a degree of difference

Doctor of Podiatric Medicine

Des Moines University
D.P.M. students can pursue dual master’s degrees in public health, health care administration, anatomy and biomedical sciences.

The University’s mission is to improve lives in our global community by educating diverse groups of highly competent and compassionate health professionals.
best podiatric medical institution

Outstanding faculty who are experts recognized nationally and beyond. State-of-the-art facilities and technology. A robust research enterprise. And consistently the best student outcomes in the nation:

All great reasons to choose DMU’s doctor of podiatric medicine program. The most important reason, however, is that DMU will prepare you to enhance patients’ health and quality of life.

CLASS OF 2019 PROFILE

<table>
<thead>
<tr>
<th>Average entering cumulative GPA</th>
<th>Average MCAT score</th>
<th>Class size</th>
<th>Approximately</th>
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<tbody>
<tr>
<td>3.53</td>
<td>24</td>
<td>53 students</td>
<td>60% male</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>40% female</td>
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<table>
<thead>
<tr>
<th>Average entering science GPA</th>
<th>Average age</th>
<th>Students come from</th>
<th>Students pursue interests in a wide variety of areas, from surgery to diabetic wound care to sports medicine.</th>
</tr>
</thead>
<tbody>
<tr>
<td>3.41</td>
<td>24 YRS</td>
<td>19 states</td>
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QUICK FACTS

Students and faculty are highly engaged in community service and professional involvement.

Alumni reside in 49 STATES with the highest numbers in Iowa, other Midwestern states and Texas.

Students can conduct research on treatment methods for lower-limb pathologies.

DMU’s campus-wide focus on medicine and the health sciences gives students and faculty a shared priority: EXCELLENT PATIENT CARE.

7,600+ patient visits occurred in fiscal year 2015 in Foot and Ankle in the DMU Clinic on campus.

High student outcomes mean you will gain the preparation you need to become an exceptionally well prepared health care provider.

Graduates work in a wide variety of specialties, practice settings and types of communities.

DMU graduates consistently rate higher than graduates of other podiatric schools in the Council on Teaching Hospital Residency Survey.

100% First-attempt pass rate among DMU students for the national licensure exam, Part 2. (2014)

Residency placement rate average (2013-2015) 100%
**Why DMU?**

**EXCEL IN A REWARDING PROFESSION**

Doctors of podiatric medicine (D.P.M.s) do it all, from surgery and sports medicine to pediatrics, biomechanics and trauma. They specialize in the prevention, diagnosis and treatment of problems with the foot and lower limb resulting from injury or disease. Health of the lower limb is directly related to the health of the rest of the body, a patient’s function and quality of life. Podiatric physicians enjoy close relationships with patients in a profession that’s flexible, family- and lifestyle-friendly and in demand.

**EXPERIENCE A RIGOROUS, RELEVANT CURRICULUM**

Students in DMU’s College of Podiatric Medicine and Surgery (CPMS) are trained as physicians first and specialists second with a curriculum that integrates the basic sciences, organ and body systems and problem-based learning. A variety of elective courses, multicultural programs, extracurricular activities and community service opportunities further foster students’ interpersonal skills, leadership and compassion. You will become ready to specialize in the lower extremity but also be knowledgeable in using a variety of specialties – vascular, surgical, therapeutic, dermatological and more – to assess and treat patients.

**LEARN FROM THE BEST, WITH THE BEST**

You will be taught, challenged and supported by CPMS faculty, nationally recognized experts with broad clinical expertise, diverse patient care and research endeavors. You’ll also learn with your podiatric classmates and students in the University’s other graduate health care programs. CPMS was the first podiatric medical school to be affiliated with an academic health center, an alliance that offers students many educational and resource advantages as well as opportunities to interact with other future health care providers.

"I love DMU for several reasons: an excellent faculty that continually challenge the students; the ability to take the same basic science classes alongside osteopathic medical students; and the well-built curriculum that maximizes our learning. I love the University’s continuous commitment to students’ success.”

Jassie McGovern, D.P.M. Class of 2018
BECAUSE YOU SHOULDN’T SETTLE FOR LESS THAN THE BEST.

ACHIEVE THE OUTCOMES YOU CAME FOR

If you’re committing yourself to four years of podiatric medical school, choose a program that will enable you to achieve the best outcomes. DMU’s podiatric medical students consistently exceed national average scores and first-time pass rates on parts 1 and 2 of the American Podiatric Medical Licensing Examination. They’re highly recruited into a wide variety of residency programs, coast to coast, and they are consistently rated higher by residency directors than graduates of other podiatric programs.

DMU PROVIDES GREATER OPPORTUNITIES TO ENGAGE STUDENTS FROM OTHER HEALTH PROFESSIONS THAN ANY OTHER ACADEMIC INSTITUTION WITH A PODIATRIC MEDICAL SCHOOL.”

ROBERT Yoho, D.P.M., FACFAS
DEAN, COLLEGE OF PODIATRIC MEDICINE AND SURGERY

EMBRACE OPPORTUNITIES TO LEARN, LEAD, SUCCEED

Make your time in medical school multidimensional. DMU’s vibrant Global Health Program offers students a wide range of invaluable experiences in underserved areas in various countries, including the United States. Students hone their clinical skills and gain greater cultural understanding while serving patients and communities in need. Options range from short service trips to extended rotations.

DMU’s unique Pathways of Distinction Program gives select students rich experiences in teaching, presenting and publishing. Opportunities include summer research internships with the World Health Organization in Geneva, Switzerland; the Pan American Health Organization in Washington, D.C.; and the Centers for Disease Control and Prevention in Atlanta, Georgia.

Research at DMU is collaborative and diverse. Podiatric faculty and students investigate a wide variety of topics that directly impact human health, such as lower extremity kinematics, treatment of plantar fasciitis, bunion surgery procedures, diabetic wound care and functional ability of the aging. They also frequently present at state, regional and national conferences as well as at the annual DMU Research Symposium. Podiatric medical students can choose a research track option to gain additional skills and experiences and a special designation on their transcript.

DOUBLE YOUR DEGREE(S)

As a podiatric medical student at DMU, you can pursue a dual degree leading to master’s degrees in health care administration, public health, anatomy or biomedical sciences. This option allows students to combine their clinical knowledge and skills with expertise gained in the master’s degree program, enhancing their career opportunities, patient care and professional leadership abilities. The majority of course work for the health care administration and public health master’s degrees can be completed online.
THE DPM CURRICULUM:

Prepare to become an exceptional physician

YEAR 1 – BASIC SCIENCES: CPMS students take their first-year basic sciences courses with students in DMU’s College of Osteopathic Medicine. As the course of study progresses, podiatric medical students focus more on the foot and ankle and physical diagnoses skills.

YEAR 2 – BASIC AND CLINICAL SCIENCES: The second year integrates basic sciences and clinical medicine with an emphasis on the lower extremity. Students explore the interrelationships and interdependence of body systems and then focus on biomechanics, lower limb anatomy, clinical podiatric medicine, diagnosis and surgery.

YEAR 3 – EVIDENCE-BASED MEDICINE: Through problem-based learning, students apply principles of evidence-based medicine, the strategic use of current best clinical research findings in making decisions about individual patient care. After learning related concepts in the first two years, students in the third year are fully immersed in case discussions and research. That further prepares them for clinical training.

YEARS 2, 3, 4 – CLINICAL TRAINING: Students practice physical diagnosis skills on a voluntary basis during the second year. Formal clinical rotations begin in the summer after the second year and continue until graduation. Rotations are offered in a variety of settings, from Foot and Ankle in the DMU Clinic to year-4 rotations available nationwide. These experiences foster students’ understanding of the role of podiatric physicians and their interactions with other members of the health care team.

RESIDENCY TRAINING: After graduating, students enter three-year residency programs across the country. Many DMU graduates receive residencies at prestigious and well-known teaching hospitals.
DMU is an excellent place to study because students get to interact with their future colleagues on a day-to-day basis, including osteopathic, physician assistant and physical therapy students. These experiences are invaluable as one learns how to work as part of a health care team. Our students are acquiring the skill set and tools to become future health care leaders."

Mindi Feilmeier, D.P.M., FACFAS
Assistant Professor of Podiatric Medicine and Surgery

Des Moines University offers the best in facilities, innovative teaching tools and interprofessional opportunities. Clinical students learn how to use ultrasound technology, beginning in their first year, in anatomy and clinical medicine/diagnoses courses. Using this “stethoscope of the 21st century” enhances knowledge of the body, hones their ability to interpret ultrasound images and gives them a competitive edge when they move on to residency.

In DMU’s Iowa Simulation Center for Patient Safety and Clinical Skills, students work through a variety of clinical scenarios using highly life-like high-fidelity mannequins and equipment to perform real-world, hands-on health care. Simulation experiences let students, beginning in their first year, learn from their mistakes and gain knowledge, skills and confidence before they treat real patients.

In the Standardized Performance Assessment Laboratory (SPAL), students participate in medical scenarios with individuals trained to play the roles of actual patients. Students review videos of their patient encounters and learn from evaluations by faculty and “patients,” which enhances their interpersonal and physical exam skills.

In the state-of-the-art anatomy lab, students dissect and analyze cadavers at 43 dissection stations, each equipped with a 40-inch flat screen monitor, connected to an iPad, that offers instructions linked to images from Netter’s Atlas of Human Anatomy online. Students access video files of laboratory orientations and reviews, CT/MRI images, three-dimensional images and more. Students explore and manipulate these images from countless viewpoints, enriching knowledge gained from hands-on lab dissections.

The Surgery Skills Center includes simulation model labs, a computer technology lab and a simulation operating room lab with a digital overhead camera, laparoscopic equipment and station monitors for viewing and recording procedures. The center provides an ideal controlled environment to help students integrate medical knowledge and critical thinking, learn and practice fundamental and advanced technical skills, and utilize advances in technology.

Students and faculty use the Human Performance Laboratory and its computerized motion analysis equipment to assess and evaluate muscle, joint and nerve problems that contribute to movement disorders. That fosters a better understanding of the disorders to improve patient care. The laboratory also enhances DMU’s rich research environment.
CLUBS AND ORGANIZATIONS
DMU’s more than 70 clubs and organizations offer speakers, presentations, hands-on workshops, opportunities to attend conferences and a wide variety of social and community service activities. Many are affiliated with national professional organizations; others focus on special interests, from pediatrics to infectious disease to holistic medicine. Student government and club leadership are great ways to network, have a voice and develop or sharpen leadership skills as you gain lifelong friends.

GET FIT AND HAVE FUN
DMU is the nation’s first and only university or college to earn platinum status for its wellness program, the highest recognition granted by the Wellness Councils of America. In the wellness center on campus, you’ll find supportive staff members, treadmills, spinning and elliptical machines, free weights, a basketball and volleyball court, exercise classes, intramural sports, healthful cooking sessions and more. It’s a great place to take a break and stay in shape.

YOUR HOME AWAY FROM HOME
The DMU campus is welcoming and user-friendly. In the Student Education Center, you can study with friends, use the library, grab a beverage and a bite to eat in the cafeteria, curl up by the fireplace, take a TV break or unwind with a game of pool or ping-pong in the game room.

RESOURCES THAT SUPPORT YOU
DMU’s mission is to prepare highly competent and compassionate health care professionals, and the University provides students with resources to fulfill that goal. The Center for Teaching and Learning offers individual and group services in areas including study strategies, test-taking skills, time management skills and more. The Student Counseling Center helps students meet the personal challenges in accomplishing academic, career and life goals with counseling services, workshops, support group facilitation and referral services.

GAIN PERSPECTIVES
All second-year podiatric medical students complete a one-credit-hour cultural competency course that introduces them to health disparities and provides opportunities to discuss those disparities in the context of diverse populations. The course is designed to help students provide effective care for patients from diverse groups and improve health care outcomes. In addition, DMU’s multicultural affairs office strives to help students become culturally competent. Its programs help and challenge members of the DMU community to examine their own cultural biases as they learn about other cultures, populations and perspectives, enhancing their ability to work and lead in our increasingly diverse society.

A great place to live and learn
You aren’t one-dimensional; nor is life at DMU. Dive into an engaged campus and vibrant community with virtually unlimited options.
Your ultimate goal is to become an exceptionally prepared health care professional, so choose a university that will get you there. At DMU, you will learn from and with faculty and students who all share a common focus on the health sciences and patient care. You will become ready for both independent and interdisciplinary practice, in which multiple health care professionals work together with patients, families and communities to deliver the highest quality of care.

DMU: because of where you want to go afterward

DMU will put the power in your head, hands and heart to change people’s lives for the better as you enjoy a rewarding career with meaningful relationships with patients and colleagues.

DO A WORLD OF GOOD

Community service is common among DMU students and employees. For example, Homeless Community Outreach members every week visit persons experiencing homelessness in central Iowa. Faculty and students provide screenings, services and information to the community at health fairs, free clinics, schools and DMU’s popular annual Senior Health Fair, to name a few settings.

“Participating in a global health service trip to the Dominican Republic was the highlight of my first year. I learned so much about global and public health while serving with a diverse group of health care specialists and students from different programs.”

Ellen Barton, D.P.M. Class of 2018

“I chose DMU for the community and strong academic program. When you are in med school, it is essential to have a community that is supportive. The DMU family is consistently there for each student during the challenging academics.”

James Renier, D.P.M. Class of 2018
Des Moines

Des Moines features safe neighborhoods, great public and private schools, a wide variety of entertainment and shopping venues, many family-friendly events and attractions, three lakes and multiple bike paths and parks. Like DMU, Iowa’s capital is collegial and accessible.

The city has a diverse and thriving economy, but its cost of living is distinctively affordable.

More than 611,500 people call the metropolitan area home.

DMU is located in a lovely historic neighborhood in the heart of the city. While many students live nearby, the campus is also easily accessible for those who choose to live in Des Moines’ suburbs.

For more info, go to WWW.CATCHDESMOINES.COM

DMU is a family of learners in an environment that is intellectually and emotionally stimulating and which allows me to maintain a youthful excitement for my chosen profession. I teach here to give something back to a profession I love and transform students into physicians who will be better than me.”

Jim Mahoney, D.P.M., FACFAS
Associate Professor of Podiatric Medicine and Surgery
ADMISSION REQUIREMENTS
Do you have what it takes?

Most applicants to CPMS will have earned a bachelor’s degree before enrolling at DMU; however, they may apply while working toward completion of the requirements for the degree. In some situations, exceptional students may be considered for admission after completing only three years (90 semester hours) of undergraduate study at a regionally accredited institution. All course work must be from a regionally accredited institution. A science GPA and cumulative GPA of 2.7 or higher are recommended to be considered for admission.

REQUIRED COURSES
- BIOLOGY – 8 semester hours with lab
- GENERAL CHEMISTRY – 8 semester hours with lab
- ORGANIC CHEMISTRY – 8 semester hours with lab
  (may also substitute 4 semester hours of biochemistry)
- PHYSICS – 8 semester hours with lab
- ENGLISH, ENGLISH COMPOSITION, COMMUNICATIONS, SPEECH OR OTHER WRITING INTENSIVE COURSE WORK – 6 semester hours

ADDITIONAL HIGHLY RECOMMENDED COURSES include biochemistry, genetics, comparative anatomy, mathematics, psychology and medical terminology

TAKE THE MCAT
You must complete the Medical College Admission Test to be considered for admission. We prefer scores not more than three years old.

NON-U.S. STUDENTS: Applicants who are not U.S. citizens or permanent residents are not eligible for admission to the D.P.M. program. If you have questions about the University’s international student policy, call 515-271-1499 or e-mail dmuadmit@dmu.edu.

Apply online through the centralized American Association of Colleges of Podiatric Medicine Application Service (AACPMAS). Designate that DMU-CPMS should receive your application. The application deadline is in June.

Download and submit your application through the application service at www.aacpm.org.

Submit your application no later than May of the year you anticipate entering the program.

Official transcripts should be sent directly to AACPMAS, and official MCAT scores should be released to AACPMAS.

CPMS has a rolling admission process; throughout the year, applications are evaluated as they are completed. Hence, the entering class could be filled early during the admission cycle. By applying early, you have a greater likelihood of being interviewed and accepted into the program.

Submit to DMU letters of recommendation that attest to your academic performance and prior exposure to podiatric medicine with a D.P.M. We require:

one letter from a science professor, academic adviser or pre-professional advisory committee, and

one letter from a Doctor of Podiatric Medicine

These letters should be on the letterhead of the writers. Letters are accepted through the DMU website at www.dmu.edu/letters as well as through Interfolio and Virtual Evals. Find links and more information on the CPMS website section, “How to apply.”

Come prepared for your interview. All completed applications are reviewed for a possible interview. An on-campus interview is required for admission. Only those applicants being strongly considered for admission will be invited for an interview. Candidates not offered an interview are notified that they are no longer being considered for admission.

Admission decisions are typically made within two weeks of the interview.
Choose DMU and you’ll get ...

The best education in health care in a uniquely supportive environment.

Don’t settle for less.

QUESTIONS? We welcome all inquiries!

MAIL  CPMS Program Admissions, Des Moines University
       3200 Grand Avenue, Des Moines, IA 50312-4198

EMAIL  CPMSadmit@dmu.edu

PHONE  515-271-1499
       Outside the 515 area code: 800-240-2767, x1499

WEB    www.dmu.edu/cpms

ACCREDITATION: Des Moines University is accredited by the Higher Learning Commission of the North Central Association of Colleges and Schools. The College of Podiatric Medicine and Surgery is accredited by the Council on Podiatric Medical Education of the American Podiatric Medical Association, 301-571-9200. The council is recognized by the U.S. Department of Education and the Council on Postsecondary Education as the specialized accrediting body for podiatric medical education. The council also approves residencies in surgery, orthopedics and primary care podiatric medicine.