Publicity

I have just returned from a six thousand mile trip over the Western Circuit, and the month previous to that, made a trip to San Antonio, Texas, to meet with the state convention there. In both of these trips the publicity was wonderful. We often hear complaints made from different sections of the country on this very subject, but I maintain the opinion that the thing was not properly handled from the beginning.

Take the Texas meeting, for instance, which lasted two days, I met personally three reporters and not only talked to them about the write-up, but we also had our Osteopathic idea while and I was not surprised to learn it, I found out that many of the papers take treatments regularly.

Those of you who are treating patients associated with the newspapers themselves may have advantage of this contact to see that Osteopathy gets its part of the publicity that is being given to the field of therapy. They have 150 inches of space in the papers in the South at the time of the Texas Convention. Dr. Peck and Peck handled it and they were on the job. It takes one person's time to do a thing of this sort right. I would say that the general contacts must be made and the stuff ready in part for the boys on the papers.

At Coronado, Calif., the newspapers carried everything. The San Diego papers were generous. They carried pictures and special articles about everything on the program and the whole thing was handled well.

The convention at Salem, Ore., was not large but the papers used pictures and were free with space, too. At Spokane, Washington, we had everything. Three reporters were on the job at the convention almost all the time and several special photographs were taken that appeared in the local papers. Another feature that was a wonderful service was that a nightly news band was there every day and sent items out over his wire to the papers all over the Tri-State region. May I add here that the ground work was prepared and all of these reporters were already sold on the Osteopathic principle. I had personal interviews with all of them and they can talk Osteopathy better than some of our practicing physicians. It was a real treat to talk with the boys and one of the girls who were on the job at Spokane.

This promises well for the coming year. (Continued on page 8)

Western Conventions Big Success

Dr. H. V. Halladay has returned from a tour of the Western Osteopathic Circuit, which included conventions in Coronado, Calif., Salem, Ore., Spokane, Wash., Salt Lake City, Utah and Colorado Springs, Colo. He reports excellent meetings at all places and we were very much pleased to have so little room for a report.

Sigma Sigma Phi Hold Banquet For Grads

The semi-annual Sigma Sigma Phi banquet in honor of graduating members was held at Younkers banquet room, Tuesday evening, May 26th, at 6:00 o'clock.

A very pleasing banquet was served, after which each graduating member made a few remarks. Several field men were present and we were very much inspired by their encouraging remarks.

President Gill was elected as fraternity representative at the National Convention at Philadelphia this summer.

The annual banquet of the Grand Chapter will be held at the Arcade Café in Philadelphia on July 9, at 12:30 p. m.

We hope all members attending the convention will lunch with us at that time.

A Good Opportunity

Word has just been received that F. Frazer, Box 543, Escondido, Calif., wants to sell his practice.

Mr. Frazer has practiced in San Diego for fifteen years and in Escondido for the past fifteen years. He now has a fine practice but he is 75 years old and wants to retire, that being the only reason he would consider selling at so low a figure—only $600.00 cash—no terms.

Mr. Frazer also has a fine six room house in a good location, which is fully furnished.

This offer requires immediate action.

Three Seniors Go To Detroit

Three members of the senior class just graduated from Des Moines Still College, have been selected as interns at the Detroit Osteopathic Hospital at Detroit, Mich.

Beginning July 1st, Drs. Myron Monger, Harry Skinner and George Weir will enter the above mentioned hospital for one year's intern work.

Word has just been received that Dr. Sherman Meyer opened his office at Emmettsburg, Pa., June 5th.

To these doctors we extend our heartiest congratulations and wish them success.

Assembly, May 23, 1930

This being Senior Day, the entire senior class was seated upon the stage. We are compelled to say that there were a very fine looking group and we regret very much that this will be their last appearance as students in our midst.

After two numbers by the band, Dr. Schwartz presented the special awards given by the school, as well as Sigma Sigma Phi. The school awards were as follows: For 800 treatments or more the following men were awarded, Norman Weir, Norman Weir, Harry Skinner, Sherman Meyer and Victor Roeder. The awards given by the Obstetrics Department were received by Benton Kinter, Norman Weir, Sherman Meyer and Owen Taylor. The Pediatric Department awarded Sherman Meyer. The anatomy awards were given to Ernest Faus, Robert Herrick and Ralph Lang.

The medal offered by Dr. Marshall each semester was awarded to William Clark.

The awards offered by Sigma Sigma Phi for proficiency and excellence were won by Sherman Meyer and Owen Taylor, respectively.

The Sigma Sigma Phi athletic awards were presented by Nick Gill, president of the organization. The baseball trophy going to the Iota Tau Sigma fraternity and the golf cup to the Atlas Club as a permanent possession, the Atlas Club having won the cup for two consecutive years. Several novelty numbers were presented by an instrumental trio, one of which was our own. This has gained much popularity as a banjo artist throughout the city.

Our local Jean Austin, in the (Continued on page 3)

Commencement Program

On May 29, 1930, forty-one men and one woman were graduated from Des Moines Still College of Osteopathy.

The very unique commencement program was held in the auditorium of Hoyt Sherman place. The graduating members marched from the rear lobby, via the center aisle, the march being played by Miss Margarette Kahl.

After the class was seated upon the stage, Rev. Brooks gave the invocation. Immediately following the invocation, Mr. Tom Weatherwax rendered two vocal numbers, "Bedouin Love Song" and "Maeushina".

Dr. Johnson then presented Rev. Arthur Brooks, pastor of Grace M. E. Church, Des Moines, who delivered the Commencement address. In his excellent address Rev. Brooks brought out and emphasized many of the interesting points concerning the history and development of Osteopathy. Dr. Craig had had a personal acquaintance with Dr. Still and the members of his family, made the address even more interesting.

After the address, Dr. Tom Weatherwax introduced three more vocal numbers, "We'll be Ready", "Run, Mary, Run" and "A Tragic Tale". He was accompanied by Miss Kahl at the piano.

Dr. Swarts next presented the graduating members to Dr. Johnson, who conferred the degree, Doctor of Osteopathy on the following:

Dr. John B. Bruder, William W. Clark, and Josephi (Continued on page 3)

Square & Compass Hold Final Banquet of Year

On Saturday night, May 24th, the still Square & Compass held their honorary senior banquet at the Nanking Cafe.

At this banquet, the still Square & Compass held their honorary senior banquet at the Nanking Cafe.

As this was the fourth or fifth banquet of the week for many of our senior members, they were excused from their customary remarks and were allowed to sit back and listen to a very fine after-dinner speech by Rev. James Brett Kenna, pastor at the First M. E. Church of this city.

We are very proud of our graduating members and feel sure that they will all be successful Osteopathic physicians.
operation with Dr. Lyde, formerly of Dayton, Ohio, in a hospital in England.

On the end of the month there was of course a rush and bustle as the boys separated ties, socks, etc., and packed up to leave. We shall be glad to hear from them and from field members during the summer months and know they have succeeded and will come back to see us, for they are in the neighborhood of Des Moines.

Bro. Kinter has just returned from Lewistown, Mont., where he has been visiting Dr. Curran. Benny will return to Lewistown about Sept 1st to take over the Obstetrics, Pediatrics and Proctology departments of Dr. Curran's practice.

In the future, others who are staying over are busy at the college this summer with dissection, O. B. and preliminary patients. Dissection will be over the 18th, after which the house will be almost deserted.

Bro. L. A. Nowlin is going to take the College of Medicine at Boone, Ia., for the summer.

Bro. Raymond Kain and Miss Kathryn Perry were married last Tuesday night at the First M. E. Church of this city. The Chapter extends to them heartiest congratulations.

Bro. Kale is practicing in Des Moines being located in the Kraft building.

IOTA TAU SIGMA

Once again we're back in the sunshine of summer vacation. The Brothers have spread their respective homes in various parts of the country. We, the few who are left to take care of the house, feel them aces for their plans during the summer months.

We extend our congratulations to all the graduates and hope to hear from or see them as they prove to the world that they are very capable doctors and surgeons.

We were very pleasantly surprised by a visit from Dr. Stengler over the first of the month. He announced his intention of practicing in Iowa.

Bro. Wigal is working in cooperation with Dr. Lyde, formerly of Dayton, Ohio, in a hospital in England.

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Sixty-six Drugs Used

When the first college of osteopathy was founded in 1892, it did not "believe in" materia medica, pharmacology, surgeons, specialists, etc., etc.

Yet, in the great book of what we have here written that 37 years later we would have eight colleges of osteopathy and seven of these colleges materialize medicine and pharmacology.

One of them has been teaching these branches for 15 or 20 years. The teaching is vigorous and the advertising few of the profession have known of it. Properly advertised, this school would now be the oldest and best attended osteopathic school. If the Old Doctor could pay our schools and conventions a flying visit, great would be his surprise. Yet, we must admit, times change. The last generation has shown the greatest progress ever made in a similar period since the beginning of time.

Today osteopathy is osteopathy, surgery, and medicine.

Yet, today, as yesterday, you have your choice as to what you would like to learn. You can learn only the manipulation of the bones of the body or you can learn manipulation and all the rest of it. It is up to you.

The chances are the same drugs or similar drugs are in daily use in all of our osteopathic schools. We have no idea at present who care to refer patients to a hospital that did not use drugs? Two of them are Dr. Mac-Donald and McWilliam, treat the cervical column only. Although in rare instances they do work on the upper two or three vertebrae.

We are not advising that you adopt any system as long as you wish to eat with due regularity. Osteopathy has made steady, constant progress. Some of us have made mistakes in the past. Others have stood still and thus fallen behind.

When we first introduced our antiseptic in 1900, we were abused loudly and with much vigor. We were denounced as* devil worshipers, as well as a lot of other things.

We were invited to exhibit at the first Chicago national meeting, in 1905. We were given an antiseptic soap! Seems ridiculous, was ridiculous. Take a look at the exhibits at any state
Sixty-Six Drugs Used

(Continued from page 2)

or national meeting. No! Soap is NOT
needed. It only serves to irritate.

Unfortunately, the fellow who
wishes to stand still or to slide
away when a doctor has a loud
and an abusive tongue, yet, we
must not blame him—he simply
lives up to his own feeble light.

The Old Doctor had eight or
ten students in his first class, but
not one of them ever equalled
the old master in point of skill.
He had been so used to his work
Nor could he pass it on, even to
the members of his own family.

If all of us could be Old Doc-
tor and could duplicate his
fats, then, maybe and perhaps,
we would not need hospitals.

If you can cure everything
from pimples to piles by manip-
ulation, glory be! But do not
abuse the rest of us who cannot
match your peerless skill—The

Assembly, May 23, 1930

(Continued from page 1)

comes. — An assembly was held
in the lobby, where they received con-
gratulations from many friends
and well-wishers.

The meeting in Utah was well
cared for also. We had two men
on the job there and they were
able to work and to get the most
for their work. Sympathy, respect
and understanding of needs, desires
and aspirations of others are not fa-
cets of personalities in whom sex
energy is poisoned at the roots
by fear and misunderstanding.

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ten students in his first class, but
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Publicity

(Continued from page 1)

As far as the newspaper publicity
is concerned, they are all ready
now. Another thing that went
down the drain was the radio talk
Gerardine. Those folks know how
to do things in the Northwest.
The radio will be available when
school starts again in September.

The meeting in Utah was well
Cared for also. We had two men
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O. B. Comments

(Continued from Last Issue)

One factor worthy of consideration is the frequent abortions occurring in individuals that were considered sterile for a number of years. Is it a death of the fetus because the vitality of the half cells is so low that it is incompatible with the continuance of pregnancy, or a failure for the female genital organs to function? If the half cells are too low to function, what will the offspring be when the half cells are fertile enough to function, but still are not up to the highest point physiological fitness?

In noting the points mentioned one can readily see the necessity of a systematic procedure to gain definite results.

I have already mentioned the procedure to determine the affected individual. In the male, the sperm travels through 25 feet of delicate tissue, so when an infection reaches the gonads the case is not simple. The treatment of male organs can be summarized generally under three heads. I am referring to the chronic conditions only at this time. Thermal, chiefly moist heat, chemical counterirritants, and antiseptics, and surgical. The constitutional conditions will be discussed later.

In the female, gross or definitely outlined pathological conditions including persistent and marked misplacements, are surgical. Tubal patency can be checked by X-Ray and shadow casting fluids, as collargol, Eupodol, Thorium and the like. Oxygen has been used and the free oxygen in the peritoneal cavity, noted by X-Ray and symptoms, or the reduction of pressure on internal uterine infections.

Rubin, in a series of cases, has reported 15% intubal occlusions with absence of tumors or tumor masses. These tests yield to treatments and constitutional changes, and open sunlight, and osteopathic treatments are regarded as the most efficient of animal and human body. Fish eggs and liver are the most efficient of animal protein to the humans. In brief, proper mineralization foods, vitamin food stuffs, foods rich in chlorophyll, low starches, lots of fresh air and open sunlight, and osteopathic treatments are regarded as indispensable in supplying deficiencies evidenced by childless homes.

With this issue comes the announcement of the following marriages: Durward Wire, Columbia, Mont. and Margaret Potter, Des Moines; Don Hughes, La Grande, Oregon and Ruth Murray, Des Moines.

In discussing the constitutional treatment, I will emphasize first, habits of living, depleting and regenerating physical condition. Second, dyscrasias, as alcoholism, tobacco and vital irregularities producing pathological reactions. Third, domestic or marital physios, showing a pregnancy after the adoption of a child. Fourth, pelvic congestions, local treatments of the various kinds, long continued douchings of hot water and other treatment of known merit. Fifth, Dietary or Neutrative Influences. Dr. King reports 100% sterility on decreasing rations on rats, noting that they regain normal fertility by adding lime salts, protein and fats to their foods. Starved animals show failure of corpus luteum formation. Zoo animals that were never known to breed in captivity, do so when fed on paranchyma tissue. Fish eggs and liver are the most efficient of animal protein to the humans. In brief, proper mineralization foods, vitamin food stuffs, foods rich in chlorophyll, low starches, lots of fresh air and open sunlight, and osteopathic treatments are regarded as indispensable in supplying deficiencies evidenced by childless homes.

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Assembly, May 16, 1930

The assembly was opened with two numbers by the band, which were received in the usual hearty manner.

We regret much that we must lose part of this very fine musical organization, so capably led by Dr. Halladay, and sincerely hope that the fall class will contain a goodly number of musicians.

After the opening musical numbers, the program was given over to the President of the Pan-Hellenic Council, who presented Dr. Arthur Wheelock, optician. Dr. Wheelock gave a very interesting lecture upon the grinding of optical lenses.

Among many other interesting facts brought out in this lecture, Dr. Wheelock told us that since the war the entire process of preparing the glass for optical lenses has been carried on in this country. This process had always before taken place in France and Germany. Dr. Wheelock also stated that the quality of glass made here is far superior to that made in foreign countries.

Dr. Wheelock has recently moved his office to the second floor of the Equitable Building and would be glad to answer any questions concerning the preparation of optical equipment.

The program was brought to a close by a very peppy number by the band.

JULY 7 to 12

We Again Meet In Convention At Philadelphia.

It Is Our Hope that the Coming Assembly Will Be Very Successful and that You Will Give Earnest Thought to the Needs of All Our OSTEOPATHIC COLLEGES.

Send A Student to the College of Your Choice
Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

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Volume 8  JULY 15, 1930  Number 2

FACULTY of Des Moines Still College of Osteopathy

DR. C. W. JOHNSON, B. Sc., D. O., Pres.

J. P. SCHWARTZ, D. O., Dean

C. F. SPRING, B. Sc., D. O.

HUBERT UTTERBACK
A. B., LL. B., LL. M.

MARY GOLDEN,
D. O.

R. B. BACHMAN, D. O., Treasurer

J. M. WOODS,
D. O.

H. V. BALLADAY,
D. O.

AYA L. JOHNSON,
B. Sc., M. S., B. H. Ecs.

B. L. CASH,
D. O.

(Continued on Page 4)
Faculty of Des Moines Still College of Osteopathy
(Continued from Page 1)

H. J. MARSHALL, D. O.
Z. A. INNES, L. T.
L. L. FACTO, D. O.
J. R. BEVERIDGE, Ph. G., D. O.

I. C. GORDON, R. A.
J. B. SHUMAKER, A. B. M. S., Ph. G.

THE DES MOINES GENERAL HOSPITAL

Dr. J. P. Schwartz, Pres. and Surgeon-in-Chief

THE COLLEGE

LOCATION: 720-722 Sixth Avenue.
This is on the west side of the main north and south highway thru the city. Across the street to the east is the new Consistory. Grand Avenue—the main east and west highway—is three blocks south. The site is convenient for patients and for the student body, and yet away from the noise of the business district.
Cupid Scores Again

Word has just been received that Dr. H. V. Halladay has been unable to withstand the onslaught of Dan Cupid. Weakened by his tour of the western circuit in the early summer, Dr. Halladay was unable to take further punishment, and on Sunday, July 22, he was wedded to Martha Sprecher Edwards of Kirksville, Missouri.

The marriage climax was a lifetime friendship, the couple having been childhood sweethearts in Kirkville, Missouri.

We wish to congratulate the newlyweds and wish them much happiness in the years to come.

A Visitor from the Field

On Friday, August 1st, Dr. John H. Hall of Kendallville, Indiana, stopped off and visited us at the school. The Doctor was on his way to Denver, Colo., where he will take two weeks post graduate work.

Dr. Hall, who graduated in the January, '25, class, informed us that Indiana has many excellent openings for Osteopathic physicians, and further stated that Indiana needs more Osteopaths.

Indiana is one of our very best Osteopathic states and Dr. Louis E. Brown of Ft. Wayne, state secretary, will be glad to furnish any information our readers may desire.

Colonic Irrigation

(By Dr. R. B. Kale)

There is a great deal of discussion among many of the profession in regard to the relative value of colonic irrigation. The advent of any new idea into the modern field of therapy provokes discussion pro and con and everyone has a right to his or her own point of view.

Questions are always asked, and prominent among them are those relative to whether or not there is a thorough cleansing of the tract and again if colonic irrigation will remove putrefactive materials and their toxic products. These are but two of the more important questions that are being asked, but many more are as fully important, for many of the profession are beginning to realize that altogether too little attention is being paid to this important field of therapy.

The average doctor is well aware of the facts concerning the condition of the colon tract. (Continued on page 2)

SCHEDULE OF CLASSES

FIRST YEAR—First Semester

| ANATOMY | H. V. HALLADAY |
| BIOLOGY | J. L. FACTO |
| HISTOLOGY | A. H. HALLADAY |
| PHYSIOLOGY | J. H. MILLER |
| ENTOMOLOGY | C. W. JOHNSON |
| MATERIEL MEDICA | J. R. SHUMAKER |

SECOND SEMESTER

| ANATOMY | H. V. HALLADAY |
| BIOLOGY | J. L. FACTO |
| HISTOLOGY | A. H. HALLADAY |
| PHYSIOLOGY | J. H. MILLER |
| ENTOMOLOGY | C. W. JOHNSON |
| MATERIEL MEDICA | J. R. SHUMAKER |

SECOND YEAR—First Semester

| ANATOMY | H. V. HALLADAY |
| BIOLOGY | J. L. FACTO |
| HISTOLOGY | A. H. HALLADAY |
| PHYSIOLOGY | J. H. MILLER |
| ENTOMOLOGY | C. W. JOHNSON |
| MATERIEL MEDICA | J. R. SHUMAKER |

SECOND SEMESTER

| ANATOMY | H. V. HALLADAY |
| BIOLOGY | J. L. FACTO |
| HISTOLOGY | A. H. HALLADAY |
| PHYSIOLOGY | J. H. MILLER |
| ENTOMOLOGY | C. W. JOHNSON |
| MATERIEL MEDICA | J. R. SHUMAKER |

THIRD YEAR—First Semester

| ANATOMY | H. V. HALLADAY |
| BIOLOGY | J. L. FACTO |
| HISTOLOGY | A. H. HALLADAY |
| PHYSIOLOGY | J. H. MILLER |
| ENTOMOLOGY | C. W. JOHNSON |
| MATERIEL MEDICA | J. R. SHUMAKER |

SECOND SEMESTER

| ANATOMY | H. V. HALLADAY |
| BIOLOGY | J. L. FACTO |
| HISTOLOGY | A. H. HALLADAY |
| PHYSIOLOGY | J. H. MILLER |
| ENTOMOLOGY | C. W. JOHNSON |
| MATERIEL MEDICA | J. R. SHUMAKER |

FOURTH YEAR—First Semester

| ANATOMY | H. V. HALLADAY |
| BIOLOGY | J. L. FACTO |
| HISTOLOGY | A. H. HALLADAY |
| PHYSIOLOGY | J. H. MILLER |
| ENTOMOLOGY | C. W. JOHNSON |
| MATERIEL MEDICA | J. R. SHUMAKER |

SECOND SEMESTER

| ANATOMY | H. V. HALLADAY |
| BIOLOGY | J. L. FACTO |
| HISTOLOGY | A. H. HALLADAY |
| PHYSIOLOGY | J. H. MILLER |
| ENTOMOLOGY | C. W. JOHNSON |
| MATERIEL MEDICA | J. R. SHUMAKER |

1930-1931 CALENDAR

| REGISTRATION | SEPTEMBER 5, 6, 8 |
| CLASS WORK BEGINS | SEPTEMBER 9 |
| ARMISTICE DAY RECESS | NOVEMBER 11 |
| THANKSGIVING VACATION | NOVEMBER 27 TO DECEMBER 1 |
| CHRISTMAS VACATION | DECEMBER 19 TO JANUARY 5 |
| GRADUATION | JANUARY 22 |
| HOLIDAY VACATION, SECOND SEMESTER | JANUARY 23, 24 |
| CLASS WORK BEGINS | JANUARY 26 |
| GRADUATION | MAY 25 |

Passes Rhode Island Board

It is with great pleasure that we are informed that Leonard J. Grinnell, editor of the Log Book, is one of the five Osteopathic physicians to recently receive certificates to practice in Rhode Island.
IOTA TAU SIGMA

The home guard, which had dropped down to a few, now gain in numbers with the return of Bro. Gill from Philadelphia and the Convention. Bro. Gill returned from the best conventions he has attended for a long time. He returned with many new ideas and a broader vision on the possibilities of Osteopathy.

Mrs. Turk — No, a grumble seat. It is the one my husband sits in when I am doing the back-seat driving.

Iota Tau Sigma

The home guard dwindled down to into ... don't you?

Colonic Irrigation

(Continued from page 1 for daily literature comes to his for four, started off telling of their research work being done in the various laboratories. The literature or reprints that they receive may be on the topic of colonic irrigation, but it does concern the pathology of the colon tract and the conditions resulting from them. The strength of any physician lies in his ability to correlate and correlate with the information that he reads that it may be applied to his everyday practice. Modern scientists possess a vast amount of information in his hands, arranged for easy assimilation, that he may master it readily and keep abreast of the daily advancements in therapeutics. This is one method of helping him develop a horizon that his circle of thought might enlarge to that point where he would become more useful to his community.

The present day knowledge of the colon tract, its pathology or as Dr. Hanan’s practice during August, whilst the Doctor is away.

Word has been received from Judge Utterback, who has opened his office in the Van Cleef Bldg., Guthrie Center, Iowa, that all is well. Judge says he has no trouble keeping the wolf away; for we need him twirling arm for baseball.

We are coming in as to the poor employment situation in all of the states. We imagine some of the boys are glad, as it will give them a good excuse for pursuing their various pastimes without being interrupted by work.

We extend a hearty welcome to all new men and shall be very glad to help any of them to become located here in the city.

PHI SIGMA GAMMA

You can see the house — (look just behind those weeds) — although it is just about hidden.

Parks surprised all the boys this summer but it is still normal.

Stritzman has been very busy with his large and lucrative practice.

Reeves still holds the endurance record for lack of sleep. He has been busy, but he has not dropped us a line in the meantime.

A Most Worthy Question

The judge had just charged the jury. "Is there any question any jurymen would like to ask before considering the evidence."

"There's a couple of us jurymen, your honor," began one of the boys, "who would like to know if the defendant booted the malt one or two hours and how does he keep the yeast out?"

The Machine Age

Disappointed Convoy (back on the rock pile after several years) — "Taint altered a bit, has it? I thought after all these years they'd introduced some labor-saving devices.

Proprietor — Monsieur will have nials? We are famous for them.

Diner — I know; one served me here yesterday.

Around Our Merry Campus

Put It On the Market

A man took his wife to a doctor, who put a thermometer into her mouth and told her to keep her mouth shut for two or three minutes.

When departing, the man tapped the doctor in the shoulder and said: "Doc, what will you take for that thing?"

On the Shelf

"Office Girls Fired for Drinking," says a headline. Tonight you're a stewed chicken; tomorrow you're a canned peach!

Least of His Offenses

They say a certain radio crooner paints his lips, powders his cheek and wears corsets. What of it? That's not as bad as crooning.

Uses His Head

Angus — Does your wife blow a lot of money on beauty treatments?

Andy — No, I tell her she's perfect.

Oh, Really?

Mail Carrier — Is this package for you? The name is obliterated.

Resident — No, it can't be for me — my name's O'Reilly.

Nothing to Talk About

She — In Hawaii they have the same weather the year round.

He — How do their conversations start?

Almost the Same Thing

Roland — Money isn't everything.

Oliver — Maybe not, but most everything is nothing without it.

One on Every Family Car

Mrs. Burke — You mean your car has a rumble, not a snubbee seat, don't you?

Mrs. Turk — No, a rumble seat. It is the one my husband sits in when I am doing the back-seat driving.

FRATERNITY NOTES

ATLAS CLUB

It is with perspiring brows that we say we are doing our best. In 1725, St. Avenue, to keep Old Sol Sun from burning up all our grass. So far, the battle has been about a draw, but we fear that Old Sol will eventually win out.

The Chicken Shack next door is now completed and doing a good business. A miniature golf course in located on the lot just south of above mentioned enterprise. All the Brothers who will return the next month.

Colonic irrigation

(Continued from page 3)
Iowa Board Elects New Officers

The newly elected officers of the Iowa State Board of Osteopathic Examiners are as follows:

Dr. H. B. Willard, Manchester, Chairman.
Dr. D. E. Hannan, Perry, Secretary.
Dr. Sherman Opp, Creston, Examiner.

Colonic Irrigation

(Continued from page 2)

been weakened by its battle with cholera or by constant attacks of lowered resistance. If this normal elimination is not possible naturally, then it is the utmost importance that other methods be resorted to, but it is vitally necessary that they be thoroughly studied. The enema may be used but it simply empties the lower or absorptive colon, not reaching the upper or absorptive colon. And the enema, if not properly used or if used over any period of time, is shown lately to be a great deal of harm. A thorough cleansing of the colon tract can only be accomplished by colonic irrigations, which provide for the continuous flow of water or solution used. The cleansing of the lower colon has its effect in many cases, as is well known, for it lessens the amount of putrefactive matter and the product of bacterial action from the entire colon would multiply over and over again many times. This can only be accomplished by special equipment provided for this purpose - the colonic irrigator.

The use of the enema, as stated, when a small amount of fluid is used, has proved to be harmful in its effect on the mucosa by the irritation produced. Additionally, the balloon-tipped enemas will, if overutilized, lead to an abnormal stretching and a resultant loss of tone in the muscle layer. This is especially true in cases of atomic colons where the musculature is already stretched to or beyond its normal limits. When the waste materials of the colon are thrown into solution, as the enema is given, there is also a large amount of the toxic products thrown into the same solution. This solution, when in the colon, is reabsorbed and with it the toxins and poisons in the solution, true in a small degree in the so-called retention enemas and the longer retained enemas, the amount of the toxic absorption. The amount of toxic substances reabsorbed would be surprising to anyone, and the bloodstream is added to a system already overburdened.

This is all prevented by the use of the irrigation apparatus. The lower colon is first thoroughly cleansed of all the waste content that has not emptied itself out naturally. This is accomplished by a continuous flow of water or solution being forced into the colon, which enters through a specially devised speculum and returns, carrying the waste materials, toxin, gas, etc., through a specially devised speculum and returns, carrying the waste materials, toxin, gas, etc., through a specially devised speculum and returns, carrying the waste materials, toxin, gas, etc., through a specially devised speculum and returns, carrying the waste materials, toxin, gas, etc., through a specially devised speculum and returns, carrying the waste materials, toxin, gas, etc., through a specially devised speculum and returns, carrying the waste materials, toxin, gas, etc., through a specially devised speculum and returns, carrying the waste materials, toxin, gas, etc., through a specially devised speculum and returns, carrying the waste materials, toxin, gas, etc., through a specially devised speculum and returns, carrying the waste materials, toxin, gas, etc., through a 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Colonic Irrigation

(Continued From Page 3)

at no time is more than a pint
of solution allowed to enter
the body. The various
solutions used allow any
form of irrigation to be adminis-
tered and kept in separate
containers, allowing for an easy
change of solutions. A final
cleansing may be given, a cer-
tain solution may be allowed to
remain in the tract after the
washing, or a change of solu-
tions of different temperatures
may be given for the tonic
effect.

Let us stop for a moment and
consider the vast amount of
money that is spent yearly on
our modern sewer systems and
what it means, not only to the
nation, but to the entire world.
We realize what it would mean
to use the sewerage disposal
system, if the sewers be dis-
posals left to care for itself, as
in the past years, yet with all this
knowledge, the people continue
to neglect it and the health of the
human system. This system, which is so im-
portant to the entire body, not
only as an elimination system,
but as a digestive system as well,
yet it is dispised and neglected.

What would be the expression
and condemnation of a state or
nation if no attention was given
to the proper handling and dis-
posing of the sewerage and the
waste substances? We do know
though, what would be the ef-
fects on the health of such a state
or nation, for past history is yet too recent in our minds as
to the disastrous results. Yet,
that self-same individual who
would so fearlessly condemn
those that would allow such a
condition to exist, stands com-
placently by, daily absorbing the
poisons of his own waste
system.

A development of such an
elimination system leads to dig-
estive disturbances which mean
added failure in the proper
usage of foods. This is especially
true in certain intestinal con-
ditions where the protein foods
such as meat, fish and other
foods rich in proteins are con-
traindicated in the diet. Faulty
digestion of these foods allow
the development of poisonous
products that result in the fur-
ther poisoning of the body. This
is due to the large amount of
toxins produced and absorbed
into the blood stream. The fur-
ther putrification of these foods
give rise to an ideal media for
the development of more harm-
ful bacteria, for with an alkaline
condition, warmth and moisture,
it becomes a varitable culture
media for their growth. Such a
condition existing, the best care
must be exercised and every
available method of checking
their growth be instituted.

Avoid Substitutes

The car had come to a sudden
standstill on a country road. The
motorist descended, diagnosed
the trouble, and then applied at
a neighboring cottage for help.
"Pardon me," he said to the
old woman who answered his
knock, "do you by any chance
possess any lubricating oil?"

"I ain't got it" she answered,
"Any oil will do," said the
motorist, hopefully, "castor oil,
if you have any."

"I ain't got it!" she answered,
regretfully, "but I could fix you
up with a dose of salts."

THE LOG BOOK

Colonic Irrigation

(Continued From Page 3)

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THE ATLAS CLUB

Xiphoid Chapter—Location: 1723 Sixth Avenue

Officers

President

Kenneth W. Moore

Vice-President

Robert K. Homan

Treasurer

Harry Taylor

Secretary

Jack Campbell

IOTA TAU SIGMA

Beta Chapter—Location: 692 Seventeenth Street

Officers

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Earl Hulet

Vice-President

Loyal W. Peterson

Secretary

Howard Cook

Treasurer

John N. Gill

PHI SIGMA GAMMA

Delta Chapter—Location: 3029 Grand Avenue

Officers

President

Walter Mudson

Vice-President

Frank Schaeffer

Secretary

Clayton Reeves

Treasurer

Howard Toepher
Student Clinical Laboratory Report

During the rather brief but busy existence of the Student Clinical and Experimental Laboratories, many interesting laboratory examinations have been conducted. During a certain period of time, gastric analysis was included in the routine examination, and due to our unexpected findings, we are going to report our experiences with gastric anaylsis rather than give a detailed report on the work the laboratory has been doing along other lines. Bear in mind that the patients whose stomachs were pumped were patients from the school clinic and were the usual "chronic" cases. Many other types of analytical work were done on these patients besides the regular physical examination. But, due to limited space, it will be impossible for us to include in these columns all the findings. Thirty patients were taken as they were sent to the lab for the regular routine examination. There was no selection made, whatsoever. They were fed the usual test meal of shredded wheat biscuit with a measured amount of water or weak tea. A fractional pumping of the stomach was then done by passing the Refus tube and leaving it in place, taking the contents out at the desired intervals. Eight of these patients had a definite achlorhydria, three had a diminished amount of HCl. Of the eight patients who had a definite achlorhydria, three were also anemic. One of these three had the typical glossitis so often found in pernicious anemia.

The interesting fact about these eight patients with achlorhydria is that each and every one complained of "too much acid" and were taking some preparation or other to relieve the condition. None of them were taking or had taken HC1.

With fifty-two new students already signed up and several more expected in a very few days, it appears that we will have the best year ever at Still College.

We are indeed proud of the fine group of young men, and also ladies, who have enrolled this fall.

We are told that there are more men with previous college work than ever before, which only proves that osteopathic physicians are being more thoroughly trained each year.

Considerable new equipment has also been added. About $1000 worth of additional apparatus has been added to the physiology laboratory. New equipment has also been purchased for the obstetrical department.

Some people's sense of superiority rests on a refusal to expose themselves to a test. The interesting fact about these eight patients with achlorhydria is that each and every one complained of "too much acid" and were taking some preparation or other to relieve the condition. None of them were taking or had taken HC1.

Wool's first osteopathic practice in Europe, established in Glasgo at 255 Bath Street, a generation ago, has closed its successful career.

It was started at the beginning of the present century by Mr. L. W. Walker, the graduate of the new science who came to this country from the United States of America with the intention of introducing osteopathy, then utterly unknown to the British public.

Mr. Walker, after an unsuccessful experiment in London, decided to go north, and at 255 Bath Street, Glasgow, he commenced his pioneer enterprise. Within a short time he was joined by Mr. Wilfrid A. Streeton, and together they founded and developed an extensive practice, which came wholly into Mr. Streeton's hands a few years later.

Under Mr. Streeter's control, the Glasgow enterprise became widely known. Thousands of people were attracted by the new methods of healing, founded on principles which the hard-headed northern folk, familiar with engineering and mechanical science, perceived to be sound in their application to the human body in health and disease.

Many of those who passed through Mr. Streeter's hands became persons interested in osteopathy, went to America to study the science, and returned to extend its practice of osteopathy throughout the British Isles. The Glasgow center was for years the source of an educational influence that spread a knowledge of the new system in many countries of Europe. As its influence increased, a determined opposition to its legal recognition developed among orthodox medical men which in

End of a Chapter

A Family Affair

We are beginning to believe that osteopathy has really gotten into the veins of the Halladay family, as J. W. Halladay, of Kirksville, Mo., a cousin of Dr. H. V. Halladay, is the fiftieth member of the Halladay family to go in for osteopathy. Several of the feminine members of the family did not care to attend an osteopathic college, so they married osteopathic physicians.

J. W. Halladay, who has entered Des Moines Still College this fall, tells us that he plans to be the first president of the Halladay Osteopathic Association.
**PHI SIGMA GAMMA**

One again the house rounds will soon begin, and what a house to return to! Let's give a great vote of thanks to the two invromentalists in such rejuvenation—Walt Madison and Red Widmer.

**PHI SIGMA Gamma** proudly records the pledging of Robert Wilking, Marietta, Ohio; Arthur Montgomery, Ottumwa, Iowa; Robert Sears, Milwaukee, Wis.; and Allen Morris, Milwaukee, Wis.

Stewart: Boy, oh Baby! You should hear him skip over the ivories on the new piano. You can’t sit still.

Iowa finally decided to return. Personally, I feel he might have chosen a more direct route. Anyway, we’re glad to see him back.

Fellations are in order to four of the men—Brothers Ripley, Kane, and Pledge Olsen, who have returned for another year.

The Atlas Club is very proud to announce the pledging of Robert R. Rice, Bayard, Iowa; and Allen Benske, Waterville, Maine; V. E. Herbert, Dayton, Ohio; J. A. Heron, Wartville, Maine; and C. M. Gradwell, Dayton, Ohio.

**IOTA TAU SIGMA**

Welcome Freshmen! We extend our hand in a very cordial welcome and hope you enjoy your next four years at Still.

Brother George Basore re-entered a few days early and had his tonsils removed, and has since become the soup specialist about our abode.

Brother Jack Campbell, who was a few days late in getting back to the University and developing a case of acute appendicitis, upon his arrival at the hospital, was necessitated an operation soon after his return. He is at De Moles General Hospital, and we are very glad to hear that he is getting along very nicely.

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Widmer. Venation—Walt Madson and Red were instrumental in such rejuvenation. They have done a great vote of thanks to the two century-old traditions.

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Assembly, September 12

Assembly was opened by a very snappy number by the band. We salute many new faces appearing in the band this year.

The result of the school song contest held last spring was announced. Dr. Halladay awarded himself the prize, having written the most usable song. This new song was rehearsed for some little time and we are sure it will prove to be a good one.

After a short musical program Dr. Johnson took over the assembly and after making several announcements and extending a welcome to the new men, he introduced the various members of the faculty.

The original agreement was that each member would be allowed two minutes to welcome the new students, but several of the members were evidently timing themselves by the rear wall of the assembly room—which has not ticked off the seconds for two years.

The meeting was closed by the band playing the very popular march "Anchors Aweigh!"

**Around Our Merry Campus**

One warm afternoon a student stood before his class, and not being sure that one of his students was awake, asked: "Bill, what is the cause of cancer?"

The fellow nodded, rubbed his eyes, scratched his head, and then stammered: "Professor, I don't know, but I forget.

And then Woods, in his characteristic way, charged up and down the rostrum, saying: "No, no, no. The only man who ever knew what the cause of cancer was—and he has forgotten."

Morrison—Hurray! I got $5.00 for my latest story, "The Winning of Winsome Whito."

Robots—Who from?

Morrison—The postoffice—they lost it.

Lady—Can't you find work?

Dirty Rhodes—"Fesum, but everyone wants a reference from my last employer."

Lady—And can't you get one?

Dirty Rhodes—"No, not that kind. I mean in the matter of numbers. You see, he's been dead 28 years.

Wampole—What kind of a loud speaker have you?

Spoonedkye—Quite a large one. She's five feet five inches in height and weighs around 125 pounds.

"I hear you stayed in the haunted house last night. What happened?"

"About twelve o'clock a ghost came through the wall just like there was no wall there."

"What did you do?"

"I went through the wall the same way."

Sophosiba—I should like to open an account at this bank, if you please.

Banker—We shall be glad to accommodate you, madam. What amount do you wish to deposit?

Sophosiba—Oh, but I mean a charge account, such as I have at the department stores.
The Log Book

Student Clinical Laboratory Report

(Continued from page 1)

gastric analysis, a sore mouth. Three of the eight had been ren-

mended as "soreness of the stomach" and one of the three had been on a milk diet.

Examinations of the three anemic patients, these individuals pre-

sent the following characteristics: Slightly overweight and shil-}

bodied individuals with a ten-

ency toward "muddy" complexions, with the exception of one young man, complexions were well. All suffered from insomnia, and were "sluggish" in their actions. All were constipated, and gave a his-

tory of taking one thing or another for the constipation.

The really interesting thing about the entire eight cases was the sy-

drome of symptoms that they presented, which are as fol-

ows:

(1) Gaseous eructations leaving a sour taste in the mouth, not appearing until two or three hours after a meal.

(2) Feeling at the pit of the stomach as though a "ball" or "knot" or lump were there for an hour or two after a heavy meal.

(3) Headache.

(4) Insomnia.

(5) Constipation.

(6) Lassitude.

Two of the patients, one with pernicious anemia and the other with a secondary anemia, did not com-

plain of insomnia. The feces of all these patients was carefully studied for para-

sites and none were found.

Under osteopathic treatment and the administration of dilute hydrochloric acid, the symptoms entirely disappeared.

End of a Chapter

(Continued from page 1)

recent years evoked an equally determined campaign for a revi-

sion of the laws governing medi-

cal practice in this country.

For the purposes of this campaign Mr. Streeter decided seven years ago to transfer his head-

quarters to London. These ac-

tivities, combined with the de-

mands of his London work, he carried on while still continu-

ing his Glasgow center, assisted during the last three years, at Bath Street, by Mr. J. A. Brakle.

With the formation of the Os-

teoopathic Distance League and the intensified agitation for rec-

ognition of osteopathy it has, how-

ever, become necessary for osteo-

pathic practitioners to carry on effec-

tively upon his London work; and to bring to London for X-Ray ray examinations, and to induce Dr. V. A. Brakle, who for more than three years loyally assisted him in carrying on the Glasgow practice.

For more than a quarter of a cen-

tury, the Glasgow center has been a model of what Mr. Streeter has felt it nec-

essary, in conserving his ener-

gies for the work yet to be done on behalf of osteopathy, to ter-

minate. For the past year he has been a long connexion with Scotland. To thousands of pa-

tients who have passed through the doors of Bath Street, he has always kept up a good re-

cord, realizing that their recognition of osteop-

athy and consistent support have been a large factor in the es-

tablishment of proper legal status for the pro-

fession has become a practical possibility.

The Osteopathic Bulletin (London).

Sprained Ankles

(John Martin Hiss, B.Sc., D. O.)

The term sprained ankle in its narrow and true sense refers to injury to the ligaments of the ankle joint. This may vary from a slight pull on these ligaments to an actual tear of the fibers that make up the ligaments.

The injury causing outward rolling of the ankle is the trouble-maker for the foot. As a brown, strengths, most important, this type result in more damage to the foot than they do to the ankle itself. This is not common-

ly recognized but may be the ordinary treatment— that of bandaging and rest.

It may be caused by a simple "turned ankle" that gives very little trouble at the time and is soon forgotten. But the swelling and injury in most cases results in damage to the foot, usu-

ally a downward dropping and with the calcaneal bone which lies just beneath the outer ankle bone. The individual continues to walk with the slight mis-
placement, many times with-

out any painful symptoms, but the continued weight-bearing force and foot action cause this bone to rotate downward still further, until finally foot motion is grad-

ually and progressively impaired. In other words, the foot may finally assume a position of strain and discomfort comes on.

The osteopathic physician is speedily able to move proper care to sprained ankles and the disorders that may come on and may advise a caliper or a brace if proper bandaging may make the ankle sprain short-lived. If your feet hurt you, consult your oste-

opathic physician.

Cubs and Cardinals

Three blizzards with those Cubs and Cardinals. Thousands shrieked and cheered thru those spirited games. It proved to be a thrilling day and night for the oste-

opathic physician who has had em in tow physically during re-

cent years, said he was never more pleased with the outcome of a ball game.

Washed hands often. Even such things as hatbands and street car straps are not always clean. Germs are every-

where. Do the best you can, we do not always agree on the most important matter is to keep the body fit and normal—at its fight-

ing best.

Some twenty-seven diseases may be carried by the hands.

Marriages

WILLIAMS-DOUGAN

The bride wore a suit of brown transparent velvet with brown off-the-face model hat and other accessories of brown, including a handsome crossed fox scarf. A corseage of yellow roses com-

plemented her costume. Miss Williams wore brick colored crepe trimmed in brown with brown accessories and a corseage to harmonize.

Immediately following the cer-

emony, Dr. and Mrs. Newton left for a wedding trip through the Shenandoah Valley, after which they will reside in the Schimmel apartments at Parkersburg.

The bride is the only daughter of Mrs. Edward Compton of Wil-

des Moines and a young woman of unusual grace and attractiveness. She attended Marietta College as a member of the class of 91 and become popular in the social circles of this city. She is a member of Chi Omega national women's fraternity.

Dr. Newton is the only son of Mr. and Mrs. Cassius C. Newton of 733 Fifth street and is one of the well known and popular young men of Marietta. He at-
	ended Marietta College, becom-

ing affiliated with Delta Upsilon fraternity, and was graduated from the Still College of Osteo-

pathy at Des Moines, Iowa. Dr. Newton will practice his profes-

sion in Parkersburg.

SMITH-DOUGAN

Mr and Mrs. John Lee Dougan announce the marriage of their daughter, Katherine Josephine, to Dr. George Orlando Smith, on August 21, 1930, at Uniointown, Pennsylvania.

Keep Hands Clean

Look out for germ carrying hands. They cause illness. "If a germ could talk it would tell you that nothing pleases it more than to get a free ride from someone's soiled hands to some other person's mouth," says the U.S. Pub-

lic Health Service.

Wash hands often. Even such things as hatbands and street car straps are not always clean. Germs are every-

where. Do the best you can, we do not always agree on the most important matter is to keep the body fit and normal—at its fight-

ing best.

Some twenty-seven diseases may be carried by the hands.
Infantile Paralysis
Edward Ormerod, D. O.

This year again the dread children's disease with the unprovoked onslaught of poliomyelitis has appeared. In Europe it has attained the proportions of an epidemic and America, it has not been swept away. In a western Canadian city, too, there have appeared a number of cases, and Montreal has also been a seat of the trouble.

Infantile paralysis is an acute, severe disease, occurring largely among children under the age of four years. It is occasioned by a sharp fever that isattended by lassitude and distress and particularly found in the same patient. The disease runs a course through several well-marked stages: the initial stage, during which the patient is neither aware of the onset, nor alert to its presence, is the slumber of an uneasy mind. The disease usually attacks children of about ten or eleven years old, but occasionally of much older age. In about one case in every ten, death occurs.

In the first stage, the child shows no symptoms, or only mild symptoms, such as fever, headache, and backache. In the second stage, the disease becomes more evident, and the child shows symptoms of nervousness, such as restlessness, irritability, and difficulty in sleeping. In the third stage, the disease becomes more severe, and the child shows symptoms of paralysis, such as weakness and loss of control of the muscles. In the fourth stage, the disease becomes terminal, and the child shows symptoms of death, such as coma and respiratory failure.

Nothing is quite so dull as a dull speech.

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It is claimed that infantile paralysis is caused by a specific germ. Investigators have isolated a specific germ with the aid of bacteria, and isolated it. Serums have been prepared and used, both as preventive and curative measures. Yet, infantile paralysis appears again year after year. Claims are made in certain quarters that results have been secured,—yet the pitiful crippling of children continues. Electricity, massage—nothing is heard that can make one think of—have been used. As in the case of the other acute, self-limited disorders, it probably remains true that about all we can reasonably do in infantile paralysis is to supply good nursing and osteopathic treatment.

It goes without saying that were we to put a well man to bed for fear of his catching cold, he would not long remain well. Muscularly, he must commence to deteriorate. The indications of cold and fever activity is imposed. The heart, stomach, and other exceedingly important organs are of muscle.

A child patient in the onset fever of infantile paralysis must of necessity be put to bed, and must be kept there, to experience this muscular deterioration. The blood circulation must be at a minimum and the general measure of stagnation assert itself. This slacking off of the general activities of the body makes for a minimum and a failure of the general circulation and a failure of the general health of the body. In the spinal cord, in its panic of battle against the malign germ life there, and the group of structures surrounded with a membrane which contains within it death, no interference shall be set up. Thus, it is claimed and demonstrated again and again, that the osteopath can destroy this morbid mechanism the best possible chance to destroy the invading enemy, and get rid of it with a minimum of damage to the patient.

That does not mean that a patient in the throes of this truly terminal disorder need pay any respects to the spinal vertebrae enclosing that inflamed cord "manipulated!" and thus save life. The osteopath makes war on infantile paralysis does so with a skillful armamentarium of common-sense measures. It is the one with lowered vitality, be it ever so unrecognized, which is not the one who is the last to go.

I purposely avoid technical terms and lists of symptoms. What the world needs is more news on health, not sickness. Modern medicine functions at its best, in warm weather when it is well understood that eye-strain due to an error of refraction is a very frequent cause of general nervousness and that correction of the error is followed by considerable relief of the nervous symptoms. It is not generally recognized that errors in refraction may be due to spasmatic contraction of small muscles of the eyes, and that there may be a removable nervous cause for such spasm.

Listen to this—nothing is quite so dull as a dull speech.

Hiccoughing Babies

Hiccupping, in the case of either breast fed or bottle fed babies, is due either to too rapid or too frequent feeding, or to too much feeding. It may be prevented by cutting down on the food supply, by feeding more slowly, and by lengthening the intervals between feedings. For immediate relief, give a little warm water, from a quarter to a half teaspoonful every minute or two until relieved.

Teacher—Can you give me an example of wasted energy?

Bright Student—Yes, sir; telling a hair-raising story to a bald-headed man.

Ichiban—Did I ever bring back the coffee grinder you loaned me last month?

Sayonara—No, you certainly did not.

Ichiban—I'm sorry. I wanted to borrow it again.

Shall the Family Doctor Become Extinct?

From the reports of some medical authorities it would seem the answer would be in the affirmative—especially in the smaller communities and districts, the reason being that the specialists are being emphasized by the family physician. We believe, however, that the tide is turning back, not to the old-time family physician with his saddle bags, lollipops, and pills, but to the modern physician, the new osteopathic physician, if you will, who is trained to general practice.

Keeping folks not only fairly well, but buoyantly healthy and vigorous, has been the aim of the modern physician. A thorough physical examination means not only x-ray and other laboratory tests, but more than all, that the direct structural examination or health audit which detects tendencies and avoids the serious.

This sort of family doctor is being turned out by our colleges. We need still more students to take the full four-year course in our colleges in order to meet the demand.

Nothing is quite so dull as a dull speech.
Sixth District Iowa Osteopathic Convention

The Sixth District Iowa Osteopathic Convention was held at Oskaloosa, Iowa, Thursday, Oct. 9, 1930.

The meeting was opened by Dr. M. Biddison of Nevada, Ia., president of the association, who presented the first speaker of the day, Dr. Charley. E. Still, oldest son of Dr. A. T. Still, Iowa.

Dr. Charley gave a very interesting talk concerning the early days of Osteopathy when the Still family was endeavoring to put Osteopathy across to the public, and some of the difficulties that met with the work.

The second speaker, Dr. Ray G. Hubert, from the national offices in Chicago, gave a brief talk on, “The Business Side of Osteopathic Practice.”

Dr. H. J. Marshall of Des Moines, the next speaker, discussed ear, nose and throat conditions met with in general practice.

A brief round table of osteopathic practice followed a very fine chicken dinner served at one of the local churches.

The afternoon session was opened with a business meeting, which was followed by Dr. J. K. Johnson of Jefferson, president of the Iowa State Osteopathic Association, who took up “Osteopathic Conferences.”

Dr. F. T. Walker of St. Joseph, Mo., next presented a very interesting lecture on "Indications for Cesarean Section.”

Dr. Hubert of Chicago, appeared again in the afternoon and brought out many points on ethical publicity.

As a closing number, Dr. Charley demonstrated various types of technique which were developed and used by his father, Dr. A. T. Still.

Many Attend the World Series Via Radio

Many one hundred percent class attendance records have been destroyed during the recent world series. Each game found the fraternity house radio more popular than the class room.

We are told that great sums (even as much as a dollar) were wagered among the students, and one report has it that even some of the faculty have been egocentric in the ancient art of wagering.

With the passing of the world series for another year, things about school are rapidly returning to normal.

Recent Graduates Locate

The following doctors, members of recent graduating classes here, have located as follows:

Dr. L. A. (Hap) Nowlin, West Chester, Iowa.

Dr. D. H. Wire, Bridge, Montana.

Dr. Justin Smith, Tama, Iowa.

Dr. Arnez Hull, Belle Plaine, Iowa.

Dr. LeRoy S. Parkhurst, Medicine Lake, Montana.

Dr. Fred E. Dunlap, Wellington, Kansas.

Dr. Wilder and Aune presented "Bye-bye Blues." Carl Black played the piano accompaniment.

As a closing number, Dr. Halladay presented a number of stereopticon slides concerning the history of Osteopathy, which included many pictures of Dr. Still and his early work in the pioneer day of the profession.

A short talk by J. N. Gill, president of the organization, concluded the evening’s entertainment.

A Recent Visitor

Dr. Theodore Rickenbacher, who graduated in the May class of 1929, recently visited at the school.

After a year’s interneship on the west coast, Dr. Rickenbacher spent part of the summer in the east, attending the National Convention at Philadelphia and visiting friends and relatives in Ohio.

The doctor was on his way back to Seattle, Wash., where he intends to practice.

We enjoyed his short visit very much and hope that other members of the profession who happen into Des Moines will honor us likewise.

When “Front Row” Gordon starts sitting in the back row—we will know the Seniors have at last come into their own.

When Dr. Scott buys one of those Bantam cars—we’ll know he intends to practice.

Students From Other Schools

Des Moines Still College is very pleased to announce the following students who have transferred here from other osteopathic colleges:

Harry M. Elman, Carl T. Deuba, George L. Charles Gading, all in the Junior Class.

Hymen Kosterbaum, Louis Kus, Robert Samuel Aln and Wm. W. Kleper as specialists.

C. F. Gowens in the senior class.

Dr. Holcomb Jordan of Davenport, Iowa, is taking Post O. B. work and surgery at the college this semester.

Assembly, Sept. 17

Assembly was opened by the band playing an old favorite number and in which Jud Koch, our saxophone specialist, played the leading role. This number, as the way, was the final number played by the band last spring before school dismissed.

Several of the faculty members who were not present last week at assembly, were present to the new students.

The second number by the band was a very novel arrangement of the popular tune "Bye-bye Blues." Carl Black played the piano accompaniment.

The new students were all called to the platform and introduced to the student body. There was the usual rivalry between Ohio and Iowa as to the number of students. There were a few more Iowa representatives on the stage than from Ohio, but we are sure the Ohio boys are of the superb Buckeye quality which goes for the making of good physicians.

The new men of advanced standing were also presented and we noticed that Michigan was very well represented. Mrs. Innes being a former Michigan politician, arose and gave her former fellow statesman a very hearty welcome and informed them that if they became lonely or discouraged in our fair city, that she would be in the dungeon at 722 Sixth and would be more than willing to have them weep upon her strong and sturdy shoulders.

Dr. Johnson Takes Over Psychiatry Class

Dr. Johnson, whom at the beginning of school felt that he The relapse is profound, we rejoice over the charge of the psychiatry class, has recently resumed the responsibility.

Miss Ava Johnson, who relieved her father during the first month of school, presented some very interesting lectures on the introduction to psychiatry.

With the return of Dr. Johnson to his old post we are anticipating the greatest interest, and the cooperation of all psychiatry students in requested, so that the Doctor will be able to finish out the term without further physical handicap.

Square and Compass Elect

Still Square of Square and Compass, recently held fall elections with the following results.

President, M. J. Schwartz; Vice President, Curtis Parkinson; Secretary-Treasurer, Geo. Hedin; Sargent-at-Arms, Gordon DuBois.

Still Square and Compass is a chapter of Square and Compass, an intercollegiate fraternity of Master Masons. The local chapter invites all students who are Master Masons to become members of our organization.

Assembly, Sept. 26th

The meeting was called to order by the band in the presentation of two old-favorite numbers which were very well done.

Dr. Halladay, in charge of today’s program, gave a brief resume of his various summer travels. During his travels the Doctor admitted that he stole away from his camp in Maine and took unto himself a bride.

The program was the passing out of Hershey bars, which were received by all present, and we again wish to extend our most hearty congratulations to Dr. Halladay and his wife.

Everyone has been holding their breath—waiting for Chemistry Laboratory to start. The first class was heard the other day. Some poor Freshy hadn’t dusted before leaving. The relapse is profound, we know Mrs. Innes is her old self.
**Fraternity Notes**

**ATLAS CLUB**

The routine is once more established and everyone is swinging into the school year full speed ahead.

Bro. Jack Campbell has recovered from his appendectomy and everyone joins in congratulating him upon his rapid recovery and return to school. Jack's mother was with him during his convalescence and quickly won her way into the hearts of all who were fortunate enough to meet her. We all hope Mrs. Campbell will honor us with another visit soon.

Pledge "Rag" Tannahill seems to be setting a record for writing letters. His daily output averages somewhere about 6 or 7. If all these letters, for one month, bring results, "Bonfire" will be the logical successor to Brigham Young.

Bro. Eddie Swartzbaugh has returned to Des Moines and is working at "The Retreat." We were all glad to see Eddie and hope he will be back in school soon.

Monday evening, Sept. 22, Miss Ava Johnson addressed the club on the subject "Personality as Applied to the Physician." Miss Johnson's talk was very interesting and instructive, and was enjoyed by everyone present. We hope to hear from Ava again in the near future.

Marshalltown seems to have some sort of magnetic attraction for the locals. Landis Johnston. At any rate, he wastes no time getting there almost every weekend. How about it, Landis ?

Bro. Bob Rickenbaker spent several days at the house renewing old acquaintances and making new ones. Rick was on his way back to Washington, after attending the Convention and a session of Dr. Miss' Union Clinic at Columbus, Ohio. We were all glad to see "Rick" and wish him the greatest success in the future.

The kitchen is once more the seat of feverish activity each a.m., as the boys gather around the festive board to break their long night's fast. The kitchen is once more the main attraction of the house. It is very hard to tear them away from the table.

The Pledge Dance was held Saturday evening, Oct. 4th, with almost 100% attendance. Good music, perfect weather, and a large crowd all combined to give everyone a marvelous time, and we are all eagerly awaiting the next party.

Although there are more "gas buggies" per capita this year than ever before, there has as yet, been no fit candidate for Cowboy Barney Oldfield's speed records. The Oregonian successfully defended his honors against all comers last year and graduated an undefeated champion.

Bro. Forbes and Pledge Hickey, the two never-say-die Athletic fans, who were watching the St. Louis convictions of the rest of the club, took a new lease of life when Foxx got the headlines. The Oregonian successfully defended his honors against all comers last year and graduated an undefeated champion.

Monday evening, Oct. 6, Dr. Campbell, well known local Osteopathic physician, spoke to the Club on the subject: "Diagnosis and Treatment of Rectal Fistula." At the conclusion of his talk, Dr. Campbell conducted an Open Forum. Dr. Campbell's talks are always interesting and worthwhile and this was no exception. We hope to have him with us again soon.

**DELTA OMEGA**

The freshermen girls were entertained last Friday at the home of Dr. Halliday. The movies of the 1929 and 1930 "Halladay tour" were shown. We now know where to go to get a piece of good cake and also to have a good time.

At last a secret is out—Viola says she had to cut her blond curls in self-defense. Ask Dr. Barridge for details.

The sorority would like to hear from the field members.

Gen reports a fine vacation spent in northern Wisconsin. The fishing was great; although to say, the value of the messages brought us to be a real asset.

Sunday, Sept. 21, Dr. C. I. Groff of Mason City, Ia., paid us a visit and gave us an all-day lecture on foot technique, as only a man of Dr. Groff's experience could. We hope you can be with us as soon again, Doc.

Big plans are being laid for the Halloween' Pledge Dance, Oct. 31, and the boys are showing greater enthusiasm than ever. Already, the phone wires are hot advice, "and have you got a girl friend?" We are looking forward to a big turn out and a good time for everyone present including the married and the women-haters.

Wanted! A good mouthpiece for poor Bro. Naylor, who lost his voice in the dormitory the other morning.

Everyone is wondering what Dixie Reeves' motive is in trying to buy so many dogs. We certainly hope he gets a good one.

For the benefit of Pledge Olsen, Bennett and Floyd, Hell Week has started and everyone is losing a lot of sleep, including the members.

Dr. Robt. Bachman gave an interesting and educational talk at a practical meeting at the house, Monday evening, Oct. 6. We are sure everyone enjoyed it very much and we always welcome the experienced practitioners who drop by to tell us of problems which arise in the field which we will some day bump up against ourselves.

Now that the world series is over, it is again possible to get down to deep study. We are none of us planning any musical program without disturbing the base ball fans of the house. It is very hard to concentrate on cranks, who wear out the muscles of the body when the bases are full, only one out, and a home run king up to bat. We were in Spaulding high school this morning and found him at his golf clubs and is now planning on being the world's greatest detective. We hope to hear from Ava Johnson, and Dr. Facto.

Mr. Newlywed—your paper-hanging job looks fine, dear, but what are those queer lumps?

Mrs. Newlywed—What do you know about that! I forgot to put the pictures down.

**PHI SIGMA GAMMA**

It is with the greatest of pride that Delta Chapter announces the pledging of the following men: Donald Mills of Rapid City, So. Dakota; Peter W. Dixon of Des Moines; C. T. Davidson of Lewistown, Mont. and Lester Hoversten of Story City, Iowa.

Thanks to Bro. Schwartz, once again we have the good old frat table going twice a day and more interesting than ever. We are indeed glad to have Dr. Johnson with us on Sept. 24, Mayor Parker L. Crouch, on Oct. 1, Mr. C. D. Reed of the Midwest Government Weather Bureau on Oct. 8th. Needless to say, the value of the messages brought us to be a real asset.

He—What is the most rigid example of economy you know? She—A dead Scotchman?

We are all eagerly awaiting the house, Monday evening, Oct. 6.

**Around Our Merry Campus**

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**Traffic Cop—Say, you get going; what's the matter with you?**

**Police Driver—I'm just fine, thank you, but I think my engine's dead.**

**Do you suffer from cold feet?** the doctor asked the young wife.

**Yes,** she replied.

**You promised to send her some medicine.**

**Oh!** she said, nervously.

**They're not-not-mine.**

**Citizen—Officer, stop that man.**

**Officer—What for?**

**Citizen—Why, he's a bootlegger!**

**Officer—Don't you get so excited; there'll be another one along in a minute.**

**Motorist: Five gallons of gas.**

**Gas Man: Yes, sir; any oil?**

**Motorist: No, just gas.**

**Gas Man: Want the car washed, too?**

**Motorist: No, just gas, is all.**

**Gas Man: How about some skid chains?**

**Motorist: No, gas is all.**

**Gas Man: Does she need greasing?**

**Motorist: No! Gas, gas, gas! Nothing but gas. Cut the chatter--just give me some gas!**

**Gas Man: Yes, sir. And as the motorist drove away, very hot under the collar the garageman added, Well, that's one time I got even with my barber!**
Don't Be a Grouch

Don't be a grouch. If it is hard to smile—get examined.

The first requisite in combating the progress toward physical decay is to eliminate all infective foe from the body. This does not mean to wait for toothache, headache, fever, or any other announcement of such conditions, but to begin in infancy to regulate food and inspect the body from head to foot.

We must often start at 25 or earlier to prevent a death from appendicitis.

The man who has his body inspected once a year or at appropriate intervals, according to his conditions, is protecting himself against the insidious development of unsuspected disease and also against needless worry over imaginary afflictions, and worry due to exaggerating the seriousness of some simpler or local trouble.

Camouflage Your Exercises

(R. Kendrick Smith, D.O.)

The daily dozen and other similar systems of exercise are excellent in their place and have done a lot of good. People make a great mistake, however, when they fail to understand that this sort of thing is a panacea for all our physical ills. It is perfectly true that a very large number of people do suffer from lack of exercise. As far as that fact goes, these methods do help out.

Unfortunately, there are very many people who seek the recovery of health as a result of the extravagant claims in the advertisements of some of these "exercise cures."

Adjust your machine first—then exercise it all you want to. If your human mechanism is out of adjustment, exercise is not going to get its parts into position. On the other hand, if you are so lazy that your system is suffering from the lack of a minimum amount of exercise, especially muscles, which are not getting enough oxygen, you cannot pass the buck to the osteopathic physician and expect him to help you. You must do your part. You cannot breathe for you, nor eat for you, nor move your body. These things you must do yourself.

It is much easier for the osteopathic physician to keep your body machinery in good adjustment if you keep the muscular system from being checked by regular exercise. Relaxation is essential and is insisted upon by the osteopathic profession, but this does not mean the chronic insufficiency and limping of the lazy, flabby-muscled person who takes no exercise.

Relaxation and muscular contraction are alternate functions. Their voluntary coordination, rhythmical alteration constitute the difference between rest and activity, which should be so perverted as to be exercised as to increase, comfort, polse, power and health.

Exercise is best when it is not exercise. In other words, exercises should be camouflaged. The incentive should be something of greater zest than mere routine movements of the calisthenic type. Therefore, substitute sports for exercise and you have a much more healthy and enjoyable method of keeping the body in tune and tone.

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Adjust your machine first—then exercise it all you want to. If your human mechanism is out of adjustment, exercise is not going to get its parts into position. On the other hand, if you are so lazy that your system is suffering from the lack of a minimum amount of exercise, especially muscles, which are not getting enough oxygen, you cannot pass the buck to the osteopathic physician and expect him to help you. You must do your part. You cannot breathe for you, nor eat for you, nor move your body. These things you must do yourself.

It is much easier for the osteopathic physician to keep your body machinery in good adjustment if you keep the muscular system from being checked by regular exercise. Relaxation is essential and is insisted upon by the osteopathic profession, but this does not mean the chronic insufficiency and limping of the lazy, flabby-muscled person who takes no exercise.

Relaxation and muscular contraction are alternate functions. Their voluntary coordination, rhythmical alteration constitute the difference between rest and activity, which should be so perverted as to be exercised as to increase, comfort, polse, power and health.

Exercise is best when it is not exercise. In other words, exercises should be camouflaged. The incentive should be something of greater zest than mere routine movements of the calisthenic type. Therefore, substitute sports for exercise and you have a much more healthy and enjoyable method of keeping the body in tune and tone.

Camouflage Your Exercises

(R. Kendrick Smith, D.O.)

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An Appeal for a Square Deal

Robert W. Rogers, D. O.

Before me I have a copy of a booklet issued by the American Medical Association entitled "Deficiency of Osteopathic Education." I must know that the author obtained his data, but Alop's Fairy Tales or Grimm's Fairy Stories might easily have served as the source of his inspiration.

Were it not for the fact that this booklet has a wide distribution among the State Legislators, the author might be ignored. In order that the truth may be known we must dignify this childlike, senseless and untruthful article with a denial of its veracity and a statement of facts.

The statement made that entrance requirements are not enforced in our osteopathic colleges, the American Osteopathic Association states that all of our accredited colleges strictly enforce their entrance requirements.

The statement that attendance is not enforced is a deliberate mis-statement of facts. Osteopathic colleges require all students, both in class and in actual attendance, within the first two weeks of each annual session and no credence can be placed upon any student whose attendance is less than 80% of the full time of the year.

This report says that no osteopathic college maintains a "dog-in-the-manger policy" for student work. In spite of our inability to secure financial support from the medical profession, the colleges employ a full staff of medical inspectors. In the matter of university affiliation and finances, we must admit that osteopathic graduates have not been admitted to the post-graduate courses given by the medical departments of our American universities. Nor can we make comparisons at all favorable to osteopathic schools. We receive Practically no endowment funds, we obtain nothing from charity. In spite of our inability to secure financial support from the medical profession, we have built some very fine hospitals and colleges and we are proud of the fact that we have been able to do all of this with our own pockets. Until such a time as we are able to finance our own post-graduate schools on a larger scale, we believe that it is a "dog in the manger policy" for the medical schools to refuse admission to osteopathic graduates to their hospitals and post-graduate schools. After all, the medical institutions were not established for the benefit of the osteopathic colleges, but were bought and paid for from public funds, public subscriptions for the sick and needy people of America and not for the glorification of the medical profession.

At this point I must write of our lack of funds, in spite of the organized opposition of the American Medical Association, in spite of our admitted lack of endowed institutions, we are today giving our students access to good hospitals which we have erected and paid for with our own money. We have free clinics and dispensaries, and all of our colleges are located in the communities where they exist for their unselfish services in their outpatient departments. Again I would like to reiterate that lack of funds prevents us from maintaining elaborate museums. We do state that all of our colleges maintain libraries according to their means.

(The to be continued)
The Osteopathic Special
Enroute Seattle

Those who take passage on the Osteopathic Special, leaving the Chicago Union Station, 10:30 p. m. July 29th, 1931, over the Burlington — Great Northern route to the American Osteopathic Association Convention, Seattle, Washington, August 2-7, 1931, will be impressed, first by the enchanting daylight ride for miles along the Father of Waters, thence through Historic Northwest Adventland and Glacier National Park.

Within a few hours after leaving the prosperous industrial environs of Chicago and the agricultural region of northern Illinois, the train will take its course along the scenic Mississippi. For 300 of the 441 miles between Chicago and the cities of St. Paul and Minneapolis, the railroad lies in the thin sight of the patriarchal Mississippi, with an island dotted expanse of water on one side and high wooded bluffs of weathered limestone on the other. For many miles the tracks are so close to the river's edge that a child might easily toss a pebble from the car window into the water. Every mile of the distance is replete with legendary and historic interest. On the Wisconsin side of the river, little old-time villages cling to the bluffs. There is little old-time air. The agricultural lands along the stream are some of the richest in all the world, contributing to Wisconsin's fame as the greatest milk, butter and cheese state in the Union.

Many travelers along the Mississippi are quite unaware of an important industry that adds to the wealth and picturesqueness of the villages—the pearl fisheries. From a point above Prairie (Continued on page 4)

Boastful Quackery

Dr. Mark Herzfeld, Detroit, to Dr. C. F. Gaddie, Chicago.

"In the article 'Osteopathy Explained' where it states 'which enables nature to do her allotted work without recourse to knife or drugs,' we are not telling the truth, and to my way of thinking it is nothing more than boastful quackery.

What do you think about it is perpetual flag waving and misrepresentation necessary?"

Recent Grads Located

Dr. R. F. Herrick, Class of 1930—408 Howe's Block, Clinton, Iowa.

Dr. Susan Bruder, Class of 1930—Grandy Center, Iowa.

Dr. Harry Johnson, Class of 1930—Westphalia, Kansas.

Dr. M. Wayne Myers, Class of 1929—Parker, South Dakota.

Dr. Myers has just finished a year's internership at Chicago Hospital.

Do You Know That—

1. To enter an osteopathic college, one must have had a four years' high school education?
2. To graduate, one must devote four years of nine months each to resident study, exclusive of the one-year internship in a hospital, which is optional?
3. The opportunity to secure an osteopathic education is limited by the capacity of the six accredited colleges?
4. Colleges teach every subject which is taught in the leading medical schools except materia medica, which is replaced by osteopathic principles and therapeutics?

Osteopathic physicians and surgeons maintain their own hospitals and handle every type of case, including surgical and obstetrical?

Of the many osteopathic hospitals, one is devoted exclusively to the treatment of nervous and mental diseases and costs a million and a half dollars?

A $600,000 Osteopathic Unit of the Los Angeles County Hospital is operated entirely by osteopathic physicians and surgeons?

Visitors At College

We are very pleased to have had the following men visit the College during the last month.

Dr. W. S. Edmund of Red Oak, Iowa.

Dr. S. McMurtry of Utica, Kansas.

Dr. Clyde Reed, Grand Junction, Kansas.

Dr. Woods Rewarded

We are told that the very rare specimen, in the realm of botany, which Dr. Woods wore in his lapel for several days succeeding the annual freshmen reception, was given him as a reward, by one of his many lady friends for not asking her to dance.

Freshmen Reception

Big Success

The outstanding social event of the fall season was held in the ballroom of the Hoyt Sherman place, Saturday evening, October 18. The annual reception for freshmen students was bigger and better than ever before. The goody crowd was there and all present danced merrily to the strains of music provided by Ted Ring's Vagabonds.

Laboratory Service

In the July issue of the Journal of the A. O. A., the Student Clinical Research Laboratories announced the extension of their services to the members of the profession in the field. Since then, we have been flooded with requests for mailing cases.

Our laboratories turn out a complete report of our findings on each specimen submitted. The uranalysis report is divided into three sections: physical, chemical and microscopic. Under physical characteristics is reported, the amount (if specimen is part of a twenty-four hour sample), color and appearance, specific gravity, odor. Under the chemical examination the reaction is recorded and the presence or absence of albumin and sugar, if they are present in any marked quantity. In case the specimen is a twenty-four hour sample, the total solids are calculated and recorded under the physical examination. Under the microscopic report the specific gravity of the urine is given, acid, di-acetic acid, bi-oxybutyric acid, indiace, bile, bile salts, and occult blood are also recorded under the chemical report and a rough estimation given as to the amounts present. Under the microscopic examination the presence or absence of the following are recorded and a rough estimation given as to the amounts present. Acetone, epitheliun, casts, pus cells, etcrystals and erythrocytes. Pus urine, when requested, are studied.

A Good Location in Florida

Wanted!—a good osteopathic physician to take over practice in Florida.

Address, Editor of The Log Book, Des Moines Still College, Des Moines, Iowa for further information.

What Is Osteopathy?

Osteopathy is the name of that comprehensive and embracing art which places the chief emphasis on the structural integrity of the body mechanism as being the most important single factor to maintain the well-being of the organism in health and disease and embraces all branches of the healing art as taught in colleges of osteopathy recognized by the American Osteopathic Association.

(Continued on page 4)
Mrs. J. W. Woods, Mrs. Cash, Mrs. Halladay, Miss Ava Johnson, Miss Norma Lee Abolt, Miss Rachel Hodges, Gen. and Vi. A dinner was served.

Vi has been entertaining her mother the past week. Mrs. B. wired the company: "Snowbound at Saranac—what shall I do?" They replied: "Take your vacation."

Dr. John Woods spoke at the Club on the evening of Oct. 26. The doctor spoke on Electro-Therapy, "Electro-Therapy and Similar Adjustments." The lecture was interesting and profitable, everyone acquiring some new and valuable facts on Electro-Therapy. Dr. Woods' talks are always enjoyable as well as instructive and we hope to have him address us again soon.

Amidst corn-stalks, Jack O' Lanterns, spooky lights, queer sounds, and an eerie atmosphere, the annual Halloween Dance was held at the house. The party was a huge success in all ways and the evening of Nov. 1st will be a red letter one in our memories. The rebuffed exhibition of the finer points of the terpsichorean art, magnanimously performed for us by Pledge Erie Moore, was the premier event of the evening.

Bro. Harry Taylor numbers among many accom-plishments. Witness the excellent job he turned in, in preparing the floor of the garage for the vicissitudes of the coming winter.

Dr. Roy J. Trumble of Montegum, Iowa, was our guest over the week-end of Oct. 31. We were all very glad to have Roy with us and hope he visits us again soon. We are always glad to have brothers from the field spend a few days with us. Pledge Halladay evidently has a pull with the City Library Commission, judging from the apparent ease with which he pays no-frills visitations to the city library. Reading is said to be one of the most illuminating of pastimes and we are pleased to see Jay make the best of his opportunities along this line.

Many of the fellows are pondering ways and means of best spending our day of grace, Armistice Day, Nov. 11th. Some are planning trips home, if they are fortunate enough to live in close proximity of Des Moines, and others are attempting to discover new fields to conquer here.

**DELTA OMEGA**

Norma was told to wait until after the turkey to remove her tonsils. She says, "I don't dance with my tonsils..."—I ask you.

Gen went hunting Saturday. One rabbit she didn't get (it ran into some tin cans)—who wants to see a turkey?

A Rush party was held Oct. 23rd, at the home of Dr. Avis Payne. Those present were: Dr. Mary Golden, Dr. Grace Abolt, Mr. S. R., Mrs. Halladay, Miss Ava Johnson, Miss Norma Lee Abolt, Miss Rachel Hodges, Gen. and Vi. A dinner was served.

The annual Halloween Pledge Dance was held Friday, Oct. 31st. The dance was over with a bang. The decorations were the best yet, and as usual, Bro. Toepfer obtained a snappy orchestra. All told, we can hardly wait for the next one.

A dinner was held Saturday, Nov. 8th, for Dr. Jas. Schaechter, in honor of his marriage to Miss Ada Wilson of Des Moines. The wedding took place the following Sunday, with Bro. Frank Schaechter acting as best man. The couple left last Thursday for her home at Lewiston, Minn.

Betropped is pleased to announce the pledge of Miss Norma Lee Abolt of Des Moines, Ia., Miss Rachel Hodges of Keosauqua, Ia., and Mrs. H. V. Halladay of Des Moines, Ia.

**IOTA TAU SIGMA**

Saturday, Sept. 1st, a hard times dance was held at the house. All the brothers turned out with their best girls and the wonderful evening began. Dancing was in order, with snappy music and an assortment of costumes mingling throughout the walls well decorated to represent all cornfields of Iowa, and a real farewell to Halloween was given for another year, and the black cats, pumpkins, and skeletons greeted the eye at every turn and in every nook and corner. During intermission, a fashion apple cider and pumpkin pie were served for refreshments.

Bro. Cook and Hewlett arrived home just after the dance began, and if their story is correct, when bigger boys nothing happens they hop from going to Hewlett's uncle's farm and show the boys up there just what accurate shots they really are. Both arrived home safe and the total game was two phasans. Of course, the big ones got away, as usual.

"Bud" Cooper spent the weekend at his home in Illinois. He could not get weather report, could not get a fine time regarding, and he brought back a lot of encouragement from many of his friends who are now practicing.

Bro. Morgan, our "One Eye Charlie," in the second, is still crashing gates. After one of his successful crashes, it is reported some one asked him if he that he could crash the Pearl Gates. Morgan said he sure would try his best, if there was anyone to show him where they were.

Butch Beldon seems very fond of our new mascot, Belle, a Ger- ron Wilson of Des Moines. The other mortalities causes, according to the census bureau. The other mortality causes which showed a relative constant year after year during that period were diabetes, brain diseases, organic heart disease, and appendicitis.

This increased death rate from cancer is in spite of a decrease in the death rate from all causes from 1,418.1 to 1,222.7 per 100,000 population, according to the census bureau.

"Wot kinda cigars are Robin- son Crusoe's?"—"Castaways, dumbbell, castaways."
The Log Book

Give the Child a Chance

Only a dull man will be a criminal despite all that both sensuality and sentimentality about clever crooks. Stupidity is often a disease— that may be helped and cured.

The criminal needs specific study and laboratory examination.

But why wait 'til he robs and kills? Sense and economy de- mand preventive measures.

Let the youngest child have a thorough physical examination with special eye-biopsies examinations every six months or year, and we will catch much of this wild wave of crime in its in- fringement—abroad, or in Europe.

Assembly, October 24

The band, under the direction of Marion Crawford, opened the program today. We are proud of the commissioner, Marion Crawford, member of the Junior A-class, and he is indeed pleased with the work done during the absence of Dr. Halla- day.

Dr. Watson, who has been working diligently during the past several months on his stu- dents project, presented the re- sults of his labors, and we are indeed pleased with Dr. Wat- son's work and want to compli- ment Watson-St. Amrit, Beld, M.-the harmony was well done and the aid of "The American Patrol", was

This student project, as most of us know, has been and is for the sole purpose of installing in Still College a clinical laboratory which will compare favorably with any clinical laboratory in the country.

Lee Lindbloom next gave a short resume of the activities of the White Line team during the fall semester. The white line game was played Wednesday night, October 28, between the White Line team of this school the Minneapolis Red Jackets of the Minneapolis Red Jackets of Still College. Mr. Lindbloom introduced Mr. Fred Friel, of the Junior Cham- ber of Commerce, who extended an invitation to all students to attend the game. The Junior Chamber of Commerce is back- ing the contest.

The program was opened by a very snappy number by the band, "The American Patrol", was very well done and the aid of Mr. Noble and his file, from the American Institute, was greatly appreciated.

Mrs. Innes, in charge of the morning program, introduced the first event which was a ban- jo solo number by Joe Devine.

The second number was a very interesting little song about the practice of black magic by Mrs. Innes herself, in her usual manner, which was very much enjoyed by all present.

The next number was a xylo- phone duo put on by Jud Koch and Red Stewart. Dr. Halladay then gave his version of "Bye, Bye, Blues" on a worn out piano, and the piano in the assembly room certainly played its part.

The program was brought to a close by two fine numbers by the band, "Give the Child a Chance" was the last number at assembly was about one hundred percent of the student body, we would say, and we hope that this will continue, as the number present surely has a lot to do with the effectiveness of these Friday morning programs.

Births

Born to Dr. and Mrs. J. V. Hodgkin, McCook, Nebraska, a daughter, Janet Ann, October 19, 1930.

Dr. Hodgkin was a member of the May, 1935, graduating class.

Marriages

Burchfield-McMurray

Mrs. Jennie Burchfield an- nounced the marriage of her daughter, Elizabeth, to Dr. Charles H. Burchfield, McMurray, on October 11, 1930, at Union Park Christian Church, Des Moines, Iowa.

Dr. and Mrs. McMurray will be at home in Utica, Kansas, after November 1st.

Wilson-Schaeffer

On November 9th at 5 p. m., Miss Marion Wilson of Des Moines, was united in marriage to Dr. James R. Schaeffer of Jef- ferson, Iowa. The wedding was a double ring ceremony and took place in the Cottage Grove Presbyterian Church, with the Rev. J. T. Moody officiating.

The bride was attended by Miss Lois Kaiser, and the groom by his brother, W. Frank Schae- ffer. Miss Beatrice Fletcher sang the nuptial "Love You Truly" and "Oh, Promise Me.

The members of the Chi Om- ega sorority and the Phi Sigma Gamma fraternity, of which the bride and groom are members, attended in a body.

Dr. Schaeffer graduated from Still College in January, 1929, and will complete his internes- hip at Des Moines General Hos- pital in February.

We wish the newlyweds all the health, happiness and wealth in the world.

Assembly, October 31

In the absence of both Dr. Halladay and Marion Crawford, the band had some difficulty in getting things well underway. Mr. Lindbloom introduced Mr. Fred Friel, of the Junior Chamber of Commerce, who extended an invitation to all students to attend the game. The Junior Chamber of Commerce is backing the contest.

Dr. Beverage, in charge of to- day's program, next presented the speaker of the morning, who was Dr. Ray Kale, one of our own alumnus, who is now prac- ticing in Des Moines. Dr. Kale gave a very interesting paper on some of the things that a young practitioner meets with in prac- tice. He also urged the men who will soon get out in practice, to stay in the big job that we have in educating the public to Os- teopathy.

The doctor's talk was indeed to be congratulated upon their determination and I am sure that the student body as a whole, appreciates their efforts. We hope that those musicians, whom we also, will eventu- ally find their way back and take part in our Friday morning pro- grams, and that all, both of us and others, who are glad to hear from the younger members of the profes- sion and hope that they may have a place in this assembly.

Stick to the truth and you won't be stuck for an answer.

Yes, It Made Her Thin

She was only 30, a little tall, a beautiful girl, manner and face, but her weight was 180 pounds. About this time, a craze to get thin crazily struck her little group. Ordinary measures seemed too slow. A neighbor gave her a certain kind of tea. It was purchased and soon pounds began to drop. That boyish figure with severe straight lines would soon be hers.

To help it along she ate spar- ringly, too, of course, and on the scales showed 150 pounds, then 140, 125, 120—wonderful! She began to lose energy and forebodings of recent recommen- dations come from unexpected sources.

Tom Kane, New York ferry-boat deckhand, has given trans- fusion of blood 111 times in 15 years and announces in Liberty Magazine that he sometimes eats as many as 24 big Bermuda grief-producers in as many hours. He once granted three blood transfusions in one day, and says that he ate onions by the carload last week. He at- tributes his health to a diet of red corpuscles to this delectable, smelly vegetable. At all events it has acquired new dignity. It may have had to sneak into the soup or hide in the stuffing in order to enter good society. It may have had to neutralize the worst taste of things to be accepted in business. And now, the onion is as well known as it was the clandestine friend of the by-stander, who were, from time immemorial, warned by some of her friends who began to tell her how badly she looked. More than that, all sorts of bad feelings and symp- toms.

The onion is not as un- happy as it seems from the quan- tity of tears it causes people to shed. In spite of this apparent disadvantage, its recommenda- tions have come from unexpect- ed sources.

The Onion

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An Appeal for a Square Deal
(Continued from Last Issue)
Osteopathic colleges are doing more and more post-mortem work every year. Our colleges are noted for the efficiency of their dissection rooms. Reputable medical men who have seen the work we are doing along this line are unanimous in their praise of our work. School of therapeutics of any kind has ever been known to do better dissection work than our medical colleges. There is at all times an abundance of material. As this is being written the Kirkeville College of Osteopathy and Surgery has dissection material school twice the size for the one on hand sufficient to conduct the work every year. Every effort is made to provide proper instruction in operative technique and cadaver surgery. Frogs, cats, rabbits and guinea pigs are used in the courses in physiology and bacteriology. Special laboratories are provided for Roentgen rays, basal metabolism, embryologic models, stereopticons, anatomical charts and painting.

All osteopathic colleges publish a list of students and graduates. The course of instruction is four years long, taking six or nine months each year. As stated in this medical periodical, it is practically true that the osteopathic colleges are not measured on the basis of hours of instruction, but it does appear strange that this fact should not be stressed even more. The importance of these matters is not in the earlier part of the report and close by saying that the reliability of education is not in the hours but in the subject matter. The question is further begged by the assertion that there is still a question of whether or not osteopathic therapies are based on the work done in the laboratory. There is still a question of whether or not the medical profession to investigate with an open mind the results secured by the thousands of osteopathic physicians in active practice.

Regarding the question of what an osteopathic physician should be allowed to practice, would it not be better to allow him to practice what he is taught in college and in those subjects in which he is examined by the osteopathic or medical boards before he receives his license? Should an osteopathic physician who has been licensed by the State and who has shown the same qualifications for practicing as those of other schools of practice be restricted by limited privileges simply because his medical college is not one of the State's recognized institutions? Is the public welfare of any account? Must this continual struggle between the osteopathic schools of other colleges continue to bob up at every legislative session? After all, the only question is whether the osteopathic physician capable of carrying on a practice with unlimited privileges? Does his training and the character of the required State Board examination qualify him to practice his profession without constant interference regardless of the dominant school of practice? We believe that the osteopathic physician is so qualified. We are aware that there are ethical groups in both the osteopathic and medical professions who can join forces on these standards and the protection of society against the unqualified of every school if both will suppress their more selfish minorities. Why continue to press a conflict which no longer has a reasonable ground for existence, may call attention to the bill recently passed by both houses of Congress and signed by Mr. Coolidge before he left the White House. The paragraph relating to osteopathy reads:

"The degrees Doctor of Medicine and Doctor of Osteopathy shall be accorded the same rights, privileges and immunities under regulational laws." Surely, equal qualifications and training should command equal rights and privileges.

Plainfield, N. J.

Laboratory Service
(Continued from page 1)

The methods used in our laboratories are standard. Our work is so systematic that the number of analyses every day without slighting any of it in the least. A large water bath accommodates fifty qualitative sugar determinations at one time. A special desk with a built-in light accommodates a microscope and accessories which facilitates the microscopic work.

In order to maintain our normal standards, it was necessary to extend the work of the laboratories. Mail orders for analyses continued to come in from physicians who never return them, constitutes our major financial losses. Analysts work week days and in the post office used to send the mailing cases to the physician. In order to remedy these conditions we have instituted a "mail order" system which is both practical and convenient, not only for our clients but for those who use its service as well.

Those wishing to avail themselves of our usual urine analysis service must to drop us a postal card or write us a letter asking for a set of mailing cases. We will parcel post six, twelve, eighteen, or twenty-four mailing cases at twenty-five cent apiece. Our rates are as follows: cash, $6.00 per box; six, twelve, eighteen, or twenty-four urines are payable in advance. A thousand when all mailings will be sent C. O. D.

This system of paying in advance for a number of analyses does away with the inconvenience of placing loose change in the mailing case each time a specimen is sent to us.

The Osteopathic Special Enroute Seattle
(Continued from page 1)

Du Chien, Wisconsin, and extending up the river as far as Carver and many other explorers. The Flathead, Kootenai and Colville, allies. Just before reaching Prairie Du Chien, the rails cross the beautiful Wisconsin River, then traveled of the ways by which the first explorers descended from the Great Lakes to the Mississippi, Marion, and Joliet, Radison and Groselier, Father Hennepin and Jonathan Carver and many other explorers and traders came this way to high adventure on the Mississippi, the Missouri and the Red River valley, through the Lake of the Woods and the Red River valley, through the Mouse and Upper Missouri River country, Glacier National Park, the Blackfeet and down the Flathead, Kootenail and Columbia Rivers.

JAMES W. FRASER
Transportation Chairman.

Does Smoking Harm?

A British physician is quoted as saying, "The harmful ingredients of tobacco smoke are nicotine, carbon monoxide and pyridin and of tobacco." Pyridin is produced by the smoldering or burning of cigarette paper, cigarette wrappers and the cigarette sere eyes, are the result of pyridin.

When men sit in a room and smoke away like a volcano they will pick up a dangerous dose of carbon monoxide, but the man who smokes an cigar, especially in the open air, gets very little of this poisonous chemical. Those who inhale get more.

If one must smoke, the safest way is to "draw the volatile matter through hot, wet tobacco.""
Christmas Vacation Dec. 19th to Jan. 5th

The annual mid-year pilgrimage to Ohio and other parts of the United States, will get under way December 19, 1930.

A bigger and better trip than ever before is planned by many and we sincerely hope that all students who spend Christmas at home, as well as other places, will take on the Christmas spirit and pass it on to their friends.

We envy our fellow students who will be privileged to spend the Christmas season with friends and relatives at home, and are inclined to believe that they will temporarily forget the subject of diet when they get back to Mother's cooking once again.

However, we anticipate that many will be glad to get back to school January 5, so that they will be able to rest and recuperate after a very extensive social schedule, which we are informed that some have already planned.

Just as a reminder, let us remember that no matter how high the grades nor how few the absences, if we stretch either end of the Christmas vacation, no excuses are given from the final examinations which will take place in a few weeks after school reopens on January 5, 1931.

STILL SQUARE OF SQUARE & COMPASS
CELEBRATE THIRD ANNIVERSARY

GOVERNOR JOHN HAMMILL AND MAYOR PARKER L. CROUCH PRINCIPAL SPEAKERS

On Thursday, December 4, 1930, at the Shrine Temple, Still Square of Square and Compass celebrated its third anniversary. There has been a Masonic Club at Still College for the last twelve years, but three years ago the local Masonic Club became affiliated with Square and Compass. Square and Compass is a national collegiate Masonic fraternity with some sixty-seven chapters in the various colleges and universities throughout the country.

Still College is the only osteopathic college to have a chapter of this fraternity.

Master Masons from Drake University and the old Des Moines University were invited to the meeting, which was opened by an address of welcome by Maurice J. Schwartz, president. He then opened the chair over to Dr. H. V. Halladay, faculty member of Square and Compass, who introduced (Continued on page 4)

A Holiday Message from The Student Laboratory

It is our hope that every reader of The Log Book will read this holiday message from beginning to end. It contains a message for every one.

At this time we wish to pledge to give bigger and better service than ever before. It is our hope that we will be able to extend our services from the limited field of special analyses to a more extended field of laboratory work. The life of this laboratory depends upon your patronage.

Many osteopathic physicians seem to labor under the impression that our services are open only to those who have graduated from Des Moines Still College of Osteopathy. This is not so — our service is maintained, at cost, for every osteopathic physician, regardless of what institution served as his or her alma mater. Any physician who needs our co-operation on any matter will certainly receive it.

(Continued on page 3)

Date Set for Iowa Board

The dates for the next examination by the Iowa State Board of Osteopathic Examiners have been set for January 26th, 27th and 28th.

Address all communications relative to this examination, to Dr. H. E. Hannan, Suite 202, B. & H. Bldg., Perry, Iowa.

Dr. Schwartz Speaks in Michigan

On November 21, 22 and 23, Dr. J. P. Schwartz spoke at four of the district conventions in Michigan.

The following cities were host to the various district conventions: Detroit, Flint, Battle Creek, and Lapeer.

On this extensive speaking program, during which the doctor talked in four different cities in three days, the keynote was “Fractures and Treatment of Same.”

During Dr. Schwartz’s absence, Dr. James E. Gray of Newton, Iowa, took over the class in surgery and presented some very interesting work upon the foot.
DELTA OMEGA
Delta Omega entertained their pledges at a banquet held at Younkers Tearoom the evening of November 5th. After the banquet, a pledge ceremony and short business meeting was held. The alumnae of the sorority was organized. Dr. Grace Abolt was elected president and Dr. Fern Woods, secretary.

The actives were entertained December 13th with a dinner party at the President and at "Thele Charlie's" by the pledges. Everyone had a wonderful time.

Have you noticed the pretty red tables that are being added here?

Believe it or not—Norma carried the initials of a certain young man around for a week. Rachel is in the navy—she seems to be tattooed up.

I've had a grand Thanksgiving at home. I gained about ten pounds.

Two of our alumnae have been hired at the South District Osteopathic Association. Dr. Mary Golden was elected secretary and Dr. Grace Abolt, vice president.

The actives and pledges were entertained by the alumnae and associate members on November 25th, at the home of Mrs. J. F. Schwartz, with a dinner and bridge party.

A mock initiation was held at VI's apartment. The actives had a grand time. You should worry about the pledges.

We wish Mildred Trimble in La Grande, Oregon. Dr. Allan Nelson, who graduated from the University of Nebraska, is now in charge of the program this morning and presented Rev. Thomas also gave some very good advice on business facts, without which one's income and not buying

The quartette sang several numbers which were very well done and enjoyed by all, and which brought happy thoughts to many of us of years spent in the old family church on the corner.

Rev. Thomas spoke on the topic of "Sure Shots." His outlook, concerning his big key to success, was that nothing ever hits a man that doesn't help him, if it doesn't crush him.

Rev. Thomas also gave some very good advice on business facts, without which one's income and not buying things by paying nothing down and a dollar a week forever.

There are Sure Shots and Plungers. The Sure Shot is the man who invests wisely in a businesslike way. The Plunger is self-explanatory. Now, what are we, Sure Shots or Plungers?

After Rev. Thomas' speech, everyone was very happy with another number. Following this the band played the closing number, a very snappy march.

Anybody seen Schwartz? We have been missing the "Doctor" quite a lot. He's involved in business affairs, or what have you, which calls him from us. Some of us have spent his time shopping in jewelry stores. Lucky girl!

We would like at this time to extend our heartfelt wishes for Merry Christmas and Happy New Year's to everyone, and a pleasant vacation and safe return to all the members.

Assembly. November 21

The program was opened by two fine numbers by the band. Dr. Robert Winkin was in charge of the program this morning and presented Rev. Thomas and the Business Men's Quartette from the Business Men's Tabernacle on the east side of the city.

The quartette sang several numbers which were very well done and enjoyed by all, and which brought happy thoughts to many of us of years spent in the old family church on the corner.

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AROUND OUR MERRY CAMPUS

No Miracles
Patient—"So I have to take ether, do I? How long will it be before I know anything?"
Doctor—"Now, Mr. Simpkins, you know you mustn't expect too much of ether."

He Knew His Tires
Visitor—"Jack, do you know what a waffle is?"

"Sure, it's a pancake with a non-skid tread."

A Good Memory
Father had brought home for dinner, and everybody anything until his small daughter remarked: "Isn't this meat roast beef, dad?

"Yes, why?"

"I thought you said you were going to bring home an old mutton head for dinner?"
A Holiday Message from The Student Laboratory

(Continued from page 1) from our organization if it is at all plausible or possible. We wish to thank the O. A. for the splendid co-operation they have given us in the way of publicity. We also wish to thank Mr. Harry W. Innes, Principal of Glendale, California, for its unselfish co-operation and approval. It is pleasant to receive the splendid co-operation we have from these organizations. We also appreciate the fact that many of the professions have given it. It all adds up to a sum total of splendid encouragement and certainly repays us for the efforts put forth to "put over" and maintain this laboratory. Before ending this paragraph of thanks, it is our very special desire to extend our hearty appreciation to our student assistants, Misses Annette and whole-hearted co-operation we have received from Mrs. Zoe Innes, the supervisor of physical education at the College of Osteopathy. Without her aid, we would have been unable to publish what we have. A large share of our success has been due to her efforts and splendid advice.

It has been through the supreme and unstirring efforts of a few individuals that our organization has come into existence. Stumbling blocks were present for every move we attempted. At this holiday season we feel that it is proper that we offer our gratitude to those whose indifference and scorn proved such a precipice for our endeavors.

Our service is maintained as an offering to the public of the student body of Des Moines Still College of Osteopathy. It is our desire that the osteopathic physician regard this laboratory as his own. It is always open for consultation and we welcome the visits of the men from the field. We invite you all to write us a letter of comment, that we may receive any suggestions that anyone has to offer on improving our service.

Those physicians who wish to use our service may do so by writing us a letter or a card informing us that they will rely upon themselves of our "service at cost" for uranalyses. We will mail six mailing cases C. O. D. $1.50, plus the postage or if preferred, a check for the amount may be enclosed with the request, and we will pay the postage in the mailing cases. The price of the mailing cases includes the cost of the uranalyses.

How to Study

1. Always carry a note book.
2. Write down the lesson assigned for class.
3. Take notes in all classes.
4. Organize your work, selecting important points with sufficient attention. If there is much material, outline it.
5. Give most time to points in which you are weakest.
6. Study beyond the "just enough" point.
7. Use your knowledge as soon as possible.

Memorizing

1. Be sure to understand before you begin to memorize. ago your purpose so that one idea will suggest another.
2. In drill or repetition, distribute the work over several periods, if possible.
3. Learn your material in the way in which you will use it afterward.

Assembly, December 5

We had with us this morning a very fine group of musicians from Lincoln High School, who played an active part in the morning's program.

The band opened assembly by playing the very popular march "On Wisconsin."

The meeting was next turned over to Dr. Mary Golden, who was in charge of the morning's program. Dr. Golden gave a few words of welcome to the group which she presented Mr. Pollard, who directs the Lincoln High School Harmonic Band, and one of the finest groups of young musicians we have ever been privileged to hear.

The Harmonica Band played their part of the program by playing Yankee Doodle, Captain Jinks, The Wreck of Old 97, The Good Old West Side, Side Walks of New York, and several other old favorites.

Mr. Pollard next presented Miss Thersea Leo, who gave some very clever readings, the first of which was, "Mrs. Cohen at the Park, on the Fourth of July."

The second group of numbers played by the Harmonica Band included many of the more recent songs, which were all very well done.

The Lincoln High School Boys' Quartette next presented several beautiful numbers.

The closing group by the Harmonica Band included many numbers which were known by almost all of us, and many joined in locally and enjoyed the harmony immensely.

Marriages

TRIMBLE-BADGER

Of particular interest to former Still College students is the announcement of the marriage of Dr. Robert J. Trindle, Class '28, to Mrs. Zoe J. Innes, Class of Iowa, and please do not remit in stamps, as we already have an over supply.

Dr. Badger chose a formal white gown with a lace veil for her bridal attire, with which she carried a bouquet of bride's roses and sweet peas, Dr. Roy G. Trimble, son of one of the bride, acted as host to the wedding party at a dinner which followed the ceremony.

Mr. Badger, son of Mr. and Mrs. J. Badger of Murray, Iowa, is a graduate of the State University of Iowa and for the past three years has served as principal of the Montezuma High School.

PARKER-CHANCE

G. Bernice Parker and Edward V. Chance were married November 7th at high noon, at the home of Rev. F. W. Mutchler, who officiated. They were attended by Mr. and Mrs. W. H. Campion.

After the ceremony, the wedding breakfast was served at the home of the bride.

Mrs. Chance is secretary and treasurer of the Parker Co., Inc., and Mr. Chance is finishing his sophomore year at Still College in Des Moines.

The happy couple are now back from a trip to Minneapolis, and are living at 1212 Clark Street.

The Office Laboratory

"The Office Laboratory" a booklet compiled by Zoe A. Innes, which appeared in The Log Book in serial form during the early months of 1928, is for sale at a nominal sum.

This pamphlet, which is paper bound, contains a store of information which will be a great help, especially to the osteopathic practitioner.

This very useful little booklet is sold at fifty cents per copy. Address your replies to Mrs. Innes at the Victoria Hotel, Des Moines, Iowa, and do not remit in stamps, as we already have an over supply.
See the end of the article...
President of A. O. A. Visits School

On Thursday, Dec. 11, 1930, Dr. Warren B. Davis of Long Island, President of the A. O. A., visited the school.

During the morning the doctor visited several classes, and at eleven o'clock a special assembly was held at which he was the principal speaker.

In the early afternoon, Dr. Davis gave an hour of his time in demonstrating technique to the upper classmen.

In the evening a banquet was held at Younkers Tenroom in his honor and many of the outstanding practitioners of the city and state were present.

A fine dinner was served, after which a number of brief after-dinner talks were made, with D. H. V. Halladay acting as toastsmaster.

Dr. C. W. Johnson expressed his appreciation to the goodness of number of students who were there for the purpose of and invited members to visit the school at any time.

Dr. Johnson, president of the Iowa Osteopathic Association, took up briefly the legal problems as they now stand in Iowa. Dr. Warren Davis, president of the A. O. A., gave a very interesting speech, during which he brought out the many advantages of being a member of the State and National Association.

Dr. J. P. Schwartz, who was the final speaker, expressed his appreciation to Dr. Davis for his fine message to the group, and was also generous with his praises of our own student body.

Practice For Sale


Price reasonable, if taken at once. Anyone interested in this good location in town, please write Editor of Log Book for further particulars.

Passes Ohio Board

Word has recently been received that Dr. Joseph P. Conti, who graduated in the May class of 1920, successfully passed the Ohio Board, given in December.

Dr. Conti has not as yet located, but is looking over a very good location in one of Ohio's most noted industrial centers.

NEW MEMBER OF FACULTY

It is with distinct pleasure that Des Moines Still College of Osteopathy announces the addition of Dr. J. L. Schwartz to its faculty as head of the department of Proctology. Continuing its policy as "A Faculty of Specialization," osteopaths feel that this department will be no exception. The advances made in the last few years in the treatment of rectal diseases, particularly majoring on office or so called ambulatory treatment, have been far reaching. Proctology as taught today has become an important subject in the Osteopathic curriculum, likewise one of the few available specialties for the general practitioner. Appreciation of the wide-spectrum of popularity and demand for a strong department in this field, Des Moines Still College is now assured of another specialist, efficient in didactic teaching and rich in experience.

Dr. J. L. Schwartz has been in the practice of Osteopathy for eleven years. He is a graduate of the American School of Osteopathy and post-graduate of Des Moines Still College. Following his post-graduate work, Dr. Schwartz was in general practice for a number of years. He then became associated with the Taylor Clinic and Des Moines General Hospital and as assistant in surgery to Dr. S. L. Taylor for two years, Dr. Schwartz received his major surgical license after passing the Iowa Surgical Board in 1925. It was at this time that Schwartz began the specialty of Proctology. His special training in this field includes Dr. Blanchard's course at Springfield, Ohio, a summer's post-graduate study in London, Vienna, Berlin, and several short courses in Chicago and New York City. He has conducted a successful private practice in Des Moines for a number of years and at the present time confines his work almost entirely to diseases of the rectum and anus.

We feel that the acquisition of Dr. J. L. Schwartz to the faculty of Des Moines Still College of Osteopathy is another step in the establishment of a complete scientific course in Osteopathy. Here also, as in all other departments in this college, the clinical side as taught by one experienced in practice, continues paramount.

Dates for State Boards

Iowa

The dates for the next examinations by Iowa State Board of Osteopathic Examiners, have been set for Feb. 6, 27 and 28. Address all communications relative to this examination, to Dr. D. E. Hannan, Suite 202, B. & M. Building, Perry, Iowa.

South Dakota

The dates for the next examination of the South Dakota Board of Osteopathic Examiners, have been set for February 4th and 5th, 1931. Address all communications relative to this examination to the Secretary of the Board, C. Rebekka Nutter, 124 S. Phillips Ave., Sioux Falls, South Dakota.
DELTA OMEGA
(Gen and VI)
Delta started the holidays off with a joint dance and lunch with the Atlas Club. It was the best party of the year that I ever had. I'm sure everyone had the most enjoyable time.
Some of us could use more sleep—but school would have to start. So we're all back and hard at work.
Vi went home and had the time of her life—just eating, sleeping and growing fat.
Rachel and her mother had a grand trip thru some of the Eastern states.
Norma stayed at home, but reports a wow of a time, just the same.
Believe it or not—Gen studied for State Board the first part of vacation and spent the last part at my old trade?

IOTA TAU SIGMA
(J. E. Obenaue)
We wish to announce the planting of Mr. Joe Mattson, of Des Moines, Iowa. Joe is enrolled in the sophomore class, and is well known thruout the social circle as a clever enter-tainer and a popular student.
The Christmas spirit prevailed in the decorations for our final dance of the year 1930. A mam-moth fir tree, decorated to the highest boughs, artistically ar- ranged crepe paper, as well as the well known holly wreaths, Christmas bells and darkened lights, greeted the eyes of those present. Everyone had exceptionally good time. Numbering among our guest chaperones were, Dr. and Mrs. R. L. Cash, Dr. and Mrs. G. E. Doughty, Dr. and Mrs. V. A. Ewing, and Drs. MacFarlane and Rhode.
During the two weeks of sol-diership from the portals of knowledge, many of the Bros. returned to their respective homes, where the well known corps of home guards entertained the visiting alumni. Dr. and Mrs. Jagnow, Mr. and Mrs. C. H. Everett, Drs. and Mrs. Pim, Dr. and Mrs. W. I. King, Dr. and Mrs. C. H. Warland, and Drs. and Mrs. V. A. Ewing, and Mrs. MacFarlane and Rhode.
Mr. and Mrs. J. W. Waterson of Elgin, Illinois, announce the marriage of their daughter, Dorothy, to Dr. Wm. R. Mar-low and Miss Dorothy Waterson in their recent marriage. We wish them much happiness and prosperity in their endeavor.

PHI SIGMA GAMMA
(R. F. Allen)
The fraternity extends its con-dolences to Bro. Ledyow Wid-ner, whose mother passed away on December 17th.
After a lapse of two years, we are again enjoying the fellow-ship of beaming faces that sur-round us once again, that they were enjoyed to the utmost. With the exception of the few who stayed in Des Moines and kept the home fires burning, Harry Taylor will be missed, as a fact that the cord of wood he bought for the fireplace, completely disappeared. Everyone put on a few pounds of weight on home cooking.

Fraternal Notes
ATLAS CLUB
(Kenneth Moore)
The Christmas holidays have once again passed into oblivion and we know that many of the Juniors also expect to take it. Here's luck to them! It was a big relief to see the house all spic and span after the holidays, thanks to Bro. and Mrs. Madison, who made their home here over Xmas.

Delta Omega Chapters
The fraternity extends its congratulations to Dr. W. R. Mar-low and Miss Dorothy Waterson in their recent marriage. We wish them much happiness and prosperity in their endeavor.

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The Log Book

The Official Publication of...

DES MOINES STILL COLLEGE OF OSTEOPATHY

President C. W. Johnson

Faculty Advisor H. V. Halladay

Editor R. K. Homan

Osteopathy Without Limitation

Dr. K. K. Smith Dies Suddenly

Dr. Karl K. Smith, fifty-four years of age, and for thirty-two years a practicing osteopath in Fort Dodge, Iowa, died Sunday, December 23, following an attack of heart trouble. Dr. Smith was taken ill shortly after midnight Sunday and at first responded to treatment, resting easily. But a second attack came on with such intensity that death resulted.

In the years in which he lived in Fort Dodge, Dr. Smith, in the practice of osteopathy in which he was very successful, came in contact with hundreds of people, and he was exasperating to say that his patients all looked upon him as their friend.

Dr. Smith was a man of the unpretentious, he gave unstinting service and because of his genial, optimistic outlook on life and a lively sense of humor, his visits were regarded as a real benefit and over and above the treatments.

Mrs. Innes to Leave D. M. S. C. O.

Mrs. Innes, who more popularly is known as "Vera Dragon from the Dungeon", has been a friend indeed when a friend was in need.

We who have been under her firm and efficient tutorage, have learned to appreciate her fine character, which has gained the very highest respect of all who knew her.

It is with regret that we learn that Mrs. Innes’ connections with Still College have been severed.

In the interest of the college and of the osteopathic profession, we sincerely wish the best wishes of the entire student body of Des Moines Still College.

Assembly, December 19

(Sigma Sigma Phi)

The last assembly of 1936, in charge of Sigma Sigma Phi, was opened by a march played by the band.

The second number was a $25.00 number, dedicated to all the members back home and was none other than “I'll Always Be In Love With You.”

The third number, “Beautiful Love” featured our xylaphonist, Jud Koch, and was dedicated to Miss Ava Johnson.

As this morning’s program was opened to old friends, Dr. H. E. Johnson of Chicago, Dr. H. F. Schwartz, dean of the school, and Dr. George Still, dean of the school, and activities of Dr. Geo. Still, whom by the way, was at the time of his graduation, the youngest student ever to graduate from Drake University.

After graduating from Drake, he went to Northwestern University, where he received a degree in medicine, as well as a master’s degree in science.

He is Dr. George Still who associated osteopathy and surgery, as he had studied surgery at Northwestern under one of the greatest surgeons of all time—Dr. Murphy of Chicago.

Dr. George in his day was considered one of the real (HE) men of the profession and was one of the keest men we have ever had.

He traveled extensively, attending many of the European clinics and collecting many of the best books of Europe.

As Dr. J. F. Schwartz was a student of Dr. George, he was able to give many first hand experiences which were indeed of great interest to all present.

After Dr. Schwartz’ short lecture, Dr. H. V. Halladay gave another summary of the life of Dr. A. T. Still.

In closing the speaking program, Dr. Johnson gave a few well-chosen remarks advising the students to temporarily lay aside all text books and take a few minutes and consider the great men of our profession—Dr. Still, who started it all, the great man of our profession. After Dr. Schwartz’ short talk, we were ready for six months of good hard work.

The band closed the program with the good old march, “The National Emblem.”

Students Banqueted at Niles, Ohio

The Mahoning Valley Osteopathic Association held its annual meeting in the Delf Tera room at Niles, Ohio, on Tuesday evening, December 20, 1936, for the purpose of banqueting the osteopathic students of Ohio. The band closed the program with the good old march, “The National Emblem.”

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Births

Born on Dec. 15, to Mr. and Mrs. E. C. Berzock, a son, Buck, Jr., who weighed 9½ pounds.

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The students in attendance, were: Charles Naylor, Winston Lawrence, and Paul Griffith, all of Still College; and Thomas Ryan from Kirkville, and Russel Beck from Philadelphia.

There were sixteen prospective students present.

The Osteopathic Special Enroute to Seattle

Members of the American Osteopathic Association, special train party, leaving Chicago on the night of July 29th, next, will awaken the following morning to find themselves riding swiftly and comfortably through a charming, peaceful agricultural region, a land of fertile prairies, with beautiful waving grain, interspersed by comfortable farm homes and great dairy barns, with occasional clean and prosperous cities along the way. This is the valley of the Red River of the North. Throughout the day, the train will traverse this rich section and the plains of North Dakota.

The first evidence of white men on Red River is in 1734, when the great French explorer La Verendryes explored a few scattered fur trading posts among the Indians. It was not until 1788, more than half a century later, David Thompson, the great English geographer, charted and surveyed the region for the group of Scotch-Canadian traders who were associated under the name of the North-West Fur Company. From the time of the coming of the first white explorers and traders, until near the middle of the nineteenth century, the history of the Red River Valley, Northwestern Minnesota and Dakota, is the history of the fur trade—a thrilling story of intense rivalry between the forces of the Northwest Company and the Hudson Bay Company, which culminated in the merger of the two companies in 1821. During all these years the river bottom yielded rich returns in beaver pelts and the plains buffalo gave up their rich brown robes by the hundreds of thousands.

The first attempts at agriculture in the valley were made by Scotch settlers who came by way of Hudson Bay, the Nelson River and Lake Winnepeg. The first of these was a reform idealist, Thomas Douglas, Earl of Selkirk. The story of the long years of strife and suffering, the failures and successes of those hardy people who brought civilization to a remote wilderness, is one of the most fascinating and romantic pages of history—heroic epics in the history of the world. Agriculture brought permanent settlement to the region.

(Continued on page 4)
need for regular communication and transportation routes.

When the boundary between the United States and Canada across the Red River Valley was established in 1821, it brought some of the early Scotch settlers and many of the French half-breeds who settled on the American side of the line and when the military post of Fort Snelling was established at the confluence of the St. Peter and Mississippi Rivers in 1819-21, civilization approached the Red River country from a southerly direction. For many years, seed wheat, crude agricultural implements, trade goods, and settlers, with all their belongings, were hauled across the Red River country from the head of navigation by train of slow-going oxcarts.

One of the most active in the transportation industry during the years just preceding the coming of the railroad was James J. Hill. Mr. Hill foresaw in his journeys through the Red River Valley, the possibilities of this future agricultural empire. With the coming of steam transportation to Minnesota, his vision was realized and the nucleus of the present 8,600 mile system known as the Great Northern Railway. That the railway lines started out of St. Paul in the early 60's not only reached their objective in the Red River Valley, but were pushed out to span the plains of the Dakotas and Montana, to cross the mountain ranges of the Rocky Mountains, to reach the waters of the Pacific Ocean. Hill foresaw this vision, at rates to suit all pockets.

Except for an occasional monument commemorating the achievements of early explorers, the section of the Northwest through which the Osteopathic Special will travel on July 30th, presents a picturesque country not reminiscent of a past rich in legendary lore and historic tradition. It is a land of contrasts in scenery but the modern well-kept cities, prosperous farm homes and seemingly endless fields of crops, contrast with the征集 of warfare between tribes of stoneage savages, the strife of rival companies of traders, or the hardships endured by the pioneer settlers.

With pride in the heroic achievements of those who discovered and tamed the North-west and in its own heritage, the Great Northern Railway has prepared a series of historical booklets which outline in an extremely interesting manner the development of the territory traversed by its modern trains from the earliest explorations until the coming of the railroads. Members of the American Osteopathic Association who are interested in the traditions of the Historic Northwest Adventure are invited to be more of the agricultural, industrial and recreations possibilities of the country, may have these booklets for the asking. JAMES M. FRASER.

More About the West Coast Trip

Each of Uncle Sam's Government Parks is as individual as a pane of glass, a peony or a point of the compass, perfectly and strikingly dissimilar and like all great natural beauties—wholly beyond description.

It is hoped every one coming to the Pacific Coast in 1931, will see at least three or more of these government parks. Yellowstone Park, Glacier National Park, Mt. Ranier and another further south.

No matter what route is followed in coming and returning, the trip should include the territory between the Canadian line and the Mexican boundary—Oregon and California, as well as Washington.

Inevitably one uses superlatives when speaking of anything in California, where so many glorious things are found and where such superb programs are made and carried out for all ages of people.

Every citizen of this country owes it to himself to spend at least three weeks in that golden state, and to do so without haphazard. An ideal trip is up from Los Angeles, entering Yosemite Valley after a drive through the thousand of acres of Del Monte fruit farms, to the oldest living things in the world, the big redwood groves, enjoying all the indescribable beauty of the floor of the Yosemite Valley, then on to Tjosa Pass, almost two miles high.

The Lavington Canyon, one of the greatest pieces of road construction, to Lake Tahoe, then across to Sacramento and up thru Oregon, stopping among other places at another Government Park—Glacier National Park—which beggars description. Large groups of skilled men are working daily in the summertime on the roads in these parks, keeping them constantly in perfect condition. Big, luxurious open-air coaches carry cushioned individual seats, are in the palatial busses that take one through these parks, with seasoned, trained, licensed, experienced, skilled drivers at the wheels.

Every foot of the roads from the Canadian line to the Mexican boundary is often so paved, wide, and undulating, never steep grades—just one heavenly dream of joy to travel in which Paul F. Bell, editor, etc., is for sale at intriguing little markets in front of the easy farm houses, at short intervals all along the highway.

Food of every sort, just fresh from the orchard and garden, with honey, milk, butters, cheese, etc., is available for attracting little markets in front of the easy farm houses, at short intervals all along the highway.

Skilled mechanics are to be found at nearby garages. "Mo- hawk Hobbs Grade School Gulden" published by the Mohawk Rubber Co., Akron, Ohio, gives every known fact and possibly desired information about the Santa Fe Trail, Lincoln Highway, Yellowstone Trail, and Pacific Highway. This book has had for twenty cents per book, and a thorough study of them, will enable one to determine the routes which one prefers to drive in each direction.

These booklets tell too, the names of the hotels which provide the most enticing foods and the best beds; that provide superb service for the driving public, at surprisingly reasonable rates.

Every need, desire, comfort, and convenience have been anticipated and given adequate provision, at rates to suit all purses.

Booklets about each of Uncle Sam's Parks may be had for the asking—just write Washington, D. C. With these auto road books, the park bulletins and the literature from each of the transcontinental railroads—one can know accurately, plan definitely, and get infinitely more out of this trip than if going at haphazard.

With the help of one's writing, and they are very few—wonder about the roads, hence these booklets.

As proof that the public are appreciative of all this—one Sunday in August, 1930, more than 10,000 automobiles were at Mt. Ranier—by official count and registry.

ROBERT WIMER-FORD, Chairman Pre and Post Convention Tours.

Notice!

George W. Fair is not now, or has ever been since Jan., 1929 a student at Des Moines Still College.

All present address is unknown and the College assumes no responsibility in regards to correspondence directed to him in regards to his activities.

BOARD OF TRUSTEES,
By H. V. H.

Anything that is well done appears easy to do.

The program was opened by a number by the band.

An announcement was made by Nick Gill concerning the Year Book.

Miss Johnson, in charge of the morning's program, presented Dr. Don Hawkins, professor of psychology at the University of Montana.

Dr. Hawkins, who by the way is one of the finest public speakers we have ever had in assembly, spent a few minutes in telling a few interesting and practical stories.

After a few of these fine stories, Dr. Hawkins devoted about half an hour in giving some of the experiences he has had in his varied travels.

This talk was indeed a treat and very much enjoyed by all who heard it.

Dates For State Boards

(Continued from page 1)

West Virginia

The next meeting of the West Virginia State Board of Osteopathy will be held at the offices of Dr. George W. Fair, 211 Broad St., Charleston, W. Va., on May 18th, 1931.

Applications will be examined in the following subjects: Chemistry and Medical Jurisprudence, Anatomy and Embryology, Physiology, Histology and Pathology, Diagnostic (Physical and Laboratory), Bacteriology and Hygiene, Obstetrics and Gynecology, Surgery, Principles and Practice of Osteopathy.

Applications should be filed with the Board at least one week prior to date of Board Meeting.

Applicants for reciprocity must have been engaged in practice for at least one year in the State in which license was granted by examination; and they must have met legal requirements equal to the requirements in force in West Virginia at the time of such license.

Application blanks may be secured by writing the Secretary, G. E. M. Morris, O. D., 541-542 Empire Bank Bldg., Clarksburg, West Virginia.

Holiday Visitors At College

Dr. A. A. Hull, Belle Plaine, Ia.; Dr. Hugh Crawford, Dyersville, Ia.; Dr. J. U. Smith, Tama, Ia.; Dr. A. M. Blakely, Toronto, Ontario, Canada.
Mid-Year Class Graduated January 22

On the evening of January 22, 1931, thirteen men and one woman graduated from Des Moines Still College of Osteopathy.

Graduating exercises were held at the Hoyt Sherman Auditorium. The procession was led by the faculty and students, and the service was conducted by Rabbi L. Young. Several vocal selections were rendered by the choir, accompanied at the piano by Mabel Moss Madden.

The graduating address was presented by Rabbi Eugene Mammel, President of Des Moines. He addressed the graduating class, and the address was followed by the presentation of the degrees by Dr. Wm. J. Young, Dean of the college.

Senior Day

The morning's program was opened in the usual manner by the band. The second number, "Still College Days," was played at a march, during which the graduating class took their places on the platform.

The next entertainer on the program was Dr. J. W. Young, who read the announcement of the new graduating class. The band then played "The Borders of the Far Off Country," and "Kitten On The Keys," composed by Mabel P. Madden.

Mr. J. S. Schwartz, manager of the Stillonian, next made an announcement concerning the year book, which is to be published this year, and asked that the students get behind this project and help to make it a success.

Dr. Halladay next called upon our old friend, who has been with us for many years, Dr. Samuel Foman of Chicago. Dr. Foman plans to begin his review course Monday, Jan. 19. The meeting was next turned over to Burns Scott, president, for the announcement of the event.

Notice

Dr. Carl B. Gepart announced that Dr. Ralph R. Lang will be associated with him in the general practice of osteopathy.

Prop. C. IRA GORDON

S. C. Smith presented the address on the profession, which was followed by the invocation of Rabbi Mannheimer, who then presented the graduating address.

The evening's program was opened by the band, who gave us some very fine piano music, playing a number of popular tunes, which included "Kitten On The Keys" and "Bill One Two Three". The latter being a novelty number which was greatly enjoyed by everyone.

Mr. M. J. Schwartz, manager of the Stillonian, next made an announcement concerning the year book, which is to be published this year, and asked that the students get behind this project and help to make it a success.

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DELTA OMEGA
(By Vi)

Delta Omega wants to welcome back Dr. Margaret Dennis, to our college.

The sorority seems to have lost its pep since our old "stand-by" was left. We hope she comes and visits us often.

Huh! We see a big and noticeable change took place in one of the laboratories. What could have caused the change, Norma?

You didn't know it, but the Y. W. C. A. has changed for the better, I tell you. The old Dillet College has moved there. Rachel and Mary have lived there for some time, but just recently Vi parked herself there, too.

Due to loss of our president, Genevieve Stoddard, by honorable discharge—graduation—an election of officers was in order, and the following members were appointed: President, Viola K. Johnson; Secretary, Norma Abolt; Treasurer, Rachel Hodge.

PHI SIGMA GAMMA
(R. F. Allen)

Delta chapter takes great pleasure in announcing the pledging of Otto K. Taley, of Menasha, Wisconsin, Les E. Davis, of Pawhuska, Oklahoma, Delbert Johnson, of Fargo, North Dakota, and Bernard Howell, of Story City, Iowa. We are also glad to have Harry Cloyd and Bob Sears at the house again.

After an absence of several years, Bro. Wm. Roese, of Martin's Ferry, Ohio, has returned to complete his work at school. Welcome back, Bill!

The fraternity extends best wishes for success to Drs. Scott, Ripley, and Loftus, who graduated January 22d.

Great interest is being taken in the coming bridge and bowling tournaments. The pin-and-putts are spending all spare time on the "alleys" and tables.

Dick Reeves has been turning the "long ball" for sure, and is looking for a rat to perform his new method of Caesarian section upon anyone in the house again. After the smoke of the tournaments all the way, and we great enthusiasm by all the fellows interested in these activities.

Fraternity and profession.

All of us benefitted by "Virg's" talk at the house Monday evening. We hope they will drop us and Dick Combs. We wish these grad:ers: Kenney Ward, "Joe" Wynn, Elizabeth Stewart, of Des Moines, is well known for his Caesarian section technique from those who know.

Our semi-annual Senior Banquet was held at Younker's Tea Room, the 19th of January. Dr. J. P. Schwartz, acting in the capacity of toastmaster, paid a fine tribute to the graduating brothers. Ronn Kulka has acquired a reputation the loving cups offered the winners. He found he was in the wrong place.

The fraternity and profession.

Room, the 19th of January. Dr. J. P. Schwartz, acting in the capacity of toastmaster, paid a fine tribute to the graduating brothers.

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The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President --------. ... and we went through
a tunnel, I kissed the father in-
stead of the daughter!

Assembly, January 30

The band opened the first as-
sembly of this semester with
that very popular tune, "Betty
Co-Ed."

This being the first assembly
of the semester, the faculty was
presented to the new stu-
dents, but many of the faculty
members were conspicuous by
their absence.

Dr. Johnson first presented
Dr. Robert Buchan, followed
by Prof. Gordon. Dr. Johnson
next presented our new in-
structor, Dr. Parisi who will
take over a portion of the lab-
atory work.

Miss Ava Johnson then took
up a few minutes in describing the
outstanding characteristics
of the men in the freshman
class.

Dr. J. P. Schwartz next fav-
ered us with some very inter-
esting remarks.

Among our visitors this morn-
ing were Dr. Marion Green of
Sac City, Dr. McFarrland and
Dr. Shaffer from Des Moines
General Hospital, who were
presented by Dr. Halladay fac-
ulty.

The program was brought to
a close by a march played by
the band.

Assembly, February 6th

Assembly was opened in the
usual manner by several fine
numbers played by the band.
An announcement was also
concerning the year book, which
is getting well under way and is
going to be a great success.

Another announcement was
also concerning the bowling
tournament, which got under
way on the following day, February 6.

Since this is the day that the
new men are presented to the
student body, they were asked
to take character cards.

With Dr. Halladay act-
ing as Master of Ceremonies, the
new students were asked to give
their names and home town.

Oh, there are three new stu-
dents from Des Moines who are
taking advantage of going to
school while living with dad and
mother or other relatives.

The program was closed as
usual by a number by the band.

Ohio State Board
Physiology
June, 1929

1. In your opinion why is a
knowledge of electro car-
diography important in the
understanding of the cardiac
function?

2. Is the maximal venicular
pressure fixed or variable?
What is the true function of
the heart?

6. Does the personal equasion
enter into the composition of
tissue? If so, to what extent?

4. Briefly discuss the action of
Pavlov's jaw muscle.

5. What changes take place
in the blood during respiration?
By what agent is coagulation
hastened?

9. If the food of the parent
is deficient in calcium Oxide, is
the embryo deprived of this
nutriment? If so, how in it is
obtained?

10. Give the physiological
reasons for the control of
temperature in certain diseased
conditions.

Name five groups of body
tissues.

Name at least four prin-
cipal skin reflexes. Trace are
described as:

Osteopathy Saves Many Lives," Says Brisbane

Long a defender and advocate
of osteopathy, Arthur Arbabe
was devoting nine paragraphs of
a recent "Today" column to oste-
opathy and its work. In an editorial
published by the Ameri-
can - Journal - Examiner twenty
years ago he wrote:

"Osteopathy is a science, and
a science of the greatest impor-
tance. It cannot entirely replace
medicine; it does not pretend to
do so. It cannot, of course, re-
place or do away with surgery,
and it does not pretend to do so.

But osteopathy cures, has
cured and will cure many dis-
cases. It will save many lives.

There is nothing of the quack
or the transcendental faith heal-
er about the able osteopath.

"When he understands his
profession, it implies that he
understands thoroughly human
anatomy, blood distribution and
the distribution of the nervous
force, the osteopath is the scien-
tific man, valuable to the human
race."

Osteopathy today is a com-
plete science including surgery
and all other specialties, includ-
ing eye, ear, nose and throat,
obstetrics, psychology, diet, ther-
apy, exercise, rest, and in the
last seven years special atten-
tion to feet and everything
that has to do with human
welfare.

The osteopathic physician is
considered the best equipped
and most effective general prac-
titioner by those who know.
For this reason he usually becomes
the family physician.

Clinical Laboratory

It is the purpose of this lab-
atory to aid the student in be-
coming more proficient in urine
analysis, blood counting, stool
analysis, etc., and thereby aid in
making a correct diagnosis of each patient in Still
College.

This work is done under the
supervision of the Director of the Labora-
yes, and there is no extra charge for any
of this work.

One of the regular laboratory
assisting students will be in Room 28
on second floor of the college
building from 3 to 4 P. M. each
day to take the material
needed for analysis.

Another regular laboratory
assistant shall be in the labora-
ory on the first floor of the col-
lege building from 3 to 5 P. M.
each day to supervise the
work of the clinical laboratory.

Baths and Bathing

The latest word reported by
newspapers from France is that
the average baths per individual
there are three per year.

That's better than in some
parts of the world, where little
children are almost sewed up in
to their clothes for the winter.
Even in our present advanced
schools we have seen placards
on walls, "Have you washed
the back of your neck?"

However, in the United States
last year 1,200,000 bath tubes
were sold, breaking all records
for a like period.

Anything good can be over-
done. In the same manner, too
many hot baths. These are often
debilitating, and in certain con-
ditions dangerous. The cool
bath, however, taken each
morning is always stimulating
and helpful to most people.
Cold baths may not be wise in all
cases.

Slightly cool baths are best for
the average; like dieting, it is a
personal matter.

Because something is new or
little known is no reason why it
should be rejected or should not
receive serious consideration.

Births

Born to Mr. and Mrs. William
Bankes, a daughter, Patricia
Ann, on January 31, 1931.
Patricia Ann weighed 7 1/2 lbs.
and she and her mother are
feeling fine.

Mr. Bankes is a junior at Des
Moines Still College.

Location For Sale

An ideal location in Nebraska.
We equipped office and living
quarters, for rent reasonable.
A German community; in large
trade territory; good roads;
next to hospital. In town.
$8,000 to $10,000 yearly.

For further information, ad-
dress Log Book.
### Nebraska State Board
**Anatomy**

1. Describe the development and action of the muscles concerned with mastication.
2. Describe the position and relations of all lymph channels connected with the auxiliary region.
3. Describe the general development, histology, and anatomical relationships of either the liver, pancreas, or a major salivary gland.
4. Describe the pattern of the venous sinuses of the dural mater of the brain, giving important relationships.
5. Give the places of origin, method of development, and total numbers of the various cellular elements found in blood.
6. Describe the development, histology, and position of either the hypophysis (pituitary body) or the suprarenal gland.
8. Describe the histological structure and architecture of any long bone.
9. Discuss the general question of the nature of joint morphology, action and support, using specific examples in illustration.

### Vermont State Board
**Anatomy**

**Answer 10 only.**
1. Describe the colon.
2. Name the anterior femoral muscles. Give origin and insertion.
3. Name bones of pelvis and give articularations.
4. Locate and describe coverings of spinal cord.
5. (a) Name regions of abdomen.
6. (b) What structures lie in right and left lower renal regions?
7. Name bones of upper extremity.
8. Describe pancreas.
10. Describe thoracic duct.
11. Name bones of face.
12. Name branches of abdominal aorta.
13. Name cranial nerves and state function.

### Ohio State Board
**Anatomy**

1. What in your opinion is the value of the knowledge of the anatomy of the orificial nerves to an osteopathic physician?
2. Name the muscles that are attached to the atlas; the ligaments that bind the atlas to the occiput; the carotid, and blood supply and explain the resultant effects in subluxation of the occipito-atlanto axis.
3. What immediate structures are involved in a lesion of the 2nd dorsal vertebra and what organs might be involved by such a lesion? Explain connections and name nerves and blood vessels involved.
4. Explain how osteopathic correction of lesions in great spineचर area may repair ulcer of stomach, giving nerve pathway and functions transferred.
5. Give a full description of the knee joint, naming all the structures that enter into its formation.
6. Describe typical lumbar vertebra and its motions. How do these motions differ from the movements of dorsal vertebra?
7. Describe attachments of 1st rib to vertebral and muscles of the involved in an upward lesion of this bone. (Name nerves and muscles)
8. The muscles extending the leg receive their nerve supply from what nerve?
9. From what spinal nerves is this nerve derived?
10. Give nerve supply of the heart (a) Sympathetic; (b) Parasympathetic; (c) Vagus nerve; the kind of innervation each.

### Ohio Medical Board
**Anatomy**

**June, 1930**

1. Name the principal veins which have no valves.
2. Describe the collateral circulation after the ligation of the brachial artery below the proximal artery.
3. Name the special nerves of taste. What different tastes are recognized by each.
4. Describe the sub-septal fossa. Name muscles have their origin in this?
5. Describe the nasal bones. What bones do they articulate with?

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### Ohio Medical Board
**Anatomy**

**December, 1930**

1. What conditions stimulate secretion of adrenal gland?
2. Outline briefly the effects of such secretion and give advantages or disadvantages to the organism.
3. What is an enzyme? Properties?
4. Name six enzymes and give the function of each.
5. What is an inverting enzyme? A proteolytic enzyme?
6. Describe the essential difference between smooth and striated muscle. Give general location of each.
7. How is rhythmicity in breathing maintained?
8. What is the effect of breathing movements upon venous blood and lymph flow?
9. What are the conditions incidental to heart block?
10. How is the rate of the heart regulated?

### South Dakota State Board
**Anatomy**

**June, 1930**

1. Name enzymes necessary to the thorough digestion of a meal of starch.
2. Define enzyme, hormone, metabolism, catabolism.
3. Give function of the lymnphatics and state how this function may be influenced or varied by Osteopathic treatment.
4. Explain from a physiological standpoint the Osteopathic control of hiccough.
5. Briefly discuss the sympathetic nervous system.
6. Name organs supplied by vagus nerve: the kind of impulse imparted to each organ and how influenced by Osteopathic treatment.
7. Name nerves are involved in pupillary action.
8. Briefly discuss physiology of sympathetic nervous system.
9. State briefly physiological function of supra-renals gland; vas deferens; prostate; parathyroids.
10. How is the mechanism of respiration controlled.

### Ohio Medical Board
**June, 1930**

1. Describe the Pepit gland—make a drawing.
2. Locate the respiratory center.
3. What is Myogenic theory of the heart activity?
4. What experiments have been made to prove the glyco-gen function of the liver?
5. Give Physiological explanation of Sleep, Dreams.
6. What effect does an excessive starch diet produce?
7. State function of Anterior nerve roots. How is the function proven?
8. Describe function of Muscles of respiratory tract.
9. Describe following terms: (a) Auricular Venous Pulse; (b) Ventricular or nodal venous pulse; (c) Ventricular rhythm.
10. Describe the venous movements of the stomach and intestines. What purpose does this movement serve?

### South Dakota State Board
**Anatomy**

**Answer 10 only.**

2. How are the sensations of color produced.
3. Define (a) Affereent; (b) Trophic; (c) Inhibitory, and (d) Motor and vasomotor nerve fibers.
4. Define Rigor Mortis and give order of its occurrence.
5. Describe the regulation and sustaining of the body temperature.
6. Describe Phys. by which death is produced by injection of poisonous venenae.
7. Name the thing that produces or favors gastric digestion.
8. Define and give the physiological significance of the Aorta.

### Physiology

**Answer 10 only.**

1. What are the functions of the pneumogastric nerve?
2. Describe the process of blood coagulation.
3. Give the function of (a) saliva; (b) trypin; (c) amylase.
4. Name the organ of internal secretion and state function.
5. Briefly describe a physiological shoe.
6. Give the functions of the diaphram.
7. Briefly write of immunity.
8. Outline the best normal diet.
9. State origin and function of erythrocytes.
10. Locate articular speech center.
11. How is normal body temperature maintained?
12. In which sex are sacro-iliac lesions more frequent? Why?
1931 Stillonian Has Gone To Press

The 1931 edition of the Stillonian is now in the hands of the printers and will soon be ready for distribution.

Maurice Schwartz, editor-in-chief, left for Milwaukee at noon on Wednesday, March 11, with the articles, cuts, snap shots, and other material that has been prepared for the book. He expects to return early this week, at which time the printing of the book will be completed. The book will be published in May.

DANCE POSTPONED

Due to the fact that we have in our midst one case of scarlet fever, the All-School dance sponsored by Sigma Sigma Phi, which was to have been held on Saturday night, March 14, has been postponed until Saturday night, March 21.

This dance, which will be held in the ballroom at Hotel Commodo, is expected to be the outstanding social event of the entire school year.

The committee has put forth its best efforts to make this dance a success and we were very much disappointed when it became necessary to postpone it for a week.

There will be special entertainment during the interludes and the various cups will be awarded to the winners of the Sigma Sigma Phi bowling and bridge tournaments.

Miss Johnson In Demand As Speaker

Miss Ava Johnson has been in great demand during the past month as a speaker at various civic clubs, the Y.W.C.A., Sigma Sigma Phi and the Non-Frat team.

The entire staff has been working as rapidly as possible during the last six weeks to complete the work that should have been started early last fall.

Although only one hundred students have signed their intentions of backing the Stillonian, and have paid for their books in full, sixty percent of them have paid up in full. The cost of the book is going to be very high, and the circulation manager would appreciate very much if every subscriber were to pay up in full at the earliest possible date.

Only a limited number of the books will be made up, and if there are any others who would like to have a copy, they are requested to send their names and addresses to the circulation manager.

If there are any alumni or others who would like to have a copy, you are asked to send your request as soon as possible to the above mentioned men at 722 Sixth Avenue, Des Moines, Iowa, at once, so that the necessary arrangements can be made.

Schwartz and his associates feel that the future possibilities of the book depend upon the quality of the 1931 Stillonian, and they are sure that their efforts have not been in vain.

Likes Raw Meat

Floyd Poght, 18 months old, recorded more publicity in New Orleans newspapers in the past several days than any one else in the city. First, he swallowed a 3-inch live goldfish from the family gold fish bowl. He was hurried to a hospital and his life saved. Soon after he was taken back home, he opened the family bird cage and tried to swallow the canary whole, his mother greatly relieved in time.

There's nothing vegetarian about this youngster!

Bridge Tournament

The bridge tournament which was conducted under the auspices of Sigma Sigma Phi, honorary fraternity, came to a successful conclusion on Sunday, March first. The Iota Tau Sigma fraternity was victorious, winning by a substantial margin over their nearest rivals, the Atlas Club.

The purpose of the tournament was to promote better inter-fraternity relationship. More was accomplished along this line than was anticipated.

Competition was at all times keen. Plenty of tough opposition for the victors, added largely to the play.

Each fraternity was represented by four teams, with each team playing two games at home and one each at the other two houses. The teams playing away games were entertained at dinner by the respective houses.

All the men participating in the tournament are to be commended for the spirit of sportsmanship and fair play shown.

All in all, the tournament was successful in all phases and served well its purpose.

Special Assembly Feb. 25

Due to the fact that Dr. D. L. Clark, former president of the A. O. A., has honored us with a short visit this morning, a special assembly was called so that everybody might hear another of our prominent field men speak.

Dr. Clark is located in Denver, Colorado, and has been on the Colorado state board of examiners for fifteen years. The Colorado board is a composite board, and Dr. Clark says that he likes the examining work better all the time, and that Osteopathic students that take the examination in that state are all very well qualified.

The meeting was called to order by Dr. Halladay, and the program got under way in the usual form with several numbers by the band.

Dr. Johnson presented our honored guest, Dr. Clark, who gave a rather brief but very interesting talk on "The Rounding Out Osteopathic Physician."

Dr. Clark compared briefly the osteopathic education today and that of thirty years ago, and we should indeed be glad that we are students today rather than during that period.

Several very fine case histories were presented also by the Doctor, which were well worth one's listening time.

P. S. G. Wins Bowling Tournament

The inter-fraternity bowling tournament sponsored by Sigma Sigma Phi was won by Pi Sigma Gamma with a total score of 6975 pins.

The winning team, made up of Strittmatter, Yaley, Schwartz, Jagnaw and Toepfer, had little difficulty in the final two rounds of the tournament, and won easily with 245 more pins than their closest rival.

The Non-Frat team finished second with 6651 pins, having taken second place by downing the Atlas Club in the final round.

The Atlas Club was third with 6585 pins, and Iota Tau Sigma was fourth with 6175 pins.

Bald and Cronen of the Non-Frat team had the highest average score with 173 and 171 respectively, and Toepfer of P. S. G. was third with an average of 165 for the nine games.

This tournament proved to be one of the most exciting activities we have had about school so far this year, and Sigma Sigma Gamma plans to promote another such tournament again next year.

The silver loving cup will be presented to the captain of the Phi Sigma Gamma team during the internation at the All-School dance at Hotel Commodo Saturday night, March 21, which is sponsored by Sigma Sigma Phi.

Scarlet Fever Again Hits Student Body

The bi-annual flare up of scarlet fever has arrived again and seems to remember its last visit here, as it has once again found its way into the Phi Sigma Gamma house.

Allan Morriele, P. S. G. pledge, and president of the freshmen A class, will spend the next 28 days at the city Detention Hospital.

Only one case has been reported to date and it is the desire of all of us that this will be the only one, as 28 days at the detention hospital is a conviction that even Chicago gangsters never got.

For the benefit of those who have never visited said hospital, we are sure that Mr. Morriele will be very glad to hear from his friends during the next few weeks.
Ward and hope to hear from him often.

In addition, there has been a recognition of rod production of the club, which was 30,000 for the year 1942. We were glad to hear from him and that his work in England will be profitable both to himself and to Osogrophy.

BLUE AND WHITE CLUB
(Sydney Ellis)

The club regrets the loss of one of its members, Sydney Mc-
nan, who was also a valued member. The response has already exceeded that received after publication of the first number. We feel that the Bulletin is to be even a greater success than we originally hoped for.

On Feb. 23, Dr. Robert Bach-

man delivered a lecture and demonstration on technique. Much valuable information was received, especially by the upper classmen, and enjoyed the Doctor's demonstration immensely. We hope to have Dr. Bach-

man make this lecture annually so that each class may benefit from it as the members enter advanced work.

Don Hickey, the Chapter's Fighting Irishman, laid claim to and has thus far successfully defeated the official Casino Cham-

pionship of the Club. The Irish-

man's Casino-playing ability is nothing short of phenomenal and no one has been able to offer him any serious competition. However, several are now in training and threaten to remove Old Erin's laurels.

Bros. McDonald and Mikay were unable to resist the lure of Detroit, and, in the face of blizzards, embarked for the automobile capital, Friday, Mar. 6th. They are now on their way and the boys made the journey successfully and hope that they found that "all was well" in the great Can-

adian franchise.

We have been favored with letters from Bros. L. C. Nichol-

son and Paul Wyen. "Ole" is preparing in Corvictionville, Ia., and, writes that he is doing well. We wish him the greatest of suc-

cess and hope for his success go to him.

Dr. C. W. Johnson, President of the College, addressed the Club on Monday evening, March 9, on the subject of "Ethics," his talk was very interesting as well as instructive and was enjoyed by all. Dr. Johnson's talks are always to be looked forward to and this was no exception. We are all join in thanking the Doctor for his most excellent address.

Bros. Kenny and Bob Lee are located in Fort Dodge, Iowa. Kenny purchased the practice of the late Dr. K. K. Dorsey and Dr. Bob Lee is beginning meeting with gratifying success. We extend our best wishes for the greatest of success to Bro.
Exeter, Nebraska, Nov. 7—The blind "native daughter of Fillmore county, Dr. Claire E. Owens, was elected to the state legislature from the Fifty-fourth district on the Democratic ticket, unofficial results indicated Friday.

Dr. Owen's parents were of the pioneer group who settled in Nebraska in 1873. She was born in a sod house on the homestead in Fillmore county, and attended the district school from her fifth to eighth year, at which age she lost her sight. It is thought now that this misfortune came by a fall and striking her head, when she was six years old. After being graduated from the Nebraska School for the Blind, she was supervisor of music in the public schools of Exeter, Fairmont and the county for fifteen years. During this time she also taught piano, voice and dramatics, trained church choirs, coached high school dramatic and operettes. After finishing ten years in the Geneva schools, she decided to take a course in osteopathy; entered the Des Moines Still College September, 1917; bought the furniture in a rooming house next door to the college and took care of that business while attending for four years.

Dr. Owens' diploma was granted in May, 1921; class, she returned to her home in Geneva and practiced in partnership with Dr. Frank A. Bates for eleven years and then located in Exeter.

Still establishing herself in practice when she served on the Geneva Board of Education, has been representative from Geneva on the Board of Directors of the County Red Cross chapter; a member of the Book Review and Music Department of the Geneva Women's club, she has served three years on the Exeter Board of Education, and four years as president of the Exeter Women's club. Her office in the last named office she was a member of the Board of Directors of the Federation of Women's Clubs.

"You have likely guessed that I am not a stranger in Fillmore County, "Dr. Owens said, "and no doubt you are wondering when I find time to practice osteopathy? I truly do have a fairly good practice, notwithstanding that our towns are small. Am very happy in my work as an osteopathic physician. And during my nine years of practice, I have attended the Nebraska Osteopathic Association convention every year, have attended all the meetings of the board of health, and have been a member of several snappy marchers in honor of the nation's first president.

Looking through these fine numbers, Judd Koch, our xylophone artist, rendered a solo, a number which was very popular a few years ago, and which number was also very well done.

Dr. Spring, who is in charge of the band, today, took over the meeting and presented Mr. James Cavender, formerly chief of police in Des Moines.

Assembly February 13th

The morning's program got under way in the usual order of business, being moved to the field by Dr. Cavender. Their second number was a medley of patriotic airs, which were well done.

The same night has been set aside as the regular band rehearsal period, at which time all members of the band gather in the assembly room for the weekly rehearsal.

The fine playing this morning shows that they really work at these rehearsal periods, and we sincerely hope that the student body as a whole will show their appreciation to the band by buying tickets for the assembly each Friday morning.

The next number played by the band was "Hail to West Virginia," was presented to the band by "Sparkle" Sparks, the student Virginia of our student body.

In the absence of Dr. Woods, who was scheduled to have the program in charge this morning, Dr. Facto took charge of the meeting and presented Dr. McFeters, who was formerly at the Excelsior Springs Sanitarium, for ten years, and has recently become connected with the Buffalo Springs at Buffalo, Mo.

The Doctor discussed general institutional work briefly and then devoted some little time to the causes, symptoms and treatment of scoliosis. This was indeed an interesting as well as instructive lecture, and an hour very well spent, and we hope that we shall have more such enlightening programs in assembly.

With us this morning several guests whom we are very glad to welcome back into our group, "in the old days." The graduate last May, is back giving the place a once over, and Dr. "Gen" Stoddard, who graduated last month, is back to take final survey of the school before opening her office.

Assembly February 20th

Due to the fact that Washington's birthday is only two days away, the band opened the program with several snappy marches in honor of the nation's first president.

Dr. Spring, who is in charge of the band today, took over the meeting and presented Mr. James Cavender, formerly chief of police in Des Moines.

Dr. Cavender has spent the greater part of his life in police and detective work, having joined the Des Moines police in 1901 as a clerk. He has visited several cities of the country in search of better methods of handling and combating crime. The former chief spoke on the topic of crime, its Causes and Its Cure.

It was very interesting to know that Mr. Cavender recorded the first automobile accident that ever happened in Des Moines, in the summer of 1907, as he at that time was still a clerk in police court. It was also of interest to know that the county police force costs Polk County $500,000 per year.

Another point of interest the former chief brought out was the fact that in the city of Chicago, famous for its bandits, there have been five hundred murders recorded without a program and presented one of the alumni, Dr. Paul Park of Des Moines, who is chairman of the legislative committee in this district.

Dr. Park, who has been doing a great deal of work during the legislative session at assembly this morning, and we hope that this fine representation will continue to the next session Friday night.

The band closed the program with Sousa's great march "Stars and Stripes Forever."

Assembly March 6th

March Gloria was the first number played by the band. The second number was the fourteen-dollar selection that was presented to the band last year by Dr. Beverage.

Dr. John Woods took over the program and presented one of the alumni, Dr. Paul Park of Des Moines, who is chairman of the legislative committee in this district.

Dr. Park, who has been doing a great deal of work during the legislative session at assembly this morning, and we hope that this fine representation will continue to the next session Friday night.

The fine playing this morning shows that they really work at these rehearsal periods, and we sincerely hope that the student body as a whole will show their appreciation to the band by buying tickets for the assembly each Friday morning.

We are indeed glad to have such a large percentage of the student body present at assembly this morning, and we hope that this fine representation will continue to the next session Friday night.

The band closed the program with Sousa's great march "Stars and Stripes Forever."

Special Assembly Feb. 25

(Continued from Page 1) attention. Our visitor also stated that it is a greater act to be a good listener than a good speaker, a bit of advice which many of us might well remember.

We are indeed glad to have had Dr. Clark with us this morning, and we hope other men from the field will do us the same honor that he has this morning.

NEW MANAGERIAL STAFF OF THE MISSOURI NAVY

Admiral Trout, General Chrétian, Lieut. Commander, and Corporal Petit, Substitutes.

Maneuvers every Sunday begin at six-thirty A. M. on the Des Moines river, and you must bring your own horse.
Ohio Osteopathic Board

Phylogenetic Chemistry
1. What are the chemical findings of blood.
2. What is the physiological end product of ammonia.
3. What is the physiological process of inspiration and expiration.
4. What are amino-acids?
5. What is the composition of normal urine.
6. What are the chemical elements of the human body.
7. Discuss the chemistry of inspiration and expiration.
8. Define: osmotic, exosmosis, anabolism, catabolism, and assimilation.
9. Tell (when) (where) lactose, maltose, sucrose, dextrose, and glucose are found.
10. Name the organic acids and food and tell where found.

Physiological Chemistry
1. Name the salivary glands. Give function of saliva. What spinal areas in lesion affect the physiological chemistry of these glands.
2. Name the secretion of intestinal glands and give chemical function of the secretion.
3. What is the main significance of non-protein nitrogen in the blood chemistry?
4. Discuss function of liver, spleen, thyroid, adrenals, and the lymphatics in general infection.
5. Describe physical chemistry function of the kidneys.

New Hampshire

Toxicology Answer 10 only.
1. (a) What is a poison? (b) What is an antidote?
2. Classify antidotes.
5. How would you handle a case of poisoning from illuminating gas?
6. Name several emetics.
10. When may not the stomach tube be used? Why?

Texas

Bacteriology Answer 10 only.
1. Give practical technic and chemicals used in fumigation of a sick room.
2. Name ten surgical bacteria.
3. What is meant by anaerobiosis and how can it be avoided?
4. How can the existence of rables be determined?
5. Explain value of Widal test, Schick test, Von Pirquet or Mero test. Are these tests always an infallible guide in diagnosis of disease?
6. What diseases can be transmitted by B. Anthracis?
7. What measures should be employed to protect a community from the B. Pestis?
8. Name the specific causative organisms found in: (a) Typhoid fever, (b) Pink-eye, (c) Diptheria, (d) Typhoid fever, (e) Cholera.
9. Through what medium is Helic Medin Disease transmitted?
10. What is meant by a filterable virus? Name two diseases caused by such an organism.

New Hampshire

Toxicology Answer 10 only.
1. What is the chemical principle of the sugar test?
2. Describe two tests for albumenuria.
3. What does alkalinity of the urine indicate?
4. What are the significance of the daily quantity of urine?
5. Discuss urinary casts.
6. Why does acetone appear in the urine?
7. Define centifuge, urinometer, hemoglobinuria, ureometer, and urinesedimeter.
8. What is the practical import of the chloride test?
9. What are the origins of pus in the body?
10. What is an acid?
11. What is an urine?

Just because there is a business depression at present does not mean that students must get low grades.
Firemen Help Doctors

Friday morning, February 6, Dr. W. A. Newland ushered into the world at the Waldo Sanatorium, Seattle's Osteopathic Hospital, twin baby girls. The parents, Mr. and Mrs. A. B. Gawley of 2728 E. 90th St., christened them Jeanne Dolores and Joyce Marie. Jeanne Dolores got along fine but Joyce Marie, the second born, and weighing only four pounds, didn't have enough strength to go on her own and grew weaker and weaker.

Monday morning, Dr. Newland asked the fire department to send a squad to man the lung-motor that is part of the sanatorium's equipment. Capt. H. A. Robinson responded with Firemen Larsson, Pat Lynch, J. P. Gropper, A. B. Barto, Ray E. Biscoe and A. A. Skeen.

The firemen worked eighteen hours before the baby was pronounced out of danger. They started the lung-motor at 9:00 a.m. Monday morning and continued on duty until 2:00 a.m. Tuesday. Every time the baby's heart showed signs of weakening, the firemen got busy with the oxygen administration.

Reports later in the week indicated that the baby is thriving. In fact, a picture of the twins in Wednesday's Seattle Times, taken Wednesday morning, would lead one to think that Joyce Marie was peppler than Jeanne Dolores.

The Seattle P-I of February 11th, said, "The hospital authorities gave all the credit to the firemen for saving the child. But the firefighters insisted that Dr. Newland's skill and persistence with the twins all the time, was the one to whom the baby really owes her life."

Dr. Reeder is an intern at the hospital and is a graduate of Des Moines Still College of Osteopathy. He demonstrates Hip and Shoulder Dislocations

Dr. Ellis Whitman, one of the very few people living today who can produce dislocations of the hip and shoulder, is with us and is holding several classes each day.

Dr. Whitman dislocates his shoulder and hip joints and instructs his students as to the reduction of the same.

Through the courtesy of Dr. Boening, some of the students have been privileged to see Dr. Whitman produce and reduce these dislocations under the florescope.

Miss Ava Johnson Speaks At International Y. W. Conference

Emphasizing personality as the means to a greater participation in world-wide brotherhood and pointing to a knowledge of human beings and their many modes of living, from race pride to materialism, and the possession of a tolerant spirit as the means of personality achievement, Miss Ava Johnson of Des Moines, brought an international message to 185 business girls of the Tri-Cities, who joined in the local observance of the fourth nation-wide banquet of the Young Women's Christian Association, Tuesday evening at the Davenport Chamber of Commerce.

Concurrent with the banquet here, more than 60,000 girls from the United States and 20 foreign countries assembled at similar observances at the same hour, making this the largest nation-wide Y. W. C. A. banquet in history.

Carrying out the international message of good-will, Miss Johnson emphasized the great need of personality as an all-together aid in earning a place for ourselves in the cosmic sweep of world-wide government.

"We must have religious freedom and still keep religious," she declared. "We must have political freedom and refrain from party politics; we must have economic freedom and not destroy the spirit; and we must have personality that is expansive and not egotistic."

"Brotherhood, Unavoidable Rush"

"Brotherhood is an unavoidable rush," the speaker pointed out, "a rush that prompted the pilgrims to secure freedom of thought; the Lutherans to revolt from the dominion of the church; the English peasants to claim their rights by the Magna Carta; and the Russian revolt for rights and power."

Stressing the importance of personality-building as the foundation for this world-wide brotherhood rush, Miss Johnson cited the foremost need of knowing basic conduct and being tolerant and sympathetic in the how of things. Contrary to current belief, the world is on a sweeping trend for the better, she stated, illustrating her point, she related an incident.

"Mechanical Lung" Saves Kansas Infant

WICHITA, KAN. — "Dead" for 30 minutes, the infant son of Mr. and Mrs. C. A. Harlan of Augusta, Kan., born Bondy, owes his life to a "mechanical lung" purchased by a local undertaking company just a few weeks ago.

The infant failed to breathe after its birth, and for 30 minutes, doctors at Southwestern Osteopathic hospital here worked over it in vain. Then Hubert Bussey was called with his new "breather." A few minutes later the child was breathing normally.

Dr. Lee Lindbloom, graduate of Des Moines Still College, is interning at Southwestern Osteopathic Hospital.

Locates at Waukon, Ia.

Dr. Generie G. Stoddard, Osteopathic physician, wishes to announce the opening of her office in the City Block, 31 W. Main street, Waukon, Iowa, on April 6, 1931.

Osteopathic Legislation In Iowa

The Osteopathic legislative situation in Iowa seems to be at a standstill at the present time. On March 26th the bills were scheduled for a vote on the floor of the House of Representatives. Classes at the school were dismissed at 9:45 a.m. and through courtesy of the Stillonian, twenty yellow cabs were employed and the student body adjourned to Capitol Hill in large force, to witness the proceedings. This representation very nearly filled the balcony of the House Chamber and everyone settled comfortably into their chairs only to be soon disturbed by the fact that action on the two bills, namely: House File 174, which is the Osteopathic bill, and House File 340, which is the Medical bill, would be postponed until Tuesday, March 24th, at 10:30 a.m.

When Tuesday arrived, Dr. Johnstone was ready. He was fooled again, so he ruled that classes would not be dismissed and those who desired to attend the affair on Capitol Hill would not be excused from classes. This did not change the minds of many and again the courtesy of the Stillonian Staff, a fleet of yellow cabs arrived and carried all who wished to go to the legal center. This time all who journeyed forth were rewarded for their efforts, as at 10:30 sharp, things of interest to us began to happen.

The first bill to be presented was House File 174 which is, as we have already stated, the Medical bill. This bill, by the way, was well presented. We are told by those in a position to...

A. O. A. Inspector Visits School

During the past month Dr. Russell McCaughan, who is college inspector for the National Association, has spent several days looking over our school.

While at the institution, the inspector visited all the classes and also spent some time in the office looking over records, etc. Dr. McCaughan visits and inspects all the osteopathic colleges once during each year and reports his findings to the American Osteopathic Association.

During his stay here the doctor was very liberal with his praise of our school.
Many of the brothers took advantage of the day's vacation. Good Friday and traveled home for Easter. Everyone returned in due time, each reporting a successful journey and an enjoyable visit.

Roy Mount was the only casualty reported over vacation. He took a plane trip to Puebla and, as he put it, "This is the way to go!"

Monday, April 13, the following men received their second degree initiation and were ushered into active membership in the Atlas Club: Roy Mount, Earl Moore, Lloyd Tanehill, Bayard Twade, James Halladay, Harry Forer, Ernest Mohr, Robert Dunlop, Verne Dierdorf, Homer Fredericks, Glenn Fisher, and Landis Johnson. We congratulate and welcome our new brothers into the club.

A menagerie is being established at the house which, at this writing, numbers six ferocious beasts. Jack Campbell is represented by a Police Puppy whose entire existence consists of eating out a few weeks. Jay Halladay donated a Cat to the zoo, which last week, being shy of kitten's allowance, went briefly into the possession of four kittens. Obstetrician "Casey" Kessler reports both mother and children doing well.

Verne Dierdorf is the latest to join the ranks of the elite. He returned from Nebraska behind the wheel of the old family Maxwell and can now be seen driving the glass enclosed chariot hither and yon.

Spring filled the boys with the spirit of the Great American Game and each afternoon, baseball activities are noted. The stage of stiffness and sore muscles is about over and we expect to see rare form developed by "Jimmy Pox" Hickey, "Al Simmons" Kessler and the others before long.

Erle Moore, who has been confined to his bed with mumps, is again able to be up and out. We congratulate Erle upon his recovery and are glad to have him once more up and doing.

The boys show great spirit in our midst and left its sting. In spite of the somewhat baked and desolate condition of the links, a number of the fellows are making almost daily visits to Wave. The Covered Bridge should be in rare form for the tournament play.

BLUE AND WHITE CLUB

Sydney Ellias

The Blue and White Club is very happy to announce that Dr. Kline has consented to be its field addresser. Dr. Kline is a very popular physician in Des Moines and will prove an invaluable asset to the Club.

Many of the brothers are planning for a splendid spring and are looking forward to a splendid season. Barney Herber, an added addition to Delta Chapter in Philadelphia, is keeping in close contact with its embryonic chapter and is mailing its latest group picture. The boys will reciprocate by sending one of theirs.

S. Kahn is staying over for summer dissertation, making him a valuable and important member of the group. Since M. Joseph received the announcement of the annual delinquency report in Detroit, he has been looking for an airplane he can use for a day or so. Can anyone help him in this? The fraternity brothers are the official guardians of the calendar—anyone in doubt as to their usefulness need only leave the school year—just ask them.

DELTA OMEGA

By VI

We are very sorry to hear that Rachel's mother is in the hospital. We hope she recovers soon.

VI went back to Minnesota for Easter. Her dog has entered home for Easter. Her dog has entered her up and at it again. (Especially VI.)

Norma Lee looks happy. Must be a certain person didn't go home for Easter.

VI and Margy have a week's visit in the form of a Boston Boy named "Totsy." She brought her harness, blanket, and leash, and made herself at home and everyone had an enjoyable time, eh, what?

A letter was received from two members of Kirkville Chapter of Delta Omega, notifying us of a visit from them. Plans are being made for a busy weekend-end. The fraternity party Friday night is all set.

VI and Margy had open house the week-end before Easter. It seemed everyone had a good time. More fun! More people killed and more blood in the gutter!

Norma Lee says if she's going to the doctor, she wants to dress proper—thus the short skirt.

Anna took a horseback ride during Easter vacation. I guess she is a certain person didn't go home. Didn't agree with her—or she didn't agree with the horse—at least, she feels some uneasiness on "Ride 'em Cowgirl!"

The fraternity officers and members of Delta Omega Beta plan a party at the home of Dr. Mary Golden, on April 20th.

IOTA TAU SIGMA

Judd Koehl

Heralding the first few days of spring brought much woe to the freshmen, they being elected to turn in their baseball acts during the clean-up week. However, all of the brothers are pitching in to aid the pledges, hence lightening the task.

Reports of a fair baseball team have reached my ears, and ast night the champions are looking forward to a splendid game. Barney Herber, an addition to Delta Chapter in Philadelphia, is keeping in close contact with its embryonic chapter and is mailing its latest group picture. The boys will reciprocate by sending one of theirs.

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Round Trip to Wichita

Some time ago the group in the vicinity of Wichita, Kan., decided to have a little meeting and were kind enough to invite the writer to appear on their program. This to be held at the third church on the east side.

The truck set up the equipment and we arrived in Des Moines last week. Dr. Corbin introduced a rare audience and we were able to drive to Wichita and find good old friends.

Early the next morning we started back. A brief stop at August shows the how the officer and car. 450 miles away with several miles of that town that before his advent was somewhat hard-boiled on the subject of Osteopathy. We were due in Wichita, 22 miles to the west, to talk at 1:30 p. m., so we had to detour around thru Independence that as students, we are looking for bad luck and we had the loss of about an hour's time on the return trip, we arrived home right on time and in a mode that is all right.

Mrs. McCaughan please note, So we were allowed to get away with that we miss by being absent from classes.

We got to Springfield, Ill. the seventh of May with a similar group, except that we drive there in about six hours.

—"VIRGE."
Miss Ava Johnson
Speaks At Conference
(Continued from Page 1)

dent at a girls' camp in Iowa, explaining that 75 years ago, the Indians fought in bloody warfare in that exact location; 60 years ago there were prowlers and thieves in the vicinity; 50 years in that exact location; 60 years ago, the girls would have been taught only to be domestic and sit and watch the cross-stitch samplers; 40 years ago, they would have been arrested for wearing knickers; 15 years ago prowlers and snakes were in abundance; and four years ago, the girls would have found it necessary to carry water from a pump, instead of merely turning a faucet.

Urges Tolerance

Urging the girls to be tolerant in spirit and to understand each other, Miss Johnson said, "Always recognize the fundamental mental ability of natural law," she said, "and remember that under the same circum-
stances, the same thing might happen to you, and you, too, in the 'other fellow's' place, might have done the same thing. There is the danger that conflict often becomes destructive and not cre-

OBSTETRICS

June, 1930

1. Discuss the value and dan-
gers of the use of Pituitrin in
O.B.

2. When does labor, starting
with child in an oblique poste-
rior position, (R O P) or (L O P)
become serious? Give manage-
ment of same.

3. Make the diagnosis and treat-
ment of Placenta Previa with visible chord.

4. Name the conditions that
should be fulfilled before a for-
ceps operation is attempted.

5. Discuss the employment of
abdominal palpation. Discuss rectal and vaginal Exam. in O. B.

December, 1930

1. Diagnosis and give manage-
ment of Breech Presentation. What are dangers?

2. How treat Hemorrhage in
the newborn?

3. What is 3rd stage of labor?
Give management in detail.

4. Discuss Anes, in O. B. Kind,
time and method of administering.

5. Diff. between Retained and
Aberrarnt Placenta.

Gynecology

June, 1929

1. Locate Bartholins and Sperum glands.

2. Diagnose and give cause of
carcinoma of uterus.

3. Give etiology and treatment of
vaginismus.

4. Define, Chlorosis, hypo-
papals, hyperotpsis, catamenia,
cophoritis.

5. Diff. on Physiology of menstrua-

6. Name and discuss abnormal
types and causes.

7. Give etiology diagnosis and
differentiate of vaginismus.

8. Differentiate cystocele and
rectocele.

9. Give etiology diagnosis and
treatment of Pysalplm.

10. Give nerve and blood sup-
ply to ovaries and uterus.

Wisconsin

Diagnosis

June, 1929

1. Give causes and Diagnosis
of indolant fever.

2. Give (symptoms) of hypo-
thorax. How does it differ from
Pneumothorax. Give symptoms of
Pyloric ulcer. Diff. from stone
lodged in common bile duct.

3. Diff. between a case of mul-
tiple neuritis and locomotor
ataxia.

4. Diff. between ruptured py-
osalpinx and Ectopic Pregnancy.

5. Give a patient suffering
from frontal headache, increased
capillarydilation and tense and
temperature. what could you sus-
pect?

6. In injury to the knee joint
accompanied by foot drop, what
would you suspect?

7. Diagnosis of a case of pylor-
ic Stenosis in a new born babe.

8. Diff. between heat stroke
and sun stroke.

9. Diff. between carcinoma and
semi phyllite stricture of rec-
tum.

10. Give nerve and blood sup-
ply to ovaries and uterus.

OHIO

December, 1930

Diagnosis

1. Differential Diagnosis Gran-
uloma Ingualnai & T. B. of skin
in the same region.

2. Diff. Hypertrophic empy-
semas, Atrophic Empysemas and
Compensatory Empysemas and name conditions
causing same. Arghyll Robinson
pupil. Kornig's sign. Babsnky,
Romberg, Oppenheim, Battles.

3. Diff. Wood Alcohol and Ja-
ingham. Gyroscopic Poisoning.

4. Angina Pectoris Diff. from
progressive distortion of Aortic
arch.

5. Blood Pressure Cause of
high low.

6. Sudden onset of pain in
Left Rectum, no redness or
swelling on surface, extreme pain
and tenderness on examination.

Pain upon sitting. Give tentative
Diagnosis.

8. Man 55, Ill: 200 a.m.

M. cramp in stomach, Temp. 100,
Pulse 105, Resp 27. Nausea
followed by vomiting, pain shifts
to right, auxiliary line at crest of
iliac R. side rigid.

June, 1930

1. Differentiate between Diver-
ticulitis & Carcinoma of the sig-
moidal in its upper third.

2. A child is brought in as an
emergency, clutching its throat,
mouth open, chin extended. Res-
piration extremely difficult, deep
cyanoasis & coughing. Give a ten-
entious Dig.

3. Diff. between a case of
chicken pox and a mild case of
Small Pox. Give probable Leuco-
yte count.

4. Farmer enters hospital un-
conscious with no history obtain-
able, enumerate possible causes
as they may occur.

5. Various causes of gly-
cosurias, discuss their differen-
tiations. Give briefly there Imp.
as to Diagnosis & Prognosis.

6. State causes of Pstitialosis,
Talaremia & Rat Bite fever. Diff
between first two named.

7. Discuss General Char. of
Sarcorna & Carcinoma relate
cause of onset. Period of life
affected & give Prog.

8. New born babe cries fre-
quently, vomits almost continu-
ously. There is occasional twitch-
ing of arms and legs and the cut
show slight rigidity upon hand-
ling. How would you proceed to
make a diagnosis and what
would you consider in arriving
at same.

9. What signs and symptoms
would lead you to suspect a de-
fiency in secretion of pituitary

10. Discus the employment of
same.

December, 1930

1. Diagnose and give manage-
ment of Breech Presentation. What are dangers?

2. How treat Hemorrhage in
the newborn?

3. What is 3rd stage of labor?
Give management in detail.

4. Discuss Anes, in O. B. Kind,
time and method of administering.

5. Diff. between Retained and
Aberrarnt Placenta.

WISCONSIN

Diagnosis

June, 1929

1. Give the differential diag-
nosis between epilepsy and hyste-
terics.

2. Differentiate between pleur-
ysia with effusion and lobar
pneumonia.

3. Give the chief diagnostic
points of scarlet fever, dipther-
itis, measles, rubella, small pox,
and chicken pox.

4. Give the symptoms of in-
fluenza.

5. What is the Schick test?
What is Immunization.

6. Give the test of apusum for
tuberculosis.

7. Name the constitutional
diseases that are suggested by an
examination of the eye.

8. Name the diseases in the
Uraine with the disease that
might produce them.

9. Differentiate cystocele and
rectocele.

10. Give etiology diagnosis and
treatment of Pysalplm.

11. Give nerve and blood sup-
ply to ovaries and uterus.

December, 1930

1. Discuss the value and dan-
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with child in an oblique poste-
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4. Name the conditions that
should be fulfilled before a for-
ceps operation is attempted.

5. Discuss the employment of
abdominal palpation. Discuss rectal and vaginal Exam. in O. B.

June, 1929

1. Diff. between appendicitis,
ruposition of ectopic gestation by
obstruction of lilo-coecal valve.

2. When taking family history
what diseases are you especially
interested in and why?

3. In taking past history.
What is their significance?

4. Finding a patient with high
blood pressure, what conditions
do you think of? How do they
cause high blood pressure?

5. Having a patient with tre-
mer, of what diseases would you
think as a possible cause? De-
scribe the tremor peculiar to
each.

6. A person 25 years of age
develops apopexy. What might
be the cause?

7. Noting tonsils, upon what
factors would you decide wheth-
er they should be removed or
not?

8. Finding a patient in coma,
wha of causes would you think?

9. Differentiate Hodkins and
T. B. Adenitis.

10. Differentiate the different
types of goiter.

June, 1929

1. List the symptoms and
cause of a case of tonico
carcinoma of uterus.

2. What is 3rd stage of labor?
Give management in detail.

3. Differentiate Anes, in O. B. Kind,
time and method of administering.

4. Diff. between Retained and
Aberrarnt Placenta.

BIRTH

Born to Mr. and Mrs. W. K.
Crittenden, a son William Kent
Jr. on March 16th, 1931. Jun-
ior, weighed seven and one-
half pounds and is getting along
nicely.

W. K. Crittenden, Sr., is a
member of the senior class at
Des Moines Still College.
Member of Minnesota Board Visits School

Dr. Arthur E. Allan, of Minnesota Board of Osteopathic Examiners, visited Still College of Osteopathy on April 30, 1931, and gave us the facts concerning the basic science board in Minnesota.

Dr. Allan says that the Basic Science examination is very unsatisfactory, but since it has been installed it is our place to prepare ourselves and pass these examinations.

The board consists of five members, three medical doctors, all on the faculty of the Minnesota University Medical School, one Osteopathic Physician, and one on the faculty of the University of Iowa.

The questions are selected by the board as a whole, and the grades are passed on to the committee.

The papers are graded originally by instructors in the respective departments of the University of Minnesota Medical School. These papers are then turned over to the members of the basic science board, who also consider the papers and pass final judgment on same.

Dr. Allan, who is the Osteopathic member of the basic science board, informed us that this board is absolutely on the square and those who write a passing paper pass the board, and those who do not pass the board.

He referred to the fact of what school of therapy they represent, as names are positively not known by those grading the papers. Each applicant seals his name in an envelope when he receives the papers, and is known by number only until the grades are ready to be sent out to the individual.

Minnesota holds many advantages for the young osteopathic physician, and the State Association extended an invitation to our graduates to locate in that state.

April 30, 1931, and gave us the pathic member of the basic science board.

The only prerequisite of this school is a high school diploma and the examination is given by the State Board of Osteopathic Examiners of the Commonwealth of Minnesota.

Iowa

The Iowa State Board examination will be held at the State Capitol, Des Moines, June 1, 2, and 3. Fees are $10 for the Sophomore Board and $20 for the Regular. Dr. E. D. Hennan, Perry, Iowa, is Secretary.

Applications and fees should be in fifteen days prior to the examination.

Pennsylvania

The Board of Osteopathic Examiners of the Commonwealth of Pennsylvania will hold its next examinations June 9, 10, and 11, in Room 608, Withering Building, Philadelphia, Pa. H. M. Vantine, 109 Locust St., Harrisburg, Pa., is Chairman.

South Dakota

The South Dakota Board of Osteopathic Examiners will meet July 17-18. Write the Secretary, Dr. C. Rebeka Strom, 321 So. Phillips Ave., Sioux Falls, S. D., for application blanks and further particulars.

State Board Dates

Iowa

The Los Angeles Clinical Group takes pleasure in announcing a post-graduate course in surgery to be given in Los Angeles July 16-25 by Dr. W. Curtis Brigham.

Dr. Brigham is President of the American College of Osteopathic Surgeons, Chief of Staff of the St. John's hospital, and is well known in many states for his osteopathic research and brilliant surgical technique. A growing desire among members of the profession to acquaint themselves with his methods has made the presentation of this post-graduate course possible.

Dr. Anton Kani, president of the Nebraska board, visited the school April 7th. The doctor is an alumnus of Des Moines Still College, and one of which the school can be justly proud.

The Doctor brought to the members of the senior class, especially, the greetings and best wishes of the Nebraska State Association, and an invitation to come to Nebraska to locate.

During his very interesting lecture, Dr. Kani explained the system of examination and the laws governing the practice of Osteopathy in Nebraska. Nebraska has a basic science law, and the examination is given by scientific men who are not members or practitioners of any healing art.

The only prerequisite of this school is a high school diploma or its equivalent, and it must be taken by all practitioners of any therapy.

The basic science examination consists of the following subjects:

1. Anatomy
2. Physiology
3. Bacteriology
4. Chemistry
5. Hygiene
6. Pathology

Any requiring definite information concerning the board may write Mrs. Clark Perkins, Director of Examinations, Lincoln, Nebraska.

North Dakota

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North Dakota

THE
LOG BOOK

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 8 May 15, 1931 Number 12

Boy Cured at Delaware Sanitarium

Delaware, O.—Orrville Schipp is the name of a little five-year-old boy from Miamisburg, who came to the sanitarium clinic Thursday to be cured of a dislocated left hip which he had since birth. Dr. M. F. Hultet, osteopathic orthopedic surgeon of Columbus, performed the operation, which completely reduced the location, and in a few months, after three changes of plaster cast, the little fellow will be able to walk, run and play just like other boys instead of going through life hop-sailed, waddling like a duck. This was one of the interesting events of the clinic Thursday. Another outstanding thing was the demonstration of a new and generally accepted system of eye treatment by which lenses are removed from eyes long accustomed to wearing them. Dr. H. W. Quartel of Dayton lectured upon and illustrated this method of eye treatment. It was stated that this treatment is being taught at the Ohio State University department of optometry. There was a large attendance of doctors and laymen at the clinic. A number of major and minor operations were performed by specialists from Columbus, Lorain, and Cleveland.

Junior-Senior Prom

Lovely decorations and shaded lamps formed the setting for the delightful Junior-Senior Prom which was held Wednesday evening, May 6, at the Park View Club.

Everyone thoroughly enjoyed the snappy music by Jerry Hayes and his gang, and the several vocal numbers by both Jud Koch and Bob Hubbard.

Dr. and Mrs. Johnson Wood, Dr. and Mrs. Byron Cash acted as chaperones.

The members of the Senior Class wish to take this opportunity of thanking the Junior Class for the fine party that was so very well planned and carried out.

Alumni Notice

A few extra copies of the Stillonian, the College Year Book, will be available for the field men desiring them. If you wish one of these annuals, please send $5.00 to M. J. Schwartz, Still College, and one will be promptly mailed to you.
As the school year slowly draws to a close, most of the fellows are planning their summer activities. The Seniors are speculating on their future success, and the underclassmen are devising ways and means of bolstering up the exchequer.

Dr. John Voss, Albert Lea, Minn., visited and had dinner with us on March 25th. Dr. Voss was motoring through, and was kind enough to stop off here. We were glad to welcome the Doctor, and hope he will favor us with his presence once again in the near future.

A House dance was held Saturday evening, April 18. The party was well attended, the music was of the best, and everyone rejoiced at the most enjoyable evening.

Prof. Parish spoke to us on Monday evening, April 20, on the subject "Osteopathic Education." The Professor’s remarks were timely, to the point, and in the most mental tenor. We deeply appreciate his kindness in speaking to us and hope to have the privilege of hearing Prof. Parish with us again.

Our menagerie has undergone several changes since the last report. Jack Campbell’s polka puppy and Jay Halliday’s cat are still with us. The four kittens, biding out the inspiration age, are being distributed among the paper boys and others who promise to provide a good home and much enjoyment. A guinea pig has been added and is being carefully nursed by Gus Porter. Brother Kessler is the proud possessor of a baby cottontail, but the pleas of our Liberty magazine boys were so soul-stirring that Casey finally parted with his pet. We are seriously considering the election of an official Zoo-Keeper, whose duties would be to feed, bathe, and otherwise care for our animal friends.

We have had word from Dr. Paul V. Wynn, stating that he has opened an office in Holland, Mich., We all wish "Speed" the greatest of success.

Dr. Ted Rickenbacker, of Seattle, Wash., dropped us a card recently inviting us all over to his house for the Convention. We were glad to hear from "Rick" and wish that we might attend the Convention in body. Come again, Ted.

Dr. Cramer, trainer of athletes at Univ.-Normal, has written us to us Monday, April 27, on the "Care of Athletic Injuries." Dr. Cramer's long experience with this type of work enables him to present facts and technique which are most valuable to us. The Doctor's address was most interesting as well as instructive and we look forward to having him speak again.

The golf and baseball tournaments are progressing in a satisfactory manner, but are not yet completed. Everyone with any track inclinations may be observed going through their paces in preparation for the great Intramural Meet May 15.

Our baseball injuries are responding nicely, and the two most noticeably improved are Rose and "Casey" Kessler; both lightweight outfielders, expect to be favoring about closing days before the season is finished.

**THE BLUE AND WHITE CLUB**

(Sydney Ellis)

The Blue and White Club has put on its first year of existence, and is ambitious to cast aside this title and assume its real name, the Gamma chapter of Omicron Gamma Gamma. Everything points favorably towards its accomplishment and grand success. We are working hard this summer with this objective in view.

Mickey Joseph is the only student of Des Moines. He will continue to work at the Polyclinic Barber Shop. S. Ellis, because of many engagements which restrict his pehnanship, has acquired a typewriter and is trying to master it. S. Kahn will leave for home as soon as Virge lets the summer dissection students go, while the Kestenbaum brothers will be on the train as soon as school is out.

The Blue and White Club wishes everyone a very pleasant vacation.

**DELTA OMEGA**

By VI.

Delta Omega Beta had the honor of entertaining Misses Elsie Larson and Eleanor Courson of Kirkville the past two weeks during the week-end of April 10. A dinner-dance was given in their honor at Youngkaer Tearoom. Dinner was followed by an evening of dancing. Those present were: Dr. and Mrs. H. V. Halliday, Messrs. Frederick Shaefer, Jay Halliday, H. L. Golden, Lawrence Nixon, Hynem Kestenbaum, Harry Taylor, Selmar M. Ford, and Mary Halliday, Misses Elsie Larson, Eleanor Courson, Frances Halliday, Norma Lee, Aholt, Marguerite Dennis, Anne McKinney, and Viola Buckholz.

Sunday afternoon, May 3, Mrs. H. V. Halliday, John RAW, and use of her home for a bridge party. Everyone proved to be good bridge players, and prizes were won by Mrs. H. V. Halliday (I guess that compensates Virg for the time she raised his prices). Nixon. Low prizes were taken by Margaret Dennis and Landis Johnson. A delightfully refreshing refreshment of date pudding and coffee was served. We wish to thank the Doctor and VI. Mrs. Halliday and VI. for their kindness and courtesy.

Last week-end Delta Omega was invited to the Delta Omega Formal given by the Country Club in Kirkville, Dr. H. V. Halliday very kindly offered to take the Delta Omegas, Michael Hodges, Norma Lee Aholt, Margaret Dennis, and Viola Buckholz to Kirkville. We won with Virge's request will be next year? He drove the distance in Kirkville in 2 hours and 45 minutes, sleeping at a speed of from 75 to 85 miles per hour.

While in Kirkville we were shown the College buildings and found them most modern, well equipped and convenient. In the afternoon we were honored at a dance at the Soroity Room. At 6:00 p.m. we were tendered a banquet, The Formal was held at the Country Club. There was excellent food, pleasant company, and a perfect moon, perfect dates, in fact everything was perfect. The nativity of confetti was out and the favors made plenty of noise. It was a most enjoyable party.

The following morning we again set out for Des Moines and returned in rapid time. Our visit to Kirkville will always be remembered and talked about.

**IOTA TAU SIGMA**

(Jud Koch)

The few remaining weeks of the school year finds a busy house, with busy people. The annual Fall-Ball, boarding banquets, and sending announcements, the juniors planning their busy summer with clinic practice, the sophomores "non-ka-balantly" discussing their plans for vaca- tion, and the freshmen packing their trunks with joyous expectancy.

Our final tribute to our graduating seniors will be a banquet held at the State Tearoom, which will be followed by dancing at the house. We are honoring J. M. Gill, L. A. Peterson, and Mrs. Peterson. We wish these ladies, through the medium of this article, success and profitable happiness as boosters of Osteopathy.

Our baseball aspirants have placed second in the league, and with only one game remaining to even the series, it should be an excellent battle. Although some of the games have almost cost us the track meet, for which we have been working hard, we feel that if the weather should be kind enough to let the games proceed, we will have a team that will make us proud.

**MESA VERDE**

While in Kirksville we were able to visit Mesa Verde National Park. I visited this park for the first time four years ago and again this past week. When two years ago, stopped again. We had such a wonderful time that this year we have already made plans to take another stop in Mesa Verde and will extend the visit to a full week instead of two days. Mesa Verde is a national park that preserves the work of man and in it you will find the most courteous rangers and hosts of any. Mr. Nusbaum and Mrs. Rhode's location as Woodward, Iowa.

**PHI SIGMA GAMMA**

(R. F. Allen)

We take great pride in welcoming Bros. Arthur Montgom- ery, Dr. Frederick C. Over- stone, and Clarence Peterson into the fraternity. These men completed their third degree year for us last May. We wish to have these members with us again, and look forward with pleasure to their next visit.

Some of the Juniors have given us an indication of local practice during the summer months. So far, six of them plan on some form of practice if the new population of Des Moines will just increase accordingly, they will be set.

A Senior banquet will be held the evening of May 15th at the Chamberlin.

Visit Mesa Verde

Those of you who expect to drive thru to the convention in Seattle should plan your trip to take in Mesa Verde National Park. I visited this park for the first time four years ago and again two years ago. We had such a wonderful time that this year we have already made plans to take another stop in Mesa Verde and will extend the visit to a full week in place of two days. Mesa Verde is a national park that preserves the work of man and in it you will find the most courteous rangers and hosts of any. Mr. Nusbaum, the superintendent, will give you personal attention. The range includes over 500 square miles and will take you on trips over the park without charge. Jim Eng-
The Log Book

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Carry On!

In this, the final issue of the Log Book for the school year of 1930-31, the editor of the past year wishes to take this opportunity to thank all those who have assisted in any way during the year in the publication of the Log Book.

Especially do I want to thank the many field members and others who are not connected with the school for their contributions and comments.

During the past year we have put forth our best efforts to make this, the official publication of Des Moines Still College, interesting not only to the student, but also to all the members of the profession and our many other friends who receive the Log Book every month.

In turning over the editing of the Log Book to next year’s editor, Mr. Robert Forbes, we sincerely hope that it will continue the fine support they have given during the past year.

ROBERT K. HOMAN.

Letters from Graduates

The Log BOOK will publish, each month, the names and addresses of all alumni who are so kind as to write to the Office. The school always appreciates hearing from its graduates. The following wrote in during the past month:

Dr. Paul V. Wynn, Holland, Michigan;
Dr. Ceci Musselman, Zanesville, Ohio;
Dr. Stanley Evans, London, Ohio;
Dr. L. S. Parkhurst, Watford City, North Dakota;
Dr. Lowell Morgan, Alton, Illinois;
Dr. Kenneth Ward, Ft. Dodge, Iowa;
Dr. James R. Shaffer, Milwaukee, Wisconsin;
Dr. Gladys J. Cowen, London, England;
Dr. Chas. A. Aune, Hillsdale, Michigan;
Dr. Alice Paulsen, Le Mars, Iowa.

Henry Peck—Do you think you can make it so lifelike you’ll jump every time you see it?

Artie—My friend, I can make it so lifelike you’ll jump every time you see it.

Springfield, Illinois, and Return

The date, May 6th. The reason, the Illinois State Convention. Trip by rail from St. Louis, pilot self only.

For the past three days we have been engaged in the decoration of the Illinois State Convention hall. We have been busy with a team of skilled workers who have taken great pride in the job.

I have been working with the Illinois State Convention throughout the past year to bring it off successfully.

Life is full of surprises. Have you ever had a close shave with a court house in the middle of a little square? They used to send you thru the town driving one way around the square, but now they route you around the business district and out to the east on the wrong brick pavement in the country. They have a lot of bricks piled up along the street now which may mean that they have found out that the pavement is terrible and will repair it some time in the next year.

After this fine musical program, Dr. C. L. Young, rendering several of the old gang, opened the wagon to take out our Nell. "The featured players for the day were Homer Friend as the cruel Building to 614 First National Bank.

Assembly, April 17

The band opened the program with a very snappy march, which was very well done. Another meet with the held, held the assembly room in the assembly hall, with the Illinois State Convention held in the assembly hall.

After the first number by the band, the program was turned over to Dr. Robert Batcher, who presented Edith Barber and Dr. C. L. Young, formerly of York, Nebraska.

The Barbers put on several very lively and interesting musical numbers, which were once again brought out of the old gang.

After the noble attempt on the part of the students, Mr. and Mrs. Dr. Robert Batcher rendered several duets which were greatly appreciated by all present.

After this fine musical program, "Where Do You Room?" was presented, and the Doctor’s jokes were indeed a pleasure.

Dr. Young spoke upon the topic "Where Do You Room?"

The lecture was one of the finest we have been privileged to listen to this year.

After this fine lecture, the meeting was closed in the usual order by a number by the band.

Assembly, April 24

Assembly was opened by the band playing Sousa’s stirring march “Semper Fidelis.” This was followed by a rendering of the old gang’s favorite song, "Anchors Aweigh."

Mr. Paris had charge of the program, and introduced Miss Grimes, a student of Drake University, who played 'Round John T. Downing, Osteopathic University Conservatory, who played many piano numbers. The best was Ruchmannoff’s “Prélude in C Sharp Minor.” This was followed by "Charge of the Ukians."" This was followed by "Deppen’s "A Japanese Sunset."" An arrangement of "Dixie" for Miss Grimes played on piano with the right hand and a different one with the left.

The Mill College Student Club, under the management and personal direction of Red Stewart gave that sour-sounding old melody "Ya Ain’t Done Nothing but give our Nell." The featured players were Homer Friend as the cruel old man when the door-man in assembly this year.

It was a fine lecture, and this day will be set in the history of the U. S. Naval recruiting station.

May 12, an old tradition of Still College is to be revived, and this year it will be se... as "Stillonian Day."

A morning program will precede the distribution of the year books. M. J. Schwartz will present at the delination of the student body, a musical program and two well-known speakers—Mayor Parker Crunch of Des Moines, and Lieut. J. S. Van Cleve, U. S. Naval recruiter—will be present.

Return

Visitors at the College

We are always glad to welcome visitors to the college, and will print, in each issue, the names of those who favor us with visits. The following were with us during the past month:

Dr. S. S. Still, founder of Still College, was introduced to the assembly. Mrs. Brunk, for several years, was introduced to the assembly. Miss Jessie Forbes, Ft. Dodge, Iowa.

Stillonian Day

Friday, May 15, an old tradition of Still College is to be revived, and this year it will be set aside as "Stillonian Day."

A program will precede the distribution of the year books. M. J. Schwartz will present at the delination of the student body, a musical program and two well-known speakers—Mayor Parker Crunch of Des Moines, and Lieut. J. S. Van Cleve, U. S. Naval recruiter—will be present.

It is requested that all complete their payments for the book by the day of distribution. Payments may be made to M. J. Schwartz, O. E. Rose, or J. N. Gill.

Changes Location

Dr. John T. Downing, Osteopathic Physician, announces the change of his office from its former location in the Bowman Building to 614 First National Bank Building, Scranton, Pa.

Births

Born to Dr. and Mrs. D. H. Wire, a daughter, Doris Anne, on April 18, at Bridger, Montana.

Born to Dr. and Mrs. F. B. Heibel, a son, Frank, on April 9, at Iowa Falls, Iowa.
Springfield, Illinois, and Return

(Continued from page 3)

Liturature. On account of the shortness... I
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Half a fried chicken and all the up and smile after an introduc-
Hildreth was the only one al-
shortness of the time, Arthur -
Abe Lincoln and we filled in for the
Hotel to an A. B. C. Luncheon.