Senior Class Day

Thursday evening, January 19, the Trustees of the College will entertain the graduating class at a farewell banquet. This year it will be held in the Annex of the Hotel Savery. The room is to be decorated for the occasion and the menu prepared by Herman which is sufficient recommendation for the food.

Dr. W. J. Johnson will be in charge of the program which will consist of short talks by Drs. J. F. Schwartz, J. H. Paresi, and W. L. Hasselman. The program will be submitted to the college for approval, and the trustees will bear the cost of the entertainment.

The Trustees take this opportunity of expressing their appreciation of the excellent work of this class. They wish them good fortune and regretting their departure yet realize that the class is needed in the field.

Commencement Program

Ceremonies honoring the fifteen members of the January, 1933 class of Still College started with class day Friday, January 13. Being on Friday during the thirty minutes consecutively occupied by this act that the crowd was in an uproar continuously until the class made a deep impression on all present by their carefully worked out program of acting.

The_interlude_of_music_following_consisted_of_numbers_by_the_band_and_a_special_number_by_Drs. Paresi_and_Fisher. Not to be outdone, Benno was called upon to conduct the band in a ho-ho number that was a complete surprise to all. It went over big.

The class president then presented Dr. C. W. Johnson with a framed composite picture of the class. (Continued on page 3)

Drs. Paresi and Fisher

The Trustees of Still College are glad to announce that Drs. Paresi and Fisher, who have been assisting the faculty in a very able manner during the college work, will be retained as regular members of the faculty.

Dr. Paresi’s work will be expanded and made to fit the specialty which he has been trained. This means that more complete and efficient laboratory work will be offered and its application stressed.

Dr. Fisher will continue in the department of Chemistry and will devote his entire time to this and allied subjects. The college is to be congratulated on this important move.

Senior Banquet

Senior Awards

Beginning in the Junior A term each student at Still College has the opportunity to receive one of the special awards given by the college. This consists of extra credit established in the form of assistantships or additional work done in the clinics over the amount required for graduation. Due to the exceedingly large number of cases handled in the clinics during the past year, ten of the fifteen members of the class were able to devote a great effort to qualify for these honors. Below we list the awards and the members of the class receiving them.

Osteobetes:
- W. E. Banker, L. C. Boatsman
- E. V. Chance, H. H. Donovan
- E. V. Chance, E. R. Keig

Anatomy:
- W. E. Banker, L. C. Boatsman
- E. V. Chance, L. C. Boatman
- J. H. Dorr, E. R. Keig
- H. A. McDonald

Physiology:
- E. V. Chance

Dr. H. J. Marshall’s award in Surgery was presented to LeRoy Sparks.

The Sigma Sigma Phi certificate for Service to the College and for Proficiency in Osteopathy were given to E. R. Keig and O. E. Campbell, respectively.

On Your Mark!

News from several different sources seems to be mainly along the line of legislative battles about to be begun. We wonder if you have taken advantage of your spare time since the election to make yourself acquainted with your law-makers? Illinois and Iowa are just another front in the battle for the pre-medic and university class.

On the air you may hear some bad news. They are the names of the men you will find in Section 1L. You will be able to guess the significance of those metal keys indicating membership. The awards were made immediately after the holidays.

Our Seniors

Fifteen new Osteopaths will be graduated January 20th. This means four years of intensive preparation for their life work. In some cases more than that for several members of the class have preliminary work in the pre-medical and university class. You in the field will be proud to add them to the list of practicing Osteopaths for we can vouch for the training of this group. Their clinic record is a remarkable one.

W. E. Banker—A lot of preliminary work in therapeutics will help him in the practice of Osteopathy.

L. C. Boatsman—Still talks about Ames. Has been the book-man for some time and will interne in Winona.

O. E. Campbell—Sanitarium experience forms the main aim of the value of Osteopathy and he is more convinced.

E. V. Chance—One of our own Iowa boys. He also owns a clarinet.

J. H. Donovan—Came to us from Kirksville. Jimmy got away actually. Showed me that being a Democrat is not afraid.

G. E. Fisher—Came to us from Grinnell and he has two brothers who are successful.

W. L. Hasselman—Came to us from Iowa State. Another who saw the light before it was too late.

E. R. Keig—From Chicago but does not show any scars. Has had plenty of experience in therapeutics.

H. A. McDonald—Another Detroit boy. Michigan will gain when Map settles in that state.

D. F. McDonough—From Chicago. Another who we are proud of.

J. E. Obenauer—From Ohio. According to some that is all.

Honorary Freshmen

After counting up the score, Dr. Halladay finally found that fourteen of the freshmen were entitled to become members of the freshmen Honorary group known as the Osteopathic Osteological Fraternity. Look closely at the key of outstanding metal keys indicating membership. The awards were made immediately after the holidays.

Entered as second class matter, February 3rd, 1923 at the post office at Des Moines, Iowa, under the act of August 24th, 1912.
numbers, shrubs, vines and blossoms, fragrance and perfume (natural and French distilled); historical significance, caricature, humour and romance! Or so they say. I wonder whether it is Chamber of Commerce propaganda. There was certainly none of it from December 27 to January 3, 1932 and 33, respectively. I offer what I presume is the most unorthodox port upon New Orleans ever contributed.

There was no sunshine; from the day I left until I again reached Iowa soil I never caught a glimmer of a sun ray. The streets are narrow, exceedingly narrow, especially in the business part of the "modern" town. The automobiles park on both sides of the street and there are no street cars upon parking that I saw. Result, the stream of cars searching their way through the perpendicular curbs are constantly tooting their horns and shrieking their Claxon. It has become a nervous habit in New Orleans to honk horns. The traffic lights are very, very few (I recall them only in the French section) and a police cop at every corner adds his shrill whistle to the general din and clamor. The blocks are so short that from any distance the cops' whistles may be easily heard four blocks in all directions. Since there is no time interval on the movement of cars, their shrieking is almost incessant and the high walls of the buildings which crowd the narrow streets make the sounds reverberate and echo. I give you St. Charles at Common, or any place in New Orleans, as the exquisite epitome of what noise in modern civilization can mean. If I were an over head railway the place would be untenable.

In the French section are found the splendid old buildings of an early day, remnants of a wealth and beauty of living which is quite beyond a layman's imagination. And the buildings are rotting and falling to pieces, battered, neglected and littered all over the place across the fronts of the old homes in intricate designs of flowers and fruits with delicacy and monogramming; and they are roughened and corroded with dirt and rust, or else painted over in order to presumably draw them to the tourists' notice. The green ones are worse than the shabby ones. There is one story of the most romantic and colorful sort, what New Orleans needs is some allied organization of the D. A. R. which could do it in order.

One is charmed by relics being old, but there is no excuse for their being filthy! — A. L. J.

New Orleans At Christmas Time.

New Orleans, a name which spells blue skis and sunshine; green trees, shrubs, vines and blossoms, fragrance and perfume (natural and French distilled); historical significance, caricature, humour and romance!
The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President --------- C. ...

Faculty Adviser... H. V. Halladay

Editor........... F. J. McAllister

Osteopathy Without Limitation

Thank You!

We get a good many letters. Some of them tell of mistakes we have made. Some voice their appreciation of the Log Book and compliment us on it. Some of you are thoughtful enough to write us when you change your address and we thank you. Do you know that it costs us two cents every time a Log Book is returned to us? It is not delivered? Uncle Sam is not quite as generous as he once was about this business of returning mail addressed to the wrong place. We thank those of you who have sent in your new address and we assure you that we will continue to like the Log Book. We thank those of you who have written nice things about us and we also thank those of you who have offered constructive criticism.

Under this heading we may thank Dr. Van Brackle for his notice and the information about legislative affairs in his state. It is evident that Oregon is having the same internal troubles that some of our other states are affected with. Dr. Van Brackle's monthly bulletins are well written. We will venture that the Oregon group reads every word of this interesting letter volubly.

We also thank Dr. Mary Walker for a copy of her Osteopathic calendar sent to this office.

The New Class

Somehow word got out that we would not matriculate a new class in January of this year. Even with this rumor in circulation we have every indication that the in-coming students at this time will exceed the number that entered the same class last year. Already several are here in town and correspondence indicates that the class will exceed our expectations. Still College will give these incoming students four years of work just as classes entering in September and no effort will be made to cut their time of graduation short by crowding the work in any way.

We are gratified to know that the profession appreciates completeness of the work given in Still College and we thank you for your efforts not only in our behalf but for Osteopathy.

Dr. Golden Entertains

The holiday season was not entirely devoid of affairs regardless of the exodus of the majority of the student body. On December 28th Dr. Mary Golden invited those of her Pediatrics class who did not go home for Christmas, out to her lovely home for dinner and the evening's entertainment. Her living room was decorated with a beautifully lighted Christmas tree under which she had arranged gifts. Coziness was produced in the room by the logs burning in the fireplace.

At six thirty a real Christmas dinner was served to the twenty-four guests and was complete in every respect. Those who did not have the pleasure of a home cooked Christmas dinner at home were treated to one at Dr. Golden's.

After the dinner Dr. H. V. Halladay arrived with his movie camera and showed movies of his trips through the West during the summers of '31 and '32. They proved interesting as well as instructive.

Everyone left with the remembrance of a very enjoyable evening.

—A Guest.

The Past Semester

Beginning in September a number were made in the curriculum with the idea of improving the work in several of the departments. This was empha-
sized more in the lines of Osteopathic Principles and Technic. Reports from the students and others who have been making observations of the work are to the effect that these changes are a very great improvement over the method of teaching these subjects. With the new plan in force the student now has added work in every subject and this particularly in the Osteopathic lines. The present day Osteopathic Student is not satisfied with the statement of facts without knowing the scientific background.

Our Seniors

(Continued from page 1) recommendation he needs. Obie will make his own way without the backing of his state.

A. Paresi—from Colgate, Harvard, and Harvard beyond. Paresi knows Pathology and a number of other things. There were seven little cubes in his family the last time we counted.

L. J. Phillips—from Chl. He knows his stuff.

L. R. Sparks—from the East Coast. We will trust him to carry on for Osteopathy.

Soph: “Come on and get cleaned up and I'll get you a date.”

Fresh (cautiously): “Yeah, and then suppose you don't get me the date.”

The Christmas Vacation

This year the vacation period started two days before Christmas and even that late date does not cause the demise of more than the usual number of relapses. Regardless of the lack of funds most of the students managed to go home and left very few to carry on the work of the clinic during that time. It is needless to say that the various departments taken care of by our Seniors felt like having a vacation after the 9th of January.

Senior Class Day

(Continued from Page 1)

class and Dr. J. P. Schwartz was presented with a picture of the Sigma Sigma Phi Fraternity. Dean Schwartz then awarded the honorary certificates for extra work done in the various departments of the college, also the special awards of Sigma Sigma Phi and Dr. Mary Golden.

It being the birthday of the Dean, Bouton deemed it proper to present Dr. Schwartz with some new equipment making the operating room at the hospital. This was highly appreciated.

Miss Lillian Peterson received the annual Sigma Sigma Phi award for having the highest scholastic average in the Freshman class.

This very interesting program snapped through without a stop and was closed with a number by the band. The majority of the students wish that we could have class day every Friday.

Basketball

The basketball tournament sponsored by Sigma Sigma Phi continues very much unabated. Below we list the results to date as reported by the editor. From certain post-mortem findings that have been received this is not only true in the word. One of the recent games demonstrated not only the ability of the players along the lines of basketball but according to eye witnesses tactics were borrowed from football, boxing, wrestling and even bridge. It is reported that one player made a grand slam. The original card for games to go yet before the series are over. With the score looking a little one-sided now the championship is still open.

Bracket

Win—Lose

AASP........... Won 3—Lost 1

PSG........... Won 2—Lost 2

Non-Frat—Won 2—Lost 2

ITS........... Won 1—Lost 2

Home for Christmas

Even with the extra work in the office during the vacation of the last week or two as to be home for Christmas. She reports a gain of seven pounds in weight.

The Unusual Case

"Oh, Doctor Jones, I really need help.

If science ever will find out, Or learned men will ever see

The reason for my agony.

My bed is soft, my pillow deep, I try so hard to weep some sleep.

I guard me with the best of care And still it never finds me there.

Food to me is quite a bore, It has no savor any more. I've eaten stuff in cans and tins Washed down with oils of vitamins.

I'm wearing woolen underwear And still I have no pep to spare. I've purchased every kind of lamp, And I still perspire cold and damp.

One, Doctor friend was very kind, He worked on me with a Poly
dose. He gave me fourteen kinds of juice, But I think a kidney flooted loose.

Oh, Doctor Jones, how germs defeat us! My Grand dad croaked with diabetes. Small chance I have to get Insurance I have, I feel, lost my endurance. Oh, Doctor Jones, please take my case And face facts squarely in the face. I'll gladly be a martyr to science, And even wear your latest appliance.

My money is gone, ah, but I have friends, And Doctor, think of the dividends! I'll tell them all I have you to thank! ! !

And they expect you to put it in the bank!

George Edward Fulkman, '35.

The New Term

The Spring term begins January 23rd. Late registration is permitted only in the Freshman B class. Students who have been absent for one term must be here January 23rd. Make your plans accordingly.

Stude, looking for rooms: Do you stand for smoking here? Puzzled Old Lady: Why, no, we've never attached any patriotic significance to it.

The advertising man was proposing: "But remember, else, this is the last day, positively the last day, of this astounding offer."

The confidence which we have in ourselves gives birth to much of that which we have in others.
New Dietetic Principles For Tuberculosis

(By Ava L. Johnson, B. H. Ec., B. S., M. S.)

(Continued from Last Issue)

(3) Fresh meat foods are restricted to 600 grams weekly; Hermandorfer and Gersen would reduce that and give it only once or twice a week.

(4) One pint or more of fresh, uncooked milk daily, augmented by sour milk, eggs, especially the yolks, honey, whole wheat bread and ferments, were important foods in restricted amounts.

(5) The diet includes the use of various spices to improve flavor. And there are added to the food list two medicinal preparations. One, Mineralogin, is a special blend of mineral salts of vegetable origin, the exact composition of which has not yet been published. According to Hermandorfer and Gersen it contains potassium aluminium sulphate, sodium silicate, magnesium sulphate, sodium sulphate, bismuth subnitrate, calcium lactate, strontium lactate, aluminum, sulfuric acid sulphate, and sodium bromide. In addition to this, an abundance of vitamin is assured by the use of a special phosphoric acid cod liver oil preparation.

Reports from the Sauerbruch hospital were enthusiastic. Use of the diet was followed by a rapid increase in the number of cases. The rapidity of the special arrest of tuberculosis. It seemed to be of especial value in the healing of wounds. Gersen feels that the nutritional state of the patient is profoundly influenced by the dietetic regime which restricts salt and is almost chlorine free; which is high in vitamins largely from the fresh fruit and vegetable source; which augments with the use of phosphorized cod liver oil and augments the minerals with the vegetable Mineralogin. Reduced NaCl plus Mineralogin, Gersen claims, affects the water metabolism and reaction of the tissue that the salt base is altered. Diuretics results and the body cells depleted of water, are better able to combat the bacillus of tuberculosis.

The diet formula on a daily intake of 3,600 calories shows 9 grams of fat, 189 grams of protein, 24 grams of fat and 246 grams of carbohydrates. This is higher in fat than was previously given. Gersen believes that as well as the atrophy already discussed, the excessive feeding must be guarded against because of the increased respiration which demands even more oxygen; the prevention of functional rest. With these considerations they approximated the calorie requirement at 1,000 per day to be given with 75 grams of protein incorporated per kilogram of weight.

But fulfilling the calorie needs is only part of the requirement. Wasting away means a parallel loss of Ca, Mg, K, P, S. These needed to be supplemented by a diet rich in the base metals. The process involves excessive dehydration of the tissues, the NaCl was excluded. At Saranac they did not believe the addition of the mineral salt compound made a great deal of difference because most of the salts present which is high in vitamin A. Describes the Saranac diet which he used,is a mixture of calcium and strontium lactate, albumin, sodium silicate, magnesium sulphate, calcium phosphate; contains potassium aluminium sulphate, strontium lactate, albumin, sodium silicate, magnesium sulphate, calcium phosphate; and is almost chlorine free. The diet includes the use of phosphorized cod liver oil, which augments vitamins with the fruit and vegetable source; which restricts salt and is almost chlorine free. The food list two medicinal preparations. One, Mineralogin, is a special blend of mineral salts of vegetable origin, the exact composition of which has not yet been published. It contains potassium aluminium sulphate, sodium silicate, magnesium sulphate, sodium sulphate, bismuth subnitrate, calcium lactate, strontium lactate, aluminum, sulfuric acid sulphate, and sodium bromide.

The Saranac diet was rich in vitamins. All nutritional metabolism depends upon the vitamin intake for absorption and utilization, therefore much raw food was added to the diet. Those which were cooked were high in vitamin A. The vitamin provision marks specific advance in this treatment the men working at Saranac believe.

(Continued Next Issue)

A new way has been discovered to combat sea gulls. A brick is placed in the pot with the gulls and they being startled mother may I go out to swim? But don't go near the water! Active: What's the idea of sticking your thumb in my soup? Pledge: Just a personal touch sir, a personal touch.
Half A Score

Ten years ago the first of February the first Log Book was mailed to you. Some of you will say, "Why, it seems longer than ten years," and others will remark on the rapidity of time. Those of us who are now responsible for its appearance hope that in the ten years that you have come to know the college just a little better and that you have enjoyed reading our little publication. We have never attempted to offer to the profession a periodical filled with scientific articles. We have felt all through the years that the established monthly publications of the A. O. A. and others amply fill that need. We have wanted you to know that Still College was alive and progressing. That your college was continuing to matriculate and graduate students who feel like you do, that those were the best four years you ever spent. Just as some of you will look back to the good old days, these who are now in school will be doing the same thing ten years hence. College days are always the good old days. The Log Book hopes that it has kept you in closer touch with the college and has tried to make you feel that the good old days are still with us.

It may be of interest to you to know that the Log Book does not accept any advertising. Many letters have come to us asking our rates but under our contract we are not listed as an advertising medium. There is no subscription rate on the Log Book. It is mailed gratis to you if you want it. If you do not want it all you have to do is write to us and we will drop your name from the subscription list.

The editorial page of the first issue carries this information. Dr. S. L. Taylor was titled Director General; Dr. J. H. Styles, Publicity Director and C. L. Ballinger, Editor. Since that time Dr. Taylor has retired from active service in the profession and Dr. C. W. Johnson has taken his place at the head of the institution. Dr. M. D. Cramer was then a student. After his graduation he opened offices in Des Moines and entered the practice of Osteopathy and continues with us in the city although not connected with the college. Dr. J. H. (Continued on Page 4)

In Re New Orleans

Under date of February 1 the Log Book has received a letter from the editor of the Bureau of New Orleans News taking issue with A. L. J. in regard to his city. This was expected since a copy of the last issue of the Log Book was sent to the Secretary of the Chamber of Commerce of that city and we knew that a reply would be forthcoming soon for New Orleans has pride and reasons for it.

The letter is just a little too long to publish in full but we compliment Mr. Callender on his efforts and feel sure that the city is doing all in its power to maintain its historic buildings and other distinctive features that are to be found nowhere else in the world. Since we cannot all see the same thing with the same eyes it is refreshing once in a while to get a report contrary to the usual one of "Having a good time. Wish you were here." A. L. J.'s report of her trip will not keep any one person from visiting New Orleans and as far as that is concerned a visitor from New Orleans could find several spots here in Des Moines or any other large city that did not agree with his idea of beauty or civic pride.

Birthplace of the Log Book

O. B. Clinic Takes All Ft. D. M. Deliveries

For the past several months the Obstetrical Department of the College has been taking care of all O. B. deliveries of the wives of enlisted men at Fort Des Moines, through appointment by the Surgeon's Staff of the Fort.

Last July while Lt. F. A. Parisi, U. S. A. M. R. C. was stationed at the Fort the Nursing Staff of the Post Hospital was discontinued, because of lack of funds, and sent elsewhere. At that time the Surgeon's Staff interviewed Dr. Parisi, faculty member of the College, and after thorough investigation of the methods and ability of the College Clinic, the O. B. Department of the College was appointed to take over all cases of families of enlisted men.

(Continued on Page 4)

Hold Commencement Exercises

Des Moines Still College of Osteopathy held commencement exercises for the January class of 1933 in the Still College Auditorium the evening of January 29. Rev. Charles J. Dutton delivered the commencement address. The procession was led by Mrs. Van Arsdale. The invocation was delivered by Rev. Lester P. Fagen and Mr. Tyne M. Buck sang two solos on the program. Following Rev. Dutton's address, Dr. J. P. Schwartz, Dean of the College, presented the class to President C. W. Johnson, who conferred the degrees.

The evening before, the Board of Trustees gave a sumptuous banquet for the graduating class at which various members of the faculty and the class were welcomed on for a few remarks.

The College is proud of these new graduates and wishes them good luck in their chosen profession and feels confident that they will succeed as the College graduates only practicing physicians that have had the practical experience while in school to assure them of success after leaving the college.

Nebraska State Board

The regular examinations of the Nebraska State Board are being held at the State House in Lincoln, February 14 and 15, according to a notice sent out by the secretary.
ATLAS CLUB

That week in a pledge's life, when he receives his invitation to become a member of his pledge, is now in full swing. Along with the usual formalities, we are going to have a very exciting result of the pledges faithful efforts during the past few days. During the week we have discovered several accomplished pledges; one scientific leader, who should have no trouble getting understandings; some gifted with the whistle, also one, who should make an excellent specialist in his practice.

We believe that 'Hell Week' should come often, if the pledges play basketball during one or two of his last few days. How many did you get, 'Butch'? As the Basketball Tournament draws to a close, we wish to extend our congratulations to each of the groups participating for the fine sportmanship and effort put up.

Since our boys have been fortunate enough to obtain a lead, which is impossible to overtake, we are looking forward to a proposed trip to Kaysville to play the champions of the intramural contest there. We understand that it will probably be the Atlas Club since they are leading at this time.

We are also very pleased to announce that the pledges have begun their season and training rules are in force. Our Pledge team 'Butch' Frazier and 'Jack' Enns seem to be on the winning side as they enter the contest, coming through with the full nine points last week.

We were pleased to welcome Miss Mildred Romingen to the House last Friday afternoon. She spent the weekend with her brother in Des Moines. We understand Brother Dierdorff has some interest in her being here. At least he was conspicuous by his absence from the house during the week end. 'Early Bird' seems to have converted some of our usual late risers to early birds. They say that the Early Bird gets the worm. We believe it looks like the worm should be changed to warm.

Xiphoid of the Atlas Club takes great pleasure in announcing the pledging of Ralph Moretti, Albion, Michigan; Donald Ashmore, Onaha, Nebraska; and Chester Wyman, Des Moines.

TOTA TAU SIGMA

Under the able captaincy of Brother John Herd, our stalwart men of bridge got off to a very able start, trailing the leaders by a very small margin. However, we are usually able to hold our own in this terrific pastime of slams and dummy picking. We have a great deal of pleasure that we welcome Brother Howard Cook back and that he is in line to carry on after a period of illness.

We are also very pleased to see Pledge Lingenfelt held in high short absence. Pledge Devine now has a running mate so all offenders be back.

It seems that our basketball team could not get started in time to contend for the championship this year. If we admit that we had a lot of fun and experience as a result, we will gently retire with but the unenviable alibiocal moral victory.

Brother Obenauer recently wrote stating that he is preparing to take the Michigan Board soon. Knowing Red as we do, we feel quite confident that he will be able to carry out his promise to be back in practice.

As a result of the recent cold wave, several of the card players are nursing frost bitten ears while most of the others just moan and grope. However, spring is around the corner and the hope that these lovely winter gales don't blow the corner away, is again alive.

Dr. Cash spoke as the first lecturer of the Junior Class in three different sections of the coming national A.O.A. Convention in Milwaukee. He carried only high class material with him.

Phil Sigma Gamma

We are honored to announce the pledging of four new men: Henry Diekow of Milwaukee, Robert Carter Jackson of Beloit, and Arnold Swedburg of Stockholm, Iowa, and William Moore of West Branch, Iowa.

The following conversation of the Junior Class Mr. Baird asked the closed format committee to extend the same to the Atlas Club also.

Fraternities Elect New Officers

Atlas Club—President—James Halladay, V. President—Emmett Sturgeon. Secretary—Clem Andreen, Treasurer—Verne Dierdorff.

Psi Sigma Alpha—President—G. A. Whetstone, V. President—K. W. Maloy, Secretary—R. E. Herbert.

Phi Sigma Gamma—President—Carl Blech, Secretary—C. L. Kruse.

For Sale

Dr. Joesephine Bowman Buck has announced that she has a McManus table that she will sell at a price in accordance with the times. Interested parties can communicate with her.

New Manager For Book Store

The Osteopathic Supply, located on the third floor of the College building, more commonly called the "book store" by the student body, has a new manager to fill the vacancy left by the graduation of Larry Boatman. William Rankin is now in charge of the store and has been busy the last few weeks getting in new stocks to fill the shelves made vacant by Larry's Closing Out Sale.

Manager Rankin will carry a complete line of text books, instruments, and school supplies for the needs of the students. The store will be open daily and carry only high class merchandise.

Many Entering Atlas Contest

According to James Halladay, President of Xiphoid Chapter of the Atlas Club, many blanks are coming in with names of persons wishing to enter the Atlas Club Scholarship Contest, sponsored by the College.

The winner of the contest, which ends April 1, will receive $100.00 payable in tuition at the close of the semester. Entry blanks are open to both men and women with judging placed on a thesis turned in by the contestants on a subject chosen from a list of subjects. Entry blank will be furnished to anyone wishing them.

To Speak At A. O. A. Convention

Notice has just been received that Dr. Josephine Bowman Buck of Sisterville, W. Va., has been invited to speak at the A.O.A. Convention where he has always talked on subjects backed scientifically by experimentation and of practical value to every physician.

Mid-Year Class Enrolls

A greater number of new students than was anticipated enrolled for the new semester January 25 and have already gotten down to work on their curriculum. This new group includes one co-ed.

Several familiar faces from last year will return to take up their work where for various reasons they were compelled to leave off before. The College welcomes these students as well as the newer ones.
Tuition Costs

Many professional schools will list their tuition for students by semester and then add such items as dissection fee, registration fee, activities fee, breakage deposit, clinic passes and hospital entry card fees, which makes tuition for a student a great deal more than the small amount appearing tuition cost. It has been the policy of the Des Moines Still College to credit a substantial tuition fee which includes every department of the College and every course offered. Students at this College pay one fee which includes everything. All equipment and supplies are for the use of students. The hospital has no fees outside of those covered by the regular tuition. Laboratories are equipped with the latest modern equipment, even to microscopes, for the use of students.

The advantages for self help in a town of 150,000 people are many and varied and a great majority of our present student body are employed at part time occupations that make most of them self supporting or nearly so.

Physicians who have friends that are considering the study of Osteopathy are asked to take this important factor in mind when advising students as to the choice of the school that will offer the greatest advantages at the least cost.

Bridge Tourney Opens

Sigma Sigma Phi is again sponsoring the Annual Inter-Fraternity Bridge Tournament and the opening games were played the past week. Atlas Club is leading at the present with 24 points with Iota Tau Sigma and Alpha Sigma with 20 points each. Sigma Sigma Phi Gamma third with 11 points.

Each year this tournament enjoys much interest and, as among the non-athletic and athletic music interest among the fraternity men of the College, Teams play at each house once a week for the run of the tournament at which time various systems of bidding are given a chance to display their worth. Later season games will be interesting to note.

New Location

Dr. J. J. Stiveens announces the opening of new offices in Pittsburgh, Penn., at 112 Craft at Fifth Ave.

The Log Book

The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY

President C. W. Johnson

Osteopathy Without Limitation

Dear Doctor:

By C. L. GORDON, D. O.

There is the preconceived notion that Chemistry is one of the subjects fostered upon the student along with the medical sciences and that the student does not have much opportunity to become thoroughly acquainted with the cadaver that he is working on and that takes many trips around the table at a safe distance.

Gerry, at the hamburger joint across the street, has discovered the heart of the college—judging from the large number of Stillonians that are locked across the counter from her radiant personality gorging themselves with “coffee and”.

Dr. Johnson, the elevator speed demon does not expect his future to be helde up by a wholesale tobacoo whose perfume floats through the lower corridor.

Gerry is walking around all lunched over as the result of a quick thump in the ribs obtained when a car in which he was riding was right in case certain who asked him who was driving.

That among the new Frosh classes we have a “Rosy” Lingenfelter and “Wild Bill” Rodgers is back again this semester.

The Junior’s new kit bag speaks and shines and how proudly they swing those new bags.

We have some new lab assistants this semester.

And “Sarg” Ramsey has a new “persuader” which has a powerful personality all its own.

We have made use of chemistry in that area and therefore condemn chemistry but to understand more thoroughly the chemistry of the human body.

Osteopathic treatment the body produces a normal chemistry. An Osteopathic lesion in the last analysis is nothing but an abnormal chemistry in that area and the correction of that lesion is nothing but normalizing the chemistry in that area. May we ask physicians labor together not to condemn chemistry but to understand more thoroughly the chemistry of the human body.

Athletic Care Course

Again Being Offered

The College is again offering the regular course in the care of athletic teams. The course covers orthopedic or Orthopedic, pediatrics, injuries to muscle, bone and ligamentous tissues, prophylactic care of athletes, and the general treatment of injuries attending athletic teams. The course has always been popular and in future years will be under the direction of Dr. H. V. Halladay.

The College Athletic Clinic takes care of six high school and college teams throughout the school year and every student has a chance to get in actual contact with real teams in all lines of sport and not only observe, but treat, all types of injuries.

Dr. Halladay has received so many requests for this course to high school and college athletic coaches that he is planning offering a special course along the same lines in a special session this coming summer.

Atlas Wins Basketball Tourney

In a fast hard fought game the Atlas Club defeated the Phi Sigma Gamma 29 to 16 to win the annual Sigma Sigma Phi Inter-Fraternity Basketball Tournament held last Wednesday night at the Jewish Community Center. Although all the listed games in the tournament have not been played out, the Atlas quintet have the title clinched. The remaining games will be played as scheduled and final percentages may be figured for each team.

The Iota Tau Sigma team took a game from the Non-Fraternity boys 29 to 23. The finals between the three contesting teams will be played off next week at the Center.

The entire College has taken a keen interest in these games this season and the Sigma Sigma Phi organization will undoubtedly sponsor a like tournament next year. They are to be congratulated for the promotion of the sport.

Grand total facts and figures will be given in the next issue of the Log Book.

“Porter, fifty cents for another pitcher of ice water.”

“Sorry, sir, but I takes any more food, dad corps in the bag-gage car isn’t going to keep.”

Have You Noticed . . .

Charlie, the janitor's amusement at a certain individual in the dissecting room, has not become thoroughly acquainted with the cadaver that he is working on and who takes many trips around the table at a safe distance.

Dr. Lawrence C. Boatman, member of the graduating class departed last week for Wichita, where he will start his internship in the Southwestern Osteopathic Hospital in that city.
Half A Score

(Continued from Page 1)

Styles resigned from the faculty at the end of the college year 1923 to take a position in Kansas City, Mo. C. L. Ballinger then became a student and is now practicing in Ohio. The records show that Jack Hansel was the second editor followed by Don Bayer, then L. J. Grinnell, R. K. Balle, A. L. Utterback, R. K. Homan, J. R. Forbes and F. J. McAllister.

The faculty and students contributed largely to the Log Book and we find E. T. Kirk, E. C. Herzog, E. M. Schaeffer, Olive Matthey, Matthews, Deitz and L. Kucheran writing in many of the early issues.

Ten years ago Mrs. K. M. Robinson was a member of the office staff. In February '24 she assumed the duties of the Secretary of the college and was officially elected to that position in June of the same year and has continued to conduct the business of the office since that time in a most satisfactory manner.

We see occasional references in some of the early issues to Angus. We wonder how many of you recognize the name.

The great fire in the Pit is described and a report made of the repair of this important part of the college building. We regret that the seating for an hour in the lower half of the board and have found Steelesmith elaborating on the items appeared on the sheets and distributed largely to the Log Book and the clinic discussed at some length.

"News":

- The record of achievement in the past five years of the Massachusetts Osteopathic Hospital is an enviable one. The background has gone far toward accomplishing the goal of the college.
- The conclusions adduced from these results by the members of the staff should be considered as before. Chest pains disappeared in a few who had complained of pain in chest for a considerable time. Chest pain is eliminated by wholesome food, scrupulous attention through our O. B. Department.
- The student body have been concerned with the activities of the Student Body and have been accomplished before.
- With two thousand more visits recorded in the Out-Patient Department, the value of Osteopathic procedure throughout New England has been enhanced.
- "With two thousand more visits recorded in the Out-Patient Department, the value of Osteopathic procedure throughout New England has been enhanced."
- "The record of achievement in the past five years of the Massachusetts Osteopathic Hospital is an enviable one. The background has gone far toward accomplishing the goal of the College."
- "The conclusions adduced from these results by the members of the staff should be considered as before. Chest pains disappeared in a few who had complained of pain in chest for a considerable time. Chest pain is eliminated by wholesome food, scrupulous attention through our O. B. Department.
- The student body have been concerned with the activities of the Student Body and have been accomplished before.

From the Files

Feb. '22—Dr. C. H. Downing, Boston, Mass., visited the College and gave a lecture on tennis.

Feb. '24—Still defeated Penn College in a hard fought basketball game at Drake Gym to the score of 36 to 34. The squad was composed of Thomas, Friend, Weimers, Hannan, Nicholas, Fyland, Davis, Olson and Myers.

Feb. '25—Funds were being raised to place a still College relay team in the coming Drake Relays in the spring.

An article on Surgical Clinics appeared in which Dr. S. L. Taylor, Surgeon in Chief was landed and the clinic discussed at some length.

Feb. '26—A large size framed photo of Dr. S. S. Still was hung in the college building. It had a gift of the mid-year graduation class.

Dr. G. E. Hurt was demonstrating the effect of poisons by the use of animals in the experimental labs.

Feb. '27—The new Freshman class presenting the first year book subscription in progress.

Dr. Halliday awarded football letters to the squad for their work during the football season.

Feb. '28—A large size framed photo of Dr. S. S. Still was hung in the college building. It had a gift of the mid-year graduation class.

Dr. G. E. Hurt was demonstrating the effect of poisons by the use of animals in the experimental labs.

"News":

- The record of achievement in the past five years of the Massachusetts Osteopathic Hospital is an enviable one. The background has gone far toward accomplishing the goal of the College.
- "The conclusions adduced from these results by the members of the staff should be considered as before. Chest pains disappeared in a few who had complained of pain in chest for a considerable time. Chest pain is eliminated by wholesome food, scrupulous attention through our O. B. Department.
- The student body have been concerned with the activities of the Student Body and have been accomplished before.

Births

The Log Book congratulates the following people on their fine new osteopathic babies:

Dr. and Mrs. James L. Craig, Craig, Iowa, a boy born February 4.

Dr. and Mrs. J. M. Jennings, Kalamazoo, Mich., a boy born January 25.

Dr. and Mrs. Robert Lustig, Grand Rapids, Mich., a girl born January 24.

New Dietetic Principles For Tuberculosis

(Continued from Last Issue)

The results were given in considerable detail in the report, but may be itemized briefly as follows:

1. There was a substantial gain in weight which had not been accomplished before.
2. Some dietary disturbances cleared.
3. The treatment effectually diminished weight and promoted a sense of well being.
4. In some cases the quantity of sputum lessened, but none cleared of bacilli.

The conclusions adduced from these results by the members of the staff should be considered as before. Chest pains disappeared in a few who had complained of pain in chest for a considerable time. Chest pain is eliminated by wholesome food, scrupulous attention through our O. B. Department.

Other effects varied with the patients, a few showed a marked diminution of cough, the hemoptysis cleared, so the same as before. Chest pains disappeared in a few who had complained of pain in chest for a considerable time. Chest pain is eliminated by wholesome food, scrupulous attention through our O. B. Department.

Assembly Schedule

President C. W. Johnson has just issued the assembly schedule for the second semester.

February 10, Dr. Della Caldwell; February 12, Dr. W. Woods; February 24, Dr. E. F. Parisi; February 28, Dr. C. I. Gordon; March 10, Atlanta Club; March 17, Dr. R. B. Bachman; March 24; Dr. E. Fisher; March 31, College Entertainers.

Dr. J. P. Schwartz will have the first assembly in April which will be the 7th. April 21, Miss Ava L. Johnston; April 28, Dr. L. I. Paetoz; May 5, Dr. J. J. Hamilton; May 12, Sigma Sigma Phi; and the final convocation of the year will be Senior Day on May 19.

To Interne Here

Dr. Howard Toepfer, graduate of the May, '22, class, D.M.S.C.O. is now interning at Des Moines General. Toepfer has been the place recently vacated by Dr. Dewey DuBois who will go into general practice. Dr. DuBois is on the faculty of the January, '22, class of the College, and recently completed his internship.
The Kirksville Trek

About fifty Stillonians made a week-end visit to Kirksville recently. Two basketball contests were arranged between the two schools on the evening of March 3. An Inter-fraternity Dance followed the basketball games. Visiting students departed in time to attend classes and clinic during the day on Friday and returned to Des Moines the day following.

Although D.M.S.C.O. was defeated in both basketball contests the trip was voted a success due to the fine sportsmanship and splendid hospitality shown the visitors by the Kirksville student body— the Des Moines Osteopaths were "Kings of the Day." 

The Kirksville chapter of the Atlas Club won their local Inter-fraternity Basketball Tournament while the Still Chapter of the Atlas Club were equally successful in the second tournament held in the same city. With two winners in the same fraternity at the two schools it was decided to decide the championship and a contest was arranged. The Kirksville quintet defeated the local boys 25 to 18 in a fast, clean, hard fought battle on a mammoth floor.

After arrangements for the Atlas game had been made it was decided that a picked team from each Inter-fraternity Conference at the two schools would meet in a similar tournament. Again the boys in the southern school came out with the big pointage to the tune of 27 to 17. Both games were a treat and enjoyed by a packed gymnasium of students.

An unofficial contest was staged during the tournament in the form of a foot race when the clarion call of "O. B.! Seniors to the pit!" was sounded and about 200 students engaged in a race to the scene of action. In this particular event the Stillonians seemed to be victorious. Following the race the students were invited to witness an evisceration of the eyes.

Like the postman who takes a long walk on his day off, local students made the trip spent the entire day in Kirksville visiting classes and the clinic. Saturday morning, several of the visiting aggregation drove on to Macon, Mo., to visit the Still-Hildreth Sanitarium.

The trip served to make new friendships among future members of the same profession. Local students have been expressing appreciation for the recreation and pleasure they received while in Kirksville and all enjoy the trip to such an extent that they are looking forward to another one at some future date. Invitations were delivered to students of K.C.O.S. to come to Des Moines and see our College and extensive clinics and Stillonians are looking forward to the pleasure they will derive from the sport.

New Proctology Book Out

A new book on Colonic and Proctologic Therapy has just been published by the Pideliity Publishing Co. of Tacoma, Wash. The co-authors are Dr. B. R. LeRoy, Bio-Chemist of Tacoma and Dr. Mark A. Bauer, Proctologist, and former graduate of D.M.S.C.O. in 1918. The book has already met with a fine degree of success.

Many Pass State Boards

Reports from various state boards indicate that four students at D.M.S.C.O. have been successful in passing state boards Examination Committee of the College. Both teams will be composed of students and managed by students for the pleasure they will derive from the sport. Further details will be available in an early issue.

New Locations

Dr. Marlon Crawford has moved into spacious new offices at 425 Flynn Building here in Des Moines. Dr. Crawford was formerly in the Southern Surety Building.

Dr. Warren Hasselman is now interning at the Howard Hospital in St. Louis, Mo. Dr. Hasselman graduated in January. Dr. R. L. Langeliers of Dayton, Ohio, is now associated with Dr. R. S. Licklider in Columbus, Ohio.

Appointed T. Board

The Nebraska State Board of Osteopathic Examiners announce that Dr. Clare Owen, Exeter, N. B., member of this Board, has been reappointed for another term. Dr. Owen has recently been appointed to the Nebraska Board.

Evidently Spring Is Here

If one were to judge by the conversation held in the halls between classes these days one would surely think that spring had arrived. Rumors of baseball and tennis teams for the College are floating about—and seem to be well founded rumors. Plans are now forming for a baseball squad for the course of the year. The team will be composed of twelve men and the tournament will begin in May. It is planned to meet other clubs in the vicinity and, if the early season weather is good enough, to continue the team throughout the summer. In the summer other competitive events will be undertaken. The needs of games will be split among the players, thus affording summer employment for several students that might otherwise be unemployed during the vacation.

The Inter-fraternity baseball series will soon start and an effort is being made to pick the best players from the various teams to make one "all-star" team for the summer-time schedule.

Tennis enthusiasts are already lining up their serve for the coming contests. While definite plans cannot be announced at the present a few meetings have been held to get teams organized for spring competition.

The College has not sponsored athletics for several years and both the above mentioned teams will be unofficially sponsored by the College. Both teams will be composed of students and managed by students for the pleasure they will derive from the sport. Further details will be available in an early issue.

Basketball Season Ends

The Sigma Sigma Phi sponsored Interfraternity Basketball Tournament this year proved that the floor boards are healing up and the arguments all settled the final accounting for the season can be rationally computed. In total points scored the Atlas Club, winners of the tournament, led with 243 points with the Non-Fraternity team second with 191. Third place was filled by Iota Tau Sigma with 107 points and Phi Sigma Gamma fourth with 141 points.

The three high scoring men of the season were Spalter of the Non-Fraternity team with 76; Dr. R. S. Licklider, Sigma Sigma Phi; and Noble, Phi Sigma Gamma, 50.

Basketball tournament festivities ended with the annual Sigma Sigma Phi spring dance. The dance will be held at the college on Friday evening, April 18th, and the program includes a formal dinner, refreshments and dancing.

Sponsor Spring Dance

Elaborate preparations are being made for the annual Sigma Sigma Phi spring dance. The dance will be held at the college on Friday evening, April 18th, and the program includes a formal dinner, refreshments and dancing.

Bridge Tourney On

Amid the smoke of battle and cigarettes, the Interfraternity Bridge Tournament flourishes with the fact in mind that the Bridge Tourney took place on March 18th. The high score was recorded on Monday night and includes the names of: A. K. M. S. 42, G. C. 42, F. C. 42, Gamma Sigma 66, Iota Tau Sigma 60, and D.M.S.C.O. 42. The prizes were awarded to the winners and the scores were kept. The tournament was a great success and all participants enjoyed the evening.

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.
**ERATRITY NOTES**

**ATLAS CLUB**

The big event of the month was our trip to Kirksville. About twenty from the house made the trip. We had the pleasure of being guests of the Axis chapter of Atlas Club. We enjoyed very much our stay at their house and were glad for the opportunity to get acquainted with our Brothers in Kirksville.

Our Brothers in Kirksville have proven very interesting to us. We found that we could give them some useful pointers in bridge. We hope they can use our Capital's experiences to a good advantage, since they are tramping in the tournament there.

Something in Kirkville must have proven very interesting to a certain group. Maybe it was the Delta Omega house, anyway, they are planning another trip in the near future.

Pledge Stevens had some difficulty in keeping a certain Model "A" behind him on the return trip, but he got it in about as fast as usual so pledge Frey who would be sure to get home safely for his weekly trip.

Monday, February 26, was given over to Stag Social hour which proved to be instructing as well as entertaining. The evening was begun with Dr. Halladay showing us the pictures of his 1933 tour, after which everyone enjoyed a few games of cribbage, bridge or rummy with our chaps. The evening ended in the form of a "Coney's" and coffee, picnic style.

Plans are being made for another Atlas assembly, which we hope will equal or surpass the one sponsored last semester. We have been fortunate enough to get the "Girl Friends", a vocal trio from Drake, who were received with a great deal of enthusiasm last year.

**PHI SIGMA GAMMA**

Brother Johnson wins the rubber cookie for having the name with the least number of points. Some of the boys thought Del was lacking an appropriate title and so hung "Wampaloosa" on him, which means "Big Swede from Fargo" or something to that effect!

Pledge Diukost is studying the human body as part of his biology. When the day comes to even touching a skeleton, especially when made from the basic cavity of the one at the house. That happened the other night and Diukost went to bed.

Pledges Irvin, Owen, and Storey have become real devilish lately. Last Thursday night they took in the mid-night movie at one of the local cinemas and had a very wicked time—but were sure all the next day for missing out on the schnapps given away.

Pledge Storey seems to have the edge in the ping-pong tournament—but is closely pushed by Brother Blech and Pledges Bartram and Owen.

Pledge Jurgensen still thinks that Iowa City is in America, but when it comes to card tricks and women he gets it. Earl doesn't seem to like Des Moines because he is only doing the short order. He says the fires like they do in his hometown.

The fraternity was very pleased to have Dr. Parisi at the house for an interesting lecture on "Preventative Medicine". A light lunch was served and an enjoyable time was had by all.

Dr. and Mrs. Kline were honored guests the evening of Tuesday and Thursday.

Brother Noble was a visitor in St. Louis over the weekend and came back with a Southern accent.

Brother Lou Kestenbaum delivered his first baby last week which accounts for the expanded chest. One would think he was the father.

Brother Hecker has taken over the position of assistant Pathology lab instructor and is almost overburdened by the added work.

Brother Roes arrived back at school from God's country early in February. He says it is the calm before the storm. He has been in Des Moines since the Greeks took it over.

Brother Naylor had the pleasure of spending a few days with Dave Graw in Chicago and apparently had a good time.

**IOITA SIGMA**

It seems to be just a matter of time until that lovely spring weather will be with us again bringing on those ever present symptoms of a certain type of fever which tends to make students just a bit slow and lessons hard to absorb. However, as a compensation we shall soon have the great old game of baseball which after all must be worth while.

At present we seem to be doing fairly well in the bridge tournament being approximately in the top any E. F. is doing better. Brother Herd seems to be getting lax in his playing rules by allowing the players to stay up at night as late as ten o'clock and eating between meals.

Brother Hurd, Herbert, and Gerow had the pleasure of traveling down to Kirkville to play basketball. They represent part of the so-called "All Stars". Might add that the game was close and very interesting but Billie did manage to win. Everyone had a great time and made many friendships which made the trip very much worthwhile.

It has just been brought to our attention that we have a new member in our midst. The Hobbs has again made that trip back to Ohio. There certainly is strong attachment back there to necessitate all these trips. That might also account for all those special delivery letters received here.

Brothers Whelstine and McLaughlin seem to have isolated themselves from the rest of the world since they have started to study for State Boards. In this connection we are pleased to have Dr. Parisi at the house for an interesting lecture on "Preventative Medicine". A light lunch was served and an enjoyable time was had by all.

We were glad at this time to entertain Miss Helen Butcher of the January class.

Better late than never—we have not made the announcement in this column of quite an honor to one of our girls. Miss Lillian Peterson won the scholarship which has been awarded by Sigma Sigma Phi for the May class of '35. More power to you, Pete.

Rachel Hodges visited the Alpha chapter at Kirkville March 3 and 4 and reports a very good time. The girls have a new member and are happy as can be.

Brother Hobbs has again made that trip back to Ohio. There certainly is strong attachment back there to necessitate all these trips. That might also account for all those special delivery letters received here.

Brothers Whelstine and McLaughlin seem to have isolated themselves from the rest of the world since they have started to study for State Boards. In this connection we are pleased to have Dr. Parisi at the house for an interesting lecture on "Preventative Medicine". A light lunch was served and an enjoyable time was had by all.

We were glad at this time to entertain Miss Helen Butcher of the January class.

Better late than never—we have not made the announcement in this column of quite an honor to one of our girls. Miss Lillian Peterson won the scholarship which has been awarded by Sigma Sigma Phi for the May class of '35. More power to you, Pete.

Rachel Hodges visited the Alpha chapter at Kirkville March 3 and 4 and reports a very good time. The girls have a new member and are happy as can be.

We were glad at this time to entertain Miss Helen Butcher of the January class.

Better late than never—we have not made the announcement in this column of quite an honor to one of our girls. Miss Lillian Peterson won the scholarship which has been awarded by Sigma Sigma Phi for the May class of '35. More power to you, Pete.

Rachel Hodges visited the Alpha chapter at Kirkville March 3 and 4 and reports a very good time. The girls have a new member and are happy as can be.
Dear Doctor:

By John M. Woods, D. O.

Since low back pain is a symptom which sends so many patients to an osteopathic physician for treatment, it is important that we consider every possible causal factor in diagnosing and treating these cases in order to help the patient secure relief. For practical purposes, however, only the seven most important conditions are considered: Osteopathic lesions, muscular and ligamentous strain, bone, joint, and reflex conditions, congenital malformations of the spine and pelvis, infection and toxemia, reflex back pain, from pelvic and abdominal pathology. Of course in most cases more than one of these conditions is found, since the last five tend to cause spinal and sacro-iliac lesions which often recur until the primary cause is removed and viewed as causative. Therefore, in the low back cases we should constantly check up on ourselves, as well as the patient, in order that we may prevent osteopathy to the public as it should be presented.

The diagnosis and correction of osteopathic lesions is so much a part of our day by day work and through that in this little space will be given to the subject except to emphasize that this measure is the most important of the entire group. For development of skillful osteopathic diagnosis and technical calls for mental effort and physical training as is needed training of an expert surgeon; a fact often overlooked especially by younger members. Therefore, in the low back cases we should constantly check up on ourselves, as well as the patient, in order that we may prevent osteopathy to the public as it should be presented.

The diagnosis and correction of bone, joint, and reflex conditions, congenital malformations of the spine and pelvis, infection and toxemia, reflex back pain, from pelvic and abdominal pathology is imperative before complete normalization occurs. In the chronic cases requiring osteopathic treatment, diet or other measures are imperative before complete and permanent relief can be secured.

In the last group to be considered are those cases where pelvic or lumbar pain results from pathology in the pelvis and abdomen. Prostatitis, a retroverted uterus, etc., are examples of these. One characteristic of this pain is that it is more marked upon pressure over the middle of the sacrum than upon the sciatic notch. Inferior perfusion over the sacral plexus is also common. Of course, the correction of the reflex pelvic or abdominal condition is required before relief from the low back pain can be secured.

In this brief article only the basic disease process can be presented as each factor presents enough material for an extensive discussion. By reviewing these possible causes of low back pain in mind and directing our treatment accordingly we can give the greatest relief to the greatest possible number of sufferers from this distressing symptom.

Any Day

(Continued from Page 2)

Dr. Robert H. McDowell, editor in chief of the "Stilletto", spoke on behalf of the Arch Preserver Shoe Company. The picture was a "talkie" under the spell of Dr. Parisi for one hour. The picture demonstrated the difference between plain fat and abdominal pustules that are thought to be a new heart case. Three lower class men who crashed the gate in college were "wanted on the phone" and do not return for some unknown reason.

Dr. Robert H. McDowell, editor in chief of the "Stilletto," spoke on behalf of the Arch Preserver Shoe Company. The picture was a "talkie" under the spell of Dr. Parisi for one hour. The picture demonstrated the difference between plain fat and abdominal pustules that are thought to be a new heart case. Three lower class men who crashed the gate in college were "wanted on the phone" and do not return for some unknown reason.

Dr. Robert H. McDowell, editor in chief of the "Stilletto," spoke on behalf of the Arch Preserver Shoe Company. The picture was a "talkie" under the spell of Dr. Parisi for one hour. The picture demonstrated the difference between plain fat and abdominal pustules that are thought to be a new heart case. Three lower class men who crashed the gate in college were "wanted on the phone" and do not return for some unknown reason.
Medical Aid for 3 Per Cent of Income

A plan whereby families with incomes of $2,700 or less may receive all needed medical attention for a yearly charge of 3 per cent of incomes—came before the Omaha-Douglas County Medical Association for decision recently.

The proposal provides that all members of the medical society, hospital and nurses, offer their services to the group of families eligible for the "health policy." It is provided that these policies be cancellable only on grounds of "deceit or fraud." Size of the family would have no bearing on the fee.

An executive board composed of members of the society would handle the medical end of the plan and the financial part would be handled by a financial company. Members of the organization would be permitted to select their own doctor, nurse and hospital, and each physician or surgeon would be required to list a definite schedule of fees for patients in the $2,700 class.

Total receipts and bills would be pooled each month. Each doctor would receive from the pool the same percentage of the amount he billed his patients as the pool received in receipts.

It is estimated by sponsors that 10,000 families would be signed as members of the plan within two years.

The Joy of Being

The Editor

Getting out this magazine is no picnic. If we print jokes people say we are silly. If we don't they say we are too serious. If we clip things from other magazines we are too lazy to write them ourselves. If we don't, we are stuck on our own stuff. If we stick close to the job all day, we ought to be out hunting up news. If we do get out and try to hustle we ought to be on the job in the office. If we don't print contributions, we don't appreciate genius; and if we publish them, the magazine is filled with junk. If we make a change in the other fellow's write-up, we are too critical; if we don't we are asleep.

Now, like as not some guy will say, "We are too lazy to write them ourselves." We are too lazy to write them. If we stick close to the job all day, we ought to be out hunting up news. If we don't, we are asleep.

New Dietetic Principles For Tuberculosis

(Continued from Last Issue)

According to the Saranac report album shows that the nutritive elements which were particularly effective were the inorganic salts and the vitamins. The inorganic mixture was prepared of alkali forming salts and blood tests showed a shift to the basic re-action during the feeding. This shift in re-action was an important factor in the development of the disease.

The Des Moines General Hospital has gained a national reputation for the efficiency and high standard of its work. The hospital owns $10,000 worth of radium. Many conditions formerly hopeless or amenable only to surgery are now handled painlessly and without inconvenience to the patient.

The co-operation between the school and the hospital makes it possible for the student to become adequately acquainted with hospital methods and enables him to feel at ease in the operating room.

The Des Moines General Hospital

- - - - -

The Joy of Being

The Editor

Getting out this magazine is no picnic. If we print jokes people say we are silly. If we don't they say we are too serious. If we clip things from other magazines we are too lazy to write them ourselves. If we don't, we are stuck on our own stuff. If we stick close to the job all day, we ought to be out hunting up news. If we do get out and try to hustle we ought to be on the job in the office. If we don't print contributions, we don't appreciate genius; and if we publish them, the magazine is filled with junk. If we make a change in the other fellow's write-up, we are too critical; if we don't we are asleep.

Now, like as not some guy will say, "We are too lazy to write them ourselves." We are too lazy to write them. If we stick close to the job all day, we ought to be out hunting up news. If we don't, we are asleep.

New Dietetic Principles For Tuberculosis

(Continued from Last Issue)

According to the Saranac report album shows that the nutritive elements which were particularly effective were the inorganic salts and the vitamins. The inorganic mixture was prepared of alkali forming salts and blood tests showed a shift to the basic re-action during the feeding. This shift in re-action was an important factor in the development of the disease.

The Des Moines General Hospital has gained a national reputation for the efficiency and high standard of its work. The hospital owns $10,000 worth of radium. Many conditions formerly hopeless or amenable only to surgery are now handled painlessly and without inconvenience to the patient.

The co-operation between the school and the hospital makes it possible for the student to become adequately acquainted with hospital methods and enables him to feel at ease in the operating room.
The Trek to Dunkerton

The truth being stronger than fiction we propose to tell in as few words as possible the reasons why a small town, Dunkerton, is located in a community of 327, went home with the bacon and everything else at the state basketball tournament. There follows extracts from the detailed report of M. J. Schwartz, Senior student of Des Moines Still College of Osteopathy, on an important job of taking care of this team at the meet. We quote: “Coach Hartman and his basketball team will take part in the State High School Basketball Tournament. Dunkerton, being so small, will try to make the best of the opportunity by bringing along the biggest and best school teams in the state. Truly, another David and Goliath story.

After being introduced to the members of the team, one immediately got to work. The Coach had brought some ten men from Des Moines, but little chance in the tournament, as it was a Class B school with an unimpressive record before coming to the meet. There are but 90 students in the entire high school, and the population of Dunkerton itself does not come to more than 300. Here met a small and insignificant Dunkerton meeting the biggest and best school teams in the state. Truly, another David and Goliath story.

After being introduced to the members of the team, one immediately got to work. The Coach had brought some ten men from Des Moines, but little chance in the tournament, as it was a Class B school with an unimpressive record before coming to the meet. There are but 90 students in the entire high school, and the population of Dunkerton itself does not come to more than 300. Here met a small and insignificant Dunkerton meeting the biggest and best school teams in the state. Truly, another David and Goliath story.

After being introduced to the members of the team, one immediately got to work. The Coach had brought some ten men from Des Moines, but little chance in the tournament, as it was a Class B school with an unimpressive record before coming to the meet. There are but 90 students in the entire high school, and the population of Dunkerton itself does not come to more than 300. Here met a small and insignificant Dunkerton meeting the biggest and best school teams in the state. Truly, another David and Goliath story.

WELCOME, KIRKSVILLE!

Through arrangements just completed a tennis match between the varsity team of Kirkville College of Osteopathy and Surgery and a picked team of this College will meet here in Des Moines April 22. Fairings in the various matches are still in the process of formation.

D.M.S.C.O. is extremely glad of the opportunity of being host to the Kirkville contingent due to the fact that they were such marvelous hosts to members of this College who played basketball in March.

Two full days have been arranged for the entertainment of the visitors. The festivities will swing into official motion at an assembly to be held Friday morning, April 21, at which time K.C.O.S. students will be presented with honor. A special program is being arranged at which the Stizzlers will play and a prominent speaker will welcome the visitors.

Friday afternoon will be devoted to visiting the extensive clinics here at the College and a tour through the Des Moines General Hospital.

The same evening the All-School Sigma Sigma Phi Dance will be held at the Hotel Club in the Hotel.’

Preparations are being made to care for a large number of visitors and every effort will be made to make their visit enjoyable.

Iowa Legislation

By P. L. Park, Vice President, Iowa Society Osteopathic Physicians and Surgeons; Chm. Legislative Comm.

Because so many requests have come to the College concerning the legislature, I have been asked to write a brief history of the recent session pertaining to the osteopathic Bill (H. F. 273 and S. F. 248).

I cannot practically everyone knows we were offered a compromise last October, which had for its purpose, the absorption and elimination of osteopathy in Iowa. This was received by the legislative committee and was rejected because we felt the price we had to pay was too high for the small amount offered those now in practice.

From that proposed compromise, the legislative committee formulated a Bill that was introduced and known as H. F. 255. Principally because we felt that there would not be any argument offered by the members on the part of it that was used, thereby making the chances of passing the bill that much better.

This much done the next thing was to find someone, we felt capable of passing our Bill. After careful consideration and several interviews, it was decided to obtain Mr. Frank Comfort to do this work for the Demo-крат and influential in the state in Democratic circles.

This brings us up to January 22 when the Legislature convened.

The next problem was to get the right man to introduce and father the bill in the house and also in the Senate. This is a more difficult job than it would appear. The State Assembly not only remember the fight we had two years ago and we were not anxious to enter into it again—and this bill travels fast in the Legislature.

The Honorable Mr. Crouch of Green County, finally consented to introduce our bill by request. This he did about the 20th of January and the bill was referred to the Health Committee; almost immediately the medic introduced the companion bills H. F. 256 and S. F. 248 to regulate the practice of osteopathy because the contents of which are all familiar.

About this time we were approached again with the idea of compromise and meet the medical committee in an effort to set-
The Log Book

One afternoon last week a literal moving picture was taken of the house. It proved to be very entertaining.

Brother Green is plodding his weary way up the front steps, leaving the front door open behind him in spite of the fact that it is for him but likes to be called.

Brother catching a wink of sleep in the Big room. In the Pledge Northrup slowly meandering towards the car line, already ten minutes late for his third year class.

Brother Potter in the back yard with a few of the aspirates for busy catching and returning jibes and halls to the members of his team.

Brother Bholtch, covered with grease and dirt crawling out from under his car to go to the junk yard.

Brother Ogden and Dierdorff coming in the front door and out the back, only stopping long enough for their bags and Brother Ogden's new O. B. gown.

Brother Lodish returns home to find "some dear brother" has molesomd some of the furnishings in his room.

Ashmore, Green, Stevens, Wyman and Northrup in the front yard raking leaves.

Brother Isaacson again appeals to the "Office's Room" to help him find some of his misplaced property, and as usual it is just about where he left it.

Brother Twaddle practicing his piano lesson. He is doing very creditable work and should be very capable having been in a system used by the club, the lightening position. He should be very capable having been interested in this type of work for some time.

Our golf team has been getting in some very good practice this week. The promises of Brother Peterson who is men.

We recently had the pleasure of having as our guest for a few days Brother Ogden now practicing in Rochelle, Ill. He reports that business is good but the banking is terrible.

All of the Brothers are looking forward to Easter vacation and some of them will probably have the pleasure of going home.

Phii Sigma Gamma

Dr. Charles Stolke, '32, was a welcome visitor at the house for a few days in March. He has just returned from the Clinic in Detroit and on his way back to Minnesota dropped in to say hello to the boys and the fraternity he hopes the alumni will see fit to pay us calls if they should ever be in Des Moines.

Brother Noble rounded up his baseball men and had a strenuous work-out Saturday. With the cup already in the possession of the Phi Sigs the boys are out to make a permanent place for it in the mangle. For the things now it will remain there until the silver wears off. The team will be sure of two good teams in Noble and Pledge Storey.

Pledge Bartram has looked in this track may he get a dieters another winning team this year. It will be remembered that the Phi Sigs won by twenty odd points last year and although the Great Jagnow, who incidentally copped eighteen of twenty points, is not back, there will be a number of wists who will be a more than welcome addition.

This will be centered around Noble, Blech, Kestenbaum, Bartram and Enderby, with a possibility of Pledge Moore proving to be "dark horse". There will be three good men entered in each event.

Brother Naylor has scared up a formidable golf team that will keep the number of strokes down to par and make a strong bid for the championship.

New medical student plus the wish to have it advertised should go high in this endeavor.

Pledge-Master Thompson put the pledges through a few days ago, and it is usual the boys all had a good time mixed in with a little seriousness that they live, at least until they can tell their grandchildren about it.

The fraternity wishes to extend its sympathy to Pledge Jurgensen upon the death of his grandmother.

Atlas Wins Tourney

The Sigma Phi Bridge Tournament ended last week with the Atlas Club the victors of the afternoon. Whether it was a system used by the club, whether superior bridge or luck, they managed to come out. The tournament is over and the cup graces the mantle piece of the Atlas House for the coming year.

In previous years only the three fraternities at the College have been represented. This year's contest was made harder by the entry into the lists of a team composed of non-fraternity men.

Dance April 21

An all school dance is to be held at the Grant Club the evening of April 21 and will be sponsored by Sigma Phi Fraternity. Tickets are on sale from any member of the fraternity and from card room. A record breaking crowd will be in attendance. An unusually large number has been engaged and special features of the evening will be novelty numbers and special decorations. Students and friends of the College will be in attendance as well as the evening's enjoyment and the entire student body is looking forward to what will be the only official all school dance of the spring season.

Makes High School Talks

Dr. H. Y. Halladay will depart April 17 to make a series of osteopathic talks to various high schools. Through arrangements made by Dr. A. Richardson, he will talk to the Rotary Club at noon and the Austin, Minn., High School students at noon. The afternoon will be divided between the evening's enjoyment and the entire student body is looking forward to what will be the only official all school dance of the spring season.

Missouri Board

The Missouri State Board examinations will be held at the Kirksville and Kansas City Colleges of Osteopathy on May 25, 26, and 27, 1933.

Tota Tau Sigma

Most of the Brothers have been getting baseball and as a result we have the usual amount of tender arms and backs. This merely proves that old age cannot tolerate these games for the more youthful. It seems that our team will not be as strong as it has been in the past but everyone that we play will know that we've been there.

Pledge Pohl was almost on the verge of going home recently when he heard that the conservancy damns around his home town had bursted. However, he was soon explained to him that a false microphone had been attached to the radio and some of the Brothers were merely jesting.

If space permitted we would not be a very clever club if we were neglecting the social activities of the week. It seems that his interest, at present, is being held at Valley Junction in another case of "Mary had a Little Lamb." However this may be, it is entirely seasonal just like rain.

Brother Hobbs has kindly consented to teach the way of penmanship. He seems that some criticism has been received which has prompted him into a lightening position. He should be very capable having been interested in this type of work for some time.

Our golf team has been getting in some very good practice this week. The promises of Brother Peterson who is now practicing in Rochelle, Ill. He reports that business is good but the banking is terrible.

All of the Brothers are looking forward to Easter vacation and some of them will probably have the pleasure of going home.

Assembly

The Sigma Phi Bridge Tournament ended last week with the Atlas Club the victors of the afternoon. Whether it was a system used by the club, whether superior bridge or luck, they managed to come out. The tournament is over and the cup graces the mantle piece of the Atlas House for the coming year.

In previous years only the three fraternities at the College have been represented. This year's contest was made harder by the entry into the lists of a team composed of non-fraternity men.

Assembly

Assemblies the past month have been held by popular entertainers for the students. Dr. R. B. Bachman started off the month by presenting the ever popular Judge Devine who kept the student body rocking with merriment for a half hour.

Dr. Schwartz presented Jerry Hayes and his boys, colored entertainers, the week following. The two shows amused and entertained the assembly.

Virl Halladay and the Stillonians, booked as the College Entertainers, have been working with a complete assembly program of music at which time various members of the band and Virl presented solos.

April 7, Dr. J. P. Schwartz was assembly chairman and presented the Des Moines Police Department in a police radio demonstration at which time Asst. Chief West of the local force surprised the assembly through putting in a radio call to a touring squad car of the radio division of the police force.

April 8, the college assembly presented an overture "Gesundheit" for the students. In the arrangement such tunes as "Sweet Adeline," "How Dry I am" and "Ther'll Be A Hot Time In The Old Town" were played. As a closing number the band played "Bye, Bye Blues" in admiration of the Police Department representatives.

New Contests Open

Although no official games have been played as yet, the interfraternity kittenball season is on. The contests are being whirled into shape by the various contesting teams. Glass cups are being given and stiff legs are receiving attention from their owners and the bets are flying as to the outcome of the coming tournament. Hard ball has been played in the past but kitten ball will be the pastime this spring.

Those not wishing for the more exciting contest are seen practicing in the back yards of fraternities and houses with their golf clubs. The season will open within the next two weeks and each organization will have a representative group competing in the good old game of pasture pool. Warm days are now attended by the sounds of bob notes from the trees. Each morning and noon see a general exodus from the students into the fields.

Close contests are anticipated.
**THE LOG BOOK**

**The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY**

President --------- C. W. Johnson  
Faculty Adviser -- H. V. Halladay  
Editor --------- F. J. McAllister

**Osteopathy Without Limitation**

Elbert Hubbard Says—

My father has practiced medicine for seventy years, and is still practicing. I am told that he is the oldest continually practicing osteopath in the country.

I am fifty-five years old; my father is ninety.

We live neighbors, and daily ride horseback through the fields and woods. Today we did our little jaunt of five miles and back across country. I have never been ill a day—never consulted a physician in a professional way. I have accepted through inability of access.

The old gentleman and I are not fully agreed on all of life’s themes, so existence for us never resolves itself into a dull neutral and commonplace.---Theavy and commonplace.---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The

---The
The Log Book

The Trek to Dunkerton

(Continued from Page 1)

them. Let me also add, that in
my senior athletic clinic... of
the hospital staff held in the staff
room at the hospital recently.

...wrestling and basketball teams,
...of the Still College faculty, en-
struction by Dr. H. V. Halladay,
all their games, at home and
back to the hotel. I am going
test and say, "Aw Doc, we don't
It was comical to hear them pro-
more of your lungs than they
and I told
them or go near them.

At about 5:30 p.m. the men
formed them that the team was
newspaper men said they would
ed, but they could see them and
us for we were seated di-
ments are applied according to

Iowa Legislation

(Continued from Page 1)

...happiness was stressed by
happened when the team won and the reason upper-
when the action was
proved by tape applied according
the Halladay method.

...two separate games, sup-
...double final seconds.
...ten by the Roosevelt High
school team, last years state
champion.

...the game told me
...we had won had
...my care and
...milk. Af-
...able feature of the playing of
...committee. We arrived in time
...to make the trip as guests of the
...for enabling those boys to play
...the team and coach, and then
...the largest structure for
...around and well equipped.
...standard in size and one remark-
...the larger standard court and the
...acclimated to going to the
...in action before a rabid mob of

...sided over a thousand found
...could not use the same rule because
...and both medical bills went to
...with the few excep-
...ing Committees were appointed
...and the few excep-
...committee of both houses to cast a
...hold S. F. 248 over and make it

Letter From Michigan

The Editor received the fol-
lowing communications from
...ural Clinic, Highland Park, Mich., last
...are always glad to re-
..."Book Store Bandit."

...Dr. Wright was in a gradu-
...of the Log Book.

...in the Osteopathic care that the
...the few other bills, after a
...eral physicians had expended

...248 out and that placed it on the

...and after several days work they
...by Rule No. 35. We could
...the author of our bill refused to

day that a brief article concerning one of the
men in our office.

...Graduate School of Osteo-
...made affiliated with the group.

...in praise of his Dr. Schwartz and
...almost had to knock him out to
...the Osteopathic care that the
...after a few the

...report a satisfactory report

...a member of the
...to do was to work on the
...the Health Committee there.
...we followed their advice and
...by a rule of the
...satisfactory report that is not

...book of either house to cast a
...and both medical bills went to

...and after several days work they
...handed H. F. 273 out of the Sift-

...morning. This motion failed

...for end of the state was
...ongratulations are due us for
...bill would not come up for a
\vote, and the best thing for us
to do was to work on the House
...on the calendar in both houses
...bill indefinitely post-

...after several days work they
...same rule because the
author of our bill refused to
do so. This put the medical
bill on the calendar in both houses
and our bill indefinitely post-

...a motion was made to
hold S. F. 248 over and make it
a special order for the following
morning. This motion failed
immediately. Following this a
motion to adjourn was carried.

A motion to adjourn was
made on Monday morning to
pull H. F. 273 out of the Sifting
Committee lost by a majority of
14 to 16.

Both bills are now in the Sifting
Committee of both houses as
near as the writer can learn,
and will probably be killed
because of the unwillingness of any
member of either house to cast a
vote for the passage of the school
of therapy and practice.

The writer fully realizes that this
is not a satisfactory report and
cannot be detailed because
the space such a report should take;
also, I think it may cast the wrong
reflection on the legislation
Committee. However, I wish to
urge every Osteopathic physician
in Iowa to attend the State Medical
Conventions next spring, May
23 and 24 at the Ft. Des
 Moines Hotel, at which time a
minutely detailed report will be
given.

"Inclosed you will find the first
page of our local neighbor-
hood paper which carries a brief
article concerning one of the
men in our office.

"Dr. Wright was in a gradu-
ating class of May, 24, 1929,
and while in school he was Noble
Skull at the Atlas Club, presi-
dent of Sigma Sigma Phi, and
was known by the men as the
classmates as the "Book Store
Bandit."

"After entering at the Detroit
Osteopathic Hospital, Dr. Wright
and Dr. Lloyd Woodwenden,
who graduated in the class of
1926, founded the Highland Park
Osteopathic Hospital.

"Since that time Dr. R. K. Ho-
man, graduate of Still College
in 1931, and later interne at the
Detroit Osteo hospital, has
become affiliated with the group.
Dr. Homan is a former editor of
The Log Book."

"We hope the Log Book very
much and appreciate the way
you are handling the job of pub-
lishing it, and would be glad to
be of service in any way possible.

"Dr. R. M. Wright of the
Highland Park Osteopathic Clin-
ic, 13533 Woodward avenue, who
will leave the Dr. Wright Osteo-
hospital to attend the bi-monthly
meeting of the hospital staff held in
the staff room at the hospital recently."
Juniors Don White

The appearance of the clinic about the College building has been brightened and the effect is very stimulating—in short the Juniors are now wearing white treatment gowns. Those gowns are WHITE and according to class officials they shall be kept white and not gray. A local linen service is now furnishing gowns of the military type at a small charge weekly. It is now planned to have each oncoming class adopt the system.

Graduation, May 26

D.M.S.C.O. will hold its spring graduating exercises for twenty-five members of the Senior class of the College the evening of May 26, in the College Auditorium. Final arrangements for the program are still in the process of formation and will be reviewed in the next issue of this publication.

Talks At Kirksville

Dr. H. V. Halladay gave a talk on "Athletic Injuries" at Kirksville the evening of May 12. Dr. H. J. Marshall accompanied Dr. Halladay and while there conferred with the Axis Chapter of the Atlas Club in his official capacity as National President of the Fraternity.

Atlas Wins Contest

The Atlas Club emerged victorious in the Sigma Sigma Phi sponsored Kitten Ball Tournament for this season when they defeated the fast Phi Sigma Gamma team at the West High Athletic Park last week. The season was marked by good sportsmanship by all teams entered and everybody had a good time at the various games played. The golf tournament is still in progress with competition running keen and matches close.

Seniors Hold Picnic

The traditional Senior Skip Day Picnic was held May 5, out in no man’s land and although it rained and was chilly the graduating ones had a big time. Several unfounded or at least unproven reports have filtered into the editorial offices concerning the picnic, however, our reporting staff have been checked and everybody had a good time. The traditional Senior Skip Day Picnic was held May 5, out in no man’s land and although it rained and was chilly the graduating ones had a big time. Several unfounded or at least unproven reports have filtered into the editorial offices concerning the picnic, however, our reporting staff have been checked and everybody had a good time.

1933—Calendar—1934

Registration ............ Sept. 5
Class Work Begins ....... Sept. 7
Thanksgiving Recess..... Nov. 26
Xmas Vacation Dec. 22 to Jan. 3
Graduation ............... Jan. 19
Registration Second Semester .... Jan. 20
Class Work Begins ....... Jan 22
Graduation ............... May 25

Osteopathy at the Drake Relays

Another year is about to be written off in the history of the Athletic Clinic of Still College and it would not be complete without a resume of the work done this year at the famed Drake Relays. As in the past, many of the competing coaches wrote to the department requesting the assignment of a Senior student to their team. As usual several waited until they arrived and called the college requesting this service. Anticipating this Dr. Halladay had a corps of trained students ready to respond to any call. A total of twelve Seniors were sent out and took care of the following list of universities, colleges and high schools:

- University of Iowa, Iowa City, Iowa
- University of Nebraska, Lincoln, Neb.
- University of Notre Dame, South Bend, Ind.
- Marquette University, Milwaukee, Wis.
- Kansas State College, Manhattan, Kan.
- Butler University, Indianapolis, Ind.
- Oklahoma A. & M., Stillwater, Okla.
- University of S. Dakota, Vermillion, S. Dak.
- University of Chicago, Chicago, Ill.
- University of Kansas, Lawrence, Kan.
- Northwestern University, Evanston, Ill.
- University of Wisconsin, Madison, Wis.
- Knox College, Galesburg, Ill.
- Hastings College, Hastings, Neb.
- Adrian College, Adrian, Mich.
- Abilene Christian College, Abilene, Texas
- Coe College, Cedar Rapids, Iowa
- Washburn College, Topeka, Kan.
- Kansas State Teachers, Pittsburg, Kan.
- Kansas State Teachers, Emporia, Kan.
- North High, Des Moines;
- Port Dodge High, Ft. Dodge;
- Okoboji High, Okoboji;
- Lincoln High, Des Moines;
- East High, Des Moines;
- Clinton High, Clinton;
- Valley Junction High, Valley Junction;
- Shenandoah High, Shenandoah;
- Orient High, Orient;
- Greenfield High, Greenfield;
- Ft. Madison High, Ft. Madison;

(Continued on Page 3)
Now that school is almost ended for another year the house is a scene of cramming or practice at work at school. Younkers followed by a theater house in order to get in extra work for the house is giving a dinner at part of the summer here at the On Thursday night, May 18, the Brothers expect to spend to make of it! !

Fixed and thinking about home, announce the pledging of Winston the various Brothers are getting赶上. This fraternity wishes all the students and faculty a most improve. The pledge for next season.

May 21, the annual picnic will be on hand to welcome them. There is a changed atmosphere in the College auditorium this past month, and all meetings were well attended by students and faculty members. An early assembly of the month was in charge of Dr. L., however, a fine doubt their intense interest in the future. Owen were honored by Psi Sigma Alpha and accepted pledge-ment by the students and faculty. Congratulations.

The Senior class picnic. We wonder if daylight savings should just take a look at the five cent calls on his phone bill. Doubting his intense interest in the future. Owen were honored by Psi Sigma Alpha and accepted pledge-ment by the students and faculty. Congratulations.

Assemblies

Interesting and instructive en-tertainment marked the regu-lar weekly assemblies held in the College auditorium this past month, and all meetings were well attended by students and faculty members. An early assembly of the month was in charge of Dr. L., however, a fine doubt their intense interest in the future. Owen were honored by Psi Sigma Alpha and accepted pledge-ment by the students and faculty. Congratulations.

Miss Ava J. Johnson presented twenty-five of the best children's orchestra from Byron Rice Grammar School a week later. Assemblies

Marriages

Del Johnson of the Junior class, proposed to his fellow stu-dents of the College on April 15, by getting married. Before her marriage, Mrs. Johnson was Miss Cleaves and she will make a recommendation to the legislature to appropriate State money to hospitals that refuse admittance to osteopaths.

Dr. H. J. Marshall presented Madam LaVan, Psychologist and Psychoanalyst, the following reading. LaVan talked on "The Application of Psychology and the Physician" and demonstrated the advantages of a knowledge of the psyche from the standpoint of the physician in the conduct of his practice.
THE LOG BOOK

The Log Book
The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President --.------ C. ... coming back
with but one day of regular class
work sacrificed.

I Ill:
I
I
I
I

Miss Johnson Gives Talks

Miss Ava L. Johnson, faculty member, has been very busy this past month speaking at various clubs and association meetings. Recent talks include: April 30, at Plymouth Congregational Church Young People's Society on "A Personality to Withstand Crashes." May 7, May Morning Breakfast, Capitol Hill Church of Christ on "Training Your Child With the Spring." May 13, Mother-Daughter Banquet of the Federated Church on "Yesterday, Today and Tomorrow." May 20, Regional Convention, Alpha Iota Sorority on "Personality to Withstand Crashes."

During the Iowa Osteopathic Association Convention, to be held here in Des Moines, May 23 and 24, Miss Johnson will give two talks—"Psychology and the Physician" and "Some Endocrine Facts and Their Osteopathic Significance." Early in June she will appear before a group of young people of the Grace Methodist Church and talk on "Personality to Withstand Crashes."

Osteopathy at the Drake Relays

(Continued from Page 1)

Perry High, Perry;
Cherokee High, Cherokee;
Carroll High, Carroll.

Of the seniors sent out on the work Gene Winslaw leads the field in the number of schools he worked with. Gene must have put in all over the track quarters as he worked with universities, colleges and high schools. Nelson was assigned to Nebraska but managed to dip into Kansas and reach over into Indiana. All of the remaining boys worked hard and have handed in a very satisfactory report. Poundstone, Graney, Lawrence, Withrow, Agnew, Cooper, and the Techs from Des Moines and Block all enjoyed the contacts and had the privilege of meeting and working with some of the names of the past. Most of the known athletes and coaches who attended the relays. Metcalf of Illinois and Book of Chicago, the two outstanding negro athletes were taken care of this year again. Both expressed appreciation of the treatment given. Nelson, the high school flash having a record of 9.7 for the 100, was taken care of by Dr. R. B. Harkett of Clinton. Here in Des Moines at the relays he requested that no one should do the Osteopathic treatment. Gratifying results were obtained in all cases handled by the special methods originating in this department of Still College and we are proud of the work done by our Seniors in this, the supreme test of their ability. Reports already received from several of the visiting coaches indicate that they are not only highly appreciative of the service but want it each year that they visit Des Moines. The college considers it a pleasure and privilege to be able to extend this work of the department outside our own public school system and other local schools.

This is just another proof of the superior advantages of Still College and the efficiency of the instruction. Facts and not theories should be considered in selecting the college to which you send your osteopathic students. Contracts were made by our Seniors at the relays that would be impossible under any other circumstances.

Dr. C. Rebekka Strom, 321 So. Perry Street, is putting on a show different, this City by the Inland Sea is something to talk about. A buffet dinner will be served Friday evening, July 28, and should be a happy, informal affair and will help to ease up the tension incident to a continuous week of convening.

To Get Athletic Care

Through arrangements just completed with the College Athletic Clinic, the Des Moines Base Ball Club, Western League members, will be taken care of the coming season osteopathically. Dr. J. F. Kessler, Senior student, has been assigned for the summer work and has already taken care of the physical fitness of the "Demons" and will do his best to turn out a pennant winning club the coming season. Early season injuries are being taken care of daily in the clinic at the present time. Kessler will travel with the team this coming season on their out of town scheduled games.

Fire Test Given

The Kansas City College of Osteopathy and Surgery was recently given the fire test when great damage was experienced when their building was badly damaged by fire—we congratulate the College on the spirit they have shown in coming back better than ever, with regular class work sacrificed.
New Dietetic Principles for Tuberculosis
(By Ava L. Johnson, B. H. Ec., B. S., M. S.)
(Continued from Last Issue)
Returning to the discussion of the Jefferson Hospital research, the workers found that in handling cases in which malnutrition had proceeded the occurrence of definite tubercular symptoms for a period of a year, the bactericidal value in the treatment diet favored a gain of weight. In malnutrition of longer duration, the treatment began, supplementary feeding of cod liver oil in some concentrated form influenced the deposit of fat. They also reported that there was a reduced incidence of intercurrent respiratory infections in tuberculosis patients who gained weight.

The effect of minerals on the nutritional level and condition of workers found inconstant, except in the cases who could not take milk. In these cases, the use of mineral complexes seemed to decrease the coughing and expectoration. It is the conclusion of Gordon and Tai that so much mineral can be used and feeding more has no physiological value.

There was no indication in any instance that a high caloric intake influenced specifically the deposition of lime salts or of fibrous tissues. Yeast had no effect upon nutrition.

Those who gained in weight suffered least frequently from an unfavorable accompanying manifestation. For instance, an undernourished patient, who during the preceding 40-60 degrees with an increase in humidity, would within 24 hours manifest an increase in sweating, decrease in urination, decrease in expectoration, rise in temperature, pain in chest, neuralgia, etc. Six months later, after she had made a 19 kilogram gain, she rarely showed any of those manifestations upon similar changes in environment. There was no marked change in the tubercular condition accompanying this gain, however.

From their study Gordon and Tai determined that induced overnutrition is helpful in carrying the infection, perhaps only because it provides the body with insulation against diminished fluid reserve with which to meet external variations.

Last spring Dr. Hildebrand of Milwaukee, Wisconsin, made a report of findings relative to the use of fat in the tubercular diet. He concluded that, because the tubercle bacillus does not grow well in an environment in which saturated fat is consumed, there should be stress, because the tubercle bacillus does not grow well in an environment in which saturated fat is consumed.

E. Wolfe has contributed that in addition to the important role of fat in specific nutrition, many other liquid bodies bind toxins, destroy bacteria, stimulate fermentative processes, favor the depositation of proteins and increase blood liquids. The relation of cholesterol metabolism to the tubercular condition has been suggested and it is true that blood cholesterol is long during the infection. Moreover the greater the cholesterol content of the blood, racial history shows that those people on a high fat diet whose living conditions also include outdoor life and sunshine, have low tubercular history. Rickets and tuberculosis occur together in a high percentage of cases and animals in which the rachitic condition has been induced show a higher susceptibility to tuberculosis.

Winston, after making a thorough survey of the life of people who live in an environment where the diet predominates in animal fat, has repeatedly observed that where the diet predominates in animal fats is important; and one must never forget that diet is important and important. In the Archives of Podiatrics of the spring of 1932, Peterson, Huf and Calusen give a deplorable report of a 116 children. With regard to tuberculosis in children their study leads to the following conclusions. The diet for children should exceed the basal requirement as calculated upon the average height and weight, about 50%. It is most supplied in concentrated forms. The ideal diet gives a basal ash, high vitamin and high mineral content and is attractive in every way possible. The NaCl allowance, these men find, is now almost nil.

Late in the summer of '31 Grayson, Tegar and Kramer reported to the American Review of Tuberculosis on the effect of vitamin D in bone tuberculosis. They studied 18 children, the age of eight years. All were given a well balanced diet, adequate in all of the food essentials including the vitamins. The treatment program: 1 egg, 75-100 grams of meat or fish, a minimum of one quart of milk, 30 grams of butter, at least 250 grams of cooked vegetables, 100 grams raw vegetables in salads, etc., 3 fruits, one of them an orange, a bowl of cereal, bread or crackers, soup, 50-100 grams of potatoes and a choice of one of the following: macaroni, spaghetti, creamed potatoes, sardines, salmon. All of them had daily 2 tablespoons of prepared maline and cod liver oil.

All of the patients were treated with in addition irradiated for four milligrams were given daily for four months, 7 milligrams daily for 3 months. This preparation in oil is available in the form of pot cod liver oil. At the end of the year, those who had been the concentrated D vitamin showed no striking improvement in the condition of the bone. The addition of the increased diet showed no appreciable effect. Nor did it effect the patient's wish. There was no toxic reaction which is often reported for vistosterol; there was no increase in the normal concentration of serum calcium and phosphorus. Their report leads to the conclusion that with vitamins as with minerals, though enough and more is eliminated.

The complete study of the situation leads to some such summary as this. In tuberculosis must vary with the patient and his nutritive history; must be based upon the physicans clinical judgment; while value is to be found in a slight gain of weight, nothing in case histories justifies over-stuffing just for gain of weight; vitamins, fats alkaline and product foods is important; and one must never forget that diet is but one phase of the treatment. Rest, psychic content and the very great osteopathic treatment in stimulating repair and improving resistance all must come into their appropriate and important share of consideration.

Why Not?
"By the way," said a lawyer drawing up a will, "I notice you have mentioned six bankers as pall bearers. Wouldn't you want to secure some friends with whom you are on better terms?"

"No, that's all right," was the quick reply, "Those fellows have carried me so long they might as well finish the job."
The Log Book and The I. O. A. Bulletin

A Year of Progress

Another college year has closed and we hesitate for a moment and look back to see what has been done during that time. We have at hand two reports that are too lengthy to be published in their entirety but are interesting to the profession.

The certified Public Accountant has finished his inspection of books of the College and his report at the close of the detailed report he compliments the work of the trustees very highly. The College did not lose money during the past year. This is indeed a remarkable record as compared with the majority of colleges here in Iowa some of which have had to close their doors and others have had to appeal to the alumni and other sources in order to continue.

Consider this with the fact that every department of the college has improved, added to the equipment, extended the hours of work and paid its faculty each month. We have never had a year with fewer complaints. Those of you who know nothing about the management of a student body and a faculty cannot realize the satisfaction the trustees feel at the end of this year's work. It has been a hard year on the students, for Still College does not accept notes for tuition and we wish to honor the student body for their loyal efforts and many sacrifices they have made to fulfill their obligations to the college.

Even with the fact of a reduced income for the year the trustees have several times exercised their perrogative in the selection of students, some being refused registration. Still College is proud of its student body and is making every effort to produce osteopaths who will practice osteopathy and prove to be credit to the profession.

Still College has met the requirements of the A. O. A. and the State of Iowa. It is your college. What constructive criticism have you to offer?

Graduation Held

Graduation exercises were held in the College auditorium on the evening of May 24, for twenty-five seniors. After a postromcial march by Marlyn Carlson Rodgers, Dr. R. B. Bachman gave the Invocation. Clifford Bloom, tenor, sang two solos and then Dr. C. W. Johnson presided in a most earnest and inspiring manner. The Log Book feels as if it has acquired a little more dignity and responsibility with this addition.

The speaker of the evening was Dr. Don P. Hawkins, late of Washington and Jefferson University. Dr. Hawkins spoke on the foundation built by Dr. John W. Flower. A very splendidly delivered and chosen subject for the occasion. Dr. J. P. Schwartz, the President of the Board of Trustees, presided with President C. W. Johnson, who conferred the degrees.

Congratulations and good wishes were extended the seniors in an informal reception held in the College building following the ceremonies. The following men received degrees:


Seniors Banqueted

The Board of Trustees of the College were hosts to the twenty-five members of the graduating class at a banquet held the evening of May 25. Various members of the faculty wished the class success in the field.

To Interne

Three members of the recently graduated physicians of this College have secured internships and will soon report for duty at their various locations. One more will go to Denver to the Rock and Roll Clinic and one more will go to Detroit Osteopathic and Graney will begin service at Des Moines General. Congratulations!
Tigers-White Sox Clash

By DR. PAUL FRENCH,
Sec-Treas. I. O. A.

To Still College, Dr. Halladay, and Editor of the Log Book, the Iowa Osteopathic Association can only say, "Thank you" for their generous offer of the Log Book as official bulletin of the Society "for such time as they see fit to use it." We trust this spirit on the part of the Iota Tau Sigma team, mostly composed of members of the Iowa Osteopathic Association, to any and all—and then the fun begins.

This year the Tigers, a team mostly composed of members of the Iota Tau Sigma team, met the White Sox in a two game knock down and drag out at Birdland Park. The Tigers won the first game 7 to 5 while the White Sox more than got their revenge when they pounced on the Tigers two days later to the tune of an 18 to 3 win.

Dr. Facto still has his wrist in a bandage as a result of a pitch he delivered, but says the fun was certainly worth the effort. Of the dangerous sports held by various persons, the two umpires most certainly held the precarious position; in fact it is reported that insurance companies cancelled several policies on aspining umpires.

The White Sox team was composed of Dr. L. L. Facto, W. Facto, Douglas, Niehaus, Stephens, D. Johnson, Frasier, Crews and Gulden.

The Tigers were represented by Hubbard, Beggat, McAuliff, Herbert, Potter, Johnson, Pohl, Whetstone and Gerow.

Both teams substituted liberally from the bleachers when necessity demanded. Even the water boy got to bat in the second game of the series. With a win apiece, two teams decided to argue it out in a vacant classroom while nursing sore muscles rather than have a show down with their baseball diamond. Perhaps the real champions will never be known—but this was the way each feels superior and no one is disappointed.

Marriage

At least one of our May graduates believes that a wife is an asset to a young physician just starting out. Dr. Red_withrow of the May class and Miss Frances Barnes of Milwaukee, Wisconsin, graduated last March in Des Moines. The ceremony was performed May 29, in spite of the efforts of his fraternity brothers, whose "helpful" actions were many and varied. The College wishes the Doctor and wife every success.

The Log Book and The I. O. A. Bulletin

(Continued from Page 1)

Union and to several foreign countries.

It is costing the college something. It is our contribution to the success of the state association. We do not have much space in the Log Book but we hope the Editor will send in a report on its general operation. The Log Book is mailed to you each month without charge. It carries no advertising to help pay the expense of its publication or postage so whatever part is used by the association means just that proportion of the expense is given to our State Association and very willingly as indicated by the motion quoted below. We hereby ask the members of the association to have a more kindly feeling for the college, and will make every effort to support Osteopathy through the Institution, as the college is helping to advance Osteopathy through the work of the state association.

Look for Dr. French's report each month.

Getting Even.

Squire Perkins: "Nell, after I die, I wish you would marry Deacon Scumphly.

Nell: "Why so, Hiram?"

Squire: "Well, the deacon trimmed me on a horse trade once."

Thans!

To have a successful college year it is necessary to gain the cooperation of every man in every department of the school. The Board of Trustees and the administration in general feel that student assistants in various departments have contributed in no small degree to the splendid showing and advancement the College has made this past year. Therefore they wish to thank the following people for fulfilling their positions with a fine spirit of cooperation.

Laboratory assistants Owen, Irwin, Morgan and Hecker.

The company's interest is that copies of all issues of the Log Book are mailed to members in good standing. If you have not been informed if such committee has been appointed or not. The other thing of importance and interest is that copies of all trustee meetings be mailed to members of the Society.

The chairman of the Legislative Committee gave a detailed report and the future program of the Society was explained.
THE CENTURY OF PROGRESS

For about five years now we have been hearing a good deal about the exposition which has recently opened in Chicago. The propaganda put out by the managers stressed the point that the exhibits were to cover everything available that would show plain evidence of progress scientifically during the past one hundred years. But, this did not include orthopaedic pathology, for the powers that controlled the space and type of exhibits allotted to the science of healing did not see fit to recognize Osteopathy. They have devised various moving exhibits that demonstrate the physiological processes of the body. We have not been to the fair yet, but we will inspect these with considerable interest and try to find an exposition of normal movement of the spine. We want to see if the millions back of official A.M.A. research has produced anything as wonderful as the Halladay Spine. We wonder just how much weight would have been given if he had made his discoveries in the laboratory of some medical school and written his book under the wing of approval of the A.M.A.

Dr. H. V. Halladay Demonstrating The Flexible Spine

but we will inspect these with considerable interest and try to find an exposition of normal movement of the spine. We want to see if the millions back of official A.M.A. research has produced anything as wonderful as the Halladay Spine. We wonder just how much weight would have been given if he had made his discoveries in the laboratory of some medical school and written his book under the wing of approval of the A.M.A.

Fraternity Notices

According to plans now being formulated by the Committee on Fraternity Banquets and Reunions for the A.O.A. Convention in Milwaukee, this year fraternity banquets will be held at 10 a.m. each Tuesday at which time all possible examinations will be made. Any laboratory diagnosis such as X-Ray will immediately follow and the case will be assigned to one of the Seniors for treatment as outlined by the examining physician. Dr. Gordon’s past experience in fitting shoes and his extra curricular studies make him well fitted to conduct this type of specialty. Dr. Halladay’s experience in Orthopedics and the care of athletes will be of great value to patients suffering from foot ailments.

The Foot Clinic

The increased number of cases demanding special attention to the feet has made it advisable for the trustees to establish a special clinic for this work. In the past these cases have been taken care of in the General Clinic without being classified in any particular department. Dr. C. I. Gordon will be in charge of this work and will be assisted by Dr. H. V. Halladay. During the summer months examinations will be held at 10 a.m. each Tuesday at which time all possible examinations will be made. Any laboratory diagnosis such as X-Ray will immediately follow and the case will be assigned to one of the Seniors for treatment as outlined by the examining physician. Dr. Gordon’s past experience in fitting shoes and his extra curricular studies make him well fitted to conduct this type of specialty. Dr. Halladay’s experience in Orthopedics and the care of athletes will be of great value to patients suffering from foot ailments.

Birth

Dr. and Mrs. Warthman announce the birth of a seven pound boy, at the Detroit Osteopathic Hospital, April 22. The young man has been named Desne. Mr. Warthman is a graduate of D.M.S.C.O. in 1927 and has recently been appointed health officer for his home township.

Senior Awards Given

(Continued from Page 1)


Anatomy.

Laboratory Sciences.

Pediatrics.
Carl V. Blech.

Proctology.
Ralph W. Jack.

Band.

Sigma Sigma Phi.
Verdelle A. Newman—Secretary; Gerald A. Whetstone—Science of Osteopathy; Dr. Marshall’s Trophy for Hospital Service.

Visitors

Dr. W. A. G. Armbrust and sister, Hazel, of Omaha, were recent visitors at the college.

Dr. E. E. Pearson and daugh- ter, Darlene, visited the College while on a visit here from their home in Denver, Colo.

The number of diplomas a young man has in his pocket isn’t half as important as the amount of determination he has in his head.
THE NEW DEAL!

This Is the Hand . . .

We are dealing new students, and we will continue to give them every advantage that adds to their training in college.

Send us new students that will take advantage of our offer. Give your prospective student the opportunity of winning when he graduates from the college that graduates physicians whose college years have equipped him to handle all cases with confidence and thoroughness.

DES MOINES STILL COLLEGE of OSTEOPATHY
Des Moines Still College of Osteopathy

THE COLLEGE is located at 722 Sixth Ave. This location, in close proximity to the business center, gives all the advantages of the downtown district and yet no one need go more than five blocks from the building to find residence facilities. The site is convenient for patients and for the student body, and yet away from the noise of the business district.

THE BUILDING the College occupies is a 5-story strictly modern structure, adequate in every detail for instruction of the highest calibre. It is well lighted and ventilated, has broad stairways as well as elevator service and offers about 55,000 square feet of floor space for classrooms, laboratories, clinic rooms and the college offices. The entire building is used for college work.

DES MOINES is a rapidly growing city and for nearly fifty years has been an Osteopathic center. In this city of opportunity the Osteopathic student is well received and he is afforded the opportunity of studying clinical material rich in abundance in this community of 150,000 population. In such a large obstetrical, surgical, athletic and general clinic as Des Moines affords, the student is graduated from this college as an experienced and practical physician. This is a clean, progressive, wealthy city, where business integrity, civic and moral standards are high. Libraries, museums, parks, recreational facilities, and educational advantages are found in this city which is the capital of the State of Iowa. Des Moines is easily reached from any city of the United States by railway, air, or paved highway. These advantages, combined with the highest type of Osteopathic instruction, make Des Moines Still College of Osteopathy the ideal school in which to matriculate.

FALL REGISTRATION . . . . SEPTEMBER 5th—6th
D. M. S. C. O. FACULTY

R. B. BACHMAN, D. O.
MARY GOLDEN, D. O.
J. M. WOODS, D. O.

H. V. HALLADAY, D. O.
AVA L. JOHNSON, B. S., M. S.,
B. H. Sc.
B. L. CASH, D. O.

H. J. MARSHALL, D. O.
L. L. FACTO, A. B., D. O.
J. L. SCHWARTZ, D. O.

FALL REGISTRATION . . . . SEPTEMBER 5th—6th
D. M. S. C. O. FACULTY

I. C. GORDON, B. A., D. O.
G. F. FISHER, B. A., B. S., D. O.
HUBERT UTTERBACK, A. B., LL. B., LL. M.

V. A. NEWMAN, D. O.
O. E. OWEN, M. A.
W. S. IRWIN, B. S.

W. F. MOORE, A. B.
Mrs. K. M. ROBINSON, Sec'y.
FLORENCE CRAWFORD
Sec'y. to President

FALL REGISTRATION . . . . SEPTEMBER 5th—6th
THE CLINICAL DEPARTMENT is one of the most important departments of any school of therapeutics. In this city of 150,000 people, Osteopathy is kindly received and our clinics are full the year around with patients receiving treatment in the various clinics of the College. Here our students are taught how to examine, diagnose and treat under the supervision of the heads of the various departments. It is in these clinics that the student learns to correlate theory and actual practice, actual cases, not theoretical cases. We are justly proud of our clinics. The special clinics include Gynecological, Obstetrical, Surgical, Practice, Eye, Ear, Nose and Throat, Nervous and Mental, Cardiovascular, Respiratory, Renal, Athletic, and the Out-Patient Department.

The Obstetrical Clinic averages about 250 cases yearly, in which the student has a minimum of seven cases he must attend personally. Deliveries are made by the student, under the supervision of the head of the department.

The Athletic Clinic takes care of all athletic teams in all the city high schools and one academy located here. Athletic injuries are treated at the time they occur by the student assigned to that particular team.

The Out-Patient Department trains the student in the care of acute cases and is conducted under the supervision of one of the faculty.

The Surgical Clinic is conducted at the Des Moines General Hospital.

THE FACULTY of this College are selected yearly by the Board of Trustees and serve on a salary basis. They are, therefore, regular in their work, prepared and present at each class meeting. We boast of specialists in each department who devote the major portion of their time to the College and not to outside interests. In keeping with customary practice, the Trustees have approved a number of Associate Professors, members of the profession in the city, who offer occasional lectures and conduct special clinics. The fact that our faculty has been practically intact for a number of years is conclusive evidence that they are giving the utmost in service and satisfaction.

* * *

ORGANIZATIONS of an academic and social nature are to be found in the College. Men’s fraternities represented are the Iota Tau Sigma, Phi Sigma Gamma, and Atlas Club. Delta Omega sorority has a chapter here. Honorary professional fraternities here are Sigma Sigma Phi and Psi Sigma Alpha. This College is the only Osteopathic College having a chapter of Square and Compass, National Masonic Fraternity. The College Band and Orchestra are well known throughout the city. Competition in various Intramural sports is open to all students.

FALL REGISTRATION . . . . SEPTEMBER 5th—6th

C. W. JOHNSON, B. S., D. O.
President

J. P. SCHWARTZ, D. O.
Dean
DES MOINES STILL COLLEGE opened its hospital, the Des Moines General Hospital, in Des Moines, March 15, 1910. The hospital is five stories high, including basement, and will accommodate about seventy-five patients. The building is brick and the location is ideal. It is situated two blocks from the Iowa State Capitol Building and one-half block from the Iowa State Historical Building, thus affording pleasant surroundings for convalescing patients. It is in a residential district. One-minute car service to all parts of the city may be had one block from the hospital.

THE OPERATING ROOM is well furnished with modern apparatus and instruments. It is provided with an amphitheatre for students in attending the clinics. Here the operative work for the College is done. As high as ninety-six patients have been operated on in one day.

THE CLINICAL LABORATORY is fully equipped with the best and latest apparatus known to science. All forms of laboratory diagnosis are made here complete in every detail.

THE X-RAY EQUIPMENT is the best obtainable. A powerful Snook Transformer, with auto-control, permits handling of every kind of work, from the most delicate structures to the most heavy parts. The department owns $10,000 in radium for treatment of cancer.

THE HOSPITAL has a state and nation-wide reputation for the high standard of its work. In it students are trained in hospital technic and procedure.
SCHEDULE—1933-1934

FIRST YEAR—First Semester

BIOLOGY
ANATOMY
BACTERIOLOGY
CHEMISTRY, INORGANIC
HISTORY OF OSTEOPATHY

0. E. OWENS
H. V. HALLADAY
A. L. JOHNSON
G. E. FISHER
H. V. HALLADAY

Second Semester

CHEMISTRY, ORGANIC
ANATOMY
HISTOLOGY
PHYSIOLOGY
EMBRYOLOGY

G. E. FISHER
H. V. HALLADAY
A. L. JOHNSON
A. L. JOHNSON
L. L. FACTO

SECOND YEAR—First Semester

PRINCIPLES AND THEORY
CHEMISTRY, PHYS. AND TOX.
PATHOLOGY I
PHYSIOLOGY
ANATOMY

H. V. HALLADAY
C. I. GORDON
J. M. WOODS
A. L. JOHNSON
H. V. HALLADAY

Second Semester

PATHOLOGY II
ANATOMY, REGIONAL
OSTEOPATHIC MECHANICS
NERVOUS PHYSIOLOGY
PEDIATRICS

J. M. WOODS
L. L. FACTO
H. V. HALLADAY
C. W. JOHNSON
M. E. GOLDEN

THIRD YEAR—First Semester

LABORATORY DIAGNOSIS
TECHNIC
SPECIAL PATHOLOGY
PHYSICAL DIAGNOSIS
DIEETETICS AND HYGIENE
ORTHOPEDICS AND TECHNIC

G. E. FISHER
J. M. WOODS
C. I. GORDON
L. L. FACTO
A. L. JOHNSON
H. V. HALLADAY

Second Semester

OBSTERICS
GYNECOLOGY
SUPPLEMENTARY THERAPEUTICS
OSTEOPATHIC THERAPEUTICS
COMMUNICABLE DISEASES

R. B. BACHMAN
C. W. JOHNSON
G. E. FISHER
J. M. WOODS
L. L. FACTO

FOURTH YEAR—First Semester

MEDICAL JURISPRUDENCE
OBSTERICS
NERVOUS AND MENTAL
OSTEOPATHIC THERAPEUTICS
SURGERY
X-RADIANCE AND PHYSIO-THERAPY

H. UTTERBACK
R. B. BACHMAN
C. W. JOHNSON
J. M. WOODS
J. P. SCHWARTZ
B. L. CASH

CLINIC.

Second Semester

ANATOMY REVIEW
NERVOUS AND MENTAL
PROCTOLOGY AND UROLOGY
SURGERY
EYE, EAR, NOSE AND THROAT

L. L. FACTO
C. W. JOHNSON
J. P. SCHWARTZ
H. J. MARSHALL

L a b o r a t o r i e s under the direction of the head of each department are conducted in the afternoon in the following subjects: Histology, Biology, Chemistry, Bacteriology, Embryology, Physiology, Pathology, Anatomy, Technic, Gynecology, and Clinical Diagnosis.

1933—Calendar—1934

REGISTRATION
CLASS WORK BEGINS
THANKSGIVING RECESS
CHRISTMAS VACATION
GRADUATION
REGISTRATION SECOND SEMESTER
CLASS WORK BEGINS
GRADUATION

SEPTEMBER 5, 6
SEPTEMBER 7
NOVEMBER 30 to DECEMBER 4
DECEMBER 22 to JANUARY 3
JANUARY 19
JANUARY 20
JANUARY 22
MAY 25

FALL REGISTRATION . . . . SEPTEMBER 5th—6th
Well Equipped Class Rooms and Laboratories

FALL REGISTRATION

SEPTEMBER 5th-6th

[ Page Seven ]
A CHEMISTRY LABORATORY

THE CLINIC RECEPTION ROOM

FALL REGISTRATION . . . . SEPTEMBER 5th—6th
REGISTRATION, SEPTEMBER 5, 6

The Milwaukee Meeting

The Milwaukee Meeting was held at the Bank of Commerce Hotel in Milwaukee. The purpose of the meeting was to choose a place for the 1934 Osteopathic Convention. The Milwaukee Osteopathic Medical Society was represented by Dr. J. C. Schaefer, who was elected president. Dr. H. R. Nichols was elected vice-president. The meeting was well attended and the future of the convention was discussed.

Alumni Breakfast At National Convention

The Still College Alumni breakfast was held at Hotel Schroeder, July 27 at 8 a.m. in the main dining room. The following doctors were present:

- E. C. Bond, '02, Milwaukee, Wis.;
- H. E. Clybourne, '23, Columbus, Ohio;
- Catherine C. Galivan, '22, Chicago, R. D. Gordon, '20, Madison, Wis.;
- J. D. Humphrey, '27, Des Moines, Iowa;
- Ada S. Ltringfins, '01, Menasha, Wis.;
- R. F. Lustig, '25, Grand Rapids, Mich.;
- J. P. Leonard, '25, Detroit, Mich.;
- Dora Morgan, '24, Cadillac, Mich.;
- R. L. Morgan, '25, Cadillac, Mich.;
- Martha Nortner, '25, Minneapolis, Minn.;
- Margaret Mattern, '25, Green Bay, Wis.;
- B. C. Maximow, '25, Madison, Wis.;
- V. A. Olds, '11, Milwaukee, Wis.;
- Edna Parson, '23, Muscatine, Iowa;
- Hulda Rice, '11, Cedar Rapids, Iowa;
- H. H. Rice, '11, Cedar Rapids, Iowa;
- E. M. Schaefer, '23, Grand Rapids, Mich.;
- J. P. Schwartz, '20, Des Moines, Iowa;
- J. L. Schwartz, '20, Des Moines, Iowa;
- J. C. Simons, '10, Grand Rapids, Mich.;
- J. D. Vining, '10, Grand Rapids, Mich.

The reunion was a very pleasant one and memories of past college days were discussed. We were especially happy to see the graduates of 1901 and 1902 and 1910 and 1911. These alumni members continue to show a deep regard for their alma mater. Plans were made to have a much larger reunion at Wichita in 1934 and arrangements for the alumni breakfast will be made in advance of the convention with the publishing of the same in the college Log Book.

The College Expands

Up by the need of more and with the opportunity offered this year, the college is in the midst of an expansion program that will add much to the advantages of Still.

The first floor is to be rearranged enlarging both the Chemistry and Anatomy laboratory. In order to do so the Physiology laboratory will be moved to the fourth floor.

Additional space for treatment rooms will be taken over on the second floor.

The Projectoscopy room will be enlarged on the third floor and the coat room placed, which will make it much more convenient for the student body.

The fourth floor will be arranged for a large technic demonstration room with a complete set of new treatment tables. The Physiology laboratory will occupy the entire west end of the floor making it twice as large as the space formerly used on the first floor. Two new class rooms will be opened on the fourth floor one for the small classes and another large one with the seats gradually elevated towards the rear of the room.

The space on the fifth floor once used by an insurance company will be converted into a museum badly needed by the college as our interesting pathological and anatomical specimens are now scattered.

In the matter of modern equipment the college is installing this year, complete refrigeration in the Anatomical Laboratory is being done at an expense of nearly $1,000.00 and will make the lab a truly 1933.

(Continued on Page 2)

Babies

The Obstetrical Department has just hung up a record. The College is well proud of it. Since January 1 to August 7, the Department delivered 368 cases of which there were twins. From July 7 to July 13, inclusive, 16 cases were delivered with one of the total a twin case. Between 6 a.m. and 11:30 p.m. the department delivered 30 cases on July 3. During the month of July the department handled 182 deliveries.

Students staying over the summer have been more than rewarded for the time they have stayed. General July has been running to capacity as well as the Obstetrical Department. Students have seen a wide variety of cases during the summer months.

Recent Graduates Active

At the annual election of officers, held at the Book Cadillac Hotel Wednesday evening, May 17, Dr. H. R. Nichols was elected president of the Detroit Association of Physicians and Surgeons of Osteopathic Medicine. Dr. L. M. Monger of the Monger Paul Clinic 5800 W. Fort St. was elected vice president. Dr. (Continued on Page 2)
Dr. J. B. Eades Dies

"Editor, The Log Book,
Des Moines, Iowa.

Dear Sir:

My brother Dr. James B. Eades, Bluefield, W. Va., passed away June 17th at 12:30 p.m., in St. Luke's Hospital, Bluefield, W. Va., from whose hospital he died. He was attended to by the Presbyterian Church, Fairview Cemetery, Des Moines, Iowa, with Masonic rites.

Dr. Eades was born in Roanoke, February 7th, 1892, 41 years of age, and leaves his wife and two children, James, Jr., age 9, and Betty Belle, age 6, also six brothers and three sisters, and father who has been bedfast from illness.

After attending church Sunday morning Mrs. Eades left for Roanoke for a few days visit and Dr. Eades accompanied by his little girl and her playmate, visited J. B. Jr., who was in a Scout camp. He played different games with the girls and later in the evening started for home. A few miles out of Bluefield he parked the car with the girls and he would be back in a few minutes. The minutes passed into several hours and his little girl became alarmed after no response from her calls and she hailed a passing motorist. After a long search was found a somnolent corpse in a rugged thicket about 300 feet from the mountain road. He lost consciousness a few hours after arriving at the hospital and remained unconscious to the end.

Brother is a graduate of the A. S. O., Kirksville, and the University of Unemployment, Class of 1918. After leaving college he enlisted in the navy and served for the duration of nearly a year, later entering college in Chicago for one year, Eye, Nose and Throat. He visited D. M. S. O. in 1924 while I was a student, and well knows me.

Besides his affiliation in Kirkville he is a member of the above church, the Masonic lodges, American Legion, the A. S. O., and the West Virginia Osteopathy Society, being a past president and trustee of the latter. He took an active part in Legislative affairs, and is particularly responsible for the good laws pertaining to Osteopathy in this state. He is known throughout the state, having practiced in Bluefield for the past twelve years.

His death was a great shock to us because he was a devoted husband and father, and very close to his father, mother and sisters. Our mother preceded him to the grave in 1916. May God Bless him.

Sincerely,

Dr. Ernest T. Eades."
Can Doctor Be Alert and Still Do His Duty?
To the Open Forum Editor:

To the average doctor engaged in active practice, discussion on the “high cost of medical care” must appear more or less irrelevant when he reads the latest figures on insurance. From all the trends in medical care, one might draw the conclusion that doctors are actually paid in full for the work they do.

The high cost of production without realizing 5 per cent on the investment is a fact which horrifies those of us interested in agriculture. Parents who have financed a son through a modern medical school will also appreciate the full swing of this fashionable phrase. Moreover, they are probably not aware that to which they are indebted to a tax burdened public.

In your issue of May 21, Charles Mayne, Gristwold, advises members of the medical and dental professions to imitate “alert business men.” In other words, he proposes to reduce the practice of medicine to a sound economic basis. That is a fine idea but it will not work.

With “alert business men,” the primary consideration is profit. The recovery of his patients is a physician’s first concern. According to Oliver Wendell Holmes, whenever this principle is lost, the transaction amounts to nothing more than quackery.

“Alert business men” insist on security for number one. Cash on or before delivery is its axiom. But how can a doctor ask for his fee in advance when the situation involves the relief of pain and the saving of human life? When the situation involves tragedy, is it feasible for the surgeon to wait with his ministrations until the proper financial arrangements have been made?

As a matter of fact, here we have in the case of those factors that simply can not be reconciled with any scheme based on sound business principles. A patient cannot balance his account with his doctor who has saved his life. Obviously, the scientist who presumes to prolong life or to alleviate human suffering assumes responsibilities that transcend all economic calculation.

One consequence is no logical escape from the “high idealism of service to suffering humanity.” We wonder if “the teaching profession in public institutions” has not been seriously handicapped by lay dictation or political interference. Is state control of education such a howling success? The socialization of the school has spread like a nest of lice and is threatened on the continent and in England. It has not promoted the interests of pupils. Bureaucracy is a poor substitute for private initiative in any line of endeavor.

“Alert business men” do not look so good just now. Greed and dishonesty as exhibited even by international “big shots” have about ruined the country.

Observers whose conception of values in everything is determined exactly by the cold logic of dollars and cents are in no position to give sound advice to the medical and dental professions.

While insisting that the practice of medicine should be placed on a professional basis, many critics resent the suggestion of disinterested motives and unselfish acts.

The less a doctor thinks about business, so-called, the better it is for his patients and for himself. The doctor who merely makes, disease, pain and despair cannot be exploited for personal gain.

Let us submit the proposition that the average regular medical practitioner will stand for more imposition and abuse than any other form of commercial enterprise.

(Des Moines Register.)

Dr. Pieron Captures the "Sandman"

Chicago, Ill.—When your eyelids begin to get heavy and you yearn for a comfortable bed—it means that "hypnotoxin" is gradually filling your brain.

This strange substance, "hypnotoxin," which seems to be built up by the body as a result of sleepiness, was explained by Dr. Pieron, psychiatrist of the University of Paris, France, here for the two weeks’ summer meeting of the American Association for the Advancement of Science.

Dr. Pieron has succeeded in isolating "hypnotoxin" from the brains and spinal fluids of animals after they have gone for some time without sleep. It appears to accumulate in the brain as a result of lack of sleep.

The qualities of hypnotoxin as a sleep producer were proved by Dr. Pieron by injecting some of it into both sleepy animals and animals that had just awakened from a sound, refreshing sleep. The awake animals made sleepy at once; those already sleepy became more so.

When a sleepy animal is allowed to sleep, hypnotoxin disappears. Apparently it is oxidized "burned up" during sleep.

Monday the association opens the second week of its 12-day summer session here, probably one of the largest gatherings of scientists ever held.

I. O. A. Bulletin

The vacancy on the Board of Trustees caused by the election of Dr. A. W. Clow has been filled by the officers and Trustees of the Third District in the appointment of Dr. J. W. B. Rhyne. Dr. Rhyne, who is known to the Board by his unprecedented term of Dr. Clow, Dr. Proctor of Ames has considered his resignation and will fill out his unexpired term on the Board.

Word has been received of the appointment of Governor Herrick of Dr. H. B. Wheeler of Manchester to his second term on the Osteopathic Board of Examiners. The other members of the Board are Dr. Sherman Opp of Creation and Dr. C. W. Gordon of Sioux City.

To the Open Forum Editor:

Dr. J. L. Faeto in charge; assistant: Dr. R. P. Bade, Dr. E. Gordon, Iowan Falls; Dr. E. Smith, Sioux City; Dr. F. A. Gordon, Des Moines; Dr. L. L. Facto, Dr. Paul Park, Dr. C. N. Stryker, Dr. Klein to call

I. O. A. to Hold Fair

Clinic Again

(Continued from Page 1) the Adult Health Clinic, to be held at the State Fair, from August 25 to September 1, 1933.

Ear, Nose and Throat.

Dr. Paul Park in charge; assistant: Dr. B. D. Elliott, Os- 

taloosa; Dr. J. R. Schaffer, Marion.

Thoracic.

Dr. Guy Trumble in charge; assistant: Dr. Preston Eiter, Washington; Dr. James Humph- 

ry, Des Moines; Dr. E. L. Malvern; Dr. Jack Hansel, Ames; Dr. W. E. Butcher, Des Moines; Dr. Leo Sturmer, Shen- 

andoah.

Nervous Diseases.

Dr. L. N. Faeto in charge; assistant: Dr. Harry Pearson, Muscatine; Dr. C. N. Stryker, Sioux City; Dr. Carl Seansand, Des Moines.

Women and Pelvis.

Dr. S. A. Helebrant in charge; assistant: Dr. Laura Miller, Adel; Dr. Lila Davidson, Charles City; Dr. J. R. Bulpin, Cedar Rapids; Dr. Marvin Green, Sci- 

city; Dr. R. A. Brooker, Grin- 

nipeg; Dr. Ethel Becker, Ottum- 

wa; Dr. M. Biddison, Nevada.

Structural.

Dr. S. L. Klein in charge; assistant: Dr. S. Sherman Opp, Des Moines; Dr. H. E. Gamble, Missouri Valley; Dr. Ray Gilmour, Sioux City; Dr. J. W. B. Rhyne, Mason City; Dr. W. C. Gordon, Iowa Falls; Dr. L. E. Westfall, Boone; Dr. J. K. John- 

son, Jefferson; Dr. W. L. Roberts, Des Moines; Dr. Charles Samp, Des Moines; Dr. A. W. Crow, Washington.

Rectal.

I. O. A. to Hold Fair

Meetings Again

Dr. J. L. Faeto in charge; assistant: Dr. W. C. Gordon, Des Moines; Dr. J. R. Helbourn, Des Moines.

Urology.

Dr. J. P. Schwartz.

Surgery.

Dr. F. A. Gordon.

committee together when they shall perfect their own organization making additions to or changing personnel of committee as seems advisable.

Committee on Social Affairs—Dr. B. R. Gilmour, Chm.

Committee on Professional Affairs—Dr. C. Chappell, Ma-

son City, Chm.

Committee on Membership—Dr. Laura Miller, Chm.

Program 1934 Convention—Dr. L. E. Han- 

ban, Chm.

Adult Health Clinic—Dr. S. H. Klein, Temporary Chm., Dr. Del- 

well, Des Moines; Dr. J. P. Schwartz, Dr. H. H. Marshall, Dr. J. N. Woods, Dr. L. L. Faeto, Dr. Paul Park, Dr. C. N. Stryker, Dr. Klein to call

Respectfully,

Dr. A. W. Clow, (President Iowa Osteo. Assoc.)
The College That Graduates Practiced Physicians!

Practical experience gained by students in this College in extensive clinics in a city of 150,000 population, gives actual practice problems solved under the direction of a faculty of well trained osteopaths. Daily clinics conducted in all branches of modern practice give our students confidence and assure success after graduation.

REGISTRATION, SEPTEMBER 5 and 6

Write, wire or phone for particulars

Des Moines Still College of Osteopathy

720 Sixth Ave. Des Moines, Iowa
Our Athletic Clinic

I have just made the annual fall trip around the circuit to see six football coaches in Des Moines and verify the same story this year that I have heard now for several years. "Certainly we want your boys out here working with our team. When can you send them out? Yes, we already have several cases of Charley Horse and some other things for you to take care of and be sure to get someone out here tomorrow for we have a game Saturday."

Nine years ago we started the organization of the Athletic Clinic at Still College. We soon found it necessary to add our already crowded lecture list a course in the diagnosis and treatment of injuries peculiar to sports of all kinds. The success of Osteopathic treatment first applied to football quickly extended to the other high school and in local circles.

In 1930 in Philadelphia we helped in the organization of the Athletic profession as well as the attendance at its meetings since has proved the interest of the profession for the need for more service along this particular line.

During the past week I have seen over sixty high school boys who are out for football. Senior students are assigned to these teams and take care of the injuries that may happen in advance will result from their scrimmage and play. Nine years of work with these boys has taught us something and we hope we will continue to learn. The really big feature of this work is the fact that every Senior graduating from Still College can spend as much time as he desires gaining experience in this specialty. One of our Seniors last year spent the entire year with one of the teams. From football he took the bowling, swimming, basketball, track and baseball. He gave over one thousand treatments along with his minor surgery and emergency cases of many types. If you could buy this student's knowledge it would cost you at least a thousand dollars and many of you would be glad to give that sum for such an experience as he has had.

Suppose you were attending school again. Where would you attend college and why? To us in Des Moines, a course of Osteopathy without adequate clinics of this type is an incomplete course. The popularity of this work is spreading and in the
(Continued on Page 3)

School Opens

Again D.W.S.C.O. is favored with a fine fall enrollment. The new registration shows a fine increase over that of last semester. The new class even has a fine group of co-eds in their roster.

Quite remarkable to school officials is the number of students who have returned after having been out of classes for several years—after returning after an absence of six years. This proves conclusively that our students are satisfied with the instruction that they receive here in our classes.

A larger number of transfer students is another Osteopathic Colleges are in attendance this year showing that the fame of our schools has reached in coast to coast. The majority of these students are upper division men who have come here to take advantage of the extensive clinics maintained by the College.

In the new class Iowa leads as usual through the running of a close second and of course we always have a fine representation from Ohio. California is represented this year and geographically speaking the other extreme—the State of Maine.

Old students are enjoying the advantages of the recent improvements in the building. The first floor has been rearranged and enlarged for chemical and anatomical laboratories and the physiology lab moved to the fourth floor. The new recreation and locker room is a big improvement.

The second floor has more treatment rooms and a new foot clinic established on Thursday afternoons. The projectoscope room on the second floor has a larger seating capacity.

The fourth floor has been enlarged for a large technical demonstration and a complete set of new treating tables. The physiology laboratory occupies the entire west wing of this floor. Two new offices have been opened on this floor also.

The fifth floor will house a pathological specimen museum of interesting specimens which will be on display at all times.

The anatomical laboratory has installed a new ice and refrigerating plant at a cost of nearly $1,000 which makes the laboratory one of the modernly equipped dissection rooms in the entire country. The capacity in all laboratories has been increased over the previous years. Laboratories in all departments are much closer to the teaching work of the department than heretofore.
The Atlas Club smoker, welcoming the new men of the college, was held at the chapter home, Monday evening, September 11th.

Drs. Halliday, Marshall, Woods and Campbell were the speakers of the evening and their discussion of college work and freshman problems proved very interesting to all present.

The Halliday trip into the western states and World's Fair, as shown by movies, was a popular event of the evening.

Xipoid Chapter of the Atlas Club enjoyed having the new men with them and wishes to congratulate them for choosing the Osteopathic profession for their life work.

Iota Tau Sigma wishes to take this opportunity to welcome every one back for the coming school year. We sincerely hope that you had an enjoyable vacation and wish you success in the future.

We wish to welcome back Brother Richardson of the future.

Bud has only his senior year to settle and the steam cleared away to a mere 195 pounds. He has been noticed that Dr. H. Wood now seems to find the element from which he makes his medicine. Dr. Wood, originally a Chicago man, but now resident in the city, has his patients for whom he is able to apply the first part of the definition is applicable. Rightly, they should be classified under two heads: those who sit and those who recline.

Iota Tau Sigma wishes to take this opportunity to welcome every one back for the coming school year. We sincerely hope that you had an enjoyable vacation and wish you success in the future.

The fraternity is pleased to announce the acquisition of two new members sent from the Gamma Chapter at Chicago. They are B. Wayland and J. Hoose.

The fraternity sends its congratulations to the happy event of August 1st when John Wilkes, Harold Morgan, Bob Gibson and Emyl Braunshwieg were married.

Those who sit and those who recline.

The number of chairs such an individual occupies depends on the availability, his classification, that with head reclined and mouth opened or closed. The reclining type can be classified as: Those who sit on their side. Those who lie on their back. Those who sit and those who recline.

The sitting kind can be classified as: Those who sit and those who recline.

Iota Tau Sigma wishes to take this opportunity to welcome every one back for the coming school year. We sincerely hope that you had an enjoyable vacation and wish you success in the future.

The fraternity is pleased to announce the acquisition of two new members sent from the Gamma Chapter at Chicago. They are B. Wayland and J. Hoose.

The fraternity sends its congratulations to the happy event of August 1st when John Wilkes, Harold Morgan, Bob Gibson and Emyl Braunshwieg were married.

Those who sit and those who recline.

The number of chairs such an individual occupies depends on the availability, his classification, that with head reclined and mouth opened or closed. The reclining type can be classified as: Those who sit on their side. Those who lie on their back. Those who sit and those who recline.

Picture, if such a thing is possible, a man of this kind in a hotel, always able to make a patient coming into his office disturbing his peaceful slumber. He will portray a startled look, and begin rubbing his eyes, in an attempt to correlate his mental faculties, to, at least, talk intelligently. After profile apology, he will be in a position to, at least, look at the patient, and what make a blind attempt to secure the symptoms, and diagnose the case. May we here be permitted to quote from a recent advertisement in a newspaper. Every speaker made the statement that such a man will not be much competition for the one who is alert, and wide-awake.

What will the patient think of such a man? Will he be called again, or refer any of his friends to such a doctor for treatment? The question need not be discussed here, as we all know that such a condition does find the element from which he came, and reverts back to it. It is, he, carpenter, plumber, garage helper, or what not. Water seeks its own level.

To date, we have not observed many snorers, but should the sleeping continue, and many new recruits be enlisted, we, no doubt, will soon have a choice number of stertors, who will make their presence known by their sonorous emanations. Perhaps we will see a few of the hen-clucking type. If such should be the case, we wish to be able to use them in the clinic.

Local Association Meets

The Des Moines Osteopathic Association will hold its first meeting of the year the evening of September 25, at the Hotel Chamberlain, at which time Dr. John Woods, faculty member, will talk on Blood Pressure. At this coming meeting plans for the ensuing year will be discussed and committees appointed.
The Log Book

Don't Call Me "Doc"!

What physician likes to be called "Doc"? Answer, from a loud and ever-swellng chorus—"NOBODY!" How many medical men are called "Doc"? Answer—sotto voce—"all of them."

The late Dr. Phineas L. Conner, of Cincinnati, was wont to tell his students that when a man first calls you "Doc" or mispronounces your name, reprove gently. When he repeats the offense, reprieve him profanely. If he does it the third time, knock him down.

Don't Call Me "Doc"!

I am a Doctor of Osteopathy. My title is DOCTOR.

The word doctor means a teacher—a learned man—one scolled in a learned profession.

The degree of Doctor is the highest given by any university, and indicates that its owner is to be classed with the most highly educated men.

Anyman should be proud to possess this degree and to be designated as "doctor." As no self-resecting proper man desires to be called "Doc," which is a degradation multilation of a most honorable title.

No other title is similarly abused. Does one ever hear the word "doctor" used of the titles called by an abbreviation—President (ident.), Governor, Senator, (Congressman), General, Colonel, Lieutenant? In fact, do we never hear of our Military organizations.

Cultured people never address a physician as "Doc," and other people should not do it.

No man is harmed by being so addressed, but when a person calls a physician "Doc," the doctor's opinion of him is lowered.

A physician is addressed as "Doctor." He recognizes the speaker as a person of superior intelligence, who respects himself, and honors the profession. Please drop "Doc" and cultivate DOCTOR.

For Sale

Dr. Florence Alice Covey, 537 Congress St., Portland, Maine, has her practice for sale and it is embarrassing to me to tell her friends that she is trying to find a new girl friend or a new car.

Births

Born to Dr. and Mrs. P. J. Gephart of Waterville, Maine, August 27, a fine daughter, Shelia Anne.

Dr. and Mrs. C. S. McMurry announce the arrival of a new baby girl, August 4, at their home in Utica, Kansas.

Why, Do You Do That?

How many times since you first entered D.M.S.C.O. have you been asked that question by some layman? Too few of our medical students have sufficiently realized the scope of Osteopathic training, and are laboring under the delusion that our science consists of "Rubbing the Back.

The following article, taken from the Iowa Osteopathic Bulletin, will give you some information which will help to keep the layetly to the laws of the State of Iowa, you and your colleagues are licensed and trained to render the same service as the medical man.

What is meant by: "A physician licensed to practice medicine in the State of Iowa."

The Osteopathic physician and the M.D. are licensed to and practice the following:

Obstetrics.
Perform minor surgery.
Treat acute and chronic diseases.
Give antitoxins for poisons.
Give anesthesia.
Make complete physical examinations.
Give laboratory examinations.
Use narcotic medicines.
Sign death certificates.
Sign birth certificates.
Prescribe diet.
Advise sanitation and hygiene.
Prescribe nursing.
Have full equipped hospitals.

The D. O. does—
Give internal curative medicine.

Present day medical literature and opinion is to the effect that the giving of medicine for curative purposes is becoming a small part of the medical doctor's work. Medical students are being taught in the schools how to give internal curative medicine. "True medicine", a new phrase, is being taught instead of the old phrase, 'Treat the disease as a whole, and cure it entirely."

Present day medical literature and opinion is to the effect that the giving of medicine for curative purposes is becoming a small part of the medical doctor's work. Medical students are being taught in the schools how to give internal curative medicine. "True medicine", a new phrase, is being taught instead of the old phrase, 'Treat the disease as a whole, and cure it entirely.'"
Nomenclature for Osteopathic Technic

The work done by the Committee on Technical Nomenclature under the direction of the Associated College marks an important advance toward definite, scientific thinking and discussion of osteopathic technic. Heretofore, various individuals and colleges have worked out their own methods of expression with the result that misunderstanding resulted. "Flexion" meant one thing to one group and another to someone trained in another college or at another time.

The Committee was appointed at the Seattle Convention and carried on the first part of the work at Detroit last year. It was arranged to meet for three days prior to the Milwaukee convention so that the task could be prosecuted without interruption. The plan proved a wise one for it permitted completion of all areas excepting the appendages.

The geographical location of the lesions of the spinal column included in this report should be noted. Only those lesions resulting in local or remote functional disturbances were reported. Lesions resulting in symptoms propagated along the nerves were not included.

The term "Flexion" when used with reference to spinal joints indicates the position assumed by the joint in forward bending.

The term "Extension" when used with reference to spinal joints indicates the position assumed by the joint in backward bending.

The term "Lateroflexion" when used with reference to spinal joints indicates direction of movement around an axis.

A "Primary Lesion" is one which arises independently or any other osteopathic lesion or visceral irritation.

The term "Acute" as applied to the condition of lesion indicates the presence of active inflammatory process.

Secondary Lesions:

(a) A secondary reflex lesion is one resulting from remote irritation.

(b) A secondary compensatory lesion is one of static origin.

The term "Chronic" as applied to the condition of lesion, indicates the presence of tissue changes in which active inflammatory process is no longer present.

The term "Compressed" as applied to the condition of chronic note indicates disturbing interosseous approximation.

The geographical location of the lesions of the spinal column are designated by numbers thus:

1. Flexion.
2. Extension.
3. Lateroflexion (If appreciable lateroflexion occurs, a complement of rotation will be present.)
4. Rotation (If appreciable rotation occurs a complement of lateroflexion will be present.)

Occipito-atlantoid lesion types:

1. A Flexed occipito-atlantoid lesion is one in which occipito-atlantoid articular movement is bilaterally restricted in position of flexion.
2. An Extended Occipito-atlantoid lesion is one in which occipito-atlantoid articular movement is bilaterally restricted in position of extension.
3. Lateroflexed and rotated occipito-atlantoid lesions are those in which the occipital condyle on the side of the produced convexity passes supra-laterally and posteriorly and the occipital condyle on the side of the concavity passes infero-medially and anteriorly.

Atlanto-axial lesion—is one in which rotation of the atlas upon axis is abnormally restricted.

Sacral Lesions—

1. Flexion lesion of the sacrum (Flexion Sacro-iliac lesion) is that condition in which the sacro-iliac articulation occurs which consists of medial compression of the articulation with clavicular elevation.

2. Posteriorly when the posterior aspect of the clavicle is rotated posteriorly.

These terms anterior and posterior include both sternoclavicular and sacro-mio-clavicular lesions.

3. At the acromioclavicular articulation an additional lesion occurs which consists of medial compression of the articulation with clavicular elevation.

Terminology for lesions not included in this report should be formally studied at some future time.—Journal of Osteopathy.
Dean Receives Degree

Dr. J. P. Schwartz, dean of the college, was recently awarded the degree of Doctor of Osteopathy at the annual meeting of the college recently held in St. Joseph, Mo.

The degree is the highest honor the organization can award and went to Dr. Schwartz for his "superior skill and attainments" in the field of surgery. Faculty and student body join in congratulating the dean.

Assemblies

Weekly assemblies were again instituted at the college this semester. The opening convention of the year found the annual introductions of freshmen the order of the day. At this same meeting, Dr. Tasker of the Los Angeles college talked to the student body.

The next week Dr. H. V. Halladay introduced the new members of the orchestra—better known as "Halladay's Stillsians." Dr. Halladay then gave a talk on the new terminology of osteopathic lesions and explained the work of the national committee of the A. O. A. to the assembled students.

Assemblies are proving as popular as ever this term and attendance at the weekly meetings have been more than gratifying to the school officials. Definite plans have been made to carry these meetings throughout the year and programs have already been arranged for the students. Dr. Facto presented Miss Johnson, principal of the Smouse Opportunity School for Physically Handicapped Children, in the Oct. 13th assembly. Miss Johnson illustrated the lecture on the methods of teaching the children with demonstration plates of the school and explained the splendid work being accomplished by the staff of the institution.

Our Summer Miles

Certainly we took a trip this summer. We went to the convention in Milwaukee and after that drove out to Arizona and back. In order to keep our lungs in a fairly good humor during the winter we have to go up to Boulder and had dinner just when the air is not 90 per cent soft coal smoke.

The kids and I made the convention and enjoyed above everything else the drive across southern Wisconsin on the return. Some beautiful spots there and it would be much nicer to take more time and run up a little farther north than we did.

Starting west, we drove from Des Moines to Colorado Springs, 740 miles in one day. Left home at 5 a.m. and arrived at the hotel in Denver at 2:30 a.m. Roads were fine all the way and the weather perfect. We got there every night and met some old friends from all over the country.

Our objective was Mesa Verde, of course. I got there every year for about a week to get away from osteopaths. This year was a bad year for no sooner did I arrive than a friend of the Los Angeles college asked me to come back and talk osteopathy but when he did I was gone. The next day who should step out of a car right in front of the tent but Moco Elena of Detroit and both of us skipped a couple of heart beats. It took me two days to get rid of him so I could put a little peace and quiet into my veins, we al have always praised Mesa Verde and have always urged any of you who were out that way to make the park but please don't come in August. It is really a very bad time to be there. The rains are dripping, nights cold. The little black gnats fill the air and coyotes howl all night away from Mesa Verde during August and let me have a little vacation without having it mixed up with the same fare that I have all the rest of the year. I am very fond of osteopathy and osteopaths most of the time, but (Continued on Page 4)

Attends Meeting

MRs. L. L. Facto and J. I. Schwartz, faculty members, attended the convention of the American College of Proctology recently held in Chicago, where they were in attendance at the morning discussions of various phases of the specialty and afternoon clinics and demonstrations of surgery.

This seems to be a definite trend toward surgery in place of injection methods of treating rectal diseases if the demonstrations held at the meeting are a criterion of modern procedure. In 1924 and 1925 the theory of infiltration of tissues in the treatment of puritis and a motion picture. A slide demonstrated lecture on "Cancer of the Rectum" was also most interesting. Several major operations were observed at the American College Hospital.

Frosh Reception

An All-School Freshman Reception will be held the evening of Oct. 27 at the Hoyt Sherman Place in honor of the new students registered at the College. This affair is one of an annual nature and an all-school function at which faculty and students register the pleasure they have spent the evening either dancing or playing cards, according to individual desires.

"Osteopathy as a Career"

The above named pamphlet has recently been published by the United States Department of Health, Education and Welfare. It is a fine little pamphlet and should be found in the office of every practicing physician in the United States as it presents osteopaths in a fair and impartial way and will be impressive to young people contemplating the choice of a life work.

A. C. O. S. Meets Here in 1934

The American College of Osteopathic Surgeons will hold its convention in Los Angeles in 1934. Dr. J. P. Schwarz, dean of the college, is the chairman in charge of arrangements.

Western League Teams Receive Student Care

(By Wendoll Kossler)

Osteopathy is not new to the baseball world because almost every league team of importance has osteopathic care throughout the year.

This summer the Des Moines Western league team received this care and by the number of verbal praises received, success was ours.

The players that had been in faster leagues wanted a treatment every day that time would allow and if any injury happened to them it was osteopathy they wanted. The new players or younger men did not pay much attention to the service at first but did not take them long to turn to the osteopathic care.

I found that the greatest stress, strain and pain in a baseball player's body is the deltoid muscle of his throwing arm.

Good results were received with this injury. Most every case of sore arm had a third or fourth dorsal lesion.

There were all cases possible in athletics, only one, a knee injury that caused a player to remain out of the game the rest of the year.

One player recovered from an injury of last year that had been given up as impossible. After that happened I had all that I could take care of.

The record of the team was very good, especially at home, where they received osteopathic care.

The home record was 46 wins and 14 defeats, compared to 29 wins and 29 games lost away from home and osteopathy.

The team finished just one-half a game behind St. Joseph, the champions. The visitors also used the service when there was an injury.

A bit of humor. One of the players demanded that a visiting pitcher who had beaten them several times before.

I enjoyed the work, the games and would advise any underclass man that would care for this work to be on hand next spring as the team asked for us back and you will gain some worth while knowledge plus the enjoyment of the grand old game.
THE LOG BOOK

ATLAS CLUB

The absence of many of the brothers is greatly felt by the fraternity this year. We signify our hope that most of them will be able to be with us again by the second semester. Our home has been greatly improved by the addition of new furnishings and improvements made during the summer vacation. The boys returning this fall were very pleased with the new appearance of our house.

Donald Hickey and Dr. Chris Fedson are with us again. Hickey has not changed at all, but seems to be more capable of throwing that so-called "bull." They are working overtime, since he is even discussing osteopathy in his sleep... besides other subjects that cannot be published. More power to you, boys. Give us some more... we like it. (He is evidently trying to take Red Tannehill's place in the dormitory.)

Dierdorff seems to be absent from the house on week-ends. What's the great mystery, Venee? Butch Traux is still looking for some one who can whip him. Boys! These Irish are really tough!

The pledge dance was held at the house and a good time was had by all. We are now looking forward to the Halloween dance which is to be given in the near future.

We were glad to have Pledge Costello visiting us last week. We hope that more of our parents can pay us a visit.

Things are going along nicely but the suggestion that some of the boys dust their books off a little more often is certainly in line. Let's get busy, fellows!

DELTA OMEGA

We are sure to report an increase in the co-eds this year. The new girls are: MaryBeth Ziegler, of Ohio; Clarice Keift, of Michigan; Evelyn Kepman of Des Moines, and Dorothy Faling of Michigan.

The evening of September 21, these girls with Helen Butcher, Lillian Peterson and Rachel Hodges, were royally entertained at the house by the members. Dr. Robert Pfuhl, secretary, was assisted by Miss Goldye Halladay. We saw pictures of the summer's cruising during the evening, which included the World's Fair. Everyone enjoyed it.

We are anticipating a pleasant evening at the Dr. J. P. Schwartz home on October 11. We regret that Miss Vienna Hedy did not get back in time for this fall, but hope to see her in January.

IOTA TAU SIGMA

Iota Tau Sigma wishes to announce the pledging of Harold Kenneth, Donald Evans, Francis Yuki of Greenfield, Mass., and Robert Pfuhl of Dayton.

Brother Whetstine has received a four months' internship at the Des Moines General hospital. Upon the termination of this appointment he will leave for Boston where he will intern at the New England Osteopathic Hospital.

Congratulations, Brother Whetstine.

Pledge Devine is quite an accomplished painter. He has adorned our hall with some fine pieces of art. 

Brother Maris has received a certificate of membership in the National Art Society. His work was displayed at the Des Moines Art Center.

We have a certain junior from Columbus that does a pretty fair job that he has done. He is known to all of us. (Paging Mr. Winchell.)

Brother Behlolt was sitting quietly with his thoughts and then suddenly he was disturbed by a practical demonstration of the use of the forceps. The prognosis of the operation is yet to be determined.

Pledge Dresser is seriously thinking about hiring a private secretary to take care of his mail. We don't mind a couple of letters, but five in one day—"Whoo, now!"

The informal get-together was held by the chapter last Friday evening. Those present included Dr. Cash, members of the fraternity, and several invited guests among the student body. It appeared that everybody was quite satisfied with the entertainment and without any doubt a good time was had by all, at least we didn't hear any complaints.

Why is it that Brother Maloy gets peved when a certain party only consents to pay his few songs upon request? After all, Karl, you should realize that talent is appreciated.

PHI SIGMA GAMMA

Phi Sigma Gamma offers its hearty welcome to Dr. C. R. Chase, of Mississippi. He is a brother who graduated from St. Cloud college in '31. He has been visiting at the home of the fraternity since that time.

Dr. Gordon and the inventors of a high-frequency physio-therapy machine gave a splendid demonstration on "Open Night." 

Hill weeks began on October 6th for pledges Wilkes, Jurgensen, and Gibson. Best of luck to them.

The home is the site of house parties every second weekend.

The chapter announces the pledging of Piper, Hammond and Mathern. Congratulations!

Mrs. Robinson and Miss Crawford were dinner guests on Saturday, October 6th.

In the past few weeks, communications from various alumni members have been received. These are always received with pleasure. May we hereby ask other alumni to correspond with us.

Walter Erwin and Henry Dicklow were installed as assistant treasurer and secretary respectively.

PSI SIGMA ALPHA

Psi Sigma Alpha takes pleasure in announcing the initiation of Hobbs, Rainkin, Owen, Erwin, Jurgensen and Berck.

It has been felt by Psi Sigma Alpha that some definite stimulus among individual scholastic lines would be welcomed by the school body. Therefore, we feel it our honor and privilege to announce the establishment of a plaque to be hung in the general room with the name engraved thereon who has attained the highest scholastic average during his matriculation in the school of osteopathy.

It is our belief that this individual designation of the honor student will fulfill the present need of a valedictorian and in addition the student's name will be perpetuated in the annals of the school.

New Locations

Dr. Donald B. Weir, is associated with Dr. L. C. Chandler of the Los Angeles Clinical group and Monte Sano hospital, Los Angeles.

Dr. Gerald Whetstine is now interning at Des Moines General hospital here in Des Moines. He is working with Rev. Marvin Green from Sac City, Iowa, to Carroll, Iowa.

Dr. Burton Poundstone, Bode, Iowa.

Dr. Carl V. Blech, Renwick, Iowa.

Dr. E. I. Kelg, Mason City, Iowa.

Dr. J. L. Porter, Pukwana, South Dakota.

Dr. J. E. Obenauber, Bear Lake, Michigan.

Dr. LeRoy Sparks at Mercy hospital, St. Joseph, Missouri.

Dr. Edmund D. King, Flushing Bldg., Lisseter, West Virginia.

Dr. James Donovan Ravenswood, West Virginia.

In Re Case Reports

From time to time we hear discussions about the reporting of cases. We quite often see copies of case reports from various publishers and note the pages of case history, laboratory findings and potted history that were mentioned. It seems a matter of something that might be construed to mean that it was an osteopathic examination and report. We have been trying to look on a copy of the Atlas Club Bulletin dated October 22. On page 6 it was found that the report was made of something that might have been construed to mean that it was an osteopathic examination and report.

The case was in one sent in by one of the grand old men of osteopathy, Dr. E. H. Booth, who was then in practice in Cincinnati, Ohio. It is copied below.

"The patient was a woman of 22; symptoms associated the am- norrea was of thirteen months standing.

"Lesions: A spot to the left; the right side and a few cervical to the left; posterior cervical tissues all thick and tense, especially on the left; symmetrical cervical and thoracic tissues, and the whole spine rather irregular. The pelvis was twisted, with apparent kyphoscoliosis of the right limb, and the abdomen was full and tense.

"The greatest gynecologist in Canada, Dr. C. H. F. Galloche, was interned at St. Joseph's hospital, St. Joseph, Missouri. The patient was atrophied, and that the patient would never menstruate again.

"The case was cured in four months, having showed improvement from almost the beginning of treatment.

"The treatment was done with the object of removing the lesions and of stimulating the cerebral and sympathetic systems.

"The menopause returned slightly about six weeks after beginning treatment."

Dr. Booth starts out by finding lesions. If you count the words you will find that ninety per cent of the report is osteopathic, purely so. How much osteopathy can be found in your case reports today?

All In A Name

An old lady in Amestead East was taken with pains on the appendix side. A new osteo was called in, made examinations, quelled fears, and went his way. That evening the old lady remarked to her daughter: "It was nice of the new vicar to call.

"But, Mumsie, that wasn't the vicar: that was the doctor."

"Oh, was it?"

"Yes, dear. Mrs. Robinson and Miss Crawford were dinner guests last Friday evening."

Movie Actress: "I'll endorse your cigarettes for no less than $50,000."

Cigarette Magnate: "I'll see you inhale first."
The Log Book

J. O. A. Bulletin

As this column is written the six district meetings are about to do the job they understand in the way of doing their best to urge attendance. Very important state business will be discussed at the meetings. It is at the fall meetings that the election of state trustee and member of the legislative committee takes place. We have a voice in your representative on these groups always plan to help elect him at the fall meetings.

Perhaps a goodly number of you have missed the secretary's letters urging payment of dues. Our president, chairman of the membership committee, wrote you recently urging payment and stated the fact that the secretary was in an embarrassing position with bills and no money to pay them. If each of you sent in a dollar or two dollars a week it would help. When you pay practically three years or less the dues are five dollars—otherwise ten a year.

Starting in the next issue of the Log Book we intend to publish these names of our des Moines college faculty members and hospital staff physician members, and these men are giving generously of their time and talents in the winter's program of speakers.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.

Dr. Woods spoke at the September meeting on "Abnormal Blood Pressure" as the keynote. Dr. Halladay at the October meeting on some original research work he has recently done on "Interventricular Disks." In November, Dr. J. P. Schwartz will talk on "Thyroid Dysfunctions," and in December those of you who are fortunate in having guests at the College when "The Des Moines Story" is discussed at our meetings, they will enjoy the meeting.
Congratulations, A. O. A.

The editor of the Log Book is in receipt of a group of letters from the A. O. A. office in which Dr. Ray G. Hulburt carried on a dogged fight with the editor of “Time” magazine concerning recognition of osteopathic practice and the requirements scholastically; also correspondence relative to a review of the Milwaukee convention. The correspondence started some years ago and was a nip and tuck affair from beginning to end. The A. O. A. office is to be congratulated on this victory. To quote from the final letter received by Dr. Hulburt from the “Time” editor:

“You seem to have me locked on arguments. For I certainly have been under misinformation about allopathic schools.

“Many thanks for your leaflet “Osteopathy: the Science of Medicine,” Besides the clear, brief exposition on osteopathy.

“As for replying in detail to our lengthy, long time correspondence, the idea appals me. I beg off.”

Thanks, Dr. Wilson!

We are in receipt of a fine letter from Dr. John H. Wilson of Auburn, Calif., in which he compliments the Log Book on its September issue. In the letter Dr. Wilson promises to visit us. He says: “I was born January 29, 1859—no spring rooster any more. I’m the youngest man in Placer County for my years. I’m getting a little too old to put on wheels on the back of the boys as I did in 1883.” We are always glad to hear from men in the field and thank Dr. Wilson for his interest.

C. W. JOHNSON, D. O.
President. Dr. C. W. Johnson is a graduate of Iowa State College and holds a Bachelor of Science degree from that institution. He graduated from the S. S. Still College of Osteopathy, Des Moines, Iowa, in 1900 and has been a member of the faculty of the College for twenty-seven years.

Dr. Johnson teaches classes in Nervous Physiology, Nervous and Mental Diseases, Psychiatry, and Gynecology, and has charge of the Gynecological and Nervous and Mental Clinics.

He has been President of the College since 1926, and prior to that, was Dean.

Dr. Johnson has been affectionately known to alumni as “Brick” due to the fact that he used to carry a brick-bat to class with him and threaten to throw it at any student that answered any question wrong in Nervous and Mental class. His favorite expression: “Asinine method.”

Hobby: Gardening.
Dr. Russell Peckham Dies

The entire profession will be shocked to know of the sudden death, New Index and the physiology, R. Peckham, of Chicago, in ten years time he has made for himself a name and reputation in the science of Osteopathy that without his great brilliance could never have been accomplished. He leaves too many who needed him most. His activities in the several capacities in which he served in such a constructive manner will suffer for some one to replace him.

Since his graduation in 1923 from the Chicago College he has been intimately associated with it in the capacity of teacher and mediator on many questions.

He has spoken before many of our associations and talked very active in national osteopathic work. He leaves to mourn his death a wife and small son, his father, a sister, and three brothers, graduates in Osteopathy, many friends and the entire osteopathic profession.

Polk County Association

There was a large attendance at the October meeting of the Polk County Osteopathic Association to hear Dr. H. V. Halladay’s talk on the “Intervertebral Disc.” Those who had heard Dr. Halladay’s paper at the national convention at Milwaukee last summer arranged to have it included in this year’s program. Using a stereoptican the speaker clearly presented the many new facts on the physiology and anatomy of the disc some of which was the result of original research by Dr. Halladay himself.

Mr. William Welch will be the guest speaker in November on Psycho-Analytic Therapeutics. In December the association will be the guests of the faculty of Still College. Dr. J. M. Woods will be chairman of the program at that time.

Dr. E. R. Booth Very Ill

Word has been received at the college from Robert Booth, son of Dr. E. R. Booth, that his father is becoming weaker rapidly. It would be remembered that Dr. Booth retired early last spring and since that time has not been seen. We hold in our hope that he rallies and will be able to yet contribute from his experience to the history of Osteopathy.

Basketball

Sigma Sigma Phi has the series started already and the first game was played Wednesday evening at the Jewish Community Center. Games scheduled were between the I. T. S. and the P. S. G followed by the Atlas playing the Non-frat group. The I. T. S. won the first game by default but were so anxious to put on an exhibition that they recruited some rivals from their subs, together with Jay Fink a local star, and with nine men on the floor put on a rapid fire show that indicated that they have plenty of material and will prove real contenders for the crown.

The Atlas game with the Non-frat proved to be one of the marksmen of the early part of the week. Atlas won 33 to 21 but the Non-frat boys put up a game fight hard enough to keep the score from being not by any inferiority complex.

Having only five men, Benny Devine and Doc Hurd subbed for them in the pinches and we want to say right now that these are the things that show real co-operation and sportsmanship. The whole gang is out there just to have a little fun and break the monotony of the regular schedule and no one really cares who wins or loses. The main thing is to be a part of the whole and all have a good time.

Of course, there will be a lot of old men in school for a day or two but there will be smiles and friendly kidding enough to make up for the stiffness that the lack of training will bring on. Next time one Wednesday and be there.

Tag Day

Sigma Sigma Phi members suddenly slippred up on the student body not long ago with a tag day. It’s a great idea and will do a great work. It seems that this year we have a live wire doing some work along legislative lines and the frat with the idea of helping a good cause along took it upon themselves to start this new idea. Dr. Rogers made the call and gave the committee that the college back the work 100%. If anyone was missed it was because they were an invisible coat.

Freshman Reception and Dance

The annual reception and dance given by the trustees of the college in honor of the freshman was held October 27th at the Hoyt-Sherman Place. Members of the faculty and trustees led by Drs. Johnson and Devine entertained the guests. The parlor was soon filled with those preferring conversational while the card room offered entertainment in bridge and rummy. The dance floor was filled with the majority enjoying the dances turned out by the seniors Melody Masters. Punch was served throughout the evening.

approaching hallowe’en furnished the inspiration for the souvenirs presented to the fresh- men during their special dance and finished a number with it. This settled the mischief with the kids, furnishing them with a greater thrill than the business of the principal or the fraternities for the crown.

The freshman reception and dance was a complete success. The kids enjoyed the evening and many expressed the wish to have it repeated in the early part of the Spring term.

Visited by Dr. John Rogers

Dr. John Rogers of the well known town of Oshkosh, official representative of the A. O. O., has made his annual visit to the college. This trip was sandwiched in between other important visits of Dr. Rogers and it seems he is busier than a one armed juggler. With the immediate and the Non-frat boys put up a game fight hard enough to keep the score from being not by any inferiority complex. They recruited some rivals from their subs, together with Jay Fink a local star, and with nine men on the floor put on a rapid fire show that indicated that they have plenty of material and will prove real contenders for the crown.

Born Where?

A couple of weeks ago one of the groups on campus was given a case that for the time was living in a shack on an island in the middle of the Des Moines River. In order to get to this place the students had to drive a rather tortuous route to the bank of the river and then whistle across for Charon to come over in his trolly. This affair being a box suspended on a chain and a rope arranged so you could navigate the distance by hand power. Despite if nothing else. The babe arrived and all went well.

A question now comes up. Islands are the property of the government. In signing the birth certificate should the doctor say that the baby was born in Iowa or just in the United States?

Assemblies

The extremely interesting programs presented by the student body recently have attracted renewed attention. Dr. Gordon introduced the Rev. Stoddard Lane to Dr. John Rogers on Friday, October 27th. Dr. Lane very ably handled the difficult subject of “Science and Religion.” Without offense to either side it was pointed out that a very intimate and necessary relation exists between the two.

Dr. Rogers proved himself capable of doing the right thing at the right time by presenting Mr. C. C. Miller of the General Electric Research Laboratories, and Mr. Miller has a manner of speech that holds your attention but with such an interesting subject he would need nothing else. The entire student body was surprised to learn of many new applications of old principles, several applied to therapy. Mr. Miller also brought along a slide show with plenty of room of improvement in the electrical field and many thanks for doing it.

Dr. Glen Fisher provided an hour of entertainment by turning back the pages of time. It is seen he is busier than a one armed juggler. With the immediately and the Non-frat boys put up a game fight hard enough to keep the score from being not by any inferiority complex. They recruited some rivals from their subs, together with Jay Fink a local star, and with nine men on the floor put on a rapid fire show that indicated that they have plenty of material and will prove real contenders for the crown.

Where? A question now comes up. Islands are the property of the government. In signing the birth certificate should the doctor say that the baby was born in Iowa or just in the United States?
The Log Book

ATLAS CLUB

A Hallowe'en party was held at the house and the hard times costumes seemed very appropriate at this time. Henry Reitman still insists he was wearing his best suit.

Ralph Ritchey.

The "Kitchen Mystery" continues to be unsolved but the guilty finger tends to point towards Don Hickey. How about it Don?

Verne Dierdorff wants a different car again. The old model T was almost bent double and the windows hung in the illusion. We are glad you were not hurt Verne.

Bill Costello seems to have his hands full since he is president of the pledges. Those boys from Detroit really give him something to worry about.

The Basketball Tournament is the center of attraction at the present time. Easy Kessler still shows possibilities of becoming a star although John Secor is giving him keen competition.

Cy Potter is trying to sell his boys the idea that they will be doing the Tass while Twaddle insists the team may win some day. Tiny isn't saying a word.

Anyone interested in a special five-dollar proposition see Bob Ogden. He promises great returns for all invested.

Practical work nights have been very interesting and we wish to thank Dr. Fred Campbell for the program he is endeavoring to carry out.

Bruce Farmer wishes to announce that he will have some more money and another way in a few days. Those needing money will please go to the filling station with a gun and Bruce will help you out (7).

John Secor would like to know how to replace brakes in his car. Why not make a blue print next time you take it apart, John?

Those attending the Freshman Reception at the Hoyt Sherman Reception Center last night should have a good time. Thanks to the school. We would like more of them.

The new Fraternity Line looks sleek and some of the boys made six calls the first evening. Oh, Doctor!

We wish to announce the pledging of Frank Bumps and Ralph Ritchey.

Iota Tau Sigma

To say the least, we were a bit disappointed with the first showing of the basketball tournament. It seems that the brothers were all peppered for that first game and then to have it fall through the way it did was too much. However, we did make the best of the situation and the result was a quite lively little game, you know one of those inner fraternity affairs.

The conditions of the brothers, after the near-accord which was reached before, who participated in the game is quite surprising. On the whole they are in fad good shape considering that the majority of them if they were as old as they act sometimes, would have quite a foot in the grave at the other slopping in the same general direction. Nevertheless Brother Gerow, and we understand Brother Malo, couldn't take it all at and as a result the former is all broken up. We hope the latter is as good as could be expected. Well, that's the way it goes with these athletes.

Bro. Nowlin, '30, having completed his work in Des Moines has returned to his home in Cedar Rapids. Although he was expected to be with the brothers here, he soon grew in a few days, to be one of the best around the house. The housemates are already worrying about him, we're sorry to see him leave as we feel it would be putting it mildly.

During the past month as a result of the new deal, the football team continues to be a buying splurge, nothing elaborately so as to speak, just a few articles of furniture which were badly needed. And now one would experience difficulty in recognizing the old place if he hasn't seen it since last year.

All in all we're quite proud of our work and feel sure that the articles of furniture which were badly needed will be handy when we move into our new house next semester.

There comes a time in every column's life when he must dish out a little dirt on the side to keep things interesting for his readers. One does get tired of this cut and dried stuff. So to start, Bro. S. G. Beghtol, our big game hunter is staring down the finger bone of the new, then a Senior in the college, who has promised to invite us to a duck dinner and he'll bring along some duck hunters. However, the story that he couldn't be depended on under those circumstances, so no doubt the ducks will be enjoyed down at B. & H. (do you wanna buy a duck).

Phi Sigma Gamma

The end of the harvest was celebrated with a Fall Festival dance on the evening of November 3. The event was graced by the presence of several members of the faculty. Dr. Gladstone addressed the group. His topic concerned the relationship of the Osteopathic philosophy to the medical field as a whole. Gene has promised to invite us to a duck dinner and he'll bring along some duck hunters. However, the story that he couldn't be depended on under those circumstances, so no doubt the ducks will be enjoyed down at B. & H. (do you wanna buy a duck).

SIGMA SIGMA PHI

The Sigma Sigma Phi Honorary fraternity announces the initiating of Bennay H. Devine, Fred J. McAllister, William F. Hall and Don L. Ashmore. Following the ceremony the entire group enjoyed a feed at the Nanking Cafe.

Non-Frat

The recently organized Non-Frat fraternity announces its first meeting at the Y. M. C. A. on October 30th. Dr. H. V. Halladay gave an interesting lecture on "The Art and Science of Medicine." The second bi-monthly meeting was held at the Y. on November 12th. Miss Ava Johnson read an address, "Personality and the Physician." and Herbie Connor of C. C. C presented several selections on the accordion.

The meetings are for the purpose of better organization in the large group of Non-Frat men. Everyone regardless of other fraternal affiliations is invited and urged to attend these meetings. Officers of the group are, DeWitt Goode, President; Sidney Ellias, Vice President, and Saul Sigle, Secretary-Treasurer.

Thanks!

Several have clipped the "change-of-address" coupon in last month's issue of The Log Book and sent it in. Many have sent new names and with the exception of one case all were pleased with the Log Book. We do sincerely thank you and hope that through the majority of you do not express yourself that you enjoy the publication and will take the time to drop us a line when you have a minute to spare.

Some Overture:!

Phone conversation picked up by our wire tapper.

Vrgr: How about that meeting tonight, Harry?

Harry: Can't possibly make it. We're having company for dinner tonight, tomorrow night and the next and the next. Yeah, don't know I just got back from hunting pheasants.

Vrgr: What about the Poets?

Harry: Oh, oh, I didn't see any.

(Bang goes the receiver. Another good one wasted.)

The Medics Failed

Cases cured by Osteopathic methods have ceased to be spectacular; one of the days of the science the boldness of the Osteopath in taking and curing cases given up by regular physicians attracts attention and was responsible for the large student body consisting of many middle-aged aspirants. Today to the no longer surprising due to the frequency of them. The clinic of Still College offers many of these cases. The following reports are not padlocked. The names can be furnished to anyone sincerely interested and the patient will be glad to affirm any of the statements.

Mrs. G. W. of Des Moines is 62 years old and a housewife. Nine months previous to her introduction to Osteopathy she had an accident that resulted in fracture of the tibia near the knee. She went to a local hospital (not the Des Moines General) and the leg was placed in a cast. She was in medical care and was discharged later with the information that the limb would probably have to be amputated and that she would always be a cripple. After she was settled in bed at home she consulted Dr. John Agnew, then a Senior in the college was assigned to the case and Dr. H. V. Halladay acted as "Left leg flexed at knee and toes dorsiflexed. Muscles weak. Knee stiff. Limb cold. Patient unable to walk in any way. General health good. Had been slightly lame from injury early in life. Lesions in lower dorsal and upper lumbar affecting blood supply. Adhesions causing stiff knee. Lesions at 4th and 5th lumbar affecting sciatic nerve."

In five treatments Dr. Agnew had the patient up and supporting himself weighted limb and as far as the patient was concerned was completely cured. He appears quite good and continues as before until at this writing the patient walks with the aid of a cane and crutches but can easily support herself and take steps without any aid. Her health is excellent and she is doing all of her own work. The circulation is normal in the affected limb and the muscular strength is equal to the unaffected one. It is beyond the will to add that her mental state has improved along with the physical improvement and she radiates happiness as she greets all her friends.

The remarkable features of the case are that with the best of medical care she was offered nothing more than a bandage the rest of her life with nothing about the possibility of manipulative therapy. Also, in spite of the age of the patient she responded to treatment very well. The first treatment effected considerable improvement both in post- and comfort.
Applications are on file from six appointed Senior for the team. Fined his aides to the officially but Virg, the old meanie, con- in the college wanted to assist for basketball. Every student over to the college for their ex- teen girls from the A. I. B. came caused not long ago when eight- is almost certain to win the city. Practice and training will soon be the close and the basket ball prac- tice and training will soon be the school. Surely, the way to meet this new ath- letes is apt to be a sad story. I treat a few glass arms, still nose and bent back for pro- fessional athletes temporarily flushed with money. My regu- lar patients send me their inju- ried and the school. However, I may have missed a vital point in the whole matter. Much in the near future you will make some public non- nouncement along the lines of "How Athletes Can Assist In the N. A. Program," or some such appropriate topic. I always enjoy reading of your summer sojourns. Your old friend.

We Cannot Accept Ads But—
If interested in purchasing an Albright table complete with all attachments write to Mrs. A. Wilson, Commodore Hotel, Des Moines.

The Oregon Bulletin.

Thanks, Dr. Van Brackle, we enjoy your bulletin and will change your address.

Did You?

See that cartoon by Webber showing the "card" kidding Dr. Shambaugh an Osteopath? We are not sure but think this may be intended for the real Dr. D. A. Shambaugh of Norwalk, Conn. Knowing him personally he could not accept favors from his friends. What does him justice but yet there seemed to be a slight resem- blance especially the nose. How about you, Jay? Did you hear the broadcast of Marie's birthday party? May Virg and Louis go? They are con- trolled and would like to attend if we could get a 611 ticket and the O's Suite on the front? Not a sign of the many- where now. Also those old creaky seats we had in chappell? Des Moines fine, few comfortable seats in the assembly room.

The chemistry laboratory looks familiar. But then all such labs resemble each other with the re- agent bottles on the shelves and the humus burners, sinks, retort racks, etc. But the chemistry laboratory stock room and priv- ies are quite a size, in fact, the one in the old college building, and it looks to be doubly stocked with utensals and sup- plies.

The biology lab and the his- tology and pathology labs are ar- ranged quite differently from the old. A lot larger, bigger and much more complete. These new ones look as if students and faculty had spent many hours outside the regular class periods. It makes an old timer feel as if he might better come to the college and try to be taken into the secrets these new students in our osteop- thic colleges are having revealed to them.

Then Des Moines General Hos- pital has also changed, although from the outside it looks like the same old familiar building. When one enters the front door he finds himself in a rather large waiting room. And the nurs- ing clinic, the (I was a visi- tor) the persons accompanying the patients are made comfort- able. The window opens into this sitting room. The old hallway is gone. The stairs seem no different, they are carpeted and silent. A maid was going over each step with a hand electric vacuum cleaner.

In the other operating room, Dr. H. J. Marshall was doing tonsilectomies under general anesthia, with the clinic nurse assisting. I watched while he operated two patients, both adults. I had the temptation to slip down the stairs, but Dr. Marshall dug out some old rem- nants of tonsils from my own mouth and gave it to me to do it so easily and with so little discomfort to the patient. Of course I know what a contract the next day or two might bring in dis- comfort to the throat. Then a very hurried visit down to the laboratory where Dr. Cash was surrounded by all manner of equipment for diagnostic and research work, completed the day, and feeling as if students and in- vited to be in the lab, the new osteopathic student should be proud of, and where any student can receive instruction and train- ing he need never make apology for.

Donald M. Lewis.

DR. SMOCK VISITS IN DES MOINES.

Dr. A. M. Smock, her secre- tary, Mrs. J. M. Smock and chauffeur stopped in Des Moines enroute to the Chicago meeting. Miss Smock was entertained at the home of Dr. H. V. Halladay. The group visited the hospital and college and Dr. Smock was drafted to speak to the Delta girls.
The Log Book

Being ever conscious of the courtesy extended by the Log Book and the Des Moines State College in publishing this work, we feel it our duty to say and yet not consume too much of the space furnished and paid for by the College and at the same time show our courtesy and trust we may never crowd over on to the other fellow's territory.

It is difficult for many osteopaths to realize the fact that the Special Session of the Legislature is now in session and under the capable direction of our esteemed directors, that the examining staff are ready to receive the members from month to month.

We are not saying, "Thou shalt receive like consideration," but we hope that our Legislative Research Director and every other member of the A. O. A. will remember that education is well illustrated by the doctors of the article sent to us all, but in that short week we became friends. It was a joy to have the members from month to month.

The condors were most effectively published and we have published in the A. O. A. directory, but the dues will not be accepted for the directory, but will be paid in the A. O. A. directory.

The record and will be glad to be of service to them. Will you do the work?

The Iowa Adult Health Clinic

The second chapter of the work being done by the Iowa Adult Health Clinic is now completed. The personnel and the officers of the committee will take care of the different doctors as possible the opportunity to attend this intensive post-graduate course.

If you have read Dr. Becker's article in the October Journal, you have a splendid word picture of this clinic, and I can proceed to give an account of the actual work done.

But first let me tell you that our Iowa Adult Health Clinic this year was the meeting of the new members of our staff, and finding them doing such splendid work, was strange to us all, but in that short week we became friends. It was a joy to have the members from month to month.

The number of members to be examined this year was somewhat reduced because one hour was cut from the examining time for each day. The number was still quite sizable, being 232, the most in any one day being 56.

In the last month's issue of the Log Book we published the names of the members of the A. O. A. directory, but the dues were not paid and they were received in the A. O. A. directory.

We are greatly honored by several distinguished visitors, men and women of affairs in our profession, whose judgment we greatly appreciate. Mrs. Langhahn and Mary Jane came up on one day, Dr. A. D. Becker, Mrs Becker and son, another day, Conley, and Drs. Margaret and J. L. Jones, another day. We were delighted to have them here because we think they personally and we appreciated the interest in the clinic that these visits showed.

Dr. Della B. Caldwell, Chairman.

Sixth District Meeting

A brief report covering the Sixth District meeting at Boone, October 19th, indicates that while the attendance was not as high as expected the program was highly appreciated.

Dr. F. A. Isreal of Des Moines spoke on "Comparative Therapeutics," Dr. Harry Gamble of Missouri Valley covered the question, "Osteopathy and What Osteopathy is," and Dr. George Conley of Kansas City addressed the meeting and the subject, "The Old Time Religion." Following a business meeting Drs. Conley and Gamble conducted the meeting.

The meeting next year will be held in Adel with the following officers presiding: Dr. Laura E. Miller, President; Dr. A. D. Craft, vice president; Dr. Ralph Brooker, district trustee and Dr. L. L. Wade, secretary-treasurer.

Several students from Still College drove up to attend the afternoon meeting.
The January Graduating Class

Another example of "Quality, not Quantity" is found in going over the roll of candidates for graduation the 19th of January. As the roll list indicates they are few in number but if you had the opportunity of contacting this group you would know that they have been exceptional students and leave Still College with a thorough training. The small number in the class has made it necessary for them to do more than double work in the clinic and this has not caused them to fall in advantage. These boys are truly "Trained in Practice."

At the present writing we have not secured the detail of where they will locate but we congratulate the community in which they decide to practice the science of Osteopathy.


Dr. Don M. Lewis Dies

We quote below from a letter received from Dr. H. V. Glen, president of the Arkansas Osteopathic Association:

"I notice in your issue of November 15, 1933, an article by Donald M. Lewis, titled, 'After Eight Years.' This served to remind me of just how uncertain life is, since I attended Dr. Lewis' funeral last week and thought you would appreciate the information concerning his death.

"Dr. Lewis lived at his home in Little Rock, Tuesday, November 21, shortly after having eaten a hearty dinner. He was reading before making some calls and died suddenly while reading. He had been secretary-treasurer of this association for many years and was one of the best known Osteopathic physicians in Arkansas. His passing leaves a vacancy in our ranks in Arkansas that will be hard to fill. His work as secretary was performed so efficiently that few of us knew the tremendous amount of work he did. We feel that we have lost a friend as well as an associate."

1934 Calendar

Roll Call January 3
Graduation January 19
Registration January 20
Roll Call January 22
Graduation May 20

A Merry Christmas and
A Happy New Year
To All!

Basketball

The first half of the basketball schedule has been played with the Atlas Club leading by a wide margin having had no defeats so far.

Since not all of the fraternities are participating as originally planned, the schedule has been changed. It has been necessary to bring in outside teams which helps to add interest to the evening's entertainment.

Effective the next game the contests will be played at 9 o'clock on Tuesday instead of 8 o'clock on Wednesdays as in the past.

The students so far have shown very little interest in these games and do not appreciate the good time they can have razing their best friend.

We would certainly like to see the students show a little interest in these games at the Jewish Community Center and at the same time receive a little diversion from their usual routine.

—B. D.

They Keep You Busy!

Closing his roll book at noon of November 21, Ye Editor hopped into the chariot and sped to K. C. This was at the kind invitation of Dr. C. A. Fredricks of the staff of the college and chairman of the program committee of the local association. We met in the fine newly remodeled college building and it is something to be proud of.

The local group had just the kind of discussion that we like to talk to. Coaches, and those in the city interested in physical education, Many Osteopathic physicians and a scattering of friends. To us it was a treat to talk about the value of Osteopathy in the care of Athletes.

An added pleasure was the opportunity the following morning (Continued on Page 4)

Student Loan Fund

Since the inauguration of the Student Loan Fund by the American Osteopathic Association two years ago, fourteen senior students, representing the six recognized Osteopathic colleges, have been granted loans, with which they could not have graduated. All colleges participate equally in sharing the advantages of this fund.

The sale of Christmas Seals, together with several very substantial gifts, has made this worthy enterprise possible. The Loan Fund Committee is very grateful for the generous and hearty support given by the profession. The same gratefulness is apparent in the whole student body of every Osteopathic college. This movement was initiated and its activities are conducted by the American Osteopathic Association which sponsors the fund for the American Osteopathic Foundation.

Only a small percentage of the eligible and needy candidates are granted loans because of the limited amount of money available. Your donation and those of your friends will meet this crisis. Why not give to a cause which is purely Osteopathic?

Do not limit your donation to the number of seals you can use. Perhaps you can stimulate some interested friend of Osteopathy or some club or group to make a substantial gift to this fund. See any of the following students: Cooper, Halladay, Devine, Ryan, or Bob Hoefler.

Dr. Perrin T. Wilson to Visit Us

Word has been received from Dr. Perrin T. Wilson, president of the A.O.A., that he will make us a flying visit, January 4.

Plans have not been completed for every minute of his stay during the day, but we will guarantee that he will not have much time to shop. Our observation is that if he has a schedule of visiting during the next six months as strenuous as the past, that his practice will suffer, but we, as a profession, will be ahead.

Students Banqueted

Monday evening, Nov. 20, Lincoln High School's football team was treated to a banquet dinner during the past football season.

A wonderful dinner was served and you should have seen the spirit they go about doing! (Ask Houpt and Schwartzbaugh if they did justice to a free meal.) To top off the dinner, they served ice cream and cake for dessert.

Following the dinner, Mr. Hutchins, vice-principal of the school and chairman of the banquet, gave a short talk. He then called on certain members of the football team for short talks.

Having called on the boys, he called on parents. I must add here that there were some new things said about the boys, their coach, and the two Doctors that took care of their boys throughout the season.

The greatest surprise of the evening came when the chairman called on Houp and Schwartzbaugh for a short talk. They got along in great shape, but their faces were as red as the faces of the boys who had talked before them. Dr. Houp—he was called on first.

Coach Arden McClain was the last to speak. His talk was short but he brought home his point in fine fashion.

His subject was, "Controlling Emotions on Any Team." A team, he said, cannot expect to bring home a victory unless they have the full cooperation of every individual playing on that team. He praised the service of the Doctors for their work with the boys. Here he added that during the full season only one boy was kept from any game on account of injuries. That being a broken clavicle, sustained in the Lincoln-East game.

"One of Them."
The house was the scene of a Freshman Class Dance Saturday, November 25th. From all reports the event was a decided success.

Many of the follows were home over Thanksgiving vacation. Now we are all looking forward to a good visit at Xmas time.

Recent purchase of a ping pong table and equipment has enlivened the place all around the house. All of the members are enjoying the sport except Casey Kessler. His waistline cannot stand over chairs and looking under davenport for the elusive celluloid ball.

Basketball was resumed this week after a few weeks lay off. A game with the Non-frats was played Wednesday and anyone who thinks modern wrestling is rough should have seen that game.

Bro. Schoeff claims the duck-eating championship of the club. After eating Thanksgiving dinner he claims that 34 duck bones remain. If he ever gets to Perry again he can take his own ducks.

Bro. Forbes, at present out of school, drops in quite often at the club. His vocabulary seems to increase with time.

Bro. Hickey moved into the house recently. He has the misfortune of sharing a room with Bros. Schoeff and Bigby. The club exec shuffles his sympathies to Bro. Hickey. His case is indeed a very trying one.

For information regarding marriage plans of Lodish. He assisted very nicely at a recent wedding. His name was mentioned in the Sunday paper but no picture accompanied the write-up. How about it Ed? Wouldn't they accept your picture?

Pledge Harry Stimpson has been quite often of late in the company of a certain Irish lad. You had better change your nationality Harry because there is every reason to believe brother Pohl is going home over Thanksgiving vacation.

If anyone ever gets to Perry again he can see nightly going into a hud- dle and whispering earnestly. Xmas is coming and that probably accounts for it. After inspecting the picture on Frannie's dresser we're sure Santa isn't the only reason for the enthusiasm.

The juniors are all getting their kits together ready for their Thanksgiving program. The meeting, which comes once in a lifetime," or something.

Brother Gerow is having some real trouble with impacted wisdom teeth. Our sympathy, Bob. Brother MacIntyre is going to stay in Des Moines over Xmas. "My Gracious!"

The chapter announces the outgoing of Robert Hoefer, of Dayton, Ohio.

Brother Hobbs cheerfully relinquishes his crown in favor of Charlie K. Minkesken, Michigan, as Bulletins received from Buffalo, New York, November 14.

The permanent trustees are: Dr. Charles R. Wakeling, Vice President and Dean; and maintain a school for the promotion and practice of, and instruction in, the science of Osteopathy including medical, surgical, anatomical and physiological knowledge and such other subjects as may be deemed necessary and proper by the Board of Directors; and maintain a hospital and dispensary departments and conduct clinics there in.

The incorporators were, Dr. Philip S. Taylor, President; Dr. Charles R. Wakeling, Vice President and Dean; Dr. William T. Knowles, Treasurer; Dr. Frances Graves, Secretary; Dr. Perrin T. Wilson, Dr. Mark Tor- donoff and Orville S. Poland, attorney.

The permanent trustees are: Dr. J. Harold Evers, President; Dr. Charles R. Wakeling, Vice President and Dean; Dr. William T. Knowles, Treasurer; Dr. Frances Graves, Secretary; Dr. Perrin T. Wilson, Dr. Mark Tor- donoff and Orville S. Poland.

Plans are being shaped now with the view of having a fresh man class next fall under the requirements of the Board of Associated Colleges of the American Osteopathic Association.

Dr. Charles R. Wakeling, who is acting as Dean, will be glad to hear from any member of the profession in regard to this new move.

The Senior Dance

At the time of the publication of the Log Book we are hearing about the Senior Dance. From the preliminary information it is to be held at Park View and will assume all of the appointments of an elite affair. The most important feature of the dance is the idea back of it. Seniors feel that we do not have enough get-together af- fairs. It is their idea to merely sponsor this as a gesture indica- tion of their willingness. A great deal of work for the pleasure of seeing the student body have an enjoyable evening. The caption in the column on their efforts and every stu- dient in the college should support this dance.
On November 16, Dr. Cash introduced Mr. Wilson, who has been working with the State legislative committee. Mr. Wilson has made it his business to con- tact many of the profession in the state and he knows whereof he speaks on both sides of the question. It is very evi- dent that the legislators will have a much better idea of Osteopathy when Mr. Wilson gets through with them and it might be added that some of our own profession have learned a thing or two. We would rate Mr. Wil- son as a very high class educa- tor.

Miss Ava Johnson managed to drag Dr. M. D. Kramer away from his work, November 17. We all know of the excellent Osteopathic training all Drake athletes have had under the care of Dr. Kramer. In the last basketball game he explained methods of diagnosis and treatment for the more common knee injuries. At this time they would be especially appreciated, since our Seniors are working with several football players and will soon start with basketball.

Dr. Mary Golden brought a nationally known speaker to us November 24, Mrs. Max Mayor of our city, has for many years been interested in world prob- lems and has been called to all parts of the country as a speaker. Our objection and hers was that the time was too limited. It was a real pleasure to hear her. Mrs. Mayer was given the city award in 1932 for service to the community, due principally to her work at the Jewish Community Center.

Death of Dr. Davidson

The death of Dr. Lilla R. Dav- ison of Charles City, caused a shock to the hun- dreds of her friends in the pro- fession. To the Iowa profession she was known as an activi- te hard worker and a loyal sup- porter of organized Osteo- pathy. Dr. Davidson was this morning serving as President of the Iowa Division of the O.W.N.A. and only recently wrote the Secre- tary concerning her plans for the convention next May. The O.W.N.A. and the profession at large have lost a real worker and a sincere friend.

Dr. Davidson had a very pleas- ing personality and this coupled with her thorough prepara- tion in her life work, she had established a most successful practice at Charles City, who as we of the profession, will mourn her as a friend and an Osteopathic physician.

—P. O. F.

THE LOG BOOK

The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY

President C. W. Johnson
Editor H. V. Halladay
Osteopathy Without Limitations

New Students

The publication of a list of graduating Seniors must again remind us that a new class is to matriculate very soon. We wonder if you in the field real- ize that at this time there is a remarkable opportunity for you to contact some prospective stu- dents of Osteopathy. Many of our colleges have had their pre- liminary exams and have on ac- count of the number of can- didates many students will wish to work in another line of work. The fact that a student fails to come to standard in a subject in college that he is not really interested in does not necessarily bar him from work which he enjoys. Another kind of people have many young men and women who have not definitely decided which college they will attend. Get in touch with these and tell them of the opportunities of Os- teopathy. A new class enters at Still January with about these names immediately and don’t just say “Merry Xmas.” Do something that will make it a merrier Christmas for yourself and others in the years to come.

Do your part to make Osteo- pathy stronger.

On To Wichita

Belated Broadcast

The Log Book is in receipt of a letter from Dr. J. Deason of Wichita, relative to the national convention to be held there next summer. Early returns from a canvas made of the adjacent states indicate an unusual interest in the meeting by those colleges which will attend the convention. The committee is preparing to take care of our largest conven- tion for many years. The program and entertainment plans are well under way. Announcement will be made in future issues of the Log Book regarding progres- s made along this line.

The Only Hope

Vaudeville Singer: “And for Bonnie Annie Laurie I’d lay me down and die.”

Listener: “Is Miss Laurie in the audience?”

Memorial

A. T. STILL
Founder of Osteopathy
August 6, 1828
December 12, 1917

George A. Still
Osteopathic Surgeon
November 23, 1922

S. S. Still
Founder of Still College
December 7, 1851
November 20, 1931

On October 19, Dr. H. J. Marshall and I motored to Cedar Rapids to attend the Osteopathic convention of the fifth district.

We left Des Moines about seven o’clock and arrived at the Roosevelt Hotel in Cedar Rapids, and on o’clock and had time to visit with some of the Doctors before the convention was called to order at ten thirty.

The morning session was changed to permit Mr. Wilson, our legislative research man, to give his talk first, in order that he might in time to drive to Boone, and attend the meeting of the sixth district that afternoon. Following Mr. Wilson’s talk the meeting was adjourned until after lunch.

About thirty or thirty-five were present at the luncheon and the Roosevelt Hotel should be complimented for the type of outdoor and service they gave us during the convention.

After lunch the convention was again called to order and the business session taken up in which the officers for the next coming year were elected and other business transacted. The business session out of the way the regular program was taken up. I was first to speak, giving a discussion on diagnosis in acute respiratory diseases. Dr. Marshall then gave a talk on acute and chronic diseases of the ear, nose, throat and paranasal sinuses and the diagnosis and treat- ment. Many questions were asked about treatment and Dr. Marshall always answered them to the satisfaction of all. I then talked about ten minutes on the value and importance of taking a case history when making a complete examination. It was then followed by a round table discus- sion which lasted for about twenty minutes and was enjoyed by all.

We left Cedar Rapids at four-thirty and arrived home about seven-thirty, a little tired but happy because we had met and talked with those Doctors whom we see once or twice a year.

L. L. F.
The last issue of the Log Book carried the names of those having paid dues to the Iowa Society for the year 1933-34. The Society year usually begins on January 1. This year, however, due to the AOA year running from June first to June first, we can't over-emphasize the importance of having your dues paid any time during the year. The Society year 1933-34, started June first and runs until next June first. Below are given the names of some state dues paid since the last issue of the Log Book.

President Clow's active campaign for members hasn't started as it is written but is scheduled for the week of Dec. 11th.

We have been asked why we haven't published the names of those subscribing to the Legislative Fund. This fund, our Legislative Research Worker, is one person and makes reports to the Legislative Committee and undoubtedly will make a final report at the regular session next spring. We have no report given us of this and hence are unable to publish such.

As the Iowa proverb states, "knows from a letter from the Chairman of the Legislative Committee, our bill is now introduced both in the House and Senate of the legislature during this, the Special Session. It is the responsibility of everyone to help this work and as our Legislative Research Worker is extremely busy now, but the legislature is in session, if you will send your contribution within the next few days, to the 400 Capitol City Bank Bldg., Des Moines, or to myself, we will see that it reaches the proper persons. Don't hesitate. Do it now.

It should be remembered this Legislative Research Worker will carry on the work to the next regular session of the legislature, if for any reason he does not accomplish his work at this session. He is very confident of success and has many times stated to the Committee he has never failed to achieve his object. In any legislative attempt he has attempted to enter, so far as he knows the bill is not in session, if you will send your contribution within the next few days to the 400 Capitol City Bank Bldg., Des Moines, or to myself, we will see that it reaches the proper persons. Don't hesitate. Do it now.

These are only a few of the many helpful things brought out by Dr. Schwartz.

The Association has invited Dr. F. T. Wilson, President of the National Osteopathic Association, to be our guest on Jan. 10, 1934. This will be the son's only stop in the State of Iowa and the local association has extended to every osteopathic physician in Iowa an invitation to attend this meeting. It will be held at 6:00 p.m. at the Hotel Chamberlain and reservations must be in by Jan. 1st.

Those of you outside the city of Des Moines, address your reservations to Dr. J. L. Gordon, So. Sioux City, for your convenience and other friends of Osteopathy. We wish to give everyone a fair chance to get in on this wonderful work. We shall be happy to have you.

They Keep You Busy!

The annual Christmas dance held in honor of the students of Osteopathic College was held Thursday evening December 28th in the English Grill Room on the fourth floor of Hotel Book-Cadillac. All osteopathic students are invited to attend as guests of the Detroit Association of Physicians and Surgeons of Osteopathy.

This will be an informal dance and all students are asked to get in touch with some one of the local Doctors to see that they get you home from their respective colleges.

The Detroit Association of Physicians and Surgeons of Osteopathy wishes to take this opportunity of extending their congratulations to all students of the Log Book and to the Iowa State Board of Osteopathic Examiners for the next examination in the State Capitol Building, Des Moines, Iowa, January 29, 30 and 31, 1934.

A list of several thousand names will be a definite step toward eventually securing the endorsement so necessary for the perpetuation of our profession.

We know you will do your part. Send that preferred name to the Secretary of the Foundation.

R. H. Singleton, 713 The Arcade, Cleveland, Ohio.
Student Dies
Russell W. Hubbard of Greenfield, Mass., a Junior at Still College and a member of the Iota Tau Sigma fraternity, was accidentally killed near Angola, Indiana, early in the morning of January 4th. Four students left Des Moines in Don Hurd's car before Christmas to drive thru to spend the holidays at home. The visit was completed and they had met at Greenfield, Mass., and were driving back to college. At Colborne, Ohio, they had met at Greenfield, Ohio. In the morning of January 4th, they were driving back to Des Moines. The visit was completed and they had met at Greenfield, Ohio, but had put out flares. Evidently misunderstanding these signals the driver kept on, not aware of Yukl's absence. At Lagrange, Ind., they stopped and discovered that Yukl was not around. Dresser, driving with Hubbard in the seat beside him, started back to find the lost member of the party. Near Algona a truck had broken down but had put out flares.

Dr. Wilson's Visit
The early morning arrival of the Wabash (a long time for once) made it necessary for the entire editorial staff of the Log Book to set the alarm clock and get up an hour earlier than usual. Of course we had no ink in the room and with even the handicap of crowded pavements we made it in time to be present at the reception and an address of the A. O. A., Dr. Perrin T. Wilson of Cambridge, Mass. Figuring that the way to a man's heart was through his stomach and with even the handicap of crowded pavements we made it in time to be present at the reception and an address of the A. O. A., Dr. Perrin T. Wilson of Cambridge, Mass. Figuring that the way to a man's heart was through his stomach we went into the kitchen to prepare a meal.

Practicling Osteopathy
By MARY GOLDEN, D. O.
(Continued on Page 3)

Teaching Osteopathy
By AVA L. JOHNSON, B. H. EC., B. SC., M. S.
(Continued on Page 4)

Studying Osteopathy
By RACHAEL HODGES
(Continued on Page 3)

A NEW CLASS MATRICULATES - JAN. 22
The Christmas vacation seemed to be a rest for most of the fellows. A good time was had by all but it did seem nice to get back to school again. A few weeks had managed to add a little weight, besides a lot of new pep and ambition.

Brother Ogden is still having car trouble. It seems as though he had to be pulled almost to Minneapolis before the flivver finally decided to run. Tough luck, Bob.

A group of new doctors are now at large since the Juniors are eligible for clinic and O. B. work. The black Boston bag looked mighty nice and should be an aid in producing the professional appearance.

With six-week and final examinations coming due, many of the boys have been spending a lot of time doing book-work. The Seniors are quite busy reviewing for the State Board Exams that will be given within a very short time.

The game of ping pong is still going strong. Don Hickey is being pressed very strongly for his title as champion by Casey Kessler and John Secor. The experts expect Secor to dethrone Hickey with Kessler in third place.

Installation of the following officers took place the evening of January 8. Bayard Twaddell, Noble Skull; C. E. Schefold, Occ-ipto-Delta; Ralph Hickey, Stylus; W. C. Andren, Pylorus. All took oath of office and have announced an interesting program to be worked out this coming semester.

The semi-annual banquet held in honor of Stevens and Kessler will be held in the presence of Dr. J. V. McManus. The spread will be at the Chamberlain Hotel the evening of January 11th.

We wish to extend our most sincere sympathy to the Iota Tau Sigma fraternity in the death of its brother, Russell M. Hubbard.

PHI SIGMA GAMMA

The "key-holer" says "Hello" and did you enjoy your Christmas vacation? He hopes you did. By the smiles upon the faces of the boys here, Christmas really was a grand event.

Using a colloquialism, I wonder if all the fellows can "take it"? Hickey has discovered that the flu is both High and negative. Sometimes the eyes have it and some times the nose.

At the election of new officers the following men were chosen: President, Wayland; Vice-President, Rees; Secretary, Moore; Treasurer, Irving; Sub-Treasurer, Bartram; Sergeant-at-arms, Folkman; Pledge Master, Hecker. Best of luck.

The chapter announces the pledging of Joseph McNally.

Four new members were initiated since the last Log Book. They are, Matson, Folkman, Walters, and Dirian.

Dust cloths are removing the holiday dust from books. The library has a sneaking suspicion that final exams are just around the corner. He, too, adds his prayer for mercy.

Don't forget that health is improved by laughter. So-o-o laugh along.

Just how many of us it is just hair title and gone tomorrow. How about it, Owen? But there is one thing about baldness.

Gibson is wondering why they put so many holes in Swiss cheese — when it is Limburger, he sees the ventilation.

Phi Sigma Gamma extends its sympathy to the Iota Tau Sigma in the loss of Brother Hubbard.

IOTA TAU SIGMA

Just what has the new year in store for us? Here is a question that can only be told. The last day we were happy, happy with the prospects of a joyous Christmas, and a prosperous New Year. Happy that we were alive. But today we stand on the threshold of tragedy, hardly being able to realize the intricate workings of fate. Death has walked among us.

Everybody know "Hub," that funny little fellow with the engaging grin, whose secret ambition was pathology. He was the slide man. There wasn't hardly a bacteria of any size, shape or description that he couldn't stain. He was the little fellow that couldn't do too much for you, that couldn't do too much out of his way for you — would do almost anything for you. Everybody knew him and everybody that knew him liked him—they couldn't help it. It would be of no use to try and keep a secret — it just couldn't be done.

But "Hub" is gone — gone for good. He'll never be back. He'll never run another slide — never be able to go out of his way for you again. Death has caught up with him; overtaken him and passed on.

Is it any wonder that sorrow prevails throughout this place he called his home when he was at school? Is it any wonder that we just can't realize what has taken place — that "Hub" will never be with us again—never join in those bull sessions that are so much a part of fraternity life. But there will always be a spot for him in our hearts, not just deep down in one little corner; he meant more to us than that. He was a place worthy of a real fellow, a real student and a real brother.

SIGMA SIGMA PHI

Installation of the new officers of Sigma Sigma Phi took place the evening of January 9, in the following order: President, Roy Mount; V-President, Benny Devine; Secretary, Fred McAllister; Treasurer, Lou Carlson; Assistant-Treasurer, Harry Hall.

DELTAL OMEGA

Vacation days have come and gone. According to reports all of the girls had enjoyable times. The most of them all, I think, were discharged from hospital at ten days but baby kept for about a week longer for observation by doctors. Delivery was made at a local hospital with very modern facilities and with selected physician in charge. (Neither hospital nor physician to be named). An early diagnosis of Hydrocephalus was made but the parents were in no wayalarm. The father of the baby came to a member of the faculty of Still College for advice after consulting a baby specialist and was told that nothing could be done until the case was taken from the medical physicians. The medical doctors on the case admitted that they could do nothing and that the baby would not live through; at the most, probably a year.

Examination at the home after the case was discharged from the hospital revealed very little defect, and in the registry of the right Occipito-Atlantal articulation. The case was sent to the Des Moines General Hospital and put to an X-Ray. This plainly showed a slight deviation of the right Occipito-Atlantal joint in the articulation of the occiput being anterior.

Gentle treatment was instituted to correct this condition and the case began to improve immediately. At the end of six weeks the case was nearly normal and it was decided to change the diet. This unfortunately brought on a series of spasms lasting for about 24 hours. At this time it was decided again with the diagnosis of Hydrocephalus, the spasms being just another symptom of the persisting condition. Examination the baby carefully noting particularly that there was no dis- tension at either of the fontanels and the whole was no longer hard and tense. The baby made a successful recovery from the spasms and Osteopathic treatment was discontinued in January, 1932. Some Nystagmus persisted for a period of about nine months but has completely cleared.

Nothing of this kind has occurred in either family and the conclusion must come to is that the condition was due to injury at birth. It was very apparent from the attitude of the baby that he did not expect the baby to live and considered themselves fortunate in being able to save the mother.

The case was handled by a member of the faculty of the college and names can easily be furnished if necessary.

If you are not a charming conversationalist, you may still make a great hit as a charmed listener.

First seen November 20, 1931, aged 18 days. Normal except for head, which was enlarged in diameter and marked bulging at both fontanels. Mother gives a history of 18 hours labor terminated by use of forceps. Baby discharged from hospital at ten days but baby kept for about a week longer for observation by doctors. Delivery was made at a local hospital with every modern facility and with selected physician in charge. (Neither hospital nor physician to be named). An early diagnosis of Hydrocephalus was made but the parents were in no wayalarm. The father of the baby came to a member of the faculty of Still College for advice after consulting a baby specialist and was told that nothing could be done until the case was taken from the medical physicians. The medical doctors on the case admitted that they could do nothing and that the baby would not live through; at the most, probably a year.

Examination at the home after the case was discharged from the hospital revealed very little defect, and in the registry of the right Occipito-Atlantal articulation. The case was sent to the Des Moines General Hospital and put to an X-Ray. This plainly showed a slight deviation of the right Occipito-Atlantal joint in the articulation of the occiput being anterior.

Gentle treatment was instituted to correct this condition and the case began to improve immediately. At the end of six weeks the case was nearly normal and it was decided to change the diet. This unfortunately brought on a series of spasms lasting for about 24 hours. At this time it was decided again with the diagnosis of Hydrocephalus, the spasms being just another symptom of the persisting condition. Examination the baby carefully noting particularly that there was no dis- tension at either of the fontanels and the whole was no longer hard and tense. The baby made a successful recovery from the spasms and Osteopathic treatment was discontinued in January, 1932. Some Nystagmus persisted for a period of about nine months but has completely cleared.

Nothing of this kind has occurred in either family and the conclusion must come to is that the condition was due to injury at birth. It was very apparent from the attitude of the baby that he did not expect the baby to live and considered themselves fortunate in being able to save the mother.

The case was handled by a member of the faculty of the college and names can easily be furnished if necessary.
The Log Book
The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY
President C. W. Johnson
Editor H. V. Halladay

To the Ladies—(and Gentlemen)

With this issue of the Log Book we initiate a series of articles intended to interest you in work harder for Osteopathy. To those of you in the field we call your attention to the special articles by the named authors and want you to use these to induce more young women to enter to the study of Osteopathy. We heartily wish that all the students of you who are contemplating the study of Osteopathy we want you to feel assured of the place you will occupy in college and your field work.

The late depression has certainly made it difficult to find employment for every one. It is that your future is more secure in professional work than in any other. It is that your future is more secure in professional work than in any other. The next several years will prove that intensive college training along professional lines is a certain asset.

At the present writing none of our colleges have as high a percentage of young women students as they should have to fill the vacancies made by retirement. This is not adding to the field and every active Osteopath should make a special effort to increase this number. The time to begin this campaign is now. Make it a point to meet and talk with your high school or college and aid them in their decision to study Osteopathy.

Even taken from a cold monetary standpoint, an investment in Osteopathy will pay dividends if it influences us to never extended beyond the home.

We need more students, both young men and young women, in Osteopathy, but at present the men are keeping up their percentage due to the absence of the young women and this condition should be corrected.

Team Physician

The Wisconsin News recently carried a six inch double picture of Johnny Baldi with an item commending his on his work with the 100th AAF, and Dr. Baldi is working along the right lines and has already laid a firm foundation for his success.

Studying Osteopathy
(Continued from Page 1)

The first years are essentially the foundation. The sciences of Anatomy, microscopic and gross, and a big place in man's organism, various forms of Chemistry, etc., are to fix a normal or one on which will soon be laid Pathology, more or less about. Then, joy of joys, as a Junior A, the actual problems must be faced, pathology in clinic form. The student is given the opportunity to give the embryo doctor something to work with before this time—training in the office of these doctors. You hear so much about. It is worth a lot of effort already put in when a patient responds, as most of us have had the experience of being treated, and you honestly know they feel better. The world is bright now because you are a useful part of it, and no one is so grateful as the ill person whom you relieve of pain. Then one settles down to polish that ability and to add the finer points. Laboratory work is emphasized and different clinics for both pre-medical and medical students are added. Men and women are students in the Pediatrics division, the Gynecology clinic, the Ophthalmology, Neurology, etc. It need not be narrowed to these branches at all, but there is a definite one here for women. Work in Obstetrics rather combines those first two, and surely better clinic facilities than we have right here could not be found.

About the time this gets settled and running smoothly, athletic work looms up. Osteopathy is in no sense an athletic science and individuals fit, and as a trainer you work into homes, gaining confidence for yourself and your profession. Our student is not so widely known that we should miss any chance to make it trunk and supports. Competitive athletes like football, baseball, and track, especially for girls, and we can minimize any bad after effect, and possibly more and more popular. Following teams through a complete season gives a liberal education in itself, and possibly a chance for Scholarship. Surgery, to watch others, and actually to assist at times, teaches technique and adds something a little hard to define to our self-confidence. We all respect an operating room and the cool, calm, cool-headed surgeon. A sense of power is carried over to other work that only aspens can teach the student. This is the key to the self-confidence of this science that there is no place to stop. The person who chooses to go forward will invariably slip back. Every class of students is off that field and give some impressions of what goes on right here in the School. To begin, each one must have his feelers out and see if the sun is shining or if it is clouded over, and that is up to us here in school and to those other fine teams of the district. As we jump ahead of us, out practicing. This can't be done too thoroughly—for the more determined, the student starts out with, the better will be his work, for the academic course is exacting and at times a bit hard to see around.

Osteopathy Without Limitation
(Continued from Page 1)

January '34 Graduates
(Continued from Page 1)

The trustees, the faculty and the student body of Still College extend to this class every good wish for their success. We recommend each and every one to the profession and hope that we will hear of them and from them.

Class of January, 1934 . . . .

we will miss you.

Student Dies
(Continued from Page 1)

sinned and unable to give any information for several hours. Hurd in the meantime was waiting for the return of the boys and knew nothing of the accident until about six hours afterward.

A combination of circumstances led to a terrible and irreparable accident. Too many "ifs" came into the review to try to blame any one person.

Russell was an only child and we deeply realize the need for sincere sympathy to his parents. The trustees, faculty and student body join in this expression.

S. M. Dresler was rendered unconscious and unable to give any information for several hours. Hurd in the meantime was waiting for the return of the boys and knew nothing of the accident until about six hours afterward.

A combination of circumstances led to a terrible and irreparable accident. Too many "ifs" came into the review to try to blame any one person.

Russell was an only child and we deeply realize the need for sincere sympathy to his parents. The trustees, faculty and student body join in this expression.
J. O. A. Bulletin

At the time of going to press the editor has not received any text from the state editor for this issue of the Log Book. The last issue in which we made some statements under this heading sent in by the state editor that should have been modified, but due to the fact that the forms were closed, it was impossible to make any changes at the time they were made. We regret this very much but at the same time feel that the expressions were not really as serious as might be thought at first inspection.

We know from experience that officials are often misunderstood and are working with all of their energy to get the best out of the association and for the associaticyen. You in the field little realize the vast amount of work a state office requires and it must be done along with keeping up a practice. Our officers are elected with enthusiasm which as a rule dies as soon as the ballots are counted. State officers are elected to perform miracles over night and for every dollar paid in to the state treasury we want one hundred or so more dollars.

The state manuscript received a day late will embarrass us again but we will continue to carry this space as long as the state society wishes to use it and will offer no more excuses.

Below we add the names of three state members who have paid their dues since the publication of the last Hat.

W. S. Exumade Red Oak.
H. D. Wright, Hampton.
Ellen Phenicie, Des Moines.

Dr. Wilson's Visit

(Continued from Page 1)

Moines General Hospital and a trip to practice and with our athletic teams. Unfortunately the public school system had not opened since the holidays and this proved fatiguing. Two consultation engagements were filled and then at six o'clock Dr. Wilson met with the Polk County Osteopathic Association.

Forty-three were present at this meeting, including two visitors from Detroit. Dr. Ray Gilmor made the trip from Sioux City and ably introduced the speaker. Dr. Wilson drove through from Marshalltown and deserves a medal for the feat, for the wet snow which was falling made driving even in town dangerous.

In each of his talks in Des Moines Dr. Wilson's every word, even in the midst of his listeners on his stand on Osteopathy. In each case he cited patients who had been cured and in many instances under the previous care of medical physicians. He brought out in a very forcible manner the need for closer adherence to Osteopathic principles and offered the results obtained as sufficient proof of this need. The undergraduates in the college and the visitors at the evening meeting had no difficulty in understanding his message. It was indeed a pleasure and a privilege to have Dr. Wilson with us, not only as the presiding officer but as the man we know him to be.

The staff hailed him to the Rock Island and supervised the process of getting him tucked in for the night ride to Chicago. Another very interesting public will be held in Clarksburg, February 5 and 6, 1934. Applications may be procured from the Secretary, Guy E. Morris, 342 Empire Bank Building, Clarksburg, W.Va.

A Young Osteopath

Born to Dr. and Mrs. J. A. Humphries of Des Moines, November 19th, a son. He has been named James A. Humphries, Jr.

Osteopathy in Dublin, Ireland

We are in receipt of some very fine clippings from Dr. H. R. Harold now of Dublin, and who graduated from Still in 1912. Dr. Harold addressed the Rotary Club there on "Osteopathy" and received very favorable comment in both the Irish Press and The Evening Herald. Irish literature was especially generous in its comment all of which was favorable. We congratulate Dr. Harold and know that this publicity will not only raise him in the estimation of the people of that country but it will also convey to them a clearer understanding of our science.

Wedding Bells

Dr. L. W. Spaulding and Miss Myra L. Langer, December 26th at Pittsfield, Me. Dr. and Mrs. Spaulding will be at home in Kennebunk, Me.

West Virginia

The next meeting of the West Virginia State Board of Osteopathy will be held in Clarksburg, February 5 and 6, 1934. Applications may be procured from the Secretary, Guy E. Morris, 342 Empire Bank Building, Clarksburg, W. Va.

The British College

is putting out an official Journal edited by Dr. J. Martin Littlejohn. We are glad to know of the recent improvements in the college and sincerely hope its influence will be extended greatly during this next year.

The Tennessean

The Log Book has been honored by being quoted in the official news publication of the Los Angeles College. Thanx fellers, and we're glad to exchange. You folks in the field should read this publication, which is about the same size and style of the Log Book, so you will know what is going on along the western coast.

The Buckeye Osteopath

Another very interesting publication is gotten out by the Ohio Society and edited by Dr. A. C. Johnson. We have been thinking of doing a little musing on the pathic Association.

Item

Dr. Ada Hinceley Chapman of Galesburg, Ill., has office equipment for sale. Write her about it.

To Wichita

If doing things gets something done, you can be assured of a fine program and every convenience at the coming meeting this summer in Wichita. We have on our desk a voluminous report of the recent activities of the group there. Drs. Wilson, McCaughan and Logan met with the local group and it is quite evident that considerable progress has been made since those who attend will not be disappointed.

The Allis has been selected as headquarters and we suppose took place including that the 4th. Details of his life and work in Osteopathy will appear in the next issue of the Log Book.

Item

Miss Snoop: "Mr. Smith, I saw your wife kiss the iceman this morning."

"Great Scott, wasting her time on him when we owe the grocer twenty dollars!"
<table>
<thead>
<tr>
<th>Previous</th>
<th>Volume 9: June 1931 - December 1932</th>
</tr>
</thead>
<tbody>
<tr>
<td>Next</td>
<td>Volume 11: February 1934 - January 1935</td>
</tr>
</tbody>
</table>

Return to Electronic Index Page