

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of Oct. 3, 1917, authorized Feb. 3, 1923.

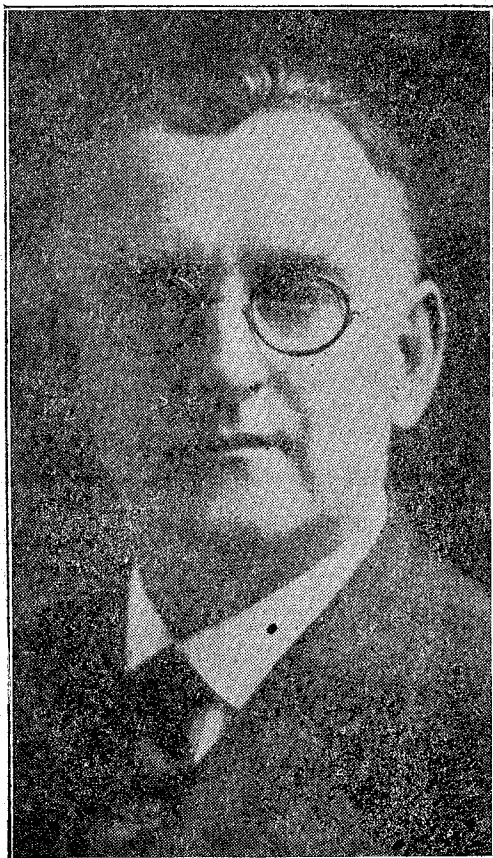
PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

July 15th, 1924

Number 2

DR. M. E. BACHMAN



Professor of Osteopathic Therapeutics

"Daddy" Still says: "All remedies necessary for health, rest in the body." "Daddy" Bachman says: "Still Pure Osteopathy." "Osteopathy is as good as it can be made. My constant aim is to duplicate the original principles of our science as taught by our founder."

Osteopathic therapeutics is the very backbone of Osteopathy. Every physician is judged by the results gained from his treatment. Therapeutics is the field upon which we meet the public, and upon this field depends to a great extent whether the outcome is a victory or a loss. Every osteopathic physician in practice has gained his reputation, not from the fact that he was an osteopath, but because of his treatment. The name itself does not make the man, it is the results gained from his therapeutics. Knowing a thing and applying that knowledge in doing it are two different things. Thus it is that we find the subject of therapeutics one of the most important of our entire curriculum.

A subject of this nature requires at its head one who has the experience in practice to be able to sift the practical from the fads, and judge the indication of conservative or radical treatment. It requires one who is naturally adapted to transfer this knowledge and judgment to the one who is not experienced. Dr. M. E. Bachman is able to do these things in a most efficient manner. Dr. Bachman is constantly striving to send into the field, men better qualified to administer to the public. He has chosen as his motto for the coming year "Better Osteopaths." The Doctor in his class work is a teacher, friend and helper to each student. There is always an atmosphere of close co-operation in his class room. Each student has a feeling of freedom with Dr. Bachman which does not necessitate "getting under the skin."

Dr. Bachman's classes are helped greatly by daily case reports of his private practice. This is especially important to the student because the methods of treatment learned in class are thoroughly tried and their success or failure shown to the student.

(Continued on page 2)

DR. C. W. JOHNSON



Dean of Des Moines Still College

Analytical study of diseases of the nervous system is a matter of care and thoroughness. Correct diagnosis is entirely dependent upon it. Necessarily the basis of treatment and prognosis must follow a correct diagnosis. The neurologist deals with morbid conditions, revealing themselves for the most part by functional errors. The large subjective side of the problem, with the unreliability of the patient's response, adds to the difficulty and calls for keenness of judgment at every step.

Very often, by most painstaking tests, and by the use of instruments of precision, controlled by anatomical and physiological rules, a definiteness can often be reached in nervous diseases not elsewhere possible. In many instances, however, only the most careful study, shrewdest judgment and wide experience enables one to make a diagnosis. This is especially true of the so-called functional diseases.

The teaching of nervous and mental diseases requires one who is capable of instilling these facts into the student. This capability can be acquired only by years of study and experience, together with a great amount of ability as a teacher.

Dr. C. W. Johnson, Dean of Des Moines Still College and Professor of Nervous and Mental Diseases, is one of the few men in the Osteopathic profession who meets these requirements. Dr. Johnson has been a teacher ever since his graduation from a college of science. He spent years as superintendent of schools in Iowa and was a normal institute lecturer before studying the science of Osteopathy. He has held a chair in our college since 1905.

His store of knowledge and experience has been greatly enhanced by years of practice, where he has obtained the greatest requisite of knowing any subject—PRACTICAL EXPERIENCE. The department of Neurology has always been one of the foremost in Des Moines Still College. Dr. Johnson has brought it to this pinnacle by his ability as a teacher and his work in the Clinical department. Students of Still College are given the most thorough and exhaustive preparation by actual practice in nervous diseases, and in this subject as well as in others we can truly speak as, "The best Clinics in the Osteopathic Profession."

From a Post-Graduate

July 10, 1924.

Editor Log Book:

Having attended Des Moines Still College for a week, I would appreciate the privilege of saying a few words regarding my experience while at the Clinic. The most surprising thing to me is that there seemingly is no limit to the amount of clinical material available, which gives the student all the practical experience which he has time to take when not busy with class work.

In the short time I have been here I have assisted in one delivery, and have delivered one child myself. In addition to that I had the privilege of giving over thirty anaesthetics and attending many more major operations.

The student here at D. M. S. C. O. need never worry about not having all the clinical experience which he may want, and I would like to urge him to take advantage of the wonderful opportunities afforded him here.

The O. B. clinic is all you could hope for, as you get not only to watch someone else do the work, but you are taught to do it yourself so that you feel competent when you are on your own cases.

I cannot recommend the work too highly, and I wish to congratulate the D. M. S. C. O. on having such a clinic for its students.

J. A. Bowman, D. O.,
Marietta, Ohio.

NOTICE!

Heretofore the college has been put to the expense of filling out application blanks and making transcripts of grades in complying with the request for Board Applications. The amount is not much in any single case, but when it occurs from five to ten times a month it means that the funds are being dispersed at the rate of from ten to twenty dollars a month, which in the course of a year amounts to considerable and it can easily be seen that it does not go to the advancement of the school. Therefore, no application or transcript will be sent out unless it is accompanied by a fee of \$2.50 payable to the college.

"Some people save for a rainy day as if they lived in a desert."

"Luck is the thing that helps you most when you don't trust to it."

"THE BOOGY MAN'LL GET YUH-EF YUH DON'T WATCH OUT!"



GEMS OF DADDY STILL

"Tell me the minute the blood stream is altered and I will tell you the minute disease begins."

"Nature has been thoughtful enough to place in man all that the word 'remedy' means."

"God's drug-store is not located on the corner of the street, but it is in the body, and the healing power is within."

DR. M. E. BACHMAN

(Continued from page 1)

Dr. Bachman has also gained a national reputation as a technician and is in constant demand for demonstrations of his technic at all conventions.

Dr. Bachman's professional magnetism and power, coupled with his conscientious service, make him an invaluable professor in Des Moines Still College.

In this clinical field again, Still College is paramount. Our clinics are unsurpassed. The student's practice is not a matter of so many minutes to a "chronic," but each case identical to that which he will meet every day in his own office. The number and variety of patients in this clinic are so extensive that each student is bound to obtain a thorough knowledge of the therapeutic field.

Still College Wit

The examining board of specialists was testing the mentality of a thick-lipped, weak-faced negro who had been brought in by the police. Among other questions, the specialists asked: "Do you ever hear voices without being able to tell who is speaking

or where the sound comes from?" "Yes, suh," answered the negro.

The specialists looked at each other triumphantly.

"And when does this occur?" one asked.

"When I'se talkin' over de telephone."

"NEWSY"

Dr. H. V. and Mrs. Halladay were in Des Moines last week and enjoyed the pleasure of house-hunting. The Doctor secured a very nice residence while here, and will move to Des Moines the first of the month.

The office is in receipt of a letter from our mutual friend, "Hummer" Thomas. "Hummer" is playing baseball with LeRoy, Minnesota. They have only lost two games out of fourteen played this season. "Hummer's" mighty batting eye aided materially in these victories.

Rose Mary leaves the 19th for a two weeks' vacation at Mankato, Minnesota. N. B.: All Mankato girls watch your beaus.

Sophomore Bryans has been confined to the hospital with a fractured arm. Seems to be no end to the harm an unruly Ford can do.

D. W. McDonald, junior from Barre, Vermont, says he is spreading calcium chloride over the dusty roads in Vermont. D. W. writes a regular "Irving Cobb" letter.

Doyle Richardson is conducting Uncle Sam's post office in Austin, Minnesota. If you are writing to Austin, better seal 'em tight.

Miss Ava Johnson, former member of our faculty, is visiting her parents in Des Moines, during the summer months. Ava's smile is still contagious.

Word has been received from Dr. Lyman Crew to the effect that he has completed a twelve hundred mile hike (?). Dr. Crew set out on foot, with his destination Bozeman, Montana, June 27th, from Des Moines, and arrived July 6th. Those Montana Osteopaths can "hike," say we. Greetings to the "gang," postaled the Doctor.

Doctor Dora Morgan writes from Glenco, Minnesota, that she has settled down for a hard summer's session with the natives there. Business has been much better than she expected. As a result, Robert L. is on his way to assist in the treating.

Doctor Walker: "You cough easier this morning."

Weary Patient: "I ought to, I've been practicing all night."

Nicholas: "My alarm went off at 8:30 this morning."

Thomas: "Hasn't it come back yet?"

"It is said that a failure is one who has quit trying."

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OSTEOPATHY

PresidentS. L. Taylor
Editor.....Dr. Jack Hansel

Osteopathy Without Limitation

Is This You?

I am a student in the best Osteopathic college in the land. How do I know it is the best? Because some of the biggest men and women of the profession are numbered among the alumni and some of the biggest men and women are on our faculty. I am regular in my attendance and attentive to instructors. I have always made my grades. I have not shown much interest in athletics or school or class activities, generally, in fact, I haven't done much around school but try and absorb.

I have sat under the instructors and never once considered the personal loss to them and the real sacrifice they were making by giving their time to college work. I never once have made mention to them that their work was appreciated by me at least.

I have been spending the summer months between college years at home and keeping absolutely quiet as to what I am preparing myself for. I haven't made any effort to persuade any of my friends or acquaintances that the profession and position of an Osteopathic Physician offers the broadest field conceivable and one's obligation or duty to society can be served in a fuller measure in this than any profession I know.

I have not offered to inform those not familiar with the scope of Osteopathy that their particular ailment or sickness would most likely yield to Osteopathic treatment.

Yea! Verily! I have been lax and my selfishness has just about taken up all my time. No one has profited one whit by my being so narrow. I have not grown as I would had I ever been on the alert to speak the glad tidings: "Osteopathy is the most nearly perfect of all the healing arts," and Des Moines Still College is the place to get it.

—A. E. Smith, '26.

Medical Practice of 400 Years Ago

The Minneapolis Journal, of Sunday, November 25, 1923, prints an interesting account of a 400-year-old medical book owned by Dr. Ralph St. J. Perry, Minne-

apolis. Commenting on this centuries-old work, Dr. Perry is quoted as stating that "The volume is not so far behind the time as one might think," and citations from it are given in support of this statement.

One of the remedies recommended by this book is, "the use of powdered mummies, swallowed in potions." To those with sensitive stomachs, who feel an inclination to turn inside out at the mere thought of such a noxious dose, the suggestion is made that after all, the old timers were not far different from their ought-to-be, but actually far from, modern and improved successors.

The present-day old school, allopathic medical doctors will have to go some to demonstrate

that the direct introduction into the blood of healthy and sick patients alike of concoctions prepared from the rotten pus scraped from the sores of a diseased calf, swabbings from the throats of diphtheria patients incubated in a horse, the corrup-

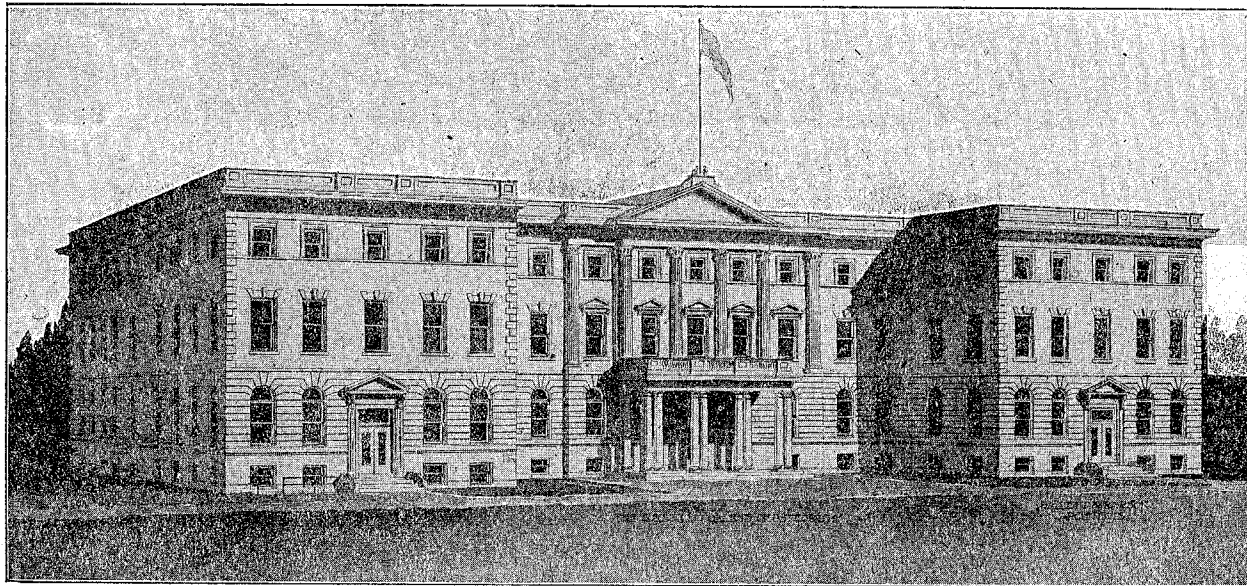
tion from boils filtered through animals, the stinking bowel evacuations of typhoid patients mixed with the blood serum of beasts, and other equally horrible filth, is any improvement over the old-timers.—The National Observer.

Facts Which All Students and Prospective Students Ought to Know

TUITION CASH	
Freshman, registration fee.....	\$ 25.00
Tuition.....	160.00
Upper Classmen, per year.....	175.00
By the term.....	90.00
Entire tuition if paid in advance.....	600.00
An additional five dollar fee will be charged for each week of delay in registration.	
Dissecting material: \$20.00 on commencing dissection.	
Laboratory: Deposit of \$10.00 per year for each of the first two years of laboratory work.	
Athletic: \$5.00 payable at the beginning of each semester.	
(This fee entitles the student to admission to all local college athletic events.)	
Graduation: Diploma, etc., \$10.00.	



Eventually! - - - How Soon?



THIS IS THE BUILDING WE ARE STRIVING FOR
"HOW SOON?" DEPENDS ON YOUR HELP!
 MAIL A COUPON TODAY

\$5.00

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name

Address

Date

\$10.00

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name

Address

Date

\$25.00

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name

Address

Date

\$50.00

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name

Address

Date

\$75.00

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name

Address

Date

\$-----

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name

Address

Date

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of Oct. 3, 1917, authorized Feb. 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

August 1, 1924

Number 3

Historical

Des Moines Still College of Osteopathy was founded in 1898 by a group of educators whose purpose was to raise the educational standards of their profession and to put Osteopathy on an equal footing with older schools of the healing art.

Prominent among its sponsors were Col. A. L. Conger, a well-known Ohio statesman of that era; Dr. S. S. Still, nephew of the Founder of the Science; and his wife, Dr. Ella D. Still, and Professor Wilfred Riggs, previously a member of the faculty of the Idaho State Normal School. They were all college people, thoroughly conversant with the best pedagogic traditions and methods.

Thus it is evident that the College has been, from its very inception, imbued and permeated with a proper scholastic atmosphere. It was, in fact, the first osteopathic institution of learning to demand and secure adequate scientific and professional preparation of its student body; and it has never for a single instant departed from the high standards that gave it birth.

It was founded, too, in response to a strong popular demand for an osteopathic training school located in a center of population large enough to supply it with adequate clinical material.

Des Moines Still College of Osteopathy has attained to and consistently maintains the highest standards of efficiency in its every department. It early won for itself a place as foremost in

the ranks of the colleges of the osteopathic profession and today stands pre-eminent among them.

"Athletics and College Spirit Move Hand in Hand"

College sports are made a part of Des Moines Still College life. Each year our teams have advanced in ability and skill and are now on a par with any in the Middle West. All Still College contests are scheduled with the best teams available, not with the idea of piling up enormous scores on weak teams, but to play the stiffest opposition possible to meet, thereby gaining a worth-while reputation and at the same time giving our students an opportunity to see real sportsmanlike contests and not "walkaways."

Attention! Football Men

Football Practice September 2nd

Still faces the most difficult football schedule in its history. We play the strongest team on the schedule first. On September 25th we journey to Lawrence, Kansas, and play the nationally known Haskell Indians. The showing made by the team means much to Still and to Osteopathy. Practice will start September 2, 1924. The situation demands that you be there.

Signed,
FRANK R. SUTTON,
Coach.



John Levi

The Second Jim Thorpe

John Levi, renowned football player of the Redman, was the one outstanding player in the 1923 season of the Haskell Indian Institute. Sport writers from New York to California have repeatedly likened him to the famous Jim Thorpe. Still College will again attempt to subdue these warriors on the gridiron during the coming season. No doubt Levi will again demonstrate his ability as an all around football master.

"Physical Soundness Breeds Mental Alertness"

No other profession requires as sound a physical body as does that of the osteopath. Our very science is a physical one. Students entering Still College are given the opportunity to build up the physical side of their education. With the proper amount of athletics mixed into his school work, the student is always more mentally awake and able to assimilate with greater ease the subjects making up his science.

Athletic prospects for the coming year are greater than ever. We expect to exceed the enviable records made in the past, and, under the capable coaching of Mr. Sutton, the name "Still" will be found high in the ranks of sport.

Haskell Indians vs. Still

Still opens its 1924 football schedule with the Haskell Indian Institute of Lawrence, Kansas. Still made a very creditable showing against the Indians last year and because of this clean, sportsmanlike demonstration we have been able to schedule a return game for this season. The Football team has a schedule of nine games with possibilities for a tenth one. Five of these games will be played at home.

Great plans are in the making for a Still College Alumni Homecoming on October 25th. Still will meet the strong Graceland College team on that date. This should be a very exciting game in as much as the two teams played to 6 to 6 tie last season. We are warning our Alumni now that they are to make preparation to be in Des Moines on that date. We promise the biggest Homecoming ever witnessed at Still.

IMPORTANT NOTICE!

The Log Book again calls the attention of the student body and all prospective students to the matter of registration. The regular day for beginning registration is September 10th. Class work will begin the following week. The college officials are urging upon the students to take advantage of early registration owing to the fact that new rules and regulations are going into effect this fall. There is no necessity for any one to be caught napping and have delinquent fees to pay.

Facts Which All Students and Prospective Students Ought to Know

TUITION CASH

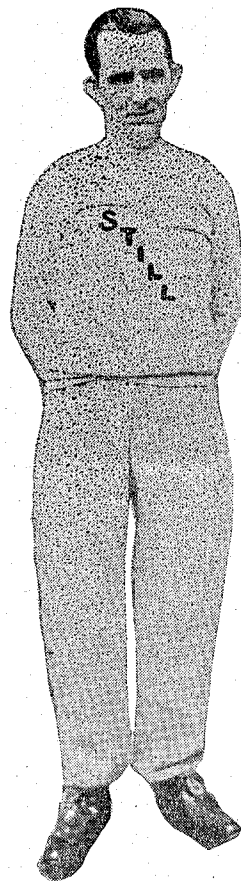
Freshman, registration fee.....	\$ 25.00
Tuition	160.00
Upper Classmen, per year.....	175.00
By the term.....	90.00
Entire tuition if paid in advance.....	600.00
An additional five dollar fee will be charged for each week of delay in registration.	
Dissecting material: \$20.00 on commencing dissection.	
Laboratory: Deposit of \$10.00 per year for each of the first two years of laboratory work.	
Athletic: \$5.00 payable at the beginning of each semester.	
(This fee entitles the student to admission to all local college athletic events.)	
Graduation: Diploma, etc., \$10.00.	



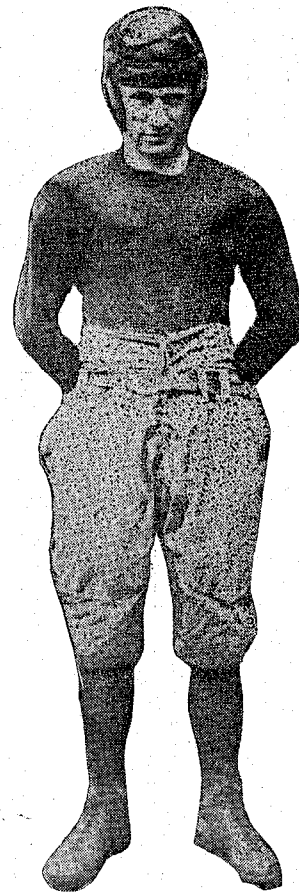
PUSHBALL—Freshman vs. Sophomore



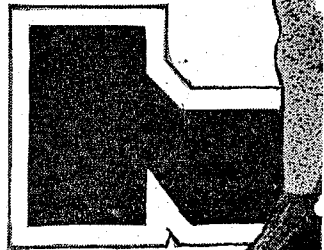
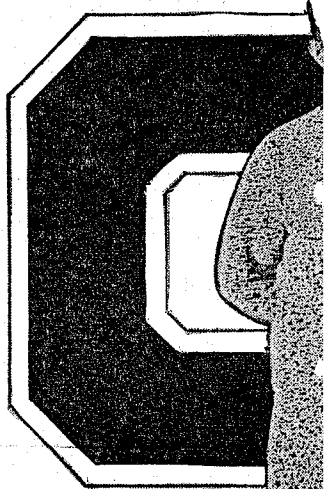
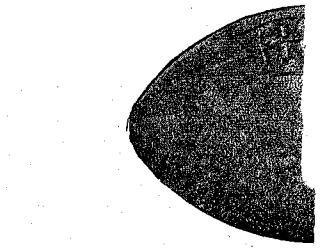
WRESTLING



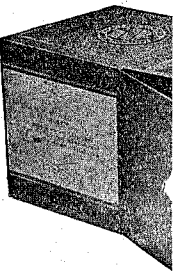
CROSS-COUNTRY



FOOTBALL



COACH

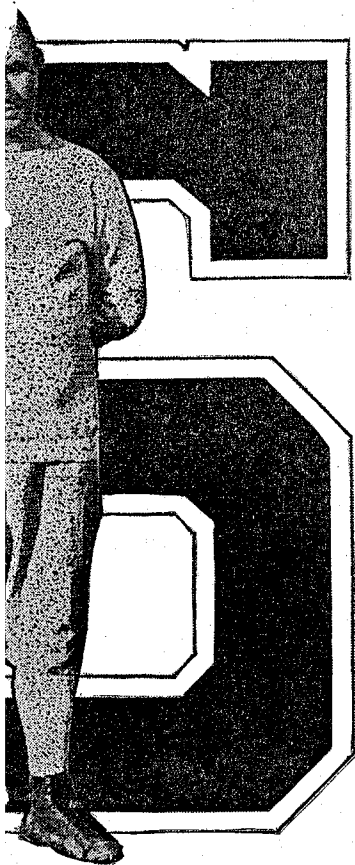


1924

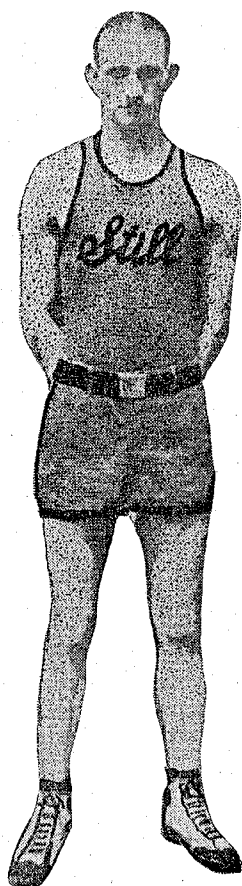
E ATHLETICS



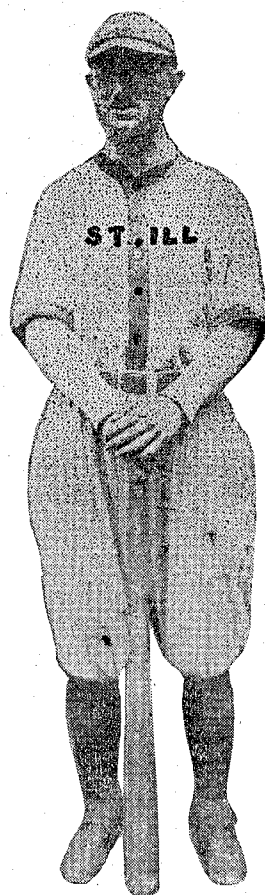
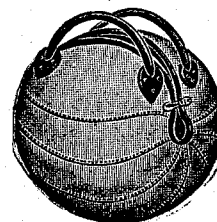
FOOTBALL SQUAD



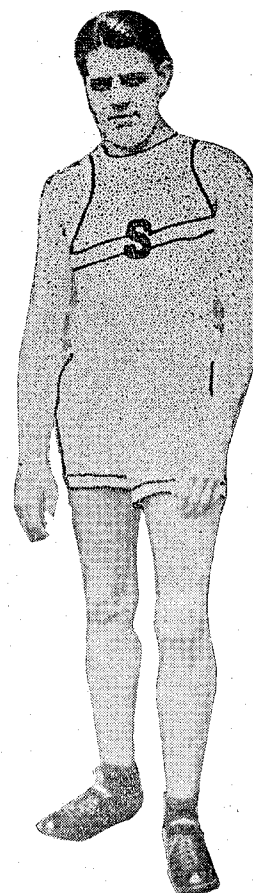
HANK SUTTON



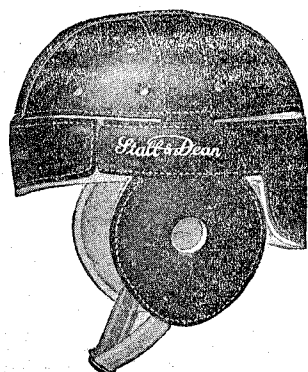
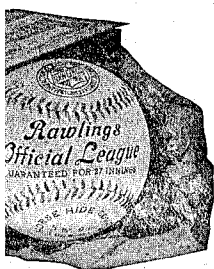
BASKETBALL



BASEBALL



TRACK



1925

WE ARE PULLING---ARE YOU HELPING?



\$5.00

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name _____

Address _____

Date _____

\$10.00

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name _____

Address _____

Date _____

\$25.00

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name _____

Address _____

Date _____

\$50.00

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name _____

Address _____

Date _____

\$75.00

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name _____

Address _____

Date _____

\$_____

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name _____

Address _____

Date _____

Entered as second class
matter, February 3, 1923,
at the post office at Des
Moines, Iowa, under the
act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at
special rates of postage
provided for in section 1103,
act of Oct. 3, 1917, author-
ized Feb. 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

September 1, 1924

Number 4

ITS IN THE AIR

Station **DMSCOB** Broadcasting:—Forecast for **1924-25** —
The greatest **Des Moines Still College of Osteopathy**—
The best **Osteopathic Faculty**—
Osteopathy taught as **Dr. A.T. Still** founded it—
The best **Osteopaths ever Graduated**—

— **150 NEW** —
FRESHMEN



SPINE

Students of Osteopathy are specialists of the SPINE.

Throughout the four years of their school work the SPINE is a part of their teaching. Its many articulations, its numerous movements and its variations are sometimes difficult to grasp. These difficulties in teaching and learning the fundamentals of the SPINE have been greatly lightened by demonstrations upon THE FLEXIBLE SPINE. The SPINE is so preserved that the pliability of the ligaments remains. The actual movements of any joint may be seen and demonstrated with the skin and muscles removed. The FLEXIBLE SPINE is the work of Dr. H. V. Halladay. He is the only living person knowing the method for producing these life-like joints. Dr. Halladay discovered this process after years of research in the dissection laboratory.

Students of Des Moines Still College will be fortunate in the coming years to have demonstrations upon these SPINES. They will also be in full touch with the advancements made in anatomical research under Dr. H. V. Halladay.

Anatomy was stressed to the utmost by our founder, Dr. A. T. Still. Osteopaths always speak of their careful training in anatomy and their superior knowledge of the subject. IN FACT, ANATOMY IS THE FOUNDATION OF OSTEOPATHY. DES MOINES STILL COLLEGE OF OSTEOPATHY IS TEACHING THE BEST ANATOMY—THE BEST OSTEOPATHY.

Courtesy is not something artificial. It springs from the heart. It is an expression of thoughtfulness for others. It is doing to them as we would be done by. At its foundation lie the great moral qualities of kindness and self respect.

The world is so full of a number of things,

I'm sure we should all be as happy as kings.

Robert Louis Stevenson.

Improvement always begins with "I."

It never gets too hot for a thermometer to work. How about YOU?

When Adam swore at Eve immediately after the fruit course, it was the original rib roast.

GET

"The Still Spirit"

HOMECOMING

October 25th, 1924

FOOTBALL

GRACELAND vs STILL

Are You Looking For a Location?

Two year lease on down-town office building, Cleveland, Ohio. Rent \$51.50 per month. Leaving Cleveland on account of health. Nothing to sell except transfer of lease. Write Log Book for information.

Opening in Eustis, Nebraska. Small town, rich agricultural center. One M. D. in town, no Osteopath. Large number wanting an Osteopath in community. Address Mrs. G. C. Walford, Eustis, Nebraska, for further information.

Just received word from one of our Iowa friends who lives in

a town of 2500 and is desirous of selling his \$4,000 practice. We shall be glad to hear from anyone who is interested.

A doctor of Osteopathy writes from Nebraska wanting someone to associate with him who has an operative knowledge of major and minor surgery. This is a wonderful opportunity for some good man.

A good practice has recently become available in Kellogg, Idaho, owing to the fact of Dr. O. Gray's recent illness. We are sorry to hear that Dr. Gray will no longer be in practice. He would like to have someone locate in his town. We believe this is a good location.

Facts Which All Students and Prospective Students Ought to Know

TUITION CASH

Freshman, registration fee	\$ 25.00
Freshman tuition	160.00
Upper Classmen, per year	175.00
By the term	90.00
Entire tuition if paid in advance	600.00
An additional five dollar fee will be charged for each week of delay in registration.	
Dissecting material: \$20.00 on commencing dissection.	
Laboratory: Deposit of \$10.00 per year for each of the first two years of laboratory work.	
Athletic: \$5.00 payable at the beginning of each semester.	
(This fee entitles the student to admission to all local college athletic events.)	
Graduation: Diploma, etc., \$10.00.	

The registration fee of \$25.00 is for entering freshmen only. There is no registration fee for any other classmen.

IMPORTANT NOTICE!

The Log Book again calls the attention of the student body and all prospective students to the matter of registration. The regular day for beginning registration is September 10th. Class work will begin the following week. The college officials are urging upon the students to take advantage of early registration owing to the fact that new rules and regulations are going into effect this fall. There is no necessity for any one to be caught napping and have delinquent fees to pay.

Even as You and I

A fool there was, and he lost his hair

Even as you and I.

Some called him the man who didn't care,

But we called him the man with dome so bare,

Even as you and I.

Oh, the hours he wasted and the toil he wasted,

And the work of head and hand;
And why his hair would die he never knew why, and he never could understand.

Oh, the time he spent and the toil he spent;

To rescue his locks was his sole intent,

But the tonics he used were not worth a cent,

And his hair just went, and went, and went,

For a hair must follow its natural bent,
Even as you and I.

The fool was stripped to his foolish hide,

So he bought a toupee to cover his pride,

And to save his hair he tried, and tried;

But two of them lived and three of them died,
Even as you and I.

News

A large number of our alumni from Iowa and surrounding states are visiting the college while attending the Iowa State Fair.

Dean Hibbard leaves for Hannibal, Mo., this week, where he will join the band of Still College married couples. He will return immediately with Mrs. Hibbard and resume his studies at the college.

Dr. H. V. Halladay has purchased a new home at 3511 Kingman Boulevard, and has moved his household goods from Kirksville during the past week. Dr. Halladay has a very beautiful home in one of the best residential districts of Des Moines.

Frank Thomas, sophomore at Still College, has assumed one of the branch managerships of the Register and Tribune.

The Log Book has received a large number of letters furthering the Still College Homecoming, October 25th. We are always glad to get suggestions from the field.

Football practice, as announced in the last issue, will begin September 2nd. Preparations are being made to take care of a squad of 75 candidates.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OSTEOPATHY

PresidentS. L. Taylor
Editor.....Dr. Jack Hansel

Osteopathy Without Limitation

To Students and Alumni

September 10th is the first day of registration for the fall term for D. M. S. C. O. We have heard from a great many of the old students who had returned to their homes for the summer vacation and almost to a man they are to return this fall.

The weather has been good at Des Moines, some rain, some sunshine, some dry weather and during it all and through it all, the office at the college has been busy and the correspondence has been carefully cared for. If anyone has failed to receive a catalog or to get an answer to letters directed to the college, we are very sorry for every effort has been made to get these letters out post-haste.

Not only have we been busy answering mail, but we have been industriously organizing the faculty and securing new members and increasing the efficiency of the personnel. We feel that we have done our work acceptably.

Many new faces will be here to greet the student body when they return and if any of the Alumni chance to come this way during the summer year, we hope to make them proud they are graduates of Des Moines Still College. We never like to make predictions as to the new class. Suffice it to say it will be satisfying. Many new faces will be out for football practice and the Haskell Indians will have to fight for their reputation.

The churches, schools, theatres and play houses of Des Moines will throw their doors wide open to the Des Moines Still College student body.

I thank you one and all for your co-operation. May we have a happy and prosperous year.

S. L. TAYLOR,
President.

Students Returning

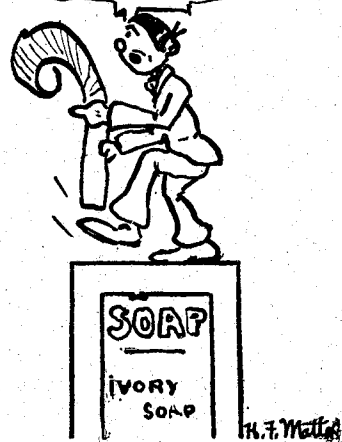
The following students are among the first arrivals to reach Des Moines from their summer vacation ready to resume their studies at Still:

Paul Parks, Keosauqua, Iowa

Walter Walker, Martins Ferry, Ohio.

Alice Burnett, Weiser, Idaho.
Bernard Jones, Estherville, Ia.
Gerald Beebe, Lawton, Mich.
Jerry Laucke, Columbus, Ohio.
Mike Hannan, Marietta, Ohio.
Ole Olsen, South Bend, Ind.
W. E. Ludwig, Youngstown, Ohio.

LADIES GENTS AND
OTHER WISE



I have been extremely busy in the past few weeks making preparation for the reception and entertainment of all of you back to Des Moines (The City of Certainties). Complete plans are not ready for publication but confidentially, I can tell you a few of the things that have been arranged. "Charley Cain," our nationally known Bally-ho dispenser will meet each and every one of you at the train where he will pass out Lolly Pops and gum as a gift from the satisfied patients treated by freshmen Doctors during the past semester.

The forty piece tin and dish pan band of the Consolidated Hash Dispensers Union will render music at the depot and an address of welcome will be given by the president. His subject will be "Back to the fold again."

Following a procession through the main streets of the city, including Cherry and Center streets, the entire assemblage will march to the New Gymnasium and a program of sports will be carried out. The foremost feature of which will be "The Kentucky Derby." Rumor has it that "Angus" will be the dark horse.

The city of your education has not changed in the past three months. The only complaint I ever hear is that "restaurant service ain't what is used to be."

We, who are heavy eaters are looking for your return.

Yours for a Big Home Coming,
JOHN P. SCHWARTZ.

Clinics Still Growing

The summer students have been kept extremely busy throughout the entire three months of vacation. Obstretical and surgical clinics have kept up to their usual quota and in some cases far exceeded any number before. The clinical prospects for the coming year are most encouraging. The reputation of all clinics at Still College is an enviable one.

The Observer Says:

That the picture and slogan by Dr. West, of our own ranks, "Medical Watches," "Osteopathy Works" was brought quite forcibly to mind when I got home after school was closed for summer and found that my little girl had suffered a most severe case of croup and an aborted case of pneumonia. I learned how our good Osteopathic physician had been on the job for three hours at one time and for some other periods of nearly equal length and got results in every instance. Is there any wonder why I should be "sold" on Osteopathy—Medicine would have waited and watched, while our estimable Dr. Jessie Johnson of Youngstown, Ohio, worked, and worked some more and the folks at home were spared hours of anxiety and fear. You can just bet it was with a heart full of gratitude that I acknowledged my debt to the faithful doctor, and how I am more and more impressed with the extreme seriousness of the responsibilities of the profession I am making preparation for.

Another case which has caused favorable comment on the part of prominent medics is that of a lad, 17 years old, who nearly a year ago suffered an accident by falling, causing complete paralysis and was pronounced by medics as hopeless. "Medicine would wait and watch." But thanks to the determination of Billie's folks. They were not content to wait and watch and now through the efforts of the same Osteopath mentioned above Billie is making a most wonderful recovery. He has complete use of his hands and arms, sits in and propels a wheel chair and gradually gaining control of his lower limbs. He had a Cystitis and Pyelitis which have cleared up. His muscles and tissues generally have been built up from state of considerable atrophy to a most satisfactory condition and getting better all the while.

A prominent surgeon who had

been called early in the case and had diagnosed said recently, "The Massage" is a good thing, it has kept up the tissues and they are ready for the return of the "Motor." Keep it up. He would not say "Osteopathy" for the world but it was Osteopathy pure and simple.

As the poet said, "Oh consistency, thou art in deed a jewel."

Osteopathy is still working and Billie will soon be a monument to her works and can be sighted as a signal case as to Osteopathy working and winning.

One of the most trustworthy tests of character is manner. Without knowing a person, without even speaking to him, we may pretty fairly estimate his qualities and moral development by watching his intercourse with others. Kindness and sympathy cannot help revealing their presence; heartiness, manliness, uprightness, honesty, may be discovered in his bearing if present in his value.

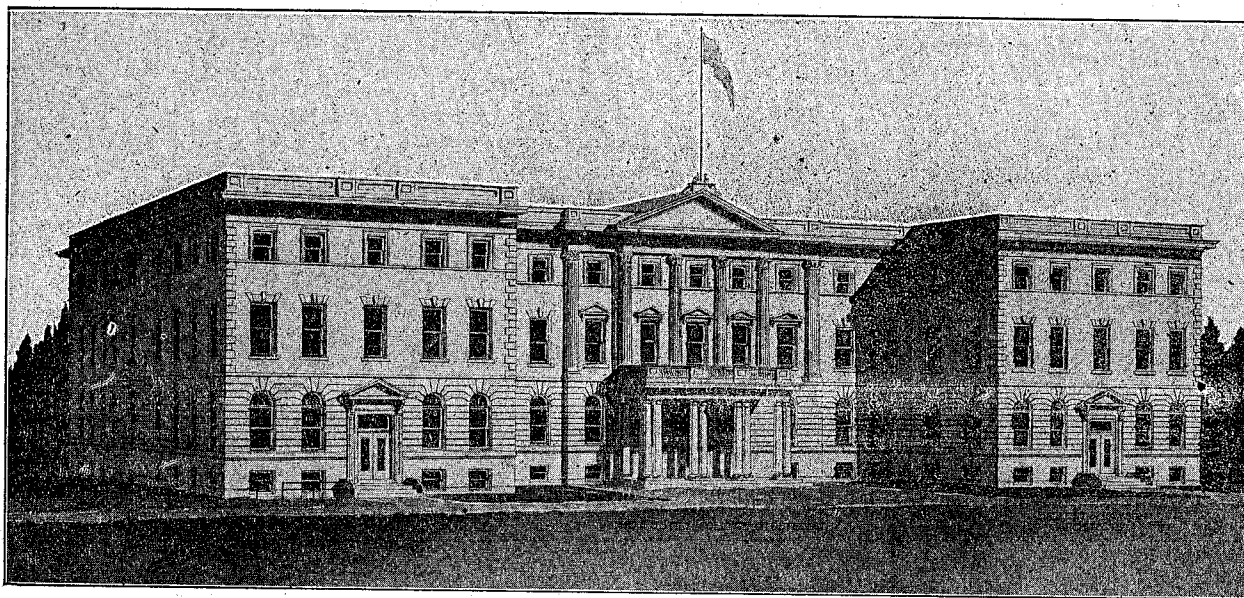
Manner is the outward sign of soul's nature. It is always unconsciously betraying our deficiencies or revealing our better traits. We cannot get away from it. We cannot falsify or pretend to be what we are not, for the deceitfulness is revealed in our manner. The keen observer will detect the sham, and recognize the real qualities beneath the exterior.

Do not try to pass for more than you are worth; if you do your duty, your good qualities of head and heart will be discovered and appreciated.

A "Junior A" attempts
to work out a little
Bovine Torticollis on his
Dads Champion Bull.



With 150 New Freshmen THIS BUILDING Will Be An Entity



Des Moines Still College Specializing in Osteopathy

\$5.00

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name _____

Address _____

Date _____

\$10.00

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name _____

Address _____

Date _____

\$25.00

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name _____

Address _____

Date _____

\$50.00

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name _____

Address _____

Date _____

\$75.00

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name _____

Address _____

Date _____

\$_____

To the Editor of the Log Book:

Enroll my name as a member of the "Greater Still College Club." I agree to pay the amount indicated on this coupon annually, upon receipt of a "payment due" notice from your office until such time as I may notify you of my desire to cancel or change the amount of my subscription.

Name _____

Address _____

Date _____

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

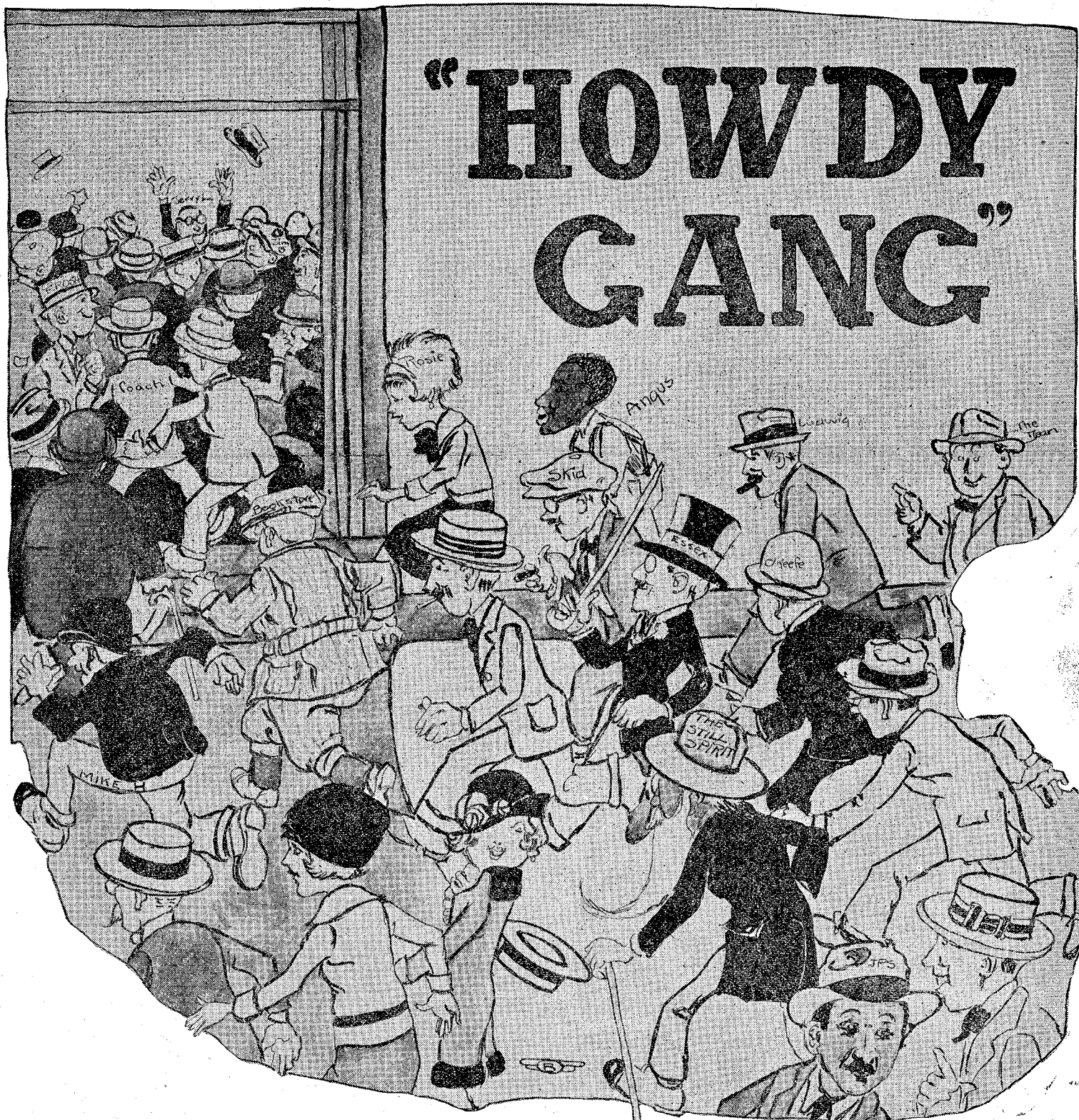
Acceptance for mailing at special rates of postage provided for in section 1103, act of Oct. 3, 1917, authorized Feb. 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

September 15, 1924

Number 5



COACH



COACH FRANK SUTTON

Two Good Reasons

With Prof. Frank Sutton as coach, and Bob Murphy as captain, there is no apparent reason for not having a championship team this fall. Very few first string men were lost from the squad by graduation, and the reported ability of the freshman aspirants, added to the nucleus of experienced players from last year's aggregation give the most promising outlook for a winning year. Coach Sutton's ability has been more than proven by the meteoric rise in importance of Still College athletic teams. Captain Murphy is a dependable ground gainer, heady in his decisions and fearless in his attack. On the receiving end of a passing combination, he is without a peer.

These men are working to put D. M. S. C. O. at the head of the list on the gridiron. If you are a football man, give them your support on the field; if you are not, give them your support on the sidelines. Be one of the two places, and on September 25 the Haskell Indians will feel as their ancestors did when Buffalo Bill and the rest of the old timers were on their trail.

The schedule to date follows:

Sept. 27—Haskell Indians at Lawrence, Kansas.

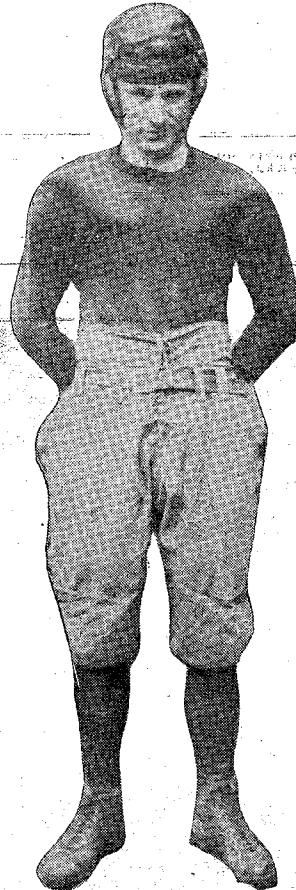
Oct. 10—Buena Vista at Storm Lake.

Oct. 25—Graceland at Des Moines. **HOME COMING.**

Oct. 31—Central at Des Moines.

Nov. 21—Western Union at Des Moines.

CAPTAIN



CAPTAIN MURPHY

Concerning The Log Book

The Log Book is the official mouthpiece of Still College. Like all college publications, its primary purpose is to boost the school and those attending the school, and at no time are its columns to be used in criticism of the faculty, student body or the profession. One can readily see the effect such subject matter would have upon the minds of the seven thousand readers of the paper.

In order to fulfill the purpose of the Log Book, we must have an inexhaustible supply of material. Articles and items of student authorship relative to college activities, sports, ideals, humorous happenings, classroom news, personal activities of students and of the profession, in fact any news that is interesting—that will boost D. M. S. C. O., is more than welcome. Don't wait until someone comes around and asks you to prepare an article upon some specific subject, act upon your own initiative. When you hear a good joke, jot it down and hand it in, give some one else a chance to laugh. Get "The Still Spirit!" Do your bit towards making the Log Book the best in the field. Let's Go!

Are You Looking For a Location?

Word has been received by the college that Dr. J. F. Bone, of Pontiac, Illinois, is looking for a competent Osteopath to either buy or temporarily take charge of his office. The Doctor has a very desirable location and an exceptionally good practice. He is planning on moving to a larger city, and would like to leave Pontiac by the 15th of September if possible. If you should hear of someone desiring such an opportunity, have them communicate with the Doctor, direct. Dr. E. C. Andrews, of Ottawa, Illinois, is planning on being away from his office for approximately a month the latter part of September and the first of October, and is looking for a good doctor to take care of his practice during his absence.

The Student's Creed

The following thought by Stephen Grellet is well worth the adoption by every student and physician as well, as a creed to guide their thoughts and lives through the years to come:

"I expect to pass through this world but once. Any good thing, therefore, that I can do, or any kindness I can show to any fellow human being, let me do it now. Let me not defer nor neglect it, for I shall not pass this way again."

WOW!

This summer while touring the country for the benefit of Mr. Chautauqua, Jim Cochran and Miller happened to attend a piano recital. Says friend Jim: "What is that lovely thing he is playing?" Quoth Miller, "A piano, ya darnphool!"

Home Coming

You have been wondering, no doubt, since first mention was made through the columns of the Log Book, what it was all about. It's this: Des Moines Still College is going to have a real, honest-to-goodness Homecoming! A day when all the old boys are back to tell us young "fellers" how they did it back in '05, when everyone is happy and full of pep, rarin' to go. **Saturday, October 25, 1924**, is to be the red letter day in the history of Still College. There'll be a football game, Still vs. Graceland, big parade, **FEED**, individual class meetings, and surprise stunts that will be the feature of the program. It is the plan to make the program so interesting that the alumni will want to come if they have to be carried, dragged or pushed in a wheel chair! A number of the alumni will be in the city attending the Taylor Clinic Post Graduate course, which is to be held October 20-25, inclusive.

The earnest co-operation of every student is needed to put this event across. Your ideas and the ideas from the profession are more than welcome, send them in. Within the next week a definite organization for the development of the program will be announced. In the meantime, concentrate your thinker on ideas that will help make The Homecoming, Saturday, October 25, a **Gran', Glorious Success!**

TO THE UPPER CLASSMEN

The man who said, "Flattery's pleasant, but if we've holes in the seats of our trousers we should be told of it—sooner or later we must turn our backs to the audience," certainly said a mouthful. We can go through school kidding ourselves that we may select the subjects from the curriculum that please us most, disregarding the drier and more difficult ones, and still become efficient Osteopaths. However, the courses of today we slight become the holes in our trousers of tomorrow, and sooner or later, when out in practice, we will have to turn our backs to the audience, and the aforementioned holes will be the cause of our downfall. As the old saying goes, "Forewarned—Forearmed," let's tell ourselves "about it," and go after every subject, whether interesting or not, with a determination and thoroughness that will prohibit the possibility of a future downfall of any nature.

GREEN CAPS

It is an honored custom of the College for the members of the Freshman Class to wear the prescribed Green Cap. It is not the intent of the school to dictate the dress of its new students nor to humiliate them. The Green Cap, the world over, is a recognized symbol of the man who is undertaking a course of training to better himself and mankind.

The annual Freshman-Sophomore pushball game determines the period the caps are to be worn. If the Freshmen win—**NO MORE CAPS**. If the Sophomores win, continue to wear your caps like good sportsmen.

**Uphold the Customs of Your College
Wear the Green Cap!**

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OSTEOPATHY

President S. L. Taylor

Editor Don Baylor

Osteopathy Without Limitation

To the Freshmen

Welcome, Freshmen! The portals of the greatest profession in existence have been passed—You have embarked upon your career as an Osteopathic Physician, an outstanding professional personage to be—at least, you have received your passport for the four-year cruise which ends, somewhat unceremoniously, at the “port of missing men”—State Board.

But why talk of such dismal subjects? After having gone through that triumphal parade of welcome, in which the consolidated bands of thirty-nine (39) separate states and old Jul Caesar’s pet chariot participated, you are no doubt tired of hand-shaking, bowing, and receiving the plaudits of the multitude. I don’t blame you!

In all seriousness, we do most heartily welcome you—the faculty, the student body, and the profession as a whole. The fact that men and women of your calibre have chosen Osteopathy as their life’s work is mute evidence of the forward progress of our science. The choice of this college, in preference to the others is the highest commendation the faculty and personnel of the institution could receive. You’re here—and you’ve come to stay.

On entering upon the first of your four years of intensive training, bear this thought in mind—You will get out of Des Moines Still College just what you bring to it! If you bring only an interest in the athletics, that is all you will take away. If you are interested only in the social phases of college activity, that is all you will get out of your four years in the institution, regardless of rules, regulations, faculty or what not. But—if you bring to this school a sincere desire to train and equip yourself as an Osteopathic Physician, you will receive the best that every professor and department has to offer! Your future success depends upon mental attitude. Make the most of your opportunities.

ANATOMICAL GEOGRAPHY

I know a little flapper,
She’s dumb beyond compare,
She keeps on asking questions,
Like when? and why? and where?

I told her she was pigeon-toed,
Then, with her baby stare—
She looked at me quite silently,
Then calmly queried: “Where?”

Second Story Sam: “I breaks into that there Osteopathic doctors’ fraternity down there th’ other night, and one of ‘em welcomed me with a gat. He advised me to get out.”

Safe Crackin’ Willie: Huh, you got off easy.”

S. S. S.: “Easy the deuce! He charged me twenty-five dollars for expert medical advice.”

REALLY?

Soph: “Say, boy, why is an old maid like a frozen tomato?”

Frosh: “I fear I must confess my ignorance once again. Why?”

Soph: “Because it’s hard to mater.”

(Don’t strike, boys, it’s all in fun.)

“Isn’t that your roommate over there kidding that colored dame?”

“Oh, migosh. I just knew he’d make a fool outa himself if he ever went out alone. He’s color-blind, ya know.”

AND SEA-SICKNESS

Coach Sutton (In Chemistry class): “What does sea water contain besides the sodium chloride that we have mentioned?”

Grove City Freshman: “Fish, sir.”

MAYBE HALLIDAY CAN ANSWER THIS ONE

Fond Parent: “What is worrying you, my son?”

Willie: “I was just wondering how many legs you gotta pull off a centipede to make him limp.”

HEY! BOY! PAGE DOC STEFFEN!

Love has recently been classified as a disease—curable only by Onions and Marriage. How ‘bout it, Doctor?

Patient (dashing into the college holding tightly to his head): “Give me something for my head, Doc, quick, give me something for it.”

Dean Johnson: “I wouldn’t take it as a gift.”

Irate Doctor (shoving up his window to see who is causing the rapping on the door): “Well?”

Voice (from below): “No, gol-darnit. SICK!”

Who is this bird ACTION every one strips for?

Fraternity News

IOTA TAU SIGMA “PICK-UPS”

Just three men spent the summer months in the local chapter house, and the “trio” succeeded quite well in keeping the lawn cut, also kept up the housework, making the place presentable (most of the time). The three loyal workers (?) were: Samson Staples, Olaf Oleson and Ted Reiter.

The following men have been “on the go” most of the summer months, and are now “rarin’ to go” at the old books again:

J. C. Cochran is through with his Chautauqua schedule and is now somewhere in the east on his way back to Des Moines. Jim is planning on making a short visit to Dr. J. A. Lydic, D. M. S. C. O. ’23, who is now practicing in Dayton, Ohio.

“Hoss” O’Dell spent the summer at Angola, Indiana, and states to the gratification of all that he will return with a few “greenbacks” to his credit.

Carl Gephart was kept quite busy taking care of his Dad’s bookkeeping—(getting pinched for sneeding in his dad’s Marmon, so Dr. “Gussie” Weimers, ’24, writes).

H. B. Poucher spent the hot months (?) treating in Elgin, Illinois. It was not reported what he treated.

“Pinkie” Marlow, of the same location, has been helping Mr. Elgin make watches all summer. Will probably return with a pocket full of ticks or something.

“Doc” Green reported some time ago that he was working (drawing a salary) in somebody’s garage.

“Swede” Richardson, of Austin, Minnesota, was flirting his summer months with his “Bees.”

Others have written, but they failed to say what they were doing—but, they’re all “rarin’ to come back.

OPENING ODE

The D. M. S. C. O. Local of the Amalgamated Hash-Slingers’ Union, honorary Osteopathic fraternity, has announced the formal adoption of the following Opening and Closing Ode, Motto and Funeral Ritual:

“Clatter and clash—
Slinga da hash,
Smasha da deesh, an’
Twirla moustache!
Loopa da loop,
Sloppa da soup,
Winka da lady,
No giva da whoop.”
Beautiful thing, sentiment and all, isn’t it?

UNEXCUSABLE, DOCTOR!

Frosh: “And did you ever make a serious mistake in diagnosis, Doctor?”

J. P. S. Yes. Once I treated a patient for indigestion when she could easily have afforded appendicitis!”



The Observer Says:

Sure is good to see

You all back again

Hope you had a profitable
Summer. There are quite

A few new faces around

The campus this year so

You upperclassmen want to

Be sure and sell elevator

Rides to the Freshmen and

Get acquainted with the new

Faces on the Faculty, you

Might see them again some

Place. Angus, the pride and

Joy of our institution has

DRAWN THE LINE

For Truck Meyer’s Penny Tossers

The Office Force sure cop

the prize for Old Time Loyalty

Many the night this past

Summer they worked while

You were helping wear out

Dad’s Lizzie

We take our hats and

Caps off to you Mrs. R

And Rose Mary

Many of the boys have

Taken a new wife unto

Themselves during vacation

Don’t know if the

Instigating factor was Love

Or a thirst for more

Knowledge

However Time will Tell

Big Bill Russell reports

Working 5½ days at

Miama Florida as a

Second-hand Battleship

Salesman

Which proves the antiquated

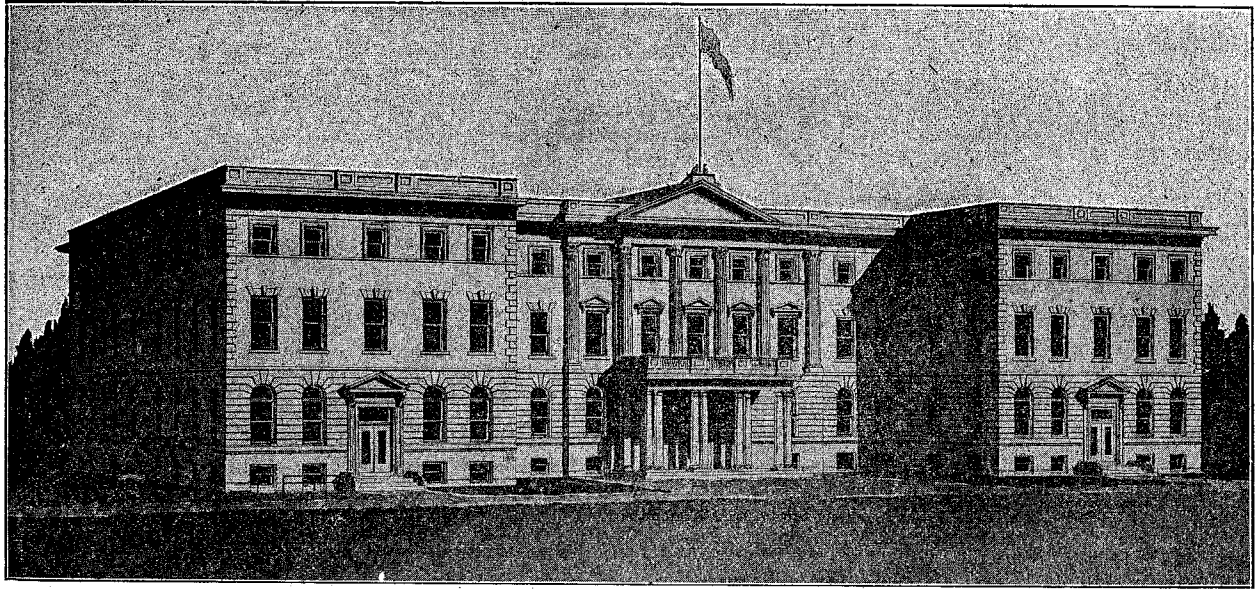
Adage

You can’t keep a bad drink

Down

Period

THIS IS ONLY AN ARCHITECT'S
DRAWING--BUT

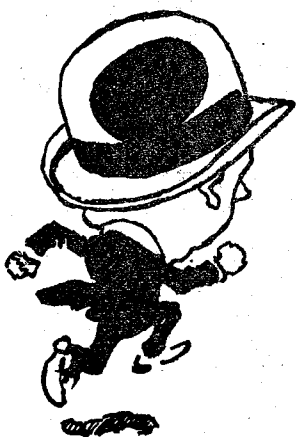


How Would You Like to See the
REAL THING? It's Up to You!

Mark This Date on Your Calendar

October 25th

HOME COMING DAY!



ALUMNI

Every Student and Alumni are
Expected to Help Make This Day the
Greatest Event in the History of
D. M. S. C. O.

GET THE STILL SPIRIT

You Bet I'm Coming!

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of Oct. 3, 1917, authorized Feb. 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

October 1, 1924

Number 6

FIRST ASSEMBLY HELD SEPT. 19

EXTENSIVE PLANS MADE FOR COMING YEAR

The first assembly of the current school year was held Friday, September 19, under the direction of the president, Dr. S. L. Taylor.

A hearty welcome was extended the old and new students by the president. New members of the faculty were introduced to the student body, and given an opportunity to "speak for themselves."

Dr. "Verge" Halladay was exceedingly complimentary in his remarks regarding the college as a whole. He gave the students an insight into his plans for the development of the department of Anatomy. "Verge" is strong on the "blow your own horn" philosophy, and is already busy organizing the "D. M. S. C. O. Silver Cornet Band," promising to direct and to play sax and clarinet simultaneously. Nine rahs and a tiger for Verge!

Next came Professor "Gawdgie" Hurt, directing the Laboratory department. The professor emphasized the essential importance of laboratory work and gave a definite outline covering his course for the coming year, in which the more intensive work is to be done along the lines of intelligent interpretation, and the significance of laboratory findings. We are confident that under Professor Hurt's direction, this will develop into one of the major departments of the college. More power to you, "Gawdgie."

Dr. E. S. Grossman, who is to be associated with Dr. G. C. Taylor in the Eye, Ear, Nose and Throat department, occupied the next place on the program. While we were unsuccessful in finding out just what the "E. S." stood for, the Doctor's size and radiating good nature instantly placed him on a par with the "old-timers" in the minds of the student body.

Coach and Professor Frank Sutton, Dr. E. E. Steffen, Dr. Pinkie Schwartz, Handsome Dr. Johnnie Woods (who put in the summer looking after little things around the college, 7 or 8 pounders), and last, but not least, The Dean, himself, Dr. C. W. Johnson, appearing in person, concluded the program with appropriate remarks of welcome to the returning student body.

(Continued on page 3)

IMPORTANT Read This Notice

Due to conflicting events, D. M. S. C. O. HOMECOMING date has been changed to FRIDAY, OCTOBER 24. Every one is expected to enter into the spirit of this event and help to indelibly impress the fact upon the minds of returning alumni that

Still College Is Awake—Still College Is Doing Things; That This College Is—Was—and Always Will Be the Best in Existence.

The following is the tentative program for the Homecoming Day Celebration, D. M. S. C. O., Friday, October 24, 1924:

8:00 to 9:45 A. M.—Alumni visiting classes, meeting faculty, and renewing acquaintances.

9:45 to 11:30 A. M.—Assembly Pep Meeting. "Experience Advises the Embryos."

12:00 to 1:30 P. M.—Fraternity meetings.

2:00 to 3:00 P. M.—Pushball game—annual class fight Freshmen vs. Sophomores.

3:00 P. M.—FOOTBALL. Western League Park. Still Varsity vs. Graceland.

5:00 to 7:00 P. M.—Class Reunions. Mezzanine floor, Hotel Fort Des Moines.

7:00 to 9:00 P. M.—Home-Coming Banquet. Hotel Fort Des Moines.

9:00 P. M.—Dance. Ballroom, Hotel Fort Des Moines.

BOOST, MAKE THIS EVENT THE OUTSTANDING ONE IN THE HISTORY OF D. M. S. C. O.

D. M. S. C. O. Students to Train Local Athletes

Arrangements have just been completed by Dr. H. V. Halladay to place D. M. S. C. O. students in charge of training athletic teams in all local colleges and high schools.

The boys are now caring for the gridiron aspirants of Drake University, Des Moines Catholic Academy, West, North and East Des Moines high schools, Roosevelt and Lincoln high schools, and the Des Moines Still College squad.

The work comprises regular osteopathic treatments for first string men and substitutes when necessary, work-outs for the balance of the squads, complete care of all minor injuries and minor surgery. The students are under the direction of the local coaches, and their attendance, to hold the appointment, is required daily.

By having their work approved (Continued on page 3)

D. M. S. C. O. TO HAVE BAND



DR. H. V. HALLADAY

DR. H. V. HALLADAY ISSUES CALL FOR MUSICIANS

Remember last year how good it sounded to hear the old band tootin' away in the assembly room and on the football field? "Verge" Halladay thinks that a band is absolutely essential to a progressive school, and the student body should be behind him in his efforts to organize such a group. If a man of such importance is willing to devote his valuable time and energy to such a movement, every last one of you who ever played an instrument, who ever thought he could play, or who ever attempted to play, should answer the call and give your best efforts toward making the band a grand success. Here is "Verge's" personal opinion on the question:

"What About a Band?"

"A gang of wind-jammers is just as important and necessary to school life as athletics or other social activities. At this stage of the game it is impossible to tell just what can be made out of the fourteen or fifteen band men now in school. In a short time, an organization will be effected, officers elected and some earnest work done along this line. We are going to need something in the treasury, so do not be surprised when you hear an S. O. S. call signed by the Band."

Let's Go, Gang! Everybody Help Verge! Still College can have a band—should have a band—WILL HAVE A BAND!!

D. M. S. C. O. Founder Here

Quite an agreeable surprise was afforded September 18, when Dr. S. S. Still, nephew of Andrew Taylor Still and the founder of D. M. S. C. O., stopped off en route to Kirksville, to visit the college.

It will be remembered by the older members of the profession that Dr. Still founded the S. S. Still College of Osteopathy in Des Moines in 1898, erecting the present building the following year. Seven years later the Doctor returned to Kirksville and the name of the college was changed to the Des Moines Still College of Osteopathy.

Dr. Still has always looked upon D. M. S. C. O. as "his" school, and the tenor of the following remarks, made before some of the classes visited, leads us to believe that Dr. S. S. still entertains a high opinion of the college: "Des Moines is the best town in the United States for an osteopathic school." "Even now they are considering the second school the first school of osteopathy." The Doctor's only boast being that in "thirty years of practice I have never learned to sign a death certificate."

Sophomores Elect Class Officers

Class election was held by the Sophomore B class Monday, September 22. The following officers were elected:

President, L. E. Schaeffer.

Vice president, C. A. Ward.

Secretary-treas., Irene Krug.

The outlook for the coming year is very bright, and the manifest enthusiasm of the members of the class causes the prediction of many good times in store for the future.

Attention, Fraternities

In order that all organizations may have equal representation in the columns of the Log Book, the editor requests that each fraternity and sorority appoint or elect an official reporter for the purpose of supplying the Log Book with information relative to his or her group. All material should be handed in by the 7th and 22d of each month.

Who you become is nothing—what you become is everything.

HOME-COMING - - - OCTOBER 24

Third Clinical Session of the Field Membership of the Taylor Clinic Announced Leading Men of the Profession to Be Here

It has been definitely announced that the Third Clinical Session of the Taylor Clinic will be held in the Banquet Room, Hotel Fort Des Moines, October 20 to 25, inclusive.

This event is always a red letter day on the school calendar. The leading men of the profession are on the program of these meetings, and they always find time to devote to the students. This year, the fact that the college Homecoming is to be held during the session of the Clinic, makes it doubly sure that the college will reap benefits from the program.

College Honored

D. M. S. C. O. is signally honored in the coming meeting by selection of one of our faculty members for a prominent place on the program. Dr. H. V. Halladay, the greatest anatomist in the profession, and, for that matter, in the world, is to give his special work on the "Anatomy of the Spine." The Doctor will speak at 11:00 A. M. every day of the session excepting Home-Coming Day.

Downing Here

Dr. C. H. Downing, the foremost technician ever developed by the profession, is one of the outstanding features of the program. A two to four hour period is to be devoted to his work on osteopathic technique every day.

Eminent Diagnostician

Another personage on the program is Dr. Robert H. Nichols, who will speak each day on the subject of Diagnosis. Dr. Nichols is a recognized authority on this subject, and it is an honor to have him with us.

Dr. E. S. Honsinger, and Dr. F. J. Trenery, both graduates of D. M. S. C. O., are to appear before the clinic. Dr. Trenery will talk on the subject, "Physio-Therapy for the Doctor in General Practice," and Dr. Honsinger's subject will be "Efficient Laboratory Methods in the Diagnosis and Treatment of Diabetes." Surgical clinic will be held at 7:30 A. M., Saturday, the 25th.

This work will be of special value and interest to the upperclassmen, Juniors and Seniors. We cannot urge too strongly that you take advantage of this opportunity.

Fraternity Notes

PHI SIG HOUSE

Homer Sprague—Homer kept Lakewood, Ohio, fed up on hot dogs last summer. He made the pussy cat "meow."

Scatterday—Scoots was the backbone of the Worthington, Ohio, bank last summer.

Jacobs—Jake just pushed beans in Dad Jacobs' beanery all summer long.

Roy Davis—Davey just kept

the wheels of industry in Niles, Ohio, turning. Looks none the worse for it, either.

Steingrabe—Besides tending to a concrete mixer and caring for his wife, Steiny danced a couple steps in Des Moines.

Pfeiffer—Red just showed his colors to Des Moines women folks and tried to sell them rugs.

Morgan—Bob just recovered from a severe case of "treatitis." He helped handle the clinic.

Howland—Gay spent his idle hours gathering eggs and counting his chickens. We wonder which kind.

Conn—"Tornado Kid," so he's called in Lorain, Ohio, worked with the Lorain Relief Commission.

Cecile Warner—Cease just left Michigan without a good doctor.

Gladieux—Russ just couldn't seem to get out of his bed this summer, due to vaccination.

Wright—Owen worked with the steel trust gang this summer. Nicholas—Nick or Angus? Which was the shadow? Anyway, Nick got his O. B. and treatments off his mind this summer.

Thomas—Hummer, while serving as Park Commissioner of Leroy Minnesota, still had time to chase flies in the outfield.

Rader—Pictorial Review Co. is on the bottom of Joe's check.

Elsea (Moco)—Dean spent his idle hours learning just how a plow jockey stands the rigors of initiation, back in Ohio.

Smith—Smitty owns a corner on the real estate market in Youngstown, Ohio. That is, if he's invested his summer's wages earned there.

Call—Doc just saw to it that the boys got the Des Moines Capital on the streets ahead of the Tribune.

Price—Eddie, so they say, built up a wonderful clinic practice.

McFall—Mac just lay right down beside work this summer. He wasn't afraid of it at all. Pa. boys are tough.

Lee—Peelee has left Paw Paw because all the boys have started to raise their winter crop of hair, now.

Kirkville has sent us new brothers that are fitting in as though they'd always been here. Meet—Cummings, Cuff and Greiner.

IOTA TAU SIGMA PICKUPS

Iota Tau Sigma wants to extend a hearty welcome to the members of the Freshman Class and to the new members of the upper classes. The chapter house is always open and you are welcome.

A smoker honoring the Freshmen was held at the chapter house Friday evening, September 19. Appropriate talks were given by Drs. Trenery, Halladay, Grossman and Hurt. Entertainment was furnished by "Kid Hayes," accompanied by Ace King's Melody Boys. Despite the rain, the meeting was well attended.

Word has been received from Jim and Dave Burton to the ef-

fect that they will not be back this year, but are counting strong on next fall. They are making greenbacks out of aluminum out in California.

It has been intimated around the house that Tiny Benien is in love. That explains the far-away look in the big boy's eyes.

Hoss O'Dell forgot to bring a milk bottle back to school with him this year.

Some of the older boys filled Little Willie Russell's bed full of buckshot the other night. Bill vows vengeance.

After a summer of practice, Earl Shaw sure blows a mean saxophone. Nothing like blowing your own horn.

Dr. Jake Wedel, class of '24, has opened an office at Winterset, Iowa.

Brother Poucher is planning on making expenses this year by teaching the children of the elite how to ride velocipedes and turn summersaults correctly.

DELTA OMEGA

The Delta Omega sorority entertained the newcomers at a picnic supper at McHenry Park Friday evening, September 18. Despite the rain, the spirits of none were dampened. A talk by Dr. Mary Golden was greatly enjoyed following the supper.

Among the guests present were Mrs. Halladay, Jr., and two children, Mrs. Halladay, Sr., Mrs. George Hurt, Dr. Mary Golden and mother, Dr. Ferne Woods and son, the Misses Emma and Irene Krugg, Olive Lenhardt, Helen Moore and Elizabeth Roberts.

Dr. Ferne Woods extended an invitation to all to come to her home, Tuesday, September 23, for an informal evening.

ATLAS CLUB NOTES

This year promises to be a big one for the Xiphoid chapter of the Atlas Club. With the addition of eight brothers from Kirksville and Chicago, the membership is materially strengthened.

Brother Dr. Halladay, our new field member, has already promised to aid us in our practical work, which, as usual, will be the most important activity of the Club this year.

Dr. J. P. Schwartz, our old reliable, honored us with his presence at the first meeting, and gave us a short talk.

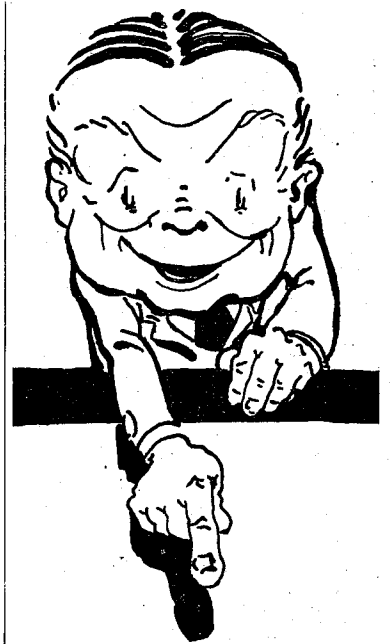
The Atlas Club is strongly behind the idea of the Homecoming Day, and has already got in touch with several field members who promise to be on hand.

AXIS CLUB NOTES

Dr. Ella Still of Kirksville was in the city Tuesday and Wednesday. Members of the local chapter were glad to visit with her.

The Axis Club entertained the Misses Roberts and Lenhardt at a luncheon at Harris-Emery's tea room, Wednesday, September 17.

Herma Early, a member of the June class of '24, left for Minneapolis September 19, where she intends to practice.



Dr. Halladay to Frosh: How did the funny-bone get its name?
Frosh: Dunno.

Dr. Halladay: Because it's next to the humerus, of course.

A PLAYLET

Scene 1. Dean Elsea going down the hallway with grandfather clock on his back.

Scatterday: "Say, Dean, why d'ntcha buy a watch?"

Scene 2: Br-r-r.

IN BARN STORMING DAYS

Press Agent: "I wouldn't have anything to do with that actor; he's a bad egg."

Manager: Well, I've known bad eggs to make their mark on the stage.

Out where the buttons seem

A little tighter;

Out where the buckle shines

A little brighter;

Out where the girth becomes

A little longer;

Out where straining seems

A little stronger—

That's where the Vest begins!

MEDICAL JURISPRUDENCE

An old miser in Athens, Georgia, hated to part with money, and to the physician who was just bringing him around from a long illness, he said one day: "Doctor, we have known each other such a long time, I don't intend to insult you by settling your account in cash, but I have put you down for a handsome legacy in my will."

The doctor looked thoughtful. "Allow me," he said, "to look at that prescription again. I wish to make a slight alteration in it."

"I say, mama," asked little Tommy, "do fairy tales always begin with 'Once upon a time'?"

"No, dear, not always," replied mama; "they sometimes begin with 'My love, that is only a patient of mine.'"

Who is this Tommy Rot we hear about so much?

HOME-COMING - - - OCTOBER 24

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OSTEOPATHY

PresidentS. L. Taylor
Editor.....Don Baylor

Osteopathy Without Limitation

Aim at the stars, though
you hit the fence. For if you
aim at the fence you may
hit the ground.

Something for Nothing

There is no such animal. The law of compensation, slow in operation and clouded with many apparent false leads, still operates, and you must give something, either of good or evil, in exchange for any good or evil given you, but there is a big percentage of us who go through life always hoping that the magic wand will lay in our lap all the things that our imagination conceives as pleasurable or advantageous.

This is the idea that actuates gamblers, and it has its bad effect in every walk of life, for it continuously preaches to us that we can slight our work, can wave aside our moral obligations, and some "lucky" day make a big winning without corresponding effort. There are just enough examples of the apparent success of this idea to befuddle the minds of millions more.

There seems to be a "foolish" period in the lives of most of us wherein we place some dependence on this idea, but those who get over this attack the earliest are the "luckiest." The "luck" idea leads only into time wastage and shiftlessness, and unless it is overcome, it goes on into its more cowardly companion, failure.

He is "lucky," indeed, who early eliminates "luck" as a factor in life.

Former Faculty Member Visits School

Miss Ava Johnson, formerly a member of D. M. S. C. O. faculty, and daughter of the Dean, visited the college for a short time September 19th. The following note was addressed to Dr. S. L. Taylor:

"I'm sorry not to see you after missing you at the college, dropped in here hoping to congratulate you on the splendid atmosphere at the college—now, I feel I should add the same regarding the new offices. They are lovely. I leave for New York Sunday, so shall not see you again. Best wishes for the year.
"Ava L. Johnson."

Praise from one who has made such gigantic strides in her chosen field as Miss Johnson, is of double value.

Are You Looking For a Location

Word has been received by the college that Dr. Helen Kelley Groff, Mason City, Iowa, desires someone to take over her practice during November and December. To quote from the Doctor's letter: "Do you know of any lady in the profession or that is now in the senior class that could take my practice during November and December? I would prefer someone that has practiced for a while, if it will be possible to find such a party."

Anyone desiring further information can communicate with the Doctor direct or through the college.

An exceptional opportunity for a hustler is open at Afton, Iowa. Dr. Thomas G. Burt, D. M. S. C. O. graduate, would like to get out of practice for a period of six or eight months, and wants a good, live man to take over his practice for that period. The Doctor expects no income from the practice.

There is an opening at St. James, Minnesota, for a wide-awake osteopath. Communicate with Dr. H. W. Beckstrom of that city.

A wonderful opportunity presents itself in the practice in a Nebraska county seat town that is available at this time. The Doctor has a fine new modern house that would be included. For particulars, write the Log Book.

Any one interested in the south will be glad to hear of an opening at Hattiesburg, Mississippi, a town of approximately twenty thousand, with two colleges, no other osteopath in the city. The practice is for sale or lease, with or without equipment.

Old Stupph!

The following items are taken from Harper's Weekly, July 21, 1877. Appearing under the head of Foreign Gossip:

"Red Clover Tea is said to be a cure for cancer—the red top is boiled in water and drunk freely, using it also as a wash. This supposed remedy is easily tried." While under the heading of HUMOR we found: "Doctors never allow DUCKS on their premises, they make such personal remarks."

The above, being of such a complicated nature, led us to make the following selection from under the head of Scientific Intelligence:

"Different ways of putting it: This is the scientific way, 'If a man falls asleep in the sitting posture with his mouth open, his jaw drops; the tongue not being in contact with the hard palate, the suctorial space is obliterated; the soft palate no longer adheres to the roof of the tongue; and if respiration be carried on through the mouth, the muscular curtain



The Observer Says:

Sure looks good
To see three
Full teams out
Every night for
Foot Ball Practice
Looks bad for our
Opponents
The other day when
Somebody nominated
Irene Krugg
For Secretary of the
Sophomore Class Irene
Says, "I resign,"
Ludwig says, "You're not
Elected yet" but
Irene got all the votes
Every speaker in
Assembly has remarked
About the Atmosphere
Prevalent in the School
This year. Sure was
Great the day the steam
Loosened up the paint
On the pipes
The Freshman
That thought I got
The Gold in my teeth
From masticating
5 dollar gold pieces
Wasn't dumb—
Just dumber
But anyways fellers
We've got a
Good bunch of
Freshmen this year
So let's be
Proud of 'em
Trick Pants
Prince of Wales'
Hats and all
Period.

begins to vibrate.' And this is the popular form: 'If a man doesn't keep his mouth shut, when asleep, he will snore.' And fifty years later, we might take it upon ourselves to add the current version: "The bozo who pulls a Rip Van Winkle with his trap open plays sheet music."

FIRST ASSEMBLY HELD SEPT. 19

(Continued from page 1)

A definite program of peppy, interesting assemblies has been planned for every Friday morning at 9:45 for the coming year. The following list gives the dates and conductors of assemblies to and including December 19th. To expedite matters and to assure full time for programs the students are urged to go to the assembly room immediately after the gong sounds at the end of third hour.

Assembly Conductors

Sept. 26—Dr. E. E. Steffen.
Oct. 3—Dr. J. P. Schwartz.
Oct. 10—Dr. J. M. Woods.
Oct. 17—Dr. Mary Golden.
Oct. 24—Dr. H. V. Halladay.
Oct. 31—Dr. C. F. Spring.
Nov. 7—Dr. R. B. Bachman.
Nov. 14—Dr. G. C. Taylor.
Nov. 21—Prof. F. R. Sutton.
Dec. 5—Dr. Lola Taylor.
Dec. 12—Dr. A. B. Taylor.
Dec. 19—Dr. C. W. Johnson.
Directors of Music, Cochran and Miller.
Accompanist, F. A. Hoffman.

D. M. S. C. O. Students to Train Local Athletes

(Continued from page 1)
at definite intervals by the coach in charge, the men will receive treatment credit in general clinic. In addition to the above duties, they must attend once a week, special classes for special instruction in the care of minor injuries arising from athletics. Special work is also being given in minor surgery.

Dr. Halladay met with every courtesy from the officials of each school, and is more than optimistic as to the final outcome of the plan.

This is D. M. S. C. O.'s big opportunity to show the citizens of Des Moines what Osteopathy is—what it can do and the type of men the local school is turning out through the medium of their children.

It is the first time in the history of the college that there has been a direct inroad to the student bodies of the local high schools. The RESULTS will be apparent in next year's Freshman Class!

Worry

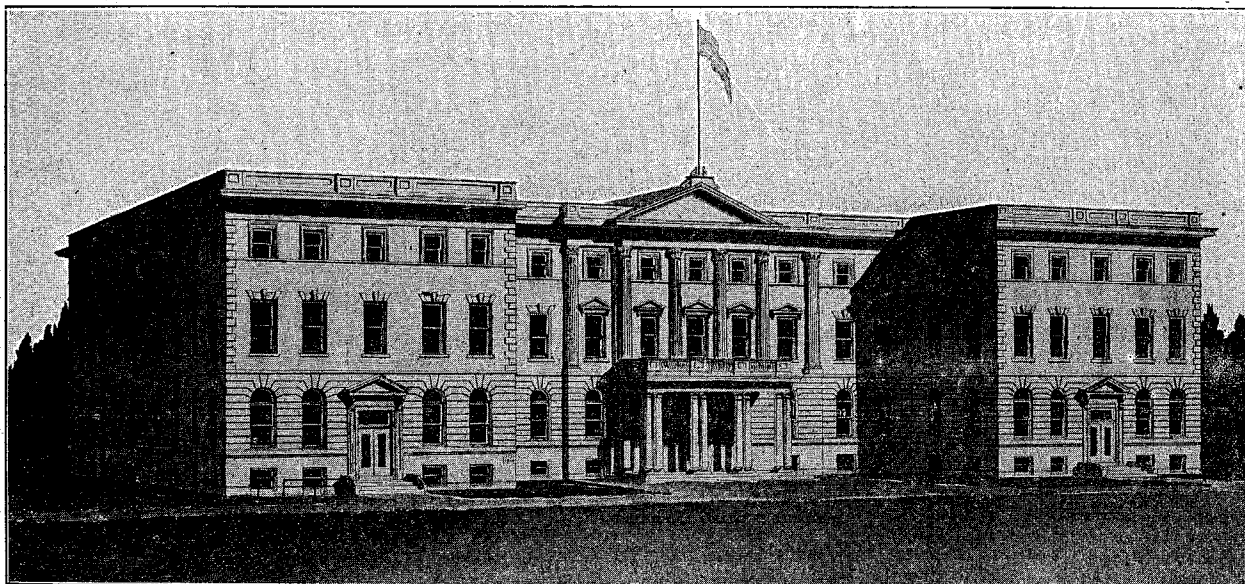
Our old friend and shining example for little boys to pattern after is given credit for having delivered himself of the following mouthful of wisdom. Read it—let it sink in—and then read it again:

"Do not worry, eat three square meals a day, say your prayers, be courteous to your creditors, keep your digestion good, exercise, go slow, and go easy. Maybe there are other things that your special case requires to make you happy; but, my friend, these, I reckon, will give you a lift."—Abraham Lincoln.

HOME-COMING --- OCTOBER 24

TO ERECT THIS BUILDING

It Will Require



Steel, Stone, Brick, Cement, Wood, and
YOUR CO-OPERATION
Are You Ready?

STUDENTS WILL GET MORE OUT OF ATHLETIC CARDS
this year than ever before. DMSO will have the best team in
the history of the College---*if every student attends every home game!*

Sept. 27—Haskell Indians at Lawrence, Kansas.

Oct. 3—Knox (Tentative).

Oct. 10—Buena Vista at Storm Lake.

Oct. 17—Trinity College at Des Moines.

Oct. 24—Graceland at Des Moines — Homecoming.

Oct. 31—Central at Des Moines.

Nov. 21—Western Union at Des Moines.

BOOST YOUR TEAM!

HASKELL INDIANS 12; D.M.S.C.O. 0

LOSE HARD BATTLE ON SOGGY FIELD

Myers, Walker Star

Outweighed, and with only two weeks' training behind them, D. M. S. C. O.'s gridiron warriors invaded the Indian stronghold and held them to a 12 to 0 score. The markers being made in the first and last periods of the game. The field was just slippery enough to make open field work impossible. The Indians perfected a stone wall defense, and Still had to revert to a kicking and defensive game.

It is a difficult matter to state who starred in the game, as every man on the team gave everything he had and then a little more. Newspapers mentioned Myers and Wallie Walker as the outstanding players on the Still aggregation.

Still 0—Buena Vista 0

With a team composed of cripples, so to speak, Still journeyed to Storm Lake and battled Buena Vista to a 0-0 tie. The Storm Lake report on the game follows:

Storm Lake, Ia., Oct. 11.—The Still College football team, although outplayed during most of its game here Friday, managed to hold the Beavers to a scoreless tie.

Buena Vista gained considerable more ground than the invaders, and several times got close enough to try for field goals. In the first period Still was on the defensive during most of the play, but the locals lacked the punch to make a score when they got near the goal line.

The Beavers attempted three field goals during the game, and all were failures.

The locals had a strong defense, and Still had trouble in gaining ground. Murphy was the only Still player who could make headway against the locals.

Much Enthusiasm for Homecoming

Only a brief interval remains before the curtain rises on the First Annual Still College Homecoming. The student body is on edge—the alumni interviewed are impatiently waiting "The Day," and the committee are dashing around feverishly trying not to forget some important detail.

This is going to be the greatest event in the history of Still College. Its success depends upon the hearty, active co-operation of every student and faculty member.

Extensive plans are being made for the Banquet and Dance, which is to be held at the Savery III Hotel. The freshmen are busy working up stunts to enliven the "inter-course" period, and the services of the best after dinner speakers available have been secured. Music—that will make the young feel younger and the old die happy—will hold sway from 7 P. M. on. Better bring two pairs of shoes with you to eliminate any possible loss of time.

Make your plans now to spend the entire day celebrating!

Still—0

Platt	-----	L. E.
Sheets	-----	L. T.
Myers	-----	L. G.
Graham	-----	C.
Jones	-----	R. G.
Walker	-----	R. T.
Nicholas	-----	R. E.
Buirge	-----	L. H.
Murphy	-----	R. H.
Thomas	-----	Q. B.
Schneider	-----	F. B.

BUENA VISTA—0

Coulson	-----	L. E.
DeLong	-----	L. T.
Crissey	-----	L. G.
Hagedorn	-----	C.
Cowan	-----	R. G.
Bradford	-----	R. T.
Saggau	-----	R. E.
Christie	-----	L. H.
Hemingway	-----	R. H.
Rollins	-----	Q. B.
Gaffin	-----	F. B.

Official referee—Pete Welsh of Drake University.

Annual Freshman Reception Held

The annual freshmen reception was held at the college Saturday evening, October 4th. The student body and faculty turned out en masse for the first social event of the year, and the hall was packed to its capacity.

The Doctors S. L. and Lola Taylor, assisted by the faculty and their ladies, received. Dr. J. P. Schwartz acted as master of ceremonies. Everyone was presented, on arrival, with a tag bearing their name and home town, thereby immediately creating a spirit of goodfellowship.

A trio of young ladies from the Orpheum Circuit entertained the crowd with a group of selected songs and imitations. Ray Harrison, accompanied by his "jazz hounds," provided the necessary impetus for those who worshiped the Goddess Terpsichore. Tables for cards were formed on the first floor.

The college rooms were tastefully decorated in seasonable colors, and true autumnal refreshments of cider, apples, and doughnuts were served.

Everyone who was present reported the "best time ever," and the unprecedented success of this event sponsors the prediction that all future college functions will be held at the school.

Millard Lauds Anatomy Department

In a letter to one of the members of the sophomore B class, Dr. F. P. Millard, of Toronto, Ontario, Canada, gave unstinting praise to the D. M. S. C. O. department of Anatomy.

Dr. Millard is one of the trustees of the American Osteopathic Association, and one of the foremost practitioners in the country. Prominently known, and with an enviable reputation of excellence in specialized lines, his praise is of double value. The following is taken verbatim from his letter:

"I am very much interested in your school work and in your special course in anatomy. You are to be congratulated on having Dr. Virgil Halladay as your chief instructor. We consider him one
Continued on page 3

Interesting Assemblies Held at D. M. S. C. O.

On September 27th, a pep meeting, conducted by the eminent physician, Pinkie Schwartz, was held, to give the team a rousing send-off for the Haskell game. The student body exercised their vocal cords to their hearts' content, and the Freshmen were invited to the platform, where, under the guidance of Jim Cochran, they were taught the college song.

A "three-legged quartet" composed of Cochran, Miller, and Swanson, rendered a group of excellent songs, to the accompaniment of "Jazz" Hoffman. Swanson's baritone solo, "The Barefoot Trail," was a "knock-out."

Brief talks were given by Dr. Taylor, Dean Johnson, and the Coach.

Tentative program for Homecoming was outlined by Dr. J. P. Schwartz, which met with the enthusiastic approval of the student body.

Assembly the following week was under the supervision of Dr. E. E. Steffen. The program consisted of short talks by faculty members, and musical selection by Dr. Verge Halladay.

The Freshmen all attended Dr. John Woods' assembly, October 10th, bedecked in green crepe paper ties, bearing the placard: "NOT ST. PATRICK'S DAY, JUST FROSH." We can't understand why they should select such a quiet color as green.

Following a brief discourse on the subject "Why do they do it," by the Dean, the following musical program was presented:

Violin Solo, Miss Helen Moore, accompanied by Miss Mildred Trimble.

Vocal Solo, Miss Dora Dietz, accompanied by the Misses Trimble and Moore.

Saxophone Solo, Earl B. Shaw, accompanied by F. A. Hoffman. Piano Selections, "Jazz Hoffman."

The added interest on the part of both the student body and the faculty, in the holding of regular, organized assemblies, has done more toward promoting that real "college spirit" than anything heretofore attempted. Talent of undreamed-of merit has
(Continued on page 3)

Them Freshmen of Our'n

D. M. S. C. O. can certainly be proud of its Freshman Class! Such a gang of clear minded, peppy, enthusiastic youngsters never before matriculated in any Palace of Wisdom.

Last year it was thought that the incumbents of the green cap, were without peer, but they cannot hold a candle to the present aggregation.

The lofty minded sophomores handed down the traditional Freshman Rules, and the bunch have responded in a manner that is adequate proof that the seed of the "Still Spirit" has been sown in fertile ground. The Following are the rules for the guidance of the Neophytes:

1. All freshmen must wear the prescribed Green Cap. Period of adornment to be determined by the annual freshman-sophomore pushball game, Homecoming day. If the freshmen win, no more caps. If the sophomores win—be a good sport.

2. Freshmen are not permitted to smoke on the south side of Locust street, between Fourteenth and Fifteenth.

3. In the assembly room, all freshmen will remain standing until upper classmen are seated.

4. For a period of three weeks, all freshmen must wear, prominently displayed, a tag bearing their name and home town.

5. Twice a month, for the balance of the first semester, the freshmen must put on a "stunt day." A committee to be appointed from the class to confer with the undersigned to formulate said stunts.

Those not conforming to the above rules—nuf said!

The Frosh, with a possible exception of two or three, have entered into the spirit of the movement heart and soul, and are getting as much kick out of compliance with the rules as the upper classes get out of watching their antics. The freshman committee, composed of Jone, Regan, Havis and Miss Lenhart, are hard at work, and have adopted the following slogan, "Watch the Freshmen."

Fraternity Notes

PHI SIG HOUSE

The freshman smoker was held at the fraternity house, Wednesday evening, September 24, and a hearty welcome accorded to our newcomers.

After music, rendered by some of the freshmen, and a good chat and get-acquainted session, the guests were ushered into the mysteries of hypnotism.

At a late hour, refreshments were served by the pledges.

We were glad to see new faces around the house Sunday. Some of our Brothers from Kirksville paid a week-end visit. Come again Brothers, W. M. Walrod,

Jack Woolsey, Harry Ritz, T. R. Joslin, R. G. Shorninghouse and Pledge A. J. Blair.

Fraternity brothers who accompanied the football team to the Haskell Indian game were: Joe Rader, Ralph Davis and Clyde Conn.

Joe Flasco of the freshman class has been taken care of at the frat house during his recent illness.

Have you noticed the new pictures in the waiting rooms? They were donated to the school in the name of the Class of '26 by A. E. Smith.

Who says we won't have a new school soon? The best sign of prosperity is Angus's (our honored Custodian) Cadillac in the back yard. (South side of the CAMPUS.)

We are all regretting that H. J. Hurst is leaving us, and sincerely hope his health will permit him to join us again in the mid-year class.

Anyone interested in guaranteed feline exterminators, should see Cecile Warner at the P. S. G. house.

IOTA TAU SIGMA

Beta Chapter, Iota Tau Sigma, announces the pledging of the following students of D. M. S. C. O. to the fraternity.

Noble Atterbury, Atlanta, Missouri.

Ellridge Brown, Boulder Colorado.

Clark Hovis, Detroit, Michigan. Cecil Jones, Worthington, Ohio. Lawrence Laghry, Bergen, New York.

Robert Ross, Elgin, Illinois. Sherwood Nye, Mt. Clemens, Michigan.

Arrangements are in the making at this time for entertaining the alumni of Beta Chapter who will attend the Taylor Clinic convention and the college "Homecoming" the week of Oct. 20th. Luncheon will be served at noon Friday the 24th at the chapter house, 2007 Grand Ave., to all Iota Tau Sigma actives, alumni and their wives, followed by a meeting of the Alumni association of Beta Chapter.

Saturday night, October 25th, a Homecoming Dance, honoring the alumni and the new pledges, will be held at the chapter house. Special music and favors promise to make this one of the gala times of the Homecoming celebration for the "field men."

The following "Its" took in the Still-Buena Vista game at Storm Lake, Iowa, on Friday, October 10th: Staples, Russell, Benien, Poucher, Dave Skidmore, Cochran Marlow, Platt, Richardson and Pledges Jones and Ross.

Harry Wetzel, of Pittsburgh, Pa., trumpet soloist with the U. S. S. Leviathan Orchestra, playing at the Orpheum theatre, week of September 28th, was a guest of the fraternity at dinner Saturday evening, October 24th.

Max Bridgemann, of Columbus,

Ohio, was a guest at dinner Sunday, October 5th.

ATLAS CLUB NOTES

The Atlas Club is holding its semi-annual Pledge Dance, at its former hall, 13th and Grand, Friday, October 17th.

Xiphoid Chapter of the Atlas Club takes pleasure in announcing the pledging of Ray Trimble, Montezuma, Iowa, and Robert Bryson, of Iowa Falls, Iowa. It might be added that the Goat has been put on a starvation diet.

Brothers McCurdy and Early, of the Axis Chapter at Kirksville, visited the local chapter last Saturday and Sunday.

We are in receipt of letters from Brothers Dr. Van De Grift of Austin, Minnesota, and Dr. Kuchera of Albert Lea, Minnesota, and are pleased to learn that both are enjoying very successful practice. Both expressed a desire to be remembered to local friends.

Brother Phil Bryson journeyed home to Iowa Falls this week end. Is there an attraction, Phil?

The Atlas Club honored the freshmen and new students with a smoker held at their old club rooms, Thursday, September 25. Interesting talks were made by Brother field members, Drs. Halladay, Schwartz, Soule, and Campbell. Refreshments were served, and an enjoyable evening was had by all.

We regret to announce that Brother Dr. Gould is at Fitzsimmons, Colorado, on account of his health.

ALPHA PSI IOTA SIGMA Nee Axis Club

At the last national convention of the Axis Club, held May 26-30, 1924, at Kirksville, Missouri, it was voted to change the name of the Axis Club to the Greek letters for the word Axis. The organization is to be officially known as the Alpha Psi Iota Sigma Sorority. All necessary steps are being taken for entrance into the national Pan Hellenic organization.

Mrs. Bertha Messerschmidt gave a luncheon at her home, Sunday, September 28, in honor of the Misses Irene and Nina Krug.

Mrs. Grace DeWalt was called to her home, Chadron, Nebraska, on account of the illness and death of her brother.

A six o'clock dinner was served in the South Crystal room of Harris-Emery's September 30th, in honor of the Misses Irene and Nina Krug, Lenhardt, and Roberts. Interesting talks were given by Dr. Florence Morris and others.

On Friday evening, September 26, a theater party, after which refreshments were served at "The Shops," was given in honor of our new students.

Mrs. Messerschmidt entertained at luncheon at her home in honor of our new students.

Continued on page 3



A farmer boy spent a sultry half-hour, hauling and driving a new calf toward the barn. A steer dashed by, headed for the pasture, and the calf followed. "Go to thunder, you darn fool!" muttered the boy. "You'll know the difference when supper time comes."

(Headline in Des Moines Register)
FARMER DISAPPEARS; BELIEVED TO HAVE LEFT
Perhaps he just went away.

(Ad in Chicago Tribune)
BIRD'S EYE TWIN BEDS,
dresser, chairs, desk, Book of Knowledge; cheap. 214 E. 46th St.
Complete outfit.

HEARD AT THE RECEPTION
Sweet One—"Are you from the far north?"
Ole—"No, why do you ask?"
S. O.—"You dance as if you had snowshoes on."

HEARD IN PEDIATRICS
Dr. Mary Golden—"Dr. Smith, what do you think of rubber pants for infants?"
A. E. Smith—"I never use them."

HIS PREFERENCE
A young lady sat next to a distinguished bishop at a church dinner. She was somewhat modest and diffident, and was rather awed in the bishop's presence. For some time she hesitated to speak to him, waiting for what she considered to be a favorable opportunity. Finally, seeing some bananas passed, she turned to him and said:

"I beg your pardon, but are you fond of bananas?"

The bishop was slightly deaf, and leaning forward he replied:

"What did you say?"

"I said," repeated the young lady, blushing, "are you fond of bananas?"

The bishop thought for a moment, and then said:

"If you want my honest opinion, I have always preferred the old-fashioned nightshirt."

Chickens in the car have wrecked more autos than chickens in the road.

The man who can conquer the worst in himself has met and solved the biggest problem he will ever face.

Every day something is being done that couldn't be done.



The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OSTEOPATHY

President S. L. Taylor
Editor Don Baylor

Osteopathy Without Limitation

Push

Often the man who fails in practice makes this complaint: "The world is unfair. Its honors and riches go to him who impudently pushes himself ahead—rather than to the man with real ability." In these very words he has told the cause of his failures and has suggested, at the same time, the only remedy.

For ability, unless it is haled forth, harnessed and put to work, must forever remain nothing more than mere prob-ability.

Things which cannot be seen or felt by the people of the world, have no reality—no existence.

The light hidden beneath a bushel casts no radiance, and, in the sight of the world, is darkness.

Gold is valueless until labor digs it up and puts it to useful purposes.

The diamond is worthless so long as it is hidden in its native clay.

Of what worth is the pearl lying on the ocean bed or enclosed within the mollusk's shell?

And so it is with merit: if inactive, it has no place in the world's work.

MORAL: Do a little pushing on your own account. Follow the example of him who "impudently pushes himself ahead" if you would share in the world's honors and riches.

For the world must know what you are and what you can do before it can avail itself of your abilities. And the world is very apt to take you at your own rating.

Anyone can catch a bouquet, but it takes a good man to stop a brick.

The saddest sight—a one-armed fisherman trying to describe the size of the big one that got away.

The best place to have a boil is in the tea kettle.

The first board of health we can remember was about three feet long.

"Vial stuff," muttered Prof. Hurt, as he poured out the acid.

At Storm Lake

The attitude of the student body to the visiting students of Still College who attended the game at Storm Lake on Friday afternoon was of such a friendly nature that all D. M. S. C. O. should know of it.

When the Still team came on the field, Buena Vista's cheer leader had his following give the team a series of "Welcome" cheers that sounded good to the handful of local supporters that were there.

Again when Capt. Murphy and "Race" Myers were temporarily incapacitated, the BVD cheer leader grabbed the opportunity for giving an encouraging cheer for the Still team.

The "good sportsmanship atmosphere" was further strengthened by the business men of Storm Lake, who displayed cards in their shop windows with "Welcome Still" printed thereon; the manager of the theater extended the privileges of his theater to the team the night before the game; the people of the town met the "visitors" with a word of welcome, and it all tended to make the trip an enjoyable one and one that will be long remembered by everyone who was present.

Let us all remember next year, if Buena Vista plays us here, how well we were received, and endeavor to return the courtesy in every way we can so that when they leave us they will carry with them the same impressions of Still as have been "instilled" into us, of Buena Vista.

For that matter, we can learn from their treatment what it means to extend every courtesy possible to the visiting team, so that when they leave they have nothing but commendation for D. M. S. C. O.

Next week it is TRINITY COLLEGE—HERE! Show your stuff!

Are You Looking For a Location

Word has been received from Dr. E. D. Spurrier, of Fort Smith, Arkansas, to the effect that he is considering taking over the practice of another physician, and that he would like to dispose of his own. Here is a real opportunity for an enterprising Osteopath to obtain a well established practice very reasonable.

Freshmen Elect Class Officers

The Freshman B class recently elected the following officers to guide their ship through the turbulent times of the first semester:

President, C. M. Jones.
Vice president, Watson Havis.
Secretary, Olive Lenhart.

Interesting Assemblies

(Continued from page 1)
been unearthed in the student body in the formation of these programs, excellent speakers have been engaged to appear at future dates, and above all, there is an indefinable something permeating the atmosphere in the halls and in the classrooms, that has never been there before. Fellows, we've got a real college, real faculty, real student body, and a real COLLEGE SPIRIT! Our possibilities are unlimited.

Annual Reception

(Continued from page 1)
of the best in the world. In fact, I do not know of any anatomist in the world who can go ahead of him. He has always been a great student and is a genius along several lines. I think that he is going to show Des Moines how to put the school on the map as never before. Rally round him and listen to what he says. His lectures are worth while. In fact, his instructions are second to none."

Fraternity Notes

(Continued from page 2)
or of Miss Roberts and Miss Bledsoe, October 6th.

Miss Lois Irwin is assisting Dr. Lola Taylor in the Gynecological Clinic this semester.

DELTA OMEGA

The Misses Mildred Trimble and Mabelle Moore were joint hostesses at a party for the new girls, given at the latter's home, 3408 Cottage Grove Avenue, Saturday evening, September 28th. Besides the Misses Elizabeth Roberts, Emma Krug, Helen Moore, Olive Lenhardt, and Irene Krug, the guests included Messrs. Doyle Richardson, Don Weir, Marvin Greene, Dr. Charles R. Bean, Dick Gordon, Isaac J. Nowlin and Homer Sprague.

The first part of the evening was spent in games and music, after which light refreshments were served and then all tripped the light fantastic to the tune of the old Victrola.

The Woodlawn was the scene of a pretty banquet for the Delta Omegas Wednesday evening, October 8th, in which the field members joined the actives in entertaining the new girls. Toasts, spelling the name "Delta," were given by Dora Dietz, Dr. Della B. Caldwell, Dr. Mary Golden, Olive Matthews, and Dr. Katherine B. Wainscott, over which Dr. Irma Vogel-Townsend presided as toastmistress.

The sorority colors of green and gold were carried out in place cards, nut cups and floral decorations. Favors, in the form of dainty individual colonial bouquets, were received by each participant.

The guests included the Misses Elizabeth Roberts, Irene Krug,



The Observer Says:

Again
We have the
Little
Green Caps
In our midst
Welcome
Several loyal supporters
Accompanied the team
To Lawrence
Anyone desiring
Instruction on the
Proper technique to
Use in addressing the
President see
Dave S
Wallie Walker's only
Thought after the
Game was how
Did the Pioneers
Stand it
Concerning the Cadillac
Angus says
She may be an old model
But, Oh Lady, How
She do go
Wonder what would have
Happened had one of the
Fare Sex peeked into
The Vats
In the
Dissection Room
The Night of the
Freshman Reception
Have you noticed the new
Floor covering
On the platform
In the
Assembly Room
Pretty Slick Stuff
If the assembly room
Gets too
Warm
We can always
Open the east
Windows and see the
Fire escape
Don't shoot Boys
It's no
Crime
To be poor but it's
An awful
Mistake
Period

Olive Lenhardt, Helen Moore and Emma Krug, while among the field members present were Mrs. H. V. Halladay, Mrs. C. F. Spring, Dr. Katherine B. Wainscott, Dr. Mossie Lovegrove, Dr. Irma Vogel-Townsend, and Dr. Mary Golden.



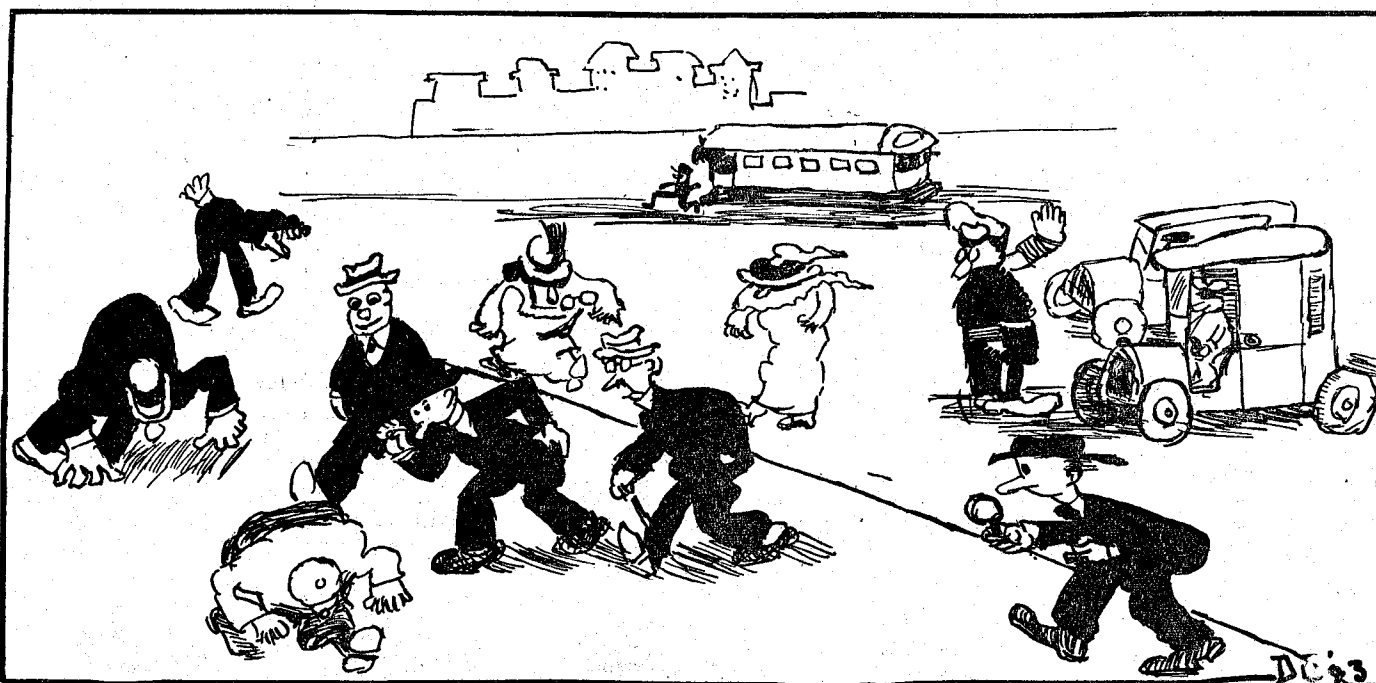
H E L P H E L P



Hey! Fellers!
It's Gone! Lost, Strayed or Stolen!

Stop!---Look!!---Listen!!!

*Can't Get Along Without It. Reward, and
No Questions Asked, to Finder.*



Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of Oct. 3, 1917, authorized Feb. 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

November 1, 1924

No. 8

DEFEAT GRACELAND AT HOMECOMING

Score 20 to 7 in Still's First Victory of Season

With Jim Regan leading the way with two touchdowns in the first half, the Still college football team won from the Graceland eleven in a game at the Western league park by a 20 to 7 score. The contest marked the Osteopaths' homecoming event, and was the first victory of the season, following one defeat and two scoreless ties.

Regan battered and ripped his way through the Lamoni team's defense, being ably assisted by Don Sheets and Captain Murphy, during the first two periods. He scored two markers, one in each of the two opening periods, and gave Still a lead which Graceland was unable to overcome.

In the first half and part of the third period, the locals completely outplayed their Lamoni rivals. Again in the third stanza Leeka, Graceland's safety man, fumbled a punt, and Myers grabbed the bounding oval to give Still its third counter.

The remainder of the third quarter and all of the final period was Graceland's, however. Not only did they hold the locals in check, but they crossed the local goal line, the first marker to be scored against Coach Sutton's team since the Haskell game. The counter came as a result of a pass, Leeka to Wells, with the ball in play on Still's 34-yard line.

Wells grabbed the ball out of the air, dodged two "Bonesetter" players and planted the pigskin behind the local goal posts. The final quarter was scoreless for both teams. Regan, Murphy and Sheets were Still's mainstays in lugging the ball for gains. In the line, however, Nicholas, Graham, O'Keefe and H. Thomas were the outstanding performers.

While the Lamoni team failed to penetrate the local defense for consequential gains, Butterworth and Kelly made the most yardage. Wells, however, was the real visiting star, with his defensive and offensive playing.

Concerning Auditorium

After the great success of the Freshman Reception, which was held in the college auditorium some time ago, it is quite evident that it will be the scene of many of the school functions in the time to come.

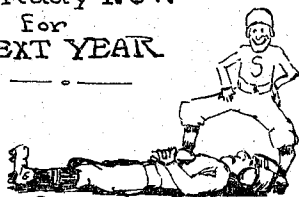
Foreseeing the above conditions, the Board of Trustees have made the following rulings
(Continued on page 3)

HOME COMING HIGH-LIGHTS

First Annual Reunion

D. M. S. C. O. Alumni

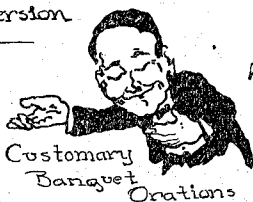
Get ready NOW
For
NEXT YEAR



Still 20-Graceland 7



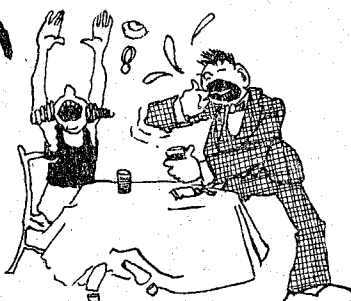
Freshman
Diversion



Customary
Banquet
Orations



Dr. Nichols speaks in Assembly



This Junior broke his air of the "Powder in Public" habit

Did we have Fun?
Yea Bo!



Back to the old Grind!

I LOVE HER

She smokes
She paints
She powders
She reads La Vie Parisienne
She drinks my liquor

She stays out all night
She cusses, too
She eats lobsters at midnight
She does lots of things she ought not to
But she's my grandma and I love her.

HOMECOMING DAY IS BIG SUCCESS

Loyal Alumni Flock in for Annual Reunion

D. M. S. C. O.'s first annual Homecoming Day went over—and went over big. Enthusiasm was the keynote of the day, and hilarity marked the evening's entertainment.

To begin at the beginning, the celebration opened with one of the best assemblies of the year at 9:45. Music, short talks and pep were the background for the address delivered by Dr. Robert H. Nichols. The noon hour was taken up with meetings and luncheons held at the various fraternities and sororities. The crowd then migrated to Western League ball park, where the Freshmen and Sophomores staged their annual battle royal over a huge push ball. It was a grand battle, both classes fighting "tooth and toe-nail," but after the smoke had cleared away and the dead and wounded had been removed, it was discovered that the Sophs had come out with the big end of the score, thereby forcing the Freshmen to wear the cute little green caps for some time to come.

Football was next on the program for the day, and Coach Sutton's Warriors responded in true Still College manner, walloping Graceland to the tune of 20 to 7. The game was full of thrills and action, something happening every minute. (Complete report is given in this issue.)

Food was the next thought in the minds of the celebrators, and consequently fifty more than were expected gathered in the Venetian room of the Savery III Hotel to partake of the fattest calf, which is supposed to be the proper viand to offer the returning prodigals, but which in this instance turned out to be stuffed pork tenderloin. However, by some unknown means, the management was able to feed the hungry horde, and none were turned away hungry. One of the Freshmen became violently ill during the first course, and for a brief interval it was thought that Dr. S. L. Taylor would have to operate, but through the influence of the patient's classmates, the operation was performed to the amusement of the diners by the members of the Freshman class. Many wierd and unheard-of structures and organs were discovered, which will no doubt prove a great help to the profession in the years to come.

Dr. F. J. Trenery acted as toastmaster, and a series of after-dinner speeches were delivered.
(Continued on page 3)

Trinity Holds D. M. S. C. O. to Scoreless Tie

The Still college football team opened its home season by battling the Trinity college eleven to a 0 to 0 tie, in a game at Western League park. This was the second time this season that the Osteopaths engaged in a scoreless contest.

While Still had the ball in Trinity's territory during the major part of the second, third and fourth periods, the Locust streeters threatened to score on only one occasion. This came in the third quarter, when the Osteopaths took the ball from their 40-yard mark to Trinity's 10-yard chalk line. After three attempts to pierce the line failed to net the remaining distance to the goal line, Jean McIntosh drop kicked, but the boot went wide.

The Locust streeters did not seriously threaten after that, although they were never in any great danger of being scored upon by the Sioux City aggregation. The loss, by injury, of Don Sheets in the third stanza seriously hampered the backfield work of the Still eleven. Sheets was responsible for Still's gains in bringing the ball within scoring distance on the occasion previously mentioned.

Jim Regan, who did the punting for Still while he was in the contest, had the better of the booting argument with Sauter, who did the kicking for Trinity. Regan's well-placed kicks proved a factor in keeping the Sioux Citians out of scoring distance. In the forward passing department, both teams failed to gain any appreciable yardage. Trinity, however, made more ground on these forward heaves, particularly in the final quarter, when the visitors opened up a barrage of aerial tosses.

The entire Still line played well, with the work of Myers, Walker, O'Keefe, Staples, and the wingmen, Thomas and Nicholas, outstanding. The backfield failed to take advantage of many openings made for it, but Murphy, Regan, Stafford and Russell gained the most ground for Still. Frank Thomas also performed in good fashion.

For Trinity, Sauter, Armbuster and Joint proved the ball tugging stars, while Kahoe's work in backing up the line on defense was one of the features of the contest.

Fraternities

Atlas Club

The Atlas Club held their semi-annual pledge dance October 17th. The guests included: G. E. Hurt, F. Cummins, C. Crawford. Pledges to the Club, Field Doctors G. C. Taylor, A. B. Taylor, J. A. Wood, H. V. Hallacay, Fred Campbell and members enjoyed the evening. The Serenaders furnished the music.

The Atlas Club announces the pledging of the following men: Dr. Richard Shannon, Podiatrist Grad. University of Mass., home Boston, Massachusetts;

Don Sheetz, Middletown, Ohio. Herschel Wise, Evans City, Pa.

"Fritz" Regan, Lancaster, O. A. Price Warthman, Detroit, Mich.

Wallace C. Walker, B. S., Wooster College, Martinsferry, Ohio. Albert Graham, Martinsferry, Ohio.

B. P. Evans, B. Sc., O. S. U. Sidney, Ohio

In honor of the alumni, the Atlas Club gave a luncheon at the Jewett Tea Room October 24th. Dr. J. P. Schwartz presided as toastmaster.

There has been some rumor of a local alumni chapter being formed in Des Moines. We have in the city a number of Atlas alumni who are real fraternity men. We hope to announce soon that the rumor has become a reality.

Delta Omega

The regular business meeting of the Deltas was held Friday evening, October 17, at the Y. W. C. A., at which time one of the chief topics for discussion was Homecoming Day. Deltas of the field—if we fail to recognize you, make yourself known. We want to meet you.

Oh ho! Have you seen Zoa Munger, Dora Dietz and Avis Payne? Bobbed hair, did you say? Oh, My, yes. Tut, tut girls, vot next? Let's go, Hoorah!

The Deltas and friends have been extended an invitation to spend next week end in Melcher, Iowa, at the home of John Wilson, who is the father of our own Dr. Neva Moss, so we are anticipating a real good time. Wear your knickers, 'neverything.

Iota Tau Sigma

Beta Chapter of Iota Tau Sigma welcomed the following members of Iota Tau Sigma to the chapter house during the past week:

Dr. C. H. Downing, Bowling Breen, Mo.; Dr. B. M. Gottshall, Waterloo, Iowa; Dr. Robert M. King, Minneapolis, Minn.; Dr. E. O'Connor Chappell, Nebr.; Dr. W. A. Craig, Story City, Iowa; Dr. H. D. Wright, Iowa Falls, Iowa; Dr. W. K. Stefen, Wahoo, Nebr.; Dr. R. E. Brooker, Grinnell, Ia.; Dr. A. W. Clow, Washington, Ia.; Dr. C. R. Bean, Des Moines, Ia.; Dr. M. D. Cramer, Des Moines, Ia.; Dr. A. G. Prather, Des Moines, Ia.; Dr. F. J. Trenery, Des Moines, Ia.; Dr. C. C. Wedel, Winterset, Ia.; Dr. E. E. Steffen, Des Moines, Ia.

About thirty-five couples enjoyed the Homecoming Dance at the fraternity house on Saturday night, October 25th. The dance served the additional purpose of a reception dance to the pledges to the fraternity, and was carried out along lines of a Hallowe'en festival party.

Dr. Robert M. Nichols, Boston, Mass.; Dr. and Mrs. A. G. Prather, Des Moines; Dr. C. H. Downing, Bowling Green, Mo.; Dr. F. J. Trenery, Des Moines, Iowa; Dr. E. O'Connor, Chappell, Nebr.; Dr. Robert M. King, Minneapolis, Minn.; Dr. E. E. Steffen, Des Moines, Iowa; Dr. C. C. Wedel, Winterset, Iowa.

Brother Richardson had John Voss as his dinner guest at the Chapter house on Friday evening, October 17th.

Brother O'Dell had Robert Streidler of West High Football Squad, as his dinner guest on Thursday evening, October 16th.

The members of the Fraternity are deeply indebted to Brother Downing for the instruction in Technic that he so kindly and willingly gave during the week he was a guest at the Fraternity House. Brother Downing in his talks and demonstrations gave an added impetus to every man present to perfect his technic and become a better Osteopath. His talk to the Fraternity after the regular meet on Monday evening, October 20th, dealing as it did with the profession that we have chosen, left with every man a clearer realization of the unlimited possibilities of good that can be done by a GOOD Osteopath, as well as the certain ending of one who does not know his profession.

Phi Sigma Gamma

Delta Chapter of Phi Sigma Gamma will be in its new home, 1423 Center street, after November 1st. The new place is quite a stride forward, and is much closer to the college. About thirty men are going to live in the house.

A fine program is being prepared for the winter months. These lectures and entertainments should prove very interesting as well as instructive to our brothers.

Have you noticed Owen Wright's mustache? (It's on his upper lip.)

Peelee has gone back to Paw Paw to hone his razors and sharpen his scissors in anticipation of a large spring crop of Michigan whiskers and hair. Will say we miss Peelee and hope to hear his melodious morning warbles next semester.

McFall still insists that the other fellow got the worst of it. Spencer: "Was that beer you had last night hot stuff?"

Thomas: "Oh, Boy! Just a drop on a rose would change it to a tiger lily."

Sprague is a conscientious practitioner. He sits up all night with some of his patients.

Leonard Jacobs has opinions of his own about banquets. When it came time for the speeches at Homecoming, Jacobs still had a few articles of silver he had not used. Judging from his actions he thought he was supposed to bring them home.

The Brothers wish big Deane Elsea would get some longer night shirts. Those he wears now fit him like a cold on the chest.

Gerald Beebe says he doesn't know whether to start a harem or open a cafe when he gets through his four years at D. M. S. C. O.

Cecile Warner says he's just gonna pack a few clothes in a traveling bag, as he leaves us for good in January, and he just can't seem to get settled until we move again.

Alpha Chi Iota Sigma

Alpha Chi Iota Sigma announces the pledging of Miss Olive Lenhart of Des Moines, Iowa, to the sorority.

(Continued on page 3)



SUPER SALESMANSHIP

A young man called at the house of a celebrated diagnostician and asked to see the doctor. "Have you an appointment, the office nurse asked.

"No, I haven't," the young man replied.

The nurse consulted the doctor's appointment list.

"I think I can work you in after the next patient leaves," she said, "so please go inside that room and take your clothes off."

"Take my clothes off!" the young man exclaimed. "What for?"

"The doctor has made it an absolute rule not to see anybody unless that is done," the nurse said firmly.

"But I don't want to take my clothes off," the young man insisted.

"Then I'm sorry, but you can't see the doctor," the nurse said.

"Well, if that's the case, I'm game," the young man said.

A few moments later the doctor entered the room and found the young man awaiting him, stark naked.

"Well, sir," the doctor said, "What seems to be your trouble?"

"Doctor," the young man replied, "I called to see if you would renew your wife's subscription to the Ladies' Home Journal."

CAN'T BE FOOLED

Two colored gents were conversing when one of them became annoyed by the persistent attention of a large fly.

"Sam, what kind of a fly am dis?"

"Dat am a hoss fly."

"What am a hoss fly?"

"Its de kind of fly what buzzes 'round cows, hosses and jackasses."

"You ain't makin' out to call me no jackass, is you?"

"No, I ain't, but you can't fool dem hoss flies."

Man is like a tack—useful if he has a good head and is pointed in the right direction.

OUT OF THE MOUTHS OF BABES

Small Girl—"Why doesn't baby talk, father?"

Father—"He can't talk yet, dear."

Small Girl—"Oh, yes they do. Job did. Nurse read me out of the Bible, how Job cursed the day he was born."

BLUE PENCIL, PLEASE

Teacher—"John, can you use the word pencil in a sentence?"

Johnny—"Yes, madam. If I don't wear suspenders my pencil fall down."

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OSTEOPATHY

President S. L. Taylor
Editor Don Baylor

Osteopathy Without Limitation

INITIATIVE

"The world bestows its big prizes, both in money and honors, for but one thing. And that is Initiative. What is initiative? I'll tell you: It is doing the right thing without being told. But next to doing the thing without being told is to do it when you are told once. That is to say, carry the message to Garcia. Those who can carry a message get high honors, but their pay is not always in proportion. Next, there are those who never do a thing until they are told twice; such get no honors and small pay. Next, there are those who do the right thing only when necessity kicks them from behind, and these get indifference instead of honors, and a pittance for pay. This kind spends most of its time polishing a bench with a hard-luck story. Then, still lower down the scale than this, we have the fellow who will not do the right thing even when some one goes along to show him how and stays to see that he does it. He is always out of a job, and receives the contempt he deserves, unless he happens to have a rich Pa, in which case Destiny patiently awaits around the corner with a 'stuffed club. To which class do You belong?"—Elbert Hubbard.

The above paragraph carries a thought that is well worth the deepest consideration of every D. M. S. C. O. student. The jewel of the idea is not represented in so many characters of the alphabet, placed in a definite position, but in the underlying thought which prompted the writing. By careful analysis, You can receive the same inspiration as Hubbard, and you will have obtained something that will be of the greatest value to you in your professional life to come.

What Did You See?

An Observer says that he saw a case of a lady, 73, who was run down by an auto, no bones broken, bad cut on head, attended, conscientiously and consistently by M. D. for four weeks, daily some days twice. Never able to raise her head from pillow, much less sit up. The patient inquired of an undergraduate osteopathic student, a sophomore, to be exact, whether he thought his system of treatment would help her. She knew nothing of osteopathy. Student said he felt sure she could be benefitted and treated her every second day, and after fourth treatment the patient sat up, the second week she was out in a chair, and at the end of the third week she was down stairs. The patient had suffered with

articular rheumatism also, and this was treated by the embryo physician, and now the lady walks better than she has in several years.

Immediately after starting ostent told her "faithful "M. D." that she was receiving some attention at the hands of a student osteopath, and the M. D. replied: "That is fine, it will do your muscles a lot of good, that is not in my line; keep it up." He said he had a lot of faith in osteopathy but that he would not recommend it, of course.

Once more the poet was right—"Yea, verily, Consistency, thou art indeed a jewel."

Bunting Publications Represented Here

A. E. Smith, '26, is the official Still College representative of the Bunting Publications, publishers of the Osteopathic Physician, Osteopathic Health, and numerous other pieces of Osteopathic literature.

Copies of that famous picture, "Medicine Watches—Osteopathy Works," such as presented by the class of '26 to the college, may be procured from Smith at a nominal price. This one picture alone does more to depict the advantages of Osteopathy over other methods of practice than all the books and theses ever written. He also has a few copies of "Osteopathy's 50th Anniversary," a complete review of the recent national convention of the A. O. A. held last June in Kirksville. This gives the students who were unable to attend the convention an excellent opportunity to secure the high points of the meeting in a more condensed and economical form. Special subscription rates are made to students on all Bunting publications.

FRATERNITY NOTES (Continued from page 2)

Members of the local chapter arranged a Homecoming luncheon at Younkers' Tea Room, October 24th. The following field members were in attendance:

Dr. Georgia Chalfont, Pella, Iowa; Dr. Andrews, Perry, Iowa; Dr. Gertrude Collard, Coon Rapids, Iowa; Dr. Nellie Davis, Oskaloosa, Iowa; Dr. Whalen, St. Paul, Minnesota; Dr. Ruth Hazelrigg Willard, Dr. Ellen Phenecie, Dr. Irene Bachman and Dr. Florence Morris, of Des Moines.

Mrs. Grace DeWalt has resumed her studies in D. M. S. C. O. after a few weeks' visit with home folks in Comstock, Nebr.

CONCERNING AUDITORIUM (Continued from page 1)

relative to the use of the auditorium by the student body:

Permission must be secured through the Secretary of the college for the use of the auditorium.

Parties must be properly chaperoned, list of Faculty members acting in that capacity to be submitted for approval when permission to use hall is requested.

Circumstances demand a strict compliance with the above rulings.

HOMECOMING DAY IS BIG SUCCESS

(Continued from page 1)
ered by Drs. McTigue, Downing, Halladay, Hudson, Schwartz and Taylor.

After a brief interval, during which the tables were removed, the Homecoming Ball was in full swing. The dulcet strains of Roy Aliber's orchestra and the antics of his drummer will be remembered for some time.

Considering the fact that it was the first attempt on the part of the college to put over such a meeting, the resultant success has a much greater significance. Like Christmas, it only comes once a year, but, Oh, Boy! wait till next year!

From the Field

It is evident, from correspondence received, that the Alumni who were able to attend the first Homecoming are not the only ones who were interested. Numerous letters from all sections of the country have been received from loyal Still Alumni, who were unable to be with us on that "gran", glorious day," all carrying the thought that they were here in spirit, if not in body.

The following letters are indicative of the Field attitude towards D. M. S. C. O., and to her functions:

From Dr. J. G. Follett, President South Dakota Osteopathic Association, Watertown, S. Dak.:

Dear Doctor:—

Have been living in hopes that I might be able to be in Des Moines Oct. 24th for Homecoming Day. Find now that it will be out of the question to be there.

However, my heart and thoughts will be with the old school on that day above all others. I hope that you will make this an annual affair, then perhaps some time I will be able to be there.

As a membebr of the January, 1905 Class, I send greetings and good wishes to D. M. S. C. O. May the old school grow so fast you will have a hard time keeping up with it.

From Dr. A. E. Byerly, Guelph, Ontario, Canada:

Dear Friends—

It has been three years since I was privileged to visit good old Still College, and now that I notice by the Log Book that you are going to have a Homecoming Day, I wish to be remembered to the College and to let you know that I am always with it in spirit, and I am only sorry that I cannot be there.

I trust that the program will be in every way a success, and here is to the continued growth and prosperity of D. M. S. C. O.

There will be another Homecoming Day next year, and announcement of the date will be made early enough to permit every living alumnus of the college to make necessary arrangements to attend.



The Observer Says:

Did you ever
See such a
Still College gang
Congregated in one
Place as there was
At Homecoming Dance
Angus is sure
Conscientious
In manicuring the
Campus
A member of the
Junior Class
Has discovered that
The dulcet strains
Of his melodious
Tenor Voice
Are useful as a
Specific in
Certain cases he has
Treated
Which is almost
As good as
Hoss O'Dell
Asking S. L. if it
Was difficult to
Diagnose
Gangrene on a
Negro Patient
However
The knowledge gained
Relative to
Red Headed Women
In assembly the
Other morning
Will be of
Double value
To some
And did you
Notice
How some students
Were cautiously
Examining their neighbors
In regard to
Facial Concavities
Convexities
Length of nose
Space between eyes
Etc.
Anyhoo
It all goes to
Show that you
Shouldn't let your girl
Know whose hand
Is feeding you
Period.

Hear Ye! Hear Ye!

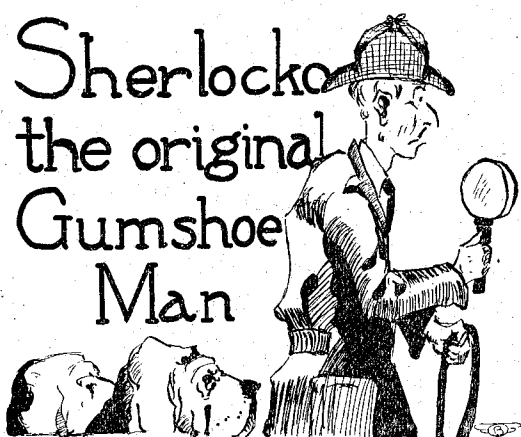
Have we a Freshman A class?
Yea, Bo!!
Are they organized? Absotive-ly!!

Who are their officers?
President, Mabelle E. Moore.
Vice president, Preston Howe.
Secretary-treasurer, John Thel- man.

Though we are small in number, we are very much alive, so don't overlook us entirely.

THE LOST REMAINS UNFOUND

No One Has Claimed the Reward to Date



And his able corps of trusty sleuths were put on the case after the eleventh hour involvement of Luke McGlue --the notorious cradle snatcher and a mysterious veiled woman.

Exciting developments are expected to break at any minute.

The most dastardly crime in the annals of Osteopathy has been committed! The perpetrator goes unpunished! Sherlocko vows to "get" the miscreant on or before November 15th.

Watch the Next Issue!

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of Oct. 3, 1917, authorized Feb. 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

November 15, 1924

Number 9

Still Wallops

Pella Dutchmen

Pella, Ia., Oct. 31.—Still college outclassed Central in a game here today in which the locals fought futilely to the end. The Osteopaths' heavy line and hard hitting backs mowed the Dutchmen down, 41 to 0. Still carried the ball consistently for gains. Central was able only occasionally to hold its heavy opponents, once taking the ball on the 3-yard line on downs.

The charging and plunging of Shetz, Hannon, Regn, Stafford and Murphy were responsible for six touchdowns. Myers place-kicked five points, missing the 1st. Shetz scored a touchdown in the first quarter. Regan two in the second quarter. Stafford two in the third quarter and Regan one in the fourth quarter.

Still had the ball throughout most of the first half, the locals being unable to make any headway at all and being forced to punt. Still played straight football throughout, few forward passes being attempted.

For the visitors Jimmy Regan, Murphy and Sheets in the backfield, and Johnny Jones, Myers, Graham and Thomas in the line, played splendid ball.

Gloves of Varnish

Skin varnish completely covering the hands is used by some surgeons instead of rubber gloves during surgical operations. So cleverly is the varnish made that it cannot be washed off with water or any liquid likely to be met in the course of an operation; nor can it be scraped off except by scraping off the skin itself, and yet it is about as pliable as very thin rubber. The purpose in using it instead of rubber gloves is to preserve the sensitiveness of the touch and make it easier to handle materials such as catgut. The varnish looks like honey. It is rubbed on the hands after they have been washed as thoroughly as possible and quickly dries. To remove it the hands are washed in another chemical solution.—Saturday Evening Post.

At the Hospital

After the clinic the other day at the hospital, one of the young rosy cheeked, curly haired internes was endeavoring to ease an old lady and was entreating her to "grit her teeth" and help him out. "But, doctor," the old lady said, "I can't grit my teeth." "What, you can't grit your teeth?" exclaimed the young D. O. "Why not?" "Because they're over on the dresser in a glass of water!" explained the old lady and the "cokes" were on the interne.



DR. LOLA TAYLOR
Founder of Clinic

Freshmen-Sophomore Hallowe'en Party

The Freshmen and Sophomore classes gave a masquerade dance in the College auditorium Hallowe'en evening. The party was chaperoned by Dr. and Mrs. H. V. Halladay and Dr. and Mrs. George Hurt.

The auditorium was tastefully decorated in appropriate colors and carnival favors added greatly to the pep and fun of the event. Dancing, interspersed with novelty and specialty dances filled the evening program. Many attractive and amusing costumes were in evidence and every one seemed to be having a grand good time.

Student Activities

All students on O. B. call register are requested to interview Dr. Geo. Hurt in regards to the correct attire for such occasions. It has been rumored around the university that "Gawdge" is a strong "Fresh Air" man, believing in adequate ventilation of all areas.

Deane Elsea has taken to sleeping in class with his Dolly now. See Doctor Steffen for further particulars.

Slim Irwin and Punk Marlow were greatly relieved to find that their picture had not been published in the last issue of The Log Book. However, said publication has not gone out of existence as yet. Plenty of time!

Won't be long now before the Basket Tossers are entertaining the multitudes again. Still's prospects for a winning aggregation are better than they have been for years.

"When I'm getting ready for an argument with a man, I spend one-third of my time thinking about myself and what I'm going to say, and two-thirds thinking about him and what he is going to say."—Abraham Lincoln.

Obstetrical Clinic Unsurpassed

The world grants all opportunities to him who can use them. Power and Fortune are hidden away in the hours and moments as they pass, awaiting the eye that can see—the ear that can hear—the hand that can do!

To review and place before you the progress, to which we may well point with pride, that D. M. S. C. O., has made in this particular field, is the purpose of this article.

That we have met with opposition in this great specialty which takes the best of a man's brains and courage is known to the profession.

The D. M. S. C. O. Obstetrical department has existed since the organization of the College but not in its present status. In 1903, this important subject was taught only one semester and during that time only one case before the clinic, and up until 1909 no accurate records of the clinic activities were kept.

Dr. Lola Taylor took charge of the clinic and the O. B. department at this time and was very successful from the start. In the three and one-half years, under her supervision, over three hundred and fifty cases were taken care of by the clinic.

But early, the task was a hard one. Distrust and opposition were met on every hand. Patients, knowing the beneficial effect of Osteopathic treatment, would be treated until time for confinement and then turn the case over to some one else for delivery. Not so now.

By careful organization, careful instruction, superior hospital facilities and by having at its disposal the best Obstetrician of any osteopathic school, the "O. B." Clinic has achieved an enviable record for itself and for the college.

Following Dr. Lola Taylor, Dr. E. C. Dymond was Obstetrician for a period of two years and Dr. Woodward took over the work for another year. Then it came into the hands of our present and highly efficient obstetrician.

Dr. Robert Bachman assumed these duties in 1917. To say that he is a man who knows his work is putting it mildly. The students call him a "wonder" and they may well do so for his lectures, practical demonstrations and unlimited fund of sound experience makes him a man of few superiors. This clinic has grown until D. M. S. C. O. has the largest Free Obstetrical Clinic in a city of 150,000 inhabitants.

The facts behind this remarkable growth and progress in the



DR. ROBERT BACHMAN
Present Clinician

face of such opposition and distrust is easily explained by a careful perusal of the charts giving clinical statistics, which are far better than those of any medical institution, in regard to mortality and injury. Opposition can not stand up before such results.

The service which has produced these results is as follows:

The expectant mother is examined as soon as the case is reported in clinic and laboratory examinations are made at frequent intervals to prevent any possible toxic conditions from passing by unnoticed. When the patient is ready for delivery the call is sent direct to the college and is answered by four students and the Obstetrical Supervisor who attends all cases. The students act in the following capacities: Accoucher, who makes the delivery and generally supervises the case; the Consulting Physician who gives the anaesthetic and cares for the child after birth; the First Assistant who directly aids the Accoucher and the Second Assistant who is in charge of the preparation and sterilization of instruments, gloves, etc. After delivery the mother and child are carefully cared for by nine "after calls" made by the students assigned to the case. Should complication arise such men as Dr. Bachman, Dr. J. P. Schwartz and Dr. John R. Woods are at the command of the Clinic. In the event the case should require hospital care the Des Moines General Hospital, one of the finest Osteopathic Institutions in the country, is available.

This is not book experience that the student at D. M. S. C. O. receives in his course in Obstetrics but pure unadulterated practical experience, the kind that every man in the field recognizes and wished that he had had. Since 1917 over 900 cases have been delivered by the clinic of which the average per student is 3.5, the greatest number of

(Continued on page 3)

New Examination Room Authorized

The college authorities have recently authorized the installation and equipment of a special examination room and clinical laboratory. The addition of these features will greatly increase the present high efficiency of D. M. S. C. O.'s general clinics.

The special examination room is to be equipped with all necessary diagnostic equipment and is to be used by the Clinician and the student assigned the case for the purpose of further examination after the patient has been before the clinic. This will enable the student to secure more detail information regarding the particular case under his care and will also tend to increase the diagnostic efficiency of the clinic as a whole.

The Clinical Laboratory is to be equipped with necessary instruments for the making of thorough Blood, Urine and Gastric analyses. The Clinical Laboratory Supervisor will be in full charge of the Laboratory and it will be open to the students at all times. Under this plan the student will receive much more practical work in Laboratory Diagnosis than has been available here-to-fore.

The additions of these two new departments is symbolical of the progress D. M. S. C. O. clinics are making. The student body and faculty are not satisfied to rest on the laurels already won but are constantly striving to attain greater efficiency and to develop a better clinical service to the patients that will eventually place Osteopathy at the head of the Healing Arts.

Are You Looking For a Location?

The college has received word from Dr. C. Rasmussen of Maquoketa, Iowa, a county seat town of approximately four thousand inhabitants, that his practice is for sale.

Osteopathy is very well known in this community and as the Doctor is the only "D. O." in the county, it should prove the golden opportunity for some enterprising, hard-working Osteopath. Further information may be had by writing The Log Book.

HOW 'BOUT IT D. O.'S.

The national income has increased from thirty-four to fifty billion dollars; savings deposits in national banks from six to seventeen billion dollars and agricultural production from four and a half to five and a quarter billion dollars. Every possible source of wealth has grown enormously. Factory production has increased ninety-five per cent, mine production one hundred and twenty-eight per cent and per capita earnings have increased one hundred and seventy-five per cent in the past ten years.

EVIL TO HIM

He—"Is my face dirty, or is it my imagination?"

She—"I don't know anything about your imagination, but your face is clean."

Fraternity Notes

ATLAS CLUB

The Atlas Club held its first degree of the initiation of the pledges to the club, Thursday, November 6th. Eleven men were there to take the work.

The first of the Atlas Club's "Practical Work" nights will be held Thursday, November 13th, with Dr. Mary Golden as the speaker of the evening. The meeting will be held at 1511 High street. This program will be followed throughout the year at two week intervals.

Brother Frank R. Spencer visited Kirksville, Mo., last week-end. He was the guest of Noble Skull, Earl Congdon at a luncheon held in the Atlas Club dining room on Saturday. He reports everything fine in Kirksville.

DELTA OMEGA

A number of the Deltas and their friends spent Hallowe'en week-end at Melchor, Iowa, as the guests of Dr. Neva Moss and her sister. It is rumored that those not attending "missed out" on heaps of fun for a jolly good time was certainly had by all attending. Hoorah for Neva!

The Delta Omegas announce the pledging of the Misses Emma and Irene Krug.

The Deltas present on Friday evening, November 7th, were favored by a most enjoyable talk by their field member, Dr. Della B. Caldwell. After her talk she answered many questions, thus making the evening very profitable to the students who hope they may again be so favored.

IOTA TAU SIGMA NOTES

Beta Chapter of the Iota Tau Sigma will entertain at an informal house dance at the Chapter house on Friday evening, Nov. 21st with music to be furnished by Al Levich and his Serenaders.

The "Extermination Contest" as carried on by the pledges to the fraternity, throughout the past week, proved to be one of the most exciting "contests" that has been promoted for some time past. Pledge Ross emerged winner with a high score of over 300 points which caused him to be eligible for honors that were bestowed upon all contestants. Great stress was laid upon the prizes as they were distributed to the several pledges, and appreciation was displayed upon the part of each pledge, being evidenced by their hearty approval and thanks for the methods employed.

Congratulations were extended in a fitting manner by each of the pledges to the other pledges after the actives had instructed them as to the methods employed.

It is to be hoped that similar "contests" may be carried on throughout the winter, as it creates warmer feelings among all those who participate.

Bro. "Jiggs" Breese visited with the Chapter on Tuesday, Nov. 11th, stopping in the city on his return to Nebraska City, Neb., from a trip to his home at Marion, Ohio.

Bro. Cochran had as his guest for dinner last Sunday Mr. Roy

Summers of the West High school football squad.

Bro. Olsen, who was confined to the Des Moines general hospital with trouble arising from the vertebrae fractured in football while he was at Springfield, Mass., is able to be back with us and to attend his classes regularly, we are happy to state. Bro. Olsen will be required to wear for sometime to come, the same collar for support of the neck that he wore when first injured at Springfield.

Announcement has been received by the Chapter of the marriage of Brother James L. Craig, '22, and Miss Tulsa Shipman of Cresco, Iowa, which took place at Cresco, Iowa, on Saturday, Oct. 25th. They will make their home at Cresco where Bro. Craig is practicing.

The football game between Ohio State and Michigan U. at Columbus, Ohio, this month will be the occasion for the reunion of several of the brothers of this Chapter who have graduated recently. Those attending will be Bro. Lydic of Dayton, Ohio; Bro. Weimers of Marietta, Ohio; Bro. Sechrist and Bro. Laird of Detroit, Mich.; Bro. Higlemire of Alma, Mich. Bro. Huddle of Washington Court House, Ohio, and Bros. Eske, Clybourne and Mertens, of Columbus, Ohio.

December 18th has been chosen as the date for Beta Chapter's Annual Christmas Formal to be held at Hoyt Sherman Place with Ray Harrison's orchestra furnishing the music for the evening. Several of the field members of the chapter have already expressed their intentions of attending this year's Formal, and a number more are expected to be present, from whom replies have not as yet been received.

PHI SIG HOUSE

Montgomery—Monty merely pushed a truck all over Grove City, Pennsylvania. They say that with favorable winds he can spit over his chin, now.

Weir—"The Wop." He's added volumes and volumes to his bedtime stories since his trip abroad.

Beebe—Snap says Pictorial Review just has to shift for itself, now.

Spencer—Leland says there was no market for his pickles this summer, as the vines wore the warts off dragging them around. That was in Michigan.

Davis—Ralph sold more Pictorials than all the rest of the boys put together. He's seeing New York now in honor of his summer's work, at the company's expense.

Friend—Max is along with Davey. We just hope the large city doesn't corrupt his morals.

Thellman—He's a Pictorial booster, too, but that little girl at home couldn't be neglected, so he hasn't returned yet.

Gordon—Went to Valentino's homeland this summer to learn shiekling from the ground up. Girls, beware.

Much excitement was evident among our Ohio brothers over the Ohio-Iowa football game. Side-door pullmans to points east were at a premium.



'SH VER' DIFFICUL'

"Zat choo, Bill?"

"Yep."

"Well, shay, tell me where I am."

"Why, you're right in front of your own house."

"Sufferin' catfish! Thash th' place I been tryin' to get away from all evenin'."

MIXED DIRECTIONS

First Freshmen (putting up pictures): "I can't find a single pin. Where do they all go to, anyway?"

Second Freshmen: "It's hard to tell, because they're pointed in one direction and headed in another."

ABSOLUTELY!

An old-time negro preacher was reading and commenting upon a chapter in the Bible which dealt with genealogy. When he came to the passage, "And seven sons did Milca bear," he paused and explained as follows:

"Now, bredren and sisters, dis jes' means dat dey run out o' milk at dat house—de cows had went dry, or didn't come up or somethin', and de boys went out and cotch a bar an' milked her. Dem boys could milk anythin'!"

OH-H-H!

"Didn't you hear about it?"

"No."

"But it happened right in your neighborhood."

"I know—but my wife's been away."

ON THEIR WAY

Speaking of white mule, two rustic sports were uncertainly flivvering their way home from the country seat.

"Bill," said Henry, "I wancha to be very careful. First thing y'know you'll have us in the ditch."

"Me?" said Bill in astonishment. "Why, I thought you was driving."

FAR FROM IT

The Shenandoah wasn't the only gas-bag that toured the country.

Ouch!

Dr. George Hurt was telling the mother of a couple youthful clinic patients that she must have her children eat porridge, milk, fruit and vegetables. In response to the objection that the children disliked these particular foods, our "Gawdge" calmly informed the mother that he had been raised on them.

"Well," said the mother, "you ain't no ad for them eats."

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OSTEOPATHY

PresidentS. L. Taylor
Editor.....Don Baylor

Osteopathy Without Limitation

Help!

The Log Book is strictly the student publication of D. M. S. C. O. and the subject matter contained therein is supposed to come from the students. However, it has recently become as scarce as the proverbial "hen's teeth." Loosen up a bit! Hand in some of those jokes Dean Johnson, John Woods, Doc Steffen and others of our notorious faculty have been pulling off for years! Give the Field men an opportunity to live again their "college days" through the columns of The Log Book.

Don't confine your activity to the faculty alone. The students themselves have been known to make wise cracks, and to pull boners when not basking in the arms of Morpheus in the big pit. Jot it down in your note book while it's fresh in your mind and hand it in. Those of you of a more serious turn of mind can surely turn out a good piece of some practical value to the rest of the students. "My First Patient," "My First O. B. Case," "Hash Slings a la Mode" and kindred topics are mere suggestions to be ingested by your fertile brain. Any of you alumni who have anything on your chest you want to be relieved of (colds and bronchitis excepted) write it down and mail it now! Experience the thrill of seeing your name in print.

Now, Be Yourself, Gang, and come across with some good dope for the next issue! For the best article written by a student, The Log Book offers as a prize, one guaranteed, non-leakable, rust proof, patent leather thermometer!

DO YOUR STUFF!

THE WONDERFUL HORSE

O horse, you are a wonderful thing; no buttons to push, no horns to honk; you start yourself, no clutch to slip; no spark to miss, no gears to strip; no license buying every year, with plates to screw on front and rear; no gas bills climbing up each day, stealing the joy of life away; no speed cops chugging in your rear, yelling summons in your ear. Your inner tubes are all O. K. and, thank the Lord, they stay that way; your spark plugs never miss and fuss; your motor never makes us cuss. Your frame is good for many a mile; your body never changes style. Your wants are few and easy met you've something on the auto yet.

Obstetrical Clinic Unsurpassed

(Continued from Page One)

cases assisted by one student is 34 and the greatest number of deliveries is 8. The students are confronted by such complications as eclampsia, post presentation, placenta previa, asphyxia livida and pallida, breech extractions, and such operations as caesarian section, podalic version, forceps delivery, etc.

In the previously outlined care the patient receives the best service attainable at a total cost of \$1.50 which is for the purchase of the Maternity Kit containing necessities for mother and babe.

To revert to the student in the Obstetrical department of D. M. S. C. O., he is instructed not only from books from the clinical experience of a man who has delivered over two thousands cases in the city of Des Moines and who gives not only the detailed description of treatment for various cases arising in "O. B." but also the Osteopathic concept of the case.

Thus, when a student graduates from D. M. S. C. O., he is equipped with an enviable knowledge of Obstetrics backed by priceless practical experience gained first hand in the Free Clinic. And with such training, practice can only bring true success.

The above article is the first of a series on the various clinics maintained and operated by D. M. S. C. O., which are without peer in the entire profession. We are justly proud of the progress made by the Clinical department and want to "tell the world" about it. Articles from any alumni, relative to the clinics in their day, would be greatly appreciated. The material for this article was prepared by Frank R. Spencer.

HOW TO FIND THE COMET

There is a new comet in the sky, but the astronomers are keeping it dark. They are pretending to let us in on the secret and telling us just where to look for the visitor. It is, they said, "in the right ascension, fourteen hours and nine minutes, north declination, eight and a half degrees." Then they probably went around the corner and had a good laugh.

That method of putting a comet on the map may be all right for a professional, but the right ascension and north declination are too deep for the rest of us. It's like telling a patient he has symptoms of gastroenteralgia, when there isn't a thing the matter with him but old-fashioned belly ache. The comet is liable to be gone before we find out where the reference points are.

What we want in a case like this is a description of its position as six inches west of the Episcopal church steeple or two feet over the top of Bill Jones's garage. A person who hasn't learned to call all the stars by their first names might go out and stare north declination right in the face and never know it. No wonder astronomy isn't any more popular than it is.

YOUR LEAD

"Deacon White," said Parson Jackson softly, "will you lead us in prayer?"

There was no answer.

"Deacon White, this time in a little louder voice, 'will you lead?'"

Still no response. Evidently the deacon was slumbering. Parson Jackson made a third appeal and raised his voice to a high pitch that succeeded in arousing the drowsy man. "Deacon White, will you lead?"

The deacon, in bewilderment, rubbed his heavy eyes and blurted: "Lead yourself—I just dealt!"



The Observer Says

Now
That the Bank
Went broke
And
LaFollette
Lost the electon
We can again
Delve into the mysteries
Of Simon-Pure
Ten Fingered
Osteopathy
All visitors and
Freshmen
Are requested to
Padlock
Their pockets when
Visiting the
Dissection Room
As several choice
Muscles have been reported
Missing.
Students specializing
In some of the Higher
Branches of our noble
Calling may be seen
Practicing
Co-ordination of
Hand and Eye on
The North East Corner
of the Campus
Daily between
12:45 and 1:15
With the advent of
Red Flannels
The daily attendance
At the regular
Breakfast period
Is beginning
To dwindle
One member of the
Junior A class
Has absorbed so much
Knowledge
Since entering our
Palace of learning
That he has to wear
A Brace
To hold his
Head up
In view of the fact
That it's only
5 weeks till
Xmas
Any Upper Classman
Caught
Telling a Freshman
There ain't no
Santy Claus
Will be expelled
From the
University
Period

ADMISSION FREE

Four babies have been born in the British Empire Exhibition. It is remarkable what people will do to get in without paying—Punch.

IMPORTANT NOTICE!

Second Semester Registration Dates

The following dates have been set by the College authorities for Second Semester, year of 1924-25. Field men—mark these dates on your calendar and let's have the largest mid-year class in the history of the school.

Mid-year graduation—January 22.

Mid-year Registration—January 23-24.

Classes begin—January 26.

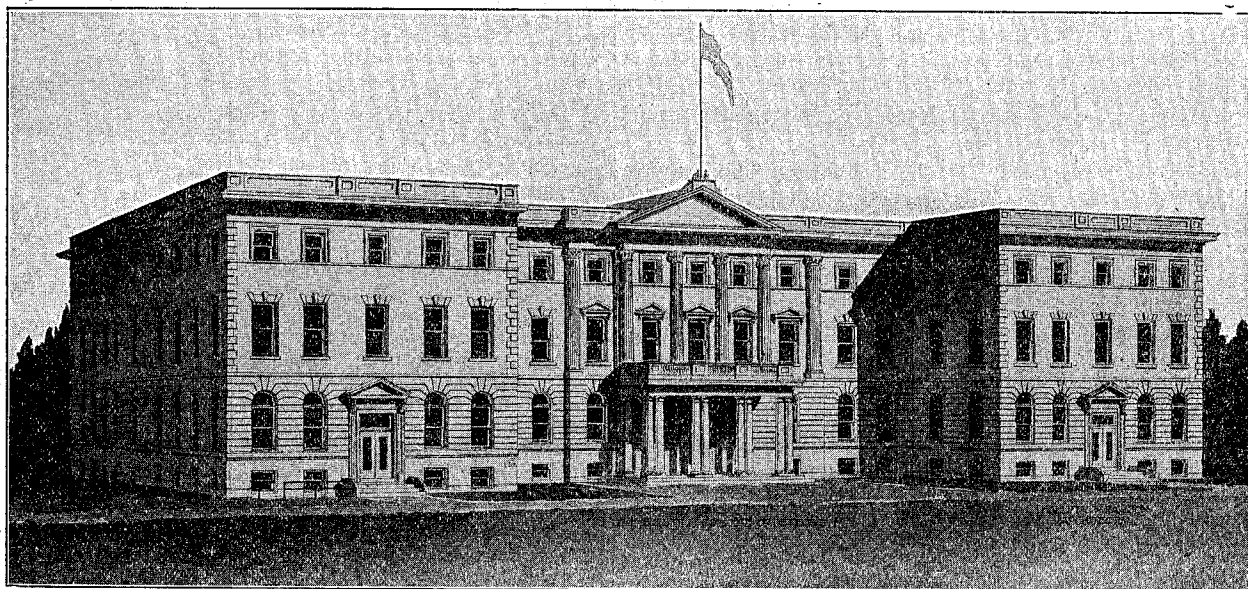
PROSPECTIVE STUDENTS who receive the Log Boog regularly are requested to fill in and mail the following coupon if they wish to continue receiving the paper. In the event the coupon is not returned by the mailing date of December First issue, your name will be taken from the list.

Please continue mailing The Log Book to

Name

Address

Hooray! The Lost Is Found!



OUR COLLEGE

THROUGH the untiring efforts of the efficient Sherlocko our College and Campus (complete) have once more returned to the honored position within the golden frame.

How Long--Oh, Gosh--How Long before this beautiful edifice and spacious Lawns will become a realty and not a mere block of wood--a plate of brass and minute scratches, to be lost in the corner of a printer's apron pocket?

Do We Want a New Building?

YEA-B O!

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of Oct. 3, 1917, authorized Feb. 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

December 1, 1924

Number 10

OSTEOPATHS END CAMPAIGN WITH 27 TO 7 VICTORY

D.M.S.C.O. CLINICS

Murphy Winds Up Grid Career With 98 Yd. Run For Touchdown.

(By W. D. Fletcher.)

The Still college football team ended its 1924 grid season at the Western league park by defeating the Ellsworth college eleven, 27 to 7. The locals scored three of their four markers in the opening half, adding the final counter in the third period, while the Iowa Falls gridders garnered seven points just at the close of the first half.

Coach Frank Sutton's players, in annexing their fourth straight victory of the season, took an early lead, scoring during the first five minutes of play. Twice they planted the oval behind the visiting goal posts in the next period, a ninety-eight yard run, return of a kickoff for a touchdown by Captain Robert Murphy featuring this stanza.

Scoring honors, as well as the premier laurels of victory, were equally shared by Jim Regan and his captain, Murphy. Regan, despite the fact that he was a marked performer in the contest, lugged the ball for gains of varying length through the Ellsworth defense and also played brilliantly on the defense.

Murphy Stars.

Murphy, playing his last contest in a Still college uniform, closed his local gridiron career in a most fitting manner. From the start of the game he was a consistent ground gainer and aided his mate, Regan by his deadly and hard blocking when running interference. He was responsible for the most sensational run of the game in the third quarter.

Still scored its initial touchdown by indulging in a parade through the visiting defense following the kickoff. Regan and Murphy were responsible for most of these gains, although Hannan also tore through, when yardage was needed. After advancing to the Ellsworth 7-yard line, Regan plowed through and crossed the goal line, Myers adding the extra point.

Shortly after the second period opened, Still counted again, Regan crashing fifteen yards for the six points and Myers' toe giving Still the added point. Following this marker, Northcraft

Basket Tossers Answer Call

With the most successful football season in the history of Still College completed, Coach Sutton is now directing his attention to the next athletic card to be faced by his players—basketball.

Cage prospects are unusually bright this season, if preliminary practice sessions held during the latter part of the football season, and advance dope are any indications. Only one letter man was lost to the squad after the 1923-24 season—this being Gus Weimers.

During the past three weeks some 10 basketball candidates have been drilling at the Coliseum armory with Capt. Roy Davis. It was Coach Sutton's intention to have any candidates for positions on this year's team who were not out for football, round into condition while football was in progress. Now that the grid season has ended, those players should be on an equal condition basis, as those who have completed the strenuous football campaign.

In addition to Capt. Roy Davis the following letter men of last year's quintet are still in school: Myers, Nicholas, Thomas and Hannan. Players not out last year who have been showing promise are: Friend, Harold Davis, Spencer, Thelman and Ortale.

of Ellsworth kicked off to Murphy, who stood but two yards from the goal line when he wrapped his arm around the oval.

Ellsworth Scores.

From this point he went straight up the field for twenty yards and then suddenly darted toward the right side-line. Brilliant interference and blocking by his teammates soon enabled him to get into the open. After he crossed Ellsworth's 40-yard line, however, two Iowa Falls tacklers became a menace, but Jean McIntosh, with a crashing block, spilled both Ellsworth players and Murphy romped the remaining distance to the goal line.

A series of forward passes enabled Ellsworth to score in the third period. Two long heaves, Walrath to Tresmer, placed the oval on Still's 2-yard line and Northcraft plunged over on third down. Northcraft added the extra point with a pretty drop kick. Still's final touchdown came in the third period. Mur-

(Continued on page 3)

General Clinic Without Peer

Any practicing physician recognizes the vast importance of clinical experience—he realizes the value of the careful analysis of actual cases in preference to imaginary ones. It is for that reason that this series of articles dealing with the various Clinics of D. M. S. C. O. is being prepared.

One of the largest and most important departments in the college is the General Clinic. Students in the upper Junior and the Senior classes are required to attend clinics on Monday, Wednesday and Friday afternoons. Dr. H. V. Halladay, one of the best known men in the profession, is the Clinician and has complete charge of all activities of the department. His corps of assistants is drawn from the faculty and upper senior class.

All clinic patients are examined before the clinic between 2 and 3 o'clock, Mondays, Wednesdays and Fridays. On Monday, the examinations are made by Dr. Halladay and Dr. J. P. Schwartz, the latter being the head of the department of Urology and Proctology. Both are men of high calibre and by drawing on their vast fund of practical experience, are able to demonstrate the outstanding features of the case to the students in the most lucid manner.

On Wednesdays, Dr. C. W. Johnson and Dr. John M. Woods have charge of the clinic. Dr. Johnson is Dean of the College and also head of the department of Neurology. With twenty-five years of practice behind him, the Dean gives the student information relative to the cases that proves invaluable in the ultimate treatment.

Dr. Woods is the Technician and is very thorough in his examinations, giving complete and clean-cut diagnoses.

On Friday, Dr. S. L. Taylor and Dr. E. E. Steffen are in charge of the clinic. Dr. Taylor is a surgeon of repute and enjoys quite a reputation as a diagnostician. Dr. Steffen, head of the department of Pathology, is also quite competent in putting the facts of the case before the student.

Before being brought before the clinic for examination, the new patient is registered and assigned to a student doctor. The first duty of the student is to take a complete case history, considerable stress is placed up-

(Continued on page 3)



DR. H. V. HALLADAY

D.M.S.C.O. Student Injured in Auto Crash

Harold Devine, sophomore, was seriously injured, Saturday morning, November 22, when the motorcycle on which he was riding was struck by an auto at West 28th and High streets.

Devine was riding on the rear seat of the machine and received the full force of the crash. Both bones of his right limb were broken in two places and were badly splintered and the musculature badly torn and lacerated. The authorities of the Des Moines General Hospital, where he was taken from the scene of the accident, stated that it is one of the worst fracture cases on the records of the institution. Devine's chum, who was driving the motorcycle and the occupants of the automobile escaped without injury.

The entire student body and faculty extend their deepest sympathy to Devine and wish him a speedy and complete recovery.

HOSPITAL BLUES

(No Particular Tune)

"I'm feelin' kinder lonely,
Feelin' kinder low,
Something seems to bother me,
But just what I don't know.
Maybe it's the scarlet fever
That I've had all week,
The smallpox, mumps and prickly heat

That makes me feel so weak.

Chorus:

I got them scarlet-fever blues,
I got them yellow-jaundice blues,
I got the mumps and the pip and
housemaid's knee,
That's why I'm as blue as blue
can be,
I got the blues,
I got the blues.
Three cheers for the red, white
and blues."

"Newsy"

Has anyone noticed a new collegiate appearing person on the campus?

Well, in the first place, the campus isn't yet and the collegiate chap is none other than our Dr. Stone with a pair of new tan shoes!

We might suggest that Olsen turn his leather collar over to Gephart when he is thru with it. Fellow class mates are greatly concerned and fear that Gep might break his neck when he falls asleep in class some day.

We've heard that Maxwell Jennings has a "little heart stimulator" that makes him bum home Thanksgiving.

THE COURTSHIP OF MILES STANDISH

(Twentieth Century Edition)

Scene: The veranda of a Cape Cod hotel. Priscilla sits on the railing smoking a cigarette. She is dressed in a one-piece bathing suit and her hair is bobbed and waved. Enter John Alden.

Priscilla: Hello, Johnny! Whaddya know?

John: Ain't tellin', kid. Want a word with you, that's all!

Priscilla: Shoot, honey, I'm a sweet target!

John: Well, you see, it's like this, Pris: I just been talkin' with Miles Standish. You know, he ain't such a bad skate.

Priscilla: Uh-huh!

John: He's got an awful lot of jack. I seen him cashin' a check for a thousand beans yesterday.

Priscilla: Yeh?

John: I hear he's got a summer home and a limousine. Some class, what?

Priscilla: Oh, I dunno.

John: All the girls around this dump has gone cuckoo over him. Valentino couldn't get a job shining shoes if that baby was around. And he's the swell-est dancer!

Priscilla: Well, what's all this to me? You tryin' to get me to trail along with the has-been? You want he should be my sweet daddy? Not while I got my strength!

John: You could do worse, kid.

Priscilla: Be yourself, boy! I ain't gonna run no old soldiers' home at my time of life. No, Johnny, your boy friend may be the crab's curls, but when I want an antique I'm gonna pick on King Tut.

John: Well, I gotta be goin'. I done all I can, but I see it's no use. So long, Pris; don't grab no rubber dimes.

Priscilla (quickly): What's the rush, John? You ain't workin' for nobody.

John: I know, but a gotta check, Pippin, sweet one!

Priscilla: Just a minute, John!

John: What?

Priscilla: Why doncha put in a good word for yourself, kid?

John: Whaddya mean? You mean you like my style? Say it quick, cuteness!

Priscilla: Don't mean nothin' but! You're a whiz! Be brave and kiss me!

John (embracing her): Hot dog!

(Curtain)

Fraternity Notes

P. S. G. HOUSE

Open house was very well attended Wednesday evening, Nov. 20th and every one was quite enthused over our new home. Over two hundred persons entered the portals of Phi Sigma Gamma in the hours before midnight.

Music was furnished by the Fraternity members and pledges throughout the evening. Harold Sifling responded to several encores. He surely wields a wicked bow.

To Field Members and all outsiders, we extend an invitation to call at anytime. Every Sunday afternoon is open house now, so come and bring your friends. Bring your cake and we'll cut it and make you feel at home.

Leland Morgan has accepted a pledge and he can be seen most anytime pushing a broom, wielding a fire shovel or pulling a rake around the yard.

The Phi Sigs are now starting an orchestra which has the hopes of knocking them cold in the near future.

The contribution box is being passed around nightly to furnish the "where-with-all" to purchase basket ball suits for our P. S. G. team. These boys are going to bring home the bacon for morning meals through the long cold winter months.

The chapter wishes to take this means of thanking Mrs. Finnell and Mrs. Lawyer for the wonderful work they have done in fitting our new curtains and drapes.

Friday evening the chapter entertained and honored its pledges with a dance in the chapter house. The dance broke up at a late hour with refreshments and general expressions of "a wonderful time."

We wish to congratulate Dean Elsea, Max Friend and John Thellman for the wonderful way in which they stood their initiation and now introduce them as "Brothers."

Anyone desiring an advanced course in profanity should see Gerald Beebe. Beeb informs us that what he can't teach you, you can think of, after you tread a tack strewn dormitory floor.

Joe Rader's touring car's (U. S. S. Oklahoma), likeness again adorns our walls. This time we made him take it from the front room to the second floor. Rader still maintains "she's a great old boat."

Clyde Conn is taking a bumming trip to Lorain, Ohio, for Thanksgiving. All that can be said is that it is a long walk and we hope he gets there.

Davis, Friend, Thellman and Rader hope to retire when they get through taking Pictorial Review orders during the holidays.

ATLAS CLUB

Dr. Mary Golden gave the Atlas men a very interestink talk November 13th. It was very instructive and the men certainly obtained much valuable information from the lecture, thanks to our Doctor.

Atlas Club is going to have a

little dance about the week after Thanksgiving.

Brother Royal Nelson spent Thanksgiving at his home, Humboldt, Ia.

Bro. F. R. Spencer spent his Thanksgiving vacation in Missouri.

Brother Ross Richards suffered a very badly sprained ankle on November 24th.

IOTA TAU SIGMA NOTES

Beta Chapter had the pleasure of having Brother E. G. Hornbeck of Rocky Mount, N. C., with them at their regular meeting on Nov. 17th. Following the business session Brother Hornbeck favored the chapter with a most interesting talk on his "Experiences in the Field" which he illustrated with demonstrations in Technic. It is to be hoped that Brother Hornbeck will make repeated visits to the Chapter house during his sojourn in Des Moines for the practical suggestions from an alumnus with the experience that is his, is of inestimable value to students.

Beta Chapter entertained at the second of the series of house dances of the semester at the Chapter house on Friday evening, Nov. 21st. Music was furnished by the "Serenaders" and Dr. and Mrs. J. P. Schwartz were the chaperones of the party.

Bob Sayre of Drake was a guest of Bros. Poucher and Marlow at dinner at the Chapter house on Sunday, Nov. 16th.

"Dutch" Worrell of the Worrell Jewelry Company of Mexico, Mo., was a guest of the Chapter at dinner on Saturday evening, Nov. 22nd.

Bro. Green spent the Thanksgiving vacation at his home at Sac City, Iowa.

Brother Watkins spent his Thanksgiving vacation at his home at Aurora, Ill.

Pledge Atterberry spent his Thanksgiving at his home at Atlantic, Mo.

Brothers Poucher and Marlow, accompanied Bro. Richardson to the latter's home at Austin, Minn., for the Thanksgiving vacation.

Bro. Cochran had Jack Barnes, halfback on the West High football squad, as his guest for dinner on Sunday, Nov. 23d and for Thanksgiving dinner.

The Chapter is indebted to Bro. T. T. Jones of Wayne, Neb., for a material addition to its library in the form of 22 text books on Osteopathy and Medicine. It is also indebted to Bro. Parish, '22, for a set of six volumes on Anatomy.

The actives and pledges of Beta Chapter were delightfully surprised by the actives and pledges of Delta Omega Sorority on last Monday evening, when the D. O.'s brought their pledges up to the Chapter house, on an errand of initiation. The D. O. pledges disposed of some novelties with some rapid fire sales talk and then entertained with some specialty dances, after which they were given a rousing send-off by the members of Beta Chapter.

(Continued on page 3)



HELP!

Mr. Marion Churchman, while driving home from the State Farm, on the Sproule Road, Saturday afternoon, was run into by another automobile. Mr. Churchman suffered a broken front wheel and had his front mudguard badly bent.—From the Springfield Township (Pa.) Citizen.

Porter—This train goes to Buffalo and points east.

Old Lady—Well, I want a train that get to Syracuse, and I don't care which way it points.

Beads of perspiration stood out on the forehead of the shoe clerk as he rose to his feet after trying on practically every No. 5 shoe in the store.

"Shall I wrap up a pair for you, lady?" asked the exhausted clerk.

"No, thanks," replied the lady shopper. I was just trying them on for a friend.—Houston Post.

Modern Girl (telephoning home at 3 a. m.)—Don't worry about me, Mother, I'm all right. I'm in jail.—Harvard Lampoon.

Mother had come in from the farm to visit her daughter in the city. After the kiss of greeting, she noticed her daughter's bobbed hair. Her eyes opened wide in astonishment.

"Well, fer pity's sake, Lizzy," she exclaimed, "you never even writ me you had the typhoid."—Life.

The teacher, prompted by superior authority, had asked permission, by letter, of a girl's parents to have her take the Schick mentality test. The permission was refused by the child's mother in a letter which ran as follows:

"I received your letter asking to have my girl take the Sheek test. I will not have my girl take no Sheek test. I have seen that Sheek at the theatre, and I will have nothing to do with no test of his."—Boston Transcript.

HEY! BROCK!

WANTED—Room and board in private family near Vgn. Ry., for my wife; no children, for about 6 months. Reference Vgn. Ry. yard office.—Classified Adv. in the Roanoke (Va.) Times.

EXPERIENCE, AT USUAL RATES

Another racing season is closing and the usual number of men have learned once again that the only people who make any money following the horses are the teamsters.—New York American.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OSTEOPATHY

PresidentS. L. Taylor
Editor.....Don Baylor

Osteopathy Without Limitation

Power of Personality

Personality is one of those frequently used words which are too large to be contained in definition. It can only be thought of as a man's complete life, what he has achieved through the use of that great power of constructive thought and action. It is the product of his mental processes and attitude, for personality is made or destroyed by the mind.

Personality is that force which gives one command over himself in any circumstances, which enables him to master his feelings and impulses, as well as his voice, his gestures and his looks. This is the type of man who is a real power.

That which we call a strong personality is not a gift limited to a fortunate few, but a goal in the reach of all who will pay the price. The foundation for a strong personality should be laid in character, just, sincere and good. It is the result of the constant use of judgment, prudence, diplomacy, tact, and the consideration of the rights and privileges of others. It is developed through clean living and noble thought.

CONTROL.

There are silent depths in the ocean which the storms that lash the surface into fury never reach. People who have learned to control themselves, who do not live on the surface of their being, but who reach down into the depths, where, in the stillness, the voice of God is heard, where they absorb the great principles of life, are not affected by the thousand and one storms and tempests—domestic, financial, social, political, which cause so much suffering and unhappiness, and mar so many lives. In the depths of their being they find the divine stabilizing power which carries them poised and serene even through a hurricane of difficulties.—O. S. M.

A CHEERY DISPOSITION

—is like air in a tire. There really doesn't seem to be much to it, but it makes the going easier and happier for everybody. The rougher the road the more you need it.

Fraternity Notes

(Continued from page 2)

Members of the Chapter were guests of Phi Sigma Gamma Fraternity on Wednesday evening, Nov. 19th at the opening of the latter's new home. Phi Sigma Gamma is to be congratulated upon the homelike and comfortably arranged home they now occupy. It is one more step forward for Osteopathy in Des Moines.

Bro. Don Baylor and wife are the proud parents of a baby boy, "Billy Rowe Baylor," born on Sunday, Nov. 16th at the Des Moines General.

D. M. S. C. C. O. Clinics

(Continued from page 1)

on the taking of the case history as it often proves a deciding factor in arriving at a diagnosis. After the examination, the case is turned over to the student for treatment. In order to facilitate the work, a Clinical Laboratory is maintained under the direction of a skilled laboratory technician where the student may make complete urine, blood and gastric analyses. In this way the student receives careful and valuable instruction in laboratory diagnosis in direct relation to his patient. In conjunction with the laboratory, a special examination room is maintained under the direction of an assistant clinician where the student is permitted to take more delicate and specific examination. This department is fully equipped with the latest diagnostic instruments and the student is again able to secure invaluable practical instruction. Following examination and diagnosis, careful treatment is outlined and followed. After the first week, a complete report of progress made, is required and each two weeks thereafter until discharge. The result of this plan gives the student first hand information as to the result and the effect of Osteopathic treatment in actual conditions.

During treating hours, the clinician and assistants make "rounds" examining patients and if necessary, advising changes in treatment. Thus the patient receives the maximum of service for the minimum of cost. Clinical examination and a course of ten treatments costing \$3.00, or

a private examination may be had for \$5.00.

Ample opportunity is provided for the student to test out and put to practical use all theories propagated in the lecture rooms. Every student is required to give a minimum of five hundred treatments and to write up and discuss two cases per semester for graduation.

Such is the conduct of the General Clinic of D. M. S. C. C. O. It is plainly seen by the foregoing that the student is carefully trained in the practical application of his knowledge. It is the consensus of opinion that D. M. S. C. C. O. has the best clinic of any osteopathic school, and such an opinion is well founded as the statistics will show that there is not only a large number of patients treated but that there is also an exceptionally great variety of cases.

When the student of Osteopathy avails himself of his clinical opportunities, when he obtains his knowledge from actual experience in the application of the theories instead of from hearsay and book knowledge alone, he is bound to be a more capable physician, and is far better fitted to cope with the problems of professional life than if such experience were not to be had.

With the careful training he gets in the General Clinic, the Departmental Clinics and the unexcelled didactic work he cannot but know that his was the preparation for SUCCESS.

Osteopaths End Season With 27-7 Victory

(Continued from page 1)

physically lugging the pigskin over from the 8-yard line, after he and his teammates, Regan and McIntosh, brought the ball within striking distance.

In addition to Murphy and Regan, McIntosh and Mike Hannon also performed in good fashion in Still's backfield. In the line "Race" Myers, Wallie Walker "Abner" Graham and Paul O'Keefe played brilliantly. Myers, Graham and O'Keefe in particular proved bulwarks on defense and opened up huge holes in Ellsworth's line.

Northcraft was Coach Roberts' outstanding performer, being ably assisted by Evans, Hardcastle, Thorpe and Walrath.



The Observer Says:

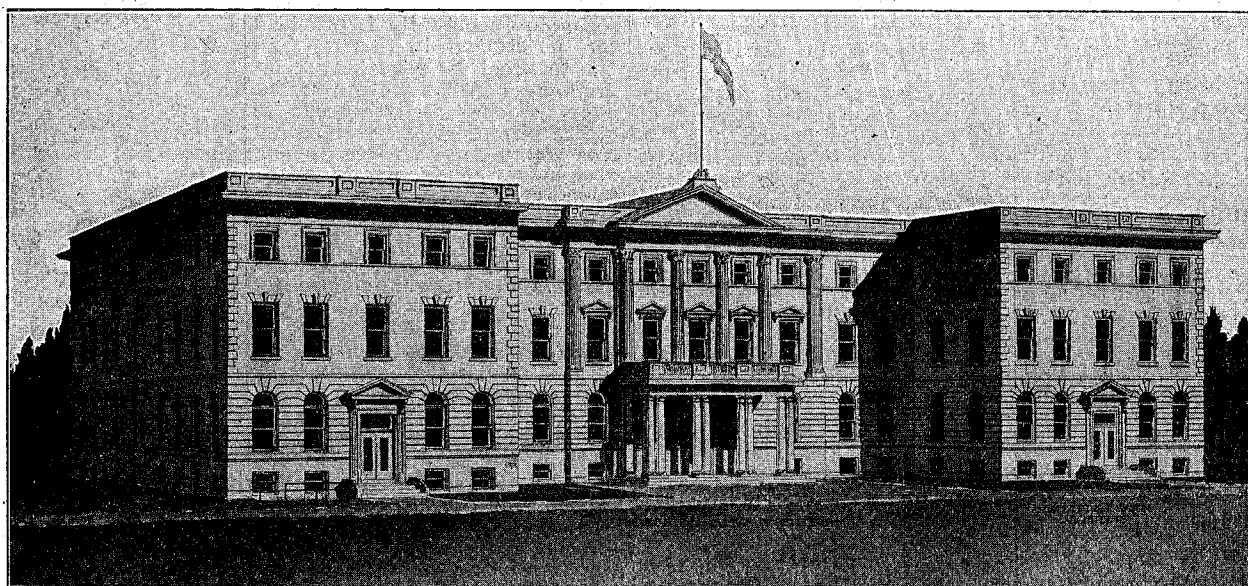
Tuff Luck
Rosie
We all are here
To gain
Wisdom
If only in the
Form of
Teeth
Many embryo
Osteopaths were
Victims of that
Insidious
Thing called
Gastroenteralgia
Thursday 11-27
Only
FIFTEEN
Days till Xmas
Vacation
Think you can
Wait
Has anyone noticed
Pinkie Schwartz's
Post-seasonal coat of
Sun Burn
It is rumored
Round the
Campus
That our old
College
Chum Santy Claus
Is to furnish the
Pit seats with
Velour upholstery
Wake up boy
Your dreaming
Ain't it funny
How worried
A fellow
Gets when
A girl
From his
Home Town
Who has been
Visiting in this
City
Leaves for Home
However
Love
Must have its
Worries or it
Would grow stale
Period

APOLOGIES!

The Log Book wishes to offer its apologies to Dr. Woods for having pulled the "boner" of printing his middle initial as "R". The Doctor proudly asserts that it should be "M" and that a famous English poet was named after him. Three guesses as to "Handsome Johnnie's" middle name!



DR. JOHN M. WOODS



WHEN? WHERE? HOW?

IMPORTANT NOTICE!

The Log Book again calls the attention of the student body and all prospective students to the matter of registration for the Second Semester. The regular day for beginning registration is January 23. Class work will begin January 26. New rules and regulation are now in effect and there is no necessity for any one to be caught napping and have delinquent fees to pay.

Mid-Year Graduation January 22nd

SCHEDULE OF CLASSES

Freshman B.

Biology
Anatomy
Histology
Chemistry
Bacteriology
Chem. Lab. Tues. Thurs.

Freshman A.

Anatomy
Histology
Chemistry
Physiology
Bacteriology
Chem. Lab. Mon.-Wed.

Sophomore B.

Chemistry
Theory
Pathology I
Physiology
Anatomy
Chem. Lab. Friday
Path. Lab. Tues.-Fri.

Sophomore A.

Pathology II
Nervous Physiology
Principles
Anatomy
Orthopedics
Path. Lab. Mon.-Thurs.

Junior B.

Symptomatology
Pathology III
Anatomy
Pathology Laboratory
Ost. Technic
Gynecology
Laboratory Diagnosis

Junior A.

Pediatrics
Obstetrics
Nervous and Mental
Applied Osteopathy
Gynecology
Clinic

Senior B.

Obstetrics
Diet. H. & San.
Nervous and Mental
Applied Osteopathy
Surgery
E. E. N. & T.
Clinic

Senior A.

Optional
Diet. P. H. & San.
Nervous and Mental
Proctology
Surgery
E. E. N. T.
Clinic

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of October 3, 1917, authorized February 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

December 15, 1924

Number 11

From the Field

The Log Book is always glad to receive letters for publication from the Field. It not only keeps the Field Doctor in touch with the old gang and keeps the old college spirit percolating but also gives the present "generation" an insight into the attitude and conditions existent in the Field.

The following are excerpts from a letter received from Dr. W. J. Laird, January '24, at present Publicity Director of the Detroit Osteopathic Association.

The Detroit Osteopathic Association has been a little slow in getting its winter program of affairs started, but has shown greater activity during the month of November. At the November meeting, held at the Detroit Osteopathic Hospital, the largest turnout in months was on deck to enjoy a real lecture by a real Osteopath. Dr. W. R. Gregg, of Oberlin, Ohio, and formerly Professor of Histology at D. M. S. C. O., delivered a lengthy and interesting discourse on the "Scope and Practice of Osteopathy at Present." Dr. Gregg has had opportunity to study the opinions, methods and attainments of the profession as a whole, over the entire country, and every D. O. present that evening received a valuable addition to his knowledge of national affairs. We are confident that Dr. Gregg has few peers as a lecturer, and we hope to hear him again in the near future.

The monthly meetings of the local association are being planned with care, and some lively and instructive times are anticipated.

Prospects of a general Osteopathic clinic with surgical, dental and special adjuncts are looking brighter than in several years. The question of a building and equipment is the big obstacle at the present date, but we hope that the next few months will bring a solution. A clinic would do wonders in this city, and its absence is deplorable, in view of the facilities which Detroit offers for such an institution.

We wish to congratulate Still College on the phenomenal success of its football team this year, and assure you that your season has been a success. Competition of the caliber of Haskell Indians is worth obtaining, and it is with pride that the D. O.'s in this vicinity pointed to the score of that battle with the yipping redskins. Still college would do well to come east of

Merry Christmas!



The Freshman D arrives Home for Xmas Vacation—Fully equipped with his room-mates bag, thermometer, stethoscope and his own—Dignity!

the Mississippi for a game in the near future, — it would boost your student-body in numbers, and the advertising in other ways would be invaluable. Keep up the good work,—and add a good season of basketball to the old dope-book.

Wishing you luck and a merry Xmas at D. M. S. C. O.—

Fraternally,
DR. W. J. LAIRD.

Comparative Figures

A comparison of our tonsilectomy clinic with the City Hospital Clinic is very interesting. Records show that during the month of September there were seventeen tonsilectomies performed at the City Hospital. Our clinic records show 272 operations on tonsils during the same period. Such figures are indeed gratifying and are indicative of a steady march of progress.

NOTICE

Heretofore the college has been put to the expense of filling out application blanks and making transcripts of grades in complying with the request for Board Applications. The amount is not much in any single case, but when it occurs from five to ten times a month it means that the funds are being dispersed at the rate of from ten to twenty dollars a month, which in the course of a year amounts to considerable and it can be easily seen that it does not go to the advancement of the school. Therefore, no application or transcript will be sent out unless it is accompanied by a fee of \$2.50 payable to the college.

MORE TROUBLE FOR PARENTS

The first essential in training a child is to have more sense than the child.—Vincennes Sun.

Football Feed and Dance

In recognition of faithful service, at the close of the most successful football season in the history of the college, Coach Frank Sutton and the entire squad were entertained at the Annual Football Banquet, held at the Savery Hotel, Saturday, December 6th.

After satisfying the inner man, the squad were treated to a series of well diversified after-dinner speeches, under the guidance of the Athletic Manager, Dr. Pinkie Schwartz, Toastmaster.

The dance was held in the ball room of the Savery, immediately following the banquet, and was given under the auspices of the Masonic Club of the college. The Bankers Life Radio Orchestra broadcasted some mean music, and the large crowd had a glorious time.

The feature event of the evening was a Balloon Dance, in which Deane Elsea came out victor. Due to his excessive "reach" he was able to protect his "fair one's" balloons long after all others were demolished.

SOME PARTY!

The Senior "A's"

The Senior A class has been solidly organized since their first week within the college walls. The class was small, consisting of nine members, of which eight will be graduated in January. New members have been added to the "happy family" which have swelled the enrollment to thirteen.

A genuine spirit of loyalty and helpfulness has ever been manifest. The individual members look forward to entering the field of practice with high hopes, but it is with a feeling of regret at having to sever our close associations.

The class has realized the value of well correlated knowledge along certain lines. To better prepare the members in Laboratory Diagnosis, Prof. Geo. Hurt, has been leading the group in practical laboratory work where each man can clear up any faulty ideas and bolster up his technique under direct supervision. Dr. Virg Halladay is on deck regularly to help us teach each other what we have learned in Osteopathic Technique.

We are not only ambitious, but are systematically working to establish the January, 1925, Class as one of the best trained classes that was ever graduated from D. M. S. C. O.

The Class officers are as follows:

R. T. Lustig, President.
Ray Price, Vice Pres.
Geo. W. Rastede, Sec.-Treas.

The Prodigal

The prodigal's mind departed
hence
And wandered away far off,
He threw discretion to the very
wind
Then one day thought of the
prof.

The professor saw him from
afar
And took off his spec's and cried,
Make room for the wayward stu-
dent,
Do not cast thy brother aside.

Now those students had stayed
at school and worked
Had planned and sowed and
reaped,
They studied their chemistry
most every night,
They hardly had time to sleep.

To their dismay the brother bold
From devious paths beyond
Had come to gather some Laur-
el's in
And like as not abscond.

Alas! poor students in deep dis-
may
They had to dispatch their class,
To feed the gluttony of worthless
kin.
They sure were handed the
"gaff."

And the worst of it all to this
very day
The teacher's delight to tell
About the young chap who re-
turned to class
And with his poor classmates
raised —L—

And when he mentioned the stu-
dents at all,
He actually called them a grouch
Because they kicked on wasting
their time,
To coddle the lazy slouch.

Albeit the world wags on that
way,
The same as in days of yore,
The cuss who tears off the wid-
est strip
Is marked with the highest
score.

We hope some day the tide will
turn
When STUDENTS will all be ex-
empt
And they will sit at the helm of
affairs
And view the laggard with con-
tempt
"Jaw."

Are You Looking for a Location?

Dr. J. A. Nowlin of Farmer City, Illinois, is looking for a competent Osteopath, licensed to practice in the state of Illinois, to act as his assistant for a period of 3 or 4 months. Further information may be had by writing either the Doctor or the Log Book.

The same heart beats in every human breast.

Fraternity Notes

Atlas Club Notes.

The Atlas club held their second degree initiation at the Unitarian Church, December 4th. The paddles brought varied from corrugated paper to hard wood padded with cotton. Field Doctors, J. M. Woods and Campbell were present to help the pledges along in some of their work. After the initiation was completed, lunch was served and it might be said an enjoyable time was had by all present, especially the regular members.

The Atlas club holds their annual Christmas Dance at the Lorenz Studio, December 12th. The Serenaders will furnish the music. This is one of the social affairs that members always look forward to for a wonderful time is always enjoyed.

Dr. M. E. Bachman will be the speaker for the Atlas Club Practical Work night, Thursday, December 18th. His lecture will be on "Blood Pressure." This will be a very instructive and interesting topic because of Dr. Bachman's years of experience.

Brother Royal Nelson was called home suddenly by the fatal accident of his little niece. She was run over and killed by a large bus. We all extend our hearty sympathy to Brother Nelson in this time of sadness.

We received interesting letters from Brothers in the field. Drs. Tom Van DeGrift, Emmet Shaeffer and Bro. Gould. They all ask to be remembered to their friends in school. We are always glad to hear from our field brothers and their experiences.

Alpha Xi Iota Sigma.

The Alpha Xi Iota Sigma entertained the faculty ladies at the Y. W. C. A., November 19th, at 8:30 in the evening. Miss Pallon gave an interesting and illustrated lecture on her trip thru the Orient. She had a number of beautiful things she had brought from her trip and her lecture was very interesting. Later in the evening a lunch was served and the little party broke up.

Dr. Irene Bachman, '23, of this city attended chapel last Friday, Nov. 21st. It seemed like old times to have her with us again. Her sister, Miss Pauline was the pianist for the musical program.

Dr. Nellie Davis, '23, of Oskaloosa, was the guest of Mrs. Messerschmidt on Sunday, November 16th.

Dr. Wealthie Pearson, '22 of Knoxville, Iowa, was recently married to Mr. Harvey of Harvey, Iowa. The club extends hearty congratulations.

Drs. Augur and Augur, '23, who went to Honolulu following graduation have returned to the state of Washington and will locate there.

Dr. Raffenberg, graduate of 1906, attended chapel Wednesday, November 26th. The doctor was a member of the Pocahontas club while in school, which was the forerunner of the present Alpha Xi Iota Sigma.

Ask Gertrude Jones what her

Barnum Was Right

Dr. Raymond Staples, Senior B, and proprietor of the "Book Store," was married, Saturday, December 13th, at the home of Rev. M. V. Higbee, Boone, Iowa, to Miss Adelaide Ruth Munder of Des Moines. We wish you all the success in the world, Staples, and sincerely hope the price of books does not go up.

While in this solemn vein of thought, there are several romances within the college walls that have about reached the point where announcements and congratulations are in order. Nuf Sed! favorite speech is when she talks in her sleep.

Phi Sigma Gamma

Joe Rader is still trying to figure out the difference between mashed potatoes and pea soup.

Gay Howland, we are glad to announce, is going to follow in the footsteps of our much honored and thought of "O. B.st" in the near future, and there'll be other "babies" crying for him. More power to you, Gay.

R. B. Gordon (King George) has left us for Spokane, Wash., where he is spending the Christmas holidays with his relatives. To such a renowned traveler, such a trip is a mere jaunt.

Anyone wishing to know the number of boards in any fence or stadium in Des Moines can receive some information from any pledge, as they are enjoying "Hell Week" now.

The Des Moines Street Railway Co. has made Pledge Cavanaugh a wonderful offer for acting as overseer of the Fort Des Moines branch. Cavanaugh spent "Hell Week" looking the branch over, but from proper authorities information has been gathered which leads us to believe he'll stick to osteopathy.

D. B. Weir is passing candy and cigarettes around this week. Too late now, though, boys, don't hurry. It only lasted a week, and he got them from the pledges.

The eminent Doctor Leland Spencer has been confined to the frat house with a severe case of la grippe. The poor innocent one is out again now.

All of the brothers are greatly concerned about Lon Scatterday's moustache. You'll surely have to hand it to him, though. He's surely sticking to it.

Say, Boy! Didja see the keen woman Russ Gladieux took to the hop? Nope? It's his wife back in Des Moines.

A. E. Smith is aspiring to reach O'Connor fame. He's wrecking more dishes than all the rest of the help put together. Commodore next. More power to you, Smitty. We admire your wonderful ambitions.

Anyone craving an explanation or definition of "Brotherly Love" should see Bob Morgan break paddles on "The Kid."

The one wonderful inspiration of the fraternity is Roy Davis. We're so glad he didn't join a sorority.

Pledges Long and Reese surely keep Uncle Sam busy sorting



On A Toot

"Jazz" Hoffman, noted pianist, Senior, and official accompanist of D. M. S. C. O., was out the other night playing around with that old boy named Bacchus. While wandering up Locust street at a fairly early hour, "Jazz" was accosted by one of the famous Des Moines Police Force, who said (quite forcibly): "See here, sir, you'll have to accompany me!" Whereupon, Dr. Hoffman replies: "Allri', whas ya goin' ta shing?"

A reunion of the Rumney family was held Aug. 18th at the home of John Finch. Mrs. Martha Finch was the only one living that was present.—(Dwight, Ill., Star and Herald.)

Must have been a very stiff affair.

FOR SALE—BABY CARRIAGE and hand wringer. 254 West 10th Place.—(Calumet Index.)

What a rainy summer we've been having!

The jam became so severe that a number of womens offered slight bruises in the lobby.—(Gary Post.)

Ouch!

A dinner was given in New York, at which a well-known actor sat at the guest table. When the hour for starting the feast arrived the toastmaster, a very religious man, discovered that no minister of the Gospel was present, though several had been invited. In this emergency he turned to the actor and asked him to say grace.

The actor rose, bowed his head, and in the midst of a deep hush said fervently:

"There being no clergyman present, let us thank God!"—Exchange.

Sensible men settle disputes, fools litigate.

their mail. These boys, judging from the post marks, were with the world flyers.

Johnny Jones sure does believe in performing his duties, even if it does necessitate breaking down the house doors.

"Moco" missed his calling. Didja ever see such a loosely constructed person having such a massive frame and such a small dancing partner. Elsea shoulda been a contritionist.

John Theilman wonders why his girl married another man when she cared so much for her Johnny.

Iota Tau Sigma

Beta chapter was host to (Continued on page 3)

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OSTEOPATHY

President S. L. Taylor
Editor Don Baylor

Osteopathy Without Limitation

MOTIVE

I saw a picture the other day of a group of children with noses flattened against the window of a toy shop—nothing could be more emblematic of Christmas-tide.

Nothing could be more emblematic of a phrase that interprets every great success, that motivates every effort, that leads to every great achievement, and that insures the fullest use of personal resources, than this whimsical, kindly, heart-understanding conceit of the artist.

Any man who gets anywhere in any field at any time builds his achievement on the foundation of his great desire.

If you could have the longing for recognition in your heart, akin to the longing of the little ten-year-old has for an upright steam engine or that his little sister has for the toy dishes and doll furniture. If you were filled with a great desire for a definite thing, you could visualize and work for it. If, figuratively speaking, you yourself always kept your nose flattened against the show window of the object of your ambition, then disaster could not discourage you, and neither men nor circumstances would have power enough to stop you.

The motive is the thing. The right motive makes men win football games and high professional honors. The right motive makes men brave desert wastes and unknown lands, to build homes and commonwealths. The right motive makes men presidents and executives of great corporations, leaders in business enterprises, go-getters in commerce and industry as well as in professional fields.

The great desire can take away your doubts and make you lion-hearted; the right motive can take your will and turn it into steel. The great desire can make a super-man of any individual, and point to him the way to any goal.

Fraternity Notes

(Continued from page 2)

about fifty men of the student body at the chapter house on Tuesday evening, December 9th. Judge McHenry was the honor guest of the evening, and delivered a most interesting address on "The Constitution of the United States." Following the lecture, smokes and cards occupied the time for the visitors and actives until a late hour. Beta hopes to have the privilege of entertaining an even larger

number of the students at some future date.

Beta Chapter entertains with its annual Christmas Formal at Hoyt Sherman Place on Thursday evening, December 18, with Dr. and Mrs. C. W. Johnston, Dr. and Mrs. J. P. Schwartz and Dr. and Mrs. E. S. Grossman acting in the capacity of chaperons for the evening.

Ray Harrison's orchestra will furnish the music for dancing, and special favor dances will be interspersed throughout the program.

At intermission, favors carrying the crest of the fraternity, which up to that time have graced the Christmas tree, will be presented to the lady guests.

Following the intermission, a Grand March, to be led by Dean and Mrs. Johnson, will be one of the features of the evening's entertainment. The grand march will culminate in a jockey race, with favors in keeping with the race.

Dr. L. G. Huddle, of Washington Court House, Ohio, will spend the Christmas vacation in Des Moines, making his headquarters at the Chapter House.

Brothers Poucher and Marlow and Pledge Ross will spend the holiday vacation at their homes in Elgin, Illinois.

Brother Nowlin will spend his vacation at his home in Decatur, Illinois.

Brother Gephart will visit with his parents and other (!) at his home at Marietta, Ohio, during the Christmas vacation.

Pledge Nye starts on a long trip to Michigan to spend his vacation with his parents and friends.

Brother Watkins will spend the holiday time enjoying the high lights of his home town, Aurora, Illinois.

Pledge Loghry has left for Geneva and Bergen, N. Y., where will spend his vacation with his parents.

Pledge Jones goes to his home in Worthington, Ohio, to spend his vacation time.

Brother Green goes to his home at Sac City, Iowa, for his vacation.

Brother Olsen will spend his vacation time at his home in South Bend, Indiana, as will also Brother Staples.

Brother Richardson will enjoy his vacation at his home at Austin, Minnesota.

Pledge Atterberry will spend his vacation at his home at Atlanta, Missouri.

Pledge Hovis will go to Detroit, Michigan, to spend his Christmas vacation in Henry Ford's home town.

Brother Belf also goes to Detroit, Michigan, for his vacation time.

Brothers Odell, Shaw, Platt, Benien, Cochran, and Reiter will stay in Des Moines during the holiday vacation, and "keep the home fires burning" at the Chapter House. A cordial invitation is extended to all students of the college who will be in the city during that time to drop in at the house whenever they have some spare time to kill.

Born: to Dr. and Mrs. C. C. Wedel, at the Des Moines General hospital, a son, "Jack Warren." Mrs. Wedel was formerly Miss Irene Foster, of this city, while Dr. Dedel graduated from D. M. S. C. O. with the class of 1923 and is now practicing at Winterset, Iowa

Delta Omega

The Krug sisters, Misses Irene and Emma, were given the mock initiation at the house of Miss Maybelle Moore, 3408 Cottage Grove avenue, Monday evening, November 10th. The initiates endured the rigors of the ordeal in a fitting manner and report a very enjoyable evening. After all was said and done, "light" refreshments were served.

It was indeed gratifying to find the function so well attended by field members.

On Friday, November 21st, the formal initiation of the Misses Irene and Emma Krug took place at the home of Mrs. Margaret Halladay, 3511 Kingman Blvd. On completion of the impressive ceremonies, in which the field members took active part, delightful refreshments were served. Each attending received a large yellow chrysanthemum, the sorority flower.



The Observer Says

Well Well
Two weeks
Vacation
Staring us in
The Face
Again Many varied.
Plans for spending
The same have been
Rumored around the
Halls of Learning
But all center 'round
The Universal
Indoor Sport
Grabbing Off The Shkel
The Senior A's
Are hoping to find
The answers to the
State Board questions
In their stockings on
Xmas Morning
The Dean
Remarked the other
Morning that
You never heard
Of any clothes lines
Breaking
Under the kind of
Wash
The modern Girl
Hangs out
Sorta makes us
Wonder what
Authority
He quotes
However
We have one thing
To thank the
Cross Word Puzzle
For, It
Sure keeps some
Students awake
There's been some
Funny sights around
Since the
Sophomores started
Gastric Analysis
Ask Jones
Unless several
Expected checks
Fail to arrive
There will be an
Exodus from our
Fair Institution
The 19th
Not equalled since
Mike Mahomet
Grabbed a clean shirt
And beat it from Mecca
Merry Xmas Gang
Period.

IMPORTANT NOTICE!

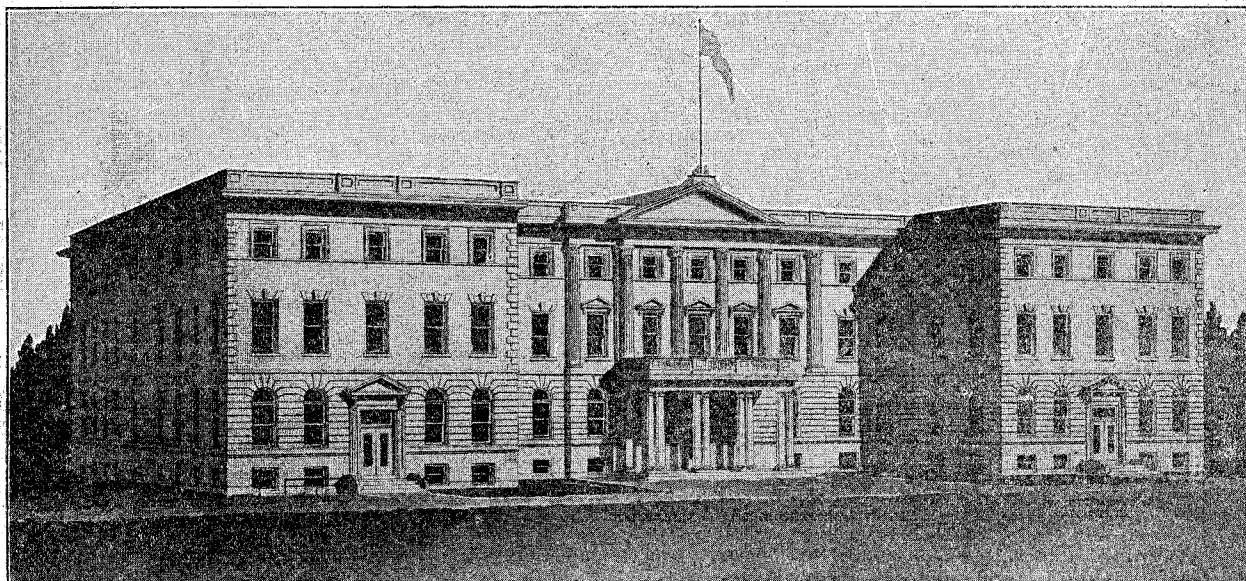
Owing to the great number of coupons that were returned it was deemed advisable to insert the following notice for those who desire to continue receiving the Log Book and who failed to return a coupon from the previous issue.

PROSPECTIVE STUDENTS who receive the Log Book regularly are requested to fill in and mail the following coupon if they wish to continue receiving the paper. In the event the coupon is not returned by the mailing date of January 15 issue, your name will be taken from the list.

Please continue mailing The Log Book to

Name

Address



WHEN? WHERE? HOW?

IMPORTANT NOTICE!

The Log Book again calls the attention of the student body and all prospective students to the matter of registration for the Second Semester. The regular day for beginning registration is January 23. Class work will begin January 26. New rules and regulation are now in effect and there is no necessity for any one to be caught napping and have delinquent fees to pay.

Mid-Year Graduation January 22nd

SCHEDULE OF CLASSES

Freshman B.

Biology
Anatomy
Histology
Chemistry
Bacteriology
Chem. Lab. Tues. Thurs.

Sophomore B.

Chemistry
Theory
Pathology I
Physiology
Anatomy
Chem. Lab. Friday
Path. Lab. Tues.-Fri.

Junior B.

Symptomatology
Pathology III
Anatomy
Pathology Laboratory
Ost. Technic
Gynecology
Laboratory Diagnosis

Senior B.

Obstetrics
Diet. H. & San.
Nervous and Mental
Applied Osteopathy
Surgery
E. E. N. & T.
Clinic

Freshman A.

Anatomy
Histology
Chemistry
Physiology
Bacteriology
Chem. Lab. Mon.-Wed.

Sophomore A.

Pathology II
Nervous Physiology
Principles
Anatomy
Orthopedics
Path. Lab. Mon.-Thurs.

Junior A.

Pediatrics
Obstetrics
Nervous and Mental
Applied Osteopathy
Gynecology
Clinic

Senior A.

Optional
Diet. P. H. & San.
Nervous and Mental
Proctology
Surgery
E. E. N. T.
Clinic

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of October 3, 1917, authorized February 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

January 1, 1925

Number 12

'Round the Campus

It is sure a dead ol' hole with everyone at home with their feet under Ma's table.

The few upperclassmen who have stayed over have been swamped in the general clinic. Gettin' in lots of good treatments.

Old Doc Stork evidently doesn't appreciate the fact that there is such a thing as a Christmas vacation, when he pulls off twelve O. B. cases during the first week of the aforesaid intermission in our scholastic battle with success.

Friend Angus has been doing considerable manicuring about the palace of learning during your absence. Don't slip on the polished floors, George!

Those who have been forced to spend the holidays in the city have reported various and sundry occupations, from holding down seven jobs to looking after three fellows' girls. One misguided youth even admitted the heinous crime of studying.

The Office Force have been kept busy since the body of the latest Des Moines thrill producer has been awarded the school for dissection purposes, telling curiosity bugs that D. M. S. C. O. is a professional school and not a dime museum.

Won't be long before the 1925 cage season is on in full force. Dr. Schwartz promises an exceptional schedule, so prepare to use the old athletic card to your heart's content.

We've another year before us in which to further promulgate the glory of D. M. S. C. O. We are fully aware that our athletic teams have been the best yet, we are proud of our clinic records, we bow to the superior quality of our faculty, we are saturated with an impregnable loyalty to our school, and above all we are more firmly convinced that there is no calling on the face of the earth that will compare to Osteopathy. During the coming year, 1925, may we raise the standing of our profession and our college to the Nth degree of superiority!

Everywhere, in high life or in low, in real history or in the fictions of men, in the myths of young nations or in the legends of the old, in the religions of the worshipful or in the skepticisms of the Godless, the outer physical manifestation, consciously or unconsciously is accepted as the product of the inner life.—H. L. Piner.

New Year's Greetings

Whatever your trade, your profession, your calling, be sure that it is clean, useful, and honorable. Choose a business that has expansiveness in it; an occupation that will develop you, elevate you, which will give you a chance for self-improvement, which will make you more of a man. "Thy life," says Carlyle, "is all thou hast to comfort eternity with."

NOTICE

Heretofore the college has been put to the expense of filling out application blanks and making transcripts of grades in complying with the request for Board Applications. The amount is not much in any single case, but when it occurs from five to ten times a month it means that the funds are being dispersed at the rate of from ten to twenty dollars a month, which in the course of a year amounts to considerable and it can be easily seen that it does not go to the advancement of the school. Therefore, no application or transcript will be sent out unless it is accompanied by a fee of \$2.50 payable to the college.

Did you ever realize that by yielding instead of resisting, by giving in instead of being stubborn of being a stickler for an apology, you disarm the resentment and awaken the better nature of the one who has injured you? Many people have thus gained the good will of one whom they had regarded as an enemy.—O. S. Marden.

If we work upon marble, it will perish if on brass, time will efface it; if we rear temples, they will crumble into dust; but if we work upon immortal minds, and imbue them with principles, with the just fear of God and love of our fellow-men, we engrave on those tablets something that will brighten to all eternity.—Daniel Webster.

BOTH WRONG

"So you and Dick are to be married? I thought it was a mere flirtation."
"So did he!"—Life.

Dub—"I'm going to marry a girl who can take a joke."
Kay—"Don't worry; that's the only kind of a girl you'd get."

Makes Cancer Study

The Metropolitan Life has issued a report on its study of cancer, in which it brings out the fact that cancer is so often associated with adult life that most persons do not know that a considerable number of deaths occur among children and adolescents, and that, in certain parts of the body, cancer actually appears almost as frequently in children and adolescents as in adults. In a study of 90,175 deaths from cancer among Metropolitan industrial policyholders, over a period of 12 years, it was discovered that 1,910 were those of persons under 25 years. The organs and parts of the body most frequently attacked by malignant growths in early life were the brain, the bones, the kidneys and supra-renals, and the lung and pleura. One-third of all brain cancers appeared among persons under 25; of bone cancers and those of the kidneys and supra-renals, 25 per cent were under 25; and of the lungs and pleura, 12 per cent.

Danger for Adults

It is a surprise to most persons to know that at the present time a man or woman is more likely to die of cancer than of tuberculosis, in spite of the fact that the death rate from tuberculosis is, as yet, a little higher than that for cancer. In 1922, for example, the tuberculosis death rate was 97 per 100,000, while that from cancer was 87. Nevertheless, it is true that a child, having once reached 10 years of age, is, according to present indications, in greater danger of dying ultimately from cancer than from tuberculosis. The explanation of this lies in the fact that tuberculosis claims its victims heavily in early adult life, whereas cancer does not begin to do its most deadly work until middle life.

In an actual population, tuberculosis (Continued on page 3)

S. O. S.

Again we are confronted by that much-used, variously interpreted, cryptic line, S. O. S. In the crossword puzzle it stands for "a steam ship distress signal," in modern slang it is "same old stuff," in the grand and glorious days when everybody won the war it represented the underestimated Service of Supply, and today, in Osteopathic collegiate circles, it stands for the harrying thought, "Where are our Freshmen coming from?"

Alumni, Field men—this paragraph is directed to you! Your part in the propagation of the profession is to supply the various educational institutions with the "raw materials!" It sounds like a rather broad, bold statement but nevertheless it is a true one. You are the men in direct contact, of personal acquaintance, with prospective students—you are the examples of our profession in their respective communities, and it is to you that these men and women are looking for guidance in the matter of deciding whether or not to enter this profession and which institution to select for their preparation. Do not procrastinate and wait for them to make inquiries of you. Broach the subject, make an earnest endeavor to send some promising young man or woman from your community to enter every class.

You are well aware, by now, of the unlimited opportunities open to a progressive man or woman in the field of Osteopathy. What greater service could you render the coming generation than to influence some of its members to enter the profession?

D. M. S. C. O. asks a fair consideration in your mind in aiding these young people in selecting a college. Our faculty is without peer, our clinical facilities enjoy an enviable reputation and the athletic and social phase of our life at D. M. S. C. O. is on a par with any like institution in the country.

Let us urge that you "look over" the promising prospects in your community with the thought in mind of seeing them embarked upon their career in the January Class, 1925, at the Des Moines Still College of Osteopathy.

THE FRESHMAN'S PRAYER

God bless my parents and my home. Bless my brothers, sisters, friends and relatives. And good-bye, God, I'm going to college.

Hope is a good breakfast, but it is a bad supper.

Speak That Word Now

I used to know a flint hearted old codger in a small Iowa town who was as guilty of murder as Loeb and Leopold. But he didn't pay for his crime; nor suffer any loss of esteem in the community. He just worked his wife to death.

Then he put a stone slab at the head of her grave on which was appropriately carved this immortal phrase, "Rest in Peace."

I remember her frail and wracked figure as she used to hurry about her work—much too strenuous for the herculean savage who ruled her destiny. She used to stumble sometimes, but she always hurried on toward her rest! And in all those years not one word of praise, not one tiny word of thanks ever issued from the raucous throat of him who drove her.

A mother wrote me a letter the other day which has lingered in my mind ever since. She told about the long, hard struggle to win a home and clothe and educate her daughters.

"But," she added, a bit wistfully, I thought, "all has been easy because of the little words of praise which have come! No matter how hard I work making a dress, when my girls say, 'Oh, mother, how truly wonderful!' I am more than repaid. No matter how hard the day has been in kitchen or garden, when husband or neighbors say, 'how nice this is!' I just straighten up a bit and all the load falls off. I think a little word like this is the most important secret of happiness!"

The mother is right. Words are little bombs which may explode indefinitely. And, somehow, we seem to have a set desire eternally to use the wrong kind. We are still half savage, and we continue to use the hard words far too generously.

A soft word! A little word of appreciation! Ah, how fine it would be if we could but sprinkle them about each day! How many burdens grievous to be borne would be lifted from weary backs; how many care-lined faces would break into ripples of happiness; how many nerveless fingers would quicken and throb with a desire to do more!

Speak that little word now! It will lift the clouds and stem the tides. It will surmount the insurmountable, and how close it draws us together!—Selected.

THAT'S DIFFERENT

Head of the House (in angry tones)—"Who told you to put that paper on the wall?"

Decorator—"Your wife, sir."

"Pretty, isn't it?"—The Congregationalist (Boston).

ONE FOR TWO

Friend—"I suppose you find your wife can live on your income all right?"

Newlywed: "Oh, yes, indeed; but it's up to me now to make another one for myself."—The Etude.

Duty makes us do things well, but love makes us do them beautifully.—Phillips Brooks.

Transfer of Disease by Travel

Much of our disease is imported. This applies not so much to the foreign immigrant as to the careless to-and-fro motion of our own citizens, who will not stop moving even when they are ill. Michigan may thus infect Minnesota, and North Carolina, New Jersey. Dr. Walker M. Dickie, of the California Board of Health, says in a paper on "Interstate Traffic in Communicable Diseases," read at a recent conference of Pacific Coast health officers, and printed in the Weekly Bulletin of his Board (Sacramento), that geographical barriers in the United States have been almost completely broken down by improved methods of transportation. Interstate travel has increased, he says, during recent years, beyond all expectations. On the Pacific Coast alone, automobile travel is continuous throughout the year with greatly increased volume during the summer months. He proceeds:

"With this increased volume of traffic there has naturally come an increased transference of cases of communicable disease. Typhoid and malaria are more easily transported from country to city, and there is an increased prevalence of both of these diseases of country origin in most of the larger cities of the coast.

Smallpox, diphtheria, scarlet-fever and other diseases of the respiratory system have recently been transported increasingly between states. Whole communities, in many instances, have been affected by this wide-spread dissemination of these infectious diseases.

"How extensive has been this spread of disease between states we have no definite means of knowing. For the most part this lack of information is due to the failure of health officers to notify each other reciprocally of cases of communicable diseases that may have been brought into each other's jurisdiction from outside of the state.

"In California during 1923 there were at least sixty-four cases of typhoid infected outside of California. These cases came from as far east as Ohio, Tennessee and Middle-Western states. The Minnesota Board of Health has reported that from 1913 to 1921 there were 364 typhoid cases infected outside of Minnesota. The available statistical data upon interstate traffic in typhoid fever, meager as it is, indicates the need for the development of a thorough and continuous system of reciprocal notification between state health officers. There is even less statistical data pertaining to interstate traffic in transmissible diseases other than typhoid. In fact, this lack of data hinders the establishment of adequate interstate quarantine regulations.

"To be sure, about half of the States have adopted the sanitary railway sanitation code approved by the U. S. Public Health Service. The most important features have been incorporated in the interstate quarantine regula-

tions. This code provides for control of utensils such as towels and drinking-cups, and of food and water on trains so as to protect them from contamination.

"It is certain, however, that interstate travel by automobile equals, in volume interstate travel by railway. Since it is impossible to prevent the travel of infected persons, it becomes of of first importance for state health officers to reciprocate in reporting cases of communicable disease.

"Persons in the early stages of measles, scarlet-fever, and other diseases, may complete their journeys while in an infective stage, before anyone, the patients themselves included, knows that they are ill. Absolute restriction of travel of sick persons is not to be desired; in fact, it often happens that persons suffering from communicable diseases should be permitted to travel in order that better control measures may be put into force. The travel of such persons should be under supervision, in order that the disease may be kept under control. Surreptitious travel of infected persons is often responsible for extensive spread of communicable diseases.

"It goes without saying that persons suffering from any of the five major quarantinable diseases—plague, cholera, yellow fever, typhus, and smallpox—are absolutely forbidden to travel. There are enormous possibilities for the spread of these diseases, and the transportation of persons suffering from any of them is always denied.

"Traffic in smallpox is a constant menace, because of the fact that many of our large communities are almost entirely unvaccinated. Furthermore, smallpox of a virulent type is more prevalent in the United States at the present time than for many years.

A negro went into a bank down south to get a check cashed. He stood in line a long time, finally his turn came. Just as he got to the window the teller put up a sign: "Bank is Busted."

The Negro—"What yo' ll mean—the bank am busted?"

Teller—"Well, it is, that's all; it's busted—didn't you ever hear of a bank being busted?"

The Negro—"Yassuh, but ah nevah had one bust right in mah face befo'."—K. C. Southern Bulletin.

Wear a large hat instead of a cap. A hat protects your ears as you go through the windshield.—Tom Sims Newspaper.

A corn sirup manufacturing company received the following letter:

Dear Sirs—I have ate three cans of your corn sirup and it has not helped my corns one bit.—Farm and Home (Vancouver, B. C.)

AT THE SERVANTS' BALL

Mistress of the House—"No, really not another, Thompson; I'm getting danced out."

Thompson—"Not darned stout, ma'am, just a trifle plump."—London Mail.



RUBBING IT IN

"There's one fellow in this town that certainly gets on my nerves."

"Who's that?"

"The osteopath."

A high school teacher wrote "please wash" on the blackboard and the janitor took his bath before Saturday.

OH-H-H-H'

He had fallen for her. They were in classes together, but she didn't speak to him. By desperate means he finally met her at a Y. W. C. A. social evening. They were alone. His dream had come true.

"How's your Chem.?" she asked.

"Good," he replied. "How's your Anatomy?"

"I think you're horrid," she exclaimed.

And again she doesn't speak to him.

The only difference between woolen underwear and a mosquito bite is that you need only two hands for a mosquito bite.

Would a Movie Fan Do?—Woman went into a radio store and said: "I want to buy one of them radio fans I read so much about. My room is awfully stuffy."—New York American.

Slim Trousseau—"Ah's gwine to go to de pahty t'night, but fust Ah's gotta go home an' change mah clothes."

"Change you" clothes? Boy, when yo' buttons yo' coat, yo' trunk am locked."—Selected.

"Now children," said the teacher, "write down all you have learned about King Alfred, but don't say anything about the burning of the cakes; I want to find out what else you know."

Half an hour later wee Jeanie handed in her effort:

"King Alfred visited a lady at a cottage, but the less said about it the better."—Tit-bits (London).

We live in deeds, not years—in thoughts, not breaths—

In feelings, not in figures on a dial;

We should count time by heart-throbs.

He most lives
Who thinks most, feels the noblest, acts the best.

—Bailey.

TERRIBLE!

Missionary: "During the three years we were on the island, my wife saw only one white face. That was mine."

Mrs. Guild: "How she must have suffered."—Sydney Bulletin.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OSTEOPATHY

PresidentS. L. Taylor
Editor.....Don Baylor

Osteopathy Without Limitation

The Game of Life

It is a rather difficult task to sit around during vacation, overly filled with customary Christmas dinner delicacies and in eager anticipation of what New Year's Eve holds in store, to pound out an editorial on the old Corona that will prove soul-inspiring, etc., etc.

The following poem from the pen of Ida M. Thomas, is the most appropriate and complete expression of an age-old truth that could be found. There's wisdom in every line of it, not only for the fellow students who graduate next month, but for those who are just entering college and also for that old bunch of reliable standbys, the Alumni.

"It's a wonderful game if you play it right,
If you use every one of your teammates white,
If you never cheat, and are fair and square
And learn the lesson of bear and forbear.

"If you meet with a failure now and then,
To never give up, but to try it again,
And through it all to keep smiling and sweet,
Though looking straight in the face of defeat.

"If you stick to the rules of the game, my friend,
You are sure of a victory in the end.
While some are unfair, be it said to their shame,
If you play it right, it's a wonderful game."

Makes Cancer Study

(Continued from page 1)

tuberculosis has relatively more material to work on than cancer, and the proportion of the two death rates does not represent the "betting odds" that a child of ten, for example, will eventually die of tuberculosis, or of cancer, as the case may be. These odds can be calculated by the construction of a life table, and by then segregating the tuberculosis and cancer deaths from all deaths, and constructing truncated life tables with the remainder.

At age ten, for males, the probability of dying eventually from cancer was .0837. That is to say, of 100 males at that age, more than eight will eventually die of cancer. The probability of eventual death from tuberculosis, on the other hand, was only .0684, which indicates that less than

seven out of 100, will die from tuberculosis. The cancer probability for males was therefore 22 per cent in excess of that for tuberculosis.

For females at age 10, the measure of cancer probability was .1132, and for tuberculosis, .0606. Here the cancer probability was 87 per cent in excess of the chance of eventual death from tuberculosis. The excess of the probability measure for cancer over that of tuberculosis increases decidedly with advance in age.

With a rising cancer death rate, and a falling tuberculosis death rate, as a prospect for the immediate future, we may expect a greater disparity in the figures for cancer and tuberculosis probability. The control of tuberculosis has engaged public attention for many years. At present, provisions for cancer research, diagnosis and treatments are meagre in comparison with the magnitude of the task and the importance of cancer as a source of diminishing longevity and of intense suffering.

ALL THROUGH

A working-man got a job at a coal-mine siding, running wagons down an incline. There was only a sleeper at the bottom to stop the wagons, so the boss told him to be careful and keep the brake on. On the third day four wagons went down at a terrific speed and jumped over the sleeper into the canal below.

The boss saw all that happened from his office window, and came rushing out with wrathful face. The man forestalled the remarks of the enraged employer:

"You needn't come grumbling at me," he announced. "I ain't working for you."

NO USE

Mrs. X—"Why have you never sued any of your divorced husbands for alimony?"

Mrs. V—"By the time, I'm ready to leave a man, he's always bankrupt."—Boston Transcript.

In buying houses and taking a wife, shut your eyes and commend yourself to God.—Italian Proverb.

Au Revoir

Handsome Oscar, the dashing young Osteopath, had just returned from Christmas vacation spent with the home folks back in the sticks of Ohio, and has just confessed to Little Nell, the Queen of the local biscuit shooters, that his love for her had waned. Little Nell expresses herself, to wit:

An so y'u done it—
Gone an' kissed another
Girl,
Well, I suppose y'u think y'u
Can get away with that.
Nothin' doin', if I'm y'ur
Girl, I wants all y'ur kisses
Or I don't want none.
I s'pose y'u gone an'
Learnt her all the things
I learnt you.
Well, y'u can't kiss me no more.

Y'u don't want to, huh?

Like her better'n y'u do
Me, huh?
Oscar, come here, come to y'ur
Sweetheart, kiss me Oscar
Like y'u useta
That's it put them big strong
Bonesetter arms aroun' me an'
Kiss me—kiss me so hard
Y'u bust the arches a
Me feet.

The religion of the future will not be gloomy, ascetic or male-dictory. It will not deal chiefly with sorrow and death, but with joy and life. It will not care so much to account for the evil and the ugly in the world as to interpret the good and the beautiful. It will believe in no malignant powers—neither in Satan nor in the witches, neither in the evil eye nor in the malign suggestion. When its disciple encounters a wrong or evil in the world—his impulse will be to search out its origin, source or cause, that he may attack it at its starting point.—Charles W. Eliot.

In life, as in a football game, the principle to follow is "Don't cry, don't shirk; but hit the line hard."—Theodore Roosevelt.

Be so true to yourself that you cannot be false to others.



The Observer Says

I'm not sore

I just can't
Understand
Some fellows go thru
Life like
Soup
Thru a Fish net
They get to go
Home
For vacation
Their Sleeve
Lining
Never wears out
Their girls don't
Eat
They can make two aces
And a King
Play like an
Aeolian Vocalian
Taxi drivers
Don't take them the
Long way round
They can always
Get checks
Cashed
They always cut
The day the Dr.
Don't come
Life for me
Is a Terrible
Disappointment

I'm not sore

I just don't
Understand
But all ain't
Darkness here
A guy
Wanted to know
Down to the
Synagogue
The other day
If the
Kristmas Karols
Sung by
Ku Klux Koires
Were
Sheet music
But then you know
A wise man
Never
Blows
His
Knows
Period

WHILE THERE'S LIFE

Farmer—"An' 'ow be Lawyer
Barnes doin' doctor?"
Doctor—"Poor fellow! He's ly-
ing at death's door."
Farmer—"There's grit for 'ee
—at death's door an' still lyin'!"
—London Humorist.

IMPORTANT NOTICE!

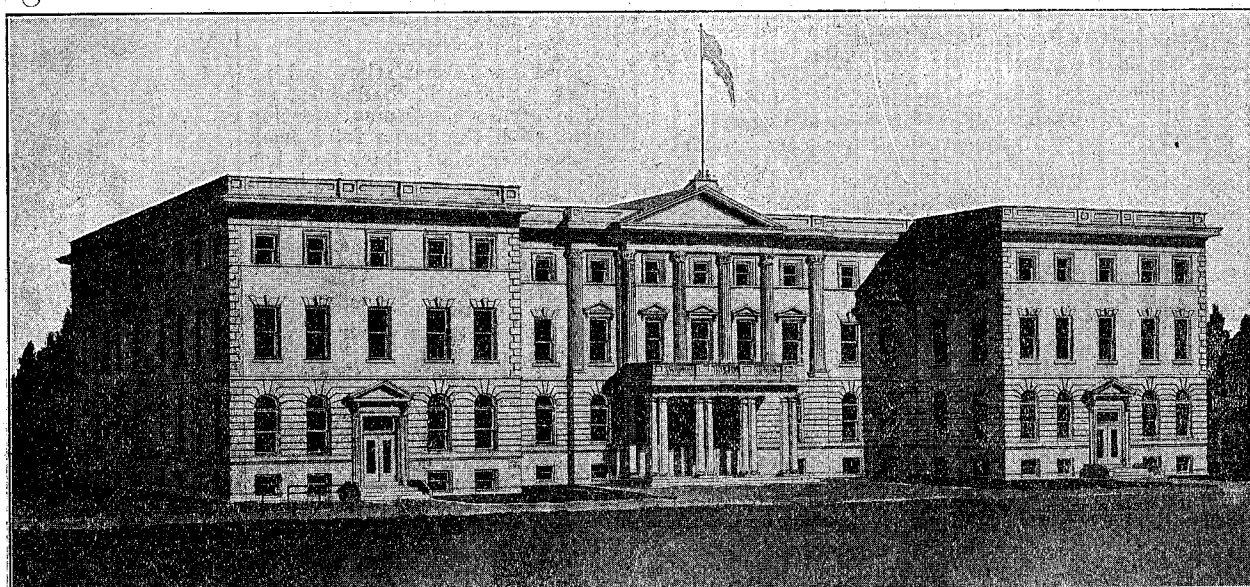
Owing to the great number of coupons that were returned it was deemed advisable to insert the following notice for those who desire to continue receiving the Log Book and who failed to return a coupon from the previous issue.

PROSPECTIVE STUDENTS who receive the Log Book regularly are requested to fill in and mail the following coupon if they wish to continue receiving the paper. In the event the coupon is not returned by the mailing date of January 15 issue, your name will be taken from the list.

Please continue mailing The Log Book to

Name

Address



WHEN? WHERE? HOW?

IMPORTANT NOTICE!

The Log Book again calls the attention of the student body and all prospective students to the matter of registration for the Second Semester. The regular day for beginning registration is January 23. Class work will begin January 26. New rules and regulation are now in effect and there is no necessity for any one to be caught napping and have delinquent fees to pay.

Mid-Year Graduation January 22nd

SCHEDULE OF CLASSES

Freshman B.

Biology
Anatomy
Histology
Chemistry
Bacteriology
Chem. Lab. Tues. Thurs.

Freshman A.

Anatomy
Histology
Chemistry
Physiology
Bacteriology
Chem. Lab. Mon.-Wed.

Sophomore B.

Chemistry
Theory
Pathology I
Physiology
Anatomy
Chem. Lab. Friday
Path. Lab. Tues.-Fri.

Sophomore A.

Pathology II
Nervous Physiology
Principles
Anatomy
Orthopedics
Path. Lab. Mon.-Thurs.

Junior B.

Symptomatology
Pathology III
Anatomy
Pathology Laboratory
Ost. Technic
Gynecology
Laboratory Diagnosis

Junior A.

Pediatrics
Obstetrics
Nervous and Mental
Applied Osteopathy
Gynecology
Clinic

Senior B.

Obstetrics
Diet. H. & San.
Nervous and Mental
Applied Osteopathy
Surgery
E. E. N. & T.
Clinic

Senior A.

Optional
Diet. P. H. & San.
Nervous and Mental
Proctology
Surgery
E. E. N. T.
Clinic

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of October 3, 1917, authorized February 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

January 15, 1925

Number 13

BONESETTERS LOSE FIRST CAGE GAME

Teams Battle Hard in See-Saw Contest

The Southern Surety quintet defeated Still College 20 to 17 in a closely played contest which was a curtain-raiser to the Kansas-Drake game at the Coliseum.

The game was a nip and tuck affair all the way, with neither five having more than a point or two advantage until the last few minutes, when the Surety quintet forged to the front with a 20 to 15 lead. Still, fighting desperately, counted one basket, but could not overtake its opponents.

Although the half ended 11 to 10 favoring the ultimate victors, the Osteopaths outpassed and outplayed the insurance five in that period, but failed to make good on its shots.

Simpson, McKinley and Finlayson played best for the victors, Myers, Friend and Smith doing the best work for the Osteopaths.

Lineup and summary:

STILL—17

G. FT. F.

Friend, rf	3	1	2
Nicholas, lf	0	1	1
Smith, rf	2	1	4
Snyder, c	0	0	0
Hannan, c	1	1	0
Davis, rg	0	1	2
Myers, lg	0	0	1

Totals 6 5 10

SOUTHERN SURETY—20

G. FT. F.

Eilers, rf	2	0	2
Milani, rf	1	1	0
Simpson, lf	0	3	0
Manske, c	2	0	2
Twombly, lg	1	1	4
McKinley, rg	0	0	3
Finlayson, lg-c	1	1	0

Totals 7 6 11

Summary—Free throws missed, Snyder 2, Nicholas, Hannan 2, Davis, Myers 2, Eilers 5, Milani 5, Simpson, Twombly.

Whatever his vocation or station in life, the thing each should strive for most earnestly is the unqualified approval of his own soul. This will outweigh all honors, all riches, all fame, and will give him that power and courage which will enable him to outride in safety all the storms which may assail him on lifes voyage.

What this country needs is not a job for every man, but a real man for every job.

Assembly Schedule

As a result of the outstanding success of the supervised weekly assembly program, in effect during the past semester, the college authorities have formulated the following schedule for the coming term:

In view of the exceptional programs arranged in the past, the student body will look forward with great anticipation to the coming events.

Assembly Conductors

Jan. 9—Dr. E. E. Steffen.
Jan. 16—Senior A Class.
Jan. 30—Dr. S. L. Taylor.
Feb. 6—Dr. J. P. Schwartz.
Feb. 13—Dr. J. M. Woods.
Feb. 20—Dr. Mary Golden.
Feb. 27—James C. Cochran.
Mar. 6—Dr. C. F. Spring.
Mar. 13—Prof. F. R. Sutton.
Mar. 20—Dr. H. V. Halladay.
Mar. 27—Dr. Lola V. Taylor.
Apr. 3—Dr. E. S. Grossman.
Apr. 10—Dr. A. B. Taylor.
Apr. 17—Dr. R. B. Bachman.
Apr. 24—Dean, Dr. C. W. Johnson.

May 1—Pan-Hellenic Day—Men.
May 8—Pan-Hellenic Day—Women.

May 15—Dr. S. L. Taylor.
May 22—Senior A Class.
Friday at 9:45 each college week.

Director—The Dean.

The Democracy of Death

In the democracy of the dead, all men are at last equal. There is neither rank nor station nor prerogative in the republic of the grave. At this fatal threshold the philosopher ceases to be wise, and the song of the poet is silent. Dives relinquishes his millions, and Lazarus his rags. The poor man is as rich as the richest, and the rich man is as poor as the pauper. The creditor loses his usury, and the debtor is acquitted of his obligation. There the proud man surrenders his dignities, the politician his honors, the worldling his pleasures, the invalid needs no physician, and the laborer rests from unrequited toil.

Here at last is nature's final decree in equity. The wrongs of time are redressed, injustice is expiated, the irony of fate is refuted, the unequal distribution of wealth, honor, capacity, pleasure and opportunity which makes life so cruel and inexplicable ceases in the realm of death. The mightiest captain succumbs to that invincible adversary, who disarms alike the victor and the vanquished.—John J. Ingalls.

D. M. S. C. O. Students Mortally Wounded

One of the most heinous crimes in the history of the institution has been committed and the perpetrator goes unpunished. With no warning, no mitigating circumstances, no motive, rhyme or reason whatsoever, this time-hardened criminal, masquerading in the role of a god, and no clothing, crept into the friendship of his unsuspecting victims and shot them both through the heart in the most hot-blooded manner known to mankind. The following clipping from the Evans City, Pa., Daily Bugle, tells the heart rendering tale.

Engagement Announced

Mr. and Mrs. R. S. Irwin of Evans City announce the engagement of their daughter, Miss Lois Naomi Irwin, to Mr. Doyle A. Richardson of Austin, Minnesota.

In other words, Cupid's done his stuff!

NOTICE

Heretofore the college has been put to the expense of filling out application blanks and making transcripts of grades in complying with the request for Board Applications. The amount is not much in any single case, but when it occurs from five to ten times a month it means that the funds are being dispersed at the rate of from ten to twenty dollars a month, which in the course of a year amounts to considerable and it can be easily seen that it does not go to the advancement of the school. Therefore, no application or transcript will be sent out unless it is accompanied by a fee of \$2.50 payable to the college.

Service—Real Service

A local hotel proprietor was host to a dozen of the unfortunates who were in the city jail and paroled for Christmas day without any prospects of a dinner of any kind.

A D. M. S. C. O. student was detailed to serve the guests, and after the first course was set before them, one of the number suggested it would be fine if some one should say grace. None around the board volunteered, and the embryo D. O. stepped over and said, "If you really want it, I can do it." "Yes, go ahead," said about half the men, so the student put it over.

"Be Prepared" is the Scouts' watchword, and would not be amiss for all of us to observe.

MID YEAR CLASS EXPECTED TO BEAT PREVIOUS RECORDS

From all indications, the mid-year enrollment this year will surpass all previous records. Letters from the field, from the prospective students, and verbal interviews are responsible for the office force planning to work nights, if necessary, to handle the new students.

All loyal alumni of D. M. S. C. O. should be constantly on the lookout for prospective material. Without a doubt, there are young men and women in your locality who would be interested in the work if some one were to give them detailed information regarding the school, curriculum, and such matters. Forward their names to the secretary, or have the prospective student write personally and the office will be glad to do all in their power to supply the desired information.

The following letter is a good example of the letters we receive almost daily from the field:

D. M. S. C. O.
Des Moines, Ia.
Dear Doctors:

I enjoy the Log Book very much and note that you have letters from the field. I can speak in the highest praise of the fine training I received at Still College and especially the training I had in the surgical department under Dr. Taylor, who taught me how to administer anesthetics.

While in the army with the 168th Field Hospital, Rainbow Div., I was anesthetist for the operating team and since, practicing in Worthington, Minnesota, I am anesthetist for two local hospitals and a dentist, and all comes from the splendid training at Still, and of course the Osteopathy I learned is the best ever. Hoping I may secure some new students for you, I am,

Fraternally
D. J. DUNN, D. O.,
Worthington, Minn.

Every man should so carry himself before the world that he will show in his very face and manner that there is something within him not for sale—something so sacred that he would regard the slightest attempt to debauch it as an unpardonable insult. He should so carry himself that no one would even dare to suggest that he could be bought or bribed.

The wish may be the father to the thought, but the Child will die in infancy if it is not also mothered by the will.

Are You Looking for a Location

Dr. Wm. C. Harper, of Waldo, Arkansas, writes that Arkansas laws are as good as any other state for Osteopathy and that he is moving to Salt Lake City, Utah, as soon as he can lease or sell his practice.

The Log Book would be pleased to furnish any other information any interested D. O. might wish.

A Doctor in Long Beach, California, who wishes to retire, informs us that his exceptionally good practice is for sale to one who can furnish proof of responsibility. The Log Book has further information for those interested.

Drs. B. K. and Gladys Powell, of Clarksville, have written the Secretary asking that their letter be brought to the attention of the graduating class. The Doctors are desirous of moving north, and feel that it is only fair to their many patients to locate a competent successor. They describe Clarksville as being "a beautiful southern town of 10,000 population, a rich tobacco center, our patients being the very best people here." This should prove an exceptional opportunity for some enterprising young D. O.

Big Brothers' Club

The Big Brothers Club of the University Christian church is an organized class in Bible study. Organized nearly six years ago, it has grown till today it is the largest class of young men in Des Moines. Just now we are holding a membership contest with the Central church, which boasts of the oldest class.

The club wants the college man. Lots of fellows who attend college break away from religious work because they don't know where to go.

The B. B. C. welcomes all students. Last year we had quite a number of Still students. We want more this year. How about it, fellows? Meet with us next Sunday morning at nine-thirty in the auditorium at Drake University.

Where Time Goes

People are always complaining about the length of time that they work as though there was nothing in life but work.

A person at 70 has slept 23 years; worked 19 years, given 9 years to amusement, to eating 6 years, to traveling 6 years, to illness four years, to dressing 2 years and to religious devotion 1 year. These figures are scientifically arrived at, and of course, approximately correct, provided the work item is not carried home in the form of worry to cheat the sleep item and the amusement item.

The work item will not be so oppressive if we take the attitude that day by day, hour by hour, and moment by moment, I grow stronger, healthier, happier and younger.

Fraternity Notes

Iota Tau Sigma

The annual I. T. S. formal, held December 18 at Hoyt Sherman Place, was a complete success, with Doctors Grossman and Schwartz as chaperons, following which the party transferred its activities to the fraternity house for a luncheon.

The fraternity enjoyed smokes on Ray Staples December 15, the occasion being the announcement of his marriage to Miss Adelaide Munger of Des Moines.

The boys remaining over the holidays enjoyed a Christmas tree at the house, each man having hung his sock the night before. By all reports there were very appropriate gifts given. A New Year's party was also enjoyed at the house.

After a much needed and, by all reports, a most enjoyable Christmas holiday, the boys are trying to settle down into the routine of school work once more.

The following men, Odell, Shaw, Platt, Russell, Benien, Cochran and Olsen kept 2007 Grand alive while the rest scattered to the four winds with the idea of making someone happy.

Delta Omega

Vacation! Vacation!

Leota Grosgean had a rare one, since "her flock" took turns at the Flu—however she did have time to take a few bob rides, even so.

Mabel Runyon spent the holidays at her home in Nebraska, while Mildred Trimble was at her home in Montezuma, Iowa.

The Krug sisters, Emma and Irene, report a lively time in Montana, while Bee Fowler, after repulsing an attack of Flu, spent a few delightful days at Chariton, Iowa.

Seen!! Dr. Neva Moss and Lilla Davidson "listening in" on Otis Skinner in his production of "Sancho Panzo." It is understood that Dr. Neva spent a whole week visiting in Des Moines.

Avis, Pat, Zoa, Dee and Mabelle kept the "home" fires burning in good old Des Moines and watched over Still College while others made merry. Believe as much of that as you wish—anyhow, they remained in the city.

Atlas Club

A banquet is to be held next Friday night in honor of the Atlas men who are graduating. They are Dr. Robert Lustig, Doctor Albert Lewis and Dr. George Rastede.

The Atlas men who resided in Des Moines during the holidays were kept busy on O. B. work, getting called even on Christmas day.

It has reached our ears that Brother "Steve" Smith is stepping out—yes, he is really taking dancing lessons.

Brother Louis Miller journeyed to Martland, Missouri, during the holidays. What is the attraction, "Loui?"

Brother John Voss, who was called home before the holidays on account of the serious illness of his father, reports that his fa-

ther is much better. Glad to hear it, Jack.

Brother Ross Richardson took a nice trip during the holidays. He visited his parents in Calgary, Alberta. He reports the temperature varied from 25 to 50 degrees below zero, Fahrenheit. Nice cold visit, we think.

Some of the brothers visited Brother Tom Vandergrift, who is practicing in Austin, Minnesota. They report he is doing very nicely. Glad to hear it, Tom.

Axis Club

December 1 the Alpha Xi Iota Sigma initiated Miss Olive Lenhart at the home of Mrs. Bertha Messerschmidt. Doctor Irene Bachman and Dr. Morris were field members present. The rugs were rolled back and the girls danced until a rather late hour, when Mrs. Messerschmidt and Miss Irwin served a lunch, and the party broke up.

The members of the Alpha Xi Iota Sigma gave a cabin party at Greenwood Park last Wednesday evening. The guests were Rosemary and Mrs. Robinson, Ol Oleson, Doyle Richardson, Gerald Myers, Vernon Casey, Donald Wier, Ira DeWalt and Doctor Kipp. All club members were present except Amorette. Miss Jones, Miss Lenhart and Mrs. DeWalt, ably assisted by Donald Wier and Vernon Casey, decorated the cabin, cooked the steaks and made the coffee. Everyone had a good time, in spite of exams the next day.

Miss Anna Doyle spent her Christmas vacation with home folks.

Miss Lois Irwin spent part of her Christmas vacation with friends in Austin, Minnesota(?).

Several of the remaining Axis girls took their friends and went to Donald McRae park for a wiener roast. Everyone enjoyed it except Casey. He fell on his left eye while skating, and consequently did not feel very humorous.

Miss Amorette Bledsoe entertained several friends for Christmas dinner. Everyone reported a good time, and were loud in praising Amorette's cooking.

Phi Sigma Gamma Notes

The fraternity bungalow is more of a home than ever Sunday afternoons when the boys and their lady friends gather 'round the frat fireside and tell droll stories. Last Sunday DuBois' orchestra, "The Famous Sextette," captivated the crowd with their harmony and pep and so made the social hour more popular than ever.

The fraters assembled on the evening of January 7 to enjoy an address by a former faculty member, Dr. M. E. Bachman. The brothers found his talk on "Blood Pressure" was instructive beyond that of ordinary classroom experience, in that certain "tricks of the trade" were demonstrated. The goodfellowship emanating from the presence of "Daddy" Bachman made the spirit of the party more than a mere professional one. The fraternity plans

(Continued on page 3)



WHAT POSTERITY MISSED

If the confession magazines had been printed in the long ago, we might have had:

Why I Took My Celebrated Ride—by Lady Godiva.

Three Nights in a Fish—by Jonah.

My Twelve Stenographers—by Julius Caesar.

Outwitting a Wolf—by Red Ridinghood.

Should They be Told Anything?—a symposium by Solomon, Brigham Young and Henry VIII.

Knocking Out Goliath—by David.

Was I to Blame?—by Rip Van Winkle.

Who Was My Husband?—by The Old Woman Who Lives in a Shoe.

Pearls and Vinegar for Reducing—by Cleopatra.

—Roy H. Fricken.

Dr. X. hired O'Brien to clean off the walk from the house to the front gate. At the close of the day, when he examined Pat's work, he was dissatisfied with it. "O'Brien," he said, "the whole walk is covered with gravel and dirt. In my estimation, it's a bad job." Pat looked at him in surprise for a moment and replied: "Shure, doctor, there's many a bad job of yours covered with gravel and dirt."

Six-year-old Dorothy was used to hearing more or less shop talk at home, both her parents being, at one time, in the advertising business.

Last Sunday she brought home from Sunday school a Golden Text. Her mother, seeing something in her hand, asked what she had. Dorothy immediately replied, with a little shrug of her shoulders, "Oh! only an ad about God."

Two colored men were standing on the corner discussing family trees.

"Yes, suh, man," said Ambrose, "I can trace my relations back to a family tree."

"Chase 'em back to a family tree?" said Mose.

"Naw, man, trace 'em, trace 'em—get me?"

"Well, they ain't but two kinds of things dat live in trees—birds and monkeys, and you sho' ain't got no feathers on you."

Judge—Is there any reason why this young lady shouldn't testify concerning your character, disposition, past behavior, reliability—

Prisoner—Lord, yes, Your Honor! She used to be my wife.

How can you make a hit if you have no aim in life?

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OSTEOPATHY

President S. L. Taylor
Editor..... Don Baylor

Osteopathy Without Limitation

UP!

First get up! Then think up! It is the only method by which you can work up. Also it is the only method by which you are able to look up, to climb up, or to wake up or to help up. So—

Think up! Then look up! It won't matter if you occasionally stub your toe. You will be able to adjust yourself, and it's so much more wonderful to look up than to look down. So—

Look up! Climb up! Nobody is ever going to give you a boost unless you start by boosting yourself. Somehow or other it's a natural desire, born in the human race, to help a man who helps himself. So—

Climb up! Wake up! The world is full of potential leaders — temporarily dead asleep. If you are one of them, wake up! Always the work of the world is in direct focus upon you—and it expects you to help it out. So—

Wake up! Help up! Those who climb highest are those who take with them to their height the largest number of people in their ascent. That life is longest in its day which has led and helped and served the largest number of people who were needing help. So in all your up-thoughts today, do not forget to—
Help up!

A Morning Prayer

The day returns and brings us the petty round of irritating concerns and duties. Help us to play the man, help us to perform them with laughter and kind faces, let cheerfulness abound with industry. Give us to go blithely on our business all this day, bring us to our resting beds weary and content and undishonored, and grant us in the end the gift of sleep.—Robert Louis Stevenson.

The law can touch us here and there, now and then, but manners are of more importance than the laws. Manners are what vex or soothe, corrupt or purify, exalt or debase, barbarize or refine by a constant, steady, uniform, insensible operation like that of the air we breathe.—Edmund Burke.

Those who refuse the long drudgery of thought, and think with the heart rather than the head, are ever the most fiercely dogmatic in tone.—Bayne.

"Great men have purposes; others have wishes."

METHANOL

Some time ago attention was called to the coinage of this word to be used in the future to designate methyl alcohol, commonly called wood alcohol. The purpose was not to obtain a shorter word for this important material nor to dignify it with a high-sounding title, but to provide a trade designation which would not involve the word "alcohol" and consequently detract from the use of this material as a beverage by the uninformed. In one year in one of our larger cities there were fifty-four deaths traceable to the internal use of wood alcohol. As soon as the word methanol had been accepted by the trade and users, the number of deaths in the same locality dropped to less than twenty in a year. It is believed that a great deal more has been accomplished by this ingenious device than would have been possible by any campaign of education or legal enforcements.—Scientific American.

The following is an application by a Chinese clerk for a post in England:

Dear Sir:

I am Wang. It is for my personal benefit that I write for a position in your honorable house. I have a flexible brain that will adapt itself to your business and in consequence will bring good results to yourselves.

My education was impressed upon me in the Peking University, in which I graduated number one.

I can drive a typewriter with good noise, and my English is great. My references are of good and should you hope to see me they will be read by you with great pleasure.

My last job has left itself from me for the good reason that the large man is dead.

It was on account of no fault of mine.

So honorable sirs, what about it? If I can be of big use to you I will arrive on some date that you should guess.

Yours faithfully,
S. L. Wang.

FRATERNITY NOTES

(Continued from page 2)

to have a return engagement of the Doctor.

Although Christmas vacation terminated a good while ago, many of the boys who were home over the holidays still have dreamy moods—if observations are true. Several of the boys lost their jeweled pins, perhaps that's why. Stew Greiner heads the list, but Monty, Mack Friend, Don Wier et al follow closely. And yet, springtime, according to the poets, is more appropriate for such thoughts.

The fraternity semi-annual banquet honoring their three graduating members, was held Saturday, January 17. Thoughts of the past, present and future of each of the honored graduates were expressed by them in choice words—words of "wisdom" to the brothers still deep in classroom entanglement. Many of the alumni were in from the field with their professionalism, kit and all. Later in the evening the members enjoyed the fraternity dance at Hoyt Sherman Place.

Among the members expected back to school this semester are Pee Lee Lee from Paw Paw, Mich, igan, and Walter MacWilliams from Columbus Junction, Iowa. We've missed them this semester, and now that they are to return we have planned a nice little party for them.

If New Year's resolutions are popular—McFall is no back number, for his new leaf is full of them. Ask the young doctor what these fads are.

Guests at the house during the holidays included many brothers from other chapters. Bumgardner and Gross from Alpha are perhaps the two who were with us most.

Moco Elsea studies hard these cold nights. His meanest diversion is gazing into the fireplace and writing poetry.

Gordon is back from Spokane. He reports that the rhubarb crop was not so good the past year.

He has not learned the lesson of life who does not every day surmount a fear.—Emerson.



The Observer Says

Our attention
Is now attracted
To the Bright
Young men
Who can be seen
Tearing through
The hall
Answering to that
Salubrious title
Doctor
Who are supposed
To graduate
Before next issue
Goes to press
A young lady
Said to one of this
Species
The other day
Ohhh I'm dying
He said
Can I help you
And another
Pulled this one
Just because
The girls laugh
At your remarks
Is no proof
That you'r witty
Perhaps they have
Pretty teeth
While George Hurt
Casually remarks
That early
To bed and
Early to rise
Impairs
the digestion and
Ruins
The eyes
But
Rastede, our
Fiddling wrestler
Who quells the savage
Ire of his antagonists
By the dulcet strains
Of his old
Stradilongissimus
Cops the cookies
When he addressed
His playmate as
Follows
Boy
You're so low
You could use
Corn plasters
For headaches
We sympathize with
You fellers
Going out into the
Cold cruel world
To Battle for existence
And the Observer
Wishes every one
Of you
All the success available.
Period.

IMPORTANT NOTICE!

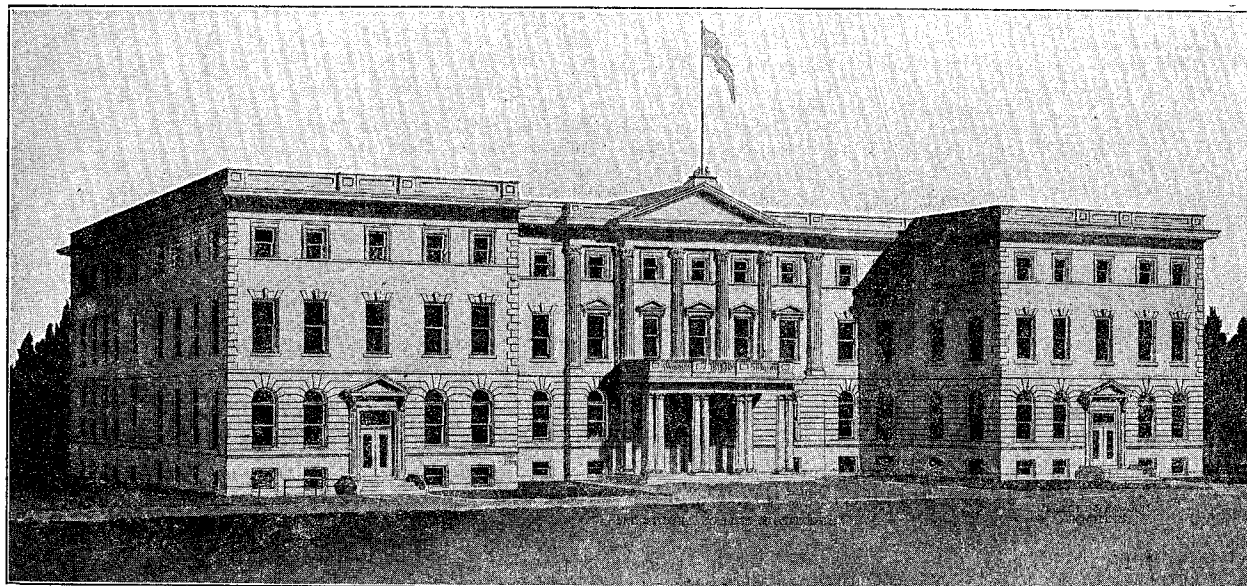
Owing to the great number of coupons that were returned it was deemed advisable to insert the following notice for those who desire to continue receiving the Log Book and who failed to return a coupon from the previous issue.

PROSPECTIVE STUDENTS who receive the Log Book regularly are requested to fill in and mail the following coupon if they wish to continue receiving the paper. In the event the coupon is not returned by the mailing date of January 15 issue, your name will be taken from the list.

Please continue mailing The Log Book to

Name

Address



WHEN? WHERE? HOW?

IMPORTANT NOTICE!

The Log Book again calls the attention of the student body and all prospective students to the matter of registration for the Second Semester. The regular day for beginning registration is January 23. Class work will begin January 26. New rules and regulation are now in effect and there is no necessity for any one to be caught napping and have delinquent fees to pay.

Mid-Year Graduation January 22nd

SCHEDULE OF CLASSES

Freshman B.

Biology
Anatomy
Histology
Chemistry
Bacteriology
Chem. Lab. Tues. Thurs.

Sophomore B.

Chemistry
Theory
Pathology I
Physiology
Anatomy
Chem. Lab. Friday
Path. Lab. Tues.-Fri.

Junior B.

Symptomatology
Pathology III
Anatomy
Pathology Laboratory
Ost. Technic
Gynecology
Laboratory Diagnosis

Senior B.

Obstetrics
Diet. H. & San.
Nervous and Mental
Applied Osteopathy
Surgery
E. E. N. & T.
Clinic

Freshman A.

Anatomy
Histology
Chemistry
Physiology
Bacteriology
Chem. Lab. Mon.-Wed.

Sophomore A.

Pathology II
Nervous Physiology
Principles
Anatomy
Orthopedics
Path. Lab. Mon.-Thurs.

Junior A.

Pediatrics
Obstetrics
Nervous and Mental
Applied Osteopathy
Gynecology
Clinic

Senior A.

Optional
Diet. P. H. & San.
Nervous and Mental
Proctology
Surgery
E. E. N. T.
Clinic

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of October 3, 1917, authorized February 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

February 1, 1925

Number 14

Impressive Ceremony Marks Graduation of Mid-Year Class

Commencement exercises for the Class of January, 1925, were held in the auditorium, Thursday evening, January 22nd. The hall was tastefully decorated, and the platform was banked with ferns and palms.

The Class entered, to the music of the march played by Mildred Trimble, '27, accompanied by the President, the Dean, Dr. Robert Bachmann and Dr. D. W. Morehouse, the President of Drake University. Immediately following Convocation by Dr. Bachman, Roy Trimble, '28, rendered a vocal solo, accompanied by Miss Mildred Trimble.

Dr. D. W. Morehouse gave the address of the evening, and it must be said that it was one of the finest that has ever been given at D. M. S. C. O. He chose for his subject "The More Material Results of Science," and went into some detail explaining the four methods of obtaining an education, to wit, The Method of Tenacity, The Method of Authority, The Method of Reason, and The Method of Science. Dr. Morehouse's talk carried a message of inestimable value to the graduating class and to all within the sound of his voice. Truths were brought home in a light never heretofore recognized by many of us.

Following the address, Roy Trimble rendered another excellent vocal selection, immediately after which Dean C. W. Johnson presented the class to President Taylor for the conferring of the degrees. Dr. Bachman gave the benediction, and the exercises were closed with the march by Miss Trimble.

The class reception was held immediately afterward in the Ladies' room of the college.

D. M. S. C. O. takes great pleasure in introducing the following "new" Doctors to the profession, and joins in wishing them all possible success in the years to come in the practice of their chosen profession:

Donald Beebe
J. R. Beveridge
C. L. Brockmeier
C. A. Call
John D. Hall
G. E. Hurt
Albert Lewis
Robert Lustig
Avis Payne
W. R. Price
George Rastede
Mabel Runyon
Cecil Warner

SURGICAL CLINICS



DR. S. L. TAYLOR
Surgeon in Chief

With the Cage Artists

With several new players added to the squad, Coach Frank Sutton is now drilling his basketball team daily in preparation for the remaining games on the schedule. Despite the fact that Des Moines university called off the two contests scheduled with the Purple and White hoopers, Manager J. P. (Pinkey) Schwartz expects to have a schedule that will provide plenty of opposition for Coach Sutton's team.

Last week one new player from the entering Freshman A class joined the ranks on the Armory floor, this performer being J. Schaeffer from Jefferson, Iowa. Previously, Greiner also made his first appearance in court togs and some 10 to 12 players have participated in the daily scrimmages in the Coliseum building.

Following the early season setback at the hands of the strong Southern Surety five, which also scored a triumph over the Simpson College quintet on the latter's floor, Coach Sutton's team scored wins over the Valley "Y" club and Grand View college in turn.

The Purple and White mentor is optimistic over the team's prospects, and only expresses regret over the fact that it has been impossible to slate more college games. The players who have been used in games so far this season are: Mike Hannan, Orlando Smith, Mac Friend, Captain Roy Davis, "Race" Myers, Ernie Schneider, Russell Nicholas, Jim Regan, Johnnie Thelman, and Spencer.

Third in the series of articles on the various D. M. S. C. O. Clinics, is the Surgical Clinic. Everyone realizes and admits the vast importance of surgery as an Osteopathic adjunct and the absolute necessity of a profound knowledge of the science to become efficient Osteopaths.

It is the consensus of opinion that the Department of Surgery, directed by Dr. S. L. Taylor, is without peer in the profession.

The subject appears in the curriculum for the senior year. The didactic phase of the work is given by Dr. Taylor and covers the principles of surgery, anaesthetics, antiseptics and their uses, bandaging, and post operative treatment.

In conjunction with the didactic, the practical phases are given the student through the medium of the Surgical Clinics, major and minor, which are held at the Des Moines General hospital.

The hospital, a 75 bed institution, is one of the most completely equipped in the state. X-ray, Radium, Physio Therapy and an extensive laboratory are features of invaluable assistance to the student in his clinical work. Instead of merely knowing, for instance, that radium treatment is indicated in this particular case, he can actually see the treatment administered and derive knowledge from that experience that few of the older men in the field have.

At present Des Moines has a population of 150,000, so it can readily be seen there is no lack of clinical material. Tuesdays and Saturdays are operative days for the clinic patients, the lists of students to report for duty on that particular day is posted. However, that does not mean that all others are excluded. The clinics are always open to capacity to the upper classes, and it may be said that not a clinic day goes by but what the amphitheatre is filled to overflowing.

In the minor Surgical Clinic, alone, last year, 2561 cases were operated. Tonsilectomy circumcisions and adenectomy comprised the greater portion of the total. As many as 90 patients have been operated on in one day at this clinic, and as many as four surgeons may be seen working at one time. Dr. Taylor is assisted by Drs. J. P. Schwartz and A. B. Taylor of the hospital staff. These men are all experienced, clean-cut, conservative op-

(Continued on page 4)

Senior A Assembly a Scream

The recent Senior A class was given a treat in being permitted to "see themselves as others see them" during the recent stunt day program. Each class had a prominent place on the program and gave the sweet young (?) graduates ample opportunity to learn their college rating. Personalities were cast to the four winds and all known and hidden attributes of the aforesaid Seniors were subjected to the piercing ray of public scrutiny.

The "Killer Kure Klinik," as put on by the Senior B class, portrayed the activities of the graduates twenty years from now. Mugs Fletcher's interpretation of the role of office girl was exceedingly good. Louie Miller's impersonation of Mary Jane Porter, a prospective patient, created an uproar, as did Joe Koschack's feminine impersonation of a patient of Dr. Brockmeier.

The Junior Class' thrust came next, in the form of the new national pastime, that of crossword puzzling. Some special good point or fallacy of each member of the graduating class forming the necessary definitions for the various ups and downs of the game.

The Sophomores took the cake with numerous verses to the tune of "It Ain't Goin' to Rain No More," depicting varied faux pas of the honored recipients of all this talented humor. Walter Damm's impersonation of Dr. George Rastede rendering the "Traumerei" on the stately violin was by far the best on the entire program and his occasional reference to "Fritz Kreisler and Me" was quite appropriate. The "Enema Scene from the Third Day," while slightly out of harmony with the general trend of college amusements, was by far the greatest laugh producer of the morning's entertainment. During the various and intimate steps in the process, the audience was thrown into paroxysms of mirth, and when the final light was extinguished, it was some minutes until the gales of laughter subsided to an extent that the performance could continue.

The Freshmen A's offered a variation by presenting Katherine King's youthful followers of the Goddess Terpsichore. The little tots tripped the light fantastic in quite a professional manner, and came in for their share of the applause.

The Freshmen B's gave an excellent showing of State Board procedure. Deke Jones enacted the examiner, and the members of the class the various candi-

(Continued on page 3)

Spinal Curvature Week

F. P. Millard, D. O.

It is every Osteopath's WEEK, and of value just to the extent that it is observed.

Supposing every D. O., practicing, should let it be known that for one hour a day, during that WEEK, children will be examined, the sum total would be thousands, and what a splendid piece of publicity, along with the great amount of good done.

Suppose fifty new clinics are established, we would have just that many more to add to the number Dr. Josephine Peirce has on her record sheets.

Once we prove to the laity that we are really interested in children's welfare, to the extent that we are willing to sacrifice a little time and labor, at least once a week, a year, we will have the parents and teachers back of us.

We can eliminate curvature, eventually, only by the early detection of scoliosis, and corrective work while the vertebrae are yet in the process of ossification.

THE NATIONAL LEAGUE FOR THE PREVENTION OF SPINAL CURVATURE is now a national factor, and known everywhere as an Osteopathic organization. One object is to reach the layman, and through them the children. The slogan—"EVERY CHILD'S SPINE EXAMINED SEMI-ANNUALLY" should be in the mind of all Osteopaths.

Preparations for SPINAL CURVATURE WEEK should be started months in advance of THE WEEK. Speakers should be selected to visit adjacent cities and towns, and give popular lectures on health subjects, and on the prevention of scoliosis. This takes a bit of time, but it surely means much for Osteopathy. We should make ourselves more widely known as SPINAL SPECIALISTS, and in what better way can we do it than through a week of work, that will bring press comment, at least on the addresses, given by Osteopaths accustomed to speak at conventions and before clubs.

The women of our profession should be in the lead, and laywomen will work if given a chance. Write to that little magician, Dr. E. Clair Jones, in Pennsylvania, and he will tell you what the laywomen of his town have done for Osteopathy.

We feel better satisfied with life when we reach out and help someone. Here is the golden opportunity to make the most of one week.

MARCH 15-21 IS SPINAL CURVATURE WEEK.

Are You Looking for a Location?

Dr. R. E. Brooker, Grinnell, Iowa, informs us that he knows of two very good locations in the state of Iowa. Any one desiring more definite information is referred to the doctor.

Dr. Fern M. Marsh, Muncie, Indiana, writes that there is a very good opening for a rising young Osteopath in Muncie. Dr. Marsh will give full particulars upon inquiry.

Fraternity Notes

IOTA TAU SIGMA

Settled for another semester—that's the attitude of the boys at 2007 Grand.

Don Baylor and Bill Russell were appointed to act on the Inter-Fraternity social committee. Rumors for something doing soon.

Noble E. Atterbury has the sympathy of the fraternity in the recent sadness of his father's death.

We are sorry to state that Buck will not be in school this next semester.

Once more the gang gathers around the table for a real feed; almost as good as mother's.

Young Bill Baylor visited the boys Sunday, the 19th, having as a bodyguard Ma, Pa and Grandma.

Saturday morning, the 24th, was designated as general housecleaning day, every man having his share to do.

Sunday, the 25th, the frat had as guests Drabing, a sophomore from A. S. O. who is matriculating at D. M. S. C. O. this semester, Swang of Ames, and two East High graduates, Sheets and Calhoun. The latter two entertained the fellows with some fine music, piano and sax combination.

Pink Marlow claims to have the best treatment for post vaccination. See him for particulars.

Phi Sigma Gamma

A. E. Smith has been working in the Dutch room at the Kirkwood for so long that he has acquired the accent and is wearing wooden soles on his shoes. He has been reading a book, "Bellhop to Manager," we would imagine.

Harry Elston is paying the brothers a visit while in Des Moines and can't resist "the call of the wild," as he took charge of a little obstetrical work during his short stay.

We wish to explain that the Police Gazette is not a fraternity subscription, but goes to "Pulee's Barber Shop." Down the steps and to the right, please.

Bill Reese is not rehearsing for an Al Jolson production. He's shining shoes in Pulee's Tonsorial Parlor.

The two Wops are back in the house again. We will have to put up with Weir's revised bedtime stories again now. Anyone contemplating a European trip can secure detailed information by calling Market 4264 and asking for Gordon or Weir.

The new chair in the front room is not a fraternity affair. It is Spencer's easy chair. Since he's become an upper classman he has become so passive he won't eat; just high toning his inferiors.

Pledge Long's moods are regulated by the mail he receives. The reason he is so happy most of the time is because of the fact he receives twelve letters a day. Less than that calls for a period of depression.

Joe Rader is taking nurse's training, so we take it. More power to you, Miss Triand. He's never been caught yet.

Gay Howland has been home, owing to the serious illness of his father.

Spencer has turned down a wonderful offer as coach, but he is giving his entire life to osteopathy.

AXIS CLUB

Dr. Myrtle Augur is again in the States, according to Casey-Jones Syndicate.

Monday night, January 26, the Alpha Xi Iota Sigma tendered a farewell party to Mrs. Grace DeWalt, who is leaving for her home in Comstock, Nebraska.

Glad to hear that Dr. Josephine Russell is located in Minneapolis and doing so prosperously.

Dr. Florence Morris, of the city, visited at D. M. S. C. O. on Stunt Day.

Reports from Albert Lea are fine for Doctor Hermia Early.

We welcome our new sister, Miss Alma Robins, from Boston. She has matriculated in the Senior A class.

Word has been received of the marriage of Dr. Wealthie Pearson, of Knoxville, Iowa, to Mr. Harvey, Harvey, Iowa.

The club verifies the Weir'd report concerning Olive Lenhart.

DELTA OMEGA

The Deltas were recently privileged to have Dr. J. L. Schwartz explain to them the uses and show different apparatuses for using the Ultra-Violet Ray. This evening proved not only interesting, but very instructive.

Tuesday evening, January 20, the Deltas gave their farewell banquet at the Woodlawn, honoring their graduating members, now Dr. Avis Payne and Dr. Mabel Runyon. It was a prettily arranged affair, and all hands were on deck, including Drs. Katherine Wainscott, Neva Moss, Ferne Woods and Mary Golden, from the field, and Mrs. H. V. Halladay and "Mother" Halladay. Dr. Marv surprised everyone present by having the lights turned out (but individual and center table candle lights lighted), and then, by the candle glow, each was to relate a dream desired or realized. In some instances the tongues refused to wag, and all present were women, too!

ATLAS CLUB

The semi-annual banquet of the Xiphoid Chapter was held at Younkers' on January 16th, in honor of brothers Lustig, Rastede and Lewis, who became full-fledged D. O.'s this month. Dr. Halladay acted as toastmaster, while Dr. Bachman and Dr. Marshall gave the principal talks of the evening. Among the other field members present were Drs. Honsinger, Campbell, McMullen and Woods. During the eats the boys enjoyed opera by Ray Harrison and Jazz Hoffman. Life Membership Certificates were presented to the graduating members by Noble Skull Koschalk and retiring Noble Skull Eades was presented the Atlas Club crest as an appreciation of his good work.

It is interesting to note that the Atlas Club is well represented.

(Continued on page 4)



Alice: "Why the happy look, Mugs?"

Mugs F.: "We're celebrating our diamond jubilee."

Alice: "Diamond jubilee? Why, you haven't been married but a few years."

Mugs: "Oh, but Alice, don't you understand? Rusty just made the last payment on my engagement ring?"

Farmer: "Well, son, what are you doing up that tree?"

Son: "Just got a letter from the sophomores in the correspondence school telling me to haze myself."

Deane Elsea was talking about his many shiekling duties and exclaimed, "Can you imagine anyone in mv shoes?"

His listeners looked at the aforementioned canal boats and answered, "Yes sir."

Punk Marlow, at basketball game: "Al'right now, let's have a siren for the team."

Max Friend: "Hey, make it a blonde, will you?"

Neighbor: "Your son just threw a stone at me!"

Dr. Spring: "Did he hit you?"

Neighbor: "No."

Dr. Spring: "Then it wasn't my son."

In Coach Sutton's recent chem. exams, one belated soph was heard to remark, sotto voce: "How far are you from the correct answer?" Which drew the reply of "Two seats."

Casey: "How do you know you'll be faithful?"

Jones: "I have been to others."

Frosh: "What's the meaning of the word 'pedestrian'?"

Dr. Steffen: "It is defined as 'raw material for an accident.'"

DOING IT RIGHT

"What on earth are you wearing all those coats for?" asked the neighbor.

"Well," was the reply. "I'm going to paint my barn, and the directions on the paint-can say, 'For the best results, put on three coats.'—The Watchword (Dayton, O.)

THE GOOD OLD DAYS
DOCTORS OPERATE ON BOY'S
HEAD TO MAKE BETTER
BOY OF HIM

—Newspaper Headline.
That isn't where our dads operated to make better boys of us.
—Pitt Panther.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OSTEOPATHY

PresidentS. L. Taylor
Editor.....Don Baylor

Osteopathy Without Limitation

Drake Relays

There has been considerable talk around school recently concerning entries in the Drake Relay Meet from D. M. S. C. O., and not without foundation.

With the wealth of material available, Still college should be able to produce at least two relay teams that could show a clean pair of heels to anything in the college section of this mid-west classic.

From another standpoint, if the college should enter the meet, the resultant publicity the school would derive would more than compensate for the additional outlay of finance.

As every student knows, the college has recently completed one of the greatest football seasons in the history of the school. Also, you all realize the vast expense of maintaining and equipping a modern football squad. Heretofore, track has not been included in the athletic schedule of the college, and as a result, the athletic management does not, at this time, have funds available for the backing of a relay team.

Plans are under way for the raising of funds to place Still College in the Relays, and every loyal student is expected to do his share. Co-operation on the part of everyone will put it over! Don't sit back and wait for the other fellow to do the work. When the plans are announced, give them your hearty support! Do your share towards entering a team from Still College in the Drake Relays!

From the Field

Some time ago an article was published inviting the alumni and friends of D. M. S. C. O. to write in to the Log Book. Now, we want to express our appreciation for your response. Letters from the field, such as we have received, prove an asset of untold value in this work, and it is hoped that they will continue to come in. Don't hesitate to criticize—conscientious constructive criticism is the thing a publication of this nature can receive.

Dr. Spring Entertains

Friday night, January 23, Doctor Spring entertained his Symptomology class in his home. A whole evening in Doctor Spring's home is but as a blink. Crossword puzzles with the faculty involved — limericks foretelling grave tragedies—christening with wonderful names (ask M. Conn)—radio entertainment—one good canine act by "Peps"—all these were instrumental in making this party one that will never be forgotten. Really, the only time each fellow was quiet was when he had his buccal cavity filled with the sumptuous refreshments. Did the gang enjoy them?—foolish question when Still College is concerned.

We certainly do appreciate Dr. Spring's interest in us, and we feel we have a friend in him outside of school as well as in class. After all is said and done, there is really only one, one honest-to-goodness Dr. Spring.

If I were asked to define salesmanship in one sentence, I would say it was nothing more nor less than making the other fellow feel as you do about the goods you have to sell.

Some men move through life as a band of music moves down the thoroughfare flinging out melody and harmony through the air to everyone far and near who listens.—Henry Ward Beecher.

Good Idea.—A little girl seeing a one-armed man on the street said to her mother: "Mamma, will his arm ever grow again?"

"No, darling, replied her mother.

The child thought for a moment and then said: "Well, mamma, if the Lord made us, I think He ought to keep us in repair, don't you?"—Boston Transcript.

Many a fellow who has been guided by appearances has later been counted among the disappearances.

It is something to have discovered the shadow of reality if one has wit enough to seek the substance which casts it.

Progress undoubtedly requires motion, but a lot of folks make the mistake of thinking that commotion is an effective substitute.

ALUMNI, ATTENTION!

The Alumni Association of Still College are making plans for a reunion to be held at the Toronto meeting next June. The entertainment and program for this meeting will be in charge of R. M. Forrister, G. G. Elliott and W. O. Hillary. It is hoped that all the alumni will make an effort to attend this meeting, as the committee will arrange a very good program, which will be published in a later issue of the Log Book. I am,

Fraternally,

F. B. McFIGUE,
President, Still College Alumni.

Figures Don't Lie

"From the 'land of perpetual sunshine' comes an epistle extraordinary over the signature of the medical examiner of the Y. W. C. A., of Pasadena, Calif.

"This letter forms a scathing indictment of the present ethical silence of the fraternity, it seems to us, rather than a criticism of physicians—it uncovers a fault in our ethics rather than a weakness in our methods.

"Alice S. Cutler, M. D., states that in her capacity as medical examiner of the Y. W. C. A., she has examined over 1200 women and girls for gymnasium work, and, being interested in their outside medical attendants, she asked each one of them who their family physicians were. Here is the list, and as Dr. Cutler says, it surely is a sore reflection on the medical profession:

772 go to Osteopaths,
120 go to Chiropractors,
183 go to Christian Scientists,
125 go to the regular medical profession.

"It doesn't seem possible and we do not believe that this average obtains throughout the country, yet the figures shall stand forever as a flashing, warning signal to materia medica et al."—R. & C. Medical Quarterly.

Senior A Assembly a Scream

(Continued from page 1)

dates. The best part of this act was Slim Smith's take-off on Dr. Gawdge Hurt's walk.

During the entire performance, the graduating seniors were enscioned on the very front row, so that they could not miss a single thing. Judging from the expressions on their faces, their emotions were varied, but all enjoyed the event to the fullest meaning of the word. It is needless to say that they learned of many little characteristics that had heretofore escaped their attention.

The under classes are already concentrating on the present incumbents of the Senior A classification, and from all indications, May 22 will be another red letter day in the list of D. M. S. C. O. chapel meetings, minus enema scenes.

If there is a sacrifice of the rights and comforts of others in it, if there is a stain of dishonor on your stocks and bonds, do not boast of your success, for you have failed. Making money by dirty work is bad business, gild it how we will.



The Observer Says

Gosh
Ain't Love Grand
If you don't
Believe it
Just watch our
Three bona fide
Engaged couples
So
Marry in haste
And
Repeat at leisure
When we get that
New college building
And campus our
Suggestion
For an appropriate
Over the front
Door saying
Would be
Abandon ye all
Dope
Who enter here
Everyone in the
Institution
Is backing Angus'
Red demons to
Come out first
In the little
Wooden barrel
Contest
Don't know what
The occasion is
But Pinkie Schwartz
And S. L. are
Daily practicing
Hand ball
There's something
Underhanded
Goin' on some
Place
At a recent
Fraternity Dance
A fair damsel
Was heard to remark
I always did like
Doctors
They are so jolly
And they take life
SO
Easy
But anyhow
Did ya ever hear
Of a hen
That mislaid
An egg
Period

"What People Think of the Doctors"

(From Literary Digest, Sept. 22, 1923)

"Replies were grouped under general heads from 5,719 persons in Chicago, from 1,053 persons out of Chicago—a total of 6,772. From this total only 931, or 13-5/16 per cent, had never dabbled in any cult (Note: To the Allopath, all other schools of therapy are known as "cults"). Of 931 with a perfect record, only 384, or 5-11/17 per cent, had no curiosity about any of said cults and no intention of experimenting just a bit with them.

"Of the 5,841 who were directly against the physicians, directly for the other fellow, which is quite a different matter, or who had at some time or other been interested in the other fellow to the extent of investing money in his healing methods only 7 per cent of them were directly opposed to the physician on account of some fault of his own; that is, malpractice, either real or imagined, or his failure as an individual to adapt himself to a situation.

"As I said, we have all classes represented here, from day laborers to society leaders, with just about a 50-50 break between those above and those below middle class in property-holding. And we found what to us was a rather interesting fact—that the semi-foreign communities on the west side of Chicago showed a smaller per cent experimenting with doubtful healing practices than the exclusive Hyde Park and North Shore residential districts."—Buda Carroll Keller, in The Illinois Medical Journal.

Success is usually due to holding on, and failure to letting go.

The Surgical Clinic

(Continued from page 1)

erators, and the student receiving his surgical instruction under these men is indeed fortunate.

In addition to the minor surgical clinic, in which the student assists with anesthetics and care of the patient, the major clinic is equally as well supplied with material. And while not actually participating in this work, the student is in constant "contact" with each step throughout the course of the "op" and obtains more firsthand information than could be derived from hours of classroom work.

Operative obstetrics from the O. B. Clinic, such as Caesarian section, version, etc., are also hospitalized, and the student again witnesses and assists in the practical application of his classroom theories.

With the instruction and experience derived from the Department of Surgery, the graduating student is capable of doing a major portion of his minor surgery—he can recognize surgical cases immediately, and is able to select capable men to do his major surgical work. He is thoroughly trained in post operative treatment, can readily distinguish between good and bad surgery, and as a result will be more able to retain his patients than the man with the mediocre training in this branch of our work.

We students appreciate greatly these privileges and advantages, and feel that ours is the best clinic and staff in the country in this branch of Osteopathic training. It is the combination of our various clinics, we feel sure, combined with unexcelled classroom work, that enables D. M. S. C. O. to "turn out" real doctors that will help to lift the profession to the position it deserves in the eyes of the scientific world.

Fraternity Notes

(Continued from page 2)

ed at the Big Brothers' Club of Drake, at which time the boys study the mysteries of the Bible.

Brother Spencer gets two special delivery letters every Sunday morning regularly, and it is also known that he is going to Kirksville this coming Friday.

Royal Nelson was promoted to the vegetable counter at the cafeteria. He used to be floor girl.

The coming Thursday is practical work night and Frank Spencer assures us he has something good.

Harold Sifling, who comes from Chicago, has been transferred to the Xiphoid Chapter. We welcome Brother Sifling.

STRIKING A BALANCE

A certain canny Scotsman had carried on a courtship of long duration without definitely committing himself. The girl, if she worried herself at the long probation, gave no sign until one morning her tardy lover, thumbing a small notebook, said: "Maggie, I have been weighing up your guid points, and I hae already got to ten. When I get a dozen I'm goin' tae ask ye the fatal fuesion."

"Weel, I wish ye luck, Jock," answered the maiden. "I hae also gotten a wee book, and I've been puttin' doon your bad points. There are nineteen in it already, and when it reaches the score I'm goin' tae accept the blacksmith!"—Western Christian Advocate.

"I hear you gave a delightful party last night, old chap. What was it to celebrate?

"It was for my wife. It's the 10th anniversary of her 30th birthday."—The Pathfinder.

From the Field

The January meeting of the Detroit Osteopathic Association was held at the hospital on January 21st, and another large audience was present to enjoy a program of first class material.

The position of honor on the program of the evening was held by Dr. T. M. Patrick of Norwalk, Ohio—well known to many in the Des Moines and Kirksville schools. Dr. Patrick was formerly an instructor in D. M. S. C. O., and will be long remembered for his thorough work while in that capacity.

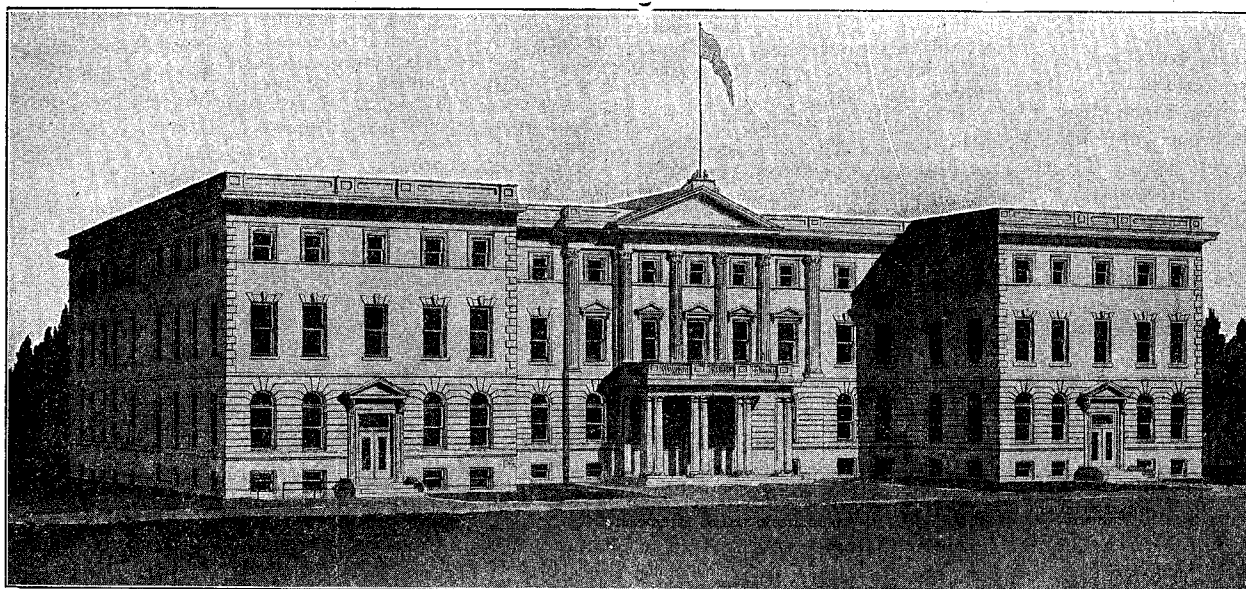
The topic for the evening was "Problems of Practice," and made several of the old-timers and more youthful practitioners of this city prick up their ears. No speaker is a success unless he can make his audience take exception to some of his views, and this lecture certainly did keep everybody awake, to say the least. Dr. Patrick always brings a wealth of detail into his subject, and we are indebted to him for a very sincere and thought-arousing talk. Dr. Patrick, or "Pat," as he is known to his closer friends, always carried a goodly supply of so-called stories, and we are happy to report that it is still growing.

The Detroit Association is congratulating itself upon obtaining lecturers of the caliber of Dr. Patrick and Dr. Gregg, also a Des Moines man, and have appreciated their work tremendously.

Fraternally,
DR. W. J. LAIRD,
Detroit Osteopathic Assn.

Mistress—"You say you understand all about babies. What experience have you had?"

Applicant for Job as Nurse—"Why, I was a baby once myself, ma'am."—American Legion.



Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of October 3, 1917, authorized February 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

February 15, 1925

Number 15

Still's Cagers Invade "Swedeland"

Coach Frank Sutton's Purple and White basketball team invaded Minnseota late last month, playing two games with the Hermel Independents at Austin, Minnesota, Thursday and Friday, January 29 and 30. Both contests were dropped to the Gopher independent five.

Thursday night the Purple and White quintet gave the Austinites more than a battle, losing by a score of 23 to 18. Coach Sutton's team took an early lead, Smith and Friend scoring before the Packing company aggregation registered. Soon afterward, however, the Packers jumped into the lead and were never again headed.

Throughout the contest the Austin players were baffled by Coach Sutton's five-man defense. They found it impossible to penetrate the local defense and made many of their hoopers from beyond the free-throw line. The contest was close throughout and only in the final minutes of play did the Minnesotans draw away to a lead that finally clinched the victory.

The second game was the reverse of the opening battle—the Purple and White five going down to a 38-16 defeat. In spite of the one-sided score and not detracting from the fact that the win was well-earned, it must be said that during this contest, the Packers "were hot" as far as basket work was concerned.

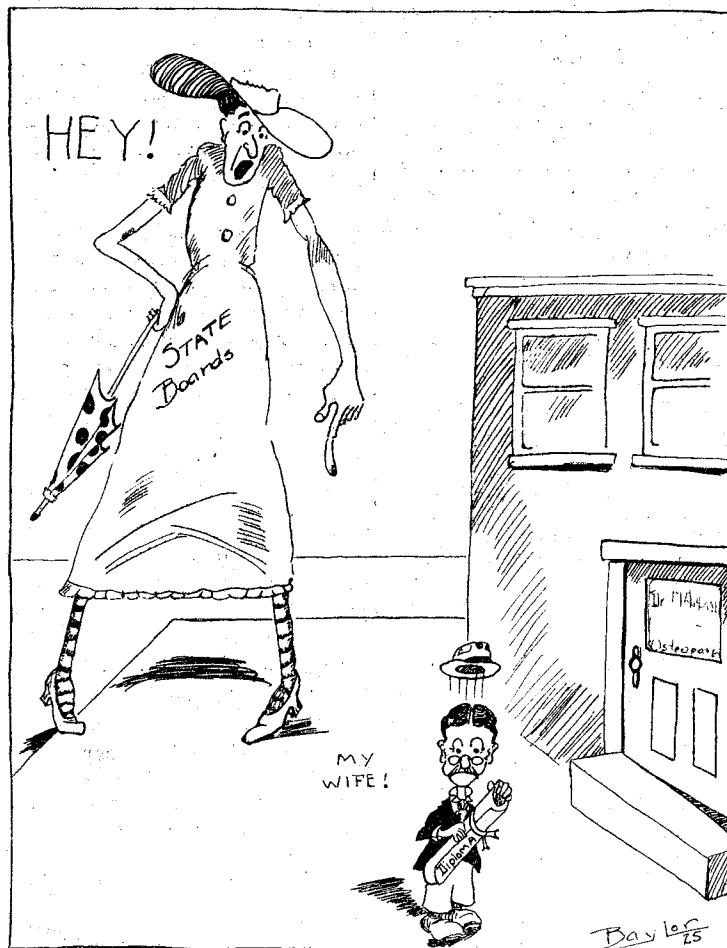
In fact the Austin players seemed unable to miss any shots. Regardless of the position or angle on the court, when a Packer shot in the general direction of the hoop, the ball descended through for a brace of points. Still, on the other hand also took numerous shots but Lady Luck was absent on many of these heaves and the result of the contest was never in any doubt from the middle of the first half until the final whistle.

The Purple and White team was extended a most cordial welcome by the followers of the Austin team. In addition it must be said that the members of the Packer aggregation conducted themselves as true sportsmen both on and off the floor. Dr. Tom Van de Grift, alumnus of the Still College of Osteopathy, was also very instrumental in providing enjoyable entertainment for the members of Coach Sutton's quintet.

Following the first contest the local team was invited to attend a dance by the "Forty Club" of which Dr. Van de Grift

(Continued on page 3)

Didja Ever—



think of the similarity between a married man trying to get away with the ol' weekly pay check and the sweet young graduate trying to start practice on a diploma alone!

Helen Keller and Osteopathy

During her brief visit to Des Moines, Helen Keller, the world known deaf, dumb and blind woman gave the following interview to a D. M. S. C. O. student following her address at the Hoyt Sherman place.

Miss Keller is well acquainted with the merits of Osteopathy having been under an Osteopath's care during an illness in Kirksville and in Des Moines, so that it may be readily seen that the remarks in her interview are based in actual experience and not upon hearsay.

As the words came through the hands of her interpreter ask-

(Continued on page 4)

Still College Day at Drake U.

Sunday, March 8, promises to be a big day for Still College. The Big Brothers Club of the University Church of Christ has set aside this date for our day. We had a splendid day last year, as a great number will remember. Let us be still better represented this year.

Dean Johnson is going to be present and give us one of his right-to-the-point talks.

Why not make it an inter-fraternity contest, and see which organization can have the greatest number of men out?

Remember the time and place. Drake University auditorium, March 8th, at nine-thirty A. M. Let's go!

D. M. S. C. O. Laboratories

The students, as well as the Osteopathic profession as a whole, have been glad to note the marked improvement in the laboratories of the Des Moines Still College of Osteopathy this year. This work, we feel, has been placed in competent hands who have been reorganizing the work into orderly routine procedures according to the latest and best approved laboratory methods. For this work, we must particularly commend the following instructors:

Dr. Lola Taylor, Gynecology Laboratory.

Dr. G. E. Hurt, Head of Chemistry, Bacteriology and Pathology laboratories.

Dr. J. M. Woods, Head of Anatomical laboratory and instructor of Anatomy for the past five years at D. M. S. C. O.

Dr. Honsinger, Instructor of Laboratory Diagnosis and Laboratory Technician at the Des Moines General Hospital.

L. B. Hurt, Laboratory Assistant.

We cannot be amazed at the results if we but stop to consider that these instructors have made this branch of the work their specialty, and some of them, their life's work, but we can feel ourselves fortunate in being able to secure this class of instruction.

The best testimony offered as an appreciation of this work came about recently when the students of Des Moines Still College of Osteopathy placed a single order for \$1000.00 worth of laboratory equipment to better facilitate their work and as an embryonic start for a future laboratory when they have established themselves in practice.

The school has also purchased several thousand dollars' worth of new equipment, consisting of latest model Spencer microscopes, glassware, and other laboratory essentials. Altogether we would say there was "some" improvement.

The addition of a Senior Laboratory has proven to be a very gratifying experiment. This neat, compact little laboratory, complete in every detail, was devised so that the senior students of D. M. S. C. O. could assist materially in diagnosis of clinical cases by performing the necessary routine procedures, and to relieve congestion in the underclass laboratories by making it unnecessary for the senior students to use their equipment.

The laboratory contains com-
(Continued on page 4)

Class Elections

This diverting indoor sport has been entertaining those so inclined for the past week. Some were successful in getting "their man" in and some were not. However, such is life. However, all the classes are to be congratulated upon the officiators they have selected. The following are all that have been reported to date:

Senior Class

President, Eades.
Vice President, Miss Matthews.
Secretary, Murphy.
Treasurer, Miller.

President Eades then appointed the following senior committees: For the selection of class color and flower, Alice Burnett, Mary Fletcher and Zoa Munger. For invitations and programs, Dickenson, Fletcher and Gordon.

Sophomore A

President, C. A. Ward.
Vice President, W. A. Ghost.
Secretary, Mary Jane Porter.
Treasurer, W. B. Damm.

Sophomore B

President, Stanley Evans.
Vice President, Harmon Kramer.
Secretary-Treasurer, Mabelle E. Moore.

This class, always small, is increasing in number materially, and is now almost twice as large as it was a year ago, which is very encouraging to its members.

Are You Looking for a Location?

Dr. A. F. Francis, Oroville, California, is retiring from active practice after a quarter of a century of Osteopathic work. He has developed the Francis Sanitarium, an institution using hydrotherapy, electrotherapy, mechanotherapy and thermotherapy, which is now for sale or lease with his practice. Anyone interested, write to the Log Book for further information.

Dr. C. Rasmussen, of Maquoketa, Iowa, is moving to a larger city and has quite a lucrative practice for sale. Maquoketa is a county seat town of 4000 inhabitants; he is the only osteopath in town. Good opportunity for someone.

Still Five Beats Graceland 23-17

The Still College basketball team defeated the Graceland College cagers by a score of 23 to 17. The contest was played on the Drake University floor. The game was close throughout, with the locals holding the upper hand during the major portion of the battle.

Fraternity Notes

Iota Tau Sigma

Earl Shaw spent a few days of last week entertaining a pain in the side. A little too much use of the saxophone was attributed the cause.

Jim Coehran also took a few days off with a touch of the flu. Attended by much pomp and mystery, the Muck Divers Ball was held at the house Friday, February 6th. Al Levich's orchestra produced sufficient music to appease all the Divers. At intermission, in keeping with the teachings of the pawn shop prophets, His Satanic Majesty appeared and informed all the ladies that the "end had come," and proceeded to lead them through the Chamber of Horrors. (All survived.) At the end of the route they were rejoined by the better halves in the notorious resort known to the underworld as "Nigger Mike's Dance all and Saloon." All partook of the variously colored pops and departed to dance again another day.

Lois Irwin and Margaret French were dinner guests Sunday.

Les Greenhill, Elgin, Illinois, spent a few days at the house visiting the Elgin Trio.

The Honor Roll is still flourishing. All the brothers attending church and Sunday school receive a gold star on the honor roll. Five successive Sundays, a button. Isn't it strange, what things a woman can make a man do?

Phi Sigma Gamma

A hard times dance was held at the chapter house on Friday evening. Everyone enjoyed the evening, the early part of which was spent at the basketball game. Music was furnished by the Blue Diamond orchestra.

Open house is being taken advantage of by all the brothers and other students of the college. Come on fellows, and enjoy Sunday afternoons, and bring your ladies. Max Friend is there with his joy makers, and they surely are a warm crowd.

Bob Morgan thinks he made an awful mistake in taking up Osteopathy. This thought was occasioned by the garage bill he received for repairs to his car in a recent smash-up.

Bill Reese says he can't get used to Des Moines people. Back in his home town everybody turns out for fires.

Pledge Cavanaugh has been confined to the chapter house the past week with an infected upper lip.

Beebe just can't seem to get the candy and sugar case going. We might suggest that he stay in once in a while and see if it won't function.

Howland and Montgomery are contemplating the purchase of a small fleet of Yellow Cabs to make those O. B. calls. Can't seem to get everyone out there in time for the curtain raiser. Bill Reese has applied for the position of cab driver of one of the aforementioned cabs, as he

stays up all night answering calls, anyway.

Everyone is astonished to see the extreme change in Weir. He no longer tells bed time stories to the fairer sex, but spends his evenings, after he leaves Olive, listening to the bed time stories on his new radio.

Dick Gordon has a new Taplin table in the house now, and has been working it overtime.

Ralph Davis is a member of the "Woman-Haters' Club" since his last refusal. Poor boy! (Lucky dog!)

Moco (our battling Eskimo) has been neglecting training rules, as his health and slim frame won't stand up under it. More power to you, Elsea.

Delta Omega

Miss Tracy, the new freshman student, was the honored guest at a Chili supper given by the Delta Omegas Wednesday evening, February 4th, at the Greenwood Park log cabin. All actives attended the affair, and the following field and honorary members: "Mother" Halladay, Mrs. H. V. Halladay, Dr. Ferne Woods, Dr. Mary Golden, Dr. Katherine Wainscott, Dr. Kenworthy, Dr. Lovegrove, Dr. Neva Moss, Mrs. Sara Schwartz, Mrs. Mildred Hurt.

The Krug sisters added to the hilarity of the occasion by bringing their portable Victrola and a number of live wire records. Pat Matthews proved her culinary skill to the delight of all. Everyone declared they had a jolly good time.

Oh Yes! You should have seen the new Delta. She's a regular. Who is she? Dr. J. L. Schwartz. Uh-huh, and he liked being a Delta, so he said. Anyhow the chatter and clatter and resultant eats seemed to have a soothing effect. Hoorah for Dr. Joe!

Through the Log Book, the Deltas wish to extend their sympathy to Dr. Avis Payne in her recent bereavement.

CHEAP LUCK

"I was advised if I wished to be lucky," remarked the Elgin man, "to throw a penny over the bridge the first time the train crossed running water. I did it, but the string nearly got entangled when I was pulling it up again."

MORE OF THE SAME

A bishop relates the following experience: After the service one Sunday morning he was approached by an old lady who expressed great appreciation of his discourse. "Why, bishop," she said, "you can never know what your service meant to me. It was just like water to a drowning man."—Boston Transcript.



The Great American Question

—"Blonde or Brunette?"

Medicine Showman: "One bottle of this elixir and you will be 20 years younger; two bottles and you will be 30 years younger; three bottles and—"

Aged Voice: "Gimme a case and a teething ring!"

Relieved But Uncured

"Let me kiss those tears away, sweetheart," he begged.

She fell into his arms and he was very busy for a few minutes. But the tears flowed on.

"Can nothing stop them," he asked breathlessly.

"No," she murmured. "It's hay fever, but go on with the treatment."

Had It With Him

Doctor: "My friend, you are suffering from a chronic complaint."

Patient: "I know it, but please lower your voice, she's in the next room."

Foreign Stuph

He: "That American flapper at the hotel went out today, tried to climb a mountain, and fell from a glacier."

She: "No one accompanied her?"

He: "No, she's accustomed to letting her conscience be her guide."

Prescribe Listerine

"I'sh 'fraid t'go home. Wife'll shmel me breath."

"Hold ya breath."

"Can't. 'stoo strong."

Oh-h-h-h!

Weir: "Do you want to marry a one-eyed man?"

Olive: "No; why?"

Weir: "Then let me carry the umbrella."

OBSTINATE

Mother—"Now, children, don't quarrel. What's the matter?"

Harold—"We're playin' shipwreck, an' Susie won't go in the bathroom an' drown herself."—American Legion Weekly.

A quack doctor was praising his "medicines" to a rural audience.

"Yes, ladies and gentlemen," he said, "I have sold these pills for over twenty years, and never have I heard one word of complaint about them. What does that prove?"

From a voice in the crowd came this reply: "Dead men tell no tales."

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OSTEOPATHY

President S. L. Taylor
Editor..... Don Baylor

Osteopathy Without Limitation

HOPE

Hope is the bridge that carries us over. Over all the trials, tribulations, tedious spots and setbacks that are prone to litter the onward paths of us humans.

Hope is that ever impelling; incessantly urging; constantly calling; never faltering cause of causes which lifts us out of the depths of dejection and despair; which again forces us on, away, away on the route toward the goal of our desires.

Hope is the shimmering, shining, guiding light, ever gleaming faithfully through the dark, dank night coaxing us to venture out in new ways, with new means; offering new courage to capably cope with the lowering clouds that seem about to swallow us in our pitiful plights.

It carries courage, dispels gloom; routs doubt; renews a desire to live; revamps endeavor, enthusiasm and tenacity.

Hope defies all precedent. It removes fear. It knows no obstacle. It brooks no defeat.

Hope animates—rejuvenates. It perpetually prods us into position. It beats down the barriers. It beckons until we enter enduring eternity.

When misfortune changes our course, hope sets us aright. The hopeful heart transforms trouble into triumphs.

Hope is our only hope.

Start Them Right

Elizabeth Ann, age 23 month, had a slight cold. One evening recently after having finished her prayer, she asked her mother, "What do I say now?"

"I should ask Jesus to make your cold better," was her mother's suggestion.

Elizabeth Ann thought a moment and then came back with this, "I guess I'll ask Dr. Jesssie Johnson" (her osteopath).

We would say that is well directed training, also a truly fine compliment to the Doctor.

The love of a little child is a thing to be coveted.

Masonic Club Throwing Dance

The Osteopathic Masonic Club met Friday morning, with President Eades presiding. Discussion of Masonic Club dance. It was decided to hold the dance Friday night, the 29th, at the Rose Lorenz Studio, with Jimmie Callison's Jazz Boys furnishing the music. Committee in charge, Poucher, chairman, Robertson, Richardson, Voss and Davis.

This is the first of the strictly Masonic Club dances, those in the past being college affairs sponsored by the Club.

Fraternity Notes

Alpha Xi Iota Sigma

Sunday, February 1, Anna Doyle and Amorette Bledsoe entertained Miss Tracey at a Chop Suey dinner.

Dr. Dora Morgan visited us last week and incidentally saw Robert. Come again, Dora, we are always glad to see you.

Tuesday, February 3, the Axis Club girls enjoyed a luncheon at Harris Emery's in honor of Miss Tracey, who entered school this semester.

From present symptoms, Anna Doyle will soon be keeping step in the ranks of "The Engaged" company.

Alma Robins, our dignified senior, reports that mail service from Des Moines Still College to Boston's Medical Clinic shows no animosity between the professions.

Amorette Bledsoe announces that after two years' sojourn at 821 19th street, she has moved to 915 40th.

But Jo Bowman takes the prize when it comes to moving. Her latest is from 1312 High to 1508 high. We hope she will like her new home as well as all the previous ones.

Atlas Club

Field member Dr. Marshall gave a talk on business administration Thursday evening Feb. 5th. His talk included care of the office and equipment, and ethically carrying on financial problems. Some excellent points were set forth as to financial transactions with patients, the ultimate aim being to remain a professional man in the eyes of the patient and not a Shylock.

Brother Van Ness, formerly of the Axis Chapter, is now an active member of Xiphoid chapter.

Brother Dr. Lustig and wife have ventured to Michigan to seek a location. Bob is considering either Grand Rapids or Detroit as possibilities. We wish him lots of luck, which he will need before he gets there in his Lizzie.

The boys are planning on 100 per cent attendance on Still College day at the B. B. Club Sunday, March 8th, University Christian Church.

From the Field

A number of very interesting letters have been received recently and it is our only regret that we do not have sufficient space to print them all.

Dr. C. H. Neis, Blytheville, Ark.: We're glad to hear you are enjoying the Log Book. Hope you continue to do so.

Dr. M. Mary JoDon, Lincoln, Nebraska: We sure told the seniors about Nebraska. Thanks for the letter.

Dr. Herman F. Goetz, Saint Louis, Mo.: Certainly enjoyed your letter, Doctor, and derived some good ideas from the same. Let's hear from you again.

The Healing of the Sick

Medicine is not complete. Neither is Osteopathy complete, but the two, with suggestive therapeutics, make a complete whole. For example, after you talk operation to a patient, the subject of the operation gives the patient a mental shock, the anaesthetic produces a shock, and the severance of the tissues gives a shock, so there are three distinct shocks. So in healing the sick, the three — medical, mental and physical must go together. The healer of the sick must be capable of everything that is necessary to the healing of the sick.

Town Topics

She is well known here, and her friends will be surprised to learn of her marriage.—(Rock Island Union.)

Sure, we never thought she'd catch any one.

Hugh Poland returned Saturday from Bangor and passed the week-end in bath with his family.—(Kennebec Journal.)

Reviving an ancient Saturday night rite.

TROUSERS—LOST IN RESTAURANT on Cicero and Chicago-av., Sat., 5 p. m. Finder call Austin 7700. Reward \$5.—(Chicago News.)

And he never knew till the waiter made him stop eating.

STILL'S CAGERS INVADE "SWEDELAND"

(Continued from page 1)

is a member and through whose efforts the Still players were invited to attend the dance. The Still team was accorded a most hospitable reception, but the members of the dancing club were well repaid for their courtesy by being permitted to see Mac Friend in action doing a mean "Vernon Castle" with a number of the women fantastic hoppers present. In fact many Austinites will attest to the fact that Mac's performance was well worth the price of admission.



The Observer Says:

The other morning
When Dean Johnson
Remarked
Ignorance
Is Bliss
But let's not
Have so much
Bliss
Must have been
Referring to the
Senior A's
In the class
Notice that
Several of the Boys
Had New
White Girls
At the recent
Post Exam Jubilee
Dance
The warm weather
Must have recalled the
Old saw about
In the spring
A young man's fancy
Etc
It has been rumored
Round the campus
That one
Of
The new Freshmen
Had his picture
Taken in front of
The State Historical Building
And sent it home
Labeled
Cross marks Me
In front of
Science Hall
Wonder if this
Masonic Dance
Is going to be
On the Square
Those recent rumbling
Sounds have been the
Galloping Dominoes
Hard at work down
In Angus' domain
As Apollo said
To Diogenes on old
Mt. Olympus
Never make love in
A chariot
Cause
Horses carry tales
Period.

D. M. S. C. O. Laboratories

(Continued from page 1)

plete equipment for the making of:

Urine analyses;
Gastric analyses;
Renal function tests;
Blood, red and white count and differential.

Bacteriological examinations of sputum, smears, etc.

It has been used as a model by many students and field men for the planning and equipping of their private laboratories.

The senior lab has proven well worth while from the viewpoint with which it was originally constructed, and now many of the students are using it to better the diagnosis on clinic cases. The students are particularly well pleased because everything is within arm's reach, and in conducting an examination doesn't require a prolonged search for the necessary reagents and vessels.

An interesting experiment performed recently in Germany offers substantial proof in support of the laboratory as a means and as an aid in diagnosis. Five hun-



DR. GEORGE HURT
Director of Laboratories

red autopsies were performed, 250 of which were patients whose condition had been diagnosed without the aid of the laboratory. Their diagnosis proved correct in only about 30 per cent of the cases, which is astoundingly high when it is considered that physical means only were used as an aid in diagnosis. In the last 250 cases, in which both physical and laboratory methods were used, an estimated correct diagnosis was

100 per cent greater, or, in other words, about 60 per cent of the cases were diagnosed correctly. This experiment, one of many that might be elaborated, has pointed out the absolute necessity of laboratory work in connection with the work of the physician. Practically all schools instructing in the art of healing have recognized the deficiency and have pushed their laboratory work forward.

Still College has also begun to push this work forward, as evidenced by the courses offered this year in laboratory technique. proven by the fact that approximately to take advantage might be proven by the fact that approximately 210 laboratory examinations have been performed each week on patients within and near the city of Des Moines.

Each year will see a marked improvement in the laboratories of the Des Moines Still College, until they have reached a perfection excelled by none.

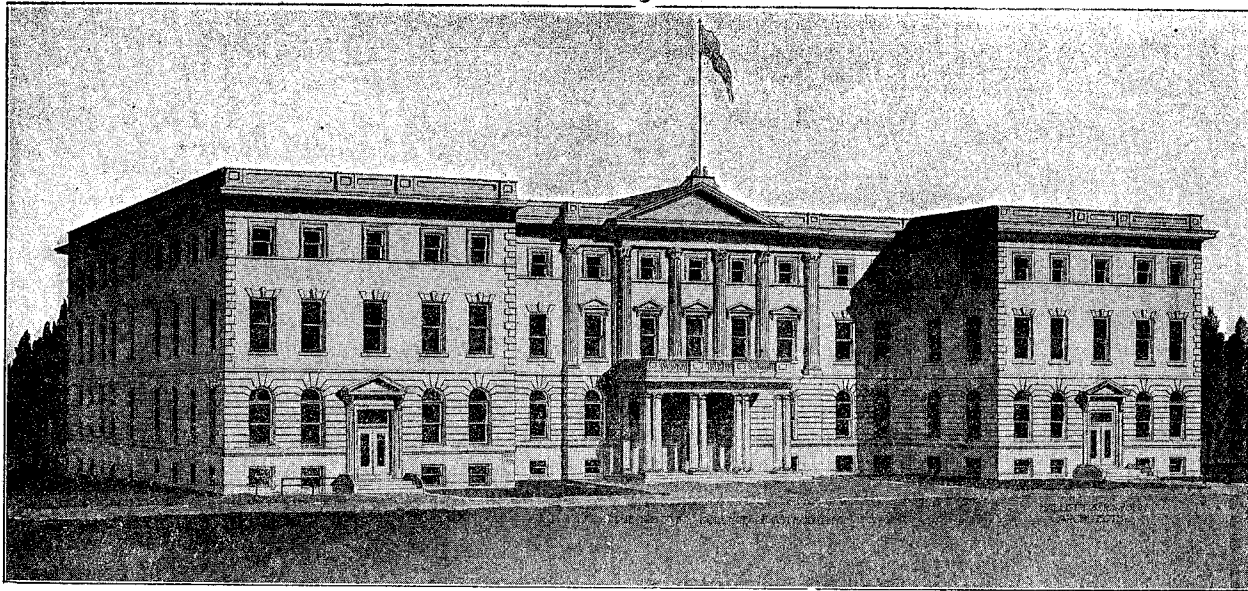
Visiting field doctors are urged to investigate our laboratories, and inquire into all branches of the work. Any suggestions for the betterment of the work will be gratefully received.

Helen Keller and Osteopathy

(Continued from page one)
ing her to say something about Osteopathy, her face lighted up with a brilliant smile and she said so volubly that her interpreter's efforts to keep up with her were really interruptions: "It, (Osteopathy), is the only science of healing. But we are steadily approaching the time when there will be no more pain or hopeless suffering or disease. And Osteopathy is helping greatly to accomplish this great work for humanity, and that is the touch of God's hand upon the world."

Miss Keller then printed her signature to the interview steadied by the hand of her companion.

The interviewer then remarked that he hoped some day she might visit the college and talk to the student body so that they might receive an added inspiration for their work from her. Again her face beamed as she replied that she, too, hoped she might speak to D. M. S. C. O. student body.



Eventually--

Why Not Now?

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of October 3, 1917, authorized February 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

March 1, 1925

Number 16

Ford's Surgeon-in-Chief Boosts Osteopathy

Dr. McClure, surgeon-in-chief of Henry Ford's Detroit, Michigan, hospital, while addressing a group of Des Moines medical men emphasized the need of the average practitioner to pay attention to all ills rather than let those of minor injury pass by.

In making his point he cited the case of a man who had suffered from pain in his back for a number of years and who had received no relief from his medical physician. As a last resort the patient turned to Osteopathy ultimately securing the relief he was searching for, thereby, Dr. McClure stated, dethroning medicine and crowning Osteopathy.

According to his reasoning it would be infinitely better for the M. D.'s to endeavor to assimilate some of the knowledge of the other systems of healing and bring it into their own field rather than knock the "competitor." He also mentioned that for several years some of the larger schools, as Harvard and Johns Hopkins, as having taught Mechano-Therapy as a major subject. Showing the realization of the merits of Osteopathy and the endeavor to protect themselves by the incorporation of it with their medical principles.

Des Moines Selected for Central States Meeting

According to Secretary, Dr. Ray Gilmore of Sioux City, Des Moines has been chosen as the convention city for the meeting of the Central States Osteopathic Society to be held May 27, 28 and 29.

The program planned will be second only to the national meeting to be held later in the summer at Toronto. In fact, a number of the men appearing in Des Moines will occupy prominent positions on the A. O. A. program.

Coming as it does, on the last days of school, the meeting will afford the students an exceptional opportunity to convince the visiting D. O.'s of the sterling qualities of D. M. S. C. O. Approximately 800 are expected to attend the convention.

Nowhere will you see the creative mind—which is another name for genius—more active today than in the field of education.

Clinically Speaking



Noted Sociologist Speaks in Assembly

Dr. Alva Taylor, well known sociologist and welfare worker, was the speaker at the special assembly last Thursday morning. His work being the advancement of closer relationship between every-day life and the application of elementary godliness and fundamental righteousness.

The past week was set aside as "Religious Emphasis Week" for the purpose of bringing before the city, through the schools and churches, the connection or relation of every-day problems with religion.

Dr. Taylor spoke of the rapid advance of civilization and the adjustments that must be made to cope with the situations arising. "The application of the Ten Commandments itself is not enough—we must look farther than self. We must articulate our personal piety in a general relationship to the surrounding environment," according to Dr. Taylor. Numerous examples of the places where such an application could be made were cited, among which were our banks and Child Labor problems.

He pointed out a number of factors that are a fundamental necessity to good living that the people need, such as justice, democracy, equality, representative thought and fraternalism, which are constantly being broken by the disregard of the money makers.

In closing, Dr. Taylor stated that "to be a Christian a man must be right with his fellow men and that the outstanding need was not money, but technicians to readjust the social and political customs of the present time. These practice to cure ill, not to collect bills."

Rather Late than Never

In order to substantiate the claims and to prove the veracity of statements made by Jerry Lauck, relative to his entry into the Most Noble Order of Benedict, the following statement is published:

"Married, Mary Grace Slaughter, of Tipton, Iowa, to Dr. Gerald Lauck, Des Moines, Iowa, this 30th day of April 1924, at Adel, Iowa. Rev. R. R. Moser."

Genius is the great miracle-worker. Genius is the power which does things that ordinary people think impossible.

Devine Leaves Hospital D. M. S. C. O. to Be Represented at Toronto

Word has been received that Harold Devine, sophomore, who was seriously injured in an auto accident last November, is to be discharged from University Hospital, Iowa City, the latter part of this week.

A civilization or a society which treats the universe as dead cannot maintain itself for long, but is bound to go down sooner or later under the impact of the eternal laws it is unconsciously violating.

Every man's life is an acted philosophy of one kind or another.

D. M. S. C. O. will attend the national convention of the A. O. A. next July at Toronto, with colors flying. Exhibit space has already been reserved and plans for an unparalleled display are under way. Let's show the profession that D. M. S. C. O. is the liveliest, most up-to-date college of Osteopathy in existence.

I read lately that there are two classes of people in the world. There are the people who can learn only what they are taught by somebody else; and there are the people who are incessantly learning for themselves.

Letters of a Freshman

Dere Folks:

Well at last I am at college but I would kinda like to be home. The Doctors are takin' good care of me but I aint had nothing the matter with me yet. They told me some good advice not to get the ruf of my mouth sunburned cause if I did I might get run over. I don't see why that could be. But I am being careful and taking their knowlege. I got to have another dollar for a freshman hat one of the boys that is a sophmor said he needed it for his room. I guess they have to use them in ther work. All of the doctors smoke in the school. I asked why an they said it was to kill the smell in the dissecting place. They must be dissecting all over the building. Most of the doctors come to school at 8 o'clock, but some of them don't come until time for the roll to be called. Some of them show much intelligence in the way they are most always ther when rol is called. Most of the doctors work at night at least I think they do because they are always sleepy in the day time. I got a job for my meals I work a hour for each one. I dont get all I want to eat but when i get my stand-in with the cook I will.

Send me some mor money when you can. i lent my roommate \$5.00 to buy a nickel-plated Eustachian tube and it makes me pretty nigh busted. He said hed cough up when his ship come, i guess he lives down on the Raccon river, caus that's the only place boats cud come in ther aint no ocean here. I got some sodiphene the other day and the box was sent to Dr. Adam. i gues this world aint so big afte rall someone is getting wise to my ambition. It sure made me feel like I was gettin right along. Well i tol you bout enuf for this time I aint gonna seal this letter cause i only gotta 1c stamp for the postage.

Your son
Adam.

From the Field

Rumor has it that Dr. W. J. Laird, '24, of Detroit, Michigan, was married to an unknown party Wednesday, February 25—we're patiently awaiting verification.

An interesting letter was received from Dr. John Rogers, '24, who is now practicing in Oshkosh, Wisconsin.

Dr. J. R. McMillen, of Twin Falls, Idaho, writes that there is an excellent opportunity for a good Osteopath in that city. Anyone interested may write to the Doctor direct.

In the last analysis there are only two possible doctrines, or philosophies, as to the nature of this mighty universe. The one holds it to be alive and the other holds it to be dead.

Fraternity Notes

Phi Sigma Gamma

A. E. Smith now captains the Phi Sigma Gamma sleeping team. Joe Rader is being called Commodore, as he now puts in every evening as desk clerk at the Commodore hotel.

"Gay" Howland has been called to Story City, Iowa, owing to the death of his father. The fraternity offers Brother Howland its heartfelt sympathy in his bereavement.

Delta Chapter wishes to take this means of thanking Alpha for the invitation to the Big Hobo Dance, and trust some of the brothers will be there.

Steingrabe is surely well trained and house-broke, 'cause his wife's leaving the city has not kept him from staying in nights.

Nicholas found the baskets at Lamoni hypertrophied to a marked degree. Something is wrong when one man gets nine baskets in a single basketball game.

Brother Montgomery has certainly had his hands full during the past two weeks. He has been on every reception committee (O. B.) since Gay has been out of the city.

Spencer received a special delivery New Year's card from Brother MacDonald of Kirksville, on Washington's birthday. Sure like old Mac to be so prompt.

Homer Thomas, Spencer and McWilliams have the latest in spring styles in line of cervical adornment. They may be seen wearing a flowing red tie, which is the result of pooling their savings.

Atlas Club

Dr. J. L. Schwartz gave the boys a talk Thursday evening, February 12th. His pointers were mainly on the subject of technique. Everyone present went away with something more "up his sleeve," and we hope to have Dr. "Joe" with us again.

Bro. Syphling has given up the Augustan suite at the Savery and moved to the college dormitory.

Dr. Halladay is back after a few days' confinement, and will be the lecturer Thursday, February 26th. We don't know his subject, but it will be good, anyhow.

Someone told Brother Nelson that the grass over the fence was better, so he went to Ames to get a girl for the Masonic Dance. We don't know about the grass, but Nels says its the berries concerning the girls.

Brother Shannon was back at his old trade a couple of weeks ago and held clinic in the Orthopedic class. Some artistic foot casts were made and explained.

Humphrey, Sophomore A, has been pledged to Xiphoid Chapter. We welcome him, and Dr. Steffen has prescribed a shredded wheat diet for the goat.

Iota Tau Sigma

The spirit of playfulness has again permeated the atmosphere at 2007 Grand, with the result that when some of the Brothers returned home from courtin' the

other night they found their sleeping accommodations in various and sundry positions and places. Kangaroo Kourt followed, which brought out some new methods of swearing. Imagine taking the oath before the solemn Judge Utterback and making the response. "I betcha."

Handsome Tiny Benien, august chairman of the house committee, was presented with a beautiful, glowing bow tie as a Valentine gift from his Fairy Queen. (Willie Russell has to tie it for him.)

Dr. Verge Halladay gave the Brothers a very interesting and instructive talk after chapter meeting February 23. His subject was Andrew Taylor Still, and Osteopathy. Many intimate points in the life of the founder of our science and in the history of Osteopathy were brought forth to the edification of the Brothers. Especially those points relative to Bill Smith's monthly trips to Chicago in connection with dissection material.

Punk Marlow is the original hard luck king. Broke off a tooth sprained an ankle, had an attack of appendicitis, accused of being "tight" (not financially, spiritually) by his girl, and recovered—all in two days. Beat that if you can.

The freshmen put on a tubbing party the other night for the benefit of "Love-sick" Nye. Result was reactionary, and everyone involved experienced the shock of cooling waters.

Puss Richardson is a staunch supporter of our friend Omar Khayam. As far as the "loaf of bread, a jug of wine and Thou" goes, Puss starts out each evening with the "toute ensemble," but substitutes a glass of jelly for the jug of wine.

It is rumored round the house that Deke Jones is developing quite a practice.

The chapter extends its deepest sympathy to Gay Howland, P. S. G. house, in his recent bereavement.

Dissection Room Notes

Dissection has started with full force.

A. E. Smith's green apron is an outstanding feature.

The police were up to take finger prints of Gates, the world's champion high diver. Everyone had their rubber gloves on, so they didn't get anything on us.

Cadaver No. 5 has been named Adalyah in memory of A. P. Warthman. They are both motionless. Warthman came to dissection the first day and tried to tell the old timers how to scrub the subject and cut him. Serves him right.

There is a language of action as well as a language of words; and of the two the language of action is more telling, the more intelligible, the more unmistakable; and in the deepest sense the more eloquent. Some of the profoundest truths ever revealed to mankind have been conveyed through the language of action.



A Month or So Ago

Slim: "Oh, I wish the Lord had made me a man."

Doyle (bashfully): "He did. I'm the man."

Mistress: "You will have a very easy time of it here. We have no children."

Mandy: "Don't restrict yo' se'f on mah account, ma'am, bekase I'se very fond of children, I is."

George and Len Hurt had been unsuccessfully duck hunting for two days when George suddenly spied a mallard taking wing about twenty feet away. Becoming excited, George threw his gun to his shoulder as Len cried:

"Hey, don't shoot. That gun isn't loaded."

George: "Can't help it. The bird won't wait."

A Permanent Guest

"I have a new baby brother."

"Is he going to stay?"

"I think so. He's got all his things off."

Senior (on the event of his first attendance at Saturday clinic): "Are you the trained nurse?"

T. N.: "Yes."

S.: "Well then, let's see some of your tricks."

Her Shift Off

"I hear you are working in a factory."

"That's right."

"What do you make?"

"Shirts."

"Then why aren't you working today?"

"Because we're making night-shirts this week."

"While we're at it, why aren't you at work?"

"Well, you know I work at a domino manufacturing plant. I paint on the spots."

"Yes?"

"Uhuh. They're making blanks today."

A young doctor in a country district was called one night to his first case. The patient was the farmer's son, who was lying on the bed in much pain. The young Osteo threw out his chest and said: "This should cause you no alarm. It is nothing but a corruticated exegesis antispasmodically emanating from the physical refrigerator, producing a prolific source of irritability in the pericranial epidermis."

The farmer looked at him and replied: "Just what I said, but his mother thought it was the stomach-ache."

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OSTEOPATHY

PresidentS. L. Taylor
Editor.....Don Baylor

Osteopathy Without Limitation

"EDDY-ISM"

During Sherwood Eddy's recent talk in assembly, the idea occurred to me of the excellent adaptation that might be made of his formula for "Personal Examination" right here in our own college. Not from the same standpoint Mr. Eddy took, to be sure, but from the standpoint of our personal relations to, and ideas concerning our chosen profession.

To work out the idea—"Are we honest?" Not in the sense of intrinsic honesty, as thought of in connection with dollars and cents, but the type of honesty that causes us to admit the lack of conviction in regard to different points in our science. Are YOU honest? Do you admit that there are certain phases of, and theories concerning, Osteopathy that you are not completely "sold on," or do you go blatantly on your way telling the world that Osteopathy is the greatest science under the sun? Are you honest? Are you square with your competitors from other systems of therapy? Do you admit and recognize their merits or are you out with your hammer belittling their efforts because of a lack of co-ordination with your beliefs? Are you honest?

"Are you Clean?" Not in the sense of soap and water cleanliness, but a mental cleanliness that completes your equipment to attend the ushering In, and Out, of Life? Are you making the most of your opportunities or are you sloughing over some of the apparently less important phases of our work with the thought of putting it off till some later date? Are there any cob-webs in your mental storehouse? Sooner or later you will be confronted with this problem—it will be your test of cleanliness—"Can I cope with this problem, save this life; or had I better turn the case over to Dr. X?" The CLEAN man will recognize his position at once and will act accordingly, and incidentally will never be confronted with such a problem again, while the UN-Clean will be tempted to take the chance, to overlook his shortcomings, will be prone to slip around and evade the issue, regardless of the outcome, only to have it bob up in front of him every day thereafter. Are you Clean?

"Are we Dead in Earnest?" Are you dead in earnest in your study and practice of your chosen profession or are you only lukewarm? Are you in dead earnest to the extent that you are willing to dedicate your life to the care of your fellow-men, forsaking all thought of material gain—dead in earnest in your

Don't Be a Knocker

If there is any practice in the world that will rebound against its propagator it is that of "knocking." There is every degree of truth in the old adage, "Every knock is a boost." Remember that "knocking" is one of the factors that has placed osteopathy on the pedestal where it stands today.

I have heard many osteopaths "knock" chiropractors unmercifully, and I know that human nature is so constituted, so contrary, as it were, that every time a "knock" is handed out against the chiropractors, their strength is increased to a certain degree. The "dopsters" knocked us and have lost ground by so doing. Isn't there a lesson here for us to learn? I believe there is, and I think that, after careful consideration, thinking osteopaths will agree with me.

On many occasions I have been asked by patients outright, or their statements have implied the request for a differentiation between osteopathy and chiropractic. I have not "knocked" the system. On the other hand, I have stated that, under skillful hands, chiropractic has accomplished many good results and I have even gone so far as to quote some of these results.

This may be called heresy by some of my brother osteopaths, but, after agreeing that chiropractic has done good work and will continue to do good work, I clearly and forcefully present my clinching statement relative to osteopathy, quoting one of the best chiropractors in the country as my authority.

In discussing the merits of osteopathy and chiropractic with this practitioner of the latter school, I asked him: "In your opinion can osteopathy do all that chiropractic can accomplish?" His answer was, "Yes, it can." Then I asked him if the reverse is true, namely that chiropractic can do all that osteopathy can accomplish. This man was truthful enough to answer in the negative. If you were a layman, wouldn't such a statement bear weight with you? I think it would.

Another point of explanation, without the element of "knocking," is that the standards of ed-

conviction that Osteopathy is the peer of all systems of Healing—dead in earnest in the donation of your energy and ability to the furtherance and development of Osteopathy—OR—did you choose Osteopathy as a means to an end of affluence with reservations as to time and extent of service to be rendered—wavering in your convictions and only too willing to let the other fellow do the work while you bask in the sunlight resultant from his labors? Are you dead in Earnest?

Andrew T. Still, and the men who have placed our profession in its present enviable position and who are continuing the progressive work today, have all made this "Personal Examination" early in their careers and did not find themselves wanting—CAN YOU?

ucation for chiropractic are not on a par with those of osteopathy and, in this connection, it would be well to drive home the fact that osteopathy is on a par with the standards of the "old school" in regard to education. Osteopaths are necessarily skilled physicians in all that the term implies. You know it. I know it, and every person who has had osteopathic treatment knows it. Impress on your prospective patients that osteopathy requires four years of study with nine months to the year, while medicine requires four years also, but with eight months to the year.

Osteopathy has won its place in the arts of healing by merit as the prime factor, and by the "knocking" of its enemies as another strong factor.

Don't tell patients that chiropractic is "bastard osteopathy." Try to acquaint yourselves with chiropractic, and then, without the element of "knocking" entering into the discussion, show the difference between the two schools and let the patient choose for himself which he would consider the better system.

In conclusion, let me reiterate, "Every knock is a boost," so don't boost chiropractic.

Earl B. Townsend, D. O.

D. M. S. C. O. Graduate Passes On

Intense anxiety was spread over the Belgrade community early last Friday morning over the sudden and serious illness of Dr. H. N. Hartung, who was stricken with paralysis due to cerebral abscess. Several weeks ago Dr. Hartung suffered a slight stroke, but recovered rapidly, and it was thought by everyone that he was almost completely recovered from the effects, as he was up and about with his usual good nature and a smile for everyone. He resumed his practice, responding to calls and attending to office work.

Feeling indisposed Thursday evening, the doctor engaged a room at the Electric hotel and retired early. Some time during the night he was stricken, and was found in an unconscious condition Friday morning by Mrs. J. A. Bessette, owner of the hostelry.

Friends hastily conveyed him to the Deaconess hospital, where everything possible was done for him, while good friends kept constant vigil at his bedside. He never regained consciousness, and passed away at 9:45 Friday evening, February 6.

It can truly be said of Dr. Hartung that he possessed a beautiful, rich life, a lovable character and a high standard of integrity. He was a kind husband, and his little children were the pride of his life. Often we have seen him on the streets of Belgrade, the companion of his little kiddie, the very soul of his life.—Belgrade Journal.

The faculty and student body of D. M. S. C. O. extend their deepest sympathy to Mrs. Hartung and two kiddies in their hour of sorrow.



The Observer Says

Now that we
Have learned that
Dean Johnson's
Car
Is attending
Iowa State College
To obtain a
Higher education
Our attention
May be diverted to the
Commander of the
Jeffersonian
Harem
Yes Rusty gets to
College
Every morning at
Eight
With his hair all
Slicked down
N'everything
Doc Spring
Pulled a good one
T'other day
Ask him about those
Echo Pains
Shannon
Has been carrying
On some very
Interesting
Experiments lately
Regarding the velocity
At which
Sound travels
Someone
Created quite
A sensation
By appearing
In Doc Schwartz'
Proctology class
With the latest
Shade of
Passionate Pink
Draped around the
Region of
His seventh
Cervical
But
John Woods says
A man who's
Wrapped up in
Himself
Makes a
Heckuva
Looking Bundle
Gotta take
The Gold Fish
For a trip
Round the Globe
So that'll be
All
For now
Period.

The Lamp of Aladdin

W. E. Farbstein

You've heard of Aladdin, the fortunate lad, who the magical lamp of the genii had. Some friction applied to the base of the same, and he got any wish that he troubled to name. A banquet complete, or a bangle of pearl, a palace of gold or a beautiful girl, a bushel of jewels, the egg of a roc—all it required was some friction and talk.

If ever I find such a lamp, then indeed, for banquets and jewels I never will plead—or beautiful maiden or fabulous wealth. But I'll wish for a superabundance of health. But as chances for finding such lamps are not strong, my wish's fulfillment I'll hurry along by living correctly, evading ill's wrath, and visiting often my Osteopath.

Life and immortality, not death and mechanism, are the keywords of the real universe, and so far as you and I are true sons of the universe, so far as we reproduce its nature in ourselves, life and immortality are the keywords to our reality also.

The First "Op"

In January, 1474, the churchyard of St. Severin, Paris, was the scene of one of the first surgical operations done in France. At that time the physicians represented to Louis XI that as persons of consideration were then suffering from stone and other internal maladies, it would be of great benefit if in order to trace the disease and discover a cure, the said physicians and surgeons were permitted to operate on a living man. The request was granted and the prisons were searched, until an archer was found suffering from the required malady, and condemned to be hanged for theft, as well. He was taken to the churchyard, and, with a flat tombstone for an operating table, amid a large concourse of people, the surgeons set to work. Contrary to their expectations, the patient not only survived, but was pronounced cured in fifteen days' time. In consideration of the service he was pardoned.—Medical Journal and Record.

Growing Children

They need two kinds of food; one for growth and one for energy.

The first essential is milk, because it is a complete mineral ration with the exception of iron. It supplies casien in association with calcium and phosphorus.

Bread is another. It contains protein reinforced by milk powder now used by bakers.

Sugar is another. The craving of a child for sweets is natural. It shields the proteins.

Fats are the coal in your bin. They furnish energy and heat, and may be drawn on for nerve and brain cell repair. Fats burn only when a certain amount of sugar is burning.

Gelatine (Knox) is an elegant energy food, containing lysine essential to growth.

The tomato is supposed to contain all the vitamins.

The muscles of the under-nourished child lose their protein, it being replaced by water. The under-nourished child is usually permanently marked. It may fill out, but it never possesses the sturdy look of the normal child.

Dr. L. A. Crew Locates

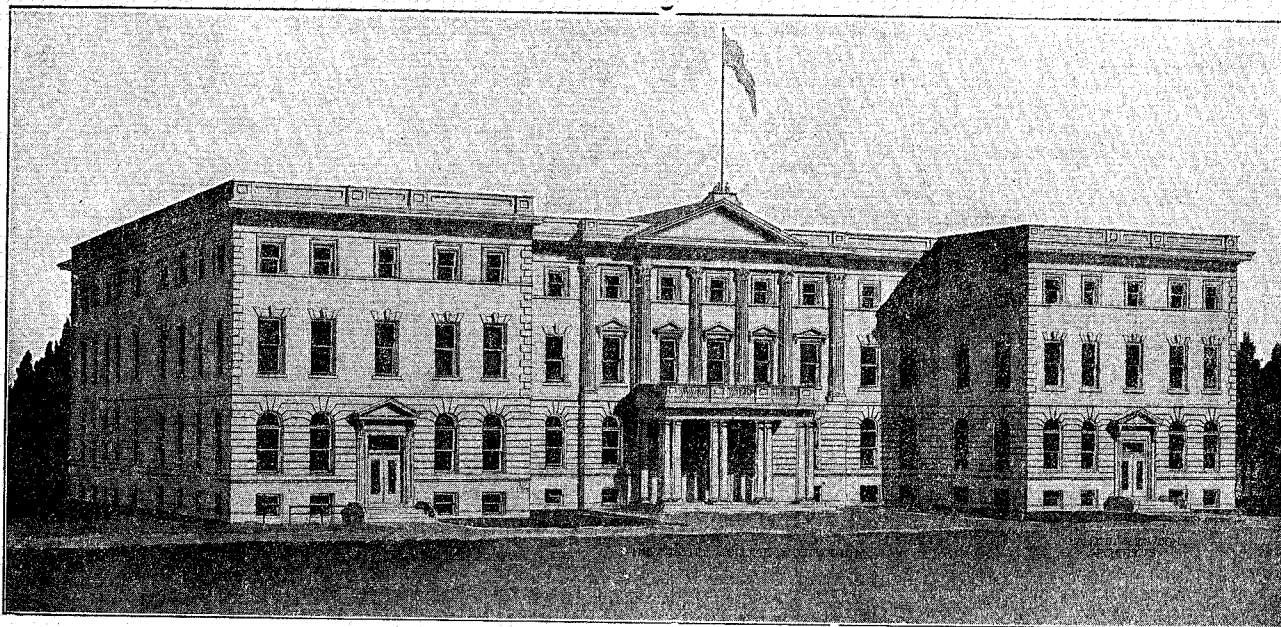
L. A. Crew, recent graduate from the Still College of Osteopathy at Des Moines, Iowa, and a Gallatin valley citizen, purchased the office fixtures of the late Dr. H. N. Hartung, Tuesday, and began the practice of his profession Tuesday morning.

Mr. Crew, who was born and reared in the Salesville community, needs no introduction to many in this community, who have known him many years. He is highly recommended as a man of sterling worth and integrity, and the people of the community welcome him.—Belgrade Journal.

DISEASE

Disease, the inevitable penalty for violation of the law of nature, stalks through the land blighting the life of every member of the race. It marks with the stain and sin of deficiency, young and old alike.

And yet disease is not an entity, not a thing, but a lack, and a deficiency. It is nothing but the forbidding hideousness of denied function, perverted, distorted, distraught.



In All That Is Good---
Still Affords The Best

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of October 3, 1917, authorized February 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

March 15, 1925

Number 17

Plans Made for Still Year Book

At a meeting of the Seniors A and B and Juniors A and B classes following Assembly on February 27th, plans were formulated for the promoting of a Year Book for Des Moines Still College for the current year, and committees were appointed by the presidents of the respective classes represented, to meet with Dr. J. P. Schwartz and complete plans and submit same to the student body.

As a result, this committee of students, with Dr. J. P. Schwartz as chairman, obtained bids from the different printing companies of the city, and estimated as closely as possible the cost of such a publication as desired, and reported back to the student body at assembly on March 6.

Short talks were made by students and alumni relative to the value of a year book to the college and to the profession in general. A general air of optimism on the part of everyone was noticeable, and the response to the appeal for subscriptions was very encouraging, nearly the required number of subscriptions to make the book a financial success being received from the first appeal.

D. M. S. C. O. is in a position to put out a very attractive and imposing year book this year, for its victories on football field and basketball floor have been noteworthy events, and with its present faculty and facilities for Osteopathic instruction, it has enough material to compose a book that will appeal to every Osteopath, regardless of his college affiliations, and to prospective students as well, together with being a reminder to the alumni of D. M. S. C. O. that their Alma Mater is up and coming.

While an editorial staff has not been chosen as yet, the name of the publication will most likely be "The Stillonian," and under such caption, will be the second such put out by D. M. S. C. O., the first having been published in 1921.

On another page of this issue of the Log Book will be found a subscription coupon for the use of Alumni and all other Osteopaths in the field. The student body looks forward to a hearty response from the field, in order to make this year book a financial success and so insure its publication in future years.

The price has been set by the student body, and the committee arranging for the publication stayed within the limit, expecting the number of copies subscribed for by the Profession at (Continued on page 3)

HI-LITES



Finger-Print Expert Speaks at Chapel

"Protection, not Detection," was the subject chosen by Mr. H. J. Passno, head of the Iowa State Bureau of Identification, in a recent address in chapel. This was one of the most interesting and instructive lectures that has been given in chapel this year, and to show the appreciation of the student body, Mr. Passno was invited to return in two weeks and give more of a detailed insight into the marvelous workings of his department.

Mr. Passno developed his subject from the very beginning, quoting the immortal phrase of Mark Twain in "Puddinghead Wilson" to the effect that "every human being carries with him from the cradle to the grave... a physiological autograph," the ultimate work of Scotland Yard, who are considered the real pioneers in this phase of identification, up to the present day methods whereby a duplicate set of prints may be selected from a (Continued on page 3)

Freshmen A's Elect Class Officers

In meeting, February 27th, the following members of the Freshman A class were chosen to guide their ship of state through the shoals of the current semester.

Jack Stafford, President.
Johnny Jones, Vice President.
Helen Moore, Secy-Treas.

"Jazz" Hoffman Is Sweet Papa Now

Dr. "Jazz" Hoffman, Senior A, is the proud father of an eight-pound girl, born March 1st at 7 p. m. The young lady answers to the name of Mary Betty, and is fully equipped with black hair and blue eyes, according to the Doctor. Congratulations, Jazz!"

The deepest truths of the universe are acted rather than spoken. What impresses me is the deep silence of the universe, coupled with its unimaginable activity.

D. M. S. C. O. Breaks Another Record

Another feather was added to the already heavily plumed hat of D. M. S. C. O. when the student body turned out en masse for Still College Day, sponsored by the Big Brothers Club of Drake University.

Dean Johnson was the principal speaker of the morning, and the student body was more than elated to demonstrate to the city and to the Drake student body the high type of men that are at the head of our school and profession is. The subject chosen by the Dean was "Justice," and although limited as to time, succeeded in putting over some points that made the entire group think a bit.

Immediately preceding the Dean's address, the devotional services were held, under the direction of Jack Voss, 26. Sentence prayers were given by A. E. Smith, Harold Belf, Van Ness, and a Drake student. Jim Cochran, '25, was in charge of the music, and Ross Richardson, '27, conducted the program.

To stimulate interest, a friendly contest was staged between the three fraternities on the basis of 100% on time attendance, the winner to receive a beautiful purple and white banner, which was displayed in chapel the preceding Friday morning. All three organizations turned out so near 100 per cent as was physically possible, that it is thought three banners will have to be presented.

That is the way the student body of D. M. S. C. O. backs their school, and it is a true indication of the "STILL SPIRIT." When you are able to rout between one hundred and fifty and two hundred college students out of bed, and have them at church by 9:30, you've accomplished a noteworthy task.

Junior-Senior Prom Goes Over Big

The first Junior-Senior Prom was held Thursday evening at the Grant Club and was one of the best parties of the year. Considerable interest was manifested throughout the school in the affair, and a one hundred per cent attendance by both classes put the party over in fine shape. The committee in charge are to be congratulated up the complete arrangements. Al Levich's orchestra furnished the necessary music.

Letters of a Freshman

Dear Pa:

I got your letter with the \$5.00 check. I had a little trouble gettin it cashed. the guy locked up in the cage asked me if i could identify myself. I said sure i got a mole On my right hip but i got the money without showin him. I am sending back \$4.00 change cause i only asked for one you know. Some swell lookin girls was entertainin us the other Friday with some songs. One of them sang suprana with red hair. one of them sang lady base just now i cant think of the word you would call it. I dont want to forget about the one that played the fiddle. Gee Pop you ought to see that fiddle. It was about ten times as big as granddads, only it had four strings on it. It had a long spike on the end of it. I was expectin it to go clean thru her neck when she started playin but it was so heavy she didnt lift it off the floor. She played some solos sittin on the spike. The lady that played the piano was a south paw in both hands she made more hits out of that instrument than Babe Ruth ever made. Were going to have an Annual down to school dont mistake it for a bath this is a book. One might think it were a ba'h the way some of doubtters shied at the idea. You know those whistling ties well i got one of them. Well i wrote about all i know this time. If you dont get this letter let me know and i will try and rake up two more cents and send another.

Your son

Adam.

P. S. I aint homesick but i aint got those cookies yet.

From the Field

Dr. A. E. Gibson, 523 Bradbury Bldg., Los Angeles, Calif., advises us that he is contemplating closing his practice, twenty years standing, in order that he might travel. Anyone interested may write the Doctor direct, or the Log Book.

A very highly complimentary letter was received from Dr. L. S. Keyes, of Minneapolis. The feature of the Doctor's letter that pleased us most was a directory of Minnesota Osteopaths, in which all corrections of address had been noted. It will sure help to get our mailing lists straightened out. As a Doctor seldom thinks to advise us of a change of address or a move from town to town, we would appreciate receiving any information relative to change of address, etc., at any time.

Dr. C. C. Wedel, Winterset, was in the city last Saturday and visited some of the boys. Jake says practice is sure going fine.

Dr. Mike Prather was at assembly last Friday in the interest of the Cardiograph of 1925. Mike edited the issue published in '21.

Fraternity Notes

Atlas Club

On February 26, Dr. Virg. Haladay gave a most interesting history of Dr. A. T. Still and his struggle to put Osteopathy on a secure footing. He took us through the periods covering the "Old Doctor's" first conception of our science up to the present day. After hearing of the very numerous methods resorted to in obtaining dissection material, our university should encounter no obstacles in procuring same.

H. J. Brown and Frank Irwin have demitted from Axis to Xi-phoid Chapter. We welcome the brothers to our chapter.

Durard Wire of Columbus, Montana, G. A. Dutt of Portland, Oregon, and I. E. Shaeffer of Grove City, Pennsylvania, have been added to the pledges of Xi-phoid Chapter. Welcome, boys, and keep Friday, March 20, open for our pledge dance.

Bro. Damm is now selling gonoscopes. One order has been taken already.

Bro. Woofenden is now in cahoots with the oil syndicate. He has accepted and now holds a position (same one most of the time, centering on the ischial tuberosity) as manager of the oil dispensary at 10th and High. Woof wishes to announce that he is on duty from 4 p. m. to 9 p. m.; and requests all friends and relatives to please get their gas before 4 p. m. or go anywhere else, as it breaks up his siesta. He wore out the gluteal regions of two suits the first week.

Xi-phoid Chapter extends its sincere sympathy to J. Howland in his recent bereavement.

Bro. Warthman has secured a new position for his wife. Our brother is very fond of his wife, and tries to make it as easy as possible for her to work his way through college. We think that is Baloney as he can be seen almost any time trying to get the girls to have the Mrs. marcell their hair. Some one must have told him that to become a successful Osteopath he must be able to sell his services, so he is practicing on his wife.

Phi Sigma Gamma

The lecture given by Dr. A. B. Taylor on work night was well attended and the brothers received much valuable information and practice in applying various types of bandages. A regular smoker followed, and music and cards provided entertainment for the remainder of the evening.

The brothers are all greatly concerned in Joe Rader and his Ford. It's a regular cross word to know whether he's a junk dealer or a mechanic.

Scatterday's recent expression, "Oh, balls!" originated in the billiard room of the Grant Club, where he tends tables.

We understand an effort is being made to get green covers for the tables in the restaurant, so he will feel more at ease while eating his beans.

The house is quiet now only when McWilliams is in school or working.

If Olive won't let Weir get more sleep, we suggest that he learn to sleep faster, so he can keep awake in class.

Could you imagine:

Roy Davis bald-headed;
Leland Spencer being serious;
McFall being real tall;
Weir aiding charity;
Homer Sprague without a date;

Bill Reese a minister;
or Clyde Conn without his grip?

We can't.

The little village of Lorain, Ohio is quite awake these days. According to reports of some of our brothers from that city, one day a short time ago the night watchman of the postoffice while cleaning aa gun shot a child, and robbers robbed the postoffice and a train killed the robbers. This, according to Joe Rader, is an every-day occurrence there.

Geo. Chritchitch, captain of the Grinnell football team, has been a visitor at the chapter house this past week as guest of Max Friend.

Everett Johnson, leader of the Chicago Cadet Band, has been spending leisure hours at the house during his stay in Des Moines, as guest of Bro. McWilliams. He has proven a royal entertainer, and we are looking forward to the time when he plays a return engagement.

The PSG's have been knocking the sox off Drake fraternities in attendance contests at the University church. Kinda showing the Drake boys what Still college spirit is, and what fraternity spirit is within said institution.

Manny Strand, formerly of the Orpheum circuit, has been giving the boys a real treat in form of piano solos. He is also a guest and near relative of McWilliams. We hope to hear him in assembly soon.

Iota Tau Sigma

Brother Earl Shaw was host at an "Appendectea Party" at the Des Moines General last week, with Dr. Pinkie Schwartz officiating. Approximately fifteen of the brothers attended the function and, though some were forced to leave early, a good time was enjoyed by all. The chapter feels greatly indebted to Brother Shaw for the wholehearted manner in which he gave himself and his valuable time that the brothers might become better and more efficient Osteopaths. Earl is coming along fine, as would be expected considering the care he is receiving, and we are all looking forward to having him back in the house within the next few days.

Beta chapter, Iota Tau Sigma, wishes to take this opportunity to announce the pledging of Mr. Watson E. Havis of Ohio and Mr. MacFarlan of Des Moines. Welcome to the fold, boys.

Brother Reginald Platt, Alpha chapter, was formally affiliated with Beta chapter, Monday evening, March 2nd.

Beta turned out 100% for the annual Still College Day at the Big Brothers Club of the University Christian church. We feel that this is quite an accomplishment. (Continued on page 3)



"Joe" Bowman says (looking straight at Bill Russell), "I guess I'm not the only curly headed co-ed in school." And she's from his home town, too.

Dean Elsse, in Principles, giving the six diagnostic points of a true sub luxation, created the following: "—patient lying on a table—bend him up—and he has a pain."

FORE

Nurse: "Whom are they operating on today?"

Orderly: "A fellow who had a golf ball knocked down his throat at the links."

"And who's the man waiting so nervously in the hall? A relative?"

"No, that's the golfer. He's waiting for his ball."

Dissection Notes

Reggie Platt has discovered the original cigarette stand—he uses the cadaver's mouth so no one will swipe the butts on him.

A. E. Smith has to admit he is not the shining light in his green apron since Warthman showed up with a very bright red one. A leather medal will be given to anyone who can beat bright red. Contest closes when all cadavers are skinned.

Bro. Gates, cadaver No. 6, still gets quite a bit of publicity. Two women were in to see him, but didn't know him. Punk Marlow washed his face, but it didn't help any. (The cadaver's face.) The police were up and sawed off gates' finger tips to be sent to Washington for comparison with army records. The boys now demand a partial refund of fees paid for dissection material—which is O. K. Stick up for your rights, boys, but cut fast, before he is wholly identified.

The seniors who have volunteered for prosecting are greatly appreciated. There is a big demand for more who can remind the students of details which went by unnoticed in anatomy studies.

We still contend that a surgical gown can't make a lightning quick and graceful surgeon out of Maxwell Jennings.

Carl Beeman Gephart acquired a new cognomen the other day—"A. B." Ask Gep for an explanation.

Two young boys were guests at the dissection room recently, and after being introduced to several sights—some unseemly—hurriedly left. (Someone said they weren't going to supper, either.) We still contend that the initiated will develop anorexia when offered a human ham for supper.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OSTEOPATHY

PresidentS. L. Taylor
Editor.....Don Baylor

Osteopathy Without Limitation

Osteopathic Crusade of Wide Importance

The world wide importance of the "Triple Purpose Osteopathic Crusade," to take place immediately following the A. O. A. convention at Toronto in July, is the emphasized point in a recent folder published by Dr. Hubert Pocock, chairman of the tour committee, of Toronto.

The complete tour of Europe will start from Toronto July 13, the day following the close of the convention, and will end August 29. The three great objects of the tour are, "the carrying abroad of the torch of the teaching of Osteopathy, profit by observation of the best European practice, and the pleasure derived from a wonderfully complete tour of Europe.

The party will leave Toronto by rail for Montreal, where it will embark on the S. S. Metagama for Glasgow, Scotland. The itinerary includes ample time for the visiting of points of historic and classic interest en route through Scotland and England to London, where the week of July 30th and August 8th will be spent in sightseeing and attending clinics. Following London, eleven days will be spent in Paris and important cities of France, interspersed with side trips to the battlefields and other points of interest.

Every Osteopath and student who can possibly do so should embrace this opportunity. It is extremely doubtful if such a program will ever again be duplicated, especially at this price. As Doctor Pocock says "it will provide a maximum of satisfaction, instruction, recreation and pleasure at a minimum of expense—an ideal trip for Osteopathic physicians who desire to see the best known clinics of London and Paris."

Faculty Wise Cracks

Dean Johnson calmly remarks "You can't make a whistle out of a pig's tail."

John Wood's dropped the following bit of wisdom the other day: "People who like olives, should be anxious to dissect the brain."

Doc Spring in Dietetics spouted forth the following bit of choice news the other day: "Beans shot my ideas of digestion all to pieces."

White A. B. Taylor's pet expression is "Exquisite Tenderness."

Got down the bright sayings of your favorite profs and hand them in.

Finger-Print Expert Speaks at Chapel

(Continued from page 1)
file containing seven million specimens in the incredible time of thirty seconds. He also stated that the possible chance for a duplication of prints in two different individuals was once in thirty thousand times the population of the world.

Through the means of relating actual incidents from his personal experiences, Mr. Passno brought out the use of finger prints as a means of "protection, rather than detection." From this viewpoint, "in this modern day of lies and deceit, one ounce of circumstantial evidence is worth many pounds of oral evidence." As a further demonstration of his subject he recalled the case of a young girl who was recently found in the wash room of a Chicago depot suffering from loss of memory. The case was profusely advertised throughout the country without any success until finally it was decided to have the young lady broadcast over one of the Chicago stations, and it was through this means that her relatives in St. Louis were able to recognize her and return her to her parents. The connection between this case and the finger print system of identification from the standpoint of protection lies in the fact that over 5,000 inquiries were received regarding this young lady alone, which means that somewhere there are at least five thousand more missing girls, five thousand heartbroken relatives. Conditions such as these would be greatly alleviated by the common registration of finger prints of all children in the National Bureau of Identification at Washington, D. C. Very few people have ever heard of this department of our national government and know even less of its activities.

Mr. Passno was unable to complete his talk on account of lack of time, and everyone is anxiously awaiting his "return engagement" next week, at which time he promised to give a demonstration of the method of taking and comparing the prints and the systems in use at this time for tracing individuals through this method.

Plans for Year Book

(Continued from page 1)
large to swell the total and make it, financially, a success.

It was decided by the student body that no one connected with the publication should receive remuneration for his or her services, but that all money received be expended toward making the year book a larger and better issue than would otherwise be possible.

With this end in view, a published statement of money received and paid out will be forthcoming following the publication of the book, and any surplus will be turned into the athletic treasury or disposed of in some manner satisfactory to the student body.

Fraternity Notes

(Continued from page 2)
ment for the boys, considering the fact that every man in the chapter was at Twenty-fifth and University by 9:15 a. m., on a SUNDAY.

Les Greenhill, Elgin, Illinois, spent the week end with the "Three Watch Makers."

Brother Cochran is the proud owner of a new Dressing Robe now. Some Class!

John Watkins was the victim of a severe case of depression the past week end when he didn't receive his promised "special." Odell got his, so Birdie thinks Gephart did him dirt by not mailing his part of the bargain. True love never runs smooth in a fraternity house.

During Earl Shaw's enforced absence, Runt Russell has been acting as fireman. The boy evidently thinks we have a Christian Science furnace.

Delta Omega

A number of the Deltas and their friends are enjoying lectures by Mrs. Morgan on Character Analysis." Those who have been unable to attend any of these lectures feel that they are missing a lot.

The Deltas wish to announce the pledging of one of the Freshman A girls, Helen C. Moore. They are especially pleased to have her one of them, on account of her fine arts ability, she having studied violin under the direction of Arcule Sheasby at the Drake Conservatory of Music.

Are You Looking for a Location

Dr. A. P. Kottler of Chicago is forced to give up his practice on account of his health, and is offering it for sale at a great sacrifice. Anyone interested in this exceptional opportunity may write to the Doctor or the Log Book.

An Osteopath at Willmar, Minnesota, is also on the sick list and is endeavoring to dispose of his practice in the above city. This is a real chance to locate in a prosperous growing community.

Around the Campus

All the boys are striving to raise a mustache now, owing to the wonderful success of Dean Grewell with his. (Investigate.)

Anyone wishing to see a "rapid dissection" quartet should come to the dissection room between three and five and watch McWilliams, Conn, Thomas and Schneider.

Dr. Mary Golden's class enjoyed a trip through the city Tuberculosis Camp for children. The trip proved very interesting, and proved what this city needs is Osteopathy in such institutions.

Teacher—George, who defeated the Philistines?

George—Aw, I don't know. I don't follow those bush league teams.—Minneapolis Journal.



The Observer Says

No
Little Sister
The postage stamps
For the
Air mail
Are not
Made of
Fly paper
However
Since we are
To have an
Annual
Everybody
Should drag
Out the old
Family album
And help decorate
The blank
Pages
With the advent
Ob sprig
We are
Confronted
With the
Customary outburst
Of
Red neckties
Yellow shoes
Short dresses
And
Bare knees
How do you
Stand it Harry
The Senior A's
Are already
Worrying
About their
Commencement
Little do they
Realize the
True meaning
Of that word
They're under
The impression
That it signifies
The end of four years'
Labor
When it really
Opens the gate
To a lifetime
Of toil
Sleep on, fair one
Father has the
Ether handy
Period
Period

THE STILLONIAN

DES MOINES STILL COLLEGE

of Osteopathy Year Book will be off the press on or before May 25, 1925. The book, as planned, will be a worthy memorial to our college.

"The Stillonian will be printed on India Tint paper with a special sepia ink. The Binding will be a special two tone Malloy cover.

Subscriptions from the Field will be taken up to May 1, 1925, after which date we cannot promise delivery, because of the limited number of copies to be published.

Do Not Procrastinate!

Clip the Coupon Below. Send it with Your Check for \$5.00 and Get the
Greatest Yearbook Ever Published by Des Moines Still College of Osteopathy

Enclosed find five dollars (\$5.00) for which I am to receive one (1) copy of the "Stillonian" 1925 as described by the Log Book of Des Moines Still College of Osteopathy.

Name_____

Address_____

Date_____

Please PRINT name and address clearly

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of October 3, 1917, authorized February 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

April 1, 1925

Number 18

Cause of Curved Spine Explained

Dr. H. V. Halladay of the Des Moines college of Osteopathy lectured to members of the various parent-teacher associations of the city Wednesday afternoon in the high school auditorium. The osteopath stressed the need of education regarding the causes and results of spinal diseases and stated that such training should be incorporated in the health program in the public schools.

"The idea in this work," Dr. Halladay explained, "is to make children comfortable and to cause their parents to realize that treatment of spinal trouble is as essential as proper care of the teeth and other health points taught in the schools."

The physician quoted figures which showed that in eastern schools where considerable investigation has been done, about 4 per cent of all children have faulty spines. This condition, while not often fatal, affects the posture and general usefulness of the patient. He cites many causes of curved spines, such as fracture, dislocations of joints, and infantile paralysis.

Talked in Clear Lake

Dr. Halladay made several talks at various schools Wednesday, including the high school at Clear Lake, the local high school, Catholic school. This morning, demonstrations were held at the Chamber of Commerce, together with a free clinic. The physician is assisted in the demonstrations by his 11-year-old daughter, Frances.

Hope to Aid Children

Dr. Halladay is holding the clinic and demonstrations here as a feature of "Normal Spine Week," during which time the spines of school children are being examined. It is felt that many backward children, laboring under the handicap of a defective spine, will be ultimately restored to health.

The above clipping, taken from a Mason City, Iowa, daily, is self-explanatory. Some weeks ago, through the columns of the Log Book, announcement was made of the above mentioned "Normal Spine Week," and from all over the country, reports have been received regarding the success of the event. D. M. S. C. O. is proud to have a faculty member with the ability and willingness to devote his time to such a worthy cause.

PATIENTS



The old "bind" who was always insulted - and going to turn you in to the Clinician!



The little old lady who was always afraid you were going to break something



The kind the other fellow always got



The beautiful but dumb Flapper who knew everything.



The "Optimistic Friend" always remarking that she wouldn't let a student practice on her.

Baylon
and
Gerrill

Success of Stillonian Is Now Assured

Since the last issue, progress on the development of the D. M. S. C. O. year book, "The Stillonian," has broken all records.

Under the leadership of Editor-in-Chief S. B. Dickinson, the book has rounded into shape, and at the termination of two weeks all classes have been photographed, write-ups secured, and a major portion of the above material turned in to the printer. Considering the brief time available, the task of publishing a volume that will do justice to the College and be a monument in its memory is a gigantic one. Nevertheless, the Stillonian will be off the press and in the hands of the subscribers at least one week before school is out.

The student body is supporting the publication in nearly a 100% manner from the standpoint of subscriptions. On March 23d, over two hundred paid subscriptions were in the hands of the treasurer. Advertising space is going like "hot cakes," and support from the Field is beginning to come in. All Doctors are urged to fill in the coupon on page four and mail it at once. This issue of The Stillonian is going to be the biggest, best and most attractive book ever put out by Still College. No graduate's office table can be without it. REMEMBER, MAIL YOUR SUBSCRIPTION TODAY!

D. M. S. C. O. Student Leads Double Life

One of the most peculiar cases of Double Life on record in the local department was uncovered the past week end when it was learned that L. A. Reiter, junior student at the Des Moines Still College, has been playing two roles since last May. A portion of the time Reiter, as he was known by his fellow students, played the part of a hard working, paper carrying student, struggling for existence; the balance of the time "Teddy," as he was called by the woman in the case, played the role of "Sweet Papa."

In plain English, that even a Freshman can understand—Mr. and Mrs. Ted Reiter were married May 31st, 1924, it became known at a dinner party given by the sister of the bride, Mrs. Oren Eitrem.

Congratulations, Ted, don't hold out on us next time!"

Another student has fallen by the wayside during the past two (Continued on page 2)

Faculty Man Makes Startling Discovery

The Sophomore A anatomy class was startled out of its wits the other day when after having read a lengthy sales letter from some Western organization regarding a correspondence course in a guaranteed cure-all treatment for enteroptosis and ptosis of the stomach, Handsome Johnny Woods, the popular anatomy instructor, bared his soul and announced in a quavering voice that he had a secret. That it had been his plan to retain this astounding discovery until his dying day, and then on his death bed, to give it to the profession. but due to financial du-

(Continued on page 3)

Sophomore "B" Party

The Sophomore "B" class held their class party at the home of Mabelle Moore, Saturday night, March 28. The house was handsomely decorated with the class colors, for the occasion. Everybody came early and stayed late. Music, games, and dancing were greatly enjoyed throughout the evening, by all. A tempting two-course lunch was served by the hostess, and aids. Shortly before the dawn of the Sabbath, all departed, declaring our secretary and treasurer a delightful hostess. Dr. and Mrs. Halladay were the faculty guests, the Dr. performing quite ably on his Hawaiian guitar.

Letters of a Freshman

Dear Pa:

I got the box of cookies this morning. And I want to thank you for the box. You will never know how much they were appreciated cause all of the boys can't afford to write. The next time you send one put in some cracklins. We bin havin lots of front page space lately at first they thought it was caused by a empty space but later on it was found that it was only a space of time and distance. One of the boys got himself lost but he finally found himself. The Big Brothers club of our university won the contest but there was about ten other fellows there who were in the contest also. It has bin pretty warm lately and I wonder if you would ask Ma if I could take off my flannels. I am sending home my garters as I don't need them any more I thought Pa might use them with his youngest suit. The boys up here buy their clothes big just like Pa does I guess they want to get their money's worth. I saw a good one down on third st. I mean a suit, you pay two dollars down and the rest later. So I will need \$2 to get the suit. Must close and study about 10 minutes before I go to bed.

Your Lovin Son

ADAM L.

P. S. I had a chance to buy a chance on a plow I was just wondering if you would be interested?

Are You Looking For a Location?

A letter was received the other day from Dr. Helena R. Rydell, Ellendale, North Dakota, advising that her practice in that city was for sale and that she would like to see some D. M. S. C. O. product there. In the Doctor's letter she mentions: "I have been here eighteen years and haven't starved yet." That should be recommendation enough for anyone.

Dr. L. E. Hillman of Garden City, Kansas, a progressive town of 4500, writes that after June first he is going to locate in Colorado and that his practice will be available. The doctor writes that he enjoys the complete co-operation of the local M. D.'s, and is admitted to the hospitals. This should prove an exceptional opportunity for some Senior student.

Dr. Payson W. Hoyt of Hoopes-town, Illinois, has suffered a nervous breakdown and is desirous of securing someone to take his practice for the next two or three months.

Great minds, who are the agents of culture, do not try to keep the little minds down; they try to lift them up to their own level.

What is duty? I answer that the wisest man among us will never understand what Duty is until he does it.

Fraternity Notes

Iota Tau Sigma

Now that Brother Cupid has slickered the chapter out of two star boarders, the brothers are expecting a boost in the room rent.

There have been two outstanding events on this year's calendar for the "ITS". One Sunday morning when all the brothers turned out for church, and then again, same year, the entire chapter, fully clothed, was present for the Stillonian picture before dinner. Something's wrong.

The two coats of paint, already put on, sure make some difference in the external appearance of 2007 Grand.

Runt Russell started for Florida the other evening, but changed his mind.

The chapter is expecting to see Gep blossom forth in a new spring suit, now that he is treasurer of The Stillonian.

Brother Nye has broken all records and established a precedent by dating twice in two weeks. 'Bout time some one was writing to Detroit.

Brother Nowlin has been placed in the Hall of Fame along with Old Man Hoyle, the boy who knows so much about poker, since his invention of the parlor game known around the house as "Snorting." Brother Platt holds the championship to date.

Tooter Shaw has left school for the balance of the semester. Certainly leaves an empty place around the house.

The chapter enjoyed an informal dance at the house, Friday evening, March 20th. Roy Walt's orchestra furnished the music. Dr. and Mrs. J. P. Schwartz acted as chaperons.

Deke Jones is still making nightly trips to the country.

Peel Loghry, Valentino's only rival, has changed his field of operations to a point closer home. Saves car fare, he says.

Atlas Club

A very enjoyable time was had by all at the pledge dance March 20th.

On March 18th, Dean Johnson gave a very interesting discourse on ethics of handling delicate problems in practice. Information acquired only through years of experience. We sincerely appreciate this talk, and hope to have the Dean with us again.

During Monty's recent illness a very white lily was left at the door by a Drake co-ed. Appended was a note as follows: "Sincere regrets." Premature stuff—eh, Monty?

Nelson has lost another member of his harem. Latest reports state that another of his sweeties has entered into a contract of which Nels was not even the 2nd part. Tuf luck, Nels, you can't only use one girl at a time.

Red Groves, for some uncanny reason, has taken up the study of the banjo. We haven't heard him yet, but it must be good.

Someone hid Walter's mando-

lin the night he and George Rastede were going to broadcast, so Walter did his part on a fish horn.

"Daddy" Bachman is scheduled to lecture on "Goiter," March 27th.

The racing season is near, and our pledges are expected to ride the goats hard.

We hear that Smith is able to pick 'em up anywhere now—Sweet Daddy!

Delta Omegas

Tuesday, March 24th, the members were favored with a talk given by Dr. A. B. Taylor. It was most interesting and enlightening.

Tuesday, March 31st, Mrs. Morgan will give the last lecture to the Deltas. Prior to the lecture, the girls will enjoy a picnic supper at Greenwood Park log cabin. The Misses Krug and Helen Moore will be in charge of the EATS, so all the girls plan on a "horn of plenty."

Phi Sigma Gamma

The Fraters gratefully received the wonderful demonstration of technique as given by the eminent Dr. Klein of Des Moines. His technique is quite a wonderful achievement for any one doctor to acquire, and all the brothers surely got a lot of new ideas from his wonderful lecture. We only hope that the Doctor can spare us a few moments of his time again in the near future, so we can assimilate a little bit more knowledge along this line.

Bill Reese will have quite a time when he goes home explaining just how it is that the "cow-boys" out here wear dress suits even to have their pictures taken.

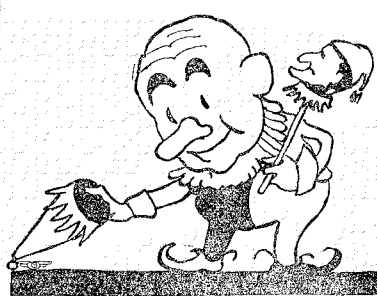
The House Dance was a huge success and there was 100% attendance. The Blue Diamond Orchestra under the direction of Max Friend was a big factor in the wonderful time that everybody enjoyed. These parties are just so gosh darned much fun that we can hardly wait for the next one.

Cavanaugh has acquired the habit of jumping now whenever he hears anyone say, "Oh, boy!", as he is now serving as desk clerk every other night at the Hotel Commodore.

Roy Davis has been the recipient of many presents lately. Among them is a sample from one of the downtown drug stores. Davis says that the samples were intended for the other sex, and can't just figure it all out.

Dean Elsea was greatly embarrassed the evening of the dance when one of the young ladies present accused him of having a bottle. Poor Dean. It was just a case of misunderstanding again.

Judging from the way the boys are migrating we would judge that "Spring has come." Surely is peculiar what pranks this warm weather will play. The freshmen just play the part of the thinker, and it is almost impossible to get any work out of them whatsoever. Gordon says he is going to Chicago for his cure.



WHAT'S YOUR DEFINITION?

The teacher was explaining to a class of small boys and girls the meaning of the word "collision."

"A collision," she said, "is when two things come together unexpectedly. Now can anyone give me an example of a collision?"

"Twins!" said the Class Idiot.

The first day of school a little girl presented herself who looked very much like a true daughter of Italy.

"You're an Italian?" asked the teacher.

"No'm," was the astonishing reply.

"But wasn't your father born in Italy?"

"Yes'm."

"And wasn't your mother born in Italy?"

"Yes'm."

"Well, you must be an Italian."

"No'm," she answered. "I'm Irish. I was born in Boston."—Open Road.

WHERE ANYTHING GOES

"So you have given up writing novels."

"Yes—the publishers said my imagination was too lively—plots lacked probability—but I'm doing very well writing advertisements."

Slim Irwin, in Orthopedics, when asked what you could offer a patient who came in with torticollis, shouted out, "Rye." Kind-hearted Slim.

Jo Bowman's description of the gait in TB of the spine is "Pale and anemic."

Red Maxfield says that the Medulla Oblongata extends from the Foramen Magnum to the first or second Lumbar. What do you think of that, Mr. Cunningham?

No Place for Humor.—"Lost your job as a caddy?" asked one boy.

"Yep," replied the other, "I could do the work, all right, but I couldn't learn not to laugh."—Watchman-Examiner.

D. M. S. C. O. Student Leads Double Life

(Continued from page 1)

weeks. Leroy, one of the famous Skidmore twins, was united in the Holy Bonds of Matrimony (?) Saturday March 21st.

If this continues, the college will have to build and equip a waiting and play room for the wives and children of students. The formation of a young married couples' club has been rumored round the campus lately.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OSTEOPATHY

PresidentS. L. Taylor
Editor.....Don Baylor

Osteopathy Without Limitation

Concerning Students

The recent activities of the Staff of the Stillonian have unearthed and brought to light some very interesting facts regarding the student body of D. M. S. C. O.

Approximately fifty per cent of the total enrollment has had at least one year's college work prior to matriculation in this institution. Stop a moment and think back in the early days of Osteopathy. What percentage of students, in those days, had such a foundation for their professional training?

It is not the aim of this paragraph to deride or to belittle the individuals who place Osteopathy in the exalted position now held, but to point out, as forcibly as possible, the gigantic strides forward Osteopathy has taken.

The student body of D. M. S. C. O. is drawn from thirty-five states and the Dominion of Canada. From Canada on the north to Texas, Georgia and Mississippi on the south; from Maine and the District of Columbia on the east to Washington on the west. Our reach is far, and in comparison, D. M. S. C. O. is as large as the profession.

The commonplace happenings of our everyday life are not always given a great deal of consideration as matters of real interest. It is not necessary to leave our own everyday surroundings to experience such things. A man by the name of M. Polo traveled a great deal while the world was still in its teens. In his way, he was a very good stick, such as his sporting name suggests. His tales of adventure were listened to and accepted with a great deal of interest by the majority of the people. Now Mark had the chance to enlarge upon his stories, but in this case no such elaboration is needed, nor extensive travel. Right here in our midst one man has had an experience that not one man in ten thousand will ever go through. Hashing is a necessity and can be considered as nothing else. This particular man shoved out grub to a customer for two years the same way that numerous men have done; then the old customer failed to appear one day for his usual portion of beans. Now this is not unusual, nor was it considered as such. A few weeks later the hasher discovered his old friend in a very pickled state. No, it was not alcohol that had created this condition; it was formaldehyde. Nor did the hasher find him in jail,

but in the dissecting lab upon the Hasher's work table. Just another individual whose earthly clay was doing its last bit for the world through science that others might profit. Thus it brings home to us the thought of how indefinite life really is—what a chance it is, after all.

Dissection Notes

Some visitors were in the other day and thought that the fire-department was there, but it was just some students trying out about thirty feet of intestines to see if they leaked or not.

A Meckles Diverticulum was discovered in Cadaver Gates.

We think those girls from the 4 C's must have advertised the sights they saw up here, because there have been so many lady visitors recently. Dr. Woods accordingly has put a ban on visitors, because said flappers distract the dissectors in their research work.

There is a rumor around that a certain student is dissecting a man he used to feed in a neighborhood beanery. According to that we are taking big chances eating in said joints.

Marlow: "Say, Doc. what makes the muscles in this cadaver so rotten?"

Dr. Woods: "On account of being in such bad company."

Ouch!
Chevalier: "What makes the intestines in Gates so constricted?"

Dr. Woods: "I guess he was scared on the way down."

Faculty Man Makes Startling Discovery

(Continued from page one)
ress he was forced to change his plans and give up his secret at once. According to the Doctor, 99 women out of every hundred were afflicted and 94 men from a like group. Every case treated would be worth at least \$200.00, and just figure it out for yourselves, 10 patients a month at 200 per—. "I am only going to charge you students \$25.00 for this marvelous secret," quoth John, "\$12.50 payable now and the other 12.50 thirty days from now. The course consists of only one lesson. It is for the treatment of ENTEROPTOSIS. Give the patient one glass of pure cow's milk in which has been placed 3 ounces of steel filings, and then suspend a heavily magnetized bar of iron around the patient's neck. Leave your \$12.50 with Gehman as you pass out—That's all."

Heads Up, Students!

Our youngest subscriber to the Revolving Fund doubles her subscription this year. The little lady is less than three years old and already aspires to be an Osteopathic Physician. She gives treatments and gets the money. How's that, you "Student Physicians?"

Man is a creative being—that is, a conqueror of the impossible.

From the Field

Earl Curtiss
R. F. D. No. 2
Lowell, Mich.

The Log Book,
D. M. S. C. O.,
Des Moines, Iowa.

Dear Editor:

I have been jumping around over Michigan prospecting for a location. During the various sojourns I have met and talked with a number of practitioners, some of whom are guilty of 'most anything, even to an indulgence in the humorous. One relates the following:

A certain buxom girl, one of those unfortunate individuals who happened to be burdened with surplus avoirdupois, was attending a class in ancient history. The Prof, pointing her out, asked:

"What made the tower of Pisa lean?"

"I don't know," she replied, "I'd certainly take some if I did."

That patients are prone to misinterpret a diagnosis is common knowledge, but this one might be chalked up against the ambiguity of the English language:

A Jewish lady suffering some discomfort in the abdominal region made a visit to the doctor.

On returning home the lady excitedly informed her husband that she was going to have twins.

The husband, displaying no less excitement, wanted to know just what the doctor had said.

"Well," she made reply, "He examined me thoroughly and finally said, 'You have too little gastric juice in you.'"

At a recent banquet a few stories were related which could hardly be classified as "appetizers"—to wit—

Two young fellows were eating raw oysters in a restaurant. Jack finished eating his in a hurry and left the room to telephone. Upon his return he noticed that Roy had one large oyster still on his plate. Jack wondered why the delay in finishing the lunch, whereupon Roy informed him that he could not eat it. Jack immediately proceeded to devour the article in question, saying, "That's the way to eat 'em up." "Yes," said Roy, "but can you hold it down?" "Well, I can't see any reason why I can't," retorted Jack. "Maybe not," came the consoling reply, "but I swallowed the dam' thing three times and couldn't keep it down."

Being somewhat under the influence of the fermented juice, a man was partaking of a full-course dinner. The salad was laid down to him and was bedecked with the conventional thousand island dressing. With a critical gaze the inebriate looked it over and finally queried: "Food to eat, or food I have eaten?"

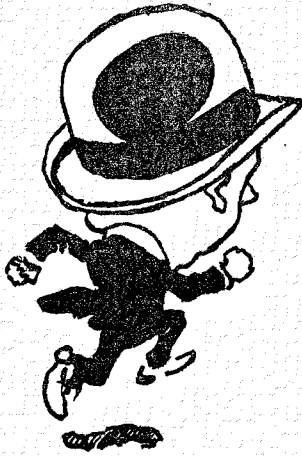
I have not received a Log Book since I left school. If such is not contrary to Hoyle, please put me on the mailing list, and oblige

Yours of recent date,
Bob Lustig.



The Observer Says

The Advent
Of Spring
Has been doubly
Guaranteed
By the
Appearance of
Angus
Manicuring
The North Campus
No Oswald
The black boxes
The students have
Been carrying around
Lately aren't
Blood Pressure outfits
They're
Glossy Print's
Snap Shot Brigade
Of the Stillonian
However
The fur lined Bath
Goes to the
Bozo
Who deposited
2c
In the Stillonian
Contribution Box
We fear that if
The above were made
Public
Every student would
Hang out
A box marked
Contributions
The veil of
Mystery
Surrounding
The charred blackened
Object to be
Seen intermittently
Protruding from the
Mouth of manly
Mike Hannan
Reliable information
Says its a
Pipe
Some of the fairer
Sex
From the far untrammelled
Wilds are still
Camera Shy
It won't hurt
Girls
All students are
Requested to
Refrain from walking
On the grass
In crossing the
Campus
While returning from the
Morning
Breakfast hour
Period.



Hurry Up!

*Your Last Chance to Enter a
Subscription for the*

1925 STILLONIAN

*The Biggest and Best Year Book
Ever Published by D. M. S. C. O.*

**Every Field Doctor and Allumni Should
Have a Copy in His Office**

**Fill in the Coupon and mail *today* before it is
too late. Delivery Not Guaranteed on Subscriptions
Received Later than May 1st.**

Enclosed find five dollars (\$5.00) for which I am to re-
ceive one (1) copy of the "Stillonian" 1925 as de-
scribed by the Log Book of Des Moines Still College of
Osteopathy.

Name_____

Address_____

Date_____

Please PRINT name and address clearly

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of October 3, 1917, authorized February 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

April 15, 1925

Number 19

Stillionian Is Now on the Press

All copy is in—forms closed, and press run begun on the 1925 Stillionian—D. M. S. C. O.'s greatest year book.

The hearty co-operation of the student body and faculty in the matters of photographs and copy has enabled the staff to prepare the book in record-breaking time. Every department has been handled in a thorough and efficient manner, and when delivered the book will become one of the most coveted of student possessions.

Barring all accidents, the Stillionian should be ready for delivery some time between May 1st and 15th. And in view of the fact that this is the first book published for a number of years, it has been suggested that the day delivery is made be called "Stillionian Day," and appropriate observance (no classes) be made of the same. However, at this time the suggestion has not been acted upon.

General Clinic Breaks Records

In a previous issue of the Log Book an article appeared, descriptive of the work conducted in the General Clinic. The following will give a small amount of concrete evidence of the actual work done during the past year.

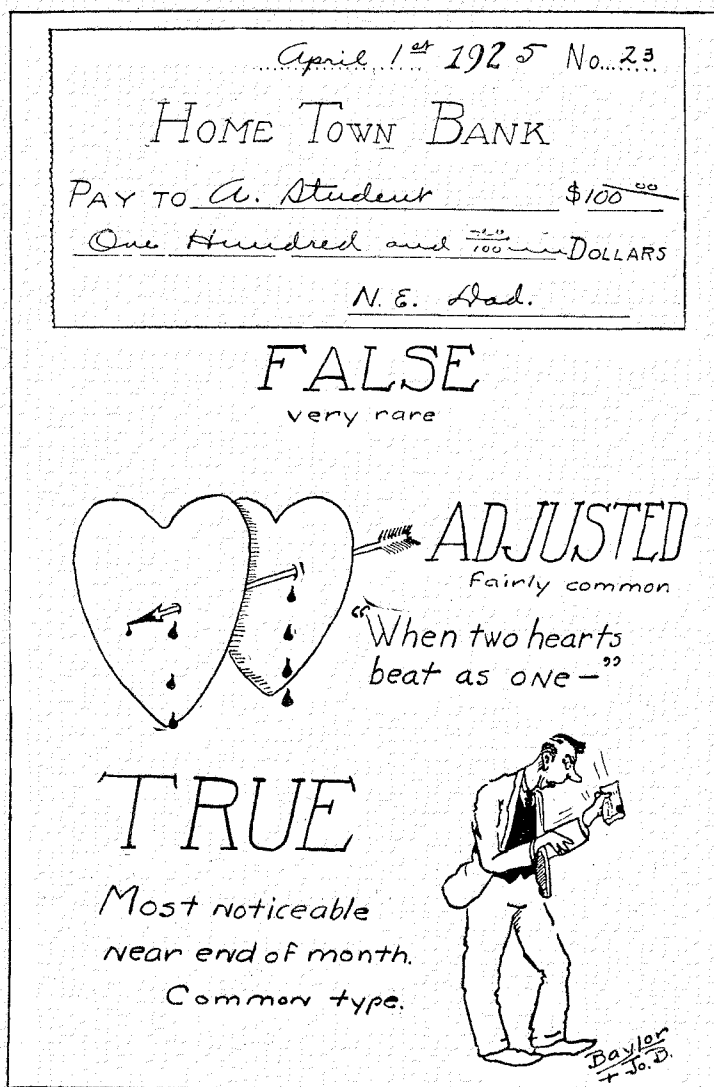
During this period approximately 15,725 patients were examined in General Clinic. Over one hundred and eighty cases received the services of the Obstetrical clinic; sixty-five cases were treated in the Gynecological clinic; thirty-five proctological cases; sixty-five "Nervous and Mental" cases and ninety in the Eye, Ear, Nose and Throat section. The above figures, while not including General Treatment, will give a fairly comprehensible idea of the vast extent of the D. M. S. C. O. clinics.

Consider the service rendered the patient in the specialized clinics and the cost to the patient! Is it not amazing? Few students or Field men fully realize the vast work being carried on by this department of the college.

The clinical work required of all students is one of the most important phases of their training as Osteopathic Physicians. It is in the clinic that the embryo Doctor gains that degree of self confidence so essential to success in actual practice—it is here that he learns to meet patients, to detect and judge per-

(Continued on page 2)

LESIONS



Iowa Board Exam Dates Announced

Dr. R. B. Gilmour, Secretary of the State of Iowa Board of Osteopathy, announces that the Iowa State Board of Osteopathy will hold its next examination May 18th, 19th and 20th at the Capitol Building, Des Moines. The fees for examination will be \$20.00 for Osteopathic Physician and \$25.00 for Osteopathic Physician and Surgeon.

Requests for applications to the State Board should be addressed to Dr. R. B. Gilmour, 407 Security Bldg., Sioux City, Iowa.

Freshmen A's Have Gala Time

April Fools? No, indeed! Although some of us had so much fun that we felt foolish.

The music that drifted out to the world that evening more than satisfied passersby as to how the class of '28 can enjoy themselves outside of classrooms.

Who suggested it in the first place, we can't remember. At any rate, the vote in its favor was so nearly unanimous that the committee started things rolling at once. That memorable night, April third, found us all there, ready for one of the best times of our lives.

In a short time, some of the boys began to warm up to the

(Continued on page 2)

Honorary Frat to Be Installed Here

Through the influence of Dr. H. V. Halladay and Dr. George Hurt, a chapter of Sigma Sigma Phi, honorary Osteopathic fraternity, is to be installed in D. M. S. C. O., Friday, April 24th. Installation will be made by officers from the chapter at Kirksville.

The purpose of the Fraternity is to inspire the student body to higher scholarship, and to work for the betterment of Osteopathy and our college.

As a nucleus for the foundation of the local chapter five men were elected from Iota Tau Sigma, Phi Sigma Gamma and Atlas Club respectively, and five men from the student body. After organization, members will be elected by the fraternity, from the student body as a whole, regardless of other affiliations, to fill vacancies on the roll created by graduation. The membership will be confined to the Junior and Senior classes and will be based upon high scholarship attainment and service to D. M. S. C. O. and the Profession.

The advent of such an organization as Sigma Sigma Phi into our school is indicative of the progress the institution is making, and is indeed an honor. It is predicted that in the years to come this organization will develop into one of the strongest factors in student life at D. M. S. C. O. Now there will be a worth-while reward for high scholastic standing—recognition for service rendered and, of equal importance, a stimulus for the development of a stronger school spirit than has heretofore been manifested.

The men chosen to compose the first chapter of Sigma Sigma Phi in D. M. S. C. O. are: Montgomery, Howland, Homer Sprague, Joe Rader, Homer Thomas, H. B. Poucher, M. E. Green, Carl Gephardt, O. H. Olson, Don Baylor, Louis Miller, Bob Murphy, Leonard, Nelson, Koschack, Hoffman, F. O. Harrauld, Butcher, Milton Conn and Ross Robertson.

Officers elected were Baylor, President; Rader, Secretary; Montgomery, Treasurer; and Koschack, Sergeant at Arms.

Notice

Beginning July 1st, 1925, all holders of Iowa certificates to practice Osteopathy will be required to pay an annual renewal fee of \$1.00 to maintain their license in force.

Letters of a Freshman

Dear Pa:—

Things have been mortisem-blant around here of late and i will try and make some news. I have bin kind of nervous lately some of the frat men have bin watchin me an i dont get the drift. One of them said to another that i was kind of silky. The other one sais yes corn silk. Any how i aint got a button yet. These frat boys sure are bashful i dont see why they dont pop the question.

I aint herd from M— for quite a spell maybe my letters have bin too much in the words. Sometimes I get that way. Ast her the next time you see her why she dont writ. You can save me the trouble and stamp. In a week or so the town is going to runnin wild. The relays are comin off. I just cant hardly wait. Send me five dollars cause i got to get a new percussion hammer i have wore the other one out. Be sure an write before the relays. We got some new clocks down at school yep the school is gettin right along it is right up to the times. Thanks for the cake it did not last until Easter some of the boys were afraid it would not keep so they helped me eat it. Just the same I am a ready customer. Leave the rest of the trimmin til i get home i got to get in practice of trimmin things.

Your son

Adam L.

P. S. Am sending heavy quilts home.

Are You Looking for a Location

Dr. R. D. Hardie, who has been practicing at Galena, Illinois, for the past eleven years, is forced to give it up on account of ill health, and is desirous of securing a competent D. O. to take over the practice. Galena is a good town, located in a prosperous community where osteopathy is well known. This should prove an excellent opportunity for some one.

Dr. V. B. Smith of Boone, Ia., wants someone to take over his practice for a period of at least six months. Anyone interested may secure full particulars by writing the school.

General Clinic Breaks Records

(Continued from page 1)

sonal peculiarities and idiosyncrasies—to apply the fund of theoretical knowledge he has been accumulating.

D. M. S. C. O. is justly proud of the record her clinics have made, and is confident that there is not an Osteopathic school in the country that can surpass them in either Quality or Quantity.

Fraternity Notes

Alpha Xi Iota Sigma

On a recent sunny Sunday morning we hiked to Greenwood Park. Olive officiating at the stove, the bacon and eggs proved eatable.

Lois was absent from our midst last week. We understand she was looking over the "Land of the In-Laws."

In spring a young man's fancy—"You know the old tale—Well, if you don't, please inquire—Casey Jones.

Delta Omega

Surprise! Un-huh! and on Mother Halladay. All the girls of the school are planning on gathering at the home of Mabelle Moore and proceeding en masse to the home of Dr. H. V. Halladay on Wednesday evening, April 15. On that day, Mother Halladay becomes another year younger, and all the girls want to help her celebrate and wish her well.

Monday evening, April 13, the active Delta's met at the home of Dr. Ferne Woods and initiated Helen C. Moore. It had been quite a while since the girls had been at Ferne's home, so it was a real get-together. Dr. John managed to get home in time to get a hand-out, gaining admittance through the kitchen door while Dr. Bean inadvertently drove up just as refreshments were being served, and likewise was invited to join 'em for the "eats." The two men tried to talk, but finally sat back and had to listen. Ain't it awful?

Atlas Club

Thursday, March 26, "Daddy" Bachman gave a very good lecture on goitre. "Daddy's" lectures are always looked forward to by the boys.

Several pledges took first degree work April 2. The riding was rather easy, but no shock absorbers will be available next time.

Dr. Woods favored us with a lecture on Physical Diagnosis on April 9. Handsome Johnny is very practical in his work. His subjects are intensely interesting and valuable.

The pledges look worried, but there is no necessity for same, as they cannot possibly imagine what will happen to them second degree night.

Bro. Bob Lustig, January, '25, reports that he is located in Grand Rapids, Mich., and expects to do everything, even O. B. work.

Bro. Richardson has an antique Ford. He bought it for better or worse. The motor was warm when he got it, but when it cooled off he couldn't start it. He was advised to get a hot-shot battery for it and did so. When he went to install it he found one under the back seat already connected up. Upon close examination he found Lizzie entirely devoid of all pep. The skull was also fractured, and the nervous system lacked irritability. The lungs are O. K., but there is a death rattle with each cough. It has leakage of the valves, radiator and carburetor.

The car has a healthy appetite and eats up much gas, oil and H₂O but not much road. He has invited several friends out for a ride but they couldn't get it started. Ross has asked advice, and several brothers have figured out that he will get about 5 miles per gallon on gas, 2 miles per gallon on water, 10 miles per quart on oil and 25 miles per tire on wheels, which equals about 500 miles per car. Now if Detroit is 700 miles from Des Moines, he will have to walk the last 200 miles.

If the car cost him \$30 and will only carry him 500 miles, and his train fare would be only \$25.00, he would be just as far ahead if he gave someone \$5 to take it out and lose it. Cards of sympathy will please be sent to the fraternity house.

Iota Tau Sigma

With the advent of spring and housecleaning, a number of the more prosperous brothers have blossomed forth in Easter regalia.

Beta Chapter takes pleasure in announcing the pledging of Delmer Stanninger, '28, to Iota Tau Sigma.

Puss Richardson entertained the "chosen one" at his home in Austin, Minnesota, last week end.

With the closing of the Homestead cafeteria, some of the brothers are lacking a feasible excuse for leaving A. B.'s eleven o'clock Orthopedic class early.

"Monkey" Nye has selected as an avocation training of wild animals.

Deke Jones essayed to raise a moustache, but in deference to the wishes of some of the older men, desisted.

The chapter is looking forward with great anticipation to the coming Relay Dance, to be held at the chapter house April 25th.

Dr. Jake Wedel of Winterset visited the house Sunday, April 5th.

Brothers Odell and Watkins spent the past week end at their respective homes getting some of Ma's good cooking.

Freshmen A's Have Gala Time

(Continued from page 1)

situation. Who could help it, with such music as the Blue Diamonds furnished us? Warmer and warmer, and then our Virge to the rescue. Does he know summer styles? Well, we guess, for after that the boys danced calmly and coolly, sans coats.

During intermission, we were entertained with a group of songs by Mr. and Mrs. Kroll, friends of our classmates, also, Virge Halladay and his syncopators played for us.

Our chaperons were: Dr. and Mrs. H. V. Halladay and Dr. George Hurt.

Yes. It was certainly a huge success. Everyone there assured those who missed that it was, and all are hoping that we may soon have another big time.



Health Hint: Eat greens to avoid having the blues.

One of the student obstetricians reports the following version of the universally known child prayer, heard while "on duty" in "Little Ethiopia":

"Now I lays ya daown to sleep An' doan' yo let me hear yo peep. Yo runs me crazy when awake; Now go to sleep, fo' de good Lawd's sake."

Messerschmidt thinks her Ford has that "gas consumption" she has read about—it coughs so much.

Butcher says that courtship consists in a fellow running after a girl until she has caught him.

A. B. Taylor says the most confirmed pessimist he knows, not only wears a belt and suspenders, but carries a card of safety pins in his pocket.

Pinkie Schwartz defines a parking space as a place where you leave your car to have the fenders crumpled.

When asked why he slept in class so much, Hibbard replied that a great medical authority once said that when "the eyes are closed the hearing becomes more acute" and that he was experimenting to determine whether the doctor's theory was true or not.

Albert: "Ma, kin I go out in the street. Pa says there is going to be an eclipse of the sun."

Ma: "Yes, but don't get too close."

Doctor: Have you taken every precaution to prevent spread of contagion in the family?"

Rastus: "Abs'lutely, doctah. We eben bought a santary cup an' we all drink out of it."

First Little Girl: "Do you believe there's a devil?"

Second: "No! It's like Santa Claus. It's your father."

Some Money

I am twenty-five cents.

I am not on speaking terms with the butcher.

I am too small to buy a quart of ice cream.

I am not large enough to purchase a box of candy.

I am too small to buy a ticket to a movie.

I am hardly fit for a tip, but—believe me, when I go to church on Sunday, I am considered SOME MONEY!

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President S. L. Taylor
Editor Don Baylor

Osteopathy Without Limitation

Be on Your Guard

I will waylay you in unexpected places and rob you of your peace of mind, giving in its stead disturbing fancies.

I will upset your mental routine, and renew the colors of faded memories.

I will awaken the echo of half-forgotten songs; I will try to coax you away from desk and workbench to green places afar off.

Unless you are very old and crafty, you cannot hope to escape me.

My agents will be lurking outside your window when you awake and they will send stealthy messages to you by wireless when you try to sleep.

I will cause you to wonder whether Ambition is not Illusion, and if the Beckoning Road is not the destined path for you.

Children laughing in the street and birds hunting nests are my special representatives.

The sun and stars are my allies; the south wind does my bidding.

Steel yourself to resist me. Take a firm grip on respectability and permanence and humdrum—

For I am Spring!

Ontario Osteopaths

The recurring question of the status of osteopathy in Ontario is again before the Legislature. There are some general principles to which open-minded members of the medical profession will yield assent, and to which the Legislature should give statutory recognition. For example, those who make a practice of diagnosing and treating the ailments of the human body should first have undergone an adequate course of training and instruction, and have passed certain tests which the State, as the custodian of the public well-being, has the right to prescribe. A person should be assured that when he consults a practitioner of the healing art the latter shall be fully qualified, according to the official standards set for the particular school to which he belongs, whether it is allopathy or osteopathy. There are seven colleges of osteopathy in the United States, three of which give a five years' course, and the others a four-years' course, yet the graduates of these institutions are put on a level by the laws of Ontario with so-called osteopaths who have had little or no training by comparison. This state of affairs is unjust to the qualified osteopaths, and in permitting it

"I Planted a Seed"

I planted a seed in the cool, dark ground,
Then waited for it to grow.
While the sun and wind and dew and rain
And the mantle of winter's snow
Lent comfort and warmth and food and drink
To that little seed below.

I planted, deep within my heart,
A seed of revenge, and so
While the storms of life beat on my breast,
I allowed that seed to grow,
Until it filled the whole of my life
With sorrow and hate and woe.

I planted a thought within my heart,
A thought of love, you know,
And let the light of heaven shine in,
Until it began to grow,
And to fill my life with beauty and hope.
Until it was all aglow.

Each day we have sown various seeds,
And fruit they will surely bear.

'Tis not alone the storms of life
That have made us what we are,
Nor the light of love from God above,
But the seeds we have planted there.

—Olive Matthews.

to continue the Legislature is not protecting the public as it should.

The relative merits of medicine and osteopathy, using medicine as a convenient term for the older school of healing, are not involved. People should be free to choose one or the other. There are fundamental studies in the healing art common to all schools, and the State may properly insist that these studies shall engage as much of the time of the student of osteopathy as of the student of medicine. If this test is met there should be no discrimination, and there would be no argument for restricting the title "Doctor," "Physician," "Surgeon," to one class of licentiates, as proposed in the bill now before the House.

The problem would be simplified if there were a college of osteopathy in Ontario, and the Legislature should remove the obstacles to the project. The educational standards of the medical profession in Ontario are admirably high, and safeguard the public. Osteopathic practitioners who have conformed to similar standards should have similar rights and privileges. The large number of people who take osteopathic treatment are also entitled to protection.

The above clipping was taken from a recent issue of a Toronto daily. It gives a clear, concise and unprejudiced opinion on the subject involved, and is well worth the deep consideration of every Osteopath.

Dissection Notes

A very good specimen of "rotated vertebral bodies" may be seen in cadaver No. 5, also a splendid case of aortic sclerosis. Now that these spring days are so nice, some very marvelous speed is exhibited in cutting the cadavers. The fellows don't realize what territory they cover till they go home and write up their notes.

The "Dissection Room Quartet" may be heard any afternoon. There are also rumors that four perfectly healthy bodies will be available for dissection in about a week, so draw straws early to see who gets the tenor.

Someone has a bad habit of turning the water off about the time the surgeons desire to cleanse their hands. It leaves them in a dirty mess.

All gold fillings from cadavers' teeth will be turned in to Dr. Woods, please. Microscopes cheerfully furnished to locate said jewelry.

The facts of astronomy are overwhelming and so stupefying that there are moments when human speech is stricken dumb, and one is almost tempted to cry like a child in the dark, or even to howl like a dog, which is the dog's way, I suppose, of expressing cosmic emotion. Verily, the highest cannot be spoken: the mere vastness of it completely baffles us. "The stars above us and the graves beneath us." Great God, what a universe! And yet we discuss it over our tea-cups as though it were a thing we carried in our waistcoat pockets.

HIS TOUR OF INSPECTION

"Yes, sir," declared the stout man in the smoker, "now that I have wealth and leisure, I propose to check up on the song writers."

"As to how?"

"First, I'll count the sycamores along the Wabash and then I'll inspect those braes of Maxwellton."

"Do you understand what is meant by invisible government?"

"Personally speaking," said Mr. Meekton, "I do. My wife gives me a list of errands every day by telephone."

Minister: "Do you think they approved of my sermon?"

Wife: "Yes, indeed, they were all nodding."

Edith: "How is it that you get so many joy rides?"

Madge: "Oh, I practice auto suggestion."

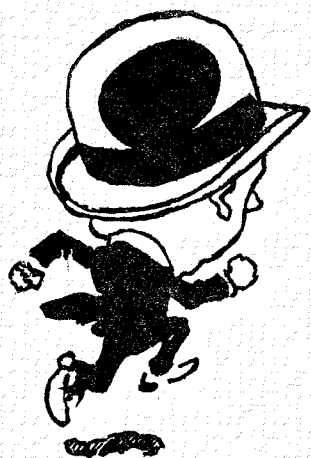
An Idaho man was fishing in Lake Crescent recently. He caught a big northern pike, the biggest he had ever landed in his long and busy life. He was elated. He was crazed with joy, and he telegraphed his wife: "I've got one; weighs seven pounds and is a beauty."

The following was the answer he got: "So have I; weighs ten pounds. Not a beauty—looks like you. Come home."



The Observer Says

Well, well
Tom Mann
Verbally proclaimed
That he wished
He had a
Brain
Dr Steffen
Diagnosed the
Condition as
Infantile Senility
Quite true Doctor
Quite true
Prof Sutton
Says to Doctor Woods
I saw
You in
Church last Sunday
John replies
Yes I'm having
My car
Repainted
What's the matter
With yours
But Bone
Cops the
Fly paper kimono
For Life's Most
Embarrassing moment
(Investigate)
It's all right
Deany
The students
Ought to sleep
During the first
Half of
April
They've just
Finished a
March
Of
31 days
You boys
That are
Burning mid
Nite oil
For State Board
Want to
Remember
That Luck
Has a queer way
Of favoring the
Fellow
Who doesn't
Count
On her
Period.



Hurry Up!

*Your Last Chance to Enter a
Subscription for the*

1925 STILLONIAN

*The Biggest and Best Year Book
Ever Published by D. M. S. C. O.*

**Every Field Doctor and Alumni Should
Have a Copy in His Office**

**Fill in the Coupon and mail *today* before it is
too late. Delivery Not Guaranteed on Subscriptions
Received Later than May 1st.**

Enclosed find five dollars (\$5.00) for which I am to receive one (1) copy of the "Stillonian" 1925 as described by the Log Book of Des Moines Still College of Osteopathy.

Name _____

Address _____

Date _____

Please PRINT name and address clearly

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of October 3, 1917, authorized February 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

May 1, 1925

Number 20

Honorary Frat Installed

Beta Chapter, Sigma Sigma Phi, honorary Osteopathic fraternity, was formally installed Friday afternoon, April 24th, at the Grant Club. The ceremony was conducted by the officers of Alpha Chapter at Kirksville, Missouri, assisted by Field Members, Doctors Virg Halladay and George Hurt.

After the recuperation and resuscitation of the candidates and the safe tethering of the Official Goat, a brief business meeting was held. At 6:30, all who were physically able partook of a bounteous repast, after which short talks were made by the newly initiated brothers, the visiting officers and Drs. Halladay and Hurt. The meeting then adjourned to the Orpheum, where the chapter entertained the visitors at a box party. The only regret of the evening was that Robertson was unable to find the desert that Louie Miller had lauded so highly.

Those initiated were Dr. J. P. Schwartz, Baylor, Poucher, Green, Gephart, Olsen, Montgomery, Howland, Sprague, Rader, Thomas, Miller, Koschack, Nelson, Leonard, Murphy, Harrold, Butcher, Hoffman, Conn and Robertson.

Inter-Class Track Meet

Friday, May 8th, has been selected as the date for the Annual Inter-Class track meet. Enthusiasm is running high, and all classes are concentrating on beating the sophomores, who walked away with last year's race.

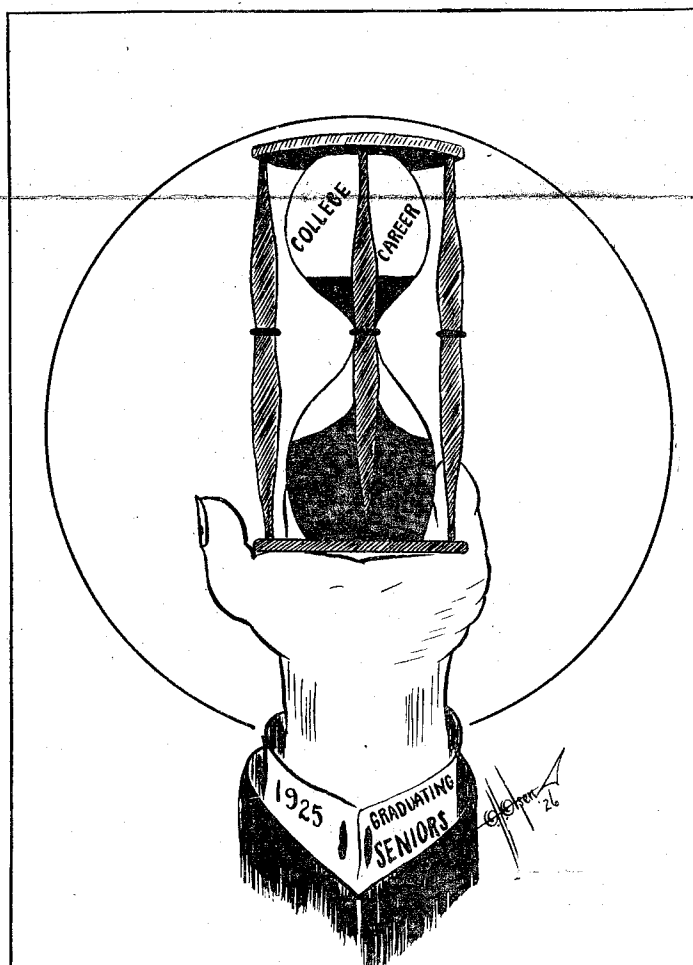
The meet will be held in the West High stadium, and the program will include a full list of track and field events. Class teams and fraternity relay teams are hard at work training for the event, and some records are expected to fall.

The two most popular events on the program are the special 100-yard dash and the inter-fraternity relay. There are some exceptionally fast men in school, and the 100 should go in pretty good time. The relay is always fast and plenty of competition.

It is rumored that there will be a special feature race for the members of the faculty only—the man who is physically able to run the shortest distance winning.

The entire student body is expected to attend this event, as it is one of the most outstanding affairs of the entire school calendar.

SENIORS



"TIME WILL TELL"

Alumni Active

The D. M. S. C. O. Alumni association is on the job every minute planning for the betterment of the college and the relationship between the field men and the school.

In a recent communication from Dr. B. M. Hudson, secretary and treasurer of the association, he states that extensive plans are being made by special committees for reunions to be held at the coming Central States convention and the Toronto convention.

The college is indeed gratified to learn of the intense interest manifested by our alumni organization, and consider it an added laurel to the school to have such a loyal alumni organization.

J. P. Schwartz Honored

In recognition of his invaluable service to the Des Moines Still College of Osteopathy, as a member of the faculty and as the guiding genius in all movements for the betterment of the college and student spirit, Dr. J. P. Schwartz was elected and duly initiated as an honorary member of Beta Chapter, Sigma Sigma Phi, Friday, April 24th.

The Doctor was also elected faculty advisor to the Pan Hellenic Council at its last regular meeting.

What most of us need at the moment is not so much a new definition of education as a new vision of it. Visions are more potent things than definitions.

Stillonian to Be Out in Record Time

By the time this issue of the Log Book goes to press, the press work on the 1925 STILLONIAN will have been completed and the book ready for the bindery department. Provided there is no delay in the receiving of the covers, which are being made in Chicago, the book should be ready for delivery not later than the fifteenth of May.

Considering the fact that the entire idea was conceived and executed in so brief a time, the vote of appreciation is due the entire staff. Rumor has it that the publishers say it is one of the best books they are publishing this year, and that includes some of the year books of the largest schools in the state.

Profiting by the experience of this year's staff and the wealth of material available, next year's publication should be without peer. The student body is urged to begin now, collecting and preserving snapshots, jokes, and suitable material for next year's book.

Surprise Party on Mother Halladay

Well—the girls of the school (and a large majority attended) who were present at the surprise party on Mother Halladay were themselves treated to a surprise, and a pleasant one, too.

Dr. Virg. Halladay addressed those present, his subject being the "History of Osteopathy." This was interesting, and also highly instructive. Following his lecture he gave 'em another real treat by allowing free admission to his den and all the specimens therein.

Mother Halladay was delighted with the affair, which went off, from beginning to end, with a "bang." Needless to say, she was decidedly fussed at first, but regained her poise before the evening closed.

The girls presented her with a blossoming stock in lavender.

Ice cream, cookies and coffee were served, after which the girls reluctantly returned to their books.

Notice

Beginning July 1st, 1925, all holders of Iowa certificates to practice Osteopathy will be required to pay an annual renewal fee of \$1.00 to maintain their license in force.

Letters of a Freshman

Dear Pa—

The check got here today but the Relays are over so I won't have to buy the hammer. I was one of the teams trainers. The team was pretty good but their coach tho't that they ran too long in the same place. I have been wondering about it every since. After all I believe he was right a team should go away from home once in a while. That would be one way of covering more territory. One of the fellows in the band out at the Relays said that the last strain was awful and when I asked him what race he was talkin about he got mad—these musicians are sure electricistic.

Tell ma I will never remonstrate (a new word I learned) against wearing heavies again. A lot of the college boys from out of town even wore their heavies over their B. V. D's. Some of them even had red flannel ones. These college boys even wear their heavies wide at the bottom. I saw some girls who must have been from the Indian school cause they sure had the war paint on. Judging from the amount of clothes some of them had on I tho't they were going to race, too. When the second man on the relay team started to run the girl next to me asked what inning it was I told her I tho't it was the beginning of the second quarter. Gee these girls are dumb. Well Dad you sure made a good investment when you sent me out here I am learning my Osteopathy good and fast, I gave one of the boys a treatment the other day and he aint been back any more so I guess I must of cured him. I got to close now cause I am going out on a date with one of the boys to study Anatomy.

Your son,
Adam L.

P. S. Please answer on pink paper.

Are You Looking for a Location?

Dr. A. P. Kottler of Chicago, after twenty years of active practice, has been forced by ill health to retire from the active list. His practice in the city of Chicago is now available. For further details write either the Doctor or the Log Book.

Dr. R. M. Packard of Oakland, Nebraska, has notified the college that his practice in that city is for sale. This would prove an excellent opportunity for a graduating senior to locate in Nebraska.

Dr. J. E. Veon of Bakersfield, California, is desirous of obtaining the services of a graduate physician to take over his practice for the period from July to September. And should the service rendered prove satisfactory, the opportunity would be available for a permanent connection. Anyone interested may communicate with the Doctor direct or write the college.

Fraternity Notes

Iota Tau Sigma

Now that the interior decorating is practically completed, the chapter house again resembles a homelike abode.

On Saturday, April 25, Beta Chapter entertained at an informal dancing party at the chapter house in honor of house guests attending the Drake Relays. Frank Juby, Elgin Illinois, was the guest of Marlow and Poucher; Kerns and Hookey of Ames were the guests of Dave Skidmore; Stan Knapp of the State University of Iowa and Jim Barnes of Des Moines were the guests of Jim Cochran; the Ohio Wesleyan relay team, Jim Pierce, Chick Pearce, Roland Rosser, Winfred Helms and George Hill, were the guests of Deke Jones. And the members of the Estherville High School relay team were the guests of the fraternity.

General house cleaning was in vogue on the Thursday prior to the Relays, and the chief command was "Don't tell my mother you saw me doing this."

Tiny Benien has supplanted the far-famed Sandow as the world-known strong man. Tiny selected a highly psychological moment to "do his stuff" much to the discomfort of some of the brothers who had retired).

Pledges to the fraternity, Stenninger and McFarland, were given the first degree of their initiation Monday evening, April 27.

None of the brothers have been married during the past two weeks, but it is seriously doubted if some of them will be able to continue in the Blessed Single State until the end of the school year.

It is rumored that Sherwood Nye is suffering from a slight attack of amnesia. Have you noticed that happy smile that has been in evidence the past month or so?

Atlas Club

Second degree initiation was held April 16th, and the boys all had a warm reception. Wally Walker in particular had a hot time. Accidents will happen, Wally. L. E. Schaeffer, Arthur Dutt, Dud Wire and Jim Humphrey were also given the warm hand. Welcome to our frat boys.

The Atlas Club will hold a dance at the Grant Club Friday, May 1st. A good time is promised by the committee.

We are all glad to see a chapter of the Sigma Sigma Phi inaugurated at Still College, and wish to say that the Atlas Club is behind it with sincere wishes for success.

The semi-annual banquet will be held about May 15th, and the boys should all work up a good appetite for said occasion, as we always have a great time.

Brother Richardson wishes to inform the brothers that his Ford is now running, he having encouraged it to start last Sunday to take some friends up to hear Dean Johnson preach. The ride was uneventful till they came to a hill, whereupon all passengers were requested to get

out and push. The rest of the ride was O. K., as it was all down hill. It is rumored that Ross loses more religion in getting it started than can possibly be recouped in several sermons. Ross says he realizes the remote chances of getting to Detroit with it, and is looking for a mechanic as a fourth passenger, the other three being pushers.

Sheriff Reed is to receive a degree from the Anatomical Society on the following credentials:

Says Dr. Wood to Reed: "What is the largest cranial nerve?"

Says Reed to Dr. Woods: "Trigeminal."

Says Dr. Woods to Bro. Reed: "Yes, all great anatomists agree upon that."

P. S.—This lets Dr. Woods in on an honorary degree, also.

P. S. G. Notes

Seven days a week don't suffice for P. S. G. activities, now that it is time for suspension of school activities.

Dr. C. W. Johnson, Dean, gave the brothers a talk which left an indelible impression. His talk along the line of professional ethics was delivered in such true Johnsonian style that it made the evening a short one.

Dr. Grile, M. D. of international fame, gave a well delivered address upon the subject of Malpractice. We think the committee should be commended for obtaining such a speaker.

The chapter house was turned over to the atlas club for one evening, the occasion, a smoker.

The first Pan-Hellenic Council meeting was held in the chapter house, and Dr. J. P. Schwartz was chosen to address the meeting. His talk, "Hash," was an inspiration to freshmen as well as to graduating members. Plans were made for the first Pan-Hellenic dance.

Mr. Guthrie of Ohio State University was a visitor at the house during the week end. Guthrie capably defended O. S. U. at the Drake Relays.

The chapter house was filled to overflowing during the Relays, Grinnell, Simpson, Ames, Kirksville and Buena Vista were all represented.

Baumgartner and Rawson of Alpha chapter spent last week with Delta chapter.

Johnson and Chambers, Theta Psi, spent the week end at the chapter house.

Dr. Johnson of Jefferson, Iowa, was a week-end visitor.

Joe Rader has his "Rolls Ruff" on four wheels again, and has wired his golf clubs on the running board to add style.

Brothers Spencer and Conn spent a hectic week in Ohio and the wilds of Michigan. They prayed for a car like Rader's before they reached Des Moines again. It was a long walk.

Sprague and Thellemen are offering the boys cigarettes just to show their new twenty-cent cigarette cases.

Pledge Schaeffer has a new playfellow now, in the person of Jerry Lambertson.

Gay Howland was disappointed in love again Sunday. On his



Lawless Proceeding

The teacher was giving the class a lecture on "gravity." "Now, children," she said, "it is the law of gravity that keeps us on this earth."

"But, please, teacher," inquired one small child, "how did we stick on before the law was passed?"

"Do you wish to marry again if you receive a divorce?"

"Ah should say not! Ah wants to be withdrawn from circulation!"

L. E. Shaffer told Dr. Spring, the other day, that the buccinator and masseter muscles were employed in raising the body on the toes.

It has been rumored around the campus that Wilson has been shaving for almost a year now. He asked Doc Woods the other day, "Say, Doc, do those two muscles on the roots of hairs make it easier for one to shave after a year's practice?" To which Dr. Woods replied, "I'm sure I don't know, but it might be so."

The Doctor also recently consented to impart his famous advice to amorous swains to the freshman A class. It follows: "When you are holding her hand, looking up into her eyes, say (with feeling), 'What beautiful lunulas you have, sweetheart!'" He says it always works. For more detailed technique, see the Doctor personally.

Drake Relays Bring Many Visitors to Still

The Drake Relays, held April 24th and 25th, afforded many of the friends and alumni of D. M. S. C. O. an opportunity to visit the college and renew old acquaintance.

Fraternities held special social functions for visiting friends and members and the entire school showed as much interest in the event as did the Drake students.

Dr. Allen, graduate of A. S. O., and athletic director and basket ball coach of Kansas U., gave an excellent talk in assembly on Friday morning. The absolute necessity of ideals and clean manhood and womanhood were the points stressed by the Doctor as being absolutely essential to success in any field of endeavor.

first date since the holidays, he had to leave before he became well acquainted, to soothe the passionate, wild calling of an O. B.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President ----- S. L. Taylor
Editor ----- Don Baylor

Osteopathy Without Limitation

"I'd Like to Know Your Mother"

Among the young men examined by a certain doctor for admission to the army was a young fellow so well set up and so clean of limb and life that the doctor remarked as he finished his examination, "Young man, I'd like to know your mother."

A boy does not often realize that in every test he is called to meet, there is someone else besides himself who is being tested, and that one of these is his mother. No boy with any real manhood in his make-up can wish to subject his mother to unfavorable criticism. And yet, though the criticism be unspoken, the mother of the lad who is acting unworthily, in most cases receives a measure of the silent blame. She may have done her best, but in spite of it all, the boy has gone contrary to her counsel, and is thwarting her efforts. The world at large cannot know this, and the only way it has of judging the mother whom they have not seen is by her sons whom they have seen.

No boy will go far astray if he tries to live so that people will say, or feel like saying, "Young man, I'd like to know your mother."

Sunday, May 10th, is Mother's Day. Let every student of Still College whose mother is living send her some token of his love and honor for her, wear the red carnation, and for those who are less fortunate—let them wear the white carnation and live the day with the memories of the best pal he ever had—his mother.

Students Donate Clocks

The student body recently purchased three excellent Seth Thomas clocks for the college. One was hung in the office to tell Rosie when to ring the bell, one in the rear of the assembly room to tell the long-winded speakers when to stop, and one in the main hall to remind the students of their classes. Whether or not the above is the exact purpose and use of the three new tickers, the school is more than proud of 'em!

It is evident that Joe Fader is a staunch believer in the saying, "It pays to advertise." From now on, please watch Joe's "car" for all announcements, instead of the regular bulletin board.

If she won't tell her age—time will tell.

Pan Hellenic Fraternities Meet

The first meeting of the entire membership of the Pan Hellenic Council was held at the chapter house of the Phi Sigs on Tuesday evening, April 21.

The talk of the evening was given by Dr. J. P. Schwartz, the faculty advisor of the Council, on the subject of "Hash." The "Hash" was served in three courses: first, general hash of interest to all on the subject of little details not included in class-room lectures, secondly, to the under classmen on the subject of concentrating on Osteopathy during the four years of the college course rather than in the last three months, and thirdly, to the graduating seniors on "Illegal Practice." The talk was invaluable to all who were present, and the membership is deeply grateful to the Doctor for the time and thought entailed in its preparation. Following the talk, a smoker was enjoyed by all present.

Dr. Florence Morris Leaving Des Moines

Dr. Florence Morris, for some time one of D. M. S. C. O.'s staunchest boosters in the city, has informed the Log Book of her removal from the city to take over the practice of the Drs. Shaw at Indianola, Ia. The host of Des Moines friends will miss Dr. Morris very much, but extend to her heartiest good wishes for success in her new location.

Mortality in City and Country Compared

Life is longer and health is better for those who live in the country and the smaller towns than for the city dwellers.

The rural boy, at birth, has a life expectancy of 7¼ years more than his urban brother, and the country girl may expect to live six years longer than the city girl. There are, however, a number of decidedly serious health problems for the rural population. For many important diseases, the rural mortality exceeds the urban. The data for a long period of years show this clearly and are worthy of consideration.

Whooping cough is an interesting example. In direct contrast to what happens for the three other important epidemic diseases of childhood, measles, scarlet fever and diphtheria, the whooping cough death rate is higher, year after year, in rural districts than in the cities. We have never seen a satisfactory explanation for this phenomenon.

In the case of cancer, the epitheliomata, or skin cancers, constitute a very interesting exception to what happens with respect to malignant growths in other parts of the body; for these cancers, in direct contrast to all others, show a much higher rural than city death rate.

Figures for disseminated or

Central Convention Is Drawing Near

Program arrangements for the coming Central States Osteopathic association's convention to be held here the 27th, 28th and 29th of May, continue to mark it as the outstanding meeting of the year with the exception of the coming Toronto meeting.

The leading men in all the branches of the profession are named to appear before the various sections, and the organization of complete and extensive clinics has been carried out by the committee for the various departments. The most outstanding of the clinics will be the surgical clinic held at the Des Moines General Hospital and conducted by the three greatest Osteopathic surgeons.

Practically all the national exhibitors will be represented—in fact, the exhibit space available has had to be increased several times. Record attendance has been further assured by the granting of fare and a third for round-trip passages. Approximately eight hundred osteopaths are expected to attend the convention.

Coming as it does, during the commencement week of the college, it is of added importance to the school. It will afford us an opportunity to show the profession the type of physician D. M. S. C. O. is turning out and also give them an opportunity to attend the commencement exercises.

general tuberculosis show that this is an exception to what applies for tuberculosis disease of the lungs and of other parts of the body; for general tuberculosis is the single type whose death rate runs higher in the rural districts.

Deaths from smallpox are more numerous in the country and smaller towns. This is readily explained by the fact that vaccination is more generally practiced in the centers of population.

The facts of influenza are of of exceptional interest; for the mortality invariably runs higher in the country. This applies not only to the great pandemics of 1918-1919 and 1920 but to the so-called "normal" years.

Among the diseases of the circulatory system, angina pectoris seems to be the one condition which generally (although not invariably) records a higher rural death rate. Among the digestive complaints the relatively few deaths caused by intestinal parasites occur mostly in rural areas. After two years of age, diarrheal conditions are a more serious problem in the rural district, in direct contrast to what happens in infancy when the urban death rate approximates 50 per cent in excess of the rural.

Among diseases of the genitourinary system, bladder complaints alone register higher rural mortality. This is just the opposite to what happens for



The Observer Says

With the advent
Of the
Balmy Breezes
An epidemic of
FORDITIS
Has struck
The college
The south campus
Is literally
Packed
With those Long
Powerful
Black
Touring cars and
Coupes
Of questionable
Vintage
And it is to be
Understood that the
Student body is
Of the Proletariat
Not of the
Common Herd
The small closely
Guarded papers
Students may be
Seen stealthily
Consulting in class
These days
Are not
Ponies
But
Miniature
Calendars
On which
They compute
Hour by hour
The remaining
Portion of the
Year
Angus's Cadillac
Is again on the
Turf
After a brief
Absence
One of our
Junior couples
Were observed
Pre-viewing
Apartments for
Next years
Reference
However
Drive on
The ice sign
Isn't out
Today
Period.

Bright's disease and other diseases of the kidneys. Among diseases of the skin and cellular tissue, gangrene invariably has a higher rural death rate.—Metropolitan's "Statistical Bulletin."

Notice!

As a result of the recent increases in Postal Rates it is IMPERATIVE that the number of Log Books now being returned because of incorrect address, be materially reduced.

Field Men

Co-operate with the College in stopping this heavy Financial Loss every two weeks by notifying us of your change of address.

USE THIS COUPON AT ONCE

If your address has been changed during the past six months.

Date _____

Name _____

My Present Address Is _____

Town _____

State _____

Please PRINT name and address clearly

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of October 3, 1917, authorized February 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

May 15, 1925

Number 21

D. M. S. C. O. Completes 27th Year

Commencement, Thursday, May 28th, will mark the official close of the 27th year of the Des Moines Still College of Osteopathy. It has been a year of success, accomplishment and progress. Its termination finds the college on a higher plane scholastically, the faculty a chain of specialists, in their individual departments, without a single weak link, and the student body, a group of serious minded, fun-loving young men and women, intent upon their purpose and thoroughly saturated with the undefeatable "Still Spirit."

The trustees have built up what we as a student body feel is the best faculty in the Osteopathic profession. Every member is a finished product, progressive and with the work of the school and the student at heart. Devotion to profession and duty is their uppermost consideration, and at all times have they been found more than willing to give freely of their store of knowledge experience time and service to the student. No separate department excels—all are the best available and the student body is more than ready to "tell the world" that from the didactic standpoint, old D. M. S. C. O. tops the pile.

The past year has been one of progress and accomplishment. A considerable amount of new equipment has been installed to further the service of our clinics and to augment the classroom work of the students.

Never before in the history of the college has the Laboratory department attained so high and strong a position of completeness. For so important a phase of our training as Osteopathic physicians, it is only right that singular stress should be given this branch of the curriculum, and the students are highly appreciative of the vast improvements made by the trustees.

Our clinics for the past two semesters have by far surpassed all previous years. They were better organized and more complete in detail. Clinics are the practical work shop of the student, where he may put into actual application the theories learned in the class room, under the supervision of an expert, and the college that does not fulfill the necessities of this department is slipping. Throughout the year there has been an abundance of clinical material, Osteopathic, Obstetrical, Gynecological, and the other clinics have not wanted for patients. Close co-operation.

(Continued on page 2)

The College Mourns Henry A. Hannan Class '25

Glens Falls, N. Y.

Died May 17th, 1925

*"A Man He Seems of Cheerfull
Yesterdays and Confident Tomorrows"*

Alumni to Meet

In a recent letter from Dr. F. B. McTigue, he stated that the greatest meeting of the alumni ever held, was being planned for the coming Central States Convention, May 27, 28 and 29.

Letters urging attendance have been mailed to every known alumnus of the college, and a record-breaking attendance is expected. There is considerable important business to be taken up before the body in addition to the election of officers for the ensuing 1925 term, and it is hoped that every alumnus of D. M. S. C. O., out of loyalty to his Alma Mater, will make it his business to attend.

Coach Sutton Is Now Proud Father

Prof. Frank Sutton, head of the chemistry department and popular coach of athletics, is the proud father of a baby girl, born Friday, May 15th, at Des Moines General Hospital.

Coach wrecked three perfectly good suits by bursting the buttons off the vests. Also had to purchase new headgear.

Mrs. Sutton is improving daily.

LATEST AUTOMATIC CHURN

Farmers are said to be considering the delivery of milk by Foras. Butter ought to be cheap soon.—The Passing Show (London.)

Stillonian Day Was Big Success

"Stillonian Day" proved to be the most enthusiastic and completely successful event on the school calendar.

The program was kept a secret from the student body, and when they were all called to the assembly hall immediately following their first-hour classes last Friday morning, curiosity was raised to the Nth degree. The announcement was made that the "Stillonians" were to be delivered immediately following the program, and the student body were "on their toes" from then on.

An excellent program had been arranged for the morning; several selections by the Roosevelt High School Band, an address by Dr. G. A. Huntoon, readings, and harp solos, led up to the important part of the program.

Dr. J. P. Schwartz presented the school letter to the seven men winning it during the past basket ball season.

Then—Dr. S. L. Taylor, President, and Dr. C. W. Johnson, Dean, were called forward and presented with the first copies of the "1925 Stillonian," the greatest year book ever published by D. M. S. C. O., by Stuart B. Dickinson, Editor-in-Chief. In his presentation speech, Dickinson stated that "the three essentials in publishing this year's annual were: first, a faculty and student body who wanted the book and supported it; second, a staff and assistants who had talent and were willing to work; third, a print shop equipped to do quality work and rush it through. The Stillonian was fortunate in having all three." In closing he said, "The book will speak for itself, and if it were called a good book, the staff would feel amply rewarded."

An ovation was given at this time, when a group of students came down the assembly hall, bearing the volumes of the Stillonian, which were immediately delivered to the anxiously waiting students.

Again the impossible has been accomplished. In face of considerable adverse comment, the staff had compiled, published and delivered, one of the best year books in the state of Iowa, in the amazing time of less than seven weeks from the day the idea was first broached in chapel by Dr. J. P. Schwartz.

In the years to come, the first Friday of the month of May is to be known as "Stillonian Day," and at that time are the future editions of that publication to be delivered.

Letters of a Freshman

Dear Pa:—

Do to the fact that the college will be out for this year soon, I thot it might be a good idea to come home. It is a good thing that i am coming home soon as my bed clothes are getting pretty stiff. Pa i want you to sell that bull calf of mine. At last i got into one of them frats and they say i got to help pay off the mortgage. My part will just put over the deal. the name of the frat is I TAPPA KEG and the pin looks like a big mallet they told me that was the main insturment. So far the main insturment has been something else but i don't mind if the boards oly hold out. Send me a dollar for another paddle. The year book came out last week and she is a doozer. I got my picture in twice and once without having it taken. Some guy drew one of me. so kind wasnt he? Only trouble was that the printer got things mixed up and put it in the comedy part. Out side of that it is a pretty good picter. Bin datin a new weed of late kind of had to change the pasture for a time. She ain't started to talk about furniture yet so i guess it is safe to keep on goin out for a time yet. I bin learnin lots of things and not all of them are at school. I never did like red because it always made the bull calf mad but of late I have changed a lot. The annal Still Relays are comin soon without a doubt never the less not with standing very few men will be ready but it will be the first time some have had to get out of anything faster than a walk since they got here. It is hoped that the stadium records will be broken in both the cross country and marathon races. I am one of the official timers the referee told me to bring a good calendar and a snappy story magazine he said that he wanted to keep me busy. But I don't see when I am going to get to read any, do you? Send me some money to get home on or i threaten to bum. Well i will close again until the pink paper arrives.

Your Son

Adam Lyre.

P. S. Dont figger up too much work for me to do when i get home.

Are You Looking for a Location?

Dr. J. J. Dunning, of London, England, in a recent letter to the Log Book, mentioned the need of an Osteopath in Dublin, Ireland.

Osteopathy is quite well known in that city, and according to the Doctor, "the man who left there eighteen months ago made enough money to retire."

Should anyone be interested in this location, further particulars may be had by writing either Doctor Dunning or to the Log Book.

Dr. J. A. Carver, of Childress, Texas, writes that on account of

(Continued on page 3)

Fraternity Notes

Iota Tau Sigma

Beta honors its graduating seniors, Poucher, Odell, Staples and Cochran.

The annual farewell banquet will be held Saturday evening, May 23rd, at the Kirkwood Hotel.

The Spring Formal is to be held at the Chapter House, May 22nd, with the "Music Masters" providing the music.

Pledges Steninger and McFarland were given the second degree of their initiation Saturday night, May 8.

Several of the Brothers have their trunks all packed in anticipation of an early departure after exams are over.

The chapter extends wishes for a speedy recovery to Mrs. L. A. Reiter, wife of Brother Ted Reiter, who underwent an operation for appendicitis at the Des Moines General recently.

The chapter was host to the Pan Hellenic Council Tuesday evening. Dr. H. J. Marshall spoke on the importance of Association work, and the various things that are being accomplished by the National, State and District groups.

"Peel" Loghry's brother, of Wabash, Indiana, stopped over for a brief visit during the past week end.

Atlas Club

At the semi-annual election, Jack Voss was elected president for the coming semester.

The semi-annual banquet in honor of the graduating members was a success, and brought forth some unusual oratory from members of the graduating class.

Stanley Evans and Sheriff Reed are representatives of Atlas Club on the Pan-Hellenic Council.

The members extend their sincere sympathy to Brother Ghost in his late bereavement. Brother Ghost had his Ford stolen from his back yard.

Inter-Class Meet Was Postponed

A steady downpour of rain necessitated the postponing of the annual Inter-Class track meet from May 8th to the 15th.

However, when the fifteenth arrived, it was still raining, and the meet had to be called off.

In spite of the "dripping heavens," the three Inter-Fraternity relay teams gathered at the field and ran the medley relay race for the Sigma Sigma Phi cup. Iota Tau Sigma crossed the line first, after Marlow, anchor man for the I. T.'s, had overcome a twenty-yard lead. It was a closely contested race, and all three organizations are to be congratulated upon the work of their men.

For the winners, Wadkins ran the hundred, Loghry the 220, Jones the 440, and Marlow the half mile.

The Inter-Class 440 yard relay, the only other event held, the Sophomores came out victorious. Russell, Wadkins, Friend and Loghry did the work for the Sophs.

D. M. S. C. O. Completes 27th Year

(Continued from page 1)

tion between the directors of the work and the student body is directly responsible for the exceptional success of this department. One of the outstanding features of the General Clinic was the placing of three to five students in every university, college, academy and high school in the city in the capacity of trainers and conditioners of their athletic teams. The students not only "worked out" the athletes, but also attended all minor injuries. Letters of commendation have been received from the athletic directors of all the institutions, and without exception they carry a theme of highest praise for the work done by the students.

The student body—that all-important, determining factor in the progress of any institution—is without equal. All classes have shown a marked increase in numbers over previous years, and from indications, such growth is to continue. They are a clean-cut serious minded group of young men and women, over fifty per cent of whom have had previous college and university training, who are in D. M. S. C. O. for the sole purpose of becoming competent Osteopathic Physicians, and who have the welfare of D. M. S. C. O. and the Osteopathic Profession uppermost in their hearts. From the viewpoint of accomplishments, the student body have been "on the job" every one of the nine months of the school year.

An honorary fraternity has been installed for the purpose of inciting the students to higher scholastic attainments; a Pan-Hellenic council for the purpose of fostering better inter-fraternity relationships and the binding together in closer relation of a group that will serve the college.

The first annual Homecoming was conceived and "put over" in true D. M. S. C. O. style. Major athletic teams went through highly successful seasons of difficult schedules. Traditions were born and developed to be handed down through the coming classes. The "1925 Stillonian" was prepared and published in the record-breaking period of seven weeks. Annual Stunt Day was inaugurated, and throughout the year a program of weekly assemblies of the student body has been most entertaining. Class functions, Freshman-Sophomore Party, Junior-Senior Prom, Post-Exam Jubilee and others have been held at the college with one hundred per cent attendance by both faculty and student body.

There is an undefineable something that permeates the atmosphere of the college halls. It is that "something" which binds the student body together, assures concerted action on all matters for the betterment and development of D. M. S. C. O., and that is responsible for the close degree of co-operation which exists between the student body, faculty and board of trustees—"That



THEY ALL DO

Mr. Bacon—"Did you hear those measly roosters crowing this morning early?"

Mrs. Bacon—"Yes, dear."

Mr. Bacon—"I wonder what on earth they want to do that for?"

Mrs. Bacon—"Why, don't you remember, dear, you got up one morning early, and you crowed about it for a week?"—The Watchword (Dayton, O.)

"Didn't your paper say I was a liar?"

"It did not."

"Didn't it say I was a scoundrel?"

"I'm positive some paper said it."

"Perhaps it was our competitor in this town," hinted the editor. "Our paper doesn't print stale news."—Life.

S. S. Leviathan to Carry Osteopath

The S. S. Leviathan, the world's largest and most palatial ship, is to carry an Osteopath, in addition to the regular "Ship's Physician."

The United States Steamship Company, owners of the great liner, state that in order to give their passengers the "last word" in service, they must add the "Osteopath" to the ship's personnel, as the passengers depend on Osteopathy at home to keep them well, so they will look for it during their voyage.

Dr. R. A. Marks, of New York City, has been selected to be the first to act in this capacity, and will sail on his first trip May 23rd. Four other osteopathic physicians have been selected for subsequent trips. Dr. Marks has completed arrangements with the McManis Table Company of Kirksville, for the installation of a McManis table in his quarters aboard the Leviathan.

In view of this action by the United States Steamship Company, it is expected that the other great companies will "follow suit," and that in the future the Osteopath will be as important on the ship's roster as the "M. D."

Still Spirit.

Such conditions existent in the college today are indicative of one thing only—the continued growth and progress of the Des Moines Still College of Osteopathy.

The Seniors are reluctant to accept the fruits of their four years' labor on the realization that it means the end of their college days, and the undergraduates meet the coming vacation only in anticipation of the year ahead of them.

A Student.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President ----- S. L. Taylor
Editor ----- Don Baylor

Osteopathy Without Limitation

Arthur Brisbane On Osteopathy

"Before you let anybody, massage expert, osteopath or 'chiropractor,' manipulate your spinal column, make sure the man understands his business. Scientific manipulation of the backbone, freeing nerves from pressure, and scientific osteopathy generally, is of GREATEST VALUE, often making medicines unnecessary and doing what medicine CANNOT do.

But beware of the "overnight" graduate, who has failed at something and decides that he will make a living at twisting backbones.

He can twist TOO WELL. Recently a railroad conductor underwent two treatments, including vigorous twisting of the neck. Within two days he was paralyzed on one side, could not write his name. He got over it, with the loss of three weeks' time. Make sure your scientist is a SCIENTIST, not a reformed blacksmith. There are thousands such 'practicing.' "

Field Men!

Talk D. M. S. C. O. Now!

Alumni! Now is the time to clinch prospective students for next year! The graduating seniors of your local high schools are considering further training, the selection of a profession.

Talk to them and interest them in Osteopathy while they are in a receptive frame of mind.

The college will gladly co-operate with you in the matter of information, catalogues, etc. Send in the names of prospective students in your locality.

'Sigma Phi' Puts Up Cup

Beta of Sigma Sigma Phi has put up a beautiful silver loving cup for the Inter-Fraternity medley relay race, an event of the annual inter-class track meet.

Ross Robertson made the presentation in chapel, Friday, May 8th, stating that the aim of the fraternity in putting up the cup was to establish keener competition and to insure the permanency of the inter-class meet as an annual event on the school's calendar.

The cup is to be awarded the fraternity winning the event, and is to remain in their possession until the next meet. By winning the event three years in succession, the fraternity retains permanent possession of the trophy.

This is the first official act of the new honorary frat, and is indicative of the nature of the work to be carried on by the organization.

SCHEDULE OF CLASSES

FIRST YEAR First Semester

Anatomy, Descriptive	Dr. H. V. Halladay
Chemistry, Inorganic	Prof. Frank Sutton
Histology	Dr. John M. Woods
Biology	Dr. John M. Woods
Bacteriology	Dr. J. P. Schwartz

Second Semester

Anatomy, Descriptive	Dr. H. V. Halladay
Physiology I	Dr. E. E. Steffen
Chemistry, Organic	Prof. Frank Sutton
Histology	Dr. John M. Woods
Embryology	Dr. J. P. Schwartz

SECOND YEAR First Semester

Anatomy, Descriptive	Dr. H. V. Halladay
Physiology II	Dr. E. E. Steffen
Theory of Osteopathy	Dr. C. F. Spring
Pathology I	Dr. E. E. Steffen
Chemistry, Physiological and Toxicology	Prof. Frank Sutton

Second Semester

Anatomy, Practical	Dr. John M. Woods
Anatomy, Descriptive	Dr. John M. Woods
Orthopedics	Dr. A. B. Taylor
Pathology II	Dr. E. E. Steffen
Principles of Osteopathy	Dr. C. F. Spring
Physiology III	Dr. C. W. Johnson

THIRD YEAR First Semester

Anatomy, Regional and Special Senses	Dr. H. V. Halladay
Gynecology	Dr. Lola Taylor
Laboratory Diagnosis	Dr. E. S. Honsinger
Public Health and Sanitation	Dr. E. S. Honsinger
Osteopathic Diagnosis, Technique	Dr. John M. Woods
Pathology III	Dr. E. E. Steffen

Clinical Demonstrations and Practice

Second Semester

Obstetrics	Dr. R. B. Bachman
Nervous Diseases	Dr. C. W. Johnson
Osteopathic Therapeutics	Dr. H. V. Halladay
Eye, Ear, Nose and Throat	Dr. E. S. Honsinger
Pediatrics	Dr. Mary Golden
Physical Diagnosis	Dr. A. B. Taylor

Clinical Demonstrations and Practice

FOURTH YEAR First Semester

Surgery I, Principles	Dr. S. L. Taylor
Nervous and Mental Diseases	Dr. C. W. Johnson
Eye, Ear, Nose and Throat	Dr. E. S. Honsinger
Obstetrics	Dr. R. B. Bachman
Osteopathic Therapeutics	Dr. H. V. Halladay
Dietetics	Dr. E. S. Honsinger

Clinical Demonstrations and Practice

Second Semester

Surgery, Operative	Dr. S. L. Taylor
Nervous and Mental Diseases	Dr. C. W. Johnson
Urology and Proctology	Dr. J. P. Schwartz
Medical Jurisprudence	Judge Hubert Utterback
Dermatology	Dr. Lola Taylor
X-Ray and Electrical Diagnosis	Dr. F. J. Trenery
Osteopathic Therapeutics	Dr. H. V. Halladay

Clinical Demonstrations and Practice

Laboratory Technician	Dr. G. E. Hurt
-----------------------	----------------

Are You Looking For a Location?

(Continued from page 2)

business reasons he must give up his practice in the above city, where he has been located for the past eleven years, and that he desires an energetic successor to fill "his shoes."

There is no other D. O. within a radius of one hundred and ten miles of Childress, and the feeling of the M. D.'s is quite friendly. Anyone interested may write either the Doctor or the Log Book.

Dr. J. W. Kibler, of Clifton Forge, Virginia, after twenty-five years of practice, is desirous of taking a much needed vacation, and would like to secure the services of a senior student or of a graduate for the period June 1st to September. The doctor enjoys an excellent practice, and has been in the present lo-

cation for the past thirteen years.

Dr. Myrtle Lloyd, of Ft. Dodge, Iowa, is forced to give up her practice on account of her health, and would like to secure a successor by July first.

Fort Dodge is one of the most progressive Iowa cities, has a population of 25,000, and is located in the center of a prosperous farming community.

The doctor will be glad to correspond with anyone who may be interested, or further particulars may be had by addressing the Log Book.

The attention of the profession and the senior class is called to the need for an osteopath at Oto, Iowa. The townspeople are educated to Osteopathy, and as there has never been a D. O. in the community it should prove an excellent location for some outgoing senior.



The Observer Says:

With this issue
The Observer
Makes his
Bow
Going into
Retirement
With the rest
Of the
Hasbeens
The Observer
Extends
Heartiest
Congratulations
To the Seniors
May their Patients
Be numerous
To the underclasses
Pleasant vacations
May the Dollars
Be numerous
To the Faculty
A Rest
In closing
The Restaurants
For the Summer
We'll remember
Geo Hurt's
Long Fish
Doc Wood's
Good Looks
Doc Steffen's
Piece of Chalk
Dean Johnson's
Great Ceasar's Ghost
Doc Spring's
Parties
Coach Sutton's
Daughter
Rasemary's
Bell ringing
And
Angus'
Here I is
In addition
The service of S. L.
And the
Hurried Exit
Of
Pinkie Schwartz
That great Unknown
The Board of Trustees
And the
Unbeatable Gang
The Student Body
Adieux
Period.

Notice!

As a result of the recent increases in Postal Rates it is **IMPERATIVE** that the number of Log Books now being returned because of incorrect address, be materially reduced.

Field Men

Co-operate with the College in stopping this heavy Financial Loss every two weeks by notifying us of your change of address.

USE THIS COUPON AT ONCE

If your address has been changed during the past six months.

Date	_____
Name	_____
My Present Address Is	_____
Town	_____
State	_____
Please PRINT name and address clearly	

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of October 3, 1917, authorized February 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

June 1, 1925

Number 22

27th Commencement Most Impressive

The twenty-seventh annual commencement exercises were held in the college auditorium Thursday evening, May 28th, when the graduating class of forty-one were given their degrees.

The auditorium was packed with relatives and friends of the graduates and also a large number of the Doctors attending the Central States Convention.

The exercises started promptly at eight o'clock with the march played by Miss Elizabeth Grasjean, which accompanied the procession of the Class of May, 1925. Dr. M. E. Bachman gave the Invocation, in which he paid a beautiful tribute to Henry A. Hannon, a member of the class, who passed away May 23rd.

Mr. S. C. Sonnichsen, of Des Moines University, gave the address of the evening. From the beginning, Mr. Sonnichsen held his listeners in wrapt attention to the inspirational theme of his address. It was one of the best commencement address ever given a D. M. S. C. O. graduating class.

Miss Marvel Morlock, Aurora, Illinois, then rendered two vocal selections, following which the class was presented to the President by the Dean.

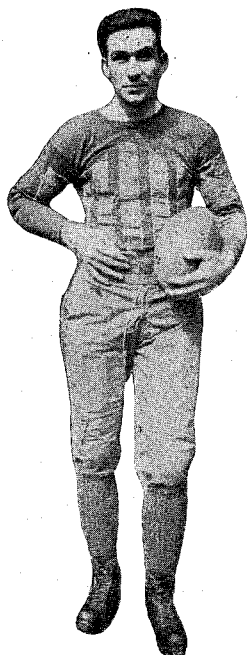
Degree of Doctor of Osteopathy was conferred upon the forty-one members of the class by the President, Dr. S. L. Taylor, after which the diplomas were given out. Dr. Bachman gave the Benediction and the march was again played by Miss Grasjean.

The Class reception was held in the Ladies Room of the college. The room and the auditorium were tastefully decorated with palms and seasonal flowers.

D. M. S. C. O. is exceedingly proud of the Class of '25 and more than regrets the arrival of the day which marks the completion of their four years' college work. As a class and as individuals they have been energetic, progressive and loyal to their school and profession. It is with pleasure that the Des Moines Still College of Osteopathy presents to the profession, Doctors, E. T. Eades, W. A. Bone, M. H. Bruins, C. W. Carruthers, Milton Conn, J. C. Cochran, R. G. Davis, Alice Burnett, S. B. Dickenson, R. H. Dunn, R. B. Gordon, Dora Dietz, W. D. Fletcher, Mrs. W. D. Fletcher, R. E. Hibbard, F. A. Hoffman, L. B. Hurt, Olive Matthews, J. V. Hodgkins, Joseph

(Continued from page 2)

ATHLETIC LEADERS CHOSEN



"RACE" MYERS



"MIKE" HANNON

At a recent meeting of the squad, "Race" Myers, star tackle for the past three years, was unanimously chosen to pilot the 1925 aggregation. Myers has been one of the best defensive and offensive line men the school has ever known and his election as next season's captain assures the college of one of the best teams in its history.

"Mike" Hannon, veteran on the basket ball squad was chosen to lead the white and purple quintet for the coming winter. Mike is a steady, aggressive, dependable player and with the support of the letter men from last year's squad, should have little difficulty in turning out a championship aggregation.

Student Meetings For Toronto

Extensive plans are being made for the entertainment and reception of Students at the National meeting of the A. O. A. at Toronto in July.

Dr. F. W. Hilliard of Toronto, who is chairman of the committee on arrangements for the college students, writes that a large number are expected to attend and that group meetings and other forms of entertainment, of a nature that will appeal to the students have been arranged.

All students, who possibly can, are urged to attend. The work will be highly instructive and enjoyable.

Senior Banquet

The members of the Senior Class and Faculty went on a strict starvation diet for two days prior to the annual Senior Banquet, so that when the bell rang at seven o'clock Wednesday evening, May 27, the whole bunch following the excellent dinner a number of short talks were given. The programme was as follows: "Our Seniors"—Dr. S. L. Taylor; "Professional Attitude," Dr. C. B. Atzen, Omaha; "The Woman's Place in our Profession"—Dr. Bertha Bates Crumb, Ames, Iowa. Music was furnished throughout the dinner by Mrs. Lemley's private orchestra.

It is rumored that some of the mighty seniors had to be removed in the ambulance, so great had been their appetites.

Closing Assembly Very Enthusiastic

The last of the regular Friday morning assemblies of the student body, May 22, was one of the most enthusiastic meetings ever held in D. M. S. C. O.

The Senior Class presented the college with large framed pictures of Dr. S. L. Taylor, President, and Dr. C. W. Johnson, Dean of the college, to be hung in the assembly hall. Also the large panel of the Class to be hung in the lower hall. The Dean made the speech of acceptance and in it he struck the key note of the morning's enthusiasm when he said that should the college continue as it has during the last eighteen months, with the hearty co-operation of the student body, D. M. S. C. O. would have a new building within the next year and a half. The Dean also commended the students upon their work during the past year and urged them to bring back new students. To quote him, "Every man bring back a man, and every woman, two." Which left some doubt as to just what he wanted the girls to bring back.

Coach Frank Sutton presented the Sigma Sigma Phi loving cup to the Iota Tau Sigma Relay Team, winners of the Inter-Fraternity Medley Relay Race in the recent inter-class meet. L. H. Loghry, captain of the winning team received the cup.

Dr. J. P. Schwartz read a resolution passed by the Board of Trustees commending the entire student body upon their accomplishments and spirit during the past year, and congratulated the out-going Seniors on the completion of their four years' grind.

Drs. E. E. Steffen and J. M. Woods also made brief talks of a congratulatory nature and every speaker was highly optimistic towards the possibilities of a new building.

Students! Here is your opportunity to do something really worth-while. The entire year just completed has been one of accomplishment! Review, for a minute, a few of the more important things that the students have done during the year. Homecoming, Social Functions, The Year Book, and countless others. They are not the work of any one individual, but the result of close, intimate, loyal co-operation on the part of every student and faculty member of D. M. S. C. O.

Now! If you want a new building as bad as you wanted a year book, enter into the campaign

(Continued on page 2)

Central States Meeting Big Success

The annual meeting of the Central States Osteopathic Association was one of the most successful meetings of the year. A large number of practitioners from Missouri, Kansas, Nebraska, Minnesota, Illinois and Iowa, were in attendance the entire three days of the meeting and thoroughly enjoyed the most excellent program.

Every day was replete with clinics, technique demonstrations and highly worthwhile papers by the leading men and women of the profession. Some of the prominent speakers on the program were: Dr. John Deason of Chicago, Drs. Conley, Kjerner, Swart, of Kansas City, Drs. Becker and Laughlin of Kirksville, Dr. A. E. Allen of Minneapolis, Dr. C. J. Gahdis of Chicago, Dr. Ella Gilmour of Sioux City, Drs. Goetz and Edwards of St. Louis, and Drs. Halladay, Bachman and Trennery of Des Moines.

The formal reception and dance was held following the first day's meeting. The dances were interspersed with entertainment which gave the participants an opportunity to "take a breath" between rounds.

The most unique part of the entire program was the banquet served the doctors on Thursday evening by the Whole Grain Wheat Co. The entire menu was prepared from their products. Speakers at the banquet were: C. H. Woodward, Editor of The Motive magazine, R. H. Williams, Ella Gilmour and C. J. Gaddis.

Following the banquet a number of the Doctors attended the commencement exercises at the college. Others attended theatre parties arranged by the committee.

The convention was of considerable importance to the students especially those who were in the graduating class, as they were admitted to all the sessions of the meeting.

The committees on arrangement and Program are to be congratulated upon the work they did. It was the general consensus of opinion that the Central States program will be second only to the A. O. A.

27th Commencement Most Impressive

(Continued from page 1)

Koschalk, J. P. Leonard, J. S. McFall, R. L. Morgan, Louis Miller, R. W. Murphy, Zoa M. Munger, Bertha Messerschmidt, H. E. McNeisch, W. C. McWilliams, M. E. Moyer, R. L. Nichols, Clara C. Robinson, C. W. Odell, P. D. O'Keefe, Augusta P. Robbins, H. B. Poucher, Raymond Staples, H. B. Thomas, O. L. Wright, A. J. Schneider and E. N. Smith.

Mother—"Get up, Elsie. Remember it's the early bird that gets the worm."

Elsie (drowsily)—"Let him have 'em, mother. I'm not hungry."—The Watchman-Examiner (New York).

Alumni Planning Big Meeting for Toronto

Drs. McTigue and Hudson, President and Secretary of the D. M. S. C. O. alumni association state that extensive plans are being made for a record-breaking meeting of the alumni of the college at Toronto this summer. Of the business to come before the meeting, the annual election of Officers is probably the most important. The college wishes to join with the Officers of the Association in urging all loyal alumni of the college to attend.

State Officers Chosen

At the regular business meeting of the Iowa State Osteopathic association, the following officers were chosen for the ensuing term: Dr. W. C. Gordon, reelected President; Dr. Mable Andrews of Perry, 1st Vice President; Dr. H. B. Willard of Manchester, 2nd Vice President; and Dr. R. B. Gilmour of Sioux City, Secretary and Treasurer. Drs. C. N. Stryker, J. W. Rhinebarger and G. I. Noe were elected as Trustees.

The following were elected as state delegates to the national convention of the A. O. A. at Toronto: R. B. Gilmour, W. C. Gordon of Sioux City and Dr. Glow of Washington.

The body also passed resolutions objecting to the law passed in the recent session of the State Legislature requiring the fee of \$1.00 for the renewal of Osteopathic licenses and a resolution of instruction to the Legislative committee requesting that they do their utmost to secure the repeal of the bill.

A. O. A. to Des Moines in 1926

The outstanding feature of the recent Central States Convention, held in Des Moines the 27th, 28th and 29th of May, was the resolution passed to attempt to bring the 1926 meeting of the A. O. A. to Des Moines.

Mr. George Hamilton, head of the Des Moines Chamber of Commerce Convention Bureau, was highly enthusiastic and pledged the help and co-operation of the Chamber and of his particular department in putting Des Moines before the Toronto meeting in such a desirable light that they could not help but choose Des Moines for the next meeting place.

Every student of D. M. S. C. O. is called upon to do his utmost to aid in this work. The advantage to the school would be hundred fold. Heretofore, we have only been able to tell a majority of the field men about our college through the printed page, but if the convention comes to Des Moines we will have ample opportunity to show 'em!

BRING THE A. O. A. TO DES MOINES IN 1926!

Are You Looking For a Location

Dr. Charles A. Bennett, of Detroit, Michigan, writes that there is an excellent opening for an Osteopath in Alliance, Ohio. Alliance is a wide-awake, progressive Ohio city and is well worth the consideration of a graduating senior who is contemplating locating in Ohio. Write the Log Book or Dr. Bennett for further information.

The practice of Dr. Catheryn L. Gallivan, Ivesdale, Illinois, is available for some graduate desiring to locate in Illinois. The Doctor has been in her present location for a period of twenty years and Osteopathy is quite well and favorably known in the district. Ivesdale is located in the center of one of the best farming communities in the state. As the Doctor is retiring from active practice it would be advisable for any interested to communicate with her as soon as possible.

Word has been received by the college that the practice of Dr. R. R. Reynolds, Smithville, Mo., is available. Anyone interested may obtain further information by writing the Log Book or the Doctor direct.

Communications from the State association in Nebraska urge the graduating classes and the fieldmen who are desirous of changing locations to consider the state of Nebraska. There is a shortage of Osteopaths in the state and any one desiring to locate in that state can find excellent communities in practically any portion of the state.

Closing Assembly Very Enthusiastic

(Continued from page 1)

with the same "Still Spirit" that has written success on the face of every student undertaking during the rear. Fill the present building so full of new students that the Trustees will be forced to build a new one!

STUDENTS DO YOUR STUFF!

1919 Class Reunion at Toronto

Dr. A. E. Byerly of Guelph, Ont., is endeavoring to organize a reunion of the 1919 class at the Toronto Convention. Get in communication with Dr. Byerly when you reach Toronto if you are a member of this class.

The occurrence of death, as the lot sooner or later of every human being, has had a profound influence on all the ties that bind us together in the family and in society, and one may well doubt if any of our deeper affections can be understood at all when death is left out of account. It affects the value of the services we render to one another and of all the improvements we hope to bring about in the happiness or well-being of the human race.



Judge—Prisoner, the jury finds you guilty.

Prisoner—That's all right, Judge, I know you're too intelligent to be influenced by what they say.

Hey, Monty!

The teacher was explaining to a class of small girls and boys the meaning of the word "collision."

"A collision," she said, "is when two things come together unexpectedly. Now can anyone give me an example of collision?" "Twins!"

One of the fruit-stall men in the city market was striving to add a few cents to the total of his sales.

"We've got some fine alligator pears," he suggested.

"Silly," laughed Mrs. Ted Reiter, "We don't even keep a gold-fish."

Kipp: Didn't you see me down town last night? I saw you twice.

A. Doyle: No! I never notice people in that condition.

Commencement Visitor: Do you have to see a doctor in this town before you can get booze?

Jim Brown: No; afterwards.

Sheep Are Dumbest

Child: Sheep is the dumbest of all animals, ain't they, mama? Mother (Absently): Yes, my lamb.

Race Myers: Gosh, but you're dumb. Why don't you get an encyclopedia?

"Jo" Bowman: The pedals hurt my feet.

Timely Questions and Answers

Question: "Tell me how long girls should be loved?"

Answer: "Same as short ones."—Nat. Refining Co.

WHO KNOWS

"Pa," inquired his strictly up-to-the-minute offspring, playing with his radio set, "what's the wave-length for Santa Claus?"—Western Christian Advocate.

BRANDED.

"What do you think of the voter who casts his vote for the one he thinks is the best man?"

Politician—"He's a traitor to our party!"—American Legion Weeekly.

CIVIC PRIDE

"Crimson Gulch will one day be as famous as New York or Chicago," remarked the flattering stranger.

"I hope not," replied Cactus Joe. "The old Gulch is tough enough now."—Washington Star.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President ----- S. L. Taylor
Editor ----- Don Baylor

Osteopathy Without Limitation

Osteopathy Explained

The following article was taken from the "Table Rock Argus," the weekly clarion from Dr. John Woods' home town, in far and distant Nebraska.

Robert Hickman Writes.
Whiting, Kans., May 2, 1925.
Mr. Bill Ellis:—

Dear Friend:—I am sending a few of my friends a quiet little tip that in case you are ever induced to try an osteopath treatment through the influence of a misguided friend or your own convictions, be sure and take ether—(yes, take two shots).

Last week while loading walnut logs I had the misfortune to wrench my back and the landlady where I board advised me to take an osteopath treatment (and between me and you, Bill, I took it more to please her than for any faith I had in it). I noticed this osteopath had a look in his eye as I stepped in his office. He told me to strip while he unfolded a thing that resembled my mother's ironing board, (he called it his treating table). He ordered me to sit down on the edge of it, he then took my right arm and tied it in a knot around my neck, took hold of my right foot and brought it around my left shoulder and around under my chin, hooking my big toe under my right ear so it wouldn't slip out of place. While in this position he took me by the neck like a chicken and swung me around until by back bone snapped like a cattle whip. He then untied me and repeated the same operation with the other arm and leg until I yelled I was whipped. Then he had me lay on my side and he took hold of one of my hip bones, smiled down at me, took advantage of my distraction and suddenly bent my hip until something broke loose that sounded like ice breaking up the river. Then he had me lie on my face and he grabbed my spinal column with both his hands, pulled it out as far as he could and snapped it back like a rubber sling. He did this two or three times, then got on my back and appeared to be walking on me and pushing in the joints of my rusty backbone with his heels. He then went to the head of the ironing board, rolled me over on my back and as a grand finale, secured one of Strangler Lewis' famous head locks on me, twisted my neck and squeezed my head until I saw one of the prettiest displays of fireworks I ever saw. I was just one minute and nineteen seconds breaking his hold, but peeled the bark off the back of both ears in doing so. He immediately clamped on another, gave my neck a twist and yanked me to a sitting

SCHEDULE OF CLASSES

FIRST YEAR

First Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Chemistry, Inorganic.....	Prof. Frank Sutton
Histology.....	Dr. John M. Woods
Biology.....	Dr. John M. Woods
Bacteriology.....	Dr. J. P. Schwartz

Second Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Physiology I.....	Dr. E. E. Steffen
Chemistry, Organic.....	Prof. Frank Sutton
Histology.....	Dr. John M. Woods
Embryology.....	Dr. J. P. Schwartz

SECOND YEAR

First Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Physiology II.....	Dr. E. E. Steffen
Theory of Osteopathy.....	Dr. C. F. Spring
Pathology I.....	Dr. E. E. Steffen
Chemistry, Physiological and Toxicology.....	Prof. Frank Sutton

Second Semester

Anatomy, Practical.....	Dr. John M. Woods
Anatomy, Descriptive.....	Dr. John M. Woods
Orthopedics.....	Dr. A. B. Taylor
Pathology II.....	Dr. E. E. Steffen
Principles of Osteopathy.....	Dr. C. F. Spring
Physiology III.....	Dr. C. W. Johnson

THIRD YEAR

First Semester

Anatomy, Regional and Special Senses.....	Dr. H. V. Halladay
Gynecology.....	Dr. Lola Taylor
Laboratory Diagnosis.....	Dr. E. S. Honsinger
Public Health and Sanitation.....	Dr. E. S. Honsinger
Osteopathic Diagnosis, Technique.....	Dr. John M. Woods
Pathology III.....	Dr. E. E. Steffen
Clinical Demonstrations and Practice	

Second Semester

Obstetrics.....	Dr. R. B. Bachman
Nervous Diseases.....	Dr. C. W. Johnson
Osteopathic Therapeutics.....	Dr. H. V. Halladay
Eye, Ear, Nose and Throat.....	Dr. E. S. Honsinger
Pediatrics.....	Dr. Mary Golden
Physical Diagnosis.....	Dr. A. B. Taylor
Clinical Demonstrations and Practice	

FOURTH YEAR

First Semester

Surgery I, Principles.....	Dr. S. L. Taylor
Nervous and Mental Diseases.....	Dr. C. W. Johnson
Eye, Ear, Nose and Throat.....	Dr. E. S. Honsinger
Obstetrics.....	Dr. R. B. Bachman
Osteopathic Therapeutics.....	Dr. H. V. Halladay
Dietetics.....	Dr. E. S. Honsinger
Clinical Demonstrations and Practice	

Second Semester

Surgery, Operative.....	Dr. S. L. Taylor
Nervous and Mental Diseases.....	Dr. C. W. Johnson
Urology and Proctology.....	Dr. J. P. Schwartz
Medical Jurisprudence.....	Judge Hubert Utterback
Dermatology.....	Dr. Lola Taylor
X-Ray and Electrical Diagnosis.....	Dr. F. J. Trenery
Osteopathic Therapeutics.....	Dr. H. V. Halladay
Clinical Demonstrations and Practice	

Laboratory Technician.....	Dr. G. E. Hurt
----------------------------	----------------

position, smiled down at me and said, "that will be all for this time." "Yes," I said, "that will be all for this time, and the next time, and the next time after that, mister—there won't be any more times. I am cured."

I have been whipped several times, Bill, but this is the first time I ever paid a man to do it. I suppose my size didn't permit him to pull off anything but plain stunts, but I can't help but think what a pleasure it would be for him to get hold of a lightweight like Jess Pierce or Earl

Irwin; what a wonderful opportunity it would give him to pull off fancy stunts in straps and tying. I never did have much faith in this kind of doctoring, but I can't believe that any disease could possibly help being shaken loose and annoyed to a considerable extent by some of the knots he tied me in. In the meanwhile, Bill, I am so sore from the top of my head to my toes, that every time the landlady point her finger at me I scream. Your friend,

Pvt. Robert Hickman.

Are Miracles No More?

Again miracles! Thousands flocked to see a recent play in which a crippled piper under the urge of faith throws away his crutches and capers nimbly down the cathedral aisle. Why did they? Largely because every human being has a leaning toward the supernatural. And you? Do you believe in miracles? Whether you do or not, there are many things happening during these days which cannot be brushed aside by mere scepticism. Here are some well-authenticated incidents worth considering.

A boy of fourteen, blind half his life, was knocked senseless by a bolt of lightning which struck a wire fence alongside which he was standing near his home at Penn Yan, New York. When he recovered consciousness he could see.

And here is the case of C. Lavier of Ogdensburg, New York, made dumb by shell-shock while serving with the Canadian contingent in the World War. Nine months later the power of speech came back to him in a thunderstorm which rocked the steamship on which he was a passenger.

Will Hall, stone deaf, of Seneca Lake New York, went to remove a horse from a barn while an electrical storm was raging. At the door he was dazed by a flash and then he heard a frightened neigh. Was he dreaming? He put his watch to his ear and listened to its measured tick. When he spoke to Dobbin, trained to follow his call, the beast paid no heed. Thor, the Thunder God, had given both balm and bane; He had made the man hear again, and the horse to be as deaf as a post.

Arthur L. Fitzpatrick of Poughkeepsie, New York, lost all track of the past through a blow on the skull in an accident. His memory returned, however, when through another mischance, he was thrown from a streetcar.

What explanation, for example, covers the case of the Rev. Dr. Daniel A. Polin, Associate President of the United Christian Endeavor Societies of the world, brought to the highway of recovery by the prayers of his wife, after his spine was broken in an automobile collision?

From Duquoin, Illinois, the pastor of a Baptist church reports that a young woman of his congregation, speechless and helpless for six years on account of a paralytic stroke, called back her faculties through her own petitioning for divine aid.

He believes that a modern miracle was wrought. Others say that they have witnessed all natural laws nullified in ways which they cannot understand. They declare that real miracles are possible even in the face of doubting science. Higher criticism, both in theology and medicine, has not shaken the belief of many that the age of the wonder-worker has not passed. Who has the answer, then to this question, which like the ghost of Banquo, will not down?

Notice!

As a result of the recent increases in Postal Rates it is **IMPERATIVE** that the number of Log Books now being returned because of incorrect address, be materially reduced.

Field Men

Co-operate with the College in stopping this heavy Financial Loss every two weeks by notifying us of your change of address.

USE THIS COUPON AT ONCE

If your address has been changed during the past six months.

Date	_____
Name	_____
My Present Address Is	_____
Town	_____
State	_____
Please PRINT name and address clearly	

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103, act of October 3, 1917, authorized February 3, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 2

June 15, 1925

Number 23

D. M. S. C. O. at Toronto

Will we be at Toronto? Yea, Bo! Booth number 40 will be the official hang out for all D. M. S. C. O. alumni, students, friends and well-wishers. Every one in the above classifications who attend the convention are expected to call at the booth and register.

Three faculty members have been signally honored by the national association in having been invited to deliver papers before the open and section meetings. Drs. F. J. Trennery, R. B. Bachman and H. V. Halladay will represent the college on the program.

A large number of students are planning on making the trip, attracted by fraternity meetings, the special attention being given to students by the Committee and a desire to learn more about the national work of the profession.

The D. M. S. C. O. alumni association are planning a whopper of an alumni meeting for the convention. The committee appointed by Dr. B. F. McTigue, President, has been functioning in 100 per cent manner for some months and promise the best and most interesting get-together the alumni of the college have ever enjoyed.

Dr. A. E. Byerly of Guelph, Ontario, is endeavoring to organize a reunion of the class of 1919. This is the first attempt at individual class reunions and it is hoped that every member of that group who can possibly be there will communicate with the Doctor signifying their intentions.

Taking it all in all, D. M. S. C. O. will be about as well represented as any one. There will not be a Doctor attending the convention who will not be impressed with the fact that when the Des Moines Still College sets out to do a thing, she doesn't go at it half-heartedly!

Remember! Everyone call and register at the booth, attend the alumni and class meetings and don't fail to let 'em know that D. M. S. C. O. is the Best School on earth.

Summer Clinic Thriving

As usual the summer clinics are doing a thriving business. There are quite a few students remaining in the city for the extra work and it may be said that they are not being disappointed.

In the general clinic, there is no let up on patients and those who are treating are kept busy without the interruption of classes. The same routine of ex-

(Continued on page 3)



Girls Throw Theatre Party

One evening last week the three girls staying over the summer, and the office force held a consultation and decided that the lady-like thing to do was to let off a little surplus steam.

As a result, the aforesaid young ladies gathered together that evening and enjoyed an excellent bill at the local emporium of amusement, the Orpheum, and afterwards adjourned to the Twentieth Century Cafe, where they delved into the mysteries of oriental Um-Gum, — bean sprouts and Chop Suey.

Mrs. Katherine Robinson, Rosemary Kurtz, Estella Wise, Gertrude Jones and Anna Doyle were the participants in the evening's excitement.

Summer Activities

With the beginning of the annual three months vacation staring us in the face, we begin to wonder what the more fortunate ones are doing to pass away the hot and sticky hours. To us who are forced to remain in the city, vacation means only the working of one job ten hours a day instead of working two jobs five

(Continued on page 3)

Hey! Student!

Now that you are home, saving your own money and spending your Dad's, how many prospective students have you been able to round up for next year? Keep in mind the fact that if we want to get that new building before the millenium, it's up to us to fill the present one to the point where the Board of Trustees will be forced to erect a new structure on our already crowded campus.

In seriousness, have you made a conscientious attempt to interest any of the young people of your home community in your chosen profession? The college is more than willing to co-operate in any possible manner in aiding you in this work. In another column of this issue you will find comparative tables regarding the class hours, subjects, etc., of the Class "A" Medical, and Osteopathic colleges. Also the class hours of the Chiropractic course.

By bringing back new students you are not only benefiting the local school and yourself but you are aiding in a material way the profession as a whole and also every other Osteopathic College. How many will you get?

An Osteopathic Education

At the beginning let me state that the purpose of this article is not to criticise, deride or belittle either of the other two professions in the comparison. Merely to set before the profession and student body a fair comparison of the curriculums of the different therapies for the purpose of their information. The tables set forth in the article were prepared from the catalogues of the institutions represented by Dr. A. W. Bailey of Schenectady, New York, and appeared in the Journal of the American Osteopathic Association, January 1925.

To quote Dr. Bailey: "In the past twenty-five years there has been a rapid advance in osteopathic education. The graduate of the osteopathic institution of today finds that his course of instruction compares favorably with that of the average "regular" school graduate. The osteopathic physician is so well trained in all of the fundamental subjects, plus a thorough knowledge of modern methods of diagnosis, obstetrics, surgery, comparative therapeutics, and hospital training, that he is now clamoring for admission to the medical boards of the various states, and for a right to take the same examinations his allopathic brethren, and the same right to practice general therapeutics as other physicians. This fact the lay mind has not grasped as yet, for many still confuse osteopathy and chiropractic and think that these two "cults" deal in a similar manner — merely in an advanced form of massage and spinal adjustment — and that chiropractic is simply a less expensive way of obtaining spinal treatment. The public fails to recognize that an osteopathic physician has had a high-school education, has earned in addition certain credits for professional school admission in college chemistry, biology, and physics; has had several years of college training in many instances and has then spent from four to six years studying the art and science of Osteopathy. In addition, over twenty per cent of the graduates in recent years have spent a minimum of one year as interns in standard hospitals of the country, where they have come in contact with acute diseases in addition to the experience gained from their clinical training while in college.

"The comparison is developed on the basis of Class Hours, a class hour averaging fifty minutes. While that medium of

(Continued on page 2)

An Osteopathic Education (Continued from page 1)

comparison is not all-inclusive it will afford a suitable working basis. The comparison will serve a double purpose, first it will show the public that in the education of an osteopath all medical subjects are taught and in addition the strictly osteopathic subjects; and secondly it will show that the chiropractic standard is far below osteopathic.

For the table of comparison, Dr. Bailey chose five of the Class "A" medical schools of the country and secured their catalogs as well as the catalogs of the five representative Class "A" osteopathic schools. In the compilation of the tables it was necessary to group some subjects under one head to facilitate the work. However that does not interfere with the resultant credit to the individual institution. The entire list of subjects were then grouped under twenty fundamental headings. All special subjects which can not be classified under a fundamental group but which are required, are listed as "specials" along with all elective subjects for which a definite number of class hours are required for graduation.

Classification of Subjects In Groups:

Anatomy includes osteology, syndesology, myology, angiology, slanchology, neurology, applied anatomy, microscopic anatomy (histology), and developmental anatomy (embryology).

Chemistry includes lecture and laboratory courses in organic, physiological chemistry and toxicology.

Physiology includes lectures and laboratory courses.

Bacteriology includes general, special and laboratory courses, immunology, infection, serology, and parasitology.

Pathology includes lecture and laboratory courses, and autopsies.

Dagnosis includes physical, differential, clinical, laboratory, x-ray, and history taking.

Practice of medicine includes symptomatology and treatment of disease, except pediatrics.

Physio-therapy includes principles of osteopathy, technic of osteopathy, comparative therapeutics, osteopathic mechanic, applied osteopathy, hydrotherapy, electro-therapy, gymnastics, astino-therapy, and kinesio-therapy.

Chemical-therapy includes pharmacology, drug therapy, prescription writing, materia medica, and internal medicine.

Gyneology includes lecture and clinical courses.

Obstetrics includes lecture and clinical courses.

Surgery includes anesthesia, principles, general surgery, special surgery, orthopedics, and clinics.

Preventive medicine includes public hygiene, personal hygiene, and sanitation.

Eye, nose, throat includes ophthalmology, otology, laryngology, rhinology, and clinics.

Pediatrics includes lecture and clinical courses.

Various interesting facts are obtained from this table. All

Clinical medicine includes general dispensary hours, clinical clerkships, and all clinical work not included in above special clinics.

Special includes elective sub-

jects (but required hours) ethics, economics, first aid and bandaging, and other subjects.

Premedical (Not included in table) includes inorganic chemistry, biology, and physics.

TABLE NO. I
Examples Class "A" Medical Schools—Year of 1924
(Showing number of school hours devoted to subjects)

	Cornell Medical	Harvard Medical	Jefferson Medical	North- western	Washington University	Average
Anatomy	826	480	931	736	776	749
Physiology	379	232	248	288	276	284
Bacteriology	252	180	194	144	110	172
Pathology	330	394	449	501	422	379
Chemistry	269	232	454	292	251	299
Chemical Therapy	222	104	279	224	143	194
Jurisprudence	21	8	0	16	11	14
Dagnosis	164	167	240	128	194	178
Psychiatry	54	46	0	0	33	44
Practice Medicine	209	519	673	552	231	436
Preventive Medicine	99	36	66	32	33	53
Clinical Medicine	336	288	101	304	304	266
Obstetrics	174	218	203	196	154	189
Gynecology	132	38	53	116	66	81
Eye, Nose, Throat	70	114	142	160	176	132
Pediatrics	184	211	101	188	169	170
Surgery	808	744	648	608	616	634
Special	400	144	30	---	300	218
Totals	4909	4155	4812	4284	4265	4542

forms of physical therapy which are used in the modern treatment of many diseases are sadly deficient in medical schools and no definite required courses are given in the aforementioned schools in such subjects as diet, hydrotherapy, electro-therapeutics, massage, spinal adjustments, kinesio-therapy, and other relative subjects. Also, examination shows that in the chemical therapeutic group the total number of hours is far less than it has been in former years, thus showing the tendency of medical education to lessen the number of hours devoted to drug therapy. This change has doubtless resulted from the success of drugless schools. Harvard Medical School does not have a course in materia-medica, and the total number of hours devoted to the study of

all-drug medication is only 104.

The other outstanding feature in medical schools is the great number of elective course offered in the fourth year. Here, in one school's case, the whole term's course is elective, although a definite number of hours is required from these selective subjects. Or, as the report of the 1924 Committee on Curriculum of the American Medical Association says, "The definite amount of assigned, supervised teaching has become a fetish worship" and "a sounder, rounder development of students will take place with a lesser amount of assigned teaching." Dr. William A. Pussey, president of the American Medical Association, says: "We have tried to make our practitioners by giving them an acad-

Continued on page 4)

TABLE NO. II
Examples Class "A" Osteopathic Schools—Year of 1924
(Showing number of school hours devoted to medicine subjects)

	Kirks- ville	Chicago	Los Angeles	Des Moines	Phila- delphia	Average
Anatomy	864	900	1040	886	912	920
Physiology	216	312	408	398	180	302
Bacteriology	180	156	204	162	90	158
Pathology	216	312	252	450	252	296
Chemistry	360	372	420	288	288	345
Dietetics	51	36	48	36	36	42
Jurisprudence	18	36	12	30	18	22
Physiotherapy	234	612	420	540	360	433
Dagnosis	216	264	130	324	360	258
Psychiatry	144	72	48	---	36	75
Practice of Medicine	252	252	404	666	594	433
Preventive Medicine	54	108	60	60	36	63
Clinical Medicine	396	144	378	432	540	378
Obstetrics	162	180	200	360	360	216
Gynecology	126	144	160	162	144	147
Eye, Nose, Throat	198	108	150	252	144	171
Pediatrics	54	108	148	90	108	101
Surgery	468	396	546	486	604	500
Special	---	60	204	---	18	94
Total Hours	4212	4572	5232	5622	4900	4953

Continued on page 4)



"HIGH-BROW IGNORANCE"

The professor had just finished an evening talking on Sir Walter Scott and his works, when a lady said: "Oh! Professor, I have so enjoyed your talk. Scott is a great favorite of mine."

"Indeed," said the Professor, "What one of his books do you like best?"

"Oh," answered the lady, "I haven't read any of his books, but I am so fond of his Emulsion—I've used a lot of that."

Lord Babbington was instructing a new colored servant in his duties, adding, "Now, Zeke, when I ring for you, you must answer me by saying, 'My lord, what will you have?'"

A few hours afterward, having occasion to summon the servant, his lordship was astonished with the following:

"My Gawd, what does you want now?"

OPTIMISTIC

Young Surgeon: "Do you carry accident insurance?"

Accident Victim: "No. But go ahead and operate; I'll take a chance."

THIS ACTUALLY HAPPENED

Motor Cop (after hard chase)—Why in H—didn't you stop when I shouted back there?

Driver (with only five bucks, but presence of mind)—I thought you just said, "Good morning, Senator."

Cop—Well you see, Senator, I wanted to warn you about driving fast through the next township.

Don't be like a grasshopper—great on distance but darn poor on direction.

Clip This

It would be a good idea to clip this item and carry it in your bill fold or pocket book, as the case may be, for future reference. The statements below, by three of the foremost medical men of today, are well worth memorizing and quoting.

"The cause of disease is the foolish medicine method of getting rid of it."—J. N. Hurty, M. D., Indiana State Board of Health.

"We medical men know little or nothing of the real action of drugs."—Prof. Osler, M. D., Medical Author and Critic.

"The drugless healer is one of the best things that has come into the life of the present."—Charles Mayo, M. D., Rochester, Minn.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President S. L. Taylor
Editor Don Baylor

Osteopathy Without Limitation

Make Every Day A Today - Day

(Roy F. Waring, in Arcadia
News)

Procrastination is the thief of
Time!

Sure—you have heard it and
read it many times—but honest-
ly, now, did you ever take the
time to consider the proposition
—and to determine just how this
old saying applies to YOU per-
sonally?

In your profession — “The
Greatest Business in the World,
—it can be truly said that time
is your greatest asset. But time
is an asset to you only if prop-
erly used. It is of no value to
you whatsoever unless full ad-
vantage is taken of this minute
—this very hour—this very day.
The minute—or the hour—or the
day that is wasted cannot by any
effort of yours be recovered.
Just that much time—and conse-
quently its equivalent in “hard
cash” has been thrown away. If
your records show that your time
is worth two dollars an hour it
would be no more foolish to
chuck two dollars in the lake
than to waste an hour of your
working time. Get that straight!

And yet, withal, we know that
Procrastination — the Thief of
Time — it is a deadly foe which
all Osteopathic Physicians must
be prepared to meet—and con-
quer. When Pep has a cracked
spark plug — when Enthusiasm
is missing fire on one cylinder—
when Pride has ignition trouble
— and Ambition a flat tire—it
is mighty easy for an Osteopath-
ic Physician to convince himself
that today is the wrong day —
but Tomorrow — Ah! that's the
time!

Nothing in the world but your
old enemy — Procrastination on
the job!

Yesterday is dead. Tomorrow
never comes. TODAY you do—
or don't do—that which spells
success—or failure—for YOU.

“S. L.” Laid Up

Dr. S. L. Taylor, President of
the college and Surgeon-in-Chief
of the Des Moines General Hos-
pital had the misfortune to
break one of the meta-tarsal
bones of his foot while playing
hand ball at the “Y” gym the
other afternoon.

To a man as active as Dr.
“S. L.”, the enforced inactivity
is worse than a dose of poison.
We all wish him a speedy recov-
ery and trust that it will be but
a few days until he will be able
to be around again.

Kill time and you kill your
career.

SCHEDULE OF CLASSES

FIRST YEAR First Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Chemistry, Inorganic.....	Prof. Frank Sutton
Histology.....	Dr. John M. Woods
Biology.....	Dr. John M. Woods
Bacteriology.....	Dr. J. P. Schwartz

Second Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Physiology I.....	Dr. E. E. Steffen
Chemistry, Organic.....	Prof. Frank Sutton
Histology.....	Dr. John M. Woods
Embryology.....	Dr. J. P. Schwartz

SECOND YEAR First Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Physiology II.....	Dr. E. E. Steffen
Theory of Osteopathy.....	Dr. C. F. Spring
Pathology I.....	Dr. E. E. Steffen
Chemistry, Physiological and Toxicology.....	Prof. Frank Sutton

Second Semester

Anatomy, Practical.....	Dr. John M. Woods
Anatomy, Descriptive.....	Dr. John M. Woods
Orthopedics.....	Dr. A. B. Taylor
Pathology II.....	Dr. E. E. Steffen
Principles of Osteopathy.....	Dr. C. F. Spring
Physiology III.....	Dr. C. W. Johnson

THIRD YEAR First Semester

Anatomy, Regional and Special Senses.....	Dr. H. V. Halladay
Gynecology.....	Dr. Lola Taylor
Laboratory Diagnosis.....	Dr. E. S. Honsinger
Public Health and Sanitation.....	Dr. E. S. Honsinger
Osteopathic Diagnosis, Technique.....	Dr. John M. Woods
Pathology III.....	Dr. E. E. Steffen
Clinical Demonstrations and Practice	

Second Semester

Obstetrics.....	Dr. R. B. Bachman
Nervous Diseases.....	Dr. C. W. Johnson
Osteopathic Therapeutics.....	Dr. H. V. Halladay
Eye, Ear, Nose and Throat.....	Dr. E. S. Honsinger
Pediatrics.....	Dr. Mary Golden
Physical Diagnosis.....	Dr. A. B. Taylor
Clinical Demonstrations and Practice	

FOURTH YEAR First Semester

Surgery I, Principles.....	Dr. S. L. Taylor
Nervous and Mental Diseases.....	Dr. C. W. Johnson
Eye, Ear, Nose and Throat.....	Dr. E. S. Honsinger
Obstetrics.....	Dr. R. B. Bachman
Osteopathic Therapeutics.....	Dr. H. V. Halladay
Dietetics.....	Dr. E. S. Honsinger
Clinical Demonstrations and Practice	

Second Semester

Surgery, Operative.....	Dr. S. L. Taylor
Nervous and Mental Diseases.....	Dr. C. W. Johnson
Urology and Proctology.....	Dr. J. P. Schwartz
Medical Jurisprudence.....	Judge Hubert Utterback
Dermatology.....	Dr. Lola Taylor
X-Ray and Electrical Diagnosis.....	Dr. F. J. Trenery
Osteopathic Therapeutics.....	Dr. H. V. Halladay
Clinical Demonstrations and Practice	

Laboratory Technician.....Dr. G. E. Hurt

More Insurance Examiners

Dr. O. R. Meredith, Nampa,
Idaho, has been the medical ex-
aminer for the Insurance Depart-
ment of the Knights of Pythias,
Nampa Lodge, No. 37. He in-
forms us that he has no trouble
collecting from the State Insur-
ance Department of Idaho for
work done under the workmen's
compensation act, and under a

number of other accident com-
panies. He has also collected
from the United States Reclam-
ation Service. Thirteen years
ago Dr. Meredith was an exam-
iner for the W. O. A. in Nebraska.
Dr. Paul Sinclair of Lincoln,
Nebraska, reports that he was
the first osteopath appointed as
an examiner by the Bankers Na-
tional of Denver, receiving his
appointment in January, 1924.
He was also made an examiner
by the Service Life Company of
Lincoln on April 5, 1924.

Summer Activities

(Continued from page 1)

hours each per day. Pleasant
outlook, huh?

To date, our little friend—
Cupid—has not been fortunate
in piercing any Still student
with his proverbial “pleurisy”
darts. That is, to our knowledge.
However, we are confident that
if you just give'em time several
of the boys will succumb and
come back in the fall, dragging
their “ball and chain” with them.

In support of the above: Puss
Richardson toured back to Evans
City with Miss Irwin, (the one
called Slim), in that big, black,
powerful touring car of Woof-
endens, for the purpose of meet-
ing the “family.” We have not
as yet learned the instigating
factor but Puss has secured a
job in Evans City and has writ-
ten Austin, Minn., for his release
from the local postoffice.

The famous Casey-Jones duet
are taking summer dissection. Yes,
brother, love will find a way.

Dick Gordon, pardon, Dr. Rich-
ard Gordon, is dividing his spare
moments between the writing of
an excellent tale of adventure for
the O. M. and the establishing
of a practice in Madison, Wisc.
Power to you, Dick.

A number of the recently grad-
uated seniors, having sufficiently
recuperated from the devastat-
ing effects of State Board exams
have accepted internships. L. B.
Hurt is at the Des Moines Gen-
eral, Kosjack and Miller are at
the Crandell Health School in
York, Pa., Jaz Hoffman at Del-
aware Springs and Leonard is at
Detroit Osteopathic Hospital.

Others of the class have locat-
ed in various towns throughout
the country.

Summer Clinic Thriving

(Continued from page 1)

amination and treatment are
carried out during the vacation
period as during the school year.
Any student, eligible of course
for the work, is permitted to re-
main and secure his treatment
credits of do extra work along
this line.

The same circumstances pre-
vail in the O. B. clinic. With Dr.
A. G. Prather acting as assistant
for the summer, the “gang” is
kept on the run almost contin-
uously. For example, on one of
the hottest afternoons, a case
was in progress in Sevastapool
and one in Highland Park at the
same time. Interesting to be
two places as closely (?) related
at the same time.

Major and Minor surgical clin-
ics are keeping up their end of
the work as usual. Especially
in the minor clinic, with the
local schools now dismissed, a
number of cases are in for ton-
silleotomies and the students de-
siring this experience are kept
busy.

All in all, from the standpoint
of clinics, there is little varia-
tion in D. M. S. C. O. As some
wise-cracker once said: “Patients
come, and patients go, but the
clinic goes on forever.”

An Osteopathic Education emic training, and the merest smattering of clinical training but we have not required the apprenticeship necessary to attain

practical skill and experience—the great physicians of this country in the past thirty years have not come from our great schools, but from the hospitals.”

TABLE NO. III

Comparative Course in Medical Subjects as Taught in Class “A” Medical, Osteopathic and Chiropractic Colleges
(Compiled from catalogs of 1924)

The National College of Chiropractic

Average school hours (at least 50-minute periods) devoted in class to each subject and the average totals in the following representative Class “A” medical institutions: Cornell, Harvard, Jefferson, Northwestern University and Washington University. Averages computed on same basis for the following representative Osteopathic institutions: Kirksville College, Chicago College, Des Moines College, Los Angeles College and Philadelphia College. Also the totals computed on the same basis for the oldest and largest chiropractic institution in the country, Palmer School at Davenport, Iowa.

Grouped Subjects	Medical	Osteopathic	Chiropractic
Anatomy	749	920	*358
Physiology	284	302	*174
Bacteriology	172	158	0
Pathology	379	296	0
Chemistry	299	345	*174
Dietetics		42	0
Jurisprudence	14	22	0
Chemical Therapy or Physical Therapy	194	433	*289
Diagnosis	178	258	0
Psychiatry	44	75	0
Practice of Medicine	436	433	0
Preventive Medicine	53	63	*87
General Clinical Practice	266	378	*676
Obstetrics	189	216	0
Gynecology	81	147	*217
Eye, Nose, Throat	132	171	0
Pediatrics	170	101	0
Surgery	684	500	0
Special	218	94	---
Total	4542	4953	1975

*Listed as “hours” but each “hour” is only 25 minutes in length.

The principal therapeutic agents of the osteopathic schools are the various forms of physiotherapy, and the total number of hours in these subjects has taken a decided jump from that of the medical schools, averaging 433 hours of instruction. Courses in diagnosis, practice of medicine, obstetrics, gynecology, pediatrics, and surgery, (courses which the medical men are trying to convince the public the osteopath knows nothing about) will be found in all these osteopathic schools with sufficient number of hours of instruction to insure the public that we are not “committing daily flagrant impositions on the fear of human sufferers due to lack of training in medical subjects” as the lay mind is being led to believe by medical propaganda.

No better way of comparing the actual existing state of education in the various schools can be obtained than by examining the following summary table:

This comparison does not include premedical subjects, such as inorganic chemistry, zoology, physics, and so on, which are required subjects for all admissions to Class “A” medical colleges as well as to all Class “A” osteopathic colleges, nor does it include non-medical subjects.

For purpose of comparison certain liberties have been taken in classifying subjects of different schools into given groups, but in no case has the actual number of hours devoted to the

respective subject been changed. The approved standard of osteopathic education is four years—(now six years in two of the listed colleges—of nine months each with graduation from recognized high school, and in addition certain premedical credits of college work as entrance requirements. The chiropractic course cited consists of the indicated medical subjects taken in a course of 18 months with no preliminary educational requirements. In many chiropractic schools, however, correspondence courses may be taken if preferred.

Study well the three tables and derive the main points for yourself. In that way they will stick in your memory much more firmly than if they were to be printed with this article. Clip out the comparative table for future reference and then when you are endeavoring to secure a new student or are explaining Osteopathy to a patient or to a friend you will have authoritative matter to show them.

From what osteopathy has done for suffering humanity, the public no longer questions the results that can be obtained. The next step is to convince the same public that an osteopathic physician, with as high an educational training as the average medical doctor can be relied upon to diagnose correctly and to treat in a scientific and modern manner all types of cases that are in need of medical attention.

NOTICE!

As a result of the recent increases in Postal Rates it is IMPERATIVE that the number of Log Books now being returned because of incorrect address, be materially reduced.

FIELD MEN

Co-operate with the College in stopping this heavy Financial Loss every two weeks by notifying us of your change of address.

USE THIS COUPON AT ONCE!

If your address has changed during the past six months.

Date_____

Name_____

My Present Address is_____

Town_____

State_____

Please PRINT name and address clearly.

The Log Book - Link Page

[Previous](#) [Volume 1: February 1923 - June 1924](#)

[Next](#) [Volume 3: July 1925 - June 1926](#)

[Return to Electronic Index Page](#)