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# THE LOG BOOK

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PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 12

February 15, 1935

Number 1

## Commencement Exercises, January 25

### Thirteen Receive Degrees

Commencement for the Class of January, '35, was held in the college auditorium on the evening of January 25. The auditorium was filled to overflowing by relatives and friends gathered to pay their respects to the thirteen men who received their Doctor's degree.

The processional march was played by Mr. Robert Tessien, '35. The invocation was given by Dr. Robert B. Bachman. Mr. George Sutton, '37, presented a vocal solo, "Before the Sun Goes Down," set to the familiar "Londonderry Air."

The Rev. James Brett Kenna, pastor of the First Methodist Church of Des Moines, delivered the address. "The ministry and the healing professions are closely related to humanity," he said, "both are bound close to life. How should we measure this life? Markham likened it to a great battle; Job called it sorrow; the Book of James refers to it as 'uncertain and evanescent'; Ecclesiastes term it vanity; but Jesus said that life was a venture, thrilling and heroic."

Rev. Kenna continued, saying, "Life cannot be measured by wealth for wealth is artificial. It cannot be measured by time, (Continued on Page 3)

## Marietta Hospital Organizes

Organization meeting of stockholders of the Marietta (Ohio) Osteopathic Hospital, Inc., was recently held in Marietta. A board of directors was elected and plans were made to erect the edifice during the coming months.

Directors elected are: H. L. Benedict, Pres., L. M. Bell, Vice-Pres., J. E. Wiemers, Sec., A. Y. Siewers, Treas., Helen D. Chamberlain, H. B. Goddard, Alice L. Hogan, Paul L. Riemann and J. D. Sheets.

A code of governing regulations was adopted. A building committee was appointed and empowered to ask for bids at once so that the contract might be let and the work begun on the building early in February. It is expected that the hospital will be completed by early summer.

The hospital will be a two-story fireproof structure of steel, brick and concrete. Plans for it have been approved by the Ohio State Board of Health.

## Large January Class Enrolls

The recently enrolled mid-year class set two records of which it may well be proud.

First, it is the largest January Class to enter Still since 1929. This is a good omen that Old Man Adversity is relenting and that many more will now be able to realize their ambitions and enter college.

Second, it has a greater percentage of women than any class in many a moon. We congratulate these co-eds and hope this is the beginning of an increased enrollment of their sex.

While the majority are from Iowa, there are five states represented, Michigan and Ohio showing their usual interest.

## Faculty Meetings

The regular January meeting of the faculty was held in the college building on the eighth. This followed the regular meeting of the Board of Trustees and was attended by the entire group. Dr. J. P. Schwartz, Dean of the College, opened the meeting with a reading of the reports concerning the standing of various members of the student body. There followed a discussion of the merits of the final examinations given at the end of the semester's work.

Dr. C. W. Johnson, President of the College, was the speaker of the evening and gave the group a resume of the most important of the reflexes from a standpoint of diagnosis and drove home very forcibly the fact that we must know these in order to be accurate not only in diagnosis but also in the selection of the proper Osteopathic treatment to be used on the patient.

The meeting held February fifth also followed a regular meeting of the Board of Trustees. A final decision was made on the matter of examinations and a discussion followed relative to the various bills now pending before the Iowa legislature.

Prof. O. E. Owen of the faculty addressed the group on "Heredity," and opened our eyes to the newer ideas being brought out in this subject. We found out that we can do a great deal more good by planning for the future along this line rather than by tracing back and trying to establish a highly desirable pedigree.

The March meeting will be held the fifth of the month.

## Dr. Byerly Writes Canadian History

Dr. A. E. Byerly, '20, of Guelph, Ontario, Canada, recently had published his book "Fergus-Webster Settlement."

The book is an extensive 372-page history of the development of that portion of Canada. It covers the founding of Fergus in 1833 and carries the history through to the present.

Dr. Byerly previously published two works dealing with Canadian history, "The History of Lower Nichol" and "The McCraes of Guelph." For several years he has contributed feature articles to leading Canadian newspapers and his historical library collection is among the finest in the Dominion.

Dr. Byerly served several years as president of the Western Ontario Historical Society, was one of the founders of the Wellington Co. Historical Society and is a member of the Council of the Ontario Historical Association.

## Minnesota Welcomes D. O.'s

Following the example Washington set in last month's Log Book, Dr. Arthur Taylor, Sec'y. of the Minnesota State Board of Osteopathic Examiners, writes that his state has many promising locations for Osteopathic physicians.

All those looking for a location are urged to consider our neighbor to the North—Minnesota bids you welcome. For information, Dr. Taylor may be addressed at Torinus Blk., Stillwater, Minn.

## Oklahoma Invites You

Falling in line with Washington and Minnesota, the state of Oklahoma extends a cordial invitation for Osteopathic physicians to choose their commonwealth as a field to practice in. Dr. C. Denton Heasley, surgeon at the Osteopathic hospital in Tulsa, writes that there are at least six towns within a radius of 50 miles of the Osteopathic hospital which do not have Osteopathic service. These locations are good ones and with hospital service so near each one should receive earnest consideration on the part of any one looking for a place to practice.

For complete information, address Dr. C. Denton Heasley, 19 W. 5th Ave., Tulsa, Okla.

## Senior Day, Friday, January 18

The assembly of Jan. 18 was in charge of the mid-year graduating class. Byron Wayland, class president, greeted the student body and introduced the members of the class of January, '35.

Following this Lou Carleton delivered a whimsical paper aptly labeled "Sense and Nonsense or Facts and Fancies." This manuscript concerned the activities, past and present, private and public, of the men of Jan. '35, and much illumination was basked upon the private lives of those ageing heads so bowed with professional wisdom.

Next Jack Ennis performed the duties of administrator of the last will and testament of the Class of January, '35. It is a forgone conclusion that many of those left to carry on will benefit immeasurably by the generosity of those who have gone before.

The class prophesy, a remarkable work of original poetry, was read by Lester Fagen. We shall place this manuscript in the archives of the college with instructions to those who guide its destinies some twenty years hence, to check it and see how accurate (Continued on Page 4)

## Honor Awards to Four Men

Three members of the recent graduating class were recipients of honorary awards.

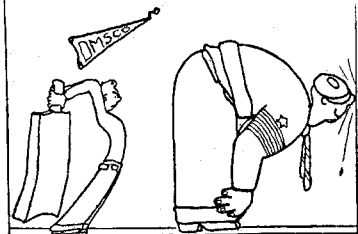
The Sigma Sigma Phi certificate for proficiency in Osteopathic science was awarded to Lawrence Nixon at the Senior Day program.

The certificate for service to the college, awarded by Sigma Sigma Phi, went to Russell B. Stephens. This presentation was also made at the Senior Day assembly.

Lester P. Fagen won the Psi Sigma Alpha scholastic award and his name will be engraved upon the permanent plaque which hangs in the reception room of the college. The graduating member having the highest average for his four years' work receives this award. In this class Dr. Fagen was first, Lawrence Nixon, second and John C. Ennis, third. Dr. C. W. Johnson announced the award.

Joe Peterson, sophomore, was awarded the key for having the highest scholastic average during his freshman year. Bennie Devine, president of Sigma Sigma Phi, made the award.

## FRATERNITY NOTES

ATLAS CLUB  
(Wm. Costello)

The past few weeks have been busy ones, as might very well be expected at this time of year. The last semester was closed successfully for most of us and a new one commenced—one that will end the sojourn of many of our seniors in Still College.

We welcome the return of one brother, Wm. (Casey) Jones, who comes back to the fold after an absence of five years. Casey sort of missed the "old guard" but now has become acclimated to us and we are glad to have him here.

We are proud to announce the pledging of Harvey Bridenstein, St. Joseph, Mo.

The past week has been long and busy for those who were pledged last semester. In other words "Hell Week" is here and many strange and varied sights and sounds may be seen and heard in the vicinity of the Chapter House. Several have turned huntsmen and the objects of the chase are unusual to say the least.

We have had Dr. L. A. Doyle, Osage, Iowa, an alumnus of Xi-phoid, as a visitor for several days. Brother Doyle has been kind enough to give us several talks regarding practical work and his advice is worthwhile and very much appreciated. Come again, Doctor, and often.

We have had several short visits from Bro. Chris Fedson of Ames. Fed never stays so very long but he does manage to drop in quite frequently.

[Brother Costello was recently stricken with the dread Chicken Pox. Bill's looks belie his age as Stevens' practice assures us that this is a disease of childhood. In order to prove that he had a misplaced case and really is grown up, Wm. is cultivating what promises to be a most luxuriant Van Dyke. His rapid recovery was due, no doubt, to the earnest and fervid supplications of the faithful of the tabernacle who, at his request, sent said supplications in countless numbers to the high heavens via the radio. Certainly and verily there is mysterious power—ours for the asking.—J. F. B.]

IOTA TAU SIGMA  
(T. C. Hobbs)

Beta Chapter announces the pledging of Edward Jarensen, Eveleth, Minn. He is a banjo player, Virge, so go get him.

From his position in front of the radio, Brother Pohl makes an excellent assistant orchestra leader. Sound effects and everything. Very good, Vic, good and loud.

We've heard very little about the severity of the cold in Maine since Pledge Jarensen arrived.

It was 51 below when he left Minnesota.

In spite of the extreme cold in Eveleth, Jarensen has suffered from the Iowa variety more than any of the rest of us. And it hasn't been lower than 15 below since he came. Good old Iowa weather!

Bridge is with us again. We managed to finish second in basketball and hope to do even better in this.

So far the brothers have managed to keep Swampy out of red flannels. Good work!

Every day upon coming home Brother Gerow assumes the old Gerow position and drifts off into the arms of Morpheus. We expect to be able to find his imprint on the davenport long after he has graduated.

Bro. J. Francis (Harpo) Yukl is always worrying for fear his pipe will get broken. Don't bother about it, Yukl—it will probably survive — and what if it doesn't?

It seems that Pledge Boston is now a member of the society for the protection of swordfish. Ho-hum.

Brother Rankin's theme song now seems to be "Time On My Hands."

One of the favorite pastimes is betting how many comic Valentines Brother Happel will get.

PHI SIGMA GAMMA  
(J. J. Herrin)

Delta Chapter entertained about fifty couples with a pledge dance Friday evening, February 1. The committee in charge was composed of William Moore, Robert Gibson and John Herrin. A white carnation, the fraternity flower, was presented to each person. Music was furnished by the College Pals. Alumni present were Dr. S. H. Klein, Dr. C. W. Johnson, Dr. J. R. Shaffer, and Dr. Byron Wayland. The music, punch, and general spirit shown was excellent, and the dance is one that will be remembered for some time as the "best yet."

We received a pleasant surprise when Joe Peterson was awarded the Freshman scholarship key. Joe is certainly a worthy recipient of the honor and we heartily congratulate him. Jerry O'Berski and Robert Luby, both pledges, have been awarded anatomy keys. Congratulations and may your good work continue.

We are glad to share our house with Bryce W. Steeves and Bill Slater. Steeves, a sophomore, transfers from Alpha Chapter, Kirksville, and Slater is a freshman from Kent, Ohio. Dr. G. O. Braunberger of Kirksville was a house guest while taking his state board recently.

Friday evening, February 15, the fraternity will enjoy the hospitality of Dr. and Mrs. S. H. Klein at a buffet supper. From experience we know that a real treat is in store and that all of us will be present.

It's a fact that: Owens has a good library reference; Zyzlewski should be changed to Jones; Hecker visits a certain

home every night—will it be a Joy-ous occasion? Whit and Kay make a neat couple; Earl is a nifty punch server; Wilkes has a swell sun-tan; Miller has too many phone calls; Folkman's moustache is carefully greased each day; Enderby takes state boards too seriously; Gibson prays too much; Sir Bos is generous with cigarettes!

First degree initiation was held at midnight, February 9, for five men. As this is an event that we all await with keen interest, the paddles were dusted off and polished a week in advance. Pledgemaster Miller conducted the degree work in a manner that will be long remembered by the candidates. The appetites of actives and pledges, naturally increased at this late hour, were satisfied by a delicious Dutch lunch after the initiation. The following men received the degree: Robert Hoefler, Emil Braunschweig, Myron Bos, Leigh Whitney, and Jerry O'Berski.

Dinner guests the past week have been Dr. Virge Halladay, and son, Morrie, and Dr. and Mrs. G. E. Fisher.

A farewell dinner was given January 23, for Dr. and Mrs. Byron Wayland. Dr. Klein gave a very interesting and instructive talk pertaining to the beginning of practice, which we all appreciated. Byron, our only member to graduate in the mid-year class, is a past president of Phi Sigma Gamma and has been quite active in the Obstetrical department of the college. We are sorry to have you leave, Byron, but as the time eventually comes to us all—goodbye and good luck!

## PSI SIGMA ALPHA

The semi-annual senior banquet was held at O'Malley's Tea Room, Jan. 29, 1935. Bro. Edmund C. Baird, the lone graduating member, had sufficiently recovered from his appendectomy to be with us and enjoy the repast. Dr. C. W. Johnson was speaker of the evening and his subject was "Striving for Utopia." Dr. Johnson, as always, presented a most inspiring and thought-provoking message.

The next regular meeting will be held Feb. 12, at the Community Center.

Cleveland Convention  
Fraternity Night

"Fraternity Night" during convention week is always one of the brightest nights for all fraternity and sorority members. This year it will be bright for everyone, whether a member or not. First, plans are under way for fine parties for each organization. Second, a big combined party is being planned for all non-members.

The opportunities for such celebrations in Cleveland are unlimited. Fine hotels and private clubs, night clubs with good floor shows are all available to us.

Each group is represented in

Cleveland by a local chairman who has plans already started for your big night. If you have any suggestions to offer, write to Dr. M. K. Cottrell, 2010 E. 102nd St., and he will see that your suggestions are given proper attention.

—Dr. D. V. Hampton.

It May Seem Strange,  
But . . .

By J. R. F.

## Ancients Bested Us At Dining

The next time you push yourself away from the table, draw in a deep and painful breath and mutter, "I ate too much again," just hearken back to the ancient Greeks and Romans and you'll probably hitch up the old belt for another round. So strenuously did these ancestors dine that they couldn't take it sitting as we do, but reclined, at times lying flat, making a lengthy ritual of the process of eating.

Take a Roman banquet for instance. "First would come sweetmeats, cakes, lettuce or pungent herbs, oysters and thrushes. These were followed by eels done crisp and brown, or some other delicacy fresh from the fish market. Then came sausages, poultry, pork, including pig's hasket and chine, feet and snout, calf's pluck, kid's head, small hams, etc., finishing the first round. With the second course came honey, cheese cakes, fresh and preserved fruits, and confectionery."

The Roman epicure Apicus invented a specific cure for indigestion. "It was made of salt, pepper, ginger, thyme, anise seed, celery and rocket with lamoni, wild marporam, holy thistle, spikenard, parsley and hyssop." What a medicine, it seems almost as bad as the meal itself!

To look over at the Greeks for a moment we find a celebrated dinner at which Alcibiades and Socrates each drained at a single draught the contents of a flagon holding two quarts of wine. At a funeral feast given by Alexander the Great, Promachus won the wreath by drinking two gallons of wine. To his dismay he died three days after and therefore won other decorations he was not conscious of wearing.

The Romans were not far behind. "One Roman dinner presented in one course a great tray on which was a bronze donkey whose baskets were filled with olives and on whose back rode a silver silenus, whose pores exuded a sauce that fell on the breast of a roast young pig beneath. Sausages with Syrian plums and pomegranate seeds beneath them to stimulate fire; various vegetables, shellfish, snails and a reptile or two formed other delicacies of this course. The feature was a carved figure of a brooding hen beneath which were eggs, upon distribution the eggs were found to be of dough.

(Continued on Page 4)

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President.....C. W. Johnson

Faculty Advisor, H. V. Halladay

Editor.....J. Robert Forbes

Osteopathy Without Limitation

## Class of January, '35

Once again D. M. S. C. O. graduates a class of young physicians. The interest of the college in these men does not cease with their graduation. It will always follow their careers and ever be willing to do all in its power to aid them in the successful pursuit of their profession. Still is proud of its alumni. Wherever Osteopathy is practiced there will be found men of Still, leaders, many of them, in their profession and community. The success of these men and women who display the D.M.S.C.O. diploma is that for which their college trained them. We are all sure that the Class of Jan. '35, will take its place with the long line of Still alumni who have become successful Osteopathic physicians and that in the future its alma mater will have ample cause to proudly hail each member as its own.

Conversely the college trusts that these doctors will not lose interest or allow themselves to get out of touch with it and its affairs. A militant, up-on-its-toes alumni body sending students to its alma mater not only has the future of our educational institutions in its hands but the future of the profession as well. Still College will welcome the men and women you interest in Osteopathy, men of Jan. '35. Send them here and we will strive to deliver the minto the world real Osteopathic physicians.

To you goes our wishes for a pleasurable and most profitable future.

## Apology

The editor sincerely regrets that, through an unavoidable oversight, the names of Sidney L. Michelman and Raymond P. Perdue were omitted from the roster of the Class of January, 1935, in the January issue of the Log Book.

Drs. Michelman and Perdue were prominent members of this class. The editor takes this opportunity of apologizing to them for this error of omission.

## Birth

### Naylor

Born to Dr. and Mrs. Charles L. Naylor, Point Pleasant, West Virginia, a son, Gene Allen, on November 7, 1934.

## Convocation, Feb. 8

This student conclave was given over to the introduction of the faculty for the benefit of the new class of freshmen.

Dr. Johnson acted as master of ceremonies and introduced the faculty members in order of their service to the college, beginning with the newest addition on through.

First was Dr. H. L. Gulden. He admonished the freshmen to keep their eyes and ears open and not waste time talking.

Prof. Owen greeted the new folks saying that he hardly needed to as he had them in his classes.

Dr. Fisher then greeted them but said that he thought freshmen saw enough of him in chemistry classes.

Dr. L. L. Facto advised the freshmen thusly: "Don't treat Osteopathy like a vaccination—taking just a little bit to keep from getting the real thing."

Dr. Schafer mentioned that he wouldn't have contact with them for two and one-half years or until they entered the O. B. clinic but said that he would be looking for them.

Dr. Virge Halladay outlined plans for future assemblies and urged all to attend them.

Dr. J. L. Schwartz, who teaches only Senior A classes, greeted the newcomers and said he would await them four years hence.

Dr. B. L. Cash invited all to take their X-Ray and Physio-Therapy problems to him and said he would welcome the opportunity to aid all he could.

Dr. J. P. Schwartz, Dean of the college, spoke on the behavior of the students. "Do not disgrace yourselves or the school," he said. He also said that the board had agreed to adhere to strict attendance rules in the future.

Miss Ava Johnson, who has freshman classes, re-greeted the neophytes and suggested that they make it a rule to study from the beginning.

Dr. R. B. Bachman spoke a few words on "Osteopathy Without Limitation," which were timely and well worth while.

Dr. Johnson, oldest in point of service, spoke last. "Look out for cynicism or closed-mindedness," he said. "Absorb wisdom and you won't have time to talk about it."

Those faculty members who were unable to be present were Drs. H. J. Marshall and J. M. Woods, and Attorney Sampson.

## State Board

### Minnesota

The Minnesota State Board of Examiners in Osteopathy will hold its next examination on March 12 and 13. Applications must be in by March 1. Apply for information to Dr. Arthur Taylor, Torinus Blk., Stillwater, Minnesota.

## Convocation, Jan. 11

Attorney H. E. Sampson, new professor of Medical Jurisprudence, was the speaker. His subject was "Responsibilities of a Physician in His Community."

"Men of all professions," Mr. Sampson stated, "seem to have small respect for their legal obligations. There are plenty of legitimate opportunities within each profession and those who step over into illegal practice are no credit either to their profession or school and sooner or later will meet a day of reckoning."

"Due to the depression more people are ready to institute malpractice suits and more refuse to pay fees than ever before. Be on guard against these pitfalls."

"If you are going to be a credit to your profession you must give consideration to legislative problems. As members of society you should see that little by little you attain absolute legal equality for your profession."

"Go out of school as far more than a doctor. Become an important member of society and conduct yourself as a law abiding citizen, making your profession an honored factor among the people you serve. You must be honest, not out of a sense of fear, but from a real desire to be that way."

Mr. Sampson's message was one we can all carry in our memories and hearken to many times. His advice was sound and necessary and the student body sincerely appreciates the opportunity of hearing him.

## Commencement Exercises January 25

(Continued from Page 1)

time has existed for billions of years—three score and ten years are insignificant when we consider the time we know the earth has existed. Happiness is not a fair measurement. Not by success—success is merely reaching a goal which is sometimes evil, selfish or shallow. The only true standard for the measurement of life is Growth—how much have you grown? Does your knowledge and ability grow with the passing of time? Only by consistent growth and development can we really live a true life."

Mr. Sutton next gave a vocal rendition of "Invictus."

Dr. Robert B. Bachman, acting Dean, presented the class to President C. W. Johnson, who conferred the degrees.

The Class of January, 1935:

Edmund Charles Baird, Louis Henry Carleton, Albert William Dennis, John C. Ennis, Lester Perkins Fagen, Delbert Francis Johnson, Howard Franklin Kale, Sidney Leonard Michelman, Lawrence Milton Nixon, Raymond Parker Perdue, Russell Browett Stephens, Hudson Heber Sproul, and Byron Adin Wayland.

## Looking For A Practice?

The Log Book does not accept advertising, but occasionally there comes to the editor announcements concerning practices for sale. At this time there are many new men going into the field so the following notices are printed for the benefit of those who might be interested.

W. N. Stuver, D. O., has a practice for sale. Address him at Fairfield, Iowa.

Wisconsin practice. Address: Dr. W. A. Sliker, 1st Nat'l. Bank Bldg., Portage, Wis.

Equipment and practice by Dr. Harold R. Cox, Randall, Kansas.

Location and equipment of the late Dr. F. A. Barger. Address Mrs. F. A. Barger, Sidney, Nebr.

Equipment of the late Dr. Fannie Gosden. Address Mrs. Emily Kissinger, 203 N. 13th St., Norfolk, Nebr. The equipment may be inspected at the home of Mrs. Henry Gosden, 8 miles south of Farley, Iowa.

The city of Elko, Nevada, needs a D. O. Good state, wonderful opportunity.

## Osteopathy Bests Infantile Paralysis

Unit No. Two of the Los Angeles County General Hospital (Osteopathic) Los Angeles, Cal., has set an enviable record in the treatment of Anterior poliomyelitis. Some months ago Los Angeles was in the midst of an epidemic of this dread disease which was attacking young and old alike. Unit No. One (Medical) saw its nursing and physicians staff decimated by the contagion of the paralysis, while Unit No. Two (Osteopathic) instituted daily Osteopathic treatments for all connected with the institution and, so valuable was the prophylaxis of these treatments, no one was lost from duty during the entire epidemic!

The Osteopathic unit registered 150 cases of infantile paralysis with the following startling results: 1 death, complicated with meningitis; 5 crippled; and 144 cured without any apparent impairment of muscular function! Such a record is previously unheard of.

Treatment was as follows:—(1) injection of 10cc whole blood intramuscularly 1 to 3 times daily; (2) cervical extension 1 to 2 times daily, one hand under occiput with other under chin and vibrating patient gently for 1 to 3 minutes; and (3) turning of patient to a prone position three times daily.

Once again Osteopathy conclusively proves itself as a superior method of therapy!

## Location

Dr. Marvin E. Green announces the removal of his office from Carroll, Iowa, to 517 1/2 Lake Avenue, Storm Lake, Iowa.

## I. O. A. Bulletin

### District Circuit Meetings

As this issue of the Log Book comes to you, the third and final of the series of district circuit meetings will have been partly completed. Thru the generous co-operation of the Deans of Still College, and of the Kirksville College of Osteopathy and Surgery, namely, Drs. J. P. Schwartz and H. G. Swanson, this circuit has come to you.

Dr. J. P. Schwartz and your state president, Dr. F. A. Gordon, met with the 2nd district at Dr. Sturmer's office in Shenandoah, on Feb. 12; with 5th district at Hotel Martin, in Sioux City, on Feb. 13; with 1st district at Hotel Roosevelt, in Cedar Rapids, on Feb. 19; and with 3d district at Hotel Ottumwa, in Ottumwa, on Feb. 20. Dr. Schwartz addressed these groups on "Treatment of Urinary Infections," "Diagnosis of the Acute Abdomen," and gave "Radio Health Talks." Dr. Gordon's subject was "Your Organizations."

K W C R at Cedar Rapids will broadcast the Health Talk 3:00 to 3:15, on February 19th.

Dr. H. G. Swanson, Dean of the Kirksville College of Osteopathy and Surgery, will meet with the 6th district at Hotel Savery III, in Des Moines, on Feb. 26; and with the 4th district in Mason City, at Hotel Hanford, on Feb. 27. He will address these groups on "Some Fundamentals in Osteopathic Education," "Certain Diseases of the Nervous System," and will give "Radio Health Talks." Your state president will accompany him to these districts.

That this project of the membership committee has been appreciated is attested to by the 50 additional members to our rolls. The varied programs have fed our mutual interests. Sincerely we thank Dr. S. A. Helebrant, and his committeemen, Drs. Risser, Loerke, Campbell, Martin, Humphrey, and L. E. Gordon, for their untiring efforts in our behalf.

### Legislative Committee

At a recent board meeting your trustees voted to place all activities on legislation entirely in the hands of that committee. They are to confine their activities within the budget raised, and to make a complete accounting to the Secretary prior to the next annual meeting. Address all communications to the committee Secretary, Dr. C. N. Stryker, Sioux City.

—F. A. Gordon, D. O.

### Membership

Forty per cent of the Osteopathic profession in Iowa now belongs to the state association. This is a good increase over last year, but there are still too many on the side lines. A state membership should be considered a privilege and not a duty.

During the past month dues have been sent in by Dr. B. Gotshall of Waterloo, and Dr. B. E. Poundstone of Plover.

A state membership card is an insurance policy in your profession. At this moment there is a possibility of losing a great portion of your legal rights. Just a small percentage of the profession is protecting these rights, and it has been forced to carry the entire burden. This is no time for the old stand-bys or the newcomers to throw up the sponge. The situation here in Iowa is critical and it is up to you to support your organizations. Send your check to Dr. French, or look up the membership chairman at any of the district meetings.

Take a day off and rub shoulders with your fellow practitioners. It will do you a lot of good, and with the fine program you should be able to pick up a number of new ideas.

—S. A. Helebrant.

## Polk County Association Meets

Polk County Osteopathic Association met in regular session February 8, at Hotel Savery, in the Florentine Room.

The program was a round table discussion on "Soft Tissue Work versus Bony Lesions." Leaders, in order, were Dr. Mary E. Golden and Dr. D. W. Roberts. It proved a very interesting program and was followed by a good bit of general discussion.

At our next meeting, March 8, Dr. George Conley, our National President, and President of the Kansas City College, will be the speaker. All Osteopaths in this district are invited to enjoy the program with us.

## Attention, Sixth District!

Two dates of especial interest are here!

On February 26, at Hotel Savery, the Sixth District meeting will open at 10:00 a. m. Dr. H. G. Swanson of Kirksville, will be the speaker.

March 8, Dr. George Conley of Kansas City, will be here for the regular Polk County meeting and the members of the Sixth District are invited to attend.

## Being Fair

It would seem to be very simple and easy to be fair. No matter what our personal opinion about a thing might be, it ought to be quite within the reach of our powers to present a perfectly clear, fair statement of the case. But it is not easy. Try it. Can you really appreciate and understand another man's viewpoint and sincerity about any issue? Can you really state the evidence without putting your opponent in an unfavorable light? If you can, you have an unusually fine, fair and analytical mind.

## Senior Day

(Continued from Page 1)

were Dr. Fagen's prognostications.

Byron Wayland next presented to the college an oil painting done by L. P. Fagen, a member of the class. This particular talent of Dr. Fagen's was a distinct surprise to most of us but the exquisite blending of rich color harmonies in this mountain scene proves his artistic ability. President C. W. Johnson accepted the picture on behalf of the college.

Dr. Halladay then took charge and introduced Ed "Sarge" Ramsey and Bernie Lowe. Bernie, impresario of the Mayfair, presented Al Fenoglia, who played a medley of Italian airs on his piano accordeon. As an encore he played "Rain" and "Mr. and Mrs. Is the Name."

Bernie next introduced Sally Sage, purported to have been a vocalist with Hal Kemp. However it was readily apparent that her stay with this maestro of jazz could have been nothing but a short one. She first attempted "I've Got That Old Fashioned Love," at the conclusion of which she complained of the piano. It cannot be denied that the instrument was sadly out of tune but it is the first requisite of a professional entertainer that he or she always strive to "sell the act" no matter what adversities might prevail. Miss Sage distinctly showed her amateurism when she commenced to sing "I've Got a Right to Sing the Blues." In the middle thereof she stopped and left the stage, showing very unprofessional behavior. She suffered greatly in comparison with a young lady who sang several very delightful numbers to the same piano a few weeks previously.

Dr. J. P. Schwartz next presented the following awards:

ANATOMY: Edmund Baird, John C. Ennis, Howard Kale and Russell Stephens.

OBSTETRICS: Assistants — Russell Stephens and Byron Wayland. Proficiency — Edmund Baird, Albert Dennis, John Ennis, Delbert Johnson and Raymond Perdue.

GENERAL CLINIC: John Ennis and Albert Dennis.

DR. MARSHALL'S TROPHY: Louis Carleton.

SIGMA SIGMA PHI AWARD for Science, to Lawrence Nixon, and for Service, to Russell Stephens.

POST GRADUATE CERTIFICATE: Dr. Orval L. Cooper.

Last on the program was the awarding of anatomy keys by Dr. Halladay to the following freshmen having an average of 95% or above in Osteology:— Boston, Moeller, Sutton, Houghan, Wicke, O'Berski, Haight, Luby, O'Shana, Simmons, Ayres, Templeton, Anderson, Frank, Paul, Simpson, Beamer, Blanding, Kelsey, Sargent, Daniels and Irwin.

## You Ought To Know That . . .

Dr. Wilburn J. Deason recently received a fine writeup in the Literary Digest as one who "Stands Out from the Crowd." The article failed to mention that Dr. Deason was an Osteopathic physician but was, withal, a fine tribute to him.

? ? ?

Dr. F. A. Barger, '17, of Sidney, Nebraska, recently passed away.

## More Attention For Bossy

A few years ago Iowa was startled by its now famous "cow war." The legislature had passed, against the opposition of various farm groups, a compulsory bovine T. B. testing law. Various dairy farmers in a certain section of the state refused to comply with the law and the governor called out the National Guard to force the issue. The result was the imprisonment of several farmers, the testing of the cows in question, a nice outing for the guard, a huge bill to the taxpayers, and boundless publicity for the state.

Now we note that the state of New York has gone Iowa one step further. New York's new sanitary code now holds that after January 1, 1936, all raw milk produced within the state shall come from cows free from Bang's disease (infectious abortion.) Besides limiting bovine reproduction and milk yield Bang's disease may induce undulant fever in humans through ingested milk coming from such affected cows.

Perhaps this will not expedite a "cow war" in New York but, should the Iowa General Assembly enact a similar law who can prognosticate what might occur? Perhaps, however, the agarians et al are now enlightened sufficiently to realize that many measures which, for the moment, are not pleasant for a few, are really advantageous to society as a whole in preventing the spread of disease. We shall hope that this is the case.

## It May Seem Strange

(Continued from Page 2)

on breaking with spoons fat became garden warbler was seen lying in the pepper-seasoned yolk. Therewith, ulsum, a mixture of Hymettian honey and Falernian wine, was copiously drunk. Further courses consisted of a vast roast swine which was succeeded by a wild boar stuffed with little sausages." And so on.

Compare the diets upon which we today develop high blood pressure with these of the ancients. Small wonder that these great empires are today but a memory.

Bibliography: "Living Church" — "Med. Pocket Quarterly."



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# THE LOG BOOK

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Volume 12

March 15, 1935

Number 2

## Dr. R. B. Bachman Injured in Accident

Dr. Robert B. Bachman, head of the Department of Obstetrics, received severe injuries in an accident on Sunday, February 24. Dr. Bachman and his family had driven to Winterset, where the doctor was attending patients. In returning they met with the worst blizzard of the year. The car stalled and while Dr. Bachman was attempting to make repairs he was struck by a passing car, the driver of which was blinded by the snow. He was thrown against his car in such a way as to strike his head and was unconscious for a time. As soon as help could be summoned the family went to Lorimer and took a train to Des Moines.

Subsequent X-Ray examination disclosed a frontal skull fracture which will, of course, necessitate his being confined to bed for some time.

We are pleased to be able to state, at time of going to print, that Dr. Bachman is making very favorable progress and we anticipate his complete recovery.

The classes in Obstetrics are being taught by Dr. James R. Shaffer, Assistant Professor of Obstetrics, and Dr. John M. Woods.

## Dr. Conley Visits City March 8

Dr. George Conley, president of the Kansas City College of Osteopathy and Surgery and president of the American Osteopathic Association, was in Des Moines on March 8, to attend a session of the Polk County Osteopathic Association.

In the morning Dr. Conley addressed the student body of Still College, a report of which appears elsewhere in this issue.

Following the noon luncheon of the society at Hotel Savery, Dr. John M. Woods delivered an address on "Spinal Centers and Reflexes." Dr. Conley spoke at the evening banquet, choosing as his theme "Osteopathic Organization."

Students of the college were invited to attend the banquet and many took advantage of the offer. It was a real pleasure to have our national president in our midst. The students appreciate meeting with him and receiving the valuable message and inspiration he left with them. His return to the city will be eagerly anticipated.

## Dr. Johnson Speaks in Detroit

Dr. C. W. Johnson, president of D. M. S. C. O., journeyed to Detroit, Mich., February 21 and 22, to address the Detroit Society of Osteopathic Physicians and Surgeons. The meeting was held at the Book-Cadillac Hotel under the sponsorship of the Michigan Osteopathic Association of Physicians and Surgeons.

Dr. Johnson's topic was "Mental Hygiene and Its Relation to General Practice." Knowing Dr. Johnson as we do and being aware of his masterful knowledge of Nervous and Mental Physiology and Diseases, we are certain that the Detroit physicians received a valuable and instructive message on this too often overlooked phase of practice.

## Civic Organizations Hear Ava Johnson

Ava L. Johnson has been speaking before the public this month. The morning of March 1, she addressed the college assembly on the subject of "Child Research Laboratory at Mooseheart, Aurora, Illinois." In the afternoon of March 1, her subject was "Psychology of the Growing Child," before the combined Pre-School and Pre-Adolescent Study Groups of the American Association of University Women. Wednesday evening, Mar. 6, Miss Johnson addressed the Business Girls' Club at the Y. W. C. A. on "Valuable Leisure." She will repeat, by popular request, her course on "Psychology of Personality" as a part of the spring Adult Education program of the Y. W. C. A. The lectures will start March 26 and continue until June.

## Dr. Hines to Study in Europe

Dr. Wm. Hines, '32, and Mrs. Hines sailed March 4 for Germany, where the doctor will spend a year in hospitals and clinics in the great German medical centers.

Dr. Hines shipped his automobile to Europe and, following his year's work, he and his wife plan to tour the continent and the British Isles via motor before returning to America.

Dr. Hines has been practicing in Spearhead, So. Dakota, since his graduation.

## Dr. Sutphin Speaks on Athletics

Dr. M. E. Sutphin, '30, Dallas, Texas, addressed the North Texas Osteopathic Association Convention at Gainesville, Texas, Feb. 16, on the subject "Athletic Injuries."

Dr. Sutphin's address as reported in the Gainesville Daily Register was in part:

"The care and treatment of athletic injuries resolves itself into a complete and distinctive study of its own, due to the fact that all injuries are traumatic in nature and affecting healthy bodies.

"To successfully apply tape for the prevention or cure of an injury one must first have a complete knowledge of the underlying structures, bony, ligamentous and muscular, and be able with an X-Ray eye to see the anatomy and function of such structures.

"In athletic work one must apply tape to substitute for injured muscles and ligaments and yet enable the player to maintain the greatest amount of normal movement with the least amount of discomfort."

Dr. Sutphin formerly practiced in Des Moines and was, for a time, team physician at Drake University.

## Five D. M. S. C. O. Men Detroit Internes

Five members of the Class of '35 have been chosen to interne at the Detroit Osteopathic Hospital, commencing in June. There are annually six positions open in this hospital and the college is proud of the showing its graduates have made in being selected to serve in this outstanding Osteopathic institution. The men chosen are W. C. Andreen, Harry Eckelman, Edward Lodish, John Secor, and Russell B. Stephens. Congratulations!

## Dr. McFarland Goes to Wichita

Dr. H. E. McFarland, '29, recently was appointed to the staff of the Southwestern Osteopathic Sanitarium, Wichita, Kansas. He has been made head of the Department of Pediatrics and Endocrinology at that institution.

Dr. McFarland previously interned at Des Moines General Hospital and practiced for several years at Centerville, Iowa.

## Dr. Schwartz Speaks in Southern Iowa



Delivers Radio Address Over Station KFNF

Dr. John P. Schwartz, Dean of D.M.S.C.O. and Surgeon-in-Chief of Des Moines General Hospital, recently made a speaking trip into Southern Iowa, where he spoke before several District Associations, local clubs, and on radio station KFNF.

The following is a portion of an article appearing in the Shenandoah Gazette of Feb. 14, under the heading "Rotarians Enjoy Famous Osteopath in Health Speech."

"Dr. Schwartz gave a most carefully prepared paper on "An Inventory of Health." He gave a brief history of Osteopathy from the time of its founder. The theory which this noted Osteopath advanced, that the body has within itself the capability to function for its own promotion of health and providing for im-

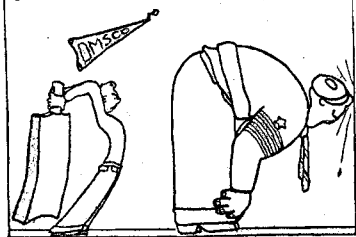
(Continued on Page 4)

## Parkhurst Appointed Health Officer

Dr. L. S. Parkhurst, '30, has been appointed Superintendent of the County Board of Health of McKenzie County, North Dakota.

Dr. Parkhurst has also been setting several records in his practice in Watford City, North Dakota. He recently officiated at the births of two infants in different parts of the city just seven minutes apart! This must have called for some real speed. Another obstetrical record was set when Dr. Parkhurst delivered four babies in three days. It must be remembered that the doctor practices in a small city and the amount of work he is doing speaks well for the standing he holds in his community.

## FRATERNITY NOTES



## ATLAS CLUB

(Wm. Costello)

Xiphoid Chapter of the Atlas Club is proud to announce the final initiation of the following Brothers: DeWitt Goode, Edward Hensel, Robert Dawe, Lawrence Ford, Leigh Beamer, Paul O'Shana, Brenton Schiffer, Henry Leslie, and Arthur Haight. The initiation ceremonies were completed on the afternoon of Sunday, March 3, after a dinner at Hazel's Tearoom, which was attended by the entire membership.

Week ends find the house host to the members and their lady friends. The Freshmen are usually courteous enough to allow the upper classmen to be present at these "open house nights." This privilege is greatly appreciated, especially by the sophomores, who like to stay home and study on Saturday nights!

The sympathy of the entire chapter is sincerely extended to Bro. Carl Schefold, whose father passed away March 5. Mr. Schefold was ill but a short time.

We wish to congratulate the following Brothers who have obtained internships at the Detroit Osteopathic Hospital: Russell Stephens, of the January Class; Wendell Clemens Andreen, Edward Lodish, and John Secor, all of the May class. The boys will begin their work in July.

The basketball team, school champions, seems to have completed its work as far as the present season is concerned. Each member will probably get his suit in recognition of his services unless the remaining members request their return to the chapter! Such action will not be appreciated by the team.

(This harried scribe wishes to express his earnest and heart-felt appreciation of the eulogy offered in the preceding Log Book by John F. [Barbara] Bumpus.)

## IOTA TAU SIGMA

(T. C. Hobbs)

There has been much celebrating at the "ITS" house lately. The occasion being the return of Dr. Gerry Whetstone, who has just completed a year's internship at the Massachusetts Osteopathic Hospital, in Boston. We are all very much interested in the things he has to tell us about the cultured East.

After all we said last month about the possibilities and advantages of someone breaking Brother Francis (Shirley Temple) Yuki's pipe, we find it just backfired.

The party staged at the chapter house the other week-end was a huge success. Several more are in store for the immediate future.

Not to be outdone by Brother Gerow's heroic efforts, Pledge Jarensen has added his favorite position to the archives. This position is assumed in relation to the table at the College Inn, and maintained almost indefinitely.

If we could duplicate Ed's appetite we believe we could put on those extra pounds we've always longed for.

Pledge Daniels has promised to initiate us to the delights of the Sunny South this summer, including the chicken dinners and those Southern Belles we've heard so much about. We're seriously considering taking him up on the proposition. We've always had a yen for yams, etc., that has never been satisfied.

We fully intended to heckle Brother Happel about something but all the old excuses seem to be worn out and no new ones have appeared. We hate that.

Brother Pohl absolutely refuses to be enticed as far away as Army Post Road. We're afraid our Hugo must be slipping.

## PHI SIGMA GAMMA

(J. J. Herrin)

Formal initiation, followed by a buffet supper, ushered into active membership five new P. S. G.'s Sunday, March 3, at the chapter house. Having passed through a semester of pledge-ship they were voted eligible for initiation. We are pleased to extend greeting to, and to welcome as actives, Brothers Robert Hoefler, Myron Bos, Emil Braunschweig, Jerry O'Berski, and Leigh Whitney.

Pledges for this semester are James Dunham, Columbus, O., Pat Kelsey, Des Moines, and Wilfred Slater, Kent, O. Plans are being completed for Hell Week—so good luck, pledges!

The entire fraternity was the guest of Dr. and Mrs. Klein, on the evening of February 15, at their home. Following a delicious dinner, Mr. Arant, of the Arant Shoe Co., gave an interesting talk on "Salesmanship." Its application to the future doctor was appreciated by all. Bridge comprised the evening's entertainment, with honors going to Walter Irvin, Bryce Steeves, and Fred Hecker. Thank you, Dr. and Mrs. Klein, for a most enjoyable evening.

Dr. J. M. Woods was speaker at our monthly work night, Feb. 25. Dr. Woods brought out the fact that the young doctor should not be limited to textbook knowledge. He must enter into the cultural and social life of his community, and by so doing, will aid himself in building and maintaining his practice.

At our work night March 11, Dr. I. C. Gordon delivered an interesting talk on "Physiotherapy," and its rising prominence in the healing profession. Dr. Gordon gave a brief resume of the works of several leading German doctors by way of illustrating his lecture.

Several house functions have been planned by the social committee under the direction of Bob Hoefler. Coming at various

times, they will break the monotony of the semester grind and throw off our Spring fever.

We regret that Stan Wilkas is unable to be back this semester, but hope to see him again next fall.

When the sun casts its shadows upon the snow-covered ground these semi-spring evenings, the chairs scrape as the bridge teams swing into action for their early evening practice. The radio tuned to the soft music of a popular dance band and the cigars, pipes and cigarettes giving off a blue haze of comfort, these modern gladiators of the noble sport hurl their trumps in defiance as their lowly opponents vainly endeavor to bring home their four club bid. The fever of combat is in their blood and with wooden faces their bids resound on the heavily charged air. One heart—two spades—four clubs—and as the bid is tossed back and forth the cigar is inhaled more deeply, the pipe is clamped a bit too nervously, muscles tense, and as the cards are thrown upon the table, each play is made with a certain slow, deliberate motion. Oh yes, these bridge games are taken seriously—even the kibitzers hold their breath—and when the final score is added the relaxation is felt over the entire house.

## Fairfield, Iowa, Offers Opportunity

Dr. Willis N. Stuver, Fairfield, Iowa, is removing his office to S. Louis, Mo., and would like to get in touch with someone interested in his location in Fairfield. Fairfield is a college town of some 7,000 population. The County Hospital is open to D. O.'s and Osteopathy is well known in the community. Any one interested is urged to write to Dr. Stuver at once.

## State Board

## West Virginia

The next meeting of the West Virginia Board of Osteopathy will be held in Beckley, June 10 and 11, 1935, at the offices of Dr. B. Harwood James, New Lilly Building.

Application blanks may be secured by writing the Secretary, Dr. Guy E. Morris, 542 Empire Bank Building, Clarksburg, West Virginia.

## Locations

## Devine

Dr. Joe Devine, '33, announces the establishment of his practice in Hugo, Oklahoma. Dr. Devine recently completed an internship in Brooklyn, N. Y.

The world is a looking glass, and it gives back to every man the reflection of his own face. Frown at it and it will turn and look sourly at you; laugh at it and with it and it is a jolly, kind companion.—Wm. Thackeray.

## "California, Here I Come!"

The between semester interim was utilized by Miss Ava Johnson to take a motor trip to California. A friend who was going to Berkeley as Campfire executive, needed a companion and Miss Johnson grasped the opportunity. Leaving Iowa in the grip of ice and sleet, they reached spring time in Kansas City and drove thru summer the rest of the way. The Southern route was a bower of sunshine and flowers thru the whole 2600 miles, all of it on paving.

The Arizona desert and the California fruit groves were especially colorful after the winter rains. Hillsides brilliant with wild flowers, avenues of yellow Acacia trees in bloom and cultivated gardens showing pansies, fresia, jonquille and camilla, made Iowa's winter seem far away. Within a few hours after reaching San Francisco, Miss Johnson boarded the train for home and met her classes at the beginning of the first week of the semester. Enroute she had a visit with Dr. C. C. Carter, class of '23, who is doing very well in Big Springs, Texas, and who wishes there were more Osteopathic physicians near him.

She made a short call at the Los Angeles school, admiring the beautiful Spanish architecture and fine setting of the buildings.

## M. J. Schwartz Edits State Paper

Dr. M. J. Schwartz, '33, Muskogee, Oklahoma, was chosen to edit the new publication of the Oklahoma Osteopathic Association, "The Oklahoma Osteopathic Journal."

The publication consists of 12 pages, printed on good stock, carrying articles of news, scientific subjects and a fair percentage of advertising. Volume 1, Number 1, was well worth the effort expended by Dr. Schwartz and the Oklahoma Association, and we await subsequent issues with keen anticipation.

## Marriages

## Greening-Baird

Miss Ruby Greening, Des Moines, and Dr. Edmund C. Baird, Jan., '35, were married at Clarinda, Iowa, March 1. Dr. and Mrs. Oscar Campbell attended the bride and groom. The young couple left at once for Oklahoma, where Dr. Baird intends to establish his practice.

## Robinson-Hunter

Professor E. L. Robinson announced the marriage of his daughter, Grace Florence, to Dr. Melville Gunby Hunter, on February 28, at Tampa, Florida. The couple will be at home at 503 W. Columbus Drive, Tampa, Fla.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President.....C. W. Johnson

Faculty Advisor, H. V. Halladay

Editor.....J. Robert Forbes

Osteopathy Without Limitation

## Second Generation Attends Still

Each year children of Osteopathic physicians follow their parent's footsteps to the study of Osteopathy. It is a grand tribute to the profession to see these second generation students become Osteopathic physicians. Perhaps in no other profession does this occur in so great a measure as in Osteopathy.

Sons and daughters of alumni of D. M. S. C. O. now attending their progenitor's alma mater are: Paul Kimberly, Des Moines; Velma Gehman, Des Moines; Robert Fagen, Des Moines; and Arthur Haight, Detroit, Mich. Another, Harvey Brindenstine, St. Joseph, Mo., has an aunt who is a Still alumnus.

Among our students may be found three whose fathers graduated from some other Osteopathic college. J. Franklin Bumpus, Denver, Colorado; Glenn E. Bigsby, Aurora, Neb.; and Clifford Hammond, Bartlesville, Oklahoma.

There are some instances of third generation Osteopathic students and their number will doubtlessly increase rapidly in the future.

These parents know real Osteopathy through having practiced it for years and what could more eloquently prove the truth of the Osteopathic concept and the efficacy of its method of therapy?

## Sixth District Holds Session Feb. 26

The Sixth District (Iowa) Society of Osteopathic Physicians and Surgeons met at the Hotel Savery in Des Moines, for an all day session Feb. 26. Dr. H. G. Swanson, Dean of the Kirkville College of Osteopathy and Surgery, was the principal speaker. He addressed the morning session with an excellent discourse upon "Fundamentals of Osteopathic Education." He stressed the need for a thorough grounding in the basic sciences followed by an intensive study of Osteopathic history and principles. With this foundation the student is ready for the clinical subjects which should have an Osteopathic application in every practical way. The doctor also stressed the need for continued study throughout life, especially thru association with fellow practitioners in our Osteopathic societies.

Following the noon luncheon our state president, Dr. F. A. Gordon of Marshalltown, spoke of the benefits of our associations to the profession and urged our co-operation. He was followed by Dr. Paul Park, Des Moines, chairman of our state legislative committee, who presented the accomplishments and future plans of the committee.

Dr. Swanson's afternoon talk was upon "Certain Nervous Disorders" with special emphasis upon the examination of these cases. Both talks by Dean Swanson were very interesting as well as instructive and those in attendance left feeling that the day had been well spent.

Many Osteopathic physicians from other portions of the state were in attendance and the senior class of Still College was an invited guest.—(J. M. W.)

## Convocation, Feb. 15

The college orchestra, augmented since its last appearance by a guitar, played two overtures, "Stars Fall on Alabama" and "Moon Song."

After the generous applause died down, Dr. Halladay introduced the new mid-year class. The percentage of girls in this class is astonishing, greater than in any class for some time. Congratulations to the girls of the class of Jan., 1939. Iowa, as usual, led numerically, with Michigan and Ohio, also as usual, second and third, respectively. This class made a fine impression and we know that it will live up to all expectations. Welcome to Still, Class of January, '39!

A group of second generation Osteopathic students was next introduced. These are the sons and daughters of Osteopathic parents carrying on in Osteopathy. A list of these students will be found elsewhere in this issue.

Students who were forced to drop out for a time but returned to take up their work in mid-year are Jimmie Dunham and William Jones, both of Ohio.

Several transferred to us from other schools and were introduced so that we might welcome them to Still and more readily become acquainted with them.

Following routine announcements the orchestra went Harlem on "Blue Prelude."

## Atlas Wins Basketball Trophy

After completion of the season's schedule the cagemen of the Atlas Club were found roosting on the top rung of the competitive ladder.

I. T. S. barely eked out second place from the Non-Frats and the P. S. G.'s are cellar champions.

The winning team was made up of the following men: Capt. Costello, Evans, Eddy, Stimson, Andreen, Hagerty, Simmons, and Bumpus.

## Convocation, March 1

The dulcet strains of the Still College orchestra reverberated against the tympanic membranes of the members of the faculty and student body as they gathered for the weekly convocation, the opus being "Two Cigarettes in the Dark." Under the expert and scintillating direction of the drummer, Sparky Gerlach, the group "went to town" on the old familiar tune "Dinah." After the musicians proved that there was "no one finer in the state of Caroliner," Dr. Halladay introduced Miss Ava Johnson.

Miss Johnson gave a most interesting talk upon the work being done at Mooseheart, Ill. Jas. J. Davis, now U. S. Senator from Pennsylvania, founded the Loyal Order of Moose, a combination insurance and fraternal organization. This lodge, with its auxiliary "The Ladies of the Moose" own the children's home at Mooseheart. The home, covering an estate of some 1,200 acres, accommodates approximately 1,700 inhabitants, has its own post office, industrial plants, newspaper, stores, etc. It takes in orphans of lodge members and, in many cases, surviving members of the family. Mothers, or others of a family, live separately from the children and are given employment. Babies are kept in a separate portion of the institution know as "Baby Village."

In the Baby Village a pre-school nursery is maintained and the children are taught almost from infancy to be an integral part of the community and to get along with other people.

Kindergarten is an extension of the pre-school nursery and the children are taken in small groups. Grade school is similar to others. In Junior High all boys must choose 8 of 46 trades. They spend 12 weeks on each of the eight and then choose the one they are the most apt in to develop. The girls choose 4 trades and develop one in a like manner.

One hundred per cent of all children in Mooseheart must graduate from High School. During their course they spend the afternoons developing their respective trades. The last two summers they work at their trade, earning their own money.

Definite programs of research were commenced 2 years ago. Research is being pursued in such fields as the Psychological Development of the Child; Physiological Development of the Child; Pediatrics; etc. Problems already worked out include "Bone Growth," "Physiology of the Heart in Childhood," etc.

The convocation was brought to a close by a revival of the movie hit of a few years ago, "Forty-Second Street," by the orchestra.

Error of opinion may be tolerated where reason is left free to combat it.—(Thomas Jefferson.)

## Convocation, March 8

### Dr. Conley Speaks

At this assembly it was our great pleasure to have as our guest Dr. George Conley, president of the Kansas City College and president of the American Osteopathic Association.

Dr. Conley was introduced by our president, Dr. C. W. Johnson, and delivered a message which will be long remembered. It was interesting to learn how, against even personal antipathy and prejudices, the fates decreed that Dr. Conley become a physician and later one of the foremost surgeons in his profession.

He then briefly discussed the status of Osteopathy in Great Britain, making mention of the amazing mental peregrinations of one Lord Moynihan, prominent British surgeon.

Following a sketch of Dr. Still and the early days, Dr. Conley discussed Osteopathic practice. "The greatest obstacle," he said, "is the very simplicity of Osteopathy. We seem to think we must do more or use some supplemental methods which, often, are not necessary. Also we are sometimes prone to think, because of this simplicity, that we know it all and cease to study. This we must not do."

Dr. Conley quoted the noted medical leader, Dr. Crile of Cleveland, Ohio, who recently said "Since medicinal and vaccine therapy have failed in acute pyogenic infections there remains only physiological methods. The cell itself must create the substances necessary for its protection." Our national president commented on these remarks as follows: "Medicine has been looking for a sort of mayonnaise dressing to pour over Osteopathy to make its deglutition easy. Goldthwaite's new book says, 'Skeletal deformities are responsible for many ills.' You'll remember that Goldthwaite is the man who, in 1901, 'discovered' that the Sacro-Iliac joint had movement."

In conclusion the speaker stated, "Osteopathy has everything of value that medicine has. The M. D. is trying to get into our yard. Let him try. Let us stay on our own reservation. Remember that Osteopathic ancestry begins where Medicine's leaves off. Join your national, state and local organizations and practice real Osteopathy."

Announcement of the Sigma Sigma Phi all-school dance, on March 15, was made by W. C. Andreen.

The orchestra played "Blue Prelude" at the conclusion of which Dr. J. P. Schwartz introduced a very charming lady, Mrs. George Conley, wife of our national president and "first lady" of the profession.

The chaser was "Dinah," a request of the student body. "Dinah," apparently, has had some glands implanted or something, as she seems to be getting more spry with the years.

## I. O. A. Bulletin

### District Meetings

The six district meetings held last month completed the series of three such held during the present society year. The interest in the entire series has been most gratifying, both in the general interest manifested, as well as the increased state and district membership. They have been inspirational as well as educational and the officers and board feel repaid for the year's work in this respect.

President F. A. Gordon was accompanied in the recent meetings by Dr. J. P. Schwartz, Dean of the Des Moines Still College, in the First, Second, Third and Fifth Districts. Dean H. G. Swanson of the Kirksville College appeared on the program in the Fourth and Sixth districts, and from reports reaching this office, both men, along with the President, have an open welcome to return at any time.

To all these men the Society is deeply indebted for their inspirational messages. The Osteopathic profession as a whole does not appreciate, not only these men, but other leaders in the profession, who so graciously give, without remuneration, of their time and effort to promote organized Osteopathy. In the above series of meetings several Health Talks were given over the air, which were well received by the public, judging from reports reaching us from patients and friends.

### Dr. Conley on Air

In conjunction with the air, we would call your attention to the following letter received from Dr. E. H. Brett, Secretary of the Connecticut Society, which reads in part as follows: "On April 3 at 6 p. m. (E. S. T.) Dr. Conley, our AOA President, will give a talk over the American Broadcasting System from Waterbury, Conn., at our Society meeting. We trust you will notify the members of your Society to listen in."

### State Convention

The State Convention this year is May 2 and 3, at the Savery Hotel, Des Moines. Dr. W. C. Chappell, Mason City, as program chairman, has something in store for us. Enough to say that Dr. Conley will be on hand, as well as the Chicago Technique Team, which made attendance history at last year's convention. Come everyone and reap from this harvest of good things. No need to urge those in attendance last year, as they will be back a day early if necessary, to get the Technique feature alone. Those who weren't in attendance last year, come this year and "you won't be sorry." Dr. J. A. Hirschman, Cherokee, chairman of exhibits, already has more exhibitors signed on the dotted line and their fee in the cash register, than we had last year and

many others are contemplating being with us.

The banquet, the Auxiliary, the benefit for the Adult Health Clinic, the luncheons and various and sundried activities for the two days will keep anyone from being homesick—so come and have a good time. You will be keenly disappointed if you miss this meeting.

Paul O. French, D. O.  
Secretary.

### Membership

During the past month state dues were sent in by the following doctors: W. G. Nelson, Sidney; H. B. Stillwell, Elkhart; Matie Kitson, Osage; S. H. Meyer, Fenton.

State membership now totals 170. Only two months remain in which to shatter all previous membership records. Eighteen more names will do the trick. Your assistance is needed at once.

The following poem taken from the Wisco Osteo contains much food for thought:

Forget the slander you have heard,  
Forget the hasty, unkind word,  
Forget the quarrel and the cause;  
Forget the whole affair because,  
Forgetting is the only way.  
Forget the storms of yesterday,  
Forget the chap whose sour face  
Forgets to smile in any place.  
Forget to ever get the blues—  
BUT DON'T FORGET TO  
PAY YOUR DUES!  
—S. A. Helebrant.

### Mid-Year Grads Locate

Several members of the recent January Class have located. The spell of the Ol' South has lured three of them to Dixie. Dr. John Ennis is practicing in Marietta, Georgia; Dr. Byron Wayland has located in Cedartown, Georgia; and Dr. Louis Carleton has his shingle out in Albany, Georgia.

Dr. Hudson Sproul has established an office in Newcastle, N. B., Canada.

Dr. Edmund C. Baird is in Oklahoma but has, thus far, not announced his location.

Dr. Lester Fagen recently completed a 6,000 mile automobile trip through the West and Southwest. He is now in Des Moines but plans to locate in the near future.

Dr. Russell Stephens is serving an internship in Mercy Hospital, St. Joseph, Mo., until June when he will go to the Detroit Osteopathic Hospital in a like capacity.

Dr. Albert C. Dennis is interning in the Des Moines General Hospital.

Other members of the class have not yet notified us of their location.

## One Year As An Interne

By H. L. Gulden, B. S., D. O.

Is an internship worthwhile? This question is constantly being asked by the senior Osteopathic student.

I shall list a few of the advantages as I have seen them in my association at the Des Moines General Hospital.

First is the feeling of confidence acquired by association with one of the best surgeons in the country. Observing his constructive manner of treatment makes one forget the fads and fancies which looked so good during the senior year.

It is true that a vast college clinical experience has instilled confidence—but this clinic was largely chronic ailments. And while a large amount of one's office practice will be just such cases, it is the acute bedside case where immediate, accurate diagnosis is essential which will make a new physician in the locality. And so—the observation of the numerous acute cases and noting how diagnosis is made is an invaluable asset. Even though diagnosis is not made, the ability of knowing when to call in surgical consultation is commendable.

Osteopathic confidence is attained by observing the value of Osteopathy in any acute disease. At the Des Moines General Hospital one encounters acute respiratory, gastric, cardiac, intestinal, renal, pelvic and any other conditions. Every patient confined in this hospital receives daily Osteopathic treatment. One is not at all surprised to hear patients say on leaving that they feel much stronger and better than they were in twice that time post-operative under medical care.

One cannot forget the emergency cases which are on the constant increase in these days of speed. These are the cases where the doctor cannot delay treatment, and it is only by doing the work, that one is able to confidently take care of these cases. The asepsis which the doctor takes in the care of emergency wounds may be the making of him in his community. Only in a hospital is sterile technique really acquired.

Right along with this emergency work must be listed the care of fractures. It is the little things which are done for the comfort of the patient by which the doctor is remembered. These little details are not remembered from lectures and very often are not even mentioned in text books. Observing a skilled surgeon, such as Dr. J. P. Schwartz, one acquires these little things which mean so much to the patient.

X-Ray diagnosis cannot be learned except through constant observation of the film—with a competent diagnostician to point out your errors.

Then there is the organiza-

tion. The preparedness for anything that may occur. In a hospital things happen so rapidly that, unless complete organization is present, everything is confusion. One does not expect things to occur so rapidly in a private practice, but it is well to be prepared. Just the knowledge of a bit of the organization, the office procedure, set-up, and care, if carried out into the field cannot help but be beneficial to the practicing physician.

Truthfully I can say that the experience acquired in one year at the Des Moines General Hospital is equivalent to five years of office practice.

## Dr. Schwartz Speaks in Southern Iowa

(Continued from Page 1)

munity against disease; has since been proven by science to be a fact. Dr. Schwartz stressed the importance of keeping the body in the best of shape so that in all ways it may keep the bodily functions working properly. He advocated that every person consult his family physician at least once a year to maintain health and discover the general standing of their physical condition. After finishing his prepared address, Dr. Schwartz discoursed somewhat on the importance of attitudes in life. Determination and courage play an important part in both health and achievement. These were illustrated by well known characters. Dr. Schwartz has a pleasing and most instructive way in presenting his subject. The Rotarians considered his message a decided treat."

The Shenandoah Evening Sentinel also had a front page story about Dr. Schwartz's address. It said in part: "Business men would do well to take a periodic inventory of their bodies just as they do their business properties," Dr. Schwartz told his listeners. "The body is an intricate mechanism," said Dr. Schwartz, "the parts of which are mostly irreplaceable, and they should receive attention at the slightest sign of wear. People live too much in the 'Aspirin Age,' attempting to cure their own ills with patent medicines." The difference between the Osteopathic and medical treatment of diseases was shown by tracing the history of Osteopathy. Dr. Still, founder, was a pioneer physician of Civil War days who became disatisfied with the current practice of medicine, especially after he lost three of his own children in an epidemic. He worked upon the theory that the human body contains within itself all the elements and vital forces necessary to prevent the encroachment of disease, and that what was needed to maintain health was to keep the bodily structure functioning perfectly.

"Later in the afternoon Dr. Schwartz broadcast a talk from KFNF, his subject being 'Health Inventory'."



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PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 12

April 15, 1935

Number 3

## "Doctor, Have You Considered Your Future?"

Do you wish to learn simpler, better, more accurate ways of accomplishing the work you are doing in your specialty? Do you want to see how the nationally recognized experts within their specialty do their work and obtain their results? Would you like to have your own work more universally recognized? Would you like to become a leader in your chosen field of endeavor? If any of these questions are of interest to you, read the following article and act upon the information it contains.

The program of the International Society of Osteopathic Ophthalmology and Otolaryngology this year will be replete with interest, not only for its own members but also for anyone interested in the diagnosis or treatment of conditions in the eye, ear, nose and throat.

It is our aim each year to put on a program supervised and approved by the Board of Directors representing the best procedures both Osteopathic and Medical, surgical and non-surgical, for

(Continued on Page 2)

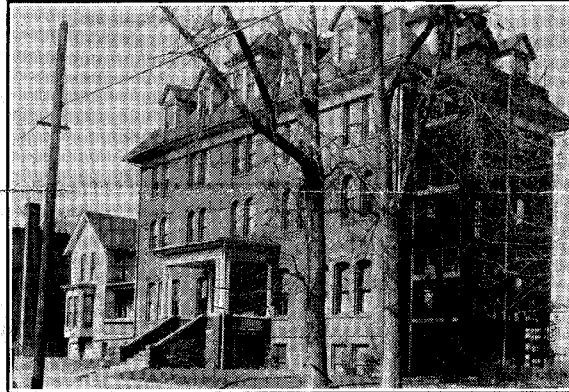
## Entertainment at Cleveland Convention

The Wednesday outing at the Cleveland Convention will be one of the finest ever attempted. We are to take a full afternoon and evening to visit Cedar Point. We leave Cleveland at about noon, arriving at the Point two hours later. It is a complete resort and park with all the entertainment features one could dream of. The beach is considered the finest fresh water bathing beach in the world and everyone who likes bathing will certainly want to try Lake Erie's cooling waters. A boat ride on a privately chartered Lake steamer. A sumptuous banquet on a huge pavilion overlooking the Lake. There will be dancing and entertainment, but no speeches, followed by an evening chock full of fun. Then the return to Cleveland.

This is just one of many features which include a grand opening President's reception and ball on Monday night which we promise will be different. Fraternity and sorority parties and a big party for non-fraternity members on Tuesday night. Theatres, concerts, American League baseball, night clubs. A

(Continued on Page 2)

## DES MOINES GENERAL HOSPITAL



Not only do students of Still College enjoy the advantages of one of the most extensive clinics in the profession, they have offered to them every advantage derived from attendance at major and minor surgical clinics in a modern and completely equipped hospital. The close co-operation between the hospital and school enables each graduate to be thoroughly conversant with hospital technic and procedure.

Dr. J. P. Schwartz, Dean of the College, is president and surgeon-in-chief of Des Moines General Hospital. Dr. H. J. Marshall, head of the Eye, Ear, Nose and Throat department of the hospital teaches his specialty

at Still. Dr. J. L. Schwartz, house physician at Des Moines General Hospital, teaches Proctology. Dr. B. L. Cash, hospital X-Ray and Physio-Therapist, presents those subjects to Still students. With these members of the hospital staff also professors at the college, the student finds himself ever welcome at Des Moines General.

Equipment at this hospital is the latest obtainable and second to none. The college surgical clinics are held there and as high as ninety-six minor surgical cases have been operated in one day!

This is one of the many advantages offered to those who attend Still.

## Faculty Meetings

The faculty this year is getting a regular postgraduate course and at the same time enjoying the privilege of hearing its own members and seeing them in action. The meeting held March 5th was, as usual, attended one hundred per cent and, following the usual discussion of students and other items dear to the hearts of teachers, heard Dr. L. L. Facto in his lecture on "Cardiac Irregularities."

Dr. C. I. Gordon of the faculty took up the question of High Frequency and Ultra High Frequency in his talk April second. Some of us who started in years ago to try to follow thru with the development of radio understood the first two or three sentences. Undoubtedly this is a great undeveloped field and yet in an early stage of experimentation. Like all variations of electro-therapy the operator

(Continued on Page 3)

## Sigma Sigma Phi Holds School Dance

Parkview Club, March 15, was the scene of the last function of its kind of the current school year. Sigma Sigma Phi's semi-annual all-school dance was the event and a gala affair it was.

As always, the music was toe-teasing, the floor good, the crowd in a gay mood and a thoroughly good time for all students, faculty members and guests present.

## Dr. Bachman Improving

It is with a great deal of pleasure we announce that Dr. Robert B. Bachman, head of the Department of Obstetrics, is rapidly recovering from the effects of injuries received in an automobile accident on February 24. We expect him to return to activity in the near future.

## Governor Signs Iowa Osteopathic Bill

House File 174, sponsored by the Iowa Association of Osteopathic Physicians and Surgeons, became a law of the State of Iowa on April 8, when Governor Clyde L. Herring affixed his signature thereunto.

While the Bill was changed some by amendments it completely rewrites the Iowa Osteopathic Practice Act and will clear up the vagueness and uncertainty which existed under the previous law.

Under its terms two years of pre-Osteopathic college work will be prerequisite of students entering Osteopathic colleges after March 1st, 1935, WHO WISH TO ENGAGE IN PRACTICE IN THE STATE OF IOWA—applying only to Iowa practitioners.

A reprint of the new law appears on Page 3.

## Soft Ball Tourney Underway

Sunday, April 7, the lid was blown off the annual Sigma Sigma Phi kittenball tournament. The dopesters refuse to pick the winner, so closely matched are the teams.

After the first round of play the following results were posted:

Iota Tau Sigma conquered Phi Sigma Gamma.

The Non-Frats couldn't get up in time and forfeited to the Atlas Club.

Games will be played each Sunday morning until the rounds are completed about the middle of May.

## Our Contemporaries

It is gratifying for an editor to occasionally see some of his articles appear in other publications. When such a brain-child is deemed worthy of printing by other editors one feels that his work is approaching, at least, justification for its existence. The editor of the Log Book has recently been flattered by seeing several articles, which appeared in these columns, reprinted by others.

The editor extends his appreciation particularly to "The Stilletto" of the Kirksville College, and "The Tenaculum" of the Los Angeles College for seeing fit to give space to some of his humble efforts.



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Number 5

## DR. A. D. BECKER ELECTED PRESIDENT OF STILL COLLEGE

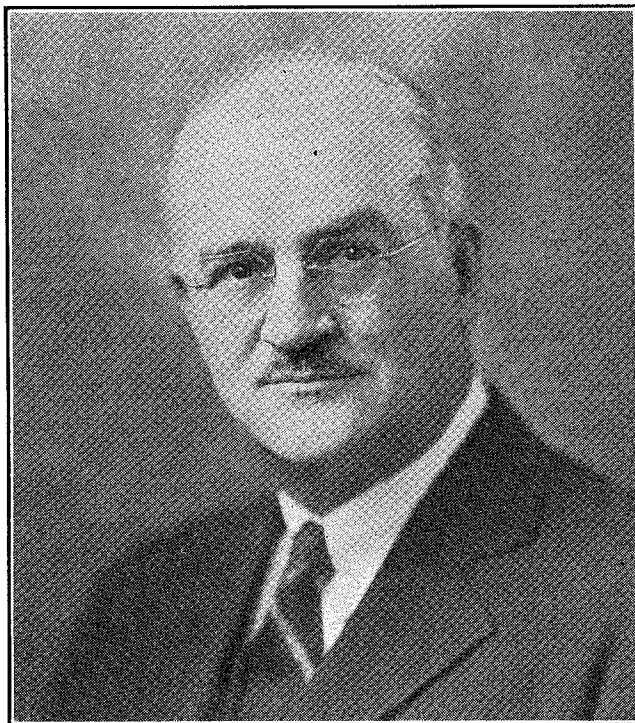
### ASSUMES DUTIES ON JULY FIRST

Dr. A. D. Becker of Kirksville needs no introduction to any of the old-timers and to very few of the more recent graduates in Osteopathy. It is with sincere pleasure that the Log Book makes this official announcement and hopes that the profession as a whole appreciates this important move. Dr. Becker comes to Des Moines not as a prodigal son, but bringing with him accumulated honors since his graduation here in 1903. To fully appreciate his career of service, a survey of his activities during the past thirty-two years will easily convince the most casual reader that he has not been idle but has from the beginning of his Osteopathic work, been giving freely of his time and energy to advance the interests of our profession.

Following Dr. Becker's graduation from Still College in 1903 he started in active practice in Preston, Minn. Feeling the need of additional work he went to Kirksville in 1909, taking his fourth year and post-graduate work and remaining on the faculty of the college until 1912. He then returned to Minnesota to continue in active practice until 1922. During his years of practice in Minnesota he acted as a member of the board of trustees of the American Osteopathic Association and for nine years was a member of the State Board of Osteopathic Examiners.

In 1922, Dr. Becker returned to Kirksville to act in the capacity of Dean of the newly chartered college, the A. T. Still College of Osteopathy and Surgery, and has remained in Kirksville working with the institutions there until this year. In 1927 he was again elected a member of the board of trustees of the A. O. A. and in 1931 became president of the national association, the highest honor which can be given a member of our profession. Since his presidency Dr. Becker has been returned to the board of trustees of the national asso-

(Continued on Page 3)



Dr. A. D. Becker, B. S., D. O.

In accepting the presidency of the Des Moines Still College of Osteopathy I do so with the appreciation that I have been intrusted with a very serious responsibility, and further, that I have had placed before me an opportunity to serve the Osteopathic profession in a larger way. It is well known among my many friends and acquaintances in the Osteopathic profession that for many years I have been much interested in Osteopathic education. I am of the opinion that the future growth and development of our profession is closely linked with the character of work done in our Osteopathic colleges and with the character, ability and training of their student groups.

We have every reason to be proud of our six Osteopathic institutions comprising the Associated Colleges of Osteopathy which are closely coordinated in their work and plans under the Bureau of Professional Education and Colleges of the American Osteopathic Association. Such cooperation and coordination is a good thing and should be encouraged and continued.

The Osteopathic profession will never become truly a great profession because there are fifty or a hundred outstanding individuals in it, nor because one or two colleges

(Continued on Page 3)

### Annual Corporate Board Meeting

The annual meeting of the Corporate Board of the Des Moines Still College of Osteopathy was held at the college building the evening of June 10. Dr. C. W. Johnson presided and following the roll call, called for the annual report of the secretary.

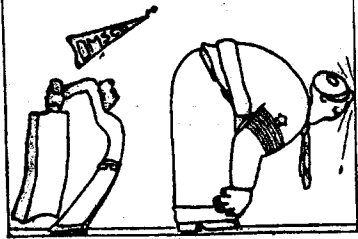
This year due to the slight decrease in number of students it was thought that the report would not be very flattering. Contrary to the general opinion the trustees of the college had conducted its business in a most efficient manner and the college closed its fiscal year in a much better financial condition than that of a year ago. The very careful management and buying on the part of the board and the elimination of some luxuries made this possible. The board is to be congratulated on the fine showing as proved by the report of Mrs. K. M. Robinson, Secretary.

Dr. J. P. Schwartz, Dean of the college, then reported on the progress along scholastic lines. The regular faculty meetings held during the year not only added to the enthusiasm of the teachers but at every meeting constructive ideas were brought out under the leadership of Dr. Schwartz, the results of which have raised the standard of the academic standing of the student body. The Dean is to be congratulated on the progress made in this most important factor in building morale within the college.

Dr. C. W. Johnson closed the report of the retiring officers with a resume of the activities of the board under his leadership during the past nine years. He reviewed the changes in the college from the move from Locust Street to the present spacious and modern building. He also brought out the fact that the college is stable and its credit unquestioned locally, or wherever else necessary. With the past successful year added, the trustees have indeed made

(Continued on Page 3)

## FRATERNITY NOTES

PHI SIGMA GAMMA  
(J. J. Herrin)

The house is quiet this summer, inhabited by only a few members and a host of memories of the past nine months. Several have stayed for clinic, others have returned home until late in the summer. Those here, grouped together in the large back rooms, are Irvin, Wilkes, Story, Owens, Dunham, Jurgenson, Gibson, Hecker, Bartram, and Herrin. Hecker and Bartram, O. B. assistant and apprentice respectively.

During the summer is the time to look around and find a new man for Osteopathy. Why not talk a little Osteopathy as well as practice it? Talk it up so well that you can send a student back to your college and your fraternity—the type with which you want professional associations. How about it?

Delta chapter will be represented at the Cleveland convention by Bros. Robert Hofer, Joe Bartram, and J. B. Miller. They will attend all fraternity meetings, as well as open lectures and demonstrations. Plan to meet them when you attend the convention next month. Talk with them about Delta chapter and find out just what we are doing back here at the house. Exchange ideas about your chapter and your national organization, that their activities may be strengthened and unified.

Bros. Gamble and Wilson, Kirksville '35, were guests while taking the Iowa Board recently.

We regret the departure of Brothers William Rees, George Folkman, Dexter Rice, and Wayne Enderby, who received their degrees as members of the class of '35. While I have only known these brothers since my transfer to Delta chapter last fall, their friendship will not be easily forgotten. I have enjoyed knowing them and associating with them in Phi Sigma Gamma activities, and in wishing them "Bon Voyage" on their journey through life, I express not only the wish of Delta chapter, but my personal feelings as well.

DELTA OMEGA  
(Burnie)

Lillian Peterson was honored at a May breakfast given the eighteenth by Ruth Paul at her home. The thirteen guests included Dr. Rachel Woods, Lillian Peterson, Mrs. Anna Slocum, Evelyn Ketman, Mary Beth Zeigler, Dortha Failing, Helen Butcher, Clarise Keift, Burnie Moeller, Lillie McClure, Muriel Wilson, Mary Kay, and Velma Gehman.

The house was beautifully decorated with apple blossoms and Sweet Williams; the breakfast was appetizing and well served. The biscuits Ruth made were so delicious that they deserve special notice.

Lillian said that she was so excited that she could not eat and she was so surprised when we showered her with handkerchiefs that she was quite speechless.

After breakfast we played "Cootie" — a game which you can't really appreciate until you have played it with several excitable girls. Helen won the prize and we left with regret that we would not all be together again for such a good time until next fall.

The girls are scattered far and wide by now—some to spend the summer working and some just playing. Mrs. Anna Slocum is spending the summer in California; Mary Beth Zeigler is back in Cincinnati, after a visit in Grinnell; Helen Butcher is slaving in the clinic; and Ruth Paul is cashing at the swimming pool at Camp Dodge. Velma Gehman is working in Schroeder's, and Lillian Peterson is recuperating from Commencement activities and studying for State Boards.

Burnie and Mary Kay are still in town, working part of the time. Lilly McClure, Evelyn Ketman, Murial Wilson, and Clarise Keift are planning on a summer of recreation. Dortha is working in a doctor's office, and Rachel, although busy with patients, is planning a great time at the national convention.

## PSI SIGMA ALPHA

On Tuesday evening, May 21, at Mrs. O'Malley's Tea Room, Psi Sigma Alpha closed a very profitable year with a banquet in honor of our graduating seniors—Robt. Forbes, T. C. Hobbs, Clair Means, Wm. Rankin, J. M. Zimmerman, Oscar Jungman, and Jack Berck.

Dr. C. W. Johnson gave an interesting and instructive talk on "Locations and Beginning of Practice" and each of the graduating members gave a short farewell speech.

Several of the members brought their wives or sweethearts, which proved a welcome innovation, breaking the usual custom of a stag banquet and adding just that something needed to make the occasion the success that it was.

At the last regular meeting of the year the following officers were elected: President, W. S. Irvin; Vice President, Dale Crews; Treasurer, De Witte Goode; Secretary, Ralph Deger; Historian, Wm. Moore; Corresponding Secretary, B. A. Storey.

DeWitte Goode represented this chapter at the Senior banquets in both Kansas City and Kirksville. He reported a pleasant trip and a royal welcome at each banquet.

We are proud to announce that Lillian Peterson's name will be engraved on the Psi Sig-

ma Alpha scholarship plaque as having the highest scholastic average in this year's graduating class.

## IOTA TAU SIGMA

The battle cry of freedom was instilled in the hearts of those concerned in going home, while those remaining were confronted with a thorough housecleaning.

Brothers Yukl and Dresser, after acquiring the technique of thumb hitch-hiking, set out for their destination. Yukl going to Greenfield, Mass., and Dresser going to Kennebunk, Maine. We wished them luck upon their journey.

Brother Hobbs, who has an internship in the Boston, Mass. hospital in October, was very much thrilled and anxiously waiting to take up his new duties.

We congratulate Bros. Hobbs, Devine, and Aspengren upon their graduation and wish them their full share of prosperity that is "just around the corner."

Dr. Devine later plans to take up an intership in Oklahoma, and we wish him great success.

Now that the Iowa State Board is over for Aspengren and Devine, they are anxiously waiting for the returns.

Brothers MacIntyre, Aspengren, Hurd, and Lyle are staying at the house this summer, and housecleaning is getting them down.

Everyone is looking forward to a greater and better school year.

The graduating members wish to express their thanks and appreciation to faculty and friends for their help and kindness during the past four years.

## ATLAS CLUB

With the closing of the school year we find most of the brothers ready to return home when the final bell rang. Packing has been their vocation for several days. It is a relief to leave the routine but with that joy comes the parting of those brothers who will be in the Osteopathic field to carry on the work.

The Senior Banquet was held May 22, at the Hermit Club. We take great pleasure in announcing our graduating members as follows: W. C. Andreen, D. L. Ashmore, H. A. Barquist, G. E. Bigsby, J. F. Bumpus, Jr., T. B. Farmer, J. R. Forbes, W. F. Hall, E. H. Lodish, P. R. Morehouse, and J. N. Secor. More definite locations of this group will be noted in the next issue of the Log Book.

The Spring Dance went over in fine shape and everyone turned out for the occasion.

This chapter extends its sympathy to Brother Bigsby and family, due to the death of his mother on June 7th.

Brothers taking the thumb route home report that the scenery on the banks of the Mississippi is welcome to the eye after being in Des Moines.

Come back home next fall and bring a student with you.

## Sigma Sigma Phi

The Senior banquet honoring members of the graduating class was held at the Hermit Club the evening of May 21. Food fit for kings was served and the group enjoyed not only the repast but some rather spirited remarks by alumni and the graduation members. The following received life certificates:

D. Ashmore, W. Andreen, L. Barry, F. Bumpus, B. Devine, W. Enderby, W. Hall, R. Haas, C. Johnson, D. Rice, and J. Woleshek.

## Graduation

Due to the large size of the class, Commencement was held in the auditorium of the Hoyt Sherman Place, May 29, at 8:15 p. m. Members of the Junior class acting as ushers, seated an unusually large number of relatives and friends of the graduates.

The program opened with the processional played by the orchestra from North High. Dr. L. P. Fagan of Des Moines gave the invocation which was followed by selections by the orchestra and their harp soloist.

Rev. C. N. Bigelow in his address to the graduates stressed the present needs for higher education of the specialized type and assured the members of the class of success if they maintained the high standard set by the institution. Dr. J. P. Schwartz, Dean of the College, presented the graduates, and Dr. C. W. Johnson, President, conferred the degrees. The North High orchestra then rendered the recessional march and the graduates, marching to the mezzanine, received the congratulations of their many friends in the audience.

The following members of the class appeared in the line:

Wendell Clemens Andreen, Donald Leslie Ashmore, William Stanley Aspengren, Harry Arthur Barquist, Lester Delbert Barry, Jack Lawrence Berck, Glenn Edgar Bigsby, John Franklin Bumpus, Jr., Bennie Hoyt Devine, Wellington Gordon Douglas, Harold M. Ekelman, Wayne Clare Enderby, Thomas Bruce Farmer, George Edward Folkman, James Robert Forbes, Robert John Haas, William Felkner Hall, Theodore Caleb Hobbs, Paul Russell Isaacson, Carl Geo. Johnson, Oscar Arthur Jungman, Edward Francis Leininger, Edward Harold Lodish, Clair A. Means, Philetus Ralph Morehouse, Lillian Beatrice Peterson, Cyrus Bartles Potter, William Clark Rankin, William Evan Rees, Dexter Brown Rice, John Norman Secor, Robert Miller Tessien, Lawrence L. Theberge, Francis J. Thompson, Ronald Alvin Wilburn, Joseph Raymond Woleshek, Clifford Eldridge Worster, and Julian Milton Zimmerman.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President.....A. D. Becker

Faculty Advisor, H. V. Halladay

Editor.....E. Harwood

Osteopathy Without Limitation

## Looking Ahead

In assuming the editorship of the Log Book the writer would like to express his appreciation of an opportunity to serve in a new field. It has been my pleasure to work with professional men and women for a number of years and also with several educational institutions. With this outlook I hope to be able to view the field with a little broader viewpoint than if more closely associated with either the institution or the profession directly.

I would like to change the name of the Log Book. This monthly message to you is more than a Log. I want to make it a personal message to each of you readers telling you of the interesting things I see here at Still College, Des Moines, and the State of Iowa. I expect to take advantage of the advisory capacity of Dr. Halladay and will also consult with others of the faculty and will try to bring you something in each issue that will make you clip a part of the publication or file it complete.

Still College is an institution to be proud of. Its past record in Des Moines and thruout the country incites us to try for greater laurels. In my small way I hope to help make the institution a more intimate part of your life. The new President speaks of the College being worthy of your support. It, we all hope, will be more worthy as time goes on.

Still College truly belongs to the profession. You are privileged to write us constructive criticism and we welcome it. What would you like to see each month as a feature of this little publication? Let's get better acquainted.

—E. Harwood.

## Dr. C. W. Johnson

This issue of the Log Book would not be complete without a word of praise for our retiring president, Dr. C. W. Johnson. His record is one of many years of faithful effort in behalf of Still College and the science of Osteopathy. Dr. Johnson was graduated from Iowa State College with the B. S. degree several years before he became interested in Osteopathy. For some time he served as superintendent of schools in Iowa and lectured over the state. In the late nineties he became interested in Osteopathy and following his graduation practiced in Charles

Dr. A. D. Becker, B. S., D. O.

stand out as markedly superior, but we, as a profession, will become truly great because the average of colleges, faculties, student bodies and physicians is increasingly high. Each individual in Osteopathy has his or her contribution to make toward great accomplishment. If we grow to be great, it will be because we all grow together. Our idealism, our lofty ambitions, our determinations for superiority must be crystallized into concrete examples of better work. It is my best judgment that our colleges must be in the forefront of such forward march. The graduates from our colleges must each year reflect the evidence of superior training.

Every Osteopathic physician must be constantly on the alert for the right type of intelligent, high-minded and serious young men and women who might be interested in Osteopathy as a career. The colleges with their student groups may well be considered as the tap roots of the profession. We do not, at this time, in my judgment, need more colleges; rather we need to still further improve the colleges we now have.

And so I look upon this new opportunity of mine as a challenge to me to do what I can to help. I am deeply sensible of the honor that goes with this election to an important place. I am conscious of the fine spirit already present in the faculty and student body of this college. I feel assured that we shall all together give a good account of the tasks before us. Our united effort will be to make this college worthy of the enthusiastic support of its friends, students and alumni. We will need and expect your help. We shall do our utmost to deserve it.

—ARTHUR D. BECKER, D. O.

City until in 1905 he responded to the call of teaching and became a member of the faculty of the college.

Since that time he has served in every capacity with reference to the college management. His continued service as a member of the faculty for thirty years speaks for itself. Past students of Still College will never forget the many lasting impressions left from his lectures in Nervous and Mental diseases. Having been a member of the board of trustees for the greater part of this time he is more familiar with the history of the college than any other person. He has seen it during its most trying periods and watched its development to its present efficiency. Until his elevation to the position of president in 1926, Dr. Johnson served as Dean of the college.

Dr. Johnson is not retiring from active Osteopathic service. With his experience and energy he will continue for many years to serve the profession with the same sincerity as in the past.

A boy man earn a hundred dollars a day by going to college—but he must wait to collect. The United States Bureau of Education shows that college graduates earn from \$56,000 to \$112,000 more by the time they are sixty than do those who go to work after being graduated from high school. This would give the four years' course a cash value of from \$77 to \$155 a day.

## Senior Banquet

The senior banquet given by the members of the board of trustees of the college to the graduating class, was held at the Hotel Fort Des Moines, the evening of May 28. Altogether over eighty attended, making this one of the largest senior banquets given for several years. Many relatives of graduates were in attendance and the honor of their presence is fully appreciated.

Dr. C. W. Johnson presided and following the dinner called upon Dr. L. L. Facto, better known as the Class Father, to make the address of the evening. Dr. Facto covered both himself and the class with glory with his well-chosen remarks. Dean Schwartz was the next speaker and admonished the class as to their future conduct in the field. A fitting response was given by Bennie Devine, the class president.

The Senior Banquet has become as much a part of the commencement program as the awarding of the diplomas and is enjoyed by both the graduates and the trustees and faculty. We little realize that we have only one of these meetings during a lifetime. This is the only time that this class and the full corps of teachers and their intimate friends meet in honor of this particular group. We congratulate the Seniors and wish them the success they surely deserve.

## ASSUMES DUTIES

ON JULY FIRST

(Continued from Page 1)

ciation, his term of office expiring in 1936.

Dr. Becker has proved his ability as a leader in every form of service to the profession. During his entire career he has been active in practice, teaching and in legal, legislative and executive work. He comes to Still College fully prepared in every way to build a greater institution upon the firm foundation already established for many years. It is indeed an honor and a privilege to welcome such a man to our institution. In leaving Kirksville Dr. Becker does not sever his intimate association with the profession, but strengthens his position as the chief executive of Still College.

Read his statement elsewhere in this issue.

## ANNUAL CORPORATE

BOARD MEETING

(Continued from Page 1)

progress against the tide of depression that has swept so many colleges from the list.

The regular business of the college followed and nominees were called for the position of president of the board of trustees for the ensuing year. Dr. A. D. Becker of Kirksville, and Dr. C. W. Johnson were nominated and upon counting the vote Dr. Arthur D. Becker was elected to the position of president of the board of trustees for the year. Dr. Johnson took his defeat gracefully and in extending congratulations to his successor, offered his services to the college, stating that he would continue to support the institution in every way and wished sincerely to co-operate whenever possible.

Mrs. K. M. Robinson was then elected without contest to the office she has held for several years and has filled with success. The report of the C.P.A. leaves no doubt as to the efficiency of her work.

Dr. R. B. Bachman was re-elected to the office of treasurer, a position of trust which, with the president and secretary, decides the many financial problems that constantly arise in the conduct of the college.

The remaining trustees of the board were then elected intact and commended for the successful year just past. The trustees of the college for the coming year will, with the exception of the president, remain the same as during the past and are as follows:

President, Dr. Arthur D. Becker.  
Secretary, Mrs. K. M. Robinson.  
Treasurer, Dr. R. B. Bachman.  
Dr. J. P. Schwartz,  
Dr. Bertha Crum,  
Dr. H. V. Halladay,  
Dr. G. E. Fisher.

The meeting closed with the election of the trustees.

## I. O. A. Bulletin

The By-Laws adopted by the Iowa Society at the May convention had their most drastic alteration in the composition and formation of the Legislative Committee. The Society of Divisional Secretaries are at the present time working on what they designate as a "model" state constitution. This is not yet ready for publication so no help could be secured from this source. On the other hand the AOA Legislative Council has formulated some thoughts and ideas and presented them in the form of recommendations and it was this recommendation of the AOA Council that when the Society patterned after when the Legislative committee of five elective members be elected from the floor of the convention to terms of five years each. That is, this first year there were five members elected, one for one, one for two, one for three, and so on up to five year terms. When the plan is in full force there will be one member elected from the floor of the convention each year to serve a term of five years on this committee. These five members constitute the committee, there are twelve associate members appointed, one each year (when in full operation) now the entire twelve will be appointed. These will furnish information to the committee members and in turn back to the profession in their respective localities. The members elected to this committee at the recent convention were: Dr. J. P. Schwartz, Des Moines, five years; Dr. D. E. Hannan, Perry, four years; Dr. S. H. Klein, Des Moines, three years; Dr. R. P. Westfall, Boone, two years; and Dr. Della B. Caldwell, Des Moines, one year. The committee elected their chairman and secretary, Dr. Hannan and Dr. Caldwell respectfully.

Dr. D. E. Hannan of Perry has received his appointment for a three year term on the State Board of Osteopathic Examiners.

The Circuit meetings will be practically over when this Log Book reaches the profession, but if by chance you receive it before your meeting in your district by all means attend. Dr. Torrance of Edinburgh, Scotland is a most interesting speaker and has a real message. A graduate of Edinburgh University Medical School, he practiced medicine for twelve years and is now in this country studying Osteopathy. Dr. John Woods of Des Moines and President Gordon of the Iowa Society, complete the circuit programs.

At the time of this writing it is sincerely hoped to have some valuable information relative to our new practice act, effective July 4th. If such information is secured it will be mailed to all

members of the Society and will be worth having by all. In regard to the practice act, we read the report of the legislative committee of the State Medical Society. Excerpts from this report will be read at the circuit meetings.

A court decision against an Iowa Chiropractor practically limits the chiro to manipulative treatment and nothing else. Look for a report in detail in the AOA Journal by Dr. Chappell, AOA Legislative Adviser. Space in the Log Book is limited and I fear we have now overtrodden the free space so graciously given by Still College.

ON TO CLEVELAND!

## Senior Class Day Assembly, May 24

Once each semester the assembly is given over to the final efforts of the graduating class to make themselves immortal. With a cast consisting of George Folkman as announcer, or perhaps we had better say commentator in George's place; Cy Potter as historian; Paul Isaacson as legal advisor; and Bob Forbes as Seer, aided and abetted by the Hill-Billies of the Campus, there was little room left for the regular talent usually heard.

George opened with an announcement along radio lines—the fade in and out being successfully produced by the efficient Still College Jazzers. Cy stepped up to the mike and wasted no words on flattery but proved that the four years at Still had not dulled his wit one whit. The Hill-Billies, disguised by props from the equipment of one Mark Gerlach, easily won the merited applause of the assembly. Their identity is still a mystery. Paul Isaacson in reading the Will reverted to type and got so hot that his outer clothing impaired his efforts and before finishing stood before the assemblage garbed in B. V. D.'s of 1873 vintage. Bob Forbes, wearing his usual overstuffed torso wrapped in a bath robe, and with head circled by a bath towel, peered wisely into the depths of a flask purloined from the Chem. Lab. and accurately read the past, present and future of the class—especially the past.

The Hill-Billies closed the offerings of the class, except—

Ed Lodish was called to the platform and presented with a GOLD award for exceptional work done in the Lab. Ed took it all in good faith until Dr. Halladay, who was acting as the cat's paw, placed in his outstretched hands a bowl of gold fish. Ed can take it and did with a laugh that was echoed from the audience.

Dr. C. W. Johnson then took the floor and made the awards to the various members of the class for exceptional work done during their four years at Still College. More than half of the class received special awards in General Clinic, Proctology, Gyn-

ecology, Obstetrics, Band, and Anatomy. Wm. F. Hall was given the Sigma Sigma Phi award for Service to the College, and Wm. C. Rankin the Sigma Sigma Phi award in Osteopathy. Larry Theberge was announced as the new interne at the Des Moines General Hospital, and Lillian Peterson, having the highest average for the four years, will have her name engraved on the Psi Sigma Alpha plaque to commemorate her excellence.

Dr. Halladay announced the Freshmen awards in Anatomy—about forty percent of the class making above 95 in Osteology.

This closed the regular Friday assemblies for the year. We sincerely hope that they will be renewed early with an augmented orchestra and will continue as interesting as during the past school year.

The assembly closed with several selections by the orchestra under the leadership of Dr. H. V. Halladay.

## Summer Clinic and P. G.

With school closed for the summer with the exception of the clinic, the few staying are kept more than busy. The various departments will be maintained as through the school year, the advantage going to the students remaining, with the great number and variety of cases. Clinic as usual will be conducted by a member of the faculty.

Dr. Stanley Pettit of Cleveland, Tenn., is in the city taking Postgraduate work, and Dr. Lawson Coulter will arrive shortly for the same purpose. Several others have written their intention to take advantage of the extensive OB work offered during the summer months. Last summer the cases averaged more than one a day, and a month in Des Moines offers review work of a clinical type unexcelled.

## Assembly, May 17

Once a year the American Institute of Business and Still College exchange assemblies. On this date the orchestra from Still moved intact over to the Victoria Hotel, in which the A. I. B. was then located. (Note: Since June 3, the A. I. B. has occupied their new home at Tenth and Grand.) The same morning the singers from A. I. B. filled the assembly hour for Still. From reports both groups were well entertained. The girls who came over to Still are more than ever interested in the boys of our college or at least some of them, and the ten members of the orchestra who visited the A. I. B. found the best place to secure office help or something.

## Birth

Born to Dr. and Mrs. Russell Melvin Wright of Detroit Mich., a 6½ pound baby girl, June 5, 1935.

## Band Banquet

The college Jazz Band having finished a successful season were entertained at a banquet Thursday evening, May 16, at the Hotel Fort Des Moines. With the exception of a couple of the members who were unavoidably detained the entire personnel was present. This year the group has consisted of the following: Harold Eckleman and Fred Green, violins; Gnau and Jeranson, guitar and banjo; Douglass, Richardson, Templeton, O'Berski, and Young, saxs; Whitney, piano; and Gerlach, drums. Bob Forbes, Bob Tessian, and Carl Johnson, former members of the band and graduates, were also guests. The loss of Doug on the sax and Harold Eckleman on violin will be keenly felt next season and we hope new students will appear to take their places. The maintenance of a college band over a period of years is a difficult thing. Membership changes every semester and means usually a complete reorganization of the group.

Each of the graduating members spoke of the close friendship among the musicians in the college and Dr. Halladay closed with thanks for the fine co-operation of the group and expressed his own pleasure in working with such a band.

## Dr. J. O. Humbert Entertains Seniors

Dr. James Opie Humbert, '26, entertained the faculty and graduating class at a dinner at the Fort Des Moines Hotel, Sunday, May 5. Dr. Humbert spoke on the subject "Building a \$10,000 Practice." His remarks were of inestimable value to the graduating seniors and each one carried away some excellent ideas in regards to ethically advertising his future practice.

Dr. Humbert is the originator and producer of "Dr. Humbert's Cereal," a new departure in breakfast cereals. A dish of the cereal and muffins made from it were served at the banquet and full size sample boxes were distributed to all attending. This new cereal is scientifically designed to promote normal intestinal peristalsis and to provide a readily digestible and healthful form of whole wheat and barley. The cereal lends itself to preparation as a cooked breakfast food or as flour in the preparation of muffins, health bread, etc.

The faculty and senior class appreciate the doctor's thoughtfulness in providing this opportunity of receiving such worthwhile information concerning practice and also the introduction of his fine cereal.

Dr. Humbert also presented a similar dinner to the graduating class of the Chicago College of Osteopathy.



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# THE LOG BOOK

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PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 12

JULY 15, 1935

Number 7

## The Outlook

The usual lull in college interest during the vacation period is conspicuous by its absence. The presence of Dr. Becker has converted our college into a veritable bee-hive of activity. Renewed inspiration is being evidenced by the faculty members, and a desire to start the new school year "with a bang" is already the spirit of the entire force of our institution.

To the members of the student body I can conscientiously say that when you return in September you are going to be quick to sense these inspiring forces and you will enter into a new school year with an added zest to continue your studies with the interest and work necessary to complete them with honor to yourself and your profession.

As Dr. Becker has said, I do not feel justified in making any rash statements to the Alumni of Des Moines Still College of Osteopathy. We can only do our best, and that we firmly pledge. It is our desire to continue to advance, to build and to create an institution of which you will justly be proud. If we are able to do these things in a gradual, (Continued on Page 3)

## Faculty Elected

### Drs. Fagen and Callison Added

The main business before the trustees at the regular monthly meeting in July was the selection of the faculty for the coming year. It has always been the policy of the college to maintain a continuity if possible in the teaching staff. Dr. Arthur D. Becker, the newly elected president, will take over the major portion of the work done previously by Dr. C. W. Johnson. Dr. L. P. Fagen of Des Moines will assist in the department of anatomy.

A major change of importance is the acquisition of Dr. C. P. Callison of Pampa, Texas, who will arrive in Des Moines the first of September, coming to the college as a full time member of the staff and taking over the subjects taught by Miss Ava Johnson.

Dr. Callison has had an extensive teaching experience, being an instructor with the Naval Hospital Corps during the war, a teacher of science in Kirksville State Teachers College and associate professor of Physiology in the Kirksville College of Osteopathy. He has also taken special (Continued on Page 3)



J. P. Schwartz, D. O.,  
F. A. C. O. S.

In order to catch "J. P.", as he is intimately dubbed by his associates, you have to arise early and stay up late. This man is doing too much for his own good. He is spending too much time helping others and too little conserving his own strength. This began sixteen years ago when he graduated from Kirksville and immediately took an internship in Des Moines with Dr. S. L. Taylor. His career unveils as rapidly as a Floyd Gibbons word-picture.

During this time he was taking an active part in the development of the college, teaching in various departments and acting as a member of the board of trustees. This brought him into an intimate contact with the student body and his advice is sought by all. As Dean of the faculty he has led in the increased interest in the teaching of Osteopathy at Still College.

Dr. Schwartz is in demand as a speaker, receiving many invitations that cannot be filled, due to his heavy schedule at the hospital and college. State and national organizations also demand part of his time, and last but not least by any means, his family.

J. P. does like to sneak away now and then to a certain lake in Iowa where he has a cottage and steal a few days of much-needed rest from the strenuous duties of a busy and highly respected surgeon.

Serious, sincere, quick-witted and highly efficient but with it all a modesty that drives you to his friends for information needed for an interview.

"What about the college?" we asked the other day.

"Watch our smoke," he replied with a smile.



R. B. Bachman, D. O.

Another busy physician who is hard to catch. Dr. Bachman is responsible for the extensive and well organized Obstetrical clinic at the college. For the past eighteen years he has been an active member of the faculty of the college and his work in his chosen specialty has attracted the attention of the entire Osteopathic profession. The increasing number of cases of this type each year has made it necessary for an assistant to be appointed in this department as Dr. Bachman's private practice demands a certain part of his time.

The fact that the Obstetrical department handled in a very successful manner 400 cases this year certainly shows that Still College has a following that appreciates this efficient service. Added registrations each year indicate that this clinic has grown each year under the able direction of Dr. Bachman.

Dr. Bachman is a great traveler and yet fond of his home. Mechanically inclined he has built a complete trailer with all modern conveniences and when a few minutes offers, is always busy adding to the already extensive landscape effects around his home. A cottage in Minnesota is another hobby and he usually spends the greater part of the summer there with his family.

His deep interest in the college and its success insures his election each year to the board of trustees and the office of treasurer of the group. Dr. Bachman is considered an authority on Obstetrics and is frequently called upon to meet with state or divisional societies, lecturing on this subject.

"What about the college?" we asked him the other day.

"We have taken a big step forward this year," was his reply.

## Still College Convention Notices

### The Booth

Many of you who were at the convention in Wichita last year remember with pleasure the minutes you spent in the college booth. This year Mrs. Robinson will be on the job as usual and will be glad to see you again. Those of you who were not able to attend last year and will be at the meeting in Cleveland, do not fail to look us up and register. Of course we will have some literature for you if you wish it but we know you are not fond of carrying such booklets, etc. around. Register with us and tell us how many catalogues you wish and other literature also. This will then be mailed to you at your office and save you the trouble of taking it back home.

We will have some new pictures of the college and with the changes in administration we know that there will be a lot of things that you want to talk over. The Still College Booth is for your information and convenience and we urge you to make it your headquarters during the convention.

### The Breakfast

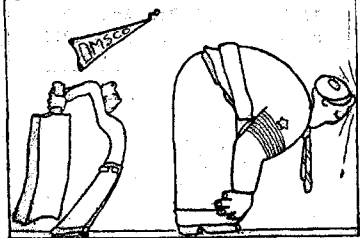
Wednesday morning the alumni of the college get together for their annual breakfast. This will be held at the official hotel and at 7:30. Look on the announcement board for details when you arrive, or to make sure of the time and place, consult Mrs. Robinson in the Still College booth. Last year the room was filled and some did not get served as well as they should. Put it down in your appointment book right now that you will attend the breakfast for Still College Alumni, Wednesday morning, July 24. Our new president, Dr. Becker, will be there to greet you. The Secretary, the Dean and other members of the faculty will be present. Who will be the oldest graduate and who the youngest? Remember — the Hotel Cleveland—Wednesday morning.

## Grandfather Becker Now

On July 5th, Dr. and Mrs. Rollin E. Becker became the proud parents of an eight pound boy, who will be known as Donald Lee Becker. The babe arrived at the Tulsa Osteopathic Hospital. Dr. Rollin Becker is practicing in Haskell, Okla., and is the son of Dr. Arthur D. Becker, so there is just as much pride on display in Des Moines as in Oklahoma.



## FRATERNITY NOTES



## ATLAS CLUB

With our vacation approaching the half-way mark we have noted little change in activities of the Club.

In the last issue of this paper the writer omitted an important item which concerned Senior day. The program was interesting and then came the presentation of trophies by the Sigma Sigma Phi, all of which were carried away by the Atlas Club.

We take great pleasure in announcing the following brothers receiving internships: Andreen, Lodish, Secor, Stephenson, Hall, and Bumpus.

This being the convention month for the A. O. A. in Cleveland, gives us something very interesting to look forward to.

We do hope to see you at the convention.

## PHI SIGMA GAMMA

We were pleased to have as our dinner guest Monday evening, July 1, Dr. Arthur D. Becker, President of Still College. Phi Sigma Gamma extends to you a cordial welcome, Dr. Becker, and looks forward to having you as their guest many times in the future.

Visitors so far this summer have been Dr. and Mrs. Lawson Coulter of Detroit, and Dr. Howard Toeper of West Virginia.

With the weather man finally promising warm weather for a change, the favorite attire seems to be white shirts and white trousers. However, after an afternoon of treating in the stifling rooms at school even these clothes do not seem to be of much use in protecting the body from the penetrating rays of the Iowa sun. The house is fairly quiet, the silence at night broken only by the insistent ring of the telephone, announcing that the birth rate of Des Moines is about to be increased. Joe Bartram and Earl Jurgenson have pulled stakes and returned home until later in the summer. The rest of us enjoy life via the hot bath, an occasional sun bath on our third floor bath-a-torium, and relaxation to a popular dance band on the radio. The root beer and ice cream stands next door also receive their share of attention, and as usual everyone is endeavoring to borrow a cigarette from someone else.

Sunday, June 30, Ed Owen, Jack Wilkes, Jim Dunham, and John Herrin assisted Dr. S. H. Klein at the Jimmie Allen Air Races. Working with the Optimist Club we registered the contestants and timed the flights of the planes.

## Frat and Sorority Registration

Last year at Wichita the majority of the fraternities and sororities got together at a common registration booth. This was a decided advantage over the old method of each trying to register their own members and no one having any definite location for the purpose. This year, as of last, the fraternity and sorority registrations will follow the A. O. A. and local offices. It will not immediately adjoin the local registration but will be just a step away and as soon as you have finished with the local registration go immediately to the frat and sorority desk. Eight organizations officially use this desk but the girl has instructions to register all fraternities and sororities, so fill in the card at her request.

Dr. J. A. Cozart is president of the Interfraternity Assembly and will call a meeting of the representatives early in the week. Some very important matters are to come before this group, so see that your representative is available when the call comes. If your organization has not completed its plans for the annual meeting and banquet get in touch immediately with Dr. M. K. Cottrell of Cleveland. Available space for such meeting is at a premium now. Remember to register with your organization.

## Tons of Babies

What does one and one-half tons of babies look like? Pile 398 of them on a truck and you have the picture. But these were not born all in one day. They were scattered through the year and helped into this world by the Senior students of Still College.

We have on our desk a complete report of the work done by the Obstetrical department of the college from June 1, 1934 to June 1, 1935. The busiest month was September, there being 43 babies born, including two sets of twins. This same month holds the record for the most born in any seven consecutive days. From September 25th to 30th there were 15 cases in the clinic. November 28 and January 18 tie for the greatest number on any one day. Each of these days claims five births in the clinic. Some other figures will certainly interest you.

Breech presentations—9; Podalic versions—14; Forceps deliveries—10; Twins—8; Premature—12; Miscarriages—3; Infant fatalities—5; Total boys—211; Total girls—187.

The majority of the cases were normal as is expected but the average number of abnormalities occurred. The clinic report shows Placenta Abrupto, Congenital Atelctasis, Spina Bifid, Hydrocephalus, Prolapsed Cord, Double Cleft Palate, Retained Membranes and Hypospadias.



J. M. Woods, D. O.

Dr. Woods started his career in Kirksville, where he assisted in the Pathology Laboratory, later transferring to Des Moines, where he graduated. He was immediately retained on the faculty and for the past twelve years has been not only an able member of the teaching staff but served five years as a member of the board of trustees. He is called frequently to speak at conventions and will appear on the general program at the meeting in Cleveland.

Dr. Woods is active in local and state Osteopathic affairs and busy at his downtown office.



Mary Golden, D. O.

"Can a woman conduct a successful Osteopathic practice?" Dr. Golden is the answer to the question. She not only conducts a successful practice but also is active in many local affairs. She addresses P.T.A. meetings, presides at Women's Rotary and other clubs, takes time off to run out of town to meet various groups and enjoys occasional motor or airplane trips. Full of energy and ready to expend it for the good of her chosen profession. Our choice for the the answer to the question above.

We wonder as we look this record over whether or not you realize the advantage that Still College offers in this subject alone. These cases are taken care of in the home with the exceptional case that must have hospital care. The delivery is supervised by a graduate physician attended by a group of students each of which has a special part to play until he is qualified to make a delivery. Each student as he advances in the training and finishes the clinical laboratory work must be in attendance at least seven cases and must make at least two deliveries in the presence of the registered physician. Some students at the college have attended over 100 cases and made nearly as many deliveries.

Drs. Bachman and Shaffer are in charge of this division of the clinical work at Still College and have established a most enviable reputation. The work done by this department is well known thruout the city and has increased to the extent that at times it taxes the available student list.

An interesting case came to light recently in this work. On March 19, twin girls were born to a mother who was herself a clinic baby 31 years ago. This is not the first case of this kind but well worth mention as it shows that the early reputation established by this clinic over thirty years ago is still remembered and taken advantage of by the second generation.

This feature of Still College is only one of the many that make the college outstanding in the matter of clinical advan-

tages. Not only in this department but in others, you will find that the training is practical. You come in contact with the actual cases and you as a student gradually work up to the point of complete charge of the case. Actual attendance on cases gives the student a confidence that cannot be obtained in any other way.

The advantages at Still College are certain.

## Visitors

The following doctors recently visited at the office of the college. Drop in and say "Hello" to us when passing thru.

C. S. Pollock, Minneapolis, Minn.

H. G. Withrow, Milwaukee, Wisc.

Delmar Steninger, Wellman, Iowa.

Thomas S. Torrance, Edinburgh, Scotland.

Harold Jennings, Mason City, Iowa.

Elmer Lee, Greeley, Colo.

Geo. Basore, Franklin, Ohio.

## Pulmonary Tuberculosis

A new book by Dr. W. B. Gould of Denver, is just off the press. His introduction clearly states his reasons and aims in writing this very useful tome and it makes good reading on a subject that you are not too familiar with. T. B. and cancer have long been the bane of the therapeutic world. This book will clear the path for a greater service in tuberculosis.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President..... A. D. Becker

Faculty Advisor, H. V. Halladay

Editor..... E. Harwood

Osteopathy Without Limitation

## Keep to the Right

The other day I went down town to buy a certain kind of a shirt. I came out of Younkers on Walnut Street and started towards the Utica, one block east, along the north side of the street. We have had a good deal of rain lately but this was one of the afternoons when the sun peeped down for a while and brought with it all of the loafers and most of the shoppers in the city. Across the street it looked like a crowd waiting for a circus parade. The red light changed and the crowd moved. The corner was jammed with many waiting for the street car. Some backed up against the building and others parked in the edge of the sidewalk leaving a narrow passage for the several hundred who had crossed. Farther down in front of one of the dime stores a couple of barkers for the Legion were selling tickets to raffle off a car and directly opposite them in the doorway of the store was a negro boy eating an ice cream cone. At his feet was a home made wagon with the tongue sticking out over the walk and it was a choice between falling over the wagon or bumping into the barkers and their crowd. I should have taken the alley or—

It seems to me that we have a lot of people who do not keep on the right side of the street. They gather in small bunches and walk listlessly along back and forth. They turn and look back and then speed up for a few minutes. They do not seem to have any objective in view. They impede the progress of those who do wish to get something done and they occupy valuable space. I wonder as I look over the Osteopathic profession how many of you can be classified as the loafers, the hanger-oners, the puller-backers and the left-side-of-the-streeters. Which side of the street are you walking on? Are you making progress or is someone holding you back? Take stock and find out just where you are and what you have done to add to the progress of Osteopathy. Have you an objective?

We hope one of your objectives is to help increase the power of Osteopathy. Do this by sending a student to one of our recognized colleges — E. Harwood.)

## Still Grads Re-Elected Officers in Detroit Assn.

At the annual election of the Detroit Association of Physicians and Surgeons of Osteopathic Medicine, held at Book Cadillac Hotel, May 15, Dr. Robert K. Homan of the Highland Park Osteopathic Clinic, was re-elected Vice President of the Association.

Dr. Homan graduated from Des Moines Still College in 1931 and after a year's internship at the Detroit Osteopathic Hospital affiliated with the Highland Park Osteopathic Clinic. He has been very active in organization affairs in Detroit, having been secretary of the City Association in 1933, vice president in 1934, and re-elected vice president for the year 1935-36. He has been secretary of the Staff Association of the Detroit Osteopathic Hospital for the past two years.

Dr. W. Kenneth Moore, also graduated in the class of 1931, and after a year's internship at the Detroit Osteopathic Hospital, located in Detroit and has been very active in Osteopathic circles, having been secretary of the Detroit Association in 1934 and has been recently re-elected to that office for the coming year.

Other officers elected were Dr. George B. F. Clarke, president; Dr. Bernadine Schefneker, treasurer; Dr. Walter Bruer, staccian; and Drs. Lester Schaffer and Lloyd Seyfried, trustees.

## Summer Plans

Our inquiring reporter has been busy for the last several days trying to get a little information as to the summer plans of the faculty and our local group of Osteopathic physicians. Definite plans have not been made in some cases and others seem a little shy about telling such secrets. The list is far from complete but the effort was made to reach all, so if you are left out, it is not our fault. Every one listed in the phone directory was called.

Dean J. P. Schwartz will not attend the convention but is taking his vacation on the installment plan at one of Iowa's northern lakes.

Dr. R. B. Bachman will remain at home this summer putting around his new home but may later motor to the Ozarks.

Dr. H. J. Marshall will attend the Eye, Ear, Nose and Throat meeting prior to the national convention. He spends week-ends at Clear Lake with his family.

Dr. Mary Golden will take work in Youngstown, Ohio, talk over the radio Sunday, July 21, at Cleveland, attend the convention and afterward motor thru Canada.

Dr. G. E. Fisher may make the convention but has plenty to do at home. He will visit his brother later in the summer.

Dr. L. L. Facto expects to attend the convention and later, a

visit from his brother in California.

Mrs. Robinson will attend the convention and later will motor to Minnesota.

Dr. and Mrs. Woods will attend the convention and visit in Illinois.

Dr. Arthur D. Becker will attend the convention and later visit in Colorado.

Dr. J. R. Shaffer plans to be in Cleveland.

Dr. H. V. Halladay and son, Morrie, will motor thru to the convention, following which Dr. Halladay will spend several days in Mesa Verde National Park.

Dr. V. A. Englund will take special work at the Norwood Clinic in August.

Dr. J. A. Humphrey expects to attend the convention.

Dr. R. B. Kale will attend the convention and also visit in Warren, Ohio, his home town.

Dr. and Mrs. Paul Park are at home with a new arrival.

Dr. O. E. Rose will attend the convention and fish in Minnesota later in the summer.

Dr. F. D. Campbell expects to motor thru the Ozarks in September.

Dr. S. H. Klein will take special work in Chicago and Columbus previous to the convention, will attend the meeting in Cleveland and later spend his vacation at Lake Okiboji.

Dr. C. E. Seastrand will spend the summer in Europe.

## From Dr. H. F. Kale

We have recently received a fine letter from Dr. H. F. Kale, who graduated in January, 1925, and is now interning in the Waldo Hospital at Seattle, Wash. Dr. Kale is very enthusiastic about his work and finds every department interesting. He mentions the excellent spirit of co-operation in the institution and the superior type of work being done by a number of the physicians there.

Howard is not only appreciative of his opportunity at the hospital but is sold on the country, too. He plans to remain in the northwest and continue in practice following his internship.

## THE OUTLOOK

(Continued from Page 1)  
progressive manner, we only hope to merit your confidence and continued good will.

I cannot help but feel the future of our science is to a great extent dependent upon our colleges. It is quite essential, therefore, that each member of our profession and each student in our colleges accept the charge of furthering Osteopathic education by interesting capable young men and young women in the study of our science. The educational facilities in our six colleges are very adequate — the need is — **YOUR INSPIRING FORCE TO KEEP THEM FILLED.**

—Dean John P. Schwartz.

## You Ought To Know That . . .

### Dr. and Mrs. M. J. Joseph

—announce the arrival, May 19, of a young man in the family weighing eight pounds and three ounces. He has been named Ronald Leon. Dr. Joseph was popularly known as "Micky" while in college and is now practicing in Detroit.

### Dr. Walter O. Hopkins

—of the '27 class and now practicing in London, arrived on the Normandie recently and will attend the convention at Cleveland.

### Dr. Walter E. Heinlen

—was married the tenth of June to Miss Lois Isabelle Gittins, the ceremony occurring at Red Oak, Iowa. Dr. and Mrs. Heinlen will be at home after July first at Elliott, Iowa.

### Dr Charles L. Baker

—of the '26 class is now located in San Francisco, being physician in charge of the treatment of the feet in a store recently opened under the supervision of Dr. Hiss.

### Dr. Ray Lamb

—of Des Moines has been ill for the past three weeks with a form of arthritis and is in Excelsior Springs, Mo. for treatment.

## If You Hold a Michigan License

Dr. F. Hoyt Taylor writes us as follows:

"Any Osteopathic physician, licensed in Michigan and not having received notice from the secretary of the Michigan Board of changes in the Michigan requirements for maintaining license in force should communicate with Dr. F. Hoyt Taylor, 1702 Olds Tower Bldg., Lansing, Michigan at once. Failure to do so may result in forfeiture of Michigan license."

If you have any questions relative to this notice write to Dr. Taylor.

## FACULTY ELECTED

(Continued from Page 1)

work in Physiology at the University of Chicago. Dr. Callison's several years of practice in Texas fits him well for the work he will do in connection with the extensive clinic at the college.

The complete schedule of classes will be announced in the next issue of the Log Book. The trustees feel that the changes made will materially strengthen the didactic and laboratory work of the college and add to the service offered by the clinic.

Dr. Glen Fisher was made a full time instructor augmenting the staff for the summer.

## I. O. A. Bulletin

The board of trustees, following the May convention, again approved President Gordon's plan to three circuit meetings throughout the year, two in addition to the regular district meetings in October.

The first of the series was held the week of June 16 with meetings at Creston, Des Moines, Sioux City, Mason City, Cedar Rapids, and Ottumwa. The program consisted of Dr. Thomas S. Torrance, a practicing medical physician of Edinburgh, Scotland, now in this country studying Osteopathy. Dr. John Woods of the Des Moines Still faculty, and President F. A. Gordon.

Dr. Torrance was an inspiration to hear and those of the profession not at the district meetings missed a real treat. His lecture, "The Supremacy of Osteopathic Therapeutics", was given in much the same form before the Kansas City Society earlier in the year and may now be secured in reprint form from the Kansas City College. Truly a fine piece of literature to place in the hands of all laymen. After twelve years of medical practice Dr. Torrance is in position to know the results to be expected from the hands of the "regulars." We understand he will speak at Cleveland and to all going to the A.O.A. convention, we would urge that they hear Dr. Torrance of Edinburgh, Scotland.

Dr. John Woods on "Heart Conditions" and "Obstetrics" gave unselfishly of his time and talent. President Gordon completed the program with "General Society Affairs."

The State and District Societies co-operated in fine manner and are to be congratulated upon the interest and response given at this meeting. The Society is enriched by some thirteen of the profession who are now members that weren't members the first of the fiscal year, and many have never been members—none of them being members last year. Truly an encouraging start.

Dr. Rolla Hook, chairman of the membership committee, has secured a fine response to his membership appeal. If we would all adopt the slogan, "Every Member Get a Member" the job would be done in no time. It is indeed a shame the time and labor the various states as well as the A.O.A. have to expend to secure members, when such time, money and effort could be expended to outside interests.

To many of us the Circuit meant only a day from the office, while some of us couldn't even do that—we were too busy. Drs. Woods and Gordon also conduct a private practice but they gave six days of their time that the organization might be the better served and the interests of Osteopathy advanced.

The Adult Health Clinic, under the able chairmanship of Dr. Della B. Caldwell, are looking forward to the best clinic yet held, at the Iowa State Fair, in August. Some two hundred-odd dollars was pledged at the District meetings in June and that with the registration fee of one dollar for each examination made, will nearly cover the budget. Any Iowa member paying five dollars toward this clinic support will have the privilege of a post graduate course in effect, in that they will be privileged to conduct patients thru the clinic and personally watch the examination under nationally known men in our profession, who will be on hand on various days of the Fair. Such men will lecture to the doctors in the evening at the Savory Hotel, and mimeographed prints of their lectures will also be given all such contributors. You may have often wondered just how Drs. Becker, Laughlin, Conley, and others may conduct a private examination of their own patients. Here's your chance to watch them first hand. Send in your subscription at once and take advantage of this exceptional opportunity.

\* \* \*

Those in attendance at the May convention and who were especially interested in the work of the Chicago Technique Team, may be interested in knowing that the Manuals on Technique are now available and may be secured by writing Dr. J. A. Stinson in care of the Chicago College. Some 36 figures and drawings outlining appendicular technique, and all for one dollar. Certainly a real gift.

\* \* \*

Undoubtedly the profession at large was much surprised to hear of Dr. Becker's election to the Presidency of Still College, Des Moines. The Iowa Society not only extends congratulations to the College, but as a Society congratulates ourselves that Dr. Becker is here in the state and will be one with us. The writer in looking back over eight years of college work can point to Dr. Becker as the outstanding figure and professor above all others that has left a mark in our mind.

\* \* \*

In accordance with Article 2, Section 1 of the new By-Laws adopted at the May convention, we are herewith submitting the names of those that have made application to join the Society since the first of the fiscal year and who were not members last year. The By-Laws specify that the name of the applicant shall be published. If no objections are received within 30 days the Secretary shall enroll the applicant as a member and notify the officials of his action. If objection is filed within the specified time the board of trustees shall make full investigation and take such action as their findings warrant.

The names submitted herewith are: T. S. Clark, Bradgate; E. M. Van Patten, Ft. Dodge;

## Des Moines General Hospital



Not only do students of Still College enjoy the advantages of one of the most extensive clinics in the profession, but they also have the advantage of major and minor clinics at one of the most modern and completely equipped hospitals in the country. The close co-operation between the hospital and the college enables each student to become conversant with hospital technic and procedure.

Dr. J. P. Schwartz, Dean of the college, is president and surgeon-in-chief of the hospital. Dr. H. J. Marshall, head of the Eye, Ear, Nose and Throat department of the hospital, is the instructor in this specialty at the college. Drs. J. L. Schwartz, B. L. Cash, and H. A. Graney are also on the staff of both institutions.

With this fine hospital available for the study of surgical cases the student body at Still College is offered everything possible in superior Osteopathic teaching and training.

## Willard Named By Osteopaths

Dr. H. B. Willard of Manchester, Iowa, was elected chairman of the Iowa State Board of Osteopathic Examiners at the annual meeting.

Dr. H. E. Hannon of Perry, Iowa, was re-elected secretary-treasurer, and Dr. W. D. Andrews of Algona, Iowa, was named director of examinations. Dr. Hannan was chosen delegate to the national meeting of boards of examiners in Cleveland, Ohio, July 22.

The board granted licenses as Osteopathic physicians to:

George E. Folkman, Des Moines; John C. Agnew, Des Moines; Edward F. Leninger, Creston; Francis J. Thompson, Des Moines; Carl G. Johnson, Minneapolis, Minn.; William S. Aspengren, DeKalb, Ill.; Henry A. Barquist, Des Moines.

James R. Forbes, Ft. Dodge; Robert J. Haas, Des Moines; Benny H. Devine, Des Moines; Clifford E. Worster, Des Moines; William C. Enderby, Green Bay, Wis.; Lillian B. Peterson, Des Moines.

C. R. Reynolds, Des Moines; H. M. Sash, Atlantic; J. H. Garretson, Salem; George Estes, Glenwood; Ethel Boyd, Spencer; H. A. Somers, Dickens; G. I. Noe, Sheldon; N. A. Cunningham, Colfax; Georgia Chalfont, Oskaloosa; J. C. Bishop, Rock Rapids and Orilla Reeves, Mason City.

Lester D. Barry, Wahoo, Neb.; L. I. Theberge, Augusta, Me.; Geo. W. Swartzbaugh, Dayton, Ohio; J. Lawrence Berck, Paris, France; Herman H. Brinkman, Omaha, Neb.; Joseph R. Walschek, Des Moines; Bayne K. Bahnson, Kirksville, Mo.

Paul E. Wilson, Middletown, Ohio; Thomas F. Lange, Champaign, Ill.; Harold C. Gamble, Missouri Valley, Iowa; Blythe W. Green, Hawarden.

Dr. Olaf H. Olsen of South Bend, Ind., and Dr. Lonnie L. Facto of Des Moines, were granted certificates in surgery. —(From Des Moines Register.)

## Safe and Sane

Dr. and Mrs. Arthur D. Becker have a new way of celebrating the Fourth. Their household goods arrived in Des Moines the night of the 3rd. Plans were made to unload the next morning early. Nature took a hand. One of our hardest daily rains of the past two months poured down for about four hours. The unloading work went on despite the rain and when visited in the evening they were much better settled than one might expect. The only casualty recorded during the day was when Dr. Becker failed to negotiate a muddy ditch back of the house and came up for air with a few scratches and considerable dirt on his clothing.

The Beckers will be at home soon at 5807 Waterbury Circle.

Entered as second class matter, February 3rd, 1923 at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

# THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 12

AUGUST 15, 1935

Number 8

## Osteopathy at the Iowa State Fair

For the third consecutive year the Iowa Osteopathic Adult Health Clinic will be established at the state fair. An extensive program of lectures will add this year to the attractiveness of the program which is listed below. This work is of great value to the profession in the state and to Osteopathy in general and Iowa Osteopaths should take advantage of this opportunity to become a part of a very intensive working group.

An informal dinner will be served each evening at the Savery Hotel beginning August 23, following which the lecture will be given by the speaker indicated in the program which follows. At this dinner students or prospective students of Osteopathy will be welcome. The fee, except for the dinner charge, being waived.

Dr. J. P. Schwartz, Des Moines, Iowa. Examining August 26 and 29—p. m. only. Lecture August 23: "Toxic Goiters."

Dr. Arthur Allen, Minneapolis, Minn. August 24. Lecture: "Osteopathic Diagnosis and Technic."

Dr. H. J. Marshall, Des Moines, Iowa. Examining August 23 and 27—p. m. only.

Dr. Stanley Bandeen, Louisville, Ky. Examining August 26 and 27. Lecture August 26: "Nephritis."

Dr. Geo. Laughlin, Kirksville, Mo. Examining August 27 and 28. Lecture August 27: "Spinal Curvatures."

Dr. Arthur D. Becker, Des Moines, Iowa. August 28. Lecture: "Cardiac Diagnosis and Electrocardiography."

Dr. A. C. Hardy, Kirksville, Mo. August 29. Lecture: "Diagnosis of Common Eye, Ear, Nose and Throat Diseases."

Dr. R. B. Bachman, Des Moines, Iowa. Examining August 26 and 29—a. m. only. Lecture August 30: "Gynecological Diagnosis."

—J. M. Woods, D. O.  
Chief-of-Staff.

## To New York

The next convention of the American Osteopathic Association will be held in New York City. It is not too early to begin planning for that meeting. At some time everyone wants to make the trip to New York and here is the chance to make your stay do double duty.

## SCHEDULE OF CLASSES, 1935-1936

\* \* \*

### FRESHMAN B.

BIOLOGY	C. E. OWEN
BACTERIOLOGY	C. P. CALLISON
ANATOMY	H. V. HALLADAY
CHEMISTRY, INORGANIC	G. E. FISHER
HISTORY OF OSTEOPATHY	H. V. HALLADAY

### FRESHMAN A.

EMBRYOLOGY	O. E. OWEN
HISTOLOGY	C. P. CALLISON
CHEMISTRY, ORGANIC	G. E. FISHER
PSYCHOLOGY	C. P. CALLISON
ANATOMY	H. V. HALLADAY
HISTORY OF OSTEOPATHY	H. V. HALLADAY

### SOPHOMORE B.

ANATOMY	H. V. HALLADAY
CHEMISTRY, PHYS. & TOX.	I. C. GORDON
PATHOLOGY I	J. M. WOODS
PSYCHOLOGY	C. P. CALLISON
PRINCIPLES	A. D. BECKER

### SOPHOMORE A.

NERVOUS PHYSIOLOGY	L. L. FACTO
OSTEOPATHIC MECHANICS	H. V. HALLADAY
ANATOMY	L. P. FAGEN
PATHOLOGY II	I. C. GORDON
PEDIATRICS	M. E. GOLDEN

### JUNIOR B.

LABORATORY DIAGNOSIS	G. E. FISHER
PHYSICAL DIAGNOSIS	L. L. FACTO
SPECIAL PATHOLOGY	I. C. GORDON
TECHNIC	L. L. FACTO
DIETETICS AND HYGIENE	C. P. CALLISON

### JUNIOR A.

OBSTETRICS	R. B. BACHMAN
GYNECOLOGY	R. B. BACHMAN
COMMUNICABLE DISEASES	L. L. FACTO
OSTEOPATHIC THERAPEUTICS	J. M. WOODS
SUPPLEMENTARY THERAPEUTICS	G. E. FISHER
CLINIC—MONDAY, WEDNESDAY, FRIDAY.	

### SENIOR B.

NERVOUS DISEASES	A. D. BECKER
OBSTETRICS II	R. B. BACHMAN
OSTEOPATHIC THERAPEUTICS	J. M. WOODS
SURGERY	J. P. SCHWARTZ
EYE, EAR, NOSE & THROAT	H. J. MARSHALL
CLINIC—MONDAY, WEDNESDAY, FRIDAY.	
X-RAY & PHYSIO-THERAPY—TUES. & THURS.	B. L. CASH

### SENIOR A.

APPLIED ANATOMY	J. M. WOODS
DIFFERENTIAL DIAGNOSIS	A. D. BECKER
PROCTOLOGY & UROLOGY	J. P. SCHWARTZ
SURGERY	J. P. SCHWARTZ
EYE, EAR, NOSE & THROAT	H. J. MARSHALL
CLINIC—MONDAY, WEDNESDAY, FRIDAY.	
MEDICAL JURISPRUDENCE	

\* \* \*

Laboratories under the direction of the head of each department are conducted in the afternoons in the following subjects: Histology, Biology, Chemistry, Bacteriology, Embryology, Physiology, Pathology, Anatomy, Gynecology, and Clinical Diagnosis.

—o—

### 1935-1936 Calendar

## REGISTRATION SEPTEMBER 9

Roll Call	September 10
Final Freshman Registration	September 23
Armistice Recess	November 11
Thanksgiving Recess	November 28 to December 2
Christmas Vacation	December 20 to January 6
Graduation	January 24
Registration	January 25
Roll Call	January 27
Easter Recess	(Date to be Announced)
Graduation	May 29

## New Board Member

One of the major changes made at the regular monthly meeting of the trustees of the college was the election of Dr. H. J. Marshall of Des Moines as a member of the group. This was necessitated due to the resignation of the oldest member of the board, Dr. Bertha Crum of Ames, Iowa. Dr. Crum has served the college faithfully for the past twenty years and it was with much regret that thru her resignation the board learned that she expects to retire shortly from practice in the state of Iowa.

Dr. Marshall comes to the board of trustees of the college with considerable institutional, organization and educational experience back of his excellent record. He has been a member of the faculty and the corporate board of the college for a number of years. He has also during this time been active in local, district, state and national organization work. As a member of the official governing group of the Eye, Ear, Nose and Throat section of the national association he has filled all of the offices and is now secretary of the international society. The college is pleased to make the announcement of his election to the board of trustees and feels that a strong, constructive personality has been added to the executive group of Still College.

## The Once-Over

We took a walk around the building the other day.

The labs on the first floor are all being cleaned and renewed for the fall work. You will be surprised at the dissection room.

The faculty room on the second floor has been cleaned and re-arranged. The president's office is a joy to behold and the main office is bright and cheery after the summer cleaning.

Bob has been working in the book store on the third floor, cleaning it, and other reconstruction work is being done.

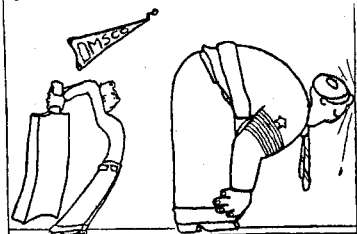
The fourth floor has undergone a radical change, the library being installed and additional class room space arranged.

The labs, assembly room and projectoscope room on the fifth floor will each be ready to resume their respective duties when the college opens.

We hope you'll like it!



## FRATERNITY NOTES



## ATLAS CLUB

Although Spring seems slow in its approach, the usual signs are becoming numerous around the house. The most significant is the sight of baseballs and soft balls being handled mightily by various fraters, ambitious to become members of the Club team. The absence of Landy Johnson this year made the choice of a new pitcher imperative, so Jim Hagerty is IT! So far only one window has been broken but the season is yet young. (By the way—the Actives recently defeated the Freshmen—26 to 16.)

The final degrees of initiation were recently bestowed upon upon Richard Northrup and Marcus Gerlach. Congratulations to our new brothers.

Bros. Fred McAllister, '34, and Russ Stephens, Jan, '35, recently visited the house for a short while during a stop made in Des Moines, while enroute from Detroit, Mich. to St. Joseph, Mo., where both are interning in Mercy Hospital.

Saturday nights are still being observed by the residents as opportunities to parade their new suits and occasionally their new girls—in other words—open house nights are still quite the vogue and are well attended.

Don Evans and Leigh Beamer recently visited their respective homes in Detroit, Mich., and Kewanee, Ill. It seems as though they miss the home folks a great deal. Although Evans found that his parents had migrated to Virginia, he is reported to have enjoyed himself immensely notwithstanding.

WIGITS — O'Shana gets out the white shoes — the general rush for rides to school each morning—how clean the lounge room is kept—our smooth driveway—the house nudists group—ping-pong addicts—the boys who are reputed "hitched"—phone calls for Freshmen saying "Is the Doctor In?" — electrician Ford—where is Goode on week-ends?—Tiny floods the house—Aesop says, "\*\*\*\*! 1/2 @! no hot water to shave with"—a 'fourth' for bridge.

## IOTA TAU SIGMA

Brother Dresser seems to have a passion for the uninhabited spaces. First its an expedition to Hubbell Boulevard and plowed ground. Now, with an enlarged crew, he leads on into other uninhabited districts.

J. Francis (What-a-Man) Yuki and Brother MacIntyre seem to have their calendar working in reverse. Anyway, they didn't

show up for our first kittenball game. Whazzamatter?

Now that we're off to a good start in kittenball, we have high hopes of keeping up the good work. The first game ended 20 to 6, with ITS on the long end of the score.

We're all hoping the weather will warm up a little soon, so we can put our brass monkey back out in the yard.

And, believe it or not, Curly Maloy sat in the booth by the window in the Bull Dog the other evening, and scared three customers away. We didn't blame them, either. We almost ran ourselves, when we saw him.

We're wondering if Boston's name has effected his appetite. Anyway, he seems to have a special affinity for beans.

Brother Happel is back from one of those romantic trips to dear old Dayton. Well, Bob, if the picture doesn't lie, we don't blame you.

Brother Pohl is going to stop over in Iowa City for awhile, we understand, while making the aftercalls on his latest O. B.

And now Easter vacation is in the offing. We suspect that Father Time has gone to sleep on the job, for it has been in the offing for ages now (?).

Anyway, if or when Easter comes, several of the boys are going away for the week-end. Best of luck, fellows, and hurry back.

## PHI SIGMA GAMMA

Monday evening, March 25, Miss Ava Johnson addressed the fraternity on "Psychology and the Doctor." She stressed the fact that expression of self, group life, and personal contacts play an important part in practice. While listening to symptoms a doctor must always regard his patient in the first person, and associate him with his daily life in order to intelligently diagnose the condition.

With the baseball season officially opened the boys roll out of bed these mornings with a variety of facial contortions and exclamations of dire pain. We opened the season against the "ITS", the result being numerous bruises, sore muscles, a lot of fun, and a small score—for us. However, the team is under the Osteopathic care of trainer Rees and expects to be in fine shape for the next clash.

Delta Chapter is the proud possessor of a complete new set of dishes and kitchenware. Made of the latest and best material, they are an addition that will be of use not only to present members, but to future generations of P. S. G's.

Brother Hoose recently received a letter from Dr. Wayland, who is practicing in Cedar-town, Ga. Byron reports splendid co-operation from the other doctors in that locality, and has been invited to avail himself of the hospital facilities there. Nice going, Byron, and let us hear again.

Bud Storey was recently initiated into Psi Sigma Alpha, and Joe Peterson and Myron Bos

were pledged to that organization. John Mattern and Hal Walters have been pledged to Sigma Sigma Phi.

While wandering through the rooms the other night it was interesting to note the variety of states represented. College, it is said, brings fellows from all parts of the country, and the Phi Sig's are certainly no exception. For instance, Bill Rees is from West Virginia, Jack Wilkes hails from Michigan, as do Des Rice, Eddie Zyzelewski, John Hoose, Jerry O'Berski, and Joe Peterson. Hal Walters, Emil Braunschweig, Ed Owen, Bill Moore, Bud Storey, John Mattern, Myron Bos, Leigh Whitney, and Pat Kelsey are from Iowa. Ohio claims Bob Hoefer, J. B. Miller, Bob Gibson, Joe Bartram, Jim Dunham, Bill Slater, and Bob Luby. Walt Irvin puts Penn. on the map, and Bryce Steeves upholds Canadian traditions by claiming New Brunswick as his home. Enderby and Hecker keep Wisconsin in the running, while Jurgenson boosts Minnesota. Folkman boosts the Orange and Blue of Illinois, and ye writer claims Kansas by birth and Nebraska by circumstances.

## "Doctor, Have You Considered Your Future?"

(Continued from Page 1)  
the treatment of conditions in this area.

This is an unusual opportunity for you to obtain post-graduate work out of the ordinary, a composite symposium, as it were, of the opinions of men from all over the country.

Your association with such men will give you a confidence and a prestige that you can acquire in no other way. You may have the benefit of the entire program of the I. S. O. simply by paying the nominal fee of five dollars and being present at Cleveland, Ohio, from Monday, July 15, through and including Wednesday, July 17, 1935. This year there is an added feature—all surgical procedure will be demonstrated and carried out on the cadaver as well as the living subject.

Should you desire to be awarded your fellowship degree of F. I. S. O., you may make application to Dr. H. J. Marshall of Des Moines, Iowa, and arrange with him for your examination. This is given by the Board of Directors of the I. S. O. and consists of a searching but fair examination of your qualifications, knowledge and abilities. The fee for this membership is but twenty-five dollars. The examination will be given July 15 or 16. The honor of satisfactorily meeting the requirements is the greatest possible in your chosen field of endeavor and means much to all those who have had the privilege of acquiring it.

Plan to come and be with us. I am sure you will deem it the most profitable three days you have ever spent at a Convention.

—Paul J. Dodge, D. O.,  
F. I. S. O.

## Convocation, March 15

The orchestra, paced by Dr. Halladay, played as the overture the lately popular "Take a Number From One to Ten." The encore was "A Boy and A Girl Were Dancing."

A movie entitled "Catching Seals in Alaska" was shown. Seal hunting in the frozen wastes of the Polar regions is a far more arduous task than one would imagine. For the sake of feminine vanity hundreds of men push through the ice in ice-breaking steamers to the habitat of the seal and then, on foot with clubs or guns, slaughter the seals in wholesale lots, scarcely one remaining in the area covered. Then these thousands of pelts are transported back to be cured, made into beautiful coats and furs to adorn the feminine form at the expense of a terrific blow to the masculine pocketbook.

In viewing this film one was moved to ponder on the once almost limitless numbers of bison which roamed the middle western plains. Human greed and the unexplainable urge of some men to kill animal life for the sake of killing without any thought of its future existence, almost swept the once mighty buffalo from the earth. Today but a few herds are extant, and these only through the protection of the government.

The Federal government has already been forced to lay down rigid laws in the Alaskan seal habitats to keep these creatures from extinction. The necessity for such procedure being amply demonstrated in this picture. The government is to be admired for so doing but it is not a very glowing tribute to so-called "civilized" man that such a move is necessary.

## Entertainment At Cleveland Convention

(Continued from Page 1)

tea for visiting women, amusement for children, many class and school reunions and a host of other things too numerous to mention.

The serious part of the Convention, the program, is to be an Osteopathic post-graduate course of the highest order. Particular emphasis is to be placed on the diagnosis of the lesion. On Thursday night the Chicago "Flying Circus" technicians will put on a full evening of specific technique which you can't afford to miss. All fields of practice will be covered from the simplest problems of the general practitioner to the most complex problems of the specialist. Diagnosis, obstetrics, practice of Osteopathy, athletics, acute diseases, care of feet, surgery, eye, ear, nose, and throat, gynecology, proctology, anything and everything you want.

For program information—write to Dr. Wallace M. Pearson. Do not miss—

1935 IN CLEVELAND!



# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President.....C. W. Johnson

Faculty Advisor, H. V. Halladay

Editor.....J. Robert Forbes

Osteopathy Without Limitation

## The Osteopathic Concept

Dr. George J. Conley, President of the American Osteopathic Association, recently spoke to us. In his address he repeatedly referred to Osteopathic concepts and how they have been verified time and time again in practice.

Dr. J. P. Schwartz, Dean of Still College, recently reaffirmed, while speaking on the radio and publicly in southern Iowa, the postulate of Dr. Still's, that "the human body contains within itself all substances necessary for the maintenance of health."

These men, two of the greatest surgeons in the profession, have every opportunity to put Osteopathy to the acid test and they have not found it wanting. They have found that it is indispensable in their surgical practice and that its capabilities have not yet been plumbed to the bottom. Day by day we see this great therapeutic system we call "Osteopathy" unfold itself and disclose greater capabilities.

Will Osteopathy continue to so unfold itself? Will it continue to rise to greater heights in the alleviation of human suffering? Of Course? Yes, IF we take care to see that its perpetuation is assured, and we can do that by seeing to it that our schools are supplied with students in whose hands the future of our profession will be in good keeping.

Still College is ever improving its equipment and instruction to keep pace with all modern developments. It offers to students the ultimate in Osteopathic education, unsurpassed clinics, excellent hospital facilities, modern fire-proof building and a faculty presenting the best in didactic and practical instruction. Your prospective students will thank you for sending them to Still.

## Faculty Meetings

(Continued from Page 1)

must have a thorough knowledge of his apparatus and also a complete understanding of the pathology of the patient. We expect to hear more of this work later on.

The final faculty meeting for the year will be held the evening of May seventh. Dr. J. P. Schwartz, Dean of the Faculty, is to be congratulated for the fine programs he has planned and the faculty commended for the excellence of the papers offered.

## The IOWA OSTEOPATHIC PRACTICE ACT

(Sections 2 and 3 have been omitted due to lack of space. They are merely explanatory and not vital to ordinary understanding of the law.—Editor.)

### House File 174—A BILL FOR

An act to repeal the law as it now appears in chapter one hundred eighteen (118), Code, 1931, and to enact a substitute therefor regulating the practice of Osteopathy and Osteopathy and Surgery.

BE IT ENACTED by the General Assembly of the State of Iowa: That, the law as it appears in chapter one hundred eighteen, (118), Code, 1931, be repealed and the following sections be enacted in lieu thereof and as a substitute therefor:

SECTION 1. For the purpose of this code the following definitions are enacted:

(a)—Osteopathy is that school of healing arts which teaches and practices scientific methods and modalities used in the prevention and treatment of human diseases, but whose basic concept, in contrast with all other schools, places paramount emphasis upon the normality of blood circulation and all other body functions as a necessary prerequisite to health and holds that such normality is more certain of achievement by and through manual stimulation or inhibition of the nerve mechanism controlling such functions, or by the correction of anatomical maladjustments.

(b)—Osteopathic practice is that method of rehabilitating, restoring and maintaining body functions by and through manual stimulation or inhibition of nerve mechanism controlling such body functions, or by the correction of anatomical maladjustment, and/or by other therapeutic agents, methods and modalities used supplementary thereto; but such supplementary agents, methods or modalities shall be used only preliminary to, preparatory to and/or in conjunction with such manual treatment. Such Osteopathic practice is hereby declared not to be the practice of medicine within the meaning of chapter one hundred sixteen (116), subject to the provision of said chapter.

\* \* \* \* \*

SECTION 4. Every applicant for a license to practice Osteopathy shall:

1.—Present to the Osteopathic examiners of Iowa satisfactory evidence that he has a preliminary education equal at least to the requirements for graduation from an accredited high school or other secondary school of equal or greater standards, and that prior to his matriculation in an Osteopathic college he has also completed two years of college or university study consisting of at least sixty (60) semester hours of collegiate work in an accredited college or university, during which college or university course he has had at least twelve (12) semester hours of chemistry, eight (8) semester hours of physics, eight (8) semester hours of biology, six (6) semester hours of English, twelve (12) semester hours of non-science subjects; provided, however, that this two years of collegiate pre-Osteopathic work shall not be required of any applicant who has matriculated in an accredited college of Osteopathy prior to March 1, 1935.

2.—Present a diploma issued by an accredited college of Osteopathy approved by the Osteopathic examiners of Iowa.

3.—Pass an examination in the science of Osteopathy as hereinafter defined and in the practice of the same, including minor surgery, as prescribed by the Osteopathic examiners of Iowa.

SECTION 5. In addition to all the requirements of the preceding sections, every applicant for a license to practice Osteopathy and Surgery shall:

1.—Present satisfactory evidence that he has completed either:

(a)—A two year post-graduate course, of nine months each, in an accredited college of Osteopathy approved by the Osteopathic examiners of Iowa, involving a thorough and intensive study of the subject of Surgery as prescribed by such Osteopathic examiners, or

(b)—A one year post-graduate course of nine months, as prescribed in the preceding paragraph, and, in addition thereto, has completed a one year course of training as a surgical assistant in a hospital having at least twenty-five (25) beds for patients and equipped for doing major surgical work.

2.—Pass an examination as prescribed by the Osteopathic examiners in the subject of Surgery, which shall be of such character as to thoroughly test the qualifications of the applicant as a practitioner of major surgery.

SECTION 6. No college of Osteopathy shall be approved by the Osteopathic examiners as an accredited college of recognized standing unless it has in all respects met the standards fixed and required by the bureau of professional education of the American Osteopathic Association, and which requires completion of a scientific course of professional study, including all of the basic subjects and courses then being taught generally in approved medical schools, and covering a period of not less than four full school years of nine months each, in actual resident attendance. Such professional courses shall require a specific and published schedule

(Continued on Page 4)

## Convocation, April 5

With Dr. Halladay back on the director's stand the orchestra opened the program with two selections, "I Believe In Miracles" and "Take A Number From One to Ten."

Dr. Halladay, who had just returned from accompanying the local American Institute of Business Girls Basketball Team to the National Tournament at Wichita, told of his experiences with that team.

Virge stated that he went for a vacation thinking that he would take care of but one team but, as soon as the presence of an Osteopathic physician was learned, he was worked night and day caring for injuries of all sorts. The tourney opened on Monday, so Sunday night the ten girls on the team received thorough general treatments. After the opening games Virge's office, which was set up in a hotel room, was the busiest place in the city. Each night he was treating bruises and lacerations, taping sprained ankles, working out charley horses, etc., until way past midnight.

"At the Forum," said Virge, "there was an M. D., internes, trained nurses and a fully equipped hospital room at the service of the teams participating in play. But after Monday night the 'Osteopath' had three calls to one for the official group. These teams were looking for Osteopathy, not medicine, to keep them in the fierce play of the tournament games.

"During the week I treated four out of the eight officials, several trainers and members of almost every team present.

"To show what Osteopathy will do in athletics take the case of Sunny Dunlap, star of the champion Tulsa team. In the semi-final game Sunny was terribly bruised until she was carried from the floor. Her coach took her from the hospital room and turned her over to me. She was bruised from head to foot and utterly exhausted. That night she was treated and put to bed. The next morning she was treated again, watched through the day and that night played the championship game and was the star."

One night during the week Dr. Wallace, of the Southwestern Osteopathic Sanitarium, had an Osteopathic dinner in Dr. Halladay's honor and Virge also was a guest at a noon luncheon of the Wichita Lions Club.

From his study of girls' basketball Virge concludes that they play just as hard and fierce as do boys. He noticed that, although girls expend their energy more quickly than men, they recuperate much faster, recover from serious injury in less time and are able to return to play after an injury that would keep a man athlete on the sidelines for a longer time.

The assembly closed with "Alexander's Rag-Time Band," Irving Berlin's first great hit.

## Convocation, March 22

The orchestra must have had a heavy rehearsal, as it played three numbers to open the program instead of the customary one. The first two were "Believe It Beloved," and "The Desert Song." For the third song Virge abandoned his baton, seated himself at the piano and played the "hot" piano part to the perennial favorite, "Bye Bye Blues."

Dr. Johnson discussed Basic Science legislation. He said: "There is no reason why Osteopathy should oppose Basic Science Laws if they are administered fairly. The fundamentals must be the same for all schools of therapy. The only objection to it, if it is fairly and impartially carried out, is that it adds extra expense and time to the student or graduate when he is least able to afford it. Examination in the Basic subjects should be insisted upon by law but, to save time and expense, the examination could be adequately handled by the regular examining boards."

Verne Wilson tendered the appreciation of Sigma Sigma Phi to those who supported the Spring Dance. He further announced that, after Kittenball, the fraternity would sponsor no more contests or activities unless the student body gave assurance that it would support same more liberally in the future.

The chaser was "Two Cigarettes in the Dark."

## Convocation, March 29

Standing upon the director's platform, wielding Virge's hallowed baton was the Adonis of the Senior Class, Bennie "Charlie Agnew" Devine. As a pinch-hitting orchestra director Bennie hit a home run (must have been eating Wheaties). "The Man from Harlem" was the opening pibroch he so ably conducted, the feature of which was a vocal (?) refrain by the oscillating drummer, Mark Gerlach.

Dr. Johnson introduced the Rev. Smith, Chaplain of the Iowa Methodist Hospital. Rev. Smith proved to be a most entertaining speaker. "Selfishness and greed for personal advancement," he said, "are rife in the world. Crime is paying well; it is too scientific; we deal too kindly with criminals. We should be just to law-breakers but we must stop petting and coddling them."

"If a thing is of God it will stand," he continued, "if not, it will fall. The Bible is the only social doctor book in the world but it must be liberalized in its interpretation to be effective. We should liberalize everything possible—other's thoughts are just as valuable as ours."

"Protecting the average man's future is the task of today. It can be done by first creating the thought of brotherly love and kindness; second, enlarging, elevating and expanding the

## The Iowa Osteopathic Practice Act

(Continued from Page 3)

of study and clinical practice for the entire school period, and this schedule shall include the study of:

1.—Such basic and fundamental subjects are: (1) Anatomy, (a) regional, (b) dissection, (c) applied, (d) surgical and (e) microscopic; (2) Histology; (3) Physiology; (4) Pathology; (5) Diagnosis, (a) physical, (b) differential, and (c) laboratory; (6) Chemistry, including biochemistry and toxicology; (7) Pharmacodynamics; (8) Bacteriology;

2.—(9) Surgery, (a) major, (b) minor, (c) official, and (d) orthopedic;

3.—(10) Principles of Osteopathy and (11) Comparative Therapeutics;

4.—(12) Practice of Osteopathy as applied to the diagnosis and treatment of human diseases, including (13) Clinical Practice; (14) Neurology and Psychiatry; (15) Obstetrics; (16) Pediatrics; (17) Eye, Ear, Nose and Throat; (18) Urology; (19) Gynecology; (20) Proctology; (21) Dietetics; (22) X-Ray, both diagnostic and therapeutic; (23) Hygiene; (24) Dermatology; (25) Syphilology and (26) Jurisprudence.

5.—Supplemental therapeutics, including such subjects as (27) Hydrotherapy; (28) Electro-therapy; (29) Drug-therapy; (30) Biological-therapy and (31) Psycho-therapy.

SECTION 7. One licensed as an Osteopathic physician may practice Osteopathy as defined in section one (1) hereof, including obstetrics and minor surgery. One specially licensed as an Osteopathic physician and surgeon under section five (5) hereof may also practice major surgery. Neither Osteopathic physicians nor Osteopathic physicians and surgeons licensed under this chapter shall be subject to the provisions of chapter 116, Code of Iowa, 1931.

SECTION 8. A license to practice Osteopathy or Osteopathy and Surgery shall not authorize the licensee to prescribe or give internal curative medicine, and a license to practice Osteopathy shall not authorize the licensee to engage in major operative surgery. The words "internal curative medicine," so used herein, shall be so construed as not to include antidotes, biologics, drugs necessary to the practice of minor surgery and obstetrics, or to the simpler remedies commonly given for temporary relief.

SECTION 9. The board of supervisors of any county may enter into contract with one licensed hereunder for the care and treatment of its indigent sick.

SECTION 10. One licensed hereunder shall have the right to examine applicants, recommend admissions and make reports in connection with the admission of patients to all state-owned institutions.

### Notice To Prospective Students

The laws of 37 states call for a High School diploma as a prerequisite for entrance into a college of Osteopathy. **Still College will continue to register students who may wish to practice in any of these 37 states, upon presentation of a High School diploma or the equivalent thereof.** Any High School graduate, no matter what state may be his present residence, may enter Still College this September and be eligible, upon graduation, to practice in any of the great group of states listed below in the last paragraph.

Any prospective student intending to eventually practice in Cal., Conn., N. Y., or Pa., must have had **One Year** of pre-Osteopathic college work. Prospective students wishing to practice in the District of Columbia, Idaho, Ind., Iowa, Ky., Miss., New Hamp., or Va., must have had **Two Years** pre-Osteopathic college work before matriculation in an Osteopathic College.

High School graduates who are interested in Osteopathy as a career are urged to enter Still College this September. They will find excellent opportunities awaiting them in the following states: Ala., Ariz., Ark., Colo., Del., Fla., Geor., Ill., Kan., La., Maine, Md., Mass., Mich., Minn., Mo., Mont., Neb., Nev., N. J., N. Mex., N. Car., N. Dak., Ohio, Okla., Ore., R. I., So. Car., So. Dak., Tenn., Texas, Utah, Vermont, Wash., W. Va., Wisc., and Wyo.

For full information relative to state requirements address:

DES MOINES STILL COLLEGE OF OSTEOPATHY,  
722 Sixth Avenue—Des Moines, Iowa.

whole human race, and third, working for charity and fairness to all men. Christ was a Socialist in this sense; he looked toward a regeneration of the entire world along these lines of brotherly love, kindness and help to those in need. This is the type of Socialism we need. Stand on the side of right to humanity, your country and yourself."

This message was most worth while and we trust Rev. Smith will visit us again in the not too distant future.

Maestro Devine led his musicians through the insidious flats, over the monticolous sharps and past the barriers of cadenzas, D. S's. and Codas of "You're In My Power," which, he said, was dedicated to Osteopathy and played like a bunch of Senators! The Thespian Gerlach, in costume, Boris Karloffed the refrain. Musicians, vocalist and director all ended together and a pandemonium of applause compensated for their efforts.

## I. O. A. Bulletin

### Membership

Many thanks to all that have assisted in making this a most successful membership campaign. The present state membership now totals 177, which is an increase of 56 in number, or 46% over last year. A directory is now being prepared and will be printed in connection with the programs of the state convention.

Only one other year had a better membership record. This was in 1931 when the total was 187. There is still time for the all-time record to be broken, and it will take but eleven more names.

Seven have sent in dues during the past month: Faye C. Kimberly and J. L. Schwartz of Des Moines; Leo Strumer, Shendoah; S. B. Miller, Cedar Rapids; W. C. Miller, College Springs; W. A. McVane of Dyersville; and B. L. Cash of Des Moines.

Thanks again for your loyal support.

—S. A. Helebrant, D. O.

All thoughts are now lending themselves to the annual convention at Hotel Savery III, Des Moines, May 2 and 3. Space forbids that we go into detail but the printed program will reach you within the near future.

Dr. Conley, AOA President, will talk to the Auxiliary at one luncheon and the husbands have been extended a welcome to sit in and listen. He will also be on the air over WHO, but we have been unable at this writing to get the exact hour.

Dr. Schwartz on Fractures; Conley on Obstetrics; the Chicago Technique Team, and Dr. Hurlburt of the AOA, all have vital messages. Registration fee for members is two dollars and for non-members, five dollars, which in both instances include the banquet. Dr. Clow will be toastmaster.

The annual business meeting should receive the attention of all members. Amendments and revisions of the Articles of Incorporation and By-Laws have been in your hands for at least thirty days. We trust you have studied them and will be on hand to take an active part.

—Paul O. French, D. O.,  
Secretary-Treas.

### Welcome to Hotel Savery III

Hotel Savery III extends a very genuine welcome to all attending the Convention of the Iowa Society of Osteopathic Physicians and Surgeons in Des Moines this year. The hotel has been almost completely redecorated, very largely refurnished and many improvements have been made so that the finest accommodations available will be ready for you.

—David Olmsted, Mgr.

Entered as second class matter, February 3rd, 1923 at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

# THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 12

MAY 15, 1936

Number 4

## Seniors Hold the Spotlight

May 29 will see another class graduated from D. M. S. C. O. Between now and that date these seniors will find their time amply filled with various functions and activities, not to mention squeezing in a bit of study for state boards.

Fraternity banquets and the class picnic will be held the week before graduation. The last battle on the diamond between Bennie Devine's Mudcats and Dr. Facto's All-Stars will be played, probably at the senior picnic. Dr. Facto promises revenge for last year's defeat.

The eagerly awaited Class Day program will be held on May 24, the school banquet on May 28, and the night of nights, Commencement, on May 29, at Hoyt-Sherman Place.

Many members of this class are as yet undecided as to their place of practice but the majority have a definite state in mind. The class roster:

Detroit Osteopathic Hospital will be the address for a year of Edward Lodish, W. C. Andreen, Harry Ekelman, and John Secor. J. F. Bumpus will intern at the Rocky Mountain Osteopathic Hospital, Denver. T. C. Hobbs will spend the next year in the Massachusetts Osteopathic Hospital, Boston.

Iowa will, at least for a time, be the residence of Bruce Farmer, J. R. Forbes, Bennie Devine, (Continued on Page 2)

## Iowa Convention Attracts Many

A large registration at the 1935 convention of the Iowa Society of Osteopathic Physicians and Surgeons presages great things ahead for Osteopathy. The meeting was a success from every standpoint and all attending returned home with new enthusiasm.

Dr. Geo. J. Conley, President, and Dr. Ray G. Hulburt, Editor, of the A. O. A., appeared on the program. To pick out the outstanding papers read would be an almost impossible task, as every one would come under that classification.

The Senior Class of Still College was the guest of the State Association and the class members took advantage of this courtesy by attending all professional meetings.

Further details will be found in the I. O. A. Bulletin on page four.

## Halladay Speaks At New England Convention

Dr. H. V. Halladay returned May 6th from the recent meeting in Boston, Mass., it being the 31st annual meeting of the New England Osteopathic Association. According to reports it was the largest attendance recorded in the history of the Association and Dr. Halladay adds that it was one of the most enthusiastic groups he has had the pleasure of talking to. Providence, R. I. was selected by the group as the place of meeting for next year.

## The Obstetrical Clinic

Although the statistics for the school year are not compiled until June first, those in the O. B. department have been checking over records and data in anticipation of the year's report. The editor happened to glance at these fragmentary figures and was not only astonished but impressed with the magnitude of this activity of our college.

From June 1, 1934 to May 1, 1935, with another whole month to go before final reports, Still College students delivered 373 obstetrical cases! These cases were handled by the students themselves, under direct supervision of a department physician and the great majority were delivered in the home, many times under the most adverse circumstances.

Notwithstanding the conditions under which the students labor, the clinic, year in and year out, establishes records of low mortality and complications not bettered by other clinics which have available hospital facilities and supplies. While these statistics are not complete, the editor noticed in going over a group of case histories, that the following unusual cases have been handled in the past eleven months:

One hydrocephalus which could be delivered only after a craniotomy.

One spina bifida which lived eight days.

One case each of ruptured uterus, puerperal infection and shock.

Statistics as to the number of podalic versions, forceps deliveries, twins, etc., are not available at this time. The complete report will be given in June or July and will be well worth watching for.

The experience to be secured (Continued on Page 2)

## Dr. Clybourne to Head Foot Section

Dr. Harold E. Clybourne, '23, of Columbus, Ohio, will be active in the foot section at the Cleveland Convention next July. His program will include an address on "Tailor's Bunions," explanations of movies of bunion operations and dissection of the legs in the foot division, and he will also speak on foot conditions before the general group and the physio-therapy section. In addition, Dr. Clybourne is an associate member of the Cleveland Convention Committee which is making all arrangements for the meeting.

While a student at Still College Dr. Clybourne managed the college book store and took an active part in athletic and Y. M. C. A. work. Following his graduation he located in Columbus and has maintained practice there continuously since. He has attained national reputation in athletic work as trainer for the Columbus "Red Birds" of the American Association.

## Dr. Halladay Goes to Albany, Mo.

The Northwest Missouri Osteopathic Association, meeting in Albany, April 11th, had as the principal speaker of the evening, Dr. H. V. Halladay of Des Moines. Under the leadership of Dr. C. I. Pray the group held a dinner at the Albany Hotel, which was followed by Dr. Halladay's talk, which he demonstrated on one of his prepared specimens. About 40 attended.

## Dr. Bachman Resumes Classes

After an enforced idleness of some two and a half months due to injuries received in an automobile accident, Dr. Robert B. Bachman, head of the department of obstetrics, has resumed his duties at the college. We are glad to welcome him and rejoice in his recovery.

## Dr. Sproul to London

Dr. H. H. Sproul, Jan. '35, has received an appointment to the Docker House Clinic, Dorset Square, London, England. British Osteopathy is fortunate in having Dr. Sproul join it and we extend every wish for success to both he and the clinic.

## The General Clinic

The Still College General Clinic has, the past year, gone way past previous years in the number of cases examined and treated. The growth of this clinic has been remarkable and it aptly demonstrates the efficacy of Osteopathic therapeutics.

From May 1st, 1934, to May 1st, 1935, there were 1,150 patients registered in this clinic alone! This does not include those registered in obstetrical or any other special clinic. There have been over 30,000 treatments given by students during this period to these patients! The minimum requirements in general clinic for graduation is 600 treatments but many students graduate with credit for 800 or more. So abundant is our clinical material here at Still that our students are limited only by their own ambitions—the college can furnish all the patients any one can handle. This is the experience that allows this college to graduate trained physicians.

In the athletic clinic approximately 6,000 treatments have been given, including taping, heat therapy, dislocations, muscle injuries, sprains, contusions, etc. The opportunity for actual experience is also unlimited for those interested in this type of work.

We suggest you watch future issues for detailed reports on clinical work—they will amaze you. We do not believe that any other college of therapeutics offers more comprehensive facilities for actual clinical and bedside experience than Still. This should be kept in mind when choosing or recommending an Osteopathic college.

## Locations

### Baird

Dr. Edmund C. Baird, Jan. '35, announces the opening of his offices at Quinton, Oklahoma. Dr. Baird has taken over the practice of Dr. C. W. Mehegan.

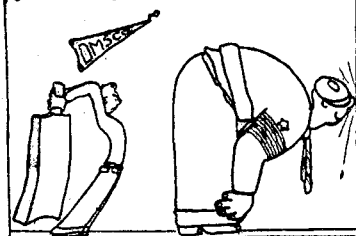
### Fagen

Dr. Lester P. Fagen, January, '35, announces the opening of his office at 2729 Beaver Ave., Des Moines, Iowa.

### Perdue

Dr. Raymond P. Perdue, Jan. '35, announces the opening of his offices at 1520 N. Saginaw St., Flint, Michigan. Along with his practice he will assist Dr. A. J. Still in his hospital and will be in charge of the hospital laboratory.

# FRATERNITY NOTES



## ATLAS CLUB

(Wm. Costello)

In a few short weeks the school year will come to a close and the summer months will find us scattered to our respective home lands. Most of us will meet again next year but I am sure we will miss those dignified seniors who will leave our fold and venture forth into the field as full-fledged doctors. The class is a large one and has contributed steadily throughout the four years to the advancement of Xipoid Chapter. So it is with mixed feelings of joy and regret that we see the following brothers depart: Tiny Andreen, Bob Forbes, Frank Bumpus, Bill Hall, Don Ashmore, Ralph Morehouse, Glenn Bigsby, Ed Lodish, Harry Barquist, Bruce Farmer, and John Secor. Congratulations, brothers, and may success follow you where ever you may go!

The baseball team seems to be slipping—maybe it is because the boys are stale from too much practice. At any rate, the present standing shows three wins and one defeat.

Ed Hensel is recovering from a tonsillectomy. He visited the hospital in the company of one B. Schiffer, who wondered why his nose wasn't straight—Brent must have neglected to duck once.

The embryonic physicians are getting quite a workout these days on the persons of those would-be athletes who indulge in tennis and golf. From all appearances it seems as though Osteopaths are in favor of keeping everyone else in perfect condition except themselves.

We were pleased to have Dr. A. L. Lundgren of Ft. Dodge, Iowa, visit us for a short time during the state convention. Come again, doctor. The chapter extends a cordial invitation to any and all alumni who may be visiting the city, to make the house their headquarters.

Monday, April 29, we were pleased to have as our guest Mr. Henry Sampson, local attorney, who gave us a splendid talk on the legal aspect of practice. His remarks were interesting and informative and were enjoyed by all.

WIGITS — Beamer seems to have purchased a zebra, at least that seems to be the impression of several who have seen his new (?) struggle buggy . . . those individuals who go canoeing . . . two men with ruptures . . . chain letters (10c to \$1) . . . Jones wants a treatment . . . Evans out again . . . "Lefty" Sim-

mons . . . sleeping on davenport . . . the army boys . . . so long.

## IOTA TAU SIGMA

Copy from Iota Tau Sigma was not available at time of going to press. The notes will appear in the June issue.

## PHI SIGMA GAMMA

(J. J. Herrin)

Guests of honor at a stag dinner Saturday evening, May 18, will be George Folkman, Wayne Enderby, William Rees, and Dexter Rice, graduating members of Delta Chapter. Dr. C. W. Johnson will be the speaker and we feel sure that his message will be of interest, not only to the seniors, but to other members as well.

Following the dinner we will hold our annual Senior Dance at the chapter house. Music will be furnished by Orville Foster's orchestra, commencing at 9:30. Fraternity colors of Blue and White will be the decorative theme. Guests will include faculty members and P. S. G. alumni. In charge of arrangements are J. Herrin, R. Hoefer, and J. O'Berski.

Dr. H. H. Brinkman, Omaha, Nebr., was a house guest during the recent state convention.

Election of officers was held at the regular meeting May 6. The following will hold office next semester: President, Robert Hoefer; Vice-President, Walter Irvin; Secretary, John Herrin; Treasurer, Joe Bartram; Sub-Treasurer, Joe Peterson; Pledgemaster, William Moore; Sergeant-at-Arms, Jerry O'Berski.

Brother Hoefer recently received word from Dr. H. H. Sproul that he has been appointed to Docker House Clinic, Dorset Square, London, England. Drop us a line, Hud, and tell us all about it.

Under the able direction of Pledgemaster Miller, Hell Week was held the week-end of May 3. Ideal weather permitted the candidates to spend a lot of time in the early morning air, which we know that they enjoyed, and we feel sure they are better acquainted with the city of Des Moines, and the solid part of the paddles, than heretofore.

Robert Lindquist, Des Moines, is a recent pledge to Phi Sigma Gamma.

With the semester rapidly drawing to a close the conversation around the house is all of summer plans. Several of the boys plan to remain for clinic work, with only a short time off in which to rest up for next fall. Others are awaiting the finish of examinations so that they may leave for home and their best girls. And so—until next semester—I'll wish you all a happy summer vacation.

## DELTA OMEGA

(Burnie Moeller)

The girls have been rather active this semester although you may not have heard much about

it. We have been attending banquets, parties, dances, pot-luck suppers and bridge tournaments which we have enjoyed to the fullest extent; especially the pot-luck suppers.

Dr. Mary Golden invited us to the Business and Professional Women's Club dinner at Youngers Tearoom; the Phi Sigma Gammass invited us several times to their Monday work night meetings, and the Non-Frats allowed us to play in the bridge tournament with them.

You surely have noticed the new gold and green pins that several of the Freshman women are wearing. They are the result of mysterious proceedings that started in February when Mrs. Ruth Paul, Mrs. Anna Slocum, and Burnie Moeller were given pledge pins and ascribed pledge duties at a meeting of the alumni and actives of Delta Omega.

On April 30 at Dr. Rachel Woods' home the pledges were formally initiated into the sorority and an election of officers was held. Mrs. Paul was elected president; Burnie Moeller, secretary; and Helen Butcher, treasurer.

We are sorry to part with one of our active members, Lillian Peterson, who gets her degree in just a few weeks, but we are happy to wish her success in her work. Ruth Paul is giving a farewell breakfast in her honor on the 18th.

Are you all going to the convention in Cleveland? Dr. Rachel Woods is our official representative to the convention, and the rest of us are hoping that we will get there.

We haven't welcomed the new Freshman girls officially, but we have enjoyed having them with us and we hope they will be back with us next fall for they are included in our plans for a bridge tournament, ping-pong tournament, and a fireside dance.

## Students Invited to the Cleveland Convention

The 1935 Convention of the A. O. A. in Cleveland, July 22 to 27, is welcoming student attendance and the committee is making special plans for entertainment and accommodations for student groups. Costs incident to the convention will be as low as possible, the regular registration fee of \$5.00 has been cut to \$2.50 for all students and 1935 graduates, hotel rates are obtainable as low as 75c per night or \$4.50 per week and most of the fraternity banquets are made free to actives by the alumni. It will be possible to attend the convention for \$7.00 plus meals and have a good room convenient to the convention hall.

The convention will give the student a glimpse of what the Osteopathic profession as a whole is doing. He gets a chance to rub shoulders with students from other schools and with successful Osteopathic physicians

from all over the world, a program of therapeutic and diagnostic measures being used in practice is offered and is a complete post-graduate course that will correlate beautifully with work at school.

Social opportunities are unlimited. As part of the program there will be a trip to Cedar Point, the world's finest fresh water beach, where a boat trip, banquet and dance will be enjoyed. On Monday night the President's Ball and on Tuesday the fraternity and non-fraternity banquets.

We recommend for students the Y.M.C.A. (for men) at 75c per night single, community bath, or \$1.25 with connecting bath between rooms. The Y. W. C. A. (for women) at \$1.00 per night, \$6.00 per week, community bath, or \$7.00 to \$8.00 per week with connecting bath. Hotels from \$1.00 up are available.

For reservations and information write Dr. U. A. Charbonneau, 1005 Guardian Bank Bldg. Cleveland, Ohio.

—D. V. Hampton.

## Seniors Hold the Spotlight

(Continued from Page 1)

Clifford Worster, Lillian Peterson, Jack Berck, Francis Thompson, Edward Leininger, Harry Barquist, Wm. Aspengren, Joe Wolochek, Larry Theberge, Carl Johnson, Wayne Enderby, and Dexter Rice.

Glenn Bigsby, Donald Ashmore, and Lester Barry prefer Nebraska.

Minnesota looks good to Clair Means and Robert Tessian.

Wm. Rankin and Wm. Rees look favorably on Pennsylvania.

George Folkman is thinking about the Lone Star State, Paul Isaacson faces West to Colorado, J. M. Zimmerman will return to his native Ohio, Ronald Wilborn and Oscar Jungman will head back to South Dakota, Robert Haas to Oklahoma, Gordon Douglas, way down East to Massachusetts, and Ralph Morehouse to Michigan.

The remaining haven't made any decision yet: C. B. Potter will head South and Wm. F. Hall will probably go to Tennessee.

Graduation activities will be reported in the June Log Book.

## The Obstetrical Clinic

(Continued from Page 1)

In this huge clinic is unlimited. We do not believe that there is a similar clinic in the United States offering the student any such a complete and thorough obstetrical experience as he will find at Still. It is not uncommon for a senior at this college to deliver or assist twenty-five or more cases. Think of this opportunity when choosing an Osteopathic college.



# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President.....C. W. Johnson

Faculty Advisor, H. V. Halladay

Editor.....J. Robert Forbes

Osteopathy Without Limitation

## Adios!

With this issue the present editor wipes dry his pen, closes his desk and steps down from his duties. It has been, for the most part, a most enjoyable undertaking, as journalism is a real hobby and there is a certain thrill in seeing one's thoughts take form in type.

The retiring editor does not know what the future of the Log Book may be as a new editor has not yet been appointed. He hopes, however, that the paper will have a new birth, that it will be materially changed in many respects and will assume a place of far greater import in the field of Osteopathic publications that it now does or ever has. No one realizes better than he the shortcomings of the sheet and his experiences have led him to the conclusion that the system of student editors heretofore in vogue is one that cannot successfully carry on the paper to its greater service and value. The student does not have the proper insight into the workings of the school or profession. He does not command the attention or co-operation of the faculty or field men and he is, of necessity perhaps, advised by so many persons with divergent views that he finds himself constantly in a quandry.

The retiring editor has attempted to correct some of the things he considered detrimental to the Log Book, such as abolishing the column of would-be humor known as "Around Our Merry Campus" and the omission of pages of State Board Questions which are of no interest to prospects or practicing physicians. He trusts these efforts have been appreciated.

The editor hopes that those who have written critically to him will feel that he has diligently attempted to make each issue the best he possibly could with the material, etc., available. To those who have written words of praise or appreciation he extends his heartfelt gratitude. To all who receive the paper he extends his best wishes and thanks for reading his columns.

Adios—(J. Robert Forbes.)

## Marriage Galbreath-Lang

Miss Ruth M. Galbreath was married to Dr. Ralph R. Lang, '30, at Dayton, Ohio, on April 14. Dr. and Mrs. Lang will reside in Columbus, Ohio, where the doctor has been practicing since his graduation.

## Convocation, April 26

Following "Anything Goes," rendered with aplomb by the musicians, Dr. Halladay announced that the girls from the A. I. B. would be with us to sing a few of the tunes popular for the moment. Pending their arrival the maestro conducted a rehearsal in which the tune-twisters divested themselves of "Take A Number From One to Ten," and "I Believe in Miracles."

The girls not having yet answered roll call, Virge called upon Dr. C. W. Johnson to fill in for a few moments. Our President responded with a discussion of the new entrance requirements. He called attention to the fact that 37 states yet require but high school preparation for matriculation in Osteopathic colleges and licensure in those states following graduation. He emphasized the fact that the new Iowa requirements apply only to those matriculating who may desire to remain in this state and that it does not apply to the school or the requirements of any other state.

Still no girls. With everything at a standstill word came that illness had descended into the chorines midst and the performance could not go on. The student body greeted this announcement with keen disappointment as these girls always provide a good recital of songs.

The chaser was "Two Cigarettes in the Dark."

## Convocation, May 10

"Stars Fell On Alabama" was the prelude.

Dr. Halladay introduced Father Ford, of the Des Moines Catholic Academy and Mercy Hospital, who spoke to us on the subject "Duties of the Physician in the Catholic Home." We feel that this information was valuable enough to warrant a separate article, and Father Ford's remarks will be found elsewhere in this issue.

After a rendition of "Isle of Capri" Virge introduced Dr. C. W. Johnson, who in turn introduced Dr. A. D. Becker, past president of the A. O. A. and a member of the faculty at Kirksville. Dr. Becker graduated from Still College in 1903 and has since taken his place as one of the foremost leaders of Osteopathic thought.

"A stream rises no higher than its source," said Dr. Becker, "and your clientele will be no better than you are. Always try Osteopathy first and think Osteopathy first."

"A study of the pathology associated with Osteopathic lesions, remote and local, impresses one with the scientific truth of the concept. Twenty-five years before laboratory experiments proved that Osteopathic lesions produced a relative acidosis at the point of lesion, Dr. Still said, 'here at the point of lesion the blood sours.' The

nerves most affected by these lesions are the post-ganglionic fibers which have no myelin sheathes, the effects being noticed mainly in the viscera.

"Taking all things and all methods of therapy into consideration and admitting their values, we still have in Osteopathic therapy 80 per cent of all therapeutic value at our finger tips."

Dr. Becker's remarks were inspiring and we shall eagerly await his return to Still.

The postlude was "Blue Prelude."

## The Doctor in the Catholic Home

Following are excerpts from a discourse on "The Duties of the Physician in the Catholic Home," delivered at Convocation, May 10, by Father Ford of the Des Moines Catholic Academy:

"There are seven sacraments in the Catholic faith, two of which the physician should be familiar with, those of Baptism at birth and Extreme Unction at any illness of a serious nature.

"Extreme Unction is to be given whenever life is in danger, not just when death is imminent. A priest should be called for any Catholic who is seriously ill so that the sacrament can be administered while the patient is in his right mind and before opiates are given. The doctor should be cautioned against delaying this call; many Catholics have had this sacrament several times for various illness from which they later recovered. The Church believes that, to receive full benefit of Unction the recipient cannot be delirious, comatous, or under the influence of opiates.

"In cases of sudden death, accidental or otherwise, a priest should be called as soon as possible.

"The Catholic Church believes that all humans must be baptised to partake of the Kingdom of Heaven. In obstetrics if the physician feels the child is in danger he should call a priest. When a priest cannot be secured the doctor or nurse may baptise the infant as follows: while allowing holy water to flow on the child utter the words 'I baptise thee in the name of the Father, the Son and the Holy Ghost, Amen.' When the child might be born dead it may be conditionally baptised upon the first part of its anatomy available before the birth is continued. Should it subsequently survive, it should be re-baptised.

"It does not matter what belief the physician may hold, his duty is to his patient. If the patient is a Catholic his creed should be respected and he should be allowed the solace of his faith at all times."

The disadvantage of practicing what you preach is that you have to put in so much overtime.

## Osteopathy at San Diego Exposition

A most elaborate Osteopathic exhibit will be seen at the California Pacific International Exposition in San Diego, Cal., May 29 to November 11. The exposition will promote a new realization of culture, beauty, science, history and the arts; the past will be portrayed and the future envisioned. It is promised that the grounds will be a Garden of Eden and that beauty hitherto unsurpassed will be in profusion.

The Osteopathic exhibit will occupy a prominent place in the Hall of Science in a space 16 by 16 feet. Principles of visual education will be adopted, Osteopathic concepts and truths will be emphasized, and special efforts will be made to correct popular misconceptions about our science. An automatic stereopticon will continuously project slides showing our colleges, hospitals, X-Ray films and other subjects. A uniformed nurse will be in the booth to contribute to the professional atmosphere.

Expenses are being defrayed by popular subscriptions, the Los Angeles College and the California Society already having accepted a great share of the burden. Those desiring to help may send checks to the California Osteopathic Association, 799 Kensington Road, Los Angeles.

If you are in California this summer don't forget to see the Exposition.

## Heredity

By O. E. OWEN, B. S., M. A.  
Prof. of Embryology and Biology

The study of heredity and variation has gained considerable impetus during the past decade, opening up new fields of research in both biology and medicine. Heredity deals with the resemblance of successive generations of individuals, conditioned by the transmission of genes during development, while variation is concerned with the lack of resemblance between individuals of a species which may or may not be heritable.

The early work on heredity by Galton was of a statistical nature. He formulated generalizations which were true for a large group but for no particular individual.

### Experimentation

The Method of Experimental Breeding, first developed by Mendel, has now largely supplanted the previous approach, since it makes possible the accumulation of data on the process of heredity in all individuals produced from generation to generation. Breeding experiments prove that hereditary determiners of characters are NOT ALTERED by association with other hereditary determiners of characters. This is true because they are not altered, but retain their unmodified independence—segregation and recombining

(Continued on Page 4)



## I. O. A. Bulletin

### The Convention

The 37th Convention of the Iowa Osteopathic Association was held in Des Moines, May 2 and 3, with one of the largest groups in the history of the Society. Some say it was the largest, at least the Chairman of the Membership Committee reported two hundred members, the largest membership in history. A gain of 79 over last year is in itself no little accomplishment.

The fiscal year of 1935-1936 starts June first and we would urge everyone to remit their state dues NOW—as it saves a lot of time and expense. The blue ribbons in evidence at the convention indicated a goodly number paid early. Only one incident was reported wherein a doctor refused to pay registration fee and was later admitted to the convention hall with a blue ribbon which he had apparently BORROWED. He did not pay the registration fee, and we are sorry of this incident, but such are the exceptions rather than the rule.

The banquet, under the toastmastership of Dr. A. W. Clow of Washington, was attended by 192.

The technical and business sessions were well attended. The exhibitors, more in number than for several years, certainly received value for their time and effort.

The new Osteopathic law received considerable discussion and the Board of Trustees were authorized to secure competent legal opinion and forward same to all state members.

Officers re-elected were: Dr. F. A. Gordon, Marshalltown, President; Dr. Laura E. Miller, Adel, Vice-President; and Paul O. French, Cedar Rapids, Secretary-Treasurer.

The By-Laws adopted at this annual meeting provided for a legislative committee of five members elected from the floor of the Convention, one elected each year for a term of five years, this year it being necessary to elect five members for terms of service. Those elected were: Dr. J. P. Schwartz, Des Moines, for a term of five years; Dr. D. E. Hannan, Perry, for a term of four years; Dr. S. H. Klein, Des Moines, for a term of three years; Dr. R. P. Westfall, Boone, for a term of two years; and Dr. Della B. Caldwell, Des Moines, for a term of one year.

Complete committee reports were given and we wish space would permit of a detailed report. The work of the Publicity Committee alone should interest every D. O. in Iowa in belonging to the State Society. Actual clippings from state papers were on display and Osteopathy was well and favorably reported, and the surface has only just been scratched. True, the committee was busy and all publicity was

directed toward state members, and why shouldn't it be? If others don't care to join the Society why should they expect any of the benefits.

Two features of last year's work we know will be carried over into the new year starting June first. By action of the assembly the publicity work was ordered continued. The Trustees approved the circuit meetings for the ensuing year.

Get your membership in early for this next year and it will save a vast amount of work, time and expense. Dues are ten dollars per fiscal year. For those in practice three years or less following graduation, the dues are five dollars a year. JOIN NOW. Remit dues to Secretary, Paul O. French, D. O., 410-11 C. R. Sav. Bank, Cedar Rapids, Iowa.

### Student Recruiting

At a recent conference of representatives from each of our colleges and the Student Recruiting Chairman from several of the states, it was determined conclusively that personal influence by members in the field was by far the greatest factor in gaining recruits for our profession. Field members should be made more conscious of their responsibility to their profession in this matter and are urged to make it their personal responsibility to influence students who are interested in science to take up the study of Osteopathy.

The campaign method of student recruiting may be used. That is, having a convincing speaker spend several days with a well planned itinerary, previous arrangements having been made with vocational directors of the colleges and high schools in the district to be covered, as well as Civic Clubs or Parent-Teachers groups. Inquiries from students following these talks should be followed up with the Greenleaf Brochure, "Osteopathy As a Career," distributed by the local Osteopathic physician.

B. D. ELLIOTT, D. O., Chm.,  
Student Recruiting, 1934-35

### Polk Co. Ass'n. Meets

The April meeting of Polk County Osteopathic Association was held April 12 at the Des Moines General Hospital. The hospital staff was host to the Association in every respect, from the bountiful Dutch lunch thru the program.

Participating in the program were Dr. Marshall on "Otitis Media," Dr. Cash on "This and That," and Dr. J. P. Schwartz on "The Wind-Up."

Dr. A. D. Becker was the speaker of the meeting May 10, an account of which will appear later.—(R. H. W.)

He that shoots worst may sometime hit the mark; but he that shoots not at all can never hit it.

### Heredity

(Continued from page 3)

In successive generations, producing the characteristic ratios of mono-, di-, and trihybridization experiments. Space will not permit examples of the above.

The cytological study of germ cells or animals has given a "physical basis" for the transmission of hereditary factors or genes. If the genes are assumed to be carried by the chromosomes as they segregate in maturation of germ cells and recombine at fertilization, the results of experimental breeding are affirmed. The cytological approach to heredity has clarified, if not proven the Theory of the Gene as the means of transmitting hereditary factors from one generation to another.

In the field of Experimental Embryology, animals and plants have been subjected to abnormal conditions during their developmental stage. It is found that certain adult characters are entirely different if the activity of the genes concerned is modified by abnormal developmental conditions.

The characteristics of man are inherited from generation to generation in the same manner as those of other living organisms. In the past, the medical profession has been prone to lay too much emphasis upon environmental factors, but recent experimental data shows clearly that heredity also plays a very important part in the maintenance of the normal structural integrity of the body as well as in the appearance of pathological conditions.

#### Morbid Heredity

Two types of pathology may be recognized, environmental and hereditary. Health may be considered as a condition of perfect adaptation, and an organism is diseased in proportion to the extent to which its adaptability is impaired. This statement is of importance in the study of human disease and abnormality, since the increasing complexity of civilization has forced man over the borderline of adaptation. Modern therapy has mastered the environmental factors to a certain extent, but until recently very little emphasis has been placed upon controlling the hereditary factors which instigate pathological conditions.

It is true, that the inheritance of human characteristics is a very complex affair, but enough accurate data is at hand to justify earnest consideration. Morbid hereditary features are transmitted in accordance with the same laws as normal ones. In fact, the study of morbid hereditary factors was used to prove that Mendelian laws of inheritance are valid for human beings. It is a general rule that morbid hereditary conditions are induced by single hereditary factors, while normal ones are brought about by the combined action of many factors.

(Continued Next Issue)

### Still College Seniors At Drake Relays

As has been the custom for several years, Still College Seniors again acted in the capacity of expert trainers for many of the competing teams at the Drake Relays. This annual meet at Drake has become a fixed part of the work of the Athletic Clinic of the college and each year sees its influence extending.

### State Boards

#### Iowa

The Iowa State Board of Osteopathic Examiners will hold its next examination June 3, 4 and 5. Applications should be in fifteen days prior to examination. Address the Secretary, H. M. Graney, 202 B. & M. Bldg., Perry, Iowa.

#### Florida

The next examination of the Florida State Board will be held June 18, 19 and 20 in Daytona Beach, Florida. For information, address Dr. R. B. Ferguson, 405 First National Bank Bldg., Miami, Florida.

#### California

The California Osteopathic Board will examine candidates on July 8, 9 and 10. Address Dr. Lester R. Daniels, Forum Bldg., Sacramento, Cal., for information.

#### West Virginia

The West Virginia Board will be in session June 10 and 11. Those interested may write Dr. Guy E. Morris, 542 Empire Bank Bldg., Clarksburg, W. Va., for details.

#### Minnesota

The Minnesota Board of Osteopathic Examiners will hold its next examination June 7 and 8. Applicants must hold a Minnesota Basic Science certificate. Address Dr. Arthur Taylor, Stillwater, Minn., for information.

#### South Dakota

The South Dakota Board of Osteopathic Examiners will hold its next meeting early in June. For exact data and application blanks, address the Secretary, Dr. C. Rebekka Strom, 321 So. Phillips Ave., Sioux Falls, South Dakota.

#### Nebraska

The Nebraska Board of Osteopathic Examiners will meet June 20 and 21 at the State House in Lincoln, Neb.

#### Michigan

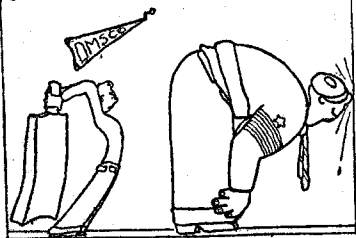
The Michigan Osteopathic Board will meet at Lansing on June 25, 26 and 27. The secretary is Dr. F. Hoyt Taylor, 532-534 Tussing Bldg., Lansing, Michigan.

#### Oklahoma

The Oklahoma Board of Osteopathy will convene June 11 at the Biltmore Hotel in Oklahoma City. The secretary is Dr. Ernest Ewing, El Reno, Okla.

"Wisdom is a peculiar treasure; you begin to acquire it as you lose everything else."—(Seneca.)

## FRATERNITY NOTES



## From All of Us

The summer months have meant much to those of us who have stayed in Des Moines. The clinic has been unusually large and while at times the duties have been arduous, yet, the experience gained was of great practical value. Students who wish to learn from practical experience should make it their business to remain at least one summer in the clinic.

Now our thoughts turn to the opening of school. At the frat houses we begin the usual renovation of the place and get things put back where they belong; a state which naturally follows the rush of the summer work and too few to take care of things regularly. When you students return we will have the house looking tops and will be ready to entertain you Freshmen in true fraternity style. Each of the organizations anticipates the return of students who have dropped out for a term or so and also new men introduced by the alumni of the college.

May we also invite you men in the field to bring your new students and stay a few days with us. We would all like to renew the fraternal bond and show each of you our appreciation for your efforts in the past. Come early and avoid the rush. Still College is going to be busy this fall and do not delay your arrival or registration.

Atlas Club.  
Iota Tau Sigma.  
Phi Sigma Gamma.  
Delta Omega.  
Sigma Sigma Phi.  
Psi Sigma Alpha.

## The Interfraternity Assembly

The local committee at the Cleveland convention co-operating with the officials of the assembly were kept busy for the registration period preceeding the annual meetings of the various organizations. Altogether twelve groups were registered, including the non-frat, the Atlas Club leading with 142, Iota Tau Sigma second with 72, and Phi Sigma Gamma next with 57 registrations. These figures do not tell the story, for many failed to sign the cards offered by this committee. We hope that next year a more complete roll can be secured, that the desk will be placed in a more convenient location at the beginning and

that you in the field will come prepared to take an active part in your organization.

Several of the groups have not reported their new officers for the year and this should be done immediately as important business will soon come up and we must have the names of your officers in order to establish your standing as an Osteopathic organization. Send this list immediately to the undersigned.

We wish to thank Dr. Cottrell and his aide for the work done at the Cleveland meeting and assure them of our appreciation of their efforts to keep a difficult registration straight.

J. A. Cozant, President.

H. V. Halladay, Sec'y.-Treas.

## ANENT CLEVELAND

The annual international Osteopathic convention held the last week in July, was, to put it conservatively, an outstanding event. It seemed to me that there was evident a new spirit of enthusiasm and a renewed determination to move forward for bigger and better colleges; for better co-operation between Osteopathic institutions; for clearer thinking in Osteopathic concepts for keener appreciation of responsibilities which lie before us. The scientific papers presented, the clinics, the exhibits and the attention to convention business' all reached new high peaks.

The registration was the largest since 1928. The publicity was most satisfactory. The hospitality and efficiency of our hosts in Cleveland was evident on every hand. Probably no convention was ever better managed and this fact reflects much credit on the local convention committees.

If I were to be permitted a paradoxical statement I would say: One would have to be there to know how much one missed by not being there.

—Arthur D. Becker, D. O.

It seemed to me that the convention as a whole had a livelier and happier tone than last year which could not at all be attributed to the difference in temperature. We registered about one hundred of our alumni in spite of the rather bad corner we were given, which was off of the main line of travel and not well ventilated. Everyone seemed pleased with the program and complimented the work of the local committee. I hope for a more comfortable place to meet our friends when we go to New York next year.

—Mrs. K. M. Robinson.

The convention was held at the nicest hotel in Cleveland and very well located so it was easy to get out and around the business part of Cleveland.

The convention was carried out in a very orderly and regu-

## Dr. H. J. Marshall



Dr. Marshall enjoys too many marks of distinction to list them all in such a short introductory article as this. It is enough to say that during his years of practice he has taken part in every form of active organization work offered by the profession. Note also in this issue of the Log Book another responsibility to which he has been elected. We know that as in the past, Dr. Marshall will fulfill this obligation with added honor to himself.

The Eye, Ear, Nose and Throat department of the college is under the supervision of Dr. Marshall, the lecture work being given in the college and clinics, operative and Osteopathic, offered at both the college and the hospital. The surgical clinic in connection with this department is one of the largest in the state and offers the student ample opportunity to observe the many types of operative work being done according to the most approved modern methods.

Dr. Marshall takes a little time off in the late fall each year to maintain his standing as a big game hunter, the results of his hunt furnishing the mountain or big timber flavor to many a dinner upon his return.

His hours of recreation are mainly spent with his family at the lake or touring. If you do not already know him we know you will like him immediately.

lar routine. There was a lot of time and effort put forth by those in charge of the committees to be able to carry out the plans.

Every one there seemed to be in fine spirits and talked about their work and the things they were doing. Each and every one was there for a purpose and that was to better themselves in the work they were doing. All were interested in the departments and wanted to take something home so they could help some of their patients to a better advantage.

The convention had a fine display by the companies interested in the healing art.

The Associated College section was very interesting and brings out the planning and re-

## Dr. H. V. Halladay



A man with an international reputation for his work in Anatomy, needs no introduction to the profession. Twenty years of teaching has given him a wide acquaintance in the profession and his appearance on the national association program each year indicates the confidence of the profession in his work. Dr. Halladay has often said he would not specialize, but his specialty aside from his detailed knowledge of Anatomy is the application of Osteopathy. His work with Athletes is most commendable. In listing his achievements the greatest contribution he has made is his original work in demonstrating the movements of the spine. Still College is the only school of Osteopathy offering principles of Osteopathic technic demonstrated by means of Dr. Halladay's specially prepared specimens.

At the college he takes a great delight in leading the band or orchestra, music being one of his avocations. Other outside interests include movie photography and a tour of the Southwest each year to study the recent findings in Osteopathology of the ancient races.

Dr. Halladay is the author of Applied Anatomy of the Spine, and a Manual for the Dissection Laboratory. He is also a frequent contributor to our Osteopathic magazine and is in demand as a speaker.

ports by each school to better Osteopathy and make their school a leader. This department should be followed more closely by the instructors in each school.

The Obstetric department was nicely attended. Fine reports were given by the doctors on the program.

There are so many departments that one would like to attend but is unable to on account of the limited time.

The convention is a yearly meeting place for classmates, fraternity brothers, wives, and friends of Osteopathy from all over the country. Its object is to place Osteopathy on a higher plane and keep it before the public.

—J. R. Shaffer.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
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President ..... Arthur D. Becker

Faculty Advisor, H. V. Halladay

Editor ..... E. Harwood

Osteopathy Without Limitation

## Appeal

The other day I picked up a book devoted to telling the reader how to write an effective business letter. One chapter was given over to the subject of appeal. Do you realize how much study is being given over to such a subject? Do you stop and think of the appeal in the advertisements that you see or the sales talks you listen to? If not, you should be giving some time to this most important subject.

You are selling Osteopathy. What appeal does it have? Look over this list below and see how it applies. I have copied it from the book. Your laboratory problem is to apply it to your own business:

- (1)—Appetite.
- (2)—Bodily Comfort.
- (3)—Personal Appearance.
- (4)—Affection.
- (5)—Domesticity.
- (6)—Possession.
- (7)—Sociability.
- (8)—Pleasure.
- (9)—Activity—Mental and Physical.
- (10)—Curiosity.

Which of these "appeals" strongly apply to your work in Osteopathy? And yet there is another side that we would like to call your attention to.

Suppose you are talking Osteopathy to some young man or woman in your community that you would like to see added to our profession. Can his appetite for service be satisfied? Will his work bring bodily comfort to his patients? Will his personal appearance be improved? Will he develop an affection for his work? Can he be assured of a happy home? Is there joy in possession? Will his social standing be raised? Is there a pleasure in being of service to others? Is the work an equitable balance between mental and physical activity? Is the work of differential diagnosis satisfying to the sense of curiosity?

It seems to me that this list applied has a peculiar relationship to our own science and yet it is taken from a text which on first thought one would think applied only to big business.

Your business is a big business or a small one as you make it. Is your work exciting some of these appeals in the minds of the young people of your community? Remember that the perpetuation of your

science depends entirely on you. Its future is in your hands and its growth and development should be a matter of great pride to you. Look over this list of appeals again and do what the big business man is doing. Make a study of your affairs from the broadest possible standpoint.

E. Harwood.

## ANENT CLEVELAND

As Secretary-Treasurer of the International Society of Orthalmology and Oto-Laryngology, it is my duty to see that proper arrangements are made for our convention. The Cleveland group did themselves proud by having the finest arrangements and the best accommodations that I have had the pleasure of experiencing.

Much credit is due Dr. Shultz for general arrangements. Drs. Verhees and Nagel are to be congratulated for the splendid way in which they handled the registration and examination of patients. Also the efficient and business-like manner in which the patients were taken through operative and hospital procedure.

Mrs. Wilson of the Wolson Hospital made us feel most welcome and did everything possible to make things convenient and agreeable.

Dr. Rench was always at our command.

The hotel and chamber of commerce was generous with space and clerical help.

The weather man was very kind to us, and in fact it was a very satisfactory and profitable convention.

H. J. Marshall, D. O.,  
Sec'y. and Treas.

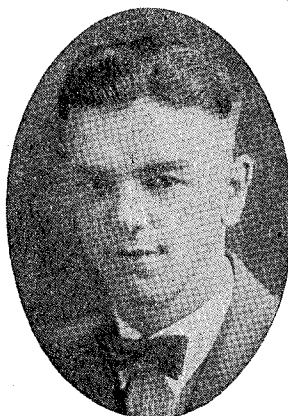
The Cleveland convention has come and gone, leaving a memory that will be an inspiration for many, many days and weeks to come.

The section programs teemed with new and up-to-date professional information. They proved to be veritable post-graduate courses. The foot section, beginning at 6:30 a. m., and continuing until the general program at 10:00 o'clock, was always crowded with most interested speakers and listeners.

Perhaps the most outstanding single feature of the convention was the scientific exhibit. This consisted of numerous and splendid X-Ray plates, dissections, and operative specimens. Also, there was a very excellent display of college, hospital, and other Osteopathic institutions. This exhibit was a challenge to the thoughtful layman, as well as to the physician.

On attending the Old Stone Church, it was gratifying to hear a visiting English clergyman pray for the Osteopathic profession, then convening in Cleveland.

—Mary E. Golden, D. O.



DR. L. L. FACTO

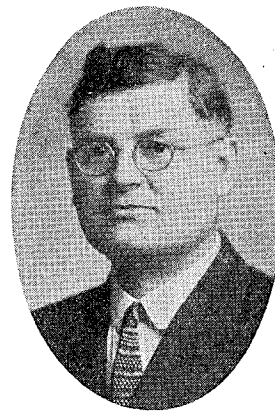
Dr. Facto needs no introduction to the profession for he has been an able member of the staff of the college for several years. He is a student in every sense of the word and never fails to take advantage of additional post-graduate work, especially in the line of diagnosis. His year with the Osteopathic Clinic in London, England, and two years in active practice since his graduation, make him especially useful in the clinical field. Sports of all kinds are his hobby.



DR. BYRON L. CASH

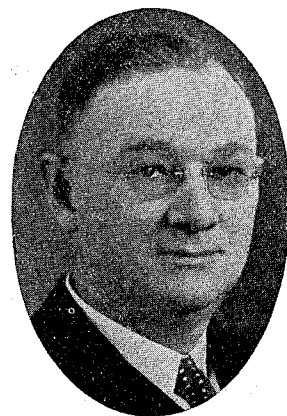
Dr. Cash is well known in the profession for his work in X-Ray and Physical Therapy. This type of diagnosis and treatment has made remarkable advances during the last few years and there is no one better prepared to give the students this instruction than Dr. Cash. Although he spends most of his time at the hospital he is willing and anxious to work with the students.

We never find things perfectly to our liking but taken as a whole I would say that the convention was a complete success. The booklet gotten out by the A.O.A. which gave us so much useful information was an innovation that was more than welcome. The program schedule was closely followed, perhaps much better than at some other meetings but this feature should improve each year with experience. The sectional work seemed to attract more attention than usual, and yet we wonder if it is not overdone. I am glad to see some of the sections unit-



DR. I. C. GORDON

Dr. Gordon assisted on the faculty of the college during his study of Osteopathy and immediately was placed, following his graduation, as a regular of the staff. Before entering the college of Osteopathy he occupied an executive position with the school system of the state of Iowa. Although a recent graduate, Dr. Gordon is gradually assuming greater responsibilities on the staff and demonstrating his exceptional ability.



DR. J. L. SCHWARTZ

With an extensive practice and hospital cares on his mind Dr. J. L. can give the college only the time necessary for the teaching and demonstrating of the work in Proctology. He is an adept in this specialty and his work is fully appreciated by the student body. Dr. Schwartz has not only availed himself of the various clinics in this country but spent six months in study in Europe at Berlin and Vienna.

ing as there has been in the past some overlapping. I hope next year we can improve the service of the fraternity registration desk. I do think the convention should be held earlier in the summer to avoid the July heat that so many complain of.

—H. V. Halladay.

The fact that tall corn grows in other states than Iowa—The number of fish that must be in Lake Erie—The warmth of our reception by the Cleveland weatherman—The agility of some of the older Osteopaths at the President's ball—The effi-

(Continued on Page 4)

## I. O. A. Bulletin

### A. O. A. Group Conferences

Group conferences of A.O.A. members are being organized in all states and will be under the direct supervision of the local state delegates to the Cleveland convention.

They will be held in certain selected cities in circuit with others of the same and adjacent states.

They will feature certain chosen interesting and profitable features of the Cleveland convention.

They will be conducted for A.O.A. members ONLY.

All eligible to A.O.A. membership will please qualify early.

Members will confer with their state delegates (see A.O.A. Journal, July, '35, page 529), as to preference of program items (see A.O.A. Journal, June '35, pages 479-486).

Urge your state delegates to be early in effecting such local A.O.A. Group Conferences.

F. A. Gordon, D. O.

Chm. A.O.A. Membership Com.

\* \* \*

While we won't be able to give a detailed report of the work of the Society, yet we hope to give enough this month to indicate to the membership that their officers, trustees and committees are working. To the non-member we would respectfully ask your support. To a great degree you derive as much benefit as the member who perhaps does the work and pays his dues as well. Frankly, Dr. Non-Member, are you treating the member, the profession, and yourself fairly by remaining a non-member?

The membership committee, under Dr. Hook, is working hard and especially we would mention the Fourth District, under the district leadership of Dr. R. W. Shultz of Mason City. He is taking his work seriously and getting results. The Third District which holds the honors for membership, will have to watch their laurels and the rest of you districts get busy.

While the work of the Legislative Committee would be too exhaustive to be inserted here, if such were an appropriate place, yet through the work of this committee, with chairman D. E. Hannan, the members have been promised the Public Health Bulletins as published by the State Department of Health.

While at the Cleveland convention we found W. C. Chappell of Mason City, program chairman for the next June Convention, busy lining up a program and from inklings we have had he has some real talent up his sleeve, from possibly as far west as the coast. We can count on W. C. for a program well worth attending.

Mentioning the convention, there were a goodly number of

the Iowa profession on hand and by far the majority were Iowa members. We didn't make a list at the time but recall now seeing Drs. Theresa Burns, Laura Miller, Mary Golden, Zoa Munger, Drs. J. M. and Rachel Woods, Holcomb and Lydia Jordan, D. E. Hannan, W. C. Chappell, Harry Gamble, S. H. Klein, F. A. Gordon, C. H. Fedson, J. H. Hansel, J. R. Shaffer, and R. B. Kale. There may have been others we did see of the membership and some we have overlooked. A pretty good representation anyway.

I am certain that the State at large will be extremely pleased to hear, if they haven't already heard, of the election of our President F. A. Gordon as A.O.A. Trustee for a term of five years. Five Trustees were elected for the five year term and two for a year each to fill out unexpired terms of members resigned. Dr. Gordon lacked three votes of receiving the highest vote cast for Trustee. An honor well earned for Dr. Gordon and one that will be well filled with a capable worker.

Paul O. French, D. O.

Secretary-Treasurer.

## The Breakfast

We hope that next year we can make more satisfactory arrangements for a Still College breakfast. The difficulty this year was first one of price. Did you try to get a meal at the official hotel for 65c? Then you know how difficult it was for us to make arrangements for even a breakfast at that price. If we take the breakfast out of the hotel no one can find it and if we have it too early no one comes. We are going to think this matter over and find the solution in some form. Regardless of the discouragement of this year's small crowd we will have a breakfast next year in New York City.

## New A. O. A. Officers

President—Thomas R. Thorburn of New York City. (No opposition.)

First Vice-President—John E. Rogers of Oshkosh, Wisconsin. (Won over Chester Morris by two votes. The only battle of the election.)

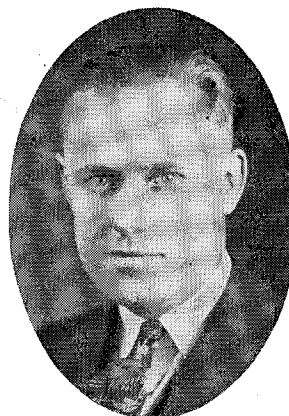
Second Vice-President—Dora Sutcliff Lean of London.

Third Vice-President—Walter Grow of Indianapolis.

Trustees: Arthur E. Allen, re-elected; Arthur G. Chappell, re-elected; R. H. Peterson; Ralph W. Rice; F. A. Gordon.

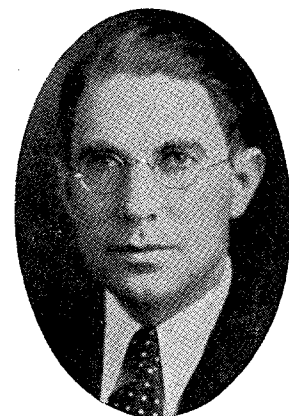
Mary L. Heist was elected to fill out the unexpired term of Dr. Rogers, who was elevated to the position of First Vice-President.

W. W. Custis was elected to fill out the unexpired term of Dr. H. L. Sambanet, who resigned.



DR. GLEN E. FISHER

Although a recent acquisition at the college, Dr. Fisher has shown his ability. Dr. Fisher's specialty is in Chemistry and this difficult subject is ably handled under his supervision. He is also a member of the board of trustees of the college and active during the entire year in the work of the clinical laboratory.



PROF. O. E. OWENS

Prof. Owens came to the college as a student but his exceptional work in science and his ability as a teacher immediately won him a place on the staff. He holds the Master Degree and in addition has taken special work at the U. of Michigan in Histology, Pathology and Embryology. Under his direction the laboratories are much more efficient and with his assistants he is building a museum that is the pride of the college.



DR. CLARENCE P. CALLISON

Dr. Callison comes to the college this Fall as a new instructor in Des Moines but with an excellent record. His teaching experience has been gained in Kirksville, having been associated with the high school, the Teachers' College and the College of Osteopathy. Since his graduation he has been in active practice in Texas. Dr. Callison will be a full-time teacher and will assist in the clinic.



DR. LESTER P. FAGEN

Another new member of the faculty for the years '35-'36, Dr. Fagen recently graduated from Still College and has opened offices in Beaverdale. His several years of experience before entering the study of Osteopathy as a teacher and lecturer already indicate his ability to meet the situations that come up in class room work. He will assist Dr. Halladay in the work in Anatomy, the scope of which will be gradually enlarged.

## ANENT CLEVELAND

(Continued from page 3)

cient ringmastership of Dr. Wallace Pearson—Too many sections: You need to be quintuplets to take in all you want to hear—The thrill of seeing old friends and students—The quality, if not quantity, at the Still College breakfast—The absence of Scotchmen in the headquarters hotel dining rooms—The serene confidence of the "old timers" in Osteopathy—A regret that we haven't co-operated more with our beloved Louisa Burns—An increased knowledge of the science and technic of our healing art—A greater ap-

### DR. C. A. REEVES

—of West Liberty, Iowa, announces the arrival of an 8½ pound boy, July 24th. Named Clayton R. H. (Royal Highness, we suppose.)

### DR. F. B. HEIBEL

—of Iowa Falls, Iowa, while driving back from the convention suffered an automobile accident. Dr. Heibel, his wife and daughter were all seriously injured but will recover.

preciation of the therapeutic artists of our profession—Best of all, more enthusiasm and faith for the coming year . . . Home seems a wonderful place after all.

—John M. Woods, D. O.



Entered as second class matter, February 3rd, 1923 at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

# THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 12

SEPTEMBER 15, 1935

Number 9

## Faculty Meeting

The first of the monthly faculty meetings was held the evening of September 9th, immediately preceeding the opening day of the school year. The full complement of the faculty was present, with the exception of Dr. J. L. Schwartz, who was reported to be catching fish in the north part of the state.

President Arthur D. Becker presided and introduced Drs. Callison and Fagen, new members of the faculty.

It being the first meeting of the group with the new president, Dr. Becker proved his claim as a 50-minute speaker and outlined plans and policies for the coming year. It is gratifying to note that complete co-operation exists in the reorganization plan for the clinics at the college, the result of which will be of great benefit to the student body and to the profession as a whole. Considerable research work is being planned to fit into the clinical work and reports of this will be published from time to time.

Dr. Becker stressed the importance of teaching Osteopathy in an Osteopathic college. He made it very plain that each department head will be held responsible for the Osteopathic training of the student in his department. This does not mean that his subject has been neglected. (Continued on Page 3)

## Lab Assistants

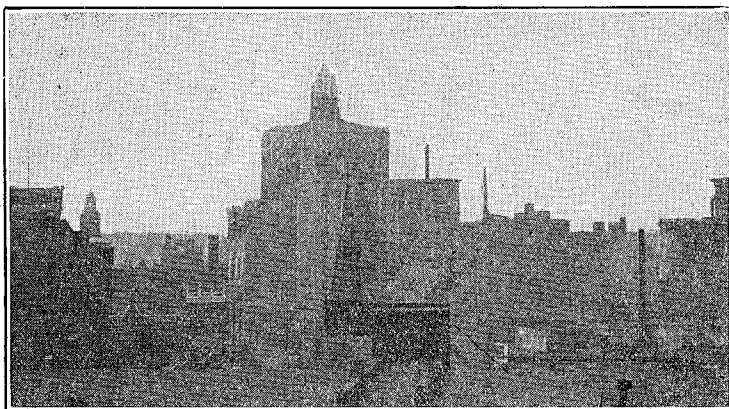
In addition to Robert Campbell and Robert Luby, held over from the list of assistants of last year, it should interest the profession to learn of the newly appointed aides and their eligibility for fellowships in laboratory work.

Allen Becker, youngest son of Dr. Arthur D. Becker, attended the Teachers College in Kirksville for three years and has assisted in the Physiology and Neurology laboratories at the Kirksville College. He will assist in the Physiology laboratories at Still College this year.

Mr. Sibley Barnes received his degree from Simpson College at Indianola, Iowa, and will assist in the Bacteriology laboratory and in Laboratory Diagnosis.

Miss Beryl Freeman received her A. B. from Southwestern at Winfield, Kansas, and M. S. from Oklahoma U. She will assist in the Biology and Pathology laboratories.

## Des Moines . . .



## An Ideal College City . . .

NOT TOO SMALL

:::

NOT TOO LARGE

## State Fair Osteopathic Clinic

Every State Fair Adult Health Clinic has been an improvement over the preceeding one, which is just another way of saying the 1935 Clinic was the best one ever held. Better arrangement of examining space, a well organized and efficient staff of examiners and conductors, plus the co-operation of the majority of the Osteopathic physicians of the State, made for this success.

A greater number of patients were examined this year than last, a large percentage of whom were contacting Osteopathy for the first time. Of special value to the profession was the recognition by these patients that Osteopathic diagnosis ability is efficient and trustworthy, and that an Osteopathic physician is not a mere manipulator.

A very worthwhile feature of the clinic was the presence of guest examiners and lecturers of national reputation. These men gave us valuable assistance in the examination of patients and gained first-hand knowledge of the clinic which we hope will stimulate similar clinics in neighboring states. In addition to this work they gave us a series of evening lectures which made the clinic a veritable P. G. Course.

Dr. J. P. Schwartz started the series of lectures with a very instructive discussion of the various types of goiters, their diag-

nosis, and the best methods of treating them.

Dr. A. E. Allen of Minneapolis spoke on "Osteopathic Diagnosis and Treatment," and really gave us some Osteopathic working knowledge. After the lecture he demonstrated some painless ways to get results.

Dr. J. T. Young of Fremont, Nebraska, president of the Nebraska Society, spoke of "Tuberculosis." He had first-hand knowledge of this subject from all its angles. With him was Dr. E. M. Hubbell of Yutan, Nebr.

Dr. George Laughlin of Kirksville gave methods of handling cases of Curvature of the Spine, both from the Osteopathic angle—the less severe, and surgically, for the farther advanced cases.

Dr. A. D. Becker brought with him the Electrocardiograph and discussed Cardiac Diagnosis and gave a good many high points about the machine. This was a very valuable demonstration.

Dr. A. C. Hardy of Kirksville chose as his subject "Diagnosis of Common Eye, Ear, Nose and Throat Conditions." Dr. Hardy gave a very practical discussion of this subject.

To wind up the series Dr. R. B. Bachman gave a general discussion of "Gynecological Diagnosis," from all standpoints, including the endocrinology, and Osteopathic results.

Great praise is due our staff and all those who made the clinic possible through their moral and financial support. We feel perfectly confident this will be accorded us in greater measure next year.

## Athletic Appointments

Even before the first roll call of the year the phone rang and one of the local coaches needed help. This has been the story for eleven years at Still College. Today, the opening day of school, fourteen Seniors are taking care of athletic teams and before the end of the football season the entire Senior class will be rotated thru this work, each taking care of a minimum of 200 cases of this type. Our four local high schools, the Catholic College and the American Institute of Business have been furnished with Osteopathic trainers and as the season advances local commercial teams will ask for this service. This is only one of the clinical activities that keeps the treating staff of the college too busy.

We wonder if you in the field realize just what this means to Osteopathy and to the Seniors of Still College. During the Junior year a special course of lectures extending over a period of six weeks is given which includes the demonstration of the latest findings in taping methods. As Seniors these students are placed in actual contact with the cases. They go into the gyms, meet the boys and coaches and with the exception of major injuries take care of the needs of the team in the capacity of team physician. Still College Seniors (Continued on Page 3)

## Don't Miss This

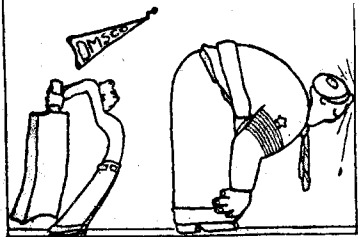
Just as we start to press we are advised of an attractive P.G. course in foot technic that will be offered soon in Des Moines. This is sponsored by the Iowa Division of the Women's National Association and is the same program that attracted unusual attention at the recent meeting in Cleveland.

Be in Des Moines at the Saverp Hotel at 9 a. m., Sept. 27th and stay all day. Dr. H. E. Clybourne of Columbus, will be in charge and will cover everything you should know about the foot. The meeting may last until midnight. Not only will expert speakers and demonstrators appear on the program, but three very interesting and instructive films will be shown.

The only cost to you will be your time, plus your luncheon and dinner. Drs. Grace Nazerene, Rachel Woods, Laura Miller, and Mary Golden, who have arranged this program, are to be congratulated.

You are all invited.

## FRATERNITY NOTES

IOTA TAU SIGMA  
(H. C. D.)

Beta chapter of Iota Tau Sigma send greetings to the students of Still College and welcome the oncoming Freshmen. We wish them much luck in their new career and know that they will never be disappointed.

Once more the brothers get together. The first to arrive were Bros. Boston and Gerow, who got together in Davenport. Gerow reported a rather mild summer in the wilds of Michigan, as it only snowed a couple of times while he was there. However, it was quite stormy after their arrival here. The next to arrive was Yuki and Dresser. They had a very successful trip across the country in their new '27 Chevy. Everything went fine until the rough roads of Detroit rattled out the battery. Early one morning when everything was quiet, someone was heard walking around down stairs. Bro. Jeranson was here. Pohl arrived later with his usual smile and good cheer. As yet nothing has been heard from Daniels. Either the swamps got him or he is still asleep. You know "Swampy." Better late than never.

It is reported that Bro. Beghtol will be with us once more. Everyone remembers the personality kid, "Stinky."

This year a smoker was held rather early. Several thousand guests were invited and we hope they got plenty of smoke.

We hope that before the next issue that all the fellows will be here and will be started on that upward climb to success in Still College.

ATLAS CLUB  
(Jack Eddy)

The Atlas Club welcomes all new men to Still College and hopes that they may enjoy a very happy and profitable year.

The house has undergone a lot of redecorating and is in fine shape for the coming school year. A room full of new furniture, along with a new radio, will also add to the comfort and the appearance of the house. A new shower room has been built and a den is being fixed up in the basement.

Bros. Porter, Goode, Haight, and Gerlach were all present at the Cleveland convention and attended the Atlas Club banquet while there. They bring back reports of a fine convention and a large turnout for the banquet.

As the fellows come straggling in from all parts of the country, wild tales of harrowing summer experiences are being told. Most

of the fellows were fortunate enough to get work for the summer, although some spent a more leisurely vacation. Brenton, Schiffer spent part of his summer in the Detroit Osteopathic Hospital, having undergone an appendicitis operation, but is back on his feet again. Gerlach beat the drums all summer with an orchestra of his own, and is all set to put on his one-man circus act for the school assemblies. Rumors of Evans' marriage seem to be slightly exaggerated.

Every effort is being made this year to make the house a fine place to study, so that we may retain our scholarship rating.

PHI SIGMA GAMMA  
(J. J. Herrin)

The halls of the fraternity house resound once again to the laughter and greetings of returning brothers. They arrive at all hours of the day and night, via busses, trains, and chiefly, Fords. A few came back ahead of time, but some returned only in time to attend classes on Tuesday.

The house has been rearranged this fall and we are justly proud of the improvements. The odor of new wall paper, mingled with that of fresh paint, and the noisy unpacking in each room makes it seem once more the hospitable place that it is during the winter months.

After a hurried survey all members seem to be present. Hal Walters arrived from the South, J. B. Miller deserted Dayton, Zyzelewski and Joe Peterson, after a hard summer in Michigan, decided to return to their studies; J. Hoose, also from Michigan, returns from a summer of fishing; Myron Bos returns to the fold after a vacation of varied experiences. As for the rest of the fellows — Owen, Hecker, Wilkes, Irvin, Bartram, Hoefer, Herrin, Dunham, Gibson — clinic activities engaged their attention this summer, with only a short while off for a rest from their labors.

Congratulations are in order for Ed Owen, who was elected National Vice-President, Psi Sigma Alpha, at the convention in Cleveland in July.

Bill Moore, after a very prosperous summer, passed a box of cigars upon his return, announcing the fact that another of our brothers took the long leap into the well of matrimony. Congratulations, Bill — but why didn't you tell us sooner?

Plans for our winter activities were discussed at a special meeting held Sept. 10, under the direction of President Hoefer. A Freshman smoker will be held in the very near future, followed by other activities of interest to both the new men and actives. Earl Jurgenson was appointed house manager, and Eddie Zyzelewski elected Pledge-master for the coming semester.

We are glad to share our home with the following Freshmen: Gordon Fisher, Milwaukee, Wisconsin; Bohdan J. Kogut, De-

troit, Mich.; Arley G. Edgerton, Boone, Iowa; Bernard Howland, Story City, Iowa; Clifford W. Millard, Milwaukee, Wis.; Donald Leigh, Saco, Maine; and Neil R. Kitchen, Lake Arion, Mich.

Kenneth Blanding, a pledge, has now moved into the house.

## DELTA OMEGA

Delta Omega is happy to welcome the new girls to Still College. At an early date a get-together meeting will be held and we will all get really acquainted. It is gratifying to see the gradual increase in women students in our college.

Helen Butcher is convalescing at her home after an appendectomy. We wish her a speedy recovery and hope that she will be back in school in another week.

Dorthea Failing is back with two new students in tow. Mary Beth Zeigler has been in town for several weeks helping with the clinic at the state fair and assisting at Dr. Rachel Woods' office.

Mrs. Slocum is back from a tour thru California, looking healthy and happy and well rested. Lillie McClure, Velma Gehman, and Muriel Wilson have reported ready for work again.

Ruth Paul has called a meeting the 12th at the Y. W. and will outline plans for the year. These will be reported in the next issue.

## The Medics Failed

Some time ago the Log Book published a series of brief case reports on spectacular cases. The reason for this was that we heard from time to time that Osteopathy was not what it used to be; that it seemed to have lost its strength (its "punch" if you wish to pun), or early ability to cure the incurable. This is not true. We intend to continue the publication of these cases and have plenty of material for months to come, taken from the clinic of the college. Cures, even of the miracle type, are common, rather than rare, and it is their frequency that makes us forget that they are still of great interest to many of our readers.

The case described below has been written up by the Senior student in charge of the patient. Names can be furnished if you wish:

\* \* \*

Thanks to Osteopathy, says Mr. C. B., for a distinct improvement in my health and the remarkable gradual return of my vision.

Mr. C. B. was registered in our clinic June 3, 1935. Case referred by an optometrist, who had treated the case with little success for 2 years. Other forms of medical therapy met with even less success. Chief complaint: loss of vision, cataract involving both eyes; left eye almost totally blind; right vision less than half normal; also sluggish liver and

## Polk County Society

The Polk County Osteopathic Society will start its regular schedule of meetings for the year on Friday, Sept. 13. The officers for the year are: Pres., Dr. C. Ira Gordon; V. Pres., Dr. R. B. Kale; Sec'y., Dr. Rachel Woods; Treas., Dr. J. R. Schaffer.

There have been several meetings of the officers and plans definitely formulated for the year promise an unusual and worthwhile series of meetings for each month.

Dr. Rolla Hook of Logan, a speaker of outstanding merit in the professional life of Iowa, will give the first paper. His subject on "Osteopathic Emergency Treatment," the test of any physician, which will be of great value to all who attend.

The membership has been steadily increasing each year and prospects for a big year are ahead. All members and practicing Osteopathic physicians in Polk County are expected to renew or become members this year. A hearty invitation is extended to all younger members of the organization.

The Thursday Noon Luncheon Club met Sept. 12th, and will meet every Thursday hereafter, at which a paper will be read and discussed. Dr. L. P. Fagan, who has charge of the noonday programs, is actively at work and plans each meeting to be of value to every Osteopath in attendance.

It is urged that every Osteopath attend and take part in both of these programs. All visiting Osteopaths to the city of Des Moines are invited to attend these meetings at any time.

constipated. Osteopathic findings were rigidity of cervical and upper dorsal regions, tenderness over gall bladder and liver.

Treatment: Three times a week, Osteopathic stimulation and drainage around region of eyes. Stimulation of trigeminal and facial nerves. Direct stimulation of eye ball by immediate precussion. Corrected lesions and insured normal movements of cervical and upper dorsal vertebrae.

Results: Discarded glasses after one month except for reading, vision seemed clearer; left eye showed no improvement for first 2 months, then gradually improved to its present vision of one-third normal vision. Right eye showed gradual improvement after 2 weeks treatment to present state of better than one-half normal vision. Osteopathy succeeded in eliminating the constipation and liver disturbance in one month after medicine had failed for forty years. Eyes were checked every month by an optometrist. Patient extremely well pleased with Osteopathy.

## Dr. A. G. Ripley—

of Laurens, Iowa, announces the birth of Ruth Ann Ripley, August first, at the Algona General Hospital.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President .....Arthur D. Becker

Faculty Advisor, H. V. Halladay

Editor..... E. Harwood

Osteopathy Without Limitation

## Look Ahead!

We are already beginning to think of and plan for the class entering in January, 1936. It was said at the national convention held in Cleveland this past summer that the Osteopathic colleges are the very life blood of the profession. It is my sincere belief that this statement is a true one. Our profession must continue to grow, to develop and to increase in excellence. It is the opportunity and privilege of every loyal and forward looking Osteopathic physician to have a personal share in this movement to advance Osteopathy and the Osteopathic profession.

Look about you in your own community. Get in touch with that young man or young woman who is desirable and capable. There are many who would welcome information regarding Osteopathy as a career. Des Moines Still College of Osteopathy is ambitious to do all within its capacity to forward the interests of this most worthwhile profession. With numerous renovations and improvements in the college building, with considerable reorganization of our large and comprehensive clinics and with a strong faculty of which any institution might well be proud, we believe we have much to offer.

We are profoundly impressed with the great importance of the thoroughly organized and supervised clinic as a teaching unit. We believe that one learns by doing. We wish to capitalize our facilities to the end that Osteopathy may grow in influence, that more public contacts may be made, that the people may be better informed and that Osteopathic treatment and care may be made available to the many thousands that need it and want it. By sending a student to us you will accomplish three things: help Still College; advance Osteopathy as a profession; and increase Osteopathic interest and sentiment in your community.

—Arthur D. Becker, D. O.

### Dr. E. P. Malone—

of Miami, Okla., is the author of an article on Back Injuries in Industry and Compensation Insurance, which appeared in the August issue of the American Federationist. Dr. Malone has rendered an important mutual service in securing Osteopathic recognition in a publication so widely read.

## M. C. O.

We like the sound of those three letters and we hope that the noise that they make in the future will be even more pleasing to the ears. In this issue we carry an official announcement from Dr. R. K. Smith, relative to the Massachusetts College of Osteopathy. We hope sincerely that this move is permanent and that the college will grow and develop. It has been too long under the shadow of a step-father's back porch for it to blossom and bear fruit in one year. It means building from the blue prints. Boston and vicinity has plenty of Osteopathic talent and we hope that this new M. C. O. will incorporate these rich Osteopathic minds for the benefit of its students.

\* \* \*

## OSTEOPATHY GOES FORWARD IN NEW ENGLAND

The Massachusetts College of Osteopathy has now been reorganized and is free from all entanglements with any other educational institution.

For the first time in history it has purchased its own building, which is located at 473 Beacon Street, in the heart of Boston. All college exercises, including clinical and laboratory work, will be conducted in this building from Sept 23, 1935, on.

The Osteopathic clinic, which is associated with the college, will be conducted in this building every day excepting Sundays and holidays, from one to three. Being situated in this section of Boston, there is an unlimited amount to clinical patients.

The following are the new members of the Board of Trustees, who were elected at the last annual meeting:

R. Kendrick Smith, O. O.,  
President.

Henry R. Bolan, D. O.,  
Secretary.

Joseph C. Basso, D. O.,  
Treasurer.

M. Edward Viola,  
Rev. Frederick Palladino,  
A. M. Dingwell, D. O.  
C. Marshall Tyler, D. O.

### DR. JEAN CLAVERIE

—has moved from Chicago to the Clem Wilson Building in Los Angeles, California.

### DR. GEORGE F. GAUGER

—and Miss Ruby Nichols were married July 24. At home now at Rush Springs, Oklahoma.

### Dr. G. J. Howland—

of Decorah, Iowa, announces the addition of Helen Harriet to his family, the birthday being August twenty-eighth.

The Minnesota State Board—will hold its next examinations October 11 and 12 at the New State Office Building in St. Paul. This building is opposite the State Capitol.

### Dr. R. A. Wilburn—

of Madison, S. D., is the proud father of a girl, Gayla Lee, born July seventh.

## Happy New Year!

It is too early to predict the outcome for the year but if the prevalence of smiles through the halls is indicative of anything, we venture to say that contentment will prevail. The several changes made in the arrangement of the rooms and in officials already meets with the approval of the returning student body.

The opening day of school found the corridors crowded with both old faces and new ones. The enthusiasm of the returning students left most of the new ones bewildered, for instead of being happy, their expression was more one of awe that any one could be so foolish as to be glad to get back to school.

Roll call Tuesday found nearly all in place. A few will straggle in before the week is over but it is gratifying to see the high percentage of older students on the job the first day. Many who have had to drop out for one or more terms are back to add to the gaiety of the first day.

Ohio and Michigan are again old rivals for honors in the new class. The score is yet to be settled, for registration of Freshmen does not close until the 23d. Maine and Massachusetts are well represented, as well as the usual number from the nearer states. We are well pleased with the response this year.

Tuesday found the faculty present and on the dot. Classes were held the full period and no time will be lost. Students entering a few days late will find the work has progressed each day during their absence.

Laboratory work will begin the sixteenth, which means that all classes will be hard at work from eight in the morning until five in the afternoon. Even with a full schedule staring them in the face . . . . They're all glad to get back. . . .

## Faculty Meeting

(Continued from Page 1)

ed in the past but only that a closer check on our fundamentals will be made with greater frequency so that no opportunity will be missed where it is possible to stress the Osteopathic principle and its application in practice.

The faculty plans to meet each month during the college year and at these meetings correlate their work of the past month and plan for the future.

Those present were, Drs. J. P. Schwartz, Gordon, Becker, Marshall, Woods, Fagen, Owen, Irwin, Callison, Facto, Fisher, Halladay, Golden, Cash, Bachman, and Mrs. Robinson.

### Dr. K. Janie Manuel—

of Minneapolis has recently been appointed by Governor Olson to replace the late Dr. Margaret Whalen on the state board of Osteopathic Examiners.

## The Difference

### Last Week

The janitors were putting the finishing touches on the new gray border in the halls. This has improved visibility, temper, and temperament 100%.

We noticed the effect of the new upholstery and cleaning all through the waiting room and in other parts of the building.

The office was busy preparing for the rush of students. A few early birds were around looking for worms.

The blackboards were clean, new chalk was in place and a full complement of erasers present.

The chairs on the platform in the assembly were straight and the orchestra pit was arranged.

Bottles were being cleaned and shined in the labs and varicolored fluids appeared in large containers from the store room.

A cadaver was being given the final rites in the dead room.

The halls were empty, the book store closed, and too much quiet prevailed all through the building.

### \* \* \*

### This Week

The Americans came—and a few Canadians, too.

The new paint is already scarred.

The office is crowded and the halls too narrow for the rush back and forth.

"Hi", "Harya", "Wenjagetin", "Wyddidenchariteme?", "Sgudtagetbak", etc.

They scatter thru the building, noting the changes with favor and the halls ring with the kind of noise that falls agreeably on our ears.

The blackboards are dirty again and the chalk broken, but no erasers have disappeared yet. They will.

We know just how the old Frenchman felt when he said, "The Americans Come."

## Athletic Appointments

(Continued from Page 1)

are on the job. Their service in the past has built a good-will in the school system of Des Moines that we are proud of. The mutual benefits derived from this contact cannot be measured but the effects show in the training of Still College graduates.

Following the football season the service is continued to wrestling, swimming, basketball, baseball, and track.

Harry Porter of the Senior class has served all during the summer as official trainer for the Western League team in Des Moines.

Dr. Halladay, who has charge of this work, is dated to meet with a group in Salina, Kansas, Sept. 19, and will also appear on the program of the Michigan State Meeting at Grand Rapids, October 31. His subject will be "The Care and Treatment of Athletic Injuries."

### Dr. James A. Stinson—

announces his removal from Chicago to St. Petersburg, Florida.

## I. O. A. Bulletin

At the time of writing, we are preparing a letter to the membership, relative to their status with the FERA and Relief work in Iowa. The membership will also receive a bulletin from the Legislative Committee, relative to accomplishments thus far. To the non-member, we would again urge payment of dues.

### District Meetings

The Circuit meetings are scheduled for Oct. 21-27, inclusive. Word has been received that Dr. Harold I. Magoun of Scottsbluff, Nebr., will be the out-of-state speaker on the circuit. Dr. Magoun, a graduate of Harvard, previous to taking up Osteopathy, has devoted much thought and study along various Osteopathic lines. He has outlined his talk for the October meeting, or rather his general theme as being, "Making Osteopathy More Effective," covering a discussion of poisons commonly contacted in foods, cosmetics and toilet articles. The general principles involved in adequate nutrition, the importance of correct body chemistry, and how it may be determined and maintained, basic Osteopathic principles and practice (technic) laid on the above foundation.

Another Log Book will reach you before the date of the meetings so detailed and complete information relative to the meetings will appear in that and will reach the Iowa profession by mail. State and district memberships are the only qualifications for admittance to these meetings.

No report at this writing has reached the Secretary relative to the State Fair Clinic and the Clinic held at Waterloo in conjunction with the American Legion convention.

—Paul O. French, D. O.

## The Fee

(The following article is a copy of a talk by Dr. W. E. Heinlen of Elliott, Iowa, at a recent Sub-District meeting held in Clarinda. Several requests have been made for copies of this address and although it is from the experience of one of our recent graduates, it certainly is well worth printing. In a recent editorial we asked you to stop and take stock of yourself and your business. This article strengthens that suggestion.—Ed.)

\* \* \*

There are many things not taught in our schools that are quite necessary to an individual's success. That is true in any line of work or in any profession. All of the professions are full of men that would have been much better off if they had never seen the inside of a college or university. The remedy lies more in the examination and selection of students, than in the teaching of them. But as long as conditions are as they are, we will continue to go on as we have been. It is an absolute necessity

that each one of us take stock of our own abilities and shortcomings. We, in order to live and come out on top, must make the most of our best qualities and endeavor each hour of the day—and each day—to correct our bad habits.

There is always a reason why a man doesn't make a success in his chosen field of work. If he has a few of the right qualities and is of average intelligence, I believe that he can correct those reasons and eventually attain that higher mark he has set for himself.

In this world, and age, the public judges a man's success by his ability or banking account. That is quite true in a profession. The majority of those who constitute the public cannot conceive of a man being successful unless he is making money—or is at least able to take care of his debts and expenses and appear successful. This paper is to deal with just one reason why you and I might fail in our profession. I am taking for granted that each of us is endeavoring to be as correct a diagnostician and technician as he possibly can; and that each has the other necessary qualities to make a successful physician.

The fee, or our charges for the various things we do, and the collection of that fee is very important to us. It is almost as vital a problem as the professional man has at this time. Therefore, if some of us have not had the necessary training along business lines, it is of utmost importance that we acquire it. The amount of money that we are able to collect today is a true barometer of what we will be tomorrow.

I might divide the profession into three different classes.

I. The **Progressive** type, or the physician who is a good business man. He has his clientele educated to the fact that he conducts his practice in a business-like way. Before he begins to treat a patient, he will have an understanding with him as to the fee, and the individual's ability to take care of it. If he has been in a community for a number of years; if he knows his patients, and they know him and his methods, they will expect to pay their bills. Thus, there will be no reason for a misunderstanding.

He sends out his bills the first of each month, and he expects his patients to pay. It depends somewhat on the type of individual he is, as to measures he will take to collect the accounts. If a physician feels as he should about his work, and has his patients educated to his way of thinking; and if they know that he expects his money, they are much more likely to pay the bill when it is due. This type of physician knows that it is much easier to collect an account early in the case than it is after the account has run for one or two years. His patient also has a

much better opinion of him than he would have if he could slide along, keep putting him off, or forget his debt entirely.

It is a good idea on some types of cases, particularly in obstetrical work, tonsillectomies, rectal work; and the chronic work, to have a definite understanding before taking the case as to the amount of the fee, and the way it will be taken care of.

II. The **Poor Business Man** is the classification for the second type of physician. He is the physician who takes them as they come, puts his fee on the books and makes a very weak effort to collect it. His patient knows that he is easy, knows that it will be all right to pay him at almost any time, and so makes no particular effort to take care of his bill. He feels that the Doctor doesn't need the money; and that it makes little difference if he pays his bill within six months' time. He is liable to develop the attitude, or acquire the feeling, that he didn't receive as good care as he might have received from someone else; that the physician didn't get as good results with him as he should have; or, that he owes him a bill, has for a long time, and just hates to go back to him until it is taken care of. In the latter case, the longer he puts off making an effort to pay, the harder it is to finally cancel his debt.

It is a psychological and proved fact that this type of a physician's patients is going to think things about him, and talk about him in a way that might eventually ruin him in his community. Patients of this sort often cause him to be regarded not as a competent man, but one that is not quite up to par. They think of him that way as a business man. They will also think of him that way as a physician.

III. The **Sympathetic** type includes the physician who is just too kind-hearted to cause his patients to suffer hardships. If a patient tells him a long story of hard luck and works on his emotions enough, he is likely to tell the patient to let the bill go for awhile. This physician will probably add that he need not worry about it at the present, and that he can take care of it at his convenience. It is usually quite a long time, and possibly never convenient for him to take care of his obligation. This type of physician has to take stock of himself, control his kindness and sympathy to a degree, and let his patients know that he has obligations to meet—the same as anyone else. The man who is entirely lacking in sympathy is in bad shape; but it is absolutely necessary to his future as a physician that he doesn't let this emotion go too far.

In determining the actual amount to charge a patient, there are several things to take into consideration. The location, the charges made by men in both your own and other commun-

ities, have a definite bearing on one's fee. It is also necessary to consider the reaction of the patients. If they are charged too little, in time they are going to have a "little" opinion of the physician's work. If you physicians feel that you are doing something for your patients; if you feel that you actually have something to give them that is of importance to their health—something you can do for them that no one else in your community can do—it is necessary that you charge them a good fee. They are, to a great extent, going to judge your work by the way you judge it; that is, by your own valuation on it.

I know an actual case of a woman in Kansas City, Missouri, who had a very difficult time getting a plate of teeth that would fit her mouth, and function as she thought they should. Her dentist, after several trials, gave up the job and sent her to a specialist in Chicago. After he had finished the case to her satisfaction, she asked for her bill. His price was \$500.00. That woman was actually disgusted; she had expected to pay him \$1,500 or \$2,000 for her plate of teeth. She had tried several others before finding a man who could give her what she wanted; then she thought more of his work than he did himself. That might be used as an example of the psychology of a patient.

If you want to do a cut-rate business—do it. But your patients are going to judge you and your work accordingly. If you are the type of individual who can both charge and collect an extremely high fee, and keep your patients—do it. The community governs the fee, somewhat. The man in an average farming community is compelled to charge an average fee.

I have tried to give you a few of my observations and ideas. I know that I have not completely covered the field; I have purposely omitted some points on the actual amount to be charged. However, I hope that I have given you a few ideas and something to think about. I should appreciate a discussion of this paper.

—W. E. Heinlen, D. O.

Elliott, Iowa.

## Anent Cleveland

It was a great delight to attend the National Osteopathic Convention for the first time. During student days one acquires the impression that Osteopathic principles more or less center around the college attended. After meeting doctors from all over the country and listening to lectures and special papers presented by men and women who have made good in their special phase of practice, one can not help but realize the increasing scope and national coherence of the profession.

—O. E. Owen.



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# THE LOG BOOK

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Number 10

## G-Men in Still College

Still College this year is becoming infested with G-men, and women. No one needs to be alarmed at this, as they are not looking for another John Dillinger or Pretty Boy Floyd, but are merely looking for ways and means to help themselves meet school expenses and to help the college get some needed work done at the same time. The college has been approved by, and is receiving funds from the National Youth Administration for the purpose of furnishing work to students who otherwise would be unable to attend college.

Many and various are the jobs that have been found for these workers. The work must be of scholastic nature, and in no case must it supercede work already supplied by the school, but must be new work of a type mutually beneficial to school and student alike. Some students are employed as extra assistants in laboratories, some serve as librarians, many are working in the technical department preparing pathological and histological slides and specimens, while others are doing clerical work in the office and clinic.

Department heads supervise the work and keep time on the hours put in, while Dr. C. P. Callison has general charge of the assignment of jobs.

Our President, Dr. Becker, is to be thanked for securing this vitally important government aid for our students, and he is keenly interested in seeing that they get all the assistance possible.

## Kansas State Meeting

Dr. Arthur D. Becker, president of Still College, has just returned from a fine meeting of the Kansas State Osteopathic Association held at Topeka, October 9, 10 and 11. Dr. Becker appeared on the program four times, discussing Osteopathic principles and technic and the heart.

When asked about his visit he replied, "This visit to the Sunflower State made a very happy break in what has proved to be a busy summer and fall. It is always a pleasure to mix with those with whom one has much in common. Osteopathy is going forward in leaps and bounds in Kansas and the Osteopathic profession there deserves much credit for its fine growth and development. More power to them."

## « A Still College Fraternity House »



*The six organizations at the Des Moines Still College of Osteopathy are National and members of the Osteopathic Interfraternity Assembly.*

## The Library Open

For several years Still College has had a library. It will be remembered that the nucleus of this collection of books was a contribution to the college by Mrs. George Still, it being the original library of Dr. George A. Still. Later others contributed, and more recently, Dr. Ella Still gave to the college the scientific books collected by Dr. S. S. Still, the founder of Still College. The library then, has an unusual value in that it not only serves the usual useful purpose of such but is also a permanent memorial of Drs. George and S. S. Still, both of whom were at one time intimately a part of the institution.

New book shelves have been built and reading tables provided in a spacious room on the fourth floor, where under the watchful eye of the librarian the students may come each afternoon and study as long as they wish. Slides from the various laboratories are also available and students may review their work at their leisure.

Still College students now have available two excellent libraries for reference. The state library of medical and scientific books and magazines is located not far from the college and the entire collection of over 10,000 volumes may be used freely by the student body.

## Osteopathy in England

Mechanical therapy on the continent and England is not new. If you care to go into the records you will find evidence of it in one form or another many years before Dr. A. T. Still announced his discovery of Osteopathy.

Those who professed to administer massage or any other manipulative form of therapy in the old world were never given any standing regardless of the good accomplished. This is being echoed now in England where the Osteopathic profession is making a valient effort to gain the recognition they so well deserve.

The small group behind the movement and the men working under the leadership of Dr. J. Martin Littlejohn have even a greater opposition to overcome than those of us here in the states, where Osteopathy is recognized in every state though the law may not be just to our liking.

Reports from England show that a remarkably large group of people want Osteopathy and support it but like so many other things of proven value, a strongly entrenched medical combine rules by force of numbers and prestige and as is found in other countries the people are slow to respond, being uneducated in this line.

## In the Sunflower State

Dr. Halladay recently made a trip to Salina, Kansas, the reports of which prove a number of things. First, that in the Central Kansas Association they have a group that gets together and enjoys it. Second, that they are firm believers in Osteopathy and that Dr. Halladay can go back into the same territory with the same subject and hold the interest of the crowd for nearly two hours. Dr. Frank Snaffer of Salina was in charge of the program. Dr. Hanna of Clay Center sent us the following from the Clay Center Dispatch:

### "COACHES WERE GUESTS OF DISTRICT MEETING"

### "North Central Meeting Held in Salina With Good Attendance."

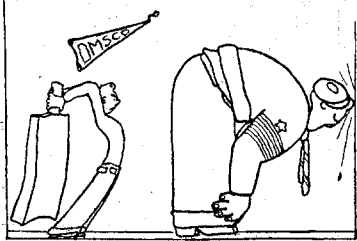
"The Central Kansas Association of Osteopathic Physicians and Surgeons met in Salina last night with athletic coaches and principals of schools as invited guests. There were 36 guests and about 30 doctors present at the meeting.

"Dr. Virge Halladay of Des Moines Still College of Osteopathy and Surgery, talked on "The Prevention and Cure of Athletic Injuries." This year Dr. Halladay and senior student assistants are caring for the boys on the teams of Des Moines high schools and Catholic Academy, the teams of Drake University, and those of a few of the nearby small towns. Dr. Halladay has over 12,000 classified injuries recorded in the last seven years, and is able to speak with authority in regard to the expected injuries and how to prevent them. Adhesive strapping to prevent injuries and to splint joints already injured was carefully explained and demonstrated.

"It is too bad that boys do not recuperate from injures as quickly as do girls," Dr. Halladay said. "In my experience with girl basketball teams the last three years and more recently at the championship games at Wichita, I was surprised to see girls who were carried off the floor almost unconscious from the rough play, able to resume their places in the following evening's game. Boys with equal

(Continued on Page 3)

## FRATERNITY NOTES



## IOTA TAU SIGMA

(H. Dresser)

Beta Chapter deeply regrets the forced closure of their home but are happy that we are still remaining intact with bi-monthly meetings. We are in hopes that in another year we may once more gain our home and be a bigger and better chapter.

However, the boys are happily scattered throughout the city, the majority of them being at 516 12th street. This includes Bros. Betghol, Dresser, Herd, Jerenson, Boston, and Danials. It seems to be the headquarters for ITS.

"Swampy" that lad from No. Carolina, ran into quite a misfortune the other day. We don't know just what he broke—but it sure made him angry.

Bros. Boston and Herd spent a week-end in Davenport, bringing back a radio. As it bounced off Johnny's head several times on the way, we were all awakened by the two radio experts tuning in unknown stations to test it. They also brought back some nice watermelons.

Bros. Happel, Gerow and Pohl are living on Grand avenue. Several of the boys attempted to call on them Sunday, but without success, as they were sleeping soundly. They were probably on an O. B. call all night.

Bros. Yuki, McIntire and McIntyre are living at the Colonial Apartments on 5th avenue. No taxi is necessary for them this year and there will be no excuse for tardiness.

## SIGMA SIGMA PHI

(Fred Green)

The members of Sigma Sigma Phi wish to express their appreciation to the student body, whose co-operation has made it possible for the fraternity to arrange a schedule of all school activities for the coming year and which we are confident is going to create a greater feeling of fellowship and unity, as well as enjoyment and a recreation to the student body as a whole.

Although the actual number of activities has been reduced, only those were chosen that received the highest number of votes and in which the greatest number of students could participate, namely the basketball and soft ball tournaments, plus several dances for fall and spring, one of which is scheduled for the near future. Now everyone watch for announcements and keep your date book open. Help us help you have a good time.

To the Freshmen:—The Sig-

ma Sigma Phi annual freshman smoker is to be held in the immediate offing. All freshmen are urged to attend. All "actives" and pledges must be there. Look for the announcement.

We are proud to initiate into our fraternity at the last meeting, four new members, who had successfully completed pledge-ships and received acknowledgment thereof. Congratulations to Phillips, McNearney, Ryan and Mattern.

## DELTA OMEGA

Wednesday evening, October 2, we were entertained at a chili supper by Dr. and Mrs. Arthur D. Becker at their home on Waterbury Circle. An evening of entertainment followed, during which we played various parlor games.

Beta Chapter announces the pledging of Velma Gehman at its regular meeting, October 8. Plans for the coming year were discussed, and our activities will be announced at a later date.

The first work night of the present semester will be held on October 21, at the home of Ruth Paul. Dr. Mary Golden will be the speaker.

Formal initiation will be held November 4 at the home of Mrs. Anna Slocum. A pot-luck supper will precede the initiation. The following girls will become active members: Velma Gehman, Muriel Wilson, and Lillie McClure.

## PHI SIGMA GAMMA

(J. J. Herrin)

The first dance of the school year will be held Friday evening, Nov. 1st. The Halloween spirit will be carried out in the decorative scheme. Those in charge are J. O'Berski, E. Zyzelewski, and J. Herrin. A good band and a good time assured.

Delta Chapter announces the following pledges for the present semester: Donald Leigh, Sacco, Maine; Clifford Millard, Milwaukee, Wisc.; Bohdan Kogut, Detroit, Mich.; Arley Edgerton, Boone, Iowa; Bernard Howland, Story City, Iowa; Gordon Fischer, Milwaukee, Wisc.; Joe Robertson, Westerville, O.; William Jolley, Ottumwa, Iowa; Kenneth Failing, Oxford, Mich.; Neil Kitchen, Lake Arion, Mich.; and Albert Barnes, Guthrie, Oklahoma. Howland, a Junior B, returns after several years, absence, and Jolley, a Junior A, transfers from the Kirksville college.

The latest improvement at the house is the transforming of the large basement room into a lounge, complete with overstuffed furniture and radio. When finished it will make an ideal place in which to break the monotony of the school routine.

Dr. and Mrs. S. H. Klein were dinner guests Sunday, Sept. 15.

First degree initiation will be held Friday evening, October 18, for James Dunham and Kenneth Blanding. While the class is small this fall, all active will be on hand nevertheless to give the

boys a rousing reception into the mysteries of fraternalism.

We are glad to share our house with Bro. John Patterson, who transfers to the Junior B class, from the Los Angeles college.

It Seems That: The call boy still gets called down; all Fords are still running; study hours are being enforced; Earl likes to sleep; the paddles land quite hard at times; Blanding needs a smaller furnace; Don Leigh is from Maine and Jack Patterson from California—miles apart—but their common interest in Osteopathy caused them to meet at Des Moines Still College—in the approximate center of the United States.

## ATLAS CLUB

(J. W. E.)

Now that the activity and excitement of the first few weeks is over, the old grind is on and it will be the survival of the fittest.

The routine was broken Sept. 26, by a banquet given in honor of Dr. Becker. The feast was provided by wild game that Dr. Marshall dragged back from the West on his recent hunting trip. Members, alumni and guests attended.

The club takes pleasure in announcing the pledging of the following men: John Hagy and Homer Daum, Illinois; Howard Sporeck, Pittsburgh, Pa.; Eugene Young, Lebanon, Ohio; Erwin Iverson, Sioux Falls, S. Dakota; Edward Callahan, Minneapolis, Minn.; P. N. Monroe, Detroit, Michigan.

As everyone probably knows, Pledge Young is recuperating after an appendix operation. He will be back in school very soon.

Open house held every Saturday night has been very successful. It seems as though the upper classmen bring their girls and the freshmen dance with them. These freshmen catch on quick.

WIGITS—The Kewanee boys going home again. . . . Sprock's foot technique. . . . O'Shanna and his telephone calls. . . . Evans going steady again.

## Dr. W. E. Butcher Dies

Dr. W. E. Butcher former member of the faculty of the college and a graduate of the June, 1926 class, died at his home in Des Moines, August 18. His death came as a surprise to the profession in the city as he had been to the hospital for several days and was considered well on the way to recovery.

Dr. Butcher enjoyed an extensive practice in the city of Des Moines and was a popular member of the Polk County Society.

His daughter, Miss Helen Butcher, a member of the Junior class at the college, was unfortunately stricken with appendicitis ten days following her father's death. She has recovered from the operation and is now back in school.

## Assemblies

## September 13

In spite of it being Friday the 13th, most of the faculty was rounded up and appeared on the platform. This being the debut of Drs. Becker, Callison and Fagan, it was expected that each would take up sufficient time so that the last two periods of work could be absorbed. Of the three, Dr. Becker won easily by several minutes, and rightly so, for he had a real message for the student body. He stressed the importance of getting down to work immediately and emphatically stated that classes must go on and that hazing is a very unnecessary activity in professional schools. Dr. Becker's remarks were received with enthusiasm by the entire student body. The assembly closed with announcements relative to the laboratory work in the various departments.

## September 20

The second assembly of the new school year is always given over to the introduction of the new class. The main feature of this is not so much to show off the quantity, but to see which of the rival states of Ohio and Michigan have sent the most to the new group. The score being tied this year, there will be no state fight as has been staged in previous years. Students from Massachusetts and Maine have traveled the greatest distance, and several from the city of Des Moines claim to have made the least effort in registering. Dr. Halladay, acting in the capacity of master of ceremonies, also introduced new students to still that have transferred from other colleges, and several who, having been out one or more terms, are back to finish their course.

## September 27

Radio, the marvel that has spread over the country in such a short time, was the subject of the talk given by Mr. Robert Blaylock, representing W H O. Keeping safely away from the technical side, Mr. Blaylock, although limited in time, gave a resume of the growth and extent of radio covering the thirteen years of broadcasting. It is hard to believe the figures given on the number of workers employed even in sending out one nation-hook-up. Even if radio was explained in words of one syllable, we could not understand it, but we certainly do enjoy the efforts all seem to be making to give us better and cleaner programs. Mr. Blaylock stressed the importance of radio as an influence in our country because of its almost universal coverage. He promises to return with a talk designed to help the amateur speaker to feel more at ease. Some of us may have to face the mike some day, and we hope to carry on without mike-fever or whatever it is that makes stutters out of fluent speakers.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President .....Arthur D. Becker

Faculty Advisor, H. V. Halladay

Editor..... E. Harwood

Osteopathy Without Limitation

## Look Ahead

Osteopathy is moving forward; slowly, steadily, sanely and continuously forward. Its principles are established upon truth, it is buttressed by sound logic, it is motivated by high ideals of service and it is guided by leaders of vision. It offers to the people of the world a therapy that is useful and that has a wide scope of application. It offers a therapy that is unique and distinctive and effective. It offers a therapy that strikes deeply into the cause of ill health. It pushes away visionary theories and replaces them with the known and accepted facts of anatomy, physiology and pathology. It stands scientific investigation, it invites scrutiny, it appeals to the reason of those who are informed.

What should be the direction of our efforts at this time? First—I believe we should hold fast to all that is good and sound and established. The Osteopathic lesion as a cause of disease and the normalization of lesions as a means of cure are the fundamental tenets of our belief and practice. They are the hub of our wheel; they are the lode star of our chart; they are the center of our circumference.

We should use all ethical methods of informing the public concerning Osteopathy and its scope of application in practice. An informed and awakened public is an ally of no mean value.

We should, as members of the Osteopathic profession become more and more institution conscious. Our hospitals, our sanatoria, our colleges and our clinics should receive our last measure of support, co-operation and directed patronage.

We should vigorously move forward in altruistic service for those who through misfortune are not able to pay. The fine start we have made by the establishment of free clinics, children's clinics, adult clinics, maternity clinics and orthopedic clinics is but the beginning and promise of what the future may bring.

We must continuously advance our own knowledge in our own field through research and extended study in the biological sciences. We must improve our colleges, we must develop methods of teaching, we must organize our teaching clinics to the end that we will graduate even more competent Osteopathic physicians.

Finally, we must learn the

## New Ohio Hospital

More than 3,000 persons from Ohio, Michigan and Pennsylvania visited the new hospital and clinic, formally opened recently in the Hall mansion, Euclid avenue and East 32nd street, Cleveland, Ohio, as the first institution of its kind in the city. The house was built in 1874, — the date of the founding of Osteopathy.

The ground floor of the new hospital is given over to laboratories, x-ray room, case-room, kitchen and dining-room; the main floor to the reception rooms and clinic offices; the second floor to single and double rooms for the patients; the third floor to operating rooms, delivery rooms, nursery and accommodations for maternity patients.

Complete remodeling and re-decorating, fireproofing, new plumbing and heating equipment and towertype fire-escapes have transferred the residence with its 32 rooms into a modern institution. Only the brick walls are left unchanged.

Dr. R. A. Sheppard is chief-of-staff of the hospital, and Dr. C. V. Kerr, president of the clinic.

## Chilly? No!! Chili

The girls of the college, together with Mrs. K. M. Robinson, secretary, and Miss Iola Bagen of the office force, enjoyed a chili supper at the home of Dr. and Mrs. Arthur D. Becker on October first. The rapid disappearance of the chili was evidence of the happy choice of food and the volume of sound in conversation and laughter indicated that everyone had a jolly good time.

The evening was spent in visiting and games. The guests left convinced that their hostess, Mrs. Becker, was ideal in every respect.

### Dr. Orville Rose—

spent several days this fall in the north, fooling innocent fish. Orville has photos to prove his stories.

great game of working together in organized groups. We have inherited a great trust, we have been given the torch. It is only through organization: city, county, state and national, that we can carry on.

Among the first obligations of every alert forward looking Osteopathic physician is that of affiliation with the various organizations in the Osteopathic profession and the contribution of money, time and energy to the advancement of Osteopathic interest. As individuals we can do but little, but as organizations, if we all move together at the same time and in the same direction, we can accomplish much that is tremendously worthwhile in a humanitarian service second to none.

—Arthur D. Becker.

## He's Wrong—But All Right

Herman (Lucky) Luchsinger, Jr., crack little wrestler of Valley Junction High school, is a good-natured boy, but his heart is not in the right place.

It's on the right side, which, in human anatomy, is the wrong side.

Moreover, Herman is practically all turned around.

His appendix is on the left side.

His stomach, liver, gall bladder—all are on the opposite side from those of other humans—and yet Herman has never been ill since he had diphtheria as a child. Now he's fifteen and the healthiest member of his family.

### X-Rays

About five years ago Herman was wrestling with his uncle.

He was pinned to the floor with his uncle's head against his chest.

"Hey, the kid's heart is on the wrong side," the uncle said.

And it was so discovered.

Herman was taken to Dr. L. L. Facto of Still College of Osteopathy, and Dr. Byron Cash, roentgenologist of Des Moines General hospital. Their X-ray picture revealed the queer trick of nature in reversing the organs of Lucky's body.

### Athlete

Herman, who is a son of Mr. and Mrs. Herman Luchsinger, 432 Second street, Valley Junction, was born in Valley Junction Feb. 10, 1920. For two years he has been a member of the Valley Junction wrestling team—and even the coach didn't know the boy's heart was reversed.

The boy was active as a football and basketball player in junior high school and already plays a fair game of golf. He weighs 100 pounds.

He's a strong healthy boy and you can shake his hand on that—his right hand for, strange as it seems, he is right-handed.—(Des Moines Tribune, October 9, 1935.)

## North Missouri Meeting

On Thursday evening, September 19, President Arthur D. Becker met with the North Central District group at Princeton, Missouri. Mrs. Becker and Allen accompanied him, enjoying a bountiful dinner served there by the ladies of the Methodist Church. Following the dinner Dr. Becker discussed "Electrocardiography and its Contribution in the Field of Cardiac Diagnosis." About twenty-five physicians were in attendance.

A round table on general diagnosis was held following the main talk. Dr. Byron Axtell proved a most efficient host to the members present.

### Dr. Raymond Perdue—

has been appointed team physician for Northern High at Flint, Michigan.

## In the Sunflower State

(Continued from Page 1)

injuries would require three days at least to recover. It isn't that girls are the stronger sex but that Mother Nature has so provided."

"Those attending from here were Professors Frick and Unger, Dr. H. K. Benneson, and Dr. Lawton Hanna and Mrs. Hanna."

With the clipping, Dr. Hanna enclosed a list of the coaches and members present and added the following:

"This is the second annual meeting held by this society with the coaches as guests. Our meeting last year at Abilene was so successful that we repeated with the same speaker. Our meet this year was at the beginning of the football season which time we would suggest to other societies for similar meetings. These talks are not only valuable to those caring for athletes but much of it is of great help in the general practice of Osteopathy. Thanks, Virge, for an excellent talk.

"Lawton M. Hanna, D. O.,

"Sec'y. C.K.A.O.P.S.

**Superintendent, Coach and**

**Trainer Guests:**

Darwin Berry, Manhattan.

Wayne Mase, Coach, Bennington.

H. D. Karns, Principal, Concordia.

Albert Hawks, Asst. Coach, Elvin McCoy, Coach, Floyd Currier, Asst. Coach, and M. W. Van Osdol, Principal, Abilene.

F. L. Carter, Coach, Wilson.

H. F. Hahn, Coach, Ellsworth.

Sheldon Frick, Principal, Clay Center.

Tom Montgomery, Trainer,

Joe F. Creed, Trainer, Prof. L. P.

Washburn, Phys. Ed., B. R. Pat-

terson, Coach, and C. H. Little,

Coach, Manhattan.

George Hinsley, Superintendent,

Bennington.

Jim Douglas, Coach, A. B. Mack-

ie, Coach, and Mrs. A. B. Mackie,

Phys. Ed., Salina.

S. A. Lindald, Coach, Enter-

prise.

## New South Dakota Assn. Formed

The Osteopathic physicians of southeastern South Dakota met on September 22nd and formed an association. The meeting was held in Vermillion with Dr. W. G. Rosecrans acting as host.

After enjoying a chicken dinner the doctors held a business meeting at which Dr. J. H. Cheney of Sioux Falls took charge. Dr. Rosecrans was elected president, and Dr. W. W. Myers of Parker, secretary.

Plans were made to hold bi-monthly meetings in the future, rotating thru the district. Dr. T. D. Bowman of Yankton will act as host at the next meeting which will be held on November 10th.

## I. O. A. Bulletin

The following applications of new members have been received for Society membership. If no written protests are received for the Board's consideration, they will be duly qualified members according to the present By-Laws. Dr. R. W. Jack, Davenport; Dr. J. C. Agnew, Dr. Arthur D. Becker, both of Des Moines; Dr. Fritz Benz of Quasqueton; Dr. Thomas F. Lange of Clinton; and Dr. H. C. Gamble of LeMars.

### District Meetings

The October Circuit will feature an outstanding Osteopathic speaker, one who has never appeared before the Iowa profession, Dr. Harold I. Magoun of Scottsbluff, Nebraska.

Dr. Magoun is a past president of the Nebraska Osteopathic Assn., program chairman of the AOA Convention (Detroit), and at the present time is associate chairman of the Bureau of Clinics of the AOA, and as well as on the membership committee of the Osteopathic Child Study Association. Dr. Magoun is also a deputy district governor of the Lions International and recently attended the meeting of that body at Mexico City. He will address the Lions at Forest City on Monday the 21st, the day of the Fourth District meeting. On Wednesday, October 23, at 3:00 p. m. Dr. Magoun will broadcast over WMT, Cedar Rapids-Waterloo. He will also broadcast over the Marshalltown station, but at the time of this writing that hour has not been determined. All Lions in Iowa will be notified of these broadcasts.

In speaking to the profession the doctor will discuss, "Making Osteopathy More Effective." This covers a discussion of poisons commonly contacted in foods, cosmetics and toilet articles—the general principles involved in adequate nutrition—the importance of correct body chemistry and how it may be determined and maintained, as well as basic Osteopathic principles and technic laid on the above foundation.

The October circuit will also be the first official appearance in Iowa of President F. A. Gordon as AOA Trustee. October 5, Dr. Gordon twice addressed the Wisconsin State meeting held at Stevens Point. Dr. Gordon may be induced to give one of his talks, "Selling Osteopathy," on the circuit, but will primarily discuss State Society matters and things the members in attendance should know concerning affairs.

These men are losing six days from their practice—will you match it with one day and your dues? Both have a message for you. Be there.

The time and place of the meetings are as follows: Sunday, October 20, the 5th District

meet at Hotel Martin, Sioux City. Monday the 21st, the 4th District meet at Hawkes Hotel, Forest City. Tuesday, the 22nd, the 6th District meet at Hotel Tallcorn, Marshalltown. Wednesday, the 23rd, the 1st District meet at Hotel Roosevelt, Cedar Rapids. Thursday, the 24th, the 3rd District meet at Hotel Ottumwa, Ottumwa. Friday, the 25th, the 2nd District meet, with Dr. F. A. Martin, at Murray.

## Polk County Society

The regular monthly meeting of the Polk County Osteopathic Society was held at the Chamberlain Hotel, Friday evening, October 11th. Following the dinner, Dr. R. B. Kale, program chairman, introduced Mr. O. W. Knott, who presented some wonderful films prepared under the direction of the Petrolager Co. We are indeed grateful to Mr. Knott and the company that he represents for the films demonstrate the advancement of photography in the scientific field, especially of educational value. The general discussion that followed the meeting was led by several of Des Moines' outstanding Osteopaths who expressed new and scientific observations of their practice.

Each of the meetings this year has been unusually well attended and has been worthwhile to each Osteopath attending. New members are enthusiastic in expression of the meetings and speakers. Additionally of interest was the fact that some of the doctors are inviting prospective students to attend these meetings that they might in future years become members of this ever growing profession.

Interest is already growing throughout the state as well as in the local organization of the November 8th meeting, when Dr. Quintus W. Wilson of Wichita, Kansas, one of Osteopathy's outstanding authorities on "Endocrinology" will be the guest speaker. The afternoon meeting, starting at 3 o'clock, will be devoted to Adult Endocrinology, and the evening, following the dinner, to Child Endocrinology. Films and clinic cases will enhance a practical demonstration that no thinking doctor can afford to miss.

## At Home

We are not sure whether or not Dr. and Mrs. Becker are establishing a precedent but we are sure from the reports that they have won the hearts of the Freshmen. Sunday afternoon, September 29th, they were at home to the entire class and everyone enjoyed the affair. Refreshments were served and the formal rule of "out by five" was badly bent if not broken.

Dr. Halladay dropped in for a cup of coffee and recorded the event with his movie camera.

## Osteopathic

On June 20, 1935, a Mr. C. came into the clinic for examination. He is 44 year old, married, and of Italian birth. Occupation being that of a beverage dispenser.

Presenting symptoms: Pain in lower back and radiating down right leg. He was unable to bend forward, backward, or to either side without suffering excruciating pain in lower back, extending down the right leg. He gave the history of lifting something heavy and while doing so he felt something give way in the lower back. This was on June 16th. Thinking that it would disappear, he let the condition go until four days later he came to the clinic thru the advice of his brother, who had taken a series of treatments at the college clinic.

Past history as to illness and operations, negative.

Dietary habits: Uses tobacco, some alcohol and drinks small amount of water. His functional habits were good, except that his bowels were sluggish, but this had come on since he injured his back.

He was examined by Dr. Facto. The cervical and upper dorsal regions, negative. The middle and lower dorsal showed marked contraction of musculature and pain upon pressure over the lumbo-sacral and right sacro-iliac articulations were found. Flexion of the left thigh upon the abdomen caused pain at the lumbo-sacral articulation, and attempted flexion of right thigh on abdomen with leg extended on thigh caused severe pain in right sacro-iliac articulation and in lumbo-sacral articulation. Diagnosed as lesion of fifth lumbar (lumbo-sacral sprain) and right sacro-iliac lesion.

Urinalysis was negative.

He was treated the same day, but the muscles were in such a contracted stage that deep manipulation was all that was done. His reaction to the treatment was only fair, so he was put to bed and treated every day for a week: by the fifth day most of the pain had disappeared and by the seventh day he was able to be up and around. He felt able to go back to work at the end of ten days.

The condition was diagnosed as a lesion of the fifth lumbar (lumbo-sacral strain) with involvement of sacro-iliac on right side.

The treatment given was general Osteopathic with special attention given to the lumbar area. All necessary corrections were made and taping used as an adjunct. The bowels were regular at the end of ten days.

B. A. Story (student).

This was one of the most severe cases of low back pain that we have had in the clinic, and the response to treatment shows the effectiveness of Osteopathic care.

—Dr. L. L. Facto (clinician).

## O.W.N.A. Foot Clinic

Sept. 27, 1935, the Iowa division of the Osteopathic Women's National Association held an all-day meeting at the Hotel Savery. The program for this meeting was based on study of the feet, covering anatomy and physiology, case history taking, and technic. The speakers were Dr. J. M. Woods of Des Moines, Dr. H. E. Clybourne and Mr. Stanley Berger of the Lockwedge Shoe Company of Columbus, Ohio.

In the evening films were shown giving the inside of the Locke Clinic in Canada, anatomy of the foot and leg, and a picture showing the workings of the factory.

## Assembly, October 4th

Following usual announcements of the week Dr. Halladay started the movie machine and unrolled a twenty-minute picture of the college. The picture is being re-edited this year, many of the old shots being taken out and new ones put in. This was the last chance for the student body to see some of the earlier pictures of activities around the campus.

The Sigma Sigma Phi fraternity issued a questionnaire trying to get a line on what the student body would like in the way of activities this year. Plans are rapidly being made to organize the usual in-and-out-door sports sponsored by the fraternity.

### West Virginia—

The next meeting of the West Virginia Board of Osteopathy will be held February 10 and 11, 1936, at Clarksburg. For application blanks, address the Secretary, Dr. Guy E. Morris, 542 Empire State Bldg., Clarksburg, West Virginia.

### Dr. J. C. Calhoun—

member of the corporate board of the college has recently located in Fort Lauderdale, Fla., after many years of successful practice in Decatur, Ill.

### Dr. H. V. Halladay—

talked to 73 basketball coaches October 5, who were in Des Moines attending the A. I. B. Girls' Coaching School.

### Dr. H. J. Marshall—

recently returned from one of his big-game hunting trips into the wilds of Wyoming. Mrs. Marshall enjoyed the trip with Harry this year and they bagged both bear and elk.

### Dr. Fred Campbell—

another Isaac Walton addict, reports exceptional luck on his recent fishing trip. Fred is depending on verbal proof of his prowess.

### Dr. H. R. Byrum—

of Memphis, Tenn., recently attained the age of six dozen. His photo carries the sassy statement of "Who Cares?" We all do and congratulate him, hoping for him many more years of active Osteopathic effort.



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# THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

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Volume 12

NOVEMBER 15, 1935

Number 11

## Open House December 6

The Polk County Osteopathic Society is sponsoring a new program in conjunction with the Des Moines Still College that aims to create a renewed interest in Osteopathy. Plans are under way by the committee that will establish this as an annual affair. The building will be open from seven until nine o'clock, with the faculty and the physicians of the city available to those who desire to see the college, or to answer any questions that might be asked during the evening.

Invitations will be mailed to every graduate of the city high schools to attend with their parents that they may enjoy the entire evening. Many will be interested especially in the main program of the evening, which will start at eight o'clock in the assembly room. Talks by members of the faculty will make it an evening of value to all in attendance. Dr. Becker will tell about the History and Principles of Osteopathy; Dr. Facto will discuss the treatment of Pneumonia by Osteopathic methods, and Dr. Golden will present Osteopathy as a Career. Music will be furnished by the college band.

The evening promises to be an outstanding event in this new era of the college. It is hoped that members of the profession in the nearby towns will plan to attend and bring prospective students or any interested in the welfare of their college and profession. Remember the date—December 6th.

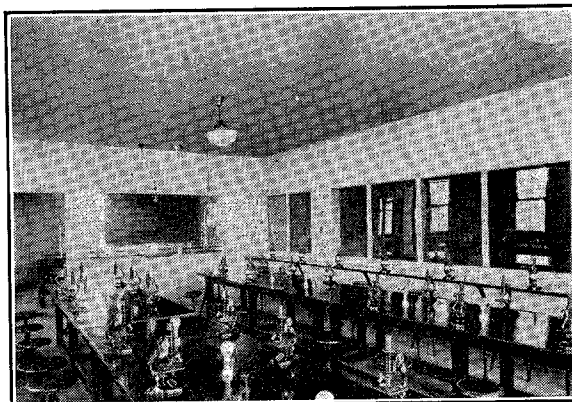
## Freshman Reception

The reception held early in the fall school semester occurred this year on the 25th of October. Hoyt Sherman Place is admirably adapted for such affairs, and proved so again on this occasion. The reception line, headed by Dr. and Mrs. Arthur D. Becker and Dr. and Mrs. J. P. Schwartz, welcomed the students and their friends. The majority of the members of the faculty with their wives were present, and added their greeting to both the new and old students present. Cards and dancing furnished entertainment for the evening.

A perfect night, excellent music and a happy crowd make a perfect blend for an evening to be remembered.

## Thanksgiving

Again we come to the closing weeks of the year's activities. The logical individual takes stock of the year's plans and results. There is much for which we should be thankful and it is well to lift up one's heart and soul in grateful appreciation of the bounties which we have shared. The economic world is decidedly more favorable in its outlook. Osteopathy moves forward in steady progress. To have health, to have the demands of responsibility, to have the ambition to succeed, to have a sincere desire to help the other fellow, to have the love and kindly wishes of friends, to feel the warm hand-clasp of your fellow worker—these and many more are priceless gifts. For many tangible and numerous intangible blessings we are sincerely grateful and give thanks.—(A. D. B.)



A Microscopical Laboratory

## Des Moines Still College of Osteopathy

Des Moines, Iowa

Where the Teaching of Osteopathy and the Application of Osteopathic Principles are Given FIRST Consideration.

Mid-Year Class Begins January 27, 1936

REGISTRATION NOW OPEN

**Entrance Requirements:**  
Full Four-Year High School Course from an Accredited High School.

**Course:**  
Standard; Four Years of Nine Months Each in Residence.

Large and comprehensive Clinic available as a teaching unit.

Arthur D. Becker, D. O., President

John P. Schwartz, D. O., Dean K. M. Robinson, Sec'y.

## Faculty Meetings

The October meeting of the faculty was held the evening of the fourth of the month. Aside from routine business, these meetings are marked by a talk given by some member of the faculty. At this meeting Dr. C. I. Gordon discussed the relation of Pathology to the science of Osteopathy. Dr. Gordon's outline, which he offered as a basis for his remarks, was indeed enlightening and fully appreciated by those present. He showed plainly the need for organized pathological data fitted into the scheme of therapy. This not only is of importance to the teacher but also to the practitioner, as could easily be seen. Dr. Gordon is to be congratulated for the clear way in which he presented his theme.

The November meeting was held on the evening of the 4th, also. Reports relative to the conduct and standing of certain of the students were taken under consideration. The semester being nearly half over, this

(Continued on Page 2)

## About Entrance Requirements

Recently many inquiries have come to us similar to the following: "Does the new Iowa Osteopathic Law increase the requirements for entrance to the Des Moines Still College of Osteopathy?"

The answer is, "No".

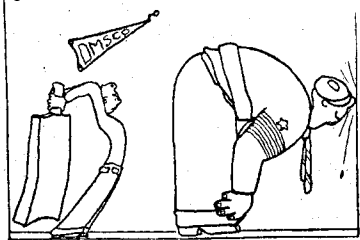
It is interesting to note that the pre-Osteopathic requirement in thirty-eight states is identical with the entrance requirement of this College—a four-year high school course in an accredited high school.

It is the proper function of each state to define the professional requirements of physicians and surgeons who plan to practice in that state. Five states require one year of college work and five states require two years of college work as pre-Osteopathic preparation. It is necessary for the student planning to locate in any of these ten states to meet the requirements as set up in that particular state. This obligation is properly placed upon the individual and not upon the various colleges.

If we can help you in interesting prospective students, please let us know and we will be glad to assist in any way within our capacity.

—Arthur D. Becker, D. O.

## FRATERNITY NOTES



## ATLAS CLUB

(Jack Eddy)

Our annual pledge party was held October 18. The house was decorated in fine style with corn stalks, pumpkins and jack-o-lanterns. There was a fine turnout of pledges, actives and guests.

Following an interesting hell week, formal initiation was held Sunday, October 26, for Harvey Bridenstine, Neal Johnson, and Tommy Griffith. After the initiation, a dinner was held at Doty's Tea Room.

A hard times party held Friday, November 1, was a great success. The boys really got into the spirit of things and it looked like a coal miners' reunion. The basement was fixed up as the chamber of horrors and everyone had an excellent time. Hensel claims that he was there in his Sunday clothes but no one knew the difference.

We are really well supplied with cars this year. There are twelve car owners in the house and for some reason or other they are all Fords. One of the oldest is the "Model T" of Bro. Beamer's. It originally belonged to Dr. Roy Mount, who brought it here some seven years ago. It recently spread all of its gears over the highway, but Beamer put them together again and it is running in fine shape.

Rumors are heard that Bros. Haight, Schiffer, and Dawe are studying jiu jitsu at night school. This is something the Osteopaths have overlooked up to this time.

Finding Bro. Goode around the house on a week-end is like finding a rose in a desert. Not that Goode is a rose, by any means, but that his good-looking girl friend lives in Bloomfield, Iowa.

The Atlas Club is nappy to announce the pledging of Clifford, Berry, Wahoo, Nebraska.

We wonder why: Iverson likes to be called a "Swede"; Hagy has a tendency to rise with the chickens; Sporek studies all night and sleeps all day; Porter won't answer the telephone; Jones gets up during the night; Evans' conscience doesn't bother him.

## IOTA TAU SIGMA

Tuesday, Oct. 29, the members of Iota Tau Sigma, with Dr. Cash, met at 1805 Grand avenue, where a very appetizing meal was served. After the feast we heard from Dr. Cash on the interest of Osteopathy. We will surely look forward to more of these meetings.

Police are hunting the person

or persons stealing Bro. Beghtol's auto. It was last seen traveling at a high rate of speed up Woodland avenue.

Things are going along pretty smoothly at present "Swampy" has his shotgun back, so he and Jerenson can play "Cowboy and Indian." Bro. Pohl can still take a bath, and Bros. Dresser and Beghtol can enjoy sweet music from their new radio.

## PSI SIGMA ALPHA

On Tuesday evening, Oct. 8, Psi Sigma Alpha began the year's activities with the usual monthly banquet at Mrs. O'Malley's Tea Room. Dr. Arthur D. Becker made the occasion a memorable one with a talk on the "Personality of the Old Doctor." He presented us with a word picture that succeeded in making the "Old Doctor" a living personality and gave us a sincere appreciation of the profound genius and ability of the founder of our profession.

Joe Peterson, Bob Campbell, Myron Bos, and Jack Wilkes were inducted into active membership at the regular meeting on October 22nd.

Mr. J. J. Newlin, manager of the Hybrid Farms near Des Moines, and associate of Henry A. Wallace, Secretary of Agriculture, was the guest speaker at the monthly banquet on Nov. 8th. His talk on Dairy Sanitation included the following points of interest: Tuberculin tests and Bacillus Abortus tests on cattle, the Typhoid testing of those who handle milk, and the production of certified and vitaminized milk.

We take pleasure in welcoming Dr. Arthur D. Becker and son, Allen Becker, as transfers from Alpha Chapter. Kirksville's loss has been our gain.

Our congratulations to O. E. Owen, a member of Gamma Chapter, on his recent election as National Vice President of Psi Sigma Alpha.

We are pleased to announce the pledging of Robert Fagan of Des Moines, and Edwin Zyzelewski of Detroit.

## SIGMA SIGMA PHI

(Fred Green)

Announcement: Plans for the annual Sigma Sigma Phi fall, all-school dance have been completed. Thanksgiving decorations, good music, excellent floor. Get out your date books, save your dollar and watch for our posters. Transportation will be furnished for all who do not have a way to go.

Our pledges were entertained very thoroughly and completely at the Hermit Club recently. With Dr. Cash and Dr. Parks, any stag can be a success.

One of the most important meetings of the year was held Oct. 21, at which time the freshmen were introduced to Sigma Sigma Phi. The purpose of the meeting was to acquaint them with the three-fold purpose of the organization, namely: to instill character, to render service, and to further scholarship

among Osteopathic students. Dr. Paul Parks, one of the older members of Sigma Sigma Phi, brought these points out very clearly before the group, together with a brief history of how the organization came to be founded, explaining that it was the first of its kind founded in the Osteopathic colleges. He elaborated on the widening sphere of Osteopathy and spoke of the need in the field of physicians who possessed the characteristics for which this fraternity stands.

Leroy Buchaker was recently voted into our group of pledges.

## Assemblies

## October 11

Due to the absence of the speaker for this occasion, the assembly was conducted on less formal lines. The first appearance of the reconstructed orchestra was fully appreciated by the student body. Graduation always leaves some places to be filled, and this year the group seems to be composed of about the same number of musicians, with the anticipated addition of a concertina artist in the new class. Announcements and a final number by the orchestra concluded the weekly meeting.

## October 18

Under the leadership of Dr. Halladay, the orchestra opened with a number repeated about this time of year, namely, "Shine on, Harvest Moon." As usual, the student body came in strong on the chorus, with a few tenors rampant.

Dr. H. J. Marshall, who recently returned from one of his hunting trips, illustrated his account of the trip with kodak pictures taken along the route and at the field of action. It is quite evident that the Double L Bar Ranch is held in high esteem by both Dr. and Mrs. Marshall, and that there is no guide but Glen Billings. The frequent references to the above left those who heard Dr. Marshall with no uncertain ideas about Wyoming hospitality and efficiency.

Dr. Marshall's account of his trip proved extremely interesting from beginning to end, and has furnished the inspiration to nearly every student to grow up and do things in a big way, also. It seems, from Dr. Marshall's talk, that fishing and other forms of sport are decidedly inferior and far beneath him both in interest and altitude. To hunt game such as he seeks ten thousand feet above sea level is the first step.

Dr. and Mrs. Marshall are to be congratulated for their prowess as big game hunters, and even if we can't make a similar trip, we can benefit from the efforts of the Marshall family. We had a taste of the game, thanks to them.

## October 25th

Still College was honored, early Friday morning, the 25th. Drs. H. I. Magoun of Scotts Bluff, Nebr., and F. A. Gordon

of Marshalltown, Iowa, were the guest speakers. Dr. Magoun stopped en route to Murry, finishing a whirlwind week of meetings with the various district divisions of the state. Both men impressed the student body deeply, and gave us that something in the way of inspiration that always comes from those who are successful and occupy high places in the profession. We hope to have others of our profession visit us.

Dr. Arthur D. Becker introduced the speakers, following a number by the orchestra.

## November 1

Dr. Arthur D. Becker ably stepped into the role of master of ceremonies, with Mark Gerlach in charge of the orchestra. This assignment was due to the absence of Dr. Halladay, who was returning from a speaking date in Grand Rapids, Mich. Dr. Becker took advantage of the time to speak to us about the growth and development of the college, especially the relationship that must exist between all concerned. In order to increase the usefulness of the institution we must all work in perfect accord and really do things.

It is gratifying to note the high morale of the student body and their appreciation of the efforts being made this year by all of the officials and faculty. It is unfortunate that the profession cannot sit in on one of these "family gatherings".

## Faculty Meetings

(Continued from Page 1)

check-up comes at an important time. Following the regular business of the faculty, Dr. Halladay spoke on the relation of Anatomy to Osteopathy. Dr. Halladay went back as far as 400 B. C. into the history of the science of Anatomy in order to prove that any therapy must have as its background a knowledge of the body itself and that the more intimate this knowledge the better the physician will be prepared in diagnosis, prognosis and treatment. He brought out many of the Old Doctor's references to the application of Anatomical knowledge to Osteopathy.

Dr. Halladay stressed the need for research work from an anatomical standpoint in connection with Osteopathy, and demonstrated some of his findings with specimens from his private collection.

The talk was greatly appreciated by the entire group.

The best a knocker can expect from the door of opportunity is skinned knuckles.

Sunday is like a stile between the fields of toil, where we can kneel and pray, or sit and meditate.—(Longfellow.)

Crossing bridges before we come to them, and worrying lest they may collapse, is the quick way to death.—(Bruce Barton.)

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President .....Arthur D. Becker

Faculty Advisor, H. V. Halladay

Editor..... E. Harwood

Osteopathy Without Limitation

## Do You Shop?

I often wonder as I look over a crowd in one of our stores, just what their attitude is towards the market they are supporting. From the frenzy shown by the hurry and grabbing of some, they seem to be satisfying the age-old desire for a bargain which they hope will prove satisfying when they get home and have the time to inspect it at their leisure. Others avoiding the crowds take more time to look over the stock offered and seem to have some judgement in the selection of goods for their needs.

How do people shop for Osteopathy and how do you shop when you have a prospective student to send to one of our colleges?

Not long ago I talked to one of the patients in the clinic here at the college. "Why are you here?" I asked him. I haven't time nor space to go into the detail of his story. It extended over several years of going from one doctor to another with no definite diagnosis, nothing said about recovery one way or the other and almost as many different remedies tried as doctors visited. I asked him why he had not tried Osteopathy before. His answer plainly showed that he was not a shopper. He was satisfied for years to patronize the same method that had served his family for years. It was hard to break away from old ideas and even in the face of failure on their part, he still had faith until it faded under the bombardment of the years. He is better. Better than he has been for many months and now he spends considerable time doing missionary work among his Osteopathy.

This man needed Osteopathy. Here at Still College he is getting the therapy that he should have had years ago and this is only one of the many cases at present being treated in the college clinic. The waiting room is filled to more than capacity on the regular clinic days and patients who have learned their way around are on hand at all hours. If these patients were being given a service that they could get from the non-Osteopathic doctors they would not be here in greater numbers than can be easily handled in the clinic.

You in the field should be interested in sending your students to a college that offers such an abundance of clinical material.

## Reception For Beckers

Dr. and Mrs. Arthur D. Becker and son Alan were honored with a reception at the home of Dr. and Mrs. J. P. Schwartz in a city-wide Osteopathic welcome that climaxed a program planned by the Auxiliary officers. The fine turn-out truly demonstrated the fellowship and esteem to these newcomers, who have already won a place in the community and the college. This was ably expressed by Dr. Ira Gordon, who had charge of the program, in the following paragraph.

"It has been my privilege in a number of years' experience in school work to see leaders come and go. I have seen much furor over changes in leadership and much opposition when the new leader found himself at the helm; the ship rocked from side to side, then plunged forward and backward; the waves of criticism lashed upon him. This is not true with Dr. and Mrs. Becker. They have slipped into our midst so quietly, so unpretentiously, that it seems to us, his co-workers, that they have always been our leaders; that the changes asked for and suggestions made are just the ordinary, logical ones that naturally come in the regular growth and progress of an institution. When a change can be made in this manner, it is a mark of superior leadership."

Dr. J. P. Schwartz told of his experiences in obtaining Dr. Becker as the new president of Des Moines Still, and his final acceptance, at which time Dr. Schwartz telegraphed: "Life Begins at Fifty-two."

Dr. and Mrs. Becker responded, telling us of their delight in being with the school and of their one desire to build for a greater Osteopathy. Co-operation was urged both for the school and in the profession.

The program was featured with Dr. H. V. Halladay and his guitar, Donald Leigh, a student at the school with tricks of mystery, and Miss Enid Bachman, who delighted all with her golden harp.

A spirit of friendliness pervaded the entire evening with informal singing and music, and after unusually attractive and well planned refreshments, everyone lingered to express their appreciation of such an outstanding event.

—R. B. K.

A student of Osteopathy needs to see and hear and feel acutely and this can only be accomplished by actual contact with many cases. The quantity and the variety are both necessary in the proper training of our young physicians.

Give your prospective students the privilege of shopping and let them select the college of their choice. You actually see, hear and feel Osteopathy at Still College.

—E Harwood.

## Polk County Osteopathic Society

The Polk County Osteopathic Society met at the Chamberlain Hotel Friday evening, Nov. 8th, for their regular monthly meeting. Dr. D. E. Hannan of Perry gave a splendid talk regarding the osteopathic situation in Iowa, relating to both state and national legislative efforts. Dr. Hannan has made a thorough study of the situation as chairman of the Legislative Committee. Following the program the meeting was opened to the asking of important questions, which were graciously and well answered by the speaker.

Following this, Dr. R. B. Kale, program chairman, reviewed new facts from science that are proving the Osteopathic concept and treatment of disease. A quotation, recognized as truly expressive of Osteopathy, was from Dr. Boris Sokoloff, "Every great principle and every great idea is simple, yet it may pervade a phase of existence which is extremely complex. Its very simplicity and pervasive character may cause it to remain long unnoticed in the complexity and be unrecognized for what it is, until a time when there comes a man who devotes himself solely to this one idea."

Dr. Q. W. Wilson will not appear on the program until Feb. 14th, and the profession at large is urged to attend and bring the endocrine problem cases to this meeting. Notice will appear in a later issue of the Log Book.

## Osteopaths Convene At Deadwood, S. Dak.

The Black Hills Osteopathic Association meeting was held at Deadwood in the office of Dr. P. W. Wasner, president of the state osteopathic organizations, with several clinics held in foot-work and tonsillectomies.

Those present were: Dr. E. W. Hewlitt, Belle Fourche; Dr. L. J. Bartels, Faith; Dr. M. D. Furst, Sturgis; Dr. D. D. Olson, Hot Springs; Dr. J. G. Betts, Spearfish; Dr. H. B. Frock, Bison; Dr. H. H. Cook and Dr. D. M. Mills, Rapid City, and Dr. M. A. Amick, Brodus, Wyoming.

### DR. OLGA GROSS

of Pittsfield, Ms., recently broke into print on the much coveted sports page of the Maine papers. Her work for the past ten years with a boys' football team and with other forms of sport has certainly entitled her to this mention. She recently was honored by being asked to appear before the Physical Education group of the State Teachers Convention in that state, and made a great hit, according to press reports.

Do you know of any other woman physician in charge of a boys' football team? Seems to us that this is another Ripley item.

## Surgeons At Wichita

The annual meeting of the American College of Osteopathic Surgeons was held at Wichita, Kans., October 7, 8, and 9. Thirty-six of the approximately fifty members were in attendance. Clinics were conducted each morning at the Southwestern Osteopathic Hospital, and lectures were given in the afternoon.

The 1936 convention was awarded to Denver, Colo., with Dr. Howard Lamb as the resident host. Dr. H. C. Wallace of Wichita was elected President, Dr. J. P. Schwartz of Des Moines, vice-president, and Dr. Albert Johnson of Detroit, secretary.

## To Mich-again

Grand Rapids, noted in the past for furniture, but at present for street repair, was the object of our drive northeast. Thirteen hours from Des Moines, including stops for food, etc., for both man and beast, a total of 531 miles. Beautiful drive along the lake shore with nature strutting all her fall coloring, some few trees stubborn in their greenness. Warm reception on arrival, the assemblage having just finished a meeting with Joe Mitchell Chaple of Boston. Soon to bed, for work was to be done on the morrow.

Met the convention early, talking till ten-thirty. Piloted by Dr. Bethune to his favorite Hi and met about 300 fine boys and girls interested in athletics. Back to the hotel for photos. At twelve-fifteen met 40 coaches and about 60 Osteopaths at a luncheon. Talked following the luncheon until two. (Believe me, these Grand Rapids Osteos know how to drag in the coaches.) It was a high light on my part, for I do like to meet coaches.

Back to the hotel and met the convention, talking until five. Up to the room and looked at some injured boys from one of the high schools. Dressed for the banquet at seven, and it looked and acted like a national meeting. Over five hundred there. Good food and excellent speakers, including the one and only Joe Mitchell Chaple. Delightful dance music until too late—(Or was it early?)

Up early the next morn to meet about 125 girls at the Hi school, and talked to them an hour. Perfect attention, and we hope enjoyed as much by them as by the speaker. Called it a finished job, and ran away to start home.

Certainly one of the finest conventions it has ever been my pleasure to attend. Remarkable crowd, with plenty of pep and good humor, and evidence that they are doing things in Michigan. Wish I could have stayed longer and had time to gossip with many old friends.

—Virg.

## I. O. A. Bulletin

### A.O.A. Group Conferences

The Membership Committee of the A.O.A. is providing the first circuit of "A.O.A. Group Conferences" the last week in November. The object of these meetings is to develop a larger and better informed membership in both State and National Societies. Patterned after the Iowa Circuit plan, which requires state membership for admittance to the meetings, these A.O.A. Group Conferences will require A.O.A. membership for admittance. Dues may be paid at the meeting.

The state officials hope to receive memberships as well, but if you are not a state member, come to the meeting anyway, pay your national dues and we hope, your state dues.

The Iowa meeting will be held at the Savery Hotel, Des Moines, November 27th. The day before Thanksgiving, and what a lot we have for which we should be thankful. These meetings will start at ten a. m. and run thru with an evening meeting. Dr. T. R. Thorburn of New York City, President of the A.O.A., will appear at least twice on the program with the subjects, "Fatigue and the Physician," and "Let's Tell the Public."

Dr. R. C. McCaughan, A.O.A. Secretary, also will appear at least twice, with "The Osteopathic Program," and "Talking to Ourselves." Those of you who heard Dr. McCaughan on the October Circuit—don't fail to hear him again. We don't know what he will say, but will warrant he won't touch on a subject he talked on at the Circuit Meetings. There are so many angles to the central office work that Dr. McCaughan will keep you interested every minute of the time and without saying so, makes one wonder how in the world they can give so much service for ten dollars national dues.

Dr. Arthur D. Becker, President of Des Moines Still College, will discuss, "The Specificity of the Osteopathic Lesion." Dr. J. P. Schwartz, Dean of the College, will also speak, the subject unannounced at this time. He will give a practical message, we can all be assured of that. Dr. F. A. Gordon, Chairman of the A.O.A. Membership Committee and President of the Iowa Society, will talk on "Hazards of Progress."

Truly a great meeting and it should bring a fine attendance, even if it does fall just prior to a holiday, don't let a Thanksgiving trip keep you from that meeting. Bring a non-member to the meeting and have him join his own professional organization.

Similar meetings will be held at Milwaukee, Oct. 25th, Minneapolis the 26th, Omaha the 28th, Kansas City the 29th, and St.

Louis the 30th. Attend one of these meetings, whichever happens to be the closer. Drs. Thorburn and McCaughan will attend all of them we believe, but the other program will vary in the different localities.

The October Iowa Circuit was well attended, altho we are sorry to say we have as yet failed to hear from one of the districts regarding membership.

Dr. Harold I. Magoun of Scottsbluff, Nebr., made the circuit with President Gordon. Dr. Magoun had a real Osteopathic message and Osteopathic technique that held the crowd in many instances after ten o'clock in the evening.

Dr. R. C. McCaughan had been invited to make the circuit but had stated his time was otherwise taken, but at the last minute he was able to make half the state, or three of the districts.

Memberships in both state and national organizations were gratifying.

Paul O. French, D. O.,  
Secretary-Treas.

## Osteopathic Diagnosis and Technique

(The following address was given by Dr. Arthur E. Allen of Minneapolis, the evening of August 24th, following his work with the group at the Iowa State Fair Osteopathic Clinic. Dr. Allen's ideas are identical with the teaching of the subjects of Principles and Technique at Still College. Several members of the faculty mentioned his talk so favorably that we asked for a copy of it for the Log Book. We are sure the profession will enjoy reading it.—Editor.)

I approach the subject of osteopathic diagnosis and technique in a very humble frame of mind, realizing all too well my limited knowledge and skill. I realize that the progress of our profession must be based on the mistakes of those who go before us, and so, well realizing that much of what I have to offer tonight will be proven wrong within the next twenty-five to fifty years, I nevertheless proceed to offer you my ideas, hoping that they will stimulate you to disapproval and friendly argument, in order that we may all advance scientifically that much faster. Of one thing only am I certain. Fifty, a hundred, yes, a thousand years from now, the osteopathic principle of structural integrity will remain the same. It will be better understood, more clearly interpreted and more scientifically applied, but it will still be operating even as it is today, to maintain health for the human race.

The thoughts and suggestions I have to give are based entirely on my own observation in private practice, influenced, of course, by the ideas and instructions of others. They will not be couched in highly scientific language nor backed by scientific laboratory proof on my part. However, whatever success I may

have attained has come as a result of daily application of these ideas. There will be nothing startling in diagnosis or technique, but we will talk about some of the details that have been helpful to me, trusting that by restating them you will be reminded of something that will prove worth while to you.

My subject is "Osteopathic Diagnosis and Technique." Please remember, then, when I do not mention other methods of diagnosis and treatment, that I omit them because of the limits of my subject, not because I do not recognize their worth. It is repetition to say that a complete examination is desirable whenever possible, but it is a repetition worth while. And so let us consider now not egotistically or dogmatically what I have found helps me and what I hope you will find will help you.

In discussing a case with a patient I find myself making mental notes of specific spinal regions as the patient outlines the symptoms and supposed causes. I keep uppermost in mind the possibility of spinal pathology which should not be treated. Sometimes it seems as though it requires more intelligence to do nothing than to do something. If I am the least bit suspicious of fracture, tuberculosis, or malignancy, an X-ray is required. I will not treat first and then see what happens afterwards. While that inflexible rule has lost me some patients, I know definitely it has saved me some real trouble. Tuberculosis and malignancy of the spine are not met with very frequently. A history of either condition in some other part of the body is sufficient warning to be careful. Compression fractures of vertebral bodies and cracks or separation fractures of transverse processes are more frequent than we realize. Loss of ability to move or walk does not necessarily occur with spinal fracture. However, a history of rather severe strain or trauma followed by severe pain directly in the vertebral column indicates the need for careful investigation.

The first time a spine is examined, it is best to expose the back. Have the patient sit in a normally erect position and note the extent of the normal and abnormal curves, anterior, posterior and lateral. Also note the shape of the thoracic cage and position of the shoulders. Repeat the process with the spine flexed. This position will often bring out individual or group vertebral abnormalities. Then with the patient standing repeat the process once more. This position often demonstrates the tilting of the pelvis, with resulting scoliosis. A skin pencil is useful to indicate regions for special investigation.

Next have the patient lie face down on the table and palpate for spinal, rib, and pelvic irregularities. This palpation should be gentle but firm enough to determine any muscle spasm and

tenderness. By this time a fairly definite idea should be established as to abnormal parts of the thoracic lumbar, and sacral spine. Next proceed to produce motion, first in what seems to be a normal spine section for purposes of comparison, and then in the abnormal section. This may be accomplished with the patient either in a sitting or prone position. Given loss or reduction of normal motion, plus tenderness to gentle pressure, plus muscle spasm and sometimes plus a definite feeling of malposition, and it is fairly safe to decide that you have discovered a spinal lesion. After checking the thoracic, lumbar, and sacral spine, have the patient lie on the back and examine the cervical spine. The longer I practice, the more I am beginning to believe in the multiple lesion theory that a lesion in one part of the spine will produce one or more lesions in other parts of the spine. And inversely, one of these secondary lesions, once it is thoroughly established, will, if it is not corrected, reproduce the primary lesion.

Next the knees and arches should be examined, as abnormalities here also have spinal effect. Just as we "scooped" the medical profession in making an intensive study of arches and their abnormalities, so Dr. Locke of Canada has "scooped" us in constant consideration of the effects of arch disturbances, and it behooves us to again become arch conscious.

I have purposely placed diagnosis of sacro-iliac lesions last, because of the differences of opinion existing as to the lesion. History, location of pain, muscle spasm and loss of motion will determine a sacro-iliac lesion. However, and here I lay myself wide open to any and all kinds of abuse and criticism, as well as possible physical violence, I believe that by far the greater number of so-called sacro-iliac subluxations are in reality lumbosacral lesions with referred pain and muscle ligament tension affecting the sacro-iliac joint. I know that a primary sacro-iliac lesion can and does occur, but I do not feel that it is frequent. Those that I have demonstrated with the X-ray have all had histories of being produced by more than ordinary trauma.

To summarize diagnosis of spinal lesions, I consider a spinal lesion to be a fixation or loss of motion in one or more vertebral articulations. This fixation is suggested by the history and the localized symptoms of pain, muscle spasm, and possible misplacement of bony structure.

In discussing osteopathic treatment I shall not go into details of actual manipulations, as it is next to impossible to successfully pass on to another person an exact series of motions. We will however, talk about the idea back of the motions, possibly a few specific steps, and also a few refinements of manipulation.

(To Be Continued)



Entered as second class matter, February 3rd, 1923 at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

# THE LOG BOOK

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PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 12

DECEMBER 15, 1935

Number 12

## Open House

As already announced in our last issue, the college was opened to the high school seniors on the evening of December 6th. This was sponsored by the Polk County Osteopathic Association, and was carried out as originally planned.

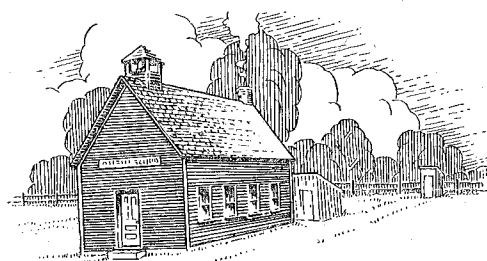
Invitations had been sent to over 500 high school seniors, and announcements made to the local osteopathic group so the crowd that attended was all that could be handled without great inconvenience. Each floor of the college building was flooded with light and politely attended by ushers from the student body. As the visitors came in, they were directed to the special features of the several floors, and for their benefit several of the laboratories were dressed up with special displays of the work of each. The display of pathological specimens perhaps attracted the most attention.

At eight o'clock the visitors were asked to meet in the assembly room and hear about Osteopathy. The program, under the guidance of Dr. C. I. Gordon, opened with two numbers by the girls' sextette from Roosevelt High. Dr. Gordon then introduced Dr. Arthur D. Becker, who spoke on the "History and Principles of Osteopathy." Dr. (Continued on Page 2)

## Composite and New Movie of the College

For the past several weeks Dr. Halladay has been working on a series of new movie shots for the Visual Education Committee of the A.O.A., and has finished a most interesting footage amounting to about 200 feet. The old film showing the college and many of its activities is in the process of being re-edited, and will soon be ready for approval by the usual method of showing it before the student body.

A new composite showing several views around the college and hospital will also be ready at an early date. This is being reduced from two by four feet to ten by twenty inches, and will be suitable for framing, making a fine addition to your collection of college pictures. If you are interested, write us about it.



The Des Moines Still College Family extends the Season's Greetings and wishes for you and those whose happiness is yours, a full measure of Christmas Joy and Success for the New Year.

*Osteopathically yours,*

Arthur D. Becker

Robert B. Bachman

Clarence P. Callison

Byron L. Cash

Lonnice L. Facto

Lester P. Fagen

Glen E. Fisher

Mary E. Golden

C. Ira Gordon

Virg Halladay

Walter S. Irvin

Harry J. Marshall

O. Edwin Owens

Katherine M. Robinson

Joseph L. Schwartz

John P. Schwartz

James R. Shaffer

John M. Woods

## CALENDAR

\* \* \*

Christmas Vacation .....	December 20 to January 6
Graduation .....	January 24
Registration .....	January 25
Roll Call .....	January 27
Eastern Recess .....	April 10
Graduation .....	May 29

## Memorial Assembly

December 6th was set aside by the trustees this year as the day to honor three members of the Still family who have died.

The program prepared by Dr. Halladay opened with a number by the orchestra in honor of Dr. James Beveridge, a former member of the faculty of the college. Dr. Arthur D. Becker then introduced Dr. M. E. Bachman of Des Moines, who delivered the memorial address.

In his talk Dr. Bachman first paid a tribute to the Old Doctor, bringing out the many hardships suffered by him in hewing to the line and keeping foremost his ideas of the basic principles of our science. Dr. Bachman rightfully placed Dr. A. T. Still with many other great scientists and honored him for his integrity and foresight.

He also paid a high tribute to the founder of our college, Dr. S. S. Still, and to his son, Dr. George A. Still, bringing out in each case the contributions these famous men have also made to the cause of Osteopathy.

Dr. Bachman's talk was impressive in that he asked us to rejoice that these men had lived and given of their talents to (Continued on Page 3)

## Expansion

For some time the office of the secretary, Mrs. Robinson, has been entirely too crowded. To remedy this fault, the east half of the former faculty room was added, enlarging the office to about twice its original size. New paint and curtains thruout, and a rearrangement of the desks and other furnishings makes this office light, roomy, and much more convenient in every way.

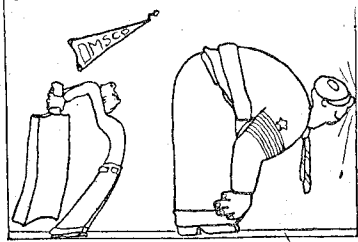
The remaining half of the former faculty room is fitted for the taking and counting of blood specimens, the faculty room being moved to the third floor.

Starting early in the school year, the painters began to cover the dark wall stripe with gray, and this has improved the appearance of the halls greatly.

As time and funds permit, improvements will be made that will facilitate the work of the college and add to the convenience of all concerned.

« « NEW CLASS JANUARY 27, 1936 » »

## FRATERNITY NOTES



## DELTA OMEGA

The benefit bridge party sponsored by Delta Omega proved so successful that plans are being made for another party next year. We wish to thank all those who helped to make it a success, and we wish especially to thank the Still College students who were so kind as to patronize our effort at entertainment.

Since the last report in the Log Book, Delta Omega has been very busy; the first work night of the year was held at the home of Ruth Paul, the president of the sorority, with Dr. Mary Golden discussing "What Price Osteopathy".

A chicken dinner and a business meeting combined formed the background for the formal initiation of Muriel Wilson and Velma Gehman, and the pledging of Eva Petri and Beryl Freeman. Anna Slocum proved a delightful hostess and an excellent cook.

Dr. Virge Halladay entertained the sorority at his home with an informal dinner. A moving picture was taken, which will be put in the school picture, and the evening was much enjoyed by all in general discussion of subjects ranging from school and osteopathy to hypnotism and mental disorders.

The Women's Osteopathic Auxiliary has invited the girls of the school and the wives of the boys in school to an informal dinner party at the home of Mrs. Robert Bachman at 4416 Ingersoll, on Friday the 13th.

Monday, December 16th, a Christmas party combined with a work night is scheduled at Marybeth Zeigler's and Evelyn Ketman's. A discussion of fingerprinting by a criminological expert from the Des Moines Police Department, combined with a taffy pull and pop corn balls and with entertainment from the Atlas Club, will prove more than diverting.

PHI SIGMA GAMMA  
J. J. Herrin

The blue-jerseyed boys of P. S. G. are all set for the coming basketball season, having held several practices the past several weeks. Bud Storey, team manager, promises a fighting squad when they tangle with the Atlas Club in the near future.

Congratulations to Jack Wilkes, a new member of Psi Sigma Alpha, Eddie Zyzelewski, who is a pledge, and Jim Dunham, a new member of Sigma Sigma Phi, J. B. Miller, and Bill Jolley, who are pledged to that fraternity.

Dinner guests at the house re-

cently were Dr. and Mrs. A. D. Becker, Mr. Alan Becker, and Dr. and Mrs. Toepfer. Dr. Toepfer stayed at the house while visiting the college.

We were glad to have as our guests for the dance in November Brothers McFarland, Hicks, and Dillabough, from Alpha Chapter, Kirksville. Brothers Dillabough and Byers also spent the past weekend with us.

The Autumn Dance was held November 1 at the fraternity house, approximately 50 couples enjoying the music of Orville Foster's orchestra. A good time was had by all.

Very few of the boys left town during the recent vacation, most of us enjoying the break in schedule by sleeping, attending a few shows, and enjoying life generally. The snowstorm kept nearly everyone indoors Thanksgiving day, but fortunately it did not last long.

With the Christmas vacation only a week away, the semester is narrowed down to only a few weeks of actual school time, and a break in the routine will give added zest to the strenuous grind of final exams. So, until next year, Phi Sigma Gamma wishes you all a very Merry Christmas and Happy New Year.

## ATLAS CLUB

As the basketball season rolls around it finds us slightly unprepared. A wild scramble was made for basketball shoes in the closets and basement. It looks as though some of the fellows will be playing in Galoshes. Evans' last year basketball pants won't fit him. We wondered where he was putting all that excess weight. After our first practice the squad was so badly crippled it will take a lot of osteopathy to get the players back in shape.

Many of the fellows took advantage of the Thanksgiving vacation to go home for a good turkey dinner. The house was practically deserted except for a few studious individuals. Drs. R. M. Wright, Venzal Mikan, Bayard Twadell, Harry Taylor, and Robert Forbes were all very welcome visitors during the vacation.

A very interesting letter was received from Dr. Eldon B. Porter, a charter member of the Atlas Club. He writes of the days before the World War when this chapter was first formed, and of the hardships encountered by the members of the Club at that time. Dr. Porter's letter is very inspiring to the present actives.

Bro. Leslie recently entertained his girl friend from Detroit for a few days. Hank is still going around in a fog.

Plans are already set for the Christmas vacation. The brothers will scatter to their various homes to enjoy the Holidays. Those going to Detroit are planning to attend the Osteopathic Student Dance December 28th.

The Atlas Club wishes everyone a Merry Christmas and a Happy and Prosperous New Year.

## Assemblies

## November 8

It is customary to break the solemnity of college work with something along extremely light lines, and so, following an introduction number by the orchestra, Micky Mouse appeared on the screen. Any movie of this famous character is appreciated by children of all ages, and his popularity proved itself by the continuous round of laughter. Announcements and a closing number by the orchestra dismissed the student body for the hour.

## November 15

The college was honored this morning by the presence of Judge Ralph Powers of the Municipal Court. During his excellent discourse, he stressed preparation for the future, and gave the student body many valuable words of encouragement.

Judge Powers' gratitude for his own recovery from a serious illness was reflected in his high tribute to Dr. R. B. Bachman. The personal touch given this incident was an inspiration to all present. We were delighted to have him with us, and hope he will be able to speak to the student body again this year.

## November 22

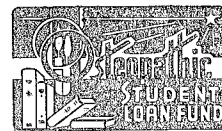
Unusual talent in a student body such as we have at Still is not a rarity. But to have a real, honest-to-goodness magician with us is indeed unique. Don Leigh, of Maine, entertained the students with numerous tricks, and fooled them all. So pleased were the ones being entertained that it was with difficulty that Dr. Halladay got the crowd settled down to practice on the college song. Yes, we will have more at some convenient time in the near future.

## November 27

Red letter days seem to predominate with us this year. Due to special meeting planned thru the cooperation of the president of the state association and the A.O.A., we were privileged to have with us on this date the President of the American Osteopathic Association, Dr. Thomas Thorburn of New York City, and the secretary of the association, Dr. Russell McCaughan of Chicago. Dr. Becker introduced first Dr. McCaughan, who explained just what the association means to the profession. We need more talks of this kind. Men of the calibre of Dr. McCaughan can get the message of the association over, so easily, for he is conversant with the most detailed workings of the central office.

Dr. Thorburn's talk was most encouraging to students of osteopathy. He stressed the need for strict adherence to our principles, and called our attention to the fact that the people are asking more and more for osteopathy. The field is open, and cannot be filled for twenty-five years, figuring on the present output of the colleges. Statements such as these should en-

## The Student Loan Fund



This year we are again given the privilege of contributing to the Student Loan Fund of the national Association. There is no better cause, for the few pennies we add to this fund will enable some deserving osteopathic student to complete his work in one of our six colleges.

We are pleased to report that at the time of going to press the students of the college have contributed generously to this fund, feeling that some one may be able to continue their work due to the combined effort of the group.

Secure these stamps from the president of your class.

New Osteopathic  
Hospital

On Sunday, December first, at Lexington, Nebr., the new Widney hospital was opened to the public for their approval. A detailed description of the building, together with a fine picture, was carried by the Lexington Clipper, and leaves the reader with the impression that we have a great deal to be proud of with this addition to the growing list of Osteopathic institutions. Drs. George and Sam Widney are certainly to be congratulated, and merit the support of the profession. Dr. D. O. Brown is associated with Drs. Widney.

The hospital is new thruout, and completely equipped for surgical service of every type.

## Open House

(Continued from Page 1)  
Facto followed with a short discussion of the treatment of pneumonia, and Dr. Mary Golden closed the trio of talks with "Osteopathy as a Career." Dr. Gordon then dismissed the visitors, and hoped that they would be able to visit us again at some future date.

We consider the affair a success. Not all of those invited came, as Friday night is not a good one to snare the average high school student. If this is repeated in the future, and it should be, several factors should be taken into consideration. We feel that many who did not know about Osteopathy and what was offered here in Des Moines were present and left with a fine impression of our unit and the people back of it.

courage everyone in the field to make a special effort to send more students into our colleges, that we may claim quantity as well as quality.

Thanks, Drs. Thorburn and McCaughan.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President .....Arthur D. Becker

Faculty Advisor, H. V. Halladay

Editor..... E. Harwood

Osteopathy Without Limitation

## Seeing Osteopathy

I took a stroll thru the building not long ago to see just how much eyesight plays in the teaching of Osteopathy. How are the students taught to see this science and what is to be seen in the way of specific Osteopathic teaching.

The projection room on the fifth floor was being used to illustrate a lecture on the early days of Osteopathy. The slides, I was told, are the original ones used by Dr. William Smith in his famous lecture on that subject given many years ago.

Students in the laboratories at the other end of the floor were looking thru microscopes.

On the fourth floor where you will find a number of treatment tables, several groups were being instructed in the art of treating. At each table one student was the doctor and the other the patient. In the biology lab near by students were watching the effects of the electric current on muscles in a frog's leg.

On the third floor a demonstration was being given of spinal movement on one of Dr. Halladay's flexible spines. In another room a diagram was on the board outlining the relation of the principles of Osteopathy to other therapies. Osteopathy was pictured as the center with the adjuncts placed in a position of minor importance.

The second floor was like a three-ring circus. Patients filled the waiting room to overflowing and the busy seniors were hurrying too much, trying to take care of the many who were there for treatment. Truly the place to see the effects of past excellent service on the part of students now graduated. No need to advertise this clinic in the papers.

The chemistry lab on the first floor was busy and the cross-sections recently completed in the anatomy laboratory were the cause of more than one argument.

Seeing is believing and it would do your eyes good to see the way Osteopathy is being SEEN in Still College.

—E. Harwood.

### Dr. H. V. Halladay

recently treated the entire team of Lions from Eldorado, Ark. This team was rated second in the national girls' basketball meet held last spring in Wichita, Kans., and had stopped in Des Moines to play the A.I.B. while on a six weeks tour.

## Board and Faculty Meeting

Dr. Becker's efficiency program works especially well on one certain night each month. At 6:30 he calls the Board to order, and at 7:30 moves the seven trustees into the larger room to meet with the remainder of the faculty. No time is lost.

The president's opening remarks at the December meeting immediately put the group in an affable mood. He complimented them highly on the work, not only from a teaching standpoint, but also on the fine response that the students are making. This he explained, was not for the purpose of raising their morale incident to the coming Christmas season, but was an actual fact, and he was proud of them. "You members of the faculty are showing the finest spirit of cooperation and affection I have ever experienced, and its effect cannot help but spread in all directions," he added.

Following the usual discussion of faculty problems, including the class work of several students, Dr. Becker introduced Dr. Callison of the faculty, who spoke to the group on "Physiology and its application to Osteopathic Principles".

Dr. Callison followed the usual custom of members of the faculty speaking on their own subject and firmly convinced the teachers in the other departments that their subjects were secondary and even perhaps tertiary. He brought out the early teaching of the science during the time two subjects were stressed, they being Physiology and Anatomy, as a foundation for the work of diagnosis and treatment. His talk was highly appreciated by the entire faculty.

## New Circuit Meetings

The initial circuit of A.O.A. group conferences as set up by Dr. F. A. Gordon of Marshalltown, Iowa, chairman of Special Membership Committee, was a distinct success. Conferences were held in Milwaukee, Wisconsin; Minneapolis, Minnesota; Des Moines, Iowa; Omaha, Nebraska; and in Kansas City and St. Louis, Missouri. Dr. Thomas R. Thornburn, President A.O.A., and Dr. Russell C. McCaughan, Secretary, made the entire circuit. Their contributions were generous and of outstanding importance. Many members of the A.O.A. official family helped carry on in the various meetings. Our own President, Dr. Arthur D. Becker, Chairman of the Bureau of Clinics, attended and made addresses at the meetings in Milwaukee, Minneapolis, and Des Moines. It is planned to extend these conference group meetings throughout the country. Membership in the A. O. A. is showing a most gratifying increase as a result of Dr. Gordon's energy and good judgment.

## The Oath of Hippocrates

"I swear by Apollo, the Physician, and Aesculapius, and Hygieia and Panacea, and all the gods and all the goddesses—and I make them my judges—that this mine oath and this my written engagement, I will fulfill so far as power and discernment shall be mine.

"Him who taught me this art I will esteem even as I do my parents; he shall partake of my livelihood, and, if in want, shall share my goods. I will regard his issue as my brothers and will teach this art without fee or written engagement if they shall wish to learn it.

"I will give instruction by precept, by discourse, and in all other ways, to my own sons, to those of him who taught me, to disciples bound by written engagement and sworn according to medical law, and to no other person.

"So far as power and discernment shall be mine, I will carry out regimen for the benefit of the sick, and will keep them from harm and wrong. To none will I give a deadly drug, even if solicited, nor offer counsel to such an end; likewise to no woman will I give a destructive suppository; but, guiltless and hallowed will I keep my life and mine art. I will cut no one whatever for the stone, but will give way to those who work at this practice.

"Into whatsoever houses I shall enter, I will go for the benefit of the sick, holding aloof from all voluntary wrong and corruption, including venereal acts upon the bodies of females and males, whether free or slaves. Whatsoever in my practice or not in my practice I shall see or hear, and amid the lives of men, which ought not to be noised abroad—as to this I will keep silence—holding such things unfitting to be spoken.

"And now if I shall fulfill this oath and break it not, may the fruits of life and art be mine, may I be honored of all men for all time; the opposite, if I shall transgress and be forsworn."

## Thanksgiving Visitors

We were glad to see the following during the Thanksgiving vacation period. When any of you are in or near Des Moines, remember that the old gang always looks good to us.

Dr. O. H. Olson, South Bend, Indiana.

Dr. L. A. Reiter, Tulsa, Okla.

Dr. Bayard Twadell, Iola, Kas.

Dr. Russell Wright, Detroit, Michigan.

Dr. V. A. Mikan, Detrait, Mich.

Dr. Landis Johnson, Marshalltown, Iowa.

Dr. Glen Bigsby.

Mr. and Mrs. Luby, Columbus, Ohio.

Candy, says a noted physician does not harm the teeth. Children, therefore, will no longer refuse to eat it. — (Los Angeles Record.)

## On the New York Program

The assignment of Des Moines Still College of Osteopathy on the general program for the 40th annual convention of the American Osteopathic Association to be held in New York City next July is the "Genito-Urinary System." The plan as worked out by the program chairman, Dr. George W. Riley, is to have each one of the six Osteopathic colleges present a four-part symposium on an assigned subject and each college has been allotted a two-hour period for the development of their presentation.

The team representing Des Moines Still College of Osteopathy consists of Dr. Robert B. Bachman, Dr. Lonny L. Facto, Dr. John M. Woods, and Dr. Arthur D. Becker, and these members of the group are already well along in the selection and arrangement of material for their program.

It is further planned that each group will demonstrate the technique used in the treatment of conditions discussed in the symposium. Each college has been privileged to select some one sub-division of the general subject assigned. The Des Moines Still College of Osteopathy has therefore chosen "Menstrual Disturbances" as a topic of wide, general interest and will present etiology, pathology, diagnosis, and therapeutics.

—A. D. B.

## Memorial Assembly

(Continued from Page 1)

make the world better and increase the efficiency of those of us who are to carry on in their name.

Mr. George Sutton, accompanied by Miss Louise Michael, students of the college, sang "There Is No Death."

The college was especially honored on this occasion by the presence in the assembly of Dr. Ella D. Still, co-founder of the college, and Mrs. George A. Still, of Kirksville. These two well known and loved members of the Still family were introduced, and Mrs. George responded with a fine inspirational talk such as she only can give.

The assembly closed with a prayer by Dr. L. P. Fagen of the faculty.

Following the assembly, the Sigma Sigma Phi placed flowers on the grave of Dr. S. S. Still, who is buried in Woodland Cemetery in Des Moines.

Moths, it is said, are among the least aggressive and assertive of insects. A casual view of the old evening suit trousers convinces us, also, that they are not averse to taking a back seat.—(Boston Herald.)

Remember your own griefs, but only in order that you may sympathize with others in theirs.

## I. O. A. Bulletin

As reported in the December A.O.A. Journal, Iowa leads the procession of Societies having two hundred or more in the state, with percentage gain in A.O.A. membership. This is indeed gratifying. As for state membership, we are twenty odd from our all-time high peak of two hundred members of last year, with about five months and a half to go we sincerely trust we may set a new high mark in state membership. The A.O.A. Group Conference at Des Moines Nov. 27th was well attended if one takes into consideration the rain, ice and snow over the state and the fact that it fell just the day before Thanksgiving when many had planned trips "home" and otherwise. Real interest was manifest, and many pledged themselves to engage actively in A.O.A. membership work, so we sincerely trust Iowa may maintain that lead as well as assist other states in bringing up their percentage gain.

How many readers of this column will pledge themselves to write ten letters to anyone in the profession, whether in Iowa or not, that they know are not A.O.A. members and urge their affiliation? Blanks may be secured from the A.O.A. office, Dr. F. A. Gordon, or the writer. How about Tom, Dick and Harry that were in your class or graduated a year before or after you did? Are they members? How many will donate thirty cents to this work for ten three-cent stamps?

Paul O. French, D. O., Sec-Treas.

## State Boards

The next examination before the Iowa State Board of Osteopathic Examiners will be held at the State Capitol Building, Des Moines, Iowa, January 27-28-29, 1936. For applications and other information address Dr. D. E. Hannan, Secretary, 202 Bruce-McLaughlin Bldg., Des Moines, Iowa.

\* \* \*

The Missouri State Board of Osteopathic Registration and Examination will hold the mid-year examinations at Kirksville and Kansas City Colleges of Osteopathy and Surgery, January 22, 23 and 24, 1936. Certified photograph of each applicant is now required. Write the Secretary, J. L. Allen, D. O., 1002 Chambers Bldg., Kansas City, Mo., for more complete information and application blank.

**Dr. Rollin E. Becker**—who has been in Des Moines for the past month, recovering from a serious hand and arm infection, left last week, returning to his practice in Oklahoma.

## On to New York

New York is already making detailed plans in its determination that the Fortieth Annual Convention of the American Osteopathic Association shall establish a new record as to attendance and interest for future convention officials to shoot at.

In addition to the Convention program, which itself will be of unusual interest, earnest attempts will be made to give attending physicians and their friends an opportunity to see New York at its best and in all of its unrivalled features. All possible cooperation will also be given to those who wish to make the Convention and the visit to New York a feature part of their regular summer vacation. Many will have a desire to go on from New York to other parts of the world, traveling by land or water. All of the conveniences of the New York agencies will be placed at their disposal by request.

It is recognized that time is easily wasted in haphazard efforts to find the many places and features of unusual and historic interest in and about New York. To avoid disappointment for any visitor, information will be made available so that time and energy may be conserved by sight-seers.

## Osteopathic Diagnosis and Technique

(The following address was given by Dr. Arthur E. Allen of Minneapolis, the evening of August 24th, following his work with the group at the Iowa State Fair Osteopathic Clinic. Dr. Allen's ideas are identical with the teaching of the subjects of Principles and Technic at Still College. Several members of the faculty mentioned his talk so favorably that we asked for a copy of it for the Log Book. We are sure the profession will enjoy reading it.—Editor.)

\* \* \*  
(Concluded)

To begin with, having determined that a vertebral lesion exists, it becomes necessary to decide how to produce motion at that point. The first thing I consider absolutely necessary is to avoid traumatizing the soft tissues. Pain is my first yardstick. If pain is so severe that the patient cannot relax at all, but rather resists slight tension, and the condition is such as not to demand immediate correction, I prefer to gently relax and stretch the soft tissues, working out the muscle spasm and at a later date produce articular motion, when it can be done more comfortably.

Articular motion in the spine can be produced in two ways, either by the sudden application of force or by stretching of soft tissue. Sudden application of force must be slight ordinarily and the release slow, to avoid trauma. Dr. John MacDonald has this method reduced to a formula. Very often, if force is applied

slowly, and by proper position of the section being manipulated all motion removed, the joint "locked" in other words, no sudden force is necessary to produce the slight sound which indicates motion has occurred at the lesion. It will "pop" just from the stretching force alone. Be sure to take all the "slack" out of an articulation before applying force for adjustment, otherwise the force used is more than likely to produce trauma.

You will notice that I did not talk about the position that vertebral segments might be in while in lesion during my discussion of diagnosis. I omitted this description purposely, as in the majority of spinal lesions I feel that fixation is the primary cause of abnormal function, not the position of the lesion, and once motion is again established, that normal forces will return the misplaced segment to normal position if that is anatomically possible. There is usually one direction for applying force to a lesion that will be least painful, and I feel that, except in very rare instances, that is the proper direction to use. A type of treatment which causes the patient to remain tense and resistant has more the ear marks of a contest than of a scientific procedure.

So much for a general consideration of lesion correction. Now for a few private peculiarities which I have found useful in treatment. In all conditions affecting the head, face, and throat, I always like to include in my treatment a careful, yet thorough relaxation of the soft tissues just below the angle of the jaws. My observation has been that the tissues of the right side are usually more contracted and sensitive than the opposite side. This treatment has aided immensely in relieving many unpleasant symptoms. In conditions producing pain in and around the shoulder joint I never fail to relax the infra and supraspinatus muscles on the affected side. Next I move to the point on the posterior surface of the shoulder where the lower border of the infraspinatus passes under the posterior border of the deltoid. Just below that point lie the teres major and minor and almost invariably they will be very sore and contracted. I have relieved many painful shoulders by relaxing these soft tissues when every other method of treatment had failed. In all conditions such as colds, influenza and pneumonia and usually in all contagious conditions, the calf muscles of one or both legs are very tender and contracted, and relaxation always seems beneficial. Not long ago I asked one of our oldest osteopathic physicians in Minneapolis to treat me for a cold and he finished up his treatment by vigorously manipulating my calf muscles, stating that he had always done that for a cold. The treatment relieved me of my cold and also of the idea that I had

had an original idea. The three soft tissue conditions I have just discussed will be well to remember. I know they are valuable.

And now in closing this paper and before going into the demonstration of some forms of technique, I would like to say a few words about the future of the osteopathic profession. We, as a profession, are developing a new and revolutionary theory. It is a sound theory and practically fool-proof. If we have not satisfied ourselves as to the merit of our philosophy, all we need to do is look at the unqualified. Here is an individual without sufficient fundamental training to have either a definite philosophy or a sound basic knowledge of what he is doing or how he is doing it, and yet, with a crude and unscientific method, he is applying our fundamental principle and getting results. The principle must be good. There is no doubt in my mind that the osteopathic part of our school of thought would be much farther advanced today if we had never developed into a complete science of healing. However, such a development, under the circumstances, was both desirable and necessary. Nevertheless, we must not lose sight of our fundamental philosophy, because without it we have no reason to exist as a separate school, and if we lose our individuality we will shortly cease to exist at all. We are too prone today, in our efforts to obtain additional practice rights, to stress the similarity between the medical and osteopathic schools of thought, when in reality we should be shouting the difference from the housetops. We must not trade our professional rights for a mess of medical pottage. If we need additional privileges, let's show that we are qualified to have them and then go out and fight to get them. It may be the longest way around for us but it is the safest. If we are not careful we will soon legislate ourselves right into the medical profession, and then won't we both be surprised! I would like to leave this final thought with you. In the next few years, instead of spending so much time in developing new legislation, why not spend most of our time in trying to decide exactly what we believe about this osteopathic theory we have been fumbling around with for over half a century? Why not decide whether or not we have something worth saving and if we have then proceed to do something about saving it? Why not develop a model osteopathic creed and then develop a model osteopathic law? That would seem to be a highly intelligent and logical course to pursue.—Arthur E. Allen, D. O., Minneapolis, Minn.

After all, the problem of life is not a difficult one. Do what is right, the best way you can, and wait to the end to know.—(Kingsley.)



## The Log Book - Link Page

[Previous](#)      [Volume 11: February 1934 - January 1935](#)

[Next](#)      [Volume 13: 1936](#)

[Return to Electronic Index Page](#)