

Health Careers Exploring Post 141 meets the second and fourth Tuesday of each month during the school year from 7-9 p.m. on the DMU campus in Des Moines

**Want to know more?**

For recorded information, call 515-271-1621; for the Post Administrator, call 515-271-1374. You can also visit [www.dmu.edu/community](http://www.dmu.edu/community).

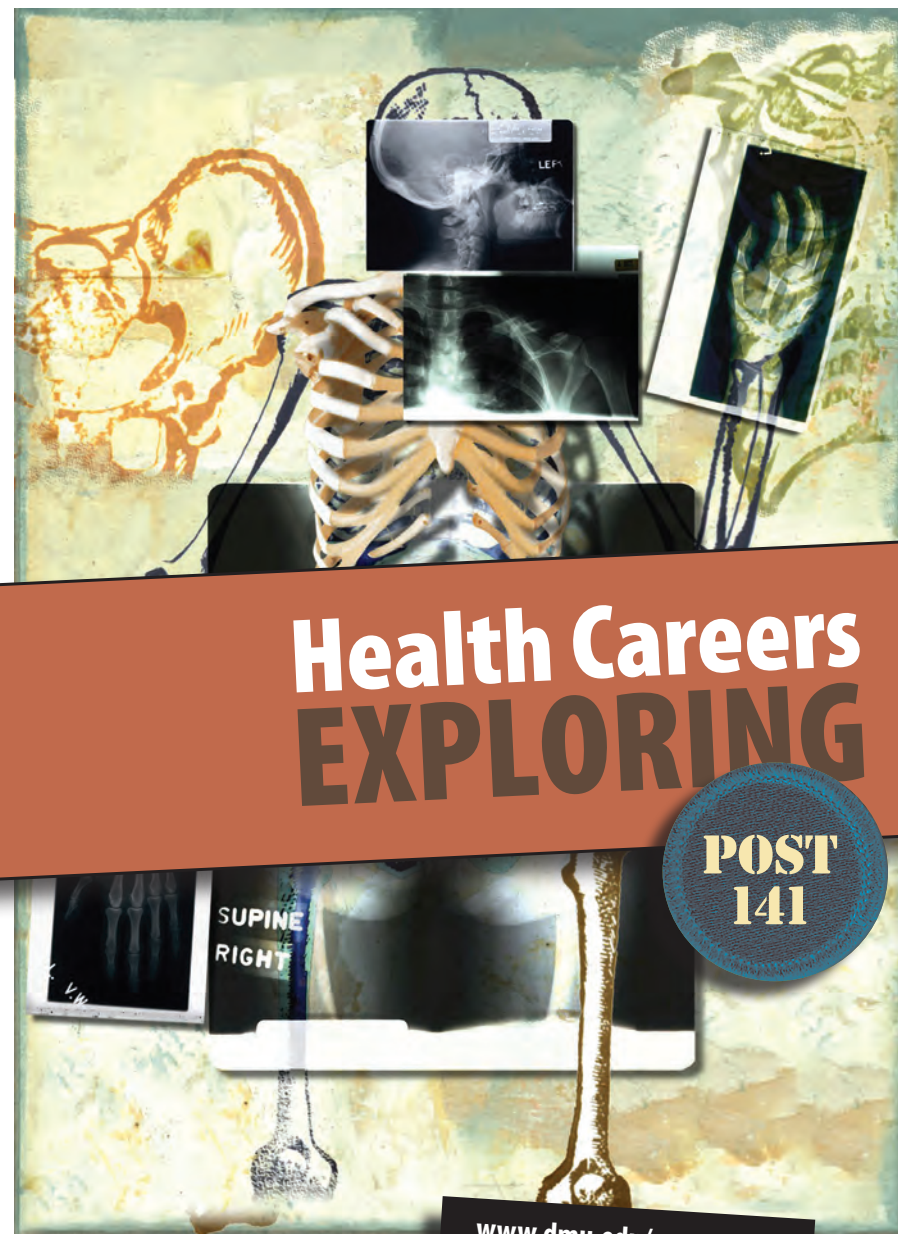
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*Learn more about careers in health care ...*

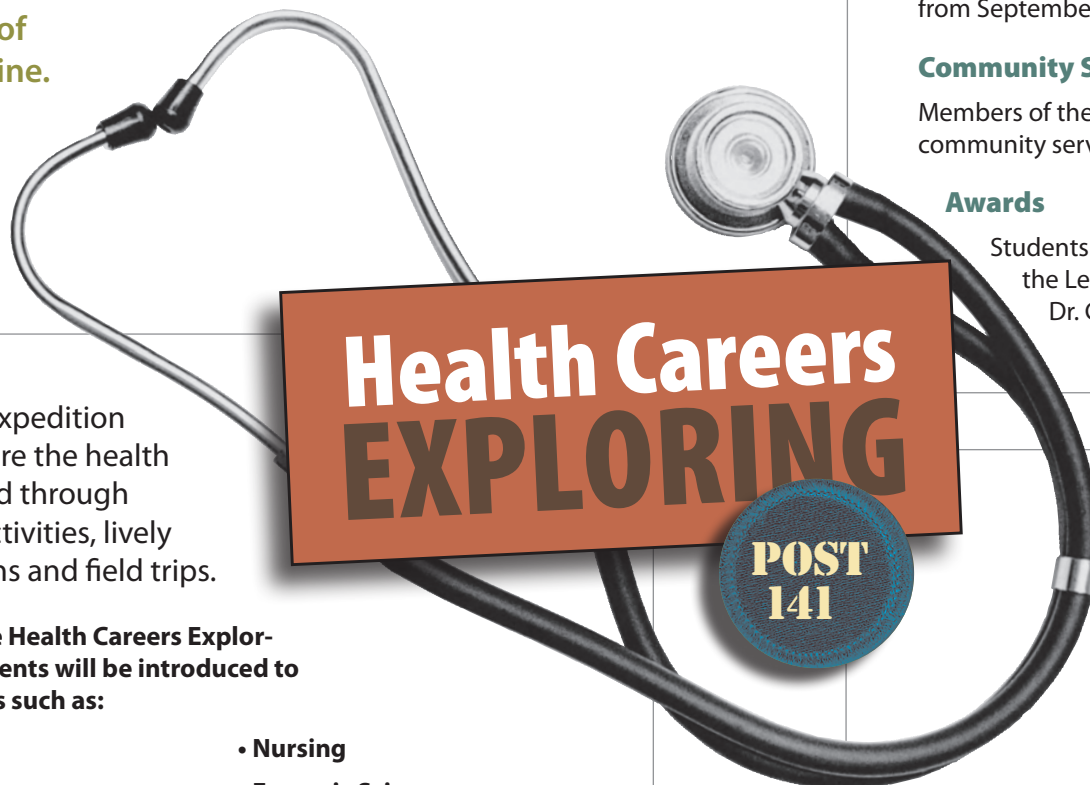


# Health Careers EXPLORING

**POST  
141**

[www.dmu.edu/community](http://www.dmu.edu/community)

Des Moines University, Learning for Life and the Central Iowa Area Health Education Center (AHEC) offer a unique opportunity for students ages 14-20 to embark on an adventure into the world of modern medicine.



Join an expedition to explore the health care field through hands-on activities, lively presentations and field trips.

By joining the Health Careers Exploring Post, students will be introduced to health careers such as:

- Surgery
- Family Practice
- Obstetrics
- Physical Therapy
- Osteopathic Manual Medicine
- Pediatrics
- Emergency Medicine
- Podiatric Medicine
- Nursing
- Forensic Science
- Orthodontics
- Public Health
- Psychology
- Social Work
- Medical Technology

Students also spend time with Des Moines University health care students who answer questions, share their experiences and encourage participants to explore career opportunities in health care.

### Who can join?

To join Exploring Post 141, you just need an interest in health care. The program is for male and female students ages 14-20. It runs from September to April, and requires a \$20 registration fee.

### Community Service

Members of the Health Careers Exploring Post 141 are involved in community service projects to help give back to the community.

### Awards

Students participating in the program are eligible to win the Leadership Award, Young American Award, Dr. Gerald Cooper Award and Participation Award.

### What else does the program include?

- **TOUR a medical facility** and get a behind-the-scenes look at what really happens.
- **TALK with doctors, nurses, physician assistants, physical therapists and medical specialists** about their experiences in health care.
- **EXPLORE career opportunities** in forensics, nutrition, medical technology and many other unique fields.
- **LEARN about the procedures used by a wide range of health care professionals** including surgeons, psychiatrists, podiatric physicians and pharmacists.
- **MEET the next generation of healthcare providers** – today's medical students.
- **SERVE as an officer** – leadership opportunities are available in various positions such as president, administrative vice president, program vice president and secretary.