Des Moines An Ideal Convention City

The City of Des Moines has long been known as the Convention City and rightly, for Des Moines is prepared in every way to meet the needs of any convention, whether it be large or small, in a most excellent manner. It is ideally located in the center of the Osteopathic profession and as has been said is less than two hours from the ninety per cent of the profession.

The first six months of the year 1928 there were one hundred and five conventions entertained in this city, among which was the American Home Economics Association. The attendance was the largest to this convention that it has ever been and they heartily endorsed Des Moines as a convention city. This convention was of special interest to the Osteopathy because of the fact that Dietetics was stressed and it is of vital interest to both.

The week of July 10th will bring another convention here that will number between six and ten thousand visitors. The Lions International is known to all and when they choose Des Moines it is an added boost to be sure.

The American Association for the Advancement of Science has already chosen Des Moines for their meeting in 1929. This will mean that there will have been two and three thousand of the leading scientists of the world meet here to place before the convention the modern progress and development of Science.

Considering the above there is no doubt that Des Moines offers an ideal place for the National Convention of 1929. But added to this is excellent hotel accommodations, large and convenient halls, golf courses, parks, and theaters that offer you a complete and varied program, the greatest of all a spirit of hospitality and co-operation.

Those in Favor Vote "Aye"

The other day I met Dink Tofes on the street here in Des Moines and we got to talking about the coming convention in Kirkville. Dink said he thought the Friars and Lucky 13 ought to get together again so he would make a special effort to be present. Virg Halladay.

By the time this reaches you your plans will be completed for your trip to the birthplace of Osteopathy. We want to meet all of you there, talk over old times and hear again those of our profession who have the true osteopathic concept.

Des Moines will be there again this year with the same plan that has been put before you at each of the past several conventions. We are not intending to let you down in any way possible. The profession of the state of Iowa is organized and will be heard from next month the faculty in the college will be there either on the program or attending for the many good things they will hear.

We hope to see you in Kirkville this year and that you will see us in Des Moines in 1929.

IDEA

Alumni

Boost for Des Moines as the city for the National Convention of 1929. Do not wait but talk to those that are going to Kirkville and tell them why they should help boost Des Moines. Throughout this paper there are members of our profession who are now depending on you to have a crowd out that will show Kirkville a thing or two.

C. W. Johnson.

1929?

The question before the house is—will it be Des Moines in 1929? All those in favor say "Aye." That's fine and not a dissenting vote. So we hope it will be when the question is put before the convention at Kirkville. We have a confidence in you that you will lend your influence in this direction and bring the convention to a city that is well qualified to handle such a convention.

The Osteopathic profession of the state and the city are behind the movement to a man and are pulling hard. The Des Moines Still College and the Des Moines General Hospital have offered their whole-hearted support to the National Association in their desire to serve the entire profession.

They assure you a welcome that means a REAL WELCOME.
Obstetrics

A physician in general practice cannot afford to turn over his obstetrical work to a rival. This is the opinion of one per cent of our profession for more inquiries are coming in all the time as to the possibility of taking special work along this line. Still College is not making any effort to establish a postgraduate clinic along this line. With the growth and development of the college this department under the capable guidance of Dr. Robert Bachman has kept pace with the needs of the student and the objective of the college, that is, the complete clinical training of the student uniquely realized in this department.

This last year we have had an average of four deliveries per graduate. This means that each student has been out on more than four cases mentioned. His preliminary training up to the point where he is permitted to make the delivery necessitates his presence acting in a very important capacity, advancing with each attendance until he is thoroughly familiar with the routine involved in this work. When he reaches that part of his training that he must make the delivery he is not nervous. He knows what has been done and what is to be done and he is thoroughly at ease. It is because of this system that the students of Still College leave the institution with that feeling of capacity, justified by their opportunities in this and other clinical departments.

Let me look over the work of the department just a little. One hundred seven boys and seventy-two girls have been brought into the world this last year by the students of Still College. Of these eighty, or four pair, were twins. No mothers died. No mothers were infected. There were no cases of eclampsia. There were no cases of postpartum paralysis. Fifty-two per cent of the cases had been delivered in the clinic during the last three years. This is a notable feature of our work along these lines. We could not have pleased everybody all the time. But since the department is conducted with the idea of efficiency foremost it is a feature that holds the attention of the patients and makes them realize the service they are receiving. They come back and they bring a friend.

Nine inevitable abortions have been taken care of in the clinic. The causes incident to these have been listed as flu, injury due to falling, train or being struck by a fondly, and one case brought on by shock upon learning of the death of her mother. There were two stillbirths reported and three died soon after birth.

Considering the environment of most of the cases it is remarkable that there are no more abnormalities develop in the course of labor. We could hardly expect to see one Caesarian, two instrumen
tial deliveries, four breech presentations and two cases on which a podalic was performed. These records are accurately kept and have been for years, even before the state required the registration of such cases.

Not long ago a boy eighteen years of age and his father came to the office to secure a copy of the record of his birth. It was necessary in some business transaction. We were able to give him the date, time of day, address, student making delivery and students attending the case as assistants.

If you want the students you are sending to colleges of Osteopathy to have a training such as this:

One Way Traffic

There is only one road to the town of “Success.”

The name of the road is work.

It has room for only honest guests,

Traffic’s blocked to those that shriek.

The road is open all hours of the day.

It heeds neither time nor date.

And now is the time to start on your way.

For tomorrow will be too late.

Nearly all of the way is an uphill road.

It seem like a tough old fight,

But once on your way just bear up your load

And keep going with all your might.

You will pass through many towns each day,

Such as Failure, Gloom and Despair;

At each of these stations just keep on your way.

For “Work” does not tarry there.

After you have entered the town of “Success,”

Though your load may have been heavy at first,

Once inside you will find both comfort and rest,

Just be thankful you started for there.

New Osteopaths

Word has just been received of the birth of a daughter to Dr. and Mrs. W. L. Roy Skidmore and a son to Dr. and Mrs. C. C. Jackson.

Commanding Voice — Halt! Who goes there?

In the Dark — The National Convention of 1929.

C. V. — Where are you going?

V. C. — Des Moines, Iowa.

C. V. — O. K., go ahead.
Time Out

Call a halt in your daily work and look over the city of your community, those that come into your office and those that you meet outside.

Did you ever suggest the study of Osteopathy?—Well, just mention it to them and notice their interest. That is your cue. If they are interested in the slightest degree, stir their interest and tell them 'That Something' about the field of Osteopathy. If you haven't the 'dope' to give them write to us and we will send the necessary information. It won't be long now until you will be going to the National Convention in Kirksville and there you will learn a lot about what business of Osteopathy.

Find out why Osteopathy is gaining strength with people from all walks of life. Get a new vision of Osteopathy, look into the future and after the Convention comes to an end go home and talk Osteopathy.

That Something

(Continued From Last Issue)

I then saw myself start, my eyes opened and I dreamed that I saw:

"What waked me?" I asked in my dream.

"You waked yourself," answered a voice nearby.

I turned about, but no one was there.

"Who are you?" I asked.

"I am 'That Something,'" came the reply.

"But where are you?"

"I am hidden in your soul."

For some moments I thought over what was said.

"How," I stammered then, "how did you get there?"

"I was born there."

"Why have I not known you were there before?"

"No man knows it," answered the voice.

"Then you must be Faith."

"Yes," came the answer, "I am Faith, but I am more than Faith. I am that which makes men face the fires of hell and win."

"Then," said I, "you must be Confidence as well."

"I am more than Confidence, I am that which makes the baby lift worlds upon their wavelets."

"You are Power," I cried.

"Yes," answered the voice. "I am that which makes the wretched failure rise up himself and rule the world."

"You are Ambition. I know you now," I cried.

"Yes," answered the voice, "I am that which makes men face the fires of hell and win."

"Then," said I, "you must be Ambition also."

"I am Ambition and Power and Confidence and Faith, but I am more than all these."

"You are the Round-up!" I cried.

"The Round-up!" boomed the voice. "The Round-up!" It was the voice of the Champ, the voice of the Round-up. "We are the Round-up!"

"Then," said I, "you must be the Round-up!"

"Yes, I am the Round-up!"

"But what are you?"

"I am the Round-up!"

(A. O. A. CONVENTION
KIRKSVILLE - 1928
DES MOINES - 1929)

(Continued on page 4)

Iowa State Board Questions

(Continued From Last Issue)

Chemistry

1. What is inorganic chemistry? Organic chemistry? What element is a necessary component of all organic compounds?

2. What is an element? A compound? Give an example of each.

3. Name ten elements found in the human body.

4. What are the chemical processes undergone in the formation of hydrochloric acid in the stomach?

5. Differentiate between physical and chemical phenomena. Give examples of each.

6. What is glycojen? Where found? Test for same.

7. Describe a chemical test for blood, Urea, Uric Acid.

8. What is the add constituent of gastric juice, urine and bile?

9. What is meant by a chemical antidote? Example? What is meant by a physiological antidote? Example?

10. Name the most important substance for urinalysis with the use of each.

Physiology

1. Explain the difference in the action of Pylarin on raw and cooked starch.

2. From what portion of the cortex cerebral do the arm, leg, foot and knee receive their motor impulse?

3. Mention the enzymes of the Pancreatic juice and state the functions of each.

4. How is the automatic action of the heart muscle supposed to be maintained?

5. What general conditions influence blood pressure and blood flow through the body?

6. Discuss the origin and significance of urea.

7. Explain the reaction of the following and state the cause of reaction: gastric juice, blood, urine, pancreatic juice.

8. What is meant by vasomotor nervous system of the body?

9. What are carbohydrates and what part do they have in the general metabolism of the body?

10. Describe the physiology of menstruation.

A HARD PROBLEM

The little girl returned from church deep in thought on the sermon, in which the preacher had declared that animals, lacking reason, could not go to heaven.

As a result of her meditation, she presented a problem to the teacher at the dinner table, when she asked, earnestly:

"If cats don't go to heaven, will the angels get strings for their harps?"

(Continued on page 4)

The Round-up

"The Round-up" is right. Us cow folks have just ended the greatest roundup that Texas has ever known. I have been set by your editor to give you all a little dope on it. "outside stuff" as he specified. Well for my part it will be all outside stuff, because tickets were so hard to get, and 'even with tickets it was pretty hard to get inside.

As you all know the Democrats (an old Southern family) for the first or second time, headed the herd. Some of the boys threw the rope on Jim Reed, but they couldn't raise him on it.

We heard a lot of man talking about their favorite sons, I never knew before that one man could have so many fathers.

The politest cuisin' I ever heard was done by Claude Bowlers, when he talked about the Republicans. I heard him over the radio and at first thought he was talking about the Black Plague, until he mentioned Lincoln. The man cigars are named for.

The Houston police force was enlarged even more than I was when I first came to town.

I heard also the downtown streets was all marked off for "No Parking" and it gave the new cop something to do teaching people how to read. Some streets was marked "One Way" and it was always my luck to get on one headed the wrong way from where I wanted to go.

The only wet thing about this convention was the first day, when we had a good shower.

Will Rogers was here, with a facetect of chewing gum. Will showed some of the local boys how to play polo. He done a good job of it too.

There was also a Wild West Rodeo in town at the same time, and them cowboys acted as if the bovine quadrupeds were Republicans, the way they claimed them around the arena.

A. O. A. CONVENTION
KIRKSVILLE - 1928
DES MOINES - 1929

(Continued on page 4)
"That Something"
(Continued from page 3)

soul, or else he will be but a
clutterer of the earth on ... want your students
to have every advantage in the
line of diversified clinics.

Then, the boy with a dozen bundles
stopped near me to shift his load.
"I'll help you, son," I said, and
The boy was waiting for me at
the foot of my hotel, and I asked him
the way to the nearest store.

"Aw," he answered, "quit your
question someone called him, and
he hurried away.

I took off my coat and hung
it on a nail near where the other
men had hung theirs.

"Who got it for you?" he
asked curiously.

"That Something," was my an-
swer.

"Why, that was secured for
me before I showed up there," I
answered.

"What department?" he
asked finally.

"That Something" c a m e
the reply. "Borrow it from your
soul and baptize your life with
it. That will make your eyes, that
you may see; anoint your ears, that
you may hear; anoint your heart,
that you may live.

"But tell me," I cried, fran-
tically, for the voice was trailing
off almost to a whisper, "how can
to this? How? How?"

They not my eyes, that
you may see; anoint your ears, that
you may hear; anoint your heart,
that you may live.

"That Something"
(Continued from page 3)

Athletic Clinics

One day last week one of our
best known coaches in Des
Moines stopped the writer on
the street and leaned him
against the corner of a building
and talked to him for nearly an
hour. Ordinarily we do not like to
be bothered that length of time
when we are on our way to do
a little shopping, but cases like
this are an exception. When
we have to do more than an hour to
this coach and as far as is con-
cerned to the others we were,
that last several years have had
the advantage of our clinic in the
care of the boys in the athletic
departments of our public school
system. Well, what did he talk
about?

Suppose you were sold on a
subject that related closely to
your own specialty, so closely in
fact that your success depended
on the attention you could secure
with the specialists in that subject.
That is all of the way.

A man was shaking me
and giving me another queer
feeling, and I turned toward the
window. The boy was waiting for me at
the foot of my hotel, and I asked him
the way to the nearest store.

"I'll help you son," I said, and
The boy was waiting for me at
the foot of my hotel, and I asked him
the way to the nearest store.

"I'll help you son," I said, and
The boy was waiting for me at
the foot of my hotel, and I asked him
the way to the nearest store.

"THAT SOMETHING"

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the foot of my hotel, and I asked him
the way to the nearest store.
THE Log Book
PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 6 August 1, 1928 Number 2

AND

Little Stillonian

Special Convention Edition

In Memory of the Birth
of Our Founder

DR. A. T. STILL
FOUNDER OF OSTEOPATHY
N. B.

Again we take pleasure in presenting to your our special Convention Edition of The Log Book. As has been our custom, many of the pictures are taken from the last edition of The Stillonian, our annual. It is impossible for us to offer in this small way a complete report of the many activities of the college but you will note that we are advancing and progress is the key to success.

Our Faculty shown on pages three and four remains practically the same. This is evidence of satisfaction on the part of the student body and cooperation on the part of the instructor.

Page five introduces you to our trustees who bear the burden of the management of the college. We also give you a resume of the work of the clinic. Since our occupation of a new home the clinic is of a much higher class and is enlarging rapidly.

A brief history of the college is given on page six.

The college building with a descriptive text will be found on page seven.

Pages eight and nine show the 1927 and 1928 student body.

The schedule of classes will be found on page ten. Note the calendar and regulate your arrival to Des Moines accordingly.

Iowa's Osteopathic Hospital, conducted for and by Osteopaths is shown on page eleven.

Our organizations, of which we are proud, have been given page twelve.

Still College is known in the athletic world. See page thirteen.

A word about student activities will be found on page fourteen.

Just a bunch of snap shots from the Stillonian, page fifteen.

Des Moines—the Convention City—where we want you to see us in 1929—page sixteen.
D. M. S. C. O. FACULTY

MISS AVA L. JOHNSON
B.S., M. Sc., B. Sc., H. Ec.

DR. B. L. CASH
D. O.

DR. H. J. MARSHALL
D. O.

MRS. Z. A. INNES

DR. W. J. NOWLIN
B. S., M. D.

PROF. I. C. GORDON
B. A.

MRS. K. M. ROBINSON
Secretary

Page Four
Still College Clinic

The last two years of the student’s training is intensively filled with practical work. In order for this to be truly practical, each student must put in a minimum number of treatments and hours in actual attendance on cases. Many of these are in homes and are typical of the general practice the physician meets outside his office. The proportion of office to outside work is shown by the relative number in the tabulation below.

Still College claims the most complete and efficient Obstetrical Clinic of any of our colleges. This service is extending each year. The care of athletes is getting to be a real specialty, and eleven institutions in our city avail themselves of this branch of our work. Our Osteopathic Hospital offers the student contact with this important phase of Osteopathy:

Osteopathic Treatments (given in the college)..................68,000
Athletic cases cared for at the various schools..................7,000
Obstetrical cases (each senior in attendance at seven deliveries).........................................................189
Hospital Clinics..................................................2,500
Bedside Treatments (in homes)..................................4,000
Historical Sketch

BY DR. ELLA STILL

IN THE SUMMER OF 1898 there come to Des Moines a group of people who were imbued with the desire to spread the gospel of Osteopathy and to choose for that purpose a place which should afford all the advantages necessary. They had decided that two of the essential things could easily be obtained in Des Moines—unlimited clinical material and employment for those who wished to work in order to help meet their expenses. The first year the school was conducted in a reconstructed building just opposite the school grounds. In the fall of the second year, a very joyous faculty and student body took possession of the structure which now houses the Des Moines Still College.

Those who were instrumental in starting this school were Dr. S. S. Still, nephew of the “Old Doctor,” Dr. Ella Still, Col. and Mrs. A. L. Conger, Dr. W. L. Riggs and Dr. Helm. To this group were soon added many more, who were well known in the Osteopathic world, and thus was formed a faculty which ranked among the best. The College was named the Dr. S. S. Still College of Osteopathy. The only one to bear the name of STILL. The growth of the institution was phenomenal.

In a short time it absorbed the Milwaukee, Northern, Fargo and Southern colleges of Osteopathy. It was the first college to confer the degree Doctor of Osteopathy. Up to that time, the graduates were known as Diplomats. It is interesting to know that every instructor was a thorOsteopath and in every class the subject was emphasized. One could write volumes on the early days of this college and then not tell of all the wonderful things accomplished. I should like to name all those who were associated with us, but space forbids; suffice to say that there was never a group, faculty or students, more enthusiastic, all working together for the advancement of the science.

With the growth of the city and college, it was plain to be seen, a number of years ago, that a new location must be secured. With this in view, the college purchased a suitable tract some distance out on Sixth Avenue. With a fine college building in mind, plans were made to move as soon as the building could be completed. Consideration for the two main factors in the development of the college changed the original plans, and this year the trustees announce the acquisition of a building adequate in every respect, and ideal for clinic and convenience. This is indeed what we have been looking forward to for many years. It is a new beginning for Still College.

The good work started in 1898 is still being carried on in the Des Moines Still College. May there be no wavering of faith; may we not lose sight of the fact that we owe much to Dr. A. T. Still, who had his dream come true—the benefits of which we share.
The New Still College Building

The Des Moines Still College of Osteopathy is occupying a new home. This is something we, as a group, have looked forward to for some time. Our new site and building is a great pride to us, and it has come to us at a time when most needed. Our old location on Locust Street has been over run for some time by the automobile industry, the disturbing noises from which have at times caused a temporary suspension of lecture work. The new home is away from this noise and on a wide and newly paved street. We are indeed happy and proud to announce the acquisition of this fine building, which fulfils a long-felt want and meets our needs so well in every respect. When you are in the city we want you to visit us. Seeing is believing.

LOCATION: 720-722 Sixth Avenue. This is on the west side of the main north and south highway thru the city. Across the street to the east is the new Consistory. Grand Avenue, the main east and west highway, is three blocks south. The site is convenient for patients and for the student body, and yet away from the noise of the business district.

STRUCTURE: Steel and concrete forms the basis in the construction of the building, making it fireproof thruout. It is faced with white enamel brick, five stories in height and constructed with the idea that two more floors may be added. Alleys are found on three sides, insuring adequate light and ventilation. 28,000 square feet of floor space is available, and as plans show, has been easily divided for our convenience.
apathy Student Body 1927-1928
SCHEDULE OF CLASSES

FIRST YEAR—First Semester

ANATOMY.......................... H. V. HALLADAY
BIOLOGY.......................... W. J. NOWLIN
CHEMISTRY........................ F. R. SUTTON
EMBRYOLOGY...................... W. J. NOWLIN
PHYSICS.......................... I. C. GORDON

HISTOLOGY........................ A. L. JOHNSON
ANATOMY.......................... H. V. HALLADAY
PHYSIOLOGY....................... C. F. SPRING
PATHOLOGY......................... J. M. WOODS
PRINCIPLES AND TECHNIC........... C. F. SPRING
ANATOMY.......................... H. V. HALLADAY

SECOND YEAR—First Semester

ANATOMY.......................... H. V. HALLADAY
HISTORY AND THEORY............... C. F. SPRING
PHYSIOLOGY....................... A. L. JOHNSON

NERVOUS PHYSIOLOGY.............. C. W. JOHNSON
SYMPTOMATOLOGY.................. C. W. JOHNSON
PATHOLOGY......................... J. M. WOODS
PRINCIPLES AND TECHNIC........... C. F. SPRING
ANATOMY.......................... H. V. HALLADAY

TECHNIC.......................... W. J. NOWLIN
LABORATORY DIAGNOSIS............ Z. A. INNES
PHYSICAL DIAGNOSIS.............. H. V. HALLADAY
COMPARATIVE THERAPEUTICS....... W. J. NOWLIN

OBSTETRICS........................ R. B. BACHMAN
GYNECOLOGY....................... C. W. JOHNSON
OSTEOPATHIC THERAPEUTICS....... J. M. WOODS
ORTHOPEDICS AND TECHNIC......... H. V. HALLADAY

DENTISTRY AND SANITATION........ A. L. JOHNSON
OBSTETRICS........................ R. B. BACHMAN
NERVOUS AND MENTAL.............. J. M. WOODS
SURGERY.......................... J. P. SCHWARTZ
THE EAR, NOSE AND THROAT....... H. J. MARSHALL

SECOND SEMESTER

PEDIATRICS......................... M. E. GOLDEN
PSYCHIATRY......................... C. W. JOHNSON
PROCTOLOGY and UROLOGY.......... J. P. SCHWARTZ
SURGERY.......................... J. P. SCHWARTZ
RADIOLOGY and PHYSIO-THERAPY... W. J. NOWLIN
MEDICAL JURISPRUDENCE........... JUDGE UTTERBACK

LABORATORY TECHNICIAN.......... Z. A. INNES

Laboratories under the direction of the head of each department are conducted in the afternoons in the following subjects: Histology, Biology, Chemistry, Bacteriology, Embryology, Physiology, Pathology, Anatomy, Technic, Gynecology, and Clinical Diagnosis.

1928-1929 CALENDAR

REGISTRATION..................... SEPTEMBER 6
CLASS WORK BEGINS................ SEPTEMBER 9
ARMISTICE DAY RECESS.............. NOVEMBER 12
THANKSGIVING RECESS.............. NOVEMBER 28 TO DECEMBER 3
CHRISTMAS VACATION.............. DECEMBER 20 TO JANUARY 3
GRADUATION....................... JANUARY 17
REGISTRATION..................... JANUARY 18
CLASS WORK BEGINS................ JANUARY 21
INAUGURATION DAY RECESS.......... MARCH 2
GRADUATION....................... MAY 23

Page Ten
NOT ONLY DO THE STUDENTS of the Des Moines Still College of Osteopathy enjoy the advantages of an extensive Osteopathic clinic but in addition, they have offered to them every courtesy of the Des Moines General Hospital, which is under strict Osteopathic management. Dr. J. P. Schwartz, president of the hospital and surgeon-in-chief, also acts in the capacity of Dean of the College. Dr. H. J. Marshall, secretary of the hospital, is instructor, and at the head of the Eye, Ear, Nose and Throat department, Dr. B. L. Cash, of the hospital staff, is instructor in X-Ray and Electro-Therapy. The two institutions are not operating under the same charter, but there is co-operation in each department, which makes for the mutual benefit of all.

Extensive plans are under way for the erection of a new and strictly modern building for the hospital which will replace the present structure. With the new college building a reality and prospects for a new hospital, the profession can be truly proud to point to Des Moines as a greater Osteopathic Center.
STUDENTS OF OSTEOPATHY have for many years supported several organizations that are national in scope. Those represented at Still College are Iota Tau Sigma, Phi Sigma Gamma, Atlas Club, Delta Omega and Axis Club. The official honorary fraternity of the profession, the Sigma Sigma Phi, has established its Beta Chapter in our college. The Sigma Chi Omega and several other organizations are local but each fulfill a need in the activities of the student body.

Recently we have been honored by the installation of the Still Square of the Square and Compass Fraternity, an affiliated organization of the several Masonic fraternities. Still College is the only Osteopathic College having a chapter in this organization.

Thru the activity of these organizations, the social life of the college is maintained. Numerous parties, dances and other events fill the calendar throughout the year and assures the student adequate recourse from academic staleness.
Athletics

 Sutton, still and success are linked together during the greater part of the year. Coach Sutton is well known for his work with the boys and has, even under adverse conditions, brought out teams that were successful.

This next season in football promises to be one that will attract more than the ordinary attention. The schedule is full and the material is at hand. Our past basketball season speaks for itself, fourteen games won out of twenty played.

The trustees of the college are fully aware of the effort the average student has to make to keep up his work in the college and play football or basketball. In consequence, our athletes are allowed a credit that fully compensates them for the time spent in this work.

Coach Sutton

and His 1928 Basketball Team
Student Activities

As in other institutions of a like nature, student activities are not limited to those related particularly to the fraternities. The Sigma Sigma Phi and Pan-Hellenic Council, whose memberships are made up of representatives of all organizations, initiate many functions where the entire student body takes part. In season, golf, tennis and baseball tournaments are in progress and the winners are rewarded with suitable trophies. The band and orchestra furnish an outlet for talent of that type, and the assembly held each Friday morning, brings out a vast amount of student entertainment.

An important event at the graduation of each class is the presentation of the honor medals furnished by the college by the Sigma Sigma Phi. A special committee selects from each class one who has proved himself most satisfactory in his Osteopathic work, and another who has shown particular interest in school activities. To each of these, a gold medal is awarded; one for Proficiency in Osteopathy and the other for Exceptional Service.

Des Moines has a number of conveniently located parks and recreation grounds, and it is not unusual for classes or other groups to gather at these parks for breakfasts or picnics. Thru its theatres, the city offers the best in all types of entertainment, and theatre parties among the various groups are quite common.
Come to the city of Des Moines—The Ideal Convention City.

The years you spend acquiring your college education are the most important of your life. Your choice of a college should be based upon good judgment. If you consider a professional education are the most
Supplement to THE Log Book

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 6 August 1, 1928 Number 2

In Recognition of the Achievements of the

FOUNDER OF OSTEOPATHY

Dr. A. T. Still

The Royal Union Life Insurance Co. of Des Moines, appreciates his contribution to science, and extends its best wishes to those who are following in his footsteps.
ACH YEAR that rolls by Osteopaths everywhere are continuing to build to the memory of the “Old Doctor,” and if he were living today he would be the most ardent and enthusiastic backer of the Endowment Fund being created for the Des Moines Still College. Dr. Still would be quick to catch the vision of what this far-reaching Program would mean to the General Profession and Science of Osteopathy as a whole.

One of the giant Companies of the West, The Royal Union Life, is pioneering and backing this new idea. The plan is new, is perpetual, is original, is equitable, is practical, is uniform, unique and within the reach of all those interested in the betterment of Osteopathy.

It is a “double duty” financial investment whereby you may contribute towards this Endowment and yet receive property, the value of which is much more than your cash deposits, and the insurance feature completes your contribution in case of your “premature death” and also pays your estate five hundred per cent more than is paid to the Endowment.

The simple method by which these contracts are placed is a new departure in underwriting. The transaction is all handled by mail. There is no red tape; no chance of loss; no time-wasting interviews; no medical examination. The Company recognizes the Osteopathic Profession by allowing Osteopaths to make examinations when they are deemed necessary.

Our Mr. E. J. Strong will see you this year in Kirksville. Your visit to our home office in Des Moines in 1929, is anticipated with pleasure.
A.O.A.—1929—DES MOINES

Annual Convention of the O. & O. L.

The O. & O. L. Society held its annual convention in Des Moines prior to the A. O. A. convention. About 200 doctors were present, although they were not all ear, nose and throat specialists. There are a lot of men and women in our profession who are not specializing but who are interested and are doing some ear, nose and throat work and they are invited to hear the papers and discussions and to attend the clinics. There were about twelve of our specialists examining and operating. The clinics were so large that many of the doctors had to operate every day during the week of the A. O. A. convention.

Dr. Edwards, the program chairman, arranged a splendid program and everyone who attended said that it was one of the best programs that they had ever listened to. Eighty-five attended the banquet which was held Friday night at the Travelers Hotel. Dr. T. J. Ruddy served as toastmaster and you can guess that it was some banquet. We were impressed with the new plans of not allowing anyone on the program, to read their papers. They were only allowed to talk on the subject of the paper that they had prepared.

Dr. C. C. Reid of Denver is the program chairman for the 1929 convention so prepare now to be held in Des Moines next year and hear this splendid program and see the clinics.

Clark Elected President

Dr. D. L. Clark of Denver, Colo., was elected president of the American Osteopathic Association at the thirty-second annual convention held at Kirksville. Dr. John A. McDonald of Boston, Mass., first vice-president; Dr. Arthur Allen of Minneapolis, secretary; Dr. Phillip Russell of Fort Worth, Texas, and Dr. Ray B. Gilmour of Sioux City, a former president, were named trustees.

Most people think of it in terms of getting, but success begins in terms of giving.—Henry Ford.
ERATERNITY NOTES

IOTA TAU SIGMA

Gradually the fellows are returning to the house which makes the place look like home again. Some of the Alumni dropped in on their way to Kirksville, and it was good to see them for it looked like old times. Wigal is still working the "runman" in his effort to keep all the Beau Brummels of Des Moines in shape. If he can find time to dress he comes up to the house to get ready to visit the marathon dance at the Coliseum where he is doing his best to help one couple win.

Spaulding is doing double duty at the Des Moines Club and he relieved Wigal occasionally at the Marathon. Wigal is also a member of the Des Moines Club now.

The job of taking care of the lawn rests on other shoulders when the freshmen are busy but give us time it will be in shape by the time school starts.

Dr. Wadkins is back at the house after taking over Dr. Hannah's practice for the summer when the doctor took time out for vacation.

Dr. Earl Shaw paid us a visit on his way to Kirksville to attend the convention. He has now returned to the house and will be with us for a few days.

Dro. Sluss returned for a day and accompanied D. Shaw to Kirksville. Later Mark and the wife paid Dr. and Mrs. W. E. Russell a visit at Leon, Ia., where Dr. Russell is practicing.

We might add that Dr. Ross has spent a number of times from Boone where he is taking a personal responsibility of making the present a-tack on the profession of Iowa to be the greatest in the country. The fact that Dr. Russell is practicing the profession of Iowa, wants to express the same sentiments in behalf of the association.

The convention bureau urges every member of the profession to begin now to make use of every opportunity that will contribute in producing a record breaking attendance.

Congratulations

Melcher-Hughes

Word has been received announcing the surprise marriage of Miss Kathryn A. Melcher, daughter of Mr. and Mrs. Melcher of Nogales, Ariz., formerly of Des Moines, to Mr. Llewellyn S. Hughes of Detroit, Mich.

The wedding took place at the First Presbyterian Church in Toledo, Ohio, Saturday, July 28, with the Rev. Elwood Rowdy officiating.

Mr. Hughes is a member of the class of 1932 of the Des Moines City College of Osteopathy where he is affiliated with the Iota Tau Sigma fraternity.

At present the bridal group is associated with the Ford Motor Co. in Detroit, where the couple will make their home.

Rucker-Lathrop

We have received word that Ralph W. Lathrop also of the class of 1923 and Miss Alyce Rucker, both of Decatur, Ill., were married on July 3. We shall look forward to meeting both this fall. Our best wishes and congratulations.

Dolan-DeLong

Dr. Clifford DeLong of the June class and Miss Nellie Dolan of the May class were married on the fourteenth of April. They are now located at Humboldt, Iowa, where Doctor DeLong has opened office. Success and happiness is all we can say.

A Great Constructive Convention in 1929

BY G. E. HAMILTON
Secretary Convention Bureau

The action of the house of delegates in selecting Des Moines for the 1929 Annual Convention of the American Osteopathic Association, by unanimous vote, is indeed most pleasing and a fulfillment, on the part of the Association, of the recognition of the claims of Iowa, and its capital city for this honor, expressed in the Denver Convention in 1927.

The large number of invitations that were extended by representative cities of the nation for the 1930 convention is evidence of the reputation that A. O. A. has established.

Now that this outstanding convention has been secured it is up to every practitioner in Iowa to assume an active interest and a personal responsibility of making the event here in Des Moines the largest attended and the most constructive in the history of the Association.

Des Moines is prepared to meet every requirement of the National Convention in a manner equalled by few cities. Iowa will be a garden of beauty in convention time and will afford the delegates and visitors an opportunity of personal contact with the great state that produces one-tenth of the food stuffs of the nation to visualize its resources and attractions.

The convention bureau urges every member of the profession to begin now to make use of every opportunity that will contribute in producing a record breaking attendance.

Chairman of Arrangements

As chairman of the arrangements committee for bringing the A. O. A. Convention to Des Moines in 1929, I want to express the opportunity to the profession for accepting our invitation to hold the National A. O. A. Convention in Des Moines next year. At the same time the same committee in behalf of the profession of Iowa, wants to extend to you an invitation to be with us in 1929. We assure you that you will be given hospitality and enjoy every minute of your stay with us.—(Dr. Harry Marshall.)

Internship

Dr. Cecil M. Jones of the January class of 1928 stopped to visit the school on his way to California. He accepted an internship at the Los Angeles Osteopathic Hospital and was on his way to report for duty. He spent some time in Ohio with his parents during the summer.

Great stuff "Deke" and good luck on your trip. Let us know how about the hospital and your work—yes and the wife.

Patient, (after having taken treatment)—Doctor, how much do you charge?

Doctor—"I charge nothing. Three dollars please."

The doctor found that the grocery boy's ear, which had been filled with salt, had turned into water. "How did that happen," he asked. "Have you been washing up?"

"Yes, sir. I have," replied the boy. "I been washing up.

Progressive Grocer.

Mrs. Rucker—"I don't know you from Adam."

"Mashee," she replied. "You ought to, I'm dressed different."

Hotel Clerk—"Have you a reserved room?"

Lady Traveler—"Do I look like an Indian?"

Visitors were present.

"Daddy, may I have a dime?" asked little Georgie.

"Dad obliged, with a smile."

"This time you won't make me give it back after the company's gone, will you daddy?" was the same Georgie's loud remark.—Legion Monthly.

The young son was sick and the doctor was called. He told the boy he must go to the hospital.

Boy: "Oh, doctor, I don't want to go to a hospital."

Doctor: "Why, a hospital's a clean and convenient place."

Boy: "But, doctor, I don't want to go there. I don't want a baby. I want a pup."

One balmy night recently a beautiful young girl sat on the sands at the bathing beach. Her bathful swim was by her side. She cuddled close to him and laid her head on his stallwart shoulder, but it brought no result, for he solemnly kissed her hair, of which she was unaware. She sighed wistfully, and looking up at him with soulful eyes whispered, in a voice husky with emotion, "Kiss me." "I can't," he managed to articulate, "some sand got into my mouth."

Then swallow it, boy, swallow it," she snapped. "If ever anybody needed sand you certainly are the guy."
The Kirkville Convention

(Continued from page 1)

Clinics

Those who have remained at the school during the last months and attended the clinics have been repaid many times over. July of this year has been larger than at any time during the history of the school, by the cases that came to the school have been very gratifying and has provided those who remained with some unusual experience.

Many times during the summer it was found necessary to make the thought of his conformation to the exigencies of reality. It is a question of knowledge and understanding and needs would for a moment hesitate where to cast his lot. Most real and serious.

And what young man in quest of a career, having the whole world before him would then not have life to count? It is mayhap in disillusion that men come ultimately to see that there are two things which finally we get out of life—the ties of home and friendship of the one hand and on the other the contributions we individually succeed in making to the actual progress of the human family. These are the things men live by.

The young man who takes up osteopathy will do so with the conscious knowledge that he will take part in the formative process out of which a great scientific and humanely helpful profession shall grow as the years pass by.

MODERN VERSION

Children should be heard and not heard. Everybody’s Weekly.
Arriving by railroad, auto, airplane or any other method we will have reception committees, information booths, free parking spaces, ample camping facilities, plenty of hotel rooms at no increase in price. Your choice of a multitude of cafes where meals can be secured at the price you want to pay.

Bring your family. Special provision has been made for the entertainment and care of wives of children. Des Moines parks, playgrounds and other amusement places will delight your family. We have playground supervisors, nurses, story tellers and chaperones on the list now ready at a moment’s notice to care for your family.

The entertainment committee has five expert program supervisors ready to take care of your spare time. There will not be an idle minute to drag through when you come to Des Moines.

The registration of clinics for the convention has begun and you will see the greatest array of cases in the history of Osteopathy. The list begins with Alopecia and runs through to flat foot.

There is so much to be told about the coming convention that we can only give you a hint now. Every issue of THE LOG BOOK will carry more information about the greatest Osteopathic convention. Every facility of the college and hospital will be placed at your disposal. It is our opportunity to show you the work of our institutions and to prove to you that Osteopathy is appreciated in Des Moines.

This will be Des Moines’ first National Osteopathic Convention, but not the last. You will want to return.
Board of Osteopathic Examiners

The Iowa State Board of Osteopathic Examiners, in its recent examinations held in the Senate Chamber of the Iowa State Capitol, May 31, June 1-2, examined sixteen candidates for certificates to practice. Fifteen of whom were for the Osteopathic Physicians certificate and one for the Osteopathic Surgeon’s license. Of this number thirteen were granted licenses to practice in Iowa as Osteopathic Physicians and one was licensed to practice Major Surgery. Those successful in the Osteopathic Physicians’ examinations were: Drs. Robert W. Ross, Francis W. McLenach, Oscar J. Dubois, Max Orin Yosburg, Clifford DeLong, Harry A. MacNaughton, Ralph P. Westfall, James Olis Ewig, Hilliard M. Saan, Don Burton Sheets, Kenneth E. Schurr, Roy Guy Trimble, and Arthur M. Friend. Dr. Sidney A. Helebrand was successful in his examination in Major Surgery.

The Iowa law grants two types of certificates, one in Major Surgery and one as Osteopathic physician, and candidates for certificates to practice as Osteopathic physician, must have completed the regular course in a recognized college of Osteopathy, which requires for admission a

(Continued on page 3)

Sigma Sigma Phi Meeting

The Sigma Sigma Phi, national honorary fraternity of professional students, held its annual meeting in the parlors of the Elks Club at Kirkville on August 16th. Following a discussion of the policies to be assumed by the organization during the coming year the officers of the Grand Chapter were elected as follows: Grand President, Dr. H. V. Hall, Des Moines, Iowa. Grand Vice-President, Dr. Herbert Locke, Gainesville, Texas. Grand Secretary, Dr. Paul Parks, Des Moines, Iowa. Grand Treasurer, Dr. C. H. Britton, East Lansing, Mich. Grand Trustee (two years), Dr. A. S. Smith, Wellesville, Mo. Grand Trustee (three years), Dr. J. P. Wood, Detroit, Mich.

Correspondence has been initiated with the field members and chapters as a number of important features have to be taken care of before the reorganization which is planned for 1929 in Des Moines.

There is no present. The future merges into the past with a swiftness that leaves no dividing line. Things must be done now. To wait for tomorrow, to do that which can be done now is to put a mortgage on the future. Success comes to those who know what to do and do it today. The only consideration that should be given tomorrow is to plan for tomorrow. But today—STUDY OSTEOPATHY!

O. B.

The passing of the summer months have found many changes taking place throughout the entire building. Mr. Thompson has been busy with the numerous and varied work that is always necessary around any institution after the long winter and spring months. Mr. Thompson cleared the very top floor in the assembly room, the walls were cleaned and polished. The waiting room and the office appear as if they had been completely refinished and many have spoken of this fact. After completing the entire building it was decided that a wainscoting should be used along the stair wall and the halls. This has been finished in an Olive Green and it vastly improves the appearance of the building.

When the students return they will find the rooms have been completely rearranged and thoroughly cleaned. Mr. Thompson is certainly to be commended on the way he went about the work and upon the general appearance of the building now.

Who’s Who

Dr. Mark Herzfeld of Detroit, Mich., a graduate of the Des Moines Still College was appointed to the Michigan State Board of Examiners for a period of five years.

Accept no substitute for work—there is nothing “just as good.”

Since the last issue of the Log Book the O. B. department has had their hands full taking care of the many calls that come from the various parts of the city. As this issue goes to press there has been fifteen cases. One of the cases was a face presentation which was handled in the very efficient manner of all the cases that are delivered by the students.

The interesting part of all of the cases that are handled by the O. B. department is the praise and satisfaction of the patients after delivery.

McManus Tables Cleaned

Representatives from the McManus Table Company of Kirksville were at D. M. S. C. O. for almost a week giving the tables a complete overhauling and cleaning. There was no doubt that the tables needed such a going over and the work that was done has added greatly to the appearance of the treating rooms. It is planned in the near future to cover the tables that need such attention. Percy Wally has been placed in charge of the tables to keep them in shape so that it will be but a minor job to place them in excellent condition for the convention in 1929.

Everything points to the coming of the new year and the passing of the old year. It will be the selection of a date for the national meeting, following which you will be treated to the latest news relative to the activities of this group. Watch the Log Book.

Let me do the thing that ought to be done, when it ought to be done, as it ought to be done, whether I feel like doing it or not.
Iota Tau Sigma

There is but little to say this issue. We await the return of everyone. We can say that... c'n I have the little piece of pie that was left over from dinner?"-Goblin.

Phi Sigma Gamma

Bro. Shaffer quietly left town last Friday. He said for a vacation trip to the lakes.??
Bro. Helsen left Sunday to join the Shaffer's and now to visit his folks before definite going to the house for a few days. He will soon be in ship-shape for the start of the 1929 convention in Des Moines.

Francis-Shideler

Of interest to the graduates of D. M. S. C. O. is the marriage of Dr. Maisie Francis and W. Durward Shideler which occurred last summer at Layton Long, All goes well in the fair city.

I. T. S. Welcomes A. O. A.

We too are pleased that the A. O. A. has decided in favor of Des Moines for the 1929 convention. We unhesitatingly say that the convention decision to hold the 1929 convention in Des Moines meets with the approval of every member of Iota Tau Sigma.

Branching Into Athletics

Many requests are constantly coming to the Log Book in regard to the articles on Branching Into Athletics which were written by Dr. H. V. Halladay. Don't you think that we should want the back numbers sent to us and have them reprinted in the comin numbers.

When one reads of the inspiring work that is being done in Kansas University along this line it is an added incentive to the men in the field who are taking care of athletes and athletic teams to carry Osteopathy farther into this field of work. The story shows to those interested in this work what Osteopathy will mean for the athlete.

The prospects for the 1929 football team are very promising according to the report of Coach Frank Sutton. There will be eleven of the regulars in training who will return to give their best for D. M. S. C. O. Two of these men, Capt. D. N. Shaw, tackle, and Frank Dornbush, center, are three year men. Those of the regular squad of last year are: James Shaffer and Allen Nelson, guards; Lee Lindbloom and Donald Hughes, tackles; Harold Davis and Ralph Lang, ends; Mikael Cronen and Obie King, halfbacks. These men will find it necessary to fight all the time and to be on their toes every minute when there are such men from the squad available as Paul, fullback; Menger and Ward, guards, and Schwartzbaum, end. Gill, quarterback, fullback, and halfback, are expected to be out and give a good account of themselves.

Motorist—"Your honor, I'm deaf.
Judge—"That may be, but you'll get a hearing in the morn. Next case.

Mrs. Narga—"You deceived me before I married you. You told me you were well off.
Father—"I didn't notice any change in him.

"Let's get up a university," said the enthusiastic organizer. "I've got a philanthropist, a corner stone and a good half back."
"That Something"

It has been most gratifying to receive letters from the practicing osteopaths throughout the field in regard to their enjoyment of the article entitled "That Something," from the Log Book. Such statements as: "I enjoy your little paper and especially the article 'That Something.'" Be sure to send me the paper containing all of that story and make two copies of the Log Book. My contention has always been that the article or it has not yet been continued. The fact is that, there was no such thing as a type of preparation which the editor wanted to be "red hot" that it was impossible to go on with. There is a large increase in the last issue. The remainder of the story will be printed at the earliest possible convenience.

Illinois Public Hospitals Cannot Bar Osteopathic Physicians

Osteopathic physicians and surgeons in every state must pass similar or equal tests with the surgeons in every state to practice therein, the same privileges in any hospital that is maintained wholly or in part by public funds or contributions.

The attorney-general of Illinois sustains this viewpoint in a recent report as follows: "The hospital in question is maintained by public funds and the patients, should have the same privileges in any hospital that is maintained wholly or in part by public funds or contributions.

The Log Book

The Log Book
The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President C. W. Johnson
Faculty Advisor H. V. Halladay
Editor R. B. Kale

Osteopathy Without Limitation

Mrs. Robinson

Mrs. Robinson, secretary of the school, has returned from a trip. She spent the two weeks motoring, visiting many osteopathic friends. "Sandy," proved to be a faithful companion throughout the trip and never did she have to change a tire or stop along the road. Mrs. Robinson claims this to be the joy of motoring. She is planning a long trip into the east for next summer. She expects to drive to New Hampshire, which they have pursued preliminary education, and then to New Hampshire's famous lakes. "There is no death!"

By Balcer Lyttom

There is no death! The stars go down;
To rise upon some fairer shore;
And bright in heaven's jewelled crown
They shine forevermore.

There is no death! The dust we tread;
Shall change beneath the summer showers;
To golden grain, or mellow fruit;
Or rainbow united flowers.

The granite rocks disorganize;
To feed the hungry mass they bear;
The forest leaves drink daily life
From out the viewless air.

There is no death! An angel form
Walks over the earth with silent tread;
He bears our best loved things away;
And then we call them "dead."

He leaves our hearts all desolate,
He plucks our fairest, sweetest flowers;
Transplanted into bays, they now
Adorn immortal bowers.

Born unto that dying life,
They leave us but to come again;
With joy we welcome them—the same,
Except in sin and pain.

And ever near us, though unseen,
The dear immortal spirits
Tread for all this boundless universe
Is life—there are no dead.

Is Life Worth While?

In a recent book, entitled "Twelve Thirty," Edward W. Bok raises the interesting question, "Is life worth while?" In answer to it, he says, "There can be no question of the worthwhileness of life if one gets at it thoroughly and plays it true. But one must bear such thoughts as these among others in mind:

"To do the thing at hand that is waiting to be done, instead of looking around for something else to do.

"To put more into the world than you take out of it, and to give everyone more than you get. I believe that you were put into the world to take part in its activities for the purpose of a sham in its accomplishments.

"To do the conviction and let no one shake it, that there is always one real factor in life, and that is Truth.'"

Board of Osteopathic Examiners

(Continued from page 1)

four year high school course or its equivalent and a professional course of four years of medical instruction. An applicant for the major surgery license above, two additional years post graduate work in Major Surgery, one of which shall be in college and one in a hospital equipped for doing Major Surgery and having twenty-five beds.

The Iowa State Board of Osteopaths have always prided it self upon the fairness of the questions asked in its examinations. Nothing catchy or unfair has been included in the list of applicants during the past few years and note the high type of preliminary education which they have pursued preparatory to taking the general professional course of study is covered in a general manner, in an honest effort to determine whether or not the respective applicants are competent to go out and enter upon the general practice, and according to Dr. D. E. Hannan, who has been secretary of the board for the past two years, it is certainly a pleasure to scan the list of applicants during the past few years and note the high type of preliminary education which they have pursued preparatory to taking the regular professional course of study, many of whom have college degrees. This type of preparation is surely bound to react most favorably upon the profession as a whole in years to come.

Those About School

Those who have remained at school for the summer or at least most of the summer are:

L. J. Grinnell;
C. V. Moore;
Roy Lyppe;
H. M. Stillwell;
Fred Nazarene;
Grace Nazarene;
Fay Kimberly;
Helen Peterson;
Wm. S. Edmonds;
H. Jeannigs;
Fred Nazarene;
Rudy Gauger;
Dwight Stone;
Walter Heinlen;
Fred Nazarene;
Dr. W. J. Miller;
Gladys Cohen;
Grace Nazarene;
Robert Flash;
Theodore Richenbacher;
E. E. R. Keel;
C. L. Keel.

Much valuable experience has been gained in all the clinics and many cases were in themselves worth the time.

After all, who else can fail as an osteopath have always prided it self upon the fairness of the questions asked in its examinations. Nothing catchy or unfair has been included in the list of applicants during the past few years and note the high type of preliminary education which they have pursued preparatory to taking the general professional course of study is covered in a general manner, in an honest effort to determine whether or not the respective applicants are competent to go out and enter upon the general practice, and according to Dr. D. E. Hannan, who has been secretary of the board for the past two years, it is certainly a pleasure to scan the list of applicants during the past few years and note the high type of preliminary education which they have pursued preparatory to taking the general professional course of study, many of whom have college degrees. This type of preparation is surely bound to react most favorably upon the profession as a whole in years to come.

From the Field

The following letter was written to Dr. A. E. Welch at Loosemore Grove, Mo.:

"Dear Sir:

You of course receive inquiries regarding the medical colleges. I want to move to New Mexico and of course would like to discuss my practice here. I trust that you will put my proposition before doctors who may be interested.

Mountains Grove is a nice Ozark town of 2500. In four years I have established a general practice among a good class of people.

My office is simply but nicely equipped, and is in the house we rent for our home. I will sell my equipment and the practice for $500 cash. Considering the time and money it takes to build up a practice in a good place, $500 is not much to pay to locate and build up.

Thanking you for helping me. I am Very truly,

A. E. WELCH"

To whom it may concern,

Will sell my equipment to a good practitioner, I want to rent for two years. We have a small practice in the capital city of ten thousand. We have a girls traffic college of three to four thousand girls nine months of the year and summer school of six and seven hundred women teachers.

I will work with a new doctor until March, 1929, give him half of what I make, furnish every thing, get him acquainted, and sell to him in March, or sell to him before then and let him pay a reasonable amount each month on account. I believe this is the easiest way I know of some one getting started in a good practice without waiting to work up a practice. I am the only Osteopath here and friendly with the M. D.'s and Chiro.

This is the best town in the state of Florida and has never failed in its activities for the purpose of a sham in its accomplishments.

Fraternally,

R. E. CARR
Tallahassee, Fla.

Gentlemen:

I have an office in Toledo and confine my work to diseases of the rectum. Would like to find some good Osteopath wanting to build up a practice in Toledo who would share my office with me. I have a fine location and an Osteopath would do good there in a few months time.

Fraternally,

R. W. LUCK
Wauseon, Ohio.

"You're right, Sherlock, my wife is in an need of housecleaning. But how did you know?" "That's easy," said Holmes, "your right shoulder is aching. But how did you know?" "I have an office in Toledo and confine my work to diseases of the rectum. Would like to find some good Osteopath wanting to build up a practice in Toledo who would share my office with me. I have a fine location and an Osteopath would do good there in a few months time.

Fraternally,

R. W. LUCK
Wauseon, Ohio.

"You're right, Sherlock, my wife is in an need of housecleaning. But how did you know?" "That's easy," said Holmes, "your right shoulder is aching."
SCHEDULE OF CLASSES

FIRST YEAR—First Semester

ANATOMY—DESCRIPTIVE .................................................. DR. H. V. HALLADAY
CHEMISTRY—INORGANIC .................................................. PROF. FRANK SUTTON
BIOLOGY ........................................................................ DR. J. P. SCHWARTZ
EMBRYOLOGY .................................................................. DR. J. M. WOODS
PHYSICS .......................................................................... PROF. I. C. GORDON

Second Semester

ANATOMY—DESCRIPTIVE .................................................. DR. H. V. HALLADAY
PHYSIOLOGY .................................................................... DR. A. L. JOHNSON
CHEMISTRY—ORGANIC .................................................... PROF. FRANK SUTTON
HISTOLOGY ...................................................................... DR. J. P. SCHWARTZ
EMBRYOLOGY .................................................................. DR. W. J. NOWLIN
PHYSICS .......................................................................... PROF. I. C. GORDON

SECOND YEAR—First Semester

CHEMISTRY—PHYSIOLOGICAL .......................................... PROF. I. C. GORDON
HISTORY & THEORY OF OSTEOPATHY ............................... DR. C. F. SPRING
PHYSIOLOGY .................................................................... DR. J. M. WOODS
PHYSIOLOGY II ................................................................ DR. A. L. JOHNSON
ANATOMY—DESCRIPTIVE .................................................. DR. H. V. HALLADAY

Second Semester

SYMPTOMATOLOGY .......................................................... DR. J. M. WOODS
PATHOLOGY ...................................................................... DR. C. F. SPRING
PRINCIPLES OF OSTEOPATHY .......................................... PROF. I. C. GORDON
ANATOMY—DESCRIPTIVE .................................................. DR. H. V. HALLADAY
NERVOUS PHYSIOLOGY .................................................... DR. C. W. JOHNSON

THIRD YEAR—First Semester

LABORATORY Diagnosis .................................................. Z. A. INNES
TECHNIQUE—OSTEOPATHIC .............................................. DR. J. M. WOODS
COMPARATIVE THERAPEUTICS ......................................... DR. W. J. NOWLIN

Second Semester

OBSTETRICS ...................................................................... DR. R. B. BACHMAN
GYNECOLOGY ................................................................. DR. C. W. JOHNSON
NERVOUS AND MENTAL ................................................... DR. C. W. JOHNSON
OSTEOPATHIC THERAPEUTICS ......................................... DR. J. M. WOODS
ORTHOPEDICS AND TECHNIC .......................................... DR. H. V. HALLADAY
CLINICS .......................................................................... DR. W. J. NOWLIN
COMPARATIVE THERAPEUTICS ......................................... DR. W. J. NOWLIN

FOURTH YEAR—First Semester

OBSTETRICS ...................................................................... DR. R. B. BACHMAN
NERVOUS AND MENTAL ................................................... DR. C. W. JOHNSON
OSTEOPATHIC THERAPEUTICS ......................................... DR. J. M. WOODS
SURGERY ......................................................................... DR. H. J. MARSHALL
EYE, EAR, NOSE and THROAT ........................................... DR. H. J. MARSHALL
CLINICS .......................................................................... ADA L. JOHNSON
DIETETICS, P. H. and SANITATION .................................... ADA L. JOHNSON

Second Semester

PEDIATRICS ...................................................................... M. E. GOLDEN
ANATOMY REVIEW .......................................................... DR. H. V. HALLADAY
PATHOLOGY ..................................................................... DR. L. W. HALLADAY
PROCTOLOGY AND UROLOGY .......................................... DR. J. P. SCHWARTZ
EYE, EAR, NOSE and THROAT ........................................... DR. H. J. MARSHALL
X-RADIANCE and PHYSIO-THERAPY ................................. DR. C. F. SPRING
CLINICS .......................................................................... DR. B. L. CASH

LABORATORY DIRECTOR .................................................. Z. A. INNES

Laboratories under the direction of the head of each department are conducted in the afternoons in the following subjects: Histology, Biology, Chemistry, Bacteriology, Embryology, Physiology, Pathology, Anatomy, Technique, Gynecology and Clinical Diagnosis.

1928-1929 CALENDAR

REGISTRATION ................................................................. SEPTEMBER 6, 7, 8
CLASS WORK BEGINS ...................................................... SEPTEMBER 10
ARMISTICE DAY RECESS ................................................ NOVEMBER 11
THANKSGIVING RECESS ................................................ NOVEMBER 22 TO DECEMBER 3
CHRISTMAS VACATION ..................................................... DECEMBER 24 TO JANUARY 3
GRADUATION .................................................................... JANUARY 17
INAUGURATION ............................................................... JANUARY 21
CLASS WORK BEGINS ...................................................... MARCH 4
GRADUATION ................................................................... MAY 13
Call Issued for Football Men

Coach Frank Sutton has issued the call for the candidates for the 1928 season. It was impossible to do anything before the opening date of school, but on Monday afternoon, September 10, he met the flock in the locker room and issued suits and equipment necessary for men engaged in this sport.

About fifty men reported the first day and it certainly was gratifying to the coach to see the large number of men out. The return of so many of last year's varsity and the amount of material available from this year's freshman class gives hope of a team that will be able to cope with the strong schedule that the coach has already signed for this season.

The men are being put through some hard paces each night, and the coach is certain that the team will be in shape when the whistle blows or the opening play of the various game, September 28th. Realizing the fact that the first game is not far distant, the men are getting down to business in every practice and putting all the vim and vigor into the practices that they can muster.

The coach is anxious that every man that has played football or thinks that he would like to play to report early. If you have the old fight and the desire to serve D.M.S.C.O. report at once to the coach. The success of the team, and the coach depends largely on the amount of material that is available and from which the coach will select the squad.

Let's all get behind the men and the coach. Boost the team and support them in every game of the year.

Another Trip

Dr. H. V. Halladay will leave on the 24th of the month to attend the Nebraska State Convention to be held at Lincoln, Neb. on the 25th and 26th of Sept.

The 18th of October he will journey into Indiana and he will be a speaker at the Indiana State Convention at Rushville.

Letter Received

A letter was received in regard to a practice for sale in Dallas, Tex. Information may be had by applying to 465 S. Western Life Bldg., Dallas, Texas.

LEAVE FOR EUROPE

Dr. Joseph L. Schwartz, proctologist at the Taylor Clinic and Des Moines General Hospital, and Dr. S. A. Helebrant, house physician at Des Moines General Hospital, are planning an extended trip abroad this fall. They leave Quebec September 12th on the S. S. Empress of Australia bound for Southampton, England. After a short stay with several of the London Osteopaths they plan to tour Germany, Czechoslovakia, Belgium, Austria, Switzerland, France and Italy visiting a number of the large clinics and taking specialty work. They expect to return on the Leviathan some time in December and after a short post graduate course in New York City will resume their respective practices here in Des Moines.

O.B.

The Obstetrical Clinic at Des Moines Still College of Osteopathy has passed through a successful summer season. Our records show that there were thirty-four cases delivered from June 1st to the opening of the fall term, September 10th.

Our regular routine of sending four students on each case gave the twenty-two students registered for O. B. work a wonderful opportunity for getting his obstetrical training by making deliveries and assisting; together with the experience of giving the anæsthetic and getting a demonstration as well on assisting in making repairs when necessary. Those of the student body that registered for summer O. B. work feel that they have been amply repaid by the experiences received.

The cases during the summer were of an uneventful nature. Our routine care and attention (Continued on page 4)

Student Contributions

Again we make the annual appeal for student contributions for the Log Book. This publication is primarily a student affair and should be filled with student contributions, so don't be backward about handing in the articles that come to your attention.

Every class should have its reporter who should be held responsible for the publicity on the activities of that particular group. The class functions, personal activities of the members of the class and the jokes and boxers pulled by classmates is such items as these that make our paper interesting and truly representative of the student body. Your ideas on subjects akin to our work are worthy of publication.

Don't sit back and wait for some one else to break the ice. When you get hold of something you think should be in The Log book, hand it in! This is your paper—help make it the best in the field!

Soph-Frosh Activities

Early Friday morning the Sophomores invaded the quiet of the Freshmen lecture room to lay down the traditional laws for the Freshman class. The responsibility is left to the Sophomore class to see that these laws are put into effect and that certain are not neglecting their duty.

We have heard many reports from the Freshman class as to what they intended and what they will do but then we will await the outcome of the activities which are brought to a successful close on Homecoming day. We remember the past but now our eyes turn to future events and activities. Let's go Sophs—and Frosh what have you.

Rules for the Class of 1932

1. All freshmen must wear the regulation Freshman cap at all times, Sundays, holidays and formal social functions excepted, until the end of the first semester. Freshmen are not permitted to write upon or deface them in any manner. The caps are to be worn in military style, i.e., set straight upon the head with the visor down over the eyes.

2. Freshmen are not permitted to smoke on the east side of the street, between Park and Center.

3. Freshmen must not hold any class function without first securing the permission of the President, Dean, or Secretary.

4. Freshmen must wear black sox and black ties.

5. Freshmen must be present if at all possible, at all athletic contests, and must obey orders of the cheer leader at all times.

6. Freshmen must speak respectfully to all upper classmen.

7. Freshmen must learn the 'freshman speech' and repeat the same at the request of an upper classman: 'Des Moines Still College of Osteopathy was founded—(Continued on page 4)

Local Meeting

The official officers met last week and appointed the committees for the A. O. A. convention to be held in Des Moines in 1932. Dr. H. V. Halladay sent a list of all the appointments to the state officers, Dr. Gilmour, Sturck and Hook and now await their approval. As soon as this appointment list will be published and work will be begun immediately.
FOOTBALL SCHEDULE

Sept. 28—Parsons
Oct. 5—Midland
Oct. 13—Doane
Oct. 20—Peru State Teachers
Oct. 27—Trinity
Nov. 2—Western Union
Nov. 10—Columbus
Nov. 16—Buena Vista
Nov. 23—Iowa Wesleyan
Nov. 29—Kirkville

Bro. Loftus, the big 200 pound wrestler, has moved into the house.

P. S. G. Notes

Almost the entire Freshman class gathered at the Shrine Temple to enjoy the Smoker given by Sigma Sigma Phi, national honorary fraternity, in their honor as the new class at Des Moines Still College of Osteopathy.

Dr. H. V. Halladay delighted the entire group of men by giving a very interesting talk on the history and the principles of the fraternity, also telling the new men what is expected of students of Osteopathy.

He especially emphasized the reasons of the founding and what the fraternity stands for as an organization.

1. To strive for a higher scholastic standing.
2. Service to and the betterment of the profession.
3. Work for a better and closer relationship between Faculty and Student body.
4. Act as a medium between the students and the board of trustees.
5. Aid in promoting better school activities.

Dr. Paul Park gave a short talk following Dr. Halladay stressing the need of study from the very first day and the attainment of higher scholastic standards.

The men then enjoyed an excellent get-together meeting. Smokes were liberal in amounts and many lasting acquaintances and friendships were formed before the meeting adjourned.

Sigma Sigma Phi Smoker

Do you think that plastic surgery would improve my features? No. Then what would you suggest? Blasting.—Punch Bowl.

Ripley and Purdie were brake-shoes. We're looking for Widmer of the Ford twice.

Bro. Wadkins is looking the situation over a bit. Bro. Morrow still has a full little stable with the Maple 1111 etc. He's rather busy with the work, as Billy Long is not here.

Bro. Richardson reports a successful summer sleeping, playing with a dance band at an Iowa summer resort.

Dick and Scatt are with us again for another year of ye ole fraternity, also telling the new men how it's coming along.

Ripley and Purdie were brake-shoes. We're looking for Widmer of the Ford twice.

Bro. Wadkins reports a successful summer sleeping, playing with a dance band at an Iowa summer resort.
The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF 'OSTEOPATHY

President ---------- ... that you are provided with
plenty of adhesive. You need
(Continued on page 4)

Welcome Frosh

The faculty, the student body, and all those connected with D. M. S. C. O. take pleasure in giving a hearty welcome to all our new students of the College. All indications lead us to believe that there will be a large registration. As yet no definite report can be made. Everyone has heard of the personnel of the Class of 1932, and they are a mighty fine looking group resulting from the fact especially is to know that such a large percentage have had college work.

The registration of the class brings representatives from practically every state in the union. A selective group of students whose life aim is to take the Science of Osteopathy and welcomed such literature. They come out dam- aged, due to trauma. It certainly is an interesting fact that the physician who is educated along mechanical lines is much better equipped to treat injuries than one who in the practice of his profession has given little or no thought to the mechanical cause of the injury. Not strain but disease antedat- ing the strain is responsible for mechanical irritation in excess. The heart is sound, go ahead. -

Osteopathic Booth

The booth at the Iowa State Fair again attracted much attention and comment as it did in the years past. Located in an excellent place in the new Educational building next to Drake University the booth of Des Moines Still College of Osteopathy, as pictured above, placed Osteopathic literature in the hands of thousands as they passed and stopped to look over the booth.

The walls of the booth were very appropriately decorated in pennants, papers and cards telling about Osteopathy and a large picture of the new building that now houses Still College. Chairs, a table covered with Osteopathic literature and a treating table complete the furnishings. The literature was secured through the A. O. A. of- fice, and that which was not all used was placed in the autos the last day so there was not one piece of this literature that was wasted.

The College Catalog, Log Book and Halliday's Smiley Cards were all in demand. The interesting thing is that people seemed to want to know more about Osteopathy and welcomed such literature. Many inquiries were made by people from all walks of life and many who are taking treatment or who have been helped in the past stopped to tell us about it. There were doctors from various parts of the state and country, students in different schools of Osteopathy and prospective students and those who wanted to know what Osteopathy is and what it can do for various conditions. Many asked questions about health and diet.

Two students from the college alternated each day in caring for the booth and with Dr. H. V. Halliday, who was in charge, the college feels that they were doing a great deal in advancing the science of Osteopathy.

Senior A Class Election

Pres. - Lillian B. Tracy
V-Pres. - Christy V. Moore
Sec.-Treas. - Chas. S. McMurry
Reporter - Eldon C. Carlson

Most of the members of the class have returned and are ready for the last short semester and to date no one has been found who knows where they will locate after June 15th. The vacation was too short for all. Some of the members of the class took over practices during the summer while others re- mained in the city for O. B. and General Clinic. Some of the others had the roasting fever, especially McMurray, who thor- oughly explored the wilds of Ne- braska. Dutt has returned to school after being indisposed most of the summer through sickness. Seastrand and Dutt are beginning their tonesia, having had tonsillectomies during the summer. Goeppe's State Board Test seems to be the best friend now and probably will be until state board time.

The bright scholar in the school of experiences doesn't miss the same question twice.

I. T. S. Smoker

Despite the fact that showers threatened and the sky was not too friendly, a large number of the freshman class gathered at the Iota Tau Sigma House to en- joy the hospitality of that or- ganization.

The members of the Iota Tau Sigma held open house in the form of a smoker in the honor of the incoming Freshmen of Still College, Tuesday evening, Septem- ber 11th. Dr. J. P. Schwartz was the speaker of the evening. Some well timed remarks and ad- vice in regard to Osteopathy and the school work made the eve- ning a complete success. Dr. Schwartz expressed the idea that the standing of Osteopathy in any community was in proportion to the standing of the Osteopaths in that community.

Later the men fully enjoyed the evening smoking and playing bridge and cribbage.

One ounce of financial assist- ance prompted by love of your follow cerebrates is worth more than a pound of wise thought- less theories and good advice. -Jefferson De Angela.

Branching Into Athletics

So many inquiries have come to the writer, relative to the work of our Seniors in the athletic departments of the various schools, that we are unable to answer them all. It seems that more of the profession are getting interested in this type of work and it is with considerable pleasure that we attempt to put down for those of you who are interested, a few of the things we have found out.

In the beginning, let us say that we consider this type of work an extension in the practice of Osteopathy. Those doing athletic work are merely so many machines provided with a brain, but subject to physical damage the same as if the brain were damaged. The heart enables the machine to avoid some damage, but not all. The body has responded to external mechanical irritation in excess. The heart is sound, go ahead.

At the writing of this article our Senior students are taking care of over three hundred foot- ball boys, and have every opportunity to observe the variety and quantity of injuries received. We venture to predict that in the future you will see every college team using, during its training season, one or more Osteopathic offices. We wish them one season and ad they are spoiled. They want Osteopathy from them.

If you are just getting into this work there are some things to be considered on both sides. The coach must be sold on the idea, and we are happy to state that in our experience we have not found a coach that we had to convince. The rule is that they seek our services.

With the coach with you, the next thing is the necessary equipment at the gym. You can not take care of the boys on one of the low benches usually seen in the gym. Have two tables made, like the old straight Osteopathic table, but without padding. Use an old blanket over the plain wood top. Two good collapsible chairs that are secured may be secured from several firms. Also puts out a dandy at about $15.00. These are needed at the Iowa State Fair to throw a concentrated dry brushing. Many asked questions about health and diet.

(Continued on page 4)
Branching Into Athletics

(Continued from page 9)

Rules for the Class of 1932

(Continued from page 1)

ed in 1898 sit on his face, and very thin on his head.
He wore thick glasses perched on a beaked nose.
His eyes were small and black like shoe buttons.
He watched me covertly as I ate.
When the meal was finished, he beckoned me to sit with him in his room.
"I hope you don't think me prying," said he, when we were seated, "but I have been trying to figure you out.
"Yes," he reiterated, and "I have come to the conclusion that you are a student of sociology.
"I laugh."
"Why do you laugh?"
"I am not sure that I am pack-

DODSVINOS

THE COLLEGE FORD

They bump
Along the highways,
They slump
When there's a hill.
And when they come a-calling
The girl friend's smile is chill.
They rattle
In the head of night
They tattle
When the hour grows late
And irate parents know your
coming
Just because the old thing's
checked up to them.

"I am going to find it, pin it down
like the fellows before him had
in his room.
I shrugged my shoulders with-
out looking up, and continued
silently.
I thumped it a moment in
silence.
(To Be Continued)

"I am to help you this after-
noon," I said simply.
He looked up with a start.
"Oh," he exclaimed. Then:
"Well, that's good. I'm glad
they have sense enough to give
me some money to help out at
last."
He handed me a bunch of
papers, and made room for me at
the desk.
The superintendent of the
department was out of the room at
the time.
"So they've got you helping out
Dickey?" he asked.
I shrugged my shoulders with-
out looking up, and continued
digitally.
When I left the room that
night the superintendent of the
department joined me.
"Say," he said, as we turned
up the street, "I never did just
do that."
"I answered with confi-
dence."
I am to learn every
detail of it.
"Well, I thought something of
the kind. Which one of 'em are
you to kid?"
"I do not think it is wise to
discuss this at this time, was
my answer.
"Oh, sure," he hastened to
say. "I don't mean to be in-
quisitive. Anything I can do to
help you, let me know.
And then he left me.
The shipping clerk was a
bright young fellow.
I liked him, and he liked me.
One day shortly after I had
received my first raise in wages,
he came to me with a problem.
That night I stayed down with
him, and worked it out to-
gether.
We soon got in the habit of
staying down one night of every
week, and working over his sys-
tems.
I lacked originality.
I helped him.
He had been doing things just
like the fellows before him had
done.
The business had been growing
rapidly—practically doubled.
We worked out an improved
system.
We drew up forms.
We planned it out in every de-
tail.
One day we carried our plans
to the man in authority.
There came up a question that
the shipping clerk did not quite
understand.
And they sent for me.
I was a well dressed man at
this time.
Nothing flashy, nothing loud,
but well clothed.
That had been my first invest-
ment.
My approach was far from
that of the antieviling beggar
who had asked the man on the street
for food.
The man in authority looked
at me in surprise.
"No," I answered thought-
fully, "it is neither of those
things. THAT SOMETHING is
different entirely. I don't just
know what it is myself now, but
I am going to find it, pin it down
and then I will tell you more of it.
And as I looked into his face I
noticed the same puzzled expres-
sion as the boy had worn. And
so, by mutual consent, the sub-
ject was changed and we talked of
trivial things.
"I made THAT SOMETHING
work for me all the time.
One day I noticed the shipping
clerk had ahead of him more
than he could handle.
There were men in the depart-
ment idle.
They could do nothing until he
did it, and did it well.
I laid down my hammer and
walked over to where he stood.

The mill will never grind with
the water that is past.—Herbert.
Pirates Hold Wildcats to Scoreless Tie

The Still College Pirates opened the football season by battling the Parsons Wildcats to a scoreless tie. A drizzling rain fell most of the afternoon forcing both teams to resort to straight football.

Shaw opened the game by kicking off to Olin of Parsons, who was downed on his own 20-yard line by Parsons punt on the first play, Cronen receiving the punt on his own 16 yard line. Both teams moved the ball to the edge of the disarray for the Pirates, but Dornbush made a quick recovery after Still started a series of line plunges.

The Pirates opened up late in the second quarter with a line plunging attack coupled with a beautiful end run by Parsons. Parsons, with perfect interference which brought the ball down with five yards to the goal line as the half ended.

Shaw opened the second half by kicking off to Akins of Parsons. Parsons then started a series of line plunges, which together with the Still penalties brought the ball into the Pirates territory, where the play continued in the remainder of the half. The game ended with Parsons in possession of the ball on their own 35-yard line.

Both lines were strong, holding a stone wall to each goal when in danger. Parsons very nearly spelled disaster for the last quarter by barely missing two place kicks. McIntyre Akins and Warren of Parsons and Shaw Hinds, Lang and Murray of Still started.

Hold District Picnic

The local Osteopaths were invited to Des Moines Parks to hold their first fall Picnic at Winterset. Between 45 and 50 of the District Osteopaths proceeded to the Winterset Park to enjoy a get-together in the form of a picnic. The local Osteopaths were in charge, and all who attended verified the report of an excellent picnic.

Dr. Marshall spoke in regard to the 1929 A.O.A. Convention, to be held in Des Moines, Iowa. Ward of Winterset, told about the Social Club news and it has been held in that city sometime during the first part of November. Several other professional and educational talks were given.

$2,500 for New Pathology Slides

The recent purchase of slides valued at $2,500 for the Pathology department of D. M. S. C. was announced by Dr. W. C. Nowlin. He especially selected the slides to cover the various stages of inflammation and thereby including the various types of tumors.

Dr. Kingsbury Visits D. M. S. C. O.

Dr. W. O. Kingsbury, Gastro-Enterologist of New York Osteopathic Clinic, 265 East 20th St., New York City, visited Des Moines Still College of Osteopathy in the interest of Gastro-Enterology. He is traveling over the United States visiting all movement of Osteopathy, so as to reach Gastro-Enterology in an effort to secure a complete report on the work being done along this line.

The work in this clinic is carried on by Osteopathic doctors of the city of New York, who donate their time four evenings a week and on Wednesday and Saturday afternoons. This clinic is entirely charitable accepting those cases who are unable to pay for the Osteopathic care. The clinic is organized both generally and special departments. Dr. B. H. Strong is associated with Dr. Kingsbury in the Gastro-Enterology department.

Throughout the city of New York the clinic is ranked as one of the foremost in the Osteopathic center and hundreds of patients are treated weekly, averaging over one hundred cases a month.

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A O. A. Convention Date

Word has just been received from the Osteopathic College of the district for the third week in June has been selected for the 1929 A. O. A. convention, which will be held in Des Moines.

The annual convention of the O. and S. Society will be held the week prior to the A. O. A. convention.

The selection of committees with the exception of a few names have been given, approved by the state and national officers and this list will be printed in the next issue of the Log Book.

Faculty Assembly

The first assembly of the year was held Friday morning at the regular assembly period. Dr. Johnson, president of D.M.S.C.O., opened the meeting with a short introductory address after which he introduced Dr. J. P. Schwartz, dean of the college, who took charge of the assembly. Dr. Schwartz immediately launched into an explanation of the formation of the corporate board and the choosing of seven of these as a board of directors, emphasizing the fact that the school is owned and run by the profession. He explained in detail the financial status of the institution and then closed the meeting with a roll call of meetings where time is limited.

It is certain that we will succeed in the work being done along this line.

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The Nebraska Meeting

Nebraska has just closed another successful state meeting. Dr. Sheikley as chairman of the program committee crowed the program with good speakers. We heard nothing but favorable comments on the work given but we did hear some rather bitter remarks about the time required from the set program to take care of legislative and other state work. When it comes to state conventions where time is limited to speakers time should be limited for the other business of the association or provision should be made to take care of this work in some other committee that can meet after the regular session of the state board. When a speaker travels several hundred miles to make a thirty minute talk every one of the allotted thirty minutes is costing both the speaker and the association time and money and both should get

(Continued on page 4)

New Hot Water System

A complete automatic hot water system has been installed in the basement of the college, which will supply the entire building with hot water at all times. The tank is of 220 gallon capacity and has its own separate heating system, but it is so constructed that the main heating system automatically heats the water through the coils as it heats the building.

The purchase was made from the Klawon Boiler Co., and is compact in its arrangement. The clinks, and the showers for the athletic teams will now have a hot water system.
**ATLAS CLUB NOTES**

The Atlas Club is pleased to announce the pledging of the following men: Bobbell, Dezeich, Ohio; Harold McDonald, Detroit, Mich.; Dean Moore, Denver, Colo.; and E. V. Toepfer, Tarentum, Pa.; C. F. Shaeffer, Worthington, Ohio; W. A. G. Armbrust, Omaha, Neb.; C. E. Toepfer, Tarentum, Pa.; Austin, Minn., and J. I. Royer, Dallas, Center, Iowa.

**WANTED**—Someone to solve a famous trick, mentioned in a letter from "Melon Town," Iowa. We bet any amount, at any time.

**Zee Conroy** Stewart is one of our latest miracles. He stays in and studies every night. He seems to be doing more worrying about other boys' troubles than he does his own, so Bro. Reeves turns his over to him.

Bro. Long seems to have developed, these days. Can't find him at all any more.

Pinkie Ripley has a funny glint in his eye. What's up, Rip?

-CHUCK ANSON- had his tonsils removed, so now's our chance to get even with him for a while.

Bro. Loftus says it takes a lot to put a big man down, but does it look right?

Dr. Try to do something today. Don't wait to be asked.

-What a close second. to

**S. C. O. Club**

The club held their first meeting on Sept. 17th. The meeting was purely of a business nature, at which time it was decided to have a smoker for the new men, rather than the usual banquet. The smoker was held on the 24th, at which time Dr. C. W. Johnson and Dr. J. P. Schwartz gave very interesting talks.

Several new men were out. We welcome these men and want to help them as far as possible.

The Club will meet again regularly this year at the Y.M.C.A. on Tuesday evenings, starting with October 1st as its regular meeting night (every two weeks).

All men who are not members of one of the Fraternities, are urged to be present.

Opportunities never come a second time, nor do they hide their purpose. The years come to us but once, and swiftly pass away, bearing the inefaceable record we have put upon them. If we make them beautiful years, we must do so moment by moment as we glide before us.—Booker T. Washington.

Try to do something today that another will think of kindly tomorrow.

**CIRA SIGMA GAMMA**


**PHI SIGMA GAMMA**


**ROBBER TOEPPER**

The freshmen were out to smoke. Tuesday evening, Sept. 15th. Talks were given by Dr. Trimble, Dr. Trimble, and Mr. La Chance.

**SAGACIOUS QUESTIONER**—How do you find the right people to pluck?

The younger son was sick and the doctor was called. He told the boy he must go to the hospital.

**FATHER'S DAY**

-Do you sleep on the flat of your back?

**EASTERN DELIGHT**

-Wife—I've put your shirt on the clothes-horse, Jim.

**SAGACIOUS QUESTIONER**—How do you find the right people to pluck?

The younger son was sick and the doctor was called. He told the boy he must go to the hospital.

**SAGACIOUS QUESTIONER**—How do you find the right people to pluck?

The younger son was sick and the doctor was called. He told the boy he must go to the hospital.

-Wife—I've put your shirt on the clothes-horse, Jim.
Always Another Fight Left

I have failed in a thousand cases, But I still have the heart to try;
I am scarred in a hundred places, No matter how I am flayed.
In many a crucial hour I have hoped and been scorned and kicked;
But never has Fate had power To convince me that I am licked.
I have trusted and been mistaken
My friendship has been betrayed;
I have struggled alone forsaken
By men who have had my aid;
I have listened to those who mattered.
Their motive misunderstood,
But my faith has remained unshaken.
I believe in the ultimate good.
I ask for no unearned pleasure.
No pathway through flowery ways
I offer a full, fair measure
Of effort for all my gains.
I'll try, though the pace be grueling,
No whine if I'm tripped or tricked.
So long as my soul's unwilling
To let me believe I'm licked.

Immunity

Future advances in the science of immunity, which is the body's resistance to disease, will be made largely by chemists, either alone or in association with immunologists, was predicted by Dr. H. Gideon Wells, of the University of Chicago, at the recent meeting of the Institute of Chemistry of the American Chemical Society.

"Immunity may be appropriately called the chemical warfare of existence," said Dr. Wells. "The disease germs attack and kill us by the poisons they produce. Our bodies are constantly producing poisons to defend them by killing the germs. Through chemistry we can gain knowledge of just what these mysterious protective agents are, how they act and how to produce them artificially. Then we shall not have to deal with the dilute solutions of these agents that we can extract from a horse or can cause to develop in man's own blood, such as our present serums and antitoxins, but can give man a muscle as much as he needs of the active agent that has been prepared by synthetic chemistry." — Science.

Faculty Assembly

(Continued from page 1)
The success of the Assembly was practically assured from the start, but was concluded certainly, when Mrs. Z. A. Innes read the following:

**THE DRAGON'S WAIL**
I have only one word to say
To this class so young and so fair,
I have only one word to say. And that one word is—"BEWARE!"

Down in the dungeons below
Is a dreadful, direful lair,
Where a terrible dragon is crouched,
Oh, dear young friends, beware.

A dragon of ghastly white,
With woe rolling, fiery eye,
That eats young students alive,
Friends, are you prepared to die?

Sharpen the sword of your wits,
Make your shield of attention bright,
So shall you pass to the depths that lie.
Armed and appalled for flight.
And when, the agony o'er,
With a shining "100" on your air,
And your record writ large and fair,
You shall hear, if you listen:

The dragon's low, baffled moan
As it crouches again at the door of the lair,
And wails—alone alone.

For other young victims of woe,
Who will come, as you come, to the fray,
Using their armor of youth and of bluff,
Make, as you made, a good get-away!

Dr. Spring, the "Will Rogers of the medical world," acting as chairman, expressed his enthusiasm on the outlook of the college, both as to the number of the students and the excellent financial condition of the institution. A fine spirit permeated the whole student body with increased interest in Osteopathy. The phenomenal growth of the clinic is due mostly to Dr. Schwartz's patients realizing the high grade work of the students.

H. V. Halladay made a delightful repartee to the introductory remarks of Dr. Schwartz. Dr. Halladay commented on the many fine courses offered in the college, as well as the O.C.O. from other schools, but that no transcripts had been issued to the students, also of the gaining of unity between the faculty and the student body and the desire to advance the college. The school has much to be proud of in regard to the fact that D.M.S.C.O. has the finest clinical work in the O.B. department of any school, and in caring for athletes of the high schools through a high sense of appreciation. He emphasized the fact that A.A.O. is to be in Des Moines in 1929 and that the students will share the large responsibility.

The youngest member of the faculty, Dr. Robert Bachman, brought the following advice to the students, to by all means avoid amputation while in college—"and we ask, who is he, to speak?"

Miss Ava Johnson, our president's daughter, brought the following: "Welcome of the faculty to the Freshmen and new men—and we hope they won't forget old men!"

The final message of the faculty to the students was given by Dr. Groff who specifically called the attention to the fact that school prestige was rapidly and surely losing ground—and what M. C. O. had advantage that surpassed any school of Osteopathy, in fact we should be proud to say we were from Des Moines Still College.

Dr. Johnson now concluded the faculty messages in explanation of the future assembly brought to mind that D. M. S. C. O. was the oldest conglomeration of unity between the faculty and the student body, and that the student body and the faculty assembly over held in the assembly room of D. M. S. C. O.

Elbert Hubbard said that it is a greater disgrace to be ill than to be in the penitentiary. He should have added that the disgrace is still greater when the sick fail to pay the physician.

BRANCHING INTO ATHLETICS

Chapter II.

We left you with your shirt off ready to go to work. Your first job is to go over each boy individually and give him a physical examination. Why? You know as well as anyone that there are many boys whose greatest desire is to play football. The heart is in athletics, regardless of being physically fit for the game. They are running to practice, believing they will be all right. They will want to hang on longer than one who is not in quite as good shape. So the game is over. The boy is out of the game completely exhausted and are really doing themselves a grave injustice, regardless of their enthusiasm. Also for your own information you want to know something in advance are the rules of the game, and discover any conditions that may influence their work, report it to the class and to the boy himself. Watch the boys in scrimmages. Try to figure why some always lag. Your business is to watch them carefully.

Your greatest number of injuries will be of the muscular type and these will be encountered in the first ten days of practice. The most of the boys have not had any real training, and here they come into strenuous physical training —and yet the muscle is not able to stand the power of usage. The result is a series of "Charley Horse" cases. These will make up twenty-five percent of the total injuries, so you must be prepared to properly take care of them.

This chapter will be devoted entirely to the care of this type of injury; the remaining seventy-five percent will have to wait.

When Nature takes her time, and that is the rule in this case, and this uses the limb and aggravates the condition. Suppose we have a case here. A boy has suffered a strain or trauma affecting the heavy muscle of the front of the thigh. Get him to the gym as soon as possible. The sooner the better. If you can get this case within twenty minutes, you will have the best result. DO NOT start by manipulat- ing over the injury. This will cause more muscle strains to start up. Leave the swelling alone as far as manipulation is concerned. Apply immediately, alternate hot and cold packs. Two minutes hot —and we mean hot—followed by one minute cold, and keep this up for most of the time.

These thirty minutes now will save you hours later and will in some cases save the next day without much pain or suffering. Following the packs, wrap the muscle with a bandage around the point of injury to within about one inch of its margin. DO (Continued on page 4)
Branching Into Athletics
(Continued from page 3)

NOT start chopping the

millstone just yet. The re-

sponse is in proportion to the

extent of the injury. The slight

injuries naturally respond much

quickly, but let one go for a few

hours without treatment and

note the results.

I have an understanding

with the coach in the beginning

and say a boy will have to lay

off three days, the coach

knows you mean it and that it

is best in the end. Don't let

them out too quick, and keep

them in for practice if you

feel that they can go in without

being carried off the field in a

few minutes. They are rare

unless acquired accidently.

If you are getting repeats,

there is something in the way

that boy handles himself.

Also look for chronic lesions

in the area of the spine, assoc-

iated with the origin of the

motor nerves to those sensitive

muscles. Find it, fix it and let

it alone. Watch for irritation to

the abdominal muscles. A strain

here, not always mentioned by

the boy, for irritation to the

abdominal muscles. A strain

here, not always mentioned by

the boy, may lead to foot trouble.

They may contract, and while

not completely disable the boy,

it may lead to foot trouble.

From the Field

The following letter was re-

ceived from Dr. S. C. Reid

of Bonner Springs, Kansas.

Des Moines Still College,

Des Moines, Iowa.

Dear Dr. Reid:

I will sell my practice here,

which has run $7,000, or better,

for the first three years I've

been here, for price of the equip-

ment. The office is equipped

for general practice and ear,

nose and throat work. The office

is modern except gas, and prac-

tically new. I am first occupant.

May I have your opinion as to

the best place to locate—such

and such, please.

The whole country is "osteopathy

conscious." I have spent $25

per month advertising since I

have been here.

Very sincerely,

D. C. REID, D. O.

Going Edison One Better

The master was holding a les-

son on modern inventions.

"'That something,'" said

"can you tell me one thing of im-

portance which did not exist fift-

y years ago?"

"All of these things were in

existence which did not exist fift-

y years ago."

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have been here.

Very sincerely,

D. C. REID, D. O.
A.O.A. Convention News

Immediately following the convention in Kirksville this year, Dr. Ray Gilmore, president of the Iowa state association called a meeting of the officers and trustees. The main object of this meeting was to adopt plans and start the ball rolling for the 1929 meeting. A group of officers and trustees was formed and an executive committee. This group consisting of Dr. Gilmore, general chairman; Dr. Halladay, vice chairman; Dr. Stryker, secretary-treasurer. Doctors Marshall, Caldwell and Halladay have met and corresponded with the result that we have below the list of appointments that will function under the stated headings at the next annual meeting. It has not been the intention of the committee to sight any one. We realize that this is just a beginning. There will be more members of the state association that will be drafted as the need arises, and at the next meeting of the committee as a whole we know that items will be brought to our attention that will necessitate additions to the published list. A general meeting of the entire group has been called for 1 P. M. Sunday, October 21st, at the Ft. Des Moines Hotel and there will be the report of this meeting in the next issue of The Log Book.

Many plans have been made already. The work has already progressed but we realize that there is much to be done and we are asking for the cooperation that we can deliver what we have claimed.

Committees of Group I.
Dr. H. J. Marshall, General Local Chairman.
Train Reception
Drs. J. R. Beveridge, Des Moines, Chairman; J. K. Johnson, Sr., Jefferson, Robinson, DesMoines; L. L. Wade, Winter set.
Transportation and Auto Service
Drs. F. D. Campbell, Des Moines, Chairman; C. W. McCutcheon, Des Moines; J. D. Cole, Des Moines.
Decoration
Drs. Arv Payne, Des Moines, Chairman; C. B. Kemp, Des Moines, Chas. Keating, Des Moines; Nina D. Thompson, Des Moines; Erna V. Townsend, Des Moines.
Entertainment
Drs. H. J. Marshall, Des Moines, Chairman; G. E. Moore, Des Moines; E. V. Townsend, Des Moines; V. A. England, Des Moines.

Continued on page 3

Freshman Reception

Tuesday evening, Oct. 23rd, at eight o'clock, the reception line will form at the Hoyt Sherman place to welcome the Freshmen and the new men of D.M.S.C.O. The reception line will be composed of the Faculty and Board of Trustees. This is an annual custom of extending a welcome to the students of Des Moines Still College.

Following the reception, the evening will be spent in dancing and bridge tables will be provided for those who do not care to dance. Al Levich and his mus inkers will furnish the music and those who have attended before, will know that a most enjoyable evening awaits all the students and their friends.

D.M.S.C.O. Band

The first meeting of the band was held Wednesday night at the P. S. G. House with much talent appearing which should make a bright outlook for the future. The band is a part of some of the larger universities.

Dr. Halladay has charge of the men and with such a large number it will make an excellent showing for the school—pep will be added to the football games and additional school spirit developed. The band should add much to the last five games, which are in Des Moines. The band will make their final appearance in football with the termination of the season, when Kirksville plays in Des Moines in Thanksgiving Day.

The members of the D.M.S.C.O. Band are:

Cornetts—Henry, Teepier, Dorwart, Stoddard, Shideler and Ollem.
Clarinetts—Smith, Perry, Skinner, Hall, Chance and Gray.
Saxophones—Steecker, Taylor, Brander, Milam, Steinger, Ut terback and Bruce.
Baritones—Dahl and Stillwell, Alto—Sutphin.
Drums—Herrick and Koch.
Pass—Pederson.

I pity from my heart the man who has no passion, and I pity the man who can thoroughly admire and esteem.—Phillip Brooks.

New Era Stillonian

This year the staff of the Stillonian will edit a book that will be a credit to the college and the city that will entertain the 1929 A. O. A. convention. It will be a Convention number and one that will be a source of pleasure to every student and alumnus of Des Moines Still College of Osteopathy.

The Stillonian of previous years, and very naturally too, has not been well supported in advertising and the purchase of the books by the field members. This year the book will be of such quality and value that your "Five Dollar Bill" will be well invested.

We know that for the next twenty years your Stillionian of 1929 will put over, in class, that ..... reminiscences of not only our college years but of the very pleasant and profitable week spent at the convention, in the Convention City, the third week in June.

Look for more news about your 1929 Stillionian in the succeeding issues.

The Staff.

Dr. Schwartz to Wichita

Dr. J. P. Schwartz, dean of the college and surgeon-in-chief at the Des Moines General hospital, journeyed to Wichita, Kan., a few weeks ago to attend the first meeting of the American College of Osteopathic Surgeons.

The amount of clinical material and the variety was exceedingly gratifying to those attending it was well attended by Osteopathic surgeons from all over the United States. The convention was held at the South western Sanitarium and it proved to be a very enthusiastic meeting, which lasted for three days.

This organization is destined to set the standards of the osteopathic surgeons in the future.

Afternoon Classes Are Resumed

Now that the winner of the world series has been decided and the home runs of the season have been hit, the class which meet in the afternoon will resume work.

The Board of Trustees have issued an order that next year there will be only one world series, and that will be played at a time where there is no other competition.

Our slogan will now be "Beat Peru."

The world often wakes up and finds a man famous, but you can calculate that the man has been awake all the time.

Still Lose First Game of Season

A two hundred mile trip and all the indications of such a trip was too much for the football men of D. M. S. O. in their battle with Midland College. It was a great game, filled with thrills every minute of the play and only in the last quarter did the Midland team take advantage of the tiring efforts of the Still men. Hyneke of D. M. S. O. timed the first quarter and later threw a pass to Lang for the second. Midland scored first when Sackett dropped a pass into Kietter's arms behind the goal line.

Sackett was dropped behind his own goal line and with such a large number of players, that the right object was not made. The Midland team take advantage of the last second and set the standards of the game.

The last quarter opened with Midland one point behind. Nordstrom made a 50-yard kick with Kietter who gathered it in his own back field and later Brown, with the ball hard, so plenty of music was played, but the Pirates scored when Nordstrom later put the ball over for another touchdown.

Shaw and Hyneke were Still's best defensive agents, while McDonald and Cullom dropped the ball on the defense. The game ended in a 25 to 14 score.

First Home Game Oct. 20

The first home game of the season will be played on the Des Moines Catholic College field with Peru State Teachers' College. There is no doubt that this will be one of the best games of the season, for Peru State won the state college conference champions last year, with no games lost and only seven points scored against them.

Dr. Halladay is drilling the band, so plenty of music will be played for the first game. The game will start shortly after 100% and will be given the opportunity to help the Pirates win the first game.

Our slogan will now be "Beat Peru."
**FRATERNITY NOTES**

**ATLAS CLUB**

The Atlas Club is pleased to announce the election of George Bashore of Franklin, Ohio. The club welcomes Bro. Baken of Axis Chapter, who is in our midst this year.

The fraternity enjoyed a winter roast Saturday evening, at the home of Alex Red, after the roast they enjoyed a dance. During the dance we were entertained by the world's greatest hit men, Harry Skinner, Roy Trimble and none other than Ken Ward. After this pleasant entertainment, "Tuck" Kossek proceeded to explain the difficulties of the Virginia Reel.

There seems to be a mystery which the Sophomore Class has been unable to solve, and the whereabouts of Pledges Jack Campbell and Venzel Mikan, the night of Oct. 1st, 1928. There has been many tales told about them, such as barn sleeping, etc. But of course these stories are rather doubtful.

**News In Brief**

Lost — One Maximeter, for which Lew Stingly would pay a reasonable sum as to its whereabouts.

Ken Moore is handling more sweets than ever this year.

Mr. Harmon has discovered a way to keep his hair down.

Brute Monger shows the Perry high school team how to play "College Football!"

The boys all know that Harry Skinner is back, as the telephone rings as much as ever, and the same sweet voices ask, "Is Dr. Skinner there?"

Mr. Harmon seemed to be very put out about the fact that some one liked his hair. Fair exchange is no robbery, Brother Harmon.

**PHI SIGMA GAMMA**

Phil Sigma Gamma takes great pleasure in announcing the pledging of Dean Spencer, Arkansas City, Kansas; D. G. Perry and J. J. Stivenson of Athens, Ohio.

"Boothean" Patterson says congratulations are in order. Every hear or see of mellow lisp?

"Brute" Satterday relinquishes his title of "Handsome" to Pledge Armbrust, our bouncing baby from Omaha.

"Ivy" Grimes is still safe. But watch out for our D. M. girls.

We're all glad to be able to recognize Jim Shaffer again. He hasn't changed a bit.

Say Chuck! Why all this mystery trip to Ames? Dish about it. We can't understand the "Boone Boys," (no relation to Hallroom Boys) Rip and Purdie.

Still water runs deep. Our news is all right now, fellows. Frank Shaffer is on the good side of the police matron at the district, but it took some tall arguing.

Eddie "La Plante" says he finally gave up. "Don't give up the ship," Ed.

Rudy Gauser still bats 1000 in polo. Keep up.

Dusty and Spencer enjoyed a very good end.

Widner seems to be taking good care of Pledges Toogood and Jagannow.

Pledge Stolke is taking Yidd's place up on the third floor now. Jen and Rock have an oven break for long distance calls.

Red Stewart has some funny habits. Ask him about them.

Clifford is a big, bold, mad man. You should see his display of artillery.

Smithy took some of the boys on a tour of inspection Saturday night.

Ask Pledge Stevenson about that new PASTE. What's it got to do with John J.?

Come up and visit us some time Leightoin. Haven't seen you for a long time.

Anybody want a good paddle? Just see Walt Madison. He'll get the thrash on Dick Strittmatter this time. But I'll try hard next time.

Loftus is in the cleaning business. He cleans at a moment's notice. He also has his Official Coat Holder.

**IOTA TAU SIGMA**

The news for this issue will have to be limited, as the boys have been so busy with their school work that the humorous side of things has been neglected. However, there are a few things which we would like to include in the story and wherefore?

Pledge Peck, "Our Little Michigan Peach" has, beyond all probability, found the secret of Cupid's dart. The best part of it is the convenience that the "head" offers. Then there are no ways about it, boys, the fair sex just cannot resist that handsome, black, wavy hair and the school girl complexion.

How about the boy from Marathon? We suppose the "jun" that "Batch" was in some time ago has been all straightened out and the letter did go to the right party "The Polks." "Yes, sir." So he celebrates his mental rest at the ballroom at Second & Euclid and "Herb" did. He has one Friday evening, full of romance, and apparently had a marvelous time. We noticed the one from the "Grunble" seat, so we guess Charles Herbert also celebrated. We forget to tell that Dr. Cudden is still improving with the mashie and putter.

The Beta Chapter wishes to announce the pledging of Clyde Hynek of Des Moines and Sherman Meyer of Bonsaparte, Iowa, and hand a hand of welcome to these new men.

A letter was received from Dr. H. C. Belf, who is located in Detroit, Mich., in connection with the Public Health Clinic. Bro. Belf reports that everything is progressing nicely and we are all glad to hear it. We anxiously await to see him here for the convention, which is to be in Des Moines next June.

Taking part in some very interesting exercises — such as jumping rope at 1:30 a.m. of course. He either had to jump it, or fall over it, and Holly toke the white horse and discharged his man. He was overheard immediately after it happened, and we all bet that Holly has some Biblical training. In other words, he was all "tied up with his bed."

For quite some time we have been wanting some place away from civilization, to go for a walk and, at last, we have a place. It is a very fine place for us to entrance of a subway kiosk with some more "Heavy" Artillery.

"Boone Boys" are going to the meet at 8 o'clock at the Y. W. some of the answers she found: "Nix, nix! None of that stuff. Do you t'ink I wanta go blind?"

"Are mine the only lips you ever kissed?"

"Yes, dear, and the nicest?"

I was suffering from liver trouble and the doctor told me that if I laughed fifteen minutes before each meal, my condition would improve. One day in a restaurant, while having my little laugh, a man at the opposite table walked over to me and said in an angry manner: "What the devil are you laughing at?"

"Why, I am laughing for my liver," I said.

"Well, then I guess I had better start laughing too, I ordered mine half an hour ago."

Phish — (Rushing into Library): Quick, I want Caesar's Life.

Librarian — Sorry, but Brutus beat you to it. — Lyre.

A teacher had given a number of examinations. These were some of the answers she found:

"In case of drowning, put on dry clothes as quickly as possible and yell for help."

"When chickens get old, their teeth fall out, so they eat stones and the stones fall into the holes left by the old teeth, and make new teeth."

"A molar is what my daddy is in the factory."

"Will the anaesthetic make me sick? Doctor?"

"Oh, I don't think so," said the Doctor.

"Well, how long will it be before I know anything?"

Caring for the patient's interruption: "Aren't you expecting too much of an anaesthetic, dear?" — (On the Square.)
THE LOG BOOK
The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY
President ------------ ... I
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DES MOINES STILL COLLEGE
for that word best expresses it
but in it's fullness, this culture-
will help a man to make a start
Osteopathy Without Limitation
Editor --------------- R. B. Kale
lar precision. Learn to love
and moral measure with singu-
manity.
last half hour of the day in com-
has to be wrought out by each
startles and delights. Montaigne
ter through whom alone we can
introduce you to the great mas-
Paul. Taught by Shakespeare
ion, while from the Breakfast
and counsel of two of whom you
things, and to be 'sealed of his
been the most constructive, gen-
all that is worthy has always
ophy of life peculiarly suited to
Holmes you can glean a philos-


BELIEF
Belief—in self, in others, in
all that is worthy—has always
been the most constructive, gen-
erative force known. And, con-
trariwise, doubt has ever been
the anathema of personal ad-
ancement and achievement.
And, of all the doubts that
betray us, doubt of one's ability to
do the thing in which one has
ambition; and because doubt has
a habit of creeping in quietly,
onattentive in the beginning,
it is, like other miseries, difficult
to guard against. Only
by building and maintaining a
stout "standing army" of con-
dence can doubt safely be made
to keep its distance.

A similar procedure is essential with confidence to combat doubt.

To climb steep hills requires slow pace at first.—Shakespeare.

A.O.A. Convention News
(Continued from page 1)

Reunions
Drs. H. H. Halladay, Des
Moles, Chairman; R. W. Morgan,
Des Moines.

Women's Tournament
Drs. C. M. Proctor, Ames,
Chairman; J. L. Schwartz, Des
Moles.

Care of Sightless
Drs. J. W. Macklin, Anita,
Chairman; W. L. Thompson, Des
Moles; G. H. Collier, Clarinda.

General Reception
Drs. C. W. Johnson, Des
Moles, Chairman; W. N. Hart-
tuepe, Des Moines.

Still College Reception
Drs. H. R. Cash, Des Moines,
Chairman; Lowell Morgan, Des
Moles; Roy Trimble, Des
Moles.

Physio-Therapy
Drs. J. E. Gray, Newton,
Chairman; J. L. Schwartz, Des
Moles; J. E. Gray, Newton; A. J.
Coon Rapids; Monette; D. M. Kline,
Malverne.

Hospitals
Drs. J. P. Schwartz, Des
Moines, Chairman; J. L.
Schwartz, Des Moines; L. Green,
Syc City; C. C. Triniam; Monte-
zuma; H. B. Willillard, Man-
chester; Rolla Hook, Logan.

Examinations for Physicians
Drs. L. F. Walrath, Des
Moles, Chairman; C. W. Johnson,
Des Moines; J. E. Gray, Newton; H.
W. Gump, Missouri Valley; W.
J. Forrest, Carroll; J. E. Still,
Des Moines.

Organizations
Drs. Della Caldwell, Des
Moles, Chairman; L. Miller,
Adel; M. B. Morrison, Clearfield;
J. N. Thompson, Des Moines;
Avis Payne, Des Moines; Mil-
dred Tringle, Grinnell; Katherine
Hoff, Des Moines; J. K. Johnson,
Sr., Jefferson.

Examinations for Physicians
Drs. E. W. Bachman, Des
Moles, Chairman; Sherman
Opg, Creston; W. C. Gordon,
Sioux City; C. Mittering, Web-
iste; C. F. Spring, Des
Moles.

Allied Societies
Drs. C. N. Stryker, Sioux City,
Chairman; E. E. Steffen, Des
Moles; M. B. Morrison, Clearfield;
J. N. Thompson, Des Moines;
Avis Payne, Des Moines; Mil-
dred Tringle, Grinnell; Katherine
Hoff, Des Moines; J. K. Johnson,
Sr., Jefferson.

Halls and Furnishings
Drs. H. H. Halladay, Des
Moles, Chairman; George W. Rot-
orts, Des Moines; E. E. Brooker,
Grinnell; F. D. Campbell, Des
Moles; I. W. Rainherger, Ke-
okuk; C. H. Collier, Clarinda;
Keokuk; F. Lindblom, Des
Moles.

Committees of Group III
Drs. H. H. Halladay, Local
General Chairman

Registration
Drs. Paul Park, Des Moines,
Chairman; C. N. McMullen; C.
H. Porter, Des Moines.

Publicity
Drs. H. V. Halladay, Des
Moles, Chairman; A. W. Clow,
Washington; Della Caldwell.

Miss Ava Johnson, Des Moines,
Chairman; Dr. Ellen Pheneide,
Des Moines; Helena Messer,
Schmidt.

Program Publication
Drs. J. E. Gray, Newton,
Chairman; W. E. Butcher,
Des Moines; Raymond Kale,
Des Moines.

A. M. Reservations
Drs. J. M. Woods, Des
Moles; J. O. Woodmaney,
Des Moines; George Hamilton,
Des Moines.

Local Section Committee
Drs. B. L. Cash, Des Moines,
Chairman; Lowell Morgan, Des
Moles; Roy Trimble, Des
Moles.

Osteopathy at the Par-
soms Game
Dr. Virgil Halladay walked out
on his classes the day of the Par-
soms game and stepped into a
lively osteopathic practice as the
result of injuries on the field of
valor. Parsons was out to win at
any cost, and at times got a lit-
tle rough. Not so that there was
any hard feeling, but remember
that the Parsons boys had the
habits of playing football for four
weeks of intensive train-
ing before the regular college
work begins.

And, of course, the usual number
of bruises and sprains that are
to be expected in any game, we
had a dislocated elbow, which
was corrected one minute after
it happened, while the patient
was sitting on the bench. An-
other player was out with a com-
plete loss of memory, as a result
of a cervical injury. He later re-
turned to the game and finished the
last quarter OK.

Injuries of this type, while not
common, do occur and are just
added items to the proof that
every football team should carry
with it a capable, consistent physician, preferably of the osteopathic
school, who can appreciate meth-
ods and theories of osteopathic prac-
tices. Our efficiency in the par-
ricular field of practice is being
proved every day in all parts of the
country and this work is just as
much a specialty as any other.
We hope that you are taking the
time this year to do some work
of this kind.

Senior Class Elects New
Stillonian Editor
A meeting of the Senior Class
Thursday morning resulted in the
election of Leonard J. Grin-
nei to the position of Editor-in-
Chief of the Stillonian for 1929.
This election was to fill the pos-
tion made vacant by the resigna-
tion of J. Lane Kendall.

A new plan is to be instituted
this year. A second associate
editor and a corresponding business manager is to be elected from the Sophomore class.

The idea of the plan is to take the
most outstanding part of the
work of the Stillonian from the
Seniors in charge. The plans
are to put the publication of the
year book in the hands of the
Junior and Sophomore classes
doing the work.
“That Something”

(Continued From Last Issue)

"Funny Randolph never mentioned your name," Mr. Randolph in Authority was saying. "Anyway, I wish I’d known this when he was talking about it."

"I’m glad you didn’t," I answered with a short laugh.

"Why?" he asked puzzled.

"Go to the phone and call up Randolph," I think he’ll tell you why."

"But—" he began.

"Go and call him up. I want you to," I insisted. In a moment Randolph was on the line.

"Ah-hm," I insisted. The Man in Authority did so; I watched the changing expression on his face.

The Man in Authority said, "I know you do not remember my name, for I am quite sure you never heard of me, don't remember one miserable day a year ago, when a beggar asked food for his child, playing by its mother's side."

I gave a crisp voice over the phone.

"You remember also telling that you said, 'He is not the food he needs. You told that man that it was 'THAT SOMETHING' he needed,' don’t you?"

"Mr. Randolph, I am the beggar to whom you spoke, and I have found 'THAT SOMETHING.' I have learned to use it, and I want to thank you for having shown me the way."

"When may you have the opportunity of telling you about it?"

An hour later, the story you have just heard was told to a number of students. In the Ologies, the Professor of Ologies and Chemistry, Mr. Randolph, had nodded his head in approval, and I noticed a strange light begin to glow in the eyes of a number of the students. When I had finished, we sat a long time in silence, broken at last by Randolph, who said:

"And now tell me just what you think 'THAT SOMETHING' really is?"

I shook my head in dismay.

"You folks know as much as I do," he said. "But of this one thing I am convinced: I have observed it in many parts of the country. And I believe it is the power of the inner man, the fuel of the soul man, the fire of the inner man.

"It is the fire of the inner man, the fuel of the soul man, the fire of the inner man which will make the dream come true."

"It is the one thing necessary.

"We are all of us much alike."

"We have come into the world, all animals of a type.

"All of us have the sense of self-preservation.

"And then we begin to live, animals, all.

"Until we wake 'THAT SOMETHING' up within us, it is written on our hearts.

"THAT SOMETHING is the thing of the soul, we live as a sage out into the world. If men may read, send that message to the men, until it is written on their hearts.

"And they will wake 'THAT SOMETHING' up within them, and they will do it."

"Why?" he asked. "'We are all of us much alike.'"

"Why?" he asked. "Now you sing it back to me with your silly thinking of pessimism. It's the false philosophy that such as you sing, which has kept men in the dregs of old age and poverty."

"You fool," cried Randolph, leaning forward and shaking the little man roughly. "You almost had 'THAT SOMETHING' in your power, and now you sing it back to me with your silly thinking of pessimism. It's the false philosophy that such as you sing, which has kept men in the dregs of old age and poverty."

"'We are all of us much alike.'"

"We have come into the world, all animals of a type.

"All of us have the sense of self-preservation.

"And then we begin to live, animals, all.

"Until we wake 'THAT SOMETHING' up within us, it is written on our hearts."

"We bear on our muscle those things we have found 'THAT SOMETHING.'"

"And we bear them on up the mountains, to take their places among the lions of men."

"'THAT SOMETHING' lies dormant in every soul until aroused.

"With many, it sleeps until the last great sleep.

"Oftentimes it does not wake until man stands tottering on the border of the grave."

"Sometimes it is found by the chance playing of its mother's knee.

"Some men have earned it and others have not.

"Luck is but the fleeting smile of fortune.

"THAT SOMETHING is the highway to your home.

"A man's success depends alone on the something of 'THAT SOMETHING' of his soul."

"Abraham Lincoln found it when he said, 'I am a child of a puny Corsican, a man of his age!'"

"And it is now in YOUR students as part of the student body."

"It made Carnegie!"

"And you, who have read it, may read it every word again and again until 'THAT SOMETHING' of your souls has been aroused, and you have taken your places among the Rulers of the World.

(THE END WHICH IS THE BEGINNING.)

Freshman Assembly

Friday morning, Sept. 28th, at the regular assembly period, the students were invited to a new platform of the assembly room by Dr. Johnson, president of D.M.C. H. Singleton was in charge of the program. They showed a fine spirit in coming to the platform and giving their names and schools.

According to old time custom, they sang "We're Osteopaths" from Iowa sang the "Iowa Corn Song." These renderings were well received by the students, and the entire student body sang the school song.

The new men, who were from other osteopathic schools, were then introduced from the platform and were received by the students as part of the student body.

The assembly was closed with some good old songs and the students adjourned to their regular classes.

Iowa Passes Ohio In Enrollment

Once again Iowa passes Ohio in the enrollment of the Freshman class. Statistical compilations have been made with regarding facts as afore stated. It has always been a source of much pride for the students from Ohio to say that there were more students from Ohio at D.M.S.C.O., than from Iowa.

We are glad to know that the students from Iowa realize the advantages of D.M.S.C.O., and are taking their rightful place in members of students in the school.

Next in the list is Minnesota with a very close third. Kansas and Pennsylvania are tied for fourth. Many states are represented by students from Massachusetts in the east and others from Washington in the west.

One of the very best safeguards against financial and professional decay is the practice of economy in time of prosperity.

Our New Officers

At the meeting in Kirksville the following officers and department heads were elected for the coming year. The house of delegates is to be congratulated on the selection of men and women to lead us in what we hope to make the most progressive and efficient year of our history.

President, Dr. D. L. Clark, of Boston.

Vice-President, Dr. John A. MacDonald, of Boston.

Second vice-president, Dr. P. C. Ellingworth, of Fort Worth, Texas.

Third vice-president, Dr. Anna E. Northup, of Moose Jaw, Sask.

Trustees—Dr. E. C. Brann, of Wichita, Mo.; Dr. A. E. Allen, of Minneapolis, Louis C. Chander, of Los Angeles, C. A. Ward of Detroit, Ray B. Gilmour of Sioux City, Iowa; Josephine L. Pierce of Lima, Ohio, to fill the vacancy caused by the resignation of John A. MacDonald.

Department Heads Named

The following were named as department, bureau and committee heads of the A. O. A.:

Department of Professional Affairs—Dr. Ray B. Gilmour, of Sioux City, Iowa.

Bureau of Professional Education and Colleges, Dr. Ray B. Gilmour.

Bureau of Hospitals, Dr. A. D. Hawkins, of Washington, D.C.

Bureau of Censorship, Dr. Robert W. Pershing, of Seattle.

Bureau of Professional Development, Dr. John E. Rogers, of Des Moines, Iowa.

Bureau of Information, Dr. Chester H. Morris, of Chicago.

Bureau of Associate Editors, Dr. John A. MacDonald, of Boston, Warren B. Davis, of Long Beach, Calif., Josephine L. Pierce, of Lima, Ohio.

Committee on Credentials, Dr. Canada Wendell, of Peoria, Ill.

Committee on the American Osteopathic Association, Dr. R. H. Singleton, of Cleveland.

Department of Public Affairs—Dr. Herbert Paceck, of Toronto, Ont.

Bureau of Industrial and Institutional Services, Dr. A. E. B. Roden, of Kirksville.

Bureau of Clinics, Dr. Victor W. Purdy, of Milwaukee.

Bureau of Public Health and Public Education, Dr. Arthur E. Allen, of Minneapolis.

Bureau of Osteopathic Exhibits, Dr. E. C. Brann, of Kirksville.

Committee on National Affairs, Dr. C. B. Atzen, of Omaha, Neb.

Committee on Osteopathic Exhibits in National Museum, Dr. A. J. Moore, of Washington, D.C.

Legislative Adviser in State Affairs, Dr. A. S. Willard, of Missouri, Mont.

Director of Information and Statistics, Dr. Ray G. Halbur, of Chicago.
Freshman Reception
Decided Success

The first social event of the school swung into line with the reception of the school in honor of the men of Still College on the night of Oct. 31. The reception line welcomed all its students and their friends to the halls of the Hoyt Sherman where the night air was soon filled with dance music. What a night! What a dance!

During the early part of the evening the Freshmen formed a line marching around the room to the applause of the students, and faculty. This dance was for Freshmen only. Some of them sure showed experience in handling their feet on the dance floor, and many a fair young heart beat rapidly during the dance. Dr. Halladay added spice to the gay scene when passed out horns and other various forms of noise makers to the Freshmen and the rest of those present, when they joined in the dance.

Later another specialty and novelty dance was held for the freshman. Dr. W. J. Nowlin announced that another dance would be held for Freshmen only, and that it would be an elimination dance. The dancers were gradually eliminated by having the orchestra cease playing and picking at random to see whom they desired for the further advancement of Osteopathy. This has been done to show her appreciation for what the college meant to her as a student.

Dr. Bauer has been honored numerous times, having the distinction of being president of the O. W. N. A., several times president of the State Society of Ohio last year, and has been secretary of the Central Ohio Society. She has had several opportunities to enter politics but has declined in favor of the profession.

During the summer she spent her vacation in Europe, visiting England, France, Switzerland, Italy, Germany, Austria, Denmark, Norway, and Scotland. Upon returning to her office she found business so increased that it was necessary to hire a trained nurse to assist her.

Closing her letter she sent best wishes to Des Moines Still College and appreciation for Dr. Johnson as her instructor while in school.

Happiness is not a matter of age, but a state of mind. Enjoy things as they are.—Chauncey M. Depew.

Homecoming Date Set

Nov. 29 has been definitely decided upon as the day when D. M. S. C. O. will witness Kirksville-Still game. Plans are already underway for the social events of the day: fraternities are planning luncheons and the school is now completing arrangements for the annual homecoming dance. Being that this is a holiday it will be an ideal day for the busy doctor to journey to D. M. S. C. O. to witness Kirksville go down to defeat under Coach Sutton's marching band team.

This has all been given the last degree of consideration by the committee in charge of the affair so that no one would find himself left to wonder what a night! What a dance!

About twenty-five men of the student body gathered in room 102 to organize a glee club for D. M. S. C. O. A general role was taken and there appeared to be a well-balanced number of voices, although more can be used in all parts. If plans that are already formed are carried to completion D. M. S. C. O. is going to have a fine glee club and one of which they can well be proud.

This is a culmination of plans that have been in process for some years but there has always been something that one could charge. E. V. Chance of the Freshman class has consented to take charge this year, having had considerable experience along this line for several years. Music has been purchased and the first practice will be held Tuesday afternoon.

The student body is looking forward to a real treat from this new organization.

Sigma Sigma Phi

Sigma Sigma Phi, national honorary fraternity, takes pleasure in announcing the pledging and initiating of the following group: Harold Jennings, Walter Heinlen, Leon Nicholson, P. J. Gephart and John Martin.

The ceremonies were followed by banquet.

The national business of the fraternity is now well under way and much should be accomplished in the future months.

Still Defeats Nebraska State Champions

The finest exhibition of school spirit that has ever been demonstrated in a Still College game was unlooked for in the second game with the Peru Normal last Saturday. Upsetting all the dope of the season and especially last Saturday the Pirates defeated the Peru Bobcats 16 to 12 on the Catholic College field.

The visitors, although champions of Nebraska Conference last season and undefeated before their setback against the local team, could not pierce the Still line, and were forced to rely on an overhead game during most of the show.

During the first quarter Sautter, speedy Bobcat halfback, squirmed through the center of the line and shook off several tacklers to get in the open. He was well on his way for a touchdown when Hyink, Still's safety man, ran up the pedals of the loose running back and gave him an upsetting on Still's 15-yard line.

Still stopped the invading rushes and held the Peru aggregation without a gain in three attempts at the forward wall, but on the next play Sautter stepped back and heaved the oval through Spencer's arms into the waiting arms of Pike who stopped across the goal for a marker.

The Bobcat's second and final tally came in the last period when Zook and Clausen brought the ball from midfield to the 2-foot line on a series of off tackle plays and end runs, Zook scooping through the center of the line on the next play. The attempt for the extra point was ruined when the pass was knocked down.

Coach Sutton's protégés scored their markers in the second and fourth quarters, the first came when the backfield crashed through the line creating made by the front rank men, carried the pigskin across the

Dr. C. M. Post

We are all saddened by the untimely death of Dr. Post of Des Moines. He graduated from D. M. S. C. O. in 1917 and was an instructor of Anatomy in the school for three years.
**Fraternal Notes**

**ATLAS CLUB**

J. T. Campbell

The Atlas Club is pleased to announce the pledging of three new members.

J. T. Campbell

**IOTA TAU SIGMA**

F. H. Hendrix

The chapter expressed deep feeling of sympathy to Howard Cook, whose mother passed away on Oct. 1, and for Richard Rohde, whose brother died Oct. 15. However, the boys are back and are going on with their work just the same.

"Herb" Murray has been quite the "home boy" the last few days. Honest, he just doesn't go anywhere anymore. No, it's not the limit of devotion that gets him, but the changed habitat. He received the injury last week in our game with Peru.

"Spiced" Henry Petersen's "Jazz Kings" chose their corner, and at 8:30 o'clock the bomb was set off. Among us were Drs. Earl Shaw, I. J. Nowlin, John A. Wadkina, Dr. and Mrs. England, W. E. Russell, and Dr. and Mrs. Potter.

Word was brought to the house through Brother Rohde that Dr. Olsen, who is located in South Bend, Ind., is expecting to return to all of us while he is with us and are going on with their work just the same.

One of our boys had some bag-eyes moved and replaced certain Negro to do the work. He received a statement from the colored man when the task had been completed, and here's what he said: "2 comes; 4 goes; @ 4 bits a went. Total, $3.50!"

Pledge Stokie is going to be a second Strongheart if he keeps up with that back breaker of his. Chuck says: "Don't hold my head any longer, I play the drums in a jazz orchestra."

**PHI SIGMA GAMMA**

C. A. Reaves

Frank Shaffer is a student in astronomy now. Very simple method. Just bump your head against the ground and look. Pledge Schaffner is sure get the dates. He has a method all his own.

Is Pat your friend Don? Any- way, certain people in Des Moines want to know.

"Heard in the Dorn, about 3 A.M.: 'You go, Harold.' "Now," I warn you, 'you go Jim.' "Well, why don't you go in it?" 'I don't know.' Following conversation was censored. Pledge Purtle and his name to have turned Indian. They have a lot of nice names for each other.

"Several aren't so sure to like this early morning affection, bewotewded upon him by his roomy. Would you?"

Pledge Armbrust can hardly wait until he get home Thanks-giving. He will come back 20 pounds heavier according to ap- petite.

Rock has taken Pledge Stiven- son in tow. So we know he'll make a good Osteopath. "Now, Jay, what's this mean?" etc.

For dancing instruction see Pledge Grau. He teaches in one lesson.

**Around Our Merry Campus**

It Does Beat All

Prospective Father-in-law: Before I give my consent young man, I must know if your income is on a sound baals.

Bob Herrelck: Unquestionably, sir. I play the drums in a jazz orchestra.

"Do you suffer with rheuma- tism?"

"Certainly; what else could I do with it?"

"My Hope is Built on Nothing Less"

Barber: Hair getting pretty thin on top, sir. Can I interest you in a restorer? Customer: No, it fall out and be hanged. I'm too old to be handsome and my only hope of looking intellectual is to be bald-headed.

Pen-sive Warning

"I've had a terrible warning of approaching death."

"No, really.

"Yes, I bought one of those lifetime fountain pens, and it's broken."

Even Her Dad Wouldn't Tell Her

Jones notified his friend Brown was looking rather an- noyed of late, so he decided that he would ask him his trouble: "You look very cross this evening; what's the mat- ter?"

Brown replied: "I am cross. I just showed Winifred one of my boyhood photographs with my father holding me on his knee, and she said: "Who is the ventriloquist?"

Even Her Dad Wouldn't Tell Her

Sailor Sam: "I kissed Nancy as I was leaving last night."

Gapping Gob: "Did you get away with it?"

Sailor Sam: "Eag, I couldn't get away without it."

Kind Old Gentleman—What do you call those two kittens, Johnny? Boy—I call 'em Tom and Harry.

K. O. G.—Why don't you name them Cook and Perry after the great explorers?

S. B.—Aw, gwan, mister; these ain't polecats.—Black & Blue Jay.
Dr. Englund Sings

Dr. V. A. Englund, a practicing Osteopath of the city, was heard by many over the radio last night, those that tuned in on W H O can verify the report that he has a mighty fine voice and all enjoyed his single song. After the audience had remembered when he sang in the assemblies while a student at D. M. S. C. O.

During the summer many of the students of D. M. S. C. O. took a final step in the affairs of life, and now safely staked their cards on the "sea of matrimony."

Hynds-Clark

One marriage of interest was that of Thomas Clark of the Senior B class. He was united in marriage at St. Paul, Minn., on the morning of Aug. 8, in Mason City at the bride's home. They spent several weeks on the lakes of northern Minnesota and returned to Des Moines at the start of school. They are now residing on Cottage Grove avenue.

Keenle-Smith

H. Dudley Smith, another member of the Senior class, and Miss Evelyn Kelsh of Des Moines were married on Monday, Sept. 24, at Adel, Iowa. This was a surprise to the members of the class for 'Dud' only last few in on the secret. The Smiths are now located at 1145 Pleasant street.

Wilson-Hensch

The Smiths and Hensches were again surprised when Wm. Hensch announced his marriage to Miss Geraldine Wilson. The ceremony was held in the church of St. Paul on the morning of Aug. 12, in Mason City at the bride's home. The wedding was planned by Erv Rash and the party was catered for by the home of Miss Wilson's parents. The happy couple will reside in the church where they were married.

Still Defeats Nebraska State Champions

(Continued from page 1)

Dr. Hyink

The beginning of the last quarter saw the Still aggregation break out with a new inspiration, an epidemic of 'Old Dad' and start a push for Trinity's goal. A punt by Trinity was blocked by Still and from that point the ball was put into play by Bill Hinds who was from the center at all. Hyink failed to kick goal.

At that point Trinity put in a star, "Buzz" Brown, who though cripple, gave new life to the Sioux City eleven. But even with this new addition and tough playing fighters, using everything and stopping at nothing, the cumulative score remained the same, Still 13-0.

Phillip Voss

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Phyllis Underwood

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Another "Pep" Assembly Reception

The assembly on Friday, Oct. 19 was called by Dr. Johnson, president of the college, in an effort to arouse student spirit for the very important football contest to be held Saturday afternoon. Dr. Johnson asked for the support of the students and emphasized the importance of the game at D. M. S. C. O. and in the absence of Dr. Halladay they stressed the importance and the pride of the college. It was a very able manner. It is certain that no apology is needed from the college on the playing was received with the highest approval, which was demonstrated by the students gathered on the platform of the Shriner's banquet held at the college. The students and faculty of the college and emphasizing the state championship game.

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Welcome to A.O.A.

The Atlas Club cordially extends a welcome to all those in the field during their stay in the city at the time of the Osteopathic convention held in Des Moines in 1929.

Members

Activities
The actives of the Atlas Club are as follows: The band is composed of Harry Skinner, Venzel Mikan, Christine Fedson and LaVerne Utterbach.
Those playing football are: Dornbush, Monger, Wynn, MacDonald, Ed Swartzbaugh, and Warren Swartzbaugh. Those on the Stillonian Staff are: Treat, Moore, Dornbush and Campbell. The Atlas men who are members of the Sigma Sigma Phi are: Russell Wright, Frank Dornbush, Leon Nicholson, Neal Holton and Roy Lypps.
Still Meets Kirksville at Homecoming

Hear Ye! Hear Ye! Hear Ye! Alumni and former Students of D.M.S.C.O. As you now know, the 29th of November has been set aside by the Board of Trustees to roast Turkey-and Kirksville. But that is only part of a big day of entertainment and festivities that is now planned. Starting with the early morning going until the night is well spent, will be hours of ceaseless activities.

The first quarter of the activities will start in the morning as early as possible, visiting the various fraternities, etc., will be appropriately decorated, the school, visiting the old friends and meeting classmates and the train from Kirksville.

The second quarter will begin about twelve-thirty when the different organizations will serve up turkey, cranberry sauce, and what nots—or perhaps many will journey to homes of friends that what nots or perhaps many will up turkey, cranberry sauce, and about twelve-thirty when the t1

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Hear Ye! Hear Ye! Hear Ye! Alumni and former Students of Kirksville.

The football banquet and dance until the final whistle blows will be the climax of the Homecoming.

Sigma Sigma Phi To Give Loving Cup

Plans have been completed for one of the biggest homecomings at D.M.S.C.O. has ever witnessed. Stimulating further interest, Sigma Sigma Phi decided to present a loving cup that will be properly engraved with the date and name of the fraternity that has the best decorated house.

This will be judged by a committee selected by Sigma Sigma Phi and the award will be made at the annual Homecoming dance to he held Thanksgiving night. The selection will be based on the artistic ability displayed and the Osteopathic interpretation and representation.

Keen competition is expected and it will be necessary for each fraternity to put forth their best ideas.

Cheer Leaders to Get Sweaters

Another fine example of the work that the "S" Club and they are busy at plans to ascertain that it will be a success and a fitting climax to such a day as Nov. 29, 1928.

To Detroit Hospital

Dr. O. H. Olsen, a recent graduate of D.M.S.C.O. who served an internship at the Detroit Osteopathic Hospital, has been recalled to that institution to serve as house physician.

Dr. Olsen has been practicing in South Bend, Ind.

New Lockers Purchased

KEEPING IN step with the trend of improvement around the building, the college has purchased new lockers which are especially advantageous to the upper classmen as a place to keep their kits, etc., needed in the upper classes. This makes a place of the old lockers, outside the third floor to be used by the underclassmen. This makes a place of the old lockers, outside the third floor to be used by the underclassmen. These lockers were purchased from the Berger Mfg. Co., Canton, Ohio, under specifications that called for a locker 18x12x60 inches, so that they would accommodate a 17 inch kit without standing it on edge, as so many of the graduating class forget their remember of old.

The other lockers have been placed at the end of the hall on the third floor to be used by undergraduates. This makes a total of almost one hundred lockers owned by the school and they are especially advantageous to the upperclassmen as a place to keep their kits, etc., needed in the upperclassmen.

Dr. Schwartz Takes Trip

Dr. J. P. Schwartz, dean of the school, has returned to the city, after a visit to South Bend, Ind., where he visited Dr. Bashline, who has a forty-bed hospital that is full all the time. Dr. Bashline who has a forty-bed hospital that is full all the time. Dr. Bashline has the complete co-operation of the field men of the vicinity and to Detroit, where he attended the Michigan State Convention.

He reports very favorably concerning the work of Dr. Bashline, who has a forty-bed hospital that is full all the time. Dr. Bashline has the complete co-operation of the field men of the vicinity and with a mortality that is unusually low, has developed an institution that is a monument to Osteopathy.

Busy as he is, Dr. Bashline always has time for the students, or themselves interested in the study of Osteopathy. He has been div.

(Continued on page 3)

Passes Upset Still

Taking advantage of the breaks of the game, the Columbus College gridders gave the Pirates one of the neatest upsets of the season. Meeting what is recognized as one of the strongest teams Coach Sutton has ever developed, this team from Bloom Falls, S. D., defeated Still 13 to 0 on the Catholic College field.

Both counters came from interceptions by the Columbus men. The first, when Kennedy intercepted Hynk's heave and sprinted untouched to the Still goal line. Likewise the second, when the ball was downed on the twenty-three yard line after an intercepted pass. Line smashes carried the ball to the eight yard line where Leahy shot a pass to Kintz who dove for the ball for the other counter.

Wilsand, a Columbus tackle, blocked an attempted kick by the first quarter and Columbus recovered the ball on Still's thirty-three yard line. Shaffer in the following play, a pass netted the visitors. Another pass resulted in recovery of the ball when Shaw leaped high into the air and intercepted the heave. Shaw returned the ball to his own twenty-eight yard line, where Hynk punted the ball out of danger.

The second quarter found Still in possession of the ball on the Columbus twenty-six yard line. Falling to gain through the line, the still team resorted to passes and their chance of scoring ended for the time being, when the first pass was intercepted on the fourteen yard line. Another chance to score slipped when the Pirates received a fifteen yard penalty, after they worked their way down to the seventeen yard line, which they failed to regain.

The thrill of the game came at the start of the third quarter when Stritmatter took the kickoff and started on his way to a touchdown. Only one man was between him and the goal line. But the Columbia safety proved equal to the task and driving him down on the visitors' thirty-five yard line.

The play of both forward walls was the feature of the contest.

"The average home needs more books, not de luxe sets shut in glass cases like specimens in a museum, but books in constant use."—Mrs. L. A. Miller.

Who ceases to be a student, never was one.
and even rings. This is only a wee example of Bro. Rhode's talent. "He's there."

Nick Gill—No show for me ...

The boys being out here makes announcement of the opening of radio, or what have you. As a result we declared Monday, his voice. He accompanies the form and it didn't work so well. It was immediately called to the front. He told the team and the student body that it would not be an easy matter due to the fact that the team was outweighed, it would be necessary for the men to be on their toes every minute of the game. He complimented the "S" Club on their fine spirit in extending a welcome to the visiting teams by meeting them at the train and in other ways to give a good impression of the school. Dick was pleased that the entire student body back this organization in their efforts.

Another Interesting Assembly

The Band, under the direction of Dr. H.V. Halladay, started off with a bang and was followed by one of the peptiest meetings of the student body this year.

Cap. Shaw being called upon, said that both the college team and the football team but if the students would back the college team, the men would give their best to remain undefeated for the rest of the season.

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THANKSGIVING

Thankful for the plenty that our peaceful land has blessed,
For the rising sun that becons every one to do his best,
For the goal that lies before him and the promise when he sows
That his hand shall reap the harvest, undisturbed by cruel foes;
For the flaming torch of justice, symbolizing as it burns;
Here none may rob the foiler of the prize he fairly earns.

Today our thanks we’re giving for the riches that are ours,
For the red fruits of the orchards and the perfume of the flowers,
For our land of peace and plenty and our land of truth and right;
And we’re thankful for the glory of the old Red, White and Blue,
For the spirit of our fathers and a manhood that is true.

—(From “Thanksgiving” by Edgar A. Guest)

Projectoscope Room Ready

Added interest is continually introduced by the students of D. M. S. C. O. in the improvement of anything that will aid the instructors in their desire to teach Osteopathy as it is taught in Des Moines Still College of Osteopathy. Whenever a member of the faculty wishes any equipment installed the students are always ready to assist in any manner possible for play or profit, it will be for their advantage.

This was especially true when the projectoscope was permanently placed in the room next to the book store on the fifth floor. Fred Martin and William Madison are to be given the credit for the fine attitude and work that they completed a short time ago. Special shades have been fixed on the windows and a permanent screen has been placed on the wall. All of which gives to D. M. S. C. O. an excellent room for projectoscope work.

Dr. Schwartz Takes Trip

(Continued From Page 1)

we have received word from Dr. and Mrs. Sherwood J. Nye of Pontiac, Mich., that they are the proud parents of a baby girl. Dr. Schwartz, the graduates from D.M.S.C.O. are progressive and successful Osteopaths and are aggressive in their desire for better laws. Their influence will mean much in securing better laws for the Osteopaths in the state of Michigan.

A small sized envelope brought the news of the arrival of a baby girl in the home of Dr. and Mrs. W. C. Holloway, Thomasville, Ga. They call her Martha Louise and her day will be November 5th.

BRANCING INTO ATHLETICS

CHAPTER III

We are not quite thru with the Charley Hayes cases. So far we have not mentioned the use of rolling, ironing, diathermy, quartz or any type of heat, mud packs, tapping, etc. Each of these will be taken up now with the stress on results rather than popularity. There are some coaches and trainers who will not change their old methods while they have a place in the care of muscle injuries they should be made to keep their place and not try to do their turn who,nec the line has been run down on them.

It is accomplished by some to aid in the relief of congestion following muscle strain. The method usually employed is to secure a somewhat ordinary rolling pin, the type that is so popular with Mrs. Mutt. The injured part is placed upward on the table and the rolling begins. Back and forth over the area of the muscle. Rolling done properly will do no harm and usually helps as it is intended to do. The body part is held flat and the expe- rienced hand is usually given the job and the rolling process continues until there is no too much pressure applied and the end result is added to the comfort. If there is too much pressure applied and the end result is added to the comfort, the job should not be done first. If used at all, it should be done the following day where the acute swelling has disappeared.

Ironing is just as the title implies. An ordinary electric iron of about five pounds is used. Use over several thickness of cloth so that the pressure will be applied. The method usually employed is to secure the iron, the paper towels, image, or other fabric, and the child. This treatment is good in cases where the injury is no longer active and nothing is doing to make the pack in the cloth. This treatment is good in cases where the injury is no longer active and nothing is doing to make the pack in the cloth.

Reports from stubborn cases submitted to diathermy are to the fact that the case won and the diathermy lost out. So far we have had much better success with other types of treatment regardless of all the fine testimonials we have read and heard on the subject. We are not saying that diathermy is no good, but it is not good, and the other methods of treatment are better in this type of injury.

Dry heat from any type of light is very good, but all disappointed in the results you get for you will expect more. This treatment is considered a good deal as a substitute for personal attention. Every boy should have a lamp with light from an electric light and told how and when to use it himself. If he has nothing else, see that he has a 100 watt lamp fitted with a bright tin reflector and instruct him to use it at night just before going to bed, but not to use the muscle afoot about

(Continued on page 4)
BRANCHING INTO ATHLETICS

(Continued from page 3)

Programs at Games

Through the efforts of Allen Nelson and William H. Smith, solicited advertising from several of the merchants and businesses of Des Moines, programs were provided for those who attended the game last Saturday.

We appreciate the work of these men and the generosity of the merchants who made these programs possible.

Those who advertised on the program, were:

- Brown Drug Co., 1505 Grand.
- Sam's System, 219 Grand.
- Earl Rarick Barber Shop, 502 Fifteenth.
- Johnson's Clothing Co., 413 Seventh.
- C. H. McClintic's Cafe 17th & Woodward.
- Jewett Dress Club, 902 Grand.
- Truman's Shoe Repair, 618 Grand.

The first of a series of dances to be given this year by the "S" Club in their effort to secure funds for awards to the letter men in all sports, was held on Saturday evening, Nov. 10th at the Moose hall.

The dance was poorly attended by the students and the faculty members, but those who did attend it had a real lively and most enjoyable evening. The music was furnished by Peter Ross and his orchestra.

Don't Worry—Come

The intensive program begun in Toronto, continued in Louisville and Denver and culminated in Des Moines, has borne fruit. Our first wish is that after you have attended the 1929 convention you will want to return soon.

Don't worry about transportation. We have good roads and a third rail link lines enter Des Moines.

Don't worry about rooms. We have five thousand rooms with bath available for visitors.

Don't worry about convention headquarters. The clinic departments of both the college and the hospital are to be placed at your command.

Don't worry about the weather. Charles D. Reed, our local weather expert, has promised ideal weather which is much needed for conventions.

Don't worry about anything. Just start to make your plans now to attend your first convention.

The cornerstone of the original Still College building was laid thirty years ago.

Nothing is longer than time, because it is the measure of eternity. Nothing is shorter, because it is the time required for it to happen.

- Voltaire.

THE LOG BOOK

Mrs. Dewie Michael Speaks At Assembly

Following several band selections that "went over big" at the entire assembly, Dr. H. V. Halladay introduced the speaker of the morning, who is a graduate of the school of Life and Health of Chicago.

Her message to the students was timely and full of interest from beginning to end, for she has lived among Osteopaths and knows osteopathy. Her advice to the students was to take life plus for a time would come when they would need it.

A brief history of the life of Dr. G. Houser, the founder of the Life and Health School was given. Dr. Houser has lived among Osteopaths to care for the physical maladjustments, and would consider the process started by her further explained that our system needs Osteopaths to care for the physical maladjustments, and would consider the process started by her.

"S" Club Spouses Yell Sheets

Friday morning at assembly the "S" club, composed of the athletes of D. M. S. O. that was enabled to develop the enthusiasm of athletic, distributed printed sheets of the yelling of the college. This was to enable the Freshmen and the new students of the college to become acquainted with the words of the yell and the college songs. It certainly was a fine idea and the "S" club is to be congratulated on their effort in increasing the old Still "pep."

HOMECOMING NOVEMBER 29th

Please reserve plates for the Football Banquet.

Signed

Price $1.50

(Return At Once So Reservations May Be Made)
Addresses Fifth District Convention

Dr. R. B. Bachman, head of the Obstetrical department of D. M. S. C. O. attended the fifth district convention which was held in Sioux City Nov. 15th and returned with a very fine report of the convention. It was unusually well attended and fine interest was shown throughout the entire program.

Dr. Bachman spoke in the morning on “The Effects of Sacro Iliac Lesion in Labor and on Offspring” and in the afternoon on the “High Points of Deliveries from an Osteopathic Standpoint.” Those attending the convention were much impressed with his Osteopathic interpretation and realized more deeply the value of Osteopathy in this field.

The many courtesies that were shown Dr. Bachman were greatly appreciated, and especially those extended by Dr. Ray Gillmore.

Dr. Woods Speaks in Nebraska

Dr. J. M. Woods journeyed into Nebraska the fifteenth of November to attend the North Eastern Nebraska Osteopathic Association convention which was held at Columbus, Neb. Dr. Woods appeared on the afternoon program and addressed a large assembly of Osteopaths on “Common Respiratory Diseases.” His remarks were very enthusiastically received, this being an assured fact in view of the high type of his work and teaching in M. D. S. C. O.

Many of those attending were still graduates and they appreciated the opportunity of listening to Dr. Woods again. Dr. Oscar Meyer and Dr. Lyman Johnson were asked to have their greetings carried to Still and the members of their class.

Osteopathy is needed in Nebraska, and many fine locations are yet available. The basic law which is in effect, is that the state could not discipline any Osteopath who desires a good state in which to practice.

Bob Bryson Improving

Robert Bryson, a former student of Des Moines Still College, has returned to the state after an extended illness. He reports being in excellent health and looking forward to resuming his work. The hopes of the student body are with him to complete his work and return to the campus.

Homecoming Big Success

Meeting the train Wednesday night bearing the Kirksville team and the few members of the student body who loyally supported the team, Still College lifted the torch of Welcome to usher in the Homecoming celebration.

The team, after being safely quartered at the Chamberlins’ hotel, was left to secure rest for the day as the company of those accompanying the team were taken to various fraternity houses while a few sought rooms in hotels.

The morning brought a steady drizzling rain and a penetrating wind which lasted throughout the day. The game was finally terminated in a heavy snow storm in the evening. This did not interrupt any of the plans so through the entire program everything was well attended.

Especially was this true when the band furnished the music for the occasion and were the guests of Dr. H. V. Halliday at the banquet.

The “S” club dance was the main attraction of the evening and was well attended in spite of the weather. The Kirksville team and those who visited Des Moines returned on the sleeper train, but their plans were so arranged to entertain with a Thanksgiving banquet at the Fort Des Moines hotel by the board of trustees. The band furnished the music for the occasion and were the guests of Dr. H. V. Halladay at the banquet.

Still Loses Thanksgiving Fray

The Still college football team lost the last game of the season to a fast and smooth working team from Kirksville. The final tally gave the Kirksville Osteopaths a 21 to 0 victory at the Western league park Thanksgiving Day.

The Still team put up a plucky battle against the invaders, but Kirksville possessed too much power and the battle was lost by a three touchdown margin.

The visitors got into scoring position just at the end of the first period on a drive down the field. With the ball on the 5-yard line, the Kirksville team scored second play of the second quarter.

Hickey scored the second touchdown for the Kirksville team after taking a long punt on his own 20-yard line. He sprinted eighty yards for the counter.

A pass to Joseph, gave the visitors their final touchdown in the third period. Still did its best work in the fourth quarter but were unable to penetrate the Kirksville defense.

Still Defeats Iowa Wesleyan

The Still college football team came into their own by defeating Iowa Wesleyan college, which had won four straight contests without permitting a single score against them. The game which ended with a 13 to 0 score in favor of D. M. S. C. O. was played before a crowd of 400 persons.

On an effort to save his team for its Thanksgiving day clash with Parsons college, Coach Glenn Bingham of Wesleyan started several second string men but Still quickly convinced him of his mistake and even after substituting on defense made the Mount Pleasant Methodists could not present an effective offense.

Coach Sutton’s players, had a decided advantage in the first three periods scoring twice. The first Still score came in the first quarter soon after a tripping penalty on Wesleyan which gave the ball to the local team on the visitors’ 35-yard line. Hylak then surprised the Methodists with a long pass, which Shaffer, right end, caught unmolested for a touchdown.

The second touchdown was
**FRATERNITY NOTES**

**ATLAS CLUB - J. A. Campbell**

Practical work was held at the Atlas Club Monday night, November 19th. Dr. Cash gave us a very interesting talk on the importance of diagnosis.

Much thinking and planning has been going on since Sigma Sigma Phi promised a cup high, but were rather surprised by Square for the best decorated fraternity at Meyer. A dance on November 19th. Dr. Cash gave us The snow storm on Thanks-giving completely broke our house for homecoming. Too bad for the pledges.

The boys of the house have found that they are never too old to learn. They have just learned that "Judge" Utterback is an artist of renowned ability.

Brother Dornbush has decided to go in for sprinting, since he ran the 100 yards at the Buena Vista football game.

Due to the work of Sherlock Holmes, namely Bush, Utterback and Dornbush have discovered Musselman writing on his collection of photographs "To Dr. Cee, with love," etc.

The pledges are rather joyous due to the fact of the snow. Last fraces there were three paddles broken. Hurrah! Eh, pledges?

Brother Faus bought an alarm clock to prevent the house from getting up at 7:45. The way he talks about the country back home, we are beginning to believe it must be paradise.

Say, Rose, are the rabbits "Cookie" Moore, after many hours of work has finally found the blood supply to the pupil of the eye.

Taylor sells his pile of junk on four wheels to McKinley. Hughes, so far has not been able to make the riding academy. "Ole" has fully recovered from all his aches and pains.

The fellows have been wondering why Cloyd has been wearing his heavy underwear to bed.

Ward, McKinley and Campbell are all in the pool tournaments.

During one of the very cold nights a big black bear came to our door and said "boo", whereupon brave Joe "College" stepped out and shew him—so now he possesses a big fur coat.

Hurrah! "Art" has taken the next heavyweight champion has been found! Three guesses; still no one can guess, it is none other than "Rusty" Wright.

**IOTA TAU SIGMA**

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**THE LOG BOOK**

**KA, PTTY 0lWy 1 A know how, which is none too speeding, he's good for the best of us. How- morning... The Log Book.**

We can also have a Stillonian, if you will get behind the staff and BOOST the Stillonian.

**SQUARE AND COMPASS**

**H. A. Reaves**

Plans are under way for a smoker to be held soon for Masons and DeMolays. A very pleasing program will be given.

Still Squares were guests at the Shire Temple election night. Everyone seemed to enjoy them-themselves to the utmost.

Still backed the S Club dance at the per cent. We feel that a big time was had by all.

**Still Defeats Iowa Wesleyan**

(Continued from page 1)

scored in the second quarter. Hyink punted the way he did, but returned a Wesleyan punt forty yards to his opponent's 35-yard line. A series of line plays and a forward pass which got completed advanced the ball to the 7-yard line, whence Hyink, on a reverse play carried it down field and across the goal line. This time, a forward pass, Hyink to Cronin, scored the extra point.

The Osteopath line played the Mount Pleasant forwards until the last period, when the visitors had a slight advantage. Hyink, whose long punting, beautiful passing and return of kicks were discouraging to Wesleyan, was the outstanding offensive star of the game. Lindbloom, Dornbush, Shaffer and Strittmatter played well.

**Buena Vista Wins**

Buena Vista college defeated Still college in a hard fought football game on the Des Moines Catholic academic field Nov. 14th, 6 to 0. The contest was played during a drizzle and on a field resembling a sea of mud.

The Hurricanes opened up with a drive in the final minutes of the second period, going down the field on the winning touchdown. Still had two chances to score. A poor punt in the first period gave them the ball on the yard line. A 20-yard gain, but nine yards lost, the ball on downs on the 16-yard line.

Just before the end of the game Still threatened with a march down the field. A long punt, however, was knocked down, one Hyink to Jagnau, placed the ball on the Buena Vista 11-yard line. The ball was again knocked on the next play and Thayer of the visitors intercepted as the game ended.

Main Shaw, Dornbush and Hyink played good football throughout the game.

**Around Our Merry Campus**

**Service Plus**

The English succeeded in extracting bits of humor out of the unusually heavy snowstorm they experienced this past winter. Here is one of their efforts.

Man With Shovel: Shall I supply you with further quantities from neighborin' houses at special rates?

“Does youh husband object to [croses out word]... I should say he does. He says I feed all the cats in the neighborhood. Won't you stay to tea?”—Goblin.

**Crabby Patron—So I see! Just bring me a clean one, so that I can read it.**

**Figure It Out**

If it takes a four-month-old woodpecker with a rubber bill, 9 months and 13 days to peck a hole through a cypress log large enough to make 117 single and 220 1/2 shavings, and it takes 195 shingles to make a bundle of four, what would it take a cross-eyed grasshopper with a cork leg to kick the seeds out of a dill pickle.

Send in your answers.

**Get Stillonian Pledges In Now**

If you have signed a Stillonian subscription card and have paid your money, get your next door neighbor to do the same. These subscriptions must be in and paid before January 1st in order to get the reduced price. If 200 paid subscriptions are not in the hands of the staff by the above date, the price automatically goes to $5 without further notice.

Christmas vacation begins on December 20th and does not end until January 2. You must therefore get your subscription in before December 20th. DO IT NOW!

Let's go, Still, if you want a year book. We have a football team, a basketball team, a band, and a regular school paper, "The Log Book." We can also have a Stillonian, if you will get behind the staff and BOOST the Stillonian.
Tears As Germ-Killers

Tears are not merely a sign of sorrow, but they are a symbol of distress and death for any germs that chance to be lurking in the crying eye, says Dr. Alexander Fleming of the Section of Ophthalmology of the Royal Society of Medicine, in London. Mr. Frederick Ridley described experiments with this remarkable substance, named lysozyme by its discoverer, Dr. Alexander Fleming.

“Of all germ-killing chemicals known to biologists it is probable that the most effective, and perhaps the one which will prove most useful practically, is that which nature manufactures for use in tears. At a recent meeting of the Section of Ophthalmology of the Royal Society of Medicine, in London, Mr. Frederick Ridley described experiments with this remarkable substance, named lysozyme by its discoverer, Dr. Alexander Fleming.”

From the Field

Still College, Des Moines, Iowa. Gentlemen: On account of illness I feel obliged to give up my practice at O'Neill, Nebraska, and am wondering if you know or have any students who might be interested. It is a splendid field. I was here 12 years and have a large territory from which to draw—the whole county and then some. I have a Deluxe McGlinchey Manual table, two steam heated, electric lighted rooms in centrally located block and I will sell them for $60.00 cash. If you have any one who is interested I would be glad to have them write to you.

Yours very truly,
J. H. Howell, President.
Security Savings Bank
Des Moines, Iowa.

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Gentlemen: On account of illness I feel obliged to give up my practice at O'Neill, Nebraska, and am wondering if you know or have any students who might be interested. It is a splendid field. I was here 12 years and have a large territory from which to draw—the whole county and then some. I have a Deluxe McGlinchey Manual table, two steam heated, electric lighted rooms in centrally located block and I will sell them for $60.00 cash. If you have any one who is interested I would be glad to have them write to you.

Yours very truly,
J. H. Howell, President.
Security Savings Bank
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Assemblies

(Continued From Page 1) he will make the roof raise several times in assembly if he continues to display his enthusiasm and to stimulate pop.

An assembly of interest was held on the afternoon of Monday Nov. 9th at the faithful band. A large section of the student body was present.

The sunshine of the day will pave the way, according to Captain Shaw, for victory over Iowa Wesleyan. He asked the "S" club and the committee be supported a hundred per cent in an effort to extend Kirkville a real welcome.

Coach Sackett explained about the game and assured the students that it would be one of the best games of the season.

Dr. C. N. Clark of Chicago, III., was the speaker of the morning. He stated that whenever he traveled he heard from various osteopathic schools that Des Moines graduates were putting Osteopathy on its highest plane. He later introduced the various Osteopathic magazines to the student body and explained how they could receive the best literature of Osteopathy at reduced prices.

Dr. Clark visited Des Moines in the special interest of the convention that will be held in this city the week of June 17th to 22nd, 1929.

A penny, lodged in the throat of a boy in Evansville, Ind., was removed by a clever young boy using special instruments and the X-ray. No instrument, it is reported, has yet been invented for removing dollars painlessly and quickly from the pockets of patients who get well and forget to pay.

State Boards

Pennsylvania

Dean, Des Moines Still College of Osteopathy.

1424 Locust Street.

Des Moines, Iowa.

My Dear Sir:

The mid-year examination given by the Pennsylvania Board of Osteopathic Examiners will be held in the Department of Public Instruction, State Capitol, Harrisburg, Pennsylvania, Feb. 5, 6, 7, 8, 1929.

Very truly yours,

H. M. VASTINE,
Secretary

West Virginia

The next meeting of the West Virginia State Board of Osteopathy will be held in Huntington, in Dr. J. H. Robinett's office, First National Bank Bldg., February 11 and 12, 1929.

Applications must be in the hands of the Secretary one week or more prior to the above dates.

Rules and Regulations of Board:

1. Educational Qualifications: Four years of High School; four years in a recognized and approved College of Osteopathy.

2. Fees: Examination, $25.00, Reciprocity, $25.00. Fee payable with Application.

3. Regular examinations are held in February and July, each year. Special examinations may be held at such times as deemed necessary by Board.

4. Subjects for Examination:

   1. Chemistry and Medical Jurisprudence.
   3. Physiology.
   4. Histology and Pathology.
   5. Diagnosis (Physical and Laboratory).
   6. Bacteriology and Hygiene.
   7. Obstetrics and Gynecology.

A general average of 80% is required, the applicant not making a grade below 65% on any subject.

Applications failing to mail the required average may take a second examination within a year without additional fee.

7. Reciprocity.

The Board may issue certificates by reciprocity as provided in Sec. 10 of the Osteopathic law.

8. Applicants must have met legal requirements equal to the requirements in force in West Virginia at the time of such license.

9. Applicants for reciprocity must have been engaged in practice for at least one year in the state in which license was granted or examined. For application blanks write the Secretary, Dr. G. E. Morris, 642 Empire Bldg., Clarksburg, W. Va.

Play Last Game

Five men of the senior class played their last game with the Still College laurels on their helmet Kirkville on the Western League park field.

Determined to give their best Captain David Shaw, Frank Dornbush, Clyde Dalrymple and Kenneth Dye donned the D. M. S. C. O. uniform for the game.

Kenneth Dye donned the D. M. S. C. O. uniform for the game. The smooth running aggregation from down in Missouri would not be downed.

Soon these men will journey from one field to another and the best wishes of D. M. S. C. O. will go with them.

The 1928 Still College Team

Standing—Murrey, Swartsbaugh, Lang, Reynolds, Jagnaw, Wynn, Dye, Loftus, Routt, Owen, Strittmatter, MacDonald, Parkinson (M.C.). Taylor, Dornbush, W. Swartsbaugh, Davis (trainer).

Kneeling—Hendry, Cox, Dornbush, Finley, Eggleston, F. Shaffer, Hinds, Monger, Brace, Lindboom, (Neshem, Conti, physicians.)

Sitting—J. Shaffer, Spencer, Nelson, Lee, Shaw, Dalrymple, Gill. (Koch absent.)
Football Abolished At Still College

At the close of the football season each college sponsoring this major sport looks back over the past few weeks with the object of rating the "time-effort-money" outlay. Football is a good thing for the institution, at the end of a series of seasons, in most cases could show (1) for increased interest in the college evidenced by a marked addition to the enrollment; (2) either a substantial balance on the athletic fund or a deficit not exceeding a sum apportioned for the purpose of football; (3) a more than the effort-money outlay. At the end of his talk he showed some 120 colored slides of the African countries. At the close of the football season each college sponsoring this major sport looks back over the past few weeks with the object of rating the "time-effort-money" outlay. Football is a good thing for the institution, at the end of a series of seasons, in most cases could show (1) for increased interest in the college evidenced by a marked addition to the enrollment; (2) either a substantial balance on the athletic fund or a deficit not exceeding a sum apportioned for the purpose of football; (3) a more than the effort-money outlay. Football at Still College has been one of the least successful in the past six years. The interest is waning, and the team has failed. There are more than two reasons. The first and most important is that in a college training students for professional life there is too little time for the active participants to cover the work necessary and take out sufficient time during the four years even though the season is short, to train, practice, and play the game. Our students haven't the extra time to play the game and of those who do play, many do not have the time to attend even the home games.

Still College has no modern gymnasium. This has been our greatest handicap in the development of a team. Our boys deserve great praise for their work considering our facilities for taking care of them before and after their games and practice.

Still College has no athletic field. We have had to depend on the kindness of the superintendent of the public schools for a place to practice and have had to pay a fee to some one for the use of a field for each home game.

The above facts certainly show that the time and effort necessary to maintain this sport is more than should be required. During the six years of football a major sport if it costs more than it is worth.

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Dr. Schwartz Addresses Cedar Rapids Osteos

Dr. J. P. Schwartz has returned to Des Moines after a short trip to one of the most prosperous cities in Iowa where he addressed a large assembly of Osteopaths of the Fifth District on Diagnosis and Treatment of common fractures. Excellent Interest was shown throughout the meeting and Osteopathic enthusiasm was in predominance.

Dr. Schwartz expressed his pleasure in regard to seeing so many of the recent graduates of D. M. S. O. attending and supporting such meetings.

It is interesting to note that where ever our faculty visits or wherever there is an Osteopathic gathering, the graduates of Des Moines Still College are behind the program arriving in every way to build and advance the science.

Dr. Halladay Speaks At Milwaukee, Wis.

Accepting the invitation of the Milwaukee Osteopathic Association to speak at the district meeting Dr. Halladay visited that city on Dec. 8th. He spoke at the afternoon session on Technique using his flexible spine skeleton to demonstrate and in the evening he gave a very interesting talk on Osteopathy and its relation to athletics.

The meeting was very well attended, there being about fifty of the doctors from the district and surrounding territory. The evening program was attended by several athletic coaches from various parts of the state who expressed their pleasure in listening to the possibilities and the success of Osteopathy in athletics. During the entire day many of the attending doctors expressed to Dr. Halladay the fine reports that he heard of the work of D. M. S. O. and said that they were proud to say that they were graduates of this college.

Ohio Bound

Plans are now being completed and many of the students have signed for the trip that will carry them home for Christmas vacation. Determined in one way or another to secure round trip advantages, the failure to secure a bus has not deterred these men. They are now negotiating with the Rock Island Line to secure a special coach for the trip. If negotiations are completed the train will leave Thursday evening bound for Columbus, Ohio. It will return in time for classes on January 3, 1929.

Still Outclasses University of South Dakota

The basketball season was officially opened at D. M. S. O. Monday night, Dec. 10, when the smooth running Still team overwhelmed the South Dakota aggregation on the Y. M. C. A. floor by a final score of 41-26. Although this was the first game of the season for Still, the team displayed mid-season form, outplaying the university team from the beginning of the game.

Steady shooting by Benz, Davis, and Hyink gave the Still team a 21 to 14 lead as the half ended.

Continuing their winning streak in the second period, Still increased their lead 31-17 before the Coyotes were able to stop them.

Lang, along with the other guards, presented few opportunities for the South Dakota forwards, keeping them closely guarded at all times and forced them to hurry their shots.

Jagow, a new man on the squad, performed well, and will prove to be a valuable man on the team.

Every man on the Still team played a stellar game of ball on both the defensive and the offensive, maintaining the lead throughout the game. Davis, Hyink and Benz proved to be a scoring trio that baffled the university team.

Pan-Hellenic Council

The Pan-Hellenic Council has held three very satisfactory meetings this semester, October 2, November 22, and December 4. At each of these meetings matters pertaining to the betterment of the activities in and about the college were discussed. Excellent speakers were obtained to our mutual satisfaction.

The October session was held at the Phi Sigma Gamma house on October 2. Joe Lilly, of Lily's Funeral Home gave us a resume of his big game hunt in Africa. He included some very interesting remarks as to the conditions obtaining in some of the European countries, particularly France, Spain, Italy, Greece and the African countries. At the end of his talk he showed some 129 colored slides of the African countries. At the end of his talk he showed some 129 colored slides of the African countries.
As this is the last issue before Christmas the boys of the fraternity wish the alumni a Merry Christmas.

The evening of the 15th the boys will enjoy a Christmas party. There will be a real Santa Claus and presents for everyone.

Now that football is over we will see less of Monger than before.

MacDonald claims he ate a sandwich which made him very sick. We wonder just what was in the sandwich.

David McKean is supporting a beautiful black eye which he says he got from minding his own business.

The Atlas boys wish the boys from God's country, a speedy and safe journey.

Pledge Anderson has been giving the house doctors plenty to do, as he has been sick with flu. He is getting along nicely now and expects to be up and around before long.

Since when have the pledges had the right to use the term Doctor. Deme Moore has been receiving mail addressed as Doctor.

Geoffrey Eames is now making WHOOPEE! We would like to know where he is spending his week-ends.

Luther Stingley has gone home in hopes of gaining back his health. The boys all miss him and wish him a rapid recovery.

Warren Swartzbaugh—king of the penny—ants.

Denni a hunting he would go, minus rabbits but full of honey and nothing but a bee sting for his troubles to show. POOR DENNI.

Since the king is improving Brother Ward is also doing nicely.

SAY, Mikan, how are the Pink Eyes?

IOTA TAU SIGMA

At the Pan-Hellenic meeting which was held at the chapter house, Dec. 4th, Dr. Hildebrandt gave an interesting account of his recent trip abroad. He said he had no difficulty in getting in the different clinics in the various countries.

Everyone seems to be in a state of nervous tension due to the various "formals" and the anticipation of Christmas vacation. It's not so much the going home as it is the anticipating. Of course the "girl back home" may have something to do with it.

Wigal and Spaulding—dealers in second hand cars—have experienced some difficulty in navigating their "rolling stock" cars through the pavement of the city the past few days. The police finally took the matter in their hands and now have their "car" for towing charges.

Brother Morrow has the real Christmas spirit. He gave ten hard earned kopecks to a couple of fellows merely because they told him to "stick 'em up." He gave them twelve cents and they were so well, wouldn't with a "smoke pole" staring them in the face.

Well, we certainly were surprised to see Brother Gill fall off the "wagon." He probably going in training for the Christmas season.

Brother Wigal can now see the point of the joke: "It won't last long, you know!"

We are seriously thinking of putting a "Quiet — Hospital Zone" sign in front of our house because many of the boys are down with sickness and can't stand a little noise. Our sick room has been in constant use for months.

Brother Herrick, not being satisfied with his Thanksgiving dinner, has signed him in the sick roll and has succeeded in keeping everybody awake and in the "wagon" with his shillies.

There is a big treat in store for the girls in Columbus, Ohio, Judd Koch has finally decided to lease Des Moines girls heart-broken and return home for the holidays. However, Brother Lang has kindly consented to assume the responsibilities of Judd's "little red book" during his absence.

God's Country, east of the Mississippi, will soon be invaded by the "wagon." Pledge La Chance got what will be next, Pat? Probably will go into the manufacturing of snow balls.

Christmas is the one consolation factor at a certain funeral home. Step right up Doctor. It certainly must be nice to have such a funeral.

FOUND—A bunch of guys who are anxious to get back to that place they call Ohio. Probably these boys will be glad to know that God's country at present is a good old I.O.W.A. WHOOPEE!

Pledge Perry can't find two socks which will match up. So he decided to start a new style by wearing odd ones.

Madsen can't seem to get his old Black Maria started this college season. So here in Des Moines' street car business will pick up.

That's taking things easy now. But Goeppe State Board is sure catching it. Lots of midnight oil being burned.

Well let all join together and sing that new Still College song, "I can't GIVE you anything but love, baby." Our financial condition seems to be rather low just before the holidays.

Just twelve more shopping days before Christmas. WHOOPEE.

SIGMA SIGMA PHI

Beta chapter of Sigma Sigma Phi entertained the representatives of Alpha chapter during the Thanksgiving vacation. Plans for our national convention were discussed and plans that will advance the organization in the future were terminated.

Graduates from the school of medicine are never given a shower. They are lumpy and too awkward if they retain the skin they had.

—New York Sun.

Basketball Season Opens

The football season is ended and now the general public turn their attention to the "loop tossing" game that holds the main attraction of the winter months.

The basketball season, which was held at the basketball hall of fame, has ventured forth on a schedule equal to any of the big conference schools.

A team led by Captain Harold Davis, that is bound to surpass any former team, will carry the honors of D. M. C. O. into a new field of athletic endeavor.

We assure these men that the students of the college are behind them in every game.

Those out for the team are:

Capt. Harold Davis, Clyde Hytik, Ray Jagnow, Fred Benz, Ralph Lang, Ray Lamb, Paul Flynn, Myron Monger, Nicholas Gill, Herbert Murray, Harry Taylor, Frank Shaffer and Walter Beard.

Pan-Hellenic Council

(Continued from page 1)
The Log Book

Football Abolished At Still College

(Continued From Page 1) sum that we can publish but we do not like to. To be brief, it has cost more than we expected and consequently more than it was worth.

Perhaps we expected the profession to take a greater interest in the college on account of football. We notice that profession—call it by our own system, that do not sponsor football are increasing their enrollment. We have more students than last year but we know it is not due to the fact that we have had a football team. There may be a few students that select a college on account of the major sports at that institution, but we are sure that does not apply where a professional training is paramount.

The most important factor in our college is the student. If we have to take a little from the enrollment in order to maintain a football team, we are taking a little from the training of each student. We are an institution teaching a highly specialized science. It should be and will be our business in the future to try to achieve a higher degree of efficiency in Osteopathy rather than in football. We are not against football, but we are strong for Osteopathy.

We cannot predict the effect on the enrollment, but if precept and example may be used as a basis for observation we anticipate a larger student body next year.

What about basketball? We want to keep it. The trustees feel that basketball may help our institution with better students, is a higher degree of efficiency in Osteopathy rather than in football. We are not against basketball, but we are strong for Osteopathy.

The sports followers and athletic officials predict that there will be a falling off in enrollment. It is yet to be proved that this will result, and certainly whether any students who do not want to take basketball will be such as ought to remain, after all.

We suspect that the value of athletics as advertising or as an influence in the student What in the way of publicity. The classic example is Columbia university, which did not have football for many years. During that time it grew to have the largest enrollment in the world.

Take the championship football game this fall. For all on the first time in history Carnegie Tech, New York university, and several others have the strongest teams in the country. Did these institutions exist at all when their teams were not winners?

Enrollments do not grow when teams win, and they do not decrease when they fail. If our college was not interested in athletics and fall when athletes fail, something would be wrong with them.

In Still's case, the reasoning is sound. Still is a strictly technical school. There is no time for fooling in an institution that is training men for a profession. No time can be wasted, and most of the students are there for the immediate purpose of acquiring certain knowledge. Probably none of them were attracted by football except some of the players, and if there are any of those who are not in school to learn the school is well rid of them.

(Signed) C. W. Johnson, Pres.

Kurtz-Kronner

Miss Rosemary Kurtz and Dr. Kronner were united in marriage on Monday, Dec. 3, 1928, at Dearborn, Mich. The wedding was a private affair attended by many friends of the couple. After a short trip following the wedding, they returned to the home of Dr. Kronner, where Dr. Kronner is now engaged in practice.

Baker-Stillwell

A surprise of the semester took place on Nov. 28th when Miss Grace Baker of Des Moines, and Harold Stillwell, of the Senior A class were united in marriage. Rev. Orcutt performed the ceremony when took place at the Simpson M. E. Church. They are now residing at 2425 Lyon street. Best wishes and congratulations.

Brown Derby Missing?

All the students will remember the merryment that held sway a few weeks ago when Dr. Halladay "Our Master of Ceremonies" was presented with a LITTLE Brown Derby at an assembly. Many of the students, especially a certain few, have been definitely disappointed in it's continued absence. Dr. Halladay says the political race (not the Kentucky Derby) is over and anyway he prefers a black one.

Mrs. Carney rushed into her living room. "Oh, Walter," she cried as she panted for breath. "I dropped my diamond ring off my finger and I can't find it anywhere."

"It's all right, Olive," said Walter; "I came across it in my trousers pocket."
The BAND—

Is One of the Organizations of Des Moines Still College of Osteopathy

That Offers

A Broad Osteopathic Education

Unsurpassed by Any Osteopathic College

For Information, Address Secretary, 722 Sixth Avenue
Still Defeats Penn 49-28

The Still college basketball team won its second game of the season, defeating the Penn college five of Oskaalosa on the Des Moines U court Dec. 17th by the score of 49 to 28. Still took the lead from the beginning toss and maintained it throughout the entire game. At the end of the first half Still led 27-14.

Fred Benz and Capt. Harold Davis led the attack, both playing a splendid floor game. Davis and Benz scored on field goals. The former also dropped in five throws from the foul line to make the scoring honors of the evening. Still, on the most part, presented a fine defense and displayed some excellent guarding.

Still's dribbling attack made many openings for the forwards to sift through and with Benz driving in for repasses the Still attack was relentless.

Hyink proved a capable floor man and the other two players, Jagnau and Lang completed a well balanced team that brought another victory to D. M. S. C. O.

Michigan State Board

The mid-year examination, given by the Michigan State Board of Osteopathic Examiners, will be held in the City Hall, at Battle Creek, Michigan, on January 28, 30 and 31.

The secretary of the Board is Dr. H. Conklin, City Bank Building, Battle Creek, Michigan.

Vacation Clinics

The various clinics of the college are working overtime to take care of the vacation rush. The abundance of new patients seeking Osteopathic care necessitates the holding of special classes for the students. The clinic sessions are held on Monday, Wednesday and Friday and many of the students have found it advantageous to remain in town during the vacation.

The work in the obstetrical department has given many of those who remained several unusual cases. These have proven very instructive to the students and they feel that their time has been repaid by experience that will prove valuable as practicing Osteopaths.

Stillonian Staff

Much time and consideration has been given in the selection of a staff that would individually and collectively extend every effort in the editing of the year book. This selection has been made on their ability and previous experience.

Leonard J. Gritnell, Editor-in-Chief.
Bernard Frye, Associate Editor.
Henry Seatterday, Associate Editor.
Frank D. Dornchurch, Business Manager and Treasurer.
Alan M. Nelson, Assistant Business Manager.
Barton Treat, Assistant Business Manager.
C. A. Granberg, Administration and Classes Editor.
Richard J. Rhode, Activities Editor.
Genevieve Stoddard, Organizations Editor.
Frances Watson, Hospital and Clinics Editor.
Christine Fedson, Athletics Editor.
Victor Reeder, Alumni Editor.
Raymond B. Kale, Convention Editor.
John Campbell, Photography Editor.
Harry Skinner, Circulation Manager.
Norman Werle, Advertising Manager.
Burns Scott, Humor Editor.

Gift To Dr. S. S. and Ella D. Still

A unique Christmas gift has been given to Dr. S. S. and Ella D. Still by the students of D. M. S. C. O. as a momento to the founders of the Still College. It was a book of parchment bound in sheepskin in the colors of the college and containing the signatures of every student, the faculty, the board of trustees, the hospital staff and the members of Sigma Sigma Phi.

This gift was sponsored by the members of Sigma Sigma Phi, national honorary fraternity with Ray E. McFarland in charge of the arrangement of the book.

Mid-Year Class

The graduation date for the mid-year class has been definitely set for Jan. 17th. Plans are rapidly nearing completion for commencement exercises which will be held in the Hoyt Sherman Place.

Most of the class have remained at school during the vacation completing arrangements and studying for state board examinations. Every member of the class has completed all the required treatments and necessary work to graduate.

Future plans of the class role include internships, while some will go direct into the field.

Michigan Decides in Favor of Osteopaths

The decision in favor of the Osteopaths in Michigan entitling them to possess and dispense narcotics is clearly set forth in the following decision by Judge Tuttle:

Myron A. Hostetter, plaintiff, a duly licensed osteopathic physician under the laws of Michigan, on September 17, 1928, made application to respondent, Fred L. Woodworth, Collector of Internal Revenue of the United States for the first district of Michigan, for registration under the Harrison Narcotic Act, so-called, and offered to pay the federal tax thereon. The Collector declined to receive the money or to allow the registration of the Relator and to issue a permit to him to dispense narcotics, upon the ground that Deputy Commissioner Nutt in charge of the Narcotic Division at Washington, D. C., had refused to recognize the decision in this court of Dawkins, District Judge, in the case of Walter P. Bruer, Relator, vs. Fred L. Woodworth, Collector of Internal Revenue, Respondent, (Bruer vs. Woodworth 22 Fed.) 2nd 577, as the law affecting osteopaths other than Dr. Bruer, in the District of Michigan.

Thompson Relator filed this suit for a writ of mandamus to compel the Collector to comply with his demand.

The record in the instant case is identical with the record in the case of Walter P. Bruer, Relator, vs. Fred L. Woodworth, Collector of Internal Revenue, supra, except a difference in party Relator, who is also a duly licensed osteopathic physician under the laws of the State of Michigan. In the Bruer case, supra, my learned associate, Judge Dawkins in the Bruer case, in his considered opinion held that the Relator as a practitioner of osteopathy is a physician within the meaning of Act No. 92 of the Public Acts of the State of Michigan for the year 1925 (State Narcotic Act) as a person to possess or dispense the narcotics mentioned in Section 1 of said act on the course of his professional practice. This Court believes that the opinion of Judge Dawkins in the Bruer case correctly states the principles of law involved. I adopt and follow that opinion.

Since the decision by Judge Dawkins in the Bruer case, the
**ERATOYER NTES**

**ATLAS CLUB**

Most of the boys left for their respective homes in fine shape, after the annual Christmas dance held Saturday night, December 15th at the house. Dr. Halliday must be complimented for the fine way he played Santa Claus. Thanks, Swartzle and the crew of freshmen, for the artistic decorations.

Eleven men survived the task of the year and were able to hold down the fort during the holidays.

The youngest of the house, Pledge Jack Campbell, has contracted the foreign style from Ken Ward for wearing spats. Drop around, "Deed," we are always glad to see the married folk.

**FRESHMAN NOTES**

Why does Dr. Trimble have to borrow money after a short visit at club?

Through the kindness of Orville Rose, "Rusty" Wright has learned how to eat cat.

Out of the boys made their annual pilgrimage to the church around the corner Christmas Sunday and surprised the congregation. Easter is next.

"Cookie" Moore is playing handmaid to the city since McElroy's in God's Country. Brother Nickelson really goes for cheese sandwiches and coffee for breakfast.

We find that "Turk" Nossek makes a good custodian during the vacation.

Dilution must be the cause for Carl Harmon staying in nights.

The fellows are ready for a bigger and better year in 1929.

**IOTA TAU SIGMA**

There are eight of us holding down the old homestead and doing a pretty good job of it at that. Why not? Although there is plenty of "dope" I could give on the boys—you know—this is vacation time and to me that means rest and everything. So why should I exert myself? That means rest and everything.

VACATION, and how.

**NEW USE FOR SUNLIGHT**

The modern use of sunlight as a healing agent is a discovery of knowledge which at one period of history was widely disbelieved. Neverthe less, the modern use of sunlight is entitled to rank as in some ways a new departure, for it is based on observation and experiment, which belongs peculiarly to the present stage of the evolution of science. The story is one of the most interesting and romantic in the annals of medicine. Some ten years ago, when Europe was engaged in the final struggles of the great war, the discovery was made that the lack of animal fats, which had resulted from the enormous consumption of fat in the manufacture of high explosive, had reduced human resistance to a number of diseases. Richet was widespread throughout the central empires; tuberculosis was a great and the increased toll of life in all the belligerent countries. When the war efforts were made to supply fats, in the form of cod liver oil, to the children of Vienna and other stricken cities and then the strange observation was made that this supply, though apparently sufficient during the winter months, became less necessary as summer advanced. The first glimmerings of which has already been accomplished.

The first glimmerings of which has already been accomplished.

The first glimmerings of which has already been accomplished.

**Tommy Tummy**

"Tommy," said the fond mother, "isn't it rather extravagant to eat both butter and jam on your bread at the same time?"

"Oh, no, mother," replied Tommy, "it's economy. You see, the same piece of bread does for both."

**A DRUGGIST SELLS LIPSTICK**

"What?" exclaimed the lady, "you charge me a dollar for that lipstick?"

"Yes, ma'am," replied the polite druggist, "that is the very lowest price we can sell it for."

"How is it that I can get one just like it at Brown's for 90 cents?"

"I cannot say, madam. Perhaps Mr. Brown has taken a fancy to you. He is a widower and are very beautiful and—yes, ma'am, one dollar, thank you."

It is reported that Holly Morrow's back was strained while lifting the forepart of last week.

Sargent—There's a man to see you, sir.

Master—Tell him to take a chair.

Sargent—He has, sir, He's taken them all, and they're moving out the piano now. He's from the furniture store.—Jack O' Lantern.

He—And I decided I'd had a show. He—He—And I decided I'd had a show. And that I'd keep it up. Til-Bits.

"What's the difference between vision and sight?"

"My girl is a vision, yours is a sight."
A New Year

The advent of a new year is singly the utmost import to Des Moines Still College and to Osteopathy. Based on a history of a scientific training in Osteopathy unequalled by any college that has been established for the expressed purpose of perpetuating Osteopathy, Des Moines Still College has advanced steadily to that high level of adherence to its founder intended. It has ever been the avowed purpose of those who teach in the college to place D. M. S. C. O. to the fore.

It is well to look back, as a means of measuring our progress and development, but it is ever our purpose to advance keeping the ship of the school on an even keel and the sails unfurled to the winds of a broad and true scientific Osteopathic viewpoint. Time in itself is but a measurement of space and never one in the history of Still College can it be said that a radical move has been instituted that would deter the future of the school.

Today Des Moines Still College of Osteopathy stands on a par with all the others that have been established to train men and women to care for and to alleviate human ills. Thinking of this advance today but of the following in the future, meet the requirements of a greater Osteopathy. The men that are trained in this school is most pleasing to every one interested in this institution.

Each week brings reports from every state in regard to the fine work the graduates of this school. They are progressive in every phase of the science and are ever ready to serve those that seek their services no matter from what walk of life.

Osteopathy is advancing and will advance until that day when it is universally recognized.

The whole modern trend is toward a broader understanding of every science, accepting that which has received that test of time and has proven its worth in its specific place. Enhanced by a view such as this Osteopathy will again and again receive the best hopes of the "Old Doctor" yet be founded on its fundamental and basic principles.

So with the advancement of the new year let it be said that Des Moines Still College has continued to progress and Osteopathy has accepted its responsibility to mankind and has advanced according to the true science that it is science that it is.

Osteopathy Without Limitation

The greatest aid in preventing ankle injuries is adhesive bandaging. It has been more successful than any other method that is most pleasing to every one interested in this institution.

The next greatest help is in understanding the principles and the theory of the ankle.

The principle industry in these cities just mentioned is that of the automobiles. Michigan wants Des Moines Still College graduates for the reason that they are progressive and aggressive. They always make the grade.

Enclosed please find a copy of Judge Tuttie's decision, regarding the Narcotic situation in Michigan. I would like for you to give same to Dr. J. P. Schwartz.

Kindly remember me to Doctors Schwartz and Marshall.

If there is any way that I can be of any service to you in the future, or if you want any additional information, kindly let me know. I am, Fraternally,

Mark Hershfeld, D. O.

Dear Sir:

If you, or any other member of your class contemplating locating in Nebraska? I would like for you to have the privilege of discussing this subject with you personally.

Thanking you and wishing you well, I am,

Respectfully,

D. L. Anderson.

The following is a letter received by one of the students of the college:

December 12, 1928

Dr. Lillian B. Tracey,
E/o Still College of Osteopathy,
Des Moines, Iowa.

Dear Doctor:

Your letter of December 10 received and contents noted. In answer to your inquiries we state that there are at least fifty cities within a radius of fifty miles of Detroit, that would welcome Osteopathic Physic Peace and Surgeons. In fact, the city of Detroit could very easily take care of all the members of the rating class. The profession in Detroit would be more than pleased to welcome them.

I would advise you, one and all, to come to Detroit and look around.

If Detroit is too large a city, I would then advise Flint, Pontiac, Royal Oak, Lansing or Saginaw. The principle industry in these cities just mentioned is that of the automobiles.

Michigan wants Des Moines Still College graduates for the reason that they are progressive and aggressive. They always make the grade.

We do not like the use of the single bandage to use in the care of an injured ankle. There is another bandage illustrated on page fifteen that is best in the cases where the lateral ligaments are weak.

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Mark Hershfeld, D. O.
STOP!
When You Consider the Study of Osteopathy

Plan to Attend

Des Moines Still College

Because, D.M.S.C.O. Offers—

1. Unlimited Clinic Material
2. The Finest of Instructors
3. A New and Modern Building
4. A Democratic Student Body
5. Opportunity for Part Time Employment

For Further Information Address Secretary
Des Moines Still College of Osteopathy, 722 Sixth Avenue
Student Body Favors Assemblies

The first assembly after Christmas vacation was of decided importance to the student assemblies of the college. Dr. Johnson, taking charge of the program spoke of the assemblies of the past semester, but questioned the advisability of taking the students’ time for an assembly on Friday mornings next semester. The decision of the question was left to the student body, who voted unanimously in favor of the continuation of assemblies. Dr. Johnson mentioned the advisability of taking the students’ time for an assembly on Friday mornings next semester. The decision of the question was left to the student body, who voted unanimously in favor of the continuation of assemblies.

The Vermont State Board of Osteopathic Examination and Registration will hold an examination at St. Johnsbury, Vermont, on February 15 and 16, 1929. All applications for this examination should be made to Dr. W. S. Atwood, St. Johnsbury, Vermont.

Nebraska State Board

The next Osteopathic examination will be given February 20-21, at the State House, Lincoln, Nebraska. All applications must be on file in the Bureau at least 15 days prior to date of examination.

Bureau of Examining Boards. Mrs. Clark Perkins, Director.

Mid-Year Class Banquet

Realizing that graduation was but a few days away the entire senior class held its annual banquet at the Grant Club Friday evening at 6:30 o’clock in response to the invitation issued to the class by the faculty and the trustees of the college.

The entire scene was replete with joviality and festivity, each trying to outdo the other in pettank and non-commitals of the evening’s occasion. A group of musicians from Lincoln high school furnishing delightful entertainment during the program. The faculty, with Dr. J. M. Wood officiating in the capacity of Toastmaster, provided an evening that will long be remembered by every member of the graduating class.

Coach F. E. Sutton appeared on the program, speaking on the subject “Before Graduation,” and Dr. H. J. Marshall on the subject “After Graduation.” Lillian Tracy gave the response of the class.

The induction of the last cup of coffee ended the banquet that cemented a closer friendship between the faculty and the members of the class of January, 1929.

There is no easy or royal way. The man of today “who can” was yesterday the boy “I will.”

Senior Obstetrics

A complete check having been made on the January class of 1929 reveals interesting statistics in regard to their obstetrical work while students at Des Moines Still College of Osteopathy.

Requirements of the college for graduation are that a student must actually deliver two cases, act as assistant of five or more and have one hundred fifty credit points. Each member of the outgoing class has delivered an average of four cases, has assisted in eight cases and has had two hundred forty-three credit points. Statistics in themselves are a proof and especially is this true in the consideration of the obstetrical department of the college.

During the Christmas vacation all who remained were busy, many on two and three in as many days. Two days following conclusion of the medical department on seven cases, four of them being within six hours. This is a record of which any student who will be justly proud, saying nothing of the variety of the cases.

The Obstetrical clinic of D. M. S. C. O. continues to grow and will continue as long as this department of Osteopathic medicine gathers such standards of proficiency in its work. The students are fortunate in having such a vast amount of experience and the present graduating class will realize this as they practice in the community in which they locate.

Senior Assembly

Changing the custom of presenting the special awards on graduation night to the Senior Assembly day has added much to make the assembly a success.

Dr. J. P. Schwartz, dean of the college, made the awards following the reading of the class by C. V. Moore. Those of the class receiving special awards were Lilian Tracy, Ray E. McFarland, Carl Seastead, C. V. Moore, C. S. McMurray, Roy A. Lypps and J. R. Shaffer.

These awards are made on a basis of special work completed in Anatomy, Obstetrics, Clinics, Eye, Ear, Nose and Throat, and Gynecology.

Vermont State Board

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New Students

Mid-year class enrollment has started and the school looks forward once again to a new class within its halls. Several students are in town and some have visited the school to make arrangements for enrollment.

Correspondence from others and from the alumni indicate that more will arrive within the week. This will not be a record breaking class but it is expected that there will be more than enough to replace those that are graduating in the January class. Not only the alumni of D. M. S. C. O. are sending in new men but other field members as well, and the school officials appreciate their efforts and interests. Everyone knows that the more Osteopaths there are in the field the stronger for the profession.

Don’t wait, send in your prospective names and let us know when the men will arrive so we will be able to meet them at the train.

Registration for the mid-year class will be January 15th and 19th with class work beginning on the 21st.

Review Course

Dr. Samuel Fomon of Chicago has returned to D. M. S. C. O. and is again conducting the Fomon Medical Review course. The class started on the afternoon of Jan. 4th and will continue until the subjects are completely covered in every branch of the Medical Science which will be offered.

Class is held every Monday, Wednesday and Friday evenings, for those who cannot attend the afternoon sessions, all day Saturday and Sunday. Some take advantage of both sessions and thereby derive a more thorough review.

The class this year is large and those who are taking the course are not only for the knowledge derived but it also enables the student to see each subject from a different angle as it is presented. So, too, the student is able to study each subject as a whole and as related to other subjects.

Sigia Sigma Phi Awards

The January class of 1929 approaches the final day of their student life at D. M. S. C. O. and with it comes the annual selection of two members for the Sigma Sigma Phi awards for service and proficiency, the former being awarded to Roy A. Lypps, and the latter to James R. Shaffer.

To qualify for either award the student must have spent his or her entire four years at D. M. S. C. O.

The basis on which the proficiency award is made shall be the individual’s high degree of proficiency from all standpoints, such as: general attitude, personality, attentiveness, adaptability, courtesy, osteopathic technical efficiency, and loyalty.

(Continued on page 3)
Fraternal Notes

ATLAS CLUB

Well, hat's the case? The stragglers have finally gotten back. Bill McKinley, who was last to arrive, had a hard time telling whether Bill was a colored or white fellow. We took a vote and decided if we scrubbed hard enough we might make Bill clean again. "Cook" Moore was much relieved to see Mac come in as "Cook"'s feet were so sore he walked like he had rheumatism.

The boys to brother "Duke Wire" for the bosten seat. We are in doubt as to whether Monkey is really Scott or not. You know he got himself a derby, I wonder if he counts his money before.

Ken Ward received a card from the following boys who were in Canada: Cecil Musselman, Frank Horn, Merritt, Eddie Rickenbacker, Harold McDonald and Jack Campbell. We wonder what they were doing when they sent the card.

Ask Dwayne about the inspection office.

Ed Swartzbaugh is still eating the food that he brought from the "Waltz". He is still trying to tell the boys just what to do. More power to you, Turk, old boy.

Jack Campbell is still in doubt as to the truth of Warren Swartzbaugh's statement about New Year's Eve.

The Atlas Club boys are enjoying a banquet at Youk's Restaurant in honor of Dr. Campbell. Dr. Campbell was toastmaster. The program consisted of talks given by the following: Dr. Johnson, J. F. Schwartz, Marshall J. L. Schwartz, Halladay, Purchase, Triamble, Lindblom, D. L. Lipps to us. Then a few remarks from the toastmaster.

The holiday season added many new members to the well-known "spat" club of which Ker t had the original charter. The other active members are: McDonald, Wright, Campbell, Harmon and Pedson.

Karl Harmon shaved his mustache but that did not get his name in the Log Book. Well, Karl, your wish came true.

IOTA TAU SIGMA

The happy New Year greeting arrived at all branches. The boys are all set for the mid-year examinations. These examinations mark the completion of the term's work, and also creates wonder and anxiety as to what the next term will present. However, we must keep up the "saddle" and ready for anything once.

Most of the boys had the opportunity to go home during the Christmas holidays, while some more chose to stay in the village and "throw" their Whoopie. Apparently St. Nick knew where each of them were by the displays of gloves, neckties, etc., around the house. But nobody is devoid of forgetting some things and Santa surely made one omission when he neglected to include boxing gloves for Spaulding and Routsahn and a bicycle for John Wright.

"Hart Schaeffer & Marx Cudden" and Red Lang were also among those who remained here. Sturgis does not like to ride on trains, loved school too much to leave, (OR) possibly there's another reason. Now I'll ask you one.

Anybody want to buy any live stock? See Nick Gill; he brings the latest report on the Ohio live stock commission. But wheres is the man that wanted to sell "that duck"? He must have a proposition or two as the "ole B. R." is plenty obese.

A very common remark that I'll bet you figure out:

Morgan—Jay yet?

Rich—No, joy.

And then a single file formation to McClintock's for the brief line.

Brother Cudden was seen a few weeks ago and was gassy as ever but in a different way. It's Texaco this time, filling up his old Fords around the town.

We must not forget our little flower from Malta alias "Lilly." A result of his musical ability he has progressed to the point where his new duties are choicest. He and too many others have better shape now he possesses a brand new hat. Yes sir, enameled and everything.

More hidden talent uncovered, if Hap Nowlin ever has to quisk studying Osteopathy he will be right to enter the field of the amateurs. Got any blumps you want sold? This fellow Nowlin could sell you HIS for incense in the D.C. Chapter of Sigma Phi Sigma. We sincerely hope they can continue their beautiful Christmas gift to the girls that remains here. No danger of the Ill getting that boy.

Walt Madison and Pledge La Chance tried to break the world's record for non-sleeping during Christmas holidays. Congratulations on your good work.

Rudy Gaumer returned to town, was, and found he was still in the same place. We're glad the Indians didn't get him.

Pledge Armbrust came back weighing twenty pounds heavier. If he went home every week it would be bad.

Jimmy Cornelius was laid up over the holidays. We sincerely hope he makes a faster recovery, and avoid the snow.

Dr. Campbell was toastmaster.

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Osteopathy Without Limitation

Faculty Adviser—H. V. Halladay
President---------C. W. Johnson

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The above is a picture of the Bashline-Rossman hospital at Grove City, Pa., which was visited recently by Dr. J. P. Schwartz, dean of D. M. S. C. O.

This is one of the most progressive Osteopathic institutions of the middle west, receiving excellent co-operation of the physicians of the surrounding territory. Both Dr. Bashline and Dr. Rossman are over on the alert in the interests of Osteopathy and lend every effort in the securing of new students.

Sigma Sigma Phi Awards

(Continued from page 1)

The basis on which the service award shall be made is the individual's loyalty to the college and to the profession from all standpoints, such as participation in college activities, leadership, initiative, constant striving for the betterment of the college and the science, interest in the work of the American Osteopathic Association, must have exerted himself in the development of a harmonious atmosphere between the powers of the institution and the student body.

The committee on Awards consisted of Dr. J. P. Schwartz, representing the Board of Trustees of the College, Dr. C. W. Johnson, as Clinician of the College, Dr. John M. Woods, representing the Faculty of the college, and a Senior B member of the fraternity.

These awards were presented in Senior Assembly Friday morning.

A new use for the "zipper" arrangement that has become so popular on tobacco pouches, overcoats and traveling bags, is suggested in the news that a woman on Long Island has just returned home from her fourth Caesarian operation. The four operations have been performed during the last six years and the four children are living. The surgeons should seriously consider the application of "otherwise fasteners" to save time and trouble.

The Inventive Age

"The Scientific American" states that a person poring over the old files in the United States Patent Office at Washington found a letter written in 1833 which illustrated pretty well the limitations of human imagination. The letter was from an old employee of the patent office offering his resignation to the head of the department.

His reason was that, as everything inventive had been invented, the patent office would soon be discontinued and there would be no further need of his services or the services of his fellow clerks. He therefore decided to leave before the blow fell.

As we look back in review of the many inventions which have come into use since 1833 we realize the limitation of human imagination and in our musing we wonder what the next ten years will bring forth in the way of new inventions.

It almost seems to us as it did to the old employee of the patent office, that the saturation point of human invention has nearly been reached, but we have only to look about us a bit or scan the magazines and papers to learn that there are new and wonderful inventions coming out every day.

The tired business man came home tired after a long day at the office. The tired business man bowed his head to ask the blessing and all was quiet.

"This is Mr. Jones speaking," he began.

Watch Yourself Go By

What's the use of taking stock, In all those things we hear? Why rip the lining out of Brown And make Smith look so queer? You cannot always tell, my boy, It may be all a lie; So just step around behind some tree And watch yourself go by.

You'll find that things look different And crooked paths seem straight, That Smith is not the only man Who sometimes gets home late, Perhaps your wife's own husband Sometimes goes all awry, So just step around behind some tree And watch yourself go by.

In business, as in pleasure, And in the social life, It doesn't pay to speculate Or let your thoughts run rife, Just try to think the best of others Who in your pathway lie— And just step around behind some tree, And watch yourself go by.

—Author Unknown.

Be just as enthusiastic about the success of others as you are about your own.—Daniel Webster.

Timo wasted watching rivals reminds me of chasing butterflies up side lanes while you have the long, weary pike to travel. —Marc Klaw.
INTRODUCTION

This manual has been prepared for the use of physicians who are primarily interested in building up a busy general practice in mind, rather than from the stand-point of the biochemist. The tests given comprise those which have been found most useful in practical work, and will point the direction in which further search should proceed, but, it is conceded, should not be taken as a basis for research work.

The quantitative estimations will enable the Doctor to check the progress of cases in which sugar, albumen, hyaline casts, and defective acidity are factors, with sufficient accuracy for all practical purposes.

Clinical applications are omitted, as being beyond the scope of a manual of this nature. For this information refer to standard texts such as "Clinical Diagnosis By Laboratory Methods," published by W. B. Saunders Co., Philadelphia and London.

Blood chemistry, serology, and bacteriologic culture are higher branches for which the general practitioner usually has neither time nor equipment, and should not be attempted, in any case, except by trained workers. Where such procedures are indicated by the findings from tests here given, they should be referred to properly equipped and staffed laboratories.

This is only a framework, the "bare bones," as it were, of office laboratory work. It is believed to supply a class of information which has not, to date, been compiled in just this form hitherto.

GENERAL DIRECTIONS

Most laboratory workers know that accurate technique is essential for dependable results, but the need for laboratory cleanliness can not seem to be so generally understood. Each is a waste of time without the other. Chemicals should be washed thoroughly, rinsed in running water BEFORE glass has dried will keep in condition to be used at once, and take only a few seconds. Now glass should be washed in hot soap and water, to which a little washing soda has been added, thoroughly rinsed in running water, and dried. Drying may be done by putting the wet glass in a COLD oven, and supplying low heat for an hour or more. Avoid leaving a draft of air which will cause the hot glass and do not remove from the oven until partly cool. Very dirty glass or that in which the contents have dried should be cleaned in Chromic Acid Mixture.

Dust should be wiped from the lip of regent bottles before pouring.

Do not use bichloride for sulfite.

In cases where definite measurements are given, they should be made on a freshly voided specimen before drawing conclusions, which cannot be examined immediately should be preserved, as it begins to change soon after voiding. The most practical preservative is Boric Acid, a large pinch, (approximately 5 grams) to each 4 ounces. For a 24-hour specimen the patient should be instructed to mix a heaping teaspoonful into the first voiding. This will cause the urine to assume a uniform dark color and inhibit bacterial growth.

A routine urinalysis, a hemoglobin estimation, and a white cell count should be made on each new patient. Much information as to the general condition of the system will be obtained in twenty minutes if the work is well systematized.

URINALYSIS

A routine analysis should be made on a freshly voided specimen of a possible, and should include Color, Transparency, Reaction, Specific Gravity, Albumin, Urobilinogen, and Microscopic examination.

In making tests, unless definitely instructed to "overlay," all ingredients are well mixed.

Quantitative determinations should be made on a 24-hour output. Patients should be given definite instructions as to time of taking, measuring and preserving.

Color

Straw to light amber. Usually the more concentrated the darker. Very light colored urine with a high specific gravity will usually show sugar. A decided crust of ash with a tinge of red tinted foam on shaking indicates bile. Anomalies in color as green, blue, pink, etc., should be examined as an inquiry as to drugs recently taken. Methylene blue colors urine green if acid, blue if alkaline, yellow if neutral, and purple if alkaline. Senna red if alkaline. Phospholipids and phosphoric acid are detected with a blue coloration in strongly alkaline urine. The general cause of any decided variation from normal color should beascertained.

Transparency

Normal urine is clear when viewed. A cloud consisting of mucus, epithelial cells, etc., usually gathers on standing, but may be dissipated by shaking. For finding the cause of any turbidity see directions for clearing urine under ALBUMIN.

Reaction

ACID turns blue litmus red. ALKALI turns red litmus blue.

NEUTRAL solutions turn neither blue nor red.

AMPHOTERIC solutions turn both.

Normal reaction is slightly acid. The wrong should be taken as soon after voiding as possible and before preservative is added. Many urinary urines will be found among normal specimens, especially when much citrus fruit is used in the diet, but pathologic urines should always be suspected if urine is alkaline on voiding, except an occasional specimen during the period of active digestion when it may be alkaline for an hour or two. These are rare.

Specific Gravity

Normal 1.016 to 1.024.

Varies with the amount of fluid ingested, amount and kind of food, exercise, occupation, etc.

Long's Rule for Estimating Total Solids

Twenty-four hour output in ounces last two figures of Specific gravity plus 1/10 of this product gives total solids in GRAINS. Normal 900 grains, when using 45 ounces and S. G. 1.016;

48x10=480.

765+480=1245 grains in 24 hours.

Hosier's Rule for Estimating Total Solids

Last two figures of Specific Gravity times 2.66 times 24-hour output in ccs. divided by 1,000 equals total solids in GRAINS.

61286.4-1,000=61.28+grams in 24 hours.

(Continued Next Issue)

Patient, (after having taken treatment)—"Doctor, how much do I owe you?"

Doctor—"I charge nothing. Three dollars please,'"
Dr. D. L. Clark Visits
D. M. S. C. O.

Dr. D. L. Clark of the A. O. A. spoke at the assembly on the morning of January 18th and brought a message of value to the student body which was greeted with true Osteopathic enthusiasm.

Still Defeats Fast Platt Team

The Platt team exhibited an excellent offense but with the score, 17 to 12, in favor of the invaders Hyink and Hynk both God and man. People have (Continued on page 4)

Class of January, 1929

The graduation exercises of the mid-year class was held at the Hoyt Sherman Place on the evening of January 17th, 1929. An unusually large number of friends and relatives attended the exercises.

Dr. J. P. Schwartz, dean of D. M. S. C. O. presented the class to Dr. Johnson, who, as president of the college, conferred on them the degree of Doctor of Osteopathy. Following the presentation of degrees the class adjourned to the mezzanine floor where they received the congratulations and well wishes of all assembled.

The members of the class were: Gordon A. Dutt, Rudolph E. Gauger, R. A. Lypps, Ray E. McFarland, Charles S. McMurray, Christy V. Moore, H. I. Nesheim, Carl E. Seastrand, James R. Shaffer, David N. Shaw, and Lillian B. Tracey.

Mid-Year Enrollment

Once again the new replaces the old and with their coming the new freshman class brings a fine group of students to the halls of D. M. S. C. O. We are proud of this new class and extend them our warmest welcome.

The class this semester will replace the old class in an excellent manner, in as far as numbers are concerned. And too, many of the class have had previous college work which makes it a certainty that much will be expected of them.

Many of the old students who found it necessary to drop out for a year have returned so with the reactivation of the old and the new students the office force has had many rush hours. Everything was handled in a fine manner and the new semester is now well under way.

Effects of the new words are wearing away and the new students are greatly acclimating themselves to the surroundings.
Well, now that the final exams are over, perhaps these long serious faces will brighten up. I will try and give a brief review of some of the humorous things that have happened during the last few weeks.

The saying we heard continually around us was, ‘Wait till my skates from St. Paul come.’ Bob Gordon is putting a six weeks course in friendly advice on girls problems.

Squirt Utterback wants to know why Karl Harmon insists on buying cigarettes when he received a carton from home. One day, as he was watching the unloading of a cart, he added a new face to the picture gallery. We have found a new cure for boleus, skeptical, and afflicted by CHIEF WHALE BONE.

I understand that Joe College, who has proved himself a basketball star, has decided to turn professional.

I wonder what would happen to Ed Warburough if he should lose his little calender.

Another world’s record has been smashed. Bill McKinley ran his route in fifteen minutes.

The saying we heard continually during the last few weeks was, ‘What he’s feeding us, though it is delicious, I don’t know how much it will help here.’

The chapter gladly announces that September will see him back."
**The Log Book**

The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY

President..............C. W. Johnson

Faculty Adviser—H. V. Halladay

Editor.................... R. B. Kale

Osteopathy Without Limitation

A Talk With Pres. Clark

Traveling east and west and north into Canada in an effort to meet and talk with the doctors and students, Dr. Clark reports that he has found more enthusiasm than ever before in regard to the next national A.O.A. convention. Prospects are for the largest convention attendance in the history of the association.

The program is fast lining into form and it is destined to go down in history as the best of any convention. Dr. Clark appreciates the work of all who are working to make the program a success. He notes the co-operation of the entire profession.

His visit and meeting the entire school faculty and students has given him a higher appreciation of D. M. S. C. O., as an Osteopathic institution. He is more than pleased with the calibre of students, the work being done in the college, and the progress made in the last few years. He predicted a continued march until it would become even a greater institution in the science.

Defends Osteopathy

The following clipping was taken from the Milwaukee Leader of January 17th. Dr. Ralph Davis is a graduate of T. M. S. C. O., the class of May, 1927, and is now practicing in Milwaukee, Wis. He reports that in his hospital and clinic the Osteopaths in the field are standing firm for Osteopathy in its highest sense.

**Fishbein Wrong Say Osteopaths**

"To include osteopathy in a group of quack cults is a travesty of justice and an insult to American intelligence," declared Dr. E. J. Elton, secretary, Wisconsin Osteopathic Association, referring to an attack on the profession made by Dr. Morris Fishbein in his Hospital Arcade, declared there was no truth in Dr. Fishbein's statement against osteopathy.

"Osteopathic practice in this union recognizes osteopathy as a healing art, not a cult or quackery," said Dr. Elton.

"It has gained a reputation for honesty and maintains colleges where training is equal to that of medical schools. There is already a movement on foot to establish an osteopathic hospital in Milwaukee."

**From The Field**

A letter has been received from Dr. Chas. E. Fraser of Escondido, Calif., concerning the sale of his practice. He has a splendid practice and complete equipment necessary for such a practice.

He wants a good Osteopath to take over his office and is desirous as he is nearing his seventy-fifth year of life, having been practicing for twenty-five years.

Anyone that is interested should write to Dr. Fraser, 226 E. Indiana Ave., Escondido, Calif.

Dr. C. C. Carter of the June class of 1928, who is now located at Big Springs, Texas, wrote a short but impressive letter of location and comments on the excellent harmony existing between the Osteopaths.

He further expressed his appreciation to Dr. Halladay for the fine talk while in the city, for he found the way in lining up four high schools in taking care of their athletes.

He reports that in his hospital work he has sufficiently demonstrated and proven to himself the fact that post operative care is far superior to any other form of treatment.

The Milwaukee Osteopaths are doing nothing, as they should, to get plans for attending the national A. O. A. convention in June.

**Des Moines Still College Address**

The address is 5161 S. Madison Ave., Milwaukee, Wis., Room 5161.

**Word has been received**

Of the death of Dr. Robert C. Malcom, the Milwaukee Leader of January 17th. He has been in the practice of Osteopathy in Wisconsin for the past twenty-three years.

He was a graduate of the Des Moines Still College of Osteopathy and a charter member of the Association of Osteopathic Physicians of the District of Columbia. Prior to entering the practice of osteopathy he was connected with St. Elizabeth's hospital.

He had been out of practice the greater part of the past year on account of ill health. He so believed he had fully recovered and took up his work with renewed vigor in his newly equipped offices on Connecticut avenue.

Dr. Malcom was a member of the Connecticut Lodge No. 24, S. R. Degrees, Miners Lodge of Perfection of Maryland, Evangelist Chapter.

**Pike Consolaitc since 1919.**

He is survived by his wife to true ulcer which showed either.

**J o I Lwhom he was married about at operation ... his shot from the side gave the**

*De Bruce Council and Albert Pike Consolaltc since 1919. He is survived by his wife to true ulcer which showed either. De Bruce Council and Albert Pike Consolaltc since 1919. He is survived by his wife to true ulcer which showed either. De Bruce Council and Albert Pike Consolaltc since 1919. He is survived by his wife to true ulcer which showed either. De Bruce Council and Albert Pike Consolaltc since 1919. He is survived by his wife to true ulcer which showed either. De Bruce Council and Albert Pike Consolaltc since 1919. He is survived by his wife to true ulcer which showed either. De Bruce Council and Albert Pike Consolaltc since 1919. He is survived by his wife to true ulcer which showed either. De Bruce Council and Albert Pike Consolaltc since 1919. He is survived by his wife to true ulcer which showed either. De Bruce Council and Albert Pike Consolaltc since 1919. He is survived by his wife to true ulcer which showed either. De Bruce Council and Albert Pike Consolaltc since 1919. He is survived by his wife to true ulcer which showed either. De Bruce Council and Albert Pike Consolaltc since 1919. He is survived by his wife to true ulcer which showed either. De Bruce Council and Albert Pike Consolaltc since 1919. He is survived by his wife to true ulcer which showed either. De Bruce Council and Albert Pike Consolaltc since 1919. He is survived by his wife to true ulcer which showed either. De Bruce Council and Albert Pike Consolaltc since 1919. He is survive

Madison, S. D., Jan. 15, 1929.

Des Moines Still College of Osteopathy.

Des Moines, Iowa.

Dear Sirs—

The Snyder Health Institute has attracted thousands of patients from all sections of the United States and Canada. It has a good location in a small city. But it is for sale, as the owner wishes to go to the mountainous west.

If you have a married man anything to do with osteopathy who would like to buy an establishment like this, you would be pleased to hear from you.

Very truly,

Dr. W. Snyder.

Dr. E. L. Raffenberg of Grundy Center has written to Dr. Halladay advising him that his practice is for sale. He will dispose of all for the price of his equipment. If you are interested in such a location write to Dr. Raffenberg for detailed information.

The Gastro-duodenal Ulcer of Humpbacks

Siegfried Pluschke (Wiener klinische Wochenschrift, April 22, 1928) says that duodenal ulcers are generally assumed that, aside from a certain tendency to ulcer formation which is almost indubitable in the individual, there are certain local factors acting on the ulcer itself that are more important, such as the anatomical, chemical, and biochemical factors, also embolic, inflammatory, neurogenic and mechanical factors. In some the constitutional factor predominates over the conditional ones, as is the case in the familial occurrence of the ulcer. Then there are the external factors, such as occupation, and so on.

For a number of years the author has observed over fifty cases of ulcer of the stomach or duodenum associated with severe degrees of curvature of the spine (humpback). These cases show an excessive narrowness between the spinal column, pancreas and liver, producing marked spondylitic or scoliotic deformity of that part of the spine against the stomach. The region involved is usually that of the eleventh and one-handed hook shot but

Traveling east and west and north into Canada in an effort to meet and talk with the doctors and students, Dr. Clark reports that he has found more enthusiasm than ever before in regard to the next national A.O.A. convention. Prospects are for the largest convention attendance in the history of the association. The program is fast lining into form and it is destined to go down in history as the best of any convention.

**Still Defeats Fast Platt Team**

(Continued From Page 1) took the turn in shooting baskets and the Osteopaths rapidly cut down the lead.

Jaggers'uable tied the score at 22-all, Birmingham countered with a one-handed hook shot but Davis' midcourt shot evened the score. Birmingham then adopted a plan of using his shooting ability to put the local two points in the lead. Birmingham had worked up and solidified one of his sensational side line efforts through the first two quarters and his shot from the side gave the locals the game.

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Tests for albumin must be made on clear urine. If the specimen is turbid, carry out the following procedures in the order given:

1. Warm a small portion. If it clears, cloud is due to phosphates and carbonates and usually has no significance. Acidify enough to do in albumin.

2. To the same portion add a drop of any acid. If it clears, cloud is due to phosphates and carbonates and usually has no significance. Acidify enough to do in albumin.

3. Filter a portion. If it clears, cloud is probably due to pus. Reserve a portion for the microscopic examination and filter the rest. If it does not clear on filtering cloud is due to bacteria. Place a small portion of the age of the specimen to determine whether they have developed since voiding. Such urine can be cleared by shaking with C.P. Talc and filtering but it will usually be found that the specimen too is too gross for accurate findings. Except in cases of bacteriuria, bacteria of endogenous origin are rarely numerous enough to cause clouding of urine.

Heat and Acetic Test
Half fill a test tube with urine. Boil upper half leaving lower half cold to furnish contrast. Add not more than 6 drops of 30% Acetic Acid, boiling between each drop. If a cloud develops which deepens and grows clotted on addition of acid, albumin is present. If it clears it is due to inorganic salts. Examine against a black background by light transmitted from several directions and watch for any very fast trace. Watch for a cloud developing after the acid is added.

Overly concentrated Nitric Acid with urine. A compact white ring developing exactly at the line of contact indicates albumin. A loosely organized white ring developing above the line of contact indicates nucleo-alumin or organic salts and is not significant.

Esbach Albuminometer Test (Quantitative)
Fill an Esbach albuminometer with urine to the mark "U." Fill with Esbach's reagent to the mark "R." Cork and tip back and forth a few times to mix. DO NOT SHAKE. Allow to stand undisturbed at room temperature for 24 hours. Markings on the tube indicate grams per liter. If information is wanted quickly the following modified test may be used:

Fill with urine to the mark "U." Add 10 drops of Ferric Chloride.
Fill with reagent to the mark "R." Cork and mix by tipping.
Place tube in a moderately hot water bath for 5 minutes. Remove from bath and stand aside for 1 hour. Reading may be made any time after that.

If the bath is too hot, albumin may collect in a clot at the top of the tube and wait till the tube is cold and then tap gently with the finger-nail at the point where the clot is, cloud will begin to fall. Stand aside until settled.

SUGAR
All copper reagents for sugar testing are based on the fact that a monosaccharide in the presence of heat and an alkali will reduce copper salts.

Benedict's Test. (Qualitative)
To 5cc Benedict's Qualitative reagent in a test tube and boil for two minutes. Set aside and read when cold. Small amounts of sugar may not precipitate until the reagent is cool. A positive test is determined by the color and character of the precipitate. If it be yellow to red, crystals in structure, and set solidly and evenly. Urates with urates will change the color of the reagent to green and may tie solidly and evenly. Urates with urates will change the color of the reagent to green and may set solidly and evenly. Urates with urates will change the color of the reagent to green and may set solidly and evenly. Urates with urates will change the color of the reagent to green and may set solidly and evenly. Urates with urates will change the color of the reagent to green and may set solidly and evenly. Urates with urates will change the color of the reagent to green and may set solidly and evenly. 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Basket Ball Team Takes Trip

Leaving Des Moines early on Tuesday morning the D. M. S. C. O. basketball team started on a trip through the northern part of the state to Vermillion South Dakota. They will finish with two games in Sioux City, Friday and Saturday nights.

Their schedule for the week includes some exceptionally fast and strong teams.

Buena Vista, Storm Lake Feb. 12
Western Union, Le Mars Mar. 19
South Dakota U. Vermillion
South Dakota Feb. 11
Cuadity Athletic Club, Sioux City Feb. 15-16

Those going on the trip are: Harold Davis, Captain, Fred Honz, Kellogg, Gordon Du- bois, Clyde Hynik, Ray Jagnow, Ray Lamb, and Paul Wynn.

This five-day trip will prove the mettle of the team while on foreign fields, and Coach Frank Sutton expects every man on the squad to perform well.

New Students Welcome

The assembly period of Jan. 25th was devoted to the welcoming of the new students of the January class and those from other schools who are now with us. The faculty and student body

joined in the welcome.

Following the introduction of the new members and the various re- marks made, the new students were ushered to the platform and introduced to the students of D. M. S. C. O. True to the old spirit of the college, they were welcomed in a most appropriate manner.

We as a student body welcome these new members and congratul- ate them upon their having chosen Osteopathy as their life work, as a profession, and D. M. S. C. O. as their future Alma Mater.

Reunion Plans

Plans are already formulating in many classes of D. M. S. C. O. for reunions at convention time. Many classes have organized for the express purpose of a big "get- together" in June.

It is an ideal time to return, so get out your writing equipment and drop a letter to your classmates.

The office will be glad to lend any possible assistance and the "Alumni News" column of the Log Book is for your special con- venience.

Let's go! Plan and boost for a reunion of every class—and the greatest of all conventions.

Internes

Dr. James R. Shaffer and Dr. Ray E. McFarland have received appointments as interns in the Des Moines General Hospital of this city.

Dr. Chas. S. McMurray has been appointed intern at the South Western Osteopathic Hospital at Wichita Kansas.

To these men we extend our congratulations and best wishes in the field of their chosen profession and in their desire to further advance themselves.

Novel Program at Assembly

The assembly on Friday morning, February 5th, proved to be one of difference and features, Dr. W. J. Nowlin, who was in charge of the program, in his intro- ductory remarks spoke concerning school life and securing the most out of the studies. They were well received by the stu- dents of the college.

L. J. Grinnell spoke to the stu- dents about securing the glossy prints for the Stillonian and suggested that pictures for same be taken as soon as possible. The staff is anxious that all the minor de- tails be taken care of at once.

The first appearance of the Still College Orchestra was at this assembly. Introduced by Dr. Nowlin, they scored on number after number, and the stu- dents as a whole acclaimed their appearance. Their playing fol- lowing the featuring of Miss Gover- nina Downey, was equal in every way to previous numbers. In fact, certain conditions being present, it is a certainty that the program would have ended in an all-college dance.

The featuring of Miss Gover- nina Downey, whose stage name is "Ginger" Lee, climaxed the program. Miss Downey, who has contracted with Stud- erts of Chicago, entertained a most delightful manner with her impersonations. Her first number was "Honey Boy Evans," and later on the program an impression of Anne Penning- ton's "black bottom," which was followed by a tap dance as the one of difference and features. Her clever manner and stage appearance assured her of a success.

Doctors!

You want the 1929 Stillonian. Why suffer it? Eventually—why not now?

Let us tell you something about it.

First, two new departments have been incorporated into the new Stillonian. One of these is the "Novel Program Conven- tion." In this division will be a complete list of the committees and various divisions of the days of Convention.

The other is a more complete Alumni Department with over a hundred articles. This department in the new book will be ably edited and planned by a most complete staff. Special attention is being paid to the photography and art work.

Each department's work is well under way, some being almost completed.

The greatest change in attempt- ing to enlarge and beautify the Stillonian, now in press. The color is a rich, royal purple, one of the colors of our Alma Mater. On the grained cover will be the seal of the college, as well as the name of the Year Book in gold.

The best CONVENTION yet is coming in June. The best Still- onian yet is coming in May. Why not now?

Gain an early lead in a ragged battle resulted in a 50 to 36 victory for Kirksville over D. M. S. C. O. here Tuesday night, Feb. 5th. In the first con- test of a two-game series at the Des Moines Field House.

The resulting victory came as a surprise to the D. M. S. C. O. team and student body. The team lacked teamwork and great ardor in passing and shooting found it hard to compete with the ac- curacy shots of Kirksville.

The invading quintet seldom missed an opportunity to cage a field goal. They took advantage of every chance. After the first four minutes of play with the score at 6-all, Kirksville added a 24 to 11 advantage at the rest session.

The start of the second half saw Kirksville add eight consecu- tive points to their lead before Still counted. With the visitors leading 32 to 16, Coach Sutton's men launched their best scoring sur- prise to the D. M. S. C. O./

Senior Class Gift

Much comment has been expressed concerning the picture that adorns the wall of the waiting room of the college. This picture was presented by the graduating class of Jan. 1929.

The painting is entitled Birch- bend, by Douveret, who is a most successful painter of American scenes. Birch bend is one of his most famous canvases. Douveret has been painting reproduced from a turn in the road in the Catskill Moun- tains in upper New York state, not a great ways from the Hudson River. It is classed as one of America's most popular land- scapes.

The college appreciates this gift and it is indeed a fitting momento from the graduating class.

Still Cagers Outclass Marshalltown

The Des Moines Still College basketball team completely outclass- ed the Marshalltown Bears on the Des Moines U. floor Fri- day night, Feb. 1st, 54 to 16.

Coach Frank Sutton used all his tall rangy men who passed the ball accurately and with the ease of well seasoned persons. This accuracy in shooting was noticeable throughout the entire game, hitting the loop regularly for perfect shots.

Captain Harold Davis led the field with eight baskets and Fred Honz playing at guard pushed him closely with five goals and two foul throws.

Lose Twice to Kirkville

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The second game ended dis- astrously when Kirkville came from behind to upset the Still college dribblers for the second time February 6th, by 46 to 36 margin in a game played at the Des Moines university field house.

Still seemed headed for a cer- tain victory early in the contest when they piled up a 22 to 15 advantage with only two minutes of the first half left. However two consecutive baskets by Kirkville brought the score down to three points at the interval.

In the second half, Kirkville presented a steady offense and (Continued on page 4)
ATLAS CLUB NOTES

J. P. Campbell

The Atlas Club is pleased to announce the pledging of Robert Homan of Cleveland, Ohio, Larry Boatman of Montezuma, Iowa. Several of the boys enjoyed Pledge Boatman's celebration by using a paddle on him. Moral: Keep your age to yourself.

Ken Ward, who underwent an operation last week, is getting along nicely. They just can't keep a good man down, eh, Ward? We received letters from Drs. Richardson and Ward. They are both getting along just fine. It seems that Karl Harmon is very much attached to his prize harmonica. How about it, Karl?

Pledge Boatman has seriously thinking of writing a book on what he thinks every man should know about the opposite sex. Rusty Wright has acquired great skill with his feet and toes. I suppose that's why?

The Junior A's seem to be very nervous, due to the fact that they are now eligible for O. B. The greatest rivalry between Warren Swartsbaugh and Mike Caldwell as to who shall sleep with Bill McKinley. My, Bill, but you must have it! It seems that the pledges bother Ken Moore terribly with their silly actions, but bye and bye Kenneth, they also shall acquire that professional attitude which is so very becoming to one of your nature.

Pledge John Anderson, the man who claims to be Scotch, although he is from Minnesota and with s-o-r in the end of his name. Pledge Utterback has caused a riot among his roommates, due to the fact that he bought himself a RED HOT necklace which fairly talks, it is so loud. Dornie told a certain little girl he was a marvel on skates so admonishing they did go. But when Dornie saw the ice he decided he would rather go sliding.

IOTA TAU SIGMA

R. F. Herrick

A letter from Dr. Earl Shaw received with great welcome and read by all of us. "Tooter" is doing fine, which sounds good to us. He mentioned that he intends to be here for the big time in June.

We have not yet been informed who "Bill" and "Lee Hen- derson" are. Hap Nowlin, being away for a time may enlighten us. Bro. Morgan has a new way to kill mice. His technique is putting the 'Lil Felix' in his overshoes and then jamming his shoe into it. Rather cruel but very effective.

On Feb. 26th the chapter was favored with the presence of Dr. A. B. Taylor. The doctor was a guest for dinner and afterwards gave some teachings on first aid, bandaging and surgical first aid. We enjoyed his address very much and learned a great deal.

Jim Gill is doing a good job as steward of the house. The boys are quitting their meal jobs to be on the roll call of the boarding club. And do they inhale the groceries? Not much! Saturday night, Feb. 21st, was a very delightful time. We had our semi-annual house dance. These are always looked forward to with great anticipation and always greatly enjoyed. We would like to sleep a bit more but Red Lang usually calls a rehearsal of our "German Band" to prohibit any rest.

Word was received from Bro. Benjamin of Tulsa, Okla., to the effect that he was going to drop us a line but something must have happened, as we had not had the said letter as yet.

We were honored this week by the parents of the parents of Marathon, Iowa. Mrs. Bel- don is not in the best of health and came down to Des Moines for treatment. We sincerely hope she is fully recovered at a very early date.

Any photos of girls? Bro. Rohde has yet a very small space on his desk for one, all the other details will be given to any interested person.

We are all looking forward to the completion of the dissection stage. When we can, we breath and have a minute or two for extra activity. The present term should be over this week Thursday.

PHI SIGMA GAMMA

J. J. Stivenson

Phi Sigma is proud to announce the pledging of James B. Shoemaker of Alabama.

Rusty Stone has started his internship at Phi Sigma. Rather than "fit it, Rocke?" Pledge Perry seems to have fallen hard for these (FREE) distributors. They are really working it, Don? Is it an original idea? (FREE).

Pledge LaChance nearly fright- ended us to death with his goblin appearance, but they are back to normal now. How does it feel to face your ears, Ed?

Moving, Pat? We notice you have removed some of your amendments.

Pledge Chronic's atomizer almost came in for a busy siege. Were you going to rent or lease?

Pledge Armbrust has a new "time killing" job—posing as Fashion Plate for Isaac Cohen & Company.

Walt Heinlen believes in re- lieving the strain on some of the performers. How is he, Heinlen?

P. S. We notice that Chuck Auseon seems to be very jealous of Walt these days. We wonder why?

Brother Long was called home, due to the serious illness of his mother. We sincerely hope that he will find things better than he expected.

Jimmy Hornelius and Pledge Allen are on their way to recovery. As Rock says, "stick rite there and light those furnaces."

Stuart's been complaining of homesickness this last week. Never mind, Red, "WE'RE home sick for the sunshine of Ohio too."

Dusty's resting up this week, along with the pledges. Must have been hard on him.

Scatterday is behaving a little better now that his brother is trying to get him to see a doctor. They fight to see whose Queen reigns the kingdom of their desk each day.

Doc Groff appeared to be in a terrible hurry the other night. He asserts that quarantines and he just can't get along together. Dixie's always saying this "Go West!" stuff, but is he thinking of going East this summer? Is it the "Call of the East" or the Gamby-Hale Girls going East?

From the Field

Gentlemen:

It has been suggested to me by Dr. Clark of this city that it might be possible to interest one or a recent graduate of this college in working over the practice of my deceased husband. His practice was developed over a period of seven years in this location. Full details will be given to any interested person.

Thanking you for any assistance you may give me in this matter I am,

Yours truly,
LaVerne T. Gildersleeve.

7120 Vernon Ave., Chicago, Ill.

Care of Baby's Teeth

Baby teeth must be as carefully taken care of as the permanent teeth. Small cavities should be filled as soon as they are discovered. It is important to conserve each baby tooth until it is naturally thrown off by the permanent tooth. Premature loss causes a lack of development of the jaw. The undeveloped jaw will not be able to accommodate the oncoming permanent teeth. A crowding and irregularity will result. This not only paves the way for dental trouble throughout life but also causes distortion and disfigurement of the lower half of the face. The early loss of a baby tooth also impairs maxilla- ry efficiency at a very early age which is most necessary to prepare food for the growing child. The infection, which is usually spread around a badly decayed baby tooth when the nerve is involved, will also cause distortion and disfigurement of the child. Every child should visit a dentist before his fourth year. W. M. Gardner, D. D. S.

It will be useless to expect great things at the dawn of a new day unless you get up early every morning.—Uncle Philan- der.
The Log Book

The Wisdom of Lincoln

What constitutes the bulwark of our own liberty and independence?

It is not our frowning battlefront, our bristling seacoast, our great army and our navy. Our reliance is in the love of liberty which God has planted in every man's heart. It is not the 30,000 or 50,000 rifles which are scattered over the country. It is the one who bravely stands the one who bravely stands the one who bravely stands. To understand him at those terrible moments, is threefold: orderliness, thoroughness, and orderliness, thoroughness, and orderliness.

Instead of constant nagging, such as "Why don't you eat your breakfast this morning?" it is a game to use cottage cheese. Make it a game for the children to learn food values. The following table gives the same amount of lime as is furnished in ONE GLASS OF MILK:

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<td>5/6 loaf of graham bread</td>
<td>296 ounces</td>
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<tr>
<td>17 slices of bacon</td>
<td>145 ounces</td>
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<tr>
<td>7/12 loaves of white bread</td>
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<tr>
<td>24 small onions</td>
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There are many thoughtful housewives who are convinced that it pays to buy pasteurized milk to make delicious cottage cheese, skimming the extra cream for cereals, desserts, and the like. There is nothing more healthful or better to eat than homemade cottage cheese. Make it a game to use cottage cheese. The growing child must have lime.

The growing child must have lime. Cornell Extension Bulletin No. 196 gives this comparative statement: The following amounts of foods are required to give the same amount of lime as is furnished in ONE GLASS OF MILK:

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Confined To Hospital

Ernest Thie of the senior A class, who is in the Des Moines General Hospital, is gradually improving in health.

Health Improved

Robert Bryson, former student of D. M. S. C. O., who was forced to drop out of school and go west for his health, is believed to be well again.

Their condition has improved much, and with his father and sister, from Sidney, Ohio, with him, we expect a continued improvement.

The senior A class extend their best wishes for his speedy return to health.

Musical Assembly

Once again the band of D. M. S. C. O. appeared at assembly to delight the student body. The selections that were played brought round after round of applause after each number.

During the course of the program Fred Bonz of the basketball team spoke in regard to the basketball game to be played the following night. Concerning the Marshalltown team he stated that it was an independent team, but most of the men were college men, and it would prove to be a great game. He requested the student body support, explaining what it meant to the other team.

Following several rousing cheers led by Reeves, the band entertained the student body further selections. The school song closed the first faculty program.

The band of D. M. S. C. O., under the direction of Dr. H. V. Halladay, made a gratifying success.

Hart-Dye

An event of the new year has come to our notice in the marriage of Miss Dorothy W. Hart and Kenneth E. Dye of the senior A class.

The ceremony was performed in Cleveland, Ohio, on January 1. The intimate friends were present to share the joy of this young couple.

They included a trip to Chicago in their return to D. M. S. C. O.
THE LOG BOOK

THE OFFICE tioned will occur at the edge of Free Hydrochloric Acid none is present, the pipette ... convince him that
colors similar to the ring men- eral layers of wet gauze. ence is acid meta-protein. if he's wrong.

Acetone Test (Rothera's)

Make a solution of a few crys- tals of Sodium Nitroprusside in water. This solution must be freshly made and not very strong.

Saturate a few cc's of urine with Ammonium Sulfate drops of the Nitro- prusside solution. Overlay with ammonia. Positive is a deep, magenta purple ring at the line of contact. As the color develops slowly, the test should be set aside for ten minutes before final reading. Depth of color and width of ring are a rough measure of quantity.

Diacetic Acid Test (Gerhardt's) To ½ cc of a test tube of urine add 0.1 cc Chlorine water and 4 drops of the Nitro- prusside solution. If the results are positive, an indigo purple ring should appear around the necklace of the tube and the substance of the urine itself should turn dark blue. The test is negative when a brown or yellow color results.

Indican Test (Obermayer's) To a few cc's of urine add the same amount of Obermayer's reagent, and place in a boiling water bath until the color is firmly and sharply for 2 or 3 minutes. Set aside to separate. Positive is a greenish blue color, indigo in the separated chloroform. A tinge of blue is normal, but any deepening of the color is an indication of putrefactive processes somewhere in the body. Rarely the color may be indigo red in contrast to the blue. This is very likely to happen where the patient has recently been taking iodoide.

BILE

Shake a small amount of the specimen vigorously. If the foam is tinged with yellow, bile is present.

Gmelin's Test 1. O v e r l a y concentrated Nitric Acid with urine. Positive is a yellow color with green predominating, at the line of contact. (Albumin must be removed by acidifying, boiling and filtering before making this test.)

2. Filter a portion of the urine through Filter-Cel with a filter paper and touch a drop of Nitric Acid to the center. A play of colors similar to the ring men- tioned will occur at the edge of the acid drop.

BLOOD (Myer's Test) To a few cc's of urine add 20 drops of Myer's solution and overlay with Hydrogen Peroxide. Positive is a bright scarlet ring at the line of contact. Certain organic acids may give a rose color, but it will not be the bright tinge of HCl. (To identify this color, add 1 drop of HCl to 5 cc distilled water and add 4 drops of the indicator.)

Quantiative Estimation of Acidity

These estimations are based on the degree of acidity of 100 ec cc content, taking the index figure 100 as a standard, and are not above 20.

GASTRIC ANALYSIS

For m e t h o d s of testing enzymes see standard

Free Hydrochloric Acid (Qualitative)

To 5 cc strained contents add 4 drops of Di-methyl-amio-azo- benzol. If free HCl is present, the specimen will turn bright scarlet. Certain organic acids may give a rose color, but it will not be the bright tinge of HCl. (To identify this color, add 1 drop of HCl to 5 cc distilled water and add 4 drops of the indicator.)

Free HCl

Into the 5 cc contents with in- cluded HCl are added for the qualitative test drop N/10 NaOH from a graduated 10 cc pipette until the color changes light yellow. Do not carry out the titration to lemon-yellow. (To learn this end-point, titrate the mixture until color identity color.) Read pipette.

Calculation

pipette reading times factor = 1.6 equals degree of Free HCl. Example using PR of 1.6 and 5 cc contents.

5.820 = 32 degrees of Free HCl

Normal 30 to 40.

Total Acid

To 5 cc strained contents add 4 drops of PhenolPhenol. Titrate until specimen turns light red, then one more drop does not deepen the color. If it does not fade out inside of 2 minutes. Calculate as before.

Acid meta-protein. (Commonly called "combined acid." in cases where no Free HCl is found, it is well to know whether the stomach is secret- ing any HCl at all. If so, it will be found as acid which has begun the process of change and formed acid meta-protein in contact with the tube. Where free HCl is present it may be im- asumed that the normal amount of acid meta-protein will accom- pany it.

To 5 cc strained contents 4 drops of Sodium Alizarin Sul- phonate. Titrate until the color makes a quick change from red- purple to purple-red. This always occurs on one drop, so the calculation should be made very carefully. (To identify this color, dissolve a large pinch of Sodium Carbonate in 5 cc water and 4 drops of the indi- cator.) Calculate as before, and subtract the result from the degree of total acid presence. This difference is acid meta-protein.

none is present, the pipette reading will be the same for total acid.

Lactic Acid (Graham's)

Make only when free HCl is absent.

To a test tube of water add just enough Ferric Chloride to color faintly yellow. Bile added to an amount of control. To the other add strained contents drop by drop. If water remains yellow, read by both tubes over a white back- ground and looking through the length of the tube. A delicate test but hard to read unless the lactic acid is very abundant.

Bile estimation of Test

To a test tube of water add just enough Ferric Chloride to color faintly yellow. Bile may be from very faint to bright canary. Obtain identification chains must be present.

Kelling's

Microscopic

The microscopic examination of gastric contents requires consi- derable training. To the un- trained worker the search for the line-Oppler bacillus is the only procedure likely to give any posi- tive information. This organism develops in conditions where no HCl is recovered. Less than 200 cc indicates hypermotility. More than 1000 cc indicates motility. Color varies from yellowish white. Bile will tinge the contents green. If bile is from reching intestines it will not be evenly dis- tributed throughout the speci- men, but will be in heavy col- 
ot spots and splashes.

To allow to stand until it settles. Note the amount of undigested food, (which will be the bottom quantity in relation to the whole. It should not be more than 1/5. Look for a layer of translucent mucus gathered on the top. If the mucus has been formed in the stomach. Respiratory mucus will be dirty gray, and will be dis- tributed through the specimen, not gathering in a layer.

An occasional streak of fresh blood, the mucus may be from trauma in passing the tube. Blood shed in the stomach, un- less less white while the tube itself will usually show brown in color, (coffee-ground appearance). It will be visible to the naked eye unless very profused.

After these points are noted, strain the specimen through sev- eral layers of wet gauze.

Benz, Davis, Jagnow and Hyink were the star performers.

Lose Twice to Kirksville

(Continued From Page 1) broke through the Still defense for two big gains.

Their powerful attack during the concluding ten minutes net- ted the necessary points to clinch the district title.

Benz, Davis, Jagnow and Hyink were the star performers for Still.

"I can't marry him, mother. He's an atheist, and doesn't be- lieve there is a hell."

"Marry him, my dear, and between the two of us we'll convince him that's wrong."
Return From Northern Trip

Still's victory over Buena Vista, 34-30, the initial game of a five game trip, started them on a winning streak. Meeting Western Union of Le Mars, the second night, South Dakota U. of Vermilion, S. D., the third night and a two game series with Codaby A. C. of Sioux City.

The game with Buena Vista worked itself into one of the fastest games of the current season with only two points scored in the first period. The second period saw the ball going in both directions, with the game tied at the end of the half, 12-12. As the second half started, the footballers in the audience were tortured. As the game moved on, however, Still's forwards gave them the victory, Still making good 15 of 18 throws, Benz throwing 9 of these. With the score 20-15, the half ending with the whistle baskets from all angles stopped, and from the opening of the second half evening. The Dakota U. of Vermilion, S. D., on a tour of northern Iowa, completely smothered the West- ern Union cagers for a 40-26 victory. Reports from all the graduates of the class of January, 1929, isA

Spring Dissection

Meeting in the pit for previous instructions in the fundamentals of dissection about sixty of the students of D. M. S. C. O., under the direction of Mr. John H. Voss, recently graduate of Still College. He expressed his interest in the "Office Laboratory" articles compiled by Mrs. Innes, especially in regard to their value to the practicing physician in their laboratory work. It is interesting to note that the practicing Osteopaths, as well as the students, have not only passed some State Board Exam-

The experience of the Marietta Osteopathic clinic with the group of new features on the entertainment program this year has been beyond the facilities of any group. The experience of the Marietta Osteopathic clinic with the group. The experience of the Marietta Osteopathic clinic with the group of new features on the entertainment program this year has been beyond the facilities of any group. The experience of the Marietta Osteopathic clinic with the group. The experience of the Marietta Osteopathic clinic with the group of new features on the entertainment program this year has been beyond the facilities of any group.
The cups haven't been awarded yet for the different contests. Pat Peterson, Leila Anderson, and Kenneth seem to be the card sharks, while the checker championship goes to Hans Linn. The old southern sport championship hasn't been awarded yet.

Pledge Toepfer and Armbrust were the chefs, and believe me they certainly did their stuff.

Dick Strimatter and Pledge Stolke seem to be the boxers around the house. Talk about slug, Dynamite Dunn isn't in it.

Rocky Stone was the house musician. He saw a lot of action, and all took lots of precautions to avoid getting a longer rest.

Pledge Grau had his period continually going from morning till night, and some nights would get up in the middle of the night and use it.

We never realized that Boston Patterson drank till we saw him during the week when his Chapeau all the time for luck. It really was quite becoming to him.

Dorward was our official bugler, only we didn't like to be awakened at 3 A.M. Also see him about the song that he composed during the week.

Red Stovart is the only man known that can drink Chartex and live to tell the tale. He says he had a few little germs away from him.

What Dixie Reeves wants to know is who the person was that chandeliers off the ceiling and hit him in the head with it. Darn mean trick, especially when he practically had his man licked.

Pledge La Chance gave his usual little evening songs. Most of us learned the new song hits from him.

Pledge Perry needs glasses or was short of sleep. Probably he liked the design on the rug. Anyone that can stare at the rug for hours wins this kind of a trick. Dick Stritmatter and Pledge Linn are hoping that he makes an awfully good recovery. This made it necessary for every one of us to remain in recovery. This made it necessary for him to leave his house for one week to see if the boys have been going around nursing black eyes and blue noses.

Say fellows, if you want to hear a good story, get Snookums Homan to tell you the one about Dickie Basov.

Dr. Harmon — AHM. His practice is so large that it is necessary for him to leave his telephone number whenever he steps his foot outside the house.

Brother Rusty Wright has decided to take up Asthetic dancing. He has promised the boys that in the near future, he will give us the dance of the midnight fairies.

Pledge Boatman vs. a dark horse girl in a red dress means co-operation.

We wonder, Anderson, why your nose is so red? It is the wrong place to punch or some other kind of drunk?

Dr. Campbell gave us a very interesting talk last Monday night on the subject, "Am I a Physician?"

Brother Monger now has his old Leaping Lena running again. For the past few weeks Brother Ward has been the royal custodian. But since he purchased the cane it looks like someone else must be drafted. The Minnesota foreigners, Peterson, Nicholson and Taylor are all eligible.

Another recent election of the "Devil's Den," Red Devil Dornbush was again elected president. The Blue Devil from Perry, was chosen vice-president. The Food Basore was elected custodian.

We are still wondering who planted all of the comic valentines on the desks about the house.

We will close with the little band entitlled, "If you are the good girl that you claim you are; why is it that your heels are not run over?"

**IOTA TAU SIGMA**

To begin with we are one happy fellow to be out of "head age" again and able to enjoy our freedom. Brother Nick Gill was taken with scarlet fever. Sandoval was placed in the Detention hospital for recovery. This made it necessary for us to take over the house for one week to see if any more were going to follow Nick to the "test house." Fortunately there was no more of us to get it. This made it possible for our release on Feb. 23rd.

It was heard all over the house when the city health department came up and tore the red yellow and black sign off the door.

Anyway it was SOME week. Brother Wizgal worked in capacity of the steward with Pledge Roy Sparks as first assistant, these boys deserve a great amount of credit for his work had some real meals and what more could we wish? We regret that he has to miss school but are hopeful that he makes an early recovery and is back with us soon.

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Boatman and Homan.

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**Alumni News**

A letter was received from Dr. Louis Miller who is now practicing in Jacksonville, Florida. Included in this letter was a picture of Dr. W. R. Domm of Deland, and Dr. R. W. Murphy of Daytona Beach. They recently had a get-together and were rapidly formulated to attend the A.O.C. convention in June.

It is timely interesting to know that such plans are being made in parts so far distant from Des Moines. Yet it is close in regard the value that will be derived from such a convention.

Let's go—make your plans now.

**Convention Program Plans**

(Continued From Page 1)

A complete outline and tentative program will be published soon. Many members have been working on every facet for your comfort and convenience. From the time you register until you have finished the week's visit these have been considered. Not only will the members of the association but also the hotel maids and housechildren of the hotel will be glad they came to the Des Moines convention with you.

Sheets-Jacobs

Dr. Leonard Jacobs, a graduate of D. M. S. C. O. in the class of May, 1927, and Miss Gertrude Sheets were united in marriage at Fort Scott, Kans., on Dec. 17, 1928. Dr. Jacobs, following a year's internship in one of three hospitals, is now practicing in Hastings, Mich., where he has developed a fine practice. We extend our congratulations and best wishes.

**Truth**

Honor and truth and manhood—Those are the things that stand.

Though the sneer and jibe of the cynical tribe Are loud through the width of the land.

The scoffers may lord it an hour on earth,

And a lie may live for a day.

But truth and honor and manly worth

Are things that endure always.

Labor and love and virtue—With due deference to them.

Though the smart may say in their languid way, “Oh, we're outgrown all that, you know!”

But a lie, whatever the guise it wears,

Is like as it was of yore.

And a truth that has lasted a million years

Is good for a million more.

**Osteopaths Fight Ruling**

The ruling that bars Osteopaths from treating patients in the Levering hospital and the using of hospital equipment is nothing but an attack that would have swept any amateur team in the United States. The action is not an attempt to get a dollar out of the hospital. It is an attack on the rights of Osteopaths. The osteopaths in their action have shown the path of that vicinity in the Hannibal court of common pleas. The suit is attracting considerable attention as it is considered to be one of the first test cases of its kind brought before an American court and the outcome of the case if taken through the higher courts of the state may establish law that may affect public, and certain classes of so-called private, hospitals in the state.

The osteopaths in their action are seeking a restraining order prohibiting the board of control of the hospital from excluding them from treating patients in the hospital and from preventing them from using hospital equipment, X-ray machines, operating room, etc.

The Osteopathic profession as a whole are interested in the outcome of this case. D. M. S. C. O. as an osteopathic institution backs these men in their firm stand for the rights of Osteopathy and Osteopathic physicians.
BLOOD COUNTING

A hemoglobin estimation by Tallquist, and a white cell count indicates the need for a red cell count.

Normal adult male count, 4,500,000 to 5,500,000; female, 5,000,000 to 6,000,000.

Normal differential count. (Endothelial leucocytes include eosinophiles and basophiles and transitional.)

- Leucocytes 60% to 70%
- Small lymphocytes 25% to 30%
- Eosinophiles 1% to 3%
- Basophiles 5% to 1%

Diluting fluid for red cell count may be Toluidin's, Hayem's or water.

Acetic acid is used at 1% strength. It is better, where only occasional count is made.

Keep the stain in the original bottles. Dilution must be made fresh.

Diluting fluid for white cell count is 1% acetic acid. It is very sensitive to acid, being completely spoiled for staining purposes by acid or even acetic acid, and is ruined by a drop of water.

The stain now most used is Wright's. This is a development of the Romanowsky and Ehrlich bright acid alcohol. It is the body a substance which combines with iodin to form a compound. This fixes the first stain so that they cannot be decolorized. Those without this substance will give up the first stain and take the counter-stain. All the commoner pathogenic organisms react in one way or another and always in the same way. Those holding the first stain are called Gram-positive. Those giving up the first stain are called gram-negative and are the color of the counter-stain.

(Use no water until the final washing.)

1. Make and fix smear.
2. Wash off stain with Gram's solution. Bismarck Brown may be used as an acid stain. Wright's stain contains both acid and basic dyes. When the counter-stain is put on the slide, the acid stain acts first. When distilled water is added, the action of both stains is stopped. When the slide is washed with tap water, the acid of both stains is removed since the need for guarding the stain from contamination with either distilled or tap water.

Wright stain contains basic and acid stains. When the counter-stain is put on the slide, the acid stain acts first. When distilled water is added, the action of the acid stain is stopped and the basic stain is precipitated. When the slide is washed with tap water, the acid of both stains is removed since the need for guarding the stain from contamination with either distilled or tap water.

Wright's stain contains both acid and basic dyes. The counter-stain should be made within ten hours of taking the blood. Films may be stained any time after making.

Cleaning Pipettes

Rub the tube between the palms of the hands to remove the stain. Rinse the pipettes with a 1% acetic acid. Twice with distilled water.

Wipe twice with alcohol.

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Post Graduate Course At D. M. S. C. O.

The Log Book is pleased this issue to be able to give you definite information in regard to the Post Graduate Course that is to be offered by the college previous to the convention. At the convention last staged in Kirksville a large number of the graduates expressed the desire to spend more time in hospital work. It has been arranged beginning the week of June 10th. The following members of the faculty of the college will speak and demonstrate each day and we can promise you that if you attend this week of work you have a rare treat in store.

D. C. W. Johnson, noted for his work in Nervous and Mental, will give six lectures on those conditions with practical work that should be classed with the battle problems so popular today.

J. P. Schwartz will cover the subjects of Surgery, Urology and Proctology. Those of you who have met Dr. Schwartz will not want to miss a single one of his talks. If you have not met him you have a rare treat in store.

Dr. Robert Bachman whose work in Obstetrics is known throughout the profession will lecture on this subject in which he has an allied specialty, that of Gynecology. Dr. Bachman is the man behind the well known clinic in Des Moines. This clinic has the reputation that every member is present.

Dr. Virgil Halladay who is known to every member of the profession for his work in Anatomy is going to give you some of the old time stuff in Applied Osteopathic Anatomy and Physiology. Practical experiences both in the laboratory and in practice makes Dr. Halladay an authority on this subject and there is no one in the profession who works for reunification purposes it has been later brought out that there are many more than ожидают осталаго того, что есть из нашей оставшейся (Continued on Page 2)

Bass Horn Purchased For Band

The D. M. S. C. O. band came into permanent possession of their new horn last Friday through the generosity of the students and the faculty of the school. The horn will belong to the Des Moines Still College Band, which is the future to be one of the liveliest organizations of the school. Plans for their appearance at the A. O. A. convention have already been arranged so that the Alumni and visiting osteopaths will have an opportunity to attend the concert and share in the music that is needed by the band.

Normal Spine Week

The week of March 17-23 has been set aside this year by the American Osteopathic Association, as Normal Spine Week. This has been done, as in past years, in an effort to stimulate the interest of not only the profession but to educate the public especially to the advisability of such an examination not only for themselves but for their families.

This idea should be held constantly in mind by all Osteopathic physicians and they should reserve part of each day during the entire week to devote to free spinal examinations. Wherever it is possible they should conduct spinal examinations of school children and take advantage of every opportunity of speaking before different organizations of their profession concerning the spine abnormalities and the resulting effects thereof.

It is the earnest hope of those responsible for the furthering of the Osteopathic Science that there will be a high degree of cooperation from every Osteopath in the field.

Stillonian News

The Stillonian staff announces that the 1929 Year Book is well under way and that undoubtedly the present will not later than May 5, 1929. The various department heads have very nearly completed their work and a great deal of it has been proof read and is back to the printers for final set-up.

Stillonian Subscription Scale in the form of a thermometer has been put on the bulletin board. This shows that 76% of the students have subscribed and paid partially or fully for their books.

One thing that pleases the staff is the fact that the staff nurses and interns at the Des Moines General Hospital have subscribed 100%. This is a record of which anyone may be proud.

We know that many of the Alumni will want a copy of the 1929 Stillonian and for their benefit a coupon will be found at the bottom of this page (3). Please fill out and mail at once in order that the staff may have the exact number of copies to order. This order must, by the way, be in before April 1st. Thank you, Alumni, for your co-operation and assistance. We hope to see you at the National Convention in Des Moines the week of June 17.

Still Defeats Kirksville In Two Games

The Suttonites of Still College invaded the Kirksville stronghold and downed the Rams in two of the hardest fought contests ever displayed in the Laughlin gym. The first half was more than less a defensive brand of ball, with Kirksville leading 12-12. The second half the Pirates came back in a spirited rally, with clever shooting on the part of Jagnow, Benz, and Lang. Capt. Davis who was removed from the game via the personal route was ably replaced by DuBols.

The second game was a repetition of the first game with the Suttonites obtaining the lead and never relinquishing it. Both teams had the do or die spirit, which was shown by the numerous unintentional fouls called. Davis playing his last game in a Still uniform gavne of his very best stuff. The Suttonite sideline was the most enthusiastic of the series. Lang and Benz were the scoring aces for Still, while Joseph and Anderson lead the losers.

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FRATERNITY NOTES

ATLAS CLUB
J. P. Campbell

The boys of the Atlas Club gathered together for practical work Feb. 25, 1929. Dr. Woods talked about "serum and its uses." In the first part of his talk he gave the history of serum, following which he demonstrated the way in which a blood test is taken for a Wasserman. Then he showed us how to vaccinate for diphtheria and scarlet fever. It was a very interesting talk and the boys enjoyed it very much.

Saturday, March 2, 1929, the fellows enjoyed a dance, that is all the active members, for at this time hell week was on and pledges did not have the privilege of attending. But of course their time is coming.

Most of the boys are figuring on staying over for the convention and from all reports there will be a big time in store for all who attend.

Again we wish to make clear that all during the convention the Atlas Club will be open to all members to see the amateur plebes perform at the Casino.

Larry Boatman seems to be running a race with Don Calvin as to who is the best banjo player.

We wonder why Dornie is getting into his Physiology books from the shelf? Remember D. M. U. has a campus.

Lost, a street car pass, when last seen it was sailing above the Liberty building. See John Anderson.

Several of the members went to the President to see professional plays, while others went to see the amateur plebes perform at the Casino.

Pledge Spaulding is intending to report that he has been a great help in connection with a special course in connection with the hospital.

Pledge Sparks also deserves a mention for his work. He is always available to help where needed.

Strange things do happen; Ray Kale was seen at the chapter house.

PHI SIGMA GAMMA
C. A. Reeves

Leighton Long has called home by the death of his mother. We all hope to see Leighton back with us soon.

A. Allen left for home due to his long illness. This long winter seems to have taken lot of the fellows down.

PHI SIGMA GAMMA held a house dance Friday, March 8. Everyone seemed to have a very good time.

The old place certainly looks good now that we have it all fixed up. We feel sure that it will feel right at home during the convention. We extend them a hearty welcome.

Pledge Scattered has arrived home from the Detention hospital following his quarantine. We are all glad to see you back Jim.

Harold Jennings will leave this week to take the Basic Science Board at Madison, Wis. Good luck.

SQUARE AND COMPASS
C. A. Reeves

Still Square takes great pleasure in announcing the pledging of Russell Wright, Curtis Park-


A stage smoker for all Masons in Still College is to be held Thursday, March 14, at 8:30 p.m. at the shrine temple. Enter the side door; it will be something that none of you want to miss.

The next meeting of Square and Compass will be held at Shrine Temple March 21, 1929.

Post Graduate Course At D. M. S. C. O.

(Continued from page 1)

ion that can equal him in this line of work.

Dr. Byron Cash will give an intensive course in Laboratory Diagnosis. Dr. Cash spends most of his time in direct contact with the type of work in connection with the hospital and will give you new points in each.

Dr. John Woods, one of the old timers at the college will hit the high spots of Physical Diagnosis and Pathology. These are the subjects that you will review work in and Dr. Woods knows what should be sifted out for your benefit.

A large number of the subjects will be handled by six selected speakers. Each of these is a specialist in his line and will give you new points in each. Watch for the detail of this part of the work in a later issue.

Clinics will be held each day. You have always wanted to see our clinics. Here is your chance and you will not be disappointed. Dr. H. J. Marshall will handle Eye, Ear, Nose and Throat during the week.

Dr. Mary Golden noted for her work with children will speak on Pediatrics.

Dr. C. F. Spring will review some of the old principles of Osteopathy.

Dr. Nowlin will discuss Comparative Therapeutics.

Mies Aya Johnson, scientific writer and research worker now with the college will bring you new proofs of the science of Osteopathy.

We cannot miss this week of work. Make arrangements now to come early and stay late. More data in our next issue.

Around Our Merry Campus

Father Said No More

"Jimmy, I wish you'd learn better table manners; you're a regular little pig at the table."

Deep silence on Jimmy's part. So father, in order to impress him more added, "I say, Jimmy, do you know what a pig is?"

“Yes sir,” replied Jimmy meekly, “it's a hog's little boy.""

"John, the doctor has ordered me to the seashore."

"Why, you're not run down or tired out, are you?"

“No, but I will be by the time I get my trunks packed."

Bright Boy

Boss: “Well, did you read the letter I sent you?”

Office Boy: “Yes, sir; I read it inside and outside. On the inside it said 'You are fired,' and on the outside it said, 'Return in five days, so here I am.'"

Guide (on a London sight-seeing bus): "Ladies and gentlemen, we are now passing one of the oldest public 'oues' in the country."

Passenger: "Wot for?"

A gentleman is a guy who can talk to a chorus girl in her costume and say what he is thinking.

Medicine Salesman: "And, ladies and gentlemen, I have sold over one million bottles of this great Mexican remedy and never had a complaint, I ask you, what does this prove?"

VOTES FROM THE CROWD: "That dead men tell no tales!"

Boss: "Has the florist next door any children?"

Office Boy: "Yes, sir; two girls who is a budding genius, and a son who is a blooming idiot."

"I lost my biggest creditor today."

"Did he die?"

"No, he made me pay him.

"Are you a doctor?" she asked the young man at the soda fountain.

"No, madam," he replied, "I'm a flashazan.

There is only one man more annoying than the person who turns off the lights at a party, and that is the one who turns them on again.
The Log Book

Alumni News

We are glad to receive this letter from Dr. Gladiex and accept the suggestions and advice given in it. The Log Book, in its thirty-odd volumes, has been the advancement of our school and a support from the field and from those who are unblinded in the advancement of a science.

The University

We are more or less interested in taking a measure of the professional mind with the coming events in the near future in Des Moines. After many years of solicitation we have attracted the National Association Convention to Iowa. Iowa has been in a receptive mood for over thirty years. It has harbored some of the earliest organized schools of Osteopathy, which in its thirty-odd years of advancement and a support from the field and from those who are unblinded in the advancement of a science.

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"THE OFFICE LABORATORY"
ZOE ALICE INNES

(Cont'd. From Previous Issue)

SPUTUM STAINING
The sputum discharged the first thing in the morning is the best. Instruct the patient to clear the throat, rinse the mouth out with salt water and cough, saving the sputum in a clean container. Throat sputum may be mixed with foamy saliva, and is rather thin and clear. That from the lung is thick and is stained rusty-white to green.

The tuberculosis organism belongs to the group known as acid-fast bacilli. The body contains a fatty substance which on warming takes up the stain and cannot afterward be decolorized by any simple means. In making the smear take up a small drop of the sputum on an applicator, selecting a cleanosa particle if one can be found, and crushing on the slide. Spread thinly, by withdrawing the slide as usual. Since old distilled water grows an acid-fast bacillus which much resembles the tuberculosis organism in morphology, no distilled water should be allowed to come in contact with the suspected material.

1. Cover slide completely with carbol-fuchsin.
2. Gently over flame until it begins to steam.
3. Continue for 4 minutes to apply just enough heat to keep it steaming. Do not let it boil which will ruin the smear.
4. Wash with tap water.
5. Apply acid alcohol to smears in colorless spots at least. Wash and blot dry.

Vincent's Angina
Throat is the most effective and every movement used in correcting the disturbed relation.

To Detect B. tuberculosi in Urine
Since the Smegma bacillus, which is acid-fast and resembles the acid-fast bacteria in morphology, is always present on the genitital, urine which is to be examined for tuberculosis should be sterile, i.e., impossible to prepare the urine as follows:

Acid with 10 cc of urine with 30 cc of 5% tannic acid solution and mix thoroughly. Place in the refrigerator for 24 hours and then decant all of it at high speed, by pouring off the supernatant fluid and adding more of the uncentrifuged urine until the sediment from the entire specimen is collected in one tube. Dissolve the sediment in distilled acid alcohol containing thoroughly one cc more. Decant the supernatant acid, and make smear from the sediment, adding a little egg albumin to make the smear adhere to the glass. Air dry for 2 hours and fix as usual. The course of staining given above, up to and including step 8. At this point soak the slide in the acid alcohol fifteen minutes or longer. Wash thoroughly and finish stain as directed. This should decolorize the smegma bacillus.

The court of last resort is to inoculate a guinea pig with some of the sediment in dilute acetic acid. The information wanted from the specimen is the direction of the spinal subluxation, to correct lesions of any kind was first a theory, then a fact, since the practice is always based on theory and theory is of no value till proven, these scales must go hand in hand and are inseparable.

Mrs. E. M. Long Passes Away
We take this opportunity to extend our sympathy to Leighton Long, a senior student of Des Moines Still College in his bereavement. His mother passed away on Feb. 27 at her home in Oakmont, Pa.
O. W. N. A. Convention Plans

The Iowa Osteopathic Women Association committee, having charge of the arrangements for the entertainment of the Osteopathic Women Association during the A. O. A. Convention, have their work well under way, and plans are complete which will assure everyone of a royal welcome and a delightful time.

The place for the luncheon has been reserved, and the details all worked out. All that is needed to assure its success in your presence, and we know we can count on that. Good fellowship is very much a successful meeting's aim.

The O. W. N. A. has contributed no small part to the reputation of Osteopathic history that will soon be finished. But greater things are to be done and greater contacts to be made.

Come to Des Moines next June with 100 percent enthusiasm for Osteopathy and the O. W. N. A., that this meeting may be a record breaker and the coming year the greatest in our history.

Des Moines and the L. O. W. A. sends greeting to all - the latchstring is out! DR. DELLA B. WELDWE, Chairman.

Convention News

The first of a series of get-together meetings was held in the Ft. Des Moines Hotel on March 17. Dr. Raymond Glimore, State City, who is chairman of the state committee on arrangements, presided and after a luncheon, attended by about 75 members from all over the state, called for reports on what had been accomplished so far. Dr. Glimore outlined the policy of the executive committee and explained the plan adopted by the committee to facilitate the machinery of the organization.

Dr. Marshall made his report in general for his committee and then asked for individual reports from his sub-chairmen. These reports indicate that the work of getting the visitors from the train to their hotels and providing for their entertainment while here, is well under way and its successful completion is assured.

Dr. Caldwell made a similar report. Her organization is intact and in perfect working order. The work of organizing clinics has begun and this feature (Continued on page 5)

Dr. Schwartz Visits Ohio

Dr. J. P. Schwartz has returned to Des Moines after an extended trip throughout Ohio during which he spoke to Osteopathic groups in various cities. Following his visit to Toledo he journeyed to Cleveland, then to Warren, Columbus, Dayton, and Cincinnati speaking in the afternoon on the subject of "Local Anaesthesia" and in the evening on "Emergencies of General Practice."

Dr. Schwartz reports that in each city he visited he was received by unusually large groups and with a spirit of true Osteopathic fellowship. And that the Osteopaths of Ohio are a very progressive group supporting the best of Osteopathic science and accepting every opportunity of placing Osteopathy on its highest plane.

Many letters have come from clinics where secretaries congratulating Des Moines Still College on having a Dean of the caliber of Dr. Schwartz and each one voicing the praise of the Ohio osteopaths and their thanks for the time devoted by Dr. Schwartz to the furthering of Osteopathy.

Junior-Senior Prom

At a recent meeting of the Junior class definite arrangements were made to hold the Junior-Senior Prom on April 12th at the Golf and Country Club. Observing the custom of having a theme period in ear, nose and throat precincts, a precednet established by classes that realized the true merit of such an occasion, it is to be formal. The Junior class is to be congratulated on their decision and for the fine arrangements that have already been made to make this occasion a success.

The dance will start at 8:30 o'clock sharp with a grand promenade of the classes, Knopf, Livingston's orchestra, furnishing the music for this annual event.

The Seniors look forward to this dance with the greatest in our history.

West Virginia State Board

The next meeting of the West Virginia State Osteopathic Board will be held at the office of Dr. Donna G. Russell, 311 Broad Street, Charleston, West Virginia, June 10 and 11, 1929.

Ear, Nose and Throat Post-Graduate Course

The College is more than proud to announce that the lecture on "Ear, Nose and Throat" given each afternoon, will be conducted by specialists of national reputation. The following is a feast of scientific knowledge:

Monday—Dr. H. J. Marshall, "Ceruminous Conditions."
Tuesday—Dr. C. C. Reid, "The Nose."
Wednesday—Dr. T. J. Ruddy, "The Eye."
Thursday—Dr. J. D. Edward, "Deaf Mutes."
Friday—Dr. W. V. Goodfellow, "Catarhal Deafness."
Saturday—Dr. L. S. Larimore, "The Throat."

Have you ever seen such an array of scientific men at one post-graduate course? Neither have we!

It behooves you to register and take advantage of the opportunity.

New York and Return

The annual trek to 1101 New York is over and all we have left is the usual pleasant memory of meeting old friends and greeting new ones. We think that it is an honor to make the Eastern States Convention. It is more than that. It is an event for it is a real conven-

(Continued on Page 2)
THE LOG BOOK

ATLAS CLUB
J. P. Campbell

The members of the Atlas Club enjoyed themselves Monday night, March 8. The...
THE LOG BOOK

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President —— C. W. Johnson
Faculty Adviser —— H. V. Halladay
Editor —— R. D. Kale

Osteopathy Without Limitation

To the Profession

As far as the Des Moines Still College is concerned, our National Convention is now in session and will remain so, until long after June 22nd.

Each day marks new advances in our post-graduate program, held the week prior to the convention.

We are offering the Profession, Week's Course filled with just the "brushing-up" things every practitioner needs. One week jammed full of practical work and scientific study. It will be a distinct loss if you miss it.

The college doors are open wide during the convention, we invite your inspection, we urge you to see our new school. Make Des Moines Still College your headquarters. We are here to serve you.

Fraternally,
John P. Schwartz, Dean.

— Voyages —

A tired old doctor died today and a baby boy was born—

A little new soul that was pink and frail and a soul that was steady in sustaining its parents.

And—halfway here and halfway there on the wide high hill of shining air, they met and passed and paused in the flushed and hearty dawn.

The man looked down at the soft small thing with wise and weary eyes, and the little chap stared back at him with startled, scared surprise. And then he shook his downy head—

"I think I won't be born," he said.

"You are too gray and sad!" He shrank from the pathway down the skies.

But the tired old doctor roused once more at the battle cry of birth, and there was memory in his look of grief and toll and mirth, "Oh, what!" he said. "It's good—and bad!"

"It's hard! GO ON! It's OURS, my Dr!"

He stood and urged him out of sight, down to the waiting earth.

— Ruth Comfort Mitchell Young.

No pleasure is comparable to the standing upon the vantage ground of truth.—Bacon.

Physical Bankruptcy At Fifty—Why?

DR. M. E. BACHMAN

Many requests have come to the office of the Log Book about the address given by Dr. M. E. Bachman at the assembly morning of Feb. 1, Believing that it would be of interest to others and to the general practitioner, this article will appear in this issue.

The two most expensive things in this world are crime and disease and the more disease the more crime.

Dr. Homer Folks, secretary of the New York State Chiropractic Association, says: "Sickness and disease cost the United States over fifteen billion dollars annually and ninety-three percent of this is borne by the patients and their families. Physicians get $1,250,000,000; and hospitals get $404,501,572. The cost of drugs and medicines is $700,000,000; professional dis- ability causes of loss of $12,000,000,000. The estimated total cost in the United States is $15,729,025,376 annually. The average per capita cost of disease is $31.88 and we paid in 1926 sixty-three cents per capita for prevention."

Sickness and poverty are artificial and unnecessary, and to a large extent, can be eliminated when we learn how to live and are willing to live right.

Disease takes our best men and women at a period in life before they have reached the zenith of their ability and usefulness. The community is deprived then of their contribution to society at a time when it is needed. It is the responsibility of every class of men and women who can do more toward this conservation than those who I am addressing at this time. Our mission stands in a class by itself and our training fits us for this great work of conserving the physical powers of manhood and womanhood.

During the past year some of the most useful men of our city have dropped out of the race too early for the good of the community, and society is deprived of their quota of service.

Most men who become physically bankrupt at fifty have laid the foundation for their failures in the late twenties or the early thirties.

The man who feels himself slipping at from thirty-two to forty years of age should heed the warning, stop, look and listen, and lower his speed. Nature warns us in warning words in some times are not understood; but some understand yet do not heed them.

You will get valuable information in taking case histories by learning of the habits of your patients between (Continued on page 4)

From the Field

Cresto, Neb.
March 23, 1929

DES MOINES STILL COLLEGE
OF OSTEOPATHY
Des Moines, Iowa.

Dear Doctors:

As I am retiring from my practice within a short time, I am wondering If you know of any osteopath that is looking for a good location in Nebraska.

Cresto is a town of about 3,000 in a rich farming community in eastern Nebraska, about 25 miles from Lincoln, and is the home of Doane College.

Osteopathy is well established here in this vicinity, thare having been an Osteopath here at Cresto for the past 20 years. I am the only Osteopath within 20 miles and I know of no rea- son why this should not be a splendid opening for someone. Will sell for the price of the equipment. If interested, write to

Dr. G. L. Rumblehart.

Cleveland, Ohio
Editor the Log Book
Des Moines Still College

Dr. Medbury Addresses Student Body

The assembly of March 21st, which was in charge of Dr. M. F. Goldon brought to the platform of D. M. S. C. one of the foremost speakers of Des Moines, Rev. C. S. Medbury of University Church of Christ.

Proceeding his address on the "Persistance of the Spiritual" he expressed his delight and pleasure of speaking to the students before the eventful meeting in the Wal- dorf in 1923. Following a discussion of modems thought Steinmetz he brought to the students the thought of this genius, that the greatest development in the next twenty years would be in the spiritual field. The weight of this thought carries its full force when we realize that this statement comes from a man of science.

Concluding he stressed further the fact that faith holds a man standing, and is the standard of his standards. So too, every Osteopath needs such a faith as will be necessary in the further unfolding of life. Each man must advance in spiritual power and carry such an influence into the field and into Osteopathy.

Convention News

(Continued from page 1)

ature is one that you will appreciate during your visit here in June.

Dr. Halladay expressed some new ideas about registration and some of the other departments he is responsible for. His chair- men are working hard and have made reports already that have appeared in the Journal.

Dr. Chet Morris of Chicago was present and made a talk relative to the program Dr. Morris stated that the program was planned and most of the speak- ers selected to meet the demands made by the local committee and stated that the accommodations here were better than ever the eventful meeting in the Waldorh in 1923.

Make your reservations now or you will be sorry. Remember, It is only seventeen (17) days until the meeting—June 17 to 23.
THE LOG BOOK

"THE OFFICE LABORATORY"

Compiled By

ZOE ALICE INNES

GENERAL

To Make Percentage Reagents

Take some number of ccs of liquid or powder and divide by 100. When the percentage desired, add solvent to it. Take 50 cc of a 4% solution from 30% solution. For 50 cc x 200 cc 

To Make Lower Percentage Reagents From Higher

Very dilute solutions times percent desired divided by percentage on hand equals amount of percentage on hand to be used. Example: To make 50 cc of a 4% solution from 30% solution.

Chromic Acid Cleaning Mixture

This should be prepared and kept in an earthenware crock with cover. A plate may be used. This covered when not in use, and do not allow any metal to come in contact with the mixture. Protect the cover with a household rubber glove when using, and do not allow any metal to come in contact with the mixture. Use slowly by rocking the crock. Be careful not to remove any crystals which precipitate when the acid is added. Have it planed off until an entirely new surface is exposed. Add very slowly stirring with a paste with a glass rod. Use no metal. Add water and place in slow water bath, stirring occasionally until dissolved.

Blood Stain

Stain made from "Tetra-chrome" manufactured by the National Aniline Co. always as satisfactory as Wright's and is much less sensitive to acid. The materials may be procured from any chemical supply house by specifying National Aniline Co.'s. goods. Tetrachrome 0.5 grains (7/4 grains).

Methyl Alcohol ... 100 cc

Alcohol must be that prepared especially for blood stain. Put a little of this alcohol in the stock bottle to be used (which must be perfectly dry) rinse it about, cork with a new cork, and let stand for some time. Drain off the alcohol, put the weight of Tetrachrome desired, add the necessary amount of the alcohol and shake. Let stand a few days before using. The stain improves with age. Always mix further supplies in the same bottle. To stain, place 30 drops of stain on slide and leave 30 seconds. Carefully remove all drops of staining water and leave 1 minute. Wash with tap water and dry in air.

APPARATUS & REAGENTS

In response to numerous requests, a list of the apparatus and reagents necessary in a small laboratory has been prepared. This includes everything needed to do the work given in the manual except microscope, centrifuge and haemocytometer. The reagents are all stable if well worked and not contaminated. In a few instances the basic material has been included in the list and given for preparing the reagent from it, this being more economical.

Water solutions for reagent use should be made with distilled water, which can be procured at any battery station. It will be necessary to get a quart of 95% (190 proof) alcohol. Never use denatured or rubbing alcohol.

Lower percentages may be prepared by the rule given above. Alcohol for germicidal purposes must be 70% (140 proof) alcohol. It is more effective than higher strength. Slides may be kept in 89% alcohol or isopropyl alcohol as well as polishes. They will then be free from acid and grease. Slides that have been stained may be cleaned for use again by immersing in the acid bath for 24 hours. (Remove immediately after putting in the bath.) After thorough rinsing leave in the alcohol over night before using.

Physical Bankruptcy

At Fifty—Why?

(Continued from page 3)

twenty-five and thirty-five years of age.

There is an analogy between financial and personal bankrup-
ty; wrong investments and overloading do not work well in business nor in matters of health. The over-worked "business" are very amusing to many. We want to succeed in our undertakings. The social, political, professional, or business.

To be successful requires every ounce of energy that can be mustered. Many whose vitality is low to start with drop out of the race early. Those who remain, give all their thought and time to the promotion of their business. They try to meet the competition, continue their preparations for enlargement and new equipment but forget to provide for the ordinary day to day. They are continually at the breaking point. Should they run their business on the same plane that they carried on, they would be financially bankrupt in a short time.

Suddenly they discover that something is not right with themselves; nature has thrown out danger signals in the form of minor headaches, more tired when they get up than when going to bed; loss of appe-

tite; feeling like a heavy load on the stomach; weakness at night, so they stay up late in the hope that they may recover from sheer exhaustion or weariness; shortness of breath when going up stairs or hurrying which is a sign of a weak or fatty heart.

When there is a pain between the chin and stomach that comes on at intervals, you can be informed that you will stop you short if you keep on. This is a forerunner of angina pectoris, a heart trouble that will, in a very few years, carry you off. You don't need. That irritating crabby spirit that finds everything wrong with you. This is the sign of poor health and a shattered nervous system. Puffy eyelids are warnings of kidney trouble, pulsating headaches and ringing in the ears may point to high blood pressure; pain under the left shoulder blade point to liver trouble. Sharp pain under the right shoulder blade point to heart trouble; under the right shoulder to liver trouble. Sharp pain in the middle of the back may mean ulcers of the stomach.

When all these signs or some of them are manifest we go shopping for health. We buy health as we buy common commodities. We go bargaining from one city to another, from Chicago, Minn. We are some-
times willing to pay enormous prices for health. We try mud baths in the desert. We try hot baths; we try everything from yeast to sauer kraut, and bran to bran flakes. All good, but it must be done properly. Every man takes care that his neighbor shall not cheat him. But a day comes when he begins to care that he does not cheat himself. Then all goes well. He has changed his market cart into a chariot of the sun. —Worship.
Fun At the National Convention

We know that you expect to have a great deal of fun when you attend the National Convention at Des Moines, so we have arranged for it. In Friday evening, June 14th, the Ear, Nose and Throat Society will have their banquet and we are calling this affair “Ruddy’s Circus Clinic.” This evening will be in charge of Dr. Ruddy of Los Angeles. If you know Dr. Ruddy you know that we will have a good time and laugh until our sides are sore. Everyone is invited to come and make their selections. Then Monday evening, June 17th, is the big reception and ball. This will be one of the big entertainment features of the week. Dancing, cards and entertainment will contribute to the entertainment.

There will be a good two hour show for us Tuesday evening and Wednesday evening will be fraternity and sorority night. On Wednesday afternoon the O. W. N. A. are having the program, the men will participate in the golf tournament and for those who are not interested in golf may attend the ball game. We hope that our alumni will be there to get a good field of the grand stand and it will be advertised as “Osteopathic Day” at the ball park. Come prepared to have a good time and we will try not to disappoint you.

H. J. MARSHALL
Chairman of the General Arrangement Committee.

Basketball Season a Success

A year ago the newspapers came out with a cartoon entitled, “Life is Worth Living Again.” The significance of it was that the baseball season was then opening. Another year has passed and we are glad to start the ball rolling again. The Iota Tau Sigma boys are the defending champions, and are slight favorites to repeat last year’s performance. The loss of a star battery must be reckoned with, so the other teams feel that they are very much in the

(Continued on page 4)
ATLAS CLUB
J. P. Campbell
The Atlas club held its annual formal dinner dance, April 6th at the Hotel Commodore.

Upon entering the dining room each couple went to the invitation to go on deck the good ship S. S. Atlas and cruise around the balmy waters during the dinner hour accompanied by appealing music.

Following the dinner hour Toastmaster Russell D. Stivenson introduced the speakers of the evening. Toasts were given by the following: The profession by Lewis C. Nickelson with the reply by Dr. H. V. Halladay. The college by J. K. Ward followed by Dr. J. M. Woods, lastly the subject: Fraternity. The speech was exemplified by Dr. H. J. Marshall with reply from Myron Monger, the president of the fraternity.

Now the cry, “On With the Dance” was heard all over the deck of the S. S. Atlas. Dr. H. H. Halladay blew the Grand March accompanied by his rolling band. The Grand March was followed by the “Grand Dance” was heard all over the ship. The dance continued in true campus fashion.

The fraternity is in readiness for a visit from its field makers from Ames, Iowa. The chapter held a dance at the end of the season.

IOTA TAU SIGMA
K. F. Herrick
The chapter is pleased to announce the initiation of John Peck, Justin Koch, Walter Belden, Carl Routzahn and Leslie Spaulding. We are also pleased to announce the pledging of Rus-

A historian announces that 1848 was a year of great political and social unrest in the United States. The year was marked by the beginning of the Mexican War, the end of the California Gold Rush, and the beginning of the abolitionist movement.

Responsibility

A letter was received from Dr. O. H. Olsen, the President of the Osteopathic Hospital in regard to the coming convention. Dr. Olsen expressed his desire to attend it but is out of town and cannot. He asked that he be permitted his absence. We are hoping that he will find it possible to be here.

The chapter held a dance at the house Friday evening, April 6th. Everybody had the usual amount of merriment and are now looking for the next one. Monkeys evening the speakers were favored by a talk by Mr. Frank Mallett of the Standard Chemical Co. Dr. Mallett spoke on pharmacology, therapies and biochemistry primarily and brought to our minds a great many new facts that we shivered over in our own work.

The brothers who are owners of any mustache or the like are taking care of it now that “Pancho” Kinter has a good start on his "tonormal dignity." Everyone is getting "hot" on the golf, baseball, tennis, and every good weather is near at hand for practice.

Good weather favored the dance held on the evening of Friday April 1st, and the time was had by all attending this occasion.

Ask Armburst if he had a good time at the dance. He'll tell you about it—maybe.

Iota Tau Sigma has a new member in the days of '49. He seems to try-out, boys. Your chapter should have lived in the days of '49. He seems to be quite a good doer in the destroying flames. Too bad it was only aengine trial. Are you coming? Sure! Delta chapter is looking for you and depending on your presence at the national chapter meeting, which in all probability will be held on Wednesday evening of convention week. Big things are going on for you. The Delta chapter will do all possible to accomplish the end results. The one big thing we will need will be your attendance, second, your suggestions.

We have a handy dance for you to visit and the doors will be removed with the hings so that it will not even be necessary to have the lathch. We take the opportunity of extending an invitation to you to make the chapter house your headquarters during your stay in Des Moines. We will take care of as many as possible at the house. (Bring your own sheets and write for reservations).

Our Opportunity and Responsibility

(Continued from page 1) which is demanded by the world over. Education in community, legislature and jury will enlarge the scope of the profession for an unrestricted practice arranged with responsibility as given by the founder. Progress and advancement depends upon our ability and determination to carry out the Principles of Osteopathy as laid down by Dr. Still.

Once again the students left Wheeling Corners. We take this opportunity of extending the invitation to you to make the chapter house your headquarters during your stay in Des Moines. We will take care of as many as possible at the house. (Bring your own sheets and write for reservations).

Around Our Merry Campus

"What are you doing up in that tree, professor?"

"I'm hanging myself.

"But you must put the rope around your neck.

"I tried that, but I couldn't breathe."

GRADUATION

Nitt—Sarah Bernhardt once said men under thirty do not know how to love.

Witt—Thank God, tomorrow's my thirtieth birthday—Judge.

Native—Sahib, I saw a lot of tiger tracks about a mile north of here.

Hunter—Good! Which way is south?—Glensburg News.

"Finesse" is the art of getting what you want without letting others know that you want it.

John Smith was never known to be on time for an appointment. Even when he died they called him "the late John Smith."

Out Of The Frying Pan

"Did that patent medicine you bought cure your aunt?"—Merry, no. Reading the circular that was wrapped around the bottle, she got two more diseases.

"Well, who's been waiting the longest?"—asked the dentist cheerfully as he opened the door of his surgery.

"I think I have," said the tailor, presenting his bill, "I delivered that suit you're wearing three years ago."

A historian announces that women used cosmetics in the Middle Ages. Women still use cosmetics in the middle ages.

It was a Yankee genius, Seth Boyden, who brought out the first pair of scissors, made by welding on soft backing or iron backing a high grade steel blade, with handles fashion-

Man's freewill is but a bird in a cage; he can stop at the lower perch, or he can mount to a higher.—Tennyson.
From the Field

Capt. Davis to Graduate

Playing his last game in the D.M.S.C.O., uniform, when Kirk-
ville suffered two successive defeats, Capt. Harold Davis added
very materially in the building of one of the smoothest working-
teams that Still College has ever developed. Throughout the work-
ing of the Still College five, the outstanding feature of the sea-
son was the fine individual playing of Capt. Davis, who was
selected as all-state forward, and in addition, he has the honor of
being the high point man of the world in 1927. It was this rangy drib-
bler's uncanny ability to hit the loop from all angles, at critical times,
that gave Still College the excel-
 lent record for the past four years. His sensational dribbling and
pass work will be missed by
every member of the team.
The team and the college wish
Capt. Davis success in his chosen
work and his new enterprise.

Varied Talents

Throughout the years at Des
Moines Still College many and
diverse talents have been shown by the students. This year's
feature is the dramatic ability shown by a member of the Senior
A class, Wm. Hensch, who took
part in the “Spider,” a play pre-
seated at the President theatre
which featured Wm. Courtenay
as guest artist.

Sherod-Faus

Ernest Faus of the Junior A
class has announced his marriage
to Miss Mary Sherod. The cere-
nomy took place at Fremont,
Neb., on the 6th of January.
Following a short wedding trip
they returned to Des Moines
where they will make their
home. Best wishes and con-
gratulations.

Modern Science

Two scientists recently drop-
ped a bottle containing an anti-
septic into a vessel of impure
water. The bottle, at least, con-
tained its contents so that its
clear water could not in contact with
the water. Yet twenty-four hours
later, when the bottle was taken
out, 25 per cent of the microbes
in the water had been killed. The
account of this experiment con-
ducted by Dr. Techoueyres and
Dr. Bunau-Varilla, was given be-
fore the French Academy of
Sciences. An explanation ad-
vanced is that the antiseptic
passes off rays that attack an
eighteen point tournament.

Golf and Tennis

The feature of the golf and
tennis tournament this spring
will be the awarding of a loving
cup to each of the winning or-
ganizations.

In the past individual honors
have been awarded but it has
been decided that more com-
petition and enthusiasm would be
shown in each fraternity and
the non-fraternity men were rep-
resented by a four man team in
each sport.
The Pan-Helenic Council is
spONSOrING a cup for the tennis
tournament and the fraternity
winning twice will become the
permanent possessor of the cup.

Each team will meet each
other team for four singles and
two double matches, each match
counting one point thus making
an eighteen point tournament.
The having the highest per-
centage of these points wins the
championship.

Alpha Sigma Phi is donor of
the cup for the golf tournament
and the same rule applies to its
permanent possession as to the
tennis cup.

A 36 hole Medley Tournament
will be held and the team having
the lowest total score is awarded
the cup.

These tournaments will be
held the last week in April and
the first week in May under the
supervision of Monger and Durs-
bush. Cups will be awarded at
Stillonian Day Dance May 10th.
Physical Bankruptcy
At Fifty—Why?
(Continued From Last Issue)
When nature rings the bell
with a headache we buy an
alcohol and an acid by
the removal of water.

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(Continued From Last Issue)

April 14—

ATLAS vs. ITS—2:15 p. m.
PSG vs. NON-FR—3:45 p. m.

April 18—

ATLAS vs. NON-FR—4:15 p. m.

April 21—

NON-FR vs. ITS—2:15 p. m.
PSG vs. ATLAS—3:45 p. m.

April 25—

ITS vs. PSG—4:15 p. m.

April 28—

NON-FR vs. PSG—2:15 p. m.
ITS vs. ATLAS—2:35 p. m.

May 2—

NON-FR vs. ATLAS—4:15 p. m.

May 5—

ATLAS vs. PSG—2:15 p. m.
NON-FR vs. NON-FR—3:45 p. m.

May 7—

PSG vs. ITS—4:15 p. m.

May 10—

Stillonian Day Game
The two teams will be played off April 16, 22, 23, and May 7, 8, 9. All games postponed must be played on the following Tuesday except the games of May 2, 5, and 7 which will be played on May 7, 8, 9, in case of poor weather conditions. All the above games will be 5 inning games, tie games played to a finish.

Capsules of the teams playing Stillonian Day at 1:00 p. m. of the day of the game as to whether the weather conditions are favorable.

The regular scheduled games will be played at Still Bowl; the Championship Game will be ar- ranged for the third day of the Stillonian Day Committee.

After the completion of the above schedule the two teams having the two highest averages will play a full nine inning game, this game will be played on Stillilian Day, May 10.

Any team failing to report for regular scheduled games will for-feit said game by the score of 9-0. Please be there on time.

Receives Gift

Miss Genevieve Stoddard, a Junior in M. S. C. O., is the proud owner of a new Chevrolet coach which was presented to her by her uncle. It came about as a big surprise as she states. Her uncle who is deep-ly interested in Miss Stoddard decided that she should have a car to assist her in the discharge of her practices as an ideal work and so the resulted gift.

Baseball

“Knowledge Means Caution”

The most advertised and per-haps the most widely sold is aspirin, for all sorts of condi-
tions. Usually those who are interested in retailing medicines know very little of the deleterious and often dangerous effects that comes from its constant use.

Knowles (1969) in his book entitled, “Pharmacotherapeutics, Materia Medica and Drug Action,” by Solie-Cohen and Githens (D. Appleton & Company, 1968), takes the following paragraphs, which may well arrest the attention of many who use aspirin or advertise others to use it.

“Aspirin, although commonly well borne in moderate dose, is distinctly depressant to the heart. Great cardiac irritability and a tendency to collapse, may follow the administration of a dose reported to be less than half the quantity of sodium salicylate previously and subsequently well borne by the same individual. Children are particularly subject to this cardiac depression; thus, in a girl of twelve years with scarlet fever, aspirin symptoms were caused by 9 grains of aspirin given in the course of a few hours, although there was no evidence of endo-carditis or pericarditis, and recovery of cardiac vigor ensued upon withdrawal of the drug. The cardiac depression may not be immediately evident; but continued use may slowly weaken the heart, that in an emergency, or under the addi-tional depression of an acute in-
fec tion, as influenza or pneu-
omia, it falls to respond. Death may thus be an indirect effect of aspirin poisoning. Moreover, an aspirin habit is easily set up by its use for relief of recurrent headache and neuralgia pains. The same things are to be said of emperin, which is also an acetylsalicylic ester.”

These are reasons why every person must know all the facts regarding much-used drugs.

Aspirin—A salicylic acid, a white crystalline compound, incompatible with alkalis and must be given in dry form. Soluble in one hundred parts of water and not alcohol.

Depressant—A drug which reduces functional activity and the vital energies in general by producing muscular relaxation and sweating.

Cardiac—Relating to the heart.

Sodium Salicylate—White crystalline drug used in rheumatism, neuralgia, etc.

Arthritis—Inflammation of a joint.

Endocarditis—Inflammation of the lining of the heart.

Pericarditis—Inflammation of the covering of the heart.

Ester—Any compound formed from an alcohol and an acid by the removal of water.
THE LOG BOOK

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 6  MAY 1st, 1929  Number 20

To the Osteopathic Physicians Of Iowa

The American Osteopathic Society of Ophthalmology and Otologyrhopathy is desirous of having five hundred clinic cases during their convention at the hotel Fort Des Moines, Iowa June 11 to 16. It is up to the profession of Iowa to furnish this clinic, so that "now to pick out your entac, chronic sinusitis, polyplis, defected teeth, nasal turbinates, tonsils, adenoids, chronic discharging ears, deafness, in fact any case with pathology of the head. Remember this is the first time Iowa has ever had the opportunity of the services of specialists as Edwards, Ruddy Deason, Reed, Goodfellow, Lartmore and many more of our prominent ear, eye, nose and throat men, so take advantage of the occasion and bring in your cases.

H. J. MARSHALL,

Convention Advice At Assembly

The assembly of April 12 was presided over by Miss Ava L. Johnson who introduced the speaker of the occasion, Dr. Ella Caldwell who is in charge of the women's program at the National Convention in June, which preceded the speaker with several delightful numbers was greeted with a hearty applause from the student body.

Dr. Caldwell's subject of "Spirit and Organization at Conventions" has been, she maintained, the factor in putting Osteopathy where it is today. The trail blazers of the past who worked diligently to uphold Osteopathy and its principles, won its prominent place in the Science. The hotel fort, through Organization and Spirit with due consideration to sacrifices made by all.

Doctors and Students of Osteopathy must keep the enthusiasm running high, she added, it is essential, with co-operation, to make any convention successful and beneficial to all.

The arrangement of the Convention is splendid, sectional arrangement will give all attending the opportunity and instruction, programs in which lies their greatest interest. The benefit which you receive from this wonderful convention depends upon your attitude and broadmindedness to.

(Continued on page 3)

Students Enroll For September, 1929

An enrollment which passes all in the previous history of D. M. S. C. O, points to a record-breaking class for September, 1929.

The office reports they have answered more inquiries, written more letters, and sent out more information than in any school in the country. The school board is elated and a general feeling of enthusiasm prevails at the campus of the school. The publicity outlooks give every member of the faculty, the alumni, and the student body, the knowledge that the Des Moines Still College is on the way to meet predictions and determined to make this a place where all should be welcomed as the leading school of Osteopathy—true the profession's school.

Many of those who now enrolled are planning on attending the convention and many will visit D. M. S. C. O at convention time with doctors of the field. It is expected they will note that the alumni and many of the doctors of other schools are boosting for D. M. S. C. O and sending students to Des Moines knowing the vast amount of clinical material available and the varied courses, as well as excellent instruction in the theoretical and book knowledge.

Senior Day Plans

During a recent meeting of the Senior class plans were discussed in detail as to the program for Senior Day at D. M. S. C. O. The plans that culminated will result in new ideas and features being instituted that will make the day one long to be remembered by the class and every other student of the school.

Instead of usual "class will" and other non-descript foolishness, the Senior Class plans a program of talent which will be a delight to everyone attending. Awards and presentations will take place at this time which will leave graduation night open to the conferring of degrees and the place as soon as the Senior Class takes this opportunity to show their appreciation of the extended courtesies of the class. Practically every member of both classes attended and the excellent music there was not a dull minute during the entire evening.

During the intermission the Junior class arranged an added feature and attraction for the Des Moines still College and Osteopathy with due consideration to sacrifices made by all.

Junior-Senior Prom

The success of the occasion was assured with the first dance of the evening as members of both classes started on a whirlwind of dance and frivolity. The Senior's, guests of the Junior class, gathered early in an effort to show their appreciation of the extended courtesies of the class. Practically every member of both classes attended and the excellent music there was not a dull minute during the entire evening.

The next examination, to be given by the Michigan State Board of Registration, will be held at Battle Creek, on June 12-13.

The secretary of the Board is Dr. H. Conklin, City Bank Bldg., Battle Creek, Mich.

North Carolina State Board

The next meeting of the Osteopathic examining board of North Carolina will be held in Raleigh, July 5 and 6. There are some excellent openings in this state and temporary permits are issued.

Inquiries should be addressed to F. R. Heine, D. O., Secretary.

Michigan State Board

The next examination, to be given by the Michigan State Board of Registration, will be held at Battle Creek, on June 12-13.

The secretary of the Board is Dr. H. Conklin, City Bank Bldg., Battle Creek, Mich.

Non-Frats Take Lead In Baseball

"Judge" Johnson

The opening of the still College baseball season by defeating thril-
ers, one game being won by a lone tally while the other was a fine pitching of Hynick, who has now won two shut-out games and has a string of ten consecutive scoreless innings on his credit for a record performance. Long and timely hits were made by Clark, Benz, Hynick, Cronin, Buldy and Reynolds for the Non-frats in a third inning rally which netted six runs. "{Ole}" Nicholson made a circus catch for the Atlas Club, as he speared a seemingly home run. A double play resulted.

A double-header is to be prepared for Stillonian Day. The championship game is to be played between the two teams in first and second place. A fine inning game will also be played between an all-star team of the third and fourth place teams and the Catholic Academy. Selection of this team will be made by the captains of the team.

P. G. COURSE JUNE 10-15

The entire program of the Post Graduates, which will be held in Des Moines Still College of Osteopathy the week preceding the Convention of the A. O. A. will appear in the next issue of the Log Book. This is being done in an effort to answer the many inquiries that are coming into the office daily.
ATLAS CLUB
J. P. Campbell

The Atlas Club again extends invitations to all the field members attending the convention to make the house their headquarters. The fraternity would like to make this the largest reunion of practicing physicians and members in the history of Xiphoid Chapter.

The National Atlas Club banquet will be held June 13, the third day of the convention, and in connection with it would like to see a record attendance.

Brother McKinley is confined in the hospital with Liver pneumonia and although quite ill his condition is not thought to be critical.

The seniors are preparing for their final and most important examination of their four year course at D. M. C. O., "State Boards."

The arrangements for the Annual Atlas Club picnic have been completed. The date has been set for May 12, and we hope that many of our field men will find it convenient to attend.

IOTA TAU SIGMA
R. F. Herrick

Several things are quite questionable around the house of late, among them are: Why Bro. Peterson did not take the advantage of the excellent weather this week and go to Malta. It may be that he is unusually busy with his school work and there is a possibility of some domestic trouble at home with the fair one. Another is: Why Bro. Gephardt wears a beautiful white gold wrist watch and still insists upon the "pocket Ben."

Hart wears a beautiful white gold wrist watch and still insists upon the "pocket Ben."

The first, and we hope the last, card that the baseball season has happened. No! We won't say who—but we might mention that there is a new plate glass window in place.

A. H. Reeves about his ever changing art gallery. That reminds me:

For Sale—1 date book (loose leaf and in good condition).

2. Biology books (good as new) 3. Number of attractive postcards at bargain prices, (sold only due to lack of desk room).

A special meeting was held on the evening of April 15, in offices of Kelly Kesset Co. A very interesting and valuable lecture and discussion on X-Ray Diathermy and Quartz Light, etc., was given by Dr. C. I. Groff.

Lost—Sleeker in splendid condition with street car pass in right pocket. In case found—sees "Red" Stuart about reward. Was not at home when he went out of the house.

Peterson did not take the advantage of the excursion this week. He says: "I'm too busy; I'll lay the game with the Atlas Club meetings.

At the meeting on April 15, we heard a very interesting lecture by Dr. Morden as speaker. Information concerning the past and present policy of the Polyclinic was of great interest.

A thrill that comes once in a lifetime was experienced when the elevator in which the entire membership of our organization was crowded accidentally but hastily slipped downward and stuck between the first floor and the basement, making it necessary for us to exit via the base ment door leading to the alley.

We expect to hear Dr. Samuel Morphin of the Fink-Eaton Co., Lecturer, Ill., talk on the products of his company's organization.

We regret the recent illness of Parkinson and Sonnets and trust that they will be able to be with us at the future meetings.

Our next regular meeting will be held on April 29 at the Y. W. C. A. We will be glad to have any of the graduate members of our organization who are contemplating on attending the National Convention in June, so feel free to write us and make your wishes known.

How To Distinguish
"What is the difference between ammonia and pneumonia?"

"Search me."

"Why, ammonia comes in bottles and pneumonia comes in chests."

Iota Tau Sigma has got a large interest in his professional work and we think we know why. Being closely allied with a "saint" sister of our house he has to be well informed. In fact, we think he is in love, Bring her up, Nick, and let us meet her.

Now about the big time this summer ALUMNI! ALUMNI! Last call! Write in and make your reservations for the Convention! Several of the boys can not be here at all and others see it necessary to return home and come back, but it depends upon how many plan to attend and stay at the house as to the number of us to stay and make final arrangements. You know the streets and number of active people you'd see and we'll be seeing you.

The Sigma Chi Omega holds the last regular meeting at the Polyclinic Hospital on the evening of April 15. A much enjoyed meeting was held in the library room, with Bro. Morden as speaker. Information concerning the past and present policy of the Polyclinic was of great interest.

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C. D. Parry

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Friendship
"Who cares for the burden, who will help the fallen, and the roar of the waves?"

And the long, steep, lonesome road,

At last through the darkness a light shines plain.

And when a voice calls 'Hail' and a friend draws near,

With an arm for the stubborn load?

"For life is the chance of a friend or two."

This side of the journey's goal,

Though the world be a desert the long night through,

Yet the gay flowers bloom and the sky shows blue.

When a soul salutes a soul."

**The Log Book**
Are You Driving To The Convention?

Arrangements have been made with the Beattie Garage located at Ninth and Mulberry streets, just one block from the Hotel Fort Des Moines and the Beattie Parking Station just across the street from the Hotel Fort Des Moines, for reduced rates for those attending the convention.

The Beattie Garage is a three-story fire proof building and can render any service you may desire.

The Beattie Parking Station will have a man on duty day and night and can accommodate one hundred cars. You can have your car washed, greased, oiled, and tire service at the station.

When you drive to Des Moines, go to the Beattie Garage or Parking Station across the street from the Hotel Fort Des Moines and tell them that you are an Osteopathic Physician and you will receive reduced rates for the week of the F. G. Course at the College and in the week of the A. O. A. Convention.

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"The Best Prescription"

Wilfred J. Nowlin, B. S., M. D.

The question as to what the best prescription is, would depend upon the individual and every man would have a different opinion. Probably the right answer would be to right. However think that the one I'll give is the best one for you.

This subject is one which you will hear all during the four years in school and we all laugh and get our just due field, when our first case comes to the offices and we are baffled as to treatment or diagnosis. 

Black at the board that this or that instructor had given us in class when we had said: "Oh, well, I can get this when I get out."

Always remember that there are always some good qualities in every man and even if you disagree part of the time, remember this is a free world and we have a right to think as we please, but we must learn to believe a man if he has been proven wrong. Just because a man does not believe as you do, they are not always right. Some old-fashioned doctors have as good a right to his opinion as you yours and in fact he probably has had more experience than you.

Every man who enrols at Still College is here for one purpose. He is preparing himself for his life work and he must cram in the four years in all knowledge that prepares him to start out in the field. Then what should he spend most of his time, in school, working for his living or in his efforts trying to make the society column of the Des Moines Register and Tribune? By far the most should be spent at school or working on the books. No, do not believe that one should be a book worm for they are going, "Oh, no play makes Jack a dull boy." The same applies very much while in school. Would anyone sit down and figure out what percentage of your time is spent for different activities. You are not a man who would not like to see the Osteopathic Schools put on the same basis with that of the Medical Schools of the country and it will never become so if the students do not co-operate with the School Officials and attempt to master the "Art of Studying."

Which is best for the instructor in a course to give the a b c's of a certain course in complete form for the student so he will have to do any collateral reading or for the instructor to depend upon the student to get the elementary work and he attempt to organize the student to clear up the difficult parts of the subject and give his own interpretation of it. It is utterly impossible for any instructor to teach all the facts stated and then select what you think best.

All that you've done for me,
E'en thought it be in a small way,
Oh, that I might but repay,
Wonderful woman, Mother.

Mother, whose love for you
Mother, the one who understands,
Wonderful woman, Mother.

Mother who cares for you when you're a babe,
Mother whose love for you never dies,
Mother, who'd give her life yours to save,
Wonderful woman, Mother.

May God bless you, and may you see
Your son the man you want him to be.

-Lydean White

Band Plays At A. I. B.

The D. M. S. C. O. Band visited the American Institute of Business of Des Moines, Friday morning and entertained the students at their assembly with some splendid organization that he has developed. The band was received with much applause and played splendidly. The students of Des Moines Still College enjoy every Friday.

Dr. H. V. Halladay received arrangement for the students to do any collateral reading or for the instructor to depend upon the student to get the elementary work and he attempt to organize the student to clear up the difficult parts of the subject and give his own interpretation of it. It is utterly impossible for any instructor to teach all the facts stated and then select what you think best.

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Mother whose love for you never dies,
Mother, who'd give her life yours to save,
Wonderful woman, Mother.

May God bless you, and may you see
Your son the man you want him to be.

-Lydean White

A friend is one who walks in the rest of the world walks out.

Give so much time to the improvement of yourself that you have no time to criticize others.

- Daniel Webster
Welcome to A.O.A.

Iota Tau Sigma fraternity extends a most sincere welcome to every member of the profession and to their friends during their visit in Des Moines at the A. O. A. Convention in June.

**Members**


**Activities**


Those on the Stillonian Staff are: R. F. Herrick and R. B. Kale.


The members of the Basketball team are: R. R. Lang, G. E. DuBois, J. N. Gill, and L. Sparks.

The I. T. S. men who are members of Sigma Sigma Phi are: P. J. Gephart, R. B. Kale, R. R. Lang, and H. H. Cudden.

Laboratory Assistant—H. H. Cook.

Editor of Log Book—R. B. Kale.

**Members and Pledges**

**Seniors**
Pre-Convention Course At D.M.S.C.O.

Post-Grad. Work Starts June 10th

Capable colleagues collaborating conduct compact concise condensed collegiate course.

Read the program below and if you can find a more valuable review course offered anywhere in the United States you should go there instead of here. We invite comparison. Every speaker is an authority. Every subject an interesting one. No lost time. It is really too much to give in one week but it is just what many of the profession have asked for and we are anxious to know your response to our plans. Be at D. M. S. C. O. the morning of June 10th at 8 o'clock and don't miss a single lecture. If you do we will all be sorry. There will be no charge. Your presence here will be sufficient evidence of your interest in our work.

Monday, June 10th

8:00—The Normal Pelvis—R. H. Bachman.
8:45—Applied Anatomy of the Head—H. V. Halladay.
9:20—Physiology and Diseases of Cranial Nerves—C. W. Johnson.
11:00—Minor Surgery—J. P. Schwartz.
2:00—Urine Analysis—Bryon Cash.
2:45—Cervical Technic—Della B. Caldwell.
3:00—Clinics.
5:00—Pediatrics—Mary Golden.

Tuesday, June 11th

8:00—Pernicious Vomiting of Pregnancy—R. H. Bachman.
8:45—Applied Anatomy of the Neck—H. V. Halladay.
9:30—Differential Diagnosis of Paralysis—C. W. Johnson.
11:00—Peptic Ulcer—J. P. Schwartz.
1:15—The Nose—C. C. Reid.
2:00—Blood Counting—Byron Cash.
2:45—Surgical and Hist Technic—M. E. Bachman.
3:00—Clinics.
8:00—History—C. F. Spring.

Dissection Starts Again

Our Prexy

Dr. C. W. Johnson

Dr. H. Virgil started his class in Dissection, or Anatomical Laboratory at 3:00 p.m. Monday, May 13. This is the regular class in summer dissection, but in order to have the bodies in good shape for demonstration purposes for the National Convention, it has been started early. Eight cadavers were laid out, this giving 64 would-be anatomists the opportunity to take their turns dissecting on uppers or lower parts, as the case may be.

Dr. Halladay's Dissection Class is one of the most important divisions of the curriculum of Still College. Practical demonstrations and practical lectures are the rule and a student who pays even half attention is bound to get a wealth of good from the standpoint of practical Anatomy.

Osteopathic Women Members of D. A. R.

All women-physicians and physicians who will be in Des Moines for the Convention and who are members of the D. A. R. please send your names immediately to Mrs. J. K. Johnson, Sr., of Jefferson, Iowa.

She is planning a get together time for you, Love will be a delightful hostess and with your unity of interest a most enjoyable time is in store for you.

Daughters of the American Revolution and Osteopathy make a mighty strong combination.

Seniors' Annual Affairs

Beginning May 9 affairs were held marking the close of the college year at D. M. S. C. O.

Forty-nine seniors will receive their diplomas May 24 and preliminary to this ceremony the various clubs and fraternities are holding their senior banquets and farewell parties.

Friday was designated as Stillonian day. The assembly was given over to the seniors who hold their class day exercises. The afternoon was devoted to the championship baseball game between the Atlas Club and Non-Fraternity organizations at which time the trophies won by the fraternity were presented.

The senior banquet, which is given to the class by the board of trustees will be held May 17 and will close the active work of this class in the college. Final examinations will precede the graduation day, May 24.

Eleven members will intern this coming year, this establishing a practice in the state of Iowa. The remaining members will scatter over the country.

The closing of the college will mark the exodus of the entire student body. About sixty students will remain in the city for special work at the college this summer and to attend the meeting of the National American Osteopathic convention starting June 17.

Senior and Stillonian Day Combined

The assembly was opened with the D. M. S. C. O. band playing the Stillonian Day March followed by another delightful number. Following the two preceding numbers Raymond Kale took charge of the assembly in behalf of the Graduating Senior Class.

Dr. McCutcheon presented to the school a book entitled "The Flag," which is being sponsored by the Argonne Post of American Legion No. 60. Preceding the presentation the Doctor brought forth many interesting and important factors about the flag and the wonderful work the American Legion is accomplishing in its attempt to broaden the minds of all attending schools in this particular locality.

Dr. C. W. Johnson accepted the book on behalf of the student body and faculty. It will be of great interest to many with the appreciation from all; the American Legion is congratulated for their wonderful work by D. M. S. C. O.

Coach Frank Sutton was greeted with a hearty applause from the student body whom he was called to the platform to award football and basketball letters to the following men:

(Continued on page 3)

Osteopathic Women Members B. P. W. Club

At the last meeting of the Des Moines Business and Professional Women's Club it was voted to invite all women, Osteopathic Physicians, to be the guests of the Des Moines Business and Professional Women's Club, Thursday, June 20.

There is an opportunity to meet a mighty fine type of Des Moines business women but this is not the only thing, it will be a fine thing for them to meet such a high type of professional women.

All B. P. W. members coming to the convention send me their names immediately so that proper arrangements may be made to entertain you. Thanking you in advance for taking advantage of this opportunity and sending in your names promptly.

Della B. Caldwell,
Chair, Women's Organization.
ATLAS CLUB
J. P. Campbell

The Atlas Club experienced the thrill that comes once in a while to plan to attend the annual senior banquet. The assembly of May 3 being scheduled to close the regular season, the last meeting of the year was held on April 29 at the Y. W. C. A. in the usual manner and the students left the hall with the importance of positive identification impressed upon their minds.

As You Think

If you think you are outclassed, think again. If you think you dare not, you are right.

If you think you'll lose, you've lost. For out in the world we find success begins with a fellow's will.

It is all in the state of mind.

If you think you are outnumbered, think again. If you think you dare not, you don't.

If you think you'd like to win, but think you can't, it's almost certain you won't.

If you think you'll lose, you've lost. For out in the world we find success begins with a fellow's will.

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The Log Book

The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY

President---------C. W. Johnson
Faculty Adviser---H. V. Halladay
Editor-----------R. B. Kale

Osteopathy Without Limitation

Editor's Farewell

The final entry has been made—the ship has run its course and it is with a deep regret that the editor closes another journey over life’s sea. It has been a source of joy to keep the “log-gings” and to record them in the school paper for the students, the profession and their friends.

The Log Book and its paper over to the new Editor, La Verne Utterback, who will record its journey for another year I do so knowing that he will continue and direct his energies and thoughts to a furthering of that which will build a better paper, a finer school and a greater profession.

Time alone will tell but it is in my earnest hope that some day will find a new work to contribute to Osteopathy and do what I may to build a science that will abreast the finest and highest ideals of its founder, Dr. A. T. Still.

So with this issue I bid a farewell to all who have helped and who have so faithfully aided, especially Dr. H. V. Halladay, the faculty advisor who so generously gave of his time and advice.

Now I turn to the new editor and bid him God speed.

R. B. KALE.

Our Ideas and Arts

In every act of ours, in every feeling and every thought, we are conscious of a self which expresses its aims and meanings, every idea of ours is tied up with every violation and every experience means meaning by our attitudes. The most immediate task which life demands from us in the understanding of ourselves and of others is, therefore, to interpret our ideas, to draw the consequences of our will, to appreciate the attitudes, to measure them by higher standards.

Forget the mistakes of the past and press on to greater achievements in the future.—Daniel Webster.

Virtue is its own reward. There’s pleasure in doing good which sufficiently pays itself.—Vanburch.

Pity is the right performance of a common duty, as well as the experience of a special moral emotion.—Henry Ward Beecher.

Life is not a goblet to be drained; it is a measure to be filled.—A. T. Hadley.

Post-Grad. Work Starts June 10th

(Continued from page 1)

Wednesday, June 12th

8:00—Relaxitic Toxicemia—R. B. Bachman.
8:45—Applied Anatomy of the Thorax—H. V. Halladay.
9:30—Occupational Neuroses—C. W. Johnson.
11:00—The Prostate—J. P. Schwartz.
1:15—The Eye—T. J. Ruddy.
2:00—Blood Chemistry—Byron Cash.
2:45—Lumbar Technic—J. M. Schwart.
3:30—Clinics.
8:00—Comparative Therapeutics—W. J. Nowlin.
9:00—Artertions—R. B. Bachman.
8:45—Applied Anatomy of the Abdomen—H. V. Halladay.
9:30—Infantile Cerebral Palsies—C. V. Johnson.
11:00—The Right Side of the Abdomen—J. P. Schwartz.
1:15—Deaf Mutes—J. D. Edmonds.
2:00—Basal Metabolism—Byron Cash.
2:45—Pelvic Technic—R. B. Bachman.
3:30—Clinics.
8:00—Praetures—J. P. Schwartz.
Friday, June 14th

8:00—Forceps—R. B. Bachman.
8:45—Applied Anatomy of the Pelvis—H. V. Halladay.
9:30—Diseases of Peripheral Nerves—C. W. Johnson.
1:15—Uterine Torsion—J. P. Schwartz.
1:45—Cataractous Deafness—W. V. Goodfellow.
2:00—Urinary Diagnosis—Byron Cash.
2:45—Foot Technic—C. I. Groff.
3:00—Clinics.
8:00—The Endocnus and the Osteopath—AVA John- son.
Saturday, June 15th

11:00—Urineal Calculus—J. F. Vanburch.
1:15—The Throat—L. S. Larkin.
2:00—Lumbar Diagnosis—Byron Cash.
2:45—Treatment of Athletes—H. V. Halladay.
3:00—Clinics.

Penn State Board

The Pennsylvania State Board of Osteopathic Examiners will hold their next examination June 19th and 20th in the City Hall, with supplementary examination rooms, City Hall, Philadelphia, Pa.

From the Field

We again call the attention to all members of the graduating class in regard to the practice of Dr. Chas. F. Fraser at Escondido, Calif., 225 E. Indiana Ave. Due to old age Dr. Fraser wishes to dispose of his practice. Anyone interested write the doctor at the above address.

Dr. Ralph E. Davis of Milwaukee, Wis., informs us of the Wisconsin Osteopathic Association coming convention to be held May 29, 30, 31 at Hotel Lorraine in Madison, Wis. The following will be the program of the Convention and Clinics.

Diagnostic Clinic—Dr. A. D. Becker, director.
Opens May 29, 8:00 a.m., closing May 30, 3:00 p.m.
Staff: History Taking—Dr. R. E. Davis, W. G. Rastede.
Physical Diagnosis—Dr. W. B. Truax, G. P. O'Leary.
Urinalysis—Dr. R. E. Gordon, Ear, Nose, Throat—Dr. A. J. Logan.
Genito-urinary and Blood Pressure—Dr. E. C. Bond.
Heart and Lungs and Mental & Nervous—Dr. A. D. Becker.
Skeletal Exam. and Dental Exam.—Dr. J. J. McCormack.

Humanvile, Mo.
Box 164
I have a good practice and office furniture for sale—quitting practice. This is the liveliest town of the Ozarks, (Mo.) with a large territory to draw from.

Dr. E. C. Bond.

Contract has just been let for a $65,000 Community House and the construction of a seventy-five bed modern hospital already started and this will be open to Osteopaths.

Full particulars given to any interested person.

Who's Who

Dr. H. D. Hutt has been appointed Health Officer, Holly Township, Holly, Michigan.

So far as we are able to ascertain this is a precedent in the state of Michigan, as we can find no other case on record of other Osteopathic Physicians holding office to date in this state.

Senior and Stillonian Day Combined

(Continued from page 1)

Basketball, Capt. Davis, Hyink, Wynne, Benz, Dubois, Lang and Jackson. The following were awarded with football letters: Dorabush, Dalrymple, Sittmattner, Gil, Iff, McWethy, Ed Swartsbaugh, Lindblom, Reynolds, MacDonald, Cronen, Spener, Eggleson, Hyink, Jagnorm, Lang, Lee, Lotfman. Coach Sutton thanked the boys for their co-operation, clean sportsmanship and constant fight while in the games.

Judd Koch played a delightful xylophone number being accompanied by Doc. Ellis on our "Quite Clyde Hyink" of the freshman class. How about it Clyde?

The band again rendered a march, "The Old Time Tropic," which recalls to Dr. Halladay events of his youthful days when he helped entire families away from home to satisfy the begging of all the young children to see the Big Dog Show. Virge claims this piece reduces the gray hairs in his head every time it is played because of its fond recollections, we all hope when the time comes we can have the same delight of thinking of our youthful days as the doctor does.

Miss Dorothy Carrier sang several solo songs in a very delightful manner. Miss Cathryn Carrier accompanied her at the piano.

Nell Holton, president of the Senior class, presented the school with a beautiful plate of silver in behalf of the Senior Class and the student body assures every member of the graduating class that it will hold a prominent place in the school and always remind them of the outstanding class of the school, Class of 1928.

Announcements were made concerning the baseball game to be held Saturday and the dance to be held at the Hotel Commodore that evening to conclude the day.

Following the program the Stillonians were distributed to the students and praise from all goes to the entire staff for their wonderful year book of D. M. S. C. O. The assembly closed with the school song and on graduation night the high for the coming school year to be as successful as the one of 1923-29.

Good luck is the product of working—not wishing—Uncle Philipander.

---
Welcome to A.O.A.

Phi Sigma Gamma cordially welcomes to Des Moines the National Convention of the A. O. A. in June. It will be our pleasure to have you visit our home at that time.

Members


Activities


Men on the basketball team are: R. E. Jagnow, F. W. Shaffer.

Men on the football team are: R. N. Stritmatter, G. A. Lothius, F. W. Shaffer, R. E. Jagnow, W. J. Brace.


Asst. O. B. Clinician: H. H. Jennings.

Asst. General Clinician: C. C. Auseon.

Cheer Leader: C. A. Reeves.

Seniors
The A. O. A. Convention

Reservations

Be sure that by this time you have made up your mind. Most of the real good rooms are gone but there are still a few left. Don't be one of those that go to but there are still a few left.

The Program

The program plan is unique and you will enjoy it. From the very start it will be a big circus for you. Look it over carefully in the June issue of the Journal and notice the carefully planned arrangement of the sectional work and the general program. Dr. Chet Morris is setting a precedent in program arrangement which already has brought out much favorable comment from the field.

Entertainment

Monday you will attend the reception and dance in honor of the president. This to be held in the Grand Ball room of the Hotel Fort Des Moines and with the entertainment features added will start your recreational period with the proper tone.

Tuesday evening will be Vaudville Night. A variety show is scheduled that will please all. This is to be held in the Grand Ball Room of the hotel.

Wednesday is a gala day for recreation. In the afternoon if you wish to cut the program you may follow the A. O. A. golfers around the course. Or, if you are not so interested in golf the local baseball club has recognized the meeting and is making a remarkable offer to those who like a good game of ball. Des Moines will be playing Wichita, Kan., that day. We do not know whether the staff of the Des Moines General Hospital will be pitted against the staff of the Southwestern Osteopathic Sanatorium, but if they had better be on the field to take care of the battery if for no other reason. The local management has made a special rate for the Osteopaths that day and you are asked to bring your whole family. It is very likely that the band of the college will furnish music for the occasion. Wednesday night is given over to the various sororities, fraternities, etc., for their reunions, or if you are free there is a number of good shows for your entertainment.

(Continued on page 3)

GREETINGS FROM IOWA'S CAPITAL CITY

The City of Des Moines eagerly awaits the coming of the Osteopathic Profession from everywhere.

For several years we have looked forward to the opportunity of hosting this great school of healing—

NOW YOU ARE COMING AND WE ARE READY.

A wonderful program has been prepared, seasoned with delightful entertaining features. Your problem will be to find time enough to partake of all the good things that await you.

The gates of our city, whose hospitality has become a tradition, are open wide and we bid you—

COME IN.

G. HAMILTON, Secretary-Manager Convention Bureau.

Summer Clinic

The clinic for the year 1929 opened May 27th with a large enrollment who remained at the college for special summer clinic and its advantages in the different cases that come before the summer session. There is a great variety of cases on each clinic day including both acute and chronic. A record of the progress of the case will be kept by the student and will add greatly to his interest in the case.

This promises to be one of the largest in the number of cases, variety and treatments given of any summer clinic in the history of Des Moines Still College.

Assistant Clinician, for summer, Myron Monger.

Commemoration Exercises

The commemoration exercises for the class of 1929 was held May 24th, at the Hoyt Sherman Auditorium. The degree of Osteopathy was conferred upon forty-nine young men and women.

The program started with the procession along with forty-nine members of the senior class of the Des Moines Still College marched to the platform of the Hoyt Sherman Place. The hall, well filled with parents and friends, was very quiet until that moment when all were assembled and then a great applause broke forth. The invocation by Rev. Robert L. Vance was followed by two delightful vocal solos by Mr. L. Tom Weatherwax.

The address for this occasion was given by Judge F. F. Fialville of the Supreme Court of Iowa. During his address he maintained that a doctor must keep himself secure from commercial ambitions of life and avoid professional capitalization. Continuing he stated that every doctor should have a philosophy of life that he may instill all that is wholesome in his patients to fight disease, that he needs to be a man who has a religion and knows the spiritual life so that he has a deeper and more thorough understanding of mankind.

For a doctor, a doctor can not

(Continued on page 3)

Still College P. G. Course

Beginning at 8:00 a.m. the morning of June 10th you have the opportunity of attending the most valuable consecutive review course offered the profession. Look over the program again in the last issue of the Log Book and in the current issue of the Journal and compare with others. We are not spreading it out over two weeks and expecting you to take a month off from your work to attend this course and the meeting of the association but have stressed those things that will be of most value to you in your practice and activities.

COME IN.

G. HAMILTON, Secretary-Manager Convention Bureau.

Outstanding Doctors To Address Convention

Physicians from all parts of the United States, Canada, England, Scotland, France, Porto Rico, Hawaii, and other lands are expected to attend the Thirty-third annual international convention of the American Osteopathic Association, Des Moines.

Among the speakers are Dr. Elmer T. Pheils of Birmingham, England; Dr. J. J. Dunning, London, England, and Dr. Katherine Lynch, Paris.

Dr. D. L. Clark, Denver, Colo., president of the association, in his presidential address June 17, will review the progress of the profession during the past few years and suggest a program for expanding the efforts and facilities of the osteopathic profession.

One of the most important topics for discussion is the plan for recognition by the A. O. A. Osteopathic
Pan-hellenic Assembly

The assembly May 17 was in charge of the Panhellenic Council and Burns Scott president of the Council, presenting the award to the winning team. The award, a ball cup to the Non-Frats, was followed by Mr. Schwartz, who presented the award to the winning team. The ceremony was held in the College Auditorium. The resume of the school year was given by Dr. Schwartz and showed the excellent leadership and interest in the school. The faculty and students were over-looked, but we again acknowledged the outstanding work of the student body. The future years will exceed the past which were above the standards of any school at that time. The influence of the student body was exemplified again and urged to bring back worthy graduates of the profession and enlighten all who have interest in Osteopathy, the Superior science of healing.

The band concluded the final assembly of this school year in the usual manner with the school song and all members present. It is possible for the convention will be appreciated by Dr. Halladay, so he can have a big turn-out to show one reason why the college is so active and progress unlimited.

Visitors

We take great pleasure in having you visit us during the last few days of this school year and for the graduation exercises of their sons, daughters or friends the following senior awards for their service and proficiency were presented to Frank D. Dornbusch for service and to Harold H. Jennings for service and to Harold H. Jennings and John F. Martin in the Anatomy department. The band again furnished several popular numbers, and the Saxophone Sextette on one of the favorites. The resume of the school year was given certificates for work in Clinic: Mrs. Grace Nazerene, Frederick St. John, Gladys Co., and William Edmond, for service as Clinician, Charles Auseon received the certificate for service and proficiency in the Department of Osteotics. The two men were to be congratulated for their work and we know they will continue on in the field as they have in the college to further Osteopathic institution and the influence of the student body has won the distinction that the D.M.S. degree is always the paramount school of Osteopathy and offers all that was in the past and many additions in the future. The student body was encouraged to bring back new students and enlighten every one on the profession as a whole.

The band again furnished several splendid numbers, also featuring Jud Koch on the xylophone.

Dr. Frank Dornbusch was next on the program and presented the band with a check for $100. The colored numbers, featuring the Saxophone Sextette on one of the favorites.

Dr. J. P. Schwartz was next on the program and presented the following senior awards for their service to the school and the profession. The following senior awards for their service to the school and the profession were presented to Frank D. Dornbusch for service and to Harold H. Jennings and John F. Martin in the Anatomy department. The band again furnished several popular numbers, and the Saxophone Sextette on one of the favorites.

Dr. J. P. Schwartz, the dean of the college, brought forth the important subject of "What the School Expects of Every Graduating Member," and we can assure all that every member of the Class of 1935 will fulfill the expectations to the highest standards ever required of any physical therapist. The future of the senior class, gave the response in behalf of the graduating members and assured all attending the banquet that they can expect outstanding work from every member of this class.

Following the address Dr. Woods turned the rest of the program to Dr. C. W. Johnson, president of the college, who closed the gorgeous banquet and memorial evening with concise, forceful and impressive thoughts on every member's mind who is now leaving the college to take up the wonderful and successful future that awaits their arrival.

 Bernie, the Non-Frats being the best at the National Convention, the following senior awards for their service and proficiency were presented to Frank D. Dornbusch for service and to Harold H. Jennings and John F. Martin in the Anatomy department. The band again furnished several popular numbers, and the Saxophone Sextette on one of the favorites.

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THE A. O. A. Convention

(Continued from page 1)

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The Log Book

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dance. This is to be given in the
Shrine Temple and you will be
surprised to find that the banquet
will be entertained in the Shrine
Auditorium. You will be struck at
the beauty of this room and will
follows the hour of entertain-
ment or you may play cards, bowl,
play billiards or just sit around in
the easy chairs and feel glad that
you are here.

Friday night we all cut loose
and go to Riverpark. The manage-
ment is making a special reduc-
tion for entrance into the shows
and you will want to stay over
and relax after a strenuous week
of work.

A special feature of the enter-
tainment program will be given
Thursday night. In the past we
have found that some of the par-
ticipants, young or old, are very
interested in dance. We have
made a special provision for this
event and will stage a dance.

The Juniors will meet at the
same time as the Seniors and
will attend a dinner provided
by the Junior group on that of the
older group but not quite as
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During and following the din-
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well taken care of.

One of the largest windows in
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tures of our Osteopathic insti-
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The arrangements at the Fort
Des Moines Hotel are as near
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tinuation and section work and will
then follow on over to the lobby.
Colors only and the conven-
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The Shrine Temple is the
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Registration will be systemat-
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The local committee an-

Osteopathy Without Limitation

Appreciation

It is my pleasure to express
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K. R. Kale, the past editor, who
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It is my purpose to uphold
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L. A. UTTERBACK

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Commencement

Exercises

(Continued from page 1)

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Osteopaths As General Practitioners

The medical journals and even the lay press have had much to say, of late, regarding the shortage of osteopaths in various districts. In Dr. Cutter's and Dr. Haseltine's articles, last month, they warn of how the country should be informed of the conditions so that he may govern himself accordingly.

In various places and at various times the statement has been made that, in the smaller communities, the regular physicans are being replaced by osteopaths, who do not consider it their function to deal with men and minister to the ordinary, every-day ailments of ordinary, every-day people who are willing to let the ultramontane call the "minors." Now these gentlemen are openly laying claim to this field. In a recent bit of osteopathic literature, we find the following statement:

"The medical 'country doctor' is rapidly disappearing. The osteopathic graduate is taking his place. Osteopathic students are trained for that type of work; they see the opportunities awaiting them in the smaller communities and are taking advantage of the situation. We feel justified in boasting that the osteopathic physician is the general practitioner of the future." Strong words, and full of food for thought!

Let us see what justification there is for such broad claims.

The osteopath is licensed by law to practice in every state in the Union. Twenty-eight states have osteopathic boards; and in 21 of these boards are examined by boards whose members are all osteopaths, or predominately medical men.

Thirty states permit osteopathic graduates to operate under the subsidiary police board, and the various state legislature have taken special steps to provide for the practice of osteopathy in the larger states, as a distinct and primary profession.

It is stated that there are, at present, 6,750 practicing osteopaths in the country, and that the universities are turning out more of them every year. The number of osteopaths is not the question. Those who are interested in the subject are all agreed that the larger number of them are the spokesmen of public opinion—because we are too blind or complacent or just plain lazy to tell our side of the story.

Just at the present time we are not going to take sides on this matter—not overly, at least. We are just going to put the facts before you for your consideration.

Does it look to you as though the claims to the general practice of the future were going to be realized? Are we willing to have it realized? Are we prepared—we medical men—to surrender our position as family physicians to the American people? If so, it looks as though we have only to continue our attitude of unreasoning and all-too-frequent petty jealousies and misunderstanding and watch things happen.

If, on the other hand, we are not satisfied with present trends and tendencies, it behooves us to remember the remark which Benjamin Franklin made to John Adams: "I do not sign the Declaration of Independence, "We must all hang together or assuredly, we will all hang separately."

There are 150,000 of us. If we exhibit only one-tenth the efficiency and purpose, soundness and persistence shown by our osteopathic brethren we ought to be able to accomplish twice as much as they.

Your conferences in your own towns with the first man you meet up with, then the County Medical Society (which ought to be a greater force in the country than the State Society—but why go on? Verbum Sap!—Clinical Medicine.

A Hint To Obstetricians

All ye who wisdom's course peruse; She held of Dr. Brown, Who pellets grand with lavish hand Disapproved of the town.

No winds, nor rain, nor gloom of night Were bar to his appointments; For miles he'd go through driving How to ply his lance and ointments.

Now in this town a matron lived (To see this ballad through) Who had more chills, and aches and ills Than she knew what to do with.

She called the DR. twice a day To treat some fresh disorder; Oh endless grind! to try and find The germs that got abroad her.

But virtue was her middle name Unselves her banner. No matter what her drivery lot The doctor malled his monthly bills To pay his daily hire; And then with nice self sacrifice Tossed them on in the fire.

It chanced one day a stranger came A-seeking sanctuary— The Non-frats disposed of the Dr. in clown had written her down In his itinerary.

On Dr. Brown the task developed To handle her confinement. If I'm not quick, she'll want this chick Delivered on consignment!"

"Oh Doctor, is my baby marked?"

The mysterious Ma inquired, "Or has he got some beauty spot By cosmic thought inspired?"

At that the doctor's color rose— His thoughts disposed of his fee. "You bet!" he barked, "the infant's marked: HE'S LABELED C. O. D."

Therapeutic Use of Ultra-Violet Light

(An abstract of a paper by Dr. Willard H. Dunham, of the Northeastern Section of American Chemical Society).

The new glass almost completely cuts out all the beneficial rays and exposure out-of-doors is a must. The question most cases because of the cold. Mercury arc and carbon are not available. In favorable success to provide the curative rays. The exact effect of the different wave-lengths is not known. The wave-lengths of the carbon rays are that wave-lengths shorter than 302 millioncrons are those of antirachitic value. It is believed that the light used for the treatment should approach as closely as possible that of natural sunlight and for this reason the carbon is favored over the mercury, which is lamp for future research. We are also informed that the sun's rays in Boston in the winter months contain sufficient ultraviolet rays for this purpose. If windows of quartz or Corning glass G980 are used for their ultraviolet rays, this light has also been tried but the results are inconclusive. Recently a house was brought to a close of the hospital, and a large window of "Colloglass," a composition material which has a transmission of about 30 per cent of the ultra-violet, installed so as to receive the maximum sunlight. The room was then compared with the smaller factory and the slides showed that the light from the window passed through to give the children a decided coat of tan.

Cod liver oil has been found to have a decided antirachitic value and several cases are treated by light and cod liver oil. It is recommended that cod liver oil be used in moderate quantities during the winter months as a preventive measure.

The efficiency of the light as a curative agent has been studied by X-rays of the blood of phosphorus and calcium content and clinical observation. All methods confirm the value of the ray for control experiments and tests have been made on rats and the results agree in all cases with those on children.

In the discussion of Dr. William's paper it was brought out that the most plausible theory is that cholesterol present in the skin is affected by ultraviolet radiation and this activated material is carried by the blood to the various parts of the body. As a proof of this, experiments have been performed showing that irradiated food materials containing cholesterol and phosphorus will cure rickets whereas the untreated products will not.

Dr. Wyman's opinion that much work must be done before we can say that ultraviolet light is an important therapeutic agent for other diseases.

Contempt is a kind of gangrene which, if it seizes one part gets the rest by degrees. —Dr. Johnson.
Resume Of College Year

Nearly two years have passed since the college moved into the new building. We are so firmly entrenched now that it seems years since we were out on Locust street. Since we heard the creak of the old wooden floor and smelt the stench from the basement after a heavy rain. Only one factor in making our move possible was an endowment plan offered by the Royal Union Life Insurance Co. of Des Moines. To date many friends and others of the profession have taken advantage of this most generous policy and have believed more would do so if they could be brought into closer contact with the Royal Union and the Still College. It is to be hoped that those who will attend the convention will take advantage of the opportunity offered by the Royal Union and get first hand information in regard to this generous offer and the great opportunity the college has. The affiliation of the college with the Royal Union is mutually beneficial. It protects your family and at the same time aids in more firmly establishing a most deserving college. When you add strength to any of your colleges you are gaining strength for the perpetuity of your profession. If you have not done anything in this line it is in your duty and should be your duty to do so. Your contribution should be spread over a period of twenty years and is incorporated in your annual premium payment which in the group plan is reduced to the minimum and you are given every advantage. Learn more about this policy before you invest in life insurance.

The New Healing

Last year we were informed that a book was being written in England, based on the development, growth, trials and experiences of Osteopathy. We have just read this book and feel that it comes at an opportune time from an opportune source. Dr. Streeter, known in England as Mr. Wilfrid A. Streeter, has written a most readable text. It is a common book and this type interesting. It is intended, of course to be instructive and useful in that personal touch makes it rise above other books of its kind. The price is $7.6 and it is now handled by Meheun and Co. Ltd. When ever offered for sale in this country you should have one in your office in hand. Then pass it on with pride to your patients.
**ATLAS CLUB**

**J. K. WARD**

The time for convention is almost here, and this is our last opportunity to extend to Atlas brothers everywhere a whole-hearted fraternal welcome. To those of you who are still a bit skeptical or undecided whether to come to the convention or not, we give a special invitation and urge. There is no doubt whatever that this convention will be by far the best and biggest ever staged in the country. You will not only be missing a wonderful time, but you will be passing up a real opportunity by not coming. If you have your hotel reservations made, we will be happy to help you arrange for your accommodation if you do so desire and we have ample garage room for cars. So let's go—for "all is fair weather when good fellows get together."

Drs. Dornbusch, Musselman, Wright and Nicholsen have tried the Iowa State Board, and from the broad smiles they are exhibiting, we see to be no doubt as to the outcome.

Letters have been received from Harry Taylor, Ken Moore and Jack C. Campbell telling us of their safe arrival home. That's the real fraternal spirit and we are looking forward to letters from the rest of the boys.

Ole Nicholsen has entered the charmed circle of martial bliss and Jupe Wright is on one foot in with the other on a banana peel. We wish them all kinds of luck and happiness.

**IOTA TAU SIGMA**

**H. H. Cook**

As a final urge and invitation to Beta’s Alumnae, we again remind you that your home during convention time, is the ITS House, located at 612 Seventeenth street. It is easily reached by taking the University street car from the downtown district—and getting off at Seventeenth and Woodland avenue. From there, walk one block north, and you will find it.

We would appreciate a line from you, letting us know when, and at which station you will come into, if you travel by rail. Scandal about the house has been greatly decreased since most of the cars have returned to their distant homes, but nevertheless, there still are a few things that need explaining.

Why does Brother Peterson, who is timekeeper at the Hotel Fort Des Moines, work overtime so much?

How did Brother Hewlett lose eight pounds of "excess baggage" in one week?

**Fraternity Notes**

**ERATO CRUSADE**

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Why does Brother Peterson, who is timekeeper at the Hotel Fort Des Moines, work overtime so much?

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On May 14, Pasquale Capaldo, a hod-carrier for a contracting firm in Providence, Rhode Island, fell fifteen feet, landing on his left chest, resulting in a shock to the sympathetic nervous system. Until September 6, the injured man received sixteen dollars per week from the Aetna Life Insurance company, which then acting upon the testimony of three M. D.'s declared that Capaldo was able to resume his work and discontinued payments. Suit was brought against the company. The case was pleaded before Presiding Judge Tanner of the Superior Court. He decided in favor of Capaldo basing his decision upon the testimony of Dr. Richard E.Martindale, K. C. O. S., '88, who declared the injury to be an example of the danger of an injury to the sympathetic nervous system.

You will find that they will join your state and national associations as soon as you graduate. Let us all stand together in solving our problems and meeting opposition.

Sincerely yours,
ASA WILLARD
A. O. A. Legislative Adviser in State Legislation.

**The Still College Athletic Policy**

(Continued from page 1)

The following graduates of the May class of 1929 have received appointments for internships. Fred Dunlap will intern at the South Western Osteopathic Hospital in Wichita, Kan.; Dalrymple, Evans, Dornbusch and Wright received appointments at the Detroit Osteopathic Hospital in Detroit, Mich., and their duties will start July 1. This group of young physicians are to be congratulated because of their work while in school shows a splendid record along with everything else that goes to make a real Osteopathic Physician. It is indeed a pleasure to make this announcement since we can look forward to many achievements which will be accomplished by these new "Doctors."
Thinks Silence Delays Spread of Health Aids

By A. M. SMITH
Detroit (N.A.N.A.) - Detriment to the health of the people is a direct result of the "ethics of profession," as applied to publicity, in the opinion of Henry Ford.

"It is all right for scientifically quack advertising and the legitimate publicity due the public," Mr. Ford said.

"People depend on good doctors and the progress of science for the correction of a thousand ills and accidents. The public has the right to know who can help in a given case, and what doctors, if any, have made real progress in the treatment of specific ailments. Who will tell the public?"

"The doctors of the regular school have made a fetish of professional silence, that purpose, of course, being the prevention of personal exploitation. The reason for this originally was good, and remains so. The purpose was to prevent sensational quackery misleading the people, and to avoid deception of the people by premature or unproved claims of new discoveries."

Publicity Needed

"So far as 'professional ethics' protect the people they are good. But when they are used to prevent the people from getting progress in science and information, 'professional ethics' do not look so good.

"Nearly every day sees some new method of surgery or medical treatment which is an improvement on the old. But the general public hears nothing of it unless a controversy is stirred up about it.

"It is true that marked progress in medical science is promptly reported by regular doctors to their technical journals."

"How shall the public be informed promptly of improved methods of attack on disease, of better methods of prevention of disease? Whose is the responsibility for getting the information across to the public?"

"It seems to me that one of the first duties of the profession is to interpret to the public the progress of science in the medical schools is given to the public, promptly and fully, and in terms the average man can understand."

"Let Folks Know

"If the 'ethics of the profession' of medicine are in any way a barrier to any doctor who has proved a new method of treatment, then let some brave physician tell the good news. Let everybody know that when a certain ill baffles there is one man—at least one—who can do the same thing or may do it better.

"It was by a gossip system of propaganda that I heard a few days ago of a remarkable science in the treatment of a certain disease that I considered uncorrectable. I knew a person who had been a long sufferer from this disease and took the trouble to address of address of the doctor at once."

Publicity Needed

"I contend that the fact that he made this disease that he made this public should have been given to the public immediately. It would have saved much suffering and probably many lives. I have learned that this doctor was of the highest standing in his profession, and had a new method of treatment months before, in the medical journals.

"The company that holds the patents, however, makes no secret of the product—where to get it, how much it will cost, what it will do, etc. The public and the physician rely on this publicity as the avenue by which they can come together.

"In what respect do doctors stand in a different relation to the public?"

"I see none whatever." (Copyright, 1929)

Now we make our debut to the public and doctors of the Osteopathic profession: "If Mr. Ford is such a firm believer in educating the public to the advance- ment of the Science of Healing and the truths in our Medical brethren why doesn't he urge his project to bring to the human race the truths and advance- ment of the Osteopathic profession, that they may know and can de- pend upon real physicians who can offer as much and more than our "Medical Brethren" can ever offer. He should bring truths and advancement of the Principles and truths of the Osteopathic profession in which they can come together.

"The Science of Osteopathy has slowly and steadily advanced to an equal basis with the Medical profession without the aid of slander upon the other allied professions."

Questions Theory That Disease Begins With Irritation

New York — Statistics that show cancer to be on the increase among humanity are "at least open to question," Dr. William J. Mayo of the famous Mayo Clinic at Rochester, Minnesota, argues in an article in the American Journal of Surgery.

Dr. Mayo writes, "show that a great- er number of people are living to reach middle or later age, at which time cancer is more com- mon."

Dr. Mayo's first argument is that cancer is by the result of bad disease acting from within the body, not, as once supposed, the result of an external agency "which enters into the body at the point of least resistance, such as a lesion caused by chronic irri- tation."

There has been too little em- phasis, Dr. Mayo says, on the truth that individuals vary in their susceptibility to the cause or causes of cancer, whatever they may be."

"In no other way," he said, "can we explain why 90 per cent of persons do not have cancerous disease and why 10 per cent of them die from it. It is as logical to accept the hypothesis that the 90 per cent of persons have greater resistance than the 10 per cent, as to attempt to force an explanation of why only 10 of 100 persons come in contact with hypo-theletic cancer agents."

He classifies cancer into four grades, from the mild and least severe form and contends that treatment of severe cases with radium and the X-ray has enabled them to grade one or two cases, which were aneable to operation.

Gay-Wright

The marriage of Miss Dorothy Gay, daughter of Mr. and Mrs. Charles Gay, to Dr. Wright took place at high noon Wednesday at the Central Church of Christ, with the Rev. William B. Mathews officiating.

The ceremony was performed in the presence of a small group of relatives of the couple.

Immediately following the ser- vices a wedding dinner was served at the home of the bride's sister and brother-in-law, Mr. and Mrs. L. R. Abbott, 1010 Thirtieth Street.

The couple are now on their way to Jackson Center, Pa., where they will visit a week at the home of Dr. Wright's parents. They will later motor to Buffalo, N. Y., Niagara Falls and Canada before locating in Detroit, Mich., on July 1. Dr. Wright will begin his intern work at that time at the Detroit Osteopathic Hospital.

Greenhagen-Nickolson

The marriage of Mr. and Mrs. Thomas Greenhagen to Dr. Leon C. Nickolson of the May, 1929 class took place June 3rd, in the Little Brown Church at Nashua, Iowa.

Bartolomei-Harmon

Mr. and Mrs. Frank Harmon, 506 Olinda Avenue, announce the marriage of their daughter Tere- sla to Karl S. Harmon, son of Dr. and Mrs. A. T. Harmon of Springvile, Maine. The wedding took place at Adel, May 10th. Mr. Harmon is a Senior student of Still College.

Best wishes and success are ex- tended to these young couples throughout life by the faculty, student body and friends. We will appreciate having you at all times and hoping to see you at the convention.

P. G. Men Register

Dr. LeRoy Doyle of Osage, Iowa.
Dr. and Mrs. J. Stanley McFall of New Kingsington, Pa.
Dr. and Mrs. Leon C. Nicholas of Austin, Minn.
Dr. Paul Leonard of Detroit, Mich.
Dr. J. Jay Walker of Medina, N. Y.
Dr. J. Verne Hodgkin of Me-
Dr. Donald B. Weir of Seattle, Wash.
Dr. C. L. Muselman of Zanesville, Ohio.
Dr. Wayne Myers of Sioux Falls, S. D.
Dr. Art Lydström of Los Angeles County Hospital.
Dr. L. E. Schaffer of Detroit, Minn.
Dr. C. J. Reed, Ortonville, Minn.
Dr. R. W. Murphy, Daytona Beach, Fla.
Dr. Dean M. Grewell, Halton, Minn.
Dr. H. D. Watters, Hastings, Neb.
Dr. F. V. Burkholder and wife, Sioux Falls, S. D.
Dr. A. McCauley, Idaho Falls, Idaho.
Dr. S. H. Hoffman, Stateville, N. C.
Dr. T. T. Spence, Raleigh, N. C.
Dr. L. L. Wado, Winterset, Iowa.
Dr. C. W. Odell, Niels, Mich.
Dr. F. C. Jarris, Minneapolis, Minn.
Dr. Hugh C. Edmundson, New Ulm, Minn.
Dr. E. L. Yinger, St. Mary, Ohio.
Dr. Mary Yinger, St. Mary, Ohio.
Dr. B. M. Gotsall, Waterloo, Iowa.
Dr. H. R. Butson, St. Paul, Minn.
Dr. Geo. T. Leeds, Youngers, N. Y.
Dr. George W. Cox, Web City, Mo.
Dr. B. W. Jones, Estherville, Iowa.
Dr. B. H. Rice, Cedar Rapids, Iowa.
Dr. Hulda Rice, Cedar Rapids, Iowa.
Dr. L. B. Scottard, Worth-ington, Ohio.
Dr. Wilhelmine Christensen, Omaha, Neb.
Dr. W. R. Meredith, Nampa, Idaho.
Dr. Alice P. Bauer, Delaware, Ohio.
Dr. George H. Vosey, Kalamazoo, Mich.
Dr. R. W. Forrister, Fort Harrison, Mich.

This list is incomplete, and contains only those registering up to 12 o'clock Monday, June, 10th.
P. G. Review

It has been the policy of Still College throughout the years to conduct its affairs on a conservative basis. It has ever been open to advanced ideas along therapeutic lines. The school has made a study of all proposed problems of advancement and have been open to any theories or practices which would make for the advancement of Osteopathy as a science.

The question of post-graduate work, which has become a popular notion with all schools, has been considered by Still College for a number of years. As the result of careful observation and investigation the school became convinced that there was considerable merit in such a course, therefore, the innovation was agreed upon and an intensive course was planned. It was put into operation this week. Commencing June 10th, and proved to be one of the most interesting and successful adventures ever attempted by Still College. The number attending exceeded by many fold that of our most hoped for attendance. It was made up of around 100 and fifty of earnest and enthusiastic osteopathic physicians from all parts of the United States and Canada. Being convinced that the unanimous expression of the doctors in attendance is a measure of the success of the school's venture. It is a sound basis for which our estimate that the post-course was a success from all viewpoints.

We can not but feel that it was worth the time of those in attendance, and that they were the recipients of much practical and valuable information. The college is fully convinced that it was worth while and expense and expect similar courses each succeeding year.

DR. C. W. JOHNSON,
President of Still College.

New Law in Maine

Many times have the osteopathic physicians of Maine come to the legislature to ask the privilege of practicing surgery. Each time the medical men have fought them and won. This year the medical men made an opposition of any kind to the request of the osteopaths and Maine law now grants doctors of medicine and doctors of osteopathy equal rights.

Annual Still College Reunion

On Wednesday, June 19th, the annual gathering of Still College graduates was held at Younkers Tea Room for all those wishing to attend. Dr. C. W. Johnson, president of Des Moines Still College of Osteopathy introduced the toastmaster for the occasion, Dr. Vernon Simmons of Grand Rapids, Mich.

Dr. Simmons called roll for the past graduating classes and practically every class was represented by several members. The toastmaster then called on Dr. G. H. Carpenter of Chicago, and president of the School of Osteopathy and Dr. C. W. Johnson. The Doctors addressed the group on the subjects of Osteopathy and the schools as a whole. The meeting adjourned to meet next year in Philadelphia. Let's see every one there.

The following doctors and guests were present at the function:
Chas. L. Wheeler, Centerville, Iowa.
Ethel J. Wheeler, Centerville, Iowa.

(Continued on page 3)

A Trip To Omaha

Dr. C. W. Johnson, president of Des Moines Still College of Osteopathy made a trip to Omaha. Here he was invited to attend and give a general address before a gathering of six thousand business and professional men of which the Athletic Club of Omaha is composed. The club is an organization for the advancement of the city and has accomplished many commendable achievements. The Doctor complimented the club on the advancement of the city and gave a brief address of interest and had an intensive examination of the city.

During the session the program consisted of many varieties of entertainment. We consider this an honor to have our president address a group of this type and feel sure it is of mutual benefit not only to the men privileged to hear him but to the profession as well.

Convention Compliments

To the Osteopathic Physicians who attended the National Convention and those who were affiliated with this excellent convention we extend congratulations. The Fort Des Moines Hotel has had the privilege of being the headquarters of many fine conventions, but never has any gathering ever excelled the Osteopathic group.

The conduct at the convention was without a flaw, the management surpassed all previous attempts by any of the other committees of preceding gatherings. The interest shown by all attending the national convention was appalling, the gatherings of old classmates and greetings exchanged were as sincere as the entire work and entertainment of every section of the meeting of the convention was a success for the complaints were few.

We feel that the convention was better than a hundred per cent success for the complaints were few and far between and we had a most forgiving crowd to deal with. Let's hope of the divisions of the executive plan and see how they came out.

Post-Conventionalities

A long time ago some one told us that if one can please seventy-five per cent of the people, success is assured. Taking that figure as a basis for observation we feel that the convention was better than a hundred per cent success for the complaints were few and far between and we had a most forgiving crowd to deal with.

Registration. 755 Osteopaths registered. More were there but some objected to the $5.00 fee and either "one-eyed" their way in or stayed out of the entertainment altogether. Some who came for Friday only were not charged a fee and did not register at all. 262 guests were registered as more were present but some thought that their wife was not worth $5.00 and did not register her. Others thought the same thing of the husband or other "distance" relatives. 96 students registered for 1929 graduated for free. This we feel is a record. We hope that future conventions will be timed to make it convenient for students to attend. With the exception of California each of the colleges had representatives at the meeting. 37 Juniors attended the Junior banquet. This was something entirely new and should be continued. The younger crowd something to do all to themselves and they liked it. $4.00 the charge registered for the banquet. This was a record also. That makes a total of 1174 for the convention officially registered. 6 of that number were happy enough to eat the banquet table Thursday night.

This beats New York and its record, at a national meeting. May we add a word of advice to some of you and yet it is hardly necessary. When you register next year be sure that you get your badges and do not lose them or send them to the cleaners with your other suits. That will be all the time. It will be harder for you to get by next year on account of your own negligence.

Reservations. Yes, some were muddled, but we expected that. You were told to make a reservation early. A few of them came in here without any previous notice and expected us to give you the royal suite for a dollar a day. Yet there were no number who congratulated the committee on the accommodations so the few of you who were greatly overbalanced by the satisfied ones. Next year get your self settled early.

Information. No, we could not (Continued on page 3)
THE LOG BOOK

Paxton, Ill. visit to Des Moines a pleasant and successful one. E.
The national Iota Tau Sigma Halladay, president of the Grand Scarum, Dr. C. E. Welch was elected to Grand Oecipital and Dr. Harry Marshall was elected Grand Scarum; Dr. A. C. Hardy retained his position as Grand Style and Receptaculum.

Anderson, Ward, Nossiek and Dornbush were the recent deserters of the old homestead. Dr. Halladay fiddled on his banjo, his trunk under his arm or something like that. The Brunswick is still going strong saving for the occasional metallic click of "whoopee." everyone, Iowa. and successful one. E.

The national Iota Tau Sigma convention was held in Youngker Cremona Room, Wednesday, June 19th. A four course dinner, followed by several stimulating and interesting speeches, was enjoyed by one hundred actives and alumnae. Entertaining was a part of the week's program provided for by the program arranged by the committee in charge of the Osteopathic convention.

Once again, the house scandal has been cut down by the convention due to the lack of enough brothers to make "hoopoe." Brother "Mox" Kinter made a hurried return from Mexico, where he had been visiting his relatives, and arrived in time to take in the convention.

Brother Morrow has checked out for Saginaw, Mich. and his wife continues to kill time at the shoe store. So far, Nick Gill has been very successful in dodging any jobs this week. Perhaps he appeared to be coming his way.

"Lilly" Peterson, the Swede was back in her native land.

We were honored by a visit from Brother Morrow during convention week. He was discovered sleeping peacefully on the third floor and three beds were offered that he had absent-mindedly crawled into through a window. A big party crashed the cellar door.

In closing I wish to thank the various actives and alumnae who returned and helped to make the convention week a success.

SIGMA SIGMA PHI

With two national officers in the city and the convention meeting in Des Moines, an ideal setting was arranged for the culmination of certain ideas of the Sigma Sigma Phi. During the week of the convention a meeting was called by Dr. H. V. Halladay, president of the fraternity. Dr. Halladay made a brief report concerning the fraternity activities should be of interest to the alumnae and actives who found it impossible to attend for the lack of time.

The registration book shows the attendance of Sigma Sigma Phi and Iota Tau Sigma fraternities. For the last year he has served an internship at the Des Moines Hospital. He has been selected as the recipients of Certificates of Honor which are annually awarded by the fraternity.

Dr. O. Holden of the Philadelphia College of Osteopathy, a graduate from Des Moines, also attended the session along with their wedding trip.

Dr. and Mrs. W. K. Stefan of Wahoo, Neb., were discovered at the convention Thursday, they have been married and came to Des Moines to attend the convention.

Congratulations from every member of the convention. An address was delivered to "Art" with wishes of success and happiness from all.

Gustason-Hovis

Mr. and Mrs. Frank Gustason announce the marriage of their daughter, Miss Eula E., to Mr. Albert F. Hovis of Detroit, Mich. Mr. Hovis graduated from St. Clare College of Osteopathy and is a member of Sigma Sigma Phi. During the week of the convention a meeting was held at the Des Moines Hotel, and a luncheon was served during the meeting. The convention week took place Thursday, the final business of the organization was completed for the year.

Dr. Halladay and Dr. Paul F. Jones were re-elected president and secretary-treasurer. Dr. H. V. Halladay, president of the fraternity. Dr. Halladay made a brief report concerning the fraternity activities should be of interest to the alumnae and actives who found it impossible to attend for the lack of time.

The registration book shows that one hundred and two alumnae returned for the convention. They came from thirty different states, from Canada, District of Columbia and one from England. Members of the national Iota Tau Sigma and Sigma Sigma Phi were represented.

Sheriff Reid, Kansas. We felt honored to welcome Miss Eula E. Hovis of Detroit, Mich. to Des Moines and the convention. Miss Eula E. Hovis graduated from Still College of Osteopathy and is a member of Sigma Sigma Phi. During the week of the convention a meeting was held at the Des Moines Hotel, and a luncheon was served during the meeting. The convention week took place Thursday, the final business of the organization was completed for the year.

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Styloid and Receptaculum. 10:30. Write again Ken. Through a window or had Pads and pencils were indicative of change of activities from one in the main dining room of the hotel to another.

Dr. Hazzard, Dr. MacLaughlin, Dr. D. G. A. Campbell, Calgary, and Dr. A. W. Blakely of Los Angeles, Brothers Morrison and Groves, respectively, were present at the convention.

During the business meeting of the Grand Chapter, Grand Oecipital and Dr. G. H. Hatch was elected to Grand Noble Skull; Grand Scarum, Dr. C. E. Welch was re-elected, and Dr. Harry Marshall was elected Grand Scarum; Dr. A. C. Hardy retained his position as Grand Style and Receptaculum.

Plans for the next banquet were considered. The business meeting was followed by the Atlas Radio Hour, during which the national fraternity convention was held in Youngker Cremona Room, Wednesday, June 19th. A four course dinner, followed by several stimulating speeches, was enjoyed by one hundred actives and alumnae.

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Sheriff Reid, Kansas. We felt honored to welcome Miss Eula E. Hovis of Detroit, Mich. to Des Moines and the convention. Miss Eula E. Hovis graduated from Still College of Osteopathy and is a member of Sigma Sigma Phi. During the week of the convention a meeting was held at the Des Moines Hotel, and a luncheon was served during the meeting. The convention week took place Thursday, the final business of the organization was completed for the year.

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The Log Book

Annual Still College Reunion

(Continued from page 1)

Christine O. Mitterling, Webster City, Iowa.


Pauline M. Clausen, Belvidere, Ill.

E. C. Dymond, Jackson, Minn.

T. T. Jones, Wayne, Neb.

M. E. Bachman, Des Moines, Iowa.

Carrie E. Strong, Ionia, Mich.

Eliza Reinhardt Johnson, Prairie City, Iowa.


Janet M. Kerr, Toronto, Can.

Robert Wissler Ford, Seattle, Wash.

Ernest C. Bond, Milwaukee, Wis.

Mrs. E. C. Bond, Milwaukee, Wis.

Helene Kelley Groff, Mason City, Iowa.

Clifford Irwin Groff, Mason City, Iowa.

C. M. Proctor, Ames, Iowa.

Danna G. Russell, Charleston, Ill.


Aldine D. Pinson, Dunworth, N. M.

Grace H. Meyers, Minneapolis, Minn.

Mossie B. Lovegrove, Des Moines, Iowa.

Angela McCready, Omaha, Neb.

C. L. Timmons, Aberdeen, S. D.

Sarah Young Schwartz, Des Moines, Iowa.

Mrs. C. O. Casey (guest) Virginia Alice Casey, Decatur, Ill.

W. C. Chappell, Mason City, Iowa.

W. K. Jolley, Minneapolis, Minn.

C. W. Johnson, Des Moines, Iowa.

Ava L. Johnson, Des Moines, Iowa.

Della A. Sullivan, Ogden, Iowa.

Matie R. Kitson, Osage, Iowa.

Kathryn E. Kitson, Osage, Iowa.

Margaret Mattern, Green Bay, Wis.

A. V. Mattern, Green Bay, Wis.

G. H. Carpenter, Chicago, Ill.

Panne E. Carpenter, Chicago, Ill.

Grace Hull, Loveland, Colo.

P. F. Kani, Omaha, Neb.

M. E. Kani, Omaha, Neb.

W. L. Billings, Toledo, Ohio.

G. I. Moe, Sheldon, Iowa.

Emma S. Cooper, Kansas City, Mo.

Annie Belle Hicks, Jackson, Mich.

Mrs. L. D. Benedict, (guest), Togo, Mich.


Mrs. J. G. Hellemann (guest), Coldwater, Mich.

Mary G. Hellemann, Coldwater, Mich.

Frances G. Stewart-Saylor, Farm Lake, Iowa.

O. R. Macketh, Mampa, Idaho.

Nellie O. Lundquist, Anderson, Mo.

C. J. Christensen, Keokuk, Iowa.

Margaret Whalen, St. Paul, Minn.

Minnie Thompson, David City, Neb.

Frank D. Dornbusch, Des Moines, Iowa.

A. P. Warthman, Agency, Mo.


C. L. Brockmeier, Edwardsville, Ill.

Elsie W. Hawkinson, Luravne, Minn.

C. N. Maughan, Leon, Iowa.

L. S. Stilwell, inexp., Okla.

R. W. Murphy, Daytona Beach, Fla.

Mary E. Golden, Des Moines, Iowa.

Neva Moss Westfall, Indiana, Ind.

Margaret Spence Bates, Marble, Iowa.

Avis H. Payne, Des Moines, Iowa.

Zoa May Munger, Middletown, Ohio.

Dora Dietz, Middletown, Ohio.

Clare E. Owens, Exeter, Neb.

Mary C. Hardin (S. S. O.) Mc.

Cooke, Neb.

Dorothy Sellards, Ann Arbor, Mich.

Jennie M. L. Laird, Omaha, Neb.

Dr. E. D. Jayne, Painesville, Ohio.

Mrs. E. D. Jayne, (guest), Painesville, Ohio.

C. L. Musselman, Zanesville, Ohio.

L. E. Schaeffer, Detroit, Mich., Mrs. L. E. Schaeffer, (guest),

Detroit, Mich.

J. R. Jackson, Milwaukee, Wis.

Mrs. J. R. Jackson, (guest), Milwaukee, Wis.

Andrew McCauley, Idaho.

Paul M. F. Murray, Sandwich, Ill.

Mrs. W. F. Murray, (guest), Sandwich, Ill.

E. Smith, Youngstown, Ohio.

F. D. Campbell, Des Moines, Iowa.


L. Nelson Belmond, Belmond, Iowa.

L. C. Sorrenson, Toledo, Ohio.

Odella Seligey Sorrenson, (guest), Toledo, Ohio.

J. E. Zechman, Sterling, Colo.

Nannie J. Chappell, St. Louis, Mo.

Paul McRae, St. Louis, Mo.

N. E. Steffen, Bloomfield, Iowa.


Bertha R. Crum, Ames, Iowa.


Jane Pelham-Plumpe, Cleveland, Ohio.


Mrs. E. A. Haight, 62 Moss, Detroit, Mich.

Lloyd Woofenden, 58 Portage, Detroit, Mich.

Mrs. Lloyd Woofenden, 58 Portage, Detroit, Mich.

Dr. and Mrs. Harold Belf, 150 Moss, Detroit, Mich.


Mrs. R. V. Gladieux, Grand Rapids, Mich.


Mrs. John H. Voss, Albert Lea, Minn.

John H. Voss, Albert Lea, Minn.

Hulda F. Rice, Cedar Rapids, Iowa.

H. T. Rice, Cedar Rapids, Iowa.

J. Stanley McFall, New Kensington, Pa.

C. C. Whitney, Charleston, Pa.

Margaret H. Wirth, Chadron, Neb.

M. Freeda Lotz, Colorado Springs, Colo.

F. J. Wirth, Chadron, Neb.

F. B. McClaug, Emmetburg, Iowa.

A. W. Brockway, Waukesha, Wis.

Phil S. McQuirk, Audubon, Iowa.

Leon C. Nicholsen, Austin, Minn.

David N. O. Shaw, Shelby, Ohio.

A. W. Colw, Washington, D. C.

A. F. Hulting, Minneapolis, Minn.

C. J. Reed, Ortonville, Minn.

D. A. Richardson, Austin, Minn.

Lois Irwin-Richardson, Austin, Minn.

Austin Harper Richardson, Austin, Minn.

Bertha Messerschmidt, Des Moines, Iowa.

Mary Lewis Thompson, Des Moines, Iowa.

Pan-Hellenic Activities

The closing of the past school year marked the end of another successful period of activity of the Pan-Hellenic organization.

During the past year, the council purchased fourteen gowns to be used in the clinical department of the college. The accommodation offered by the use of these gowns was gratifying enough to repay the council for the effort required to supply them.

During the early part of the year, the organization took an active part in improving the programs for our weekly assembly. Again, successful results were obtained.

To further the interest of inter-fraternity athletics, a silver loving cup was purchased by the council and offered as a prize to the winner of one of the various athletic tournaments.

The final event of importance for the past year was the acceptance by the council of a petition presented by the members. The acceptance of this petition was gladly received by the Pan-Hellenic organization.
THE LOG BOOK

P. G. Course Excels Any Previous Course

(Continued from page 1)

Dr. George H. Vozyey, Kalamazoo, Mich.
Dr. B. W. Forristal, Port Huron, Mich.
Dr. R. B. Stillwell, Des Moines, Iowa.
Dr. W. R. Loerke, Stanton, Neb.
Dr. E. M. Hubbell, Yutan, Neb.
Dr. J. C. Nicholsen, Austin, Minn.
Dr. W. E. Heinlen, Mexico, Mo.
Dr. D. H. T. Maxwell, Morristown, N. J.
Dr. Hester Brown, Ely, Minn.
Dr. C. A. Lynch, Middletown, Ohio.
Dr. Edith E. Dovesmith, Niagara Falls, N. Y.
Dr. Francia K. Byrkit, Boston, Mass.
Dr. Milton Conn, Australia.
Dr. Fred A. Martin, Des Moines, Iowa.
Dr. Wm. C. Miller, College Springs, Wisc.
Dr. Harry T. Miller, Canton, Ohio.
Dr. Claire E. Owens, Exeter, Neb.
Dr. C. L. Larson, Stillwater, Minn.
Dr. John H. Voss, Albert Lea, Minn.
Dr. A. W. Lyndon, Los Angeles, Calif.
Dr. Eva Waterman Magoon, Chicago College.
Dr. Margarette L. Morton, California, Calif.
Dr. Chas. N. McMullen, Des Moines, Iowa.
Dr. O. M. Walker, Bloomfield, N. J.
Dr. Emma Cobb, Kalamazoo, Mich.
Dr. Kate R. Ely, Vicksburg, Miss.
Dr. Elmer Charles, Pontiac, Ill.
Dr. Zella A. Sullivan, Ogden, Iowa.
Dr. R. B. Kale, Warren, Ohio.
Dr. Margaret Whalen, St. Paul, Minn.
Dr. A. D. Craft, Ocoee, Iowa.
Dr. A. V. Mattern, Green Bay, Wis.
Dr. C. L. Timmons, Aberdeen, S. D.
Dr. E. L. Carlson, Madison, Iowa.
Dr. Maude Williams, Northfield, Mass.
Dr. S. H. Stover, Bendilji, Minn.
Dr. L. D. Benedict, Ionia, Mich.
Dr. Susan Reed Battenfield, Atlanta, Ga.
Dr. Sheets, Hamilton, Ohio.
Dr. W. B. Lineville, Middletown, Ohio.
Dr. Alice R. Paulsen, St. Paul, Minn.
Dr. C. A. Grandberg, Denver, Colo.
Dr. Helen Peterson, Des Moines, Iowa.
Dr. M. Biddison, Nevada, Iowa.
Dr. E. T. Pellette, Liberal, Kansas.
Dr. L. E. Brench, Arkansas City, Kansas.
Dr. C. L. Brockmeier, Edwardsville, Ill.
Dr. Janet M. Kerr, Toronto, Canada.
Dr. E. L. Lyda, Roswell, N. M.
Dr. C. I. Groff, Mason City, Iowa.
Dr. D. W. Stone, Muscataine, Iowa.
Dr. Beneficta M. Lewis, Pierre, S. D.
Dr. B. M. Hudson, Charles City, Iowa.
Dr. Bertha R. Crum, Ames, Iowa.
Dr. Tillie R. Davidson, Charles City, Iowa.
Dr. T. J. Worth, Chadram, Neb.
Dr. Chas. Milliken, Whittier, Calif.
Dr. J. M. Harper, Niles, Ohio.
Dr. Cari E. Seastrand, Des Moines, Iowa.
Dr. Bossie Mudd, Burlington, Iowa.
Dr. L. V. Cradit, Amarillo, Texas.
Dr. Uda Belle Garrison, Kirksville, Mo.
Dr. Ruby Idtse, Minneapolis, Minn.
Dr. Florence Morris, Indianapolis, Inda.
Dr. W. T. Murray, Sandwich, III.
Dr. V. B. Taylor, Victoria, Canada.
Dr. C. Allen Brink, Kirkville, Mo.
Dr. C. E. Schoolcraft, Waterloo, S. D.
Dr. Dell Schoolcraft, Waterloo, S. D.
Dr. W. A. Englund, Des Moines, Iowa.
Dr. C. M. Proctor, Ames, Iowa.
Dr. Mabel Wissan, Harlan, Iowa.
Dr. Ida M. Monagh, Des Moines, Iowa.
Dr. Harold Jennings, Winona, Minn.
Dr. Chas. W. McCutchen, Des Moines, Iowa.
Dr. T. E. Childress, Durango, Colo.
Dr. O. K. Gorseith, Minneapolis, Minn.
Dr. Katherine M. Peck, Kansas City, Mo.
Dr. Robert T. Lustig, Grand Rapids, Mich.
Dr. T. B. Heibel, Iowa Falls, Iowa.
Dr. N. B. Welch, Grove City, Pa.
Dr. A. P. Warthman, Agency, Iowa.
Dr. A. W. Peterson, Hawarden, Iowa.
Dr. Ida E. Peterson, Hawarden, Iowa.
Dr. Margaret Spence Bates, Marengo, Iowa.
Dr. J. P. Conti, Akron, Ohio.
Dr. J. N. Jackson, Milwaukee, Wis.
Dr. Frank D. Dornbush, Steubenville, Ohio.
Dr. L. A. Utterback, Perry, Iowa.
Dr. M. T. Boulware, McCook, Neb.
Dr. M. E. Suterlin, Valley Junction, Iowa.
Dr. Harry Johnson, Jr., Des Moines, Iowa.
Dr. Paul J. Gephart, Marietta, Ohio.
Dr. Genevieve G. Stoddard, Des Moines, Iowa.
Dr. O. O. Taylor, McCook, Neb.
Dr. A. B. Patterson, Elizabethtown, Ky.
Dr. Edm. T. Richardson, Fremont, Neb.
Dr. Wrathel G. Hospers, Orange City, Iowa.
Dr. L. M. Monger, Dayton, Ohio.
Dr. John E. Cochran, Polyclinic Hospital, Des Moines, Iowa.
Dr. O. H. Meyer, Scribner, Neb.

Those who signed for P. G. certificates will receive them in the very near future, and those who didn't sign and wish such a certificate will have to send in their application to the college.

The following is a letter of appreciation from the class of the still college post-graduate course preceding the national convention.

To the President,

Des Moines Still College of Osteopathy, 722 Sixth Ave., Des Moines, Iowa.

We, the members of the first post-graduate class of the Des Moines Still College of Osteopathy wish to convey to the faculty and trustees our sincere appreciation for the splendid course of lectures made available to us through your kind efforts.

The all around practicability and applicability makes it invaluable to the busy physician and makes us strive for greater advancement of the art of osteopathy in the field. This you can be assured, your college and faculty has made its efforts.

We are greatly thankful for the splendid education received here and never will forget how much we are indebted to Dr. Johnson. To Dr. Johnson in behalf of the college please accept a sum of money to be used as they see fit. Given as a kind remembrance from the class.

The Post-Graduate Pre-convention Class of 329.

R. H. Berston, D. O.

Most pies we get in restaurants are "jealous." The upper crust is so jealous of the lower crust they won't let anything come between them.

Often So

The Melody of Love. 100 Per Cent Talking.—Sign in front of a movie theater.
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