the three days will be filled with instructive talks.

Reserve May 17, 18 and 19, at the LaSalle Hotel, Chicago.

Dr. J. P. Schwartz

(Continued from Page 1)

Dr. H. J. Marshall

(Continued from Page 1)

Dr. Lee Lindblom

of Wichita Falls, Texas, was recently married to Miss Ester Young. Dr. P. W. Warner of Spokane, Kansas. Lee expects to open an office soon.

Drs. Fred McAllister, Glen W. Bybee, and Edgar R. M. Adams are taking P.G. work this semester. It looks good to see these recent graduates around the halls again.

Dr. John Woods has had the opportunity of attending an anatomi and physiological basis and presenting to the group the latest facts which have become a valuable post-graduate course. A general discussion later added in the Board of Examiners in the Basic Sciences, et al."

This action enjoins and restrains the Board and the indi
dividual members from issuing a certificate of pro-
ficiency in the basic sciences to any person or persons without first passed an examination be-
fore the Board showing the re-
quired proficiency in the basic sciences, and the Board is or-
dered to require in all cases the issuance of a certificate of pro-
ficiency in any of the subjects described in the basic science law.

Will it be possible for you to inform the members of your pro-
fession in this state?

Thanking you, I am,

Very truly yours,

(Signed) E. A. Benbrook, Secretary.

Dr. Becker presents the Osteopathic study of the system, in its relation to the treatment of disease. A modern and well formulated idea of the interrelation of the system was stressed and an advance in knowledge to that eventually will become a fact. The relation between the nervous system and the endocrine system has an inherent quality which is based on the intelligence of the cell, and can be treated as a structural unit.

(R. K.)

Visitors

It is gratifying to have our graduates and others drop in for a chat when they are in the city. This past month the following have visited with us for a few minutes and we were glad to see them: Drs. Jack Emnis, Bennie Devine, Gene Winslow, Mrs. W. S. Schwartz, Louis Carleton and Cuthbert Smith.

Interesting and friendly letters were received by the office from Drs. R. C. Wayland, Sherwood Nye, H. G. Withrow, W. E. Lawrence, Virginia Gay-King, George Folkman, R. T. Lustig, Olga Gross, and J. A. Johnson.

Dr. D. E. Hannan, D. O., Sec'y.

We have been requested to have the enclosed letter publish-
ed in this column, and it was received by Dr. Hannan, from Dr. E. A. Benbrook, Secretary of the Board of Examiners in the Basic Sciences in Iowa.

February 19, 1936.

Dr. D. E. Hannan, D. O. Sec'y. Iowa Board of Osteopathic Examiners, Perry Iowa.

This is to inform you that today this Board received a letter from Bailie and Edson, Lawyers, Park City, enclosing a copy of a temporary in-

JUDGE E. T. RICE, in the case en-

titled, "Don C. White, Plaintiff

in error of Examiners in the Basic Sciences, et al."

The Spring Circuit may be in progress by the time of publication of this Log Book, with the Spring Circuit officials as to the time and date of the meetings.

We in Iowa are very fortunate and I may say very proud to have Dr. Arthur D. Becker as one of our members. He has kindly consented to accompany President Gordon on this, the last circuit of this Society year.

Meetings are as follows: Fourth District at Hampton, March 16; First District at Clinton, March 17; Third District at Ottumwa, March 18; Sixth District at Ames, March 21; Fifth District at Sioux City, March 24; Second District at last Ickley Bluff, March 25.

In addition to these two speakers each district has been requested to present one local speaker and at the time of writing, we haven't been definitely informed as to these speakers, except in the Fourth, where Dr. W. D. Andrews, Fort Wayne, will appear on the program.

** * *

State Convention

After our present circuit the next "show" will be the state convention at Des Moines, May 14 and 15. While we haven't heard just yet, Dr. W. C. Chappell, Mason City, Chairman of the Program Committee, we can call to mind three headliners which will insure any convention of a good attendance. One of these, a specialist in his line, has never appeared in Iowa, to our knowledge, is from the South and appeared on the A.O.A. program at Cleveland. Non-member -- dues paid now give you full membership until June 1, 1937. This entitles you to attend any conference of the board, to receive the Log Book, to have your name included in the directory, and to vote at the annual meeting. Non-member registration fees for both conventions.

We are taking P.G. work this semester.

Bennie Devine, Gene Winslow, Louis Carleton and Cuthbert Smith.

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February 19, 1936.

Dr. D. E. Hannan, D. O. Sec'y. Iowa Board of Osteopathic Examiners, Perry Iowa.

This is to inform you that today this Board received a letter from Bailie and Edson, Lawyers, Park City, enclosing a copy of a temporary injunction writ entered in the District Court of Woodbury County, Iowa. February 15, 1936, by
Boys Meet Boys

The recent coverage of state athletic events by the Seniors is certainly deserving of space, since it was complete and carried out to the satisfaction of all parties. The three major events of the past month were the Girls' State Basketball Tournament, the Boys' State Basketball Tournament, and the State High School Wrestling Tournament. In each case students were sent out to take care of the various teams and with the report of the girls meet in another item, we append the report on the care of the boys.

Basketball

Joe Peterson, Bernard Howland, Don Evans, C. W. Hammond and Hal Walters were sent out to the Drake Fieldhouse to take care of the boys at the Basketball meet. Teams from Wellsburg, Webster City, Williamsburg, Lucin, Anamosa, Creston, and Bronson were taken care of together with a number of players who dropped in for treatment without stating their connection. In a state meet the boys are usually in good condition to begin with, so that the treatment was only minor keeping them that way. General treatment, care of floor burns, Charlie horses, sprains to knees and ankle and shoe pinches are the main items on the list of services rendered. The boys 'on the court' feel that they earned a great deal, made some

(Continued on Page 4)

Official Visitors

On Wednesday, April 8, the college was honored by the presence of Drs. McCaughan, Clark and Gordon. This visit was an official one and for the purpose of acquainting the student body with the services offered by the Central Office. The Senor class was dignified by a special meeting, the remaining classes met together and were given the "first degree" in association work.

It is always a pleasure to have members of the official family as visitors. We are busy and hope that they note that we are out and can take time off for such important events. These men brought something to the student body that comes only thru the building examining specimens in Biology, Pathology, etc., and finally were landed in the dissection room, which seems to be the goal of all visitors.

We hope that Drs. McCaughan, Clark and Gordon will visit us again.

Girls Meet Girls

Thursday, Friday and Saturday, March 19, 20 and 21, the girls' basketball tournament took place at the Drake Fieldhouse with four of our girls, Dorothea Failing, Marybeth Ziegler, Clarise Klett, and Helen Repe. The Illinois team was supervised by Dr. H. V. Halladay. These teams, champions of the various state areas, entered the tournament to compete for the Girls' State High School Championship. Two of the teams brought their own trainers and doctors, but most of the sixteen teams were under our osteopathic care.

The first morning started very well with a knee to tape, a first degree charley horse, and no serious injuries. During the afternoon there was one badly sprained thumb taped, several blistered feet and floor burns treated. Some pulled muscles worked out.

During the course of the meet, no one was injured enough to prevent her from polishing the game, although teeth were loosened, ankles sprained, knees twisted, and one very severe sacro-iliac lesion was produced. The latter happened in a fall so severe that it was doubtful if the girl would be able to return to play for the remainder of the tournament. However, by

(Continued on Page 4)

Local Visitors

Recently the college has enjoyed an increase of local visitors. Two science classes from North High, together with their teacher, spent an afternoon visiting the classes and laboratories. Guided by a member of the staff they went thru the building examining specimens offered by the lab, etc., and finally were landed in the dissection room, which seems to be the goal of all visitors.

A group of nurses from one of the local medical hospitals also made the trip thru the lab and seemed to enjoy the contacts with students who could talk their language.

The college is always glad to take time to explain to interested groups, what we are trying to do. We find many who are truly interested in expanding their knowledge of what is going on in the community and few who are not really serious about matters pertaining to their own health.

... Introducing...

Dr. Mary E. Golden Dr. Glen E. Fisher

Perpetual motion would suffice for a thumbnail description of Dr. Mary Golden. Busy from morning until late at night and with more varied interests than two other people. Dr. Golden has an extensive practice. She is active in several local professional women's clubs. She frequently talks before professional and lay groups and is always on hand to take care of her duties as a member of the faculty of the college.

Dr. Golden is deeply interested in her profession. She is a member of the local, state and national societies and attended the state convention having been elected chairman of arrangements for the state society. He enjoys motorizing and will be seen at the national convention this summer, taking his vacation in the East immediately afterward.

One of the younger members of the faculty but filling an important position on the faculty and board of trustees. Dr. Fisher came to the college having had two years work at the University of Iowa in the medical department, finishing his education in osteopathy. His work is in the department of chemistry and comparative therapeutics and is not an easy task, since these subjects seem to have always been difficult for the average student.

He is also responsible for the subject of Laboratory Diagnosis and supervises the laboratory work in connection with the clinic of the college.

Locally he is active in the professional organizations and is chairman of arrangements for the state society. He enjoys motorizing and will be seen at the national convention this summer, taking his vacation in the East immediately afterward.

Hear and See These In New York

At the National Meeting In July

Post Graduate Week, June 15 to 20

No Charge to Attending Physicians

Des Moines Still College of Osteopathy

Send A Student for Our September Class

Authorized Feb. 3rd, 1923.

Entered as second class matter, February 3rd, 1923
at the post office at Des Moines, Iowa, under the
act of August 4th, 1912.

THE
LOG BOOK
PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 13 APRIL 15, 1936 Number 4

No Charge to Attending Physicians
ATLAS CLUB

(Leigh Beamer)

Children wait impatiently for Santa Claus, the aged for acquaintance with your neighbor.

-Arthur D. Becker. D. O.

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[0x0]THE LOG BOOK

EratrBeniTy NOTES

of Washington, where she is employed for the students in the library. This is certainly a commendable contribution from the girls.

March 14

Another movie day but to vary the program we took a trip to Mt. Rainier National Park. The Department of Interior is kind enough to furnish films of most of our national parks and each makes a worth half hour of interesting entertainment. The trips are always too brief for many of us have not visited such far away places, but the seeing is sufficient at least to whet our desire for travel and we all say that some day we will be there in person.

The Phi Sigma Gamma house opened and closed the assembly, as usual.

POST GRADUATE WEEK—
JUNE 15 to 20.

Looking Around

It was my very real pleasure during the month of March to make a circuit of the six district meetings in Iowa in the company of the President of the Association, Dr. F. A. Gordon of Marshalltown. If one is ever inclined to tire of Iowa, or "weary in well doing", I have discovered a first class panacea. Just get out in a group of osteopathic physicians and surgeons and have some good visits and some live discussions. Find out what others are doing and plan with them some constructive ideas, and have some good discussions. Catch some of their enthusiasm. Hear them tell of their successes and failures and the way they meet them. Instruct them in the solution of their more trying cases.

It is a genuine inspiration to find that osteopathic physicians are assuming an important place in their several communities and that the public gives tangible evidence of its appreciation in submitting the more difficult cases to our physicians for diagnosis and treatment. Responsibility develops, and development we instinctively measure up to what is expected of us. We know that those who are in osteopathic educational institutions appreciate our responsibility and obligation. It makes us realize the worthwhileness of our efforts to qualify competent osteopathic physicians.

A serious error to miss the uplift, the pleasure and the profit gained in contact with your fellow worker. From the meeting of minds and the conflict of ideas, sparks are emitted which light the way and reveal new and better ideas. I am looking forward at this writing to a Joint meeting of the 16th of this month at Iola, Kansas; of the Osage and the Verdegris Valley Osteopathic Associations; and on May 1st at Minneapolis with the Minnesota Osteopathic Association. Then on May 14 and 15 the Iowa State Osteopathic Association meets here in Des Moines. Meet, mix, visit and discuss, and capture the good which results from acquaintances with your neighbor.

-Arthur D. Becker, D. O. 

March 13

Following the custom of the spring assembly plan, the Phi Sigma Gamma took over the assembly with honor to their章and much to the amusement of the student body. The college orchestra assisted in the program which was planned after Major Bowes' Amateur program. It is needless to report that the acts were fully up to the expectations of the crowd and all went into the spirit of the affair with gusto. We had no idea that so much talent (7) could be found in one organization. Don Leiph, acting as master of ceremonies, finished the program with some discussion of sorority problems, and concluded by Don the Magician, with a frequency of 722 appendix.

The broadcast ends as follows:

"We have been broadcasting by authority of the S. C. O. of the Little Rock Chapter, of the Latzki Extraperitoneal Cesarean Section, 1,411 tectonities, and one-half a cyclone. At the end of the theme song you will hear a special ten-second musical arrangement to air the voices of your respective teachers in our class rooms."

The program was good and we gratefully acknowledge the Sigma Phi Gamma.

March 20

Following music by the orchestra the student body viewed another scientific film through the courtesy of Davis and Gock of New York. The program showed a sploot of South America. If it were not for the distance I am sure all the sorority girls would have right down there to start up a nurse's home in Kewanee, Illinois.

Friday, March 27 was Sorority Assembly. Dora McKay, a singer of radio station KSO, sang a song or two for the students from the studio of KSO. McKay from the studio of KSO has done a lot of work. She has starred in a film, "Youth at Play at Catch some of their enthusiasm.

The orchestra closed the session.

March 27

The Deltas, not to be outdone by the Sorority Assembly, staged a real show for the assembly this week. Miss Dora McKay from the studio of KSO enticed first with Blue Songs in Rhythm, the old favorite, St. Louis Blues, winning the most applause. This was followed by several numbers from the film "Youth at Play at KSO". Miss Adler is training dancers to range from little tiny folks to any organizations for men, women, and girls. She has twenty minutes of highly instructive visual teaching. No one fainted, which was very disappointing to several who were ready with appropriate restorations.

The new high power projector was used to advantage and marks a real advance in our interesting movie shows.

The orchestra closed the session.

March 13

A business meeting was held at Muriel Wilson's, March 18. The evening was spent in discussion of sorority problems, plans for the Sorority Spring Assembly and vacation plans. A delicious lunch was served by the hostess. A very interesting work meet- ing was held March 10 at the home of Lynnette's at which a noted traveler and lecturer, Rev. Nichols, spoke on the wonders of Latin America. If it were not for the distance I am sure all the sorority girls would have right down there to start up a nurse's home in Kewanee, Illinois.

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**Faculty Fails to Agree**

Waving arms, clinched fists, smacked violently into cupped hands, besotted brows corrugated over glowing eyes and the center of which spouts a cadence of vicious and the phonetic visages from like the hooping of an angry mob. The chief signals for silence.

This is not a rehearsal of a highly dramatic scene from an ordinary amateur make project in an ordinary sized room and by a machine that used a 100-watt lamp. It looked fine, the images were distinct and the picture interesting and the projector cost only about $85.00. We then saw the same projector used in a larger room and by a machine that had to be thrown about 50 feet and we had to strain our eyes to see what it was all about. It did not register. The lamp was too weak and the impression was altogether negative. But the demonstrator substituted a much stronger projector. One of the 500-Watts and what a difference! The picture was clear and even at a glance could be easily enjoyed. The reaction was positive and we went away pleased.

I thought on the way back to the office that we have a lot of 100-Watt people in this world. They are trying just 100 Watts worth and probably should be invited to see something. It is so dim that everyone around them turns to see what it is whereas that is clear and distinct. These same people have within them a dynamo that can develop 500-Watts if only they have something to be satisfied to throw a faint shadow on the screen and it is so dim that everyone around them turns to see what it is whereas that is clear and distinct. These same people have within them a dynamo that can develop 500-Watts if only they have something to be satisfied to throw a faint shadow on the screen and it is so dim that everyone around them turns to see what it is whereas that is clear and distinct.

**POST GRADUATE WEEK—JUNE 15 to 20.**

Dr. William E. Rees—of Martins Ferry, Ohio, recently passed the West Virginia State Board. Bill decided to settle down a home a wait and a few days to move in. The wait was a life saver for Bill and family, for during the flood the house was under water.

Dr. Lou Carleton—of Brooklyn, N.Y., recently elected president of the New York City Osteopathic Association.
Whether by good fortune or luck, the spring Circuit missed winter, the floods and the second ... be given in New York City during the week of the national convention.

Resolutions of support for the college were passed and 15, as that is when the Osteopathic Education of the AOA have been rest assured of a real OSTEOPATHIC program. Dr. Mabel Anderson of the latter institution believes that "Diseases and Practical Gynecology." Dr. Anderson, we believe, has another appearance before an Iowa audience, but rest assured she will have plenty for us to take home. If you have read her articles in the College Journal you know she has something to say, and is not filling space to help out the editor.

Another difference to an Iowa convention is that of G. H. Meyers of Tulsa, Oklahoma. Dr. Meyers' particular hobby, or shall we say, interest, is eye, nose and throat. Dr. Chappell chose wisely when he selected Dr. Meyers for the Iowa program, so will again sing, and with Dr. Strummer of Shana do with the violin, we know the musical reception of the mixed will be well taken care of. Dr. Hook has not as yet announced his speaker of the evening, but we know that theUBSOA will be well be worthy hearing, as they are outstanding in their field of endeavor and whichever is chosen by all of us to present, with us for the evening.

There are several other speakers and features we are not able to mention until after this time, since we have no definite word as yet as to the exact program, but complete program and information will reach you by mail.

Paul O. French, D. O., Secretary-Treasurer.

Prospective Students

The Polk County Association was hosts to a group of prospective students of Osteopathy upon their regular annual meeting in March. Many members of the association who have friends and patients that are worthy material as future osteopathic physicians, decided that it would add interest in the lives of these young students to attend such a meeting. They were well rewarded and the enthusiasm of those present was related at the concluding program in May.

Those attending were Margaret Jean Miller, Robert Smith, Jack Hansen, Jack Yarham, Ron Peterson, and Drs. Leslie Gordon and Bertha Ness. John Mattern, a senior student, Prof. Edward Owen of the college, Dr. Lillian Woods, and Drs. Leo and Dale, practicing physicians, were also guests.

Mrs. Clara B. Byerley—of Guelph, Ontario, mother of Dr. A. E. Byerley, passed away on February 11. She will be remembered forever for her active part in class affairs while her son was in college.

POST GRADUATE WEEK—JUNE 15 to 20.

The Osteopathic Armamentarian

Dr. John Woods presented to the Polk County Osteopathic Society the most comprehensive view of the resourcefulness of the osteopathic profession in a most impressive and practical manner. This talk will merit the attention of every osteopath for it is full of practical ideas and a sincere appreciation of his study was evident by the outstanding comment of those present.

Considering the history of Osteopathic therapy of the human body he discussed the various factors that prove and have proven the superiority of its claims. The basic foundation of the foot and its proper normalization and prevention of pathological and anatomical imbalance due to variation in the length of the legs. Further that good posture is an essential to the proper functioning of the foot and is the fundamental factor of the osteopathic profession. The static and dynamic influences of the "lymphatic pump", the formation of anti-inflammation substances that effect the blood circulation. Division of the external rectal sphincter and surrounding tissues. Stimulation and inhibition through nervous system has its place in relation to blood vessels, glands and smooth muscle and especially valuable in relief of painful conditions that need immediate attention.

Discussing the various and remote effects of the "lymphatic pump", the formation of anti-inflammatory substances and their circulation by distribution of the fluids of the body. He then concluded this valuable discussion with newer thoughts of endocrine, cranial pressure, and finger surgery and how all are connected and related to the osteopathic lesion.

Normalization of the structural integrity in all its phases is the fundamental factor of the osteopathic physician that years of scientific research will reveal. This merits the clinical study by every physician of the osteopathic school that a collection of data may place the concepts of Dr. A. T. Still where such credit belongs.

Program chairman, Dr. R. B. Koehl, gave the following description of the splendid presentation of the last two programs that Dr. Arthur D. Becker and Dr. John Woods will present next year in connection with the organization of the American Federation of Osteopathic Colleges in New York City.

Mr. J. O. Beck—of Mount Vernon, Ohio, was a recent visitor at the college.

Boys Meet Boys

(Continued from Page 1)

valueable contacts and were instrumental in the players in good condition for the finals. The coaches were grateful for the services and mentioned it several times to the students. Bernard Howland is all puffed up over the fact that he worked the winning teams from Ames through the entire meet.

Wrestling

The state wrestling meet was held at the Y.M.C.A. on April 3 and 4 and attended by about 200 high school boys. Mr. Con- rad of the boys to have someone there to take care of the possible injuries, and Austin Britt, Jack Weedy, Harry Simmons and Joe Guererra were sent. Injuries in wrestling consist of necks, shoulders, hips, ankles, and severe sprains to most of the joints. The boys report that they handled cases almost constantly, and Dr. Becker has trouble in the treatment and care before and after the match. All express their appreciation for the opportunity to help the "Y" with the work and especially pleased with the work done by the students.

Dr. Harry Hall was in charge of the Athletic Clinic of the college and supervised all work of this type not only for visiting teams at the occasional events but also during the entire school year in connection with the local public and parochial high schools.

Girls Meet Girls

(Continued from Page 1)

Well, we felt we benefited the teams, which co-operated and responded so splendidly, and we know we ourselves learned much and feel amply repaid for our time and effort.

—Helen M. Butcher.

National Board of Examiners

Notice has been received at the office that the National Board of Examiners will hold examinations in Parts I and II of the examination in each of the six approved colleges on Friday and Saturday, May 12 and 13.

Application blanks must be secured from Dr. Asa Willard of Missouri, Montana. These blanks must be certified by Dr. Willard and directed to the proper preceptor.

Part III of the examination will be given in New York City during the week of the national convention.
POST GRADUATE SCHEDULE

The Des Moines Still College of Osteopathy cordially invites members of the OSTEOPATHIC PROFESSION to join with us in six days of intensive study and demonstration.

NO TUITION CHARGE
Your only expense will be your usual expenses, which should not be much more than if you were staying at home.

GRADUATE OSTEOPATHIC PHYSICIANS ONLY
The course is not open to the public nor to any physician other than a graduate of our own science.

CLASSES BEGIN AT 8:00 A.M. MONDAY
This does not mean 9 nor 10. Our schedule must run as planned as our teachers are busy. If you arrive late you miss something.

REGISTER AT THE COLLEGE OFFICE
The office is on the second floor of the college building, which is located at 722 Sixth Avenue.

JUNE 15 TO 20 INCLUSIVE
From Monday through to and including Saturday. Every day for the week and the whole week crowded. Evening sessions also.

CERTIFICATE OF ATTENDANCE GIVEN
Many wish a record of Post-Graduate work. You will be given an official certificate for your full attendance. No extra charge.

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<tr>
<th>HRS.</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tr>
<td>9:00 A.M.</td>
<td>Dr. A. D. Becker Osteopathic Principles</td>
<td>Dr. A. D. Becker Osteopathic Principles</td>
<td>Dr. A. D. Becker Osteopathic Principles</td>
<td>Dr. A. D. Becker Cardiac Diagnosis</td>
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<td>10:00 A.M.</td>
<td>Dr. J. L. Schwartz Ambulant Proctology</td>
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<td>11:00 A.M.</td>
<td>Dr. J. P. Schwartz Surgical Diagnosis</td>
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<td>1:30 P.M.</td>
<td>Dr. H. J. Marshall Eye, Ear, Nose and Throat</td>
<td>Dr. H. J. Marshall Eye, Ear, Nose and Throat</td>
<td>Dr. H. J. Marshall Eye, Ear, Nose and Throat</td>
<td>Dr. John M. Woods Skin Diseases</td>
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<td>Dr. John M. Woods Skin Diseases</td>
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<td>2:30 P.M.</td>
<td>Dr. Lonnie Facto Neurology</td>
<td>Dr. Lonnie Facto Neurology</td>
<td>Dr. Lonnie Facto Neurology</td>
<td>Dr. Lonnie Facto Physical Diagnosis</td>
<td>Dr. Lonnie Facto Physical Diagnosis</td>
<td>Dr. Lonnie Facto Physical Diagnosis</td>
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<td>3:30 P.M.</td>
<td>Dr. B. L. Cash X-Ray</td>
<td>Dr. B. L. Cash X-Ray</td>
<td>Dr. B. L. Cash X-Ray</td>
<td>Mr. O. E. Owens Bio Chemistry</td>
<td>Dr. C. P. Callison Dietetics</td>
<td>Dr. Glenn Fisher Laboratory Diagnosis</td>
</tr>
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<td>4:30 P.M.</td>
<td>Dr. H. V. Halladay Athletic Injuries</td>
<td>Dr. H. V. Halladay Athletic Injuries</td>
<td>Dr. H. V. Halladay Athletic Injuries</td>
<td>Dr. H. V. Halladay Applied Anatomy</td>
<td>Dr. H. V. Halladay Applied Anatomy</td>
<td>Dr. H. V. Halladay Applied Anatomy</td>
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<tr>
<td>7:00 P.M.</td>
<td>Dr. C. Ira Gordon Foot Technic</td>
<td>Dr. C. Ira Gordon Physio Therapy</td>
<td>Round Table on Osteopathic Technic</td>
<td>6:30 Class Dinner</td>
<td>Round Table on Osteopathic Technic</td>
<td>Round Table on Osteopathic Technic</td>
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Clinic Presentations As Available in Various Classes.
The Beta Chapter of Sigma Sigma Phi, national honorary fraternity, wishes to extend...the health of the car will per-
formance. We were able to secure the movie
satisfiedly completing their term of pledge-
for X-Ray examination and a se-
 relatively good condition. We will meet with the Arizona State Osteopathic Association at Tuc-
discussions he told of several cases
isterial members of the team's train-
with the Arizona State Osteopathic Association at Tuc-
for X-Ray examination and a se-
he will have to be
said and presented, he will
for X-Ray examination and a se-
He was unable to
Feral weeks the
the electro-convulsive treatment.
their last home game. On April 23rd, Maren, the big-
Bon Voyage!

We cannot pass up this opportunity to say a word or two to the graduating class, to you and to the students in our college who will return next fall.

This marks the end of a college year. We wonder if we have accomplished all this year that we had planned for the coming year. There is more to the management of a college than the routine of the routine. There are so many lectures covering so many subjects of a subject. There is something that is indescribable that has to be put into the day's work in the way of inspiration, interpretation and interpretation of each subject. Twenty-four of our boys are leaving us. We wonder if we were able to put that extra something across to them and if they are leaving us with that extra something as a preparation that is so essential in the way of a physician? We hope it is true. From the hard-working president of the college down to the newest of laboratory assistants, all have put their best into this class and we are proud of them. We hope they will go on and reflect our work. We are not ashamed of any of them and know that the name of Des Moines Still College of Osteopathy will stand for the best in the name of the Des Moines Still College with pride.

Seniors, we congratulate you and wish for you every success that should come to a sincere worker in osteopathy.

To those of you who will return next year, we urge you to live, talk and eat osteopathy all through the vacation period. We hope you are leaving with the enthusiasm of a good year's work: with knowledge that you have acquired and a determination to spread the word of Des Moines Still College and Osteopathy wherever you go next year.

Next year will be bigger and better.

With twenty-four fine Seniors going out to represent us and with you lower classmen on the firing line, we are sure that the natives in many parts of the country will be better informed on the subject of Osteopathy before it is time to return.

We will make the usual bet of any reasonable amount, that if we keep plugging along as we think we thought we would never come but has arrived too soon. The several functions that are listed on the program are dated for the class follow:

**Senior Class Day—Friday Assembly, May 22.**

**Senior Banquet—Youungers, Thursday, May 23, at 6:30 p.m.**

**Senior Graduation—College Auditorium, Friday, May 29, at 7:00 p.m.**

The college awards for superior work will be given at the class day program at which time the classmates will confer their own personal program.

The banquet given to the class by the trustees will precede graduation night and will be in charge of Dr. Arthur D. Becker, president of the college.

Dr. Russell C. McCaugheh, secretary of the A.O.A., will address the class at its graduation on the 29th.

What Happens to Them?

So many times the request comes through the mail to send an Osteopath into some town or city, the reason being that there is none in the immediate vicinity. Long ago at a state convention it was mentioned that one hundred more Osteopaths were needed in the state, yet we have not heard from that section of the country. Here is where they go, according to a list taken just before going to press. For twenty-four Seniors seem to know just about what they will do and none are going into the state we refer to.

Name From: State Bd.

- M. Schwank, Ohio-Ia.-Ohio.
- Don Hickey, Iowa—Ia.
- Fred Green, Kansas—Oklahoma
- Don Hickey, Iowa—Ia.
- DeWitt G. Good, Iowa—Ia.
- J. Q. A. Mattern, Iowa—Ia.
- W. A. McPherson, Iowa—Ia.
- W. S. Irvin, Pennsylvania—Iowa
- V. C. Pohl, Ohio—Ohio.
- V. D. Treece, Ohio—Ohio.
- Fred Green, Kansas—Oklahoma
- W. R. Richardson, Minn., Ia.-Okla
- Saul Slepke, Iowa—Ia.
- R. K. Richardson, Minn., Ia.-Okla
- V. C. Pohl, Ohio—Ohio.
- R. K. Richardson, Minn., Ia.-Okla
- V. C. Pohl, Ohio—Ohio.
- R. K. Richardson, Minn., Ia.-Okla
- V. C. Pohl, Ohio—Ohio.

Just One of the Bishop Boys

Not long ago a member of the faculty sat on the balcony of the New Bishop Cafeteria and during the consumption of the meal thoughttwenty-one times that the New Bishop Cafeteria should have twenty-one different students of the college. Hurrying back and forth with food, taking out used dishes and trays, and filling cups with drinks, he observed too many of our students to make an accurate count. He then went to the hostess of the cafeteria, furnished the information that twenty-one of our boys work there for their meals. Just how independent are we? Can Bishops get along without us and can we get along without Bishops? It looks like a perfect example of a mutual ben

**April 6**

The usual monthly meeting of the Board was held this month on Monday the 6th. Matters of considerable importance were before the Board this month. The answer that was turned over to us that a scientific article should be run in every issue and the favorite subjects were Cardio-Vascular and Eye, Ear, Nose and Throat diseases. The question was almost unanimously answered in the affirmative and it was whether it would be the reader's choice to have a question and answer column. This column would be included in the Log Book every month and would answer all sensible questions that were sent in to the editors. In this way it would help others in diagnosing their own cases.

Another of the most important questions asked dealt with the publishing of the periodical. Only five of the doctors preferred quarterly issues and the remaining two much preferred the monthly publication, because it kept them better informed on what was going on in the college and the latest developments in the profession.

May 4

In routine business of the Board at its meeting the fourth of May, time was taken to announce the Board Committee for the Post Graduate Week, the program for which is given on the board. Reports already are coming in from the field that the attendance of the Board will be above our expectations and we know you will meet many old friends.

Reports concerning the work of the college that will appear on the program of the New York Convention are very gratifying. The Des Moines Still College of Osteopathy was the first of the colleges to have its part of the program ready.

Dr. Glenn Fisher of the faculty spoke to the group in the development of a new Anogen and its use in treatment. There is that much preferred the monthly publication, because it kept them better informed on what was going on in the college and the latest developments in the profession.

May 4

To those of you who will return next year, we urge you to live, talk and eat osteopathy all through the vacation period. We hope you are leaving with the enthusiasm of a good year's work with knowledge that you have acquired and a determination to spread the word of Des Moines Still College and Osteopathy where you go next year.

Next year will be bigger and better.

With twenty-four fine Seniors going out to represent us and with you lower classmen on the firing line, we are sure that the natives in many parts of the country will be better informed on the subject of Osteopathy before it is time to return.

We will make the usual bet of any reasonable amount, that in less than a month you will be counting the days until the 8:00 o'clock bell rings.

A fine, restful, happy vacation to all of you.

—E. Harwood and Staff.
OSTEOPATHS PLAN MEETING

Leaders Prepare For State Gathering.

The thirty-eighth annual convention of the Iowa Society of Osteopathic Physicians and Surgeons will be held Thursday and Friday at Hotel Savery.

Nationally known and state and Des Moines osteopaths will appear on the program.

Dr. George Laughlin, president of Kirkville College of Osteopathy and Surgery at Kirkville, Mo., will speak on “The Future of Osteopathy” and will be guest speaker, a luncheon Thursday.

Consider Labor

Dr. George J. Conley of Lakeside hospital at Kansas City, Mo., president of the American Osteopathic Association, will be luncheon speaker, Friday, and will also address the convention.

Dr. Mabel Anderson of Kansas City hospital and Dr. H. M. Husted of Denver, Colo., are among out-of-state speakers who will appear before the convention.

A talk on “Osteopathy and Organized Labor” will be given by W. M. Endalcy of Cedar Rapids, Iowa, president of the Corn Processing Council.

State Leaders

Dr. S. H. Miller, also of Cedar Rapids, will speak on the early history of Osteopathy in Iowa, and Dr. F. A. Gordon of Marshalltown, Iowa, state president, and Dr. D. E. Hannan of Perry, Iowa, will appear on the program.

Des Moines osteopathic physicians who will speak are Dr. Arthur D. Becker, president of Des Moines Still College of Osteopathy; Dr. J. P. Schwartz, chief-of-staff of Des Moines General Hospital; Dr. H. J. Marshall, Dr. Byron Cash, and Dr. Mary Golden.

Prof. O. E. Owen of Still College will discuss the value of laboratory reports to the physician.

Dr. Leon McNeff—of Kansas City, Mo., was a recent visitor at the college. Dr. McNeff was drafted to talk to several of the classes and made a deep impression on the girls when she told of many of her osteopathic experiences.

Dr. M. J. Schwartz—of Muskogee, Okla., visited in the city recently. Morrie is editor of the state publication and showed us a copy of “This Week in Tulsa” that contains some exceedingly neat osteopathic publicity. He reports that the recent convention in Tulsa went over big.

THE LOG BOOK

... Introducing...

Dr. J. L. Schwartz       Dr. James E. Shaffer

Although occupied largely with his practice and surgical work at the hospital, Dr. J. L. finds time to teach his specialty at the college. The teaching of Proctology was assumed by him seven years ago and in that time he has taken special courses in Springfield, Ohio, and Berlin Germany, and Vienna.

Dr. Schwartz is a member of the several local organizations, taking an active part in the association work. He expects to attend the special meeting of the Proctologists at the New York Convention and will tour the East for his vacation.

Following his graduation from the A.S.O. in 1919 he came to Des Moines, served his internship at the Des Moines General Hospital, and finished one year of Post Graduate work at the college. Since that time he has been associated with the Taylor Clinic and the Hospital.

One of the newer members of the faculty but one that has proved his worth on many an occasion. As chief assistant in the Obstetrical department, Dr. Shaffer has no office hours. Cases of this type do not require either the day of the week or the hour and usually wait for stormy weather to put in the hurry call. Dr. Shaffer is always on the job and is busy, as the clinical record of the college will show.

Following his graduation he took one year of post graduate study and served an internship at the Des Moines General Hospital. He is a licensed surgeon in the state of Iowa.

Just to prove that a busy doctor can do a little more, he assumed charge of the gynecological clinic at the college recently. You will see him at the New York Convention.

Hear and See These In New York

At the National Meeting In July

Minnesota State Meeting

Dr. and Mrs. Arthur D. Becker motored recently to Minneapolis to attend the state convention of our sister state, Minnesota. The weather was fine, the roads good and it was not only a pleasure to meet old friends but to enjoy the privilege of participating in the program.

From Dr. Becker’s report of the meeting it was exceptionally well attended and he was kept busy. Following his assigned subject, “Cardiac Diagnosis,” he assisted with the clinical presentations and spoke at the banquet.

“Minnesota is one of our homes,” Dr. Becker said, “and you know it was a real pleasure for both of us to greet so many members of our profession with whom we have worked intimately in the past.”

POST GRADUATE WEEK—JUNE 15 to 20.

State Boards

Missouri

The State Board of Osteopathic Registration and Examination of Missouri will hold its regular examinations at Kirkville and Kansas City, Missouri, May 27, 28 and 29, 1936. For applications and additional information address the Secretary, Dr. J. L. Allen, 1602 Chamber Building, Kansas City, Missouri.

West Virginia

The next meeting of the West Virginia Board of Osteopaths will be held in Huntington, June 15 and 16, 1936, at the offices of Dr. Robert R. Thomas, 613 West Virginia Building. Application blanks may be secured by writing the Secretary, Dr. Guy E. Morris, 642 Empire Bank Bldg., Clarksburg, W. Va.

Applications should be filed with the Secretary not later than June 8, 1936.

At New York

This week there will be many of our members from the state of Iowa and other parts of the United States to attend the convention.

If you expect New York to do things on just a little bigger scale than some other borough you will not be disappointed. The things you hear and read about seem to largely radiate from the Big Town.

Five of the most famous clergymen of New York City will attend this convention, each offering an invitation at the opening of one of the morning sessions. They are: Rev. Charles E. McCall, the Right Reverend Monsignor Michael J. Lavelle. These men are known internationally through radio and the press, and you will want to be there to see them and to know that they are interested in our science.

A meeting that will be of considerable interest to all will be held Thursday afternoon. Dr. Schwartz will direct “Conference on the Osteopathic Care of Athletes.” In addition to well-known speakers on subjects of interest, plans are being made to draft Dr. Buck Weaver of the Cardinals, who will be in New York City during the week of our convention. Maybe you will get a chance to meet Dizzy and Daffy.

Reunions At New York

At the time of going to press we do not have the complete report of our fraternity and sorority banquets, but please note—

Your organization as listed below will have a banquet: there will be a meeting of the officials for the conduction of your business and a big get-together meeting that will be one of the features of your trip to the convention and New York.

The Interfraternity Council of the Osteopathic Organizations will register the following at the end of the registration line:

Atlas Club—Banquet Tuesday night, July 21st.

Axis Club—Banquet Tuesday night, July 21st.

Iota Omega—Banquet Tuesday night, July 21st.

Alpha Tau Sigma—Banquet Tuesday night, July 21st.

Phi Sigma Gamma—Banquet Tuesday night, July 21st.

Theta Psi—Banquet Tuesday night, July 21st.

Iota Phi—Banquet Tuesday night, July 21st.

Kappa Delta—Banquet Tuesday night, July 21st.

Sigma Phi—Luncheon at noon, July 21st.

Phi Sigma Alpha—Luncheon at noon, July 21st.

—H. V. Halladay, See’y., Interfraternity Council.
Resumé of the Year

Commencement

The final awarding of degrees to the class of May, 1936, took place in the college auditorium June 9, 1936. The following program was presented to a large crowd, there being present many parents of the members of the graduating class. Mr. Donato's musical selections were exceptionally well rendered and highly appreciated.

Procesional

Mrs. Carolyn Scott Donato
Mrs. Mary E. Donato
Dr. Robert B. Bachman
Mr. Anthony Donato
Address

Dr. Russell C. McCaughan
Selection, Mr. Anthony Donato
Presentation of Class

Dr. John P. Schwartz
Confering of Degrees

Dr. Arthur D. Becker

Recessional

Mrs. Carolyn Scott Donato

Dr. Russell C. McCaughan of the central office delivered the address in his inimitable way brought out the several pitfalls to be met with in Socialized Medicine. Dr. McCaughan is in a position to know about such things and his warnings were given at a time when they should make the greatest impression. The college feels honored in having Dr. McCaughan at this time and is deeply grateful for the fine words of advice to our graduates.

Following the recessional the class received the good wishes of many friends in the reception room.

Another year has closed. Another class graduated. And with the few short weeks of vacation quickly spanned we will soon be back in harness again with a new group to start on its four year journey.

All of our good wishes go with this fine class. We know they are prepared to meet the demands of the public and have no fear for their success in Osteopathy.

The Band Banquet

As is the usual custom in the spring, the band gets together for their annual banquet. The good food at the Chamberlain is always a Joiner, and the good company of a group that in reahty a be limited income the college has been able to maintain its faculty complete and add many improvements and depend on the small profit. This is highly gratifying and encouraging, and plainly shows perfect cooperation on the part of all concerned in the administration of the college's affairs.

The president offered a report a resume of which will be found under a special heading. This was also a matter of pride, for many good things have been accomplished during the past year. The alumni of the college have every reason to be proud of the college and its faculty. We are sure that will make a greater effort to show their appreciation of the work done by the officers of the band.

The assembled group, feeling that the officials for the past year were deserving of a continuation of their regime, voted unanimously to reelect the board.

(Continued on Page 4)

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(Continued on Page 4)
The Phi Sigma Gamma announces that its annual reunion in New York will be held in the Lincoln Room of Hotel Lincoln at 44th and 5th Ave., at 7:00 p.m. Tuesday, July 21st, and will be a banquet, entertainment and the annual grand chapter meeting.

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The Atlas Club will hold its annual reunion in the Sert Room (air-conditioned) at the Waldorf on Tuesday, July 21st at 7:00 p.m. Following the banquet and business meeting a tour thru Radio City will be offered at a small additional charge.

At New York

Faculty Members to Speak
Eight members of the faculty of the college will appear on the program of the New York Convention and in addition will take an active part as officials in several of the divisional departments.

Dr. Arthur D. Becker, president of the college, is a member of the executive committee of the American Osteopathic Association and will speak Monday before the section on Obstetrics and Gynecology. Dr. J. M. Woods appears with the medical college Wednesday morning and will also speak Monday before the section on Acute Diseases.

Dr. Fisher and J. L. Schwartz also expect to attend the New York meeting, lecturing and meeting old friends.

Registration at the Convention

Dr. Alexander Levitt, chairman of the committee on finances and treasurer of the local executive committee of the 11th Annual Convention of the American Osteopathic Association, announces the following schedule of local registration fees which will be in force for the Convention opening in the Waldorf-Astoria Hotel, New York City, July 26th:

- Members of the A.O.A. $5.00
- Non-Members (after A.O.A. registration) $10.00
- Adult Guests $5.00
- Students, including May and June, 1936, graduates $2.50
- Junior Guests $2.50
- Exhibitors $5.00
- Admission for a married couple $7.50

Registration fees paid will entitle the registrant to a strip of tickets for admission to all social functions, and admission to social functions is by only proper entry ticket.

Admission to the Convention proper will be by badge, which must be kept on the person and displayed by all who are entitled to its use, as specified in the established special admission fee.

The registration desks will be open Thursday, July 21st, at 8:00 a.m. to Saturday, July 23rd, at 5:30 p.m. The registration desk for this purpose will be at the registration desk for the program of the section on Athletic and Acute Traumatic Injuries.

Dr. H. V. Halladay is Secretary-Treasurer of the Internat. Society of Osteopathic Optometry and Ophthalmology and will appear Monday morning with that group in Clinical optometry.

Mrs. K. M. Robinson, secretary of the college, will be in the college booth to welcome all of you.

Professor O. E. Owen will be in charge of the Exhibit from the college.

A unique feature of the program was the awarding of several certificates of Ambassadorship of Good Will from the president of the Centennial, Dr. Halladay being the recipient of one of these. A visit to the Centennial proved very interesting. At six o'clock in the evening on Thursday Dr. Halladay met with the group at a student recruiting luncheon. The banquet on Thursday evening was attended by about two hundred and was followed by a dance.

On the return trip from Texas Dr. Halladay and daughter visited the White Sands in New Mexico and Carlsbad Cavern and then on to Dallas, Texas, to meet with the Texas State Osteopathic Association. On Wednesday, June 3, they attended the Exchange Club of Dallas and on Thursday met with the group at a student recruiting luncheon. The banquet in the evening was attended by about two hundred and was followed by a dance.

During his absence from Des Moines an uncle of Dr. Halladay and daughter visited the Iowa State Convention. Following the convention he will meet with the Arizona State Osteopathic Society and will appear Monday before the section on Obstetrics and Gynecology.

The convention will continue until five o'clock in the afternoon. The desk will be open the next day, Sunday, July 24th, from nine o'clock in the morning until five o'clock in the afternoon. Monday, July 25th, the registration desks will close for the week and will remain open until late afternoon. Similar registration hours will be observed Tuesday and Wednesday, and the registration desks will be open Thursday and Friday according to the amount of work to be done.

Assemblies

May 15

The college was honored at the assembly by the presence of Dr. George Laughlin of Kirksville in the city to attend the Iowa State Convention. Following the opening number by the orchestra, Dr. Arthur D. Becker introduced the speaker, who throughout his talk urged strict adherence to osteopathic principles and loyalty to the college. Dr. Laughlin was accompanied by Mrs. Laughlin, daughter of the Old Doctor, who was introduced also to the student body. The assembly closed with music.

May 22

According to the usual custom the final assembly of the year is given over to the Senior Class for their day.

Following the opening number by the orchestra, John Matern of the class took charge and expressed for the class their respect and appreciation of the privilege of having finished the four year work. The class history and will followed, each of which by the way was highly attended by the orchestra followed, the major theme being based on the whirling baton of Gordon Fisher.

The seniors next offered a sketch which in the opinion of every one present was the best entertainment throughout the year. Jack Wilkes portrayed the part of Dr. Facto and others of the class aping members of the faculty (Buchacker) thru a most thorough examination. Each member of the faculty was put on the spot and his outstanding idiosyncrasy was played up to the limit. The laughs followed so closely that it was impossible to get the students to attention during the entire time the players were on the stage. The class is to be congratulated highly for their efforts.

Dr. J. P. Schwartz, dean of the college, awarded the honors certificates as follows:


Extra Time in Obstetrics: John Hoose and Warren Morrison.


General Clinic: John Hoose, Harold Richardson, Warren Morrison, George Niehouse, Saul Siegel, John Wilks.

Ban: Fred Green and R. K. Richardson.

Dr. Marshall’s Trophy to Harold Juhnll.

Sigma Sigma Phi Awards: Dr. F. J. Dorsey for Service to the College.

George Niehouse for Service to Osteopathy.

George Niehouse for Service to the Des Moines General Hospital: Victor Pohl.

“A Little Bit Independent” by the orchestra closed the final assembly of the year.
**The Log Book**

The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY

President ...... Arthur D. Becker
Faculty Advisor, H. Halladay
Editor .......... E. Harwood

**Osteopathy Without Limitation**

**Problem of Technic in Osteopathic Colleges**

The problem of teaching technique to students in osteopathic colleges is one that constantly confronts the educational director.

The first logical step is obviously the preparation of the student for such study by building a solid foundation and a suitable background for this technical work. Osteopathic treatment is the practical application of anatomy, physiology and pathology. It is therefore that, before any discussion of routine manipulations, students be thoroughly trained in these fundamental subjects and in those allied subjects which help toward a complete understanding of them. Osteopathic technic is not a series of routine manipulations, but is the intelligent application of an understanding mind based upon the ability to recognize and appreciate these fundamental principles in structure and function, and to contrive such manipulative procedure as will be well calculated to restore the integrity of the parts involved. After learning the fundamental principles of such manipulative procedures, it then becomes necessary to apply this knowledge to the sick and ailing in the light of a thorough and comprehensive understanding of disease processes and manifestations.

Osteopathic treatment, to be really osteopathic, must be suited to the patient for the condition and at the time. Osteopathic technic, therefore, must be carefully prescribed, skillfully administered and accurately dosed.

In order that the student while in college shall become skillful in the administration of osteopathic treatments, it is necessary that they have a wide range of experience in the treatment clinic where practical application and accurate measure of results are possible. To develop osteopathic physicians who are competent and skillful in the giving of osteopathic treatments, is the constant and continued problem of the osteopathic college throughout the entire four years of the training. Osteopathic students should very early in their course begin the training of tactful sensibility so that not only the detection of anatomical abnormalities may be possible, but that the careful evoking of reactions in such lesion areas may be determined. These requirements in developing competent osteopathic technicians are a constant challenge in osteopathic education and are properly receiving the concentrated attention which they insistently demand. It really means something to be a competent osteopathic physician.

—Arthur D. Becker, D. O.

**The Symposium Team**

The symposium team representing Des Moines Still College of Osteopathy on the New York Convention program has been busy during the past few weeks putting the finishing touches on their technic demonstration.

This team is composed of Drs. Faeto, Woods, Bachman and Becker.

The symposium is complete and deals with the subject "Variance in Osteopathic Abnormalities." This symposium and technic demonstration is scheduled for Wednesday forenoon of convening week of the general program, and we sincerely believe that it will prove not only interesting, but a valuable contribution.

It has been a most interesting and worthwhile study and we are very grateful for the time and energy necessary in preparation.

—Dr. Orville Rose—

of Des Moines was called recently to treat one of the smallest patients in the city. The case of the DeL Rio group that recently appeared at a circus and at Younkers in the city, suffered an attack of asthma. Dr. Rose imparts that he convinced these little people that Osteopathy was a real therapy. It was their first introduction to the science and they were highly gratified with the results.

—Dr. George H. Basore—

of Franklin, Ohio, announces the birth of Georgia Suzanne, a nine-pound daughter, on May 23.
THE LOG BOOK

I. O. A. Bulletin

The thirty-eighth annual convention of the Iowa Society of Osteopathic Physicians and Surgeons was held at the Hotel Savery, May 14 and 15. Dr. W. C. Chappell, the program chairman, engineered a very worthwhile meeting, and deserves a vote of thanks for his untiring efforts.

Among the speakers from out of the state were Dr. Mabel Anderson, Kansas City Mo.; Dr. George Conley, Kansas City; Dr. H. M. Huntley, Denver, Colo.; and Dr. George Laughlin, Kirkville, Mo. Iowa talent, who always have some practical work for us, included Dr. Arthur D. Becker, and the technical team: Drs. L. L. Facto, John M. Woods, and R. H. F. Huggins; DRs. H. J. Marshall, F. A. Gordon, S. H. Miller, Mary Golden, D. E. Hannan, J. P. Schwartz, and Prof. O. E. Overton from outside our profession who had a message for us was Mr. W. Endsley of Cedar Rapids. Iowa talent, who always have some practical work for us, included Dr. Arthur D. Becker, and the technical team: Drs. L. L. Facto, John M. Woods, and R. H. F. Huggins; DRs. H. J. Marshall, F. A. Gordon, S. H. Miller, Mary Golden, D. E. Hannan, J. P. Schwartz, and Prof. O. E. Overton from outside our profession who had a message for us was Mr. W. Endsley of Cedar Rapids.

The officers for the coming year, elected at this regular meeting are: Pres. John M. Woods, Des Moines; V. Pres. W. C. Chappell, Mason City; Sec. Treas. P. O. French, Cedar Rapids; and 50 years term on the executive committee, Rolla Hook, Logan.

Appointments of committees have been made and approved:

Professional Affairs, Rolla Hook, Logan.
Convention Program, Laura Miller, Adel.
Education & Development, L. Facto, Des Moines.
Membership, Zoa M. Munger, Cedar Rapids.
Conventions Arrangements, Paul L. Park, Des Moines.
Hospitals, W. D. Andrews, Allegona.
Student Recruiting, C. H. Potter, Forest City.
Legislation, R. F. Westfall, Boone, (elected)
Public Education, J. J. Henderson, Des Moines.
Adult Health Clinic, Della B. Caldwell, Des Moines.
Industrial & Institutional, B. D. Elliott, Okolona.
Publicity, R. B. Kale, Des Moines.
Osteopathy Exhibition, Oscar Campbell, Clarinda.
Special Committees:
By-laws, Bert H. Rice, Cedar Rapids.
Economics, J. A. Hirschman, Cherokee.

The next circuit meeting is planned in the fourth week in June. The speaker will be Dr. Yale Castillo of Kansas City. He is speaking on "Psychology and Illustrating his talk with X-ray films, as proof. At time of going to press, the routing is not definite, but notices will go out in the near future.

The Iowa Society of Osteopathic Physicians and Surgeons has this year with the policy of increasing the coming year. We wish to increase the number of osteopaths within the state; to propose the public to increase certain professional restrictions and limitations; to help raise their professional ability to an even higher mark; also to secure an increased public recognition of the therapeutic value of osteopathy. As we do not wish to be unreasonable in these things through our state, and add their youthful enthusiasm to the mature experience of our profession. Our committee on Student Recruiting has great plans for sending increasing numbers of students to our osteopathic colleges and we hope a goodly number of them will settle within our state. There is a legislative year in Iowa and we should all unite in safeguarding our interests and those of a public desirous of osteopathic care, and the committee aims to favor legislation which will encourage osteopathy to practice within our state, while still insisting upon a high, yet practical, degree of professional knowledge and training.

Another situation which requires constant watchfulness is the safeguarding of the right of our profession to own and operate our places if they so desire; even though financial stress has made them dependent upon public aid.

Any worthwhile program for increasing our professional ability must be persistent and we desire to continue the circuit meetings. These meetings together with our state convention program, form a wealth of information on which those attending as well as acting as a stimulus to our osteopathic enthusiasm. Other thing we wish to encourage is a more widespread dissemination of the practical and educational information in an available and systematized form it would be of the utmost value to the entire profession.

We feel a keen sense of satisfaction in having made a splendid start in our program of development and expansion. We are looking forward to a fine class in September. Our plans for a post-graduate week June 15-20 inclusive are complete and we are making every effort to have a great deal of work along these lines the benefit of both the public and our profession.

These are some of our main objectives for the coming year and we are looking for the cooperation of the profession in striving toward them. By all means, together we build up our ability and practice, we benefit each other increasing number of our fellow men and more thoroughly the existence of osteopathy as a separate system of therapy. We believe in osteopathy, we are not fanatical, about the results of osteopathic treatment and only ask a fair chance to demonstrate and develop farther. Through cooperation and organization this can be accomplished.

—John M. Woods, D. O.

Dr. C. W. Johnson

(Continued from Page 1) the Des Moines Still College of Osteopathy at their regular meeting on June 4, 1936, passed the following resolutions:

Resolved: That we, the officers and trustees of the Des Moines Still College of Osteopathy, express our sorrow at the loss on June 2, 1936, of Dr. C. W. Johnson, who for several years was intimately associated with this college and for nine years its president, and

Be it further resolved: That we convey to Mrs. C. W. Johnson and family our sincere sympathy in the loss of a loving husband and kindly father.

Resolved: That a copy of these resolutions be spread upon the minutes of the board and that a copy be sent to Mrs. C. W. Johnson.

Resume of the Year

(Continued from Page 1) the homes of patients with not more than five students on each case and each student required to scrub up and assist. The general clinic, both chronic diseases and acute cases, is also well attended. The students from the various clinics in fields of special domain, have over-taxed our capacity throughout the year.

We are making every effort to develop this splendid evidence of confidence in part of the citizens of Des Moines, but giving these clinic patients the very finest professional service possible and the keen sense of satisfaction in having made a splendid start in our program of development and expansion.

Dr. J. Ellen Gildersleeve—writes us that she is back in her office, having recovered sufficiently from a serious accident so that she can work part time. Dr. Gildersleeve practices in Washington, D.C., Texas.

Dr. Katheryn Van Velzer—of the class of 1901 of Still College practices in the home of her sister in Worthington, Minn. Dr. Van Velzer was injured in the earthquake in California a few years ago and did not fully recover.

Flash!!

Members of the Alpha and L.O.G. please note that they are also to register with the Interfraternity Council at New York. These two organizations have joined just as we go to press.
“Colossal”

We do not like to reach into the superlatives used so frequently by the ad writers for the movies, but we need this word to express the unbounded enthusiasm for the recent Post Graduate Course given at the college. When the physicians both giving and attending express themselves in terms of highest praise for each other we have to find a word that conveys surprised gratification.

Before the first lecture was finished on the first morning sixty-seven physicians had registered and before the end of the week ninety-six graduate osteopathic practitioners had their names on the list of those attending. It was a grand and glorious week for all. The members of the faculty complimented the group highly for their attention and interest and the class expressed their appreciation in words of praise and in a very material gesture by a contribution to the college library.

In checking over the list we find Iowa leading in numbers but twelve other states were represented and two provinces of Canada. Dr. Gordon Campbell of Calgary, Canada, traveled the greatest distance but Dr. A. P. Meadors of Hinton, W. Va., was a close second.

Early in the course the class was organized with the following (Continued on Page 4)

Be Certain...

—to see the following faculty members of the Des Moines Still College of Osteopathy in New York and ask them about the college. The majority of these will appear on the program; some will attend the sessions of their chosen specialty; all of us will be at the college breakfast to tell you of our past progress and future aspirations.

Arthur D. Becker.
Robert B. Bachman.
Lonnie L. Facto.
Glen E. Fisher.
Mary E. Golden.
H. V. Halladay.
O. E. Owen.
Katherine M. Robinson.
Joseph L. Schwartz.
James E. Shaffer.
John M. Woods.
—to visit the college booth. Mrs. Robinson will be in charge and wants you to see it.
— to attend the college breakfast. Keep this hour for it. Wednesday morning at 7:30 at the Waldorf.

The Invasion of the East

Following the convention the Des Moines caravan seems for the most part to be headed up New England Way, and from there, on into Canada and back by Callendar. Never having heard of the place, we must ask, “Why?” Only two seem to have planned a western tour. One of these is an old chronic on the subject and the other is just finding out what is west of the Iowa state line.

When you Yankees see the Iowa plates with the figures 77 leading the number—remember that we warned you that we were coming. The 77 means Polk County, which is largely populated by the citizens of Des Moines.

Double Yourself

If the osteopathic profession is to reach the high place in the world of therapeutics that is possible for it, it must continue to grow, both in quality and in numbers. The character and ability of its representatives in practice logically is of first consideration. Scholastic standards are constantly being raised and with a more careful scrutiny of those who make application to enter colleges, this factor is being met.

We should increase our numbers in proportion and thereby increase public contacts; add to our prestige, giving increased legislative weight, and extend the scope of osteopathic service to those who need such service. Osteopathic treatment must be made increasingly available for the many thousands who want it, need it and demand it.

Every osteopathic physician has a responsibility in helping to secure these evident needs. Why not double your own influence by sending a qualified student to osteopathic college?

We feel that in Des Moines Still College of Osteopathy, the word “opportunity” looms invitingly. With a strong faculty of well-trained, enthusiastic men in the basic sciences, with an outstanding and experienced group of teachers in the clinical subjects and with clinical facilities most comprehensive and abundant, we are prepared to properly train candidates for the osteopathic profession.

Let us help you in securing the interest of your selections.

Double your sphere of influence.

—Arthur D. Becker, D. O.
Four social and two honorary organizations are represented at the Des Moines Still College of Osteopathy.

The Delta Chapter of Phi Sigma Gamma, founded in 1925, is a prominent chapter among the Delta chapters of the college. It is organized to provide opportunities for the Delta Omega to assist in any way possible. Girls interested in osteopathy should get in touch with the Delta Chapter, which will be given help in any way it can be.

Founded in Kirksville, Mo. in 1921. Organized as the first honorary fraternity of the profession and not based upon high scholastic standing alone. The following chapters are active except that of Phi Sigma Beta and Phi Omicron Gamma. Chapters extend throughout the list of recognized colleges. The fraternity maintains a house in Des Moines where the Delta Chapter welcomes its membership and new students. The chapter in Des Moines was one of the original groups forming the Phi Sigma Gamma.

**Atlantic Club**

Founded in Kirksville, Mo. in 1903. The Delta Chapter in Des Moines was chartered in 1925. The fraternity house is well located and extends an invitation to all members and new students.

**ITC**

Founded in Kirksville, Mo. in 1904. The Beta Chapter in Des Moines was chartered in 1915. Chapters are also active in Los Angeles and Chicago. The girls do not have a house in Des Moines, but all the privileges of a sorority home are found among the local alumni membership. Girls interested in osteopathy should get in touch with the members of the Delta Omega. The fraternity is prepared to assist new students and is anxious to help them in any way possible.

**PSG**

Founded in 1915 by the union of Phi Sigma Beta and Phi Omicron Gamma. Chapters extend throughout the list of recognized colleges. The fraternity maintains a house in Des Moines.

**Pathology**

Each department head is of course expected to emphasize his own department, and not to his to the osteopathic divisions. The known facts accepted in pathology strongly support the osteopathic principles. It is only by stressing the importance of the knowledge of the student for his clinical work. For the practical work in the clinics, it is important that the students not only have the benefit of the general clinic, but the special departments, including the Pathologic, that they may make this scientific back-ground apparent and to assist the student in his endeavors to learn the application.

-Arthur D. Becker, B.S., D.O.

**Osteopathy**

Members of the osteopathic profession are interested in the osteopathic colleges. They are interested in everything that is being taught in the colleges, and they are interested in the osteopathic colleges and their relation to the osteopathic principles in the teaching of the different subjects.

As an instructor in physical diagnosis, I appreciate the importance of general osteopathic principles in the osteopathic colleges. They are interested in the osteopathic colleges and their relation to the osteopathic principles in the teaching of the different subjects.

It is easy to see the importance of physical diagnosis in relation to the osteopathic colleges and their relation to the osteopathic principles in the teaching of the different subjects.

-Dr. A. T. Still, stressed the importance of osteopathy in the study of the fundamentals of osteopathic treatment. Our systematic study of osteopathic principles is the work of the first college and its immediate predecessors.

The known and accepted facts in anatomy, physiology, and pathology strongly support the osteopathic principles. It is only by stressing the importance of the knowledge of the student for his clinical work. For the practical work in the clinics, it is important that the students not only have the benefit of the general clinic, but the special departments, including all clinical departments, that the students are able to appreciate the importance of the osteopathic principles in the teaching of the different subjects.
THE LOG BOOK

The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY

Our Plea

Maybe you haven’t gone to the convention this year, or maybe you’re not going... Maybe you have returned. Regardless of the time or place now is the time and this is the result of your last effort this season to keep Osteopathy going. During the last few years our science has picked up some speed and you want to be one of the many who have their good foot on the accelerator, leading students to our colleges.

If you are going to the convention do not fall to see that a notice of your departure is in your local papers. This will attract the eye of some young person who has not thought seriously about what he or she is going to do this fall. You have time yet to talk to one of these prospects, so when you see us at the convention give us your name, and we will make your contribution by adding to the numbers enrolled in our colleges this fall.

If you are not going to the convention you are sure to miss something, but there will be work for you to do at home. Don’t lag in your enthusiasm for your science. Keep after the eligible prospects in your community and if it is impossible for you to attend the convention, write us and we will make your contribution by adding to the numbers enrolled in our colleges this fall.

E. Harwood

Laboratory Diagnosis

Our method of presentation and teaching of Laboratory Diagnosis is based upon the method of clinical material. Our Laboratories are fully equipped for all laboratory work, including complete microanalysis, blood work, microscopic analysis, chemical, and microscopic, fecal analysis, stomach analysis, the taking of Wassermann and staining of suggest for G. C. and tuberculosis.

When a patient is examined for the general clinic, all laboratory work that is indicated is run immediately the first day. Then follow-up laboratory work is run each week during the course of treatment as the case demands. In this way the progress of the patient under osteopathic treatment can be thoroughly checked. Careful study of these laboratory tests is made and our care are taken care if in this manner. This gives the student a thorough knowledge of the patient from both a clinical and laboratory standpoint in diagnosis and treatment.

John M. Woods, D.O.

Osteopathy Without Limitation

Dr. W. C. Andreae
Dr. and Mrs. East Curtis of Des Moines were married July 3 at the home of the bride’s parents. Dr. and Mrs. Andreae will be at home in Alom, Mich., after a short honeymoon.

Dr. L. C. Scatterday
Dr. and Mrs. C. B. Scatterday of Worthington, Ohio, announce the arrival of Carleen Gretchen, June 27th. Weight six pounds.

Dr. Rolla Hook
Dr. and Mrs. Rolla Hook of Logan, Iowa, announce the birth of a son, James Thoburn, June 16th.

Osteopathic Pathology

(Continued)

(Continued)

Osteopathy Without Limitation

Osteopathic Pathology

(Continued)

We believe that a normal body mechanism operating properly under the physiologic laws of nature, as we call it, is a state of health, and disease begins only when such function is disturbed, whether by injury, bacteria, other organisms, improper diet, excessive exposure and fatigue, or what not. In the college of Osteopathy we attempt to teach physiology with the above points in mind. In discussing the normal functioning of the body we always consider the effects of a disturbance of function, and in this way prepare the minds of the students for that logical line of reasoning which is such a very necessary requirement for the proper understanding of disease. We find that a thorough knowledge of physiology is the key to a proper understanding of osteopathic principles. It removes the veil of mystery from the results that are obtained by osteopathic treatment, for since Osteopathic merely attempts to normalize all pathologic changes and function, then it follows that with normal functioning disease cannot exist and health will be the result.

C. P. Callison, B. S. D.

Osteopathy Without Limitation

(Continued)

John M. Woods, D. O.
O. B. and Gynecology

The Society is certainly indebted to President Dr. John M. Woods and Dr. Yale for their efforts to perfect the splendid circuit meetings just closed. The First District meeting at Davenport and was surprised at the publicity accorded by the Tri-City paper labor, the half column news item and a large picture of the banquet table at which some close to fifty osteopathic physicians gathered for the evening meal to be entertained afterward by talent provided for and paid for by the Tri-City Society. Truly such group meetings are not only a source of inspiration and profit to those attending but of real news value as well.

Dr. Woods in his talks at each meeting on "Society Affairs" outlined the year's work and achievements to date.

We would especially stress sending in Industrial Reports to our state chairman, Dr. B. D. Elliott, Sheboygan, Wis. Industrial accidents are not confined to the cities and large plants. Compulsory liability insurance is required of those hiring workers, and such workers are open in much community. Contact your labor leaders and others and gain their interest and support. Send in such reports as you have to the two above mentioned chairman. Dr. McCormack is Vice-Chairman of the Bureau of Industrial and Industrial Service of the AOA and is in direct charge of Industrial Reports.

We plan already for the next May Convention. Write your suggestions to Program Chairman Dr. Laura Miller of Adel. She will value your ideas and wishes, and while, of course, her program will in some means depend upon the finances available, yet she will appreciate your desires.

Will all veterans of the World War communicate with the undersigned at once. No, we have no scheme as to how to spend your money—we have no bonus to give you—but we appreciate very much this information so that we may pass it along to Dr. Warren Curtis, Dayton, Ohio, Chairman, Veterans' Affairs Committee of the AOA. Please drop us a post card with the information as to your name and address, and whether you are active in your local or state organizations. It will just take two minutes of your time to drop a postal card in the mail and one cent expenditure.

Paul O. French, D. O.
410-11 C. R. Sav. Bank,
Cedar Rapids, Iowa.

Eye, Ear, Nose and Throat

Eye, Ear, Nose and Throat department instructors stated that as general practitioners they can leave the college qualified to handle all eye, ear, nose and throat cases that will come to the family doctor.

They take the case history, see the examination made, and the treatment outlined. The patient is re-examined from time to time to see what progress is being made.

The eye, ear, nose and throat room is available to the student at any time so that he may examine it and take what he needs. When surgery is required, all types of head surgery are performed at the Des Moines General Hospital, every Tuesday, Thursday, and Saturday.

The ninety hour lecture course is followed by fifty-four hour laboratory on actual patients. Many students, due to the quantity of cases, spend a great deal more than the indicated time in this type of specialty.

(Continued from Page 1)

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THE LOG BOOK

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 13 AUGUST 15, 1936 Number 8

Dr. John E. Rogers

SCHEDULE OF CLASSES, 1936-1937

** FRESHMAN B. **

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| ANATOMY | H. V. HALLADAY |
| CHEMISTRY, PHYS. & TOX. | I. C. GORDON |
| PATHOLOGY I | C. P. CALLISON |
| PRINCIPLES | A. D. BECKER |
| NERVOUS PHYSIOLOGY | L. L. FACTO |
| OSTEOPATHIC MECHANICS | H. V. HALLADAY |
| ANATOMY | J. M. WOODS |
| PATHOLOGY II | I. C. GORDON |
| PEDIATRICS | M. E. GOLDEN |

** SOPHOMORE B. **

| OBSTETRICS | R. B. BACHMAN |
| GYNECOLOGY | R. B. BACHMAN |
| COMMUNICABLE DISEASES | L. L. FACTO |
| PREVENTATIVE THERAPEUTICS | J. L. ROGERS |
| CLINIC—MONDAY, WEDNESDAY, FRIDAY. | G. E. FISHER |
| JUNIOR B. | L. L. FACTO |
| NEUROLOGIC DISEASES | A. D. BECKER |
| OSTHEOPATHIC THERAPEUTICS | R. B. BACHMAN |
| SURGERY | J. M. WOODS |
| EYE, EAR, NOSE & THROAT | J. P. SCHWARTZ |
| CHICAGO MEDICAL JURISPRUDENCE | H. J. MARSHALL |

** SOPHOMORE A. **

| APPLIED ANATOMY | J. M. WOODS |
| DIFFERENTIAL DIAGNOSIS | A. D. BECKER |
| PROCTOLOGY & UROLOGY | J. P. SCHWARTZ |
| SURGERY | J. P. SCHWARTZ |
| MEDICAL JURISPRUDENCE | H. E. SAMSON |

Laboratories under the direction of the head of each department are conducted in the afternoons in the following subjects: Histology, Biology, Chemistry, Bacteriology, Embryology, Physiology, Pathology, Anatomy, Gynecology, and Clinical Diagnosis.

REGISTRATION - SEPTEMBER 8

| Roll Call | September 9 |
| Final Freshman Registration | September 21 |
| Armistice Recess | November 11 |
| Thanksgiving Recess | November 26 to November 30 |
| Christmas Vacation | December 18 to January 4 |
| Graduation | January 22 |
| Registration | January 23 |
| Roll Call | January 25 |
| Easter Recess | (Date to be Announced) |
| Graduation | May 28 |

Notice!

The Adult Health Clinic is being held at the State Fairgrounds during the State Fair this year, as it was last year. This is an opportunity to serve your profession as well as a personal gain. Come prepared to spend at least a day examining patients or assisting in some way. Also tell the citizens of your community to visit the Osteopathic Adult Health Clinic at the State Fair.

Chicago Next

Since we have decided to go to Chicago in 1937, let's take the old weather man by the horns and have him plan a cool summer for 1938 and all of us go down to see where Coco Cola got its start. I'd like to take a walk down Peachtree to Five Corners and turn to the right and there is a hole in the wall there where you can get the best Brunswick Stew in the entire country. But to get back to Chicago.

The boys are already organized and as the months roll along keep your eye open for what is blowing out of the Windy City. The sooner we start the better we will be prepared to attend and enjoy—and since all have to do is to step across a little creek known as the Mississippi—you may be assured that we will be there.

The Literary Digest

You should read the article on page 18 of the Aug 1st issue of the Literary Digest. Dr. Hulbertt and McFadden of the Central Office are quoted and as a whole it exemplifies the policy of the publication in giving its readers an accurate statement.

We hope you will secure a copy of this issue and leave it where your patients can see what our national publications say about us. The New York convention made it possible to contact this and others.

Thanks ... H. M. S.

King Edward has just knighted his full-time osteopath, & Alpheus has obtained a double treatment every week. Take it from there, Democrats!

P.S. The new Castiglione—Des Moines Register, Sunday, August 9.
**ERATERNITY NOTES**

**The Interfraternity Council**

This year at New York, the dreams of the Interfraternity Council came nearer to realization that at any other time. In the beginning the council was organized to secure for our osteopathic organizations the proper position and rating in Baird's Manual; to concentrate the registration of the organizations of the national meeting to raise the standard of all osteopathic fraternities and sororities. The efficiency of these plans have been accomplished. We now occupy a special section of the Manual with all recognized osteopathic organizations listed and although not in the detail that will follow, a very acceptable history of each. This is a decided improvement over the previous edition which scattered us through the book without any classification at all.

Through the kindness of the A.O.A. the Council was given space at the end of the registration list for the first four days previous to the major reunions we registered 465 members of the eleven organizations. The total for the state association and the New York group attended the several reunions. Many could not be certain of attending but at the last hour managed to find the time and bought tickets at the door. If space permitted a detailed report could be given showing the proportion of each. The service was given regardless of the number and beginning with Saturday, July 18th, it was a busy four days for us. We are assured that the same arrangements will prevail at Chicago so that this concentration will be continued with possible improvements in the service. $390.00 was handled by the Council at the New York meeting which shows that this is an important part of our A.O.A. program, although not thought of as such.

The efficiency of the New York group together with the fine spirit of co-operation all the way the closed the most satisfactory year we have experienced so far. Let us hope that next year will top this one and that our attendance figures will increase. We would like to thank all of you who contributed to our success this year.

The Osteopathic Interfraternity Council,

H. V. Halladay, Executive Chmn.

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**Grand Officers**

At the hour of going to press, we do not have complete reports on the new grand officers for the several fraternities and sororities. The ones listed below will serve for the coming year: Atlas Club.

President—Hal Walters
Vice-President—Jerry O'berski
Secretary—C. Millard
Treasurer—Jo Peterson
Sub-Treasurer—Ed Yzeszewski
Pledge Master—G. Fisher
Sergeant-at-Arms—Myron Box

President—Francis Yuki
Vice-President—George Boston
Secretary—H. Jansen
Treasurer—Gene Bechtol.

President—Ruth Paul
Secretary—Bernie Moeller
Treasurer—Helen Butcher.

President—Jo Peterson
Vice-President—H. Morgan
Secretary—I. Penquipe
Treasurer—Jo Guerrera

President—J. Dunham
Secretary—H. J. Ketman
Treasurer—D. J. Evans.

**Our Organizations**

We occasionally get a letter asking for the offices of our local fraternities and sororities. For the benefit of those who are interested, we list below the organizations with the offices who will be chosen at the next meeting.

**Atlantic Club**

Noble Skull—Don Evans
Oecipital—Brenton Schiffer
Saeurn—E. Iverson
Fyloros—R. H. Stimson
Stylus—R. W. Dawe
Receptaculum—H. J. Ketman.

**The Log Book**

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**California Visitors**

Dr. Shaffer called upon Dr. J. M. Watson and Dr. E. S. Merrill for remarks, and while we may not agree with them in everything they said, it was a real pleasure to know that these members of our profession are thinking about and what they are planning for the future.

Mr. Wentworth, who was one of the exhibitors at the recent convention, demonstrated his feerv blanket and pointed out the many features of its usefulness. Dr. Shaffer is an old friend of Ding Darling of the Register, and spent some time visiting with him also.

The local group is always glad to see visitors doing nice things. It was a surprise to some to know the intensive detail work Dr. Watson is doing and to hear of the missionary work in behalf of osteopathy that Dr. Merrill is backing.

**The Booth**

Our secretary, Mrs. K. M. Robinson, reports a fine trip to New York and a most enjoyable time meeting many of you at the college booth. This year the weather and the arrangements were more nearly ideal and we feel that a much more flattering resume of the week than any previous.

More interest was shown in the program of the booth where the catalog was given out, and more laymen took the time visit and enquire about the college and Osteopathy.

Indeed, it was a success, and we hope to have the pleasure of seeing all of you again next year.

Dr. John E. Rogers

(Continued from Page 1)
**The Log Book**

The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY

President -- Arthur D. Becker

Faculty Advisor, H. V. Halladay

Editor -- E. Harwood

Osteopathy Without Limitation

**The Eleventh Hour**

We do not want to bore you. We only wish to remind you.

The eighth of September the bell rings. We will be here on the job, rested from the strenuous finish of last year and ready to arrange classes, assign new work and start again with bang! The faculty of the college is on its mark. The college has been thoroughly overhauled during the summer. Everything is in readiness for the old students who will return and for those new students that our profession needs.

From all parts of the country we have called for members of our profession. Some of you in states that are in numbers have written and spoken to us personally at state meetings and at the recent convention. You know our answer: “Send some of your boys and girls and in four years we will return them fully qualified to fill the vacancies you speak of.”

In the rush of your practice you have taken the time off that you should to see one or more of these boys or girls that you want to come back to your state and work with you and for Osteopathy. We have had two-hour symposium with demonstrations of the technical and practical side of the work. We would like to have you join us in these considerations.

The purpose of the visit was varied and without stint. The boat trip up the beautiful Hudson river to West Point was delightful. For the entire convention was an uninterested pleasure and a welcome break in a busy week.

Much of constructive value was accomplished by the House of Delegates, the Board of Trustees, the Associated Colleges, and many affiliated societies and committees too numerous to be mentioned in this brief article.

Certainly mention be made of the splendid programs put on by the laboratories. The interest exhibited in these sectional programs continued unabated and seems to increase every year. If you have forgotten the details, a copy of the proceedings of the New York Convention was received by the house of delegates.

It is a question, then, that the educational work of the Internists’ Section, which was completely equipped for the purpose, the laboratory, Metabolism, Electrocardiograph and other modern diagnostic aids and many took advantage of the opportunity to have a complete diagnostic study made.

The scientific exhibit, open to the public, was by far superior to anything ever before attempted. It showed in a most splendid way the profession is making in the line of education. The displays were most interesting, and elicited much favorable comment. The chairman of this department reserves the largest applause among the profession. He was compensated by the praise which he received on all sides.

The weather was fine, the hotel good, and all of the arrangements were most adequate, the publicity was splendid, the committee of arrangements left nothing to be desired. The days were big successes. It was big. It was of highest scientific character. It was of genuine professional interest. It was osteopathic.

—Arthur D. Becker, D. O.

**New York Convention**

As I think of the fourteenth annual A. O. A. Convention, three phases stand out most prominently: the meetings of the Associated Colleges, the meetings of the House of Delegates, and the professional program.

The first was an inspiration to attend the meetings where the educational policies of our profession are formulated and coordinated; to meet instructors from the various colleges, and to glimpse a bigger and better Osteopathy of the future. Scholarly provincialism vanishes from the various colleges, and the friendly give and take of these gatherings, and one emerges with new enthusiasm for the work of the coming year.

In the House of Delegates one sees the business side of organized osteopathy. Committees report on plans to advance or protect our profession, criticism or suggestions are made, plans adopted, and again one gains a feeling of something big and worthwhile.

You sense that the nomination, election, and even the occasional outburst of humanity but surface ripples of the deep, strong stream of osteopathic progress.

The profession makes one wish he were quintsuplet, as you always want to attend several programs at the same time, do the best you can, however. You learn some new things, you forget some old, half-forgotten facts brought to mind again, and you hear some things with which you heartily disagree. However, you must critically examine your own beliefs and opinions, sometimes emerging in disagreeing you must criticize, and opinions, sometimes emerging in disagreeing you must criticize, and occasionally this is carried to the extreme.

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The interest exhibited in these views of organized osteopathy from three angles gave a word uttered by anyone from the various colleges, and to tend the meetings where the information desk? It was more in the winter season.

The increased interest in the Scientific Exhibit was an encouragement to all the Colleges is certainly a step forward. The exhibit was so arranged that the public not attending the convention but aware that such extensive work is being carried on by the Osteopathic Colleges. May the good work continue!

—O. E. Owen.

**Scientific Exhibit**

The Scientific Exhibit at the New York Convention was the largest and most complete in several years. Each of the Osteopathic Colleges participated, in a more or less substantial manner, drawn from their Pathological Museums and Technical Departments.

Dr. Merrill, Watson and Abbot of Los Angeles.

Dr. Mrs. P. F. Kani of Muskegon, Michigan.

Dr. James Cornelius of Hale, Missouri.

Dr. Ed. Lodish of Detroit, Dr. Jack Ennis of Kewanee, Dr. M. J. Schwartz of Muskogee, Oklahoma. I

Dr. and Mrs. P. F. Kani of Des Moines Still College, the meeting of the House of Delegates, and the professional program.

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—O. E. Owen.

**Pardon Us, Walter**

AT THE WALDORF—Where’s the information desk? It was less than six feet to his right—How do you get your money on this floor? (Sign in plain sight about fifteen feet away)

Where is the Sacro-Iliac joint? (We were looking for where the Sacro-Iliac fans were meeting—Where’s Bynum’s Bunion Breakfast?—Glimpse a program
to where the foot is.)

Air-conditioned Yeah, the lobby—Are you going up the “Crazy Elevator” (“Crazy Elevator,” in N. Y., means to Sing Sing)

AT THE EMPIRE TOWER—Mary, I’m a little sick—Don’t go so close to that—What a dump—Gee! You can see Central Park—There’s the Hudson, but where is the Sound—That big boat looks like a canoe—See where Broadway and Fifth Avenue cross?—Ma, look at the traffic—twenty-two stories without stopping floor?

A dollar ten is too much, but I’ll pay it:

RADIO CITY—Is them the fountains where Zionecheck took a bath?—How’d you like to eat there?—Look how slick the wails—Pretty—remarkable architectural plan.

AT THE HOLLYWOOD—Are you from St. Louis?—No, I don’t want you to tell me—You also have the same—You have just begun—See that red head. I think I know her—

AT THE BRONX PARK—Reba came back here—You are mi hija—No va a la agua—Harry come back here—Don’t fight—boys—Pretty—

The show is off the beat—What are they looking young man in the same—(Stopped by a fashion-ably dressed girl full of giggle soup and accompanied by a good looking young man in the same)

The Salvation Army—Where is the Army?—There he is—

Statistics show that 95% of the people work except in the Bronx Park were visitors.

New York takes care of about two million of these every day during the convention and more in the winter season.

—H. V. H. & E. H.

**Convention Impressions**

From all parts of the country we have called for members of our profession. Some of you in states that are in numbers have written and spoken to us personally at state meetings and at the recent convention. You know our answer: “Send some of your boys and girls and in four years we will return them fully qualified to fill the vacancies you speak of.”

In the rush of your practice you have taken the time off that you should to see one or more of these boys or girls that you want to come back to your state and work with you and for Osteopathy. We have had two-hour symposium with demonstrations of the technical and practical side of the work. We would like to have you join us in these considerations.

The purpose of the visit was varied and without stint. The boat trip up the beautiful Hudson river to West Point was delightful. For the entire convention was an uninterested pleasure and a welcome break in a busy week.

Much of constructive value was accomplished by the House of Delegates, the Board of Trustees, the Associated Colleges, and many affiliated societies and committees too numerous to be mentioned in this brief article.

Certainly mention be made of the splendid programs put on by the laboratories. The interest exhibited in these sectional programs continued unabated and seems to increase every year. If you have forgotten the details, a copy of the proceedings of the New York Convention was received by the house of delegates.

It is a question, then, that the educational work of the Internists’ Section, which was completely equipped for the purpose, the laboratory, Metabolism, Electrocardiograph and other modern diagnostic aids and many took advantage of the opportunity to have a complete diagnostic study made.

The scientific exhibit, open to the public, was by far superior to anything ever before attempted. It showed in a most splendid way the profession is making in the line of education. The displays were most interesting, and elicited much favorable comment. The chairman of this department reserves the largest applause among the profession. He was compensated by the praise which he received on all sides.

The weather was fine, the hotel good, and all of the arrangements were most adequate, the publicity was splendid, the committee of arrangements left nothing to be desired. The days were big successes. It was big. It was of highest scientific character. It was of genuine professional interest. It was osteopathic.

—Arthur D. Becker, D. O.
One-sixth of the society year has passed by and we have some things to report. Committees have been organized that are planning many projects for the coming year. The June circuit meetings were quite well attended when one considers the nearness to the annual state meeting and two nearby post-graduate courses. Dr. Castle's work on this circuit merits our hearty thanks.

Looking forward for the remainder of the year there are many things to be done which will be worth reporting. Within a few days we are sending out a questionnaire to be filled in and delivered at the fall district meeting. If every member will take an interest at least one of the activities suggested we will have something to survey with pride at that time.

At this time of the year you may wish to concentrate on student recruiting; our profession requires greater numbers and the colleges of support. Chairman Potter of Forest City will be glad to give you any help you desire.

Elsewhere in this issue we have news of the Adult Health Clinic to be held again at the Iowa State Normal College. This clinic seeks to publicize osteopathy while rendering real service to hundreds of patients. Let us have as possible a way to make this activity a huge success.

Dr. E. J. Malone of Miami, Oklahoma, started something with his article, "Back Injuries in Industry and Compensation Insurance." A great deal of activity. Dr. Elliott of Osaklooa, Iowa is chairman of this industrial committee, and if we will give him support we can furnish him with material for a real report next spring.

This is legislative year and all of us wish to see that osteopathy receives fair treatment during the coming session. Legislators have many things on their minds while in session, so if we can acquaint them with the merits of our profession now, while they are at home, much work will be avoided later.

Membership is necessary if we are to get the best results along these and other lines. So let each of us constitute himself a committee of one to get new members. Of course if you have not yet done so they will send them along. Dr. Zoa Munger of Cedar Rapids, as state chairman, has appointed the following district chairmen. Help them all you can.

No. 1—Dr. Robt. F. Herrick, 360 Howe Bldg., Clinton.
No. 2—Dr. A. D. Craft, Osceola.
No. 3—Dr. J. W. Rinaburger, Keosauqua.
No. 4—Dr. S. W. Meiers, General Hospital, Algona.
No. 5—Dr. Aloys Paulisen, LeMars.
No. 6—Dr. R. P. Westfall, 406 First Natl. Bldg., Boone.

O.N.W.A.

It is a fair cry from the humble little home of our revered founder, Dr. A. T. Still, to the gathering of his followers in the ultra-modern Waldorf-Astoria Hotel in New York City. Yet the spirit of enthusiasm and the devotion to a conviction or cause which radiated from the Old Doctor seemed to permeate the splendid body of osteopathic physicians gathered at this 1936 meeting.

As usual there were too many meetings. One was torn between the desire of attending several. The clinic was excellent and the splendid group of physicians extending hearty greetings and good fellowship. Their leadership and outstanding ability to put things over sets a high standard for future conventions. I feel very optimistic assuming the leadership in the National Organization of Osteopathic Women Physicians. Dr. Robert Marshall Golding has shown the same enthusiasm and ability for leadership as our revered founder. Dr. Still. Her three years of service have been three years of growth and strong substantial climbing for the Women's Organization. Contacts with national and world groups have been priceless with their possibilities of friendship for osteopathy.

The aim for our Association this coming year will be, "An Organization in every community in the Union where women physicians are engaged in osteopathic practice." Someone may ask, "Where are the A.O.A. members?" May we receive from this affiliation? Does it not detract from my A.O.A. membership?" Only those who are members of the A.O.A. are eligible for active membership in the Association. In an organized community or state, all find their Club Federation will give them a protection against unjust and unkind influences, and through the club life provides them an entree into public contacts for their profession which otherwise would be impossible. Indeed will furnish them a certain amount of prestige and influence which is priceless and cannot be obtained otherwise, especially in the matter of unfair sentiment from other professional clubs. Therefore this federation the Osteopathic Women Physicians may demand and receive understanding cooperation.

Osteopathic Women's National Association should not interfere with A.O.A. loyalty, privilege, or membership, but shall further and give protection and entree many times for the parent organization. May the Women Physicians step forward and assume the privilege and duty of this O.W.N.A. membership.

Service is the rent we pay for the space we occupy."

Officers
Dr. Mary E. Golden, Des Moines, Iowa, President.
Dr. Isles O'Connor, Chicago, 1st Vice President.
Dr. Greig Smith, Los Angeles, Cal., 2nd Vice Pres.
Dr. Rachel H. Woods, Des Moines, Iowa, Secy. and Treas.

Des Moines General Hospital

The Breakfast

Certainly we had the breakfast. It was held Wednesday morning as previously announced, in the Lounge Cafe at the Waldorf, and about thirty attended. Many of you could have made it, but as usual (and we have found it so in years past) the hour of 7:30 is just a little too early for many of you.

Dr. Arthur Becker, president of the college, opened the program by calling to the attention of Dr. J. E. Rogers, who expressed his pleasure at being present and added many complimentary remarks about the crowd and other items of interest. Mrs. Robinson, Drs. Facto, Bachman, Reies, Homan and Halladay also spoke.

It was a good breakfast, the crowd enjoyed it, and we will have another next year in Chicago.

Dr. Harold Clybourn, of Columbus, Ohio, was elected president of the Alumni Association of the college, and Dr. K. R. Homan, of Detroit, Mich., was elected secretary-treasurer. The alumni of the college will hear from these men this coming year.

Plan to be at the college breakfast next year.

Dr. and Mrs. S. L. Taylor of Santa Monica, Calif., announce the marriage of their daughter, Ruth, to Mr. J. C. Buckwalter, July 5th.
We're Off!!

We asked for it. We were all a little tired of waiting for the first day of school and this is not only true of the faculty but of every member of every class in the college, according to reports so far.

Registration Tuesday, following Labor Day — Roll Call on Wednesday—Every day.

We are back in harness again!

If a good start is half the race, the semester is won already. A fine new class of Dr. L. L. Facto-drove to his old home in Missouri, doing the Ozarks.

Dr. H. V. Halladay—Arizona in October, returning through Canada and the East.

Dr. J. P. Schwartz—Clear Lake and stops along the regular route to N. Y. to Denver.

Dr. O. E. Owens—from N. Y. to N. Y. in July.

Dr. B. L. Cash—Clear Lake and Denver.

Dr. G. L. Facto—sojourned in Missouri, doing the Ozarks.

Dr. F. R. Becker—did time in the hospital.

Dr. L. L. Facto—drove to his old home in Missouri.

Dr. Arthur D. Becker—to Cleat Lake and stops along the route to New York.

Dr. J. M. Woods—detoured off the regular route to N. Y.

Dr. L. M. Woods—detoured off the regular route to N. Y.

Dr. Glen Fisher—Clear Lake and then a trip into Oklahoma.

Dr. Mary Golden—detoured from N. Y. through Maine into Canada and back.

Lab Aides

With the extensive laboratory work at the college it is always necessary to draw assistants from the student body. Dr. Fairer, head of the laboratories, announces the following appointments for the year:

- Byrle Freeman—Biology
- Pathology and Micro-prep.
- Physiology.
- Kitchen—Inorganic and Physical Chemistry
- Luby—Organic Chemistry and Lab. Diagnosis.
- Barnes—Bacteriology and Pathology.
- Becker—Physiological Chemistry.
- O. E. Owens—from N. Y. to fish in the ocean and back through Kentucky.
- B. L. Casch—Clear Lake and Denver.
- Mrs. Robinson—from N. Y. on into New England and back through Canada.
- J. P. Schwartz—Clear Lake and the East.
- H. J. Marshall—will hunt big game next month.

Trustee and Faculty Meeting

With one foot in the portal of a new school year, the trustees convened on Wednesday, September 12, 1935. The summer meetings were held each month and as the start of a new semester drew nearer, the major question was relative to the prospects for a new fall class. Reports indicated exactly what we want—and that of an increase over last year.

The major item on the list of matters needing attention was that of the years and future in the trend of Osteopathic education. In the center we give you the substance of the decision of the Board of Trustees of the Des Moines Still College of Osteopathy. We hope you will think about this seriously.

The Faculty met at the call of our president, Dr. Arthur D. Becker, the evening of September 9th. This was an excellent hour that reviewed the fine work of the group last year and anticipated a repetition of this cooperative effort. It was an evening devoted largely to the exchange of compliments.

Several matters relative to the teaching of various subjects, plans for the library, assemblies and the Log Book were discussed with the assurance of unanimous support from the faculty group.

A Ton of Babies

Checking over the years record in OB we find some interesting figures that you can juggle around to make something of if you wish. We notice a drop in the total, which is easily explained by the fact that many of our clients are in a better financial condition than a year ago according to the care often have little choice in who their physician shall be. However, with a total of 353 births at the clinic, the OB clinic has been just another burden to overworked.

A very slight percentage of partiality is shown between boys and girls. 173 were boys and 172 were girls. The remaining 8 cases to make the total of 353, were miscarriages. Only three pairs of twins are listed, which is under par for the clinic.

The best month was October, 1935, with 41 cases. The best week was Oct. 6 to 12—17 cases.

(Continued on Page 3)
**Fraternity Notes**

For the benefit of those who wish to know the Grand Chapter officers of the fraternities, we list below the four organizations that did not appear in the last issue of the Log Book. Ten of our osteopathic fraternities and sororities have united this year to work for the betterment of our science.

**Delta Omega**
- President: Dr. Maurice Williams, Nebraska, Mo.
- Secretary: Dr. Anna Webb, Akron, Ohio.
- Treasurer: Dr. Edith Hollock, Quincy, Ill.

**Phl Sigma Alpha**
- President: Dr. C. M. Mayberry, E. Liverpool, Ohio.
- Secretary: Dr. W. H. Hayes, E. Liverpool, Ohio.
- Treasurer: Dr. C. F. Gregory, Webster City, Iowa.

**Tota Tau Sigma**
- President: W. W. Custis, Dayton, Ohio.
- Secretary, Dr. F. J. Treonery, Los Angeles, Calif.

**Interfraternity Council**

For the benefit of those who wish to know the Grand Chapter officers of the fraternities, we list below the four organizations that did not appear in the last issue of the Log Book. Ten of our osteopathic fraternities and sororities have united this year to work for the betterment of our science.

**ATLAS CLUB**

After that nostalgic longing for home experienced during the last few weeks of May, it is a strange sight to see the boys back so early, happily anticipating the future activities of fraternity and school life.

**The Des Moines Monsters**

This week winds up the baseball season for the Des Moines Monsters, the home town crowd is about to realize what they have been working for as though they'll finish fourth place in the League, but the boys are all first in their support of Osteopathy.

Two seniors from Des Moines Still College of Osteopathy have been on the ground at all home games and opened the season early last spring. This meant "be there" from six to eleven p.m. at night games and from one to five p.m. at afternoon games, and included an almost limitless amount of experiment in working out sore, injured, and splintered musculature, pulled ligaments, tapping, and bandaging as well as X-Ray box, bone manipulation. Aside from the value of the experience, the clinic credit at school and the choice box seat at all games, the many contacts all friendships formed were a source of insatiable satisfaction.

The value of Osteopathy in athletic work is thoroughly appreciated by the Demon players and their manager, and has been clinched in an unforgettable manner on the two treating students.

**Tall Corn??**

September 3rd was an eventful day in Des Moines. The presence of the two major candidates for the office of President of the U. S. A. made history for the first time in Des Moines. They were seen by a trailer. We do not like publicity, but we do believe that those who will get a good laugh out of the situation.

The Roosevelt-Landon parade was at 12:30. Dr. Kaile was called soon after that and shortly after his arrival delivered number 12 and 13 of this family, the new twins being boys. During the routine examination of the babies, Dr. Jurgenson discovered that they each had a badly blackened eye and both were bruised. Inquiry revealed the fact that the mother had no idea of exceptional movement for several hours before the delivery. Inquiry also revealed that no one else of the family has been Republicans and the other Democratic. Inspection revealed one wearing a Roosevelt hat and the other with a Landon sunflower. We anxiously awaited news of the debated subject:— Was it "labor" or the "drought"?

**Dr. Ray Lamb**

Of Des Moines, returned recently from a P. G. tour with Dr. Norwood of Mineral Wells, Texas.

**Athletic Outlook**

The recent change in the Physical Education department of the Des Moines school system has had considerable cooperation between this department and our Athletic Clinic. This year as in the past, we are at work right now helping with the training of five high school football teams and one commercial team in the city. Fifteen of our Seniors are hard at work. The first shift goes on at 3:30 p.m. taking care of taping and previous minor injuries that need attention before the season begins. The second shift meets the boys coming in from the field and from the reports, the boys overwhelm the Seniors. S.O.S. signals have already been sent out by some on the job.

The first two weeks of the training period is the hardest to get over. Out of a squad of over 100 the coach has to pick his permanent squad for the first team. The boys from 80 pounds up to 180 is putting forth 100% effort in their work. The next period of time is responsible for the many Charley Horses in the early part of the season.

They all settle down to settled life, and the excitement of the first week or so is over and the boys will have an easier time of it. With about 35 Seniors in the scenario, we will be short of help before the basketball season is here. Still College needs more upperclassmen to take care of not only this extensive clinic but also specialties and the general clinic as well.

**Halleluiah!!!**

The old Maestro is wearing a grin that won't rub off. Virg has exactly what he has been looking for. A brass section for the band. Lester Herrick, 1st trumpet, Jean LaRoque, 2nd trumpet, and Homer (Spade) Hudson, bass. The miracle to stop all miracles struck at our first assembly when the band played a couple of numbers and not a hiss or boo could be heard. A trombone is just around the corner, and with the sax section filled by Young, O'Dorahy and Templeton; Gerlach on drums; Simpson, Kelsey and "Lubynoff" in the violin section; Gnau and Church on violas; Young on bas and banjo, and Wicke at the ivories.

(Paul S. Virg broke down and went so far as to buy a new twobit baton for the opening.)

About 400 B. C. Hippocrates, in describing the operating room, gives the following directions: Preparation, proper posture of patient, and the presence of capable assistants.

It is impossible to help one's self very much by hampering or hindering someone else.
The Correction of a Lesion

In some cases deep manipulation of the muscles is advisable before the specific correction of the lesion is attempted. This done the technician makes some preliminary manipulations for the purpose of locking the articulations above and below the lesion. The locking is accomplished by flexion or extension, lateroflexion, and rotation, each being used to a sufficient degree to obtain the required locking. By this locking we are able to use the segments above and below the lesioned area as a lever for the purpose of concentrating our force at the lesioned articulation. When this is completed, the corrective force is given. There is a tension of the tissues that tells one when to make the correction. This so-called “feel” of the tissues can only be learned by practice and experience.

The corrective force must be of high velocity and short amplitude of motion. This means that the hand making the corrective thrust must do its work quickly, for the reason that the more rapidly it is given the better it takes for the correction of the lesion. A slow motion will not do very much toward the correction of a lesion.

At times there is a popping sound and slight pain at the time of the correction of the lesion. The popping means very little and the slight pain that sometimes occurs usually disappears with a few minutes of deep manipulation to the soft tissues.

In the treatment of different patients, small, large, young, and old, it is hard for some physicians to judge the amount of force that is necessary for the correction of a given lesion and it sometimes happens that the force is insufficient for the correction of the lesion and the tissues are traumatised to the extent that the patient suffers some pain. It is advisable for several reasons to have the patient take a different position before trying again to correct the lesion.

—Lonnie L. Facto, D. O.

Importance of Laboratory Diagnosis

Dr. Victor C. Vaughan said in an editorial in the October 19, 1936 issue of the Journal of Laboratory and Clinical Medicine, that he who practiced medicine was able to do a satisfactory job for the patient only if he used the clinical laboratory tests. He said: "The modern laboratory tests are far flung and the alert public is being used to a sufficient degree by many observers. Its influence is still in the numerous journals and it is well to realize that even selfish interests dictate that such institutions should have the support and cooperation of the profession in support of research laboratories added to the facilities of the clinical laboratories which the work in this field must constantly grow in his knowledge of diagnostic procedures."

Clinical laboratories in recent years have taken a very important place in the practice of modern medicine. Many diseases require laboratory tests not only for definite diagnosis but also for successful therapy. New tests, or modifications of those already in use, are developing rapidly, and much of the recent useful information put out by research laboratories is still in the numerous journals and is not readily accessible. The modern laboratory test results and the physician can link these results with his physical findings of the patient and not only gives him accurate diagnosis but act as a guide in treatment. In making a diagnosis, it is essential that laboratory findings be considered jointly with the patient's history and physical examination. —Glenn E. Fisher, D. O.

Dr. I. C. Gordon—has moved from his down-town office to a fine new group of rooms in the Uptown Theatre building.

The Log Book

The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY

President —... Arthur D. Becker
Faculty Advisor —... H. V. Halladay
Editor —... E. Harwood

Osteopathy Without Limitation

Partnerships

Whether aware of it or not, every osteopathic physician is in partnership with every osteopathic institution, be it college, hospital or sanatorium. Each has a valuable reputation of its own and success of one is dependent upon the colleges.

No osteopathic physician can afford to have an osteopathic institution unsuccessful or do indifferent work. Our interests are inseparably linked together and the success of one helps to assure the success of the other. Individual physicians, in a favorable reputation, is of necessity more or less circumscribed. It is a community-bound affair.

An institution, open in the open and is the observed of many observers. Its influence is far flung and the alert public is quick to recognize its successful operation and unconsciously judges its following by the character and standing of the representatives most clearly evident and most readily apparent.

The individuals who have the initiative, courage, energy, and the ability to build and operate an osteopathic hospital or sanatorium do so at enormous cost of time and money. As well as financial outlay and hazard. It is well to realize that even selfish interests dictate that such institutions should have the support and cooperation of the profession in support of the hospitals. Of the crews working during the opening of a special clinic offices there, should draw our largest convention crowd. We all will be glad to make the trip and look forward to monthly reports on plans for "Our Biggest."
The following questionnaire has been sent to the members of our state society with the request that they fill it out and return it at the full district meetings. Some have already been returned to the president's office and are quite interesting and instructive. If others care to send them in without waiting they will be quite acceptable.

Such a questionnaire aims to stimulate activity along certain lines as well as obtain information as to past activities. With this in mind, we are publishing it in this copy of the Log Book thinking it might be of value to others or that they might make suggestions for future years.

Low back injuries are emphasized in the first part because the efficiency of osteopathic treatment in this type of case converts many patients and employees to the osteopathic treatment of other conditions. Statistics from recorded and verifiable cases, when accumulated in sufficient number, make our best argument to present to employers, insurance companies and labor organizations.

The other portions of the questionnaire are self-explanatory. They touch upon vital problems facing our profession and we as individuals can do a great deal by mailing them to our respective lines for our personal and group benefit. Many other activities may be added to this list and we are looking forward to suggestions along various lines—(J.M.W.)

1. (a) How many cases of traumatic injuries have you treated and recorded?_________
(b) What was the average number of days disability?_________
(c) How many patients have you treated at the office in the last six months?_________
(d) What was your average fee for these cases?_________
(e) Have insurance companies asked you to reduce your fee?_________

2. (a) What examinations have you made by interviews with insurance officials, employers and officials of labor organizations along these lines for our special ability along these lines?_________
(b) In how many cases have you used the Osteopathic Magazine, Maloney's "Back Injuries in Industry" etc. to interest the above groups in the usefulness of osteopathic principles in these cases?_________
(c) How many of the above attempts have been productive to date?_________
(d) What efforts have you made to place copies of the Osteopathic Magazine or other osteopathic publications to the homes of any candidates?_________
(e) Have you sent the Osteopathic Magazine or other osteopathic publications to the homes of any candidates?_________
(f) In what percentage of the patients of the Osteopathic Magazine or other osteopathic publications to the homes of any candidates?_________
(g) Have you acted as physician for any lodge, club, Boy Scout troop, etc., in the past six months?_________
(h) What special subject or subjects would you like to hear our next annual state meeting?_________
(i) What particular phase of osteopathic activity do you feel needs special stressing?_________

Biology and Embryology

No time is lost in giving the student an introduction to the Principles of Osteopathy. Each year the beginning students are taught the osteopathic treatment, the "laws of life," the "laws of health" and the "laws of disease." This year the freshman year is taught with the purpose in mind of laying a firm foundation upon which Osteopathic Principles may be unfolded, developed and applied.

In the subject of Animal Biology we find that the structure and function of the animal body is beautifully portrayed in simple form by studying the lower animals. Man has a unique position in the animal kingdom. More than the physician must be well versed in the interpretation of the tests of life.

In Embryology the student studies the development of the human body. How true it is that many human ills may be traced back to the early stages in life. The later use of Osteopathic Principles in the treatment of disease can be fully appreciated and administered only in the light of a thorough understanding of the origin and development of the human body.

The laboratory work in Biology, Embryology, Physiology and Pathology permits the student to re-live, re-perform experiments attempted and demonstrated in the scientific facts which have been so wholeheartedly given to the rising generation by the scientists of today. But we are not satisfied until they are prepared for the study of the profession.

There is nothing more exciting and challenging to the young osteopath today than the application of these scientific facts to Osteopathy.

O. E. Owen, B.S., M.A.
The Log Book

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 13

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Number 10

To Minnesota

Dr. Arthur D. Becker, President of Des Moines Still College of Osteopathy, reports a most interesting and enthusiastic meeting at Austin, Minnesota, on October 2nd and 3rd. The occasion was the Southern District Meeting of the Minnesota State Osteopathic Association.

Austin, Minnesota has furnished the osteopathic profession more than thirty members and added interest was lent to the meeting because it gave an opportunity for a home coming of many. Dr. Sid Ellis of Boston, and Dr. Charles Peck of New York City, were among the first of the Austin contingent to take up osteopathy and later many were inspired to do so because of the splendid work of those sturdy osteopathic pioneers, Drs. Oscar S. and Wm. H. Albertson. Dr. Becker is proud to be classed in the latter group.

The attendance was excellent; more than 80 were seated at the banquet which was held at the Country Club, as were also the scientific sessions of the two-day meeting. Dr. Mary Golden, also of our faculty, was a guest speaker and her various contributions on pediatrics and osteopathic technique were thoroughly appreciated and elicited much favorable comment. Dr. Golden illustrated her lecture on nutrition by the use of slides which added much to its value. She also talked to the women of the profession on O.W.N.A. activities and organization.

Dr. Becker’s subjects were “The Problem of DIAGNOSIS” and “Osteopathic Therapeutics.” The Minnesota group conducted the entire meeting with their usual “pop” and energy. It was a memorable occasion.

Touring

Dr. H. J. Marshall and family are at the present writing somewhere in the West. They expected to visit Salt Lake City, Los Angeles, The Grand Canyon, Tucson, Mexico, Carlsbad and Dallas, returning on October. So far we have not heard from them, so everything must be OK. We know how busy one is on a trip, but we will have to appear at one of our assemblies and tell the whole story, after he is rested from his vacation.

The New Class

Dr. Becker is proud to be classed with osteopathic pioneers, Drs. Oscar S. and Wm. H. Albertson. Of course we are proud. Who wouldn’t be, with a fifty percent increase in the Freshman class. A fine group of students who already become an intimate part of the whole. When the majority of them feel enough at home to call Dr. Halladay by his most familiar name, you can bet that they have a good start in the blending process. And speaking of processes — they already have learned the new use of that word. Michigan leads this year in the number sent and Iowa sent a material increase over last year, having recovered from the scare of the law enacted last summer. Idaho was reached on the west and Pennsylvania on the east. A few were absent the day the picture was taken, due to a light type of Flu that has been sneaking around the city.

At a recent meeting of the class the following officers were elected, and being organized, they are ready to meet any and all obligations:

President, Harry Wing of Milwaukee, Wisconsin.
Vice President, Ray Pennington of Fairmont, Minnesota.
Secretary, Dorothy Hollen of Dayton, Ohio.
Treasurer, Gertrude Ganfield of Des Moines, Iowa.
Historian, George Bange of Detroit, Michigan.

The Osteopathic Woman Physician in National Affairs

By Dr. Anna Mary Mills

The subject of the woman osteopathic physician in national affairs is pleasant on which to ruminate because of the hope that she may sometime more effectively make her contribution to the life and administration of her profession in matters of national importance. No doctor at this time, however, would present the possibility of becoming active in the affairs of the American Osteopathic Association as an inducement to the prospective woman student to choose osteopathy as her profession.

The prospective student most commonly is attracted to osteopathy through the misinformed and personality of the attending osteopathic practitioner. It is conceded that the prospective student has the tendency which

To Ill, But Not Too Ill

Put this in your tour book. Lonnie and I were invited to appear on the Northern Illinois program Thursday, October 5th. We did not want to lose any more time from school than was absolutely necessary.

Left Des Moines 6:30 A.M., drove through 75 miles of fog—arrived at Freeport at 11:30—lunch with Dr. Weber—talked to 500 boys at the high school—met some old friends after a skip of 15 years from a touring camp in Colorado Springs—talked before Union. Best cousin Golda Halladay, married last week to Dr. Slater recently of the staff of Still-Hildreth (and that as a surprise)—new Byron Snyder’s sister, Mrs. (Dr.) E. A. Freeman of Lewiston, Me., whom I had not seen for more than 20 years—enjoyed a fine banquet—talked again—left at 9:30—very enjoyable night drive back home, arriving at school around 4 a.m. We would rather sleep at home than at a hotel along the way —self back at work at 9:45 Friday—Lonnie still in bed as far as we know—all of which proves that age must give way to youth.

Resume—20 hours away from home—16 hour total driving time—514 miles each on program twice—add the talk to the high school—it was the most enjoyable trip I have made in a long time—h-v-h.

Trustee and Faculty Meeting

The regular meeting of the trustees for the month of October as usual preceded the faculty group. The financial report and enrollment figures showed a much better standing than at the same time last year, which was highly gratifying to the board. It is a little early to get reports on those lagging in their work, since this usually does not begin to show up until a few of the students begin to think about Xmas. Dr. Becker brought out some valuable constructive ideas regarding to the future of the college, all of which were given unanimous support by the trustees.

At the faculty meeting, Dr. Becker explained the plan for the year ahead, which was enthusiastically received by all present.
T'H-E -LOG B.OOK

Friendliness is a quality which makes for happiness and is without a doubt the deciding factor in any social function. During the months of our entertainment committee, the twenty-five couples present at our Pledge Dance Friday night, October 9, were in just that mood, and the dance was a huge success. To add to the pleasure, Dr. and Mrs. Becker managed to be at the dance, our only regret being that they could stay but a short time.

Welcome visitors at the house during the last month include Dr. Casey Kessler, Dr. R. La-thrup and Mr. Scott from Om Cat-ser, Ill., and Dr. Charles Fedson, who managed to drive in from Ames, Iowa, for a short visit. Harold Heidenreich, Kewane, Ill., Ray Pennington, Fairmont, Minn., and Loyd Jackson, Minn., have recently been admitted as pledges, and help form a very promising pledge group. Promising, at least, in that they learn quickly, if not violently, about fraternity life. Don Wicker has learned that no matter how much Virge did with the cider doughnuts and apples were passed about, and a further tour of the house individual outside his professional life. Refreshments were served and a further tour of the house ensued.

There was entertainment by a banjo and accordion player preceding the travel talk.

Assemblies

**September 18**

As usual, the second assembly of the fall term was taken for the inauguration of the new class. Following the opening number by the band, Dr. Halladay herded the new students to the platform and put them thru the usual paces of name and home town. Those of you who have made this before will remember it. The upper classmen know that they will have a broader Ohio or Michigan brings forth certain well-known sounds from certain groups. The introduction this year followed customs of the past in every regard.

Faculty members who skipped the feast before were all introduced, and one or two transfers who were not present at the first assembly.

Music by the Greater Still College Band closed the ceremony.

**September 25**

Following music by the band, Gene Beghtol of the Sigma Sigma Phi introduced Mr. Jesperson of the fraternity. His talk covered the common errors in driving, and was indeed given at a most opportune time. With changes in weather just ahead, we must be especially careful.

Mr. Jesperson explained the law affecting students, doctors, and brought out many interesting points about the safety campaign in this state.

October 2

Music, of course, then a movie of Colorado made up of shots taken by Dr. Halladay while on trips out west. Travel pictures are always interesting, and with the help of the National Park Service and others, the student body will be taken to many interesting places this season.

October 9

With Mark in charge of the band, they made and to end to our part of the program with voice contributions augmenting the band. They closed with an original song by our president, entitled, "We're Doe Beck- er's Pride and Joy".

The Reception

The annual reception for the Freshman class will be held at the Hoyt Sherman Place October 22. Cards, dancing and light refreshments will be on the program in honor of the new class.

A detailed report of this evening will appear in our next issue.
THE LOG BOOK

Osteopathy Without Limitation

Forging Ahead

"IT'S EVERLASTIN' KEEPIN' AT IT THAT DOES IT."

Des Moines Still College of Osteopathy hereby expresses its thanks and sincere appreciation for the 21st annual co-operation which has clearly evident among its many friends in the osteopathic profession.

The new fall class is larger by 50 per cent than was the one of a year ago, and the type and character of its members is such as would make any educational institution proud.

Now let's make the January class another success.

There are only three classes to be enrolled before the first step up in entrance requirements, the next mid-year class beginning January 25th, 1937, the September class of 1937 and the mid-year class of January, 1938.

New educational policies, new laboratory equipment, increased scholastic standards, increased laboratory hours, better organization of our large and comprehensive clinics, a larger vision of our opportunities, better presentation of osteopathic concepts and principles, are parts of a program of development and expansion that deserve your careful evaluation.

Set aside one hour each week to be devoted to the important task of student recruiting, to this end and purpose that the great osteopathic profession may continue to grow and that osteopathic service may be available to an increasing demand.

Des Moines Still College of Osteopathy is alert and moving forward in its determination to deserve your efforts as a co-worker.

"IT'S EVERLASTIN' KEEPIN' AT IT THAT DOES IT."

Arthur D. Becker, D. O.

Dr. J. M. Woods—of the faculty and president of the Iowa State College, was a guest speaker at the Nebraska state meeting, September 21, 22 and 23.

Dr. Arthur D. Becker—of the faculty appeared on the program of the Southern Minnesota District meeting October 2 and 3, held at Austin.

Dr. H. V. Halladay—of the faculty, took over 500 boys at the Freeport High School October 8, and appeared on the program of the Northern Illinois Association, held at Freeport.

Osteopathy in Acute Infections

In athletic work not only the injured player but the coach and every member of the team is constantly pouting the physician for more and better results. Patience is practically unknown in these cases. In what ordinary practice, demands are not made upon you to perform miracles. Your average patient, of course, wants relief quickly but will usually be considerate and give you time to make an accurate diagnosis and plan a logical line of treatment. Not so with the average athletic case. The diagnosis must be made immediately and the treatment must show immediate improvement. This is what makes the care of traumatic injuries an exciting game. You have to be alert in diagnosis, prognosis and treatment and in the treatment the plan whatever it is must begin to show favorable results quickly.

As physicians one of our favorite indoor sports is devising a long list of "don'ts" for our patients. From time to time I have set down a few of these that might well be applied to ourselves rather than to the patient. Make up your own list and check yourself and take the following as a basis:

**Tape.**—You use tape in physiotherapy and therapeutics. Do you put it on properly? Have you ever put tape on too tight, so that it injured and made worse? Can you think of any "don'ts" in the use of tape? Is your taping as effective as it might be from the standpoint for which it is used?

**Heat.**—Do you have a set time for a part to be heated? What kind of heat? How is it determined that what is needed? Do you figure out the case? Have you ever burned a patient? Do you use too little heat? What is heat for?

**Cold.**—The same as above.

**Rest.**—Do you insist on rest when limited use would be better? Do you let the patient up too soon in order to try to prove how good you are? Do you know the effect of too much rest, not only on the injured part but also on the mind of the patient?

**Manipulation.**—Do you overdo your manipulative therapy just because you are an osteopath? Do you grade your manipulations (Continued on Page 4)
The fall meetings of the various districts are holding the "front" of osteopathic attention in Iowa this month. Due to the inability of President Woods to leave his post at the College the circuit was not undertaken. Each district arranging their own program. Final arrangements have not been reported to the under-signed at date of going to press.

The Third District meeting at Burlington is reported by Pres. H. L. Gordon of Brighton, for the 22nd.

The Fourth District, Pres. C. H. Potter of Forest City, announces, their meeting at Corinth on the 19th, with Dr. W. G. Sutherland of Mankato as the guest speaker, his subject being "Cranial Diagnosis and Technique."

Pres. Zona Munger, Cedar Rapids, of the First District, announces a program of varied interests. Dr. J. S. Denlow of the Chicago College will be on hand, as will Dr. Ava Johnson of Des Moines, who has just recently returned from Bulgaria, where she was sent by the Carnegie Foundation as a nutrition expert on a conference with governmental officials. She will discuss "Medical and Public Health Affairs of Central Europe." Dr. H. B. Willard of Manchester, will appear on the program on "Obstetrics."

The First District meets the 15th at Maquoketa. Undoubtedly the other districts will have as interesting programs.

The annual business meetings of the districts will be held with the election of officers for the districts for the ensuing year. The even numbered districts, 2-4-6, also elect a state trustee to serve a term of two years.

The annual year book and directory of the A.O.A. is under the preparatory and it is imperative that all names of state members be in their hands by November 1st. The matter of a star in the new directory may cost anyone a referred member. Your state dues are required for the star.

Perhaps it may appear a small matter whether your name appears in the front of the book as that means you are a member of the book as a non-member. Let Iowa lead the procession in A.O.A. members. You owe the profession the small amount of your dues whether you do any organization work or not.


Dr. Mary Golden—of the faculty, was a guest speaker at the Nebraska state meeting held in Omaha, September 21-23, and appeared several times on the program of the Southern Minnesota meeting October 2 and 3.

Don't Make 'Em Worse
(Continued from Page 2)
to the patient and the pathology or do you use the same force and time for every case? Do you ever pull and when it is indicated? Do you pull until manipulation when it is indicated? Do you treat and correct lesions that may influence the repair, even though they may be remote? Do you confine your treatment to the site of the injury? Do you, where there may be hemorrhage? I think the whole thing boils down to a very simple statement. In order to properly diagnose, prognose and treat a case, we have to be familiar with the pathology of traumatic injuries and we have to know the effect of the use of the above common therapeutic agents.

Severe bruises and bumps, torn ligaments and broken bones will eventually heal. It is our business to help Nature to hasten this healing process and prevent the depositing of an excess of scar tissue used in the repair.

It is very easy for us to find fault with the other fellow's methods and make up a long list of "don'ts" for him. Try it on yourself once and play fair with the rest of us. I have yet to see perfection in any one of us. We all have faults, so the best we can do is to gradually cut the number of our faults, hoping that as they diminish they will be overlooked.—(H.V.H.)

Dr. H. V. Halladay—addressed the Luncheon Club of the Women's Division of the Chamber of Commerce recently on the subject, "Archology of the Southwest.


Polk County Osteopathic Society

The monthly regular meeting was held at the Chamberlin Hotel Friday, October 9. The principal speaker of the evening was Prof. Earl Galloway, professor of Pharmacology and Materia Medica at the Des Moines College of Pharmacy. His talk was of intense interest to all present. Drs. Mary Sluss, Ralph Rathrop and J. A. McIntosh were visitors. Twenty members of the society were present.

G. E. Fisher, Secy.

Futures

Drs. Mary Golden, Laura Miller and Rachel Woods will motor to St. Louis to meet with the women of the profession attending the Missouri State Association the 15th of October.

Dr. R. B. Bachman will appear on the program of the Oklahoma state meeting October 20-24.

Dr. H. V. Halladay will meet with the North Central Kansas Osteopathic Society at Concordia, October 21st.

Dr. L. L. Facto—of the faculty, was a speaker at the Northern Illinois Association held at Freeport October 8th.

Dr. Harry Paine—of Oregon City, Ore., took the time to write us a complimentary card about the Log Book... Thanks, Dr. Paine. We appreciate a kind word now and then.

Dr. C. A. Reeves—of Muscatine, la., announces the arrival of Judith Madeline, September 28; weight seven and three-quarters.

Dr. Clark Hovis—of Highland Park, Mich., announces the arrival of James Clark Hovis, October 1, weight 7-9.

The Osteopathic Woman Physician In National Affairs

(Continued from Page 1)
Freshman Reception
This annual event was scheduled this year for October 16. Cards and dancing were provided by the trustees in honor of the incoming class, and an evening ideally suited to such a function, Hoyt Sherman Place was filled to capacity. The orchestra was excellent and the crowd responsive.

The reception line was headed by Dr. and Mrs. Arthur D. Becker and Dr. and Mrs. J. P. Schwartz. Following the intermission, the new class was asked to appear on the floor. After being provided for in special maps for identification, the entire group continued with the entertainment.

To Kansas
Speed with me—left Des Moines at 2:30 p.m. Oct 20—K. C. at 6 a.m.—direct show—hove up at 6 and on to Manhattan—met with the coaches of the state college, being introduced by Dr. Gus Salley (this was a high light of the trip for the pleasure was all mine)—lunch and away—Concordia at 3 p.m.—talk to high school girls at 3:30—visit with Dr. W. B. Edwards and his fine wife until dinner—23 osteopaths and 18 coaches and officials present—talk and demonstrate for two hours—start the trek back—Lincoln, Neb. at 2 a.m. —rest for 4 hours—home at 10:30 a.m. Oct. 22—a fine trip—met many new coaches and football players—osteopaths and wives, and hope we put across the osteopathic message to another group that can do much for us—h.e.b.

Detroit Hospital
The Detroit Free Press of Oct. 28 carried a feature article and item about the new addition to the Detroit Osteopathic Hospital. This groundbreaking ceremony was held during the state convention, and featured Mrs. Phillip Gray, whose husband donated the original hospital building. Detroit and Michigan are to be congratulated. Osteopathy has made rapid advances in this territory during the last ten years, and the need for larger and more modern quarters means that the excellent service of the hospital is being given proper recognition.

SEE INSIDE.

On the Other Foot

Diet for Winter
My office is on the ground floor of a theatre building. I am different than most osteopathic physicians, first, because I am not busy all the time, in other words, I enjoy watching people's feet and observing how they walk. I also wonder how the feet would appear if the shoes and stockings were removed. Well, we cannot take the shoes and stockings off every pair of feet that passes our window, but we can sit and observe how they appear to us. Many feet are similar, but there are no two exactly alike.

Let us describe the other foot as we see it from our office window. A four-year-old child passes by; toes are broad, spring heel, foot slipping in shoes, toes of shoes thrown in as child is walking. A two-year-old is seen pulling along by his little arm, a bulged place on the top of the toes of his shoes, shows that the big toe is crumpled up. If you talk to the mother of this child she will tell you that Johnny takes his shoes off and runs away from them. Johnny's older sister has her number eights in a size four shoe and tries the window like an elephant walking on eggs. The difference between Johnny and his older sister is that Johnny knows enough to take his shoes off and give his feet a normal chance.

Now comes along the high spike heels that cause the ankles to do the Sally Rand shimmy with every step. These toe walkers, with heels jacked up, knees more or less stiff, pelvis and abdomen thrown forward, shoulders back, and head directed straight ahead, gives a picture of a nimble wit of a polite American Society.

The duck paddlers pass by for review. Men and women, many times are over weight, have (Continued on Page 4)

(Continued on Page 4)

Women's Osteopathic College Club
The first meeting of the year of the Osteopathic Women's College Club was held at the home of Mrs. S. W. Meyer, D. O., on September 29th, as a reception to the newcomers who were eligible to membership in the club. Following this initial meeting, two dinner meetings at the Y. W. C. A. have been held.

Of October 29th, at the home of Mrs. Walker and Mrs. Kitchen, Dr. Becker spoke on "The Foundations of Osteopathy," a very interesting discussion of the life of Dr. Still and the Science of Osteopathy.

A very unusual program for the current year has been planned by the program committee, including book reviews, lectures on the various phases of Osteopathy, a short play, and practical demonstrations on various subjects.

The members of the Club will be guests of Dr. and Mrs. J. P. Schwartz on Nov. 17. The program for that meeting will include a book review on "An American Doctor's Odyssey," by Mrs. L. B. Sanchez.

Osteos Hold Meeting
The osteopaths of the Fourth District held their quarterly meeting at Cornish, Iowa, on Monday, October 19, 1936.

The program was as follows:
At 2 P. M. Dr. Sutherland of Mankato, Minn., spoke on "Nutrition and Food in Osteopathy." At 3 P. M., business meeting and election of officers.

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Des Moines Still College

A New Program of Educational that should be of Interest to

A New Vision of Potential Possibilities.

A New Appreciation of Opportunities.

A New Spirit of Enthusiasm and Optimism.

New and Enhanced Star

New and Advanced Requirements for Ad

The Survey

AFTER more than a year of careful study, evaluation and critical survey we are convinced that, we have in Des Moines all the necessary factors for a truly great osteopathic educational institution. We believe the time is ripe to move definitely forward along that line. We are setting up a program of development and improvement that will make possible an accomplishment of major importance in the advancement of osteopathic teaching. Our well qualified faculty, our determination to deserve the fine cooperation and support already clearly evident, our clinical advantages and opportunities and our favorable location, are foundation stones upon which we are building.

The Fund

IN THE DEVELOPMENT of our program of progress and advancement it will be necessary to build up an adequate fund to meet the demands incident thereto. A Building, Equipment and Extension Fund has been established and has already met with generous response. We believe there are numbers of individuals who would welcome the opportunity to help in a worthwhile undertaking such as ours. This fund is not to be an endowment fund, but an active fund, for immediate investment in the objectives of our program for extension and improvement. We plan eventually to expend as much more on each osteopathic student in educational programs as the student pays in tuition requirement. Pledges of $10 to $100 each year for a period of ten years are suggested. A facsimile of the contract for the annual giving plan is here presented.

The Clinic

OUR LARGE and comprehensive clinic constantly overtaxes our ability to adequately care for it. The general clinic, the acute diseases clinic and the clinics in special fields as obstetrics, gynecology, proctology, athletic injuries, eye, ear, nose and throat, surgery and pediatrics, offer available material for a student “man power” more than double our present enrollment. It is imperative that we capitalize for osteopathy this great mine of clinical opportunities. The best way to acquire clinical knowledge after careful instruction is to “Learn by Doing”. With very little effort we could double the amount of clinic cases now available. The clinic of the Des Moines Still College of Osteopathy has proven to be a most valuable teaching unit.

Write for Cata

720 - 722 SIXTH AVENUE
Osteopathy announces:

ncement and Scholastic Standards
Entire Osteopathic Profession!

New Additions in Laboratory Equipment.
New Extensions in Laboratory Hours.
New Emphasis on Osteopathic Fundamentals.
New Scholastic Requirements.

Beginning with the September Class of 1938.

The Pledge

I hereby pledge and agree to pay to the Building, Equipment and Extension Fund the sum of $... (dollars) annually for a period of ten years from date, for the use of the Des Moines Still College of Osteopathy, in such manner and at such times as the Board Trustees of such fund may designate. I further agree that the above annual pledge shall be paid in quarterly installments on or about the fifteenth (15th) of January, April, July and October, during each year included in this contract.

It is specifically understood and is a part of this contract that this pledge is voluntary and binding upon the signor hereof only to the extent of his/her willingness to maintain it.

Signed: ____________________________
Address: ___________________________

Trustees of Fund:
Dr. John P. Schwartz, Dr. Robert B. Bachman,
Dr. Arthur D. Becker, Mrs. K. M. Robinson.

Student Recruiting

IN ORDER for the college to be successful it is most important that the student group shall be ample. The new blood of the profession tomorrow is in preparation in osteopathic colleges today. It is the immediate concern of every alert individual who is interested in osteopathic growth and development to assume personal responsibility in the perpetuation of that growth. There are two or three well qualified prospective students right in your community, perhaps in your block, who would be interested in "Osteopathy as a Career" if they were intelligently informed. Set aside one hour each week and discover them. May we help you interest them?

Entrance Requirements

IN KEEPING with what we believe to be sound pedagogy and certainly in step with modern educational trends, there is to be established a new and advanced requirement for admission. Beginning with the September class of 1938 and for subsequent classes, we will require one year of college work as a prerequisite for entrance, and beginning with the September class of 1940 and for subsequent classes, we will require two years college work as a prerequisite for entrance. Details of subjects and semester hours will be announced in the near future. Only three classes (January 1937, September 1937 and January 1938) will be matriculated before the first advance in entrance requirements. We have set up this program sufficiently far in advance so as not to work a hardship on any one planning to enroll under our present requirements.

and Information

DESMOINES, IOWA
The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President ----- Arthur P. Callison, D. O.

Faculty Advisor, H. V. Halladay

Osteopathy Without Limitation

Thanksgiving

WE ARE THANKFUL— for Osteopathy. It is an inspiration and a big thrill to be here working with this sincere group, demonstrating, teaching, seeing and feeling Osteopathy. The morale of the student body is high. They have a big job ahead and plenty of responsibility from the very beginning of their work. We will, later on, turn over to them this big job of being independent practice and we are thankful that thru them we will do our part in the perpetuation of Osteopathy.

WE ARE THANKFUL—to you for your confidence in us. You send us a fine new group. We hope that your response in January and in the classes to come in years ahead will be generous, for there is too much to be done here for the present student body. We need nearly twice as many students as we have to properly take care of the cases offered for clinical experience.

WE ARE THANKFUL—for health, for all who enter or are all those who are the assistant are too busy to take time off for illness. Osteopathy keeps us in good physical condition. WE THANK OSTEOPATHY! 

SEE INSIDE.

The Log Book

Assemblies

October 16

This being the date of the Freshman Reception a Mickey Mouse comedy was shown in the theater of the new class. Always ways to entertain the children in the proper way. Laughter and cheering from the en- roles proved that the infants were not the only ones that enjoyed this respite from serious thought. The band opened and closed the assembly, as usual.

October 23

The Sigma Sigma Phi secured the services of Dr. W. L. Nutt, professor, who gave a very interesting and instructive talk on the foot. This was illustrated with slides and some excellent exhibits of students. Dr. Nutt is highly appreciative of the osteopathic principle and voiced his belief in this in very complimentary terms. We will welcome his return.

November 6

A carload of visitors from Kansas City in the persons of Misses I. and M. and Mrs. Hines, Murner and Corcanges, honored us on this date. Don Evans of Sigma Sigma Phi first introduced Dr. Arthur Beeker, who welcomed the group. Dr. J. L. Jones, in charge of the car- van, first asked Dr. Laura Hines, Murne and Corcanges, to speak. Both of these short talks were exceptionally well received. The Sigma Sigma Phi organized part of the program with some excellent advice to students of Osteopathy. We hope for more visits of this kind which need to get better acquainted with each other.

Dr. Byron Cash

—and wife toured Wyoming, following their attendance at the recent meeting of the American College of Osteopathic Surgeons at Denver.

Dr. Mary Golden

—accompanying by Drs. Laura Miller and Rachel Woods, recently attended a Mission meeting in St. Louis. Reports from the city are to the effect that they make a team that is a credit to the profession. Excellent reports of their activity in behalf of the O. W. N. A. were received from the president of the association.

Dr. Woods

—visited Council Bluffs on November 10th to attend the district meeting, and will cross the river to Omaha to inspect the Kain Hospital.

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Our Sincere Thanks!

Less than a month has passed since the November issue of the Log Book was sent out to you. It announced a plan for the upbuilding of our college. No solicitation was made at that time. The inside pages were devoted to a "spread" in which we set forth a program that we truly believe should be carried out and which we know will add prestige to the profession and offer unexcelled osteopathic training.

Dr. Larry Boatman of Santa Fe, New Mexico, was the first to send in his contribution and we wish we could publish it in full. Dr. Boatman not only said things that made us happy but backed up his confidence with substantial evidence of his faith in the future. Dr. Boatman automatically is listed as Patron Number One.

Following close on Dr. Boatman's heels is the 100 per cent pledge of the Phi Sigma Gamma fraternity of the college. They will head the list of organizations and will be one step ahead of Psi Sigma Alpha, one of the honorary fraternities of the profession, also 100 per cent. These pledges were so unexpected and such a surprise, since no funds have been solicited as yet, that we are not prepared to put into words our gratitude at receiving, these definite indications of faith in the future of the profession. Furthermore, Psi Sigma Gamma has consented to donate the use of a house for an osteopathic clinic.

The inside citation was in building of the profession, also 100 per cent. Founded for the New Year,

Osteopathically yours,

Arthur D. Becker
Robert B. Bachman
Clarence P. Callison
Byron L. Cash
Lonnie L. Facto
Glen E. Fisher
Mary E. Golden
C. Ira Gordon

Virg Halladay
Harry J. Marshall
O. Edwin Owens
Katherine M. Robinson
Joseph L. Schwartz
John P. Schwartz
James R. Shaffer
John M. Woods
H. E. Sampson

The Des Moines Still College Family extends the Season's Greetings and wishes for you and those whose happiness is yours, a full measure of Christmas Joy and Success for the New Year.

It's Kansas Again

The Sunflower State is popular with me. They have some fine snow at the New College Inn (who gets 76 miles per hz) and we left Des Moines on Nov. 17 in mid p.m.—Made some Kansas at dinner and a tour of the new clinic building at the college. Followed with a frat meeting and then to bed.—Jola next morning.—Talked to 400 boys at the high school and visited with Drs. Twaddle.—Dinner at 6:30 with 17 coaches and 33 osteopaths. We discussed and demonstrated until a late hour.—Some had driven over 250 miles to attend this meeting and we feel highly honored.—The members present represented both the Eastern Kansas Association and the Verne Figure Valley.—The real pleasure is knowing by direct contact that the coaches in our high schools and colleges appreciate what the profession is doing for their boys and girls in the care of traumatic injuries.

By driving most of the night we were not prepared to put into words our gratitude at receiving these definite indications of faith in the future of Osteopathy and this institution. We thank you and add that you have made this a happier Christmas for us here at the college.

MEMORIAL

* * *

A. T. STILL
Founder of Osteopathy
August 6, 1828
December 12, 1917

George A. Still
Osteopathic Surgeon
March 12, 1882
November 23, 1922

S. S. Still
Founder of Still College
December 7, 1851
November 20, 1931

CALENDAR

CHRISTMAS VACATION December 18 to January 4
GRADUATION January 22
REGISTRATION January 23
ROLL CALL January 25
EASTER RECESS (To Be Announced)
GRADUATION May 28

Atlas Club Dance

As a climax to one of its most successful years the Atlas Club presents its annual pre-Christmas dance. Wednesday, December 16, at the Consistory. Music and entertainment will be by Maurice Sherman, who brings his famous Chicago College Inn Orchestra to Des Moines for one night.


Doctors and Mrs. A. D. Becker, J. P. Schwartz, H. J. Marshall, P. L. Park, and H. V. Halladay have consented to chaperon the dance.
FRATERNITY NOTES

Dorthea and Louise entertained the girls royally in their apartment at a barbecued supper on Holloween evening. Most everyone was tired and worn out from a week of six-weeks exams so went home early. We wondered if Helen got to the Masonic dance she was talking about. A business meeting was held at Helen's home. Hot gingerbread with whipped cream was served to the hard working members.

On November 16th the sorority held a Benefit Bridge Party at the Uptown Studio. The attendance was larger than last year and we are happy to say the attendance was larger than last year. Dr. Rachel Woods has invited members to attend a business meeting at the college, under the direction of Dr. Beckler, to discuss the membership and pledge of Phi Sigma Gamma Alpha.

Sorority Business Meeting was held at the school. All but a few of the active members were present. Important business matters were discussed.

December 10th a business meeting was held at the college during the lunch hour. The girls brought food and a pot-luck lunch was served.

Dr. Rachel Woods has invited the sorority to a Christmas party at her home on December 17th. A grab bag is expected to fill the evening with amusing surprises.

Delta Omega wishes to extend Christmas and New Year's Greetings to all of whom have been extended invitations and promise to repay the favor. The Chapter extends Seasonal Greetings to its alumni and friends. May the coming year bring only Happiness and Prosperity.

The members of the fraternity appreciated the co-operation of the student body in making the Arthritis Dance a success. We are looking forward to another opportunity of getting together.

Dr. Virg Halladay was the principle speaker at our monthly banquet in November. Many constructive ideas were obtained from his interesting talk.

At the December banquet Dr. J. P. Schwartz gave a most interesting and informative talk on the duties of an intern. Given at this time, it was especially applicable since several members of the fraternity must be ready to do anything that the occasion demands.

The fraternity is highly appreciative of Dr. Schwartz efforts in producing successful osteopathic physicians.

Fraternity and friends of Psi Sigma Alpha were guests, and Dr. Halladay represented the Grand Chapter of the fraternity.

Sincerely Christmas Greetings to all. —(H.P.S.)

ATLAS CLUB

"There is no place like home," but also true is the claim that there is no place like the Atlas Club during a Thanksgiving vacation. No one can say, "sour grapes," when it is stated that the Atlas house was a place of wholesome contentment, enjoyment, and happy fellowship during our recent vacation, as such was the blissful state of affairs.

Happiness in our home as another term nears its close, just that much closer to graduation and departure from our dear Alma Mater. The old story continues with our success in the compass the boys leave for home, seeking consolation in Christmas vacation. Sleigher and ramp are in order. May the cent of the holidays by dividing their time between Norfolk, Va., and Detroit, Mich.

Once again we will scatter to the various states to enjoy the old home town once more. From this center of interest is the building is said to be the last of its kind in the United States, to be reached in travel by motor, steamship, streamlined train, or airplane. In fact, all "ways" lead to Chicago.

Chicago is recognized as the outstanding convention city; its location being the most easily accessible part of the United States, to be reached in travel by motor, steamship, streamlined train, or airplane. In fact, all "ways" lead to Chicago.

You may drive to the many miles of drives along the shores of beautiful Lake Michigan. You must not miss this opportunity to visit the Museum, with exhibits appealing to every type of intellect. Across the drive from this center of interest is the Shedd Aquarium with its great variety of beautiful and unusual fish, gathered from salt and fresh waters the world around. The building is said to be the last word in architecture and equipment for this particular purpose. Only a few miles away stands one of the most unusual and interesting institutions to be found in this country—the Adler Planetarium. Here, in daily lectures, you may hear and see how the stars and planets run through the heavens in orderly manner.

More information in regard to these places of interest, with their admission fees, will be given at a later date.

Dr. T. D. Crews

—of Pasadena, Calif., and Miss Freda A. Ferguson were married Saturday the 21st of November. Dr. Crews graduated from Still in the May, '36 class.
**It's Xmas Again**

Down town in Des Moines you can see evidence of Christmas in every direction. The streets are covered with snow. Of course after a day of heavy traffic the snow is soled but white piles of it appear here and there along the curb. Festooned over your head you will see the most vivid green and colored lights with illuminated Christmas pictures at intervals along the business blocks. Along the walks you see enormous Christmas balls and the stores are filled with things that delight the senses. It certainly is Christmas in Des Moines!

Crowds in a mad last-week rush hark anned to the intercostal regions but take the moment to exchange a smile with others and when a package is dropped from a flue, that flirt, someone with a smile stops and picks it up for the loser. The spirit is here and the day rapidly approaches.

Why can't we have this extended into a longer season? . . .

These smiles, this good humor, activity and pep should continue through the year. This is the final reaction at the close of the year, just before we turn the page for a so-called fresh start. But we do not need these last days of December to take that fresh start.

A new year will soon arrive and we do take a fresh start in the college by wanting to send our student to the north where he was Christmas to his friends and his post-operative conva-
dem. Make the material plentiful and furnishing easy and with the help of students. This type of giving on your part is not a one-way street.

Let's don't wait until after Thanksgiving each year to get into this spirit of giving some-thing. Let's keep it up fifty-two weeks in the year instead of the short time before the 25th of December.

Our colleges are giving forth every effort to build the profession from the material you furnish. Make the material plentiful and you will receive the benefits later. This type of giving on your part is not a one-way street.

May every Christmas Joy be Yours.—(E.H.)
At the American Legion meeting last night, "Smoke" Brown, State Commander, made the remark that everyone could find work to do in state industrial and labor service of the A.O.A. are anxious to tabulate and file all case reports dealing with the basic labor law. The industrial compensation cases, Dr. J. J. McCormack, Sheboygan, Wisc., will gladly mail you a form to fill in. You will drop him a penny post. You feel your few cases don't make a difference, but if everyone would send in their reports we could have a good many more thousand reports on file than are there at present. For those interested in outing Labor, we would recommend the article that appeared in the American Federationist Labor, we would recommend the article that appeared in the American Federationist.

The Denver Polytechnic and Postgraduate College is offering a free fifty dollar scholarship to some outstanding student in the state. This scholarship will pay the tuition in full for the General Review Course to be given the first two weeks in August, 1937. No word of explanation need be given. Blindfolded. Dr. C. C. Reid has for some twenty or odd years presented a Review Course and at the present time the College owns its own building in which this work is given. Dr. H. M. Husted, who appeared at the Iowa State Convention last May, is connected with this work. Dr. H. M. Hagoun, who a year ago made the Iowa circuit, now on the faculty. The scholarship will go to some member. The College has specified it must be a member of the State Association. Some paper will be worked out for an impartial selection or drawing of the member's name. Those who are not members, join now.

Communications from the chairmen of the Public Relations Committee and the Professional Relations Committee of the Chicago Osteopathic Association have been received. Drs. W. Willard Brown, Geo. H. Carpenter, give every indication that Chicago is well on the way with plans for entertaining the A.O.A. Convention next July 5th to 9th.

All class rooms at the Des Moines Still College of Osteopathy are well lighted, ventilated and fitted with steel desk and arm chairs.

A New Class Starts January 25,'37

Assemblies

Friday, November 15th might be considered an opportunity for Ole Man Bad Luck to appear with all his strength. The Freshmen heaved his weight and routed him with a program that put all such superstitions on ice. Gene LaRoque, acting in the capacity of master of ceremonies, followed the usual opening number by the band, and introduced the president of the class, Harry Wing.

Harry proved his ability, both as a speaker and a thinker, with appropriate remarks. Gene appeared next in the role of a monologist, his character consisting of some clever scramblings of local events. The Detroit Trio harmonized and was encored as usual.

The intermission was filled by a few minutes of ad-libing by two or three selected (?) members of the band. The closing skit in pantomime, was worthy of a place in the Hall of Fame, along with the early work of Chaplin. We know the Freshmen better, and we know that the application of these two distinctive fields is more than one.

November

Due to the failure of a government film to arrive, Dr. Arthur D. Becker took advantage of the time and gave the students another one of his inspiring talks on the college and its future. With the faculty and all so busy, we need to take time out now and then to take stock of ourselves and this was done at a most opportune time.

Memorial Program Dec. 4

It has been the custom at Still College for several years to set aside the first Friday in December to bring to the student body a reminder of the debt we owe three members of the Still family who have died. Following a brief address by Dr. H. E. Clybourne.

It's a Principle With Me

(Continued from Page 1)

that may assume a similar degree of importance with the osteopathic principle. It is a principle much older in the knowledge of man. It is widely held in its applicability. It is often the only assistance necessary. It nearly always plays an important part in the healing process. It may make a minor contribution in certain cases. What is this other principle of such great importance and often overlooked or undervalued in pathogenesis? It is a small word of huge potentials. It is spelled R-E-S-T.

The modern osteopathic physician and surgeon is well informed along all lines of well defined value in the entire therapeutics field. It is important that this is so. It is his first duty to know everything obtainable about his own particular and distinctive field. The osteopathic physician learns to depend upon the application of these two lofty principles of greatest and primary importance in therapeutics because of their universal importance and because of their effectiveness in the treatment of the sick and disordered. To the well informed osteopathic doctor the peculiarly osteopathic reasoning and treatment come first and addictive measures occupy a secondary place. I know from experience what applied osteopathy will accomplish and so regarding the logical and applying osteopathic principles. I say—It's the principle with me.

Arthur D. Becker, D. O.

Sacrosanct Meeting

The sixth meeting of the International Congress of Sacro-Iliac Techicians will be held in the Congress Hotel, Chicago, Sunday, July 4, 1937. There will be sessions morning and afternoon with a program in the evening. A speaker of renown will give the principal address. Dr. F. E. Still, of Toronto, is arranging the scientific program while Dr. Oliver C. Foreman of Chicago, is chairman of the Committee of Arrangements.

State Board

West Virginia

The next meeting of the West Virginia Board of Osteopathy will be held February 15 and 16, 1937, at the office of Dr. Robert P. Claggett, First Huntington National Bank Building, Huntington, West Virginia.

Application blanks may be secured by writing the Secretary, Dr. George E. Claggett, Empire Bank Bldg., Clarksburg, West Virginia.

Applications should be filed with the Secretary not later than February 8, 1937.