Des Moines University

APMLE Preparation

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Library
Overview of the APMLE

• 4 hours, 205 questions
• No review
• Pass/Fail

• www.apmle.com
  – Has blueprint, practice tests, information
Question Formats

**Single-Answer Multiple Choice**
This item type has four answer options. You will select the single correct answer. An asterisk indicates the correct answer to each sample question (*).

1. Which of the following bones contains the quadrate tubercle?
   A. The ilium
   * B. The femur
   C. The tibia
   D. The ischium

**Check all that Apply**
This item type has five options with two or three correct responses. You are told in the stem of the item the number of responses to select. An asterisk indicates the correct answer to each sample question (*).

1. Which of the following drugs are effective against *Candida albicans*? Select the three that apply.
   * A. Clotrimazole
   * B. Miconazole
   * C. Haloprogin
   D. Tolnaftate
   E. Griseofulvin
Question Formats

Drag and Drop
This item type has two sets of panels – source panels on the left and target panels on the right. You are asked to use the mouse to drag each source panel to its appropriate target panel. The most common use of this item type is to list information in its proper sequence. The correct answers to each sample question are indicated in parentheses ( ).

1. The secondary centers of ossification in the femur develop in which order, from first to last? (Use your mouse to drag each component on the left to its appropriate location on the right.)
   A. Head
   B. Distal Plate
   C. Lesser trochanter
   D. Greater trochanter
   1. place 1st here ___(B)___
   2. place 2nd here ___(A)___
   3. place 3rd here ___(D)___
   4. place 4th here ___(C)___

Image Click
This item type requires that you place a mark on a specific area within an image.
1. Click on the insertion of the fibularis (peroneus) brevis tendon.

The correct answer is indicated by an “X” on the graphic to the right.
## Exam Content

<table>
<thead>
<tr>
<th>Content Area</th>
<th>Percent</th>
<th>Questions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lower Limb</td>
<td>25%</td>
<td>~50 questions</td>
</tr>
<tr>
<td>Pharmacology</td>
<td>15%</td>
<td>~30 Questions</td>
</tr>
<tr>
<td>Microbiology and Immunology</td>
<td>15%</td>
<td>~30 Questions</td>
</tr>
<tr>
<td>General Anatomy</td>
<td>13%</td>
<td>~25 questions</td>
</tr>
<tr>
<td>Physiology</td>
<td>13%</td>
<td>~25 Questions</td>
</tr>
<tr>
<td>Pathology</td>
<td>12%</td>
<td>~25 Questions</td>
</tr>
<tr>
<td>Biochemistry</td>
<td>7%</td>
<td>~15 questions</td>
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</table>
Available Resources

• Practice Questions
  – ExamMaster
  – Firecracker
  – Access Medicine

• Anatomy TV (~38% of test is Anatomy)

• BRS, APMLE Part 1 Comp. Review, Pharm Recall, Micro MRS, First Aid
Anatomy TV Quizzes
Anatomy TV Quizzes Continued

Where is Extensor digitorum longus?
Find and click on the structure in the 3D model to answer the question.
How to Structure Study

• If you don’t stagger study, you are likely to forget a lot

• You should periodically assess strengths and weaknesses with practice questions

• Study units at a time, not whole disciplines
  – Keeps you focused, allows more depth and should improve retention

• Once learned, 1st order quizzing (Firecracker) can be a good way to maintain 1st order knowledge
Study Approach in General

• If you know where you’re weak
  – Start by studying, isolate one area (gram-negative bacteria), study with resource of choice
  – Take practice questions to determine what you learned

• If you don’t, take some practice APMLE questions
  – Study areas you performed the worst first
  – Take practice questions to determine what you learned
**Example Schedule**

**April 2016**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td></td>
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<td>1 Phys</td>
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<tr>
<td>4 Path</td>
<td>5 Micro</td>
<td>6 Micro</td>
<td>7 Anatomy</td>
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<td>11 Pharm</td>
<td>12 Pharm</td>
<td>13 Phys</td>
<td>14 Lower Limb</td>
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<tr>
<td>Clinical Pod Biom/Surg Exam II</td>
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<td></td>
<td></td>
<td>Lower Ext Derm Exam II</td>
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<tr>
<td>18 Micro</td>
<td>19 Micro</td>
<td>20 Anatomy</td>
<td>21 Anatomy</td>
<td>22 Biochem</td>
</tr>
</tbody>
</table>

*Note: The schedule is a placeholder and the classes listed are for demonstration purposes.*
Practice Tests Are Important

• Give you feedback on how you perform with questions similar to exam questions
• Give feedback on format of exam questions
  – APMLE practice tests are ~10 years old
• Give practice on performing the task you’ll be evaluated on in the same format you’ll be evaluated
• Can guide how much you study in what areas
Questions?