THE STILL COLLEGE ENDOWMENT PLAN

TO THE PROFESSION

In a recent meeting of the Trustees of the Des Moines Still College of Osteopathy with the officials of the Royal Union Life Insurance Co., of Des Moines, the Still College Group Endowment Plan was discussed thoroughly. We are happy and proud to report our unanimous approval of this policy from every standpoint. Our investigations show that it is safe, sane, an excellent business plan and will prove a mutual benefit to all concerned.

Thus we solicit from you the information necessary so that you may have already written for, and sincerely hope that you will take advantage of the offer that will assure the profession a greater Still College.

C. W. JOHNSON, Pres.
E. E. STEFFEN, Treas.
K. M. ROBINSON, Sec'y.

THE FUTURE

A new light has appeared on the horizon of Osteopathy. It is the light of advancement, of cooperation, of good will, of brotherhood. It is the light of progress.

We have great plans ahead for Still College, and as Still College grows and expands and its great work is fruitful, the general science of Osteopathy in its relationship to the public is, of course, enhanced. Only a lack of appreciation on the part of the public is responsible for some of our handicaps. But down at the root of our problem is the basic fact that we must educate the public to the service of Osteopathy, and by closer unity and cooperation among ourselves, the great task of educating the public can be accomplished. We must go about our work with a missionary zeal, realizing that the foundation of all success is built upon service. Only those institutions that serve have the right to survive. Our constant effort is to devise and adopt new methods of gaining more publicity for the members of our profession. We want your cooperation. We are doing our best to deserve it.

WE ASSUME

We start with this assumption, that you, as is the case with all individuals, have a desire for information. In this particular instance that information is relative to a certain plan, namely the Still College Group Endowment Insurance Fund. And being interested, either from an informative or a purchase standpoint, you desire all of the related detail.

A BEGINNING

All things must have a beginning and there must be reason back of the beginning or the end will soon come. When Osteopathy had its beginning, it has weathered many storms and because of the support it has forged ahead. To maintain a profession and to further its progress there must be a source of new members each year and these must exceed in numbers and knowledge those who for many reasons drop from the ranks. You are a member of a dignified and useful profession and already know these facts. And you can look back over the years, whether they be few or many, and offer constructive criticism, which, it is hoped, would add strength to your system. In tracing back these weak factors in your education or from yourself, you find that the basis is either a wrong system, or your society, you find that the legal net value of the policy shall be invested in United States, State, County or Municipal Bonds, First Mortgages on real estate, or other approved securities and deposited with the State of Iowa. This statement appears on every Still College Endowment Fund policy and is a guarantee of every policy. And being interested, create an endowment fund, and certain than this special group endowment policy.

You analyze your position. You are a member of a community. You attended and graduated from a recognized college of Osteopathy, and must go about your work with a missionary zeal, realizing that the foundation of all success is built upon service. Only those institutions that serve have the right to survive. Our constant effort is to devise and adopt new methods of gaining more publicity for the members of our profession. We want your cooperation. We are doing our best to deserve it.

YOU—

YOU CAN INCREASE YOUR ESTATE by taking out a LOW COST POLICY.

YOU WILL BENEFIT ENDOwed STILL COLLEGE.

YOU CAN INCREASE YOUR ESTATE BY TAKING OUT A LOW COST POLICY.

NO AGENTS

NO EXAMINATION

YOU WILL BENEFIT

ENDOW STILL COLLEGE.
The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President ................C. W. Johnson
Faculty Advisor .......H. V. Halladay
Editor ...................L. J. Grinnell

Osteopathy Without Limitation

The Still College Endowment Plan

(Continued from page 1)

sold in units of $1,000. Each unit pays Still College a minimum of $300 whenever it is paid during the first twenty year period. The face of the policy, or $1,000 each unit, is payable to your estate or family, or a person you may designate.

Through the use of this endowment plan by individual members of the Osteopathic fraternity those savings can be obtained at an individual sacrifice so small as to be hardly worth noticing. It is prac-

tically certain that the sum involved, owing to its smallness, would in the absence of the plan be wasted in daily expenditures for trifles, and the large sum that may be secured through endowment insurance under this plan may therefore be regarded as the utilization of a by-product—odds and ends that possibly would not otherwise be saved—for a noble purpose.

THIS INSURANCE PLAN IS SUBMITTED TO MEMBERS OF THE PROFESSION AND MEMBERS OF THEIR IMMEDIATE FAMILIES BE-TWEEN AGES 10 AND 60. THIS APPLIES TO STUDENTS OF OSTEOPATHY AS WELL AS GRADUATES.

EASILY SECURED

Another advantage of this policy is the member who chooses this profession is that they can get additional life insurance for their families or estates without any red tape, without physical examination, if in good health and in States where the laws permit, and without any bother of per-

sonal interviews with insurance agents. This supplement you are reading is cheap, not so cheap as an illustration), your estate or family gets the face of the policy (whether you live or die), and Still College receives $200, plus an amount equivalent to the ma-

ured savings or coupons and interest. Under one unit, therefore, Still College is guaranteed a minimum amount of $200—

whether you live or die. At the end of twenty years all interest of Still College ceases and the guaranteed savings can be used by you to reduce the premium rate. You may change the amount of your personal beneficiaries as often as you see fit. The premium rate is guaranteed. This policy is an old line legal reserve life insurance contract and provides for cash values, paid up and automatic extended insurance values beginning with the third premium payment.

ADDITIONAL POLICY DIVIDENDS

In addition to the annual guar-

anteed dividends represented in the coupons, there will be dis-

tributed at the end of the fifth year, and at the end of each succeeding five year period, an extra dividend direct to the policyholder.

PLEASE REMEMBER—

There are two important things to remember in analyzing the benefits of the policy:

(1)—The death benefit (ex-

cluding guaranteed savings) dur-

ing first twenty year period is $1200 under each unit—$1000 to your primary beneficiary, (your wife, family or estate), and $200 to Still College.

(2)—At the end of the twenty year period all interest of Still College ceases, and the guaranteed savings will be used to re-

duce your premium deposits.

(See page 3 for Table of Rates.)

Dear Dr. Johnson:

Hurrab for Still College and the new school. No news was ever more welcome to me than news about the new building you had secured. And no one cheered any louder than I when they heard it, although I do not suppose you heard me away out there.

We had our state convention last week and Still College was well represented by Drs. Walker, Bone, McNeish, J. P. Brown, Mar-

guand, Jo Bowman and myself. Had a real good vacation and some interesting and instructing work. However, I fear my paper was not altogether a howling success. Imagine me reading a paper on Obstetrics. Can you?

Here is wishing each and every one of you a happy vacation and preparation for the most glorious year in the history of Still College.

In case you find time hanging heavily on your hands, drop me a line and give me any available inside information.

When I hear,

DR. W. E. MONTGOMERY,
Weston, W. Va.

When your work becomes a task, quit, you're in the wrong business. If your work is your pleasure you can never succeed.

Editor The Log Book,
Still College, Des Moines,
Dear Sir:

Why all the glee? Every adv-

ancement should be shouted from the housetops. And I pre-

sume a New College Building is an advancement. But it struck me an awful blow to think of the college now being on Locust street. And Sixth avenue. What do we old timers know of it? Yes, I believe when I think of it, I did go up Sixth once to put in a window light for the Des Moines Show Case Works (That was on Saturday—trying to make a lit-
tle expense money,) Yes, it seems as though it was rather nice up there. But how are you going to get the soil? It seems as though you all will be lost without that black soil drifting over from the railroad yards and the factories. Let's see—I believe they made jokes just south a little east of the old (there I am already calling the present location in the past tense), Locust street building.

I guess the new location will be nice and will mean as much to the future graduates of the Locust street location means to me. But I must say that I do feel a great regret to think of the new college and building. I remember how many times I have looked at the draw-
ings of the building as it is and the architect's drawings of the building as it was planned to be. And I have regretted that it did not prove as planned.

My hopes now are that in the new location a greater building will arise and the real college within it will be the equal of Sincerely,

DAVISON BRUCE,
Lindsey, Calif.

You are not dressed for work until you put on a smile.

Win respect by being respect-

able.
This Ordinary Life policy gives protection for the whole lifetime of the insured with premiums payable during the entire period. This contract carries cash values, paid up insurance and automatic extended insurance values. It gives the maximum permanent protection at the minimum cost.

Rates between ages 10 and 16 are as of age 16.

Each member of the profession or his family, between ages 10 and 60, may buy one of these policies in units of $1000. You may take any number of units up to two and one-half, a total of $2500. If two units are desired, then the premium rate, of course, will be twice the rate used in the illustrations. For two and one-half units, multiply rates by two and one-half.

Because the selling of this insurance is handled entirely by the members of Still College, the savings thus created gives Still College a much larger amount of money on each unit than could otherwise be obtained, and under the plan you are helping to build up an endowment fund of $200,000 or more in twenty years.

IF YOU COULD, WITHOUT COSTING YOU ANY MONEY, GIVE STILL COLLEGE AND THE SCIENCE OF OSTEOPATHY $200 OR MORE, WOULD YOU DO SO? OF COURSE YOU WOULD! WELL, YOU CAN! BY THIS METHOD—THROUGH STILL COLLEGE—BUY A LIFE INSURANCE POLICY OF $1000, $1500, $2000 OR $2500, WITHOUT PHYSICAL EXAMINATION, AT THE RATE SHOWN.

Here is the secret of our Endowment Fund. This is your opportunity to contribute to Still College without its costing you any money, by simply taking this Still College Endowment Fund policy.

You want to have an active part in the affairs of Still College. You want to keep up the interest, funding and welfare of Still College. You want to do your part in creating this Endowment Fund. You want your name among those on the "Honor Roll." You want to be among those that helped. And remember, by helping your College build this Endowment Fund, you are helping to make a stronger and better Still College. With all this before you, you will want to fill in the coupon below and mail it now while you think of it.

Mail above Coupon to Still College of Osteopathy, Des Moines, Iowa, or Royal Union Life Insurance Company, Des Moines, Iowa.

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**PLEDGE**

I agree to fill out, sign and return as directed, the necessary blanks (to be mailed me later), and attach hereto Five Dollars as partial payment of first annual premium on $...................... policy, as outlined for the Still College Group Endowment Fund.

My Name in Full

(Write plain or Print)

Mailing

Address: St. No. City State

Date of Birth Place Born

Month Day Year County or State

Name in Full of Primary Beneficiary

Mail above Coupon to Still College of Osteopathy, Des Moines, Iowa, or Royal Union Life Insurance Company, Des Moines, Iowa.
OUR New Home

This fine building, re-modeled for our needs, will be occupied by us before the beginning of the fall semester.

THE TRUSTEES

Who have been instrumental in securing the new home and who will administer the affairs of the college for the next year.

DR. BERTHA CRUM
DR. E. E. STEFFEN, Treas.
DR. R. B. BACHMAN

MRS. K. M. ROBINSON, Sec’y.
DR. C. W. JOHNSON, Pres.
DR. J. P. SCHWARTZ, Dean
DR. H. V. HALLADAY
AND

LITTLE
STILLONIAN
of
1927

OFFICIAL
CONVENTION
EDITION
ACH YEAR THE CONVENTION NUMBER OF THE LOG BOOK and Little Stillonian seems to grow more popular. It is with pleasure that we are able to give you, in a small way, a report of the year's activities, and dare to make our predictions for the coming school year. This has been a history-making year for all of the colleges. Still College has taken a big step forward with the others.

On pages three and four you will find practically the same familiar faces as were present last year. The retention of the majority of the faculty means a satisfactory and efficient group co-operating for the best that all demand.

The same trustees who carried the college successfully last year, were elected unanimously. No better recommendation could be asked. We are also proud of our clinic record, which in every department surpassed that of the previous year. These on page five.

The Historical Sketch, page six, is necessarily augmented by the paragraph relative to our New Home. This, is indeed, a matter of history.

Pages seven, eight and nine, will give you something of our New Home. To see is to appreciate. We hope you will visit us and be convinced.

Deviations from the schedule on page ten will be slight. Note the school calendar.

The Des Moines General Hospital—managed and conducted for and by Osteopaths—page eleven.

Still College is known for its Athletic teams. We are proud of them. Also our six national Osteopathic organizations, that offer the student fraternal life. Page twelve.

Champion Osteopathic Athletic Teams on page thirteen.

Page fourteen. Student activities are not limited to fraternities and sororities.

Our musical groups. Page fifteen.

Des Moines—The Convention City—knows and appreciates Osteopathy.
D. M. S. C. O. FACULTY

DR. H. V. HALLADAY
D. O.

MISS AVA L. JOHNSON
B.S., M. Sc., B. Sc., H. Ec.

DR. B. L. CASH
D. O.

MRS. Z. A. INNES

DR. H. J. MARSHALL
D. O.

PROF. I. C. GORDON
B. A.

DR. W. J. NOWLIN
B. S., M. D.

MRS. K. M. ROBINSON
Secretary

Page Four

STIMMONIAN
The last two years of the student's training is intensively filled with practical work. In order for this to be truly practical, each student must put in a minimum number of treatments and hours in actual attendance on cases. Many of these are in homes and are typical of the general practice the physician meets outside his office. The proportion of office to outside work is shown by the relative number in the tabulation below.

Still College claims the most complete and efficient Obstetrical Clinic of any of our colleges. This service is extending each year. The care of athletes is getting to be a real specialty, and eleven institutions in our city avail themselves of this branch of our work. Our Osteopathic Hospital offers the student contact with this important phase of Osteopathy:

- Osteopathic Treatments (given in the college).............65,000
- Athletic cases cared for at the various schools..........6,500
- Obstetrical cases (each senior in attendance at seven deliveries) ............................................196
- Hospital Clinics .............................................2,000
- Bedside Treatments (in homes) ...............................4,000
Historical Sketch

By DR. ELLA STILL

IN THE SUMMER OF 1898 there came to Des Moines a group of people who were imbued with the desire to spread the gospel of Osteopathy and to choose for that purpose a place which should afford all the advantages necessary. They had decided that two of the essential things could easily be obtained in Des Moines—unlimited clinical material and employment for those who wished to work in order to help meet their expenses. The first year the school was conducted in a reconstructed building just opposite the school grounds. In the fall of the second year, a very joyous faculty and student body took possession of the structure which now houses the Des Moines Still College.

Those who were instrumental in starting this school were Dr. S. S. Still, nephew of the “Old Doctor”, Dr. Ella Still, Col. and Mrs. A. L. Conger, Dr. W. L. Riggs and Dr. Helm. To this group were soon added many more, who were well known in the Osteopathic world, and thus was formed a faculty which ranked among the best. The College was named the Dr. S. S. Still College of Osteopathy. The only one to bear the name of STILL. The growth of the institution was phenomenal.

In a short time it absorbed the Milwaukee, Northern, Fargo and Southern colleges of Osteopathy. It was the first college to confer the degree Doctor of Osteopathy. Up to that time, the graduates were known as Diplomats. It is interesting to know that every instructor was a thorO osteopath and in every class the subject was emphasized. One could write volumes on the early days of this college and then not tell of all the wonderful things accomplished. I should like to name all those who were associated with us, but space forbids; suffice to say that there was never a group, faculty or students, more enthusiastic, all working together for the advancement of the science.

With the growth of the city and the college, it was plain to be seen, a number of years ago, that a new location must be secured. With this in view, the college purchased a suitable tract some distance out on Sixth Avenue. With a fine college building in mind, plans were made to move as soon as the building could be completed. Consideration for the two main factors in the development of the college changed the original plans, and this year the trustees announce the acquisition of a building adequate in every respect, and ideal for clinic and convenience. This is indeed what we have been looking forward to for many years. It is a new beginning for Still College.

The good work started in 1898 is still being carried on in the Des Moines Still College. May there be no wavering of faith; may we not lose sight of the fact that we owe much to Dr. A. T. Still, who had his dream come true—the benefits of which we share.
The New Still College Building

The DES MOINES STILL COLLEGE OF OSTEOPATHY is occupying a new home. This is something we, as a group, have looked forward to for some time. Our new site and building is a great pride to us, and has come to us at a time when most needed. Our old location on Locust Street has been over run for some time by the automobile industry, the disturbing noises from which have at times caused a temporary suspension of lecture work. The new home is away from this noise and on a wide and newly paved street. We are indeed happy and proud to announce the aquisition of this fine building, which fulfills a long-felt want and meets our needs so well in every respect. When you are in the city we want you to visit us. Seeing is believing.

LOCATION: 720-722 Sixth Avenue. This is on the west side of the main north and south highway thru the city. Across the street to the east is the new Consistory. Grand Avenue, the main east and west highway, is three blocks south. The site is convenient for patients and for the student body, and yet away from the noise of the business district.

STRUCTURE: Steel and concrete form the basis in the construction of the building, making it fireproof thruout. It is faced with white enamel brick, five stories in height and constructed with the idea that two more floors may be added. Alleys are found on three sides, insuring adequate light and ventilation. 28,000 square feet of floor space is available, and as plans show, has been easily divided for our convenience.
FIRST FLOOR PLAN

The above illustrates the floor plan at the street level. This is mainly devoted to laboratory work, with a pit in connection to enable the instructor to gather the students together for lecture work. The shower room will be completely equipped, an adjacent vault being used for athletic supply room. The pit illustrated will easily handle seventy-five students.

SECOND FLOOR PLAN

In order to get away from the annoyance of passing traffic, the offices and treating rooms have been placed on the second floor here shown. The arrangement gives each of the officers a private office with reception room and a general faculty room. Provision is made for thirty-two treating rooms, four of which are to be equipped for special examinations. Ample reception room space is planned adjacent to the offices.
THIRD FLOOR PLAN

This floor plan illustrates the lecture room arrangement which has been planned for convenience of the student. All of the main lecture rooms are on this floor, to avoid the confusion of passing on the stairway. The smaller rooms will accommodate approximately seventy students and the larger ones about one hundred twenty. These six commodious rooms, together with the pit on the first floor and the laboratories on the first and fourth floors, provide us with double our former capacity for the accommodation of class work.

FOURTH FLOOR PLAN

As shown, this floor is occupied mainly by the assembly room, the capacity of which is over four hundred. Microscopic laboratories are placed on this floor on account of the light, and ample provision has been made for a library, book store and a room for the night aides. On account of the extensive work done by our clinic, it is necessary to have some one available at all times to answer calls.
### SCHEDULE OF CLASSES

#### FIRST YEAR—First Semester

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anatomy—Descriptive</td>
<td>Dr. H. V. Halladay</td>
</tr>
<tr>
<td>Chemistry—Organic</td>
<td>Prof. Frank Sutton</td>
</tr>
<tr>
<td>Histology</td>
<td>Dr. W. J. Nowlin</td>
</tr>
<tr>
<td>Biology</td>
<td>Dr. A. I. Johnson</td>
</tr>
<tr>
<td>Embryology</td>
<td>Dr. W. J. Nowlin</td>
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#### Second Semester

<table>
<thead>
<tr>
<th>Course</th>
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</thead>
<tbody>
<tr>
<td>Anatomy—Descriptive</td>
<td>Dr. H. V. Halladay</td>
</tr>
<tr>
<td>Physiology I</td>
<td>Dr. A. I. Johnson</td>
</tr>
<tr>
<td>Chemistry—Organic</td>
<td>Dr. W. J. Nowlin</td>
</tr>
<tr>
<td>Histology</td>
<td>Dr. A. I. Johnson</td>
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<td>Anatomy—Descriptive</td>
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#### SECOND YEAR—First Semester

<table>
<thead>
<tr>
<th>Course</th>
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<tbody>
<tr>
<td>Chemistry—Physiological</td>
<td>Prof. I. C. Gordon</td>
</tr>
<tr>
<td>Theory of Osteopathy</td>
<td>Dr. C. F. Spring</td>
</tr>
<tr>
<td>Pathology I</td>
<td>Dr. C. F. Spring</td>
</tr>
<tr>
<td>Physiology I</td>
<td>Dr. A. I. Johnson</td>
</tr>
<tr>
<td>Anatomy—Descriptive</td>
<td>Dr. J. M. Woods</td>
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#### Second Semester

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Symptomatology</td>
<td>Dr. C. F. Spring</td>
</tr>
<tr>
<td>Principles of Osteopathy</td>
<td>Dr. C. F. Spring</td>
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<tr>
<td>Anatomy—Descriptive</td>
<td>Dr. J. M. Woods</td>
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<tr>
<td>Nervous Physiology</td>
<td>Dr. C. W. Johnson</td>
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#### THIRD YEAR—First Semester

<table>
<thead>
<tr>
<th>Course</th>
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<tbody>
<tr>
<td>Pathology III</td>
<td>Dr. E. E. Steffen</td>
</tr>
<tr>
<td>Anatomy—Applied Osteopathic</td>
<td>Dr. H. V. Halladay</td>
</tr>
<tr>
<td>Laboratory Diagnosis</td>
<td>Dr. J. M. Woods</td>
</tr>
<tr>
<td>Physical Diagnosis</td>
<td>Dr. H. V. Halladay</td>
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#### Second Semester

<table>
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<tbody>
<tr>
<td>Obstetrics</td>
<td>Dr. R. B. Bachman</td>
</tr>
<tr>
<td>Gynecology</td>
<td>Dr. C. W. Johnson</td>
</tr>
<tr>
<td>Nervous and Mental</td>
<td>Dr. C. W. Johnson</td>
</tr>
<tr>
<td>Osteopathic Therapeutics</td>
<td>Dr. E. E. Steffen</td>
</tr>
<tr>
<td>Orthopedics</td>
<td>Dr. H. V. Halladay</td>
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<tr>
<td>Clinics</td>
<td>Dr. H. J. Marshall</td>
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#### FOURTH YEAR—First Semester

<table>
<thead>
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<th>Course</th>
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<tbody>
<tr>
<td>Pediatrics</td>
<td>Dr. R. B. Golden</td>
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<tr>
<td>Obstetrics</td>
<td>Dr. R. B. Bachman</td>
</tr>
<tr>
<td>Nervous and Mental</td>
<td>Dr. C. W. Johnson</td>
</tr>
<tr>
<td>Osteopathic Therapeutics</td>
<td>Dr. E. E. Steffen</td>
</tr>
<tr>
<td>Surgery</td>
<td>Dr. J. P. Schwartz</td>
</tr>
<tr>
<td>Eye, Ear, Nose and Throat</td>
<td>Dr. H. J. Marshall</td>
</tr>
<tr>
<td>Clinics</td>
<td>Dr. H. J. Marshall</td>
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#### Second Semester

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor</th>
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</thead>
<tbody>
<tr>
<td>Dietetics</td>
<td>Dr. A. L. Johnson</td>
</tr>
<tr>
<td>Applied Osteopathy</td>
<td>Dr. J. M. Woods</td>
</tr>
<tr>
<td>Psychiatry</td>
<td>Dr. C. W. Johnson</td>
</tr>
<tr>
<td>Proctology and Urology</td>
<td>Dr. J. P. Schwartz</td>
</tr>
<tr>
<td>Surgery</td>
<td>Dr. H. J. Marshall</td>
</tr>
<tr>
<td>Medical Jurisprudence</td>
<td>Judge Hubert Underback</td>
</tr>
<tr>
<td>X-Ray and Electro-Therapy</td>
<td>Dr. B. L. Cash</td>
</tr>
<tr>
<td>Clinics</td>
<td>Dr. B. L. Cash</td>
</tr>
</tbody>
</table>

Laboratories under the direction of the head of each department are conducted in the afternoons in the following subjects: Histology, Biology, Chemistry, Bacteriology, Embryology, Physiology, Pathology, Anatomy, Technic, Gynecology and Clinical Diagnosis.

### 1927 - 1928 CALENDAR

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
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<tbody>
<tr>
<td>Registration</td>
<td>September 7 - 8</td>
</tr>
<tr>
<td>Class work begins</td>
<td>September 1</td>
</tr>
<tr>
<td>Christmas vacation</td>
<td>December 23</td>
</tr>
<tr>
<td>Class work resumed</td>
<td>January 3</td>
</tr>
<tr>
<td>Mid-year graduation</td>
<td>January 12</td>
</tr>
<tr>
<td>Spring semester begins</td>
<td>January 24</td>
</tr>
<tr>
<td>Graduation</td>
<td>May 24</td>
</tr>
</tbody>
</table>
NOT ONLY DO THE STUDENTS of the Des Moines Still College of Osteopathy enjoy the advantages of an extensive Osteopathic clinic but in addition, they have offered to them every courtesy of the Des Moines General Hospital, which is under strict Osteopathic management. Dr. J. P. Schwartz, president of the hospital and surgeon-in-chief, also acts in the capacity of Dean of the College. Dr. H. J. Marshall, secretary of the hospital, is instructor, and at the head of the Eye, Ear, Nose and Throat department. Dr. B. L. Cash, of the hospital staff, is instructor in X-Ray and Electro-Therapy. The two institutions are not operating under the same charter, but there is co-operation in each department, which makes for the mutual benefit of all.

Extensive plans are under way for the erection of a new and strictly modern building for the hospital which will replace the present structure. With the new college building a reality and prospects for a new hospital, the profession can be truly proud and point to Des Moines as a greater Osteopathic Center.
Athletics

STILL COLLEGE is widely known for its Football and Basketball teams. These two branches of Athletics are under the supervision of Coach Frank Sutton, and this last season was closed in a most satisfactory manner.

Still's Football team played eight games, and altho they lost five of the eight, at the close of the season had accumulated 93 points to their opponents 107. The most outstanding game of the season was with the college at Kirksville. The game being won by Still with a score of 21 to 0. The 1927 season promises well, with the new material developed this last year, as a background for an almost new team.

Still's Cagers showed excellent form throughout the season, playing a total of thirty-two games, of which eighteen were wins and one a tie. A Freshman squad was developed, material from which will augment the loss of the graduating members, and we look forward to another big series in Basketball.

Organizations

There are numerous organizations in the college of an academic and social nature. Men's fraternities represented are the Iota Tau Sigma, Phi Sigma Gamma, Atlas Club, and the Sigma Chi Omega. The sororities having chapters in the college are the Delta Omega and Axis. Des Moines Still College is the home of Beta Chapter of Sigma Sigma Phi, national honorary Osteopathic fraternity.

In addition, there is the Masonic Club, the "S" Club, athletic organizations, various state clubs, musical organizations and the class group.

Through the activity of these organizations, the social life of the college is maintained. Numerous parties, dances and other events fill the calendar throughout the year and assures the student of adequate recourse from academic staleness.
Student Activities

As in other institutions of a like nature, student activities are not limited to those related particularly to the fraternities. The Sigma Sigma Phi and Pan-Hellenic Council, whose memberships are made up of representatives of all organizations, initiate many functions where the entire student body takes part. In season, golf, tennis and baseball tournaments are in progress and the winners are rewarded with suitable trophies. The band and orchestra furnish an outlet for talent of that type, and the assembly held each Friday morning, brings out a vast amount of student entertainment.

An important event at the graduation of each class is the presentation of the honor medals furnished to the college by the Sigma Sigma Phi. A special committee selects from each class one who has proved himself most satisfactory in his Osteopathic work, and another who has shown particular interest in school activities. To each of these, a gold medal is awarded; one for Proficiency in Osteopathy and the other for Exceptional Service.

Des Moines has a number of conveniently located parks and recreation grounds, and it is not unusual for classes or other groups to gather at these parks for breakfasts or picnics. Thru its theatres, the city offers the best in all types of entertainment, and theatre parties among the various groups are quite common.
OUR MUSICAL ORGANIZATIONS

Page Fifteen

STETSONAN
DEQUATE TRANSPORTATION FACILITIES, excellent hotel accommodations, a friendly people and for Osteopathy, unexcelled clinics. These and other factors have made our city famous as a convention center. These same features add to the desirability of the city in your selection of a college. Des Moines can easily be reached from any other large center of population. Accommodations are reasonable and part time employment may be secured to assist in defraying expenses. The people of the community are friendly to our science, as has been demonstrated by the growth of our clinic.

The faculty of the college consists of a group or specialists, insuring you the best didactic and demonstrative instruction.

The Des Moines General Hospital offers an Osteopathic service complete in every department.
New Home Progressing

As we go to press two of the floors in our new building have been completely arranged to our requirements and the office has been transplanted bodily. In fact this issue was mailed from 720 Sixth Avenue.

On the second floor the treatment rooms, private examination rooms, faculty room, and general offices are on left several. All of the treating tables have been repaired and gone over by a representative of the McManis Table Co. The reception room has likewise been furnished and finished.

The third floor lecture rooms, of which there are six, are ready and furnished with chairs, blackboards, etc. Two of these rooms will accommodate 125 each, while the other four will seat approximately 70.

The Log Book and Stollison Room is ready and is being used right now.

At the rate the work is progressing it is present that the first and fifth floors will be completed by August 15th, and we will be entirely ready and waiting for you to take possession.

More to follow in the next issue.

Convention Speakers

Doctors C. W. Johnson, H. V. Halliday and H. J. Marshall, all of Des Moines and Still College, attended the national Osteopathic convention at Denver, held the week of July 25th.

Each one spoke at some length on subjects from the field in which he is outstanding, Dr. Johnson's being Nervous and Mental Diseases; Dr. Halliday's the Spine, and Dr. Marshall's the Eye, Ear, Nose and Throat.

Dr. Johnson will return to Des Moines after making auto tours of the Yellowstone and other national parks.

Hear Ye! Hear Ye! One and All!

Dear Field Men and old Students and NEW AND TWENTY-FIVE NEW STUDENTS on September 6th and 7th, Where are they? That depends on you.

If you are the third one of you that sent one student to the new D. M. S., this full week will be enough for you, and then some. You can do it. You know you can. Don't "pass the buck" and say that you have not the third one, but send out your man. You know what Still College can offer and does offer. It offers and GIVES everything that any other college of Osteopathy or Medicine can, and in addition it has clinical facilities unbeatable, a Paravertebral Room AND THE NEW BUILDING. What more could be asked? Answer, "Nothing."

Now let's go, all you P. S. G.'s, and S. C. O.'s, and everyone. After our part in the Osteopathic convention at Denver, Colo., we have laid the foundation for another successful promotion in the State Bulletin. I feel confident this plan is a wonderful plan.

And so we go to Kirksville again in 1928, making the seventh visit of the national convention to the home of Osteopathy out of the struggle two official meetings of the organization. It is fitting indeed that we should meet in Kirksville next year. In celebration of the one hundredth anniversary of the birth of the Old One, this is the only reason, also sufficient, for the return of the national association to Kirksville in such a short time.

There are some that are glad and some that are not. I think that we are all in agreement that we should meet in Kirksville in 1928.

We realize the inconveniences that we must meet in this trek to the shrine of Osteopathy, but these will be in emulation of the Father of our science and will be borne without grumbling. The return of the great Osteopathic convention to the Missouri town that sheltered the weary pilgrim in his early days from persecution.

As we go to press, all of you have returned to Des Moines, and our success last year at the State Convention at Scotts Bluff, Neb., where we were to have been, has set the pace for other states to follow. We want ONE HUNDRED PERCENT of those who were at the State Convention at Scotts Bluff, Neb., to attend the State Convention at Parkersburg, Iowa, which will be held the week of July 25th.

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New Faculty Members

Dr. H. J. Marshall, Osteopathic Eye, Ear, Nose and Throat specialist at the Los Angeles Orthopedic Hospital, has accepted a position on the faculty of the Des Moines Still College of Osteopathy, as instructor and in charge of the work along the line of his specialty. After having graduated from the Los Angeles College of Osteopathy he spent a year additional with Dr. Ruddy and Goodfellow continuing his work to diseases of this type.

In addition to his extensive practice Dr. Marshall has been active in association work. He has served in the capacity of president and secretary of the Eye, Ear, Nose and Throat division of the association; a member of the State Board of Osteopathic Examiners; President, secretary, and member of the board of trustees of the state association; and editor of the state Bulletin. Dr. Marshall will leave the city about the 18th in order to attend the national convention at Denver, Colo., where he will be in emulation of the Father of our science and will be borne without grumbling. The return of the great Osteopathic convention to the Missouri town that sheltered the weary pilgrim in his early days from persecution.

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A Message from the Dean

Dear Doctor:

It has long been the aim of the trustees of the Des Moines Still College of Osteopathy to help our students in every possible way, so that they may have the best chance to become as strong, spare thyself, as possible.

- I

Most of them do, when we give it. Because we do not work purposefully to this end. Our entire campaign, I am sure that every one of them will want to assist in supporting this institution which is doing so much to develop our science in Iowa.

With my sincere wishes for the success of the endowment campaign, I am Yours truly,

R. B. GILMOUR.

New Faculty Members (Continued from page 1) for the last several years, been engaged in the teaching of High School Science, will be at D. M. S. C. O., as associate professor of chemistry. He specialized in Physiological Chemistry at the State University of Iowa, and will have charge of that division of the program.

Professor Gordon is another worthy addition to our unbeatable faculty.

Taken all in all, the students are indeed fortunate in having such men to lead them through the intricate Arts of such various subjects in the curriculum.

Another good thing about tell-the truth is, you don’t have to remember what you say.

Always leave them smiling — when you say “goodbye.”

Let a shave and a shine be your first morning investments.
Why Osteopathy?

It is a youthful profession, growing rapidly, unhampered by tradition, free to seek the truth where the truth may be found; under no obligation to conform to beliefs and practices whose only sanction is age and repetition.

The science and practice of osteopathy is the first considerable departure from the age-old, hackneyed approach to the problem of the cause, prevention, and cure of disease. This alone would assure it the respectful attention of future historians. To have given a new channel to any considerable body of thought is an achievement to the credit of only a few of the world’s great. Hence the strong hold of osteopathy generally, upon the esteem and regard of scientists.

But here is a growing science and an enlarging field. It is a constant challenge to the constructive and creative to investigate and delve of its truths, and find better ways of applying them to the relief of human suffering and the amelioration and eradication of disease.

And surely no young man desires of representing his age, given the choice between blindly accepting and weekly submitting to the conventional thought and action imposed by the past, taking the world as he finds it, and deliberately setting to work to make the thought and action of his day conform to the day’s conditions of reality to the new knowledge and understanding and need to be for a moment hestitate where to cast his lot. Men lead—one’s followers.

And what young man in quest of a career, having the whole world before him would not wish to have life to count mightily. It is mayhap in disillusionment that many come ultimately to see that there are but two things which finally we get out of life—the ability to love and friendship on the one hand and on the other the contributions we individually succeed in making to the actual progress of the human family. These are the things men live by.

The young man who takes up osteopathy will do so with the conscious knowledge that he will take part in the formative processes out of which a great scientific, and humanly helpful profession shall grow as the years pass by.

Here Is a Gift

Still College uses the Log Book as a medium to announce gift of 100 steel tablet arm chairs from Dr. "Virg" Halladay.

The chairs are of steel frame construction with seats, backs and arms of oak. Without doubt they should last a lifetime and the school expresses its appreciation.

Juniors and Seniors

Do not forget to get back plenty early for O. B. and General Clinic. There is plenty to do for all on our part as you can see from Forest Schaeffer’s report in the next issue.

Sherwood is going to need you to treat the many patients who are applying for examinations and treatments.

Don’t forget that we will be waiting for you anytime after the fifth of August at 720 Sixth Avenue with new treating rooms and renovated treating tables. Come early and avoid the rush for reservations.

New Office Secretary

Another new face will greet you when you get back to school in September. It will be that of Miss Florence Crawford who has taken over the place of duties of Miss Rosemary Kurtz.

Miss Crawford is accommodating friendly and efficient. She comes to us from Grandall, Iowa, and we hope to make such a good impression on her that she will want to stay. That is up to us as students. Let’s all have a friendly smile of greeting for her when we get back all ready for work with plenty of “plop.”

Message from Recent Graduate

I am glad that the college is doing so well and getting into more commodious quarters. It is great and I rejoice with you all. I am sure I hope to have a substantial part in the furtherance of the old Alma Mater some fine day before long years have passed.

Hoping that you have the largest freshman class ever, I remain as ever,

Fraternally yours,
A. E. SMITH, D. O.

Always be courteous in the face of discourtesy.

Work will Win when Wishing Won’t.

PLEDGE

I agree to fill out, sign and return as directed, the necessary blanks (to be mailed me later), and attach hereto Five Dollars as partial payment of first annual premium on $... policy, as outlined for the Still College Group Endowment Fund.

My Name in Full: (Write plain or Print)

Mailing Address: St. No. (City) State

Date of Birth--- Place Born--- Month -- Day -- Year

Name in Full of Primary Beneficiary:

Mail above Coupon to Still College of Osteopathy, Des Moines, Iowa, or Royal Union Life Insurance Company, Des Moines, Iowa.
OUR NEW HOME

LOCATION: 720-722 Sixth Avenue. This is on the west side of the main north and south highway thru the city. Across the street to the east is the New Consistory. Grand Avenue, the main east and west highway, is three blocks south. The site is convenient for patients and for the student body, and yet away from the noise of the business district.

OUR NEW FACULTY MEMBERS

DR. W. J. NOWLIN
B. S., M. D.

DR. H. J. MARSHALL
D. O.

PROF. L. C. GORDON
B. A.
The Royal Union Life

The thought has occurred that some of the students of the college, their families, (which latter, some of the students of the college, and稳定性 and however, must be good insurance risks.

Questions naturally arising in the minds of those seeking insurance are these: (a) Is the company financially responsible? (b) Is it likely to remain so over a period of time? (c) Who are its officers, and (d) What is their attitude toward Osteopathy?

The Royal Union Life is an old line reserve company. In assets and insurance in force it ranks among the best of the great companies on this continent. It is growing rapidly, so rapidly that in 1927 it was the largest in the United States.

You will pay less than a like amount of protection would cost you in any old line company, yet your insurance through Still College will mean $400 or $200 to your Endowment Fund plan and with no additional cost to you.

Isn't this really worthwhile? Surely you will consider this plan seriously and send us your pledge for one or more units.

At the Denver Convention one of the most interesting and informal general discussion was the Still College Endowment Plan. Several of the most interesting topics of the day, such as investments, or suffer a temporary sacrifice, or buy a temporary policy, and then go on to a permanent one.

The Administration holds forth to the Endowment Fund plan and what it may mean. They plan of insurance is not only unique among endowment projects but its simplicity and practicability are readily apparent.

STILL ALUMNI ENDORSES PLAN

At a meeting of the Still College Alumni Association held at Denver during the National Convention, the Still College Endowment Plan was presented and discussed in all of its phases, and it met with unanimous and enthusiastic approval.

The Still College plan contains an idea that overcomes many of the objections inherent in other class gift college or other endowment plans.

UNIQUE FEATURE OF PLAN

An especially strong point in the Still College plan is that the contract is more valuable to the member than to Still College and consequently, he has greater interest in its maintenance. The policy is his in the same way that any contract belongs to any other policyholder, save that the coupons or guaranteed savings (always equal to $200.00 per year of 20 years per unit) are assigned in the application to Still College.

This plan provides for a close interest in the making of decisions by the Osteopath because he has by far the larger interest in the policy. This plan injects into the making of deposits the Osteopathic idea of personal ownership.

In other words, this plan which is submitted to members of the Osteopathic profession and members of their immediate families, as of May 6, including students of Osteopathy as well as graduates, provides a gift to Still College only if the policy be maintained in force.

In case of death during the 20 year period while the policy is being maintained in force, using one unit as an illustration, your estate or family gets $1,000.00 and Still College receives $200.00 plus an amount equivalent to matured savings or coupons and without any additional cost. Furthermore, Still College is guaranteed the amount of $200.00, whether you live or die.

A willingness to assist in this good cause is bound to exist in the heart of every well-meaning member of the profession as a whole. It is generated in the laboratory of experience and in the schoolroom where it is becoming a part of the daily dozen. The desks of the chemistry classroom have been installed and connected. The laboratory for biological dissection is in place. A pit—and who can forget the character in Aesop's fable manikin of R. B. B. is being put through its daily dozen.

The Building Progresses

The new building is taking on a certain air of reality, which is not only evident in the general reception room for visitors, patients, and such students as may have business on the floor. Just down the aisle on the second floor, the second floor is a monument to remind him, no less than a laboratory of experience and instruction for his benefit.

The next floor above needs a lot of laborious work, and the finishing touches—a little paint here and there, a few chairs rearranged; a partition thrown in, which awaits the removal of a service elevator, retained until the fixtures are in; and the floors are
The Endowment Plan

(Continued from page 1)

It allows you to obtain estate protection which competitive authorities agree should be on every estate, no matter how much or little it may be. In this fast moving world of increasing demands you owe it to yourself to obtain this protection. You can get it through Still College without medical examination.

IF YOU COULD, WITHOUT COSTING YOU ANY MONEY, GIVE STILL COLLEGE AND THE SCIENCE OF OSTEOPATHY $200 OR MORE, WOULD YOU DO SO? OF COURSE YOU WOULD! WELL, YOU CAN! BY THIS METHOD — THROUGH STILL COLLEGE — BUY A LIFE INSURANCE POLICY OF $1,200, $1,500 OR $2,400, WITHOUT PHYSICAL EXAMINATION, AT THE RATE SHOWN.

Still College Group Endowment Plan

Yearly Premium Rates at Age of Entrance
(For One Unit $1,200)

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The Royal Union Life

(Continued from page 1)

Guaranteed.

The success of this project is now assured and you will be proud of the knowledge on your part of helping in making it a success by being among the first to take advantage of getting this protection. You surely want to be prominently identified with this vital campaign. You will surely be persuaded to accept this opportunity to get more life insurance and at the same time help Still College to move ahead. Fill up the attached coupon and send it in at once while you think of it for $1,200, $1,500 or $2,400.

Pledge

I agree to fill out, sign and return as directed, the necessary blanks (to be mailed me later), and attach hereto Five Dollars as partial payment of first annual premium on $..................... policy, as outlined for the Still College Group Endowment Fund.

My Name in Full

(Write plain or Print)

Mailing Address: St. No. City State

Date of Birth Month — Day — Year Place Born County or State

Name in Full of Primary Beneficiary

Mail above Coupon to Still College of Osteopathy, Des Moines, Iowa, or Royal Union Life Insurance Company, Des Moines, Iowa.

The Plan Guaranteed

The Endowment Fund is underwritten by the Royal Union Life Insurance Company of Des Moines, Iowa, an old line legal reserve life insurance company, operating under the supervision of the State of Iowa, and many other States of the Union. The Royal Union is one of the large companies. It has approximately $140,000,000.00 of business on its books and its assets aggregate over $28,000,000. With a great financial institution of this kind and backing up the Still College Endowment the project is safeguarded and assured.

You've noticed, doubtless, that the very real need of our profession and our school in particular, incur eminently anywhere, that will hardly be offset by the gratefulness we may show, or the profits they may make from our patronage. But of all insurance companies we know the Royal Union Life will come nearest showing an abiding interest in Osteopathy.

The mission in turn, and particularly the alumni and students of D. M. S. C. O., should react to the generosity of the Royal Union by seizing this opportunity to purchase, to their own advantage, the preferred sound non-medical insurance at a very low premium rate and at the same time, at no additional cost, contribute to the endowment of one of the profession's greatest schools. E. E. Steffen.

You've noticed, doubtless, that the world's greatest era of accomplishment preceded the efficiency expert.

Vacational News

Mrs. K. M. Robinson, our Secretary, left Saturday with her brother's family for an extended tour of the East, taking in much of the historic side of the border. They expect to be gone about fifteen days and to see many of the wonder spots of the northeastern country as can be conveniently gotten in.

Their route will include Detroit, Toledo, Cleveland, Buffalo to the Hudson, from where they will go to Montreal and back on the Canadian side. Dr. E. E. Steffen, our Exchquer, is also on a week's vacation, which he is spending in Nebraska.

Americanism: Cursing the rich; trying desperately to get that way.
Osteopathy Without Limitation

Editor - L. J. Grinnell

[Continued from page 1]

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The Log Book
The Log Book
The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY
President ............ C. W. Johnson
Faculty Advisor... H. V. Halladay
Editor............. L. J. Grinnell
Osteopathy Without Limitation

THE CLINIC

No great outstanding school of the kind in a small center. No great training school for physicians will ever be developed, and none of all its work, in a center of meager population. Good schools there may be but not great schools. Certainly not until the airplane gives cheap, safe, and
reliable ambulance service; and even then the question how far convenient and rapid transportation offsets the advantages of a big city in the training of school and patient. Without a single exception every great school of medicine, except that of which a liberal education is given, carries out the instruction of the two clini-
cal parts of its course—medicine and surgery. It has made rather generous appropriations for hos-
pitalization, including every clinical facility of a physical nature, everything in short except that sine qua non of modern medical education—patients. Pa-
tients to illustrate the processes of diagnosis, recognition and identification, and the best modern approach to the treatment of disease. The recent troubles in the medical de-
cartment, culminating in the disagreement over the dis-
seption and emigration of students, is the best commentary on the text that has been worked.

The larger city affords not only clinical material for illustration and instruction, but it usually offers to the school a situation which has the threefold advantage of (1) coming in contact with and recognizing pathology as it obtains in the living subject and his utilization of his own wits and ingenuity in working out the elements of effective treatment; (2) obtaining a con-
cidence, knowledge and experience out of which proficiency grows, by applying that knowledge to the same nurse in which clinicians of wide experience meet the problems of their profession; and so a profuse and dense instruction whatever can be successfully substituted for actual experience in practice which confront the physician.

Professional Education

Part One

Primitive man encountered a simple environment. To the modern man trained in the uni-
versity, observance of reality, the world is bewildering in its complexity. It meets the modern mind, and contracts wherein it meets the primitive and un-
trained mind once. And if the modern man should rejoice the fact that the world of modernity has out-run the eouterceptors and the masses of mankind, are equipped with and the limitations of which they are none too familiar.

And the university man, un-
less he is intellectually as apt
and alert in after years as dur-
ing his period of intensive train-
ing, will hardly keep pace with
the progress in his chosen field;
and will find himself left behind in the technicalities of all the
years.

If he happens to be a profes-
sional man, he not uncommonly
finds when he gets out of training
that the variety of the younger recruits of his profession is complicated and protracted beyond what exigency of life can stand.

But he forgets that the world today is giving more and more to research and thought on the subject of today, its bearing upon the problems of tomorrow. So that what seems an adequate training for the student aspiring to the practice of medicine, will find himself left behind in the technicalities of all the years.

And while the innocent and
naive are assembling from the
four corners of the building, the
bookstore bandits will reap their
harvest as has been the jolly cus-
tomers of those great international
palaces, at the back of the
library, with its great marble
sant with the cause, nature and pro-
duction for the study and com-
partment of all the subjects of the last two-

3

Are You Looking For

a Location

Dr. Laura Kelley of Lebanon, Mo., writes that her practice is for sale. Lebanon is a town of 4000 population and there is no other Osteopath within a radius of 50 miles. Dr. Kelley says it is a bargain in comparison with the other equipment. If in-
terested, communicate with the
Doctor, at Lebanon, Missouri.
Dr. J. D. O. D., writes that he wishes to dispose of his Osteopathic-Ophthalmic practice.

Oakland is a modern city of 1500, having good schools and churches, in the central location of the state; and is a good location for an osteopathic practice.

Fable! He failed at every thing he tried, but his mother-in-law remained loyal and un-

Two is company, three a crowd, four a petting party.

The Building Progresses

(Continued from page 1)

windows await their final "soap

time, men, skill and thought to
physical and chemical science.

are available and will be
rooms are available and will be

And while the innocent and
naive are assembling from the
four corners of the building, the
bookstore bandits will reap their
harvest as has been the jolly cus-
tomers of those great international
palaces, at the back of the
library, with its great marble
sant with the cause, nature and pro-
duction for the study and com-

3
You Have Wanted A Great Building—

HERE IT IS!

The Most Substantial College Bldg. in the City of Des Moines—
A City of Colleges.

Elevator Service; Wide and Easy Stairways; Fire-proof.
Equipped to Train Osteopathic Physicians and Surgeons, Not Only In Fundamental Science, But In Clinical Judgement and Competence.

The College Has Just Begun It’s Expansion. The Developments of the Next Few Years Will Be Rapid, Perhaps Startling. With It Will Come a Great Increase In Osteopathic Prestige.

As a Student, Your Career is at Stake. You Can Afford Only the Best in Osteopathic Education. Think It Over!

As a Practitioner, You are Anxious to Help. Don’t Send Money BUT—SEND US QUALIFIED STUDENTS!

WHEN BETTER OSTEOPATHY IS TAUGHT, “STILL” WILL TEACH IT.
The A. O. A. Convention

The judgement of a convention should not come from one person. You may attend conventions for the sole purpose of having a week of recreation mixed with a little work, but you must be aware that there are different ideas about what should make up a really successful meeting. In going over the various phases that do make up an annual meeting, we can divide it into several parts; some of our members are devoted entirely to one of the subdivisions.

Socially—"A good time was had by all." A spending week in Denver and failing to enjoy himself, must be in jail. If you did not care for the entertainment sponsored by the association, there was enough left of local attractions to keep you busy all summer and then have some left over. It is our opinion that Denver is an ideal place to enjoy oneself. Those of us from the plains, surely enjoyed the change in scenery and the hospitality of the natives.

Educationally—Our programs are always the three-ring circus variety. The only complaint that we have is that it was not enough time to take in all that was offered. A number of new and practical ideas were offered and took well. We would say that the lectures and demonstrations, taken as a whole, were well received.

Politically—Oh! there were some disappointments, but none were too large. Mr. Webster at the helm, we cannot go wrong. The other officers were more the main satisfactory. We see the old favoritism bob back early.

We see the old favoritism bob back early. We were surprised. With Dr. George out of a catalog and other stock tality of the natives. Some left over. It is our opinion where Still College is giving the tirely to one of the subdivisions. Dr. Groff comes to us with little Osteopathy. Others have each there has been more or less the same time. No one can ob Friday, August 12, 1927

We are a federated club—city, state and national—which gives us the driving force of 30.0,000 members of our profession in Des Moines. The credits have been answered to the credit of Osteopathy and the benefit of our college. The women of our profession in Des Moines, each gave a day of her time to assist the regular attendant at the booth.

We have placed the Osteopathic Magazine in every public library in the state, where there are sponsored public lectures, as well as held many social meetings.

With the acquisition of a new college building, a greater field of service is opened to us in supplying needed books, etc., to our library. Hence, we are appealing to each physician to help in this work by taking out a membership in the Osteopathic Library. We wish to have each one of you give us the credit of Osteopathy and the state of the work. We wish to have each one of you give us the credit of Osteopathy and the work. We wish to have each one of you give us the credit of Osteopathy and the future in the past.

The membership fee is only $2.50 a year—the magazine in your library is worth that to you—the cause is a good one—there is work to be done—we are never without a mission. We are not working for the future, we will continue. Our only way of proving this is thru those who attend our convention.

We appeal to you, as good Osteopaths, to help with us in this splendid piece of work by sending your check for $2.50 to the State Fair for two years, and we will accomplish more in the future than in the past.
At the Iowa State Fair

As has been our custom for the past three years, the college is conducting a booth at the State Fair. This year, in company with the other non-profit schools of the state, we are situated in the new Educational Building and it is a real pleasure to work with the able and good-natured Mr. Lytton of Drake in charge of this department and has proved himself able in every way to handle the situation.

The Still College booth is located at the top of the west ramp, with Drake on one side and the Y.M.C.A. on the other. The walls of the booth this year are decorated with appropriate physiologic and microscopic views from the new college building and pamphlets. In the booth we have a treating table set up with Osteopathic literature secured thru the A. O. A. office, the college catalog, Log Book, and Halladay’s Smile Cards. All are in demand.

Conducting this booth at the State Fair serves several purposes. In the past we have had inquiries relative to the practice of Osteopathy from a comparative standpoint. Some want to know of practitioners in their home towns. Some are looking for a school. Others want health questions. The college is alternating two students each day in the booth, so that several may have the experience of this type of publicity. Dr. H. V. Halladay has charge of the booth and has attended personally to the necessary details.

This is the hour of the best man. He stands for what he is, and owns what he can reach. There are no predestined positions, no castes of breed—only of deed. The bate at any mother’s breast may become supreme.—(Herbert Kaufman.)

The Denver Convention

The convention was a success from every point of view. Not to be a crowded as we had but a good representation. The convention was well planned and well managed, and those in charge were nicely taken care of. The Denver people are to be congratulated upon the splendid arrangements—they treated us royally. The whole atmosphere of the convention, from beginning to end, was Osteopathic. There were more clinics than could be taken care of in and over 200 Osteopathic physicians were called for physical examinations.

H. J. MARSHALL, D. O.

A Word From the Laboratory Director

The laboratories in the new building will be a revelation to students who got along so cheerfully with the inconveniences in the old one. The chemistry laboratory on the first floor has space, lots of it. Increased deck room, increased light. Constant water pressures. The old stone desks have been replaced with acid-proofed wood tables, which can be cleaned and disinfected easily and thoroughly. Opening one side is a roony, light supply room, and a vault for the microscopes make a compact and convenient unit.

Above all, nothing to interfere with immaculate cleanliness everywhere. Old students know that the director is somewhat of a monomaniac on that point.

On the same floor is a comfortable pit, where the instructor’s demonstration desk has been installed.

To Any Young Man

There are set days when the going is rough; there are still more where the shedding is tough. Battle and drudgery, raw luck and blight, Trouble and trouble, front and center right. But what is good is fiber that never rots, and faith's heavy strains. In riding the gales?

The soft days are pleasant where there are few ills, and blight, where there are few ills.

The Kirksville Daily Express

Ideal vacation site. It may be that distance was a handicap, or perhaps some had recently visited some other place. Perhaps those who stayed home or went somewhere else missed a treat. We are ready to return to Denver almost any time.

The Exhibitors—We did hear a little complaint from some of the exhibitors. They were, for the most part, well satisfied with results and were more comfortable than they were the year before in Louisville, that comparisons were odious. It would be much easier for them if the exhibits could be placed so that they were a little more convenient for the visitors. You should not have to hunt for the exhibits. They should be on the same floor of the program and placed so that the customers will have to see the booths, even if they are not closer. It is good business for the association to please the exhibitors.

Yes, it was a good convention.
The Value of Thorough Examination

The Log Book

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President ................. C. W. Johnson
Faculty Advisor........ H. V. Halladay
Editor..................... L. J. Grinnell

The osteopathic profession lacks business training and salesmanship. Except in isolated instances the general tendency is for the individual practitioner to be under ordinarily on a case or a consultation and trust to luck to get out with credit to himself and satisfaction to the patient.

There is no definite method of approach; no attempt is made to impress the patient with the value of the examination, the manner of conducting the examination, or consultation (even though it divulges the correct information) fails to inspire the patient with confidence. Conclusions drawn are recommendations, too often convey an idea of indefiniteness and indiscernible, and the bearings of the case are not outlined. Resolutely buried, by the statement that the examination was free, or if a charge was made, the fee was so ridiculously small considering the services rendered, that the patient, measuring the fee against the terms of the price, considered he had at best only the most mediocre of service and gauged the individual together with his profession, accordingly.

The first impression of an office, or a doctor, very often determines the subsequent course of the patient. Neatness, cleanliness, refinement, and taste in office furnishings, with attention, courtesy, tact, dignity and a general air of efficiency on the part of the personnel, will go a long way toward landing the prospective patient's confidence.

The routine of the examination must of necessity suit the needs of the examiner. No attempt will be made to hurriedly explain in detail, its modus operandi has been discussed in the literature we have at hand, and our profession has been thoroughly searched through, cell by cell, every member of your family in the house of life, may hear that word, "Courage! You are not moribund. You'll still care for them." Or, when this bit of putrid flesh has been frozen, cut, stained, scrubbed, and searched through, cell by cell, some gray-faced woman, covering in despair, under the awful fear of eating death, that tortures long and long before it kills, may hear like clashing music on broken glass, "Look up. Take heart. That is the light of hope." The medical profession never prevents a return to the scene of the crime; or a doctor, very often determines the subsequent course of the patient. Neatness, cleanliness, refinement, and taste in office furnishings, with attention, courtesy, tact, dignity and a general air of efficiency on the part of the personnel, will go a long way toward landing the prospective patient's confidence.

The final proof of friendship is to forgive him for making more money than you do.

Pledge

I agree to fill out, sign and return as directed, the necessary blanks (to be mailed later), and attach hereto Five Dollars as partial payment of first annual premium on $................ policy, as outlined for the Still College Group Endowment Fund.

My Name in Full (Write plain or Print)

Mailing Address: St. No .................................. City .................................. State ..................................

Date of Birth: Month — Day — Year Place Born County or State

Name in Full of Primary Beneficiary

Mail above Coupon to Still College of Osteopathy, Des Moines, Iowa, or Royal Union Life Insurance Company, Des Moines, Iowa.

In a Clinical Laboratory

"How can you do this nasty work," they ask, the dainty visitors, shuddering as they look along my table, where "mid things operative are lying here, the task of the instruments are laid, bottles and jars of all the body's waste, a house of life, may hear the word, "Stop, traveler, safely on your journey. All is well."

Dr. Ralph E. Davis, Class of May, 1927, successfully passed the Wisconsin State Board Examination, including the Basic Science exam, and has received his certificate.

We are pleased to note that our graduates have been so generally successful, and wish to congratulate one and all.

The Log Book fulfilled its requirements? These are all questions that the Editor would like to know the answers for...

If this issue lacks "dope" of interest, hear with us, for when you all return YOU will make plenty to write about. Thank you all return YOU will make interest, bear with us, for when

the legal profession never prevents a return to the scene of the crime; or a doctor, very often determines the subsequent course of the patient. Neatness, cleanliness, refinement, and taste in office furnishings, with attention, courtesy, tact, dignity and a general air of efficiency on the part of the personnel, will go a long way toward landing the prospective patient's confidence.

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## SCHEDULE OF CLASSES

### FIRST YEAR—First Semester

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>ANATOMY—DESCRIPTIVE</td>
<td>DR. H. V. HALLADAY</td>
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<tr>
<td>CHEMISTRY—ORGANIC</td>
<td>PROF. I. C. GORDON</td>
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<tr>
<td>HISTOLOGY</td>
<td>AYA L. JOHNSON</td>
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<tr>
<td>BIOLOGY</td>
<td>DR. E. E. STEFFEN</td>
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<td>BACTERIOLOGY</td>
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<td>EMBRYOLOGY</td>
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**Second Semester**

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<tr>
<td>ANATOMY—DESCRIPTIVE</td>
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<tr>
<td>PHYSIOLOGY I</td>
<td>AYA L. JOHNSON</td>
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<tr>
<td>HISTOLOGY</td>
<td>PROF. F. SUTTON</td>
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<tr>
<td>BACTERIOLOGY</td>
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<td>CHEMISTRY—PHYSIOLOGICAL</td>
<td>PROF. I. C. GORDON</td>
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<tr>
<td>PATHOLOGY I</td>
<td>DR. E. E. STEFFEN</td>
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<tr>
<td>ANATOMY—DESCRIPTIVE</td>
<td>DR. J. M. WOODS</td>
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**Second Semester**

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<th>Course</th>
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<tbody>
<tr>
<td>SYMPTOMATOLOGY</td>
<td>DR. C. F. SPRING</td>
</tr>
<tr>
<td>PRINCIPLES OF OSTEOPATHY</td>
<td>DR. C. F. SPRING</td>
</tr>
<tr>
<td>NERVOUS PHYSIOLOGY</td>
<td>DR. C. W. JOHNSON</td>
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### THIRD YEAR—First Semester

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<tbody>
<tr>
<td>PATHOLOGY III</td>
<td>DR. E. E. STEFFEN</td>
</tr>
<tr>
<td>ANATOMY—APPLIED OSTEOPATHIC</td>
<td>DR. H. V. HALLADAY</td>
</tr>
<tr>
<td>LABORATORY DIAGNOSIS</td>
<td>DR. J. M. WOODS</td>
</tr>
<tr>
<td>PHYSICAL DIAGNOSIS</td>
<td>DR. H. V. HALLADAY</td>
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**Second Semester**

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<tr>
<td>OBSTETRICS</td>
<td>DR. R. B. BACHMAN</td>
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<tr>
<td>GYNECOLOGY</td>
<td>DR. C. W. JOHNSON</td>
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<tr>
<td>NERVOUS AND MENTAL</td>
<td>DR. C. W. JOHNSON</td>
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<tr>
<td>OSTEOPATHIC THERAPEUTICS</td>
<td>DR. E. E. STEFFEN</td>
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<tr>
<td>ORTHOPEDICS</td>
<td>DR. H. V. HALLADAY</td>
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<td>CLINICS</td>
<td>DR. H. V. HALLADAY</td>
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### FOURTH YEAR—First Semester

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<tbody>
<tr>
<td>PEDIATRICS</td>
<td>DR. M. E. GOLDEN</td>
</tr>
<tr>
<td>OBSTETRICS</td>
<td>DR. R. B. BACHMAN</td>
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<tr>
<td>NERVOUS AND MENTAL</td>
<td>DR. C. W. JOHNSON</td>
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<tr>
<td>OSTEOPATHIC THERAPEUTICS</td>
<td>DR. E. E. STEFFEN</td>
</tr>
<tr>
<td>SURGERY</td>
<td>DR. J. P. SCHWARTZ</td>
</tr>
<tr>
<td>EYE, EAR, NOSE and THROAT</td>
<td>DR. H. J. MARSHALL</td>
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**Second Semester**

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<thead>
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<tbody>
<tr>
<td>DIETETICS</td>
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</tr>
<tr>
<td>APPLIED OSTEOPATHY</td>
<td>DR. J. M. WOODS</td>
</tr>
<tr>
<td>PSYCHIATRY</td>
<td>DR. C. W. JOHNSON</td>
</tr>
<tr>
<td>PROCTOLOGY AND UROLOGY</td>
<td>DR. J. P. SCHWARTZ</td>
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<tr>
<td>BACTERIOLOGY</td>
<td>DR. J. P. SCHWARTZ</td>
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<tr>
<td>X-RAY AND ELECTRO-THERAPY</td>
<td>JUDGE HUBER</td>
</tr>
<tr>
<td>CLINICS</td>
<td>DR. B. L. CASH</td>
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**LABORATORY DIRECTOR**

Z. A. INNES

Laboratories under the direction of the head of each department are conducted in the afternoons in the following subjects: Histology, Embryology, Physiology, Pathology, Anatomy, Technic, Bacteriology, Embryology, Physiology, Pathology, Anatomy, Technic, Gynecology, and Clinical Diagnosis.

### 1927 - 1928 CALENDAR

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
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<tbody>
<tr>
<td>Registration</td>
<td>September 6 - 7</td>
</tr>
<tr>
<td>Class work begins</td>
<td>September 8</td>
</tr>
<tr>
<td>Christmas vacation</td>
<td>December 25</td>
</tr>
<tr>
<td>Class work resumed</td>
<td>January 3</td>
</tr>
<tr>
<td>Mid-year graduation</td>
<td>January 22</td>
</tr>
<tr>
<td>Spring semester begins</td>
<td>May 24</td>
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</table>
Our New School

1927 Football Schedule

So far, our very promising team has a very short schedule for this fall. The three schools usually write for games during this month, after they open and get their schedule arranged.

Coach Sutton desires and demands, this year as every year, rigid observance of practice periods. He also expresses his belief that our team should, if all its most successful, at least one of its most successful seasons.

On September 24, Parsons College will invade the "City of Certainties" where they certainly will get some rough treatment at the hands of our Pirates.

Then nearly a month from now, as our schedule is now, we journey to Sioux City to give Trinity a real run for their money.

The following week, Western Union comes to Des Moines for their annual walloping, we hope.

On November 12, the Pirates arrive at our own home, and will try to raise their flag over the Blue and White team at St. Cloud.

November 18th is the day we travel to Indiana to attempt to beat Simpson.

Then on November 24, Thanksgiving Day, we list, the team, but the student body too, travel to Kirksville for the annual clash with K. C. and our biggest rivals. Remembering the beating they received at our hands last year, they will undoubtedly try to get sweet revenge. As Kirksville has a very strong schedule this year, the game will have a real ring to it on Thanksgiving Day.

With the new fresh blood on the team and no false teeth, our outlook is the brightens in years.

Endow Still College

Probably no subject in Osteopathic circles in recent years has created so much interest as the Still College Group Endowment Fund project. Osteopathy and its well being are outstanding schools in the Osteopathic profession. It is the second generally accepted philosophy. It is a non-profit, purely educational institution. The college is now housed in its beautiful new home on Sixth Avenue in Des Moines. The new home offers greater facilities for laboratory, lecture and clinic work. The purchase of the new home by Still College marks the biggest advance for Osteopathy in the history of our profession in the state of Iowa. It is, naturally, also a big advance for the profession itself.

You have not been asked to contribute to the purchase of the new building; in fact, Still College has never asked for any financial support of any nature whatsoever from the profession. There is nothing more important that means so much to the welfare of the student body.

The Still College Group Endowment Fund is most unique among all similar organizations. Life insurance has been issued by the Royal Union Life Insurance Company and available to Osteopaths and members of their families and students of Osteopathy and members of their families. The policy is sold in units of $1200 each. Each unit pays to your family or designated beneficiary, $1000 in the event of your death, and each unit guarantees to Still College a minimum of $200, whether you live or die.

The policies are written by the Royal Union Life Insurance Company with usual examination at an extremely low rate, and without the services of salesmen.

The plan offers you the opportunity of increasing, under most favorable conditions, your life insurance estate, for the protection of your family and loved ones, and each policy so taken helps Still College.

The policy is issued by the Royal Union Life Insurance Company of Des Moines, Iowa, to other companies issues this particular contract. It is a special

(Continued on page 3)
FRATERNITY NOTES

ATLAS CLUB
A grand demonstration of hand shaking took place when Bros. Dud Smith of Ionia, Michigan, Dave McKeon of Kewanee, Ill., John Harvey of Derry, Pa., and Ole Nick of Austin, Minnesota arrived. An unusual tone was added to the sleeping porch array. Upon investigation, two long-bearded men were found. After getting them shaved and washed, they were recognized as Lefty Dornbush and Ted Rickenbacker. The colors of Logan and Tam, galloped in just in time for the round up.

UHFack, the most prominent member of the Perry Club has checked in. Bros. Trimble and Bryson have returned. From their summer's work and are ready for another "lap." Chris Peden came down from the great northwoods to get a little "summer." Morgan and Bankes are back, full of pep and ambition.

Bros. McNaughton and Evans are busily engaged in sweating and selling tickets. "Save my bed and room, and good ruck."—Musselman.

And Evans brought a Kirsckville man to register in our new halls.

Bro. Carter of Chicago is with us this year. He is a member of the senior class. Jack Steckler has been seen but not heard from. Forest Schaeffer, who was in Des Moines all summer, went home to paint his back wife and little girl.

Brother Weir has placed his name on the roll again. Dr. Scatterday has brought back his wife and family. The "D" college Logan and Tam, along with about 20 pounds of extra weight, arrived this week.

PHI SIGMA GAMMA
That homesick feeling for the smoky city, and the old 'school spirit, seemed too much to resist, and registration found all but four of last year's crew admiring the new white-tiled edifice and enjoying the elevation quite royally. Walt Cuff says his idea of the "great" freshman would be keeping the campus in shape. Leighton Long arrived from the east and is rarin' to show the fellows what real studying is like.—(we've all threatened that).

June nights with the girl, captivated Dale Weldan, and all smiled when he informed us that before the end of July was over, he was signing "Dr. and Mrs." Congratulations, Dale.

Rocky Stone has started track training early—trying to catch up with Walt at Valley Vet. Says he wouldn't miss them so often, but since Jennings left the northern woods and accompanies him on his morning run, he hopes to see and that Harold gets the right back.

Pres Howie, our ranger from Yellowstone, says it's quite a park, and that he slept in Idaho and ate breakfast in Wyoming. Wonder if he got water from "Old Faithful" to shave with?

Tis rumored that Clark is writing a book, or volume of some character, as he has used all ink in the house. Lowell Morgan has his "capital," ready for sale and is devoting all spare time to his practice.

The dining room has been opened and some illustrious menus served, but Walt Heilin is and Smith are busy getting the famous Sophomore crew in shape and seem to be proud that the Freshmen are furnishing so much material for them.

Dr. Scatterday has taken a vacation from his practice in Ohio and has been in the city for a few days.

Pledge Scott has taken up his abode at the house for the present. Pledge Ripley decided to take a vacation to the Windy City before coming back.

We take pleasure in announcing the pledging of the following men: Clayton Reeves, Walter Madison, Russell Patterson, "Ike" Taylor and "Rudy" Gauger.

Iota Tau Sigma
At the present writing most of the boys are back, and with thanks to "Deck" Jones' decorating crew, found the house cleaned and redecorated.

With the exception of "Tooter" Shaw, whose circus don't pass this way, there are a few of "Peel" Loghry, who was last heard from some place in Canada, every last year's man was on the job and in it to go the first day of school. Some of the boys must have had a good summer, as their claim is that they rode back on first class passage, but according to the befuddled Brothers stag on the highway is just as long as it used to be.

After a semester's vacation, Dick returned once again. Welcome, Richard. Your davenport assignment for your future "Pride of Detroit" will be waiting for you later, because "Lute" Drahling, after living for a couple years in the morgue, is now with us and claims all senior privilages. Much matter had to be done with. "Lute,"

So far as we can ascertain, none of the Bros. succumbed to the temptation of the home-town summer, but from present indications "Cousin Ambrose" Rock is out to capture the prize from the champion of two years' standing, "Buddo" Gephart. At present "Ambrose" has had him, but we doubt if he can maintain the pace that he is setting. "Buddo" claims that he would like to see him in special deliveries.

Several of the members were this summer enjoying summer dissection, especially the odors, but they succeeded admirably,ustomed to the terrific strain and responsibility of the position.

Of the members were this summer enjoying summer dissection, especially the odors, and they succeeded admirably, but according to the befuddled Brothers stag on the highway is just as long as it used to be. In order that his expenses might be lightened, Frank Wilson has for once used his head and ridden a side car back on first class. "Two nines an' a razor." Yuh shoh do. How come you so lucky?

MODERNITY: "It is rumored that the drug store is going in line with modern selling ideas. Heaven save us from a parade of dancing and singing and showing off the latest platters.

"How did you cure your wife of her antique craze?"

"Oh, I just gave her a 1907 model automobile for her birthday."

"I wonder why those titled foreigners who come over here give themselves so many airs."

"Probably it's because we give them so much respect."

"Ifa, Baron Flagg-Rush, you're coming to our affair tonight, aren't you?"

"Don't see how I can, Mrs. Goitre—you see, we've got a case of diphtheria in the house."

"Well, bring it along, Baron—we'll drink anything!"

PHI SIGMA GAMMA
The organization is entering upon its second year of existence and many features have been planned for the coming year. The men are all very enthusiastic about the fact that the meetings contain some educational feature, presented by various professional men.

Dr. Olsen, after a year's internship in the Detroit Osteopathic Hospital, is back with us. All of the Freshmen class, Lewellyn S. Hughes, W. Peterson, Gordon E. Dubois, Howard H. cook, Nick J. Gill, Howard E. Kalle.

"Kelly Club" meeting. But if all of the old clubbers will reassemble on this little, on the first meeting and initiation of new members will be held in the very near future.

Iota Tau Sigma takes great pride in announcing the pledging of the following men: All of the Freshmen class, Lewellyn S. Hughes, W. Peterson, Gordon E. Dubois, Howard H. Cook, Nick J. Gill, Howard E. Kalle.

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The Means of Endowment

The need of endowment is unquestioned. The future of our schools, hospitals and other institutions is largely dependent upon the continuing endowment. Hitherto, bequests and financial aid of any kind have been the exception rather than the rule. Drives for money are costly, large sums being required to pay for the services of promoters, and usually a considerable percentage of the pledges and other devices for raising funds are never realized. Other devices for raising endowments often fail because they are not given seriously, usually the exception rather than the rule.

From the standpoint of practicality it would seem to the Still College Plan. It is based on the purchase of group insurance by the profession and its friends. In the benefits of this insurance the College participates. It is in an Ordinary Life policy. It has been prepared and issued for us by the Royal Union Life Insurance Company. For convenience, it is issued in units. As many units may be purchased as the assured can use. It is the assurance of a dollar per unit, and yet contributes a material sum, as are rase as they are ideal.

It gives the Log Book the greatest pleasure to extend to each and every one of the members of the Class of 1931, a hearty welcome to Still College. The Editor hopes to have the added pleasure of meeting and shaking the hands of each individual Freshman. If any of us can help you—come to us and ask.

"Tell me truly, does the baby really take after his father?"

"Yes, indeed—why, when we took the darling's bottle away, he tried to creep down the cellar stairs."

Endow Still College

(Continued from Page 1)

PLEDGE

I agree to fill out, sign and return as directed, the necessary blanks (to be mailed me later), and attach hereto Five Dollars as partial payment of first annual premium on $-------------- policy, as outlined for the Still College Group Endowment Fund.

My Name in Full. (Write plain or Print)

Mailing Address: St. No.__________________ City________ State________

Date of Birth_____________ Place Born________

Month Day Year County or State

Name in Full of Primary Beneficiary______________________________

Mail above Coupon to Still College of Osteopathy, Des Moines, Iowa, or Royal Union Life Insurance Company, Des Moines, Iowa.
1927 Football Schedule

SEPT. 24—PARSONS _______________ HERE
OCT. 21—TRINITY __________________ THERE
OCT. 28—WESTERN UNION __________ HERE
NOV. 5—OPEN.
NOV. 12—BUENA VISTA _____________ THERE
NOV. 18—SIMPSON ________________ THERE
NOV. 24—KIRKSVILLE ______________ THERE

CAPT. ROSS

COACH SUTTON
British School of Osteopathy
By a special resolution passed May 28th, 1927, and confirmed June 11th, 1927, in order that the British School of Osteopathy may be perpetuated as such a School of Osteopathy and Manipulative Surgery, and Practice of that the school may be retained and conducted as a non-profit Institution of Learning in perpetuity, it was declared “that this incorporation shall be and be held for ever as a Trust in behalf of the Institution of Osteopathy including Manipulative Surgery, and in behalf of the said British School of Osteopathy as an Osteopathic Institution of Learning and that this Trust shall be placed in the hands and under the control of a body of Trustees, not more than eleven in number, who shall act as the Governing Directors of the said Company and School.”

The course given at this school which is in London, comparable with that of Des Moines Still College, theoretical work coming in the first two years, and the practical work during the last two years. We are indeed glad to hear that the influence of British Osteopathy is gaining and holding the good will of the citizens of our sister nation across the Big Pond.

The Dean of the British School is a man whose name has been associated, in the highest manner, with the American Osteopathic schools for many years—J. Martin Littlejohn. A list of his various accomplishments would fill a whole page. He is also the author of many books on Physiology, Psychology and allied subjects.

Wishing to serve the Lord in simple ways is love; wishing to serve in some big way is just vanity.

Do You Want a Glee Club?
There has been some talk about school that we lack a Glee Club at Still. This is true. We, however, have a Male Quartet. This year they plan to make several tours of cities and towns in Missouri as well as giving a Minstrel Show.

Are we going to allow them to stay ahead of us in this respect? We have a student body large enough to furnish plenty of material for either a choir or a glee club. At the very least we should have a good Male Quartet.

This matter will be taken up at some Assembly in the near future. In the meantime the Glee Club will be talking over Our student body is capable of putting out a really good club of the kind.

You Freshmen with talent speak up. This is your College now. You should take an interest in it and its organizations. We know there are some good voices in your midst—let’s go!

Upper classes anxious, placing the ball back on our 23rd, Coach Sutton had the floor, tightened and held for downs. Following Coach Sutton’s pertinent remarks, Dr. “Virge” and Wise for a 3-yard loss and a 5-yard penalty to be assessed. Following this, the remaining 11 still stubbornly lingering.

Summer Clinic of 1927
During the summer D. M. S. C. O. had one of her best seasons in regard to clinics. Assistant Clinic Supervisor, Dr. Gerald Beebe of the Chicago Clinic, has been very busy overseeing the students and patients.

Several of Dr. Beebe’s patients have returned from Europe, and several others, who were cared for with very pleasing results. There were also several cases of paralysis, not serious, on which excellent results were and are, being obtained.

The force of student physicians was relatively small, only sixteen men attending. Thus, as may be easily seen, the experience had by each was varied.

Too much cannot be said about the value of summer clinic, to the student now remaining in town during the summer vacation. These men who stayed were well repaid for their time in experience and practice.

Assemblies
The first assembly of the new school year was held on Friday morning, September 17th.

Doctor Johnson opened the session with a short talk, following which he introduced the faculty to the student body, the Freshmen in particular.

The faculty members, introduced in order of seniority at College, each welcomed the class of Freshmen and extending them upon their choice of Alma Mater, and profession.

Following this, the remaining time was turned over to Dr. “Virge” Halladay and “Max” King, who improved each shining moment by leading in a few cheers and the school song.

On Friday morning, September 23rd, Coach Sutton had the floor, making good use of it, by giving us the schedule for football games. He also asked for the support of the entire student body at the home games, and that of as many as possible at the away.

Following Coach Sutton’s pertinent remarks, Dr. “Virge” and Wise for a 3-yard loss and a 5-yard penalty for being over the line of scrimmage on the 20-yard line where a drop-kick by Wise failed.

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Parsons 13—Still 6
The Parsons Wildcats, Iowa intercollegiate champions, downed the Still Pirates 13 to 6 in the first game of the 1927 season. At no time did the Wildcats have the game sewed up, but, due to the punting of Captain Hornish, kept the Pirates from their goal line.

Both teams appeared to be in good shape and were represented at every play. At every play there was a crash and the gains made thru either one or the other. It was revealed that both backfields needed more work.

Parsons started out the first series and piled up 6 runs. After a twenty yard run, around Still’s left end by Swanson, a freshman, the ball was on the 15-yard line. After two line changes failed, Wise, on a fake run to the left, carried the ball to the 1-yard line. Swanson failed on a quarterback sneak, but Wallace of plunger put in a good block and Sherwood Nye was kept out of bounds on the 1-yard line.

Parsons kicked off the next series on the 12-yard line and again Parsons was piling on the good points. At every play there was a crash and the gains made thru either one or the other. It was revealed that both backfields needed more work.

For I am an osteopath! I’d whistle or sing or laugh to be a tower of strength on the defense and the only successful play was on the 2-yard line where a drop-kick by Sheen failed.

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THE LOG BOOK

FRATERNITY NOTES
PHI SIGMA GAMMA

Phi Sigma Gamma takes pleasure in announcing the pledging of Henry Scatterday and R. "They grow on dogs."

THE LOG BOOK

Iota Tau Sigma announces with pleasure the pledging of Russell and Earl Hewlett, both of the Freshman class.

SIGMA CHI OMEGA

A banquet, given in honor of the Freshman class, by the organization, the night of September 19th, at the Y. W. C. A., was well attended and gave us the opportunity of becoming acquainted with each new man.

ATLAS CLUB

A well attended smoker was held at the chapter house Wednesday night, Sept. 14th.

Around Our Merry Campus

EVEN AS YOU AND I
Mrs. Kindler — "I'm soliciting for the heartland. What do you do with your old clothing?"

Mr. Hard-Up — "I hang them up carefully and go to bed. Then in the morning I put them on once more."

WHERE HE LOST OUT
"Lost your job as caddy, have you?" asked one boy.

"Can't say, but he couldn't do it all right." He could do the work all right, but I couldn't learn to not laugh.

A doctor had finished his round of the links when his caddy remarked:

"Doctor, ain't you got some shoes in yo' locker yo' don't want? I needs some bad."

"Perhaps," said the doctor.

"What size do you wear?"

"I dunna, sah, cause I ain't never bought em dat way — I either can git in 'em or I can't."

—Outlook.

Hard Old Lady (to tram) — "Why don't you work if you are able?"

Weary Willie — I tried that, ma'am, an' it only made me hangrier. —Answers.

Are there any germs on these turnips?" she asked. "I can assure you, ma'am, that they were raised in nice clean dirt from sterilized seed! How many will you have?"

—Pathfinder.

A FIEND

He was forever propounding riddles, but he was not unpopular as they were usually good. "Can you tell me," said he, "the number of animals that have eyes and have no ears, but can't speak?"

"Yes," replied his auditors, "they can jump as high as the Book Tower!"

"The Book Tower?" replied the riddle sender, "can't jump!"

OUR WORST JOKE

Musical Instructor — "What are pauses?"

Pupil — "They grow on dogs."
Beyond the Bend

There is a river upon which every man must muster. Beyond the river are hundreds and many rapids. Beyond each bend new pleasures and adversities await him. If he be alert, he will observe much and profit more. If he attempts to make the journey with wavering eyes or an unfeeling heart, God be with him if he is to avoid a portage, allows himself to be carried along in the powerful, unwavering current to the brink of the rapid, amongst whose angry waters and rocks he will be catapulted!

The journey is a long one, but intensely fascinating, for there's always something new—Beyond the Bend!—Alan K. Schmidt.

Co-operation With Nature

We often speak of man's conflict with Nature. Sometimes we boast of man's mastery of Nature. We marvel at the machine that gets out of order and trouble ensues, the osteopathic physician does not try to fight or master Nature. In the name of Osteopathy he says to her, "Let us get together and work for health." And Nature is ready to respond. Osteopathy is just cooperation with Nature.—C. H. M.

Cleanliness of body was ever esteemed to proceed from a due reverence of God.

Maybe swell-head is just nature's frantic effort to fill a vacuum.

Pledge

I agree to fill out, sign and return as directed, the necessary blanks (to be mailed me later), and attach hereto Five Dollars as partial payment of first annual premium on $1,200.00, as outlined for the Still College Group Endowment Fund.

My Name in Full

(Mail this blank to Still College of Osteopathy, Des Moines, Iowa, or Royal Union Life Insurance Company, Des Moines, Iowa.)
Six 1926 Players
Back
For 1927 Team

CASSIS

DEVINE

LOGHRY

SHAW

PLUDE

DORNBUSH
I. O. W. A. Meeting

In accordance with a measure passed at the State meeting of O.W.N.A., the local chapter has arranged for a meeting in October, to which all members of the state are especially invited.

A practical Osteopathic program has been arranged for October 15, which will be presented by practicing Osteopaths in the field who have specialized in the subject which they will discuss. All women Osteopaths of the state are cordially invited to attend and share this meeting, which has been arranged by the Des Moines chapter.

Dr. C. W. Johnson, president of Des Moines Still College, has extended an urgent invitation for the organization to use the new college building at 720-722 8th avenue, as its headquarters. All visitors will be accommodated on a tour of inspection at any time during the day. The lecture rooms and laboratories will be open and guests cordially welcomed.

The meeting proper will convene with a luncheon at the Chamber of Commerce, Savery Hotel, at 12:15. Following the luncheon, the Osteopathic program will be presented. It will include the following discussions:

Gynecology—Dr. Laura E. Miller, Adel.
Technique—Dr. Johnson, Prairie City, and Dr. Georgia Challand, Coon Rapids.
Dietetics—Dr. A. F. Waugh of Eagle Grove.
Obstetrical Problems—Dr. Gertrude Collard of Coon Rapids and Dr. Martha Morrison of Clearfield.

There will be an open banquet held at Youngker Teacock and the evening program, also open to all, will be held in the Teacock rooms. This program will be presented by Miss Mabel Otis. Miss Otis is principal of one of Des Moines' schools and has earned an enviable reputation as a lecturer. The slides which she uses are of her own selection, being made from photographs she herself has taken on European tours. Each carries its personal significance, which mounts to a total of a most enjoyable evening.

The Des Moines chapter of O.W.N.A. is earnestly hoping for a large group of Iowa Women Osteopaths to share this day of special features.

Visitor to D. M. S. C. O.

Dr. Clara Emily Bean of Brooklyn, N. Y., who graduated from the Philadelphia College of Osteopathy five years ago, visited Still College this week.

Dr. Bean was on a tour of the Osteopathic colleges, having visited her alma mater and the Chicago College of Osteopathy before coming to Des Moines.

While here, Dr. Bean was taken on a tour of inspection of our building. Dr. Bean stated that Still College was superior in instructors, equipment and building. She was well taken by the clean, attractive and business-like appearance of the student body.

We are pleased by the visit of Dr. Bean, and cordially invite her to come again.

News of Recent Grads

Dr. W. C. Holloway has opened his office in Thomasville, Ga., where he is the only Osteopath. So far, he has been quite successful.

Dr. Anna C. Doyle, who is practicing in St. Paul, Minnesota, writes that she is more than pleased that we have our new building. C. E. Bledsoe has broken the ice at Raleigh, N. C. She extends her congratulations to us for our good fortune in having our new building.

Dr. P. C. Marquand has located in Keyser, W. Va., and we hope to hear what promises to be a successful practice.

Our Assemblies

Were they Pep Meetings? Say, listen, have you ever seen that gang in action, you've never been to a Pep Meeting!

On Friday, Sept. 30, the gang did the preliminary work necessary to beat the Midland crew. Mac Friend, our versatile cheer leader went thru consorts that would make Dr. Halliday's "Cuban Grind" or our President Johnson's "Dry Stretch" look like kindergarten work. There came a noble response to Mac's pleading for "More Pep" and the old favorite "Bones and Ligaments" and the locomotive, fairly made the building shake.

Our Coach made a mighty good talk on loyalty to the team and then introduced the Midland team and coach. Old Faithful George put on his usual song and dance, which by the way, never comes amiss, then a few more yells and back to class.

Friday, October 7th, was another Pep Meeting and to quite an extent the same, except that we were greeted by a snappy student band. They were good and we enjoyed it. It's the best start the band has had for some time, so we look forward to great things from them.

Friend, St. Amant and Hubbard, with ukes and banjo, entered in a cleverly with every song. We want you again, fellows.

Our assemblies have become a real part of school life and we are quite well pleased with them while programs this winter.

Notice!

The college is being put to the expense of filling out application blanks and making transcripts of grades in connection with the requests for applications. The amount is not much in any single case, but when it occurs from five to ten times a month, it means that the funds are being dispensed at the rate of from ten to twenty dollars a month, which in the course of a year amounts to considerable and it can easily be seen that it does go to the advancement of the college. Therefore, no application for Transcript will be sent out unless it is accompanied by a fee of $2.50, payable to the college.

Summer O. B.

Under the able direction of Foreman Schaefer, assistant obstetrician, the O.B. Clinic had a most successful and gratifying summer.

Forty confinement cases were handled with an average of four students to each case. The work done was of the best, and every patient was loud in her praises, for the way in which her case was handled.

The cases handled allowed 240 points credit for delivery; 360 points for presence at delivery, and 1060 points for after calls, making a total of 1680 points in all.

Again we say that the 1927 summer O.B. Clinic was an unqualified success.

Anyway the poor farmer can sit on a fence or a good log without breaking a five dollar bill.

Still 7—Midland 0

An intercepted pass and a concerted attack featured by the work of Harold Davis, rangy end, gave the Still college Pirates a 7 to 0 victory over Midland college of Fremont, Neb., in a game played on the Catholic college field last week.

Although Shaw dove across the line for the touchdown that decided the battle, it was not the score possible. Hardly a minute after the opening of the third quarter, Davis intercepted Shaw's pass in mid-sprint and sprinted to the 23-yard line before he was brought down. Thrusts at the tackles took the Pirates to the 13-yard line when Davis again came into the spotlight.

On a crosskrass play, Davis took the ball and raced around Midland's left end until he was forced to throw hands on the one foot line. On the following play, Shaw dove over the piled up line and naturally Davis added the extra point with a dropkick.

Although Davis held the spotlight on the scoring drive, his playing in no way overshadowed the fine work of Loghray at right end for Still and Martin Koolen, Midland halfback.

Loghray, after he had been inserted in the lineup to replace Captain Ross, played fine football offensively and defensively. Koolen, a Midlander, who was an old-Nebraska favorite before coming to Still in 1925, was the offensive star of the contest.

The ball was kept in Midland territory during the major portion of the game, the only exceptions being in the third quarter when the Nebraskans advanced to Still's 39-yard line, and in the fourth period when a driving attack took them to the Pirates' 30-yard line and a passing barrage a moment later took them to the 21-yard line.

The passing combination, Nordstrom to Koolen, which functioned as well as the passing unit of the battle, made Midland a serious threat, but the nearest the Nebraskans came to scoring was their last minute drive when they advanced to Still's 21-yard line, only to be held for downs when their passing combination failed.

Drives which might have resulted in scores were halted by penalties on Still on two occasions. On one other drive questionable judgment rates in attempting to smash the line for three or four yards on fourth down deprived them of at least a good
PHI SIGMA GAMMA

With quite a variety of sizes and shapes of gasoline consuming perambulators, Red Granberg's "ghost of the grave" takes the cup for smooth operation. Roy "ghost of the gravel" takes the big League "Herrick, not to be underestimated, is out to regain his former title from "Noisy" Rorick. 

Optometric "Drabbing, his asthmatic cleared up, is now nursing an attack of furuncles. However, they don't handicap the style of a man of his calibre, much. No, not much! From recent episodes, we see that "Pee" Loghy still has a persuader dangling at the end of each arm.

"Knick" Gill, the pride of Montana, Ohio College, has secured the pass to the leaders Loghy and Gephart. Of the big four, Rorick is now trailing but will be in the majors, "Nicky" looks like a comer. Time will tell, however.

"Rodeo Legs" Hoyle still says it's his practice that keeps him out nights. It's a good story to stick to. Some of the Bros. are jealous of your escolar to and from dates and dances. Can't you fix 'em up, Shaw?

It seems as though "Legs and Arms" Hughes, the Detroit Missionary, thrives on the old oaken religion.

Wine, Women and Song will cause any man's downfall. Be careful, "Yuntache" Sluss, you are not a drinking man—and we know that you can't have "My Beat" McFarland, although not a resident of the house, has taken upon himself the duty of call boy in the morning. Is your insurance paid up, "Macy"?

Joel "B" H. Olsen, who has been taking post graduate work in surgery, has been called home for an indefinite period, due to the illness of his father.

SIGMA SIGMA PHI

On the evening of October 11, Sigma Sigma Phi held its first initiation of the year. Seven students having the high qualifications of the chapter, were initiated into the organization.

One of the big events of the evening was the pledging of all members to aid the school in the selling of the Royal Union Life Policies to students and members in the profession. A booster committee was appointed and will serve everyone desiring knowledge of the subject of these policies. The committee consists of Chrm., "Red" Smith, McNaughton, R. Wright and F. L. Mitchell.

After the meeting was over, old members of the fraternity, the newly elected members, journeyed to King Ying Low's Chop Suey and enjoyed steaks, in hopes of 100% of the evening's proceeds going to the Salvation Army Nell.

Sam owed everybody in town, and when he refused to contribute, the Salvation lassie reminded him, "You owe it to the Lord!"

"Yes,'m," said Sam, "I know it. But He ain't pushin' me like de rest!"

"Look here!" bellowed an irate customer in a hardware store; "You have filled a vacancy in this store. You have filled a vacancy in this store with a shovel unless I get a permit from the authorities and sign my name in a book. What's the big idea?"

"We ain't taking no chances," was the firm reply. "Gov'ment's mighty keerful these days. You fellers buy a shovel, dig up the ground, plant barley, make it into malt, then start brewing beer. No sir-ee! Get a permit, or you don't get the shovel."

Around Our Merry Campus

A physician in Minnesota was asked by the bereaved widow to take care of inserting a death notice of the late lamented in the weekly local gazette.

"How much do you charge?" he asked the editor.

"Dollar and a half an inch," "Holy Smoke! He was six feet four!" mused the doctor, as he began to calculate the expense.

"Two penniesworth of bicarbonate of soda for indigestion at this time of night," cried the grumpy doctor from his second story window, aroused at 2 a.m., "when a glass of hot water does just as well."

"Well, Well," said Sandy, as he hastened away, "I'll not bother ye, after all! Gud night!"

Doctors who neglect to push those who owe them money should send their son in a suit about Sam, the colored man, who was asked to "dope a little mony for the Lord" in the tambourine and shovel any aid out by the Salvation Army Nell.

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without a doubt, date nights will be spent toasting shins in front of fireplaces, instead of strolling under the stars.

Several new members were welcomed at the last meeting and, although the speaker did not arrive, the evening was rounded out with a musical program and extemporaneous speeches from various members of the organization.

Mon-sters power to you, "Black Pirates". You have filled a vacant spot in the college and we sincerely hope that you do your share of the work. Keep some of the old time Spirit into the gang.
Acid For Throat and Lung Troubles

From Germany comes the news of a treatment of throat and lung affections by means of acids in a vapor. Dr. W. Potter, of Leipzig, has experimented with acids in a vapor and has published the results in the Universum (Leipzig), telling us how a certain treatment is practiced by the physicians of the city. The writer states that the air was saturated with the vaporized acids, but had such an exciting and subsequent hardening effect. The factory employed acid to clean rags from adulteration and cotton, to the dismay of the operator of the factory. The factory made it a habit to go to the baths and to eat the rags afterwards. The factory employed acid to clean rags from adulteration and cotton, to the dismay of the operator of the factory. The factory made it a habit to go to the baths and to eat the rags afterwards.

Questions and Answers

1. How can a doctor increase his income?
2. How often does a patient die in the State of New York?
3. How may a doctor make the lives of others better?
4. Where is the best place for a doctor to get parts for his flivver?
5. What do most doctors do with their old, worn out clothing?
6. Where can a physician find real fruit?
7. How may a doctor make the patient's mother think he is smart?
8. What should a physician call his sixth child?
9. Does exercise kill microbes?
10. What is the best use a doctor can make of his spare time?
11. What should a young physician do if a patient pays his bill the day it is received?
12. What is the main duty of a doctor's wife?
13. Country Policeman (at scene of murder)—"You can’t come in here."
14. "But I've been sent to do the murder."
15. "Policeman—'Well, you're too late; the murder's been done."
16. Doctor—"I will give you a local anesthetic if you think it necessary."
17. "Road Man—Well, Doc, if it's going to hurt, I reckon you had better cut out the local and run me through on a sleeper."
18. "If you don't want your kid touched, don't touch her yourself."

Photographing the Stomach

The interior of the stomach may now be photographed, as announced at the Congress of Michigan osteopathic physicians held recently in Detroit, by one of the delegates, Dr. E. H. Batcher. The examination has been possible only by X-rays, but this is far from satisfactory since the radio images are not only an outline, but also difficult to interpret. According to a writer in Rec- lam's Universum (Leipzig) Dr. E. Batcher inserts a tube stiff tube such as is used in the examination of the bladder. In front of the upper end of this tube is the entrance to the retaining seven fins. Within fourteen seconds photographs of the inside of the stomach are recorded on these, from the stomach meanwhile being kept in constant motion. The entire process, from the time the patient is placed upon the operating table requires only ten minutes and it is entirely painless.

When to Start the Day

We have hurt and fear —it is no longer to whine, but to do things. The days go your way. Learn to accept, in silence the minor aggravations —cultivate the gift of taciturnity, and consume your own dust and soot of your complaints. Happiness is the master-quest of mankind—for us to seek in such a manner as to help ourselves without injury to others. We are here not to get all we can out of life for ourselves, but to try to make the lives of others happy. And to benefit others, you must be reasonably happy; there must be animation through useful service, good cheer, and also, in the first place, health of mind and health of body. (The Orange Highball.)

When to Start the Day

The best time to start the day is the night before. For the morning meal, have two, three, or four eggs —a clean shirt, a clean collar, and a clean conscience. For the evening—a little self-examination, an interesting game, a good radio program, or conversation with friends, or reading. Then, the evening meal—Oh! that will take care of itself.

Detroit Osteoes Win Drug Tilt

Federal Judge Ben Dewars' opinion, made public yesterday, allowing the osteopath to prescribe and dispense narcotic drugs, was based on the ground that every osteopath in Michigan will gain similar privilege, according to officials of the Michigan State Osteopathic Association.

Judge Dewars' ruling resulted from Dr. Bruer's demand for a writ of mandamus from Fred L. Woodworth, collector of internal revenue, to issue a narcotic permit to him. Collector Woodworth previously had refused Dr. Bruer, and all other osteopaths, drug licenses, on the ground that the state attorney general had ruled that osteopaths were not physicians, and therefore not entitled to dispense drugs.

000 Osteopaths Affected

Eighty-seven Detroit osteopaths and close to 600 scattered throughout the entire state may regain their former powers under Judge Dewars' decision. Imme- diately after the day, by local practitioners to obtain permits for the year 1927-28 and at least a score of osteopaths will apply for drug licenses today.

Judge Dewars' interpretation of the act of Congress covering drug prescription is issued primarily as a tax and it is not within the powers of an internal revenue collector to determine who can or who cannot obtain a permit. He cited sections of the state law to substantiate his conviction that an osteopath is an accredited physician and therefore entitled to all the rights of those practicing medicine, so far as narcotics are concerned.

Dr. Bruer's request for a writ of mandamus was the result of a test case, sponsored by the state association of osteopaths. Action was taken especially in the Circuit Court in July, less than a week after Collector Woodworth de- clined to issue a drug permit to Dr. Bruer.

Reversal for Potter

Collector Woodworth's refusal to issue permits to Detroit osteopaths was based on a circular issued by Attorney-General W. W. Potter, who refused to recog- nize them as practicing physicians. Attorney-General Potter's ruling was a complete reversal of the view held by DuBois, who had allowed osteopaths all rights accorded doctors of medi- cine.

Judge Dewars' opinion serves to quash the ruling of the state's attorney general, which had been in- to effect shortly after he took office last January. Michigan osteopaths first were given the right to prescribe narcotics in 1903 and since that time only three state administra- tions have recognized osteopaths as physicians.

Once the hard job was to let it alone; now the hard job is to drink it.
New Phases of the Still Endowment Project

The Still College Endowment plan underwritten by a life insurance company is the only plan ever devised by which the graduates and friends of an institution may aid its cause by saving, without the services of a lawyer, a sum of money which will accumulate and, while doing so, increase their own estates.

The policies of our endowment plan are not limited and we are advised by the Royal Union Life Insurance Company that since the introduction of the new plan the organization has been invaded by an unusual number of applications for similar endowment projects for those who are interested.

This great plan has been approved not only by the Actuaries of the Royal Union Life Insurance Company but has also been approved by the various Insurance Departments of the sixteen States in which the Royal Union Life Insurance Company operates, including the State of Iowa. We believe, therefore, that the plan is mathematically and scientifically correct.

We are pleased to tell you that the sales of these endowment contracts continue to increase, and we are able to report that the amount in the endowment fund continues to grow space. A great many of the leading businessmen of the country have already taken out policies in the group. The various States represented are Wisconsin, New Hampshire, Michigan, Texas, Kansas, Minnesota, Pennsylvania, Maryland, and Iowa.

The policies are issued in units of $1200. One unit is $1200. Suppose you are 30 years old. Under one unit you guarantee to your immediate beneficiary—your wife, any member of your family, or any other person—$1200 in the event of your death. Secondly, whether you live or die in 20 years, your assurance fund will accumulate a sum of money which will amount to at least $2400. At age 30 the yearly deposit required is only $52.50—which is less than 50c a week.

The policy is an old line legal reserve policy that provides for increasing cash, loan, paid-up, and extended insurance values. The deposit is a guaranteed fixed deposit which can never be increased. The policy also participates in the divisible surplus of the Company at the end of the fifth policy year and at the end of every five years thereafter.

Every one of the policy provisions is absolutely guaranteed in the contract backed by the Royal Union Life Insurance Company to the policyholders. The policy requires that every dollar of the cash value of every one of those contracts must be secured by a deposit of approved securities with the State of Iowa.

As previously told you, the selling of these policies in the Still College Endowment Fund is handled by the college and the Royal Union Life Insurance Company, without the services of agents. Policies in the group are available to all members of the Osteopathic profession and members of their families. Each local group has representatives to guide those interested to the Royal Union Life Insurance Company.

Knowing When as Well as How

Have you adopted the "dual system" of insuring your patient? It works. A surgeon who had presented a bill for $300 for removing a steel splinter from the eyeball of a patient was visited by the aforesaid patient, who strode into the surgeon's office with malice in his tread and ire in his glance.

"Three hundred for a minute's work! You must be crazy!"

The surgeon grabbed the statement, wrote for a minute and handed another to the man. The invoice read, "To removal of one steel splinter, $10."

"That's more like it," grinned the patient, pleased.

But the surgeon wrote again.

"Here's the rest of it," he said, only as he handed the per-\a\se\i\ved man another bill. "I'm knowing when to stop. $290."

Questions and Answers

(For Questions see page 3)

1.-Trade jobs with a brick-layer.
2.-Only once.
3.-Stop biting the insects.
4.-At the railroad crossing.
5.-Weary it every day.
6.-In the dictionary.
7.-Agree with her on everything; then go ahead his own way.
8.-Quits.
9.-Yes, if they are unaccustomed to it.
10.-What spare time?
11.-Fall dead.
12.-Answer the 'phone at 2 A.M. and then shake him.

Judge—It seem very strange to one that you could keep on robbing that enormous corporation for so long without being caught.

Congress—Well, the corpora\ion was pretty busy itself.

Cars are much like men. The harder the car, the louder the horn.

Ten Good Rules For Health

1. Walk in the open air.
2. Keep a contented mind.
3. Breathe deeply of pure air.
4. Enjoy innocent amusements.
5. Get plenty of sleep each night.
6. Give your body and soul plenty of sunlight.
7. Eat healthful, plain food—starchy and just enough of it.
8. Associate with companions who will benefit you.
9. Give your body plenty of pure water, outside and inside.
10. Do unto others as you wish them to do unto you.

DEFINITIONS NOT IN THE DICTIONARY

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DEFINITIONS NOT IN THE DICTIONARY

Pledge:

I agree to fill out, sign and return as directed, the necessary blanks (to be mailed me later), and attach hereto Five Dollars as partial payment of first annual premium on policy, as outlined for the Still College Group Endowment Fund.

My Name in Full (Write plain or Print)

Mailing Address: Street No. City State

Date of Birth Month Day Year Place Born City State

Name in Full of Primary Beneficiary (Write plain or Print)

Mail above Coupon to Still College of Osteopathy, Des Moines, Iowa, or Royal Union Life Insurance Company, Des Moines, Iowa.
The North Pole Special

Journey Number Two of the North Pole Special was made on the event of the Minnesota-Iowa Homecoming football game at Minneapolis, on October 22nd.

Doctor Halladay, his wife and two children, "Red" Maxfield and Art Lyddon, constituted the travelers who made their way fearlessly into the far north.

They left at one o'clock on Friday afternoon, took time out at Owatonna to eat and arrived at Minneapolis at nine-thirty. Looks like a few speck lines may have been slightly fractured, but at any rate, they got away with it.

At Minneapolis they went their several ways, and agreeing ten o'clock start for home on Sunday morning.

About the game—but why talk about that. As you already know, Iowa got her usual sound drubbing, to the tune of 38 to 0, from the "Giants of the North."

"City from Des Moines last summer," says Dr. Grosjean, "drubbed a little, because Verge and Art have applied for more time on the return trip. All his passengers went to sleep. But he must have stayed on the job, because his driving time on the return trip was nearly as good as that going north."

Next year, Maxfield, ex-aviator of the British Royal Air Force, says that he'll be "In the Air" again and that the North Pole Special will fly in 1929. Verge and Art have applied for more life insurance and are rarin' to go. So look for the next episode of the N. P. S. entitled: "Now We're in the Air!"

Field Notes

Dr. Arnold Schneider, of Rochester, Minn., writes that he has a Taplin table, used 1% years, which he wishes to dispose of. Anyone interested, write him, care of The Brown Hotel, Rochester, Minn.,

Doctors Lila Davidson and Leota Grosjean have rented a suite of six rooms on the second floor of the Lindaman building, corner of Main and Ferguson streets, Charles City, Iowa.

Dr. Davidson has practiced in that city for a number of years in the Ellis apartment on East Clark street, which apartment she retains for living purposes.

Dr. Grosjean moved from Des Moines last summer and now over Dr. Davidson's practice while she took a much-needed rest.

Infantile Paralysis

Interesting details of the manner in which infantile paralysis cases respond to osteopathic treatment were developed during the course of addresses and demonstrations held at the semi-annual meeting of the Western Pennsylvania Osteopathic Association held in Pittsburgh.

While the program for the day included a surgical clinic in the Grove City Osteopathic Hospital, and addresses and papers on matters of general interest to osteopathic physicians, during the after-featurings and evening sessions held in the Penn Grove Hotel, from the viewpoint of the osteopathic public, the demonstrations made with reference to the success made in coping with the paralytic cases was based upon an experience of several years, ranked in importance with the variety of surgical work demonstrated at the hospital clinics.

Speaking under the heading of "Infantile Paralysis," Dr. O. O. Bashline, who with Dr. W. W. Rossum, conduct the Grove City Osteopathic Hospital, developed many interesting facts in connection with the disease.

Dr. Bashline stated that outside of the osteopathic methods of treating in City, infantil paralysis little progress has been made in coping with the disease.

The speaker traced the course of various epidemics in past, and pointed out that the disease prevailed frequently in limited areas, as an example of that in 1910 to 1912, thirty-two cases of infantile paralysis occurred within a three-mile radius of Grove City. Of these cases, Dr. Bashline said, twenty cases were treated by the osteopathic method, with excellent results.

The origin of infection in infantile paralysis, said the doctor, is unknown, but it is believed that it might come from nasal secretions, due to the fact that running colds often precede the onset of the disease.

A demonstration of treatment of an infantile paralysis sufferer by Dr. Bashline before a meeting, a child that had been unable to use any part of the body having been brought to the point where it can raise its head, its arms, and slightly move its legs. Dr. Bashline was expressing that the child is progressing at a rate that indicates its recovery.

Uneasy lies the head that wears a crown.

Do the best you can—that's all the angels are doing nowadays.

Assemblies

At our assembly on Friday, October 14th, we were again greeted by our Band. The progress that they have made in the short time that they have played together is remarkable. Between selections by the band, a reading by the versatile St. Amant and some songs by Hubbard, rounded out the program.

The following week the Assembly was in charge of Mrs. Innes, our "Ruler of the Laboratory," who rendered the high class and of practical value to all present. Starting with a violin solo, very well played by Maxfield, we were next entertained by an excellent instructive lecture on Osteopathy and Customs for travelers and scholar, who might well be called one who loves his fellow men. The necessity of not only tolerance, but the willingness to look at the other person's view of life from an open, unbiased mind, were particularly stressed.

Judging by the applause, the lecture was greatly enjoyed by the students and visitors. We hope to have more programs of this type, for they are well worth while.

Review Course Begins

Dr. Samuel Fomon of Chicago, is again with us and started his lectures, Monday, October 31st.

Practically every student, with the exception of the Freshmen, knows the nature of this Medical Review Course given by Dr. Fomon. It is undoubtedly of value to say and all undergraduates—and graduates, too.

With the thirty-eight students who registered for the Course last Spring and the new registrations, there are over fifty taking the Course.

Are You Looking For a Location?

Dr. S. J. Gilmore of Knoxville, Iowa, writes, that the town of Bagley, Iowa, has no Osteopath and needs one badly. There is a wonderful opportunity for some Doctor to gain good practice in this town, as Osteopathy is in very good repute.

Dr. Gilmore will gladly give more information to anyone interested, if you write him at Knoxville, Iowa.

It is all right to pray for the things you want—but don’t forget to work diligently for the things you need.

A Worthy Movement

A subject creating much interest and comment in osteopathic circles is that of the Still College Group Endowment Policy as written and underwritten by the Royal Union Life Insurance Company of Des Moines, Iowa.

To beat their best our colleges should always in a sense be in need of money.

Every well-meaning Osteopath who has the interest of the profession, at heart owes a duty to our schools. We owe it to the progress of our profession.

There is the need of the College itself for more funds than it dare ask of its students, lest it discriminate, and there is the need of the loyal and the outstanding Osteopath to have his name go down through the years to the sons of the College.

The Still College Endowment is most unique; plausible and appealing. It has tremendous possibilities.

The Still College plan is vastly different from any other Endowment project we have ever analyzed. Under this plan the principal recipients of the benefits gained are the members of our own families or our estate.

The Endowment plan is $200 for the benefit of the School is very secondary. A life insurance policy is issued in units of $1,200.00 at an extremely low rate, on account of the group nature. In fact, the annual deposit for one $1200 unit is about the usual rate for $1000 of ordinary insurance.

In the event of death, $1000 goes to your family and $200 to Still College. In the structure of the policy, if you live for twenty years, Still College receives $200 as an endowment.

It is almost a paradox, but by far the greater interest in this annual project is maintained by (Continued on page 3)
PHI SIGMA GAMMA

An instructive work night was held at the house on the evening of April 9, when Dr. W. J. M. Proctor, giving a valuable talk on "The Practitioner in the Field." Refreshments added the finishing touch to the evening.

We've known seniors to take a Rose and Carries or William on a date, but "Pres" Howe created a student sensation when he had his notes read to him while taking a Saturday night plunge.

"Fountain Pen" Stone enjoyed an impromptu fire drill Saturday morning, and quite properly we believe he wanted to treat the neighbors to a view of his flash pants.

Pledge Patterson doesn't claim any Scottish descent or wears plaid kilt, but after escaping his room thoroughly he asks—"Where's that toothpick I left two days ago?"

The unsolved mystery of last year—on the Ankeny road—now threatens to be solved by Chuck Aasen. Latest reports have it that he will lead an exploring party soon.

As for many words, it has been decided that Lowell Morgan will act as a committee of one in securing the annual Christmas party sooth.

The Brothers certainly enjoyed having Jennings around the house one evening last week, evidently the Valley car must have jumped the track.

Bro. Harvey visited his "Great Aunt" at Pleasantville, and took on a chicken dinner, incidentally.

Side Lites Around the House:

Now that "fire chief" Shaw has fire escapes dangling from the windows, fire drill is in order. Incidentally, we hope this relieves Shaw's insomnia.

Although "Big League" Harkness has regained his title for vocal volume from "Noisy" Bork, our little sweetheart is still hot on his trail.

Sleep

"Sleep is the most important thing in the world, more important even than food. For we eat and drink—while we sleep we live."

The Chemist to His Love

I love thee, Mary, and thou loveth me—our mutual love is a friendship that doth exist between two simple bodies: I am Potassium to thine Oxygen. "The life is only as long as the holy marriage vow shall shortly make us one. That unity is, after all, but metaphorically.

Pledge Kenny Moore's parents, of Warren, Ohio, surprised him with a surprise visit the other day. What Pledge "Mike" Caldwell wants to know is "Who's this Chris?"

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"Where's the Stampede? The cowboys have been out every night, lately, so where was the unofficial entry to the Grinnell "Filler Race."

IOTA TAU SIGMA

After weeks of dickering, bargaining and promising to pay, a Baldy Cudden who has remained serenely in the southwest corner of the conservatory. This is certain in addition, and now the horse orchestra can make no further complaints of inability to get horse's salts.

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Are Monkeys Degenerate Men?

The monkey is descended from man, said Dr. Max Westenhoefer, professor of pathological anatomy at Berlin University, in an address before the American Congress at Salzburg, reported in a dispatch to the New York World. He declared that man is developed from a remote animal that itself developed from reptilian form of life. We read:

"It is a matter of fact that chimpanzees are much nearer human beings than their parents," he said. Referring to Eisele's fundamental biogenetic law that the ancestors of monkeys came from humanlike animals, he added:

"For that reason, the sentence, 'Human beings originated from monkeys,' is utter rot, times seven." (Literary Digest.) (Continued on page 4)

Well, she does drink a little, but mostly wine, unless she can absolutely trust the fellow with her." . . . In the corner, two naughty boys—of—well, nine—looking at a round applicant—"an" he said, "Do you de-s-s-s-e, just like that, an? I said 'No-o, I don't de-e-ens-s-s-e,' Those nuts make me sick. When I told that other Louie 'No,' he said, 'What do you think of that. About it—about it.'"

They tell me Tunney's going to his next fight? Look this seventy. . . . His friend said he messed the little individual as long as possible in the corner two.

The popular American lunch of a "snack on the run" is on trial by a group of recognized dieticians who have just finished an interesting experiment on the typical modern noonday meal.

Results of their investigations that the average quick lunch, "sandwich on whole wheat bread, you add vitamin B to your sandwich. If you ask for lettuce or fresh vegetable with it, you are adding vitamin C. The addition of whole milk as a drink adds all the vitamins in various amounts, especially vitamin A."

With such a quick lunch selection, the dieticians found that you will have all the main requirements for a balanced diet and sufficient food for the energy of the afternoon.

A Worthy Movement

(Continued from page 1) the donor himself, and herein we believe lies the strength of the plan.

While helping ourselves and increasing our own insurance of wealth, we are at the same time helping to build an endowment for one of the best schools in our profession. The possibilities of the Still College Endowment plan are saturated and disappearing as the beggar description, and at that, it is only a tiny corner of the average at the disposal as otologists. (Dr. H. J. MARSHALL.)

"Could I see the Captain, sir?" "He's forward, Miss."

"That's all right, I'm not at all afraid. I've been out with college boys."

Sop—Are you the man who cut off the nose of the little Barber—I don't think so. I've only been here six months.

Prolonging Life At Its End

The study of geriatrics, which teaches the care and treatment of diseases in old age, is little known to many of our medical profession, says Dr. Nathan H. Horstine writing in The American Physician (New York). It has, he believes, been badly and unwisely neglected. The real crying need that we must exercise all our care in bringing up a healthy and sturdy young generation, and be good and well. But why neglect the old? He writes:

"When does one actually begin to be an old man? It varies greatly with the individual. The old saying that a man is as old as his affairs, is true.

"The changes of life-structures vary greatly in accordance with the conditions of each individual case. While some people are sixty and sixty-five, in others, again, senility begins to make its appearance a few years earlier. Generally, however, we may see, in men doing hard, laborious work, or in women, in the course of their specific ailments than they know of diseases in general.

"The study and practice of geriatrics can be divided into two parts:

1. The present age, fifty to seventy.
2. The senile, seventy and above.

The most important thing for the geriatrician to accomplish as long as possible in the first, or present stage, by care and prevention, through a proper mode of living, by general hygiene, and by the individual subjecting himself to periodic physical examinations by his family physician. These can just be interfered with when a lesion, if detected in time, could be prevented from spreading and many lives saved.

This is especially evident in the case of cancer.

There are two classes of old age: the natural, due to advance in years, seventy-five and above; and the premature, Senium Prematuro, due to changes in the cardio-vascular system and in the central nervous system. Premature old age can be also a sequel of syphilis or severe infectious diseases which have greatly damaged the lymphatic glands. There are many theories, Dr. Horstine tells us, as to the exact cause of old age. Some authorities claim that it is due to change in the thyroid gland, affecting the entire system by supplying the web tissues of the organs, and the body structure in general. This, we are told, is a condition that we can only produce wrinkles on face and body. This condition also affects organs and glands, and especially the udder extremities, muscular (Continued on page 4)
(Continued from page 3)

weakness, apathy, defects of speech, vision and mentality, im-

plied, which affects the vagus motor centers and, in the aged, the external organs, however, lessen in weight very markedly.

Is old age a disease or a natural sequence of life's existence? Can we compare life to a lamp that burns oil, which as soon as the oil gives out, begins to simmer until it dies? Can we not add more oil and keep it burning longer? A man takes care that he can, by carefully watching and not letting the oil go down very low. He proceeds:

"The old Roman philosopher, Seneca, wisely said: Old age is itself a disease. Yes, and it must be treated as such. Just as we anxiously concern for the life of a patient while treating him for pneumonia or typhoid fever, so must we be careful in treating the aged by instructing them in the care and mode of living after they attain the age of fifty.

"We must teach that it is necessary during the years of young-

Age Premium Age Premium

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"As to the treatment by medication, there are no specific drugs that could be used to prevent old age. As I have stated, all these balsams and elixirs of life, which cease to have any effect upon the remissions of animal glands, will not keep any one young. Only such drugs are to be prescribed which are indicated by the constitution of the individual patient.

"There are, however, a few glandular products (endocrines) which may be given in conjunction with other drugs in many asthenic conditions, and only then when such drugs are called for to each individual case..."
Homecoming as a Freshman
Sees It

The arrival of Homecoming at any time is an auspicious occasion, but this Fall it assumes even greater importance than ever before. Homecoming holds a place in the heart of the alumnus. Graduates from all parts of the country will visit their Alma Mater.

The purpose of Homecoming is to renew the friendships that have been made as a result of associations made at Still. To the graduate member of a fraternity, it means an opportunity to bring to mind the happy events that took place "in the good old days."

Still College today occupies a modern building, complete with the best of facilities, for the furthering of the science of Osteopathy. It is the realization of a dream, further proof of the integrity of Osteopathy. To the public, it means better facilities for the better handling of the clinics.

This Freshman at this time meets a physician that has been out in the field. At once he realizes that before many years, he will be one of the many in the field. This meeting is of great value to the Freshman, because the inevitable feeling of skepticism has left him once and for all.

The annual Homecoming game will give the graduate an opportunity to give vent to his feelings, and to bring to mind the yell that at one time were uttered in token of some feat by an old classmate.

This year, Homecoming occurs one week before the invasion of Kirkville. Thus, we have two big events in successive weeks. It should be the duty of every student of Still to help make these days the red letter days of the school year. We have a new building; why not show a new spirit commensurate with the advancement of Osteopathy in the city of Des Moines?

Come, students and graduates—let's go! Be at the game and when it is over, be at the dance. It is for the entertainment of all students and graduates—not for the few, alone, who are in evidence at these functions, usually.

If you have something to say worth saying the grammatical construction is of secondary importance.

If laws really made people good, you couldn't hear a cannon for the rustle of wings.

Assembly

The Assembly on Friday morning, October 28, was turned over to the 1928 Stillian Staff.

Each member of the staff and his assistants was introduced to the student body and had a few words to say as to the quality of the 1928 publication. From all indications, will be the best yet published. The fact that each and every student from Freshman to Senior, could tell what to describe for a Stillianian was stressed by all.

"Virg" spoke in much favor of the desirability of the Year Book in the years to come, where we get out into the field.

The "Musical Ramblers" from the Iota Tau Sigma House, entertained with several "hot" selections. They are to be congratulated for the talent shown.

Due to the failure of appearance, the entertainers of Nov. 4th, the Assembly was dismissed and classes were held as usual.

Proctology Clinic

Rectal diseases have for many years been looked upon by the general practitioner as not within the limits of his legitimate field, although it seems difficult to understand why this has been. Surely it is not that they lack in importance, nor, indeed, that their prevalence is so sporadically to render their study unfruitful, but the fact is that every physician in practice is faced with the misery and torture rectal diseases inflict upon those unfortunate enough to have developed them.

Realizing the responsibility of the Osteopathic physician to his clients, we have opened our office to those affected with various rectal diseases. This department has examined and treated by ambulant methods, some forty cases. The calls for this class of work are increasing, therefore, the Seniors are all enthused about the amount of relief they are being able to give these hitherto neglected ones.

Case reports will be given in an early issue.

October O. B.

Forest Schaeffer, assistant ob- stetrician, reports sixteen cases during the month of October. This is a record.

There were eighty students who observed these deliveries. There were 42 grade credit given for each, with the after calls bringing the credits given to 3360 points.

Football

The following is a resume of the scores of football games to date:

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<tr>
<th>Date</th>
<th>Opponent 1</th>
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<td>Sept. 24</td>
<td>Still 6</td>
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<td>Oct. 28</td>
<td>Still 6</td>
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<td>Nov. 4</td>
<td>Still 12</td>
<td>26</td>
<td>Buena Vista 20</td>
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The games yet to be played are: Simpson College at Indianola on Nov. 18th. Homecoming, and Kirksville College of Osteopathy & Surgery on Nov. 24th. Thanksgiving Day, at Kirksville. The latter is our big annual carnival, and the trip to Kirksville is being looked forward to by all with great expectation.

Dr. Cora L. Hillabrant

Dr. Cora L. Hillabrant, seventy-seven, an osteopath practitioner in Elmira, N. Y. many years, died Monday at 7 a. m., at the family home, 652 Park Place, after several years illness. She was a former teacher at School No. 4 for several years before she entered a professional life. Dr. Hillabrant was a member of Park Church and was highly respected.

A private funeral will be held Wednesday. Burial in Woodlawn Cemetery—(Elmira, N. Y. Star Gazette.)

Pan-Hellenic Hop

On Friday evening, Nov. 11th, the Pan-Hellenic Council of Still College held an informal dance at the Commodore Hotel ballroom.

Each of the three fraternities was very well represented, about eighty couples being present.

During intermission, a male quartet, from Roosevelt High school, entertained the resting dancers with several selections. They were pronounced good by all.

After intermission, dancing resumed, continuing until the clock struck twelve.

The entire faculty was invited to attend, but we regret to say the Miss Ava Johnson, the patroness, was the only one able to be present.

The committee in charge of the dance was composed of Raymond Kale, chairman, Iota Tau Sigma; Harold H. Jennings, Phi Sigma Gamma; Russell Wright, Atlan Club, and are to be complimented.

The music was dispensed by Paul Christensen and his Ft. Des Moines Hotel orchestra.

Homecoming Program

The Annual Homecoming Program of Still College will start with the Assembly on Friday morning, November 18.

After several Homecoming talks, the Cotton Blossom Singers from Pinney Ridge will entertain the visitors and the student body.

The balance of the Assembly, which will be unusually long, will be taken up by Coach Sutton and a Big general Pep meeting.

In the Pan-Hellenic, the student body and visitors will wend their way to Indianola, via bus and car, to play Simpson. The game is called for 2:30. It is hoped that the entire student body will find it possible to get to the game. If the Still Pirates are to beat Simpson, they will need much support from the side-lines.

The Homecoming activities will end in the evening with a Homecoming Ball at the Savory Hotel, to be given by the students and alumni by the college. The dancing will commence at 8:30 p.m. Everyone is welcome and expected.

Don’t forget Assembly in the morning. Football Game in the afternoon, and last, but not least, the Hop in the evening. Let’s all help to make it a real Purple Le ter Day for D.M.S.C.O.

And don’t forget to get your bus ticket to the office, not later than Thursday, and also get your ticket to the game, at the office, for 50 cents. If you wait until you get to Omaha, it will cost you one Smolene.

Come and get ‘em!

October Clinic

During the month of October, 150 clinic patients were examined at the School Clinic by Drs. Johnson, Halladay, Harper, Woods, Marshall and Adkins.

The varieties and types of cases were wide, divided, including the following: Scatica; Diabetes; Rheumatic Arthrites; Anemia; Carbon Monoxide Poisoning; Several Nervous and Mental Injuries and one Spinal Menigitis.

Are You Looking For a Location?

Dr. Chas F. Frasier of Escondido, Cal., still wishes to dispose of his practice there. He states that he keeps no books, as his practice is all cash.

If some good Osteopath wishes to take over this practice, furniture and equipment, please communicate with the Doctor, as he wishes to dispose of it at a reasonable price.

Good, you couldn’t hear a cannon a real bargain,” established 28 years.
THE LOG BOOK

PHI SIGMA GAMMA

The Pledge-Hallowe'en Dance
was held at the house on Friday
evening, Oct. 28th. Everyone
dressed in costumes, and upon
their return to the city, they
achingly felt need to retire.

Iota Tau Sigma

The Brothers entertained their
members and friends at a festive
ounce party at the house on
Hallowe'en night. A merry
mood reigned as the guests were
entertained in proper style. The
festivities included a costume
pageant, a dance, and refreshments.

Delta Omega

Beta Chapter of Delta Omega
enjoyed a Sunday dinner at Grace
Abbot's. The afternoon and eve-
ing was spent in conversation,
singing, and enjoying each other's
company. The atmosphere was
lively and everyone had a
good time.

Around Our Merry
Campus

She valued her life

The dear old lady entered a
drug store and looked doubtfully
at the youthful clerk behind
the counter.

"I suppose," she began, "that
you are a properly qualified
druggist?"

"Yes, madam."

"You have passed all the
examinations?"

"Certainly."

"Never poisoned anybody by
mistake?"

"Not to my knowledge."

"Well, very well, then," she
replied, "hearing a sign of relief,
and saying, "you may give me a
nickel's worth of cough drops.
"

Visitor—Who do you love best,
Bobby?

Bobby—Mother.

Visitor—Who next?

Bobby—Little sister.

Father—When do I come in?

Bobby—About two o'clock in
the morning.

Mrs. Cronan heard her little
grand-daughter, Margaret, crying
as if in pain, and hastened to
the child.

"Why, dear, what is the mat-
er?" inquired Mrs. Cronan. "Did
you meet with an accident?"

"No, grandma," sobbed
Margaret. "It wasn't an acciden-
t—mother did it on purpose."

In his job

He—What! Another new dress?
How on earth am I going to pay
for it?

She—That's your business. I
didn't marry you to give you
financial advice.

Doggone shame

The young husband could eat
no more of his wife's mince pies;
"if you don't, I shall have to give
them to the dog."

Dr. Ruth J. Tebib, who
was an ex-president, Dr. W. K.
Kenneth Howes, both of the June
27 Class, were married last
month at Syracuse, N. Y. Congra-
tiations.

Brother W. Marion G. Caldwell, Jan.
27, has opened an office in Dover,
N. H., and writes she is enjoying
her practice.

Delta Omega. Beta is very
grateful to Dr. Carrie Dickey for
her generosity in presenting the
 fraternity with an "A. No. 1" skele-
ton.

Genevieve has officially an-
ounced her engagement to earn-
ing an Axis pin, and with the

Dr. Carter's latest production
"Me and My Shadow — Falling
Down Grand Avenue."

Lathrop's "Ain't it a Grand
and Glorious Feeling?"

Pledge Ken Moore has been
elected the Kareful Keeper of the
hives and he keep the hives to
himself.

After due consideration it was
noted that Ripley had condemned
himself, to remain far distant
from the scene of conflagration, which
promptly led to the provision.
Of the Annual abode of "Ye Atlas Men."

Faus was 21 years old the other
day. Strange as it may seem, he
had not been born on his birth-
day. Because of this unusual
coincidence, the members of the
Atlas Club gathered rare gifts of
the earth and presented them to
this fortunate young cowboy.

Paralysis is a misnomer and
along the subject, Stew Griener
referred him, straight back and
off, due to the fact that Ripley,
whose perfect control a few days
ago, but the accident did not
happen to be born on his birth-
day. Strange as it may seem, he
was not a person was drowned, trying
to capture "bobbing apples."

On the night of Nov. 2, Nich-
ols, globe trotter and author,
took on a trip thru South America
and the Pan-American Union.
He is a very interesting talker
and one can picture the scenes;
for he describes them so fully.
The majority of us do realize the
wonderful things that are in
other countries, until we hear
them described by veteran trav-
ers.

ATLAS NOTES

It was a balmy afternoon
in the city and correspondence
was going but Duke sleeps on forever!

"Fallen Arches" Jennings has
not been seen for two weeks recently located at Grinnell, Ia.

"Noisy" Rorrick charges "Buddo" of Lincoln, Nebr., with us; also a
goodly crowd was there.

"Chemist" Drabing cultured for so long.

For Irish buggy technique—see
Bill and Dubois.

Notice—Will the Brother who
removed the nail for "Grandpa"
Drabing's teeth, please replace
it at the west bathroom.

"God's Masterpiece" brought
"Deak" Jones to the last dance.

Minster. This is intended for a
reformed youth.

Dr. Fomon is keeping several
of the losers out of trouble at the
present time.

"Bill" Russell's hall and chain
told us that she liked his new
suit. So do we.

Everyone reports a good time
at the Pan-Hellenic Dance.

Dr. W. R. Marlowe of Egin,
ill, paid us a visit last week-end.

With two big jumps
off, due to the fact that Ripley,
his perfect control a few days
ago, but the accident did not
happen to be born on his birth-
day. Strange as it may seem, he
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Shame
Fraternity Notes

MASONIC CLUB

The first meeting of the school year of the Masonic Osteopathic Club of Iowa, a member of the American Osteopathic Association, was held Wednesday evening, November 2nd, at the Atlas House.

Invitations for the ensuing year of 1927-1928 were elected as follows:

David N. Shaw, President.
Leon Nicholson, Vice President.
L. J. Grinnell, Secretary.

Vitamin C

Vitamin C, the substance that was formerly known as ascorbic acid, is present in milk as well as in fresh vegetables. It is usually taken in the form of fresh citrus fruit, but it can be added to other foods, especially in small quantities, as part of a balanced diet.

L. J. Grinnell, Scribe.

DIAGNOSIS AND TREATMENT OF WHAT IS COMMONLY KNOWN AS 'FLAT FEET'

In this article I will not go into details as to the exact muscles and structures involved in the treatment of symptoms of flat foot, taking for granted that all who read it will know them. In order to make up this subject in the proper way, it is necessary to make divisions and classifications. I have divided all flat feet and all fallen arch cases into the following classes: (1)天然 foot, weak foot, fallen flat-foot or fallen arch, rigid and non-rigid. In discussing these cases I shall disregard the minor symptoms such as corns and callouses and metatarsal depression. Each type will be considered separately as far as pathology and diagnosis is concerned, but the etiology and treatment of the cases will be related and will be taken up under one head.

Strained Foot

In this condition the patient has contracted a strain or cramp in the foot and leg muscles. They say that the pains are more severe in the evening, caused by the change of position and often giving way under the pressure of the toes. They tell of soreness of calf muscles. The feet tire easily and often have a slight burning sensation.

Objectional Symptoms

On palpation you will find soreness directly under the arch of the foot and the leg muscles. There is also an external cutaneous suture that is often found under the arch of the foot, which the patient will have difficulty in bending and straightening. Improper bowel action, menstrual periods, nervous conditions, as follows: Age, weight, constitution, as well as local manifestations of poor blood supply. It is the blood supply that is the cause of the symptoms and conditions, as follows:

Age, weight, occupation, diet, urine, and the nervous system. The urine should be examined for albumin and casts. It is the blood supply that is the cause of the symptoms and conditions, as follows:

Age, weight, occupation, diet, urine, and the nervous system. The urine should be examined for albumin and casts.

When the patient is examined, the most important part of the examination is to determine the etiology and treatment of the foot, and to that degree. On having the patient stand, you may observe that the arch holds its normal contour, but there may be a slightly pronounced ankle. They will walk and stand with the toes pointed out or abducted. The patient should be thoroughly questioned and examined as to constitutional conditions, as follows: Age, weight, occupation, diet, urine, and the nervous system. The urine should be examined for albumin and casts. It is the blood supply that is the cause of the symptoms and conditions, as follows:

Age, weight, occupation, diet, urine, and the nervous system. The urine should be examined for albumin and casts.

The patient may be standing for long periods of time, or may be walking too much, carrying heavy loads.

Diet

The patient may be eating too heavy a diet or improper foods. The diet should conform to the occupation and age of the patient. Most people eat too much, especially those raised on farms or those who have performed a large amount of manual labor and are now doing seditive work.

The Urine should be examined for the following things: Specific gravity, amount, color, consistency, the presence of blood, sugar, albumen, gas, epithelial cells, and microscopic tests for crystals. In cases of disordered blood supply, the urine will manifest itself in the following way:

The patient often affects the feet through the circulation or the nervous system. The patient may be suffering from:

Adolescence

Sometimes you will find a strained or weak foot condition due to muscular changes that sometimes take place during this period of female life.

Nervous Diseases

Nervous diseases will sometimes prevent proper digestion and metabolism, and circulation, thereby causing weakness of the foot muscles. They may also cause pains in the feet and legs, and bring about the following:

Focal Infection

A careful check should be made for Focal Infection, as the symptoms produced by it are often mistaken for those of weak feet. In Focal Infection there is fever when the pain is first perceived. After resting a while the temperature may be raised, and if the pain seems to shift from place to place at different times, the latter is
Endowments

We have great plans ahead for Still College and as Still College grows and expands the
natural world. The plan has been h"led with enthusiasm and each and every week the
the sponsors of the endowment are increasing splendidly in number. We believe that we should at
this time stress again the points that led us to the adoption of this most unique plan.

A Necessity

We are fully aware of the necessity of the Osteopathic profession. We all know that the
colleges must go on. We all realize that the members of the Osteopathic profession are
in one of the best educational institutions. We are sure that every mem-
ber of the Osteopathic profession will agree to the wisdom of this plan, because under this plan,
every member of the profession can do for one of the profession's schools running at top speed and expanding.

Plan Adopted

We adopted the Still College Group Endowment plan for the following reasons:

1st—Easiest Plan

Because it is the easiest plan for the members of the Osteopathic profession that we have been able, so far, to find that would accomplish our aim and provide an endowment.

2nd—Safety

We are sure that every member of the Osteopathic profession will agree with the wisdom of this plan, because under this plan, every member of the profession can do for one of the profession's schools what his heart wants to do, and while doing so, increase his own estate consider-
ably. It is, therefore, the only plan by which you can give to Still College and by giving, have members of your family, or
the beneficiary, than you give.

Taking the profession as a whole, if 1000 units of this plan are applied for, Still College will have an endowment created over the next fifty years of $200,000,000, and the individual members of the profession who have contributed to the endow-
ment will have accumulated estates for themselves of $1,000,-
000.00. Any man with vision can see the tremendous possibilities of this endowment plan, and everyone agrees that it is a truly magnificent project.

3rd—Surest Plan

It is the safest plan, because it is underwritten by a legal reserve life insurance institution, The Royal Union Life Insurance Company, with offices in Des Moines, Iowa, ranks among the first 50 of more than 300 old life companies in America. The Royal Union has more than $24,000,000 of assets, Every

The Medical Situation

In Illinois

So much misinformation is "lled in regard to the practice of Osteopathy in Illinois that a
few statements on this all-important subject are made.

First—Osteopathic physicians licensed to practice Osteopathy in Illinois may sign death certifi-
cates.

Second—Osteopathic physicians licensed to practice Osteopathy in Illinois may practice obstet-
rics and use the surgery necessary incidental to such practice.

Fourth—Osteopathic physicians licensed to practice Osteopathy in Illinois may practice surgery necessary incidental to such practice.

For information in regard to reciprocity or any other matter of interest to you, please address the secretary, Illinois Osteopathic Association.

Checking Cholera

How the British hold the cholera situation in hand when ten million Hindus set out on a pilgrim-
gage is one of the dramatic situations of our time. The husband was revealed in a report just issued of the tenth extraordinary session of the health committee of the Indian Parliament.

Approaches by rail and by road to the districts of Hardwar and Muttra where pilgrims by the millions are gathering for the occasion of the Hardwar Fair, were protected by inspection posts and first aid stations. Barbed wire entan-
glements barricaded ponds of stagnant water from the on-
slaught of thirsty travelers. Safe supplies of drinking water were stationed along the route, while the river water at Hardwar, where the pilgrimage was held, was purified by chlorite of lime.

Cholera inoculation, free of charge, was provided at all the hospitals along the way. The project of compulsory inoculation of all pilgrims for Asiatic cholera had imprac-
cably on account of the vast numbers of individuals involved.

As a result of these precautions only 38 cases were notifying the fair, according to the report.

Good servants are rare? Ah, they're no more rare than good masters.

Increase in Pellagra

Investigation entering Tennes-
"e state, and at the end of March, the Public Health Service, indicated an increase in pellagra due to the flood of the Mississippi. From the survey made, it was estimated that pellagra, dur-
ing 1927, will cause in the United States an estimated total of about 2,500 deaths, with from 45,000 to 50,000 cases, as compared with 1,000 deaths and 20,000 cases re-
ported in 1924.

In the course of the survey, the Public Health Service examined 30,000 people in the
vicinity of Memphis, and the Public Health Service, as a result of the survey, made the follow-
ing statements:

1. The Public Health Service, after examining 30,000 people in the vicinity of Memphis,
found that there was a decided increase in the prevalence of pellagra, with from 45,000 to
50,000 cases, as compared with 1,000 deaths and 20,000 cases reported in 1924.

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50,000 cases, as compared with 1,000 deaths and 20,000 cases reported in 1924.
The Kirkville Game

(By Lee Lindbloom)

And here we are once again at the close of a football season. Though the season has been very unsuccessful and at times heartbreaking for us all, it shows what has been gained through defeat for us. The schedule has been a tough one for our green team, but they gave all and the best that they could, to win.

Last week we journeyed down to Kirkville in search of the rival Osteopathic college there and lost the game by the score, but did not feel bad about it. We nearly beat them. A man can only tear down a mountain by continuous working on it, and then after years of labor he may find that all has been completed. It was that way at Kirkville. These boys were all fighting, making the score a draw. They outweighed us 19 pounds to the man and towered above us about six inches.

The heart of the game Kirkville outplayed us easily and it was only through continuous fighting and sprints that our boys kept the score as low as it was. Even with this handicap, our men gave their all and the trouble it cost for it in one afternoon. The half nearing its end found the mountains of flesh great Davie Davis had the half ended our boys had possession of the ball and were on their way toward the Kirkville goal. But as it goes, we were too late and the half ended with ball on Kirkville thirty yard line in our possession.

After a brief rest our boys came back on the field with more fight and pep than all Kirkville combined, and it was not long before the whistle called them into the final play of the game. We received the ball and Crozin returned it to our own forty yard line. A very beautiful return. After fighting to the midfield for most of the third quarter we finally got a good break. Davis recovered a fumble at Kirkville thirty yard line and then it was just too bad. After two line plays failed, Davis was called back to pass—and pass he did. Loghry, the opposite end, slipped down behind the quarterback and Davis handed off right into his arms and we chalked up six points. Davis then kicked goal, making the score at the end of the third quarter 12 to 7 in favor of Kirkville.

During the fourth quarter the momentum started to go away. Our boys kicked off and the Rams returned ten yards and on the next play fumbled and we got the ball. After the line plays were found useless, the aerial brigade started—and they were “hot.” Davis was called out of the line and the passing he uncovered was startling to all. The hardest part of the game came when they advanced the ball to the three yard line and then were penalized, which left just too much ground for Still to make up. That’s the way it continued until the whistle blew and the score ended 12 to 7 in favor of Kirkville.

Sports writers and the radio announcer at the game gave our boys credit for outplaying and outmanning the Rams in all branches of the game. It was great to see such a light team with such quality and quantity of fighting spirit. It is a case of losing a victory. Such praise would not be given our boys if they had not deserved it. It makes us feel much better to close our school football season with these words of praise for such a good fight.

Galli Curci

At the moment of going to press, we have the information that the local division of the O. W. N. A. is taking steps to entertain Galli Curci when she visits our city December sixth. The mention of the name of this famous singer brings to every Osteopath’s heart deep appreciation of what she has done for our profession. Galli Curci should be shown every courtesy we may be privileged to extend to her.
The Missouri Limited

"Toot! Toot!"—and we were off. The weary travelers made their way to the various Fraternity houses to clean up and rest up for the festivities. The party was accomplished by the successful co-operation of Dr. Innes, director of laboratories at the college, who made arrangements for the food, and Mrs. H. J. Marshall, who arranged the menus.

The party was by no means relaxed, but it was then too late to remedy the 12 point lead they held over us.

The Missouri Limited, with each and all of the explorers having had a most enjoyable trip. May there be more of them and more men on them.

O. W. N. A.

The November social meeting of O. W. N. A. was held on the evening of the sixteenth of the month. The new men were introduced and the various departments were visited while preparations for the Dance were in order. A dinner party was arranged, and the various tables of the physical diagnosis room made a splendid display for the assembly, and the students' cars also served as the assembly points. The men present and desire for field support were all touched upon.

The party was accomplished by the concerted efforts of Dr. Avis, Payden, president, Mrs. Z. Innes, director of laboratories at the college, the president of the College, and the men of the Missouri Limited, with each and all of the explorers having had a most enjoyable trip. May there be more of them and more men on them.

Physical Righteousness

Man, "tis agreed, is the noblest work of God. He was created in the image of God—that is, in the image of health. The whole moral strength and protection hereon rests on the fact that our Football Team was held over us.

The Missouri Limited, with each and all of the explorers having had a most enjoyable trip. May there be more of them and more men on them.

Remarkable results have been obtained by treating the pathological conditions found in the rectum and anus. Headaches, neuralgia, asthma, eczema, derangements of the digestive system, and a host of other so-called diseases which are secondary to trouble in this location.

Examine every chronic condition that you have. Give him the sigmoid, rectal and anal examination and perhaps you will discover the cause. Remove it.

Remember, one anal crypt filled with pus can cause more constitutional trouble than a mouthful of abscessed teeth or diseased tonsils.

Around Our Merry Campus

More Power to Him

A well-known official of the Illinois Bell Telephone Company was rudely aroused from his slumber by the ringing of the telephone. After brusing his elbow on a chair, he reached the phone.

"Hello," he growled.

"Are you the official of the telephone company?" asked the voice.

"Yes; what can I do for you?"

"I've just telephoned to you about how it feels to get out of bed at two o'clock to answer a wrong number."

Youthful Opportunism

A very small boy was trying to lead a big St. Bernard up the road.

"Where are you going to take that dog, my little man?" inquired a passerby.

"I'm going to see where—where he wants to go first," was the breathless reply.—United Presbyterian.

If you want your dreams to come true—you must wake up!

Self-sacrifice is the only means by which you can purchase anything of real worth and value.

A True Lie

The owner of an airedale listened to the ravings of the various enthusiastic dog owners, and finally broke out—"Well, you fellows look as if you have enough dogs, but my old airedale bows his head when I say grace at the table."

The story is a true one, but the query is—"Did the owner ever say grace at his meals?"

Zero in Manhood? Well, there's the one who says he might have been a success, except for his wife.

The employer called his secretary.

"Here, John, look at this letter. I tell no lies, and the whole of it's from my tailor or my lawyer. They're both named Smith."

And this is what John read—"I have begun your suit. Ready to be tried on Thursday—Smith."

A hick town is a place where the principal's desire to hold his job enables the dullest kid to graduate.

A Speedy Reporter

"We almost succeeded in keeping our marriage a secret."

"But a horrible reporter snooped around just as we were getting our divorce."
The Log Book

The Official Publication of Des Moines Still College of Osteopathy

President C. W. Johnson
Faculty Advisor H. V. Halladay
Editor L. J. Grinnell

Osteopathy Without Limitation

Assemblies

On Friday, November 18th, Dr. Johnson gave us a talk on the subject of the two-fold arrangement for the football game with Simpson at Indianapolis, and to learn more about the Still College Endowment.

Dr. "Virg" and his Band played a difficult selection and then we were treated to the "Cotton Blossom Singers" from Piney Ridge, Miss. Their program included several old planters' songs, and they being "Seek and Ye Shall Find" and "Swing Low Sweet Charriot." The director of the Piney Ridge program included several old time selections by the Band, made us as students and as future practitioners of the school and outlined its aims.

Mr. William Koch, Vive President of the Royal Union Life next spoke on the Endowment Fund for Still College. In ten minutes he gave us a very clear idea as to what it means to us as students and future practitioners in the field.

Coach Frank Sutton, after a few selections by the Band, made a talk about the football season. We were all ready for the big game, and he left for the northern woods, and "Owl Eye" Jennings and "Rock" Stone left early for festivities at Valley View.

Pledge Taylor certainly celebrated the occasion, as he took his company by a wife. Congratulations, Ike! Will someone please inform the steward that Pete. Howse want some attention as he voiced at the table recently, "pass the meat—a man's starving here.

Pledge Madison still given an occasional dormitory desertation, and "two pair," seems to be his favorite phrase. Anyone wishing information on correct style in evening clothes, inquire of Lowell Morgan.

"Ekimah" Clark went north to spend the "Turkey Day" vacation. We wonder whether it is the Call of the Wild.

SIGMA GAMMA

Thanksgiving vacation was welcomed by all and the day of the big fest found all but four partaking of the turkey on foreign soil. About ten of the crew accompanied the team to Kirksville, where they were royally entertained by the Buckeye state. Pledge Tuley journeyed west, Clark left for the northern woods, and "Owl Eye" Jennings and "Rock" Stone left early for festivities at Valley View.

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Sigma Chi Omega

On the night of November 21, the members brought their wives and sweethearts or somebody else's to the meeting for the purpose of hearing Mr. Joe Lilly, Dr. Grissel's brother, give an expert description of his hunt for big game in Africa. Much to our regret, the meeting was in the stands at the game.

Cherrio! Cherrio! The multitudes assembled, why should we concern ourselves? Anon, et cetera, and even so forth. Such and How were the songsters, merry, in excellent spirits, chanting vociferously as the Still College representatives stormed, or perhaps we had better say holed in to Kirksville. We must tell you that "Dr. 1, \"John \"George\" Harvey and none other can, and none but Still has the gregarious assemblage of Kirksville students who met the directors of the Projectoscope in the depot.

"Rusty" Wright believes he saw this sign in Kirkville — "A Hume around a boy's neck." Other signs of activity were perceptible.

Harry Johnson was responsible for rounding up a few undecided Atlas boys by having the Kirksville team come down to the depot. That's the old spirit, Harry.

Neske informs us that the Atlas boys answered the "calls to arms" by tripping the light fantastic at the Gymnasium. Utterly by and by spent Turkey Day at home.

Pledge Mike Caldwell "fords" home for Thanksgiving. Mike believes he saw his first Jack Rabbit—and just missed it by a "hardy" plan. Stanley Evans is recovering from "occupational" neuralgias.

Pledge Swartzbaugh claims that thieves stole several pictures from his studio, but they left the "proofs" behind.

We are pleased to announce that Mr. Hillman of the Sophomore class has been pledged.

We have received letters from Doctors Damm, Doyle, and from Doctors Emmett and Lester Schaefer. They all report that they are doing well.

Bro. Dr. John Voss, class of '25, from Munising, Michigan.
Bro. Willard Bankes has removed his "soup strainer."
Bro. Dr. John Voss, class of '25, from Munising, Michigan.
Bro. Willard Bankes has removed his "soup strainer."

Are You Looking For a Location

Dear Editor: It has been my intention to drop you a line in regards to locations in the state of Michigan.

Below you will find a list of towns, which I looked over hurriedly, in which I think there is a demand for Osteopaths. I believe that a good, live, wide awake Osteopaht finds it Greek, indeed.

Some of these towns may already have an Osteopath, but I know that most of them do not have, and think it would pay anyone looking for a place to locate, to look them over.

Thanking that D.M.S.C.O. will have the most successful year in its history, I remain

Sincerely yours,
DR. C. MASON CONN.
DIAGNOSIS AND TREATMENT OF WHAT IS COMMONLY KNOWN AS 'FLAT FEET'

(Continued from last issue)

DIAGNOSIS

Diagnosis is made on objective and subjective symptoms and the pathology found, using palpation and examination of all structures. In making diagnosis, I pay very little attention to the height of the arch. It is a known fact that some people have a much higher arch than the average, and an etiological or constitutional condition must be considered as to whether or not all bones are in their proper relationship to each other; in other words, does each bone articulate with its neighbor on the normal articulating surface when under weight or during flexion? If they do, a low arch will not give as much trouble as a high one.

PROGNOSIS

Prognosis is good if the proper diagnosis is made and the contributing factors are all taken into account and proper treatment is given. Going into the treatment, I will take up the weakened foot and flattened foot, rigid and non-rigid.

WEAK FOOT

Weak foot or weak arch is just that archetype is advanced to a more serious and painful stage. In the weak foot you will have the same objective and subjective symptoms as well as the same pathology found in the flattened foot, but the symptoms will be a little more pronounced. There is slightly more pathology from a subluxation or twisting of the cuboid with a dropping of the Cuneiforms and possibly of one or more of the metatarsal bones. There may be a slight rotation of the Oskalis, probably due to a contracted tendo Achillis. There is always tenderness or palpation under these subluxated and immoblized bones. There may be a slight rotation of the Tarsals, probably due to a contracted tendo Achillis. It is often necessary to use Diathermy and the internal metatarsal or tarsal, with the pressure, but because this relief and the cure is often obtained by the use of a muslin figurate bandage, padded with cotton, to support the relaxed tissues. The cotton prevents the stoppage of the circulation. I also give a slight massage to all relaxed or stretched muscles. It is also beneficial to stretch and massage any contracted muscles. The muscles that need particular attention are the leg muscles, as the foot muscles, themselves, have very little function as far as support is concerned.

In treating the rigid type of flat feet, the same method of treatment is used, except that it is more severe. There is also a tendency to use a support to hold whatever part of the foot is being treated, at least as working out to overcome these conditions.

In the strained foot condition there is a loss of support to the arch even when relaxed or on weight-bearing. In the weak foot condition there is a low arch, which still has some support, even when relaxed, but has no weight placed on it, and will show a slight sagging when under weight-bearing. The Oskalis may be slightly rotated and a slight ankle valgus. You may also notice that the muscle is slightly more prominent.

FLAT FOOT

In the flat foot you have the same symptoms, pathology and etiology as in the others, but it is more prominent, which does not lose its normal contour because of the stretched muscles and ligaments allowing them to remain in this position. Poor circulation, poor digestion, improper metabolism, constipation, pelvic and mental disorders, etc., are important factors in this ankylosis.

TREATMENT

Treatment of these cases is based on the Etiology, as all treatments should be. In the strained foot, if it is found to be a true strain, all that is necessary is to manipulate all joints thoroughly; good massage and manipulation of the muscles, and give specific correction to any subluxated bones (Flat Foot).

If in your examination you find the condition to be caused by and or one of the general constitutional conditions, they must be searched out and corrected, if they are still present. You may have such cases where they have been under treatment, specific foot treatment will not give the desired results, unless the same or other conditions develop.

In treating the weak foot, attention to the same methods as in the strained foot, except that it is more extensive. This depends on the flatness and rigidity of the foot. My treatment for these cases is as follows:

First I take a position on the right side of the patient with their feet elevated about to the waist. Then grasp the right foot with the left hand and put the palm of my hand on the plantar surface of the foot, fingers extended and above the Dorsal surface. Then grasp the leg just below the ankle with my left hand, and rotate the foot at the ankle joint to its extreme extent of motion, in all directions. After giving it several rotary movements, I drop my hand down over the ankle and immobilize the heel as much as possible and use direct upward pressure, but because this relieves pain and eases tension and soreness which the treatment may have caused. I have never had any complaint of pain or soreness in the arch, due to the treatment, if a light massage is given following it. The only exception would be where there is a rheumatic or Arthritis condition present. The patients, after these treatments, have immediate relief and the cure is effected in a short time, provided the treatment has been carried out properly and weakfoot exercises given to the patient. I seldom find a support necessary in the treatment of longitudinal arch trouble, however, if the case is very severe and the bone has been well formed, complete correction is not possible by any method of treatment. Proper use of tarsal bandages is the only support to use to hold whatever beneficial results that may have been obtained.

This is my theory of the cause of longitudinal arch trouble. This is a treatment that has been worked out to overcome these conditions. I do not expect everyone to agree with me, but if I have helped you and caused you to think and develop' you have been worth while, and know the joy which comes in serving others.

To assist us in our missions, the missionaries, will give us the etymology of the word as being derived from the French and Latin, and generally speaking meaning "The prosperous termination of any enterprise" or "The accomplishment of any object." Success to all men does not mean the same. One type of man has a different idea of success than another. For instance, a laborer's conception differs from that of a writer. Oftentimes we have heard of successful bootleggers, gamblers, and others, but there is no success that disregards the laws of God and nature.

To have the success which leaves your wealth in the hearts of the poor, you must live on live day by day and not give way to the conflict with a high purpose, ever keeping in mind the characters of the noble men who have succeeded.

The first condition of success in the proper direction to that call. As Carlyle has said: "The secret of success do it and do it well." You must make your calling the one life purpose to which every other, save the development of character, must be subordinate.

Success cannot be made unless we have faith in ourselves that we can and are succeeding. It is as old Admiral Farragut—he of true heart and iron will—said in May: "Dontop, do you know why you didn't get into Charleston with me?" "At least, sir, I was not that." "Oh, because the channel was so crooked!" "Well, the rebel fire was perfectly horrible." "Just out it wasn't that." "What was it then?" "It was because you did not believe you could go in." We don't believe we can succeed—and, of course, often we fail.

We do not expect everyone to agree with me, but if I have been of service and caused you to think and develop yourself in any way, I will feel well repaid for the effort I have put forth in preparing this article. Read it over, take what you think is worth while, and disregard that which you think is of no value, and I will be satisfied.

GREAT GOS

"A woman was in a restaurant eating a pineapple sundae when a man entered and ordered one as well. She said, 'I didn't know he was a sailor'"—(Tid-Bits).
A Merry Christmas To All!

The Profession’s School

We are nearing the close of the first semester spirit in our new building, and now we are looking forward to the next semester. Indications are that the fresh student body will be on a grander scale than ever before, and if we are not to be burdened with a large number of students, we must make every effort to attract the best of the incoming class. The school is in receipt of a large number of applications, and it is hoped that we may be able to select the best of these applicants.

The college is in receipt of a note of appreciation from Amelita Galli-Curci, the forerunner of the Freshman Class, that is to be one of the activities of the Freshman Class. Go to it, Freshmen, you do not have as much use for old clothes as the other classes yet.

A vote was taken by secret ballot on the following proposals:

1. That all Athletics be abolished.
2. That Football only be abolished.
3. That Basketball be the major sport at Still College.

The result is as yet unknown. This action marked the close of the Assembly.

Galli-Curci

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Support Endowment

The college is in receipt of a letter from Dr. A. T. Still, the father of Osteopathy, expressing his appreciation of the work being done at Still College.

Dr. A. T. Still, Des Moines, Iowa, November 11, 1927

The college is in receipt of a letter from Dr. A. T. Still, the father of Osteopathy, expressing his appreciation of the work being done at Still College.

Des Moines is a city of approximately 150,000 population. This city is a large center of business and industry, and it is large enough to present a great variety of clinical cases, both general and specialized, and yet it is not too large to permit the student to study under the supervision of the faculty. The college is situated in a downtown district, and it is situated in a downtown district.

The faculty of Still College is made up of men who are specialists in their respective fields. The faculty is composed of men who are specialists in their respective fields.

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TEN YEARS AGO

The Twelfth of December, 1917, is a date to be remembered by all of us. It marked the passing of the Father of Osteopathy. After a little more than eighty-nine years of intensive and productive living, our first teacher and leader left us with a most important heritage.

This is a time that we should hesitate for the minute and consider the things that he stood for and accomplished during his span of life. From an idea which was the result of profound thought and the attempt to analyze experiences there developed with him a science. The result of these observations put into practice has erected schools, hospitals, sanitariums and health centers in all parts of the country, based on the findings of this one man.

Do you, as a practitioner, realize that what you are owing to the “Old Doctor”? Do you as a student of Osteopathy realize that the opportunities before you would not be possible without the early investigations of Dr. A. T. Still?

It is fitting and proper that in our mad rush of everyday life that we should pause for contemplation of these truths. The memory of his early struggles should be the incentive for greater effort on our part to carry on the science he gave.

New Locations

Dr. Earl F. Pearsons, class of 1927, has located in Rutland, VT. His address is Badlam Block, 39½ Center Street, Rutland Vermont.

Dr. Pearsons would like to hear from his friends still in college and also his classmates in the field.

Osteopathy can neither be presented nor defended by ignorance.—(A. T. STILL.)

* Yesterdays preparation some times accounts for todays luck.

Aphorism of industry: The less you need a boss, the less you hate one.

Vacant lots attract rubbish—so do vacant minds.
THE LOG BOOK

ERATEONTA NOTES

SIGMA CHI OMEGA

It has been officially announced in the newspapers that Gail Smith did take unto himself the name of "Bill" Smith. It is noticeable that he is beginning to study considerably. A lot of others should have some such tests made and we want to see more of him, for it seems that a goodly share of us are losing sight of the fundamental principles of our profession.

Frank Wilson has moved away from the protection of his future mother-in-law's house. He and Bill Wasner are now together and are already wearing each other's clothes. Bill or rather Frank is wearing Bill's sox for B II declines to wear Frank's, he says, none of us are worth putting to put them on, and furthermore, he never did like to wear stirrups.

PHI SIGMA GAMMA

It isn't very hard to diagnose that a vacation is coming in the not too distant future. The disappearance of time tables and road maps about the house. A recent census revealed that motorists are intending to remain and take care of their "practices" over the holidays and require the boxes of chicken and cake. Lowell Morgan seems to fulfill the requirements best for the position of Santa Claus and has been so appointed.

"Sleu-foot" Auseon reports that after much consideration and deep meditation, he has come to the conclusion that Bro. Smith is not the party responsible for the continued eating of peanuts in the dormitory.

Under the able guidance of "Red" Granberg and the Family Theatre, pledge Patterson will soon be a full-fledged cowboy. His latest achievement is shooting from a swinging holster. Marvelous how Massachutes turns out these "hip" shooters, as we all remember Jack Cavender.

Pledge "Whoop" Guager says he will wear a suit of "amour" on his next O. B. case. He showed up a musical boy, as he wrapped up his lunch in Bob's sheet music.

The girls at home are going to get a big treat before long, says Pledge Reeves.

Pledge Thomas says he can tell the boys of something in the way of a pledge's date notions. He added that a bale of hay would look like a shredded wheat biscuit to her. June (Ames) Smith is planning his practice, and sometimes his lessons.

Mothers, watch your daughters' serenade. Scatterson is in town.

Salemmen Jen spent the week end away. Big candy sale next week!

Pledge King swallowed a watch two days before, and passed the time away.

"Pinkie" Rip came back from home all attired in red flannels. Said he had a big rabbit hunt and that the "dear" proposition was favorable.

ATLAS CLUB

Dr. Doyle of Ackley, Eskimo, drove in to the Winter Formal Friday. All members gave the "Ole Grad" one grand round of applause. Dr. Doyle will be back for the Formal, which by the way, is going to be held the first two times of the Club. The date is December 16th.

"Rusty" sometime ago was undecided as to whether he should make the Kirkville trip or get his "Galloping Ghost" readjusted. He did both—and now more books for sale!

"Piney Woods" St. Amant. Here boys the time has come. thought I'm afraid to title myself as such. Toot! Toot! All aboard for Piney Woods. Leave your old clothes.

Dave McKee must have been traveling in that direction last night. We found him hanging on to the curtain. He thought he was riding the blinds to Piney Woods.

"Cowboy" Fass has decided to attend the Formal. Ten suits—(Tax)—were ordered to be paid for after Santa with this idea. Dr. Shube was the speaker at the Practical Meeting, on Monday night. Suffice it to say, Dr. has some new admirers to his already large list.

These new flames seem to be hot after Duke at the 12 o'clock line-up. Duke was suspiciously absent. Marriage licenses will appear in the next issue.

JOTA TAU SIGMA

There is much excitement at 2007 of late; on Thursday, Dec. 16th, we journey to the Commerce Hotel to enjoy the Xmas Formal. The entertainment committee has been working hard. The "soup and fish" outfits have been arranged thoroughly and now await only the appointed hour.

Side Lites About the House: Our own "Tooter" Shaw the King of the Sax is plainly not. His playing is wonderful. His smile is most enjoyable. This man—and Osteopathy demonstrates fully that he is capable of playing without the aid of whiskey, drugs or other kindred poisons.

All medical writings fight effects, not causes.

The fellow who borrows trouble doesn't have to pay it back, but he pays heavy interest on the loan.

pressed by his Freshman roommate, "Stevie, and a Half" Cook. Even Fleishmann's may help.

Holly Morrow, "The Answer to the Lady's Prayer" has a big crush on Santa Claus. He was ever tardy for dinner Sunday—on account of going to Church.—"I wonder if he got away?" He was given this as an excuse for his own sake of cause and effect, or whether he is lining up for Santa Claus and his box of candy.

The countenance of "Lilly" Peterson has given his inner thoughts away many times. His heart and soul is centered at Malta, Illinois. Rumor has it that a "Swedish brass band" will be on hand to greet our hero. More power to you, Lilly. With his great "understanding", Santa Claus will have a task filling up "Lilly's" sox.

We have long wondered where our silverware has disappeared to. "Noisy" Herrick has confessed—he used his spoons in his extensive practice.

Several of the members and pledges have been perfecting their cribbage game. Many lay claim to the championship of the house, but a tournament is a thing of the future.

"Great Daddy" Olsson replaces the lead in the letter league. He seems to be striking out with the singles loaded. He is little bashful about leaving the house on these frigid mornings but he has taken this unfortunate circumstance in the proper spirit, and unlike some of the big shots, he rides the hoof, rather than the Yellow Cabs. It is healthier, isn't it," Nick?"

"Buddo" Gephart continues to be a source of worry to all post office employees between here and Marietta, Ohio. Don't you realize, "Buddo", that this time of year is plenty tough on these "agents of courtship"—Go easy, "Buddo"—go easy.

In conclusion, we wish to extend our wishes for a very Merry Christmas and a Happy New Year to the Faculty, Students, pledges and others in Osteopathy and Still College.

Epigrams of the "Old Doctor"

"Why didn't Noah smoke more when he was on the Ark?"—"Because he only had two Cane's.

A little girl was once told that polite people did not talk about their "wooziness" evidenced during the day.

"Doctor," asked the invalid, "do you think a change to a warmer climate would do me lots of good?"

"Heavens, man!" replied the doctor, "that's just what I'm trying to save you from."

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Osteopathic Clinic Opens
In New Home

New quarters of the Marietta Osteopathic Clinic which Dr. H. L. Benedict and his associates have been working on for some time are completed and thrown open to the public, and afford the city an institution that ranks among the best of its kind to be found in the country.

Associated with Dr. Benedict in the new clinic are Dr. L. M. Bixby, Dr. J. E. Wiemers and Dr. J. D. Sheets. They have founded a 22-room clinic, equipped on modern lines, and designed and planned to afford a new service to Marietta and the surrounding country.

The building that has been occupied by Dr. Benedict and Dr. Bell, and in recent months by Dr. Sheets as well, has been modernized and enlarged. Dr. Wiemers has joined them in making it a complete Osteopathic Clinic. The four owners will share the work of the clinic, dividing the responsibilities and each following a particular line of service.

The main entrance is from Putnam street, leading directly into the waiting rooms and offices, with a corridor leading to the offices and consultation rooms. The new quarters at the left of the corridor are given over to physiotherapy department, over which Dr. Sheets has charge. The department is fully electrically equipped along modern lines.

Dr. Bell, who is the eye, ear, nose and throat specialist, is quartered across the corridor at the rear of the reception rooms, while the offices of Dr. Wiemers and Dr. Benedict are grouped about the rear of the corridor, all having outside of front.

Dr. Benedict will have charge of diagnosis and will specialize in cases of tuberculosis. Dr. Wiemers will handle diseases of children, and Dr. Sheets in addition to his general medical practice be in charge of X-ray and laboratory work.

The second floor affords space for operating rooms, nurses' quarters, and for the nine beds that will be used for clinic patients. Dr. Sheets will live in his clinic and will be the night physician in charge. There are club rooms, porches and sun rooms for patients on the second floor.

The basement of the building provides the X-ray rooms, the laboratories and treatment rooms for certain classes of diseases, and are as elaborately equipped as are other departments.

Modern heating, lighting and ventilating systems have been installed and the whole building is of neat appearance and convenient arrangement.

The men who are associated in this clinic have devoted a number of years of effort in bringing it to its completed state, and feel that they are contributing in no small way to the comfort and well being of the public.

Five Years Ago

Dr. A. T. Still was the "Father of Osteopathy." A few other Still trained in the science of Osteopathy was born later to demonstrate to the world the value of that science in surgical work. We pause again in reverence of the name of Dr. George A. Still, son of the founder of Still College and at the time of his death, President of the A. S. O. and Surgeon-in-Chief of its hospital. Only those who have worked intimately with the man can appreciate the true character and worth of such an artist. The passing of George A. Still on 23rd, 1922, marked the end of a brilliant career. One that probably the absence of natural enemies that take toll of its numbers, America, are credited with the gratifying abnormal date of increase.

A young wife of Bristol said to her husband one night: "My dear, please forgive me, but that cough has bothered you very much of late; and though spring is coming on, it still clings to you. Oh! if you knew how worried I've been about you, and she threw her arms around his neck. "What would I do if I were to lose you dear?" she moaned.

"Come, come!" said the young lady, giving her husband a shake; "men don't die of a slight cold. So you have called in the doctor, eh? Well, I'll tell you, dear, it is going to make you feel easier. Which one is it, Squills?" was the doctor's answer; "it's the life insurance agent."

They who make the best out of their time have none to spare.

Girls who have no diamonds say that it is vulgar to wear them.

Gambrosia

Gambrosia, the little fish that has been studied by devices quarto "wiggler," is finding many things more to his liking in the United States than in his native American home, according to reports received from Rome. Canes are the form that is now being introduced, and has also been transplanted into shallow waters throughout the peninsula and along the Dalmatian coast.

More favorable food and other environmental conditions, and probably the absence of natural enemies that take toll of its numbers, America, are credited with the gratifying abnormal rate of increase.

When? Most any time. (Osteopathic Digest.)

See Him Today

Jack and Jim were school boys in a little country town. They shared their troubles and their joys.

Fresned kids, both sunburned brown.

Went a-swimming in the summer,
Went out nutting in the fall,
Shared their skates and sleds in the winter.

In the springtime played base-

Grew from boys to youth and manhood,
Side by side and heart to heart,
And in every little plan stood

In close union taking part.

Came the time when to the city
Jack and Jim were called away,
Separated, tied, and, more the pity,
Separated more each day.

Jack became a leading power,
Throve in luxury and style,
Built a castle with a tower,
Growing richer all the while.

Hard Jim worked from dawn to sunset,
Stirring cheerfully to float,' Daily wage was all he could get,
In life's game he was the goat.

Jack and Jim ne'er met each other.
Each one knew the other's state.

Just around the corner, brother,
Neither passed the other's gate.

Came the day when Jim was bro-

Ned to death by a pike in a too-

Fever, wrecked his sturdy frame,
Nature then put in her token.
Called in death and closed the game.

Jack, too late, saw Jim there ly-

In calm and peaceful sleep.
Chances had been, no denying,

Which, think you, was greater bliss?

Don't put off until tomorrow
What the chums you love so well.
Negligence brings death and sor-

row.

Friends may need you, who can tell?

- (Selected)

Contended Cows

There is an odor of lotus in the air—a feeling of complacent self-satisfaction pervades the room—the lecturer is presenting material that is of interest and of use—but to no avail. One or two individuals in each back corner of the room, and at least two on the front row are openly communing with Morpheus—seven others are flirting with him.

"What does it matter?" is easily read on most every face. There is the atmosphere of calm contentment of mediocre workmen vacuously viewing a crucial point poorly done.

Where is this? Senior class. When? Most any time.—(Osteopathic Digest.)
Mass. Board, Nov. 1927

Diagnosis and Therapeutics

1. What would you take to bedside of a child to make a diagnosis and give treatment on a call to the house—told that the child "has a temperature, headache, sore throat and regurgitates fluid thru nose on drinking"?

2. What information do you derive from the following?
   1. Diastolic B. P.
   4. Give differential diagnosis of:
      Simple Angina from Coronary Thrombosis.
   5. What is Pulse Alternans?
   6. How do you detect? What is its significance?
   7. Leave detailed instructions to R. N. in cases of (a) Amoebic Dysentery, (b) Tetanus.

A STORY WITHOUT WORDS--

10. Practical—Diagnose and give treatment for condition you find on X-ray plate.

   * * *

   Anatomy
   1. Give borders and contents of the Popliteal fossa.
   2. Give the histological divisions of the skin layers from within outward and name characteristic cells of each.
   3. Name entire venous drainage of the brain.
   4. Draw a cross-section of the spinal chord at the mid-dorsal area. Label the tracts and nerve connections.
   5. Name muscles rotating the thigh.
   6. Give origin, course and termination of the vertebral artery.
   7. Locate and describe the bladder in the male.
   8. Give normal amount of blood supply.
   9. Describe the Mandible.
   10. Describe the Diaphragm. Locate, give blood and nerve supply. * * *

   Pathology, Bact., and Biology
   1. Give normal red cell count, give normal white cell count.
   2. Give normal amount of blood sugar.
   3. Give normal amount of non-protein.
   4. Give normal amount of non-protein nitrogenous elements in blood.
   5. Give the gross pathology of Banti's disease.
   6. Give the gross pathology of R. N. in cases of (a) Amoebic Dysentery, (b) Tetanus.
   7. Give the gross pathology of Tuberculosis.
   8. Give the gross pathology of Banti's disease.
   9. Give all the conditions causing a mechanical acute intestinal obstruction.
   10. Discuss pathological conditions associated with Bacillus serogenes capsulatus.

   PLEDGE

I agree to fill out, sign and return as directed, the necessary blanks (to be mailed me later), and attach hereto Five Dollars as partial payment of first annual premium on $ policy, as outlined for the Still College Group Endowment Fund.

My Name in Full.......................... (Write plain or Print)

Mailing Address: St. No............................ City.......................... State.

Date of Birth: .................. Place Born........ County or State

Name in Full of Primary Beneficiary..........................

Mail above Coupon to Still College of Osteopathy, Des Moines, Iowa, or Royal Union Life Insurance Company, Des Moines, Iowa.
A Happy New Year!

Dr. C. W. Johnson, President

It is with a great deal of pleasure that as president, I can express the gratitude of the organization as a whole for the very fine support we have had from the field. Our work this last year has been very heavy, due to the change from the old to the new building, but we have been spurred on to greater things by the many fine letters of commendation received and other forms of evidence shown by the profession.

May we extend to you all every good wish for the coming year. That you may continue in good health, merit a more extensive practice and thoroughly enjoy your moments of recreation.

Fraternally yours,
C. W. Johnson, D. O.
Pres. D. M. S. C. O.

Olive Weir, Class of May, 1928, Dies at Seattle

We are saddened by the news of the death of Mrs. Olive Linhart Weir, the wife of Dr. Donald Weir, Class of May, 1928, of Seattle, Wash., on December 29. The cause of her death was pneumonia.

Olive, as she was known to her classmates and friends, was a student at Still College in the class of May, 1928, but left with Dr. Weir after his graduation, for Seattle.

The Log Book joins with her hosts of friends in offering sympathy and condolence to Dr. Donald and Olive's family.

K. M. Robinson, Secretary

1927 has been a very happy year for us. I hope that all of you have similar memories of the year. We are now starting on a page of our history which we hope will bring us all greater things in an Osteopathic way. I want to thank the many in the field who have been so kind as to write us their words of encouragement, and hope that all of you will enjoy another year of prosperity and health.

Yours very truly,
K. M. Robinson, Secretary, D. M. S. C. O.

E. E. Steffen, D. O., Treasurer

The year just closing has shown definitely the supreme value of co-operation in the management of our institution. We are indeed very grateful to be in the new building now occupany and to realize that our affairs are being conducted on a much better business basis. 1927 brought us much. We anticipate more in the way of expansion along all lines during the year to come. We realize this that these changes would not have been made unless we knew we merited the support of the profession. This you have already shown in a number of ways. Thru your continued support you are gradually erecting an indestructible monument to the Science of Osteopathy that you may well be proud of now—and will take greater pride of in the future.

Those of us more intimately connected with the detail work of the organization, express our sincerest thanks to you and wish you a very happy and prosperous New Year.

Yours fraternally,
E. E. Steffen, Treasurer, D.M.S.C.O.

Faculty and Board Member Honored

Dr. Mary E. Golden has been selected to represent the Des Moines Chamber of Commerce as its member on the Community Service Award jury. Notice of her unanimous selection was received today from Joel Tuttle, secretary of the Chamber of Commerce.

J. P. Schwartz, D. O., Dean

In looking back, I have derived a great deal of satisfaction from the conduct of the student body and the greater efficiency shown by the faculty. Our move into a new home made a great change in the morale of every individual associated with the college. When school closed last Spring we were in doubt. That has all been swept away and we are seeing the better side of many things that were not visible before.

This next year means much to us. We will know for a certainty how we stand in your estimation. Many of you have already shown your approval of our efforts. I wish to thank all of you, students, faculty and field, for the many expressions of good will you have shown. The year 1928 offers you 366 days of opportunity. May you remain in good health, so that each of the days will strengthen your work and lengthen your life.

Fraternally yours,
J. P. Schwartz, D. O.
Dean, D.M.S.C.O.

Some Record

Perhaps some of us do not remember that Dr. Brawington, one of the vice presidents of the American Osteopathic Ass'n, has in the past ten years at Albuquerque, New Mexico, had 923 deliveries, only 21 of them being forceps cases—no infection, only three babies lost and no loss of mothers—17 pairs of twins and two sets of triplets, which is not so bad for the first ten years.

J. P. Schwartz, D. O.
Dean, D.M.S.C.O.
The Milestone

One year ago we were in our old building. Today we are in our new home. One year ago we had your advisory council, which would be housed in a five-story, fireproof building, adequate for every need and fitted with every convenience. This past year is truly a date to be engraved in bold faced figures in our history. For many years we have been promised a new building. It was from all appearances only a matter of when you would serve us best? Which could be sooner or later. We would have a greater and assured success? All of these things must be thought of, and plans were consequently submitted until the minds of those intimately associated with the administration of the affairs of the college were almost blank from planning. Nothing definite could be given except that it would close out the school year, but by the first of July all the various papers had been signed, blue prints on the floor plan were in hand and the actual work of moving had begun.

1927!!! We, the Alumni, the Corporate Board, the Trustees, the Faculty, the Student Body, and we hope the entire osteopathic profession, salute you. You brought us an opportunity. We grasped it, and we are passing it on to our legal. If any one of usfail in the duties before us, let him be stricken from the roll. 1927, we have passed into real history.

Already the new year with new opportunities is before us. What pathic profession, salute you.

1927, made a great difference in your individual attitude towards the college. We will see this enthusiasm to cover friends that you will interest either in the study of our science or in treatments and make you stand firmly behind the better things for the profession.

Another year dawns. Take an inventory of your work in 1927. Did you support, in the several ways that you can, our osteopathic institutions in the manner that you should? If so, you have every reason to be proud of your past year. If not, then you have another chance. We ask that you continue to work for the good of our science. Exert whatever influence you may have to help us in our legislation, and make for greater opportunities for osteopathy. If we deserve a part of this success, you will feel that our work has not been in vain.

To extend, to all our wishes that everything good may come to you during your new year 1928.

Class of May, 1926 Notice

A number of the class have suggested that a "Round Robin" be started with the idea in mind of keeping a sort of tab on the locations of the members and a bit of line on how things go generally. It's up to YOU!!

Send your name and address to A. E. SMITH, D. O., 622 Dollar Bank Bldg., Youngstown, Ohio.

The weaker sex
Is that portion
Of the human race
Living in dark towns,
In zero weather
In a half-masted lace waist
To buy a muffler
And woolen socks
For her husband
So he can go to work.

BASKETBALL SCHEDULE

(Incomplete)

Central College—January 6. There
Graceland—January 9. There
Buena Vista—January 12. There
Trinity—January 13. There
Kirkville—January 16 and 17. There
Western Union—January 23. Here
Lonox—January 25. Here
Buena Vista—February 2. Here
Parsons—February 2. Here
Kirkville—February 2 and 3. Here

Endowment Plan. Your support of this worthy project enables us to secure conveniently, additional life insurance protection for our families and at the same time every unit of insurance taken in the Endowment Group materially helps Still College.

In looking forward to the New Year, let us suggest that every osteopath should give earnest consideration to the Endowment Plan. Your support of this worthy movement will enable you to disburse an article from your profession without any apparent sacrifice upon your part. Write today for a questionnaire and more detailed information.

Christmas Party

The Assembly Thursday morning, December 22nd, was in the form of a Christmas party, as usual. Earlier in the week, each student drew the name of some member of their family. In such case, you have passed into real life.

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Makes Good Record

Dr. Turman L. Shumway, Odd Fellows Building, Humboldt, Tennessee, sends his interesting and encouraging report in connection with a local football team. Dr. Turman, who is a June, 1927 graduate of Dr. Holmes Still College of Osteopathy, went to Humboldt to take over the office of the late Dr. C. A. Ross.

A few days after arriving, Dr. Turman was asked to consider coaching the high school football team. He gave an affirmative answer, the line men were turned over to him at once, and he was put in charge. Nine games were played, of which only one was lost. The Humboldt team entered the season with a spectacle victory over the Hickman, Kentucky, team 106 to 0. Turman was asked to put the team through the season. He was away two weeks. The injuries were few and included sculp wounds, Charley horses, fractured ribs, torn internal lateral ligaments, etc.

Athletic coaches from adjoining towns have asked the doctor to examine their men, so he is making a reputation for state.
THE LOG BOOK
The Official Publication of
PES MOINES STILL COLLEGE
OF OSTEOPATHY
President ............ C. W. Johnson
Faculty Advisor ...... H. V. Halladay
Editor ............. L. J. Grinnell
Osteopathy Without Limitation

Projectsopes Are Here

The Projectscope drive is over and the machines are here, paid for by the faculty, doctors about town, students, and others. In particular, funds are due the Standard Chemical Company, of this City, who topped the list with forty or fifty dollars cash in addition to the discount of their legitimate profit. We hope that their returns from this venture warrant their expenditure.

The class presidents along with Fred Martin and Jack Nichols, are to be congratulated upon their handling of the executive and of the deal. Additional gratefulness will be shown in the way in which the paraphernalia will be put to use.

This new equipment is a Bausch & Lomb product, and consists of a Micro-projectscope with a six volt Mazda illumination transformer; a Macro-projectscope with similar illumination; and two screens, a six foot silvered one and a three foot, framed, translucent one. The Micro outfit accommodates all types of microscopic slides, using the six-foot screen in connection. The Macro outfit handles lantern slides and reflects from opaque illustrations, as cut in books. It is used in connection with the translucent screen and the projectoscope in a readily available form, to the class, from the far side of the screen. All of the above equipment is portable and can be carried to the classroom and set up for any class.

Two students from each class and some of the Faculty members, are to receive competent instruction in the manipulation and care of the instruments. These students are to handle the machines for lectures in their respective classes, thereby facilitating smooth and snappy instruction, and thus removing the lecturers from undue distraction. Of course the student operators of the incoming classes will receive their instruction from the present operators, Mrs. Innes, the technician, is keeping the apparatus in her department when not in use. Without doubt the machines are to be well guarded and cared for as befits their value.

While the value of the micro-projectsopes in histology, bacteriology, and pathology is apparent, some of the uses of the opaque scope are not so obvious. The chief value of this device will probably be found when used for review and summarization of every week's work. If the instructor is systematic, and we think they all are, he has a list of the outstanding features covered. So that in review he can, personally or by proxy, collect the certain boxes, pictures or slides which emphasize these subjects in thier due rank and importance. Thus the student is better enabled to visualize and organize an unruly mass of facts in an interesting way, and more efficiently.

The comparative study of the normal and abnormal structures under the instructor's guidance adds another value not to be reckoned lightly.

Illustrated lectures of timely and desirable topics are to be started as a night class as soon as the students return from the holidays. Of course there are innumerable other uses which could be listed with these mentioned.

Granted systematic and competent instructors and students, these projectoscopes can and will add fifty per cent to the interest and efficiency of our student body.

"Let's go and use 'em plenty!"

Mid-Year Prospects

As we go to press, the prospects for the Mid-Year class look bright. Mrs. Robinson and Miss Crawford have been busy with mail from prospective students.

And best of all, there have been students, both from "down East in Maine," matriculated already—more than three weeks early.

This augurs well for Still College, and shows that others are finding out what we have long known, that Still College is the Profession's College.

"You're rather a young man to be left in charge of a drug-store," the fussy old gentleman. "Have you any diploma?"

"Why—er—no," replied the shopman, "but some two weeks' class work. If the instructor is systematic, and we think they all are, he has a list of the outstanding features covered. So that in review he can, personally or by proxy, collect the certain boxes, pictures or slides which emphasize these subjects in their due rank and importance. Thus the student is better enabled to visualize and organize an unruly mass of facts in an interesting way, and more efficiently.

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As we go to press, the prospects for the Mid-Year class look bright. Mrs. Robinson and Miss Crawford have been busy with mail from prospective students.

And best of all, there have been students, both from "down East in Maine," matriculated already—more than three weeks early.

This augurs well for Still College, and shows that others are finding out what we have long known, that Still College is the Profession's College.

"You're rather a young man to be left in charge of a drug-store," the fussy old gentleman. "Have you any diploma?"

"Why—er—no," replied the shopman, "but some two weeks' class work. If the instructor is systematic, and we think they all are, he has a list of the outstanding features covered. So that in review he can, personally or by proxy, collect the certain boxes, pictures or slides which emphasize these subjects in their due rank and importance. Thus the student is better enabled to visualize and organize an unruly mass of facts in an interesting way, and more efficiently.

The comparative study of the normal and abnormal structures under the instructor's guidance adds another value not to be reckoned lightly. Illustrated lectures of timely and desirable topics are to be started as a night class as soon as the students return from the holidays. Of course there are innumerable other uses which could be listed with these mentioned.

Granted systematic and competent instructors and students, these projectoscopes can and will add fifty per cent to the interest and efficiency of our student body.

"Let's go and use 'em plenty!"
# SCHEDULE OF CLASSES

## FIRST YEAR

### First Semester
- **Anatomy—Descriptive** ....... Dr. H. V. Halladay
- **Chemistry—Organic** ........... Prof. Frank Sutton
- **Histology** .................. Ava L. Johnson
- **Biology** .................. Dr. W. J. Nowlin
- **Bacteriology** ............ Ava L. Johnson
- **Embryology** ............... Dr. W. J. Nowlin
- **Physics** .................. Prof. I. C. Gordon

### Second Semester
- **Anatomy—Descriptive** ....... Dr. H. V. Halladay
- **Physiology I** .............. Ava L. Johnson
- **Chemistry—Organic** ........ Prof. Frank Sutton
- **Histology** ................ Ava L. Johnson
- **Bacteriology** ............ Ava L. Johnson
- **Embryology** ............... Dr. W. J. Nowlin
- **Physics** .................. Prof. I. C. Gordon

## SECOND YEAR

### First Semester
- **Chemistry—Physiological**.... Prof. I. C. Gordon
- **Theory of Osteopathy** ...... Dr. C. F. Spring
- **Pathology I** .............. Dr. E. E. Steffen
- **Physiology II** ............ Ava L. Johnson
- **Anatomy—Descriptive** ...... Dr. H. V. Halladay

### Second Semester
- **Symptomatology** .......... Dr. C. F. Spring
- **Pathology II** ............ Dr. E. E. Steffen
- **Principles of Osteopathy** .. Dr. C. F. Spring
- **Anatomy—Descriptive** ...... Dr. J. M. Woods
- **Nervous Physiology** ....... Dr. C. W. Johnson

## THIRD YEAR

### First Semester
- **Pathology III** ............ Dr. E. E. Steffen
- **Anatomy—Applied Osteopathy** Dr. H. V. Halladay
- **Laboratory Diagnosis** ..... Dr. J. M. Woods
- **Technic—Osteopathic** ...... Dr. J. M. Woods
- **Physical Diagnosis** ....... Dr. H. V. Halladay

### Second Semester
- **Obstetrics** .............. Dr. R. B. Bachman
- **Gynecology** ............. Dr. C. W. Johnson
- **Nervous and Mental** ...... Dr. C. W. Johnson
- **Osteopathic Therapeutics** .. Dr. E. E. Steffen
- **Orthopedics** ............. Dr. H. V. Halladay
- **Comparative Therapeutics** .. Dr. W. J. Nowlin
- **Clinics** ..................

## FOURTH YEAR

### First Semester
- **Pediatrics** .............. Dr. M. E. Golden
- **Obstetrics** .............. Dr. R. B. Bachman
- **Nervous and Mental** ...... Dr. C. W. Johnson
- **Osteopathic Therapeutics** .. Dr. E. E. Steffen
- **Eye, Ear, Nose and Throat** Dr. H. J. Marshall
- **Clinics** ..................

### Second Semester
- **Dietetics** .............. Ava L. Johnson
- **Applied Osteopathy** ...... Dr. J. M. Johnson
- **Psychiatry** ............. Dr. C. W. Johnson
- **Proctology and Urology** .. Dr. J. P. Schwartz
- **Surgery** ................ Dr. J. P. Schwartz
- **Eye, Ear, Nose and Throat** Dr. H. J. Marshall
- **Medical Jurisprudence** ... Judge Hubert Utterback
- **X-Ray and Electro-Therapy** Dr. B. L. Cash
- **Clinics** ..................

Laboratory Director: Z. A. Innis

Laboratories under the direction of the head of each department are conducted in the afternoons in the following subjects: Histology, Biology, Chemistry, Bacteriology, Embryology, Physiology, Anatomy, Technic, Gynecology and Clinical Diagnosis.

## 1928 CALENDAR

- **REGISTRATION** ........ JANUARY 20 - 21
- **CLASS WORK BEGINS** ...... JANUARY 23
- **GRADUATION** ........ MAY 24
Basketball

Still 25—Central 22

Coach Sutton's men opened the season January 6, winning from Central College, 25-22. The team played basketball as a unit, each man playing his part well, and as a result, the baskets were evenly distributed, with Friend and Davis leading the attack scoring three each and Hubbard close behind with two.

However, our team has plenty of reserve strength. Coming from the Central game brought out the fact that our boys are cooperating better, which means that our offense is not going to be held up because one man is not hitting the basket.

With the offense we have working successfully, we seem destined to turn in a majority of victories for Coach Sutton, as Captain "Red" Smith, aided by Weldon and Lang, are taking care of the back work. In big league style and opposing forwards are in for anything but a social game when they try to squeeze thru.

Still 25—Des Moines U. 26

The second game of the season found Still against Des Moines U. January 7, losing by a one-point margin.

Our defeat can only be attributed to ourselves and not to the superiority of the U. of D. Our team, although they played good basketball and have a well coached team.

We did not at any time during the game play like a Still College team, and by correcting the mistakes of this game, we will be working smoothly for our next encounter.

The forwards simply could not find each other, and as a result, had to resort to long shots, but managed to keep within a few points of the lead, and with the score tied at 25 all, a foul by Weldon gave Ulrich two throws, missing the first but making the game on his second attempt.

Our defense functioned better than our offense, but we could not keep their score small enough to allow us to win.

Still 25—Graceland 29

Monday, January 9th, Coach Sutton took his team to Lamont to display some basketball technique to the Graceland boys. The team during recent win from night's performance, passing accurately and playing a strong defensive game to hold a 17-14 lead at the half.

The boys came back even more

Put the Young Doctors on the Job With You

This is something for our older and well established physicians and surgeons to consider—errors which are working out for the better and finer service to their community; to help train these young graduates and give them the benefit of their skill and experience; and because they owe it to their practice and the community to provide that enough skilled osteopathic physicians shall be kept on the job for ministrations in time of need.

The physician who is in a position to do these things and does not is short-sighted, selfish, and unfair. When his patients hand over their years of experience, stop for a rest, who will continue to care for his friends, his employers, his own family, and even himself?

There's plenty of work for everyone in every community. If the profession in that community will cooperate in a friendly, educational way for the largest interests of that center. This is not theory. We can name many satisfactorily, with everybody busy and happy and the community growing osteopathically stronger each year.

It is our competitive spirit, our own selfless selves who get in the way. We must learn to work out satisfactorily, with everybody busy and happy and the community growing osteopathically stronger each year.

Our young doctors need more chance to become a unit, each man playing his part when they try to squeeze thru.

Obstetrical Clinic Growing

Have our Clinics been growing? Just place your name on the obstetrical list for a few days and much to your surprise, the story will keep you up most of the nights, taking care of the visits he makes.

The past month of December was probably one of the busiest in the last few years of history of the Obstetrical Clinic. Among the many cases were two of special interest, the first one being a breech presentation which gave the students an opportunity to see an actual demonstration of a breech extraction. The second case was a forceps delivery.

The one great ambition of every student in school is to witness the outcome of a delivery before completing his obstetrical career in Still College.

During the month of December there were twenty-three deliveries with thirteen of these during the Christmas holidays. On each case three students assisted the Accoucheur, which gave every student a great scope of experience.

The clinic has been increasing in size rapidly and at the present rate of increase each student will have the opportunity to deliver not less than eight cases, in addition, with the present enthusiasm and good results the Obstetrical Clinic should grow to be the greatest in the history of Still College, if not the greatest in the history of any Osteopathic College.

OSCAR DUBoIS,
Asst. Obstetrician

An Appreciation

Piney Woods, Miss.,

Dear Friends:

The list of clothing you sent has reached us in good condition and from your experience with Piney Woods folks, you know they were needed and appreciated.

During the month of December there were twenty-three deliveries with thirteen of these during the Christmas holidays. On each case three students assisted the Accoucheur, which gave every student a great scope of experience. The clinic has been increasing in size rapidly and at the present rate of increase each student will have the opportunity to deliver not less than eight cases, in addition, with the present enthusiasm and good results the Obstetrical Clinic should grow to be the greatest in the history of Still College, if not the greatest in the history of any Osteopathic College.

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Asst. Obstetrician

Announcement

Dr. Charles Baker, Class of May, 1926, who is interning at Delaware Springs Sanitarium, announces his marriage to Miss Harriet Smith, Young of Mt. Carmel, O., on Friday, December 9, 1927.

Dr. Baker's internship expires in June, 1928.

A Large or Small School?

The choice between a small and a large school is an age-old one. There are arguments on both sides and there are times when the large school seems to have won. These are cases, however, in which standardization of schools of the same type is difficult or impossible. To have removed the argument of greater standing for the students of a large school is to have given its conventions finally.

Thru the activities of the Bureau of Colleges, the osteopathic colleges are approaching an era of standardization not only in the schools of any other profession. An Osteopathic school which is recognized is a school of certain sound standing both as an institution and to material offered. There is no question of attending larger schools.

What, then, are the reasons for smaller schools? Outstandingly the advantage in a small group is a personal one. The contacts in a school of two to three hundred cannot be impersonal. They are bound to the individual relations of personality against anonymity. This applies between student and student and between student and instructor, and the latter combination shall be an advantage to the student presupposes a distinction of personality in the professional staff. All schools may not attain this, but any school which does will strive for it. A student entering a school of smaller enrollment may feel assured some sincere attempt has been made to select for HIS benefit and satisfaction a group of men and women sufficiently equipped in training and experience to build into his life. Such a standard is impossible for the larger school, for the latter, or impossible. To have removed the argument of greater standing for the students of a large school is to have given its conventions finally.

In the joy of spraying a human orchard—

LAURENCE C. JONES,
Principal.

Piney Woods Country Life School, Piney Woods, Miss.
As the semester closes it brings to an end the activities of the Class of January, 1928. Four Brothers will bid us "good-by" and go out to take their further endeavors. These Brothers are: C. W. Johnson and C. W. McCutcheon. These Brothers were representatives of the College added three new members to its ranks by applying the method of taking the young graduate into the hospital and to the bedside works. The physician in charge makes the best chance possible - Osteopathic Magazine.

**Old Man Knew His Symptoms**

Nearly every young doctor has had experience and confusion. He was telling the doctor just what the patient's condition was. Doctor Rash gave us an interesting lectures are in order as soon as the holidays are over. Our congratulations are in order as soon as the holidays are over. Our congratulations are in order as soon as the holidays are over.

The alumni were represented by Dr. J. M. Woods and Dr. H. J. Marshall, and their wives, were chaperoned into the semi-annual Stag Banquet, in honor of the graduating seniors, was held at the House on January 14. The house was decorated in the colors and music was furnished by the pipes, wood and steel, Dr. J. M. Woods and Dr. H. J. Marshall, and their wives, were chaperoned.

Heart-Breaker Shaffer still increases his practice daily. Marvelous, we call it! Marvelous! Salesmen Jen must have gone into bankruptcy, judging from the appearance of his candy store. "Whoope" Gauzer says that besides leaking, his pen won't write.

Chuck Auseon was heard the other day saying, "I'll be so busy next semester treating my patients, etc.

**Sigma Chi Omega**

At our last regular meeting Dr. Rasch gave us an interesting talk on Hawaii and the Leper Colonies.

Election of new officers was also held, with the following results:

- Frank Wilson - President
- Selma Dahl - Vice-President
- Clarence Liebman - Secretary
- P. W. WASNER - Treasurer
- Jack Nichols - Program Chair
- Victor Krier - Chair
- G. S. Smith

The first day on the beach we were in agony. However, it rained the rest of the week, so it didn't matter so much. It just slays me to think that I was unable to wear my new imported bathing costume more than once.

Of course, one can't have all the comforts of home at a semi-annual. But as for silly chatter, I know my mind would have left him long ago if it hadn't been for his good stories. And as for silly chatter, I know my mind would have left him long ago if it hadn't been for his good stories.

Well, the boat trip was a total loss as far as Romance was concerned.

At the resort there were just oddees of trees, mosquitoes and bugs. The mosquitoes simply devoured us alive, I know. I didn't sleep a wink the entire time.

The first day on the beach we acquired such a sunburn that we were in agony.

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Any ambitious young man looking for a career naturally wishes to know whether, should he choose to follow a given profession, it will, in the days to come, give the largest scope and opportunity for the service he is prepared to render. He should like to be a part of a movement that keeps pace with the changing needs of the world—a movement that keeps abreast of, if it can, the progress of the world in a given field.

To devote one's youth to preparation for the exigency of disease is the ideal of the physician of scientific Osteopathy.

Osteopathy Without Limitation

Looking Forward

Basketball

(Continued from page 1)

(Continued from page 1)

Des Moines—February 24

Sonn—February 11—

(Continued on page 4)

Playing the second home game of the season against Omaha, U. W., Still went down to defeat, 34-24. Omaha found its opponents playing a slow deliberate type of basketball and in the lineup, it was not until the last minute that the game was pulled out of the hands of Still. Still won by a two-point margin.

With Freddie Benz starting his first game for Still, Coach Sutton was pleased with his game. Benz, who was a guard, scored a basket on the tip-off. With Smith and Benz starting in the lineup, they were able to hold the lead and tied the score on one occasion. Back of Smith, who was Smith's star, was a three-point lead. Smith's men started off with a bang, scoring a basket on the tip-off, while the lead lasted long. Benz went in for Still, and with such men as Schneider, the cool-headed Omaha center, directed his team into scoring position for two easy shots, and Omaha kept the lead until the last minute. Excepting two even counts at 24 all and 28 all.

With Smith and Benz starting the driving attack, Still usually had several shots at the hoop before the apple was recovered by Omaha. Benz didn't catch the "hot " and as a result, trailed the Omaha team throughout the game."

The second half brought Benz up center, giving Still control of the tip-off and strengthening a weak defensive spot, forcing Omaha to shoot from mid-court, with the result that Still kept within two or three points of the lead and tied the score on several occasions, due mostly to the bullet passes of Benz to the forward under the basket, for easy shots, and finally with the count even at 34 all, with less than a minute to go. Benz decided the game in Still's favor by cleverly sidestepping a fast-charging blonde. Benz then dropped the ball through the basket for two points as the gun sounded.

Benz gave a great account of himself in his first appearance for Still, and with such men as Friend, Davis, Smith and Wel- don to co-operate with him, Coach Sutton has about all he can ask for the way of material, and with the student body behind their team, they are going to be hard to stop.
8. Give three functions of leucocytes.

9. Explain the variations in cell size and shape, and the functions of these variations.

10. Describe the structure and function of the efferent nerve of the eye. How does this nerve function in the regulation of pupil size?

11. Describe how the lesion operates to produce disease, with examples of various types.

12. If a case of hip joint dislocation presented itself, how would you proceed in handling it? What amount of direct treatment and manipulation would you give? How would you prevent possible contributing causes and complications?

13. Discuss nephritis, its various causes, and pathological anatomy.

14. Give an example of a questionable disease, and your procedure in fully protecting the public health.

15. If you were to detail your method of procedure in handling a case of chronic endocarditis, the divisional methods you would use, possible contributing causes, and the course of procedure in fully protecting the public health.

16. If a case of hip joint dislocation presented itself, how would you proceed in handling it? What amount of direct treatment and manipulation would you give? How would you prevent possible contributing causes and complications?

17. Name five symptoms and physical signs which falsely suggest a fibroid of the uterus.

18. Give a detailed discussion of the relation of the ovaries to the control of the menstrual cycle, and the role of the placenta in the physiology of the genital organs.

19. Describe how the lesion operates to produce disease, with examples of various types.

20. If a case of hip joint dislocation presented itself, how would you proceed in handling it? What amount of direct treatment and manipulation would you give? How would you prevent possible contributing causes and complications?
Basketball
(By Harold Davis)

Still 43—Buena Vista 40
Still found Buena Vista a tough team to beat and it required two overtime periods to win. Hubbard coming thru with two baskets in the second overtime period, did it.

Still started the scoring first but Buena Vista came right back and took the lead up most of the first half, while Benz kept Still in the running by executing accurate passes and getting more than his share of the baskets, the half ending 23 to 22 in Still's favor largely because of the great work of Benz at center for Still.

Coach Sutton made some shifts at the half and his men enjoyed a ten-point lead, which was cut to seven near the end of the game and finally evened up as the gun sounded.

At the beginning of the first overtime period, Benz was ejected because of fouls and the game seemed lost, but due to the fighting spirit of the team and their will to win, Hubbard put the game on ice by dropping two thru the loop to end the contest.

Still 50—Trinity 34
Against Trinity, Benz again played the stellar part in the one-sided victory at Sioux City. His basket-like passes being converted into baskets, and his defensive opposition proved too great for his opposition, and their attempts to get around him turned out to be a complete failure.

At the half, the Still boys held only a one-point lead, but they came back with new life and played the victory march on Trinity's basket to gain a sixteen-point decision.

Still 40—Western Union 43
A week's rest did not seem to help Still in their battle against Western Union. The boys displayed some listless basketball, forgetting they were ever instructed in defensive tactics, and as a result, lost by a three-point margin.

Benz, however, played great basketball, scoring 14 baskets, but the other men expected too much from him, seeming satisfied to let the man do the scoring, and 43 points was just a little too big for him to handle. As a result, our men's victory wasn't even encouraging.

With the defense perfected to co-operate with the offense, Coach Sutton is going to present one of the strongest teams in the state.

SIGMA SIGMA PHI MEDAL AWARDS

FOR SERVICE
Dr. Arthur W. Lyndon

FOR PROFICIENCY
Dr. Forest E. Schaeffer

Massachusetts Osteopathic Hospital

The cornerstone of the Massachusetts Osteopathic Hospital, Boston, Mass., was laid on Nov. 12, 1927, by Lieut.-Gov. Frank G. Allen, with Mrs. Alvin T. Fuller, wife of Governor Fuller and Mrs. Martha Halsey, the Governor's sister, and many other distinguished people in attendance.

The cornerstone program was an inspiration to all present and the incident marks the beginning of a new era for Osteopathy in New England. The Lieutenant-Governor in his remarks paid a tribute to Dr. Andrew Taylor Still, the Founder of Osteopathy. Other speakers on this occasion were Dr. Geo. M. Laughlin, Kirksville, Mo., President of Kirksville Osteopathic College, which has the largest number of students of any medical college in the world, and Dr. Geo. V. Webster, President of the American Osteopathic Association.

Fully one thousand persons were present at the exercises, including many physicians from Boston and New England. City Treasurer Frank L. Bier, was present, representing the City at the exercises. Rev. A. Z. Conrad

The Still College Endowment Contract

A plan by which Still College may be financed without depleting the assets of the donors. Every Osteopath, rich or in moderate circumstances, under this plan is able to make a bequest in proportion to his means, to Still College and at the same time increase his own estate by doing so.

The Plan
Dr. J. P. Schwartz

Manley Richard Office.

Hospitals Opened to All Practitioners

On the ground that the order of the board of county commissioners, allowing all licensed practitioners to practice in the Twin Falls county general hospital, is not illegal, the Idaho supreme court affirmed the action of the Twin Falls district court in removing restrictions against the use of the hospital by osteopaths and chiropractors.

Twin Falls county commissioners adopted resolutions "restricting membership of the hospital staff to the regular' school of physicians and surgeons and excluding the so-called 'irregulars,' chiefly the osteopaths and chiropractors." Later the board rescinded the order and removed the restrictions. The trial court, however, vacated the first order of the commissioners.

(Continued on page 3)
At the regular mid-year election of officers, Beta Chapter named the following:

President --- G. O. Smith
Vice-President --- C. D. Longo
Secretary...... Frank Dornbusch
Treasurer....... Raymond Kale

Other officers of more or less minor importance were also chosen. The retiring officers who served the fraternity during the past, after making their parting remarks, were permitted to retire.

On January 17th a banquet in honor of the departing brothers was held at the Kingdom Hotel. On this solemn occasion Brothers Lyndon, Devine, Kramer and Lindhloom were the guests. It seems that Brother Voe note the brunt of the remarks made during the evening, about table and otherwise. So don't know exactly why, except that he put away quite a lot of food. We had with us, and it was indeed a pleasure, Dr. Woods, Halladay and Parks.

The Sigma Sigma Phi medals for Proficiency and Service were awarded as usual to the two men who most deserved them. The medal for Proficiency was given to Forest Seiber; the one for Service to Arthur W. Lyndon. It seemed that the extra awards crowded conditions and his ex-grading exercises meant more than the sheepskins—to the audience as well as the graduates. Evidently the diploma didn't mean so much after all.

OTTAU SIGMA

Dr. Jones and Loghry have departed, and we are back to the fruits of their labors. They will, no doubt, find that they had the best part of their lives at college. However, we wish them all the success in the world, and are sure sorry to see them leave the old chapter halls.

Dr. Drabing has decided to remain with us several months yet and increase his limited knowledge of Osteopathy. Glad to have you with us, "Late." "Is n't that so?"

If you would know the proper operation of the expression "Blow Monday," ask any of our Freshmen—not an overworked housewife. It is truly a part of our delivery depression.

After a semester's absence Brother Stenstegus has finished his study of—saxophone. No rest for the wicked. Anyhow, welcome home, "Pee Wee."

"Jimminy" Sluss bought a round of cigars (five center's worth) to extend our congratulations—if they are in order. The cigars are gone, but the memory lingers on.

SIGMA CHI OMEGA

At the last meeting, Miss Johnson gave a very interesting talk on Criminal Psychology. She had considerable information from the Minnesota aggregation (Jennings) welcomes more support. Dr. Van, has given the only good thing for biting fingers—nails is sharp teeth.

Dr. Van may lead in the lovers' mail, "Rock" Stone gets the most professional literature, and Saisenem Denmark with the mail man on the first of the month—but when it comes to real quantity—try to beat Pledge Scattered.

Pledge Groff initiates another into the mystic order of Eskimo. We're wondering what will happen when Wall Cuff opens a letter and doesn't say: "Not a dime in the bank!"

For synchronizing harmony, just listen to Bob and Roy "do it" on "I'm Your Hoochie Coochie Man."

All Jim Shaffer lacks to step into Moe Eise's shoes is bigger feet.

It won't be long now, till Red Granberg will be singing: "The more we are together, the happier we will be."" We say—"It's grand on the 5th floor, and we have been there, climbing, for it was one grand reunion of all members. Everyone wore a smile—and even a true example year.

We take our hats off to Dr. Marshall, who went over in fine style the toastmaster. Dr. Campbell furnished a good deal of smile and laugh provokers. We shall not soon forget the splendid words of Dr. Halladay and Dr. Schwartz. Then came the talk of Roy Trimble. Dr. Schaeffer—we certainly appreciate his sincere love for the Club. Dr. Lindloum's speech, but to the point—shall never be forgotten. Dr. Evans—well, as he said himself—his speech was like an old-fashioned hoop skirt—covered everything and touched on nothing in particular. We all agree, Stan, and more power to you and yours!

It may be well to say at this time that we regret the loss of these members. We are sorry that they must leave us—and yet, we are glad that we have reached their goal—glad that we have three more worthy Doctors out in the world. We know you will do Godspeed.

January 23, on our practical meeting night, Dr. Woods favored us with a very practical talk after which he sat around with the boys like one of us. We will welcome him always, in fact, he promised to see us again, and if we're not mistaken, some of the boys will see him the following morning.

Roy Trimble was chosen to succeed Duke Wire as Noble Scout. Congratulations, Roy.

Some other changes in which the Pledges were interested was the appointment of John Honey and Ole Nicholson as Pledge Masters—and How! Already! They have begun to get hot! Dr. Halladay, by the way, wore his new brown shoes at the Seminarian Banquet.

Swartz made use of the finger bath tubs, and Pledge St. Amant is said to have "stepped out" of late. We hear that Des Moines is no "one horse town!"

Pledge Lathrop has removed his strainer, at the request of many—and the demand of a few.

SIGMA SIGMA PHI

Phi Sigma Gamma takes great pleasure in announcing the pledgeing of Frank Shaffer.

We're mighty glad to have Vic Wehrbehn back, and the Minnesota aggregation (Jennings) welcomes more support. Dr. Van, has given the only good thing for biting fingers—nails is sharp teeth.

Dr. Van may lead in the lovers' mail, "Rock" Stone gets the most professional literature, and Saisenem Denmark with the mail man on the first of the month—but when it comes to real quantity—try to beat Pledge Scattered.

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It won't be long now, till Red Granberg will be singing: "The more we are together, the happier we will be."
Where Are the Doctors?

Instead of the old inquiry, "What becomes of all the pins?" it would seem that one might well ask the ultimate fate of all the doctors. Year after year a cry for medical help comes from every rural community because of the graduates from which the old-time doctor whose faithful old Dobbin drew the buggy or the horse, which trod at all hours of the day or night, and who was ever ready to respond to the call of all the suffering, has vanished completely from the world. In his place is the physician living in comfort on the outskirts of the nearby village, whose office hours are set rigidly, and who is more likely to postpone a call to his next passenger than to risk his automobile in the highways covered with snow.

Yet in spite of the increasing demand for doctors in the rural districts and apparent short crop of medical graduates, there appears to be a large number of young men who are always ready to matriculate in the medical departments of the universities.

There are today no fewer than 80 medical schools in the country—none of which permit to practice the healing art in any state wherein they may choose to locate. During the last college year the aggregate number of students enrolled in these colleges was 18,690 men and 964 women, and enrollments have steadily increased since the closing of the war.

It is safe to estimate that with a total student body of 20,000 the annual crop of doctors is not fewer than 25 per cent of that number, or 5,000 each year, and as the medical profession is not classed as especially hazardous, most of them probably live to the average age allotted to man. What becomes of the doctors, and why is the shortage so acute in the rural districts—(Washington Post).

A priest offered twenty-five cents to the boy who could tell him in history. "Christopher Columbus," said the boy.

"George Washington," answered the American boy.

"O. Henry," shouted the Irish boy.

"The quarter is yours," said the priest. "But why did you say St. Patrick?"

"Right down in my heart I knew it was Moses," said the boy, "but business is business!"

The Nasal Turbinates

The function of the turbinate bones is a support of the air filter, lubricator, and warm air radiator.

Because these three-finger-like structures are composed of a form of erectile tissue, capable of varying in size with heat, cold, humidity, and necessity to health is recognized and respected.

One either side of the septum there are three structures about the size and appearance of a child's little finger. These are the turbinate, sometimes called the "swell bodies" or air filters. They filter the foreign particles from the warm air we breathe, thereby protecting the lungs.

If too much of the turbinate is removed there is not sufficient air radiation surface left to protect the lungs or prevent a hot, harsh, dry and scaly feeling in the nose, a congestion of which the nervousness of the body we have learned to look elsewhere when possible for a cause of trouble in the nasal passages.

Disease of the turbinate is usually caused by a cold, crooked or deformed, septum pressing against the turbinate and irritating them. This is an insignificant operation but one of the least distressing of the nose operations. When the irritation is removed, the turbinate will return to their normal size and function.

While an occasional turbinate operation is necessary, it is seldom that the turbinate itself is the primary cause of disease. Narrowed noses with frequent head colds may give rise to a permanent turbinate obstruction, necessitating removal of one of the turbinate structures to afford room and remain enlarged for the extent of causing sinus trouble or catarhal dripping.

The correction for this is the removal of the septum by skillfully slipping it out of its enoming molecule. This is a tedious operation but one of the least distressing of the nose operations. When the irritation is removed, the turbinate will return to their normal size and function.

The correction for this is the removal of the septum by skillfully slipping it out of its enoming molecule. This is a tedious operation but one of the least distressing of the nose operations. When the irritation is removed, the turbinate will return to their normal size and function.

The Still College Endowment Contract

(Continued from page 1)

The mouth when clean is a most perfect place of nourishment and second only to a filthy colon.

Many eye and ear troubles are due to the lack of care of the teeth. Root abscesses are a real menace to health.

Teeth not properly cared for and decayed may be a contributing cause of cancer in the stomach.

Faulty positions weaken the important abdominal muscles, causing them to expand, produce constipation and bring on flat foot.

Good posture means a well balanced body.

Many cases of facial neuralgia are due to the teeth.

Faulty positions of standing and sitting cause sagging of the vital organs which is called stoops.

With bad teeth the food cannot be properly masticated and proper digestion is an important safeguard to health.

The man who masticates carelessly soon loses all desire for food.

Breast milk is nature's food, but even this form of nourishment is spoiled if the baby is allowed to nurse whenever he cries.

Feed the baby by the clock and wake him regularly in the daytime to take nourishment.

Fruit juices should be given to children while they are able to nurse.

The rate at age 30 is $25.91 per year—which is less than 50c a week—just what you pay for a $1,000 policy in any old line life insurance company.

All that is good in life insurance is combined in this Endowment contract. It carries cash dividends each year, premium free for the first five years and at the end of each five-year period thereafter.

This contract, therefore, is not an expense, but an investment. The investor of one or more units is not only contributing to an endowment fund for one of the best schools in the profession, but is also investing each year on the best investment that it is possible to make.

The contract is absolutely guaranteed by the Royal Union Life Insurance Company of Des Moines, Ia., a company with more than four million dollars of assets further secured by the face of Iowa compulsory reserve law. The law requires that every dollar of the cash value of a contract must be Massachusetts Osteopathic Hospital

(Continued from page 1)

of the Peace, and gave him the invocation, but the benediction was pronounced by the Rev. Herbert Magoun of Cambridge. The building will be ready for occupancy about Feb. 1, 1928.

One of the most interesting features of the opening event was the cornerstone of the hospital was the presence of the Color Bearers of the Veterans of Foreign Wars bearing a wreath of colors. A group of twenty-five Camp-fire girls marshalled together for the purpose of singing "America The Beautiful," which added to the impressive setting furnished by the massing of the colors.

Stations WNAC and WEEI broadcasted the day's proceedings, and in Boston gave an unprecedented amount of space to the day's activities.

A great celebration of the event took place at the Copley Plaza in the evening when about 1,200 members of the profession and their friends enjoyed a mammoth banquet which was followed by a dance.

Dr. Frank M. Vaughan, Vice-President of the Hospital and Secretary of the Mass. State Board of Registration in Medicine, presided. Among the speakers were J. Weston Allen, former President of the hospital, who spoke on the contribution the Osteopathic Hospital was going to make in the service of humanity. Dr. C. D. Balbirnie of Philadelphia, told those present how he succeeded in raising one million dollars for the Philadelphia Osteopathic Hospital. Other speakers were Dr. Geo. M. Laughin, Dr. Geo. W. Riley, Ex-President of the A. O. A.

The hospital will ever stand as a fitting memorial to the discoveries of Dr. Still and to the splendid work of the New England osteopathic physicians of Greater Boston to give greater service to the under-privileged, as it is planned to establish a large clinic as soon as the hospital is ready for use. It will also enable the profession of New England to look after the surgical needs of their patients and provide hospital care to all patients in need of it.-(Dessel J. Herbard, Sec'y.)

Condolences

We join with the student body in expressing our sympathies and condolences for Clyde Reed of the Senior A Class, who was called home Thursday, January 19, due to the death of his father, invested in approved securities and deposited $240,000 with the State of Iowa. The State, therefore, acts as Trustee in behalf of the unit holders.

Write today to the College for further information about this remarkable endowment contract.
Four of the Pirate Cagers--

**BASKETBALL SCHEDULE**
(Incomplete)

- Buena Vista—February 2
- Parsons—February 11
- Dana—February 24
- Kirksville—March 2 and 3

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LANG  
CAPT. SMITH  
WELDON
Celebrates Twenty-Fifth Anniversary

Dr. J. A. Nowlin of Farmer City, Ill., is this year celebrating his graduation as an Osteopath. You are now working in a great Life...

Our Next Issue

The blue envelope that you have received the Log Book in, is to be discarded for the conceptual white. There are reasons. The main one is that your address is not plainly seen on the darker color. This has in the past caused the loss of a considerable number and if the stamping machine does not strike evenly, the imprint is too dim to be read.

We realize that habit is hard to break, but ask you to change your habit of looking for the blue envelope every two weeks and in the future, save the white one. It will be the same size and will have the same imprint in the upper left corner. This is to be printed in royal purple, which with the white, will display our college colors.

Look for the white envelope—not blue. We hope its contents will be read—not red.

NOTICE!

Of late, we have been the recipients of returned Log Books, for the reason "Moved." We have also received some notices of Change of Address.

Some of these Addresses have written in two or more times requesting change of address.

In reply, we might say that at times the envelopes are made up for several months in advance. The Editor wishes to express his regrets for the inconvenience caused some of the readers and to assure them that this matter is being taken care of.

If there are others whose Log Books are being forwarded from an old address, or who are not receiving their copies at all, please drop us a line and we will be glad to rectify the mistake.

The Log Book is sent without charge to Practitioners, Hospitals, Organizations and to prospective students, and it is hoped that each copy may contain something of value, or something of interest to each and all of its readers.

Let us have any suggestions you may have—The Editor.

News of Recent Grads

Dr. Leroy Skidmore, Class of May, 1927, who is interning at the Detroit Osteopathic Hospital, writes in to say that he is not only enjoying his work there, but learning a great deal which will be of great value to him in his work when he opens his office.

Dr. J. A. Schaeffer, Stanley Evans, J. Hayward Friend and L. R. Morgan of the Class of October, 1927, were successful in passing the Iowa State Board of Examinations held last month. The two others have not notified us from as yet. We will look forward to hearing from them at their earliest convenience.

Expelled

At the end of the mid-year term, one of our colleges expelled three students. And for good reasons. This action on the part of the college deserves our attention. It has been known for many years that undesirable students are attending our colleges, and yet, as all know who are associated in this work, it takes a great deal of will power and determination to turn these students in to your office and tell him that he will not be accepted after a certain date. These things must be done, so long as we are "struggling in the making of a profession of which we wish to be proud, even to the very last members.

These same three students presented themselves at another college, and were refused admission. They were not admitted. This is another step in the elimination of a body. Would you not have more confidence in the students of these two colleges in the future? The loss of three students does not mean that new students will be unimportant. They are important. They are numbers, but in a case of this kind it means something that is greater than anything we can express mathematically.

These two colleges are to be congratulated.

YOUR PICTURE

A Grand and Glorious Feeling it would be if you could look at your picture as you will be ten or twenty years from now. Especially if this picture could show your professional standing, your social and financial standing, and last, but not least, your physical condition. Wouldn't that be wonderful—but wait a minute—it might be a shock or a cliff, instead of a "Grand and Glorious Feeling" and a thrill.

Maybe after all, it's just as well we can't see ourselves, ten or twenty years from now, but any way, that ought not keep us from dreaming of what we want to be, or how we will put it in our "Life when we can retire." Dreaming is the finest thing in the world. It is the most necessary as well as the most unimportant thing. (Of course, including the wise and kiddy's and other denominations.)

You were helped one way and another in getting your education as an Osteopath. You are now working in a "Life (Continued on page 2)"
FRATERNITY NOTES

PHI SIGMA GAMMA

Phi Sigma Gamma announces with pleasure the pledging of George Purdie.

The Pan-Hellenic ball to be held at the house on February 7th.

S. E. Corder notices a newspaper article in the St. Louis Post-Dispatch, which states that the school board is to be abolished for the same reason it was established. This is a quite a talk on veneral diseases.

Bro. Clark was "Over the Hills and Far Away." He has acquired a new hobby—collecting wild west pictures for his gallery.

Jennings and Austin are going to "Miss America." They have been staying at home lately and have been busy getting into shape for the competition.

Dr. LeRoy Doyle was one of 'em on the "Pledge" list. He is, why did it take him so long to come down to the Princess at 2 a.m.?

We thought Pledge Madson was a "Noisy" boy. He has acquired a new hobby—collecting wild west pictures for his gallery.

We wonder why? Things could always be worse?

One smile is worth a hundred frowns?

"Anatomy is a human body. It is divided into three parts—the brain, the chest and the stomach. The head holds the brains, if there is any; the chest holds the liver and lungs, and the stomach holds the esophagus and the vowels, which are a, e, i, o, u—and sometimes w and y."

A Guernsey cow is a very sick cow. She must have a few scattered parts that have opinions similar to her.

We think that Dr. Nowlin and his associates have done exceedingly well and are to be congratulated upon their success. This shows what may be attained by perseverance and that old "Stick-to-itiveness."

ATLAS CLUB

The Atlas Valentine Dance will be held at the house on Friday night, February 17th. The Pledges will dance all night and the pledges of the following week.

Ain't it Well Week for the Atlas Pledges?

Rusty Wright's practice has increased by leaps and bounds—leaping here and bounding there. He is Wright's most everywhere!

Harry Skinner has taken a very special course at Ames. Wynn, a "College," is successfully accomplished here and there mostly there. Two of the old Grads paid us a visit. Yes, you've guessed it! Dr. LeRoy Doyle was one of them. He is a real gentleman. Both seemed happy and appeared more or less experienced.

We told Ball that he was doing a splendid job of collecting wild west pictures for his gallery. He was busily engaged in writing so much on exams—and he was busily engaged in writing so much on exams—

We think that Dr. Nowlin and his associates have done exceedingly well and are to be congratulated upon their success. This shows what may be attained by perseverance and that old "Stick-to-itiveness."

Maybe we can get him to express a few truths for the readers of the Log Book. Virg says he had no idea so many of the products are read and write. That was a dirty dig and we hesitate to pass it on.

Fingers Insured

Los Angeles and San Francisco papers tell of the clinics for the deaf held in those cities by Dr. Curtis H. Muncie of Brooklyn, and report the improvement or restoration of hearing in many cases by his method of "finger surgery.

The index finger of the right hand, Dr. Munsie works to restore to normal prolapsed or clogged eustachian tube that is a threat to the middle ear. This finger and the index finger of the left hand and the fourth finger of each hand are insured for the sum of $10,000 each, or a total of $40,000.

Inside Information

A little negro schoolgirl, down in Florida, in answer to the question, "What is anatomy?" wrote the following:

"Anatomy is a human body. It is divided into three parts—the brain, the chest and the stomach. The head holds the brains, if there is any; the chest holds the liver and lungs, and the stomach holds the esophagus and the vowels, which are a, e, i, o, u—and sometimes w and y."

Wife (teasingly)—Do you know, George, you looked awfully foolish when you proposed to me. George—Well, very likely I was.

A physician's small daughter was sent to bed supperless just before her father's return from his calls. Hearing him enter, some time later, the young Miss called down:

"Mammy, I want to see Daddy."

There was no response from below. A moment later:

"Mammy, please let Daddy get me a drink of water."

When that, too, failed, a small white figure came to the head of the stairs and said sternly:

"Mrs. Mathews, I am a very sick woman, I must see my doctor at once."

Needless to say, the doctor went up.

"Is this a healthy town?" the stranger asked a native of a certain benighted region of the West.

"It sure is," replied the native. "When I came here I couldn't utter a word. I had scarcely any hair on my head. I hadn't the strength to walk across the room, and had to be lifted from my bed."

"That is wonderful," exclaimed the stranger. "How long have you been here?"

"I was born here."

Father (looking at son's report card)—"Don't you know that George Washington was at the head of his class when he was your age?"

Son—"Yes, but he was President of the United States when he was your age, Pop."

Even the quiet dresser can make a lot of fuss when he loses his collar button.
Painless—Heel

By C. I. GROFF, D. S. C.

Pathology: There is a very definite and sometimes surprisingly large exostosis present. It may be located at any point on the posterior border of the calcaneus bone, but usually is directly on the plantar surface at the attachment of the plantar fascia, their gastrocnemius, and soleus muscles. The exostosis is usually sharp and pointed, and usually curved forward, forcing its way into the dense fibrous heel pad in that area.

Symptoms: Excruciating pain when weight is borne on the heel, usually relieved when the weight is removed. The onset is usually gradually progressive, and may be prevented from pulling loose by the constant pressure from the spur.

Diagnosis: Diagnosis is made by strapping or diagnosis and to note the amount of indentation. When symptoms such as these are encountered, an X-ray should be made to confirm the presence and size of the sore or painful area.

Treatment: The treatment used is the same as for spur. The strapping, given for that condition should be applied from one to three weeks, until the soreness is relieved. If the hard, rounded end of the spur is removed, the ulcer may be prevented from pulling loose. The strapping and pad have a tendency to replace the pain.

Injury or Trauma: This condition may arise from the heel a severe blow or by constant walking or standing; certain occupations predisposing to it. If the condition should arise from the heel, the feet should be kept warm, as in falling, etc., the history will be an indication of the pathology.

Etiology: Trauma, long standing or walking in conjunction with poor circulation or a general debilitated condition, and even tread surface in the heel of the shoe.

Pathology: If due to direct injury, the heel will be sure to pressure. The soreness is deep, seeming to involve the periosteum, bone. The ulcer will cover a considerable area of the heel. There may or may not be perceptible swelling.

In the chronic type the dense heel pad has lost its firmness and seems to be forced to the sides, bringing the heel bone (calcaneous) to too close opposition to the shoe. There is a general soreness over the entire heel, which is sometimes associated with a burning or tingling sensation.

Diagnosis: Diagnosis is made from the history and clinical finding, as history of injury, condition of heel pad, and location and size of the sore or painful area.

Treatment: The treatment used is the same as for spur. The strapping given for that condition should be applied from one to three weeks, until the soreness is relieved. If the hard, rounded end of the spur is removed, the ulcer may be prevented from pulling loose. The strapping and pad have a tendency to replace the pain.

(Continued next issue)
STUDENTS OF STILL!

Patronize Your Year Book!

If You Have Not Subscribed for Yours,
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L. J. Grinnell, Ass’t. Circ. Mgr.

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Basketball

Still 30—Nebraska Wesleyan 33
Still fell under a concentrated attack by the black boys and lost a close game, after holding the lead several times during the game and never being behind by more than two points, finally losing by a close margin, due to the startling tactics employed by the invaders, after getting a lead in the final two minutes of the game.

Still 30—Parsons 25
Still upsets Parsons College, Iowa Conference Champions the last two years, by a 5-point margin. Playing without the services of Fred Benz, because of a protest by Coach Devine of Parsons, the Still boys understood their handicap, and from the first whistle played such defensive basketball that Parsons did not get one short basket during the game. Individual efforts stood out as every man played his part well, with the team reaching its climax of the season.

Homer Friend, following in the footsteps of his brother, made good on three attempts out of four and one from three in two attempts, and played like a veteran during his stay in the game.

Coach Sutton has several good first-year men in Dubois, Friend, quil Hubbard, and Kibler, and if they properly develop, should form the nucleus of a great team next season.

Still 34—Platt 50
Platt College of St. Joe found Still College an easy prey to its footwork and breaking offense, piling up a 11-point lead at the half and coming back strong after the intermission, to increase their lead.

With Benz out of the lineup, due to a severe leg injury, the Still team found itself unable to concentrate its attack on any one direction and consequently had to be satisfied with shots far out into the court, and only connecting a few times, just managing to keep Still in the game and providing what seemed to be passive opposition for the invaders.

Still 50—Lenox 33
In a complete reversal of form, the Still boys swamped Lenox by a heavy score and were never in danger of losing the lead.

Captain Smith of Still, playing his first game at center, displayed fine ability in handling.

(Continued on page 3)

SEEING, (Not Smelling), IS BELIEVING

I Knew Him When—

This last week I received a card stating that Dr. John Deason was soon to retire from practice. Being of a selfish nature, I am not worrying about what will happen to you, but I would like to know what will happen to me when he retires. John has been occupying a large spot in my vision for quite a few years. I knew him when he was a student and totaled on a silver cornet leading the band as a side line to his many other activities at the school. I knew him as an instructor, and since his entrance into practice I have known him as a friend and co-worker in several things. I do not want to see him drop out. It is perfectly all right with me for him to retire. I wish that I could do the same thing. But John Deason has had years ahead of him that I hope he will devote to the work he has been so vitally interested in for more than fifteen years, and that is Osteopathy. His future plans have not been announced. I do not know the future, but knowing him just a little, I imagine that he will spend part of the year hunting in the North. Another part of the year I am sure he will use in some way for the good of mankind. Where, what, or how, I dare not hazard.

May I close by quoting from the 1935 Osteopath: Who leads our band with such dash and daren'The balance of this period was well taken care of by our own "Virg," who, at the best of the Stillonian '28 staff delivered an ultimatum to the student body in general, to wit: All subscriptions to the 1928 Stillonian MUST be in and paid for not later than March 15th, if there is to be a Year Book this year. Big results are expected from this talk.

Acceptance for mailing at special rates of postage provided for in Section 1103 Act of October 3rd, 1917, authorized Feb. 3rd, 1923.
IOTA TAU SIGMA

"The Three S's," namely, "Skill, Science and Sense was the theme of Doctor Robert Bachman's short talk to the Feb. 13th. The Doctor gave us some very helpful information, which we appreciated very much.

On Friday, February 17th, the Chapter held an informal Valentine dance. Everyone had a good time, and all were sorry when the dance ended. The music was by "Stories Syncopaters," and oh, how hot numbers they could take! The dance ended. The music was in

**Take It Seriously**

An undeniable tendency exists among undergraduates to scoff at the student who takes his education seriously—makes a conscientious effort to get the most of the subjects he is studying, instead of devising means to "get by" with a minimum amount of effort.

The majority of students come to college with some ideal, usually, of obtaining an education. Many, as soon as they arrive, try to dodge as much of it as possible. If a professor has not arrived at the year two and a half minutes after the hour, the whole class departs precipitately, praying they can get back to the back stairs of the building before he can get up the front ones. Students even go so far as to wait until the entire three minutes required by university regulations have elapsed, then come the objects of scorn and derision.

It is worth while to spend four years in pursuit of an education, surely it is worth the extra effort necessary to get the best of it, not a superficial smattering of miscellaneous information. The student who is covertly waiting at now for the supposed "wisdom" is likely to have the last laugh in the years to come. (Indiana Daily Student.)

**College English**

Students indulge in slang as if it were the standard for the vernacular. That is when slang becomes boring and tiresome, its charm has worn off. The clock struck first.

**Prohibition**

(Continued from page 1) kitchen with a piece of raw meat in her hand. The gentle look of the cat turned into a wild glare of hatred, soft fur turned up on its back like bristles. The real nature of the cat was manifest.

Why the time of our national political parties are drawing up their programs for the coming convention are reading and hearing much about light wine and beer. How tempting and harmless are they! As I have listened and read I have wondered how many people are victimized by the benumbing lie. I do not know until the "real nature of the cat was manifest." As for the forgotten cat knew—that before the art of modern distillation, empires fell because of drunken debauchery. It was beer and wine—not run, ale or whiskey—that caused the ogles of the Romans, Alexander never saw whiskey, yet he died drunk.

I frequently called in the home where that cat belonged. While I was talking with the mother and grandmother of the little girl in the house, the cat was stroking the pet. Suddenly it hissed and scratched her, and she cried out: "You damned cat." The grandmother oprimmed her for using such language.

A few weeks afterwards I was in the same home again. I was talking with the mother and grandmother while the child was stroking the cat. At the time before, the cat hissed and scratched her.

She looked cautiously at her grandmother, and then she remembered my former visit. And this time, with her index finger pointed at the cat, she said solemnly: "You're the same cat." We face the same poison that some time to death and killed; Alexander. Wept newspapers and propoganda, as we will do.

It is well that the "cat" kiss and scratch sometimes that we are not surprised that what the liquor traffic is. We face the "same cat." If a man smashed a clock, he be convicted of killing time. The horse-power in a donkey engine?

**How Many Kicks**

"Are there any questions?"

"Yes, sir; how do you calculate the horse-power in a donkey engine?"

**Don't Tell a Soul**

"Your father was a college man wasn't he?"

"Yes, but we never mention it."

The college he went to had a rotten football team.—Boston Transcript.

**A Common Fur**

She—just adore black bear coats. Have you got one?

He—Mine's threethreaded.—Penn Punch Bowl.

"Why do you wear your glasses?"

"I'm getting so short sighted I can't recognize the people I dream about."

A very religious man was to be operated on. As the nurse began to administer the ether, the patient sat up suddenly.

"Doctor," he said, "call a minister at once."

"Nonsense, man, we're about to operate on you," protested the surgeon.

"Yes, I know; but won't you open with a prayer?"

**No Difference**

"Did you marry that girl of yours, or do you still cook your own breakfast and mend your own clothes?"

"Yes—Judge."

**Not So Good**

Mother—What is this name of yours.

Daughter—Well, mother, he says he has always wanted a good home.

Mother—I like the sound of that.

Daughter—And he likes our very much.

**No Tipping**

She—Why didn't he tip his hat?

He—Because he's Scotch.

**The Auto Age**

Motorist (proposing) Dearest, do you want me to buy your seat carrier?—Life.

A tonic for some of those who are behind in their studies—ketchup!
The Log Book

Exposed At Last

If the medical trust is allowed to continue its law-suit and they
gain, practically every right pos-
sessed by the citizens of this
country in connection with the
physical care of the body will be
taken from them.

The allopathic doctors, through their
societies, have been able to
or one of the most powerful lobbies
that has ever been known in the his-
tory of this country. One of the
greatest evils that this age faces
at this time is the constantly
growing political influence of the
country side of the doctoring
profession.

Our best doctors do not need power to do what they
ought to do. We have nothing
gainst doctors as individuals—
regardless of the society they rep-
resent. Doctors are good, bad and
indifferent, the same as other
people. Many of them are wonder-
ful men. They spend their lives
benefiting humanity.

But whose abilities have not equalled or out-
done those of the fellow doctors in
financially lucrative practices
are turning here, there and every-
where to increase their income. And they are backing all those
legislative efforts to force people
into their office. We look up to
our medical men as health au-
thorities. Their words are
listened to by the general public.
But too often, their words have
been tragically false to this
public trust. (From an editorial
by Barrn MacFadden.)

Hockey Trainer (Ironwood, Mich.)

Dr. C. Mason Conn, local physi-
ian who has been a loyal play-
ner of the Ironwood Rangers—
although he has not had a skate
on playing, Dr. Conn has made
several trips with the team and
has dressed and cared for the inju-
ries of the players. He has been ac-
ted as trainer from the open-
ing game until the last.

Just another instance where
athletic treatments while in col-
ge have helped the doctor when he
gets into the field.

A good way to kill fleas is to
swallow a teaspoonful of carbolic
acid. Then brush your clothing
and the perspiration will kill the fleas.

Pteralalgia — Painful Heel

Part 2

Neuralgic or Toxic Heal: This condition is peculiar in that the
cause and the pathology can not always be definitely
determined. It is not a defect or known.

It may be a nervous disturbance or it may be due to a focal in-
flammation in some other point in the body.

Pathology: There is no definite
pathology. There may be a slight
hyperemia but they are usually absent.

Symptoms: The patient will
complain of spasm of pain in the
region of the heel may occur
walking, standing or resting. The
pain may shift from place to place.

Treatment: Rest if possible with ice packs. If the condition is
not severe and it is desired to keep patients on the feet, treat-
ment can be dispensed with by
increasing height of heels, which
may cause pain in the heel
and then strap with adhesive.

The strapping is made by taking
adhesive two inches wide and of
sufficient length to reach from
the arch to the outer margin of the
plantar surface of the heel to a point
or three inches below the knee or
the posterior surface of the calf.

The tape is to relieve the ten-
sion on the tendon and it also
has a tendency, due to the con-
tour of the leg, to pull the ten-
don away from the affected bur-
sa, thereby relieving the pressure
off.

The tape should be put on so
that there is a moderate amount of pressure on the tendon
which is standing erect with the shoe
on.

Several trials may be neces-
sary in order to produce the cor-
rect amount of tension. When the
tape is finally applied con-
tact should be anchored with
one, inch strips at several points
on the calf of the leg; also at the
heel in such a manner that it will
tend to pull the tendon away
from the bursa. It should also
be well anchored on the plantar
surface of the foot. The tape
should be made of two thickness-
es of adhesive stock, in each
piece in any small strips capable.

A diet too rich in proteins
and other acid forming foods can
be used to advantage. A large
variety of fruits and vegetables
are to be desired. Spinach is of
particular value if heel you have
a tendency to acidity.

Tendo Achilles Bursitis: This is
a condition of inflammation of the
bursa between the Tendo Achilles and the calcaneous bone.

Pathology: Inflammation of the Tendo Achilles and the bone.

The inflammation is usu-
ally quite severe and may extend
along the tendon, giving the sinovitis.

In the acute stage
swelling is pronounced.

Toxology: Strain due to chang-
ing from high to low heel shoes.

Strain due to exertion as, track
men, especially sprinters. It may
also be due to the pressure of the
counter of the shoe, forcing the
tendon into too close apposi-
tion to the calcaneous, impli-
cating the bursa, thereby setting up
the inflammation.

Symptoms: Severe pain on the
posterior aspect of the heel with
a highly inflamed swollen area.
The pain is augmented with use.

When recumbent the patient
extends the foot on the ankle
and flexes the knee on the thigh.

The skin is tender to the touch;
no other symptoms are noted.

Treatment: Rest if possible with ice packs. If the condition is
not severe and is desired to keep patients on the feet, treat-
ment can be dispensed with by
increasing height of heels, which
may cause pain in the heel
and then strap with adhesive.

The strapping is made by taking
adhesive two inches wide and of
sufficient length to reach from
the arch to the outer margin of the
plantar surface of the heel to a point
or three inches below the knee or
the posterior surface of the calf.

The tape is to relieve the ten-
sion on the tendon and it also
has a tendency, due to the con-
tour of the leg, to pull the ten-
don away from the affected bur-
sa, thereby relieving the pressure
off.

There are other conditions
which may cause pain in the heel
but which are not commonly
met with in the foot. The most common is that of B. and syphilis.

One should always
be on the lookout for such
conditions and when in doubt use
the X-ray.

C. I. GROFF, D. S. C.,
415 M. B. A. Hdlg.,
Mason City, Iowa.

Basketball

(Continued from page 1)

His weight and size made him be the big factor in Still's machine,
both on offense and defense.

Still 33—Buena Vista 19

In the second game of the three-game series, Still had easy
sailing and plied up such a lead that the second team finished
the game, and continued to score on accurate passes and
tactico, because this was the last time the Invaders had
bitten back the invaders attack.

Advice to Fledglings

(By One Who Knows)

Don't write for information about locating people, without enclosing a stamped, self-addressed envelope, other-
wise, the doer of the writing may lose the answer. Certain
inguinal as a moosher, a dead heat or wholly ignorant of bus-
ciness civilities, any or all of which is more likely to prevent
you to vault in the estimation of strangers.

Don't be afraid to open an office if
you are "broke"—go back to the position you formerly held, till
the wardrobe is replenished, the debts are paid, and get a nice little cred-
it in the bank.

Don't believe that, "two can live cheaper than one" and rush
away anyone to employ a man as a physician.

Don't credit the fallacy that
"folks give the married doctor preference." Sick folks are want-
to any with a good health, not hunting places to give charity, so the well groomed,
dishwashing doctors, better men.

Don't be in a tearing hurry to start rearing a family; somebody
may, in times gone, have hired a longshoreman because he was
ragged and "had a wife and nine children." That plea never never succeed, and some are men.

Don't ask your colleague or the established Osteopathic Physi-
ian in the town where you look for locations. Take your financial prob-
to the pawn broker or the banker they Specialize in such matters.

Don't forget to call on all the
established Osteopathic Physi-
ians in the towns where you look
for locations. Oh no, they are not a bit afraid, they are the least afraid. They know you for
just what you are—a fledgling—
trying hard to make something
of himself. They can give you a million helpful things. Every city or town has some third rate locations and
buildings which no newcomer can succeed.

In certain sections of the United
States, physicians can office suc-
cessfully in their homes, in other
locations the best doctor who ever lived would never receive a
call if he tried to office in his
residence. No beginner can afford to buck established customers and
predecessors—each locality has certain beliefs and customs that
must be observed and respected.

The established physicians will
kindly point these out to the
fledgling, if he will listen, and
thereby save himself much time,
heartache, and disappointment.

Don't forget to consult the es-
Author: The local physician, the
one you choose for your practice, concerning the best locations for
considering the best locations for
your practice. He is the only one who can give you accurate
announcements cards, your plans for advertising—in short, every-
thing. Oh, yes, it takes his time and
thought, but he would rather do it, than
have you fail and thus hurt Oste-
opathic physicians are Mutual,
not individual.

(Continued on page 4)
Advice to Fledglings
(Continued from page 3)
Don't forget after you are located, to send your cards in and teaches it.-Health Bulletin.

Wisconsin Basic Science Examination

Anatomy
1—(a) Name the muscles and their nerve supply, producing inversion (medial rotation) and eversion (lateral rotation) at Chopart's joint.
(b) What is the action and the nerve supply of the lumbro-sacral interosseous muscles of the hand?
2—(a) Name the vascular structures forming the Circle of Willis.
(b) What is the distribution of the coeliac arteries?
3—Name the chief tributaries and the final discharge of the following veins: (a) Portal; (b) Jugular; (c) Azygos.
4—Name the structures and their relationship encountered in descending upon a femoral hernia.
5—Name and make a sketch of the layers of the skin.
6—Name the bones comprising the wall of the orbit.
(b) Name the foramina thru which the resevoir nerves make their exit from the cranial nerves.
7—Name and make a cross section drawing of the fibrous tracts and nuclei found in a cross section of the spinal cord at the level of the first lumbar segment.
8—What is the exact origin and distribution of the following nerves: (a) Gasserian; (b) Glossopharyngeal; (c) Chorda Tympani.
9—Describe the origin, tributaries, and the course of the thoracic duct.
10—Define and give the significance of the following: (a) Valve of Thebesius; (b) Ascophoric; (c) Schlemm's canal; (d) Islands of Langerhans; (e) Cardiac; (f) Choroid plexus; (g) Cysterna chyli; (h) Duct of Skene; (i) Duct of Schwalbe; (j) Ducts of Rivinus.

Pathology
1—(a) Define Pathology, Abse; (b) Phlegmon; Cyst; Atrophy; (c) Carcinoma; Sarcoma; Necrosis; Neoplasm; Exteriorization; Denaturation.
2—Discuss the cause of fever.
3—What are the changes in the blood in the various kinds of general anemia?
4—Name the symptoms and signs of inflammation and give the changes in the tissue that produce them.
5—What pathological changes may cause violent hemorrhage from the nose and mouth, i.e., hemoptysis, hematemesis, epistaxis, and epistaxis?
6—What symptoms may result from a fracture of the skull, and discuss the pathological changes that produce them.

Chemistry
1—Describe briefly glomerular filtration.
2—What is lymph? Where is it formed? What are its functions?
3—Give a normal complete blood cell count; (b) State where each component is formed.

Diagnosis
1—Give the differential diagnosis between pyelitis and typhoid.
2—Differentiate between pleurisy and effusion and lobar pneumonia.
3—Give the chief diagnostic points in diphtheria fever, pneumonia, measles, rubella, small-pox and chicken.pox.
4—Give the symptoms of influenza.
5—What is the Schick test? What is immunization?
6—Give the test of sputum for tuberculosis.
7—Differentiate between urinemia and typhoid fever.

Wisconsin State Board Questions

Anatomy
1—Give the course, relations and structure of the external genital difference in male and female.
2—Mention and describe the salivary glands.
3—Describe the renal blood circulation.
4—(a) Describe and give the anatomical relation of the appendicitis veriformis; (b) Give location of the intercostal arteries; (c) Origin of the intercostal arteries; (d) Origin of the external jugular veins; (e) Name ten principal muscles which keep the body erect.
5—Describe the sympathetic nervous system, naming and locating the principal ganglia.
6—Describe the bones of the ankle joint. Make diagram.
7—Give surgical anatomy of femoral hernia.

Eye, Ear, Nose and Throat
1—Describe the eyeball and give its parts: (a) Give indications for removal of the herna, following a penetrating wound; (b) Give indications for paracentesis of the ear drum; (c) The location of the cut and after treatment; (c) Briefly describe the eustachian tube and give functions.
2—Describe the olfactory apparatus. What part of the above is the seat of smell. What are the causes and results of mouth breathing?
3—Describe the esophagus: (a) Location; (b) Dimensions; (c) Arterial and nerve supply.

Medical Jurisprudence
1—Give hypothetic lung test.

Dietetics
1—What are the characteristic of good butter?
2—What are needed and feed such an important article of food?

Obstetrics
(Write on 7)
1—Tell briefly but definitely the physiological evolution of the uterus during pregnancy.
2—What promises would you make the patient concerning involution after labor?
3—Give probable and presumptive signs of pregnancy.
4—What are the signs of pregnancy?

Hummimg
Humming is one of the grandest habits that can be acquired, especially for catarhral trouble, as the bones of the nose and skull fairly thrill in the daily humming that the nasal bones to vibrate by daily humming through the nose. Sometimes the humming should be quite loud indeed. Try this and you will notice the increased circulation of nasal and forehead bares. Bear in mind that one can never injure his voice by humming. If you are in doubt as to the vocal teacher, this doubt may be wiped out if you hear him or her say that he loves to hum, and teaches it. —Health Bulletin.
Basketball

Coach Sutton’s basket ball team clearly demonstrated its superiority over the Kirksville five, winning three of the four-game series played this season. They won the first of the two games played at Kirksville, and lost the second largely because of an injury to Fred Benz, which forced Coach Sutton to change his lineup. This proved too much of a handicap for his men to overcome, and they were beaten by a close margin.

During the two weeks of rest and the recovery of Benz, Coach Sutton outlined an entirely different style of offense, and defense which proved its worth in the last two Kirksville games.

The laurels of success, however, are not all bestowed upon our modest Coach Sutton and his titanic-haired captain and center. His Still College basketball career by playing one of the most brilliant passing and floor games ever played by a purple and white cager.

“Red” playing will long be remembered in the history of Still College basketball, and his loss by graduation will be felt keenly by the team next year.

Another individual, in the person of Fred Benz, deserves more than ordinary credit, because of his playing determination on the floor, and versatility of handling any position assigned to him. Benz is regarded by many to be the greatest basketball player developed at Grinnell College, and will be a big asset to Coach Sutton in building up his team next year.

The spirit of Still College is evidenced in Coach Sutton, who has overcome the obstacles and handicaps which face him every year because of the lack of a gymnasium and athletic field, by his persistence and undying efforts to co-operate with his athletes.

Our school is fortunate in having such a man as its athletic head, and Coach Sutton’s high character is carried out by the clean and sportsmanlike playing of his athletes.

As a word of praise to the Kirksville men, we feel that a lot of credit for their clean, hard playing we want them to know they have the hardest fighting team that played against us this year. In Bigsby, Joseph, Albus, Gearga, Beyers and Norman, Coach Meyers of Kirksville has a team of stars, and with a season of playing together behind them.

(Continued on page 4)

O. W. N. A.

The O. W. N. A. chapter of Des Moines has had a busy and prosperous year. At the regular luncheon and business meeting held the first Tuesday of each month at the Hotel Savery, there have been not as many of our members from out of the state to join with us as we could hope for, but all who have come have been most heartily welcome.

The third Tuesday of each month seems to be the most convenient time for all the osteopaths of the city to join with the women’s organization for the social evening. These meetings have been held every month. In October was the clinic, a most successful day, fully appreciated by everybody and generally felt to be just a paving of the way for a number of other such programs.

In November the evening meeting was a housewarming at the new college, with a splendid supper, followed by a varied and interesting program.

The December meeting date came into the busy holiday season, and so was postponed until January. On January 17, dinner was held at the Y. W. C. A. Following the dinner, Dr. Fred Camp and Dr. J. P. Schwartz presented groups of case histories, their diagnosis, treatment and outcome. These talks were of extreme value and greatly interested the members of the osteopathic profession.

The February social meeting fell on the twenty-first, and again dinner was enjoyed at the Y. W. C. A., followed by an Osteopathic program. Dr. D. W. Roberts spoke most entertainingly and instructively on “Observations After Twenty Years of Practice.”

Dr. C. I. Groff, a member of the Des Moines osteopathic faculty, spoke upon some painful foot conditions and what may be done to correct them. His talk included a very instructive demonstration of a heel strap of value in certain cases of painful heel.

Dr. A. W. Chase of Washington, Iowa, closed the evening’s program with a pep talk on what the Iowa Bulletin can mean to the Osteopaths of this state, and a sprightly appeal for their support.

The March meeting will be held on the Twentieth, with dinner at the Y. W. C. A., followed by an Osteopathic round-table discussion. Every osteopath is cordially invited to be there.
THE LOG BOOK
Phi Sigma Gamma
Brothers Madson and Stritmatter have found a new test for alcohol. Here it is: Drink ... stolen from a
railroad car, and the fool arrested a tramp.

Iota Tau Sigma
On the evening of March 10, Mr. Wm. E. Russell motored to Sigourney, where he spent an enjoy-
table two days at the home of his mother-in-law.
Mr. Mark J. Sluss, of South Bend, Ind., is enjoying his vaca-
tion in Des Moines to the fullest extent. Mr. Sluss remarked that for a City of Certainties Des
Moines has its possibilities. He evinced his appreciation to the men who sent out his trunk to his new home.
On Sunday, March 11th, Mr. George Orlando Smith, of the Ohio Smurths, Mr. Lester A. Now-
lin, Mr. Russell Morgan, and Dr. W. A. Nowlin, all of the Dennis-
breae G. & C. Club, added consid-
erable color on the local links with their bright blazers and versatile language. It was rather
a rippling day for golf.
Mr. Louise Hughes, the only man from Detroit who ever got religion, has been a regular atten-
dant at the local churches. Mr. Hughes' attire at these morning services consists of striped gray trousers, black
cutaway coat, high silk hat, etc. He even wears a white towel in
his buttonhole! He is meticulous to the height of perfection. It is indeed a pleasure to know a man of Mr. Hughes' high moral and religious caliber.
Mr. Gordon E. DuBois has been chosen, above all others, due, no
doubt, to his kind, loving and gentle touch, for the position of National Secretary. Mr. Du-
Bois, sure, will gladly interview any one interested in this noble pro-
fession.

An interesting talk was given by Father Donnahoo at the last regular meeting of the Pan-Hel-
tica Council. His three sermons stimu-
tilated with many truths.
Mr. John Wigel cavorted about the Annex (the W. E. Cof-
Shop) to his heart's content the other evening. His method of projecting is unique! He should be either a deck hand or gun-
er in the Navy.
Mr. Russell Morgan and Mr. R. Kenneth Richardson turned up sick list. The former has been overcome by the Bacteria Neu-
ropathia, and the latter the result of a Tonsillectomy. Both are receiving the best of care from our house physicians.

Surgery License Issued
Dr. Marvin E. Green received by express last Friday morning a certificate from Dr. Henry Al-
so, State Commissioner of Health, licensing Dr. Green to practice Osteopathy and Surgery in the State of Iowa. The certifi-
cate was issued after examination by the State Board of Os-
teopathy, and it recognizes the Doctor's diploma from Still Coll-
lege issued this year after post-
graduate work at the college. Our most hearty congratulations to Dr. Green, and our best wishes for his future success, which we feel is assured.

Another Feather in Cap
Dr. Turman O. Lashee, Class of May, 1927, of the University of Nebraska, who has been doing splendid work for the players (and for Osteopathy) with the Humboldt High School football team, got a pleasant surprise at the team banquet. He was presented with a leather wallet containing a $100 bill, by the business men of the town.

This is not only a feather in the cap of Dr. Lashee, but is just another instance and proof of the fact that worth and worth is recog-
nized in the athletic treatments required of him during his treat-
ing periods. It speaks well of the College Clinic, as well as of Dr. Lashee.

Felicitations
Born to Dr. and Mrs. Eugene Herzog, a son, on February 15th. We offer our sincere congratula-
tions to Dr. and Mrs. Herzog and our best wishes to their son, who, we hope, will some day be-
come an Osteopath.

A detour is defined as the longest
distance between two points.

Football 1928
Coach Sutton informs us that the 1928 Football Schedule is full, with ten games, all but one of
which are contracted for.

A good sign is that our prospects for a real team and a really successful season are exce-
tionally good. With all last year's men as a nucleus, and with the football men who have announced their intentions of extending Still in the fall, our prospects do look bright.

The schedule will be found on page three. Peruse it, and then see if it does or does not look like
an easy one.

A. O. A. CONVENTION
COUNCIL - 1928
DES MOINES - 1928

NOTICE
Dr. J. Verne Hodgkin, McCook, Nebraska, would like to hear from members of his graduating class, May, 1926.

Announcement
Dr. Olaf H. Johnson, Class of January, 1925, announces the opening of his office in Suite 204-
5 Monroe Building, South Bend, Indiana.

Dr. Olsen served his internship of one year at the Detroit Osteopathic Hospital finishing in June, 1927. He started some post-
graduate work at D. M. S. O. in September, 1927, but was called home due to the illness of his father before this work was completed.

We are glad to hear that he has opened his office and wish him the ultimate in success in his practice.

Of Interest
We learn that J. Clarin Ovios, Class of May, 1928, has just received notification of appointment to an internship of one year at the Detroit Osteopathic Hospital.

Congratulations, Dr. Ovios!

This speaks well of the class of Doctors that Still College graduates are producing, and we are glad to hear that they have been given to graduates of Des Moines Still College of Osteopathy.

Of Interest
Amid recent visitors at the College was Dr. Rolla Hook. Dr. Hook was entertained by Dr. H.
V. Halladay who took our visitor on a tour of the building, not even excepting the dissection lab-
oratory where the work of dis-
secting is in full force.

We are always glad to receive these visits from Dr. Hook, as well as from any of the members of the profession, as we are proud of our new home.

A man from Aberdeen was playing golf on a strange course. When asked what he thought of the course he said: "Well, it is a bit rough and I lost four ha's but it's no use bad—I found six!"
Wisconsin State Board Questions

Gynecology
(Write on 4)
1. How do you treat gonorrhea in females?
2. Give the after coming results of gonorrhea and syphilis in females organized by approximate percentages of (a) abatement; (b) infantile mortality; (c) remissions; (d) sterilization; (e) gynecological diseases; (f) blindness.
3. Tell your knowledge from training or experience of the removal of uterine. Myomata explaining conditions, which call a decision between total and subtotal hysterectomy.
4. Tell what you know of the relationship between the thyroid and ovarian glands.
5. Possibilities of a fluctuating mass in right lumbar region. Name at least ten and give brief reason for diagnosis.

Physical Diagnosis
(Answer only 3)
1. Give the physical signs of Paralytic effusion.
2. What are the physical signs of stenosis of the mitral valve?
3. What are the clinical features of Cerebrospinal Meningitis?
4. What are the diagnostic signs of Retropharyngeal abscess?

Neurology
(Answer only 2)
1. What is the significance of the patellar reflex as a sign of disease?
2. Give the symptoms resulting from paralysis of the phrenic nerve.
3. Give causes, symptoms and prognosis of Bell's palsy.
4. Describe aphasia.

Hygiene
(Answer both)
1. How should a thorough inspection of milk be conducted?
2. What rules in public health administration should be promulgated to prevent the spread of pulmonary tuberculosis?

Surgery
(Answer any 4)
1. Given a case of diabetic gangrene of the toes: (a) Give techniques of amputation and your judgment of how and where to amputate; (b) Give postoperative treatment.
2. Differentiate: Carcinoma of the prostate, chronic prostatic hypertrophy, and prostatic abscess.
4. (a) What factors would you consider in a non-union of fracture of the femur? (b) Give a brief outline of treatment.
5. (a) How would you treat an inchoective abscess? (b) What are its causes and complications.
6. What are the symptoms and your basis for surgical procedure in a suspected case of ruptured ectopic.
7. How would you treat an aneurysm in a child.
8. Differentiate between a direct and indirect inguinal hernia.
9. Between an incarcerated and strangulated hernia?
11. Given a case of suspected appendicitis, explain your method of diagnosis and your treatment for nephritis.

Materia Medica
1. Mention three commonly used Metics.
2. Name five official preparations of Mercury; (b) Name your Alkaloids of Opium.
3. Give the official Bronchitics.
5. How is Amyl-Nitrate administered and for what purpose.
6. How is the action of Opium modified by (a) age; (b) sex; (c) habit; (d) Idolisycrasy.
7. Define Hematites, Menton and General Hematites.
8. What class of acids would you use to acidify alkaline urine?

Toxicology
1. Discuss the symptom of Cociin Poisoning.
2. Define Cociin Poisoning, (c) What is the antidote of Strychnine?
3. Mention three drugs, the use of which may cause skin eruptions.

Principles and Practice of Osteopathy
1. Diagnosis prognosis and treatment of tuberculosis of hip in a child.
2. Give detailed treatment in a case of duodenal ulcer.
5. State your procedure in a case of acne vulgaris.
6. How would you handle a case of acute orchitis?

Principles and Practice of Medicine
(Answer first four questions, and any three questions may be selected from remaining.
1. Must be answered)
1. Outline symptoms, diagnosis and treatment of facial Erysipelas.
3. Differentiate: (a) Renal Colic; (b) Gall Stone Colic; and (c) Acute Appendicitis.
4. Give differential diagnosis of left pleural effusion and Croupous Pneumonia involving left lower lobe, with outline of treatment of the former.
5. State symptoms and physical findings present in a case of advanced Tuberculosis Nephritis. Giving treatment for Uremia.

Take Your Pick
A case has been cited by Dr. C. F. Walton, a prominent homeopath of a wealthy European whose attending physicians disapproved of his disease, whereupon he resolved to consult several doctors and to take their treatment, provided any course was agreed upon by three of them.

He consulted many, keeping an exact account of every consultation in a book resembling a ledger in large folio. However, he did not succeed in finding physicians who agreed respecting his case and accordingly, did not follow any advice, but remained without treatment.

The number of doctors he consulted was 477, and the number of prescriptions received was 2982, containing in all 1097 remedies. Take your pick, is right!

(Stilletto.)

1928 Football Schedule

Sept. 28 Parsons College...............................Fairfield, Iowa
Oct. 5 Midland.............................................Fremont, Neb.
Oct. 13 Doane..............................................Crete, Neb.
Oct. 20 Peru State Teachers........Des Moines
Oct. 26 Open (Trinity)..................................Sioux City
Nov. 2 Western Union...................................Le Mars, Ia.
Nov. 9 Columbus (Sioux Falls, S. D.)..Des Moines
Nov. 16 Buena Vista.....................................Des Moines
Nov. 23 Iowa Wesleyan.................................Des Moines
Nov. 29 KIRKSVILLE.....................................DES MOINES
Almost Osteopathy

The following item is an extract from an article which appeared in a French medical journal. The article was briefly and the following report published in the A. M. A. Journal.

"Gastric Irritation and Connected With Vertebral Lesions"

Zahradnik describes four of his twenty-six cases in which gastrointestinal lesions were connected with lesions of the vertebral column. Some of the patients had Gastric diarrhea, others gastric atonia, pain in the stomach, and vomiting. In none of the patients did Roentgen-ray examinations or chemical tests reveal any changes in the stomach. On the other hand, there were always lesions in some of the vertebrae. Tuberculous spondylitis was the most frequent. This causes chemical and mechanical changes in the blood circulation which reflects on the glandular cells of the sympathetic. Irritation of these cells increases the inhibiting action of the sympathetic on gastric motility. This inhibiting action of the sympathetic on gastric motility. Atrophy and reduction of gastric secretion result. On the other hand, the spinal lesion may occasion paralysis and suppression of the inhibiting action of the sympathetic on gastric motility. This enhances the activity of the parasympathetic, resulting in exaggerated intestinal peristalsis and diarrhea. The gastric phenomena disappear as soon as the lesion of the spine had been improved.

It looks as though they were beginning to discover a few things which osteopaths have known for so long. Whether or not these few leads they have discovered will take them very far in the right direction is, of course, impossible to say. What osteopathy must do is to nail down our principles. (Continued from page 3)

Applies Here As Well

towards three aspects it may be likened to electricity. In the first place, we are fully aware of how each cell, but we do not know what either is. In the second place, each possesses great potential powers, worthless unless brought into action. Electricity gives us light and motive power, school spirit keeps the school moving upward and onward, and it does not do when adverse conditions come the way. "Puas, adventura." School spirit is a subjective attitude toward your Alma Mater, manifesting itself in what you do for her. It does not consist in mere words, but involves constructive action. The student who tears down and fails to build up again is not per- vaded by School Spirit, neither is he filling the gap, for the student who does what he ought to do always strives to build up.

In analyzing the situation on various campuses, we may say that we have four kinds of students; namely, the Jerkers, the Shirkers, the Sleepers and the Workers. The Jerkers—who are they? The name implies their character. No matter what the students decide to do, the Jerker finds fault with it. He has nothing but cynical criticism to offer, seldom, if ever, permitting a constructive word to squeeze through his lips. His lips are turned down, his forehead frowns, and he sees no good in anything. Such students criticize for the sake of criticizing, it appears, and fortunately there are not many of them. They have neither school spirit, nor do they fill the gap.

The Shirkers are a class analogous to the Jerkers, in as much as they never do anything but talk. They do not have the Jerker's cynical attitude, but say many fine things. They talk about what they are going to do, but they never do it. They advocate, for instance, that the tennis courts be put into shape, but when the tennis committee seeks their help, they shirk their duty by offering a volley of alibis. The Shirkers are willing in word, but in deed they are a "flat tire." They also fail to fill the gap.

The Sleepers can be dismissed with a word. They are altogether too numerous on our campus. Behold them waddle along, listless and without initiative. They neither do nor say anything. Wake up!

The Workers! Pray God for more of them. They are the salt of the school, and upon their continuous willingness and untried efforts depend, to a large extent, the success of the school. They see their field of duty not only in the sphere of outside activities, but feel it incumbent upon them to study as well, and thus help to maintain a good general scholastic standing. They act when they are asked to act, and do all within their power to help the school—to make her what she ought to be, to spread her name and fame. They have School Spirit and fill the gap."—(Dana College "Hermes")

Results of 1928 Basketball Season

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Total Points: 686 557
Prevalence of Communicable Disease in Iowa

Aside from influenza, there has been no material change in the number of communicable diseases reported during the past week.

Influenza of a rather mild type prevails in a number of places in the state. Reports indicate that it is highly contagious and once it gets started in a community, it spreads very rapidly.

A number of cases of pneumonia following influenza have been reported.

Scarlet fever, which is on the increase in many portions of the United States, shows a declining tendency in Iowa.

Diphtheria is also showing a decline. Last week only 12 cases were reported. This compares very favorably with the 28 cases with the corresponding week last year. This favorable showing is no doubt due, in part, if not entirely, to the campaign of diphtheria eradication by means of toxin-antitoxin immunization now being carried out in many parts of the state.

A. O. A. CONVENTION
KIRKSVILLE 1928
DES MOINES - 1929

Internships Awarded

We have learned since the last issue that those of the January, 1928, graduates have been given internships at the Los Angeles County General Hospital. The doctors, namely, Luther Drabing, Arthur Lydond and Harold Devine, have left for Los Angeles to take up their various duties.

Success to them in a large way!

Dr. Virg Back From East

Dr. H. Y. Halladay returned from the Eastern States Osteopathic Convention filled with the old "Vivaz, Vigor and Vitality," and was on the job in his classes Monday morning.

He has given us a long account of the trip for our next issue. We know that it will be full of many humorous incidents and also much of interest from a professional standpoint.

NON-VITAL STATISTICS

Killed by gas in 1927: 35
Inhaled it: 150
Stepped on it: 6,000

The Foot Department

The Foot Department instituted for the first time this year under the direction of Dr. R. J. Groff, has made a very satisfactory start.

Lectures and demonstrations in relation on Tuesday and Thursday of each week.

The lectures are of such a nature as to give the student a good basic foundation and knowledge of the more common foot conditions with particular emphasis being placed on the Osteopathic or manipulative side of the work. The clinic material has been of sufficient quantity and the variety of cases such as to give the students the necessary practical experience to a proper understanding of the work and the ability to give relief or effect cures.

The department is growing and student interest is constantly being shown. Another year should show a marked growth of the department.

Tuberculosis in Home

"Iowa has made commendable progress in reducing the death rate from tuberculosis. The year 1927 shows the lowest death rate on record at a rate of 35.1 per 100,000 population," according to Dr. Henry Albert, commissioner, state department of health. "The only states with lower death rates for tuberculosis in 1926 were Wyoming, Utah, California, and Nebraska. The tuberculosis death rate is considerably less than half the average rate for the whole of the United States, which for 1926 was 87.1."

"A recent report by M. Alice Aserson for the Children's Service of the New York Tuberculosis and Health Association indicates what can be done in the way of safeguarding young men in the home. The studies made by that group indicate 'that the infant's resistance to tuberculosis infection is better than it was formerly believed to be; on the other hand, the infant's lack of resistance to tuberculosis appears to be relatively low.' In other words, infants are not now quite as likely to have the causative agent of tuberculosis become permanently housed in their bodies, but on the other hand, the agent does find entrance, the modern infant has not developed any more resisting power to prevent the development of an active case of tuberculosis than did the child of the last generation."

Ample Housing Facilities

The Housing Committee, in Kirkville is making a complete survey and will chart all rooms both in hotels and private homes. They will be in a position to furnish a comfortable place for everyone who attends the Convention. Don't try to make private arrangements for rooms.

Make your application direct to the Housing Committee. If you have friends with whom you would like to stay or a preference as to rooms, tell the Housing Committee and they will carry out your wishes as far as possible. All arrangements must be made with the one Committee in order to avoid confusion and duplication.

Mr. C. J. Baxter, of Kirkville, Kirkville Committee, and all mail regarding rooms should be sent to him.

Railroad Rates Granted For Kirkville Convention

Arrangements have been completed to provide the round trip to the Kirkville Convention for one-half the usual rate. This will be done on the round-trip certificate plan, which is a new and simpler method of handling such matters.

A short time before the Convention, every field doctor will receive a ticket from Dr. H. E. Litton, the Transportation Chairman. This ticket is to be taken to the ticket office of the railroad upon which you wish to travel and the agent will collect the fare and make the ticket official. In this way, it will not be necessary to have vouchers validated in Kirkville, as the possession of the special ticket form is all the identification needed to secure the special rate.

Baseball

The Log Book will pick the All-Still Baseball Team after the Annual Inter-Frat Series. The Editor will be assisted in the choosing by Coach Sutton and one other to be chosen later.

The dates of the various games will be published in these columns in a later issue.

LET'S PLAY BALL!

About the hardest thing for a man to do is to kiss a girl unexpectly.

Kirkville Preparing for A. O. A. Convention

Kirkville is already hard at work in preparing to entertain the three thousand who will visit Kirkville during the National Osteopathic Convention in August. The meeting opens on August sixth and will continue in session throughout the week.

The Executive Committee has been named, with Ethel Cooner of Chicago heading the following: V. J. Howeli, H. B. Young, Warner Mills, B. L. Bonfoey, Sonson, Geo. M. Laughlin, Elmer Barns, and Carl Magee. This Committee has general supervision over the affairs of the Convention which are to be handled in Kirkville and works in close cooperation with the central office of the American Osteopathic Association, in Chicago.

The following committees have been named:


Golf Tournament, Dr. D. E. C. Miller. E. Swain. Secretary, Carl Magee Finance, Warner Mills.

Exhibits, Dean H. G. Swanson.

Memorial Program, Pres. Eugene Fair.

Entertainment and Music, Barret Stout, E. Swain.

Parade, B. L. Bonfoey.

Local Communications, Robert Lloyd.

Local Transportation, H. B. Young.

Assemblies

At the regular Friday morning assembly, March 16th, Dr. Robert Ashman, Professor of Obstetrics, gave an extensive report of some experiments that have been made with a manufactured blood containing the fourteen elements. The report, which aroused great interest and made many of us think deeply.

On Friday morning, March 23rd, we were pleasantly entertained by a group of young ladies from the American Institute. The numbers included dance, violin solos, several song selections and readings.

We appreciate the efforts of these young ladies and are deeply indebted to them. They are all always welcome at our Assemblies and hope that they will entertain us frequently.
PHI SIGMA GAMMA

WANTED: An asbestos case for clinical thermometers, to wear on dates. Apply to Bro. Jenning's. You gave me one, but it came back.

Patinet-That's funny, doctor, so have all my symptoms.-London Opinion.

I

The Chapter held a dance at the fraternity home on March 16. Brother Du Bois has a new "Tudor"! He tried to catch a base ball in his mouth. Let's see you laugh, "Hi." It developed yet."

Brother Hovis is getting his high-powered roadster reconditioned for the trip back home. He failed in diagnosing the wreck, and so he took it to a specialist. We just know he will have better luck with the new wreck he will work on.

We still have two good, live fowls we would like to sell. Anybody interested see Brother E. Cuddie and get full information.

Brother Ripley is going to get his pen fixed this summer. He writes his letters at the Cuddie's, now. We know, too, that he is of Teutonic ancestry, not Scotch.

Now that Brother Drabing has departed for warmer climes, we have more than a little concern over the once innocent "en" of—Howard Cook. This Winsome Ohio boy has turned out to be a Doctor Jekyll and Mr. Hyde. We find that in a few more weeks, he will be "beyond redemption." Alas, what will his mother think of him now?

"Runt" Russell visited one of the local high schools, and of the instructors mistook him for a freshman there. Why didn't you show him your bald snout, "Runt"?

We are going to enter Brother Gephart in a new contest, now that he is leading in the state league. Speaking of versatile personalities, the way he "puts away" the cake at dinner, plus his sauce, would bring joy to the heart of any mother, but it has a decidedly different effect on the stability of the commissary. The fellow who drank 100 cups of coffee hasn't a chance. We'll take him against anyone.

Brother Peterson has a very obnoxious habit of late. That of taking certain parties up in the "womans' hours." Speaking of good intentions do not compensate for the subsequent loss of temper of the holder.

Brother Du Bois has a new paint job. For information see "Red" Lang.

A. O. A. CONVENTION
KIRKSVILLE - 1928
DE MONTAIGNE - 1929

THOUGHT NUGGETS
By Jean Rich

Think much for yourself, not too much about your neighbors. The sentiment of even the smallest gift often runs far into one's heart, just as a drop of water can stain a piece of paper and into sentiments and good cheer.

"Get the car-and-buy-a-1-want-it-DuBois" is among the leaders (Richardson and Morrow) in the heartwarming contest. These boys have it, and as a consequence are almost unbeatable.

The dishwashers union went on a three-day strike Sunday. The strike was broken by strong-arm strikebreakers, however.

As a ball player, "Hap" Nowlin would make a good cherry picker. But you gave me one, but it came back.

In "Shall the infant then be removed from the home where the case resides or should the case be removed and the infant left? To advocate the removal of infants or young children from their home environment is contrary to the best interests of the health of the child. The appeal should rather be made for the removal of the member of the family whose presence is a menace to the infant and probably to others. Where the mother of the infant happens to be the infected person, the problem is especially difficult, but even a mother can be induced to leave the home with the infant by hospitalization for herself, if fully assured that practically as good care will be available for her as she herself could have given.

Fortunately," said Dr. Albert, "the absence from home on the part of a parent taking the "cure" need not be long if the disease is recognized in an early stage and the patient receives proper treatment."

The "early diagnosis" campaign conducted this month under the auspices of the Iowa Tuberculosis Association should be of great value in both facilitating the cure of those already infected by tuberculosis, and preventing the spread of the disease to children. It is in early life that we are most susceptible to tuberculosis.

Buhl, the great Spanish philosopher, has included in his list of aphorisms the following: "If you are caught, it was wrong."

Stady tomorrow for the exam given yesterday, yet your prof should let you make it up.

Lack is what the other fellow had, good sense is what you used.

Truth is so precious that it must be saved for special occasions.

Cribbing is permissible only to avoid blinking. If professors aren't near-sighted they should be.

"My Scotch boy friend sent me his picture," said a young lady.

"How does it look?"

"I don't know. I haven't had a chance to develop it yet."—Southern California Campus.

"Is that man drinking?"

"No, he has water on the knee," said the girl.

"But he's taking anti-freeze solution."—Wisconsin Octopus.

"Doctor—I hardly like to mention it, but that cheque you gave me has run over back."—Patinet—That's funny, doctor—so have all my symptoms.—London Opalton.
Blames Fruit For Infantile Paralysis

Germs on fresh fruit, particularly apples and berries which are eaten with the peelings, have been advanced as a cause of infantile paralysis by Dr. C. S. Betts of the Betts Osteopathic clinic in Huron.

Dr. Betts has asked to have his theories, gleaned through 25 years of observation of infantile paralysis cases, thoroughly investigated by the South Dakota State Board of Health.

One of his more important observations is as follows:

"During 25 years of practice we have treated a goodly number of acute cases of infantile paralysis and have also treated a greater number of cases in the early chronic stage."

"I do not recollect a case that occurred in the winter or early spring. All cases occur after the berry and fruit shipping season starts."

"Chickens usually run in orchards during the spring and also in berry patches. Barnyard litter is generally used both for the winter cover and spread on berry patches in the spring for its fertilizing properties. The berries are contaminated with such substances and early apples are generally those picked off the ground (windfalls)."

"The second case of infantile paralysis comes on in the summer and increases in numbers as the shipping season advances."

"Infantile paralysis is noted for its occurrences in families of the well to do or those in moderately financed condition. It is probable the vitality of the germ is killed by drying and lowered temperatures." — Huron S. D., Huronite.

Keeping Clean

God loveth the clean, the Korean says.

Soap, clean water, air, and sunshine are all that good plumbing needs to keep it in condition. Because our baths are something in their effect, they are appropriate at bed time. They are very beneficial to persons inclined to sleeplessness.

Soap bubbles are like little freight cars that load up with waste matter and dirt. That is why lather should be rinsed off in clear water when you are basting, not left on the skin or wiped off on the towel.

Towels, whether for the person or the dishes, must be hung apart to dry and changed frequently. If left in a damp, dark place, they may foster the growth of bacteria picked up at the time of use.

A simple answer to that puzzling question, "How often should I wash my hair?" is a look at your hairbrush. When it needs washing your hair needs washing. Every two weeks, at least, is a sensible rule.

Cleanliness was simpler in the old days when men roamed through the wilds, exerting themselves continuously, peppered with bugs, living freely, wearing few clothes, and plunging occasionally into a stream. Today we wear more clothes, huddle within four walls, and mingle constantly with other people. At these changes do not let us misinterpret what we improve on nature by adapting ourselves strenuously, perspiring in the hot sun, and soaking in the cold.

"I wash my hair?" is a look at the old days when men roamed through the wilds, exerting themselves continuously, peppered with bugs, living freely, wearing few clothes, and plunging occasionally into a stream. Today we wear more clothes, huddle within four walls, and mingle constantly with other people. At these changes do not let us misinterpret what we improve on nature by adapting ourselves strenuously, perspiring in the hot sun, and soaking in the cold.

Tolerance

I do not believe in permitting every barber or organ player who wants to hang out a shingle to practice medicine or attempt cures, but I do assert that there is room for those who believe in scratching the muscles and readjusting the backbone and giving internal baths and in proper diet or the use of water in ill-health, as well as for those who rely on nostrums and drugs and pellets and pills and serums. I have been treated by allopats, naturopaths, hydropaths, osteopaths, in many ways and I have found that the best man is the one who aids Nature to a readjustment of your body — that it is Nature herself who does the heavy work. Give her a chance, boost her over the rough places, provide her with certain amounts of raw materials, and don't hamper her with your obstinacy or hamstring her with your bad habits, and presently she will be running the job at the old stand, and doing it pretty efficiently, too. — L. J. Grinnell, in "The Harvest of the Years."

Noise

There is a class of men that gets along fairly well for years by making an impression upon the impressionable, whose whole stock in trade is noise. They do not last forever, but some of them last an astonishingly long time. Like toy balloons these wind-inflated beings make a gaudy appearance for a while, but in time collapse. When the balloon comes down, a child somewhere is made unhappy, but when the public career of an inflated man suddenly ends nobody but himself is even aware of it. — Muncie Evening Post.
POLK COUNTY COURTHOUSE

SOLDIERS MONUMENT

HISTORICAL BUILDING

STATE CAPITOL BUILDING

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PUBLIC LIBRARY
Eastward Ho!

The annual trek to our national metropolis, January 3, 1928, included a stop at the far famed city of Brothery Love. Last year the keen-sighted students by meeting the student body of the Philadelphia College but this year we enjoyed the honor of speaking to them. They hail us from various parts of the country and we were well received. The students were enthusiastic in all the meetings that gave us renewed Cordially yours,

Dr. F. M. Godfrey, D. O., Secretary.

To the Readers of The Log Book

Past graduate course rumors have been reaching our ears. From time to time word drifts to us that the profession feels that a short post graduate course at D. M. S. O. would be worth their while. Des Moines, we feel, is a desirable place because of its central location and its clinic facilities.

The school is able and ready and willing to put on such a course at any time the practitioners of the field want it. But we should like to know there is need and desire to such work before definite plans are laid.

Will you let us hear your opinion of the matter?

We are asking for expressions from you in the field as to whether a short post graduate course at D. M. S. O. is desirable. If, so, in what subjects are you particularly interested?

The school will be glad to provide what its pupils wants. The equipment and teachers are ready to serve if there is desire for their services.

Let us hear from you.

Cordially yours,

C. E. Willis, D. O., President.

More Foot Technique

We have in our Profession a number of good men who have specialized in lesions of the feet. This movement became a specialty a few years ago when Dr. Post made his contribution. Since then various of our technicians have worked out a number of specific ideas applicable to pathology of this part of the body and have gained remarkable results. Many in the field have not had the opportunity to see these and have a very real desire that they may feel that it is overrated. Lesions found anywhere in the body must be considered and if you are not familiar with those occurring in the foot and ankle region you have missed an important phase of our profession.

D. Bynum is open to suggestions and wants to do something for Osteopathy. Read his article below and write him what you want.

AS I SAW THIRTY YEARS AGO AND AS I SEE TODAY

By H. R. Bynum, D. O., Memphis, Tenn.

Thirty years ago, as a student in school, I had heard far enough along to realize that Osteopathy had a great mission in the world. Today I want to tell you a wonderful story to tell the world.

As the years have gone by, its great mission to suffering humanity has been fulfilled, in that it has demonstrated its superiority over all other sciences of Therapeutics. Our colleges have developed by leaps and bounds, and are today second to none in teaching facilities and

MEETING OF THE STATE BOARD OF OSTEOPATHIC EXAMINATION AND REGISTRATION OF THE STATE OF KANSAS

Held at the Office of the Board, Topeka, Kansas, on February 16, 1928.

PRESENT: Drs. C. E. Willis, W. S. Childs, P. W. Gibson, Clyde Gray and F. M. Godfrey.

Dr. C. E. Willis Presiding:

On motion of Dr. W. S. Childs, seconded by Dr. P. W. Gibson, it is unanimously voted and resolved, as a rule, regulation and by-law of this Board, that no person who shall not have a certificate to practice osteopathy in the state of Kansas shall undertake to practice osteopathy in the state of Kansas, whether in the office of, or under the supervision of any person in private practice who may hold such a certificate, or in any other way.

And further, that no person, in private practice to whom shall have been issued a certificate to practice osteopathy in the State of Kansas, shall or permit any other person who shall not hold such a certificate to practice osteopathy in the office of, or under the supervision in the State of Kansas, of any such person who shall hold such a certificate.

It is the sense of the Board that a violation of this resolution by any person shall be deemed gross unprofessional conduct by such person.

C. E. WILLIS, D. O., President

Iowa Osteopathic Bulletin

We note with pleasure the way the Bulletin is kept up to date about the Des Moines General Hospital. The Hospital certainly is doing a wonderful job of advertising that may be given it through the pages of the various professional publications in the state. The hospital is worthy of all the fine things that may be said of it and its staff of surgeons, doctors, interns and nurses. To spend a day going through it is an education in itself. More of the profession in general would avail themselves of the first opportunity that presents itself and visit the Des Moines General Hospital.
Brother Hubbard sure does rate a bunch of Chevy's. Even his corn-fed Iowa girl ...

**AXIS CLUB**

The Axis girls enjoyed a delightful St. Patrick's evening at the apartment of Dr. Alma Robbins Schwartz.

The doctor served a delicious lunch and between that, the radio and some lively "shop talk" and Dr. Messerschmidt's account of her recent sojourn in Minnesota, we certainly had a good time.

Robbins Schwartz will be remembered as a grad of '24 and we are pleased to learn that her husband, Dr. Herman Schwartz, is now enrolled in Still College.

It was recently revealed that Dr. Nellie Davis, class of '23, has become the life partner of Dr. H. Kramer of the January class.

The Axis Club extends its best wishes to you.

If you can change tires at four below at four A.M.,
You can set a fractured femur with a piece of string,
If you can do a podalic version on the kitchen table of a farm house with husband and grandma giving chloroform,
If you can diagnose tonsillitis from the sore throat with a laboratory forty-eight hours away,
If you can pull the three-pronged fish hook molar of the 250-pound hired man,
If you can maintain your equilibrium when the world seems to be turning upside down,
Then you are a real Country Doctor—B. F. Tyce.

If you are going to be an osteopath don't buy the osteopath. Put all your time on the study of the science in some reputable school and when you have graduated have a diploma of which you will not be ashamed, and which the public will recognize and give its protection.—Dr. A. T. Still.

**RE-SAW PHILOSOPHY**

The clock of life is wound but once,
And no man has the power over death To tell just when the hands will stop.

At late or early hour.

Now is the only time you own: Live, love, toil with a will; Place no faith in tomorrow, for The clock may then be still.

Selected
Malvern Doctor Keeps
800 Stork Dates

Eastward Ho!

(Continued from page 1)

Many of the medical magazines of today are ransacking the old time doctor. This is an age of specialization. The physician, with his strength of spinal spinal and osteopathic, is identified as a relic of the past. No longer can one man treat everything from sore toe to pneumonia.

But has he gone? We think not. We can find you any number of honest, genuine, working family physicians who are skilled in treating anything between the cradle and the grave. Women, who spend their lives in caring for the sick, take the time to lend a sympathetic ear to both your sorrows and your joys.

Osteopathy boasts of a number of these all-round competent men and Dr. Kline of Malvern is an example of a good doctor. He has spent his entire life in the service of his patients. Through the years he has built up an excellent reputation.

Dr. Kline is a general practitioner. His practice is handled by himself. Those that need treatment or examination which is to be had only in specialized hospitals are referred to. When the question is asked, "Do Osteopathic physicians handle critical cases?", you may refer them to Dr. Kline's record. Regardless of roads and regardless of the hour the good doctor has kept faithfully at his work and can boast the proud record of over eight hundred baby cases, with this list of but one mother. This one happened to be a twelfth hour case when other physicians had refused to go.

Along with his busy practice, Dr. Kline has found time to dobit his part in the promotion of health. As chairman of the finance committee for the past seventeen years and as a member of other committees, he has upheld his obligations to the First Baptist Church in Malvern. Several years have been spent in the Public School Board of which he is now a member. Other community organizations have found him a valued and trustworthy worker.

The old time "family doctor" may have passed, but in his stead we have the modernized, up-to-date, family physician. Osteopathy boasts many such osteopathic physicians.

More Foot Technique

(Continued from page 1)

modern equipment.

...
STUDENTS!
Patronize Stillonian Advertisers!

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Dr. Mary E. Golden, 1320 Equitable Bldg.
Dr. Ellen M. Phenicie, 318 Flynn Bldg.

Hospital and Clinics
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Taylor Clinic
Schaeffer Osteopathic Clinic, 9589 Grand River Ave., Detroit

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Fomon Medical Review, Chicago, Ill.
Dr. Orel F. Martin, Boston, Mass.
K. & W. Rubber, Delaware, Ohio
McManus Table Co., Kirksville, Mo.

Men's Clothing Co.
Jack's Toggery, 8th & Grand
Iowa Clothing Co., 320 7th St.
Harvey Clothes, 5th & Walnut

Restaurants
Droney Delicatessen, 726 6th Ave.
West End Coffee Shop, 19th & Ingersoll
McClintic's, 17th & Woodland

Jewelers
Master Craftsman, Shops Bldg.

Drug Stores
Pemberton Drug Co., 6th & Center
McCurnin Drug, 31st & Ingersoll

Laundries & Cleaners
Cascade, 13th & Grand

Dress Clubs
Jewett Dress Club

Rent-a-Car Companies
Sam's System, 313-19 Grand Ave.
Marsh's, 4th & Grand Ave.
Yellow Cab Co., 11th & Walnut

Printers & Binders
Homestead Co., 1912 Grand Ave.
Iowa Printing & Supply Co., 607-09 Cherry St.
Hawkeye Bindery, 213 4th St.

Miscellaneous
Standard Chemical Co., 11th & High
Chamberlain Medicine Co., 5th & Park St.
Hopkins-McKee Sporting Goods, 412 7th St.
The Wingate Co., Costumers, 583 5th St.
Professional Insurance Corp., Iowa Bldg.
Bramson Studio, 617 Walnut St.
Minnesota State Osteopathic Assn.

The thirteenth annual convention of the Minnesota State Osteopathic Assn. will be held May 4th and 5th at the New Nicollet Hotel, Minneapolis.

Dr. Mary Golden will speak at 10 a.m. on the 4th. Her subject will be "Osteopathic Gynecology." At 1:45 p.m. Dr. Golden will be on the program, this time conducting the Pediculosis Clinic.

At 11:15 a.m. Dr. Clifford I. Groff will speak, his subject being "The Longitudinal Arches, Their Pathology and Treatment." In the afternoon at 3:30 p.m. Dr. Groff will continue his talk on Foot Work and conduct a Foot Clinic.

Of Interest

The selection by Fillmore county democrats of Dr. Claire Owens as their candidate for state representative carries a significance which is not all related to partisan politics. Dr. Owens is an intelligent woman and a doctor of the osteopathic school. Although physically sightless, she is anything but blind mentally. Being actively engaged in the practice of her profession, it would appear that all doctors should take special pride in helping to place one of their tribe as a member of the state’s lawmaking body. Of course the doctor of the regular medical school will vote and boost for Dr. Owens, like Kelley will.

More Conventions

Dr. H. V. Halladay left Saturday morning for Ft. Dodge where he is to speak at a local meeting of the Osteopaths of that vicinity which was arranged by Dr. E. M. Van Pattin. He arrived back in Des Moines Sunday.

On May 5th, Dr. Halladay leaves for Sioux Falls, S. D., to attend the State Association meeting there on the 7th and 8th. He will be on the program both days.

Immediately after the South Dakota meeting, Dr. Halladay will leave for Columbus, Ohio, for the state Association meeting there.

On May 11th, he will be in Flint, Mich., at the District meeting, being on the program for that day. After this he will return to Des Moines for the remainder of the college year.

Junior-Senior Prom

On Friday evening, April 27, the Junior Class entertained the Senior Class at the annual Formal Junior - Senior Prom, which was held at the Hotel Commodore.

The festivities commenced with the grand march at 9:00 o'clock. The entire faculty, according to the usual custom, was invited. Some of them, unfortunately, were unable to be present, but among those who did come were Dr. and Mrs. H. V. Halladay; Dr. and Mrs. John M. Woods; Miss Ada L. Johnson, who was escorted by Dr. Poucher of Elgin, Ill., a graduate of Still who was visiting us, and Dr. W. J. Nowlin.

About eighty couples were present and each and all enjoyed himself.

Some tables were available for those who wished to play, and punch was served at all times.

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The annual Drake Relays were held at the Drake Stadium, Des Moines, on April 27 and 28. Athletes from all mid-western and many eastern colleges participated in the many events. Again this year, Dr. Kramer, the Osteopathic trainer of the Drake athletic teams, requested that senior Still students be sent out both days for the purpose of keeping the contestants from the various colleges in shape. Twenty seniors received their trainer's tickets and gave not only rubdowns, but osteopathic treatment to the various teams. Indelibly they advertised the Science of Osteopathy in a manner unexcelled.

Des Moines Still College is unsurpassed in the experience it gives its students in athletic work. For years, our students have cared for the various high school athletic teams.

Dr. Taplin Here

Dr. Taplin of Boston, Mass., of Technique and Table fame, visited us on Saturday, April 28.

The doctor demonstrated his methods and table to the members of the Junior and Senior classes.

Much interest was shown, and without doubt, much was learned. We will always welcome Dr. Taplin to our city and college.

Dr. Gephart has taken a n o t h e r step in life — MARRIAGE.

The wedding of Miss Catherine Winona Phillips and Dr. Carl B. Gephart took place at the Gephart home, Marietta, Ohio, Feb. 14, 1928.

Mrs. Gephart is the daughter of Mrs. Catherine Phillips of Marietta, Ohio. She was graduated from Marietta High School in 1922.

Dr. Gephart is the son of Mr. and Mrs. Charles Gephart of Marietta, Ohio. He also was a member of the 1922 graduation class of Marietta High, and was graduated from Des Moines Still College of Osteopathy in 1926. During the past two years Dr. Gephart has been house physician at Delaware Springs Sanitarium, Delaware, Ohio.

Dr. and Mrs. Gephart are now making their home at Bellefontaine, Ohio.

According to the advertisement, the old-fashioned whiskey tender is being supplanted by the cigarette soprano.

Doctors

"Tis quite the thing to say and sing
Gross libels on the doctor—
To picture him an ogre grim
Gross libels on the doctor—

But he's kind and noble:
With other things the doctor
He bawls for a physician:
He bawls for a physician:

You're very kind, but tired
Dr. Chas. F. Frazer,
Dr. Chas. F. Frazer,

226 E. Indiana Ave.,
Escondido, Calif.
Escondido, Calif.

The Drake Relays

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The West Virginia State Board of Osteopathic will meet in the offices of Dr. J. H. Robinett, First National Building, Huntington, W. Va., July 16 and 17, 1928.

Application blanks may be secured through the secretary, Guy E. Morris, D. O., 542 Empire building, Clarksburg, W. Va.

All applications for examination must be in the hands of the secretary at least one week prior to date of examination.
**THE LOG BOOK**

**ATLAS CLUB**

Saturday night, April 21st, we had our Spring Frolic. Dr. John Voss and Miss ZecK were among those who entertained the guests. We had a fine time and interest in track work. So no track meet and has made arrangements for this year.

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Bro. Rhode seems to have the propensities that few men possess. He is efficient at many of the track games and a real good ball game. His sterling performance on opening night, on the third night, was in the good shape. We were not aware of Indians being so fond of white, but we do recognize some of the less obvious. We were also aware that some of the less obvious were among the leaders in running going and have still have that ability.

Bro. Hovis may be called “hoopy” for obvious reasons, but he bowled legs are far from slow. His work behind the plate and with the stick were very good:

“Divy” Du Bois must have been dragging a ball and chain between first and second. He did something unusual in the doubleheader. Hub of the P. S. G. was much to the amusements of the crowd.

Dwight real baseball fan and has made arrangements for this year. He gave the dog a shower and handled the situation very cleverly.

Bro. Cudden leads the house in batting, has delivered, in extra innings, a home run, and hit a snappled flies into the outfield with regularity. His work on the mound as a relief pitcher was good also.

The diminutive “Runt” Russell on second and “Long John” Smith make a smooth working combination. The pivot was efficient in height they played together as twins. Long John makes a good short stop.

Bro. Sluss has been away a greater part of the time. Where were you Sunday — not playing baseball — and the odd that Sunday was a day for the religiously inclined did not go over so big either.

“Joeey” Hewlett blossomed out in his new spring togs Sunday. The “Beau Brummel” of iota tau sigma IT as his date book index.

Bro. Gephart is contented now. With his new room-mates and new chamber mates he is showing himself an agreeable man. We expect that there are more reasons — she lives in Columbus, Ohio, and should be traveling eastward soon.

We are pinning our hopes on Bro. “Mianac” Morgan for the season. He is going to be a gentleman. He has the best of support from everyone in the house. Go to it, “Maniac.”

The “Cucko” (Orson “Cucko” Herrick is continuing his mad pace. He did surprise us by staying home one night not so long ago. His plea is: Working.” We wonder.

**PHI SIGMA GAMMA**

Red Granberg insisted that his name be put in the Log Book and here it is.

Lost — One Sophomore and a pledge. Brother Ripley and Pledge Purdie have lost themselves somewhere in the “Crow’s Nest” somewhere on the third floor and haven’t been seen for a week. If they could find the boys would like to get acquainted.

Doc Groff sold his big black and now he’s having trouble with his Chevy. It turns around twice while the Haynes was turned.

Smitty and Madison were in Otumwa over the last week end and “gave the girls a treat” at a dance down there.

Sports Events — Hubbard has gone in for baseball extensively, and they have had at least six little Chevys for the “Big Black Mariah.”

Reeves must be getting in training so that he can handle all of the girls when he goes home this summer.

Rudy has left the “Portables” for a job as night clerk at the West Hotel.

Thomas and Shtirnatter have turned out to be quite the wrestlers, and have had over a piece of paper.

**SIGMA SIGMA PHI**

Those recently initiated into Beta Chapter were Jerry Lauck and others. They have been there through the ceremonies incident to initiation we journeyed over to King Ying Loy’s chop suey for a big feed — the new men being guests of honor. How we all enjoyed that chow mein.

Judging from the activity among the students in our baseball team and gold tournaments one would infer that our athletic calendar does not stop with baseball. As usual we have four teams out for the inter-fraternity baseball championship which the non-fraternity men are defending again this year. Should they win again the tradition that they have won twice already it will be their permanent possession. However one would hesitate to guess what the outcome will be.

Twenty-eight men are out for the tennis crown — the first time they have ever had a tennis tourney. Perhaps the reason we have never had one is that it is the only proposition to get suitable courts on which to play. This year Rusty Wright has scouted about and has made arrangements for Raising the Deuce

Helen Wills, in a facetious moment, set out to prove that tennis and matrimony are much alike. “You see,” explained the visitor, “that reminds me of the visitor, ‘that reminds me of the visitor, ‘that reminds me."

“Doctor, my eyes are bothering me a bit; see what you can do for me in the way of glasses.”

“Take a seat, sir. And now tell me what kind you’ve been wearing.”

“None, I’ve never worn glasses in my life. Never needed ‘em before.”

“Impact! Indeed! You will pardon my mistake, but I judged from the mark on the bridge of your nose that you were among the leaders in your calling, you still have that ability.”

We were not aware that Indians were such good baseball fans, but this year we are looking for the use of some of the city’s good courts. By this time the first round will have been played. Golf has lagged behind a bit this year, yet there are eighteen men who are contesting Hyden’s right to the championship which he won last year. Several very promising men are in that group and we are looking for some good competition.

It was thought unwise to hold a track meet this year on account of the increased interest shown in all other activities with decreased time and interest in track work. So no track meet this year.
The Log Book

The Official Publication of DES MOINES STILL COLLEGE OF OSTEOPATHY

President ............ C. W. Johnson
Faculty Advisor ....... H. V. Halladay

Editor ................. L. J. Grinnell

Osteopathy Without Limitation

Vox Prof

Editor Log Book.

Dear Sir: Noting attached clipping from current Log Book. Why feature medical propaganda?

As diphtheria means fatal elimination, why not Osteopathy?

The field isn't absorbing as much of that biological chaff as former Gas D. O. who tries to sell it will starve to death. Study plancks 3 and 4, Dr. A. T. Still's platform. He is as tired as a dog and sleep for the rest of us.

'These are the most sluggish a muscle or other organ is the longer it can be kept alive after the death of the animal of which it was a part. For it must be remembered that an animal can die as a whole (somatic death) and yet its various functions, by instance, its muscles, can live for longer or shorter periods.

"Thus, whereas the muscle of the human heart is alive two hours after bodily death, the body muscles are alive five to six hours thereafter. And whereas the muscles of a rabbit will live eight to ten hours after death of the animal, those of a sheep will survive for ten and half a day a dog for eleven and three-quarters, of a cat twelve and a half and those of a frog from twenty-four to forty hours."—Med. Insurance.

The following poetical spasm may have been inspired by O. O. McIntyre's description of the typical New York drug store published in The Signal, and relatively applicable to the average American drug store of today:

Our druggist, he sells lemon drops,
An' chewing gum an' lollipops,
An' he sells castor oil—
John Quill
In Ted Robinson's Columan.

Our druggist, he sells pork and beans
And eggs for rats and bugs,
With now and then a pair of jeans,
But very little drugs.

Leedy in Youngstown Telegram.

Our druggist, he sells cakes and pies
And sandwiches and drinks,
And pocket knives and hooks-
Lewis in Houston Post-Dispatch.

Our druggist, he sells pills and quills,
Cufflink, thimbets and ties,
And toilet sets and earrings,
And radio supplies.—Kansas City Post.

Dick (looking up from his newspaper).—I say, Jim, what is the Order of the Bath?
Jim.—Well, as I have experienced it, it's first the water's too hot, and then it's too cold when you're short of a towel; then you step on the soap, and finally the telephone rings.

Statistics of Vitality
Some Statistical Aspects of Livengness is the title of an interesting discussion by President D. Fraser-Harris in the August number of Scientific Monthly, from which we quote the following:

"The most sluggish a muscle or other organ is the longer it can be kept alive after the death of the animal of which it was a part. For it must be remembered that an animal can die as a whole (somatic death) and yet its various functions, for instance, its muscles, can live for longer or shorter periods.

"Thus, whereas the muscle of the human heart is alive two hours after bodily death, the body muscles are alive five to six hours thereafter. And whereas the muscles of a rabbit will live eight to ten hours after death of the animal, those of a sheep will survive for ten and half a day, a dog for eleven and three-quarters, of a cat twelve and a half and those of a frog from twenty-four to forty hours."—Med. Insurance.

An Inquiry Into Osteopathy

In a letter to the London Times, Sir Montague Cotterill, a surgeon, points out that there is a certain number of duly registered physicians in his country who, in addition to their ordinary medical qualifications, have had the opportunity of becoming conversant with the methods and practice of Osteopathy. It is said that these men have thus cured or relieved ailments that had failed to be successfully treated by the ordinary methods in vogue in medical practice.

Before coming to the conclusion that these cures have been really due to some special osteopathic treatment, one must carefully bear in mind that, contrary to the general public opinion, the medical profession is fully aware of and set on bringing to light value on the curative potentialities of what is commonly called "suggestion." It is quite evident that that entails. To what extent, or to a large degree, is that part in the reputed success of Osteopathy in ordinary medical practice? Can any man fortuitously enough (as Lister and others have been) to make a discovery, or become possessed of knowledge, or develop the art which we deem would be of service to the medical world in its various lines of service? If we believe we would consider it not only imperative but also his greatest pleasure and privilege to impart his knowledge immediately, in all its details, to his medical brethren. One would have thought that the osteopathic registered surgeon, points out that there in like manner have taken every opportunity of imparting in the fullest way, and at the earliest moment, the special lines of osteopathic treatment which they claim to be of so much extraordinary value. Is there any other opportunity of imparting this knowledge if no other of this kind has been made.

Sir Montague Cotterill suggests that there be appointed a committee consisting of authorities in anatomy, physiology, pathology, medicine and surgery. After an exhaustive investigation of all the matters concerned (and this could not be done except by a visit, say, over several weeks, to the chief school of Osteopathy in America) these men would give a report, which, once it has been accepted by the profession.—The Osteopath.

An American was prowling around a Scottish churchyard. His eyes caught an epitaph.

"Lord, she was thin.

"What d'ye make of that?" he asked.

"That's a' richt sir; the sculptor thought she might be close to the stone and didna leave room for 'e."—The Churchman (N. Y.)

A Trial Trip With Tracey

The car has arrived! On Sunday, April 16th, a party of the girls, with Tracey at the wheel, went to Greenwood Park for a steak fry.

We drove out in two batches. Leaving the first party under the care of Miss Grinnell, we, with a new and a latecomer, Mr. Robinson, was allowed the front seat so that she might get a few hints on driving her new Pontiac, while we, surrounded by pots and pans that jingled so that it was unnecessary for Lillian to "sound the tooter.

The supper was a sizzling success and there was keen competition here on what could eat the most. Miss Crawford won an easy first over "the meat, Tracey, over the meat, sir!" It would be hard to say whether Mrs. Robinson, Susan or Gladys ate the most onions, though a few were definitely "missed." It was a chance for fun. Perhaps it was owing to this last that we soon had to the cabin to ourselves. Afterwards we made sandwiches around, lit a fire, and (don't tell Dr. Halladay) "chewed the rag.

The greatest fun of all was getting the car started for the return home. We were near the entrance to the cabin, just on the edge of the hill, and the lanterns were failing. First we lurched forward—then suddenly we were bumped backward—then three, four, five—and "lurch"—then a bump, and we were so hysterical with laughter that for a time we made poor Tracey helpless, but she finally made it. We all feel, however, that she is to be congratulated on her splendid and driving after such a short time of probation. We thank her very much, and look forward to some more enjoyable rides.

An Old Prayer Still Good

(Here is an interesting old prayer in verse, which dates from the eighteenth century at least. It is of English origin, but its author is unknown. It is as appropriate today as when written, as a petition for divine help in living a happy, healthy and useful life here on earth.)

Give me a good digestion, Lord, and also something to digest, for otherwise I might get a view hints on to the wheel, while I was surrounded by pots and pans that jingled so that it was unnecessary for Lillian to "sound the tooter.

Give me a healthy mind, good Lord, to keep the good and pure in sight.

Which, seeing sin, is not appalled but finds it a joy to sin.

Give me a right mind that is not bound, that does not whimper, whine or sigh.

Give me a good digestion, Lord, and also something to digest, for otherwise I might get a view hints on to the wheel, while I was surrounded by pots and pans that jingled so that it was unnecessary for Lillian to "sound the tooter.

Give me a sense of humor, Lord; give me the grace to see a joke.

To get some happiness out of life and pass it on to other folk.

—The Churchman (N. Y.)
Osteopathic Diagnosis

By JOHN M. WOODS, D. O.

It is possible for an expert (jugger to balance himself upon a one legged stool with both feet raised from the floor; it is even easier for him to do this because he has no natural or artificial security upon a stool with two supports. When we are "roughing it" we are not too exhausted from pulling in Minnesota pike or weed as yet in some ways this history is.

THE LOG BOOK

A Keg of Wine

There is a story told of a country village. Many years ago the clergyman of the parish decided to provide a certain celebration. In order that good fellowship and good wine might prevail everyone invited individual was requested to bring along a bottle of wine and to empty it in a cask at the door of the church. At the particular time and season wine was rather scarce and consequently very great value. One prosperous individual convinced the idea that he could fill his bottle with water. He passed in, emptied it, and re-filled with the rest of the wine. When the time arrived and all the guests gathered around, the spigot was opened and nothing but water flowed forth. Each one had decided that his contribution would not be missed and the cask was filled with water.

In connection with our Still College Endowment Fund, being underwritten by the Royal Union Life Insurance Company, it is hoped, of course, that each and every practioner osteopathic physician will take an active part in helping us in the progress of the Endowment plan will be more or less like the life insurance.

A more or less routine method of evaluation and summary of the diagnosis and properly treat the patient. Due to the variations in the involuntary nervous system these findings may not be quite as valuable in diagnosis as in directing the treatment. For example while a given condition will usually produce a spinal lesion in a given area or vice versa there are cases where an atypical lesion will produce the same symptoms. The correction of this lesion relieves the symptoms but would not be possible if our examining the patient both as an individual and as a case. Many times we cannot obtain the entire history at one time but the patient will later admit certain facts which at first he did not mention or denied. The expert investigators may attempt to ace as a moral judge by the fact that it can not be easily up set by the next diagnostic passover.

To Be Well Shaken

A prominent city man who is as mean as he is wealthy is the subject of an English paper, is fond of getting advice for nothing. Meeting his doctor one day, he said to his doctor, "My appetite is almost gone, and I feel very very seedy and work out generally. What ought I to do?"

"A taxi," was the curt reply.---Boston Transcript.

Mess of Junk

Dismal Patient: "Yes, doctor, my head is like a lump of lead, my back like a stiff as a drunkard's, my chest like a furnace, and my muscles contract like bands of iron.

Doctor: "I'm not sure you shouldn't have gone to the hardware dealer."—Good Hardware.

If you are only a pebble in her life—try being a little boulder.
Another Round Trip

At the invitation of three groups a trip was arranged for an assistant in the office of the stillonian staff to accompany us and at the after-beings held in the stillonian staff. At random and without a real check of the bunch, we thought of the following: Peters, Weimers, Gebhart, Walker, Graham, Sprague, Scudder, Van Bismarck, Oelze, Osgood, Montgomery, Dietz, Cyphers, Lyle, Heckert, Grossman. We had a luncheon at some cafeteria, the Green Mill. I believe, and Elson carried off the honors as he had to have two of the waiters help him carry his baggage. Baker is regaling us from a slight indisposition and will be out soon. Gus Weimers is sporting a blond hair-tie. We all looked happy. There was a report out that they had slept in the park the night before but both denied the story. Sprague and Scudder took us around to see "Bake" and left us at the Union station trying to board the N. Y. Central. We just had time to catch a taxi and make it to the Broad street station and hop the train. It was not Sprague's fault, I gave him the watch. Van Ees has quit eating gravy. Van looks like he had had enough for a while anyway. Stitching says he hadn't touched food all day and he does not give it up. Greig once played with B. A. Rolfe. We had a good contact and found we were there 85% strong and it was a good meeting from start to finish. Dr. Gilmore, made two excellent talks, Dr. George Lawton was in his usual form. We witnessed an excellent clinic with some of the unusual cases that often puzzle us a good deal. We have not seen it this way before and I believe it will be next year but think from the trend of thought that it will be in the Black Hills. It is the plan that I want to go. Dr. Valler must have been schoolin' in California. He got us on Hill Street and we had to use dynamite to stop him. We are for you. We saw the Black Hills last summer and offered all you say and then some.

We grabbed the I. C. for a run into Chicago and picked the "peney" there for Columbus. The big event on this jump was the meeting with Tom Mix who (Continued on page 9)

“Still” in Ohio

It was good for any kind of eye trouble to glance over the meeting at the Sheraton Hotel in Columbus and see the familiar faces that have passed through the mill at Still. At random and without a real check of the bunch, we thought of the following: Peters, Weimers, Gebhart, Walker, Graham, Sprague, Scudder, Van Bismarck, Oelze, Osgood, Montgomery, Dietz, Cyphers, Lyle, Heckert, Grossman. We had a luncheon at some cafeteria, the Green Mill. I believe, and Elson carried off the honors as he had to have two of the waiters help him carry his baggage. Baker is regaling us from a slight indisposition and will be out soon. Gus Weimers is sporting a blond hair-tie. We all looked happy. There was a report out that they had slept in the park the night before but both denied the story. Sprague and Scudder took us around to see "Bake" and left us at the Union station trying to board the N. Y. Central. We just had time to catch a taxi and make it to the Broad street station and hop the train. It was not Sprague's fault, I gave him the watch. Van Ees has quit eating gravy. Van looks like he had had enough for a while anyway. Stitching says he hadn't touched food all day and he does not give it up. Greig once played with B. A. Rolfe. We had a good contact and found we were there 85% strong and it was a good meeting from start to finish. Dr. Gilmore, made two excellent talks, Dr. George Lawton was in his usual form. We witnessed an excellent clinic with some of the unusual cases that often puzzle us a good deal. We have not seen it this way before and I believe it will be next year but think from the trend of thought that it will be in the Black Hills. It is the plan that I want to go. Dr. Valler must have been schoolin' in California. He got us on Hill Street and we had to use dynamite to stop him. We are for you. We saw the Black Hills last summer and offered all you say and then some.

Osteopathy As a Profession

By DR. S. L. TAYLOR

By a profession, we mean the direction of our forces on certain lines. There are two elements involved in the word profession. First the mental, second the physical. In a profession the mental predominates over the physical. In a trade the physical is the more active and predominates. The primary question which every man ought to put to himself is which element of his nature does he wish to cultivate to ascendancy. Nature has already solved this problem for many young men by overbalancing them in its direction of the physical. Their physical element is often superb, but their mental element is deficient. In many cases ordinarily it is evident, even to the in- (Continued on page 4)
THE LOG BOOK

FRATERNITY NOTES

PHI SIGMA GAMMA

The old time game of "Hide and Seek" was renewed by Cuffer at our house dance last Saturday night.

Rudy seems to have developed enuresis lately and the boys are wondering if he is going back to his second childhood.

Brother Clark left Friday morning for the north again. The "call of the wild" must be getting pretty strong at this time. He is rumored to be looking around for an apartment for this summer.

Soccer turned out to be quite a high kicker the night of the stag banquet.

For the latest in spring styles see Strettmaster and Madison. Also, everyone has seen Dusty's new sunglasses.

Hubbard ought to be red hot these days driving around in that new Red Bird Cherokeee.

Those who desire lessons in home cooking should see Smith, Jennings and Long. Those boys are really on the level now.

It is sure queer how the boys find all the girls with these big cars. Walt, Holton and Seall are the latest on the list.

Doe Groff has become a mechanical Dr. lately and has his Chevy completely dismembered.

We think Shaffer is a little late in his track training. Probably due to the fact that his Essex is too fast for him. We hear that he is in a race in the near future.

Those who see Strettmaster and Madison should be stationed in seat three sides and only straight ahead. It would be frowned upon if they were to catch slightest murmors, noise, etc., to prevent any possible reflection on the house. Students should be treated with a special mind-ray machine to remove all possible thoughts of cheating. Students should be taken into a room, singly or in groups, and be armed with tear gas, riot guns, etc., to prevent any possible rebellion.

Only one student should sit on a seat, with obstructions on three sides and only straight ahead of questions on board. Sensitive detectors should be stationed at various points in room to catch slightest murmors, and two teachers, one on each side, should be stationed in seat with obstructions. A machine to remove all possible traces of dishonesty must be used. Students should be hustled home in closed cars to prevent any possible spreading of the nature of the exam taken.--Lo-Life.

We must mention the fact that Cowboy Faus had to walk home. Due to the fact that Dr. Paul Parks was lost, stray, and stolen, the baseball game was delayed.

Nevertheless the winners retained their characteristic disposition.

Brother "Blink" Morgan has taken two mysterious trips to Iowa City on successive Saturdays. Why?

Brothers Smith and Du Bois have returned from a long week spent in St. Louis.

Brother Gill took advantage of Brother Du Bois' absence to do a promotion stunt. We ask you Nick, was that nice?

Brother Cook has returned from the Des Moines General where he has been confined by serious illness. Mighty glad to have you home again, Howard.

Brother Rohde has taken to showers from now on. He who is sleepy and rude awakens--too bad.

Brother Richardson has decided to try an entirely new and original experiment with his air plane. Good luck, "Ritchie."

We expect that a goodly number of the brothers will attend the final social function held in College. Will meet you at the Hoyt Sherman on Friday the 18th.

How to Prevent Students from Cheating on Exams

Each student should be thoroughly examined at entrance of examination room by detectives. All notes books, writing on hands and cuffs should be removed.

Students should be treated with a special mind-ray machine to remove all possible thoughts of cheating. Students should be taken into a room, singly or in groups, and be armed with tear gas, riot guns, etc., to prevent any possible rebellion.

Only one student should sit on a seat, with obstructions on three sides and only straight ahead of questions on board. Sensitive detectors should be stationed at various points in room to catch slightest murmors, and two teachers, one on each side, should be stationed in seat with obstructions. A machine to remove all possible traces of dishonesty must be used. Students should be hustled home in closed cars to prevent any possible spreading of the nature of the exam taken.--Lo-Life.

Etiquette is a form of conduct which, if carefully learned, will enable one to conceal the presence of natural good manners.

NOW SHE KNOWS

Foolish Lady--And now, officer tell me what that strap under your chin is for.

Officer--Lady, that's to rest your poor jaw when it gets tired, answering silly questions.

"Would you marry that girl for her money?"

"Not if I could get it any other way."--M. I. T. Voo Doo.

"Do you think your mother would object if I kissed you?"

"Oh, Bobbie. I'm sure she shouldn't hear of it!"--Tit-Bits.

Seeing is not always believing--I've seen a lot of people I wouldn't believe.

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A. O. A. CONVENTION

KIRKSVILLE - 1928

* DES MOINES - 1929

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KIRKSVILLE - 1928

* DES MOINES - 1929
Unexplainable Fatigue
May Have Many Causes

BY EDNA KENT FORBES

Fatigue which you can't explain which comes on during the day, you are not specially busy, which persists though you may be living比较简单.

Diet and tonics and medicines are good for the first of these ailments, and a spade to the osteopathic cure cases of prolapse without surgery, and osteopathic can do wonders for you, too, if you have inexcusable aches and pains. And nowadays the prejudice against this form of surgery is, I think, vanishing.

The nerves center in the spine. Should a horse be slightly loaded, the horse becomes unsteady, and the horse is inclined to run away. There are many doctors who have taken up osteopathy for their horses and say that it is a marvelous cure and that surgery which either can't help, or makes the curing too expensive or too long. Many osteopaths are also graduate doctors and all know a lot about medicine. Once they have mastered osteopathy even a little thing, but I think many now send patients to medical doctors to advise what illness which the osteopath can do.

I bow before their quiet dignity. I should like to probe their depths for the mystery of their power. Their power is incredible, and I knew not whether to be ashamed of it or to be ashamed of the vastness of their power.

I think a good osteopath can do a thousand miracles. I think that he has the power to make a crooked spinal column straight, to manipulate the muscles and tendons around the spinal column, and to centre it just where it is supposed to be. He can do it because it had to be thrust well into the body. Osteopathy is the old art of administering the antirachitic vitamin D that has, no doubt, been in practice for centuries. (Science.)

THE SURGEON'S HANDS

The following composition was written by a Bombay high school student and appears in Sherwood Anderson's book, "India Awakening":

"The horse is a very noble quadruped, but when he is angry he will not do so. He is ridden on the spinal cord by the bridle, and sadly the driver places his foot on the stirrups and divides his lower limbs across the saddle, and drives his animal to the point of exhaustion. He has head, he has four legs; two are in the front side and two after. These are the weapons on which he runs and defenses himself by extending those in the rear in a parallel direction toward his foe. But this he does only when in a vexatious mood. His food is generally grasses and grains. He has power to run as fast as he can. Also there are horses of short sizes. They do the same as the cows and other such like animals."—Lutherian Young Folks.

A Noble Quadruped

The radio operator: "I'll tell you why a murderer is afraid of being fingerprinted. The murderer: "I'll be hanged." The judge: "Fine." The flapper: "No one has anything on me." The telephone girl: "I got your number." The sausage maker: "Dog gone." The fisherman: "I'll drop a line." The author: "All write." The seamstress: "Yours truly." The hydro electric engineers: "Dam it."—Clipped.

Do not try to make a virtue of a small vice—consult your conscience.

Unairable Fatigue

Feathers may be still another source of the much-discussed vitamin D. Some domestic birds and owls raised by Dr. William Rowan, of the University of Alberta, Canada, in captivity and fed on "livestock and lights" from the butcher shop developed rickets and in many cases died before reaching maturity. Experimental results are reported in Nature.

Two young owls, however, that were fed mice and sparrows almost exclusively, were not affected. This suggested the addition of chicken heads with feathers and an occasional small dose to the menu of the rest of the survivors. Thereafter rickets ceased to give trouble.

The green hand of the domestic fowl, Dr. Rowan points out, is known to be a rich source of the one of the parent substances of vitamin D, a condition that may apply to feather oil. As further evidence for his theory he cited the case of a German under observation several years ago that fed her off-spring only with the meat and bones before they were brought to the table. Only occasionally did she bring home a victim with the feathers still on, from which she fed the young birds mouthfuls of feathers only. Her offspring appeared to be affected by the "dozeout because it had to be thrust well down their throats before it would go down."

Again, said Dr. Rowan, "it is true that there is nothing new under the sun, and we may meet with a crude method of administering the antirachitic vitamin D that has, no debut, been in practice for countless centuries." (Science.)

Favérite Sayings

The Ohio meeting was well attended and from the talk, was a success. The main issue was whether to end the war or not. It seemed to short what would have been a long drawn out discussion took the easy route and passed the buck to the trustees. The Ohio situation will have to be watched. A resolution may do us a great harm or a great good. We will have more to say about our next issue. It was gratifying to see so many of the old gang and to note that regardless of the restrictions placed upon the country, the state, they seem to be getting along well.

From Columbus we jumped to Flint, Mich. The local group led by Jeff Still bocked us for a meeting in Dr. Tracy's office in the p.m. and held a big get-together banquet in the evening. We have never had a more attentive audience than the one that evening and those of us who do a little talking now and then, which is some of our former students are taking the lead in things that are for the good of the profession in this state. Sorry that we had to hurry away but we had to run along and after a brief stop in Chicago, at which time we got a more detailed idea of the famous Bremen flyers we finally landed right side up at home. This close of an extremely week of convention works well but one that was very gratifying from every standpoint.

Our hearts are filled with pride when we see what some are doing in the field. We have little to be ashamed of.

—H. V. Halladay.

Adkins, Inventor

Dr. Adkins gives an interesting example of the properties of carbon tetrachloride. By pouring this volatile oil into a gopher burrow and, after the heavy poisonous fumes had flowed in through the burrow's opening, he ignited the liquid and vapor at the entrance producing an explosion which carried heat twenty feet under the ground. This terrific explosion drove the poisonous vapors throughout the region, killing worlds of gophers. The Pyrope Co. is suing Dr. Adkins for libel.

BY I. M. Incredulous,

Chief of Fire Dept.

A Noble Quadruped

Adkins, Inventor.
Osteopathy As a Profession

(Continued from page 1)

individual concerned, that his forces should be... to disease.

I. Young men and young ladies so you can do no better than choose osteopathy as a profession.

How essential it is, therefore, delightfully pleasing moment choosing a profession. It is that the verities of life are confronted with a choice may weather the first few years of their lives.

All the influences on the natural powers thus abbreviated and weakened by the dissipating tendencies unavoidable in human relations, tend during every moment of delay to the energies for application or the energies for the future, which is so essential to the acquirement of adequate knowledge and skill.

All the influences on the natural powers thus abbreviated and weakened by the dissipating tendencies unavoidable in human relations, tend during every moment of delay to the energies for application or the energies for the future, which is so essential to the acquirement of adequate knowledge and skill.

The question once having been decided for all time, the professional life shall be chosen, it now remains to be decided what that shall be. This question every man has to settle for himself, and this problem is too important to be settled for once in a lifetime.

It is true, "Fortune brings in some boats unmoored," but the man of vision cannot do until it.

It is taken for granted that the man this article will reach will have already decided to be a physician. The only question still undetermined in his mind is whether or not it shall be medicine or osteopathy.

This question would be easy of solution, could it be at once appreciated that osteopathy incorporates all that is good of the old system of medicine and rejects all that is bad, and that the result is a system which is wholly incompatible with the tissues of the body and is always administered when a man is sick; that surgeons, when embattled, are engaged in a death struggle with disease and lose not one of their own battles, but medicine is also worthless with the exception of the few antiphlogistics, anaesthetics, a few home remedies and four or five specific. This is a severe, yet true, arraignment of the whole system of practice known to man.

The world has been friendly to medicine. It has shown some and believed in it and donated money to a thousand sorts of institutions to perpetuate it. Even today, almost the entire world is being taxed to build hospitals and schools in which drug therapy can be practiced without raising the question of its practice would, therefore, be unfair to say that the increasing unbelief of the public in, and the diminution in its practice is in any sense due to wild and unfounded propaganda against it. It may be said that people have just begun to arouse themselves from the long spell of slumber by which some of them were hoodwinked and soul for the many centuries.

What is that which can be said of osteopathy? It has been practiced for many years. Its inception, its development, its existence has met with the most hostile opposition. Many attempts have been made to outlaw it and in some states the opposition has been rewarded by a temporary success. In every instance, however, the battle has grown warmer and fiercer and osteopathy has emerged triumphant.

Compared with medicine, osteopathy is a youth and it has the vigor of youth. It is militating and impelling the man who devoted to its cause and its devotees to the most unshaken loyalty. Its more than hundred years of existence has met with the most hostile opposition. Many attempts have been made to outlaw it and in some states the opposition has been rewarded by a temporary success. In every instance, however, the battle has grown warmer and fiercer and osteopathy has emerged triumphant.

The last that can be said is that the increasing unbelief and almost every community affords some examples of old system of medicine.

In the conclusion, certain trades by reason of modern developments and inventions, no longer exist. The profession which has been done by men and women, many of whom were not well grounded by thorough educations and experience at the beginning of their professional life.

Every community affords other examples of men of ability having gone up in the particularly lines to the top, but when they reached the peak of busines the real, virile and significant whether they have neither fortune nor further opportunity for development. The inevitable result of this is that the system of medicine is at best an artificial system of practice which is wholly incompatible with the tissues of the body and is always administered when a man is sick; that surgeons, when embattled, are engaged in a death struggle with disease and lose not one of their own battles, but medicine is also worthless with the exception of the few antiphlogistics, anaesthetics, a few home remedies and four or five specific. This is a severe, yet true, arraignment of the whole system of practice known to man.

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**Graduation**

The class of May, 1928, brought their course to the study of Osteopathy to a close on the evening of May 24th, when the degree, "Doctor of Osteopathy," was conferred upon them by Dr. C. W. Johnson, the president of Des Moines Still College of Osteopathy.

Twenty-seven members of the Senior class of Des Moines Still College marched to the platform at the Hoyt Sherman Place as Leonard Kirkwood played the processional march. The hall was well filled with parents and friends, was very quiet until that moment when all were assembled and Dr. C. W. Johnson turned to the assembly and this was followed by the reading of the "last will and testament," by G. O. Smith of the class of May, '28. It was filled with many amusing incidents and the assembly was a roar of laughter most of the time.

This part of the program was cut short by the arrival of the Stilloonians for everyone was anxious to secure their copy and so the rest of the day was turned over to be celebrated as Stillonian Day. The staff had during a very clever day giving out the cards in the assembly room and then the books were signed by the Log Book room on the third floor and so all confusion was avoided.

The baseball game was called off account of the impossibility of playing on a wet field. School was adjourned for the rest of the day.

**Senior Banquet**

The annual Faculty-Senior banquet was held at the Young's Tea Room Thursday, May 17th at 6:30 p. m. A most delightful dinner was provided and a most charming appearance of the table proved that none of the faculty were of Scotch ancestry.

The table was very cleverly decorated in the class colors.

Dr. Robert Buchan was the toastmaster and told of the ability of the various members of the faculty and especially of Dr. J. P. Schwartz, who as a very fine surgeon even removed the appendix from his Anatomy book.

Dr. Virge Halliday gave a brief summary of the various Osteopathic schools as he found them during his travels eastward. He later demonstrated his second spine.

Edward Hubbell gave the class history and as the other speakers had forgotten to say anything about Dr. Buchan he told a very interesting story of his career while in school.

It was with rare regret that the party was brought to a close for this occasion will always be a fond memory to the Seniors.

*(Continued on page 3)*

**Corporate Board Meeting**

The meeting of the Corporate Board of Des Moines Still College of Osteopathy was held May 23rd, 1928. In the course of the business transacted the following were elected as officers for the coming year: Dr. C. W. Johnson, president. Mrs. K. M. Robinson, secretary. Dr. R. B. Buchan, treasurer. The following trustees were elected:

- Dr. Bertha R. Crum, Ames, Ia.
- Dr. J. H. Vose—Eatherlyville, Ia.
- Dr. Mildred Trumble—Grinnell, Ia.
- Dr. and Mrs. G. C. Trumble—Montezuma, Ia.

**New Clock**

On the wall of the sitting room of the college is a clock which bears the inscription, "Presented by the class of May, 1928," It came as a delightful surprise to the entire student body and the graduating class is certainly to be commended for their untiring efforts made possible the publication of this annual.

The book gives a complete report of the meeting.

*(Continued on page 4)*
Hearst At The House—Nick Gill left the box containing his many fraternity pins. What—no campaigning this summer, Nick? "Rusty" Rule has a reception coming his way when he leaves Warren. See Richardson or Huggins for details.

The chemical compound R. K. R. and L. S. H. were successfully produced thoroughly quizzed and somehow found profound. Notice fruits this was an oral and plenty longhly.

Blink Morgan is spending his days at Iowa City if past records are indicative.

The brothers that have not departed are anxious to do so and will work without their friends at their various homes.

It is undoubtedly the last message of the year. In closing may the writer express the hope that next year may be a busy one for all. They enjoy you to believe that the bell rings next fall be there and ready to do your stuff. For Still, for Osteopathy, and for Iota Tau Sigma.

PH SIGMA GAMMA

Another school year has closed and the house has begun to assume a more quiet and sedate atmosphere.

Graduation took five of the brothers and though we hate to see them leave our fold, we wish them all possible success and hope too that they will not forget us in their crowded practices. The doctors leaving are: Oscar DuBois, Walter B. Cuff, George Lawyer, John P. Jones and Dale M. Weldon.

Graduating in the above honored prediciency, the undergrads were the first ones to leave the realm of knowledge. Some of them are; Madison and Seanderstvedt who will graduate next fall. No doubt from the letters they were writing they were lucky to keep them here that long.

Pledge Purdie is back in Boone along with the big busy, Andrew Ripley.

Reaves hated to leave his work for others to take up, but he was called so he's in Muscatine.

Leighton Long is back in Pennsylvania for a big bit of dancing—Stillon dane etc. At the banquet Brother Howard H. Cook was presented with the "all fresman" emblem of the best all round freshman in the house. Everyone was well pleased at the choice. Brother Cook is deserving of the honor.

Graduation exercises were held at the Hoyt Sherman Auditorium on May 24th. The brothers so honored are John Clark, Richard W. Ross, William E. Russell, Earl L. Shaw and George Orlando Smith. Dr. Smith was awarded the Sigma Club Medal for service. We are justly proud of Brother Smith and are pleased that his many efforts have been appreciated.

Minnesota to save postage to the girl.

Some of the boys are remaining in town for dissertation and summer work. Jimmy Stauffer and his big black Ford are busy with "birthday parties"—not much time for anything else.

Westy Gauger is seen round then school and the house.

The Rev. Dorwart, his new Chrysler and Peg—see one and you can’t miss the other two.

Clark made a weekend end trip to the home town. He was there for the local for school work and general activities.

The weekly meeting of Valley house is house physician for the summer.

Jennings, our new OB man, besides assisting the Savory garage and Yonkers, is selling cars. He also is driving a Cherry of his own now—says he gets it into high. "Feels to me like he removed something from me," said Madson.

The nose, a physician says, is a feature which never changes. Unless, of course, it's poked once or twice by other people's elbows into life.

A woman is one who gets up the program of alternations for a self-made man.
Sigma Sigma Phi Honor Medals

Iota Tau Sigma Holds Open House

Sigma Sigma Phi held its semi-annual banquet for the graduating students of the fraternity at Young’s Tea Room, Tuesday, May 15th. The honored were by name: George O. Smith, J. Clark Hovis, Weldon Leorke, Dale Weldon, Harry MacNaughton, Edgar Hubbell, John B. Clifford, Del Long, Roy Trimble and Gerald Lauck.

Each graduating senior gave his farewell speech, following an excellent dinner. Ample entertainment, being furnished by Harry (‘present’) MacNaughton. Dr. H. V. Halladay gave us an interesting talk regarding the clinics of the other colleges which he visited during his recent trip east. The evening was brought to a close by some timely suggestions by Dr. Paul Parks.

Change of Address

If for some reason you are not receiving your Log Book, maybe it is because we do not have your correct address. Perhaps you have moved and we do not know your new address. If there has been any change or if you have not received this publication and do so we would appreciate your writing to us so we can correct or add your name to our directory. We are always glad to send it to prospective students and those who are interested in Osteopathy as a profession.

Golf Tournament

The Golf Tournament started soon after the Tennis Tournament with more than twenty entrants. It was played on the Wood course and proved to be many exciting plays. One by one the men were eliminated and the final four consisted with Hydenman and Rose who had previously defeated Slausand and DuBois. Hydenman through the finals like a true warrior and for the second year won the Halladay Golf Trophy.

I. T. S. Win Championship

The Atlas Club prided the lid off the interfraternity baseball league with the Phi Sigma Gammas to the tune of 12 to 5. Dornbush and Ward comprised the Atlas battery while Weldon tailed for the Phi Sigma Gammas, with F. Shafer on the receiving end. Dornbush also proved to be the hitting star of the game by holding out a home run on his first trip to the bases and finally lining singles on his next two attempts. Weldon and Dornbush both pitched to good effect, allowing nine hits and the latter only four, however Weldon’s support was rather erratic, and was guilty of six errors. Taylor proved to be the fielding star of the game.

The second game proved to be a close and exciting game between the Non-Frats and the Iota Tau Signus and was played under very unfavorable weather conditions. The game ended in a deadlock of three all after six innings. The Non-Frats played well, although Long was guilty of six errors. The game was brought to a close by some time out for the Iota Tau Signus while Baldy worked the ball around. The Iota Tau Signus got to Weldon in the next game for fourteen hits and thirteen runs to defeat the Phi Sigma Gammas.

Sigma Sigma Phi Honor Medals

Sigma Sigma Phi honor medals were awarded to the members of Iota Tau Sigma. The medals were presented by Mr. Weldon to the members of the fraternity. The medals were presented to the members of the fraternity. The medals were presented to the members of the fraternity.

Graduation

The graduation of the seniors brings us face to face with the realization that there must be considerable effort to take their places. The field is vast and the men and women that would make good Osteopaths are without number. You field men are the ones who come in contact with the young life of our community and you are in a position to talk to many, so with your help, your loyalty to Des Moines Still College we can grow even beyond our hopes. Our new building located in the heart of the city gives exceptional advantages to those who find it necessary to work. An unsurpassable clinic and a faculty which everyone in a specialist in their subject assures us that Osteopathy is taught in its finest sense.
THE LOG BOOK

Hospital for Niles, O., Assured

Through the efforts of the Board of Trade of Niles and Dr. H. E. Elston, who is a member of the board, played an important part in having its long desired hospital. It will be under the management of Miss Caroline McGee, a graduate nurse who received her training at the Allegheny General hospital. Its location will be one of the largest private homes in Niles, the E. A. Gilbert home at 611 North Main Street, which will be remodeled and ready for occupancy in six or eight weeks.

The building will have 15 private rooms for patients and one ward which will have six beds. It will be equipped for emergency cases, maternity cases, and general cases. Local medical and osteopathic physicians have expressed their enthusiasm and agreement to co-operate and it is hoped to make the Niles hospital one of the most efficient of its size in the state.

This accomplishment is not somebody’s snap judgment, but the result of months of effort in which many details had to be ironed out. During the many years during which a hospital has been wanted in Niles the community unhesitatingly will greet the achievement with enthusiasm and give it a hearty support.

I. T. S. Win Championship

(Continued from page 8)

Drake Girls Glee Club

A review of the assemblies of the last semester would be interesting without a doubt, and to select the best would be very difficult, for every assembly has its own special value as well as entertainment.

The Drake Girls Glee Club was one of the outstanding programs this year.

Friday morning, May 11th, students gathered in the assembly room until it was packed to capacity finding it necessary to stand.

The program opened with the Glee Club singing several numbers that won the student body at once. Miss Dorothy Dinsmore then played several violin solos and her interpretations were very beautiful.

The second part of the Glee Club program was followed by Miss Francis Cox, who sang several solos in a most pleasing and charming manner.

The Drake Girls Glee Club program was most delightful throughout.

The enthusiasm of a packed audience and the applause showed that their program was appreciated.

Program

Rose of My Heart
Four Leaf Clover
Forget Me Not
The Lullaby Hour
Will of the Wisp
By the Waters of Minnetonka
Caprice No. 3
The Bells of St. Mary's
Drake Girls Glee Club
Violin Solos

Miss Dorothy Dinsmore
Miss Francis Cox

Vocal Solos

Mrs. Lillian Sandboom Wright

Tennis Tournament

The Still College Tennis Tournament was announced for the first time during April, and it was only a short time until there were twenty-eight contestants for the tennis championship.

Due to adverse climatic conditions the games were necessarily delayed but they were run off rapidly once the weather was good enough to put the courts in shape. Harvey, St. Amant, Shaw and Ward were the only ones left in the semi-finals after some close and hard fought games. Harvey and Shaw won the right to play in the finals by defeating Ward and St. Amant.

The final results in a victory for J. D. Harvey, when he won 6-0, 3-6, 6-1 over N. Shaw for the Schwartz Tennis Medal.

Chicago White Sox Visit Still

Bud Clancy, first baseman, and Crews, catcher for the Chicago White Sox visited the college the morning of June 1st. Dr. Halladay, Lee Lindbloom and Carlile, members of the board of trustees, welcomed the baseball team and expressed their feelings of admiration and respect for Osteopathy and the White Sox, and the meeting was cordial and friendly. The Chicago White Sox are the most beloved members of the Alpha Tau Sigma fraternity.

They were given a large and successful send-off, and the players were so impressed with the completeness of the Osteopathic care of the players that they voted very highly of it.

Russell Wright later gave these men an Osteopathic treatment. Their compliments on the thoroughness of the training that the Doctor receives at Des Moines Still College was enthusiastic for them that the doctors were not new to the White Sox. Dr. Davidson of Chicago takes care of the team and all their home games. The men were very favorably impressed with the completeness of the Osteopathic treatment and spoke very highly of it.

Deceased

The Osteopathic profession in Ontario has suffered a severe loss in the passing of one of its most beloved members, Dr. Robert Newton Pincock of St. Catharines, Ont., who died on Friday, May 11th, of nephritis.

Dr. Pincock was born in 1882, and prior to studying Osteopathy was a civil engineer. He graduated in 1917 from the Des Moines Still College of Osteopathy, and established himself in practice in St. Catharines. He was a member of the Iota Tau Sigma fraternity.

His genial disposition and lovable nature won for him a host of friends, and his conscientious and painstaking work built up for him a large and successful practice.

Unfortunately he was not robust, and during the last few years, as his practice increased, his health decreased. His patients still hold him in the highest regard, as did his fellow practitioners, by whom he was greatly respected.

His passing is a severe blow to Osteopathy in Ontario.
Volume 5 June 15, 1928 Number 23

Iowa Convention

The 39th annual convention of the Iowa Society of Osteopathic Physicians and Surgeons met at the Hotel Fort Des Moines, Des Moines, Iowa, May 24-25, 1928.

The program chairman, Dr. Rolla Hook, did himself proud for there never was a bigger and better program presented to a state convention. The convention was called to order Thursday morning at 9:30 and the invocation given by Dr. M. E. Buchmann. President of the Chamber of Commerce gave the address of welcome for the city of Des Moines and H. J. Marshall for the profession of the city. These were responded to by Dr. Rolla Hook.

The president, Dr. C. N. Stryker then gave his address and if the profession of Iowa will follow his suggestions for the future, Osteopathy in this state will advance many times. As president for two years, Dr. Stryker has done much when one considers the difficult times through which he seized.

Dr. J. P. Schwartz, Surgeon-in-Chief of the Des Moines General Hospital then gave a splendid talk on "Pepite Ulcer." So good was Dr. Schwartz's talk that when it announced Dr. George Laughlin could not be on the program that morning, Dr. Schwartz was asked to continue his talk on "Pepite Ulcer" for another hour and it was an hour well spent.

Well worth the adjourned for lunch to meet again at 1:15. For the preliminary business session at 1:45 the Hon. H. J. Sampson, General Counsel for the Professional Insurance Corporation gave us a most instructive talk on "Legal Hazards in Practice."

Dr. Della B. Caldwell then enlightened us on the Opportunity of the O. W. N. A. and I think most of us men little realized what the income and opportunity for doing Osteopathy. Dr. J. L. Schwartz then gave us a splendid paper on "Osteopathic Method of Practice." This is a work we should pay more attention to.

In the evening all the physicians attending the convention were invited to attend the graduation exercises of the 1928 class of the Des Moines Still College at Hoyt Sherman Place.

Friday morning there was a business session at which time Dr. R. B. Gilmour was elected president for the coming year.

Registration

The Freshman class of the coming school year looks as if it will be a record breaker as far as we can judge of those who are sending in their names and others who are making inquiries as to when the school year opens. The office is well pleased and are working fast to care for all the data in the information that is necessary. Those desiring any information in this regard will be taken care of as quickly as possible and should address all their mail to the secretary of Des Moines Still College, 125 6th Ave., Des Moines, Iowa.

New Catalog

The Catalog of Des Moines Still College of Osteopathy is now available to all that are interested in the school either as a prospective student or as a field member who desires to secure some information about new students in the college. The book is most complete in every way, containing a full picture of the new building, pictures of every department of the school and a diagram of the interior of the building. It also contains pictures of the various fraternity houses of the institution.

A short write-up on the history of the college is given and this furnishes interesting data concerning the school. A list of the entrance and graduation requirements are listed followed by the rules and regulations of the school. A schedule of the classes with a most complete description of each department, what is taught in each department and a description of the Des Moines General Hospital complete the book.

It is without a doubt a valuable book to the field doctor in securing new students and to the new students too that they may gain a knowledge of the school that takes its rightful place as leader in the teaching of Osteopathy in this state and those that saw the picture were more than pleased with the manner in which the picture was taken.

Dissection

A few days after the doors closed on another school year a notice appeared on the board to the effect that the summer class in dissection would start on Friday. Previous to this announce ment there had been a call made in assembly and later a sheet was posted for those who desired to take the summer course in dissection to register. The most surprising thing was the number that signed as it was above expectations. There were close to seventy-five that signed but when roll was called in the dissection room it was found that many could not resist the call of home and those in various ports.

Dr. H. V. Halladay, head of the anatomy department, has charge of dissection. Work was started at once and all assignments were made so that those who stayed knew that they were there for business. There are over fifty taking the summer course and with Dr. Halladay in charge we are assured of a most thorough and complete course.

The class proves to be a regular dissection gang and daily the passers-by can hear the chant of melodious melodies (?) They are getting in good practice for the Fourth of July for Dr. Halladay promises them all that they will be able to go home and celebrate the Fourth.

Summer Clinic

The clinic for the year 1928 opened May 28 with an enrollment of thirty-two students who remained in the clinic the entire summer. There is a great variety of cases on each clinic day including both acute and chronic types. Many exceptionally rare cases have come before the group to be examined. There has been a great demand for the services of the clinic and its advantages in the different cases that have come before the group to be examined. The methods that have been developed and illustrated in the clinic have been as valuable as aids in diagnosis that the patient would not be able to go home and celebrate the Fourth.

New clinic sheets that are more complete in every important detail are being planned and will be ready for the summer clinic. These will show all physical and structural changes, complete findings of analysis, all heart conditions, reflexes, etc., making a most complete and thorough examination in every way. A record of the progress of the case will be kept by the student and will add greatly to his knowledge.

This promises to be one of the largest in the number of cases, variety and treatments given of any summer clinic in the history of Des Moines Still College.

Assistant Clinician, R. A. Lyppa.

Senior Class Picture

A recent issue of the Des Moines Register and Tribune had a picture of the graduating class of Des Moines Still College. It was a very fine likeness of the class and those that saw the picture were more than pleased in every way.

 Married

The marriage of Dr. W. E. Russell, of the Class of May and Miss Helen Cissna took place at the home of the bride Saturday, June 2. To them we extend our best wishes and congratulations.

Dr. Mabel F. Martin of the class of 1923 and Mr. T. A. Gwillim were united in marriage on January 22, 1928 at their home in Weslaco, Texas. We send our congratulations and wishes for happiness.

Summer Clinic

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The last week has been an uneventful one at the house. Dave McKeon, however, has discovered McKeon, however, has discovered that he is not going to be able to accomplish what he had planned on doing.

We are very glad to announce the marriage of Miss Helen Clark to Dr. W. E. Russell. The ceremony took place at her home on Ingersoll Ave. June 2. After the ceremony, the newly married couple sped away in their “two cylinder” car for a brief honeymoon through southern Iowa. They are now located at Leon, Iowa. We wish you well.

What the boys are doing—hard to tell.

Bro. H. C. DeLong—(Casey) Jones has left for “Paradise on the Hill” as a “3rd Class” pilot. Got all the digits, Casey?

Bro. Richenbacher, our efficient mechanic, decided to see how the other fellows do it—how they are “spending” the last of the month insofar as being in many different places at the same time.

Last Sunday they attended a service in the church, packed and left for the east. We feel sure that the east will hear all about the “Tall Cowboy Faux.”

Bro. John George Harvey has convincing proof of his identity. Just ask John who he is. He is a student at the University. He was almost caught in an identity crime by Uncle Sam.

Bro. John George Harvey has convincing proof of his identity. Just ask John who he is. He is a student at the University. He was almost caught in an identity crime by Uncle Sam.

Bro. Harold Charles Herbert—Bro. Harold Charles Herbert is seeking work. He must be cracking some stone. Let us know “Blinkly.”

Bro. Hewlett, well we know he is out of mischief as long as he is in Swaledale. They keep a pretty good check on him there. He has plenty to do, moving freight.

Bro. Norlin runs a ferry boat across one of these Illinois rivers when he is not taking his dip. Now that the water is up, he spends most of his time tuning up his Franklin car so he can drive back this fall. How fast will she go now, Harry?

Bro. Morrow and Cook must be taking life easy, we haven’t heard from them. Bros. McFarland and Wright have their business to attend to and have not been able to get around to the house for a short visit. Business is business.

State Boards

The most recent reports from the various states of those that graduated in the May Class of 1928 show that all are engaged in the State Board examinations. The reports are most favorable in all cases where the men have at least taken the Osteopathic part. The results speak well for Des Moines Still College. Several of the students have taken the first part of the examination and many are taking another in another state. The following doctors are taking the various state examinations:

Michigan
- J. Clark Hovis
- H. A. MacNaughton
- F. E. Schaeffer
- Dale Weldon
- Clarence Leibum
- Irvin Klevit
- Paul Marquand
- Dean Elsea

Missouri
- J. R. Busek
- C. D. Dorner
- W. B. Cuff

Ohio
- Stanley Evans
- J. D. Flasso
- C. F. Zahnner
- C. E. Jones
- G. H. Lauck
- Frank Wilson

Illinois
- R. W. Ross
- R. J. Busek

Iowa
- Roy Trumble
- W. E. Russell
- C. C. DeLong
- G. F. Dubois
- F. W. McIntosh
- R. W. Ross

Texas
- J. P. Jones
- Geo. Lawyer
- C. C. Carter
- G. O. Shubert

Nebraska
- E. M. Hubbell
- W. R. Luck

Minnesota
- E. L. Shaw
- Kansas
- C. E. Reed
- G. G. Smith

We’re in the Movies Now

A recent advertising contract with the local newspaper gave us 100 feet of film and under the direction of Dr. Halladay this has rounded out into a film story of the college. Together with tars this film will run about ten minutes and will be available for use in any auditorium and at any time where a visual realization of Osteopathic college activities is sought. The scenes in their order are as follows:

(1) Fresher—Demonstration of work in Chemical laboratory.
(2) Sophomores—Studying Pathology.
(3) The bell rings. (Students leaving the building at the noon hour).
(4) Juniors—Physical Diagnostic Clinic.
(5) Demonstration of Spinal Movement with subject and specimen.
(6) Seniors—Meeting a patient.
(7) The finished product.

Dr. Johnson, president of Still College.

Watch for this film at the A. O. A. meeting in Kirkville.
Ultra violet Ray Enemy of Germs

That the rays of the sun have a definite therapeutic value is common knowledge. That this is due to the presence of ultraviolet rays, and that these rays have a value only as a great curative agent and a decidedly serious menace is not quite so well known.

Practically all of the dangerous common germs may be killed by high ultra-violet exposure to ultra rays. The Infantile disease, rickets, practically is unknown in the tropics where the sun’s rays are sufficient to provide a protection against ultra-violet: that the disease is common in northern areas where protective action is not sufficient to provide for ultra-violet. He continues: “In our large cities sufficient tuberculosis glands, on tuberculosis, through only during the hours from twelve to two, and then only during the summer months. The ultra-violet rays do not pass through window glass unless it is very thin or specially prepared. Therefore spectra of glass have been provided which will permit passage of the ultra-violet rays. But if too thick, enough rays to get any effects why provide the glass? Perhaps even the little that does get through may not be worth while. Then too, there are advantages in the heat rays and in the light, things come through any type of glass.

“The effects of ultra-violet rays on the general health have already been mentioned. They seem to have certain well-established powers in relation to nervous tissue and to nervous symptoms. They are known to accomplish definite effects on the superficial portions of the body generally. Indeed, experiments made upon rats indicate that regular exposure to ultra-violet rays may materially increase their resistance against infections of the skin or other parts of the body. It has been found that this portion of the sun’s rays is very beneficial in the treatment of mycosis, dermatitis, syphilis, and various other skin diseases. It is very thin or specially prepared. Therefore, spectra of glass have been provided which will permit passage of the ultra-violet rays. But if too thick, enough rays to get any effects why provide the glass? Perhaps even the little that does get through may not be worth while. Then too, there are advantages in the heat rays and in the light, things come through any type of glass.

From the Field

A very interesting letter comes from Dr. Mabel M. Gwillim, formerly Dr. Mabel P. Marshall, now at the Detroit Osteopathic Hospital. She is free from all physical complications. She has lost track of some of her old classmates and would like to get in touch with them.

It is easy to let the days and hours roll by and never notice them. As in this letter many would like to hear from you and to know what you are doing and where you are located. Take your pen in hand when you have a few minutes during the lull in your work and write to one of the old classmates.

Iowa State Board Questions

Anatomy

1. Give location, origin and insertion of the anterior common ligament.
2. a. Give the location of the superior oblique muscle.
3. b. Give action and nerve supply.
4. Give origin, insertion and nerve supply of the oblique ligament.
5. a. Describe the diaphragm.
6. b. Give action and nerve supply.

Osteopathic Practice

1. How would you differentiate chicken-pox from small-pox?
2. a. When is paracentesis indicated?
3. a. Name some symptoms of colds.
5. a. What disease do you expect to find in a patient when Romberg’s sign is present?
6. Name some symptoms.
7. b. Give the action and nerve supply.

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Iowa Convention (Continued from Page 1)

Dr. Rollin B. Kale, president, and Dr. C. N. Stryker secretary and treasurer and district superintendents.

Dr. A. W. Clow, editor of the state Bulletin and the following trustees: Dr. William Furnish, Dr. D. M. Emslie, Dr. R. W. Schultz, R. M. Martin and D. E. Hannan. Following the business meeting Dr. MacGregor of the Chicago college gave a splendid talk on “Dietetics in General Practice.” Dr. MacGregor pointed out the importance of newspaper publicity. Dr. George J. Conley of Kansas City college then gave a fine talk on “The Treatment of Fractures and Their Sequelae.” There was no question about Dr. Conley knowing his field.

At 12:15 the crowd marched into the banquet room for a banquet luncheon. Dr. B. Caldwell was the toastmaster and she was somewhat of a rivalry. It was a good banquet with some wonderful talks and everybody enjoyed themselves.

In the afternoon Dr. George MacGregor gave a splendid paper on “Osteopathy and Gastrointestinal Diseases,” and Dr. George J. Conley on “Osteopathic Diagnosis in Bedside Practice.”

Saturday was devoted to clinic at the Des Moines General Hospital with Dr. J. P. Schwartz in charge of general surgical cases. Dr. J. L. Schwartz in charge of rectal surgery and Dr. H. J. Marsh in charge of ear, nose and throat surgery. The clinics were so large that it took until Monday morning of the next week to complete them.

Internships

The Des Moines General Hospital has selected Dr. Roy Trimble of the Class of ’28 as the intern for the coming year. He is the son of the late Dr. Rollin B. Trimble and we heartily do and wish him the best of luck.

Dr. C. Hovis and H. A. MacNaughton will intern in the Detroit Osteopathic Hospital. Our best wishes are with both of them.

5. When a person retires feeling well and on arising in the morning has acute torticollis, what has happened?
6. a. What are the effects of vaccines and serums on the system, harmful or beneficial? b. Why?
8. Outline the treatment for misplaced seminal cartilage.
10. Define the science of Osteopathy.

(Continued Next Issue)
Alumni!
Right About Face! Attention!
Halt!!

Graduation is over in both high schools and colleges and there are many who are going out into the world not definitely decided as to their life work. Have you explained the possibilities of Osteopathy as a profession to those that you come in contact with in your daily life? Do they know that Osteopathy is one of the leading professions in this day—and that it is growing with each year? Explain to them the broad field that is open and the real service that they can render to their fellow man, as well as what it means to them in the professional world. Tell them the truths and the facts as are daily proven in the field and help them choose a life's work that has the highest aims and the finest ideals—and where they can perform a real service.

Don't Mark Time!
Be Loyal—Boost Osteopathy!

For further information address the secretary
Legislative Progress

Those of us in the college game look with interest on the various legislative programs as they are announced or as our attention is called by letters from some legislative committee. We try to analyze these various "regressions" in order to guess as to the probable effect on first, those who will study Osteopathy and in the next twenty-five years. In the second, those who are in active practice in the community. So far we have not seen any legislation that was primarily instituted to encourage young men and women to study our science. Legislation is instituted in an idea in mind only and that is to permit the individual practitioner to do as he pleases. A good deal has been said and written about the subject and as perhaps in this case, by those who know very little about it, is the point—How do you apply the word "progress."

If we expect the Osteopathic profession to progress one thing we know must happen is an increase in numbers. We cannot gain strength by holding our numbers even though every graduate had several college or university degrees. I must say in order to gain this much needed strength we should keep our preliminary down to a sane level. Some of our states are worth nothing to the colleges if we figure the possibility of securing students from that state in any number. Then by the same sign that state is worth little to the profession for it is not producing Osteopaths. Progress in legislation should accomplish two things. It should give to the Osteopathic profession what it is entitled to receive. An Osteopath should be permitted to practice Osteopathy as it is taught in all qualified Osteopathic colleges. This same progress should encourage our young people to take up the study of Osteopathy in preference to the study of Medicine. Now, have any of you written to your legislators written with the two ideas in mind? To be absolutely frank about the question the most of us feel that our so-called progress in legislation has resulted in reducing the number of students from these states.

Every one of our recognized colleges are asking for more students. In your state there are many boys and girls that have just now completed their course in the local high school. How many of these young people can step into an Osteopathic College and begin the work and at the (Continued on page 2)

Summer O. B. Assistants

James Shaeffer of the Senior A class and Harold Jennings of the Senior B have charge of the Obstetrical work in the clinic this summer. Both men are well qualified for the work.

The clinic has had some very interesting cases so far this summer and with such cases available the students are indeed fortunate. The clinic is without a doubt unequaled in the profession both as to the type of the work and the number of cases that each student attends.

* A. O. A. CONVENTION *

KIRKSVILLE - 1928

DES MOINES - 1929

Summer Dissection Ends

The summer course in dissection is finished and most of the class have returned to their homes in the various parts of the country. Due to the fact that summer clinic is large many however decided to stay and take advantage of the possibility of finishing their treatments.

The past class in summer dissection was the largest in the history of the school and under the able direction of Dr. H. V. Haliday the excellent work in dissection was accomplished. The last couple weeks he devoted to a very final review course in the form of quizzing over the entire course, in addition to the daily dissection work.

Why Not Write

Many inquiries come into the office in regard to the location of the graduates of the college. Some want to know the address and others want to know how they are getting along.

Now if the alumni will drop us a line and give us their correct address and tell us all about their review course we will be able to answer all the questions.

We especially want to hear from the recent graduates that have not written. Tell us where you are and what you are doing.

Don’t wait, but take a few minutes now so we at least will know where you are and what you are doing in Osteopathy.

Twins At Mercy Hospital

Dr. Walker reports that the Ruch twins, born at Mercy hospital two weeks ago to Mr. and Mrs. Harold Ruch of King City are doing very nicely and that the mother has been taken home. The twins were delivered by Dr. Walker and Dr. Welker and the parents were so pleased that they decided to name them for the two attending physicians, Walker and Welker Ruch.

Dr. Walker will be located permanently in a suite of rooms at the hospital after July 1st.

Des Moines General Hospital Notes

The Summer Clinic Season opened with the State Convention Clinic, May 22nd. During Convention week we did twenty-two major operations and some fifty minor operations. Many of the Field Doctors took advantage of the Diagnostic clinic, and a number of patients were sent in for complete examination. We feel well paid for the effort made by our staff to take care of the extra work, as the letters of satisfaction received have been very gratifying.

The Minor Surgical clinic has been running way in advance of previous years, and without a doubt this year will establish a (Continued on Page 3)
FRATERNITY NOTES

ATLAS CLUB

Soon the custodians of the house will be traveling home-ward. "Ole" has "pep and speed" and so I ask you why should she call it "Sandy?"

Bro. "Rusty" Wright has a new Ford on his key—in prepara-tion for his eastern tour.

Bro. Neal Holten is dusting off "Old Tramp," Neal and his wife are driving east—some 1800 miles. And we hope that they make it.

Bro. St. Amant has decided to wait a week or two before leaving for Detroit. We understand that he has a very active reason for remaining. Larry will be around to take care of the let-ters and the Log Book notes so mail away and don't forget the pledges.

Prof. Gordon and his family will remain at the house during the months of July and August.

Letters received so far have been few but nevertheless very interesting.

Bro. "Casey" Jones has joined the tin business in Niels, Ohio. We were pleased to learn that Bro. Nossek arrived safe in Pittsburgh but what is better that he landed a position in the Pittsburgh school.

"Kenny" Moore also wrote. "Kenny" was not a clothing store. My! What versatile men.

Visitors were few but selective. None other than Myron Vinton Caldwell was with us for three days—that is, his headquarters were here. "Mike" seemed to enjoy himself and we know that the girl friend did also.

Bro. L. C. Johnson of the class of '34 is taking P. G. work in the city. L. C. is staying at the house. We might add that Dr. Johnson is responsible for the boys getting to class on time for dissection. Bro. Johnson hail's from Norfolk, Neb.

Anything—

The Asylum is the latest addition to the Club.

Must mention that we have been picking up—May the Fresh-men profit by our work.

The fact still remains that "Dud" Smith did stay at home last Saturday night. These setting books are so fascinating don't you know.

Pledge Rose has worn out a most of gloves worn in the con-test. There's nothing like looking forward Rose. The Atlas Club wants the trophy.

We hear that Pledge Treat is a step and a half ahead on the disease notes.

Fesdon is getting along very nicely except for a little weakness in the region of Grinnell.

Dr. Mathus is getting in him for his Oregon reception. We understand that he purposely misses the Valley car just for the exercise.

John Harvey wants the boys to know that everything is Oak with him.

Dave McKeon is still in the buggy.

Letters from the following brothers were NOT received: X. W. Ryno, Paul Wynn, Cecil Musselman, Warren Swartzbaugh and Harry Stinner.

PHI GAMMA GAMMA

Even during vacation when we're sometimes busy but always good natured and happy, the scribe finds it difficult to hand out bouquets to anyone. For instance Rudy Gance here's as soon as school is out he moves back to the house, but all we see of him is in his morning mail.

And who would think that our Jennings would tell Dr. Halliday in a quiet that the blood supply to the abdominal wall was thru the aorta.

Why Rocky Stone just received a box of "Babdent" thru the mail.

While word from Ottumwa in for that our suspensions are not unfounded for Smitty is the teacher's pet.

Dusty Darwert, our presenta-tion as a golfer supreme, throws alarm clock out the window at night and yells "fore."

Even Walt Heilnen gets up now without being called—providing it isn't later than noon.

A card from Grinnell way back in the reference files tells us that he had an enjoyable trip on the way home—four flat tires the last day out.

We were mighty glad to hear from Marvin Widmer and Clay-ton Reeves and know that they were having a great time.

And dawg if it didn't seem great to have a letter from Dr. C. Laulheimer our mail boy. We'd certainly appreciate a few more from the 'ol' grads.

Married

Dr. Harold James Brown and Miss Beriene Frances Grinnell were united in marriage on Sat. morning and evening, noon and night, just doing the same old and hoping its right.

When we lay down our cap and go home for the bar:

Oh! Lord will you grant us just one little star;

To wear on our cap in the uniform new

In the city above where the head nurse is—

Eudelia B. Wiley.

A. O. A. CONVENTION

KIRKSVILLE 1928

DES MOINES 1929

Legislative Progress

(Continued from Page 1)

time of their graduation four years from now come back to their home state and practice? If you cannot recruit students from your high schools for the study of Osteopathy how many have in your state graduat-ing from college or university courses or with the required pre- med studies preliminary that you can send to some Osteopathic college and have them returned to you in four years to strengthen your profession in your state? Legis-lation should be planned on a basis of future expectation as well as not interdicting needs. The interpretation of the term "progress" may mean letting the bare facts for those who are in practice and putting them up against the future of the profession. In all these matters the college in making the future of the profession, should be given equal consideration with the active practitioners. Any form of legislation that you can put across that will tend to limit the number of students from your state and limit the number of graduates entering your state is retrogressive and you can make nothing else out of it.

A Nurse's Wish

This world grows better year by year
Because, some nurse in her little
Puts on her apron and grins and
And does on doing the same old things.

Taking the temperature, giving the pills,
To remedy mankind's numberless ills.

Taking the blame for the doctors mistakes—
Oh! Dear—what a lot of patients it takes.

Blessing the new born babies first breath,
Closing the eyes that are stillled in death;

Going off duty at seven o'clock—
Tired, discouraged, just ready to drop.

Just to be called back on special at seven fifteen
With woe in the heart, but it must not see;

Morning and evening, noon and night,
Just doing the same over and hoping its right.

When we lay down our cap and go home for the bar:

Oh! Lord will you grant us just one little star;

To wear on our cap in the uniform new

In the city above where the head nurse is—

Eudelia B. Wiley.

AGRICULTURAL NEWS

"Your daughter tells me your wife is having her voice culti-

"Yes! And did she tell you the rest of us were growing wild?"

"There!" exclaimed wife in disgust. "I knew that overnight friend of yours wasn't to be trusted. I've just counted the towels and one of them is miss-

"Was it a good one?" inquired semi-interested hubby mildly.

"It was the best we had. It was a great one with 'Grand Palace Hotel' on it."—Life.

Pat—You're a poet and don't know it. Your feet show it. They're longfeet.

Mike—Say, you're getting Whittier and Whittier—Michigan Gargoyle.

"Are mine the only lips you ever kissed?"

"Yes, dear, and the nicest."

Fair Maid: "Oh, sir, what kind of an officer are you?"

Officer: "I'm a naval sur-

Fair Maid: "Goodness, how you doctors do specialize."

"I've just heard your son was an undertaker. I thought you said he was a physician."

"Not at all. I just said he followed the medical profession."

"Sandy"

A few days ago the editor dis-covered that Mrs. Robinson cal-li-d her new Pontiac "Sandy." She informs us that she has so named it because it is Scotch. One might judge this to be a good Scotch joke but being that the writer has enjoyed the privilege of riding with the owner he is at loss to verify the statement. The car has a very excellent pick-up which would lead to the be-lief that it might be Jewish or have such tendencies. Again it might be English for it has been called a "bloomin' good car." And too, it might be a Yankee with all the "pop and speed" and so we ask you why she call it "Sandy?"
Immortality

Immortality is a word that Hope, through all the ages, has been whispering to Love. The miracle of thought we cannot understand. The mystery of life and death we cannot comprehend. This chaos called "World" has never been explained. The golden bridge of life from gloom emerges and on shadow rests. Beyond this we know, Fate is speechless, destiny is dumb, and the secret of the future has never been told. We love; we wait; we hope. The more we love the more we fear. Upon the tenderest heart the deepest shadows fall. All the paths, whether filled with thorns or flowers, end here. Success and failure are the same. The rag of wretchedness and the purple robes of power, all difference and distinction lose in this democracy of death. Character survives; goodness lives; love is immortal.—R. G. I.

Des Moines General Hospital Notes

(Continued from Page 1)

New record. We are having patients each week from Missouri, Nebraska, and Minnesota, and every Iowa county has furnished material for the Tonsil Clinic the past year.

Dr. W. H. Bellew of Vernon, Texas, has completed a postgraduate course in Minor Surgery and is now in office putting into practice the new diagnostic methods observed while there.

Dr. L. C. Johnson of Norfolk, Nebraska, spent some time in the Ear, Nose and Throat Clinic.

Dr. G. D. Thornburg of Kirksville, Missouri, is teaching the pathology of disease, and every Iowa county has furnished material for the Tonsil Clinic the past year.

Dr. O. H. Trimble of the Class of June, 28, has joined our staff in the Minor Surgery Department. The manner in which he has taken up his new work predicts for him a very beneficial year.

A number of doctors over the state are putting on a day of minor surgery. This work is done by different members of the hospital staff, and is being very well received. Where the Doctor does not have hospital call the work is done in the office.

Iowa State Board Questions

(Continued From Last Issue)

Minor Surgery

1. Give your treatment for Hydrocele.
2. What is shock? How would you treat a case of shock?
3. Name the various anesthetic agents commonly employed. What is your choice and why?
4. Describe your method of reducing a dislocation of the inferior maxillary bone.
5. What are the constitutional effects and give the treatment for burns.
6. What causes hemorrhoids? How many forms are described? How are they treated?
7. What are the indications for incising the Membrana Tympani? Describe your technique.
8. What is the usual site of a vulvovaginal abscess? Give the diagnosis and treatment.
10. Describe management of Breach Presentation.

Diagnosis of Placenta Previa and management of labor when this condition is present.


12. Are the origin and distribution of (a) blood supply of uterus and ovaries, (b) nerve supply of uterus and ovaries.

13. Differentiate a four months pregnancy from other conditions causing enlargement of the abdomen.

14. Name the indications for version. (b) Describe the operation of podalic version.

15. Discuss vomiting of pregnancy.

Pathology

1. In what diseases may the Pneumococcus be etiologic factor?

2. Distinguish between burns inflicted on a body before death and those inflicted after death.

3. What part of the spinal cord is involved in progressive muscular atrophy?

4. Name the changes which characterize inflammation of group of muscles.

5. Differentiate pathologically between croup and diphtheria.

6. Describe the pathology in the different stages of syphilis.

7. Describe the pathology in syphilis found in an acute spinal lesion.

8. Describe the pathology in Tuberculosis.

9. Describe the pathology found in Diphtheria, Typhoid Fever, Scarlet Fever.

10. Where is Gonococcal usually found? Describe its characteristics and give method of stabilizing it.

"That Something"

This happened a long, long time ago.

I ever see a man limp without thinking of that day.

The sky wept.

A cloud of brighter color broke the drabness of it.

I thought the universe wept.

That was my outlook.

Those lines were in misery.

Men were out of work.

I was one of them.

That night before on the cold, cement floor of the city's jail.

I slept as a tired dog.

I was a dog worn out with a fruitless chase.

All of the night before, I had walked, walked, walked,—my pride keeping me from this place.

And so the day had found me walking, aimlessly, looking only for food, shelter and work. This could not last forever, so that night I had stumbled down the long, narrow hallway of the jail, and been let into a barred cell with a hundred others.

And there I had lain as one dead, on the cold, hard floor.

But it is of the day of the following day allowed that night in jail that you shall hear.

For that was the day of my life.

It was then that I found "That Something." My feet were very tired. My soul wept with the sky. I stood, as in a wilderness apart, on the corner of a great thoroughfare in a great city.

And then a man stopped by me.

He was of my height and build. I caught a glimpse of his face.

I thought that this man might have been myself, if—

But my present need drove out reflections. And so I laid my hand on his arm.

"I am hungry," I said simply. He turned slowly and looked at me. First his gaze took in me, then his glance went from the outer man to me. Then he seemed to see my soul.

I stood there abashed. I laugh when I think of that night.

And then—"I fell asleep. I believe in God.

And I believe in miracles. But it is only natural that I should have dreamed of "That Something." It was true. It was neither miracle or vision. You will think it a foolish dream.

Yet it changed my life. That's reason enough for the telling.

But then—it was different.

"Well," he said presently. "What are you fed. What then?" I shifted my weight from one foot to the other.

"I'd try to get a job somewhere," I muttered after a moment.

"You'd try," he asked. And I thought, "I answered, "although there is little chance. Nobody wants men now. But I don't care for that now. It's food I want. I'm hungry. Can you help me?"

"No," he answered, a note of pity in his voice. "I cannot help you. No man can."

"But you could feed me,"

(Continued Next Issue)
WHY CHOOSE D. M. S. C. O.

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Looking south toward the Equitable Life Building and the Liberty Building, the home of W. H. O.
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