



MPH MHA

Master of Public Health
Master of Health Care Administration



Lead people

The MHA and MPH programs will enable you to

- plan your education and set goals that reflect industry standards for health care administration and public health
- advance in your career as you gain knowledge, skills and understanding you can immediately apply to your position and profession
- help increase efficiencies in the health system and safeguard the health of individuals and groups through practical class projects that address community needs
- recognize and incorporate practices and protocols that drive research, scholarly activity and data collection
- monitor your continued professional growth through periodic self-assessment.

Want to know more about career paths in health care administration and public health?

- American College of Healthcare Executives – www.ache.org
- American Public Health Association – www.apha.org





Qualifying for admission

Admission to the MHA or MPH degree program requires a baccalaureate degree from an accredited college or university.

See more detailed information on page 15.

and policy with a DMU master’s degree

Financial pressures, government policies, system complexities and the enduring need for effective, accessible health care around the world all add up to great demand and opportunity for leaders in public health and health care administration. Des Moines University’s master’s degree programs position you to become a leader in these critical industries.

Both programs are designed to fit your schedule and your life. Even if you work

full-time, you can complete either degree by taking courses evenings and weekends on campus, entirely online or with a mix of on-campus and online courses. You will immediately use new knowledge gained through practical, real-world learning experiences and applications. You will develop competencies that increase your career success. And you’ll expand your understanding of health services by interacting with a diverse group of professionals.



DES MOINES UNIVERSITY: ALL GRADUATE, ALL HEALTH CARE
Founded in 1898, Des Moines University has three colleges – Health Sciences, Osteopathic Medicine, and Podiatric Medicine and Surgery – that offer only graduate degree programs in health care administration, public health, physician assistant studies, physical therapy, osteopathic medicine, anatomy, biomedical sciences, and podiatric medicine. Total University enrollment is nearly 1,800 full- and part-time students.

WHAT THIS MEANS FOR YOU: All DMU programs focus on medicine and the health sciences, so students and faculty share a commitment to patient-centered care and a focus on evidence-based practice and the discovery of knowledge.

Enjoy the DMU difference

The MHA and MPH degree programs at DMU are all about you – your career, your expertise, your goals and your schedule. Courses engage you in active learning with small-group assignments, class discussions and individual projects. While most graduate programs focus on theory, DMU's programs link theory and practice, so the knowledge and skills you gain are immediately applicable to your career.

You'll learn from faculty who are passionate about and involved in health care and who consider students their top priority. The programs attract highly motivated students from all aspects and settings in health care from across the country, further enriching the learning experience.

The programs are designed to support full-time professionals working in health care.

Students desiring a full-time program will find the unique schedule allows them to maximize their volunteer and internship experiences.

Master of Health Care Administration
**emphasizes effective management
and responsible oversight within
the health care delivery system**

MHA

Recent internship and capstone experiences: Created a business plan to set up a private podiatric practice • Explored conflicts between physician administration and clinical medicine • Developed a foster home program for veterans returning from Iraq • Instituted a Quality First 5-Star initiative to increase care quality • Organized leadership development retreats for management • Produced financial "dashboard" for Veterans Administration hospitals • Researched differences between practicing in small and large groups of physicians • and more ...

HIGH NEED, GREAT OPPORTUNITY: According to the U.S. Bureau of Labor, job growth in health care will exceed that in any other industry in the years ahead. An increasing number of older people, advances in clinical medicine and technology, the desire to control costs and the growing complexity of health care organizations all underscore the ongoing need for well-trained professionals able to manage these changes and challenges.



MHA or MPA: Which program is right for me?

The degree program you choose depends on how and where you want to work in health care. The MHA Program emphasizes effective management and responsible oversight within the health care delivery system, including in clinics, hospitals, insurance companies and educational institutions and in areas ranging from human resources to quality assurance to finance.

The MPH Program focuses on identifying, resolving and preventing health problems that affect communities and populations through programs and policy-making in environmental health, air and water quality, disease control, education, disaster relief, research and more.

Both programs challenge students to become leaders in their organizations and in the health care system. Because the two disciplines touch every aspect of health care, the programs naturally overlap in some areas. Students learn that the integration of prevention and public health into effective delivery systems offer the greatest opportunities to optimize the wellness of individuals and communities.

Online courses at your fingertips

Des Moines University's MHA and MPH faculty embrace online learning for its convenience, flexibility and innovative aspects. Online courses are also surprisingly interactive among faculty and students who may be in different countries and time zones. Studies show that students who complete degree requirements online achieve the same outcomes and results as those who attend classes on campus.

Either way, you have options. Some students take only online courses while others complete all classes on campus. Approximately 70 percent of MPH students and 60 percent of MHA students take a mix of online and on-campus courses.

At DMU, you're connected

Technology is incorporated across the master's programs to support your education. This connected learning is an ongoing process of discovery and innovation that blends the Internet, hardware and software to benefit you in both online and on-campus courses.

- Wireless access points connect you to the University's computer network and Internet anywhere on campus without cables or data ports.
- DMU's web-based system gives you access to course material, recorded lectures, audiofiles, quizzes, discussion boards and other resources.
- The student portal is your gateway to web-based services. You can view your grades, class schedule and e-mail inbox and access other services and information through just a few customizable pages.

Master of Public Health
focuses on identifying, resolving
and preventing health problems that
affect communities and populations

MPH

Recent internship and capstone experiences: Assessed medical services provided to homeless shelters • Proposed solutions to mitigate elder abuse in homes and institutions • Developed a toolkit to encourage community produce consumption • Researched vision screening, medical interviews and HIV education for children in South Africa • Evaluated Live Healthy America program • Analyzed public health concerns in communities to determine beneficial program implementation • Assessed corporate wellness programs • and more ...

Law and MHA or MPH degrees

Health care and legal issues are increasingly intertwined. To equip professionals with knowledge in both areas, DMU and Drake University Law School offer joint Master of Health Care Administration or Master of Public Health and Juris Doctor/law degrees. Students may transfer up to 18 credits between the two institutions. Students must be independently accepted by each institution. For more information, contact DMU's MHA or MPH program director.

Clinical dual degree option

Students in DMU's Doctor of Osteopathic Medicine, Doctor of Podiatric Medicine and Surgery, Physician Assistant or Doctor of Physical Therapy program can pursue a dual degree leading to master's degrees in health care administration or public health. This option enables students to combine their clinical knowledge and practice with expertise gained in the master's degree program, helping their patients and enhancing their professional options and career. Course work for the health care administration and public health master's degrees can be completed online. For more information, visit www.dmu.edu/chs/mph/dual_degree.



Frequently asked questions

Q: How long will it take to earn a degree?

A: As a part-time student, you can complete the MHA or MPH Program in less than three years and in 18 months as a full-time student.

Q: Can I earn a degree online?

A: Yes, you can earn the MHA degree or MPH degree entirely online.

Q: What is the application deadline?

A: There are three start semesters with the following application deadlines:

- Fall semester: June
- Spring semester: October
- Summer term: March

Q: What kind of undergraduate degree do I need to qualify for admission?


A: We accept a bachelor's degree in any field from a regionally accredited college or university.

Q: Are graduate test scores such as the GRE required?

A: Graduate test scores are not required for admission.

Q: Can I transfer credits from another program or receive credit for a previously earned master's degree?

A: Upon request, faculty will review previously earned graduate credit for transfer.



“The MHA Program integrated all aspects of health care in classes that were academically challenging but personal and engaging. I learned so much. The faculty and students represented different careers in health care, but we were all in the program for one primary reason - to gain knowledge that would enable us to improve the quality of care for the patient.”


MHA ALUMNUS JIM FOREMAN, BUSINESS SERVICES TEAM MANAGER,
THIELEN STUDENT HEALTH CENTER, IOWA STATE UNIVERSITY

Effective

JOIN THE CLUB

As an MHA student, you're eligible to join the Health Leaders Club, an active participant in the American College of Healthcare Executives, or ACHE. Along with serving the needs of established professionals, ACHE serves as a professional entry point and resource for those just entering health care administration.

Master of Health Care Administration




Hospitals, health care systems and health care providers today have tremendous need for high performing, high-achieving leaders. The Master of Health Care Administration Program provides you with the knowledge, skills and understanding for this vital role.

QUICK FACTS


- The program has more than 150 active students.
- 67 percent of students are female.
- Students come from 20 states and 3 countries.
- 20 percent of students identify as ethnic minorities.
- The average GPA of entering students is 3.34.

education for a complex industry



As a student in the MHA Program, you're immersed in today's best thinking in health care administration. Everything about the program reflects research from within the health care industry. The length of the program, how we teach, what we teach, who teaches our courses—all follow a body of knowledge essential to personal and professional success in today's health care arena.

Course content, discussions and assignments embody recommendations from two professional groups: the Association of University Programs in Healthcare Administration (AUPHA) and the National Center for Healthcare Leadership (NCHL). The curriculum covers these professional recommendations through an industry standard, competency-based model developed by the NCHL.



This model is the road map for everything we do and everything you study. At both the start and finish of the program, you complete a personal evaluation that marks where you stand in relation to the professional competencies. These evaluations help you discover what you've learned, where your strengths lie and what skills you should continue to develop. At the same time, you learn to objectively evaluate your abilities, which forms the basis for lifelong learning.

- The average age is 32; the range is 22 to 59.
- Students can complete the program as quickly as 18 months or take up to 7 years.
- Students average 2.67 years to complete the program.
- The first class enrolled in 1984 and graduated in 1986.
- 90 percent of graduates from the past 5 years live and work in Iowa.
- Alumni live in 38 states and in Canada.
- 74 percent of students work full time.
- 88 percent of students report that DMU was their first choice for a graduate program.
- 21 students graduated from the program in 2010.



Real-world learning in leadership

Diversify your opportunities in a dynamic field

In a changing health care environment, the MHA degree will expand your opportunities. The degree equips individuals to guide and lead their organizations in providing effective care while successfully navigating health care regulations and reform.

Health services providers and professionals

The MHA degree will give you the tools to succeed in management and administration. It also will open up opportunities for advancement in your chosen segment of the health industry.

Executives and managers

The MHA degree better positions health care executives and managers in today's health care arena. Physicians and managers augment their skills both during the program and upon completing it.

Career-changers

Some students pursue the MHA degree to build a new career path in health care administration. The MHA program allows you to network with and learn from professionals in a variety of health care careers, and the degree helps you make the transition successfully.



The MHA Program emphasizes practical knowledge you will use from day one. This real-world focus on management skills, leadership and advocacy will help you advance in today's complex health care environment.

The convenient course schedule lets you continue working while earning your degree. Courses are offered in any combination—weekend, evening or entirely online.

- **Evening classes** meet one night per week over the course of a term.
- **Weekend classes** meet Friday evenings and Saturdays for two or three weekends over the course of a term.
- **Online courses** have specific start dates, end dates and assignment due dates, but you set your own schedule for when you complete the course work.
- The academic year is comprised of **two 16-week semesters** (fall and spring) and **one 8-week term** (summer).

Leadership Seminar Series

You can choose from numerous Leadership Seminars to fulfill seven elective credits. Seminars include:

- Project Management
- Professional Presentation Skills
- Advocacy
- Conflict Resolution in High-Performing Organizations
- Virtual Team Leadership
- Change Leadership and Management
- Critical Thinking and Creative Thought
- Interpersonal Communication Skills

Internship

In addition to completing formal course work, MHA degree candidates complete a

MHA Core Curriculum and Suggested Course Sequence

All courses are three semester hours unless noted.

Block I

- Orientation (no course credit)
- Overview of the U.S. Health Care System
- Organization of Health Systems
- Management of Health Organizations
- Basic Statistics and Research
- Health Care Financial Management I

Block II

- Health Care Financial Management II
- Legal and Ethical Issues in Health Care
- Health Information Systems and Decision Analysis

Block III

- Health Care Economics and Policy
- Health Services Program Evaluation
- Entrepreneurship and Strategic Marketing
- Administrative Internship

Capstone

- Health Care Administration Capstone – 2 semester hours

Total semester hours of core: 38

Total semester hours of electives: 7

Total semester hours for MHA degree: 45

180-hour internship with a health organization to expand their knowledge of pertinent health issues. MHA students are required to develop a portfolio at the conclusion of their internship. This exercise includes the final self-evaluation of student achievement on the professional competencies.

By the end of the program, students have a clear picture of their accomplishments. This exercise reinforces the importance of self-evaluation using the perspectives of others to build an objective view of self toward lifelong learning.

Global Health

DMU works with students who are interested in global health to complete an internship or capstone. Courses are offered to help MHA students prepare for cultures and health conditions they will encounter during any global health experience.

HIGH-QUALITY AND REAL-WORLD
The MHA Program's practical, problem-based approach fosters management and leadership skills critical to mid- and upper-level professionals in health care. It's one of only two MHA programs in Iowa that are members of the Association of University Programs in Healthcare Administration.



MASTER IN HEALTH CARE ADMINISTRATION AT-A-GLANCE

SPRING SEMESTER 2011	SUMMER 2011 (8 week term)	FALL SEMESTER 2011
ORIENTATION – ONLINE	ORIENTATION – ONLINE	ORIENTATION – ONLINE
Overview of U.S. Health Care System - CAMPUS & ONLINE	Overview of U.S. Health Care System - ONLINE	Overview of U.S. Health Care System - CAMPUS & ONLINE
Organization of Health Systems - ONLINE	Basic Statistics and Research - CAMPUS & ONLINE	Organization of Health Systems - CAMPUS & ONLINE
Management of Health Organizations - ONLINE	Health Care Financial Management I - CAMPUS & ONLINE	Management of Health Organizations - CAMPUS & ONLINE
Basic Statistics and Research - CAMPUS & ONLINE	Health Info Systems & Decision Analysis - ONLINE	Basic Statistics and Research - CAMPUS & ONLINE
Health Care Financial Management I - CAMPUS & ONLINE	Health Services Program Evaluation - ONLINE	Health Care Financial Management II - CAMPUS & ONLINE
Health Info Systems & Decision Analysis - CAMPUS	Entrepreneurship & Strategic Marketing - ONLINE & CAMPUS	Legal & Ethical Issues in Health Care - ONLINE <small>Required for ALL MHA & MHA/MPH students</small>
Legal & Ethical Issues in Health Care - CAMPUS & ONLINE <small>Required for ALL MHA & MHA/MPH students</small>	Internship Options* <small>• Administrative Internship • Competency-Based Administrative Internship in Long-Term Care Organizations</small>	Health Care Economics and Policy - ONLINE
Health Care Economics and Policy - CAMPUS	Health Care Administration Capstone*	Health Services Program Evaluation - CAMPUS & ONLINE
Health Services Program Evaluation - CAMPUS & ONLINE		Internship Options* <small>• Administrative Internship • Competency-Based Administrative Internship in Long-Term Care Organizations</small>
Entrepreneurship & Strategic Marketing - ONLINE		Health Care Administration Capstone*
Internship Options* <small>• Administrative Internship • Competency-Based Administrative Internship in Long-Term Care Organizations</small>		
Health Care Administration Capstone*		

Students have 7 years from date of acceptance to complete required course work.
* Must be completed within 1 year of registration

Block I
 Block II
 Block III
 Capstone

Interact with health care leaders

Des Moines University Health Leaders provides opportunities for students to interact with health care executives from the community. Membership maximizes the benefits of your MHA degree and supplements classroom learning experiences. The group is an active participant in the American College of Healthcare Executives (ACHE) Higher Education Network. Members of DMU Health Leaders have these opportunities:

- Student membership in the ACHE
- Membership in the Iowa Health Care Leaders

Graduate Certificate

A Graduate Certificate option is offered for professionals who want to increase their knowledge and skills by taking classes in health care administration. The certificate program requires 20 semester hours of course work and is developed individually with your adviser.

Health Care Leadership Certificate

DMU created its Health Care Leadership Certificate when local health care organizations sought quality programming in continuing education and lifelong learning for their high-level employees and managers. You choose 12 Leadership Seminars to earn the Health Care Leadership Certificate.


Nursing Home Administrator License

The MHA curriculum is the only graduate program in Iowa approved by the Iowa Board of Examiners for Nursing Home Administrators. Completing the MHA degree can fulfill the board criteria to sit for the licensure exam in Iowa. For licensure, the state of Iowa requires an internship in long-term care along with appropriate course work. Long-term care offers growing opportunities in Iowa and other states.

“What I was learning in my MHA classes, I was applying at my job in health care operations, management and reimbursement. Now I’m working with a wide variety of groups representing different areas of the hospital industry, including human resources, risk management and materials management, with an ultimate goal of helping them do their jobs better.”

MHA ALUMNA ELIZABETH SUMMY, VICE PRESIDENT, PERSONAL MEMBERSHIP GROUPS, AMERICAN HOSPITAL ASSOCIATION





"I chose the MPH because I prefer the community aspect of health care, and the flexibility of the DMU program is a great advantage. While the degree will be a good credential to have for my career, I'm also gaining practical knowledge and experience in classes and in the internship."

ANNETTE BARTEL, MPH AND PODIATRIC MEDICINE STUDENT

Advance

YOUR LIFE, YOUR CHOICE

Public health offers opportunities that suit various interests and skills. Whether you are interested in analyzing data, conducting research or working with people, there is a place for you. Public health is ideal for those who gain satisfaction knowing they are improving the lives of others.

Master of Public Health

Public health professionals work to protect individuals, families, communities and countries from a wide range of health threats while promoting wellness. The MPH Program at DMU is designed for working adults who want to enhance their knowledge and skills in this diverse and critical field.

QUICK FACTS

- The program has nearly 200 active students.
- 77 percent of students in the MPH program are women.
- The average age is 34; the range is 21 to 64.
- 26 students graduated in 2010.



- Students take an average of 3 years to complete the program.
- The average GPA of incoming students is 3.40.
- 23 percent of students identify as ethnic minorities.
- Students are from 23 states and 6 countries.
- Students can complete the program in 18 months or take up to 7 years.
- 69 percent of graduates from the past 5 years live and work in Iowa.
- Alumni live in 19 states.

your career, serve the public good

Competencies

The public health profession recently identified eight competencies from the Council on Linkages between Academia and Public Health Practice that leaders should possess to be effective. These competencies serve as guidelines for developing curricula and course content and evaluating education and training. The competencies are also a framework for hiring and evaluating staff and identifying gaps in skills and knowledge. The public health competency categories are:

- Analytic and Assessment Skills
- Policy Development and Program Planning Skills
- Communication Skills
- Cultural Competency Skills
- Community Dimensions of Practice Skills
- Basic Public Health Sciences Skills
- Financial Planning and Management Skills
- Leadership and Systems Thinking Skills

The Public Health Program at DMU has adopted these competencies to help students develop along professional guidelines. You will complete a skills assessment at the time of application and complete another assessment at the end of the program. Through these pre- and post-program assessments, you will measure where you have advanced your skills. You will also have a useful tool to create a resume that highlights your specific strengths for current or future employers.



Better health for everyone

New directions in public health

Today is an exciting time for public health professionals. Why? Here are a few reasons:

- In the coming years, **major advances in health improvement will come from broader development and application of population-based programs** rather than from new medical findings or cures.
- **Health promotion and disease prevention are receiving greater emphasis as a means of reducing costs by improving the health of our populations.** Opportunities are emerging for public health professionals with advanced training.
- As we learn more about the effects of toxic wastes and pollutants, **demand is growing for experts in environmental health and industrial hygiene.**

- **Public health research has turned more toward women's health, child abuse and substance abuse.** Behavioral change is being emphasized to help prevent STDs, HIV/AIDS, tuberculosis and unplanned pregnancies.



One of the features of the MPH Program is its practical, problem-based approach. Full- and part-time faculty members from the public health community provide a blend of theory and experience.

An advantage of the program is that you can remain employed while earning a degree. Classes are offered evenings and weekends and online.

- **Evening classes** meet one night per week over the course of the term.
- **Weekend classes** meet Friday evenings and Saturdays for two or three weekends over the course of a term.
- **Online courses** have specific start and end dates, but you set your own schedule for completing the course work.
- The academic year is comprised of **two 16-week semesters** (fall and spring) and **one 8-week term** (summer).

Internship

In addition to completing formal course work, MPH degree candidates complete a 180-hour internship with a public health organization to expand their knowledge of pertinent public

health issues. MPH students are required to develop a portfolio at the conclusion of their internship. This exercise includes the final self-evaluation of student achievement on the professional competencies. It also challenges the student to provide evidence to support a personal evaluation.

By the end of the program, students have a clear picture of their accomplishments. This exercise reinforces the importance of self-evaluation using the perspectives of others to build an objective view of self and the ability to use this process to build a continued development plan (lifelong learning).

Global Health

DMU works with students who are interested in global public health to complete a related internship or capstone. Courses are offered to help MPH students prepare for cultures and health conditions they will encounter during any global health experience.

Graduate Certificate

The Graduate Certificate option is for professionals who want to increase their knowledge and skills by taking classes in public health. The certificate program requires 20 semester hours of course work and is developed individually with your adviser.

MPH Core Curriculum and Suggested Course Sequence

All courses are three semester hours unless noted.

BLOCK I

- Introduction to Graduate School and MPH Program
- Overview of U.S. Health Care System
- Basic Statistics and Research
- Survey of Human Health and Disease*

**Required for students who have no clinical experience.*

BLOCK II

- Health Care Financial Management I
- Health Services Program Evaluation
- Occupational and Environmental Health
- Public Health Administration and Management
- Epidemiology
- Community Research Methods
- Ethical and Legal Issues in Public Health
- Social and Behavioral Sciences

BLOCK III

- Public Health Internship
- Public Health Capstone – 2 semester hours

Total semester hours of core: 39

Total semester hours of electives: 6

Total semester hours for MPH degree: 45

AN EVIDENCE-BASED EDUCATION
Experience a program that will equip you to benefit both individuals and communities. DMU'S MPH program is fully accredited by the Council on Education for Public Health and available 100 percent online. You can complete your entire degree on campus, online or with a mix of online and on-campus courses.



MASTER OF PUBLIC HEALTH AT-A-GLANCE

SPRING SEMESTER 2011	SUMMER 2011 (8 week term)	FALL SEMESTER 2011
Intro to Grad School & MPH Program - CAMPUS & ONLINE	Intro to Grad School & MPH Program - ONLINE	Intro to Grad School & MPH Program - CAMPUS & ONLINE
Overview of U.S. Health Care System - CAMPUS & ONLINE	Overview of U.S. Health Care System - ONLINE	Overview of U.S. Health Care System - CAMPUS & ONLINE
Basic Statistics and Research - CAMPUS & ONLINE	Survey of Human Health and Disease - ONLINE	Basic Statistics and Research - CAMPUS & ONLINE
Survey of Human Health and Disease - CAMPUS	Health Services Program Evaluation - CAMPUS & ONLINE	Health Services Program Evaluation - CAMPUS & ONLINE
Health Care Financial Management I - CAMPUS & ONLINE	Health Care Financial Management I - CAMPUS & ONLINE	Occupational and Environmental Health - CAMPUS
Health Services Program Evaluation - CAMPUS & ONLINE	Basic Statistics and Research - CAMPUS & ONLINE	Ethical & Legal Issues in Public Health - CAMPUS & ONLINE
Occupational and Environmental Health - ONLINE	Internship* - INDEPENDENT STUDY	Public Health Administration & Management - ONLINE
Public Health Administration & Management - CAMPUS	Public Health Capstone* - INDEPENDENT STUDY	Social and Behavioral Sciences - CAMPUS & ONLINE
Epidemiology - CAMPUS & ONLINE	Electives - CAMPUS & ONLINE	Epidemiology - ONLINE
Community Research Methods - ONLINE		Community Research Methods - CAMPUS
Internship* - INDEPENDENT STUDY		Internship* - INDEPENDENT STUDY
Public Health Capstone* - INDEPENDENT STUDY		Public Health Capstone* - INDEPENDENT STUDY
Electives - CAMPUS & ONLINE		Electives - CAMPUS & ONLINE

Students have 7 years from date of matriculation to complete required course work.
* Must be completed within 1 year of registration

 Block I  Block II  Block III

ELECTIVES

One of the features of the MPH Program is its flexibility. Students can follow a general course of study and select electives that support their professional and academic objectives.

The program offers electives that reflect beneficial skills and public health issues, including Bioterrorism, Health Promotion, Nutrition, Health GIS, Tobacco, Violence, and Grant-writing. In addition, MPH students can choose to take any MHA course as an elective.

Student Club

Students are invited to join the Des Moines University Master of Public Health Student Club. The club's mission is to foster education, learning and service to promote the health of communities at large. By becoming a member, students automatically gain membership in the Iowa Public Health Association (www.iowapha.org).

"The MPH Program is not just interested in students' learning from a book. I was allowed to earn credit toward my degree by attending and choosing a topic from the Iowa Public Health Conference that dealt with a current Iowa public health issue. I chose second-hand smoke and, as of today, Iowa has been one of the leaders in passing legislation to outlaw public smoking. The MPH Program offered both real-life scenarios and a challenge."

MPH ALUMNA CYNTHIA TICE SWOYER, BEREAVEMENT COUNSELOR, HOSPICE OF CENTRAL IOWA



MPH



CAMPUS LIFE

Work hard/play hard



Students at DMU work hard, but they also know how to play. It's all about balance...getting an excellent education in a place that feels like home. Here are some of the distinctions that students say drew them to Des Moines University.

GET PHYSICAL

The wellness center has everything you need to stay (or get) in shape. Treadmills, elliptical machines, free weights, basketball court, exercise classes, healthful cooking—there's something going on all the time, and something for everyone.

FIND YOUR PLACE

Finding a club or interest group to join on campus won't be a problem. Students par-

ticipate in more than 50 clubs and professional organizations that provide opportunity for community service, interaction with professional associations, fundraising, social gatherings and forming lifelong friendships.

PLAY A GAME

Join an intramural or interschool basketball team. Shoot baskets or play one-on-one over the noon hour. Grab a football and a friend or two,

head out to the courtyard or the front lawn and see whether you've still got the arm.

STICK AROUND

Classes are over. Time to head home? Not necessarily. The Student Education Center offers plenty of reasons to stay. Study with friends in the library. Take a break in the commons area. Catch up on the cable news. It's your home away from home.



DES MOINES

A place to call home ...

THE DMU NEIGHBORHOOD

is known for its historic homes, shaded lawns and stately surroundings. The governor's residence at Terrace Hill Mansion is just a few blocks east. If you're wondering where you'll live, finding suitable housing is rarely a problem. Many reasonably priced apartments are within walking distance of the campus. Many students, in fact, live right across the street. Grocery stores, pharmacies, banks, restaurants, shops and service stations are located nearby. And while many students live near campus, others choose to live elsewhere in Des Moines or in one of the suburbs. Wherever you live, the campus is within a 30-minute drive. And that's during rush hour.

THE SURROUNDING AREA

is large enough to have great places to go and things to do, but small enough that it doesn't take hours to get there and back. The greater Des Moines area offers variety in dining, upscale shopping, specialty shops, movie complexes and more. Go dancing at one of the clubs. Enjoy an evening of live blues. View the impressive



collections at the Des Moines Art Center. And be sure to soak up the sights, sounds and aromas of the world-renowned Iowa State Fair. In and around the city you can enjoy numerous lakes, parks and recreational areas, several of which are connected to the city through bike paths. As the city motto says, "Do More."



Minneapolis	243 miles
Chicago	329 miles
Omaha	135 miles
Kansas City	192 miles
St. Louis	339 miles

You can get there from here

Des Moines is located in the center of America's heartland, right at the junction of Interstates 80 and 35 ... making it easy to get to and from several large metro areas.

DES MOINES



THE ADMISSION PROCESS

1 Do you have what it takes?

✓ ADMISSION REQUIREMENT

Admission to the MHA, MPH or certificate programs requires a posted baccalaureate degree from a regionally accredited college of university. A minimum GPA of 3.00 is strongly recommended for consideration. Admission to the programs is competitive, with a limited number of applicants receiving admission each term.

2 Apply yourself

✓ APPLICATION PROCESS

Submit the online application and \$50 application fee. Applications are accepted throughout the year but are reviewed only following the three application deadlines. Only files completed by the deadline will be eligible for admission consideration for the upcoming term.

Technology requirement

You are required to have a computer with reliable Internet access (high speed preferred). You are also expected to be familiar with the Internet and have basic computer skills. See www.dmu.edu/chs/mha/requirements or www.dmu.edu/chs/mph/requirements for more specific requirements.

Computer technology is used extensively throughout the MHA and MPH programs with an emphasis on Microsoft Office and SSPS capabilities. Student computer capabilities need to work with the DMU learning management system. Students who do not have direct access to a computer are expected to find access, whether through a local library or another source.

A majority of program information is communicated online. You are responsible for accessing your DMU e-mail and learning management system on a regular basis.

Course registration

A course calendar describes courses offered each trimester and gives directions for registration. This information is available at www.dmu.edu/

chs/mha/current_students/calendar_registration or www.dmu.edu/chs/mph/current_students/calendar_registration.

Foreign degrees and English requirements for non-native applicants

Applicants whose course work or degree was earned outside the U.S. must submit transcripts to the World Education Service (www.wes.org) for a course-by-course evaluation.

Applicants whose native language is not English and who have not earned an undergraduate or graduate degree at a school where the medium of instruction is English must submit Test of English as a Foreign Language (TOEFL) scores (www.ets.org). International students who obtained a degree where English was the language of instruction are required to provide documentation from the institution stating such.

All students who are not U.S. citizens or permanent residents are eligible for admission to earn the MHA or MPH degree through the online format only. Answers to Frequently Asked Questions

3 Get it in writing

All applicants must be prepared to submit the following documentation for admission consideration:

- ✓ OFFICIAL TRANSCRIPTS from all post-secondary course work
- ✓ CURRENT RESUME WITH DESCRIPTIVE WORK HISTORY
- ✓ LETTERS OF RECOMMENDATION
- ✓ PERSONAL STATEMENT OR ADMISSION ESSAY

Interested students must visit the DMU website for specific application requirements and guidelines prior to application. Admission criteria are subject to change; all current information is posted on the website.

4 What happens next?

Once you have submitted all required application materials, you will receive confirmation from DMU. Only completed admission files will be reviewed for admission consideration. Files are reviewed three times annually, following each of our admission deadlines. Applicants are notified of the admission decision within two weeks of the deadline.

Application deadline*	Term
October 2010	Spring 2011
March 2011	Summer 2011
May 2011	Fall 2011

* Deadlines are subject to change and should be verified with the website before applying.

(FAQ) along with application and admission information for international students are available at www.dmu.edu/prospective_students/international_students.

Tuition, payment of tuition

Refer to www.dmu.edu/accounting/tuition_info/mhamph.cfm for tuition, fees and payment options. If you have questions, contact us at 515-271-1530.

For more info, check us out at www.dmu.edu

Don't Ignore...THE FINE PRINT

ACCREDITATION

Des Moines University is accredited by the Higher Learning Commission and is a member of the North Central Association of Colleges and Schools. Information regarding accreditation can be obtained by contacting the commission at 30 North LaSalle Street, Suite 2400, Chicago, IL 60602-2504; 800-621-7440; www.ncahigherlearningcommission.org.

The MHA Program is a member of the Association of University Programs in Health Administration (www.aupha.org). The MPH Program is accredited by the Council on Education for Public Health (www.ceph.org or www.dmu.edu/chs/mph/ceph_accreditation).

FINANCIAL AID

Once you are admitted, you may apply for financial assistance through the Financial Aid Office. To be eligible for financial aid, you must be registered for MHA/MPH course work with no conditions or probation on your student status, and you must plan to enroll in a minimum number of credit hours each term. See www.dmu.edu/fa/tuition_budgets/mha_mph.

DISABILITY STATEMENT

Qualified individuals with disabilities who seek accommodations should refer to "Policy on Special Accommodations in Educational Programming" and make application for such accommodations pursuant to the procedures set forth in that policy. See www.dmu.edu/chs/mha/accommodations.

STATEMENT OF NONDISCRIMINATION

Des Moines University does not discriminate on the basis of race, color, gender, creed, national origin, age, marital status, sexual orientation, or disability in employment, admission, or access to education programs, activities, or health care.

DEFINITION OF DIVERSITY

Diversity at Des Moines University is a campus environment shaped by individuals and groups that offer a broad spectrum of cultural differences, life experiences, and distinct characteristics they bring to our institution. These include, but are not limited to: educational background and performance, gender, ethnicity, age, socio-economic background, leadership qualities, employment experiences, talents, geographical background, and other attributes that affirm the University's commitment to creating an inclusive environment.

This brochure has been prepared for general information purposes only. Des Moines University reserves the right to make program changes without notice. Tuition may be adjusted annually at the discretion of the Board of Trustees.
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CHOOSE DMU

**THE ACADEMIC RIGOR YOU NEED,
THE QUALITY OF LIVING YOU WANT**

For more info, check us out at www.dmu.edu



Questions?

We've tried to cover everything, but you may have a specific question. So give us a call. You can also reach us via e-mail at mhaadmit@dmu.edu or mphadmit@dmu.edu. For more information about the MHA and MPH programs, visit our web site at www.dmu.edu.

How to Reach Us

MHA/MPH Admission Office
Des Moines University
3200 Grand Avenue
Des Moines, Iowa 50312-4198
515-271-1538
Outside the 515 area code
call 1-800-240-2767,
extension 1538
mhaadmit@dmu.edu
mphadmit@dmu.edu