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Life is a learning experience! As we grow and develop into health care professionals, there are many people who enter our lives and shape us for the future. We are influenced by our friends, loved ones, classmates, professors, and other health care professionals. However, from the multitude of people, there are a few that seem to stand out from the rest. Many times, these people might not realize the effect that they have had on you, your life, and your career.

Every year, the graduating classes of the University of Osteopathic Medicine and Health Sciences select an outstanding faculty member to whom the yearbook will be dedicated. The classes of 1995 have chosen Thomas Breithaupt, Ph.D., to receive this honor.

After receiving his degrees and postdoctoral studies at various prestigious institutions, Dr. Breithaupt began his career as an educator and a scientist. Dr. Breithaupt came to our University in 1986 and is currently a full professor of biochemistry and the chairman of the biochemistry discipline. Dr. Breithaupt is married to Barbara Zaker and they have three sons.

While at UOMHS, Dr. Breithaupt has had numerous teaching activities and has participated in curriculum and course developments. He has over twenty research publications, as well as on-going research involving the immune system.

Dr. Breithaupt tries to motivate his students to learn and understand biochemistry. He gives you the information that you need in a plain and simple form that is easily understood. Beyond that, he has always been willing to lead review sessions for both classes and the board exams. Thank you for all of your compassion, dedication, and inspiration!
Dr. S.S. Still, founding president of the Dr. S.S. Still College of Osteopathy, Des Moines, Iowa.
Dear Graduate:

Congratulations on your achievement! Your hard work and perseverance were formally recognized during Commencement exercises, but I also want to extend to you my personal congratulations upon completing this important part of your health professions education.

You are already aware, I'm sure, that even as you leave this institution, your education will never be finished. Our world today is one of constant change, and perhaps no field of science or technology is changing faster than medicine and health care.

Such changes can be daunting, but I am confident that your educational experience will secure your place in health care as you continue to grow both personally and professionally.

As you enter your chosen field, I look forward to our continued association through the alumni body. Just as for those who have gone before you, I am confident you will bring honor to yourself, your peers and this institution through dedication to your profession.

Congratulations and best wishes,

David Marker
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Recipient of the
Roderick B. Currie Pre-Clinical
Faculty Award
and the
P.A. Class of 1995
Teaching Award
Presidential Inauguration Begins a new era.

"Our commitment to Des Moines is to be relentless in our pursuit of academic excellence and institutional integrity because we want you to be proud that we are Des Moines' medical school."

The inauguration of David Marker, Ph.D., as the 12th president of the University was more than an official ceremony marking a change in leadership. It was a celebration of the University's heritage along with a proclamation of what it promises to become.

Representatives from the community shared in the celebration - Iowa's governor, members of the city council, health care providers, business and civic leaders, and educators. Their presence pointed to an emerging awareness of the University becoming more of a team player in the community.

The inauguration also provided the impetus for the University to refocus on its mission, traditions, history and values. And while the inauguration was specifically to install a new president, it also brought together various elements within the University through a singleness of purpose.

Most important, the inauguration provided the setting for the University to restate its identity while forming a clearer pathway to the future.

The inaugural theme of "Opening Minds, Opening Doors" affirmed to the University and the community that there is a new administration in place with new commitments. The theme also underscored how everyone associated with the University has a role in making the new agenda successful.

In his address, Dr. Marker reaffirmed his primary commitment to students, outlining how he will work to strengthen the curriculum and clinical associations while building upon the University's historical mission in primary care.

"While many medical schools today are being challenged to rethink and recast their programs to increase the number of graduates they produce in primary care, this University can concentrate on enhancing the quality of what we already do so well," he said.

The night before the ceremony, some 300 community leaders and health-care professionals attended a black-tie reception and dinner where Dr. Marker pledged to make the University more visible in the community while ensuring educational quality.

"Our commitment to Moines is to be relentless in pursuit of academic excellence and institutional integrity because we are Des Moines medical school," he told the audience.

The events concluded on Fri with a luncheon and a program following installation ceremony. Representatives of academic institutions and learned societies from across the country, along with professional and community leaders as well as student representatives, saw a minute slide presentation, titled "Where have you been, Dr. Marker?"

The presentation traced Marker's life from childhood through photographs, comments and observations from family members, friends and associates.

Among those comments, Marker was proclaimed as someone who works with others to help them realize their potential and that of the University.
UOMHS SAYS FAREWELL DR. KREUGER
"DUAL DEGREE OPTION OFFERS BUSINESS SKILLS TO DOCTORS"

"With our nation's health care system plagued by inefficiency and costliness, one way to instill order is to make doctors aware of the business side of medicine," says Mary Pat Wohlford-Wessels, M.A., M.S., director of the University's Health Care Administration Program.

"Physicians know the art and science of medicine, but not the business side," Wohlford-Wessels says. "They need to realize that if they can't manage their practice, they're not going to have one."

**Dual-degree Program**

To help future doctors prepare for the bottom-line realities of healthcare, the HCA program is offering osteopathic and podiatric medical students the opportunity to earn a master's degree in health care administration.

Students entering the dual-degree program are allowed to transfer in 10 hours of medical curriculum, reducing the degree requirements from 40 credit hours, to 30. Each student is also provided an individualized degree planning consultation with the director of the HCA Program to ensure their experience meets their career objectives.

The HCA Program offers three full terms per year, in the fall, winter and summer. All courses are offered on weeknights or weekends. This provides students the flexibility to select courses that best fit their schedules.

"When you're learning about medicine, you're not taught how to run a business. We need good financial managers educated in both medicine and business," says James Sauler, a third year D.O. student enrolled in the HCA program.

Shuler entered medical school from the business world. His experience convinced him to focus on long-term goals, something most medical students fail to do.

"My first thought upon entering medical school was, 'Where do I want to be 10 years from now?'" He plans to enter emergency medicine, but realized the pace might wear him down as he grows older. "I might want to back out from clinical work and spend more time in management."

Wohlford-Wessels says it's not essential that medical students complete degree requirements to benefit from the program. "If they took only 'Principles of Management,' it would help," she says.

The presence of medical students also adds to classroom dynamics, she says. "Having doctors in classes adds to the building of a medical team, which is important in health care today."

**An invaluable opportunity**

"Education in health care administration is invaluable to physicians practicing in an increasingly managed environment," says Robert Suter, M.S., D.O., COMS '89, who also earned an HCA master's degree.

An emergency medicine physician at the Eisenhower Army Medical Center in Ft. Gordon, Ga, Dr. Suter says, "To be true patient advocates, physicians must be effective in both the administrative and clinical arenas."

"As a practicing clinician, I see tremendous benefit to obtaining knowledge in health care administration and management. I feel this aspect of "medical" training is essential to a well-rounded physician, and, medical students need to be encouraged to pursue this avenue of learning," says Vincent Mandracchia, D.P.M., an Associate Professor in the College of Podiatric Medicine and enrolled in the HCA master's program.

**Full HCA tuition waiver**

The university's administration approved a tuition waiver benefit for all full-time students enrolled in the Physician Assistant, Physical Therapy, and Osteopathic Medicine or Podiatric programs. With the approval from the dean of their appropriate College, students can take courses offered by the HCA Program without paying any additional tuition.
A new University publication, The Capsule, targets its employees.

New logo designed to give the University a strong identity separate from other medical schools.

Dr. Canby, assistant professor of anatomy, co-wrote a paper published by the Journal of Cardiovascular Pharmacology.

Dr. Burt, asst. prof. of biochem., made a presentation titled "DNA as Forensic Evidence" to the South Side Kiwanis for interests sake on DNA evidence in the O.J. Simpson trial.

Dr. Donald Downing, associate professor of OMM, has been named to the 1993-1994 edition of the National Directory of Who's Who in Exec. and Profess.

Dr. Gill, assistant professor of microbiology, made a presentation titled "Ticks, Deer, and Lyme Disease" at the Pharmacy Science Hall of Drake University.

The Community Liaison Committee of the University's anatomy department makes educational presentations throughout the community.

The University files counterclaims against former President Azneeer.

A third-party claim against the accounting firm Ernst & Young was also filed.
$145,000 worth of much needed improvements made in cafeteria-
Reopened as The Campus Cafe

Gov. Terry Branstad had the opportunity to meet with COMS students in January, as did all state legislators who attended UOMHS' open house hosted by President Marker.

Museum moved out to make way for library study area expansion to third floor.
Front Row: Bradley K. Hiatt (Secretary); Heather M. Marshall (Parlimentarian); Frederick M. Frank (Vice President)
Back Row: Thomas F. Ramstack (Treasurer); Daniel F. Kennedy (President)
Terry F. Simpson (Dean of Student Affairs)
Doctor of Osteopathy
The Osteopathic Oath

I do hereby affirm my loyalty to the profession I am about to enter.

I will be mindful always of my great responsibility to preserve the health and the life of my patients, to retain their respect both as a physician and a friend who will guard their secrets with scrupulous honor and fidelity, to perform faithfully my professional duties, to employ only those recognized methods of treatment consistent with good judgment and with my skill and ability, keeping in mind always nature's laws and the body's inherent capacity for recovery.

I will be ever vigilant in aiding in the general welfare of the community, sustaining its laws and institutions, not engaging in those practices which will in any way bring shame or discredit upon myself or my profession. I will give no drugs for deadly purposes to any person, though it be asked of me.

I will endeavor to work in accord with my colleagues in a spirit of progressive co-operation, and never by word or by act cast imputation upon them or their rightful practices.

I will look with respect and esteem upon all those who have taught me my art. To my college I will be loyal and strive always for its best interests and for the interests of the students who will come after me. I will be ever alert to further the application of basic biologic truths to the healing arts and to develop the principles of osteopathy which were first enunciated by Andrew Taylor Still.
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B.A. Biology

Brett D. Wagner  
Univ. of WI - LaCrosse  
B.S. Psychology

Kerry S. Waits  
California St. Univ. - Chico  
B.S. Microbiology

Douglas C. Walker  
Idaho State University  
B.S. Biology

L. D'Laine Westmoreland  
SW Texas State University  
B.S. Elementary Education

Allen C. Williamson  
Univ. of TX Med Branch  
B.S. Health Care

Howard J. Willis  
Idaho State University  
Ricks College
Adrian L. Woolley
Univ. of CA - San Diego
B.A. Anatomy/ Physiology

Daniel L. Wright
Wartburg College
B.A. Biology

Charles J. Zickus
Western Michigan Univ.
B.S. Physician Assistant

Gordon R. Wouters
Graceland College
B.A. Physical Education

Douglas A. Wright
Brigham Young University
B.S. Zoology

Jeffrey M. Wright
Univ. of Northern Iowa
B.A. Geology

Carson Wright
SUNY - Albany
B.S. Mathematics
Anita Aggarwal, D.O.
Punjab University
PhD

John Beckes, D.O.
San Diego State Univ.
PhD

L. Hagopian-Dresser, D.O.
UOMHS
DPM

Muhammad Hussain, D.O.
University of Toronto
PhD

James Keene, D.O.
Southern Illinois Univ.
PhD

Lalith Misra, D.O.
Texas A & M University
PhD

Steven Palmieri, D.O.
Univ. of NE - Lincoln
PhD
Senior Superlatives
D.O. 1995 Most Likely To...

Be the poster boy for priapism: Frank Singh
Be visited by aliens: Deb Hudak
Return home with the aliens, after mission completed: Mark O'Daniel
Perform emergency brain surgery in Burger King with a plastic spoon and french fry: Tammy Chance
Be the two classmates separated at birth: Sal & Rich Virgilio
Bring honor and respect to their alma mater: Paul Segal
Bring scandal and humiliation to their alma mater: Paul Sommerville
Be a professional witness: Jim Corcoran
Steal the Care-A-Van from the parking garage and become a roving gynecologist in the Pacific Northwest: Jeff Jamison
Work in the Tower: Adrian Woolley
Moonlight in the ER because of dedication and commitment: Allen Williamson
Moonlight in Taco Bell because of gambling debts and/or outstanding bar tabs: Ernie Hoffman
Snap one day and mow down postal employees at the local post office: Jeff Gerstel
Be an example of stability and good humor regardless of the situation: Rick Chase
Revive the Branch Davidian movement: Dennis Atienza
Be investigated by the ATF: Howard Willis
Throw tantrums in the O.R., hospital or office: Shawn Nessen
Be in the Ingersoli Crawl Hall of Fame: Angela Bucci
Order a library chair and/or study carrel for their home because they can't feel complete without it: Jeff Gerstel
Be a cruise ship physician: Jim Andrews
Be swabbing the decks of a cruise ship: Dan Wright
Be a popular GP that everyone loves and respects: Rick Chase
Senior Superlatives
D.O. 1995 Most Likely To...

Attend all possible hospital lectures and CME presentations in a four state region: Adrian Woolley
Participate in research & write articles for medical journals: Paul Segal
Participate in research & write articles for Penthouse: John Solas
Turn down a Harvard Fellowship: Laurie Dresser
Be dating a serial killer: Lynda Roden
Be the serial killer: Charlie Zickus
Be typecast to star in CBS miniseries "Napoleon": Leeor Peleg
Be totally unaware of a natural disaster occuring around them: Mary DeGroot
Be Dr. Bylander's mystery lover: John Solas
Be Dr. Peterson's mystery lover (with the obligate cellular phone fetish): Jim Andrews
Run naked through the OR: Rob McKinney
Die of cardiac arrest when the cable goes out: John Bowler
Have 14 children: Brett Akers
Be featured in the National Review or Rush Limbaugh show for setting new standards of chauvinism after offending hundreds with his sexist attitude: Jeff Jamison
To sexually harass male hospital employees and stalk her prey: Chris Brass
To default on loans: Melea Jensen
Perfect attendance: Larry Todd
Have stethoscope hanging from rearview mirror in event of emergency: Tom O'Brien
Throw it away & become rodeo clown: Ernie Hoffman
Be late for graduation: Carson Wright
Come back in ten years for an old test review because new information was found: Marty Mostens
GRADUATION
D.O. 1996
IN MEMORY OF
ANTHONY F. LEMONCELLO
D.O. 1996

"Make the most of today; You might not be here tomorrow."

Sometimes I wish it would never end.
It seems to go so fast.
And when all those days have past.
I'll remember when I called you friend,
and what you meant to me.

I thank you friend for being who you are.
For the times that I will remember,
before the time we will have to part.
And even if we will never be,
the friends we used to be.
You won't be any closer,
you have become a part of me.
So, as our lives keep rolling on,
to make to the end.
Please don't throw away the past,
and when I called you friend.

- Jay Miller
PHOTO NOT AVAILABLE

Julie A. McCormick  Lisa A. McKinney  John L. McNeill  Michael J. Moffatt  Paul E. Malling

Jeffrey D. Nasstrom  John M. Nichols  Melvin L. Nutter  Patrick W. O'Neil  Ronald P. Oberfoell


Craig R. Puck  Flint R. Packer  Ronald M. Palm  James J. Park  Rajdeep S. Parmar
D. O. 1997 Class Picnic
D. O. 1998 Class Skating Party
D. O. 1998 Class Fundraiser
Doctor of Podiatric Medicine
Oath of the Podiatric Physician

Upon my honor, and without secret evasion or mental reserve, I declare that I will accept the moral and the legal responsibilities as well as the privileges which become mine as a member of the profession of Podiatric Medicine.

Those talents with which a beneficent providence may have endowed me will be devoted to aid those who may choose to entrust themselves to my judgement, my care, and to my honor.

In serving my patients I will administer to their needs in a professional manner to the best of my ability.

I will abstain from all intentional harm and wrong-doing to my fellow citizens, and especially from abusing the soul or the body of those who entrust themselves to my professional care. I will refrain from overindulgence of any kind.

In my association with human-kind, both within and without my professional life, I will endeavor to do unto others exactly as I would that others do unto me and mine.

In all good faith, so far as may lie in my power, I will support my profession and will do what I may to advance its best interests even at the sacrifice of my personal advantages.

In all instances will I do that which will reflect credit and honor on this my chosen vocation.
Agosto-Betancourt, DPM
University of Puerto Rico
B.S. Pre-Med

Charles H. Allison, D.P.M.
Bellevue College
B.A. History

Lindsay D. Barth, D.P.M.
So. Illinois - Edwardsville
Lewis & Clark Comm. Coll.

Keith A. Beauchamp, DPM
Angamon State University
B.A. Biology

Daniel J. Benson, D.P.M.
Wabash College
B.A. Psychology

Reed K. Burk, D.P.M.
Arizona State University
Mesa Comm. Coll.

Robert A. Colligan, D.P.M.
Midland Lutheran College
B.S. Biology

Sheryll D. Elder-Cole, DPM
Coe College
B.A. Biology

Russell D. Evans, D.P.M.
Briar Cliff College
B.S. Biology
PHOTO NOT AVAILABLE

Joseph D. Funk, D.P.M.
Idaho State University
B.S. Biology

Margaret M. Furlano, DPM
Viterbo College
B.S.N.

Tommy W. Garnett, D.P.M.
Auburn University
B.S. Physical Science

Ellen Y. Gebhart, D.P.M.
University of Arkansas
Palo Alto College

Robert A. Gjertson, D.P.M.
Bethel College
B.A. Biology

Dirk S. Halverson, D.P.M.
South Dakota State Univ.

Denise A. Hardy, D.P.M.
University of Wisconsin
B.S. Zoology

Brent D. Haverstock, DPM
N. Ireland Sch Chiropody
Diploma

Robert J. Heath, D.P.M.
St. Cloud State University
B.S. Biology
Jason B. Kurek, D.P.M.
Queen's University
B.S.C. Biology

Edward Law, D.P.M.
Loma Linda University
A.S. Resp. Therapy

Kevin D. Lind, D.P.M.
Bethel College
B.S. Biology

Priti J. Lakhani, D.P.M.
Washburn University
B.A. Biology

Karen F. Leaver, D.P.M.

George M. Mangle, D.P.M.
Mississippi Valley State
B.S. Biology

William M. Lappin, D.P.M.
Northeastern University
B.S. Pharmacy

Scott J. Leum, D.P.M.
Univ. of WI - LaCrosse

Veronica Marrochello, DPM
SE Massachusetts Univ.
B.S. Biology
Richard R. Perez, D.P.M.
Florida State University

Gregory J. Poole, D.P.M.
University of Minnesota
B.S. Microbiology

Jill H. Scholz, D.P.M.
Iowa State University
Univ. of WI - Madison

Aaron W. Perkins, D.P.M.
Belmont Abbey College
B.A. Political Science

Greg D. Pound, D.P.M.
Oregon State University
B.S. General Science

Brian E. Shockley, D.P.M.
Florida State University
Univ. of TX - Arlington

Dana L. Plew, D.P.M.
University of Iowa
B.S. Physical Education

Anna L. Ruelle, D.P.M.
Univ. of MA - Amherst
B.A. Zoology

Greg D. Pound, D.P.M.
Oregon State University
B.S. General Science

Thomas E. Sinnett, D.P.M.
Univ. of Montana
B.A. Zoology
Kevin M. Smith, D.P.M.
Univ. of Northern Iowa
Harrisburg Area C. C.

Mark A. Smith, D.P.M.
Illinois State University
B.S. Biological Science

Carolyn Stansberry, D.P.M.
Morningside College
Wayne State College

PHOTO
NOT
AVAILABLE

Douglas D. Stewart, D.P.M.
Black Hawk College
Augustana College

Craig H. Stibal, D.P.M.
St. Cloud State University
B.A. Biological Science

Russ S. Sticha, D.P.M.
University of Minnesota
B.S. Biology

Joel N. Syvrud, D.P.M.
North Dakota State Univ.
B.S. Microbiology

Maureen Tierney, D.P.M.
Washburn University
B.S. Biology

Trent J. Timson, D.P.M.
Univ. of Northern Iowa
B.A. Biology
Scott E. Westmoreland, DPM
SW Texas State Univ.
B.S. Env. Studies

Shari L. White, D.P.M.
SUNY- Cortland
B.S. Biology

Gregory M. Wiggins, DPM
Georgia Southern Univ.
Brewton-Parker College

Deborah Winter, D.P.M.
Luther College
B.A. Biology

Mark E. Yuska, D.P.M.
Iowa State University
Univ. of Northern Iowa
CPMS NIGHT
Physician Assistant
The University believes there is a need and place on the health care team for an intermediate-level member. Physician assistants have filled this intermediary role by providing quality medical care for more than 25 years, and have become established as valuable members of the health care team.

Under the supervision of a sponsoring physician, the P.A. performs medical tasks and functions previously done only by physicians. With a P.A. on the health care team, the physician can care for patients more efficiently by concentrating on complex medical problems. Through this team concept, the physician and physician assistant work together to provide better medical care for more people. In addition, physician assistants are helping to offset physician shortages in rural areas of Iowa and the nation.
Todd D. Helgeson
N. IA. Area Comm. College
A.A.

Larry D. Johnson
Des Moines Area C.C.

Lorraine G. Laliberte
S. Maine Voc Tech Inst.
A.A.S.

Shelly M. Palmer
Des Moines Area C.C.

Brent D. Plackner
St. Cloud State University
B.A. Biological Science

Steven D. Reeves
Luther College
B.A. Mathematics

Shanon D. Roelfs
Univ. of Northern Iowa

Teresa A. Sieck
Buena Vista College
B.A. MIS

Carol A. Smith
Santa Rosa Junior College
A.S.
Loyal R. Stierlen  
Des Moines Area C. C.  
A.S. Liberal Arts

Gregory S. Van Peursem  
Northwestern College

Patricia D. Weishaar  
IA Central Comm. College  
A.A.S. Nursing

Caroline A.V. Woods  
Iowa State University  
B.S. Biology
PROGRAM OF STUDY

The curriculum is designed to meet the needs of students who will be working with physicians in primary care and medical specialties. The 24-month interdisciplinary program, which begins each June, stresses the interrelationships of various functions and organs of the body, and makes the student aware of the unique social, psychological and medical needs of each patient. The program is divided into two major parts: classroom study and clinical experience. The classroom portion of the curriculum is based on a problem-oriented approach to the patient. Classroom study includes anatomy, biochemistry, pharmacology, physiology, nutrition, microbiology, radiology and pathology. The clinical sciences portion of the classroom curriculum covers each system of the body, such as cardiology, neurology and gastroenterology, as well as pediatrics and geriatrics.
Physical Therapy
The mission of the Program in Physical Therapy is to develop sensitive, competent practitioners in the art and science of physical therapy. Central to this mission is the development of physical therapists with a comprehensive total body concept incorporating the emotional, physical and socioeconomic components of health care. The program promotes the integration of these concepts into the lifelong learning process to advance the profession of physical therapy. The program is geared towards providing physical therapists to serve a diverse group of populations and geographic regions.
Clinton B. Allen
Brigham Young University
B.S. Computer Science

Daniel D. Barber
Illinois State University
B.S. P.E. Education

Aime K. Bohrer-Claude
Loras College
B.A.

G. Tyler Brinkerhoff
Southern Utah University
B.A. Language

Christina A. Bauer
Evergreen State College
B.A.

Traci A. Bush
Univ. MO - Columbia
B.H.S.

James A. Dickbernd
University of Wyoming
B.S. Physical Education

Tia M. Fischer
Colorado State University
B.S. Exercise Science

Stephanie L. Fulcher
University of NE - Lincoln
B.S. Education
Shelley M. Graff  
University of North Dakota  
B.S. Athletic Training

Tracy D. Hardie  
Florida Southern College  
B.S. Biology

Blake A. Hardy  
St. Cloud State University  
B.A. Biological Science

Mark A. Havran  
Central College  
B.A. Physical Education

Steven D. Higgins  
Winona State University  
B.S. Biology

Kristina M. Hoban  
Mesa State College  
B.S. Biological Science

Michelle L. Kennedy  
Iowa State University  
B.S. Psychology

Jill M. Krueger  
College of St. Benedict  
B.A. Biology

Kevin P. Lenz  
Univ. of WI - La Crosse  
B.S. Biology
Jacklyn S. Marburger  
Mankato State University  
B.S. Athletic Training

Wendi J. Marnach  
Moorhead State University  
B.S.

Matthew K. Morgan  
SW Texas State University  
B.A. Biology

Dianne K. Mork  
South Dakota State Univ.  
B.S. Public Records

Trevor J. Nebel  
University of Iowa  
B.S. Psychology

Aimee N. Nelson  
Winona State University  
B.S. Biology

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Cynthia A. Pickworth  
NE Wesleyan University  
B.A. Biology

Brenda M. Salisbury  
Western Michigan Univ.  
B.S. Physical Education

Kandace K. Sarver  
Hastings College  
B.A.
Phillip J. Schaible
University of MI - Ann Arbor
A.B. Economics

Jeanne E. Schneyer
Univ. of WI - LaCrosse
B.S. Physical Education

Shantel M. Smith
Simpson College
B.A. Biology

Michelle A. Speicher
University of Pittsburgh
B.S. Psychology

Ronald A. Sumner
Univ. of AL - Birmingham
B. S. Computer Science

Roger E. Taylor
Brigham Young University
B.S. Physical Education

Sonya K. Tiedeman
Northwestern College
B.A. Biology

Darcy A. Weller
University of South Dakota
B.S. Physical Education

Robert A. Wilkens
Augustana College
B.A. Psychology
Krisanne K. Wisecarver
Drake University
B.A. Biology

Kelly A. Wittmayer
University of Northern Iowa
B.A. Science

Christine Young-Denny
Iowa State University
B.S.

Kerri L. Zietlow
Indiana State University
B.S.
University Club Day
University Club Day
National Physical Therapy Month

Every year, the month of October is recognized by the American Physical Therapy Association (APTA) to commemorate the profession of physical therapy. For October of 1994, posture was selected as the theme. Emphasis was given to body mechanics, proper lifting techniques and correct posture.

Here on campus, the physical therapy department devoted one week out of the month to celebrate this national event. During this week, the P.T. Club sponsored a variety of activities including a bake sale, wheelchair obstacle course, a raffle with prizes donated by various Des Moines businesses, and a water balloon toss at raving faculty members in wheelchairs.

Michelle Speicher and Stephanie Faulker of the PT 1995 Class distribute prizes contributed by the community for the raffle.

The PT Class of 1996 is found "chilling out" with a couple of ice cream cones.

Mr. Simpson and President Marker discuss policy changes for the PTs, while PT faculty member, Sue Bryant, is a moving target.

Kevin Lent, PT '95, shows off his balloon.

Here's the game!
The University All-School Picnic

The Izaak Walton League Park was once again the site of this year's University All-School Picnic. Held at the end of orientation week in August, this event allows old friends to reunite after the summer's break, as well as new friendships to be formed. The weather was beautiful and the food was free!

The picnic is sponsored by the Student Council in conjunction with the Office of Student Affairs. Among the menu items offered, the barbecue and hot dogs appeared most popular! The day was then completed with some friendly competition on the volleyball court!
We're just plain 'ole folk here. Brought to you by the letter 'A.'

"Tonya Harding" innocently reaches for a cheap thrill to affirm that "Elvis" really is alive.

"Sonny and Cher" together again.

What can we say about this one? It's definitely unique!

"The Fruit of the Loom" gang demonstrates their qualities!

Dave Ronko? Is that you?

Hey! Somebody close that door!

Cuisine bound!
Health Fair: Another Successful Year!

"The students at UOMHS feel a strong commitment to the Des Moines Community."

The twelfth annual Health Fair had one of its most successful years with the help of 320 volunteers. Health Fair 1994, was held on Saturday, October 15, with a record attendance of over 600 participants. A wide variety of services were provided including blood pressure checks, adult and pediatric physicals, pap and pelvic exams, foot and ankle exams, flexibility testing, osteopathic structural screenings, and many others.

The students at UOMHS feel it is essential that the community become aware of the Osteopathic approach to preventive health care. By providing people with this information necessary to plan for a healthy lifestyle, we hope to fulfill part of our commitment to the residents of Des Moines.

Nicole Post served as Chairperson and both Brandt Wood and Jeff Nasstrom served as Co-Chairmen. All three are students of the D.O. class of 1997.
1995 Eli Lilly Trip

The 1995 Eli Lilly trip started early on Feb. 12, at 7:00 am - virtually hours after the Valentine's formal had ended! The bus ride lasted approximately 8 hours, which sped by due to the VCR equipped bus.

Upon arrival in Indianapolis, Eli Lilly generously provided hotel accommodations and elegant meals. Both Monday and Tuesday included Eli Lilly factory tours and educational videos and discussions. Monday afternoon was spent visiting Westview Osteopathic Hospital, as well as a tour of the Indianapolis Medical History Museum.

The evenings were spent relaxing and exploring Indianapolis nightlife, and true to form, the 1995 Eli Lilly trip was a relaxing and enjoyable weekend for all participants.

Lisa Ballehr enjoying her pears at this table of young doctors.

D.O. 97 student Eric Bettis demonstrates dementia by spending time sitting in the antique wheelchair at the Indianapolis Medical History Museum.
Mindy observes another intelligent competitive discussion on knowledge of ancient medical equipment.
(Craig Pack, Mindy Dhillon & Greg Boettcher).

Kari Karo has an obvious affinity to Vinnic's!
(Vinnie Valente, Kari Karo, Vinay Kwatra)

Kelly, Jenna & Jen relax and unwind after a hard day of touring.
Valentine's Day
Semiformal
Valentine's Day
Semiformal
Valentine's Day
Semiformal
Valentine's Day
Semiformal
UOMHS CHARITY GOLF TOURNAMENT
COFFEE HOUSE
In the Courtroom

Marcia Clark, prosecuting attorney in the State of California vs. O. J. Simpson

Rwandan Civil War

Bosnian Civil War

Senator Bob Dole
If elected, will be the oldest president to ever serve in office

Health care reform, taken on as a leading issue in U. S. Government, has no clear solutions in
In the Courtroom
Marcia Clark, prosecuting attorney in the State of California vs. O. J. Simpson

Rwandan Civil War

Senator Bob Dole
If elected, will be the oldest president to ever serve in office

Bosnian Civil War

Health care reform, taken on as a leading issue in U.S. Government, has no clear solutions in sight

NATIONAL HEALTH CARE PLAN
1 PAYER Sys
Garth Brooks increasingly gains popularity with the comeback of country music.

Hillary Clinton remains in the political spotlight as the nation's First Lady. She has made herself visible in health care reform and her international goodwill tour with her daughter, Chelsea.

Middle East Peace Conference
Heather Whitestone crowned as Miss America and the first hearing impaired woman to achieve this goal.

Woodstock 1994

25 years after the original Woodstock, thousands of people gather to recreate the concert that made history.

As players and owners fail to come to an amicable agreement, a baseball strike prevails to the grave disappointment of many fans.
WOMEN'S MEDICAL ALLIANCE
SPORTS MEDICINE
AMERICAN MEDICAL STUDENT ASSOCIATION
The Christian Medical and Dental Society (CMDS) enjoyed a tremendous year of growth with its members and with the leadership of Stuart Schrader, Lisa Waite, Neil Propst, Arvin Trippensee and Dennis Bley. The group held weekly Bible studies and meetings on campus featuring Christian physicians and students, including Joe Figueroa, a graduating OMM Fellow. The group visited the children at Mercy Hospital on Halloween, went horseback riding and ice skating, and held their annual Back-to-School picnic and Christmas party. In addition to sponsoring the Fall Conference, the students at UOMHS hosted a banquet at which the executive director of CMDS, Dr. David Stephens, spoke. Dr. Stephens shared his medical mission experiences, as well as his desire to help students planning to receive medical education in the mission field. CMDS desires to reach out to all students and they invite anyone to come just as they are!
The UAAO continued with its strong resurgence of the past three years! The UOMHS/COMS chapter has grown to over 275 members because of its tradition of on-campus services to its chapter members, community service, outreach programs, Stronglite OMM table sales, and participation of its members at the national level. This year marked the continuation of UAAO sponsored OMM review sessions, an OMM review book, a cranial course offered in the fall, and most exceptionally, an outreach program to let college pre-med students know about the opportunity and advantage of receiving an osteopathic education.

The annual Convocation, held in Nashville, Tennessee this year, was a great time for those who chose to attend. They had a great time meeting students from other schools and physicians from around the nation. Many of the osteopathic gurus were present to give small groups of students treatment tips during an "Evening with the Stars." Students were also able to attend workshops to learn about more OMT techniques. Jeff Beckenbaugh, the current president, was elected as Vice Chair of the national UAAO Council for the 1995-1996 school year, and the Vice President Carrie Duttenhoffer, gave an excellent presentation.

It was a great year! Thanks to all who participated.
The UAAO continued with its strong resurgence of the past three years! The UOMHS/COMS chapter has grown to over 275 members because of its tradition of on-campus services to its chapter members, community service, outreach programs, Stronglite OMM table sales, and participation of its members at the national level. This year marked the continuation of UAAO sponsored OMM review sessions, an OMM review book, a cranial course offered in the fall, and most exceptionally, an outreach program to let college pre-med students know about the opportunity and advantage of receiving an osteopathic education.

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Among the many successes of this years club was the National Student Osteopathic Medical Association (SOMA) Convention in San Francisco, California. There were over 25 UOMHS/COMS members in attendance! And our very own Dr. David Boesler, D.O. was selected as the 1994 recipient of the George Northrop Award for outstanding osteopathic educator! It couldn't have been a better year!
SIGMA SIGMA PHI

Sigma Sigma Phi is a national osteopathic academic honor society. The club's goals are to further the education of those within the school and the community. On campus they gave tours to prospective students, held a student Cancer Conference, an internship/residency forum, and a specialty forum.

Community service was another important focus for SSP. Some of the organizations they worked with included the American Heart Association, the American Cancer Society, and the United Churches Food Shelter. This successful year was completed when Sigma Sigma Phi was voted Club of the Year!
ASSOCIATION OF MILITARY OSTEOPATHIC PHYSICIANS & SURGEONS
NATIONAL MINORITY INTL. OSTEOPATHIC MEDICAL ASSOCIATION
FOOT AND ANKLE SURGEONS CLUB

This year the Foot and Ankle Surgeons Club boasted over 100 members! Bi-weekly case presentations from Dr. Mandracchia and other faculty members were presented for its members, as well as various guest speaker presentations on podiatric issues. They also offered special labs and were a huge part of The University's Health Fair this year.
PHYSICAL THERAPY
PHI DELTA EPSILON
AMERICAN COLLEGE
OF OSTEOPATHIC
FAMILY PRACTICE
PEDIATRICS

CLUB
NEUROPSYCH

INTERNAL MEDICINE
STUDENT NATIONAL PODIATRIC MEDICAL ASSOCIATION
1. Stephen and Kimberly Outten
   June 18, 1994

2. Paul and Tanya Diegel
   January 1, 1994

3. Jamie Bunn and Kaaren Oleson
   June 17, 1995
1. O. Edmon Duncan, Jr. and Lisa A. Bukovac
   June 24, 1995

2. Thomas and Jennifer Schmeiser
   July 8, 1994

3. Mathew and Tracy Mixdorf
   May 7, 1994
1. Chad and Tracy Smith
   June 4, 1994

2. Stuart and Stacy Schrader
   June 24, 1995

3. Tony and Laurie Fiore
   June 24, 1995
1. Charles and Randi Jaffee
   May 28, 1994

2. Keith and Mary Kleis
   October 1, 1994

3. Mike McFarlane and Sherry Stevens
   June 25, 1994
1. Robin and Dana
   Teagarden, III
   June 25, 1994

2. Raymond and Stephanie
   Depa
   June 17, 1995

3. Kelsi Lynn Hoffman
   Tim and Vicki Hoffman
   August 8, 1994
1. Ariel Fassel
   Brian and Cindy Fassel
   January 17, 1995

2. Chad Allen Wooten
   David and Huong Wooten
   March 21, 1995

3. Anthony Raymond Kiraly
   Michael and Catherine Kiraly
   July 4, 1995
1. Alexis Hansen
Brent and Carla Hansen
June 1, 1994

2. Grace Jennifer Schmeiser
Thomas & Jennifer Schmeiser
April 30, 1995

3. William Rommel Serrano
Steven and Julie Serrano
March 15, 1995
1. Felix Nematbakhsh
   Mr. & Mrs. Nematbakhsh
   October 15, 1994

2. Lance James Vukonich
   James & Teri Vukonich
   January 10, 1995

3. Mason Douglas McLaws
   Douglas & Tiffany McLaws
   November 9, 1994
1. Austin James Akre
   Michael Gerard Akre
   Thomas and Mary Akre
   May 18, 1995
2. "Baby A" Diegel
   "Baby B" Diegel
   Paul and Tanya Diegel
   ??????, ?? 1995
In March, UOMHS sent two teams to the Kirksville College of Osteopathic Medicine in Kirksville, Missouri to participate in the annual "Rotator Cuff Basketball Tournament." The weekend's events included not only a bunch of exciting games against teams from the Kirksville College of Osteopathic Medicine, Washington University, and the University of Nebraska, but also free throw shooting, 3 point shooting, and half court shooting competitions. Kirksville College did a terrific job of making everyone feel welcome, including providing them with consistently great food and hosting a party for tournament participants. Overall, everyone involved had an excellent time and is looking forward to next year's "Rotator Cuff Tournament."

Left to right: Rod Dempewolf, Matt Williamson, Steve Outten, Jay Sidloski, Chad Veenhuis, Kirk Woelffer, Eric Etzel, Darin Ott, Jason Larson
Doctors Do Make A Difference

WANTED: Physicians with warm, comforting bedside manners to provide care in high-tech modern environment.

Ask any patient. The difference between a good hospital is the caring, the comforting, and the dedication of its physicians.

Our Physicians are Making...

Des Moines General Hospital

...Better At What Matters
Wayne Freeman
*Knew how much Flint Osteopathic Campus valued his internship training. Wayne was a member of the Internship Class of 1993.*

At Flint Osteopathic Campus your internship and residency are important to us. That is why we offer educational programs that emphasize the importance of your training experience.

Flint Osteopathic Campus, with 327 beds, offers a full range of medical, surgical, emergency, and intensive care services. The facility logs 36,000 outpatient emergency visits and 12,000 surgical procedures annually. FOC is affiliated with MSU/COM, KCOM and UHS/COM.

At FOC, the intern and resident receive training in both outpatient ambulatory care as well as inpatient practices with all medical and surgical subspecialties being covered.

The medical education program is designed to provide a structured curriculum and experience in diagnosis and treatment.

**Residencies**
- Anesthesia • Emergency Medicine • Family Practice • Internal Medicine • Obstetrics/Gynecology • Ophthalmology • Orthopedics • Otorhinolaryngology • Pathology • Radiology • Surgery

**Fellowships/Subspecialty Residencies**
- Critical Care • Gastroenterology • Medical Diseases of the Chest

**One-Year Rotating Internships**

**Student Externships**

Morning reports and guest physician lectures occur daily. Reading lists and objectives have been developed for each department. EKG conferences are scheduled twice monthly. The FOC Congdon Lecture Series brings both D.O. and M.D. physicians to the hospital each month. Prominent practitioners, representative of both medical communities, share expertise in research findings during these day-long seminars. Ambulatory clinics provide longitudinal continuity training for interns and residents. Both traditional and alternative track internships are available at FOC.

The hospital is a charter member of the Consortium of Osteopathic Graduate Medical Education and Training (COGMET) in association with Michigan State University.

**Dennis V. DeSimone, D.O.**
*Director of Medical Education*

Please call us at anytime to learn more about our programs and special education incentives. Bonuses are available for those who choose Primary Care Residency Programs. Applicant interviews are combined with a full day's tour and examination of clinical facilities at FOC.

810/762-4707 or 1-800-233-2863

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*Why should you choose Riverside Osteopathic Hospital?* We present you with a challenging case mix and you actively participate in the management of those patients. You receive extensive training in both the inpatient and outpatient ambulatory care settings. Furthermore, our medical education partnership with Henry Ford Health System, the nation's largest academic regional health system, adds a new dimension to our intern, resident and hospital-based extern programs.

**EXTERN -** Suburban rotations available in almost every medical and surgical specialty. R.O.H. is a regional campus of the Kirksville College of Osteopathic Medicine and is affiliated with Michigan State University College of Osteopathic Medicine. All other osteopathic medical students are welcome and encouraged to complete elective rotations at Riverside.

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- traditional osteopathic internship
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- special emphasis track internship in family medicine.

Extensive clinical rotations and academic experiences at the 903-bed Henry Ford Hospital and its multiple regional inpatient and ambulatory sites are integrated into your training experience in all internship tracks.

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Strong academic affiliation with COGME (Consortium for Osteopathic Graduate Medical Education and Training), the Michigan resource pool of MSU/COM and Michigan's hospital-based training programs.

*Cardiovascular Thoracic, Orthopedics and Radiology Residencies are combined programs with our sister hospital, B-County Community Hospital.
Lakeview Hospital is a 118-bed, acute care osteopathic teaching hospital, accredited by the AOA and approved for intern and general practice resident training. An elective extern program is available. All major services are utilized, including outpatient surgery and complete diagnostic facilities. For further information call: (414) 259-7224.

J.E. Race
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(813) 397-5511

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- Emergency Medicine
- Hematology
- Gastroenterology
- Medical Diseases of the Chest
- Cardiology
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For further information, contact:

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For more information call the Department of Medical Education, Firelands Community Hospital at (419) 626-7400.

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Tracking Internships: OBSTETRICS/GYNECOLOGY
Effective Rotations Available: DERMATOLOGY, GASTROENTEROLOGY, NEUROLOGY, ONCOLOGY, RADIOLOGY, ANESTHESIOLOGY or additional rotations in specialties listed above.

**RESIDENCY TRAINING:**
FAMILY MEDICINE and OBSTETRICS & GYNECOLOGY

**ELECTIVE EXTERN ROTATIONS:**
- 2-Week, 4-Week Rotations
- Room and Board Furnished
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- Pediatrics - Obstetrics and Gynecology - Internal Medicine
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**Contact:**
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- E.R. visits - 21,200

Educational
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- Didactics include business management,
  medical/legal issues, and behavioral science
- OB/GYN Residency
- Family Medicine Residency
- Rotating Internships
- Clerkships
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* Very Affordable Living

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William C. Rankin, Jr, D.O.
Director, Medical Education

Poncet Bills, D.O.
Director, Family Practice Residency

SELBY

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1106 Colegate Drive, Marietta, OH 45750
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18 Approved Internships:

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• Internal Medicine

Approved Residencies:
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• 18 Emergency Medicine
• 12 Family Practice
• 4 General Surgery
• 4 Internal Medicine
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For more information, contact Levente G. Batiny, D.O. Director Office of Medical Education
Meridia South Pointe Hospital
4110 Warrensville Center Road
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Best wishes for success
and prosperity from the
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Botsford, known nationally as a leading teaching hospital, offers extensive continuing education programs in a wide range of specialties and sub-specialties. Our affiliation with Michigan State University College of Osteopathic Medicine allows our physicians additional access to the latest research in diagnostic and therapeutic technology.

While we continue in our commitment to progress by expanding our facilities and training our staff in the most current techniques and procedures, we recognize that health care is not limited to technology.

Our most fundamental activity is the provision of personal, compassionate care that considers the entire person.

At Botsford, we believe that making a difference in the world starts in our community.
Here Today...

Building For Tomorrow

Dynamic Experience in Medicine
Few educational programs can match the challenge and diversity of the Pontiac Osteopathic Health System. Our state-designated Level I Emergency Trauma Center is recognized as one of the most renowned Trauma Centers in Michigan, annually receiving over 34,000 visits. Encompassing urban, suburban and rural settings, our service areas expose externs, interns and residents to a dynamic variety of patients and educational experiences.

A Rewarding Challenge
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A progressive healthcare philosophy has been our hallmark for over forty years. In less than eighteen months our most ambitious undertaking will be realized with the completion of a new ten story facility. The new hospital will provide for a state-of-the-art teaching environment including contemporary surgical suites, conference rooms, a dedicated lecture hall and expanded medical library facilities. A patient-centered philosophy has directed our efforts in creating a responsive healthcare system. This system offers a unique academic and professional opportunity.

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1-800-443-1859
Deborah Hudak
It is difficult to express my pride in your graduation from medical school. May God bless you as you continue to advance in the medical field.
Much Love, Mother
Tommy "O",
Your parents are very proud
of your accomplishments;
Grandson, love you very much.
May God guide you
to be the best doctor ever.

Brent,
Your hard work and dedication
has enabled you to attain your
goal. We are very proud of you.
Congratulations. May life be
good to you and Karen.
Love, Mom, Dad & Karen

Dr. Candace L. Thompson,
Your family is extremely proud
of you! You've achieved the
ultimate goal through lots of
hard work, determination and
sacrifice. You continue to be
a JOY to us! We love you!
Mother, Dad & Randall

Brandon,
We are very proud of you
and we love you very much.
May God go with you.
Mom & Dad

Congratulations,
We are very proud of you,
We give God praise daily
for Dr. Waybrun J. Hebert, III
Love, Hugs, Kisses,
Dad, Mom & Family

Tracy D. Hardie,
We are very proud of you.
A new life is ahead,
may you be happy
as you pursue your dream.
Much love, Mom & Dad
Angela Bucci,
Roses are Red, Violets are Blue
We can "FINALLY" Say
No more school for you!!
Proud & Love you,
Mom, Dad, Grams, S&B,
John, Donna, Rob & Samantha

You had a dream.
Your hard work and positive attitude
have made that dream reality.
Congratulations,
Dr. Christopher Kramer, D.O.

Congratulations to my wife Wendi,
for her dedication, determination,
and perserverance. This commitment
will touch the lives of many, positively,
in all the following years.
Daniel Marnach

Congratulations, Mary.
We are proud of you,
and we love you.
We wish you every success
in the future.
Mom & Dad, Brothers - Sean,
Fred, Ted and William

Congratulations to the P.T. Class
of '95
----Union of Outstanding,
Magnificent, Hair-raising
STRESSED-OUT P.T.'s !!
We're all proud of you Wendi!
Love, Dan, Mom, Dad, Lana, Glen,
Tracie & Joe

Dear Christine,
The entire family is proud of your
accomplishment and dedication.
we all love you and wish you success
in your medical career.
Love, Mom, Dad & Pati
Anna, Congratulations!
Our pride in what you have accomplished exceed words.
Our prayers go with you as you help to heal.
Our love, Chuck & Mama

Steven Palmieri,
Son, your medical degree, an outstanding achievement, throughout it all.
Always a Wonderful Husband, Father, Son.
Proudly, I know you will be a fine doctor.

With love and pride, we congratulate our darling daughter, Adrian Lynne Woolley, on her achievement. Your family wishes you continuous success in your endeavours.

Sabrina Davis,
We are so proud of you reaching this milestone in life. May you reach every goal in your future. Congratulations.
Dave & Judy

Congratulations, Paul Chupka
You have achieved your ultimate goal, and we are very proud of our first doctor.
Love, Dad, Mom, Rose, Karen and Clarence

Congratulations, Aime on your success in becoming a 1995 P.T. graduate! You are a joy and delight. God's love shines through you. Blessings, Mom and Dad